

# SOCIAL JUSTICE AWARENESS VIA IGD

---

AUTHORING YOUR OWN ENDING

CAROLYN GENTLE-GENITTY, ERIKA THOMISON, & NATASHA BRAGG

**“IF YOU AREN'T IN  
THE ARENA ALSO  
GETTING YOUR ASS  
KICKED, I'M NOT  
INTERESTED IN  
YOUR FEEDBACK.”**

**BRENÉ BROWN**

# PAINTING WITH A PURPOSE: EXERCISE IN EXPLORING VULNERABILITY

---

## AGENDA

- Brene Brown Ted Talk: Vulnerability and Shame
- 30-40 min paint (your interpretation of your shame/vulnerability)
- Name your vulnerability piece in 2 words
- Open discussion on naming and shame
- 30min Small group discussion (5persons) how it connects to social justice and standing 4 Stage IGD model
- Reflection and wrap up

**“When we spend our lives waiting until we’re perfect or bulletproof before we walk into the arena, we ultimately sacrifice relationships and opportunities that may not be recoverable, we squander our precious time, and we turn our backs on our gifts, those unique contributions that only we can make. Perfect and bulletproof are seductive, but they don’t exist in the human experience.”**

**— From TEDxHouston speaker Brené Brown’s new book, Daring Greatly**



# BRENE BROWN

---

- Brene Brown “[Power of Vulnerability](#)”



**"Courage starts with showing up and letting ourselves be seen."**



# ART & SOCIAL SCIENCE RESEARCH

---

- Terms-- Visual sociology, photo-ethnography
- Qualitative research designs
  - Lived-experience –*phenomenology, interpretivism*
- Personal experience and perspective understood differently through images
- Realities made real
  - Experiencing others' realities by seeing through their eyes, walking in their shoes
  - Words express differently than images
  - Visual social science research combines words and pictures for deeper thought, meaning

**NOTHING HAS TRANSFORMED  
MY LIFE MORE THAN REALIZING  
THAT IT'S A WASTE OF TIME TO  
EVALUATE MY WORTHINESS BY  
WEIGHING THE REACTION OF  
THE PEOPLE IN THE STANDS.**

**BECKY BERRY, DARING GREAT!**

# EXPRESSING SHAME AND VULNERABILITY THROUGH ART

---





# SMALL GROUP DISCUSSION

---

- Making connections
- Why jump
- Whose call do you follow
- What stops you
- Why does it hurt?
- What now?

**Vulnerability sounds like truth and feels like courage. Truth and courage aren't always comfortable, but they're never weakness.”**

**Brené Brown, Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead**



# IGD 4 STAGE MODEL

---

Stages 1 & 2 – designed to engage, focused on... ( cultural box/ compromise)

- What is your story? Rules
  1. Listening
  2. Resolving conflicts
  3. Increasing understanding and cultural differences

Stages 3 & 4

Discussion/Fish Bowl

Ways to commit to action

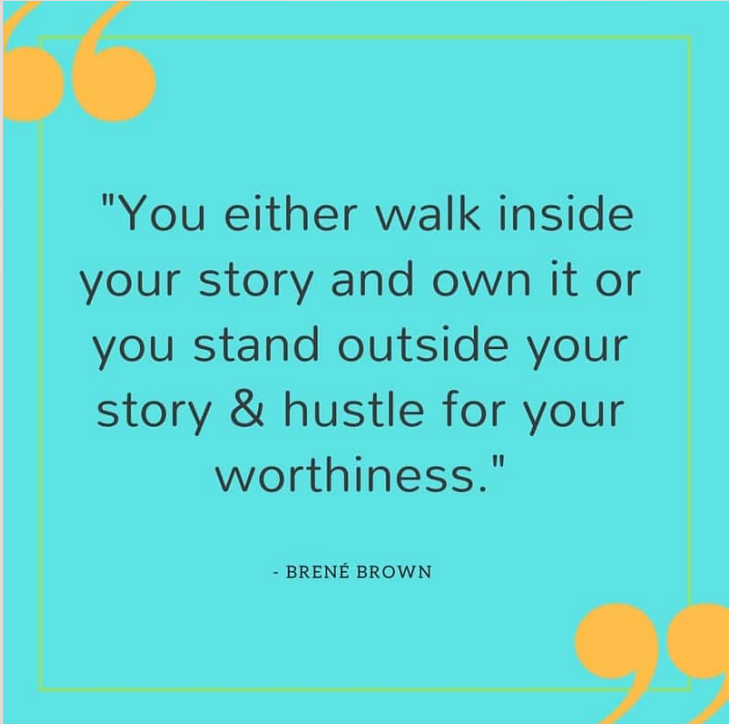
# CONCLUDING STEPS

---

- Create space for dialogue (negotiated space of truth)
- Create rules and structure for dialogue
- Set boundaries for one person to talk and other to listen and reverse before drawing conclusion
- Prepare to build community through shared space and engagement
- Draft plan for change

# WHAT NOW?

---



"You either walk inside  
your story and own it or  
you stand outside your  
story & hustle for your  
worthiness."

- BRENÉ BROWN