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7	Indoor inhalation intake fractions of fine particulate matter: Review of
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#### 40 Abstract

41 Exposure to fine particulate matter ( $PM_{2,5}$ ) is a major contributor to the global human 42 disease burden. The indoor environment is of particular importance when considering the 43 health effects associated with PM<sub>2.5</sub> exposures because people spend the majority of their 44 time indoors and PM<sub>2.5</sub> exposures per unit mass emitted indoors are two to three orders of 45 magnitude larger than exposures to outdoor emissions. Variability in indoor PM<sub>2.5</sub> intake fraction ( $iF_{in,total}$ ), which is defined as the integrated cumulative intake of PM<sub>2.5</sub> per unit 46 47 of emission, is driven by a combination of building-specific, human-specific, and 48 pollutant-specific factors. Due to a limited availability of data characterizing these 49 factors, however, indoor emissions and intake of PM<sub>2.5</sub> are not commonly considered 50 when evaluating the environmental performance of product life cycles. With the aim of 51 addressing this barrier, a literature review was conducted and data characterizing factors 52 influencing  $iF_{in,total}$  were compiled. In addition to providing data for the calculation of  $iF_{in,total}$  in various indoor environments and for a range geographic regions, this paper 53 54 discusses remaining limitations to the incorporation of PM2.5-derived health impacts into 55 life cycle assessments and makes recommendations regarding future research.

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# 57 Practical Implications

This paper reviews and summarizes the factors that influence indoor inhalation intake fraction of fine particulate matter, with a focus on primary particle emissions indoors. It provides valuable data for the calculation of indoor inhalation intake fraction for a range of indoor environments and contributes to the effort to incorporate  $PM_{2.5}$ -derived health impacts into life cycle assessment.

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Key words: fine particulate matter (PM<sub>2.5</sub>), human exposure, indoor air, intake fraction,
life cycle impact assessment (LCIA), ventilation

# 66 Introduction

Human exposure to fine particulate matter (PM<sub>2.5</sub>) is a major contributor to
disease burden on a global scale (WHO, 2002, 2013). The indoor environment is a
particularly important venue for exposure to PM<sub>2.5</sub> because people spend the majority of

70 their time indoors (Klepeis et al., 2001; Phillips and Moya, 2014 and references therein). 71 Further, due to the lesser degree of dilution, chemical transformation, and dispersion, as 72 well as the higher density of occupants indoors, exposures per unit mass of PM<sub>2.5</sub> emitted 73 indoors are two to three orders of magnitude larger than exposures to emissions to the 74 outdoor environment (Smith, 1988; Lai et al., 2000; Klepeis and Nazaroff, 2006; Ilacqua 75 et al., 2007; Nazaroff, 2008). In order to fully assess the impacts associated with all 76 emission sources of PM<sub>2.5</sub> and to evaluate the life cycle environmental performance of 77 products and systems (e.g., energy and transport systems, food products and production 78 systems, and consumer products), there is a need for the incorporation of  $PM_{2.5}$ 79 exposures and the associated health effects into Life Cycle Impact Assessments (LCIA), 80 with a specific need for the consideration of the impacts related to indoor exposures to PM<sub>2.5</sub> emitted or formed indoors. 81

82 Due to current limitations in data availability and modeling tools that 83 systematically combine indoor and outdoor intakes from indoor and outdoor sources, as 84 well as challenges in consistently linking indoor and outdoor intakes to exposure-85 response, indoor sources and related intake of PM<sub>2.5</sub> are currently not considered in 86 product-related assessments (Humbert et al., 2015). To integrate indoor sources into such 87 assessment frameworks, there is a need for (1) the identification of factors contributing 88 substantially to variability in  $PM_{2.5}$  exposure and an examination of the value of 89 accounting for this variability when assessing  $PM_{2.5}$  health impacts, (2) the aggregation 90 and evaluation of modeling tools and data available for assessing human exposure to 91  $PM_{2.5}$ , and (3) a thorough assessment of the availability of exposure-response functions 92 (ERFs) and the appropriateness of ERF shape (e.g., linear, non-linear, presence of a 93 threshold) for a variety of health outcomes (Fantke et al., 2015). With the aim of 94 addressing these barriers and the lack of a standardized methodology to estimate 95 exposures and health effects, the United Nations Environment Programme (UNEP)-96 Society for Environmental Toxicology and Chemistry (SETAC) Life Cycle Initiative 97 formed a task force to provide guidance for the assessment of PM<sub>2.5</sub> exposures and 98 associated health effects (Jolliet et al., 2014; Fantke et al., 2015). Under the framework of 99 this task force and with input from an international team of experts, this paper constitutes 100 a first step toward incorporating indoor  $PM_{2.5}$  exposures into LCIA by characterizing the

factors that drive variability in the inhalation intake fraction of PM<sub>2.5</sub> derived from indoor
sources.

103 Inhalation intake fraction (iF), which is defined as the ratio of mass of a pollutant 104 inhaled by an exposed human population to the total mass associated with a given source 105 (Bennett et al., 2002), provides a well-suited metric by which to consider PM<sub>2.5</sub> impacts 106 in the context of LCIA. As an exposure metric, *iF* integrates components that are key to 107 such assessments: (1) it describes source-receptor relationships in a manner that allows 108 for direct comparisons across emission sources and (2) it can readily be related to 109 potential toxicity in terms of specific health outcomes when exposure-response 110 relationships are known (Bennett et al., 2002; Ilacqua et al., 2007; Nazaroff, 2008; Fantke 111 et al., 2015). Table 1 illustrates the contributions of  $PM_{2.5}$  derived from indoor sources 112  $(S_{in})$  and outdoor sources  $(S_{out})$  to indoor intake, outdoor intake, total intake, and the 113 intake fraction of PM<sub>2.5</sub>. As is described in detail below, this paper reviews the major 114 factors influencing the inhalation intake fraction of PM<sub>2.5</sub> derived from indoor sources 115 (Table 1, Equation 1). Examples of common indoor sources of PM<sub>2.5</sub> include cooking, 116 household and office appliances, smoking, cleaning, candles, and heating appliances or 117 stoves. Additional efforts are currently underway within the UNEP-SETAC LCIA framework to characterize the other aspects of PM<sub>2.5</sub> intake and intake fraction shown in 118 Table 1. 119

120 Indoor inhalation intake fraction  $(iF_{in,total})$  describes the total inhalation intake of 121 PM<sub>2.5</sub> (in kg) per unit mass emitted indoors (in kg). Two components contribute to 122  $iF_{in,total}$  (Table 1, Equation 1): (1) the fraction of PM<sub>2.5</sub> emitted or formed indoors that is 123 taken in via inhalation indoors  $(iF_{in \rightarrow in})$  and (2) the fraction of PM<sub>2.5</sub> emitted or formed indoors that is transported outdoors and taken in via inhalation outdoors ( $iF_{in \rightarrow out}$ ). 124 125 However, because PM<sub>2.5</sub> of indoor origin experiences a greater degree of dispersion and 126 dilution following transport outdoors and outdoor population density is lower than indoors,  $iF_{in\to out}$  is typically three orders of magnitude smaller than  $iF_{in\to in}$  (Smith, 127 128 1988; Lai et al., 2000; Klepeis and Nazaroff, 2006; Ilacqua et al., 2007; Nazaroff, 2008; Humbert et al., 2011). Thus, in calculations of  $iF_{in,total}$ ,  $iF_{in\rightarrow out}$  can be considered 129 130 negligible compared to  $iF_{in \rightarrow in}$ . As a result, this paper focuses on characterizing the major 131 factors contributing to variability in  $iF_{in \rightarrow in}$ , as this term dominates  $iF_{in,total}$ . While not

132 the main focus, we also note the importance of interactions between pollutants of outdoor 133 and indoor origin and the influence of outdoor  $PM_{2.5}$  sources on cumulative indoor intake 134 (Table1, Equation 2) and briefly discuss the current state of knowledge regarding these 135 aspects.

Nazaroff (2008) divided the factors influencing variability in  $iF_{in \rightarrow in}$  for primary 136 particles into three categories: (1) factors related to building characteristics (e.g., 137 138 ventilation, airflow, and mixing rates), (2) factors related to occupant characteristics and 139 behaviors (e.g., inhalation rates and occupancy/activity patterns), and (3) pollutant dynamics (e.g., first order removal processes and sorptive interactions). That study noted 140 141 the need for a "richly constituted tool kit to effectively comprehend the system of the 142 human health risk associated with products and processes in indoor environments." 143 Humbert et al. (2011) provided an initial set of parameters characterizing two archetypal 144 indoor environments (residences within the United States [U.S.] and mechanically 145 ventilated offices). Herein, we expand on that effort by developing an inventory of parameters (i.e., a "tool kit") to (1) address each of the factors influencing  $iF_{in \rightarrow in}$ 146 147 discussed by Nazaroff (2008) and (2) allow for the characterization of multiple archetypal 148 indoor environments (e.g., residences, offices, schools, etc.), covering a broad range of 149 geographic scales.

