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**A DUAL-PIVOT PATTERN SIMULATING NATIVE KNEE KINEMATICS OPTIMIZES
FUNCTIONAL OUTCOMES AFTER TOTAL KNEE ARTHROPLASTY**

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2 **OPTIMIZES FUNCTIONAL OUTCOMES AFTER TOTAL KNEE**
3 **ARTHROPLASTY**
4
5

6 **Abstract**

7 **Background:** Kinematics after total knee arthroplasty (TKA) have been studied for decades;
8 however, few studies have correlated kinematic patterns to patient reported outcomes. The
9 purpose of this study was to determine if a pattern of lateral pivot motion in early flexion and
10 medial pivot motion in high flexion, simulating native knee kinematics, produces superior
11 clinical outcomes. A second study objective was to determine if a specific kinematic pattern
12 throughout the various ranges of flexion produces superior function and patient satisfaction.

13 **Methods:** 120 consecutive TKAs were performed using sensor embedded tibial trials to
14 record intraoperative knee kinematics through the full range of motion. Established criteria
15 were used to identify lateral (L) or medial (M) pivot kinematic patterns based on the center of
16 rotation within three flexion zones -- 0 to 45° (early flexion), 45 to 90° (mid flexion) and 90°
17 to terminal flexion (late flexion). Knee Society Scores, pain scores, and patient satisfaction
18 were analysed in relationship to kinematic patterns.

19 **Results:** Knee Society function scores were significantly higher in TKAs with early lateral
20 pivot/late medial pivot intraoperative kinematics compared to all other kinematic patterns (p
21 = 0.018) at minimum one-year follow-up. There was a greater decrease in the proportion of
22 patients with early lateral/late medial pivot kinematics who reported that their knee never
23 feels normal ($p = 0.011$). Higher mean function scores at minimum one-year follow-up ($p <$
24 0.001) and improvement from preoperative baseline ($p = 0.008$) were observed in patients
25 with the most ideal “LLM” kinematic pattern (lateral pivot 0 to 45° and 45 to 90°; medial
26 pivot beyond 90°) compared to those with the least ideal “MLL” kinematic pattern. All

27 patients with the optimal “LLM” kinematic pattern compared to none of those with the
28 “MLL” kinematic pattern reported that they were very satisfied with their TKA ($p = 0.003$).

29 **Conclusion:** Patients who exhibited an early flexion lateral pivot kinematic pattern
30 accompanied by medial pivot motion in later flexion, as measured intraoperatively, reported
31 higher functional outcome scores along with higher overall patient satisfaction. Replicating
32 the dual-pivot kinematic pattern observed in native knees may improve function and
33 satisfaction after TKA. Further study is warranted to explore a correlation with in-vivo
34 kinematic patterns.

35 **Keywords:** total knee arthroplasty, kinematics, patient reported outcomes

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39 Introduction

40 Total knee arthroplasty (TKA) is exceptionally reliable in terms of implant longevity
41 and survivorship; however, patient reported outcomes after TKA reveal the disappointing fact
42 that up to 20% of patients are not satisfied, [1] often with continued pain, stiffness, or an
43 ‘unnatural’ feel to the joint. Knee kinematics, which detail the tibiofemoral contact locations
44 and movement patterns of the knee, have been studied for decades and are postulated to
45 correlate with clinical outcomes after TKA. Further, it has been hypothesized that knee
46 arthroplasty systems that replicate kinematic patterns of the native knee with an intact
47 anterior cruciate ligament (ACL), particularly unicompartmental and bicruciate-preserving
48 knee arthroplasty, will reproduce normal knee motion and potentially optimize patient
49 function, outcomes, and satisfaction after TKA. While various implant designs and types
50 have been studied with respect to kinematic patterns, [2-14] the search continues for clinical
51 evidence to support one kinematic pattern over another in producing superior patient
52 outcomes.

53 Traditional understanding of native knee kinematics has supported a medial-pivot
54 kinematic pattern throughout the entire knee range of motion. [15-18] Since 2008, a more
55 modern understanding of native knee kinematics has revealed a more complex kinematic
56 pattern of differing pivot motions in the various flexion ranges within the full knee range of
57 motion. [19-23] While modern kinematics continue to support a medial pivot tibiofemoral
58 contact pattern with deeper flexion activities in the native knee, it is now understood that
59 native knee kinematics in earlier flexion angles occurring with activities like walking,
60 running, or pivoting are characterized by a lateral pivot pattern. [20-23] Sensor-embedded
61 tibial trials have been developed to provide real-time intraoperative tibiofemoral contact
62 forces to objectively quantify soft tissue balance during TKA procedures. [24, 25] Sensor-
63 embedded tibial inserts visually locate and characterize the kinematic femoral contact points

64 on the tibia intraoperatively. The purpose of this study was to determine if an intraoperative
65 pattern of lateral pivot motion in early flexion (0 to 45°) and medial pivot motion in late
66 flexion (90° to terminal flexion), simulating native knee kinematics, produces superior
67 patient-reported outcomes compared to other kinematic patterns. A second objective of this
68 study was to determine if a specific kinematic pattern, designated as medial or lateral pivot at
69 the various flexion angle ranges of 0 to 45°, 45 to 90°, and 90° to terminal flexion, produces
70 superior patient-reported outcomes after TKA.

