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PHYTOCHEMICAL INVESTIGATION OF *RUMEX THYRSIFLORUS* FINGERH.

SHORT COMMUNICATION

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In the course of our pharmacological screening of Polygonaceae species occurring in the Carpathian Basin the extracts prepared from the roots of *Rumex thyrsiflorus* showed promising antiproliferative, xanthine oxidase inhibitory and antibacterial activities. The present work deals with the isolation of compounds from the root of the plant. After multistep separation process, four compounds were obtained from the *n*-hexane, chloroform and ethyl acetate soluble fractions of the methanol extract of the root. The structures of the isolated compounds were determined as 1-palmitoylglycerol, β -sitosterol, (–)-epicatechin, and procyanidin B5.

Keywords: Rumex thyrsiflorus - Polygonaceae - phenolic compounds - procyanidin

Rumex genus (sorrel), belonging to the Polygonaceae family, comprises about 200 species distributed worldwide. Several species are used traditionally either as foods (soup or salad) or as healing agents [15, 17]. The aerial parts, leaves and roots of the plants (e.g. *R. acetosa, R. acetosella, R. alpinus, R. confertus, R. crispus* and *R. obtusifolius*) are used in traditional medicine for the treatment of different health disorders such as infections, oedema, mild diabetes, jaundice, diarrhoea, constipation, as an antihypertensive, diuretic, and analgesic drug, and in case of skin disorders and inflammation [1, 4, 5, 17]. *Rumex* species are characterized by the accumulation of anthraquinones, naphthalenes, flavonoids, and stilbenoids [17].

Pharmacological investigation of Polygonaceae species occurring in the Carpathian Basin resulted in the discovery of antiproliferative, xanthine oxidase (XO) inhibitory and antibacterial activity of numerous species. Among them *Rumex thyrsiflorus* Fingerh. possessed remarkable effect in all three test systems [in the antiproliferative assay the CHCl₃ fraction of the roots (96.20% inhibition on A431, and 88.55% inhibition on MCF7 cell lines, at a concentration of 30 µg/mL) [7]; in the XO inhibitory assay the remaining aqueous fraction of both of the herb (IC₅₀ = 78.45 µg/mL) and the roots (IC₅₀ = 39.25 µg/mL) [12]; and in the antibacterial test the remaining aqueous fraction of the roots: 11.3 mm (*Staphylococcus epidermidis*),

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12.3 mm (S. aureus), 9.7 mm (MRSA), 10.3 mm (Bacillus subtilis), and 10.7 mm (Moraxella catarrhalis)] [13].

The aim of the present work was the phytochemical investigation of *R. thyrsiflorus*, in order to identify the characteristic secondary metabolites of the plant which can be responsible for the pharmacological activities. The roots were collected, in Szeghalom, Hungary (47°0'33.78"N, 21°10'48.89"E). Botanical identification of the plant material was performed by Gusztáv Jakab (Institute of Environmental Sciences, Szent István University, Szarvas, Hungary). A voucher specimen (No. 803) has been deposited at the Department of Pharmacognosy, University of Szeged, Szeged, Hungary.

The dried roots of R. thyrsiflorus (850 g) were percolated with methanol (15 L) at room temperature. The crude extract was concentrated in vacuo to 200 mL and solvent-solvent partition was performed with *n*-hexane, CHCl₃ and EtOAc $(3 \times 500 \text{ mL})$ each). From *n*-hexane fraction (5.2 g) compound 2 was crystallized. The CHCl₃ fraction (3.6 g) was separated by reverse phase MPLC (medium pressure liquid chromatography) [Büchi, Pump Manager C615, Pump Module C605, using prepacked RP-cartridge (RP18ec sorbent, 40–63 μ m]) with gradient mixtures of MeOH–H₂O (from 1:9 to 9:1) to yield 10 subfractions. Subfraction 2 was further purified by rotation planar chromatography (RPC) (Chromatotron instrument, Model 8924, Harrison Research, USA) on silica gel 60 GF₂₅₄ with the gradient system of CH_2Cl_2 -MeOH (from 9:1 to 1:1), and 4 fractions were obtained. Fraction 2 was purified by TLC using the mobile phase EtOAc-MeOH-H₂O (100:16:12) to yield compound 3. The EtOAc fraction (47 g) was separated by vacuum liquid chromatography (VLC) on silica gel with gradient mixtures of CHCl₃-MeOH (from 95:5 to 1:1). Fractions with similar composition were combined according to TLC monitoring to yield 10 main fractions. From fraction 2 compound 1 was crystallized. Fraction 6 was further purified by gel filtration on Sephadex LH-20 with CH₂Cl₂-MeOH (1:1), and 7 subfractions were obtained. Subfraction 5 was separated by RPC using EtOAc–EtOH–H₂O (4:1:5) and compound 4 was isolated.