150

# 151 Methods

For each category of factors influencing  $iF_{in \rightarrow in}$  (building, occupant, and pollutant 152 153 factors), sub-groups with expertise in that specific field were created within an indoor-air 154 task force. Literature searches conducted by each sub-group were obtained from Web of 155 Science, Google Scholar, and/or SCOPUS with search terms representing sources of 156 variability related to the above-described categories (e.g., "air exchange rate 157 measurements," "building ventilation," "commercial building ventilation rates," "inhalation rates," "indoor particle deposition," "indoor particle emission rates," etc.). 158 159 When available, review papers were preferentially selected to be included in this review 160 due to its multidimensional focus. Collected references were then reviewed and compiled to provide an inventory of data-sources (e.g., peer-reviewed scientific articles and 161 162 reports) and data regarding each factor influencing  $iF_{in \rightarrow in}$ . We included key papers (i.e.,

163 those with the most sound experimental/modeling practices, those that provide the

- 164 greatest breadth of data, and those that allow for consideration of a range of exposure
- scenarios) in the present review and provide data from those papers in the supporting
- 166 information (SI). In general, the data compiled include summary statistics (i.e., mean,
- 167 standard deviation, geometric mean, geometric standard deviation, percentiles, minimum,
- and maximum values) from individual studies conducted under a variety of experimental
- 169 conditions and for a range of geographic locations. Where possible, data are categorized
- 170 by country/geographic region and specific conditions in order to allow for the selection of
- 171 data most relevant to an exposure-scenario of interest. Each factor contributing to
- 172 variability in  $iF_{in \rightarrow in}$  is discussed in an individual section below.
- 173

# 174 Building Factors

Building-specific factors influencing  $iF_{in \rightarrow in}$  include building volume and 175 176 ventilation (Table 1, Equations 1 and 2). Building ventilation is a key parameter in 177 estimating  $iF_{in \rightarrow in}$ , as it drives the transport, dispersion, and dilution of PM<sub>2.5</sub> emitted indoors. Indoor ventilation is driven by three processes: (1) leakage through cracks in the 178 179 building shell and walls (infiltration/exfiltration), (2) airflow through open windows and 180 doors (natural ventilation), and (3) mechanical ventilation (i.e., flow driven by fans; Chan et al., 2005; US EPA, 2011). Infiltration/exfiltration and natural ventilation are driven by 181 182 pressure gradients that exist across the building envelope due to indoor-outdoor 183 temperature differences and wind (US EPA, 2011). Mechanical ventilation systems range 184 between exhaust- or supply-only systems (e.g., bathroom and kitchen exhaust 185 fans/hoods), balanced supply and exhaust systems, localized unitary/single-zone systems, 186 and central/integrated systems (Sippola and Nazaroff, 2002; Brelih and Seppänen, 2011; Litiu, 2012). Building ventilation is typically quantified as whole-building/whole-zone air 187 exchange rates (AERs) [h<sup>-1</sup>] or, as is common for non-residential/commercial buildings, 188 volumetric flow rate normalized by building occupancy, volume, or floor area [L s<sup>-1</sup> 189 person<sup>-1</sup>, L s<sup>-1</sup> m<sup>-3</sup>, L s<sup>-1</sup> m<sup>-2</sup>] (Persily, 2015). In the following paragraphs, we review the 190 191 body of literature focused on characterizing these building properties and processes in a 192 range of building archetypes. 193

## 194 Residential Buildings

- 195 Residential ventilation rates have been most heavily studied in Europe (Hänninen 196 et al., 2011; Dimitroulopoulou, 2012 and references therein; Asikainen et al., 2013; Orru 197 et al., 2014) and North America (Figure 1a) (Clark et al., 2010; Persily et al., 2010; US 198 EPA, 2011 and references therein; Chen et al., 2012; MacNeil et al., 2012, 2014; El Orch 199 et al., 2014: Bari et al., 2014; Breen et al., 2014; Persily, 2015). While more limited in 200 their number and scope, some studies have also been carried out in New Zealand (McNeil 201 et al., 2012), Asia (Baek et al. 1997; Williams and Eunice, 2013; Huang et al., 2014; Park et al., 2014; Li and Li, 2015; Shi et al., 2015), Africa, and South America (Williams and 202 203 Eunice, 2013 and references therein) (Figure 1a). In addition to those studying the 204 housing stock in broad geographic regions, some studies have focused on homes with 205 specific characteristics (e.g., new homes, energy-efficient homes, low-income/public 206 housing; Zota et al., 2005; US EPA, 2011). A limited number of studies have 207 characterized ventilation in homes in developing countries (Williams and Eunice, 2013, 208 L'Orange et al., 2015, and references therein) (Figure 1a). The use of solid fuels for 209 cooking and heating, particularly in developing countries, is a leading indoor air quality 210 issue on a global scale, with approximately 4.3 million premature deaths annually 211 attributed to related pollutant exposures (www.WHO.int/indoorair/en). As a result, such 212 measurements for homes in developing countries are very important to the effort to 213 incorporate the impacts of indoor PM<sub>2.5</sub> exposures into LCIA.
- 214 The above-described body of work illustrates that there is spatial variability in 215 residential ventilation with climate, building construction characteristics, home age, 216 heating, ventilation, and air conditioning (HVAC) system configurations, ventilation 217 standards and regulations, and residence type (i.e., detached, single family homes, 218 apartments) (Figure 2a). Temporal heterogeneity in ventilation rates results from 219 variability in meteorological conditions and human behaviors such as window opening 220 and mechanical ventilation system usage. The compilation of data characterizing homes 221 over a broad range of geographic scales, housing types, seasons, and meteorological 222 conditions is needed because the prevalence of different ventilation systems varies 223 strongly across these factors. For example, AERs in 100% of both apartments and 224 detached homes in Bulgaria are driven by infiltration and natural ventilation. On the other

225 hand, 48% of detached homes in Finland have mechanical ventilation systems. This 226 proportion increases to 72% when considering apartments (Litiu, 2012). To aid in the 227 selection of representative ventilation parameters when calculating  $iF_{in \rightarrow in}$ , the ventilation rates and air exchange rate data provided here are categorized by country, 228 229 home type, season, and ventilation system where the available data allow for this (Figure 230 1a and SI). Studies characterizing window-opening behavior and/or mechanical 231 ventilation system usage and runtime (e.g., Iwashita and Akasaka, 1997; Chao, 2001; 232 Wallace et al., 2002; Johnson and Long, 2005; US EPA, 2011; Fabi et al., 2012; Marr et 233 al., 2012; Breen et al., 2014; El Orch et al., 2014; Gorenzenski et al., 2014; Levie et al., 234 2014; Persily, 2015; Stephens, 2015) provide needed information for accounting for 235 temporal and spatial variability in ventilation conditions.

Figure 2a summarizes available residential air exchange rate data, with detailed 236 237 data provided in the SI. For all residential AER measurements combined, we observed a median value of 0.50  $h^{-1}$  (95% confidence interval [CI] = 0.08, 8.2  $h^{-1}$ ) (Figure 2a), which 238 is slightly higher than the recommended median value of  $0.45 \text{ h}^{-1}$  for homes in the U.S. 239 240 provided in the Environmental Protection Agency Exposure Factors Handbook (US EPA EFH) (US EPA, 2011). This difference can likely be attributed, at least in part, to our 241 inclusion of a small number measurements from high AER homes in developing 242 243 countries, as well as differences in home characteristics and ventilation systems across 244 nations. While treated as a single distribution above for the purpose of comparison 245 against the recommended value in the US EPA EFH, residential AERs are likely best 246 characterized by a bimodal distribution. This is evidenced by differences in the median 247 AER values for homes in developed and developing countries: median (95% CI) = 0.48 $(0.08\ 2.26)\ h^{-1}$  and 14.1 (2.0, 61.0)  $h^{-1}$ , respectively. 248

Many of the studies described above in which air exchange and ventilation are measured also provide data regarding the volume/floor area of the homes studied (Figure 1f). It is important to note that homes included are not necessarily statistically representative of the housing stock and this influences estimates of both home volume and ventilation. Population-level data describing home characteristics can also typically be gathered from census and housing survey databases (e.g., the American Census, American Housing Survey, Eurostat, and Census India). Recommended values for

various housing and building characteristics are also available in reports summarizing

257 exposure factors in several countries (US EPA, 2011; Phillips and Moya, 2014 and

258 references therein). Available measurements of residential volumes illustrate their high

variability, both within and across nations, with values ranging from  $15 - 1446 \text{ m}^3$ 

260 (median [95% CI] = 247 [41, 971]  $\text{m}^3$ ) (see SI). The median residential volume for the

studies considered in this work is lower than the recommended value provided in the US EPA EFH (492  $m^3$ ) (US EPA, 2011), likely illustrating differences in residential volumes

across regions of the world.

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# 265 Non-Residential Buildings

266 Ventilation measurements have been conducted in a range of non-residential 267 buildings, including retail stores (US EPA, 2011; Zaatari et al., 2014 and references 268 therein; Dutton et al., 2015), schools, kindergartens, and daycare centers (Coley and 269 Beisteiner, 2002; Wargocki et al., 2002; Emmerich and Crum, 2006; Mi et al., 2006; Li et 270 al., 2007; Guo et al., 2008; Santamouris et al., 2008; Brehlih and Seppänen, 2011; 271 Sundell et al., 2011; Aelenei et al., 2013; Canha et al., 2013) offices (Persily and Gorfain, 272 2004; Dimitroupoulou and Bartzis, 2013), fitness facilities (Zaatari et al., 2014), jails 273 (Seppänen et al., 1999; Li et al., 2007), and healthcare facilities, hospitals, and nursing homes (Wargocki et al., 2002, Li et al., 2007 and references therein). Summary statistics 274 275 of more than 700 measurements from 17 studies, for example, have been compiled for 276 retail facilities, bars/restaurants, healthcare facilities, fitness facilities, offices, and 277 schools (Zaatari et al., 2014). As is true for residential ventilation rates, measurements in 278 non-residential buildings are more heavily focused in North America and Europe, with a 279 smaller number of studies also conducted in Asia (Figure 1a). Non-residential AERs are 280 summarized in Figure 2a, with more detailed information (e.g., categorized by building type) provided in the SI. We observed a median AER for non-residential buildings of 1.5 281  $h^{-1}$  (95% CI = 0.29, 9.1  $h^{-1}$ ). 282

The above-described studies again demonstrate geographic variability in ventilation-system characteristics and the prevalence of mechanically and naturally ventilated buildings, as well as temporal variability in ventilation with meteorological conditions, window opening, and HVAC-system operation. For example, 100% of

- 287 schools and kindergartens are naturally ventilated in Italy, while only 5% and 28% of
- 288 kindergartens and schools are naturally ventilated in Finland (Litiu, 2012). Sippola and
- 289 Nazaroff (2002) note that single-zone HVAC systems are common in smaller commercial
- buildings with floor areas on the order of 150 m<sup>2</sup>, while central systems dominate in
- 290
- 291 larger buildings (>1000 m<sup>2</sup>) such as malls, university buildings, theaters, and retail centers. 292

293 A small number of studies discuss window-opening and HVAC-system-use 294 behavior in commercial/non-residential buildings (e.g., Fabi et al., 2012; Roetzel et al., 295 2010; Ramos and Stephens, 2014; D'Oca and Hong, 2014; Li et al., 2015; Stephens, 296 2015). Two recent studies (Bennett et al., 2012; Chan et al., 2014) conducted detailed 297 measurements of AERs and ventilation rates in thirty seven commercial buildings and 298 nineteen retail stores, respectively, and provided summary statistics for various building types (e.g., grocery stores, hardware stores, restaurants, healthcare facilities, and public 299 300 assembly spaces) and for varying ventilation conditions (e.g., with doors open/closed, 301 with and without mechanical ventilation systems in use).

