

# Left ventricular flow from apex to base during systole and isovolumic relaxation in a patient with hypertrophic cardiomyopathy and midventricular obstruction

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*The occurrence of a left ventricular anterograde flow velocity (maximal:  $3.9 \text{ m} \cdot \text{s}^{-1}$ ) is demonstrated in a 32-year-old patient with hypertrophic cardiomyopathy and midventricular obstruction, beginning at early systole and persisting throughout the isovolumic relaxation. Cardiac catheterization with simultaneous dual high fidelity pressure measurements in the apical and basal chambers confirmed the presence of the Doppler maximal instantaneous pressure gradient of 60 mmHg. Contrast left ventricular angiography excluded apical dyskinesia. In the two intracavity compartments, isovolumic relaxation time and the time constant of pressure decay ( $\tau$ ) were abnormal whereby  $\tau$  was more delayed in the apical than in the basal portion. The presence of an apical high pressure zone during systole with impeded and delayed emptying through the midventricular obstacle and the late onset and prolongation of relaxation are thought to be the cause of the intraventricular flow from apex to base lasting from early systole throughout isovolumic relaxation.*

## Introduction

Midventricular obstruction is a rare variant of hypertrophic obstructive cardiomyopathy and is estimated to occur in 1% of this primary myocardial disease<sup>[1]</sup>. It is characterized by a massive midventricular hypertrophy which is usually localized at the level of the papillary muscles. Classically, during systole, the midventricular thickened walls approach each other, separating the left ventricle into two chambers: one apical high pressure zone and one basal low pressure zone. This gives rise to a variety of intracavity velocity patterns detectable by continuous and pulsed Doppler wave recordings.

Until recently, detection of intracavity flow velocities in these patients was confined to the isovolumic relaxation period only (<sup>[2-4]</sup> see Table 1). The flows were said to occur from the apical portion towards the base, and they were described in association with apical hypo- or dyskinesia<sup>[2-4]</sup>.

The aim of this report is to present the unique Doppler echocardiographic findings of a basally directed intraventricular flow lasting from early systole to mitral valve opening in a patient with hypertrophic obstructive cardiomyopathy and midventricular obstruction. Cardiac catheterization with simultaneous dual intraventricular high fidelity pressure measurements confirmed the presence, magnitude and time course of the pressure gradient between the apical and the basal left ventricular compartments.

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## Case report

### CLINICAL HISTORY AND PHYSICAL FINDINGS

A 32-year-old man with palpitations, exertional dizziness and brief episodes of fainting, and with a familial history of hypertrophic obstructive cardiomyopathy (the father and one brother died at the age of 52 and 10 years, respectively, with documented hypertrophic obstructive cardiomyopathy) was followed over 10 years to detect any worsening of the condition. The sole coronary risk factor was a 20-year history of cigarette smoking. During the last 2 years the patient was treated with verapamil 360 mg daily. Physical examination revealed no signs of congestive heart failure and the patient was normotensive and had a normal heart rate. The apical impulse was prominent but not enlarged, and was within the midclavicular line. Heart auscultation revealed normal sounds. A 3/6 grade meso-telesystolic murmur was heard from the apex to the axilla. A 2/6 grade midsystolic ejection murmur was audible in the aortic area which increased during the Valsalva manoeuvre.

