



Aalborg Universitet

AALBORG UNIVERSITY
DENMARK

Clinic for Handicap and Rehabilitation Psychology A master degree programme for psychology students in Denmark

Glintborg, Chalotte; Hansen, Tia Gitte Bondesen

Publication date:
2017

[Link to publication from Aalborg University](#)

Citation for published version (APA):

Glintborg, C., & Hansen, T. G. B. (2017). *Clinic for Handicap and Rehabilitation Psychology A master degree programme for psychology students in Denmark*. Poster presented at 39th Annual National Institute on the Teaching of Psychology, Florida, United States.

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- ? Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- ? You may not further distribute the material or use it for any profit-making activity or commercial gain
- ? You may freely distribute the URL identifying the publication in the public portal ?

Take down policy

If you believe that this document breaches copyright please contact us at vbn@aub.aau.dk providing details, and we will remove access to the work immediately and investigate your claim.

Clinic for Handicap and Rehabilitation Psychology

A master degree programme for psychology students in Denmark



CeDAPS
AALBORG UNIVERSITY

Chalotte Glintborg & Tia G. B. Hansen
Center for Developmental & Applied Psychological Science (CeDAPS),
Aalborg University, Denmark

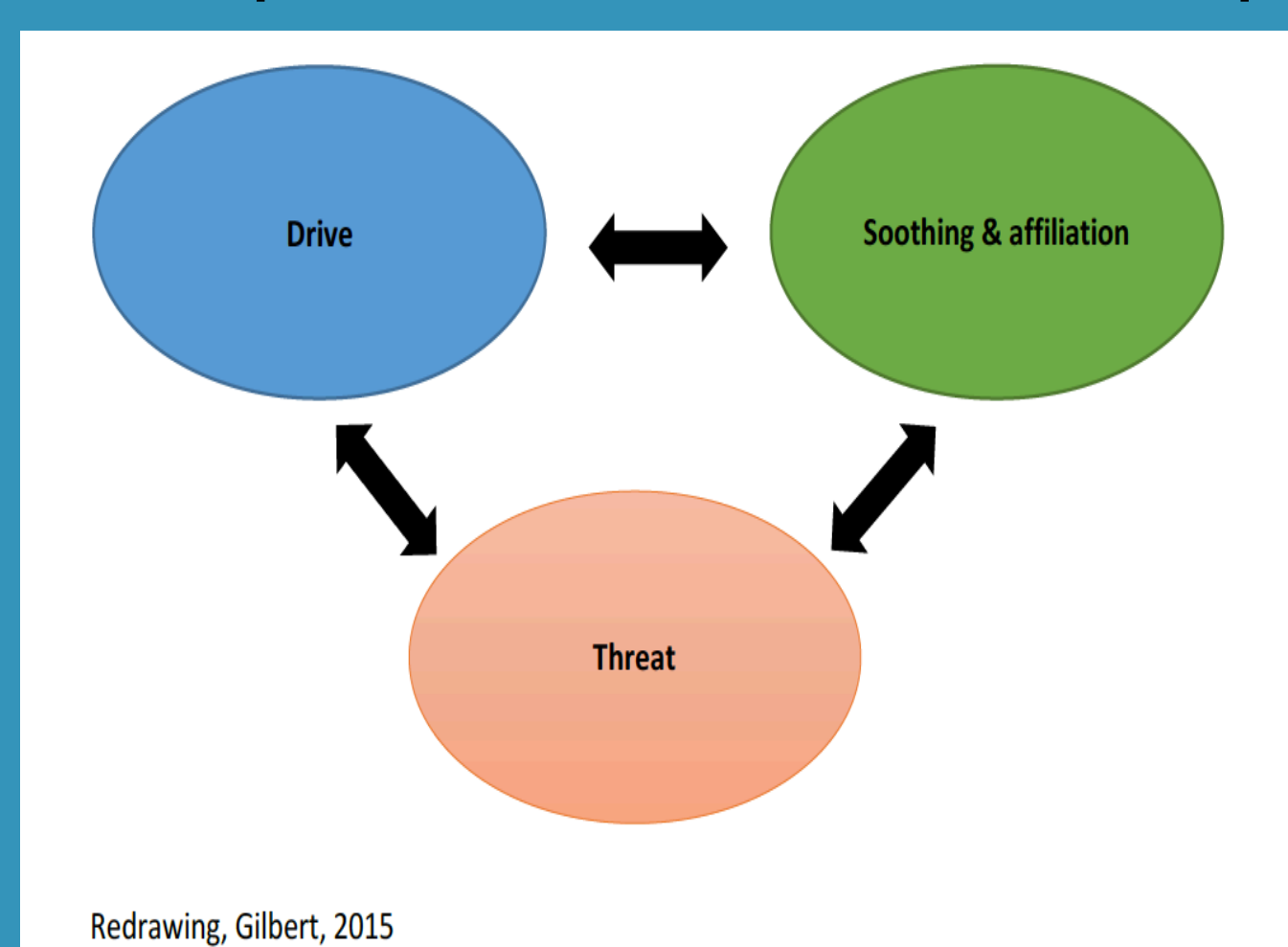
Introduction

The field of rehabilitation may be undergoing a paradigmatic shift from a strict biomedical focus on disabilities towards a more encompassing bio-psycho-social perspective. However, we found (authors, 2016) that actual rehabilitation practise in Denmark is almost exclusively based on biological and practical aspects. Rehabilitation psychology has been growing as a field in the US and several European countries but is yet to be developed in Denmark.