71 **Methods**

72 With institutional review board approval, a retrospective review of a prospectively
73 collected database of 120 consecutive primary TKAs was undertaken. Procedures were
74 performed between April 2013 and April 2014 by two board-certified, high volume
75 arthroplasty surgeons at a single institution. All patients presenting for a primary TKA for a
76 diagnosis of osteoarthritis or autoimmune associated knee arthritis were included. In each
77 case, sensor-embedded tibial trials (Verasense™, OrthoSensor™, Sunrise, FL) were used to
78 track tibiofemoral contact points following TKA implantation using traditional balancing
79 techniques based on manual and tactile surgeon judgment. The balancing technique utilized
80 is a measured resection technique with diligent assessment of gap balance with spacer blocks
81 or calibrated lamina spreaders and fine-tuning with soft-tissue balancing after bone resection
82 cuts were made. Thirty-four TKAs were excluded to eliminate potential bias for the
83 following reasons: unavailability of the required size of the Verasense™ device (n = 16),
84 device malfunction (n = 5), atypical hardware creating additional soft tissue trauma (n = 5),
85 surgery performed at a non-study hospital without the availability of the Verasense™ insert
86 trials (n = 4), unresurfaced patella (n = 1), early revision (n = 2; one for infection and one for
87 tibial aseptic loosening), and death unrelated to the index TKA (n = 1). Of the remaining 86

88 TKAs, seven (8.1%) were lost to minimum one-year follow-up, resulting in a sample size of
89 79 TKAs.

90 A median parapatellar approach was used for all procedures. Standard coronal plane
91 tibial and femoral bone cuts were made with computer-aided navigation (Stryker Navigation,
92 Kalamazoo, MI). One knee arthroplasty system (Triathlon®, Stryker, Inc., Mahwah, NJ) was
93 used in all patients. One surgeon routinely retained the posterior cruciate ligament (PCL) and
94 utilized a cruciate-retaining (CR) implant with a CR or a cruciate stabilizing (CS) insert with
95 an anterior lip. The other surgeon routinely sacrificed the PCL and used a CS insert with an
96 anterior lip. Posteriorly-stabilized implants were not used in study TKAs.

97 Verasense™ data were acquired once the final implants were in place and the
98 retinaculum was closed to most accurately measure intraoperative contact forces and
99 kinematic patterns throughout the range of motion as has been described previously by
100 numerous authors. [26-29] Tibiofemoral contact points were recorded for each patient at
101 terminal extension (0°), at 45° and 90° of flexion, and at terminal flexion. Patient age, sex,
102 body mass index (BMI), and surgeon were recorded.

103 *Data Extraction*

104 The Verasense™ device produces images of tibiofemoral contact locations within
105 triangular areas representing the medial and lateral tibial plateau surfaces as the knee is
106 moved through the range of motion intraoperatively (Figure 1). Four static images per
107 patient were cropped from the continuous Verasense™ video and graphic user interface feed,
108 one each for the knee at 0°, 45°, 90°, and terminal flexion (Figure 2). The cropped images
109 were imported into MATLAB® (The Mathworks, Natick, MA) after alterations were
110 conducted in Microsoft Paint® (Microsoft, Redmond, WA) to determine the exact position of
111 the contact points using a custom image processing program. The custom image processing
112 program operated based on detecting color differences within the cropped images to isolate

113 the coloured dots associated with the medial and lateral tibiofemoral contact locations.
114 Potential error in calculations by MATLAB® was eliminated by “blacking out” all
115 unnecessary color from the image. The only remaining items from the original cropped image
116 were the contact points and the universal origin explained below (Figure 2).

117 Verasense™ device images uniformly had an “embossed” circle at the center of each
118 tibial surface image standardly produced and located in manufacturing. On each image, we
119 placed a white dot in these circles to create a universal origin for all measurements (Figure 2).
120 This universal origin was determined based on the center of the tibial sensor trial and
121 remained constant throughout data extraction for each patient and different implant sizes.

122 The centroid of each isolated tibiofemoral contact point was calculated with built-in
123 MATLAB® commands from the image processing toolbox. Each image was appropriately
124 scaled based on the screen resolution and screen size from which the image was cropped. The
125 delta values between the contact points and the universal origin were then calculated and
126 exported to an Excel (Microsoft Corporation, Redmond, WA) spreadsheet for further
127 analyses via MATLAB®. Medial and lateral tibiofemoral contact points at each range of
128 motion were connected by lines (Figure 3) to permit calculation of centers of rotation
129 (CORS) as the intersection points of two lines at different ranges of motion (e.g., the
130 intersection of the line associated with medial-lateral contact points at 0° and the same line at
131 45°). CORS were calculated based on vectors for early flexion (0 to 45°), mid-flexion (45° to
132 90°) and late flexion (90° to terminal). COR values were then used to determine if the
133 kinematic pattern between the two flexion angles was medial or lateral based on their
134 location with reference to the medial and lateral compartments. If the COR was located in the
135 medial compartment between 5 mm and 1000 mm, the kinematic pattern was determined to
136 be a medial pivot knee between the two distinct flexion angles. If the COR was located in the
137 lateral compartment between -5 mm and -1000 mm, the kinematic pattern was determined to

138 be a lateral pivot knee between the two distinct flexion angles. If the COR was less than 5 or
139 greater than -5 mm, it was considered a central pivot. If the COR was greater than 1000 mm
140 or less than -1000 mm, it was considered a translation of the implant due to the COR value
141 not allowing a detectable pivot pattern and therefore sliding instead of rotating.

142 *Study Groups:*

143 To address the first study question (whether an intraoperative pattern of lateral pivot
144 motion in early flexion and medial pivot motion in late flexion produces superior patient-
145 reported outcomes), patients were placed into two distinct kinematic pattern groups. The first
146 group (“early lateral/late medial pivot group”) included those TKAs with a lateral pivot in
147 early flexion (0 to 45°) and a medial pivot in late flexion (90° to terminal flexion), simulating
148 the kinematic pattern of the native ACL-intact knee. The second group (“other kinematic
149 patterns group”) included TKAs exhibiting all other patterns not included in the first group,
150 which by definition included knees with any kinematic pivot (lateral or medial) other than
151 lateral pivot from 0 to 45° and medial pivot from 90° to terminal flexion including lateral-
152 lateral, medial-lateral, and medial-medial pivot patterns. Knees with central or translational
153 pivot patterns in early or late flexion were excluded from statistical analyses resulting in
154 samples of 16 early lateral/late medial pivot knees and 47 knees which have been denoted as
155 “other” kinematic patterns as described above and represented graphically in Figures 4 and 5.