302 As was true for the residential ventilation studies, many of the above-described 303 studies provide information regarding the characteristics of the buildings studied, 304 including building volume and/or floor area; however, again, these values are typically 305 not statistically representative of the full range of non-residential building stock. The 306 Building Assessment Survey and Evaluation (BASE) Study provides measurements of 307 building and occupied-space size for 100 randomly selected large office buildings in the 308 U.S. (Persily and Gorfain, 2004). US EPA (2011) is also a valuable resource for summary 309 statistics of volume data for buildings with a wide range of uses and sizes (e.g., 310 warehouses, shopping malls, schools, and healthcare facilities). As a result of the range of 311 building uses, commercial building volumes display a large degree of variability, ranging from 408 to 849,505 m<sup>3</sup> (median [95% CI] = 3,398 [461, 192,554] m<sup>3</sup>) (see SI). 312

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- 314 Inter- and Intra-Zonal Airflows and Mixing
- 315 Inter-zonal and intra-zonal airflow and local-scale mixing (i.e., convective and
- 316 advective mixing on intra-zonal scales) can be of importance in both residential and non-
- 317 residential indoor environments, specifically when considering differences in exposures

318 and  $iF_{in \rightarrow in}$  for building occupants with varying proximities to sources of interest 319 (Drescher et al., 1995; Nazaroff, 2008). Measurements of inter-zonal and intra-zonal 320 flows are limited. In addition, these flows vary within and across buildings and depend on 321 multiple factors including door opening, ventilation conditions, home layout, and 322 temperature gradients (Klepeis, 2004; McGrath et al., 2014). Thus, selecting a 323 representative value or sampling from a distribution of measured values when calculating 324  $iF_{in \rightarrow in}$  is not straightforward. As a result, such flows typically must be modeled for an 325 exposure scenario of interest.

Commonly used models for the estimation of inter-zonal flows include COMIS (Feustel, 1998) and CONTAM (Walton and Dols, 2010). AER and inter-zonal flows predicted with CONTAM and/or COMIS have been evaluated against measurements conducted in more than ten countries and for a variety of building types (Emmerich, 2001 and references therein; Haas et al., 2002; Emmerich et al., 2004). Details regarding the required inputs and use of these models are available in their respective users' manuals (Feustel, 1998; Walton and Dols, 2010).

Computational fluid dynamics (CFD) has been used to explicitly model airflow and turbulence on smaller, within-room scales (e.g. Gadgil et al., 2003; Zhang and Chen, 2007; Zhao et al., 2007, 2008). Pragmatically, multi-zone and zonal modeling methods can be combined by nesting an intra-zonal model within an inter-zonal model (Stewart and Ren, 2003, 2006; Wang and Chen, 2007), so that a specific room of interest (e.g. the room with a PM<sub>2.5</sub> source) can be divided into several small zones, while other rooms within the same home/building are treated as larger, well-mixed zones.

340 Alternatively, Bennett and Furtaw (2004) provide an estimate of a room-to-room air exchange rate distribution (mean =  $3 h^{-1}$ , coefficient of variation = 0.30) based on 341 342 measurements conducted under varying ventilation conditions within a single house. Du 343 et al., (2012) characterized overall and season-specific inter-zonal airflows between 344 living areas and bedrooms in 126 homes in Detroit, MI as the percentage of room-345 specific air exchange attributable to air entering from another zone. Along the same lines, 346 Hellweg et al. (2009) suggest ranges of values for within-zone mixing factors (0.1 to 1.0) and inter-zonal air exchange rates (3 to 30  $\text{m}^3/\text{min}$ ). These are examples of midway 347 348 approaches between the typical single, well-mixed compartment assumption and more

- 349 complex approaches based on CFD. Understanding the influence of smaller-scale flows
- 350 on  $iF_{in \rightarrow in}$  is an important area of future research, with a rate coefficient representing the
- airflow between zones (including the near-person zone and the rest of an indoor
- 352 environment) being a resulting metric of interest for use in LCIA.
- 353
- 354 Human Exposure Factors

#### 355 Inhalation Rate

356 Inhalation intake fraction is directly related to the inhalation rate (IR) of the 357 subjects or population of interest (Table 1, Equation 1). Inhalation rates vary within and 358 across individuals with multiple factors including age, sex, body weight, and fitness and 359 activity levels (Figure 2b) (US EPA, 2011). Studies quantifying *IR* are largely based on 360 relationships between oxygen uptake and consumption, metabolism, and energy 361 expenditure (US EPA, 2011). Using various methods to quantify energy expenditure and oxygen consumption, multiple studies have measured IR for broad, representative 362 363 populations (e.g., US EPA, 2011 and references therein; Richardson and Stantec, 2013; Jang et al., 2014a), while others have focused on specific populations of interest (US 364 365 EPA, 2011 and references therein). Recommended values of *IR* for the general population 366 categorized by age, gender, and activity level are available for the U.S. (US EPA, 2011), 367 Canada (Richardson and Stantec, 2013), and Korea (Figure 1b) (Jang et al., 2014a). As is discussed below, materials are available to allow for the estimation of IR for populations 368 369 for which such measurements have not been conducted. Specific populations of interest 370 for which IR studies have been conducted include children, adults and children with 371 asthma, and pregnant and lactating adult and adolescent women (US EPA, 2011). Such 372 studies allow for the consideration of  $iF_{in \rightarrow in}$  for susceptible populations or during specific periods of susceptibility. 373

Inhalation rates are commonly reported as long-term (m<sup>3</sup> day<sup>-1</sup>), or short-term (m<sup>3</sup> min<sup>-1</sup>) rates. The latter allow for distinguishing differences in *IR* arising from different levels of activity. When assessing chronic exposures, long-term *IR*s can be utilized to characterize  $iF_{in\rightarrow in}$ ; however, short-term *IR*s are needed when considering acute exposures or exposures associated with a particular activity (i.e., where the emission is represented by a pulse rather than a continuous term). Short-term *IR*s are generally categorized by age, sex, and intensity of activity (e.g., resting/napping, sedentary, and
light, moderate, and high intensity; Adams, 1993; US EPA, 2011). Some studies are as
specific as to provide activity-level-specific, short-term *IRs* for activities conducted in the
indoor environment (US EPA, 2011).

384 In order to use short-term IRs in estimates of  $iF_{in \rightarrow in}$ , information regarding the 385 fraction of time spent at various activity levels is needed. As is discussed in more detail 386 below, time-activity patterns have been documented for populations from a wide range of 387 geographic regions (e.g., Klepies et al., 2001; Statistics Canada, 2011; Jang et al., 2014b; 388 ExpoFacts [http://expofacts.jrc.ec.europa.eu/]; Australian Centre for Human Health Risk 389 Assessment, 2012) (Figure 1b). US EPA (2011) also provides age-specific estimates of 390 time spent at various levels of activity intensity. The populations for which short-term *IR*s 391 have been quantified are limited (US EPA, 2011; Jang et al., 2014b). Time-activity 392 datasets can be combined with available short-term IR to predict IR distributions for 393 populations for which such measurements are not available; however, it must be 394 acknowledged that there is greater uncertainty in these values. Sensitivity analyses may be valuable for evaluating the influence of this uncertainty in  $iF_{in \rightarrow in}$ . Several exposure 395 396 factor reports detail population demographics and physiological conditions, which can 397 then be used to generate population-specific long- and short-term *IR* distributions from 398 available measurements (Phillips and Moya, 2014 and references therein). Figure 2b 399 summarizes the results of key *IR* studies, with detailed data provided in the SI. Overall, 400 average *IRs* for children, adults, and all age groups for the data gathered here are slightly higher than that provided in the US EPA EFH (0.97, 1.20, and 1.09  $\text{m}^3 \text{h}^{-1}$  versus 0.81, 401 1.04, and 0.92 m<sup>3</sup> h<sup>-1</sup>). Median values (and 95% CI) of the data provided herein for *IRs* 402 403 for children, adults, and all age groups are 0.55 (0.17, 3.40), 0.70 (0.26, 4.47), and 0.66 (0.22, 4.23) m<sup>3</sup> h<sup>-1</sup>, respectively. 404

405 **Time-Activity Patterns** 

406 In addition to serving as a predictor of activity intensity and *IR*, time-activity data 407 provide valuable information regarding the time spent indoors and in various indoor 408 locations. For a given subject, the cumulative intake of  $PM_{2.5}$  is a function of the time 409 spent by that subject in various microenvironments (e.g., indoor locations) and the  $PM_{2.5}$ 410 concentration profiles he or she is exposed to in each of those microenvironments. Thus, 411 the characterization of activity patterns is crucial to estimating  $iF_{in \rightarrow in}$ . Studies 412 characterizing time-activity patterns generally utilize diaries in which a representative 413 sample of individuals from the general population record their activities over a 24 or 48 414 hour period. The Center for Time Use Study at the University of Oxford provides a 415 database of time-activity diary studies for approximately 100 countries in Africa, Asia, 416 Australia, Europe, North America, and South America (Fisher and Tucker, 2013). Data 417 from multiple nations are harmonized to allow for comparison across countries. In 418 addition to references and links for the studies, where available, this database provides 419 important information such as temporal scale of the study, sampling and data-collection 420 methodology, sample size, and response rates. Some studies provide broader information 421 that is useful for long-term exposure studies (e.g., total time spent indoors and time spent 422 in the residence; Figures 1c and 2c), while others provide more detailed data, including 423 time spent in various types of indoor environments (e.g., home, school, retail stores, etc.), 424 time spent in different rooms within a residence, and time spent engaged in activities of 425 relevance to specific PM<sub>2.5</sub> emissions sources (e.g., cleaning, cooking; Schweizer et al., 426 2007; Zhao et al., 2009; US EPA, 2011; Jang et al., 2014b; Matz et al., 2014). Such 427 studies have demonstrated that time-activity patterns vary with age, gender, location of 428 residence (e.g., urban versus rural), and various demographic and socioeconomic factors. 429 Time-activity data are generally categorized by these factors and, thus, activity patterns 430 can be estimated for a population of interest when demographic information is known. 431 For the U.S., the Consolidated Human Activity Database (CHAD; 432 http://www.epa.gov/heasd/chad.html) brings together data from various studies, resulting 433 in several thousand daily diaries that can be used in exposure simulation studies. The 434 advantage of CHAD over other time-use databases is that it is developed specifically for 435 exposure studies and certain parameters, such as time spent in indoor microenvironments, 436 can be more easily distinguished. The Stochastic Human Exposure and Dose Simulation 437 (SHEDS) Model (Burke et al., 2001), for example, simulates a population representative 438 of the study populations, as well as their activity patterns, by sampling from input 439 demographic data and CHAD.

