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15 **Abstract**

16 The fate and behavior of estrone-3-sulphate (E1-3S), estradiol-3-sulphate (E2- 17 3S), estrone-3-glucuronide (E1-3G) and estradiol-3-glucuronide (E2-3G) were studied 18 in raw sewage, activated sludge and river water using microcosms. The glucuronide 19 conjugates had a half-life of 0.4 h in raw sewage, yielding 40-60% of their free 20 estrogens. Field observations at three activated sludge processes suggested complete 21 transformation of the glucuronide conjugates in the sewer. In river water glucuronide 22 conjugates half-lives extended to over two days yielding 60-100% of their free parent 23 estrogens. Transformation of the sulphate conjugates in raw sewage and river water 24 was slow with little formation of the parent estrogens. Sulphate conjugates could 25 readily be detected in sewage influent in the field studies. In activated sludge the 26 sulphate conjugates had half-lives of 0.2 h with the transient formation of 10-55% of 27 the free parent estrogens. Field studies indicated transformation of sulphate conjugates 28 across the sewage treatment, although a proportion escaped into the effluent. These 29 results broadly support the view that glucuronide conjugates will be entirely 30 transformed within the sewer largely to their parent estrogens. The sulphate conjugates 31 may persist in raw sewage and river water but are transformable in activated sludge 32 and, in the case of E2-3S, reform a high proportion of the parent estrogen.

33

34 **Keywords:**

35 De-conjugation; Glucuronide conjugates; Sulphate conjugates; Sewer; Activated 36 Sludge; Natural estrogens.

38 **1 Introduction**

39 Where parent estrogens are excreted from human bodies as intact molecules, 40 this is largely in the form of glucuronide and sulphate conjugates [1]. A wide range of 41 conjugates can exist including for estrogen sulphate or glucuronide conjugation at C3- 42 and C17- position of the basic parent estrogen structure. Also, some parent estrogens 43 are conjugated with both glucuronide and sulphate groups together [2, 3]. The 44 conjugated form makes them more water soluble and also relatively inactive as 45 hormones [2]. However, the presence of free estrogens in the aquatic environment 46 reveals some de-conjugation must have taken place in the sewage, or river 47 environments. There is some evidence that the glucuronide forms are very susceptible 48 to de-conjugation but much less certainty on the fate of the sulphate forms [4, 5, 6]. 49 Unlike the glucuronides, residues of sulphate conjugates have been detected in the 50 aquatic environment [6, 7, 8], indicating incomplete degradation at least of estrone-3- 51 sulphate (E1-3S) in the sewage treatment plant (STP). In trying to assess risk, some 52 have argued that both conjugate families are potentially available to conversion back to 53 their parent forms [9], whilst others insist only the glucuronide form is relevant and the 54 sulphate forms can be ignored [1]. As not just hormones, but many pharmaceuticals 55 [10, 11] are excreted as different proportions of these two conjugates, this question has 56 considerable relevance to aquatic risk assessments for pharmaceuticals as a whole. 57 Their high water solubility, and in some cases high lability of conjugates makes them 58 difficult to analyse and has left us with relatively few studies on these important 59 compounds. To date our knowledge on the fate and behavior of the conjugates has 60 been inferred from occasional observations on their presence in sewage or river water 61 [8, 4, 6], and from laboratory studies with activated sludge [12, 13, 5] or with soil 62 media [14]. Thus, in particular, no information on the extent, rates, or behavior of de63 conjugation is yet available for the sewer, river environments or in STPs. Using E1-3S, 64 estradiol-3-sulphate (E2-3S), estrone-3-glucuronide (E1-3G) and estradiol-3- 65 glucuronide (E2-3G) as model conjugates, the study tested the following hypotheses:

66 • Glucuronide de-conjugation is sufficiently rapid to permit complete 67 transformation to the free parent compounds within a sewer, or activated sludge 68 environment.

69 • Sulphate conjugate transformation does not yield the parent compound in the 70 sewer, sewage, or river environments. If sulphate transformation to the parent 71 compound occurs, then the rate and extent of de-conjugation in the sewer, 72 sewage and river environments is too small to be of environmental relevance.

73

74 **2 Materials and Methods**

75 **2.1 Chemicals**

76 Estrone (E1), 17β-estradiol (E2), sodium salt of E1-3S, sodium salt of E2-3S, 77 sodium salt of E1-3G and sodium salt of E2-3G were purchased from Sigma-Aldrich, 78 Japan. These conjugates were selected for the batch experiments on the basis of their 79 relative abundance in the urine [4, 1]. E1 and E2 were included in the experiments as a 80 form of positive control.

