

ORIGINAL ARTICLE

Long-term neurotoxicity of chemotherapy in adolescents and young adults treated for bone and soft tissue sarcomas

HELENA M. EARL,¹ SEAN CONNOLLY,² CHRISTOS LATOUFIS,³ KAREN EAGLE,³
CATHERINE M. ASH,³ CLARE FOWLER² & ROBERT L. SOUHAMI³

¹Department of Oncology, University of Cambridge School of Clinical Medicine, Cambridge & ²Department of Clinical Neurophysiology, Middlesex Hospital, University College, London Medical School, London & ³Department of Oncology, University College London Medical School, London, UK

Abstract

Purpose. To study the long-term neurotoxicity of chemotherapy in adolescents and young adults treated for bone and soft tissue sarcomas.

Patients and Methods. Thirty-six adolescents and young adults (median age 17 years) were examined following chemotherapy for bone and soft tissue sarcomas. Twenty-nine (29/36) had received cisplatin (median 400 mg/m²), 15/36 ifosfamide (median 20 g/m²), and 12/36 vincristine (median 16 mg). Neurotoxicity was assessed at a median of 8 months (range, 1–54 months) after completion of chemotherapy by clinical examination, nerve conduction studies, audiograms and autonomic function tests. The same nerve conduction studies were carried out in 20 normal volunteers to define normal ranges in this age group.

Results. Sixteen patients (44%) had a significant reduction in deep tendon reflexes, and this clinical parameter correlated well with abnormalities detected in nerve conduction studies. Vibration perception threshold (VPT) was raised in 20/36 patients (55%) and this was the most sensitive single test in the assessment of neuropathy. There was a significant correlation between VPT and cumulative cisplatin dose received in mg/m² ($r = 0.607$, $p < 0.01$). Ten of 29 patients (35%) had abnormal nerve conduction studies with a pattern characteristic of sensory axonal neuropathy. No patient complained of auditory symptoms, but minor high tone hearing loss was detected by audiograms in 5/28 patients who had received cisplatin. No patients had symptoms of autonomic neuropathy, but autonomic function tests showed minor abnormalities in 4/22 patients tested, and all had received cisplatin.

Conclusions. This study demonstrates significant, although asymptomatic, long-term neurotoxicity of cisplatin in adolescents and young adults receiving chemotherapy for bone and soft tissue sarcomas. Follow-up studies are planned to assess whether these neurological deficits improve with time.

Key Words: Adolescent cancer, long-term cisplatin neurotoxicity, bone and soft tissue sarcomas.

Introduction

Intensive combination chemotherapy has greatly improved the prognosis of childhood and adolescent tumours. In osteosarcomas, for example, the cure rates for UK children under the age of 16 years have risen from 20% in the mid-1970s, to 60% at the present time, an improvement attributable to intensive adjuvant chemotherapy.¹ Similar advances are now taking place in the treatment of Ewing's sarcoma.² This is a considerable triumph for modern cancer management. The long-term adverse effects of cancer treatments in adolescents are of considerable importance since, each year in the UK, 1200 young adults will have a history of having been

cured of a cancer in childhood or adolescence. If their life span is normal this will represent over 50 000 UK adults by the year 2030.

There is little published data on long-term neurotoxicity of chemotherapy in the adolescent age group. Indeed, the normal ranges in adolescents are not well established for many of the available tests of neurological function. Previous studies have not always stated what the reference population has been.^{3,4} Although the reported neurotoxicity has not, in the main, been clinically severe, it is important nonetheless to establish the frequency and severity of sub-clinical neurotoxicity. Chemotherapy-induced nerve damage may have important implications for the future, because other potentially

neurotoxic compounds may have an additive neurotoxic effect in these patients. In later life, common illnesses such as diabetes may produce more severe neuropathy because the starting point is not one of a normal peripheral nervous system.

The aim of the present study was to establish the frequency and severity of long-term sub-clinical neurotoxicity from cytotoxics currently used in adolescents and young adults with bone and soft tissue sarcomas, compared with a reference population of normal volunteers of similar age, using the same methodology.