Structures of the compounds (1–4) were established by MS (API 2000 MS/MS equipped with an electrospray (ESI) interface) and 1D and 2D NMR spectroscopy [Bruker Avance DRX 500 spectrometer, at 500 MHz (¹H) and 125 MHz (¹³C), δ in ppm rel. to TMS as internal standard, *J* in Hz, solvent CD₃OD; 2D experiments were performed with a standard Bruker software]. The high resolution MS spectra for the new compound (1) was acquired on a Thermo Scientific Q-Exactive Plus Orbitrap mass spectrometer equipped with ESI ion source in positive ionization mode. The resolution was over 1 ppm. The data were acquired and processed with the MassLynx software.

Compound 1 was isolated as yellow oil. Its HRESIMS provided the molecular formula, $C_{19}H_{38}O_4$, through the presence of a peak at m/z 331.1883 [M+H]⁺ (calcd. for $C_{19}H_{39}O_4$, 331.1904). NMR δ_H (500 MHz, CDCl₃, data measured for the first time in this solvent) 4.20 (1H, dd J = 11.7, 4.6 Hz, H-1a), 4.15 (1H, dd, J = 11.7, 6.2 Hz, H-1b), 3.93 (1H, quint, J = 5.7 Hz, H-2), 3.70 (1H, dd, J = 11.5, 3.9 Hz, H-3a), 3.60 (1H, dd, J = 11.5, 5.8 Hz, H-3b), 2.35 (2H, t, J = 7.5 Hz, H-2'), 1.63 (2H, quint,

J = 7.5 Hz, H-3'), 1.29 (2H, m, H-15'), 1.25 (22H, m, H-4'–H-14'),0.88 (3H, t, J = 6.9 Hz, H-16'); $\delta_{\rm C}$ (125 MHz, CDCl₃) 174.4 (C-1'), 70.3 (C-2), 65.1 (C-1), 63.3 (C-3), 34.1 (C-2'), 31.9 (C-15'), 4×29.7 (C-11'–14'), 2×29.6 (C-9', C-10'), 2×29.4 (C7', C-8'), 29.3 (C-6'), 2×29.1 (C-4', C-5'), 24.9 (C-3'), 14.1 (C-16'). The ¹H NMR data were in agreement with data reported in the literature for palmitoleic acid part of a monoacyl glycerol (in CD₃OD) [6]. Based on the MS and NMR data compound **1** was identified as 1-palmitoylglycerol.



The ¹H and ¹³C NMR data of isolated compounds **2–4** were identical with those of β -sitosterol (2) [11], (–)-epicatechin (3) [16] and procyanidin B5 (4) [2].



OH

ÓН

4

Previously, anthraquinones (chrysophanol, rhein, emodin, physcion and their glycosides), phenolic acids (caffeic, gallic and *p*-hydroxybenzoic acid), flavonoids [quercetin, myricetin, rutin, isorhamnetin, (+)-catechin, and (–)-epicatechin gallate] were identified from the plant [8]. This was the first time that 1-palmitoylglycerol (1), β -sitosterol (2), epicatechin (3) and procyanidin B5 (4) were isolated from the roots of *R. thyrsiflorus*. In our previous investigations, (–)-epicatechin (3) possessed antibacterial activity against MRSA at concentration 100 µg/mL [10], and antiproliferative effect on parental L5178 (IC₅₀ = 8 µg/mL) and MDR1-transfected L5178 (IC₅₀ = 6 µg/mL) cells (Table 1). Compound 4 was also effective against MDR lymphoma (IC₅₀ = 13 µg/mL) cells [9]. The combination of β -sitosterol (2) and stigmasterol showed antitumor activity against A431 (IC₅₀ = 2.62 µM) and MRC-5 (IC₅₀ = 11.31 µM) human tumour cell lines [3]. Finally, (–)-epicatechin (3) possessed marked (IC₅₀ = 2.04 µM) xanthine oxidase inhibitory activity [14].

Based on the above-mentioned data the isolated compounds can be at least partly responsible for the antibacterial and antiproliferative activities of the plant.

Compound	Pharmacological effect	Cell line	Reference
2	antiproliferative activity in combination with stigmasterol	A431 ($IC_{50} = 2.62 \ \mu M$) MRC-5 ($IC_{50} = 11.31 \ \mu M$)	[3]
3	antibacterial activity	MRSA (100 µg/mL)	[10]
	antiproliferative activity	parental L5178 (IC ₅₀ = 8 μ g/mL) MDR1-transfected L5178 (IC ₅₀ = 6 μ g/mL)	[9]
	XO inhibitory activity	$IC_{50} = 2.04 \ \mu M$	[14]
4	antiproliferative activity	MDR lymphoma ($IC_{50} = 13 \ \mu g/mL$)	[9]

Table 1			
Pharmacological activity of the isolated compounds			

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