156 To address the second study question (whether a specific kinematic pattern produces
157 superior patient-reported outcomes after TKA), the kinematic pattern in three distinct flexion
158 zones—0 to 45° (early flexion), 45 to 90° (mid-flexion), and 90° to terminal flexion (late
159 flexion)—was noted by a three letter designation according to the pattern within each flexion
160 zone. For example, a designation of “LLM” was used to indicate that the TKA
161 intraoperatively demonstrated lateral pivot motion in early flexion, lateral pivot motion in
162 mid-flexion, and medial pivot motion in late flexion. Knees with central or translational pivot

163 patterns in early, mid-, or late flexion were excluded from statistical analyses. Upon review
164 of Knee Society function scores for all patterns, we proceeded with comparisons of the
165 theoretically and statistically ideal (LLM, n = 8 knees) and least ideal (MLL, n = 6 knees)
166 kinematic patterns.

167 *Patient Reported Outcomes*

168 Patient reported outcomes were evaluated preoperatively and at minimum one-year
169 postoperatively utilizing the new Knee Society Scoring (KSS) system. [30, 31] The new
170 KSS system consists of validated objective and subjective scores. The Knee Society objective
171 score, denoted “KSSO” in this manuscript, evaluates knee pain (25 points), alignment (25
172 points), stability (25 points), and range of motion (25 points) for a total possible score of 100.
173 Total possible points for the subjective satisfaction (denoted “KSSS” in this manuscript) and
174 functional (denoted “KSSF” in this manuscript) components of the new Knee Society Score,
175 are 40 points and 100 points, respectively. Individual items from the Knee Society
176 questionnaire, including pain with level walking and pain with stairs or inclines (both scored
177 0 = none to 10 = severe) also are reported. In addition, responses to a global question “What
178 is your current level of satisfaction with your knee replacement surgery?” (very satisfied,
179 satisfied, neutral, dissatisfied, very dissatisfied) were analysed. The University of California
180 Los Angeles (UCLA) Activity Level Score [32] asks patients to choose their highest level of
181 current activity, ranging from 0 (Wholly Inactive: dependent upon others, cannot leave
182 residence) to 10 (Regularly participate in impact sports such as jogging, tennis, skiing,
183 acrobatics, ballet, heavy labor, or backpacking).

184 *Statistical Analysis*

185 Patient reported outcome scores were analysed in relationship to kinematic patterns.
186 Minitab 17 (State College, PA) was used for statistical analysis. Data were evaluated for
187 normality using Anderson-Darling tests. Normally distributed continuous variables were

188 analysed with Student's two-sample t-test (t) and Analysis of Variance (F) while non-
189 normally distributed continuous variables were compared with the Mann-Whitney (W) or
190 Kruskal-Wallis (H) tests adjusted for ties. Pearson's Chi-Square (X^2) test was used to test
191 independence among categorical variables, with Fishers Exact test p values reported for 2 x 2
192 contingency tables. A significance level of 0.05 was used for all statistical analyses.

193 **Results**

194 *Early Lateral Pivot / Late Medial Pivot Group Compared to All Other Kinematic Patterns:*

195 Age, sex, and BMI did not differ between the early lateral pivot/late medial pivot
196 group and the other kinematic patterns group (Table 1). Median follow-up in the former
197 group was shorter by 6.2 months (Table 1, $p = 0.030$). There were no differences in
198 preoperative outcome scores between the two groups (Table 2).

199 There were 11 CR with CR inserts knees, 34 CR with CS insert knees, and 18
200 cruciate-sacrificing with CS insert knees. With one exception, outcomes did not vary by
201 implant type ($p \geq 0.163$). Median UCLA Activity Level was 6 in CR/CR knees, 5 in CR/CS
202 knees, and 4 in cruciate-sacrificing/CS knees ($H = 6.63$, $p = 0.036$), reflecting a difference in
203 regular participation in moderate activities such as swimming and unlimited housework or
204 shopping, sometimes participating in these moderate activities, and regular participation in
205 mild activities such as walking, limited housework, or limited shopping, respectively.

206 At minimum one-year follow-up, mean KSSF scores were significantly higher in
207 TKAs with early lateral pivot/late medial pivot intraoperative kinematics compared to all
208 other kinematic patterns (80 vs. 69, $t = -2.51$, $p = 0.018$; Table 2). All other clinical outcome
209 scores at minimum one-year follow up did not differ between the two kinematic pattern
210 groups (Table 2).

211 Improvement from preoperative baseline to minimum one-year outcome scores
212 showed statistical trends for greater improvement in mean KSSF (41.1 vs. 32.2 points, $t = -$

213 1.67, $p = 0.108$) and median KSSS (26 vs. 20 points, $W = 1401.5$, $p = 0.107$) in the early
214 lateral pivot/late medial pivot kinematic pattern group compared to other kinematic patterns
215 group (Table 2).

216 Overall satisfaction with TKA is shown graphically in Figure 4 separately for the
217 early lateral/late medial kinematic pattern group and the other kinematic patterns group.
218 Eighty-six percent of the former group compared to only 57% of the latter group reported that
219 they were very satisfied with their TKA ($X^2 = 3.729$, $p = 0.099$). Figure 5 shows the percent
220 change from preoperative baseline in the proportion of patients in each group who reported
221 that their knee always, sometimes, or never feels normal. While percent change in the
222 proportions of the early lateral/late medial kinematic pattern group and the other kinematic
223 patterns group reporting that their knee always feels normal was not statistically different (a
224 56.3% increase vs. a 47.6% increase, $t = 1.081$, $p = 0.284$), there was a significantly greater
225 decrease in the proportion of patients in the former group compared to the latter group who
226 reported that their knee never feels normal (a 50.9% decrease vs. a 16.7% decrease, $t = 2.650$,
227 $p = 0.011$).