Patients and chemotherapy protocols

Thirty-six patients with bone and soft tissue sarcomas were studied. Patients' characteristics are shown in Table 1. There were 19 males and 17 females, with a median age at diagnosis of 17 years (range, 3–29 years), and a median age at assessment of 19 years (range, 8–30 years). Patients were assessed at a median of 8 months from the completion of chemotherapy (range, 1–54 months). Twenty-one patients were between 1 and 12 months, eight patients between 13 and 24 months, and five patients between 25 and 54 months from the completion of chemotherapy. Diagnoses were as follows: osteosarcoma (28), Ewing's sarcoma of bone (five), soft tissue sarcoma (two), and spindle cell sarcoma of bone (one). All patients were treated on National and International protocols which included: (1) MRC osteosarcoma protocol BO03, a randomised study of cisplatin/doxorubicin versus multidrug adjuvant chemotherapy;^{5,6} (2) MRC/EOI (European Osteosarcoma Intergroup) protocol for metastatic or axial skeleton osteosarcoma; (3) UKCCSG (United Kingdom Children's Cancer Study Group) protocol for Ewing's sarcoma of bone; (4) MRC pilot study in osteosarcoma of cisplatin, doxorubicin, ifosfamide and high-dose methotrexate; (5) phase 2 study of methotrexate, ifosfamide and doxorubicin in malignant fibrous histiocytoma of bone.⁷ The protocols, chemotherapy and duration of treatment are shown in Table 2, and the actual doses of chemotherapy received are shown in Table 3.

Table 1. Patient characteristics

Diagnosis	Number of patients
Osteosarcoma	28
Ewing's sarcoma	5
Soft tissue sarcoma	2
Spindle cell sarcoma of bone	1

Other characteristics (median (range)) : age at diagnosis (years) 17 (3–29); age at assessment (years) 19 (8–30); time from the end of chemotherapy (months) 8 (1–54).

Methods

Clinical examination

All patients had full clinical neurological assessment and nerve conduction studies. Twenty-eight patients had bilateral audiograms, and 22 patients had assessment of autonomic function. Clinical neurological history included detailed questions concerning peripheral sensory and motor neuropathy, unsteadiness, Lhermitte's syndrome, Raynaud's phenomena,^{8,9} auditory symptoms and symptoms of autonomic neuropathy. Symptoms were assessed as either acute (i.e., immediate, during each chemotherapy course), intermediate (i.e., during the 6–12 months of chemotherapy), or as late effects (after completion of all chemotherapy). Clinical neurological examination was carried out by the same investigator (HME) with full neurological assessment of motor and sensory systems, including joint position sense and vibration sense (tuning fork 128 c/s). Deep tendon reflexes (DTRs) were assessed and scored as normal (score = 1), reduced (only present with reinforcement, score = 0.5) or absent (score = 0). Biceps, triceps, supinator, knee and ankle DTRs were scored to give a maximum cumulative normal score of 10. Reflex scores of 6 or less were considered abnormal.

Nerve conduction studies (NCS)

Neurophysiological assessment of all patients was carried out by the same doctor (SC), who also examined 20 healthy volunteers (14 females and six males) ranging in age from 18 to 26 years (mean age = 22 years). Full neurophysiological investigations included nerve conduction studies and the measurement of vibration perception and thermal thresholds. Lower limb nerve conduction studies were performed using surface electrodes and recorded on a Medelec MS 92 electromyograph. Recordings were made of sural and medial plantar sensory nerve action potential (SNAP) latency and amplitude, and sensory conduction velocities (SCV) were calculated for these nerves. The compound muscle action potential (CMAP) amplitude and latency from flexor hallucis brevis after supra-maximal stimulation of the posterior tibial nerve at the ankle and the knee was recorded, and the motor conduction velocity (MCV) for the nerve calculated. Record was also made of a minimum of 10 f-wave latencies from flexor hallucis brevis while giving supra-maximal stimuli to the posterior tibial nerve at the ankle.

The vibration perception threshold (VPT) was measured using a Biothesiometer. This instrument has a dial which reads the voltage applied to the probe causing it to vibrate. The movement of the probe (in μM) is linearly related to the square of the voltage. With the subject in a semi-recumbent position, the instrument was placed vertically on the

