Letter to the Editor

The neutral protease chymase degrades apolipoprotein E from high-density lipoproteins

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High-density lipoproteins (HDL) encompass a heterogeneous class of lipoproteins in which apolipoprotein (apoA)-I predominates. Although concentrations of HDL with apoE are low in humans, apoE in HDL was found to facilitate efflux of cholesterol from macrophages, HDL particle growth and delivery of HDL-cholesterol to the liver (1). Similar to apoA-I, interaction of apoE with the transmembrane protein ABCA1 leads to formation of HDL-like particles (2). Of note, secretion of apoE by macrophages is stimulated by apoA-I representing a positive feedback process to potentiate the cholesterol-efflux inducing capacity of extracellular fluid (3). Moreover, apoE-rich HDL₂ particles are efficient cholesterol acceptors via the ABCG1 pathway in macrophages (4).

Chymase is a neutral serine protease produced by mast cells and stored in their cytoplasmic secretory granules. The enzyme has been detected in mast cells located in the human arterial intima, the site of atherogenesis (5). Upon stimulation, the activated mast cells exocytose a fraction of their secretory granules. While histamine is released from the granules, chymase remains tightly bound to the heparin glycosaminoglycan chains in the formed "granule remnants" and remains partially active in the presence of its physiologic inhibitors found in plasma (6). Due to its broad substrate specificity, chymase may act on various protein components of the extracellular fluid and the pericellular matrices (7). We have found that chymase is able to efficiently degrade apoA-I and apoA-IV, and less efficiently apoA-II, as well as other components of the reverse cholesterol transport present in human plasma, such as the phospholipid transfer protein (8).

Given the role of apoE in the reverse cholesterol transport, we investigated whether mast cell-derived

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chymase is able to degrade apoE in HDL particles. Because apoE is involved in the development of hypertriglyceridemia in humans, and circulating apoE levels have been shown to increase in hypertriglyceridemic (HTG) patients (9), blood samples were obtained from two HTG subjects (Helsinki University Hospital) after overnight fasting. Blood was drained into pre-cooled tubes containing Kabikinase at a final concentration of 150 IU/mL of blood. Plasma was obtained by centrifuging blood at 4°C for 30 min and kept at -70° C until analyzed. We used as the source of chymase the granule remnants isolated from rat serosal mast cells. Importantly, both rat and human chymase cleave apoA-I in pre β -migrating HDL and generate identical proteolytic patterns (10).

First, we evaluated the ability of granule remnants to proteolyze HDL in control plasma obtained from normolipidemic subjects by adding ¹²⁵I-labeled HDL to the incubation mixtures and measuring the production of ¹²⁵I-labeled TCA-soluble degradation products. For that, 50% of plasma (i.e., diluted with buffer) was treated with 30 µg of chymase-containing granule remnants at 37°C for 1 h and 6 h, respectively. Incubation was stopped by centrifugation at 4°C, 10,000 rpm (8900 \times g) for 5 min to sediment the granule remnants. Under these conditions chymase degraded 2.2% and 3.7% of the ¹²⁵I-labeled apolipoproteins present in HDL. Next, we evaluated by Western blotting the distribution of apoE- and apoA-lcontaining lipoproteins (designated as LpE and LpA-I, respectively) in such incubation mixtures. Figure 1 shows representative results of two-dimensional polyacrylamide gradient gel electrophoresis (first and second dimension as indicated by arrows) analyses of LpE (panels A–D) and LpA-I (panels E–H) of plasma from subject 1 (Table 1) after treatment with chymase. In the control (non-treated) plasma, apoE was associated to particles having either β - or α -electrophoretic mobility in the first dimension, and various mobilities in the second dimension reflecting heterogeneous particle sizes (panel A). Compatible with previous findings (11), *α-LpE* co-migrated with α-LpA-I (compare panels A and E). Importantly, incubation of plasma for 1 h with mast cell granules was sufficient to degrade apoE in all HDL subpopulations, independently of their electrophoretic mobility and sizes (panel B). Also, practically all of preβ₁LpA-I particles, known for their high sensitivity to chymase degradation (12), were degraded during this short time of incubation with chymase (panel F). In sharp contrast, only minor degradation of a-LpA-I by chymase was achieved even after the longest incubation

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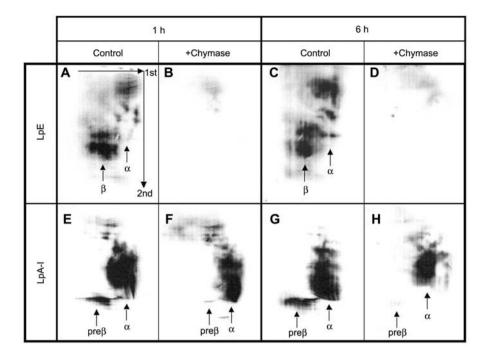


Figure 1 ApoE- and apoA-I-containing lipoproteins before and after treatment of plasma with the neutral protease chymase. Plasma (30 μ L) was incubated with chymase for 1 h and 6 h at 37°C in the absence or presence of 30 μ g of chymase-containing granule remnants (40 BTEE units) in 60 μ L of 5 mM Tris-HCI containing 150 mM NaCI, 1 mM EDTA, pH 7.4. Incubation was terminated by centrifuging the vials at 10,000 rpm ($8900 \times g$) to sediment the granule remnants, and the supernatant was kept at -70° C until analysis. Aliquots (40 μ L) of the incubation mixtures were separated by two-dimensional electrophoresis in the sequence agarose gel electrophoresis \rightarrow non-denaturing polyacrylamide gradient gel electrophoresis. After electroblotting to a nitrocellulose membrane, apoE- and apoA-I-containing particles were detected with polyclonal antisera against human apoE or apoA-I and horseradish peroxidase-conjugated second antibodies, as previously described (11).

 Table 1
 Characteristics of subject 1.

Gender	Male
Age, years	67
Total cholesterol, mmol/L	5.6
LDL cholesterol, mmol/L	2.91
HDL cholesterol, mmol/L	0.89
Triglycerides, mmol/L	3.92
Lipid medication	None

time (panel H). Similar results were obtained with plasma of subject 2 (data not shown). The degradation of apoE in α -migrating HDL found here could partly explain why chymase strongly impairs the ability of mature HDL to act as cellular cholesterol acceptor, despite that only a low degree of apoA-I proteolysis is achieved (13).

In addition to mast cells, human atherosclerotic lesions contain endothelial cells, smooth muscle cells and inflammatory cells, such as macrophages and T lymphocytes that also secrete proteases into the inflammatory intima. Recently, apoA-I breakdown products and selective pre β -HDL degradation have been found in the circulation of patients with acute myocardial infarction (14). This finding supports the notion that extracellular proteolysis may occur in conditions of protease burden likely to be present in the inflamed intima. Importantly, the gain in resistance of mast cell-derived chymase against the serpins by its association with the heparin proteoglycans of the mast cell granules (6) strongly suggests that chymase

may be one of the intimal proteases capable of degrading HDL in vivo in the extracellular fluid of the intima. As HDL particles in human atherosclerotic lesions are enriched in apoE (15), we conclude that extracellular proteolysis of apoE-containing HDL is a novel inhibitory principle that may interfere with the initiation of reverse cholesterol transport in the atherosclerotic arterial intima.

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