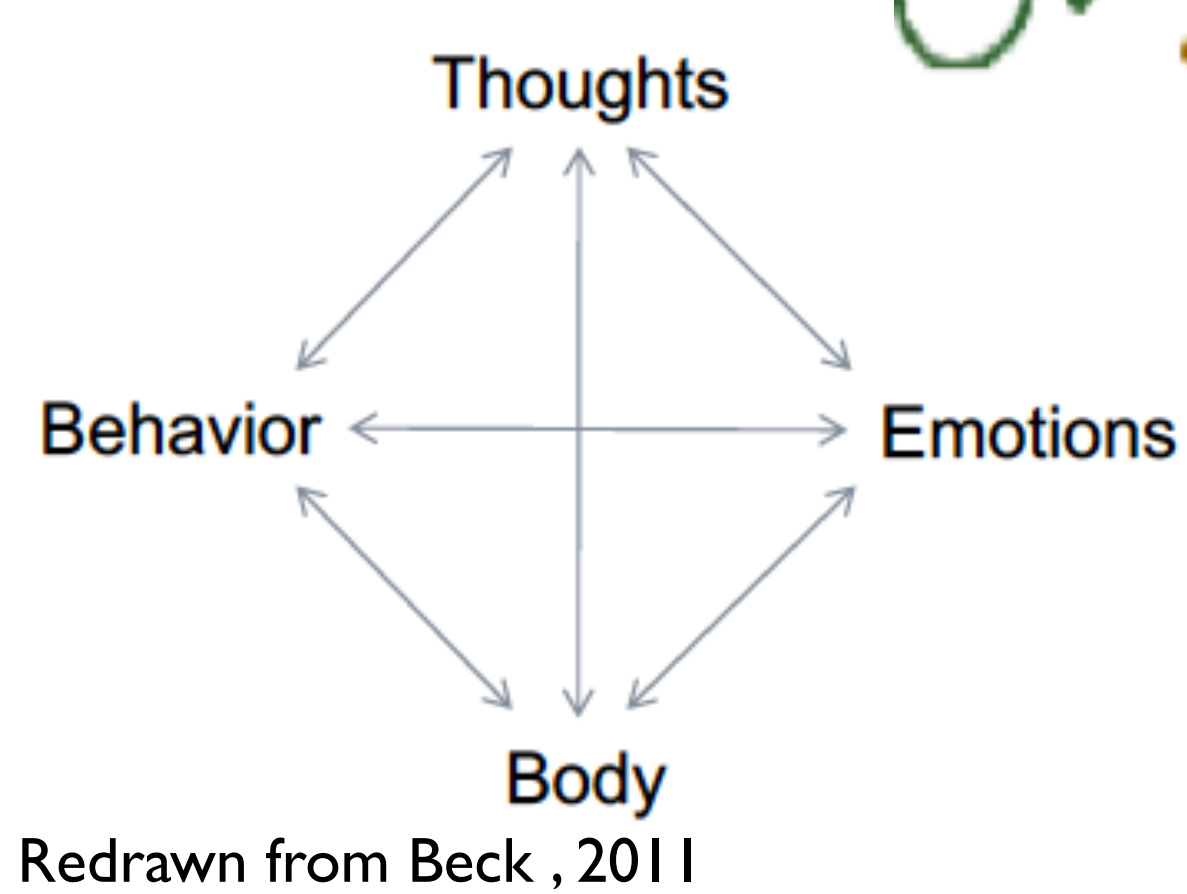
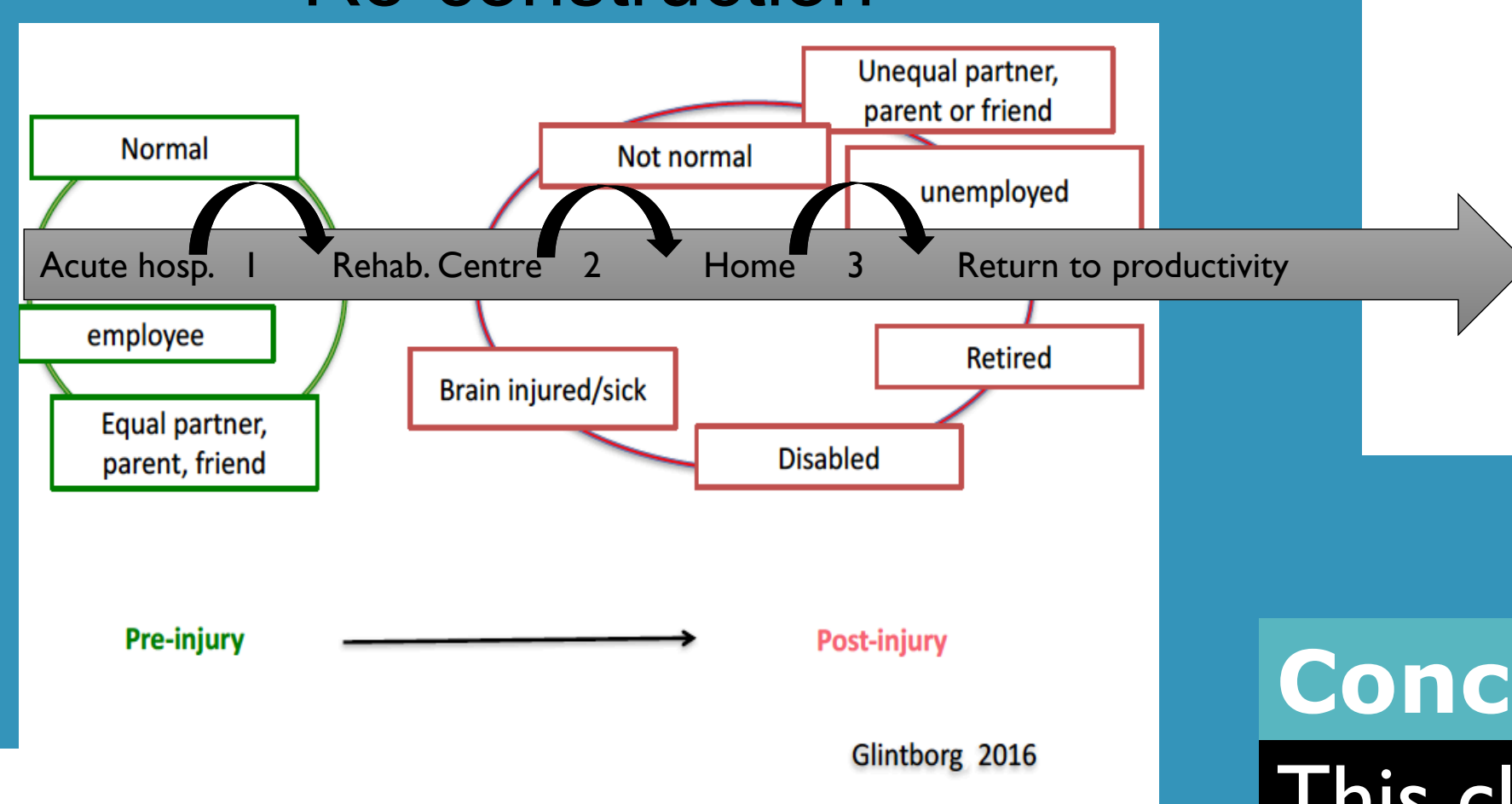
To help achieve this, we developed the programme Clinic for Handicap and Rehabilitation Psychology (CHaRe). CHaRe is a master degree program at the Department of Communication and Psychology at Aalborg University (AAU). CHaRe aims at qualifying students for future work as rehabilitation psychologists. The programme spans 4 semesters and is organized partly in relation to curriculum, partly in relation to clinical practice where students will offer a manual based intervention to clients with disabilities (acquired brain injuries) and their close relatives.