Table 2. Adjuvant chemotherapy protocols

No. of patients	Diagnosis	Protocol	Drugs	Intended duration (weeks)
22	Osteosarcoma	MRC BO03 Short arm	Cisplatin Doxorubicin	22
		vs. Long arm	Cisplatin Doxorubicin Methotrexate Vincristine Bleomycin Cyclophosphamide Actinomycin	44
5	Osteosarcoma	MRC/EOI/PIA BO04	Cisplatin Ifosfamide Doxorubicin	22
5	Ewing's Sarcoma	UKCCSG IVAD	Ifosfamide Doxorubicin Actinomycin Vincristine	52
2	Soft tissue sarcoma	Off study IVA	Ifosfamide Doxorubicin Vincristine	18
1	MFH of bone	Phase II Study	Ifosfamide Doxorubicin Methotrexate	16
1	Osteosarcoma	MRC Pilot	Ifosfamide Cisplatin Doxorubicin	22

MFH, malignant fibrous histiocytoma; UKCCSG, United Kingdom Childhood Cancer Study Group; EOI, European Osteosarcoma Intergroup Study.

Table 3. Total doses of chemotherapy received

No. of patients	Drug	Total dose (mg/m ²)	
		Range	Median
29	Cisplatin	170–607	400
15	Ifosfamide	10 200–96 000	20 000
12	Vincristine	4.7–16	9.4
10	Methotrexate	13 000–65 000	60 000
9	Cisplatin	170–583	230
	+ ifosfamide	+ 10 200–60 000	+ 11 200
6	Cisplatin	338–582	400
	+ vincristine	+ 4.7–15	+ 14

end of the great toe so that the weight of the probe (300 gm) was supported by the toe. The stimulus was increased from zero until the subject indicated having felt it, and the lowest of three readings was taken.¹⁰ Cutaneous thresholds for warming and cooling were recorded from the plantar surface of the foot using a standard portable system as described by Fowler *et al.*¹¹ Criteria for overall abnormal nerve conduction studies suggestive of a sensory axonal neuropathy were defined as follows: (1) absent sural SNAP (sensory nerve action potential); or (2) abnormal VPT with either one of the following:

(a) present but abnormal sural SNAP; or (b) absent medial plantar SNAP.

Autonomic function tests

Sympathetic function was measured by postural changes in blood pressure. The subject lay supine for 20 min before the BP was recorded at 1 min intervals \times 3. On standing, BP was recorded every minute for 5 min and then at 10 min. In normal subjects the systolic blood pressure does not fall $>$ 15 mmHg.

Parasympathetic function was assessed by heart rate response to deep breathing and the Valsalva manoeuvre. The heart rate response to deep breathing was assessed using a continuous ECG during six full respiratory cycles over 1 min. The Valsalva manoeuvre was used to evaluate parasympathetic function by asking the patient to maintain a forced expiratory pressure of 40 mmHg against an anaeroid pressure monitor dial.¹² The heart rate ratio was assessed and recorded three times; a normal ratio is > 1.2 . The results were analysed using the values recommended by Ewing and Clarke.¹²

Audiometry

Hearing was assessed by bilateral audiograms and thresholds (dB) for detection were recorded between 250–12 000 Hz.

Statistical analysis

The data were analysed using the Statview statistical package on an Apple Macintosh computer. Two groups were compared using Student's *t*-test (continuous variables) and the chi-squared test (discrete variables). Significant correlations with age were found for the SNAP amplitudes and the VPTs. Significant correlation for height was found for the f-wave latency. Therefore, *t*-tests involving these variables were calculated after correction for age or height where relevant. All correlations were determined by calculating Kendall's rank correlation coefficient (tau).

Results

Clinical parameters and audiograms

The only clinical neurological abnormality reported was Lhermitte's sign, which was reported by one patient and occurred during chemotherapy. There were no reports of symptomatic peripheral sensory or motor neuropathy, symptoms due to autonomic dysfunction, Raynaud's phenomenon, tinnitus or high tone hearing loss, as acute, intermediate or delayed effects. Clinical neurological assessment revealed no abnormalities of power (MRC scales), tone, or coordination, and no abnormalities of the clinically assessed sensory parameters, including joint position sense and vibration sense. However, the strikingly abnormal clinical parameter was the cumulative reflex score which was reduced to ≤ 6 in 16/36 (44%) of patients. Bilateral audiograms were abnormal in 5/28 patients with minimal loss of high tone hearing. All five patients had received cisplatin (348–607 mg/m²; median, 473 mg/m²).