81 Stable isotope surrogate E1-d₂ (for E1), E2-d₃ (for E2), E1-3S-d₄ (for E1-3S), E2-3S-d₄ (for E2-3S) and E2-17G-¹³C₄ (For E1-3G and E2-3G) were obtained from 83 CDN Isotopes, Inc. (Pointe-Claire, PQ, Canada) and used as internal standard for 84 recovery analysis. Individual stock solutions of the standards were prepared in 85 methanol (MeOH), whilst for spiking the standards were prepared in Milli Q water. 86 Working standard mixtures of the compounds were prepared on a daily basis.

88 **2.2 Origin of sewage and river samples used in microcosm studies**

89 The sewage samples were collected from an activated sludge plant (ASP) 90 catering for 99,000 people (human PE) with a catchment area of 1,400 ha, and with a 91 mean flow of 57,000 m^3/day . The raw sewage, meant to represent the sewer, was 92 collected from the inlet of the plant after the screen. The activated sludge came from 93 the first third of one of the conventional plug flow aeration tanks. The samples were 94 collected in June 2008, when the water temperature at the plant was 21 °C. The time 95 from collection to use in the laboratory was 15 min., thanks to the proximity of the 96 ASP. The 2 L samples were vigorously shaken before decanting into the conical flasks. 97 The river water samples came from the Yodo River, 2 km south of Kyoto City 98 and were collected on $25th$ June 2008. A description of this river and local conditions 99 can be found in Kumar *et al*, [6]. River water temperature at the time was 18 °C.

100

101 **2.3 Sample preparation and extraction**

102 A pre-treatment method was developed for the extraction of the free and 103 conjugated estrogens from a 20 mL sub-sample. The samples were acidified ($pH \sim 3.0$) 104 with 20% acetic acid and then spiked with surrogates. Before loading the sample in 105 Oasis HLB cartridges (200mg/6cc, 30 µm particle size Waters Corp.) the sample was 106 first filtered by a glass fibre acrodisc syring filter (1 μm pore size) with the help of the 107 syringe [15]. Six mL of MeOH followed by 2 mL of 0.5% NH4OH in MeOH were 108 used for elution. The final elute was further evaporated to dryness under gentle 109 nitrogen stream at 37 °C. The residue was immediately dissolved in 1 mL of 110 acetonitrile (ACN) and Milli Q (1:9) solution. Finally, 10 μL was injected into the 111 UPLC/MS/MS system [15].

113 **2.4 Chemical analysis**

114 Chromatographic separations and analysis for the batch experiment samples 115 were carried out on a ultra-performance liquid chromatography (ACQUITY UPLCTM 116 system, Waters) coupled to tandem mass spectrometry system using an ACQUITY 117 BEH C18 column (50 mm, 2.1 mm, 1.7μm particle size) for both free and conjugated 118 estrogens. Separation was performed with a binary mobile phase of Milli Q (A) and 119 ACN (B) at a flow rate of 0.2 mL/min. The gradient was as follows: Initial-2 min, 10% 120 B; 2-4 min, 25% B; 4-6 min, 50% B; 6-8 min, 90% B; 9-10 min, 10% B. Mass 121 spectrometry was performed on a Micromass Quattro Premier Tandem MS (Waters) 122 fitted with an ESI interface. In negative ionization, multiple reaction monitoring 123 (MRM) mode was used for the quantitative analysis. The parent/product ions pairs of 124 *m/z* 446.5 to 271.3 for E2-3G, 444.5 to 268.8 for E1-3G, 351.1 to 270.8 for E2-3S, 125 349.1 to 268.7 for E1-3S, 271.0 to 144.8 for E2 and 268.9 to 144.8 for E1. Relative 126 recoveries using stable isotope surrogate were between 70 (E2-d3) to 100% (E2-17G- $127 \t 13C_4$.