440

### 441 Occupancy

442 Also key to determining  $iF_{in \rightarrow in}$  is knowledge regarding the total number of 443 people occupying a space influenced by indoor  $PM_{2.5}$  emissions (Nazaroff, 2008). Higher 444 occupancy means a larger number of people in proximity to indoor sources and, thus, a 445 higher population  $iF_{in \rightarrow in}$ . Several studies provide information regarding household size 446 and composition, which can be utilized to estimate residential occupancy in calculations 447 of  $iF_{in \rightarrow in}$  (Figure 1f). The U.S. Census Bureau (USCB), for example, provides information regarding the number and percentage of homes with household sizes ranging 448 449 from one person to seven or more people, as well as demographic data describing 450 households of varying sizes (USCB, 2010; Vespa et al., 2013). Similar information is 451 available for the European Union (EU) and individual EU nations from Eurostat (2014). 452 Bongaarts et al. (2001) presented household size and composition for the developing 453 countries based on surveys conducted in forty-three nations in the 1990s, but notes that 454 household-size dynamics can change with increased urbanization and industrialization, 455 trending toward smaller household sizes (i.e., trending toward the nuclear family). That 456 study provided data regarding household size and the demographic characteristics of 457 home occupants for four regions: Asia, Latin America, Near East/North Africa, and Sub-458 Saharan Africa (see SI). Drivers of within- and between-nation/region variability are 459 discussed and include level of development (e.g., gross national product) and residence in 460 urban versus rural areas. The United Nations Demographic Yearbook is a valuable 461 reference for identifying and locating household occupancy and characteristic data 462 collected through national censuses (United Nations, 2013). For non-residential 463 buildings, US EPA (2011) provides distributions of employee numbers for commercial 464 buildings with a wide range of uses (SI).

465

# 466 **Pollutant-Specific Factors**

467 Concentrations of  $PM_{2.5}$  and related intake in a given indoor environment or zone 468 within an indoor environment depend on source emissions rates ( $S_{in}$ ), as well as the 469 removal mechanisms acting on the particles ( $k_{in}$ ) (Table 1, Equation 2). Such removal 470 mechanisms include the ventilation and transport processes discussed above, particle 471 deposition, filtration in HVAC-system filters and air cleaners, and, in some cases,

472 chemical transformations/phase changes (Nazaroff, 2004). AERs and ventilation rates

473 can be estimated using the data discussed above. In the following paragraphs, we discuss

474 the data and tools available to take into account other factors influencing indoor  $PM_{2.5}$ 

- 475 concentrations and  $iF_{in \rightarrow in}$ , with a primary focus on PM<sub>2.5</sub> emitted directly from indoor
- 476
- 477

# 478 Indoor PM<sub>2.5</sub> Emissions

sources.

479 Multiple studies have characterized total PM<sub>2.5</sub> emissions from common indoor 480 sources and activities such as cooking, cleaning, smoking, use of various home and office 481 appliances, candles, incense, and insect repellent coils (Figure 1e) (e.g., Jetter et al., 482 2002; Liu et al., 2003; Lung and Hu, 2003; Guo et al., 2004; He et al., 2004; Lee and 483 Wang, 2004; Afshari et al., 2005; Olson and Burke, 2006; He et al., 2007; Evans et al., 484 2008; See and Balasubramanian, 2011; Torkmahalleh et al., 2012). Substantial variability 485 in PM<sub>2.5</sub> emission rates has been observed within and across sources (Figures 2e - g). For example, cooking activities can lead to emission rates as high as 467 mg min<sup>-1</sup> (Olson and 486 Burke, 2006), while emissions from printers were reported to be  $2.8 \times 10^{-4}$  mg min<sup>-1</sup> (He 487 et al., 2007). He et al. (2004) observed a median emission rate of 2.7 mg min<sup>-1</sup> for frying 488 food, while Olson and Burke (2006) reported a value of 6 mg min<sup>-1</sup>. Emission rates for 489 490 cooking activities vary with the cooking method (e.g., frying, grilling, baking), with the 491 type of food or oils used in the cooking process (He et al., 2004; Olson and Burke, 2006; 492 Torkmahalleh et al., 2012), and with stove type and the source of fuel (e.g., biomass, 493 coal, gas, electric) (SI) (Jetter and Kariher, 2009; Jetter et al., 2012). The importance of a given source in terms of its contribution to  $iF_{in \rightarrow in}$  varies with a variety of factors 494 495 including the indoor environment under consideration, occupant activities, and time of 496 day or season. For example, in office environments, appliances (e.g., printers, copy 497 machines) may contribute substantially to indoor PM<sub>2.5</sub> concentrations, while cooking, a 498 major source in residential environments, is unlikely to be of importance. On the other hand, cleaning products are likely to be significant sources of PM2.5 in both office and 499 500 residential environments.

501 The influence of specific PM<sub>2.5</sub> sources on  $iF_{in \rightarrow in}$  also varies geographically. 502 Solid fuel combustion, for example, is a particularly important source of indoor  $PM_{25}$ 503 emissions in the developing world. As noted above, the effects of indoor exposures to 504 solid fuel combustion emissions are a major global environmental health concern 505 (www.who.int/indoorair/en). As a result, controlled laboratory studies and field 506 measurements have been undertaken to characterize PM<sub>2.5</sub> emissions from various cook 507 stoves and fuel sources (Habib et al., 2008; Edwards et al., 2014 and references therein). 508 It is important to note, however, that there is evidence that emissions rates measured in a 509 laboratory setting differ from those in the field (Edwards et al., 2014) and future efforts 510 are more focused on characterizing emissions in actual household settings. In addition to 511 emissions, data regarding the percentage of households using solid fuels and geographic differences in fuel and stove use are available for estimating  $iF_{in \rightarrow in}$  associated with solid 512 fuel use (Rehfuess et al., 2006; Bonjour et al., 2013; 513

514 www.who.int/indoorair/health\_impacts/he\_database/en; see SI).

515 As is discussed in more detail below, particle loss rates vary with particle size 516 and, thus, information regarding the size distributions of particles emitted from specific 517 sources is useful for calculating  $iF_{in \rightarrow in}$ . Recent work has provided particle size 518 distributions and/or size-resolved emissions rates for a range of common indoor activities 519 or sources including cooking (Li and Hopke, 1993; Abt et al., 2000; Long et al., 2000; 520 Wallace et al., 2004; Hussein et al., 2006; Ogueli et al. 2006; Wallace, 2006), cleaning 521 (Kleeman et al., 1999; Abt et al., 2000; Long et al., 2000; Ogueli et al. 2006; Gehin et al., 522 2008), candles, incense, and aroma lamps (Li and Hopke, 1993; Kleeman et al., 1999; 523 Hussein et al., 2006; Wallace, 2006; Gehin et al., 2008), smoking (Li and Hopke, 1993; 524 Nazaroff, 2004; Hussein et al., 2006;), cook-stove use in developing countries and 525 residential wood combustion (Kleeman et al., 1999; Hays et al., 2003; Armendriz-Arnez et al., 2010; Shen et al., 2011), fuel-combustion lamps and appliances (Wallace, 2006; 526 Apple et al., 2010), personal care products/appliances (e.g., hairspray, blow dryer) 527 528 (Hussein et al., 2006), and printers (Gehin et al., 2008; Wang et al., 2012; Stephens et al., 529 2013).

530

#### 531 Particle Losses: Deposition

532 Particle deposition describes all particle losses driven by Brownian diffusion, 533 gravitational settling, interception, and impaction. Brownian diffusion dominates particle 534 losses for particles with diameters smaller than about 0.1  $\mu$ m (ultrafine particles [UFP]), 535 while for larger particles, interception, impaction, and gravitational settling are the 536 dominant loss processes (Finlayson-Pitts and Pitts, 2000). As a result, deposition loss rate coefficients ( $k_{dep}$  [h<sup>-1</sup>]) vary with particle size (Ozkaynak et al., 1997; Long et al., 2001; 537 538 Riley et al., 2002; Nazaroff, 2004; Hering et al., 2007). Multiple studies have measured 539 particle-size resolved values of  $k_{dep}$  or indoor particle decay rates (i.e., the sum of all 540 loss mechanisms) (e.g., Thatcher and Layton, 1995; Ozkaynak et al., 1997; Abt et al., 2000; Long et al., 2001; Howard-Reed et al., 2003; Thatcher et al., 2003; Ferro et al., 541 542 2004; He et al., 2005; Sarnat et al., 2006; Meng et al., 2007; Stephens and Siegel, 2013). 543 These studies have been conducted under a range of sampling and building ventilation 544 conditions. In addition to their particle size dependence,  $k_{dep}$  values vary with airflow conditions and indoor environment surface-to-volume ratios driven by the presence of 545 546 furnishings and carpets (Lai, 2002; Thatcher et al., 2002; Howard-Reed et al., 2003; Nazaroff, 2004). For example, Thatcher et al. (2002) demonstrated that  $k_{dep}$  could vary 547 548 by as much as a factor of 2.6 across different surface-to-volume (i.e., room-furnishing) 549 scenarios and by as much as a factor of 2.4 with different values of airflow speed. Zhang et al. (2014) brings attention to the fact that variability in  $k_{dep}$  to surfaces with varying 550 orientations (e.g., horizontal versus vertical surfaces) can influence indoor PM<sub>25</sub> 551 552 concentrations and  $iF_{in \rightarrow in}$ . That study provides vertical- and horizontal-surface 553 deposition rates for particles in two broad PM<sub>2.5</sub> size classes. 554 Measurements conducted under various conditions have been combined and fit

with a polynomial regression that describes  $k_{dep}$  as a function of particle size (Riley et al., 2002; Nazaroff, 2004). This fit does not take into account variability with ventilation conditions, room turbulence, surface-to-volume ratios, or room surface orientations; however, Hodas et al. (2014) found that indoor concentrations of ambient PM<sub>2.5</sub> modeled using  $k_{dep}$  values selected with this regression curve were well-correlated with measured indoor PM<sub>2.5</sub>. El Orch et al. (2014) combined measurement data from multiple studies to

561 predict particle-size-resolved  $k_{dep}$  values, fit a curve describing  $k_{dep}$  as a function of 562 particle diameter, and developed a method to account for increased indoor airflow speeds 563 when windows are open. In those circumstances, values of  $k_{dep}$  selected from curves 564 describing depositional loss rates as a function of particle size (e.g., using Monte Carlo 565 methods to sample from a particle size distribution) can be multiplied by 1.7 for windows open a large amount and by 1.23 when windows are open a small amount. In addition, a 566 567 small number of studies have quantified deposition or decay rates for total PM<sub>2.5</sub> (Figures 568 1d, 2d) (Ozkaynak et al., 1997; He et al., 2005; Olson and Burke, 2006; Wallace et al., 569 2013). Such information can be useful in circumstances in which particle size distribution 570 data are not available.