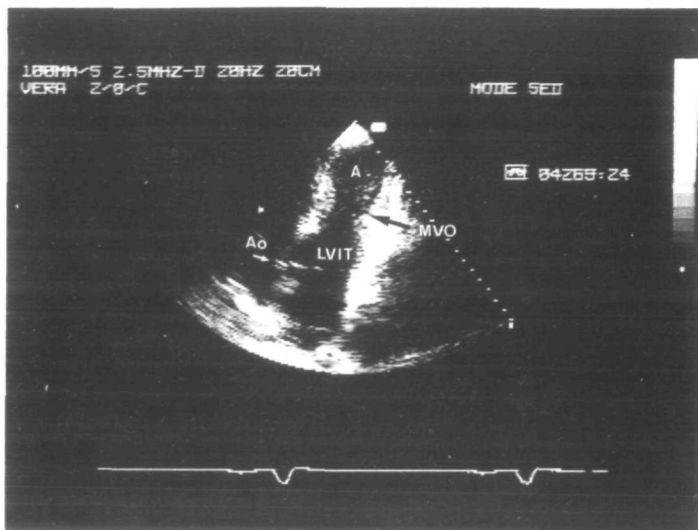
### NONINVASIVE STUDIES

Chest X-ray showed a normal cardiac silhouette and a cardiothoracic ratio of 0.5. A 24-h Holter monitoring revealed sinus rhythm throughout the whole recording period and an average of 309 premature ventricular beats  $\cdot \text{h}^{-1}$  including 32 paired beats  $\cdot \text{h}^{-1}$  (for comparison, 2 years before 19 premature ventricular beats  $\cdot \text{h}^{-1}$  including 10 paired beats, respectively, were monitored). At upright bicycle ergometry the patient performed 140 W for 3 min (67% of the predicted working capacity). The heart rate reached 167 beats  $\cdot \text{min}^{-1}$  i.e. 97% of the predicted submaximal heart rate. The patient complained of fatigue, but no angina occurred. The electrocardiogram (ECG) during exercise could not be used to detect

Table 1 Flow characteristics during systole and isovolumic relaxation in patients with midventricular obstruction in hypertrophic obstructive cardiomyopathy

Authors (reference)	Patients (number)	Age (years)	Type of disease	Gradient/pattern	Methods	Cause	Remarks
Zoghbi <i>et al.</i> , 1988 <sup>(1)</sup>	3	67 (54–81)	Midventricular obstruction in apical hypertrophy	From apex towards base (secondary)	DE/Cath	Apical hypokinesia	Brief systolic forward emptying followed by diastolic emptying from apex to base
Slama <i>et al.</i> , 1989 <sup>(4)</sup>	1	41	Midventricular obstruction in apical hypertrophy	From apex towards base	DE/Cath	Apical dyskinesia with apical necrosis; nonuniform relaxation	Flow confined to isovolumic relaxation
Maze <i>et al.</i> , 1988 <sup>(2)</sup>	7	—	Midventricular obstruction	From apex towards base (secondary outflow)	DE/—	Apical dyskinesia	Flow during isovolumic relaxation
Sütsch <i>et al.</i> , 1991 (present study)	1	32	Midventricular obstruction in HOCM	From apex towards base	DE/Cath	Apical high pressure zone with delayed emptying and relaxation	Flow from early systole to mitral valve opening

HOCM: hypertrophic obstructive cardiomyopathy; DE: Doppler echocardiography; Cath: cardiac catheterization.



**Figure 1** Two-dimensional echocardiography: RAO equivalent tomographic section from the apical window showing the midventricular obstruction (A = apex; LVIT = left ventricular inflow tract; Ao = aorta; MVO = midventricular obstruction).

myocardial ischaemia because of pre-existing intraventricular conduction abnormalities at rest and signs of left ventricular hypertrophy with strain.

#### *Echocardiography*

Repeated standard two-dimensional and M-mode echocardiographic studies were performed using a Hewlett-Packard 77020AC unit equipped with a duplex transducer containing a 2.5-MHz crystal set for imaging, pulsed wave and colour Doppler and a 1.9-MHz crystal set for continuous wave. Features of hypertrophic obstructive cardiomyopathy, such as thickened muscular walls with a septal maximum of 2.4 cm at the level of the papillary muscle and a high shortening fraction of 56% (normal 29–46%) were found. The left atrium was moderately dilated (4.4 cm; normal range 1.5–4.0 cm) and mild mitral regurgitation was shown. All segments of the left ventricle contracted normally and on the apical four-chamber view the systolic midventricular obstruction was clearly visualized (Fig. 1). An intraventricular gradient was detected at the site of the maximal septal hypertrophy, responsible for the systolic midventricular obliteration, and thus for the separation of the left ventricle into two chambers leaving only a tiny blood jet passing the obstacle.

Using continuous wave Doppler from the apical transducer position, flow was shown to be continuously directed from the apex towards the base, starting at early systole and persisting until mitral valve opening, including, therefore, the isovolumic relaxation period (total duration 466 ms; peak flow  $3.9 \text{ m} \cdot \text{s}^{-1}$ ; Fig. 2, right lower panel).