128

129 **2.5 Microcosm description**

130 The raw sewage and activated sludge were taken from the ASP and 131 immediately (within 15 min) utilized in the batch experiments. Initial measurements of 132 temperature, dissolved oxygen, suspended sludge, and pH were taken (Table 1). Batch 133 experiments were performed in triplicate for each individual estrogen and conjugate. 134 Experiments were carried out in clean, wide necked 500 mL conical flasks. A series of 135 laboratory batch experiments was conducted in different kinds of water as follows:

136 1. Raw Sewage: E1-3S, E2-3S, E1-3G, E2-3G, E1 and E2

137 2. Activated Sludge: E1-3S, E2-3S,

138 3. River Water: E1-3S, E2-3S, E1-3G, E2-3G, E1 and E2

139 In triplicate, 400 mL of the raw sewage, or activated sludge without filtration 140 were decanted into the flasks, following stirring. Each flask was spiked with 2,500 141 ng/L MeOH free standard solution of studied estrogens and their conjugates, 142 individually. That equates with initial concentration of 9.25, 9.19, 7.14, 7.10, 5.63, 143 5.60 nmol/L for E1, E2, E1-3S, E2-3S, E1-3G and E2-3G, respectively. The flasks 144 were continuously stirred in an orbital shaker at 87 rpm and the temperature was 145 maintained at 22 ± 2 °C. These values were set according to the trial experiments, where 146 87 rpm speed of the orbital shaker was found suitable for keeping the floc particles in 147 suspension whilst 22 ± 2 °C is a common sewage water and river temperature in Japan 148 (Table 1). For river water, 2 L initial volumes were continually stirred in the 2.5 L. 149 bottle reactor in an incubator. For river water, the initial concentration was 1.36 150 nmol/L for E1 and E2, 1.05 nmol/L for E1-3S and E2-3S, 0.83 nmol/L for E1-3G and 151 0.82 nmol/L for E2-3G (approximately 370 ng/L), respectively. Further, the 152 transformations of the conjugated estrogens were assumed to follow first-order kinetics 153 decay pattern and so half-lives were calculated on a first order basis. For sterile 154 controls, conditions were the same as for the biotic treatments, but preceded by 155 autoclaving at 121 °C and 15 psi for 30 min. Periodical temperature and dissolved 156 oxygen (DO) were measured in the flasks (Table 1). At appropriate time intervals 20 157 mL sub-samples were taken from the sewage treatments, whilst 100 mL sub-samples 158 were taken from the river water treatments. To preserve the samples before analysis 20 159 mg (for raw sewage and activated sludge sample) and 100 mg (for river water) of 160 ascorbic acid were added to the sub-samples prior to storage at -80 °C.

- 161
- 162 **(Insert Table 1)**

163 **2.6 STP survey and mass flux calculations**

187 their first few hours. This is not as much as a handicap as it may at first seem for batch

188 studies as sewer travel times are typically in the order of only a couple of hours, and 189 activated sludge treatment typically 5-10 hours. The principal advantage of a batch 190 study is, at least in its initial stages, it is a good representation of the real environment. 191 In these studies the experimental temperature was similar to the real conditions, whilst 192 the DO rose in the sewage samples but not a great deal above that which might be 193 normal for those conditions (Table 1). The river water batch study is likely to be a 194 somewhat more stable system with lower carbon and bacteria than a STP and indeed 195 with less microbial activity incubations need to be longer. Fortunately, the 196 experimental conditions over the course of the 5 d period appeared to remain stable 197 (Table 1). Thus, at least at a superficial level, whether sewage, or river water, the batch 198 cultures resembled their original conditions throughout the incubation.

199

200 **3.2 Behavior of the conjugates in raw sewage representing the sewer**

201 The raw sewage incubation was intended to simulate the fate of the conjugates 202 in the sewer, i.e. prior to arriving at an STP. The sterile controls for the glucuronide 203 and sulphate conjugates showed little, or no, change in concentration over the course 204 of the experiments (Figures 2 and 3). The concentrations used in the experiments 205 (2,500 ng/L) were higher than would normally be found in the environment. It is 206 acknowledged that the concentration level can influence microbial behavior but in a 207 recent study with estrogens it has been demonstrated that between 30 to 10,000 ng/L 208 estrogens are degraded at similar rates in sewage [17]. After only 120 min incubation 209 both E2-3G and E1-3G were entirely transformed (Figure 3). This equated to a half life 210 of 0.4 h for both E2-3G and E1-3G in the raw sewage at 22 $^{\circ}$ C. However, perhaps 211 surprisingly, this did not yield a stoichiometric conversion to the parent estrogens as 212 the E2 and E1 formation was only 60 (3.36 nmol/L) and 40% (2.24 nmol/L)

237 Overall a much smaller proportion (total 12%) of the sulphate conjugates were 238 transformed to their parent estrogens implying other metabolites are more important.

239

240 **3.3 Behavior of the sulphate conjugates in activated sludge**

241 With previous studies on glucuronide conjugates in activated sludge [5, 19] and 242 the rapid transformation in raw sewage previously observed, the activated sludge 243 studies here focused on the sulphate conjugates alone (Figure 4).