228 *LLM and MLL Kinematic Patterns:*

229 In this analysis, there were 2 CR with CR inserts knees, 9 CR with CS insert knees,
230 and 3 cruciate-sacrificing with CS insert knees. Outcomes did not vary by implant type ($p \geq$
231 0.291). Analysis of minimum one-year KSSF function scores ($F = 3.80$, $p = 0.004$) and the
232 amount of improvement in KSSF from preoperative baseline ($F = 1.21$, $p = 0.321$) suggested
233 a clear distinction in mean functional outcomes scores among all available kinematic patterns
234 based on early, mid-, and late flexion (Figure 6). In particular, as shown in Table 3, patients
235 with the most ideal LLM kinematic pattern had significantly higher mean function scores at
236 minimum one-year follow-up (87.5 vs. 51.2 points, $t = 6.89$, $p < 0.001$) and improvement
237 from preoperative baseline (48.3 vs. 25.7 points, $t = 3.26$, $p = 0.008$) than patients with the

238 least ideal MLL kinematic pattern. Table 3 also shows that patients with an LLM kinematic
239 pattern compared to those with the MLL pattern were significantly more satisfied with their
240 TKA as measured by KSSS at minimum one-year follow-up (medians of 40 vs. 33 points, W
241 $= 75.5$, $p = 0.043$) and improvement in KSSS from baseline (mean improvements of 27.5 and
242 18 points, $t = 2.68$, $p = 0.022$).

243 As shown in Figure 7, all patients with an intraoperative LLM kinematic pattern in
244 early, mid-, and late flexion ($n = 8$ knees) compared to none of the patients with the MLL
245 kinematic pattern ($n = 6$ knees) reported that they were very satisfied with their TKA at
246 minimum one-year follow-up ($\chi^2 = 11.0$, $p = 0.003$).

247 Discussion

248 Kinematic patterns in TKA have been extensively studied to date; [2-14, 33] however,
249 the search continues for clinical evidence to support one kinematic pattern over another in
250 producing superior patient outcomes. Dennis and co-authors published a comprehensive
251 kinematic analysis of 811 TKAs of numerous designs, from multiple institutions and
252 surgeons, and reported that substantial variability occurred in all designs and groupings with
253 respect to kinematic patterns. [33] Further, the authors reported that a desirable medial pivot
254 pattern in flexion was present in only 55% of TKAs in the analysis, suggesting that as
255 surgeons we have little ability to reliably induce a particular kinematic pivot pattern in TKA.
256 This variability in kinematic patterns observed in modern TKA and the inability to reproduce
257 an ideal target kinematic pattern may contribute to the reported 15 to 20% of TKA patients
258 who are not satisfied with their TKA. [1]

259 Traditionally, understanding of native knee kinematics has supported a medial pivot
260 kinematic pattern throughout the entire range of knee flexion. [15-18] In 2003, Komistek and
261 co-authors [17] published an elegant fluoroscopic study on five native knees and reported
262 predominantly medial pivot kinematic patterns throughout flexion on average in the five

263 subjects. However, the authors also observed that substantially less tibial rotation occurred in
264 gait (< 5 degrees) when compared to greater flexion activities such as a deep knee bend (< 13
265 degrees) and one of the knees demonstrated a lateral pivot motion in gait and deeper flexion.
266 Since 2008, a more modern understanding of native knee kinematics has revealed a more
267 complex kinematic pattern of differing pivot motions in the various knee flexion ranges. [20-
268 23] While modern kinematics continues to support a medial pivot pattern with deeper flexion
269 activities, it is now understood that native knee motion in earlier flexion angles, occurring
270 with activities like walking, running or pivoting, are characterized by a lateral pivot pattern.
271 [19-23] Koo and Andriacci [21] first reported the kinematic patterns of the native knee in 46
272 patients specifically with regard to walking. Using a point-cluster gait analysis technique, it
273 was demonstrated that the center of rotation during the stance phase of walking was in the
274 lateral compartment for all 46 knees. In addition, the instantaneous center of rotation
275 occurred on the medial side on average less than 25% of the time during the stance phase.
276 Further supporting this notion, Hoshino and Tashman [19] reported the kinematic
277 tibiofemoral contact patterns of 29 native knees during downhill running. The authors
278 utilized three dimensional CT scans and dynamic bi-planar fluoroscopy and discovered that
279 the sliding contact path of the femur on the tibia was significantly greater on the medial side
280 compared to the lateral side, suggesting that lateral pivot kinematic pattern is present during
281 running. These studies support the evolution of knee kinematics in the ACL-intact native
282 knee to an understanding that in early flexion activities, such as walking and running, the
283 dominant pattern is lateral pivot motion, while the traditional medial pivot pattern continues
284 to predominate in deeper flexion activities.

285 Sensor-embedded tibial trials have been developed to provide real-time intraoperative
286 contact forces to objectively quantify soft tissue balance during a TKA procedure. [24, 25]
287 The sensor-embedded tibial inserts also visually locate and characterize the kinematic

288 femoral contact points on the tibia, which can provide intraoperative kinematic pattern data
289 acquisition in real-time. Our findings suggest that patients who intraoperatively exhibit the
290 early flexion lateral pivot pattern and late flexion medial pivot kinematic pattern possess
291 higher overall satisfaction with their knee replacement surgery as well as an improvement
292 with the function of their knee as measured by modern Knee Society Function scores. When
293 defining the kinematic pattern in a more complex manner utilizing the patterns in all three
294 flexion ranges, patient reported outcome scores of the “LLM” kinematic pattern (lateral pivot
295 pattern in 0 to 45° and 45 to 90° degree ranges and medial pivot in the high flexion range
296 beyond 90°) suggest this pattern to be the best overall in terms of satisfaction and function.
297 Conversely, the kinematic pattern identified as the worst kinematic pattern to experience was
298 the exact opposite pattern “MLL”, further supporting the optimal outcomes are potentially
299 more likely if kinematic patterns exist in TKAs that replicate the native knee kinematics with
300 an intact ACL. While “LLM” was the optimal pattern observed in this data analysis, the mid-
301 flexion zone of 45 to 90° flexion remains to be further studied, as the ACL-intact native knee
302 studies referenced above are non-specific and variable with respect to the exact flexion point
303 where the pattern switches from lateral pivot in early flexion to medial pivot in greater
304 flexion, and likely varies among individual patients.