Using pulsed wave Doppler in the same apical transducer position, the sampling volume was moved along the axis of the midventricular obstruction to detect the best

signal and was finally placed into the blood jet at, and just distally, (toward bases) from the midventricular obstruction (Fig. 2, right upper panel). A velocity directed continuously toward the base was recorded (455 ms) confirming this site as the site generating the aforementioned particular continuous wave spectrum.

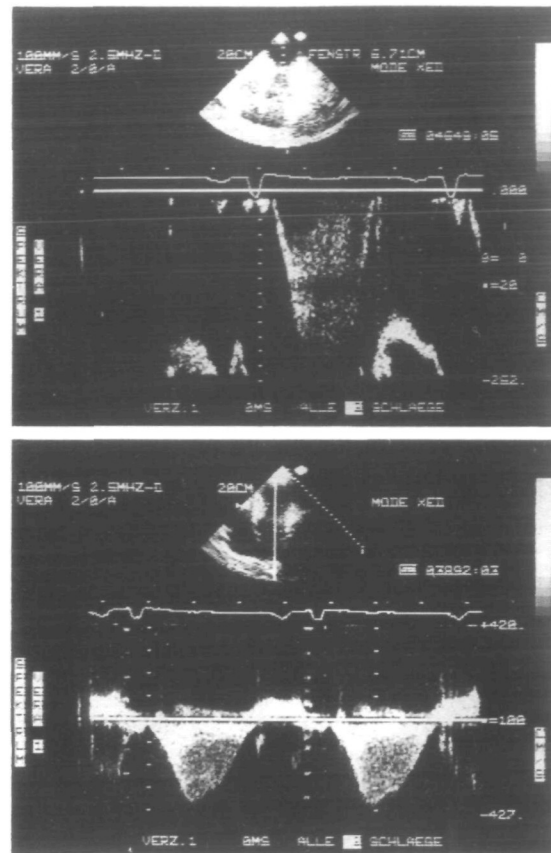
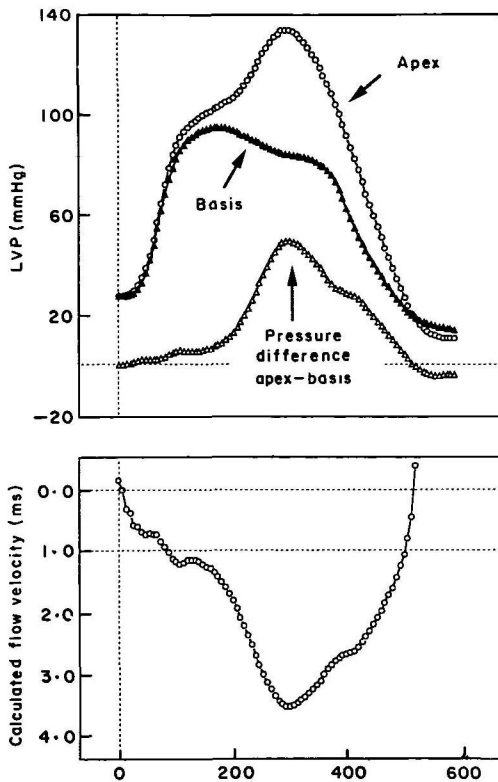
By combining the observations from the continuous wave spectrum and the pulsed wave Doppler recordings at the site of the midventricular obstruction, that is by superimposing the findings of onset, duration and direction of the flow velocities, we excluded this particular continuous wave spectrum as deriving from mitral regurgitation.

#### INVASIVE STUDY

Cardiac catheterization was performed because of the patient's family history, the increased occurrence of premature beats despite medical therapy, the newly occurred symptoms such as exercise-induced dizziness and palpitations combined with reduced physical working capacity and, finally, the ultrasonic findings of an intraventricular Doppler peak gradient of 60 mmHg.

Premedication consisted of 10 mg chlordiazepoxide administered orally 1 h before catheterization; the last dose of 120 mg of varapamil was given 24 h prior to the invasive study.