571

#### 572

# Particle Losses: Filtration

573 For homes with HVAC systems, particle losses will also be related to HVAC 574 system recirculation rates and filter removal efficiencies. Several studies have measured 575 size-resolved particle filtration efficiencies for various filters commonly found in 576 residential and commercial HVAC systems (Hanley et al., 1994; Stephens et al., 2011; 577 Stephens and Siegel, 2012b, 2013; Azimi et al., 2014). Stephens et al. (2011) also studied 578 recirculation rates in residential and light-commercial HVAC systems. El Orch et al. 579 (2014) extended this type of analysis to provide size-resolved filtration efficiencies for five classifications of filters, as well as estimates of the prevalence of these filter 580 581 categories in homes. Waring and Siegel (2008) and Stephens and Siegel (2013) 582 considered the influence of not only filtration, but also losses to heat exchangers and 583 ducts within HVAC systems. Similarly, Sippola and Nazaroff (2002) reviewed studies of 584 particle deposition in HVAC system ducts. Such losses are likely to be of particular 585 importance in schools and commercial buildings. Filtration and fractional loss curves 586 generated from such measurements have been used in many studies to estimate particle 587 removal efficiencies as a function of particle size (Riley et al., 2002; Hodas et al., 2012, 588 2014). 589 HVAC-system air recirculation rates are also key parameters in

590 characterizing filtration rates. Recommended values for HVAC recirculation rates in 591 residences (El Orch et al., 2014; Stephens et al., 2011; Stephens, 2015) and in non-

592 residential buildings (Sundell et al., 1994; Weschler et al., 1996; Zuraimi et al., 2007 and 593 references therein; Fadevi et al., 2009) are available from a limited number of studies. 594 Note also that the fraction of air that is recirculated in HVAC systems displays large 595 spatial variability. Zuraimi et al. (2007), for example, state that 90% of air in conditioned 596 office buildings in the U.S. and Singapore is recirculated. In some countries (e.g., 597 Denmark and Germany), however, all mechanical ventilation systems must be single-pass 598 (i.e., no air is recirculated). Similarly, HVAC system runtimes directly govern whether or 599 not a system is in operation and filtering particles at a given point in time, but like 600 recirculation rates, measurements are limited (Thornburg et al., 2004; Stephens et al., 601 2011).

602 The prevalence of central air and heating systems is commonly documented in 603 housing and energy surveys. US EPA (2011), for example, provides information 604 regarding the prevalence of central heating and cooling systems in residential and 605 commercial buildings. It is important to note, however, that the prevalence of central and 606 recirculating HVAC systems is highly variable both within and across nations and 607 geographic regions. The importance of collecting data regarding the heating and cooling 608 systems (or lack thereof) present in households on a global scale has recently been 609 highlighted (United Nations, 2008).

610

### 611 **Particle Resuspension**

612 The resuspension of particles that have deposited on surfaces in indoor 613 environments can also influence indoor PM<sub>2.5</sub> concentrations and  $iF_{in \rightarrow in}$  (Ferro et al., 614 2004; Lioy, 2006, and references therein). While typically considered to be an important 615 determinant of exposures to particles larger than PM<sub>2.5</sub>, Ferro et al. (2004) found that resuspension can result in the equivalent of a PM<sub>2.5</sub> source strength ranging from 0.03 to 616 0.5 mg min<sup>-1</sup>. The prevalence and magnitude of resuspension are dependent on the 617 activities of building occupants, specifically cleaning (e.g., dusting, vacuuming) and 618 619 active movement (e.g., walking, dancing, playing) (Ferro et al., 2004; Lioy, 2006). Thus, 620 the influence of resuspension on  $iF_{in \rightarrow in}$  is expected to vary temporally and spatially. 621

## 622 Transformation: Phase Changes and Indoor Chemistry

623 Phase changes and chemical transformation can lead to both increases and 624 decreases in indoor PM<sub>2.5</sub> concentrations. The partitioning of semivolatile organic 625 compounds (SVOCs) between the gas and particle phases, for example, is dependent on 626 indoor air temperature and the availability of particle-phase organic matter for sorption 627 (Pankow, 1994). Thus, the extent to which a given indoor source of SVOCs contributes 628 to  $iF_{in \rightarrow in}$  will depend on the fraction of emissions from that source found in the particle phase, which, in turn, is dependent on the conditions of the indoor environment (i.e., 629 630 temperature, organic  $PM_{25}$  concentrations). Examples of indoor sources of SVOCs that 631 display this behavior include environmental tobacco smoke, flame retardants, plasticizers, 632 and pesticides (Liang and Pankow, 1996; Gurunathan et al., 1998; Bennett and Furtaw, 633 2004; Lioy, 2006; Weschler and Nazaroff, 2008 and references therein). Estimating shifts 634 in partitioning requires knowledge regarding volatility and partitioning coefficients of 635 chemical species commonly found indoors, as well as the development of simplified 636 models to predict SVOC partitioning in indoor air. This is an active area of research 637 (Weschler and Nazaroff, 2008, 2010; Weschler, 2011; Hodas and Turpin, 2014; Liu et 638 al., 2014); however, further work is needed to characterize semi-volatile species of indoor origin before this process can be consistently incorporated into estimates of  $iF_{in \rightarrow in}$ . 639

640 The formation of secondary organic aerosols (SOA) from reactions between 641 oxidants and gas-phase compounds emitted indoors can also substantially influence PM<sub>2.5</sub> 642 concentrations and  $iF_{in \rightarrow in}$  (Weschler and Shields, 1999; Long et al., 2000; Wainman et 643 al., 2000; Weschler, 2006, 2011; Waring and Siegel, 2010, 2013; Waring et al., 2011; 644 Waring, 2014). Most work in this area has focused on reactions between terpenoids 645 emitted from air fresheners, cleaning products, and scented personal care products and 646 ozone (Nazaroff and Weschler, 2004; Singer et al., 2006; Weschler, 2006; Waring et al., 647 2011; Weschler, 2011; Waring and Siegel, 2010, 2013). Such studies have demonstrated 648 that indoor SOA formation varies with multiple factors including the chemicals present in 649 indoor air, relative humidity, time of day, season, indoor ventilation conditions and 650 HVAC system use, indoor surface area and surface materials, and geographic location 651 (Waring and Siegel, 2010; Weschler, 2011; Waring and Siegel, 2013; Youseffi and 652 Waring, 2014). Indoor sources of ozone include photocopiers, laser printers, and

electrostatic air cleaners; however, the majority of ozone present indoors is the result of transport from the outdoor environment (Weschler, 2000). SOA generated through reactions between VOCs of indoor origin and ozone of outdoor origin illustrates one mechanism through which interactions between indoor- and outdoor-generated pollutants can influence the intake of  $PM_{2.5}$  attributable, at least in part, to indoor sources. This complication of separating outdoor- and indoor-source contributions to the intake of  $PM_{2.5}$  in indoor environments is discussed further in the next section.

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### Influence of outdoor-generated pollutants on cumulative indoor intake of PM<sub>2.5</sub>

662 The cumulative intake of PM<sub>2.5</sub> that occurs indoors is influenced by both indoor 663 and outdoor PM<sub>2.5</sub> sources (Table 1, Equation 2) and depends on (1) primary emissions of 664 PM<sub>2.5</sub> from indoor sources, (2) the formation of secondary PM<sub>2.5</sub> from precursors of 665 indoor  $\overline{\text{origin}}$ , (3) the transport of outdoor-generated PM<sub>2.5</sub> into the indoor environment, 666 and (4) interactions between pollutants of indoor and outdoor origin. This latter factor 667 includes SOA formation through reactions of indoor-emitted volatile organic compounds 668 (VOCs) and outdoor-generated oxidants, as well as the partitioning of outdoor-generated gas-phase SVOCs to particulate matter of indoor origin and/or the partitioning of gas-669 670 phase SVOCs emitted by indoor sources to outdoor-generated particles that have 671 infiltrated indoors. Prior sections focused on factors (1) and (2). Below, we briefly 672 explore the current state of knowledge regarding interactions between pollutants of 673 outdoor and indoor origin and the influence of outdoor PM2.5 sources on cumulative 674 indoor intake.

675 Outdoor-generated  $PM_{2.5}$  (ambient  $PM_{2.5}$ ) that penetrates into and persists in the 676 indoor environment is a major source of indoor PM<sub>2.5</sub>. Multiple studies have quantified 677 the fraction of ambient PM<sub>2.5</sub> found in indoor air  $(f_{out \rightarrow in})$  (Chen and Zhao, 2011 and 678 references therein; Diapouli et al., 2013 and references therein). These studies have demonstrated that there is substantial between- and within-home variability in  $f_{out \rightarrow in}$ 679 680 (Ozkaynak et al., 1997; Ott et al., 2000; Meng et al., 2005; Weisel et al., 2005; Polidori et 681 al., 2006; Allen et al., 2012; MacNeil et al., 2012; Hänninen et al., 2013; Kearny et al., 2014), illustrating the difficulty in utilizing measured values of  $f_{\text{out} \rightarrow \text{in}}$  to estimate 682 683 contributions of ambient PM2.5 to cumulative indoor intake. In addition, most studies are

684 limited in their geographic and temporal scope and cannot be generalized to a broader 685 population of homes. Two exceptions are the studies conducted by Hänninen et al. (2011) 686 and El Orch et al. (2014). Estimates of  $f_{out \rightarrow in}$  for homes in ten European countries 687 sampled as part of six studies were aggregated and summary statistics of  $f_{out \rightarrow in}$  were 688 provided for various climatic regions of Europe (Northern, Central, and Southern Europe) 689 and by season (Hänninen et al. 2011). El Orch et al. (2014) conducted a detailed 690 modeling study in which particle-size-resolved distributions of  $f_{out \rightarrow in}$  for single-family 691 homes in the U.S. were calculated.