Autonomic function tests

Autonomic function tests were mildly abnormal in 4/22 patients tested. Two patients had minimal

sympathetic abnormalities with systolic BP falling by 20 mmHg on standing. There was evidence of mild parasympathetic abnormality in two patients with an abnormal Valsalva ratio (1.2), and abnormal response to deep breathing (heart rate increase < 15 beats/min) in one patient. All four patients with mild autonomic dysfunction had received cisplatin (200–582 mg/m²); three of these patients also had abnormal VPTs, and two had abnormal nerve conduction studies (NCS) suggestive of a sensory axonal neuropathy.

Neurophysiology

Normal limits for the neurophysiological parameters were determined in healthy volunteers and expressed as mean \pm 2SD, except in the cases of medial plantar and sural SNAPs and VPT where the means and SDs of the log-transformed data were calculated and then converted back to original units to be used as limits of normal.^{13,14} Results of all the neurophysiological data are shown in Table 4.

Comparison of control group (n = 20) with patients who received cisplatin alone (n = 15). These two groups were compared in the first instance because the patient group received only one neurotoxic drug (cisplatin) rather than several. The two groups were matched in age and height. The 15 patients differed significantly from the controls in the conduction study parameters for the two sensory nerves studied (medial plantar and sural), particularly the readings of the sensory nerve action potential amplitudes ($p < 0.0001$), but also the sensory conduction velocities ($p < 0.005$). There were also significant differences between the patient and control groups for vibration perception thresholds (VPTs) ($p < 0.001$), and f-wave latency ($p < 0.005$). No significant differences were observed for other motor parameters or thermal thresholds for warming and cooling.

An analysis of the correlation between cisplatin dose received (mg/m²) and the neurophysiological parameters was made for these 15 patients. Vibration perception thresholds were significantly correlated with cisplatin dose received, but none of the other parameters measured.

Analysis of all 29 patients who received cisplatin. All neurophysiology parameters measured were analysed for possible correlation with the continuous variable of received cumulative dose of cisplatin (mg/m²). The *only* neurophysiological parameter that was significantly correlated with dose of cisplatin in these patients was VPT (Fig. 1, $r = 0.607$, $p < 0.001$). The cumulative cisplatin dose (above or below 300 mg/m²) also correlated with a normal or abnormal VPT (Fisher's exact test, $p = 0.005$) in this group of patients. Ten out of 29 (35%) patients had abnormal nerve conduction studies, showing a sensory axonal neuropathy. The presence of this

Table 4. Nerve conduction studies: controls compared with patients receiving cisplatin alone

	Controls (n = 20)		Patients (n = 15)		Cor/plat p value
	Mean \pm SD	Normal limits	Mean \pm SD	p (2-tail)	
Age (years)	22.0 \pm 2.5		20.8 \pm 4.7	0.32	
Height (cm)	168 \pm 8.9		168 \pm 6.8	0.89	
Sensory tests					
mp SNAP*	7.6 \pm 3.7	2.4 μ V	2.3 \pm 2.0	<0.0005	0.28
mp DSL	2.7 \pm 0.44	3.6 ms	3.4 \pm 0.94	<0.01	1.0
mp SCV	45 \pm 5.1	35 m s ⁻¹	37 \pm 7.5	<0.001	0.48
surSNAP*	16.6 \pm 5.9	6.0 μ V	8.1 \pm 4.5	<0.0005	0.37
sur DSL	3.1 \pm 0.61	4.3 ms	3.7 \pm 0.68	<0.01	0.50
sur SCV	46 \pm 4.9	36 m s ⁻¹	40 \pm 4.2	<0.0005	0.22
Motor tests					
CMAP	18.5 \pm 6.6	5.3 mV	15.0 \pm 5.1	0.06	0.74
DML	3.7 \pm 0.82	5.4 m s ⁻¹	3.9 \pm 0.58	0.51	0.11
MCV	47 \pm 3.1	41 m s ⁻¹	44 \pm 4.8	0.07	0.47
f-wave**	47.0 \pm 4.0		50.0 \pm 3.7	<0.005	0.87
Vibration tests					
RVPT*	5.3 \pm 1.5	9 units	12.1 \pm 7.8	<0.005	<0.005
LVPT*	5.3 \pm 1.2	8 units	11.8 \pm 7.6	<0.005	<0.05
VPTsum*	10.6 \pm 2.5	17 units	24.5 \pm 15	<0.001	<0.05
Thermal tests					
Cool TT	0.31 \pm 0.3	0.9°C	0.48 \pm 0.3	0.07	0.77
Warm TT	0.69 \pm 0.6	1.9°C	0.69 \pm 0.6	0.99	0.10