Left and right heart catheterization was performed using the right femoral artery and vein approach, respectively. An 8 F Millar pigtail angiographic catheter was advanced retrogradely through the aortic valve and positioned first in the left ventricular outflow tract; a micromanometer-tipped 3 F Millar catheter (both from Millar Instruments Inc., Houston, Texas, USA) was passed through a 8.5 F Brockenbrough catheter via the transeptal route and placed into the left ventricular inflow tract. The gains of the high fidelity tracings were

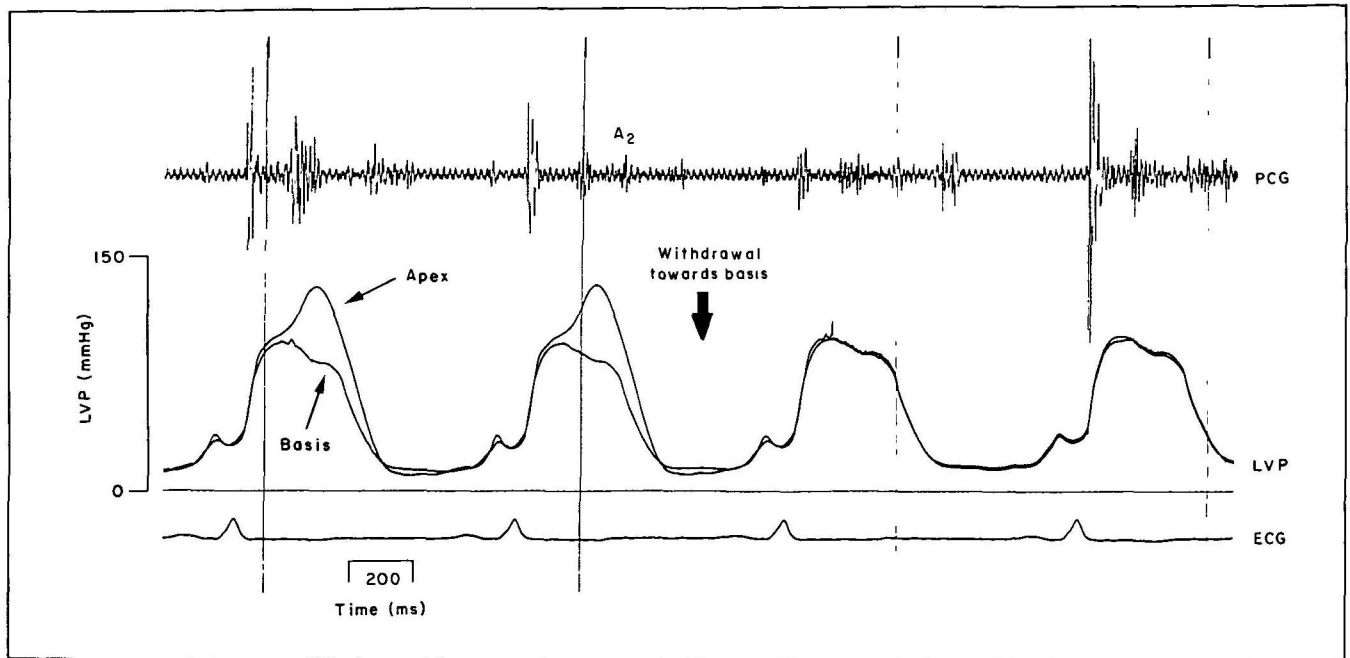


**Figure 2** Left panel (from top to bottom): reconstruction of the left ventricular pressure measurements from the digitized apical and basal zone tracings (see Fig. 3); the resulting instantaneous pressure differences and the calculated instantaneous flow velocities using the modified Bernoulli equation ( $\Delta P = 4v^2$ ). The time course of the calculated flow velocities had an identical configuration to the Doppler echocardiographic continuous wave spectrum depicted on the right upper panel. In particular, there was a hump on the calculated flow velocity curve at about 380 ms after the R-wave which briefly interrupted the ongoing deceleration. Intervals between individual data points were 5 ms. The horizontal dashed line at  $1 \text{ m} \cdot \text{s}^{-1}$  was drawn to facilitate visual comparison with the adjacent continuous wave Doppler recording which was filtered at  $1 \text{ m} \cdot \text{s}^{-1}$ . LVP = left ventricular pressure. Right upper panel: Pulsed wave Doppler recording at and distally (towards basis) from the midventricular obstruction. Duration of the flow velocity, from apex towards base, was 455 ms (heart rate = 69  $\text{beats} \cdot \text{min}^{-1}$ ). Markers on the horizontal and vertical axis indicate 200 ms and  $0.2 \text{ m} \cdot \text{s}^{-1}$ , respectively. Sampling at this level excluded that the systolic flow spectrum obtained from continuous wave recording originated from mitral valve regurgitation. Right lower panel: Continuous wave Doppler recording from the apical transducer window showing a spectrum lasting from early systole to mitral valve opening. The flow was always directed from the apex towards the base (duration 466 ms, heart rate = 76  $\text{beats} \cdot \text{min}^{-1}$ ). The maximal flow velocity was  $3.9 \text{ m} \cdot \text{s}^{-1}$  (maximal instantaneous pressure gradient = 60 mmHg). Note the similarity of the aforementioned notch on the continuous wave spectrum which again marked a short interruption on the deceleration flow envelope. Markers on the horizontal and vertical axis indicate 200 ms and  $1 \text{ m} \cdot \text{s}^{-1}$ , respectively.