For a given exposure scenario,  $f_{out \rightarrow in}$  can also be calculated using a mass 692 balance model in which indoor ambient PM2.5 concentrations are described as function of 693 694 AER, the efficiency with which particles penetrate across the building envelope, particle 695 deposition, filtration in HVAC-system filters and air cleaners, and, for semivolatile 696 species, phase changes in indoor air (e.g., Hering et al., 2007; Hodas et al., 2012, 2014). 697 Similarly, these physical and chemical processes also govern the outdoor transport of indoor-generated PM<sub>2.5</sub> and, thus,  $iF_{in\rightarrow out}$  and  $iF_{in,total}$  (see Table 1). While the 698 contributions of  $iF_{in\to out}$  to  $iF_{in,total}$  are typically negligible compared to that of  $iF_{in\to in}$ , 699 there is evidence that solid fuel combustion in household cook stoves can contribute 700 701 substantially to ambient PM<sub>2.5</sub> concentrations in some regions (e.g., India, China) (Chafe 702 et al., 2014).

703 The data given above provide inputs to predict AER, deposition, and filtration. 704 Chen and Zhao (2011) provide a detailed review of penetration efficiency measurements 705 and modeling strategies. While the focus of previous work has mostly been on the 706 penetration of ambient PM2.5 into the indoor environments, results of these studies can 707 also be used to estimate penetration of indoor-generated particles between separated 708 indoor zones/rooms. Tools are also available to account for evaporative losses of 709 ammonium nitrate (Lunden et al., 2003; Hering et al., 2007), and the development of 710 modeling tools to predict the gas-particle partitioning of SVOCs (of both indoor and 711 outdoor origin) in indoor air is an active area of ongoing research (Weschler and 712 Nazaroff, 2008, 2010; Weschler, 2011; Hodas and Turpin, 2014; Liu et al., 2014). 713 Because the availability of organic matter for sorption influences the gas-particle partitioning of SVOCs, there is the potential for the indoor formation of particles that are 714

715 only present due to interactions between SVOCs of indoor and outdoor origin. For 716 example, gas-phase SVOCs emitted indoors can sorb to indoor particulate matter of 717 outdoor origin that has penetrated into the home (Lioy, 2006; Weschler and Nazaroff, 718 2008). Similarly, incoming organics from outdoors can shift from the gas phase toward 719 the particle phase as they sorb to particulate organic matter emitted by indoor sources 720 (Naumova et al., 2003; Polidori et al., 2006; Weschler and Nazaroff, 2008; Shi and Zhao, 721 2012; Hodas and Turpin, 2014). The result is the formation of PM<sub>2.5</sub> that is in part, but 722 not fully, attributable to indoor sources. Such interactions between pollutants of indoor 723 and outdoor origin highlight the difficulty in fully separating the contributions of indoor 724 and outdoor  $PM_{2,5}$  sources to the intake of  $PM_{2,5}$ .

725 The formation of SOA from reactions between indoor-generated VOCs and 726 oxidants (e.g., ozone) of outdoor origin is another example of the ways in which outdoor-727 generated pollutants can influence the intake of PM<sub>2.5</sub> associated with indoor sources. 728 Contributions of secondary particulate matter derived from well-characterized inorganic 729 systems to outdoor iF have previously been accounted for using chemical transport 730 models (e.g., Levy et al., 2003; Greco et al., 2007). The data and modeling tools available 731 to include indoor secondary particulate matter (specifically, SOA) formation in estimates 732 of indoor  $PM_{25}$  exposures continue to improve. Waring (2014) presented a mechanistic 733 model to calculate time-averaged indoor SOA concentrations formed as a result of the 734 oxidation of reactive organic gases by ozone and the hydroxyl radical. Distributions of 735 model inputs for 66 reactive organic gases relevant to the indoor environment (Weisel et 736 al., 2005; Turpin et al., 2007) are provided in that work. In addition, a linear regression 737 model describing SOA concentrations as a function of AER, indoor concentrations of 738 outdoor-generated ozone and organic aerosols, indoor organic aerosol emission rates, 739 particle and ozone deposition rates, temperature, and emission rates of reactive organic 740 gases described the majority of variability in SOA concentrations calculated using the more complex mechanistic SOA model described above ( $R^2 = 0.88$ ; Waring, 2014). Ji 741 742 and Zhao (2015) demonstrated that the extent to which indoor SOA formation impacts 743 indoor concentrations of PM<sub>2.5</sub> varies geographically, with SOA comprising 6 to 30% of 744 indoor PM<sub>2.5</sub> mass for the U.S. homes included in the Waring (2014) study, but less than 3% of PM<sub>2.5</sub> mass for homes in Beijing. Accounting for SOA formation indoors is an 745

active and quickly advancing area of research and is crucial for ensuring that the full

747 impact of specific products, activities, and processes can be taken into account in LCIA.

748

## 749 **Discussion**

# 750 Applications in Life Cycle Impact Assessment

751 The data provided in this review constitute a first step in addressing key questions 752 and current challenges previously identified for the incorporation of health effects 753 associated with indoor PM2.5 emissions into LCIA (Hellweg et al., 2009; Fantke et al., 754 2015; Humbert et al., 2015). Specifically, this review allows for the characterization of a 755 range of exposure-scenario archetypes, both in terms of indoor setting (e.g., residence, office) and in geographic location, aids in the identification of the major factors 756 757 influencing  $iF_{in \rightarrow in}$  and potential spatial and temporal variability in the importance of 758 these key factors, and allows for the assessment of the level of detail and scope needed 759 when developing exposure-scenario archetypes for use in LCIA.

760 In an ongoing effort, the UNEP-SETAC task force on PM<sub>2.5</sub> health effects will 761 utilize the data provided in this review to build a quantitative assessment framework for 762 consistently combining and evaluating indoor and outdoor intake fractions from PM<sub>2.5</sub> 763 sources for application in LCIA. Complementary work is currently focusing on (1) 764 conducting a quantitative assessment of potential variability in  $iF_{in \rightarrow in}$  (e.g., across 765 exposure scenarios and geographic regions), as well as the sensitivity of calculations of 766  $iF_{in \rightarrow in}$  to heterogeneity in the input parameters reviewed here, (2) the evaluation of state-767 of-the-art modeling tools available to predict indoor and outdoor intake fractions in the 768 context of suitability for use in LCIA, and (3) the consistent incorporation of various 769 shapes of ERFs (Fantke et al., 2015). Together, these efforts will aid in the development 770 of a standardized methodology by which to estimate exposures and will contribute to the 771 effort to include PM<sub>2.5</sub>-related health effects in LCIA.

Key to assessing PM<sub>2.5</sub>-related health effects over the life cycle of products is the ability to evaluate the range of potential human exposure associated with a given particle emissions source. Previous work has illustrated the potential magnitude of spatial and temporal variability in  $iF_{in\rightarrow in}$ . Humbert et al. (2011), for example, estimates that typical values of  $iF_{in\rightarrow in}$  range between approximately10<sup>-3</sup> and 10<sup>-2</sup> kg intake at the population

scale per kg emitted indoors. Klepeis and Nazaroff (2006) found that  $iF_{in \rightarrow in}$  for 777 environmental tobacco smoke varied between  $6.6 \times 10^{-4}$  and  $2.6 \times 10^{-3}$  kg intake per kg 778 779 emitted within a single simulated home depending on multiple factors including home 780 ventilation conditions and occupant activity patterns. Thus, while a single recommended 781 value meant to characterize a needed modelling parameter is valuable for providing an 782 estimate of the magnitude of  $iF_{in \rightarrow in}$  (e.g., a single AER value meant to represent typical 783 housing the U.S.), distributions or ranges describing these input parameters are crucial. 784 Such distributions allow for the evaluation of the central tendencies of  $iF_{in \rightarrow in}$ , as well as the extremes, thereby acknowledging the variability in population exposure patterns, 785 786 housing aspects, and indoor air chemistry. By aggregating the results of multiple studies, 787 the present review provides a broader picture of the range of potential values for a given 788 parameter influencing indoor concentrations of  $PM_{2.5}$  and allows for the consideration of 789 a range of archetypal indoor environments. It is important to note that these values vary 790 temporally and spatially with multiple factors, as discussed in the individual sections 791 above, and parameters are not available to describe all exposure scenarios and geographic 792 regions. Thus, understanding the full range of input parameters also allows for the 793 consideration of uncertainty in  $iF_{in \rightarrow in}$  for PM<sub>2.5</sub>.

794 Depending on the design of the selected modelling framework, not all of the factors potentially contributing to variability in  $iF_{in \rightarrow in}$  will necessarily be considered in 795 LCIA. For example, Hellweg et al. (2009) suggested that the representation of the indoor 796 797 environment as a single, well-mixed compartment provides the most effective way to 798 incorporate indoor  $PM_{2.5}$  exposures into LCIA. On the other hand, in regards to assessing 799 exposure to individual VOCs from cleaning products, Earnest and Corsi (2013) propose 800 the use of a two-zone model in which the near-person/near-source region and the rest of 801 the indoor environment are treated as discrete zones. LCIA often follows approaches 802 based on archetypes to account for differences in exposure scenarios or geographic 803 regions. Thus, the parameters that will be of the greatest importance are those that 804 account for geographic variability in more general housing and building characteristics 805 (e.g., volume, whole-building air exchange and ventilation), indoor-environment 806 occupancy, and the prevalence of specific indoor sources (e.g., cooking and heating 807 appliances). Parameters that provide a higher level of detail (e.g., activity-specific

808 breathing rates, local-scale flows), however, will be valuable to higher tier assessments of

809 indoor air quality and epidemiologic studies that aim to characterize indoor PM<sub>2.5</sub>

810 exposures for specific conditions in a well-characterized environment.