305 This study has limitations. First, the kinematic patterns observed were obtained
306 intraoperatively during non-weight bearing conditions with a patient anesthetized and may
307 not represent the actual kinematic patterns observed in-vivo during weight bearing through
308 the range of flexion described. However, there is some support that intraoperative
309 measurements of force and balance obtained with intraoperative sensors, can predict in-vivo
310 kinematic patterns. [34] This is certainly an area of further study to determine if a correlation
311 exists between kinematic patterns obtained during surgery and those exhibited in-vivo during
312 weight-bearing functional activities. Second, sensor-embedded tibial trial inserts have not

313 been validated as measurements of tibiofemoral contact patterns and thus, this study
314 represents the first to utilize this technology for kinematic motion intraoperatively. Finally,
315 due to the relatively small numbers of patients in kinematic pattern groups based on all three
316 flexion ranges, non-significant study results may be attributable to insufficient statistical
317 power. Power for non-significant findings ranged from < 10% to 90.6%. Further
318 confounding this issue is the inclusion of both cruciate-substituting and cruciate-sacrificing
319 TKA designs of both varus and valgus alignments, which ultimately could affect kinematic
320 patterns in-vivo. However, based on previous kinematic studies which traditionally have
321 relatively small numbers, the authors believe this work provides valuable information for
322 consideration in future research on knee kinematics following TKA. Further, our analysis
323 utilized the modern Knee Society Score which has been validated to more aptly discern a
324 patient's ability to perform various functional activities compared to previous generations of
325 less robust outcome measures. The authors are unaware of any published study that
326 correlates kinematic data and modern Knee Society outcome scores in patients undergoing
327 primary TKA.

328 Based on modern understanding of the dual-pivot kinematic pattern observed in the
329 native ACL-intact knee, more appropriate analysis can be performed regarding TKA
330 kinematics and their correlation with clinical outcomes. It appears that patients who exhibit
331 an early flexion lateral pivot kinematic pattern accompanied by medial pivot motion in late
332 flexion, as measured intraoperatively, may have higher functional outcome scores along with
333 higher overall patient satisfaction. Therefore, replicating the dual-pivot kinematic pattern
334 observed in native knees may improve function and satisfaction after TKA. Further work to
335 identify the extent to which intraoperative kinematic patterns are correlated with in-vivo
336 weight bearing kinematic patterns is necessary. In addition, investigation into the various
337 characteristics of patient anatomy, implant alignment and design, ligament balance, and

338 surgical technique that might facilitate a kinematic pattern more closely approximating the

339 native knee is warranted.

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341 **References**

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Table 1: Demographics in early lateral/late medial pivot kinematic pattern knees compared to knees with all other kinematic patterns

	Kinematic Pattern		Statistic	<i>p</i>
	Early Lateral/Late Medial Kinematic Pattern	All Other Kinematic Patterns		
n	16	47		
Mean age (in years)	66.8	66.4	$t = -0.16$	0.878
% Female	68.8	78.7	$\chi^2 = 0.419$	0.501
Mean BMI	32.0	33.6	$t = 0.84$	0.406
Median follow-up (in months)	19.2	25.4	$W = 1642.0$	0.030

Table 2. Preoperative, minimum 1-year, and delta outcome scores in early lateral/late medial pivot kinematic pattern knees compared to knees with all other kinematic patterns

Outcome Score	Preoperative Outcomes			Minimum 1-Year Outcomes			Preoperative to Postoperative Improvement in Outcomes		
	Early Lateral/ Late Medial Kinematic Pattern	Other Kinematic Patterns	<i>p</i>	Early Lateral/ Late Medial Kinematic Pattern	Other Kinematic Patterns	<i>p</i>	Early Lateral/ Late Medial Kinematic Pattern	Other Kinematic Patterns	<i>p</i>
KSSO	60.5	48.0	0.794	98.0	95.0	0.920	43.0	40.0	0.413
KSSF	38.9*	38.1*	0.849	80.0*	69.3*	0.018	41.1*	32.2*	<i>0.108</i>
KSSS	11.5*	13.2*	0.420	38.0	36.0	0.541	26.0	20.0	<i>0.107</i>
Walking Pain	5.5	5.0	0.439	0.0	0.0	0.135	-5.0	-5.0	0.267
Stair Pain	8.0	8.0	0.809	1.0	1.0	0.889	-6.5	-6.0	0.597
UCLA Activity Level	5.0	4.0	0.730	4.0	5.0	0.437	0.0	1.0	0.254

* Outcome Scores reflect means while all other measures reflect medians based on the normality of the outcome being evaluated.

Bold *p* values indicate a statistically significant difference was detected.

Italicized *p* values indicate a trend was detected.