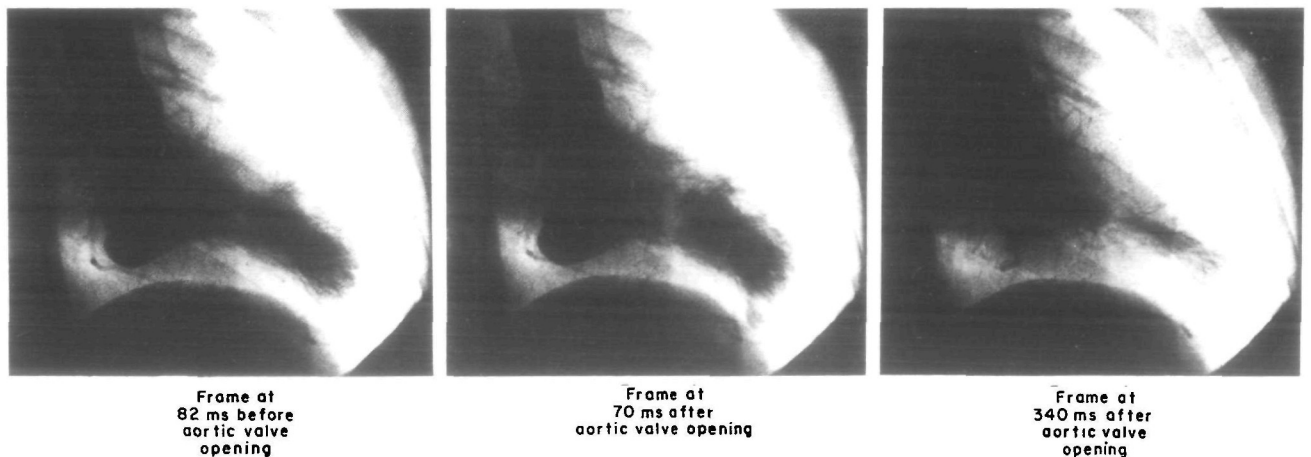
adjusted so as to match the conventional pressure tracings obtained via the lumen of the two catheters. Pressures in the left ventricular outflow and inflow tract were identical (Fig. 3). The 8 F pigtail Millar catheter was then advanced to the left ventricular apex and simultaneous high fidelity micromanometer pressure measurements were carried out from both the apex and the inflow tract (heart basis) allowing the determination of the instantaneous pressure gradient between the two chambers. During systole, the separation of the pressure tracings started at 140 ms after the R-wave of the ECG; this was accompanied by a loud murmur on the phonocardiogram which persisted until peak pressure was reached in the apical zone (at 260 ms from the R-wave). During that period, the pressure in the basal chamber fell in two steps separated by a short

plateau after the apical tracing had reached its peak pressure. The peak pressure difference from apex to basis was 52 mmHg (mean pressure gradient 32 mmHg) at rest and, following a premature ventricular beat, the peak pressure difference rose to 81 mmHg (mean pressure gradient 56 mmHg).