SNAP, sensory nerve action potential; DSL, distal sensory latency; SCV, sensory conduction velocity; CMAP, compound muscle action potential; DML, distal motor latency; MCV, motor conduction velocity; VPT, vibration perception threshold; VPT sum, Sum of R and L VPT; TT, thermal threshold; mp, medial plantar nerve; sur, sural nerve; Cor/plat, correlation with cisplatin dose (mg m⁻²), *After log transformation, **after correction for height.

neuropathy correlated with the cumulative total dose of cisplatin (mg/m²) and reflex score, but showed no correlation with the treatment-free interval, or the dose of vincristine received (Table 5). None of the seven patients who received less than 300 mg/m² of cisplatin had neurophysiological evidence of sensory axonal neuropathy. There was also a significant correlation between reflex score and

total received cisplatin dose ($r = -0.483$, $p = 0.009$).

Correlation of reflex score with NCS abnormalities

The only consistently abnormal clinical parameter in this group of adolescents and young adults was the reflex score. However this did prove useful as a simple clinical marker of an otherwise sub-clinical neuropathy. There was a significant correlation between reflex score and VPT (Fig. 2, $r = -0.548$, $p < 0.001$), medial plantar and sural SNAP, and medial plantar SCV (Table 6). Reflex score (normal or abnormal) correlated with both abnormal NCS ($p < 0.005$, Table 5) and abnormal VPT ($p < 0.005$).

Discussion

Cisplatin is widely used in the treatment of bone sarcomas, but does produce well-recognised neurotoxicity which can limit its use.¹⁵⁻¹⁷ Factors influencing the degree of neurotoxicity from cisplatin include total cumulative dose^{15,18,19} the dose of each individual injection, the schedule of drug delivery^{18,20-22} renal function, and coincident or previous neurological damage from other conditions.^{23,24} Symptoms of peripheral parasthesiae characteristically can occur after cumulative doses of

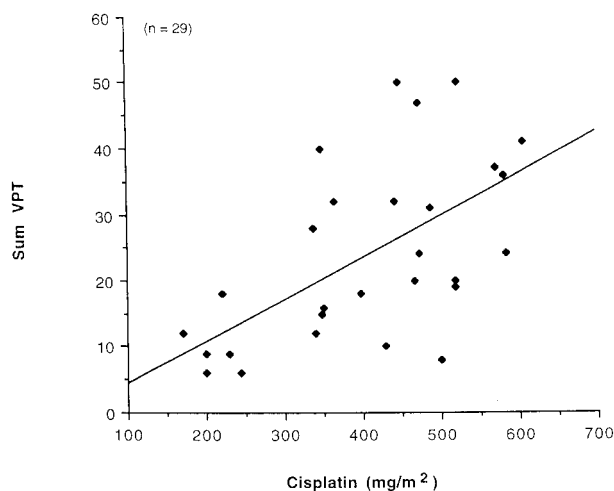


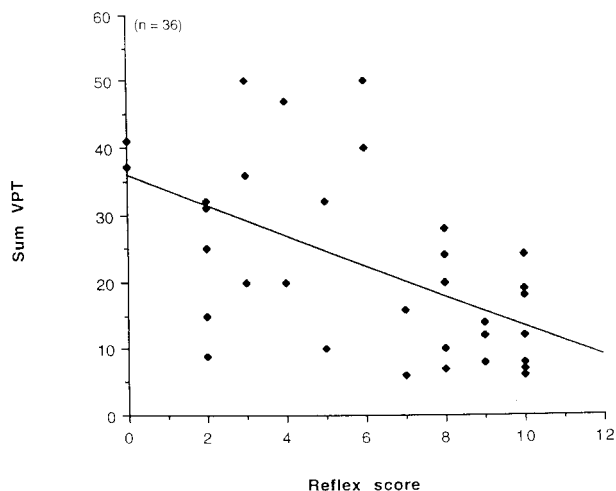
Fig. 1. Total dose of cisplatin (mg/m²) received versus sum VPT (vibration perception threshold) in 29 patients who received cisplatin ($r = 0.607$, $p < 0.001$).