Table 3. Preoperative, minimum 1-year, and delta outcome scores in LLM and MLL kinematic pattern groups

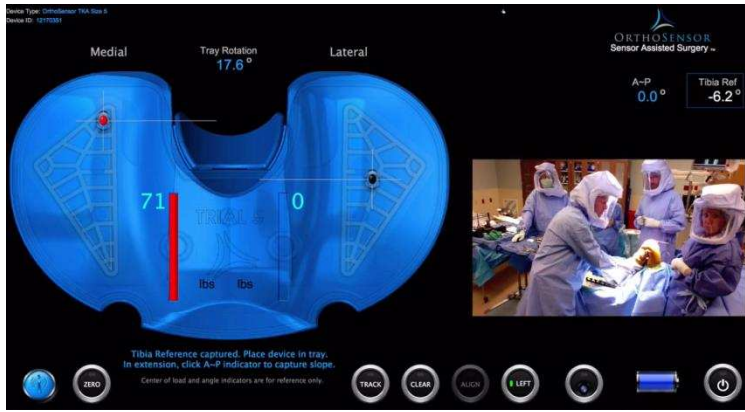
Outcome Score	Preoperative Outcomes			Minimum 1-Year Outcomes			Preoperative to Postoperative Improvement in Outcomes		
	LLM	MLL	<i>p</i>	LLM	MLL	<i>p</i>	LLM	MLL	<i>p</i>
KSSO	68.0	43.5	<i>0.061</i>	98	95	0.640	31.6*	47.7*	<i>0.077</i>
KSSF	39.3*	25.5*	<i>0.086</i>	87.5*	51.2*	< 0.001	48.3*	25.7*	0.008
KSSS	8	10	0.844	40	33	0.043	27.5*	18.0*	0.022
Walking Pain	4.5	5.5	0.793	0	1.5	**	-5.4*	-3.7*	0.323
Stair Pain	7.1*	7.7*	0.665	0.5	2.5	0.220	-6.5*	-4.7*	0.207
UCLA Activity Level	4.5	3.5	0.156	4.9*	3.7*	0.181	0	0	0.886

* Outcome Scores reflect means while all other measures reflect medians based on the normality of the outcome being evaluated.

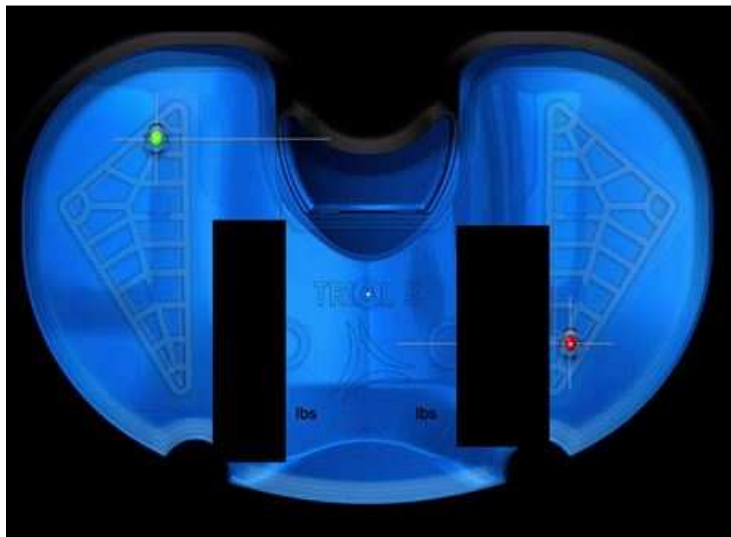
** Group medians could not be tested because all values for in the LLM group were zero.

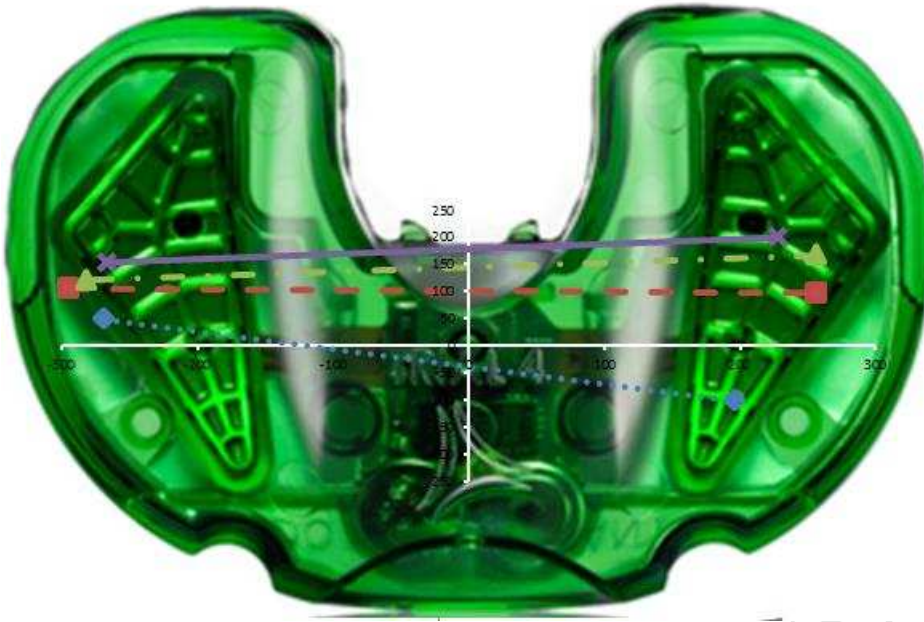
Bold *p* values indicate a statistically significant difference was detected.

Italicized *p* values indicate a trend was detected.