During isovolumic relaxation, asynchrony of the left ventricular pressure course persisted. Following aortic valve closure, the pressure tracings fell towards baseline but the pressure decay was delayed in the apical portion as compared to the left ventricular inflow tract. At 470 ms after the R-wave, there was crossover of the two pressure tracings with the apical pressure falling below the left ventricular inflow tract tracing. This intraventricular pressure difference persisted during early and



**Figure 3** Simultaneous recording of left ventricular high fidelity pressure curves from the apical and basal zones and rapid withdrawal of the pigtail micromanometer from the apical position to the left ventricular outflow tract distal from the midventricular obstruction (arrow between second and third beat; heart rate = 67 beats  $\cdot$  min $^{-1}$ ). Note the midsystolic rise of pressure in the apical chamber and the delayed onset of relaxation. Conversely, the pressure decay in the basal portion started earlier as compared to the high pressure tracing and was followed by a mid- to late systolic plateau-like phase. Moreover, 'isovolumic' relaxation time was more prolonged in the basal (131 ms) than in the apical (93 ms) chamber because the lowest early diastolic pressure was reached later in the basal than in the apical compartment. A<sub>2</sub> on the phonocardiogram (PCG) indicates aortic valve closure, LVP = left ventricular pressure, and ECG = electrocardiogram.



**Figure 4** Left ventricular cineangiogram in the right anterior oblique position during a cardiac cycle (heart rate = 67 beats  $\cdot$  min $^{-1}$ ). The frames are 82 ms before, 70 ms and 340 ms after aortic valve opening, respectively. The marked midventricular obstruction is clearly visualized.

mid-diastole and lasted until 680 ms after the R-wave. Thereafter, left ventricular pressures during diastole were identical except for a difference in the maximal peaks of atrial contraction where the apical pressure was slightly below the pressure in the left ventricular inflow tract. The apically located pigtail micromanometer was then withdrawn into the outflow chamber under continuous

pressure recording (Fig. 3). Biplane left ventricular angiography was carried out via the pigtail micromanometer angiographic catheter in the RAO and LAO projection using nonionic radiographic contrast dye (Lopamiro® 370: lopamidol 755.2 mg  $\cdot$  ml $^{-1}$  and trometamol 1 mg  $\cdot$  ml $^{-1}$ ). Sixty ml of dye were injected at a flow of 12 ml  $\cdot$  s $^{-1}$ . Cineangiography was recorded on 35 mm

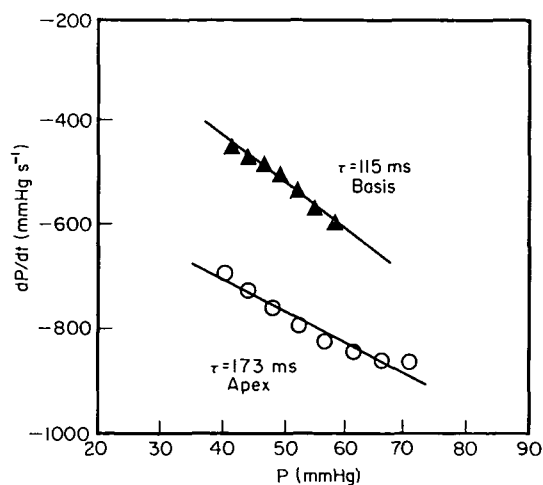


Figure 5 Time constant of pressure decay  $\tau$  for the apical and basal zones of the left ventricle, respectively. Both values for  $\tau$  were increased (normal 40 ms<sup>[10]</sup>); however, in the apex it was more prolonged.  $\blacktriangle$ , basal zone of left ventricle;  $\circ$ , apical zone of left ventricle.

cinofilm (Siemens Angioscope) at a filming rate of 50 frames  $\cdot$  s<sup>-1</sup> (Fig. 4) with simultaneous recording of the electrocardiogram, the numerical code of the frames and the left ventricular pressures on an oscillograph (Electronics for Medicine VR 12) at a paper speed of 250 mm  $\cdot$  s<sup>-1</sup>.

On the projected film detailed frame-by-frame analysis was performed. After mitral valve closure, first symmetric contraction of all left ventricular segments occurred. At 140 ms after the R-wave, a progressive midventricular narrowing was visualized with a maximum being reached at 260 ms after the R-wave. At that time, the two left ventricular chambers were almost separated and there remained only a pencil-like thin communication between the two compartments. At 340 ms after the R-wave, the left ventricular in- and outflow tract started to relax and, with a delay of approximately 20 ms, the aortic valve closed, while the apical portion continued to eject blood through the obstacle, which persisted until 460 ms after the R-wave. Mitral valve opening occurred at 480 ms after the R-wave, initiating diastolic filling of the left ventricle with the blood gradually proceeding first into the left ventricular outflow tract (onset at 480 ms after the R-wave) and later into the apex (onset 540 ms after the R-wave). In addition, a mild regurgitant jet into the left atrium was demonstrated. The coronary arteries were normal at selective coronary arteriography.