Table 5. Neurophysiological evidence of sensory axonal neuropathy

	No neuropathy (mean \pm SD)	Neuropathy (mean \pm SD)	<i>p</i> (2-tail)
Age (years)	20.4 \pm 5	21.9 \pm 5.0	0.42
Height (cm)	168.2 \pm 12	172.0 \pm 8.3	0.36
TFI (weeks)	65.6 \pm 53.4	58.8 \pm 46.2	0.77
Cisplatin (mg m ⁻²)	342.2 \pm 129	472.1 \pm 83.3	< 0.01*
Vincristine (mg)	19.2 \pm 8.7	10.7 \pm 1.2	0.13
Reflex score	7.8 \pm 2.5	4.0 \pm 3.4	< 0.005*

TFI, treatment-free interval in weeks.

*Statistically significant result.

**Fig. 2.** Reflex score versus sum VPT (vibration perception threshold) in all 36 patients studied ($r = -0.548$, $p < 0.001$).

300 mg/m² or greater, and at doses greater than 600 mg/m² severe disabling sensory ataxia and motor problems may be seen. Increases in VPT are often the earliest manifestation of peripheral neuropathy²⁵ usually preceding symptoms and signs by 6–8 weeks.²⁶ They are found to be significantly elevated in patients who have received doses of cisplatin > 300 mg/m².²⁷ This is followed by a reduction in amplitude⁴ or absence²⁸ of sensory nerve action potentials, consistent with a sensory axonal neuropathy or ganglioneuropathy. It appears that the neuropathy is due to a toxic effect on the dorsal root ganglia, where tissue platinum levels have been found to be the highest.^{18,29} These sensory ganglia

are relatively poorly protected by the blood barrier and, as such, seem to be the most vulnerable neural structures to the effects of neurotoxins.^{30,31} Marked degeneration and gliosis of the dorsal columns with significant axonal loss of the dorsal roots were reported in a 3-year-old girl who had received 960 mg/m² of cisplatin.³² The dorsal column involvement is thought to be responsible for the occasional case of Lhermitte's sign reported in association with the neuropathy.^{33,34} There is still some uncertainty whether the major cisplatin-induced damage to the human sensory peripheral nerves is at the level of the cell body, the axon, or both. Although cisplatin toxicity is known to involve predominantly large-diameter sensory fibres, an autonomic neuropathy has been described^{14,35} occurring in patients receiving a combination of cisplatin, vinblastine and bleomycin, and this has been postulated to be a 'dying back' small-fibre neuropathy. A motor component to the neuropathy has been reported to occur in some patients receiving high doses of cisplatin.³⁶

This report adds to the experience of cisplatin neuropathy in young people, and provides a comparison with an age-matched control population. We have found evidence of a persisting sensory axonal neuropathy in this group of young people who received cisplatin as part of adjuvant chemotherapy treatment for bone and soft tissue sarcomas. Ten of 29 patients (33%) who received cisplatin had evidence of a sensory axonal neuropathy at a median of 8 months after the completion of chemotherapy. This is manifest by a reduction in the amplitude of the sensory action potentials in sural and medial

Table 6. Correlations of neurophysiological parameters with reflex score ($n = 36$)

	Linear Pearson's <i>r</i>	Rank Kendall's <i>t</i>	<i>p</i> value
Medial plantar SNAP	0.52	0.37	< 0.005*
Medial plantar SCV	0.66	0.33	< 0.05*
Sural SNAP	0.50	0.39	< 0.05*
RVPT	-0.53	-0.36	< 0.005*
LVPT	-0.52	-0.34	< 0.01*
VPT SUM	-0.55	-0.38	< 0.05*
RVPT/AGE	-0.60	-0.37	< 0.005*

*Statistically significant result.

plantar nerves, and an increase in the VPT. Interestingly the only clinical indication of neurological damage was transient Lhermitte's sign in one patient which persisted for only 2 months during chemotherapy. No patients had parasthesiae, or symptomatic sensory loss during chemotherapy or as an immediate or late effect. Despite this nearly one-third of patients were demonstrated to have a sensory axonal neuropathy on NCS. The only clinically detected abnormality was a reduction in reflex score, which was seen to a significant extent in 16/36 (44%) of patients. The reflex score correlated with neurophysiological measurements, showing significant correlations with VPT, amplitude of SNAP and SCV. Audiometric abnormalities were demonstrated in 5/28 patients but these changes were minor, and no patient had tinnitus or symptomatic hearing loss. Minor abnormalities of autonomic function were demonstrated in 4/22 patients, and whether these patients are at significant risk from cardiorespiratory arrest, which has been reported in patients with diabetes and autonomic dysfunction,³⁷ is uncertain, but seems unlikely.