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# Remaining Limitations and Recommendations for Future Research

813 One contributor to limitations in the availability and scope of data like those 814 reviewed here is the fact that the studies carried out to collect the data are expensive and 815 work intensive. As a result, they tend to be carried out in infrequent, intensive campaigns. 816 As noted above, for example, many AER studies are not representative of the full range 817 of housing stock, even for the nations or cities in which they were carried out. Values are 818 more limited or non-existent in some developing countries and are biased towards U.S. 819 and European studies. We suggest that there is a need for studies on AER in developing countries, particularly in rural regions where biomass is used for cooking in homes. 820

821 Another issue constraining the representativeness of the data is the potential for 822 changes with time. While some values are not expected to vary temporally (i.e., IR, 823 although the activity levels driving them may change), others change on timescales faster 824 than the studies characterizing them are carried out. Bongaarts et al. (2001), for example, 825 noted the tendency for household size to converge towards the nuclear family in rapidly 826 industrializing and urbanizing regions. Similarly, there is the potential for changes in 827 human activity patterns with increased access to media, suggesting a need for updated 828 human activity pattern data. Housing construction practices change with advancing 829 technology and materials development, as well as with recent pushes toward energy 830 efficiency. Urban growth (e.g., Seto and Fragikas, 2005; Xiao et al., 2006; Schneider and 831 Woodcock, 2008) may make the lack of data characterizing AERs in apartments and 832 multi-family residences a major issue in both developing and developed countries. New 833 techniques utilizing 3D imaging sensors to evaluate building/room size and leakage 834 characteristics show promise in increasing data availability for leaky buildings (e.g., in 835 developing countries), airtight, energy efficient buildings, and multifamily residences 836 (Gong and Caldas, 2008) and should be a consideration in future work in this area. 837 Finally, while the principles driving pollutant dynamics will not change with time, 838 emission rates, particle size distributions, and particle composition may change with

technology. Cynthia et al. (2007), for example, reported a 35% decrease in PM<sub>2.5</sub>
exposures with the introduction of a higher-efficiency cook stove in an intervention study
in rural Mexico. As a result of these ever-changing factors, a continued effort to
undertake such studies and to expand their temporal and spatial scope is key to ensuring
that the impacts associated with specific products and emission sources can be fully
assessed in the context of LCIA.

845 • We also recommend that future efforts focus on a number of key research areas. First, there is a need for a more widespread and detailed characterization of inter- and 846 847 intra-zonal airflows and the factors that influence them for a range of residence types, 848 commercial buildings, and occupational settings to derive useful information for higher 849 tier assessments of indoor air quality. Such characterizations would be useful in 850 addressing proximity-to-source issues. Of particular importance may be the development 851 of a set of archetypal building layouts that describe a range of building types, so that 852 these highly variable flows can be modelled for a given exposure scenario with tools such 853 as COMIS and CONTAM. For applications in LCIA, a simple two-zone model might be 854 more suitable as more complex approaches might lack data and consistency across indoor 855 and outdoor emission situations. As noted above, there are large geographic differences 856 in the heating and cooling systems present in households and other indoor environments 857 on a global scale. Documenting these differences and the related impacts on indoor 858 particle dynamics is an important area of future work. Finally, there is a need for more 859 research aimed at obtaining a thorough understanding of interactions between indoor- and 860 outdoor-generated pollutants and the formation of SOA in indoor air. Key to this is the 861 development of accurate simplified models that can easily be applied in LCIA. The 862 regression model developed by Waring (2014) to predict indoor SOA formation based on 863 a small number of key parameters provides an example of the type of modeling tools that 864 will advance predictions of  $iF_{in \rightarrow in}$  for PM<sub>2.5</sub> in this context.

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#### 866 CONCLUSIONS

867 The present paper reviews and compiles the results of studies exploring the main 868 factors influencing indoor  $PM_{2.5}$  concentrations and associated  $iF_{in \rightarrow in}$ , with an emphasis 869 on primary indoor  $PM_{2.5}$  emissions. Specifically, we focus on factors related to building

- 870 characteristics, occupant characteristics and behaviors, and pollutant properties and 871 dynamics. The key studies and data sources discussed herein comprise a tool kit of 872 exposure-modelling parameters that can be used to estimate the central tendencies and 873 potential ranges of  $iF_{in \rightarrow in}$ . A follow-up effort will utilize the data provided in the present 874 review to build a framework to consistently integrate indoor and outdoor exposures to 875  $PM_{2.5}$  emitted by indoor and outdoor sources. Combined, the present review and the 876 follow-up work contribute to the effort to consistently include PM<sub>2.5</sub>-derived health 877 effects in LCIA. Continued efforts to characterize the factors influencing indoor PM<sub>2.5</sub> 878 concentrations will ensure that impacts associated with specific products and emission 879 sources can be fully assessed in LCIA and other comparative human exposure and impact 880 assessment frameworks. 881 882 Acknowledgements 883 This work was supported by the UNEP/SETAC Life Cycle Initiative. Natasha Hodas was funded by National Science Foundation award no. 1433246. 884 REFERENCES 885 886 887 Abt, E., Suh, H.H., Catalano, P., and Koutrakis, P. (2000) Relative contribution of 888 outdoor and indoor particles sources to indoor concentrations, Environ. Sci.
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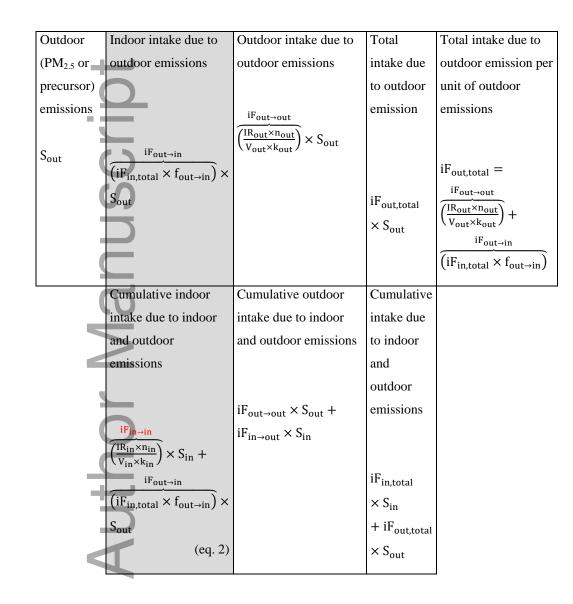
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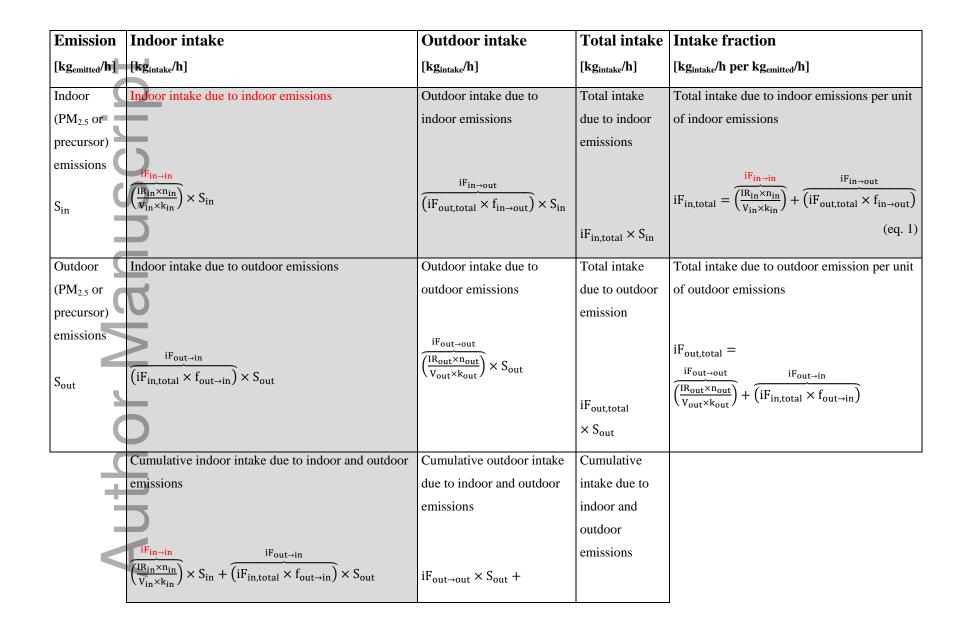
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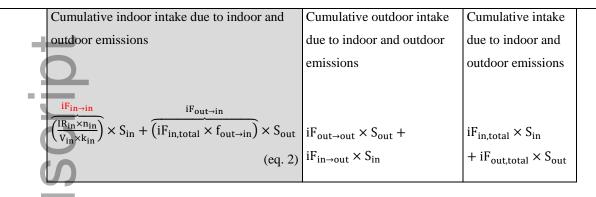
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Emission	Indoor intake	Outdoor intake	Total	Intake fraction
[kg <sub>emitted</sub> /h]	[kg <sub>intake</sub> /h]	[kg <sub>intake</sub> /h]	intake	[kg <sub>intake</sub> /h per
			[kg <sub>intake</sub> /h]	kg <sub>emitted</sub> /h]
Indoor	Indoor intake due to	Outdoor intake due to	Total	Total intake due to
(PM <sub>2.5</sub> or	indoor emissions	indoor emissions	intake due	indoor emissions per
precursor)	$\mathbf{O}$		to indoor	unit of indoor
emissions	S S		emissions	emissions
S <sub>in</sub>	$(\mathbf{P}, \mathbf{v}_{\mathbf{n}})$	$\overbrace{\left(\mathrm{i}F_{\mathrm{out,total}}\times f_{\mathrm{in}\to\mathrm{out}}\right)}^{\mathrm{i}F_{\mathrm{in}\to\mathrm{out}}}\times \mathrm{i}$		
	$\left(\frac{\mathbf{M}_{in} \times \mathbf{M}_{in}}{\mathbf{V}_{in} \times \mathbf{k}_{in}}\right) \times \mathbf{S}_{in}$	S <sub>in</sub>		iF <sub>in,total</sub> =
	a		iF <sub>in,total</sub> × S <sub>in</sub>	$\overbrace{\left(\frac{IR_{in} \rightarrow in}{V_{in} \times k_{in}}\right)}^{iF_{in} \rightarrow in} +$
5			- 111	$\overbrace{\left(iF_{out,total}\times f_{in\rightarrow out}\right)}^{iF_{in\rightarrow out}}$
				(eq. 1)
	AULIOL			