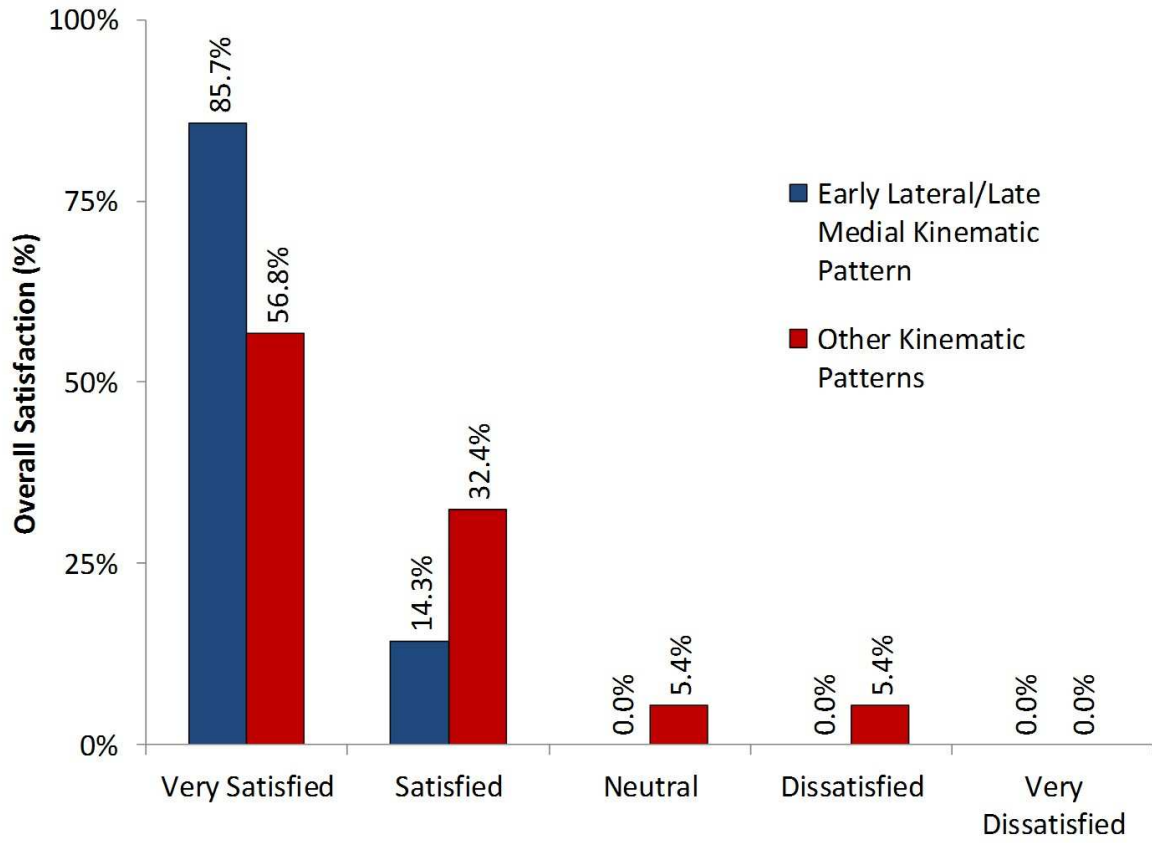


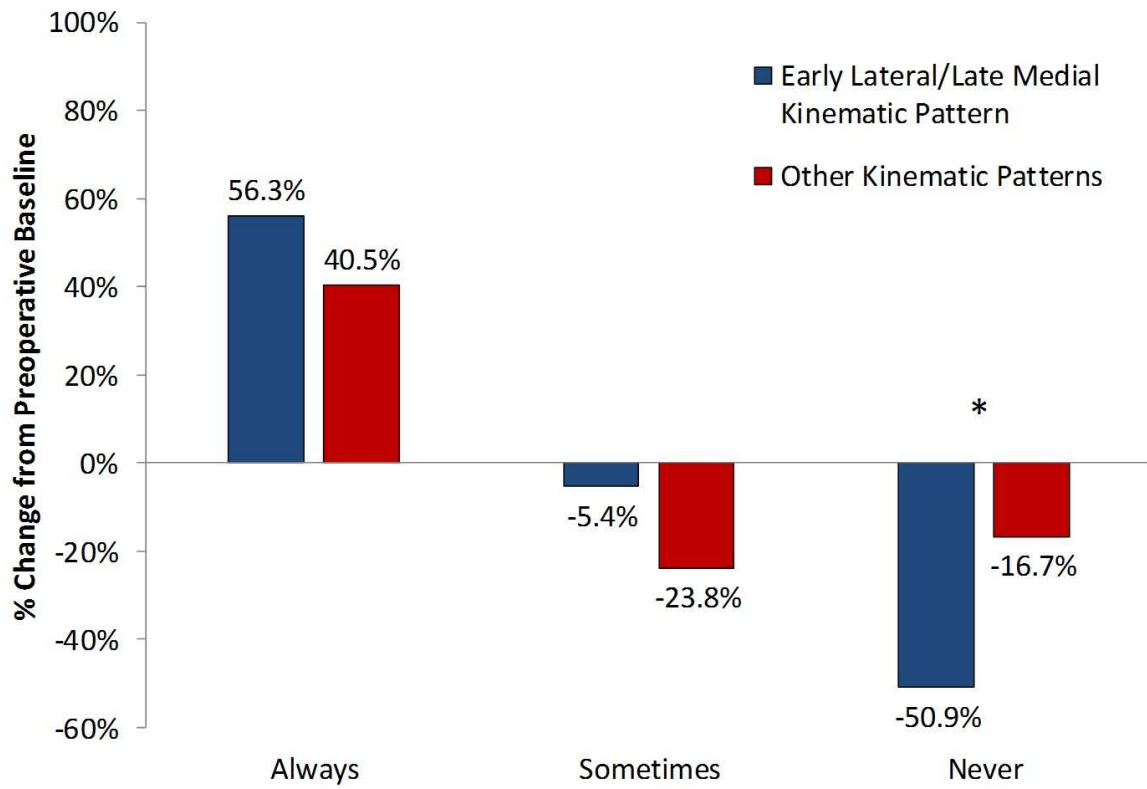
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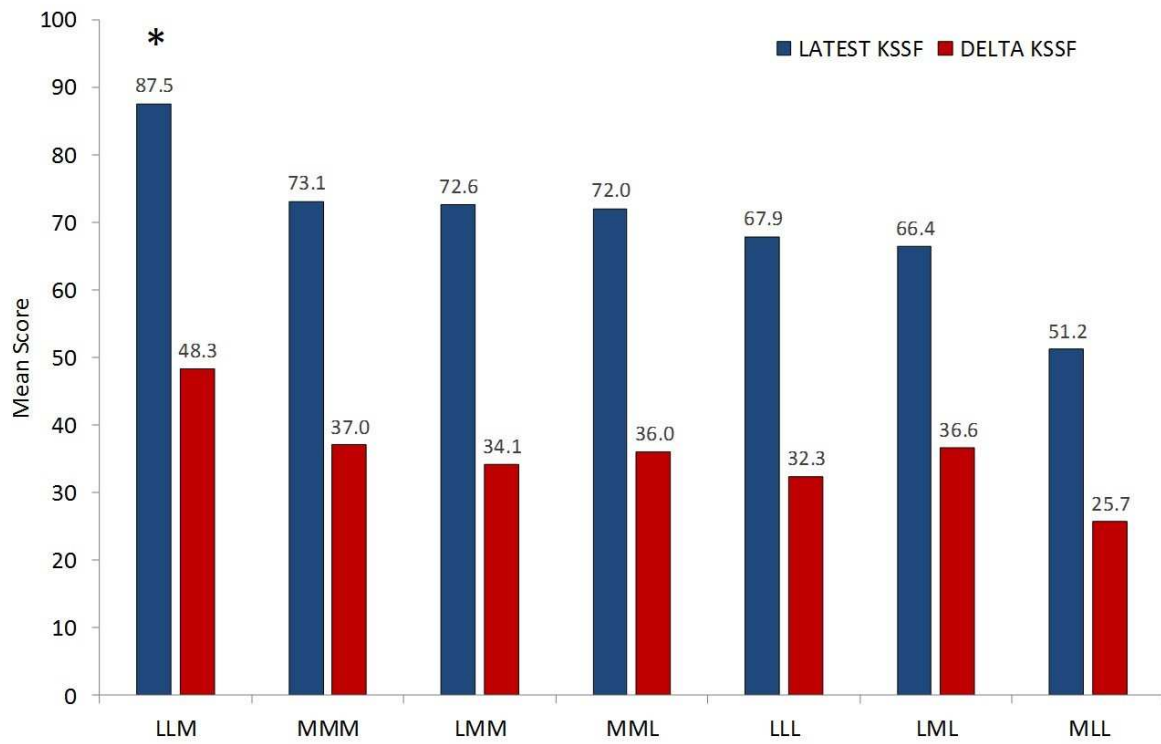