Of some interest is the finding of significant prolongation of f-wave latencies in the patient group as a whole, which persisted after controlling for height, and the relative slowing in motor conduction in the posterior tibial nerve. As there is no sensory component to the f-wave latency measurement, this suggests that subtle motor involvement is detectable, even in mild asymptomatic cases such as those reported here. This could be a result of either a mild diffuse disorder of myelination causing a slight slowing of conduction velocity, or it could be the result of mild axonal loss in which the large fastest conducting fibres are lost first, resulting in a change in the minimum f-wave latency, but not sufficient to cause a noticeable decrease in the CMAP amplitude. The degree of axonal loss could be assessed by further EMG studies of such a group of patients.

The VPT emerged in this study as the most valuable single neurophysiological test in the assessment of cisplatin-induced neuropathy in our patients. Measurement of VPT using the Biothesiometer is a simple technique which does not require the experienced training necessary for the carrying out of other more sophisticated nerve conduction studies. The Biothesiometer is cheap, and easily portable, and the test itself takes less than a minute to perform and is entirely painless for the patient. It is a quantitative measure which significantly correlated with cumulative cisplatin dose, and could also be of use particularly in following recovery after completion of chemotherapy. In further research into cisplatin peripheral neuropathy, VPT measurement using a Biothesiometer could be recommended. This will be particularly useful for long-term follow-up of younger patients. Developments in this area of clinical cancer research are likely to include the development of neuropro-

tectors, and the ease and acceptability of VPT measurement with the Biothesiometer would make this an obvious choice for collection of repeated measurements within the context of randomised clinical trials.

Reports concerning the progress of the neuropathy are anecdotal. Improvement of the neuropathy over time has been reported by some authors but not by others.²⁵ It seems that some improvement may occur after cessation of therapy, but deficits do remain affecting vibratory perception and proprioception, which are considered largely irreversible³⁸ and which may progress.³⁹⁻⁴¹ In our study there was no correlation between the time from chemotherapy and any of the clinical or neurophysiological parameters, and this would suggest that there is not significant recovery, through time, of the subclinical peripheral neuropathy documented in these young people.

Cisplatin is used in combination with other cytotoxics in a number of chemo-curable malignancies which affect young people, including bone sarcomas and germ cell tumours. There has been recent concern that its substitution by the less neurotoxic analogue carboplatin in the treatment of metastatic germ cell tumours has led to a significant worsening in outcome, because of a possible reduction in efficacy.⁴² It is likely that, for the foreseeable future, cisplatin will remain an important component of combination chemotherapy in a number of malignancies in adolescents and young adults. Our study adds further to the evidence of substantial neurotoxicity of cisplatin in this group, in comparison with age-matched controls, and lends important evidence to arguments for the development of effective neuroprotectors.^{21,43} The precise molecular mechanisms of the neurological damage produced by cisplatin are unknown. Possibilities include the reaction of cisplatin with DNA in the dorsal root ganglia to reduce the production of nerve growth factor, or other neurotrophic proteins responsible for the maintenance of an intact peripheral nervous system. Other possibilities include the reaction of cisplatin with neurotransport proteins. Whatever the mechanisms of toxicity, the development of neuroprotectors will be increasingly important. Several agents have already been developed and used in this role.⁴⁴ These include WR 2721, a thiol derivative, which has been used with the aim of reducing haematological, renal and neurotoxicity.³⁹ Org 2766, a four-amino acid derivative of ACTH⁴⁵ has been used successfully in the prevention and amelioration of neurotoxicity in patients with ovarian cancer.⁴⁶ Exciting developments have recently been reported, with the newly recognised nerve growth factors in the regeneration of the peripheral nervous system⁴⁷ and the prevention of experimental cisplatin neuropathy.⁴⁸ Insulin-like growth factor-I (IGF-I)⁴⁹ has also been found to be a potent neurotrophic agent in *in vivo* testing in an experimental rat model and is

entering Phase 2 testing in degenerative neurological diseases. However IGF-I's role as an active growth factor in many tumours has delayed its testing in cancer patients until the results of further *in vitro* and *in vivo* tests are available.

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