- 244
-

245 **(Insert Figure 4)**

246 E1-3S was rapidly transformed (half life of 0.19 h) in activated sludge with 247 little formation of residual E1. E2-3S was similarly rapidly transformed but in this case 248 a much higher proportion of a free estrogen, E1 was formed. Around 55% (3.94 249 nmol/L) E1 of original at 15 min. of incubation was detected. Intriguingly, E1-3S 250 appeared to be one of the transient by-products of E2-3S transformation, thus E1-3S, 251 E1 (and presumably E2) were amongst the products of E2-3S breakdown. 252 Similar metabolites were reported by Scherr et al. [20], however, using a slightly 253 different media (pasture soils) in a microcosm study.

254

255 **3.4 Behavior of the conjugates in river water**

256 Both glucuronide and sulphate conjugates concentrations were stable in the 257 sterile controls (Figure 5). In the river water incubation E1-3G was transformed almost 258 1:1 to E1, with E2-3G forming a mixture of E2 and E1, representing 64% (1.87 259 nmol/L) of the original conjugate after 5 days incubation. The half lives were 15.4 and 260 12.4 h for E2-3G and E1-3G, respectively.

262 **(Insert Figure 5)** 263 264 Transformation of the sulphate conjugates was negligible, although a small 265 fraction of the parent estrogen was detected (Figure 6). In the river water samples an 266 E2 half-life of 1.4 d was recorded, whilst E1 degraded at a slower rate with a half-life 267 of 4.1 d (data not shown). Half lives of 1.2 days for E2 was previously recorded in UK 268 river water samples [21]. 269 270 **(Insert Figure 6)** 271 272 **3.5 Behavior of the conjugates in actual STPs** 273 From examining the fate of the conjugates from three Japanese STPs, some 274 clear observations can be made; firstly a complete absence of the glucuronide 275 conjugates detected in the primary influent. Second, low concentrations of the sulphate 276 conjugates could be found within the STPs (Table 2). E1-3S was detected at a 277 maximum of 15.7 ng/L concentration, whilst E2-3S was 8.7 ng/L in the primary 278 influent sample. Following their arrival, the concentration and load of the two 279 measured sulphate conjugates declined throughout the sewage process (Figure 7). 280 However, around 0.23 mg/day (16%) of E1-3S was detected in the secondary effluent 281 in STP A reactor exit in contrast of STP B and C (>98%), indicating there incomplete 282 de-conjugation in activated sludge processes. Glucuronide conjugates were never 283 detected in the primary effluent sample and so it can infer conversion within the sewer. 284 Hence, the role of the glucuronide conjugates can be neglected inside STP.

285

286 **(Insert Figure 7)**

287 **4 Conclusions**

288 As predicted, the selected glucuronide conjugates were quickly transformed in 289 raw sewage representing a sewer environment although they were not entirely de-290 conjugated to their parent forms. The field observations also indicate the complete de-291 conjugation of glucuronide conjugates in the sewer. In contrast, the sulphate 292 conjugates were only slowly transformed. The presence of sulphate conjugates in all 293 three STPs influent samples confirmed the limited transformation suggested for sewer 294 transport. E2 also was transformed in the raw sewage study suggesting that a 295 proportion of the E2 would be converted to E1 in the sewer. The sulphate conjugates 296 demonstrated their greater persistence to the glucuronides in river water studies. 297 Contrary to expectations, with one of the sulphate conjugates, E2-3S over 50% was 298 transformed to the estrogen parent molecules in the activated sludge study. The STP 299 studies indicated substantial but incomplete transformation of sulphate conjugates 300 across the different stages of the STPs. Returning to the original hypotheses:

301 • Glucuronide de-conjugation would be sufficiently rapid to permit complete 302 transformation to the free parent compounds within a sewer, or activated sludge 303 environment.

304 Strictly speaking this hypothesis has been falsified as transformation was not quite 305 complete after 2 h in raw sewage and complete conversion to the parent 306 compounds did not occur. However, the studies demonstrated the potential for 307 substantial conversion of the glucuronide conjugates in a sewer environment to 308 their parent estrogens and were not found in the Japanese STP influent.

309 • Sulphate transformation does not yield the parent compound in the sewer, sewage 310 and river environments.

311 This hypothesis was also falsified as a proportion of the parent compounds could 312 be released.

313 Overall these data suggest that neither the model of Johnson and Williams [1], or 314 Cunningham et al. [5] has an entirely correct understanding of the behavior of the 315 different conjugates. Nevertheless a broad interpretation, that glucuronide conjugates 316 are important (being readily transformable to their parent compounds) whilst sulphate 317 versions are less so, remains a good starting place for a risk assessment for human 318 excreted hormones or pharmaceuticals.