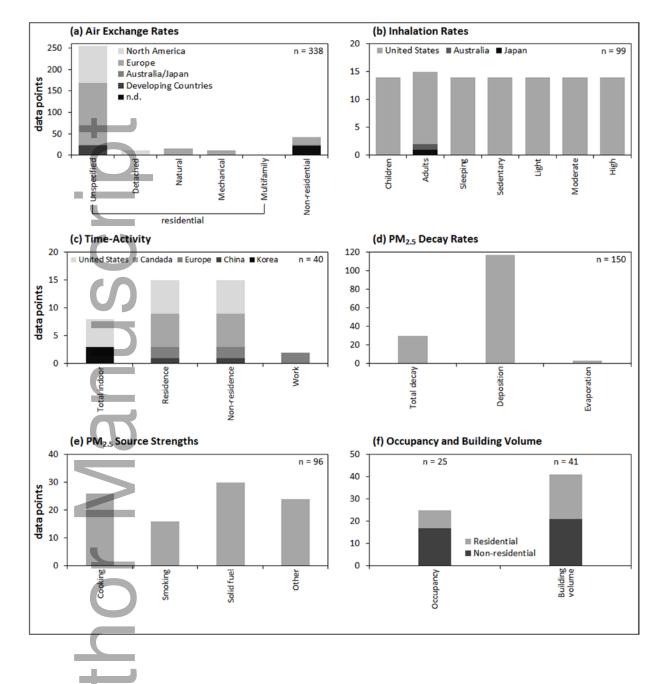
		(eq. 2) $iF_{in \rightarrow out} \times S_{in}$		
-			$iF_{in,total} \times S_{i}$	n
			$+ iF_{out,total}$	
-			$\times S_{out}$	
	0			
Emissior	Indoor intake	Outdoor intake	Total intake	Intake fraction
[kg <sub>emitted</sub> /h]	[kg <sub>intake</sub> /h]	[kg <sub>intake</sub> /h]	[kg <sub>intake</sub> /h]	[kg <sub>intake</sub> /h per kg <sub>emitted</sub> /h]
Indoor	Indoor intake due to indoor emissions	Outdoor intake due to	Total intake due to	Total intake due to indoor emissions per unit of
(PM <sub>2.5</sub> or		indoor emissions	indoor emissions	indoor emissions
precursor)	$\sigma$			
emissions	iF <sub>in→in</sub>			iFer to an
	$\left(\frac{IR_{in} \times n_{in}}{V_{in} \times k_{in}}\right) \times S_{in}$	iF <sub>in→out</sub>		$iF_{in,total} = \overbrace{\left(\frac{IR_{in} \times n_{in}}{V_{in} \times k_{in}}\right)}^{iF_{in \to out}} + \overbrace{\left(iF_{out,total} \times f_{in \to out}\right)}^{iF_{in \to out}}$
S <sub>in</sub>	$(v_{in} \times k_{in}) \wedge v_{in}$	$\widetilde{\left(\mathrm{i}F_{\mathrm{out,total}}\times f_{\mathrm{in}\to\mathrm{out}}\right)}\times S_{\mathrm{in}}$	$iF_{in,total} \times S_{in}$	*** ***
	<u></u>			(e
Outdoor	Indoor intake due to outdoor emissions	Outdoor intake due to	Total intake due to	Total intake due to outdoor emission per unit
(PM <sub>2.5</sub> or	$\simeq$	outdoor emissions	outdoor emission	outdoor emissions
precursor)				
emissions		iFout→out		iFout-out iF .
	iFout→in	$\overline{\left(\frac{IR_{out} \times n_{out}}{V_{out} \times k_{out}}\right)} \times S_{out}$		$iF_{out,total} = \overbrace{\left(\frac{iF_{out} \rightarrow out}{V_{out} \times k_{out}}\right)}^{iF_{out} \rightarrow out} + \overbrace{\left(iF_{in,total} \times f_{out} \rightarrow i\right)}^{iF_{out} \rightarrow in}$
	$(iF_{in,total} \times f_{out \rightarrow in}) \times S_{out}$	\vout×Kout/	$iF_{out,total} \times S_{out}$	$V_{out} \times k_{out} / V_{int} \times k_{out}$



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1522 Table 1. Matrix illustrating the contributions of PM<sub>2.5</sub> derived from indoor and outdoor sources to indoor intake, outdoor intake, total 1523 intake, and intake fraction of PM<sub>2.5</sub>. Aspects discussed in this paper are highlighted in grey and specific areas of focus are in red. 1524 Abbreviations:  $S_{in}$  or  $S_{out}$ , indoor or outdoor PM<sub>2.5</sub> source emission rate;  $iF_{in \rightarrow in}$ , fraction of PM<sub>2.5</sub> emitted/formed indoors that is 1525 taken in via inhalation indoors;  $iF_{in \rightarrow out}$ , fraction of PM<sub>2.5</sub> emitted/formed indoors that is transported outdoors and taken in via 1526 inhalation outdoors;  $iF_{out \rightarrow out}$ , fraction of PM<sub>2.5</sub> emitted/formed outdoors that is taken in via inhalation outdoors;  $iF_{out \rightarrow in}$ , fraction of PM<sub>2.5</sub> emitted/formed outdoors that is transported indoors and taken in via inhalation indoors; IR<sub>in</sub> or IR<sub>out</sub>, individual inhalation rate 1527 indoors or outdoors  $[m_{inhaled}^3/h]$ ;  $n_{in}$  or  $n_{out}$ , number of exposed persons in an indoor or outdoor location;  $V_{in}$  or  $V_{out}$ , volume of 1528 indoor or outdoor location  $[m^3]$ ;  $k_{in}$  or  $k_{out}$ , total indoor or outdoor particle removal rate attributable to all loss mechanisms (e.g., air 1529 exchange, particle deposition)  $[h^{-1}]$ ;  $iF_{in,total}$ , total indoor inhalation intake fraction;  $iF_{out,total}$ , total outdoor inhalation intake fraction; 1530 1531  $f_{in \rightarrow out}$ , fraction of indoor-generated (emitted/formed) PM<sub>2.5</sub> transported outdoors,  $f_{out \rightarrow in}$ , fraction of outdoor-generated 1532 (emitted/formed) PM<sub>2.5</sub> transported indoors. Note that there is no cumulative intake fraction.

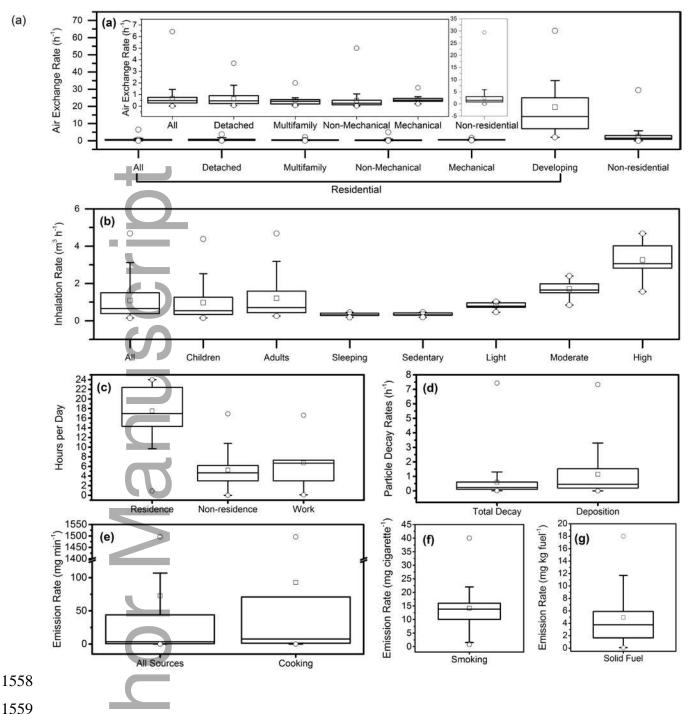


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**Figure 1.** Frequency plot illustrating the number of data points (i.e., measured or modeled value or summary statistic from a distribution of measurements describing the parameter of interest) gathered from the literature for the primary factors influencing indoor inhalation intake fraction of PM<sub>2.5</sub>: (a) air exchange rates, (b) inhalation rates, (c) time-activity factors, (d) particle decay rates, (e) indoor PM<sub>2.5</sub> source strengths, and (f) occupancy and building volume. (a) Air exchange rates are shown for detached/single-family homes ("Detached"), multifamily homes ("Multifamily"), homes without mechanical ventilation (i.e., infiltration and natural ventilation)

1542 ("Non-Mechanical"), mechanically ventilated homes ("Mechanical"), homes in developing 1543 countries ("Developing"), residential buildings for which the above-described characteristics 1544 have not been specified ("Unspecified"), and non-residential buildings ("Non-residential"). (b) Inhalation rates are for adults, children, and by activity level (sleeping, sedentary, light, 1545 1546 moderate, and high). (c) Time-activity factors include total hours spent indoors ("Total 1547 Indoors"), in the residence ("Residence"), in other indoor locations ("Non-residence"), and at 1548 work ("Work") per day. (d) Particle decay rates are for all particle loss mechanisms combined 1549 ("Total Decay") and for losses driven only by deposition. (e) Indoor  $PM_{25}$  emission source 1550 strengths include cooking, smoking, solid fuel combustion, and other indoor sources. (f) 1551 Occupancy and building volume data are categorized by residential and non-residential indoor 1552 environments. Where possible, data are categorized by country/geographic region (Not 1553 determined ("n.d.") means that geographic region is unspecified). Studies included here have 1554 primarily been conducted in North America and Europe (a,b,c). In addition, there are disparities 1555 in the types of indoor environments studied in previous work, with the majority of studies 1556 focusing on residential environments and a smaller number of studies considering industrial and 1557 commercial buildings.

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(a)

Figure 2. Summary of measured or modeled values describing the parameter of interest for (a) 1560 building air exchange rates, (b) inhalation rates, (c) time activity factors, (d) particle decay rates, 1561 and (e) – (g) indoor  $PM_{2.5}$  source strengths reported in the literature. For all plots, the boxes 1562 indicate the 25<sup>th</sup> percentile, median, and 75<sup>th</sup> percentile. Minimum and maximum values are 1563 1564 indicated with circles and mean values are indicated with squares. (a) Air exchange rates shown 1565 are for all homes combined (excluding homes in developing nations) ("All") and separately for detached/single-family homes ("Detached"), multifamily homes ("Multifamily"), homes without 1566

1567 mechanical ventilation (i.e., infiltration and natural ventilation) ("Non-Mechanical"),

mechanically ventilated homes ("Mechanical"), homes in developing countries ("Developing"),

and non-residential buildings ("Non-residential"). (b) Inhalation rates are for all measurements

1570 combined ("All"), and separately for adults (> 21 years), children ( $\leq$  21 years), and activity level

1571 (sleeping, sedentary, light, moderate, and high). (c) Time-activity factors include hours per day

1572 spent in the residence ("Residence"), in other indoor locations ("Non-residence"), and at work

1573 ("Work"). (d) Particle decay rates are given for all particle loss mechanisms combined ("Total

1574 Decay") and for losses driven only by deposition. (e) Source emissions are given for common

1575 indoor PM<sub>2.5</sub> sources including cooking, cleaning, smoking, and various appliances combined,

1576 excluding the combustion of solid fuels ("All Sources"). (e), (f), and (g) Source emissions are

also illustrated for cooking, smoking, and solid fuel combustion separately. The total number of

1578 observations for each parameter is shown in Figure 1 and all underlying data are provided in the

1579 SI.

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