#### Calculation of relaxation indexes

The 'isovolumic' relaxation time (time from maximum negative dP/dt to lowest early diastolic pressure) and the time constant of left ventricular pressure decay ( $\tau$ , in ms) were determined separately for each functional chamber. Left ventricular high fidelity pressure tracings were digitized manually for a cardiac cycle using an electronic digitizer (Numonics Corp.) interfaced to a computer

(PDP 11/34) for calculation of instantaneous dP/dt (first derivative of pressure; 200 coordinates  $\cdot$  s<sup>-1</sup>) presented as a numerical table<sup>[5]</sup>. The isovolumic relaxation time was 131 ms in the basal portion and 93 ms in the apical zone.

The time constants of left ventricular relaxation were computer calculated as the negative reciprocal of the slope of the linear regression between left ventricular pressure and negative dP/dt coordinates, during the time period extending from maximum negative dP/dt to the point at which the falling left ventricular pressure reached the value of 5 mmHg above the left ventricular end-diastolic pressure<sup>[6]</sup> (Fig. 5). In the left ventricular inflow tract,  $\tau$  was 115 ms (maximum negative dP/dt = 606 mmHg  $\cdot$  s<sup>-1</sup> occurring at a pressure of 62 mmHg and at 377 ms after the R-wave, or 12 ms after the beginning of aortic valve closure) while in the apical zone  $\tau$  was 173 ms (maximum negative dP/dt = 864 mmHg  $\cdot$  s<sup>-1</sup> at a pressure of 76 mmHg and at 410 ms after the R-wave, or 44 ms after the onset of aortic valve closure). At 460 ms after the R-wave (last cineangiogram frame at which midventricular obstruction was present), the pressure in the apical zone was still elevated with 37 mmHg as compared to the left ventricular outflow tract with 26 mmHg.

#### Discussion

Intraventricular flow phenomena during isovolumic relaxation are rare and occur mostly in association with massive structural changes of the left ventricular myocardium with disturbances in systolic and diastolic function.

The first isovolumic relaxation flow was reported in a 73-year-old patient with hypertrophic cardiomyopathy<sup>[7]</sup>. In this particular patient, an intracavitary regurgitation of injected contrast material from the left ventricular outflow tract to the left ventricular body and apex was described during isovolumic relaxation. Thereafter, several Doppler echocardiographic studies focusing on intraventricular flow phenomena have described various types and durations of intracavitary flow patterns (Table 2). In a large study of 60 patients with isovolumic relaxation flow, accurately studied from the apical transducer position with continuous and pulsed wave Doppler<sup>[8]</sup>, 50 patients were found to have a normal forward systolic flow continuous with an unusual apically directed isovolumetric relaxation flow, which originated mostly at the middle third of the septum, extended along the intraventricular septum, and was detectable until mitral valve opening. In all but one of the remaining 10 patients, the isovolumic relaxation flow, directed from base to apex, lasted only for a portion of that period and the flow signal turned into the opposite direction in the late part of the isovolumic relaxation phase. Later it was pointed out<sup>[9]</sup> that this flow was not restricted to the isovolumic relaxation period only, but that apically directed flow was superimposed to the normally occurring systolic forward flow and persisted beyond the isovolumic relaxation. In these studies, apical dyskinesia leading to asynchronous early relaxation of the wall segments involved<sup>[8,9]</sup> were thought to cause these apically directed flow patterns.