The CHaRe programme

Compassion Focused Therapy



Identity Re-construction



Cognitive Behavioral Therapy



Animal Assisted Intervention



Mindfulness

BackUp! – the intervention manual

BackUp!



Drawing by Kristian Larsen

For adults with an acquired brain injury and their close relatives

© Clinic for Handicap og Rehabiliteringspsychology (CHaRe)

Conclusion

This close connection between research, education and practice rests on the didactic idea of problem-based learning. The students are dealing with authentic psychological problems as part of their professional training, intertwined with more theoretical parts of the education. This way of organizing teaching and learning holds some very interesting educational possibilities, for example, how students find motivation from the different cases, how their learning is structured by clinical practice, and how they feel prepared for a job after graduation rather than fear a practice shock.

References

- Beck, J.S. (2011) *Cognitive Behavior Therapy. Basics and Beyond*. Second Edition, Guilford Press.
- Chandler, C. K. (2012). *Animal Assisted Therapy in Counseling (2nd ed.)*. New York, US: Routledge/Taylor & Francis Group.
- Gilbert, P. (Ed.) (2005) *Compassion: Conceptualisations, Research and Use in Psychotherapy*. Routledge.
- Glintborg, C. (2016) Disabled & not normal. Identity construction of adults following an Acquired Brain Injury, *Narrative Inquiry*, 25(1), 1-22.
- Glintborg, C. & Hansen, T. (2016). Bio-psycho-social effects of a coordinated neurorehabilitation programme: A naturalistic mixed methods study. *NeuroRehabilitation*, 38, 99-113.
- de la Mata, M. L., Cubero, M., Santamaría, A., & Saavedra, F.J. (2015). Self-positions and voices in identity reconstruction of women after suffering gender violence. In T. G. B. Hansen, K. Jensen de López and P. Berliner (Eds.), *SICIM: Conceptual and applied approaches*. DK: Aalborg University Press.

Contact information

Chalotte Glintborg Ph.D., Assistant Professor
Center for Developmental & Applied Psychological Science (CeDAPS), Department of Communication and Psychology
Aalborg University, Kroghstræde 3, 9220 Aalborg Ø, Denmark
Telephone: (+45) 61145665
Email: cgl@hum.aau.dk
Web: www.en.aau.dk
www.cedaps.aau.dk



Presented at
National Institute on the Teaching of Psychology (NITOP), Florida, 2017