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391 **Figure Captions**

- 392 Figure 1 Schematic description of surveyed STPs with sampling location (Solid arrow:
- 393 Composite samples; PST=Primary Settling Tank; SST= Secondary Settling tank).
- 394 Figure 2 Time course study for the single spiked glucuronide conjugates in raw sewage
- 395 (mean and SD, S.C.: Sterile control).
- 396 Figure 3 Time course study for the single spiked sulphate conjugate in raw sewage 397 (mean and SD, S.C.: Sterile control).
- 398 Figure 4 Time course study for the single spiked sulphate conjugate in activated sludge
- 399 (mean and SD, S.C.: Sterile control).
- 400 Figure 5 Time course study for the single spiked glucuronide conjugate in river water 401 (mean and SD, S.C.: Sterile control).
- 402 Figure 6 Time course study for the single spiked sulphate conjugate in river water 403 (mean and SD, S.C.: Sterile control).
- 404 Figure 7 Dissolved mass fluxes of free and conjugated estrogens (in box) in three STPs
- 405 (error bar shows range of the detection).

TAUIC I <i>Walch</i> quality parameters during interocosin experiments								
Water Quality Parameters	Raw Sewage	Activated Sludge	River Water					
Initial Temperature $({}^{\circ}C)$	16.8	21.0	18.4					
pH	7.4	7.4	7.1					
$SS \, (mg/L)$	128	2830*	4.1					
DO(mg/L)	1.5	2.0	9.2					
During Experiment								
Incubation time	24h	24h	5 days					
DO(mg/L)	$3.8 - 4.2$	$2.5 - 3.5$	$7.2 - 9.2$					
Temperature $(^{\circ}C)$	22 ± 2	22 ± 2	22 ± 2					
$*$ MLSS								

Table 1 Water quality parameters during microcosm experiments

		Primary Influent	Primary Effluent Reactor Exit		Secondary Effluent	Final Effluent		
	PE:775,500							
	HRT: 12.1 hr							
	SRT: 19 days							
	$Q(m^3/d)$	221,130	197,316	256,511	197,316	194,560		
	SS (mg/L)	126	41	1350	$\overline{2}$	$\overline{0}$		
STPA	Estrogen Concentration in dissolved phase (ng/L)							
	E1	14.5	35.3	24.3	16.5	8.3		
	E ₂	19.8	42.6	5.1	2.2	1.6		
	E1-3S	6.8	5.4	2.2	ND	ND		
	E2-3S	5.6	2.2	0.3	0.2	0.2		
	E1-3G	ND	ND	ND	ND	ND		
	E2-3G	ND	ND	ND	ND	ND		
$\pmb{\mathsf{m}}$ STP	PE:84,000							
	HRT: 9.9 hr							
	SRT: 22 days							
	$Q(m^3/d)$	29,060	29,060	43,590	29,060	28,860		
	SS (mg/L)	81	46	1600	$\overline{2}$	$\mathbf 0$		
		Estrogen Concentration in dissolved phase (ng/L)						
	E1	19.5	22.0	3.5	2.2	0.4		
	E2	38.9	42.0	1.8	0.5	ND		
	E1-3S	11.2	9.4	1.0	ND	ND		
	E2-3S	6.6	1.8	0.6	0.2	ND		

Table 2 Input parameter and estrogen concentration (ng/L) in three STPs

Q=flow

SS=Suspended Solids

PE=Population Equivalent

ND=Non-detect (or below detection level)

Figure 1 Schematic description of surveyed STPs with sampling location (Solid arrow: Composite samples; PST=Primary Settling Tank; SST= Secondary Settling Tank).

Figure 2 Time course study for the single spiked glucuronide conjugates in raw sewage (mean and SD, S.C.: Sterile control).

Figure 3 Time course study for the single spiked sulphate conjugate in raw sewage (mean and SD, S.C.: Sterile control).

Figure 4 Time course study for the single spiked sulphate conjugate in activated sludge (mean and SD, S.C.: Sterile control).

Figure 5 Time course study for the single spiked glucuronide conjugate in river water (mean and SD, S.C.: Sterile control).

Figure 6 Time course study for the single spiked sulphate conjugate in river water (mean and SD, S.C.: Sterile control).

Figure 7 Dissolved mass fluxes of free and conjugated estrogens (in box) in three STPs (error bar shows range of the detection).