Table 2 Flow characteristics during systole and isovolumic relaxation in patients with other diseases

Authors (reference)	Patients (number)	Age (years)	Type of disease	Gradient/pattern	Methods	Cause	Remarks	
Trohman <i>et al.</i> , 1986 <sup>[7]</sup>	1	73	HOCM	From base to apex flow	—/Cath	Abnormal isovolumic relaxation and development of two chambers	Flow during isovolumic relaxation	
Sasson <i>et al.</i> , 1987 <sup>[8]</sup>	50/60 (40 male, 20 female)	54 (17–80)	HOCM	16	From base to apex flow	DE/(Cath)	Apical dyskinesia: asynchronous early relaxation of the wall segments surrounding the obliterated cavity	Flow throughout isovolumic relaxation
			Aortic valve disease	10				
			PHTPL	9				
			SHT	5				
			Normals	7				
			Other	3				
	10/60	—	HOCM	10	From apex towards base	DE/(Cath)	Generated by blood ejection from apex to base when intraventricular pressure differences are produced by apical contraction during systole enhancing the rate of relaxation of the wall segments involved	Aborted early from base to apex flow and late from apex towards base flow during isovolumic relaxation; this inversion of flow was noted in 9 of the 10 patients
Sasson <i>et al.</i> , 1987 <sup>[10]</sup> Abstract	6/9	—	Apical hypertrophy	From apex towards base and from base to apex	DE/—	Delayed, nonuniform relaxation of the hypertrophied apical segments	Flow during isovolumic relaxation	
Maire <i>et al.</i> , 1988 <sup>[9]</sup>	3	—	Hypertrophic cardiomyopathy	From base to apex	DE/Cath	Asynchronous early relaxation of the wall segments surrounding the obliterated cavity	Onset of from base to apex flow observed already during systole	

HOCM: hypertrophic obstructive cardiomyopathy; DE: Doppler echocardiography; Cath: Cardiac catheterization; PHTPL: Post heart transplantation; SHT: Systemic hypertension.

Recently, the findings of an isovolumic relaxation flow, directed from apex to base, were described in patients with midventricular obstruction (<sup>2-4</sup>, Table 1) and they were again interpreted as resulting from apical hypokinesia in patients with an apical form of hypertrophy<sup>3,4</sup>. The basally directed flow pattern was confined to isovolumic relaxation, and, was preceded by a short systolic flow directed towards the base<sup>3</sup>. Another study demonstrated Doppler echocardiographic presence of a flow originating in the apical portion of the left ventricle and directed towards the base in two groups of patients with apical dyskinesia or hypertrophy, but this flow, which was assumed to be caused by delayed, nonuniform relaxation of the hypertrophied apical segment<sup>10</sup>, was detected only during isovolumic relaxation<sup>2,10</sup>.

This report is now a unique description of a basally directed flow velocity persisting from early systole to mitral valve opening in a patient with hypertrophic obstructive cardiomyopathy and midventricular obstruction. Based on the Doppler echocardiographic examination, the flow velocity was clearly demonstrated to originate at the site of the midventricular obstruction, to continue during isovolumic relaxation, and was not simulated by mitral regurgitation. The haemodynamic findings showed the persistence of an intraventricular gradient between the apex and the base throughout systole, generating a pressure gradient which was capable of maintaining a tiny forward blood flow through the intracavitary obstacle from systole to mitral valve opening.

The combination of the two independent methods confirmed the ongoing intracavitary flow during systole and isovolumic relaxation: calculation and plotting of the expected instantaneous flow velocities (using the modified Bernoulli equation) from the digitally analysed high fidelity pressure curves (Fig. 2, left lower panel) revealed a striking similarity with the continuous wave Doppler recording (Fig. 2, right lower panel).

In the present case, two mechanisms are thought to be responsible for this particular flow. First, there is a somewhat delayed onset of contraction of the apical portion which then induces a delayed flow. Second, despite the presence of a forcefully contracting apical chamber, there is a massive obstacle which impedes rapid emptying and causes the delayed and continuous flow directed towards the base.

The pressure differences observed during diastole might result from the following two mechanisms: first, there is delayed early filling of the apical chamber

which might explain the lower early diastolic pressure. Second, the ejection fraction of the apical chamber is higher than that of the basal compartment and hence produces greater restoring forces in the apical than in the basal chamber.

In this case, standard calculation of  $\tau$  for quantification of relaxation is a problem because there was no truly isovolumic relaxation phase in the two compartments. The continuous flow from the apical portion to the left ventricular base may explain why the coordinates of negative  $dP/dt$  and left ventricular pressure did not really fit a straight line. The discrepancy between the duration of relaxation time and  $\tau$  in the two compartments may largely be due to the fact that 'isovolumic' relaxation time encompassed a variable portion of early diastolic filling as well.

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