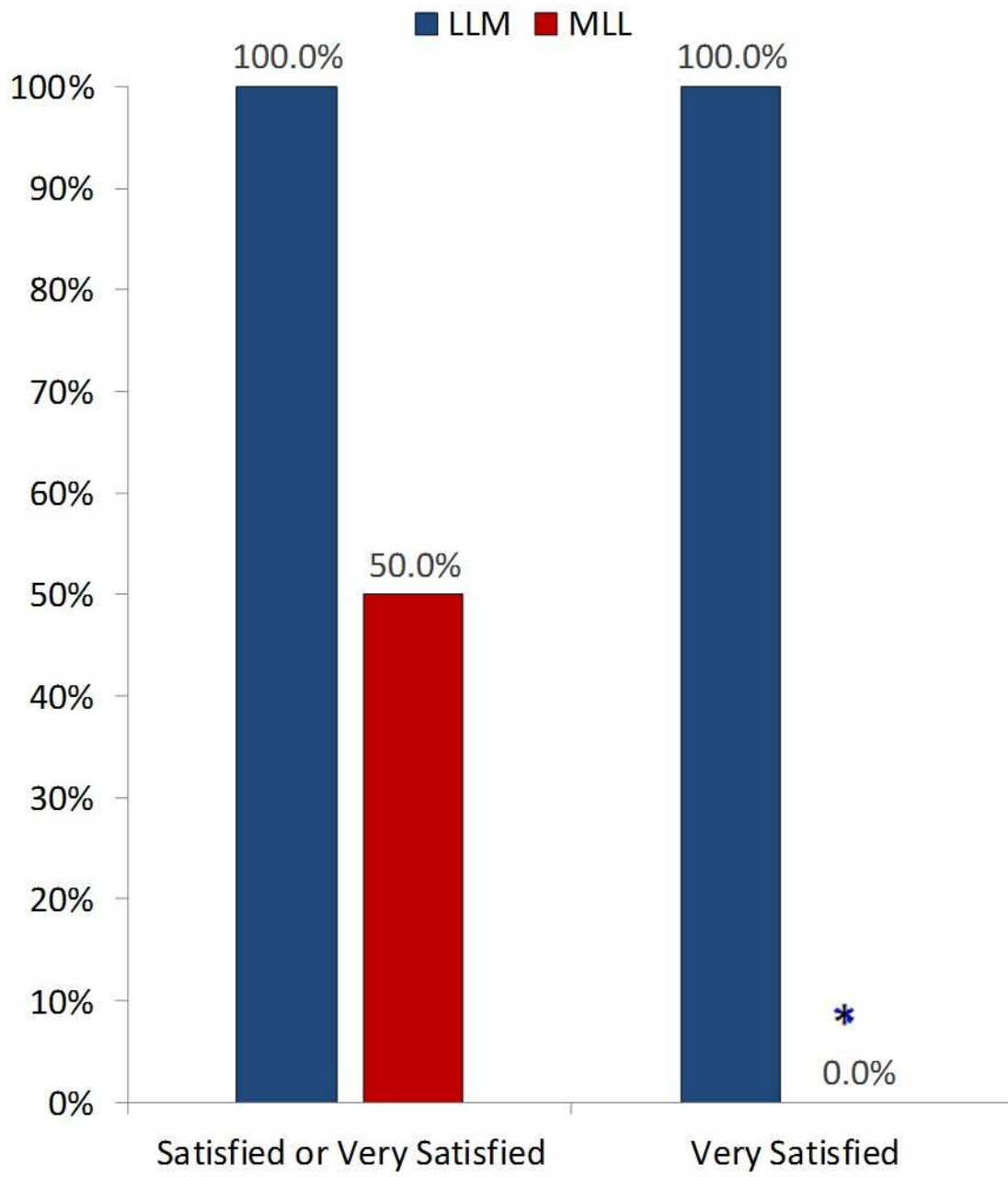


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