

## Use of laboratory anaerobic digesters to simulate the increase of treatment rate in full-scale high nitrogen content sewage sludge and co-digestion biogas plants

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### Abstract

The aim of this study was to assess the effect of increasing feedstock treatment rate on the performance of full-scale anaerobic digestion using laboratory-scale reactors with digestate and feedstock from full-scale digesters. The studied nitrogen-containing feedstocks were i) a mixture of industrial by-products and pig slurry, and ii) municipal sewage sludge, which digestion was studied at 41 and 52 °C, respectively. This study showed the successful reduction of hydraulic retention times from 25 and 20 days to around 15 days, which increased organic loading rates from 2 to 3.5 kg volatile solids (VS) /m<sup>3</sup>d and 4 to 6 kgVS/m<sup>3</sup>d. As a result, the optimum retention time in terms of methane production and VS removal was 10–15% lower than the initial in the full-scale digesters. Accumulation of acids during start-up of the co-digestion reactor was

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suggested to be connected to the high ammonium nitrogen concentration and intermediate temperature of 41 °C.

**Keywords**

Anaerobic digestion; nitrogen; co-digestion; sewage sludge; hydraulic retention time

## 1 **1 Introduction**

2 Anaerobic digestion is an efficient technique for the treatment of organic wastes  
3 from different sectors, e.g. agriculture, industry and municipalities. Anaerobic digestion  
4 recovers renewable energy in the form of biogas, which can be used in combined heat  
5 and power plants, in vehicles and for grid injection; and it also allows recycling of  
6 nutrients through application of digestion residues in crop production. Both the  
7 Renewable Energy directive (2009/28/EC, European Parliament and the Council, 2009)  
8 and the Landfill directive (99/31/EC, European Council, 1999) have been strong drivers  
9 in promoting the use of anaerobic digestion for this application in recent years, and the  
10 EU Action Plan for the Circular Economy boosts the role of anaerobic digestion as a  
11 part of nutrient and material cycles (European Commission, 2015).

12 Full-scale anaerobic digestion plants aim to optimize energy production and solids  
13 removal in order to increase the waste treatment rate and the economy of the plant  
14 through increased gate fees, thus without compromising the digester process stability.  
15 The process stability of an anaerobic digester is dependent on the balance between  
16 micro-organisms, which are known to be vulnerable to inhibition or changes in the  
17 process variables e.g. hydraulic retention times (HRT) and organic loading rate (OLR)  
18 (McLeod et al., 2015). The optimization of the waste treatment rate can be achieved  
19 through a decrease in the HRT and increase of the OLR, which, to a certain point, can  
20 increase the methane production during digestion (Nges and Liu, 2010). However, the  
21 increasing OLR can lead to a process imbalance, accumulation of acids and a decrease  
22 in biogas production if the retention times are not sufficient for microbial growth  
23 (Regueiro et al., 2015). Additionally, the formation of increased amounts of inhibitory  
24 compounds, e.g. ammonium nitrogen ( $\text{NH}_4\text{-N}$ , Beale et al., 2016), can affect the process

25 stability (Rajagopal et al., 2013). Nitrogen-containing feedstocks (e.g. slurries/manures,  
26 sewage sludges, food wastes and certain industrial by-products) naturally contain a large  
27 amount of proteins, which is degraded and mineralized into  $\text{NH}_4\text{-N}$  during digestion.  
28 Subsequently,  $\text{NH}_4\text{-N}$  has been reported to be the major toxic compound in full-scale  
29 digesters utilizing high nitrogen containing feedstocks (Fotidis et al., 2014).  
30 Additionally, the temporal and seasonal variation of the feedstock composition (e.g.  
31 sewage sludges, industrial organic wastes) can be challenging (Lee et al., 2016; McLeod  
32 et al., 2015; Regueiro et al., 2015). Thus, to improve the digestion process and increase  
33 the treatment rate also with challenging feedstocks such as industrial and food wastes,  
34 manures and sewage sludge, the stability of the digesters and the quality of the digestate  
35 are not to be compromised (Nges and Liu, 2010). With laboratory-scale experiments,  
36 the effect of the optimization of the digesters at full scale can be studied, without  
37 jeopardizing the actual full-scale process and plant economics. However, to simulate the  
38 full-scale operation with the natural changes and variation within the feedstock  
39 composition, the feedstock composition should not be as controlled and homogenized as  
40 it is with most of the laboratory-scale digestion studies.

41 The total nitrogen concentration in the protein-rich, high-nitrogen-containing  
42 feedstocks increasingly used in biogas plants varies, being around 3–9 gN/kg in animal  
43 manures (Moset et al., 2015b; Regueiro et al., 2015; Zhang et al., 2014), 7–8 gN/kg in  
44 food wastes (Banks et al., 2012; Haider et al., 2015; Tampio et al., 2014), 2–5 gN/kg  
45 (Leite et al., 2016; Lloret et al., 2013) and even 9 gN/kg (Zhang et al., 2014) in  
46 sewage/wastewater treatment sludges, while more specified biomasses, e.g. molasses  
47 residues, can contain nitrogen up to 15 gN/kg (Regueiro et al., 2015). Full-scale  
48 anaerobic digesters treating these nitrogen-containing feedstocks usually operate at

49 HRTs of around 18–30 days (OLRs 1–3 kgVS/m<sup>3</sup>d, Hao et al., 2016; Leite et al., 2016;  
50 Lloret et al., 2013; McLeod et al., 2015; Menardo et al., 2011; Sundberg et al., 2013) in  
51 mesophilic conditions and at HRTs of 16–20 days (OLRs 2–3 kgVS/m<sup>3</sup>d, Lee et al.,  
52 2016; Lloret et al., 2013; Sundberg et al., 2013) in thermophilic conditions. High  
53 nitrogen concentration within the feedstock affects the HRTs and OLRs applied as it  
54 leads to the formation of inhibitory NH<sub>4</sub>-N during digestion. However, due to the  
55 relatively high HRTs currently applied in full-scale plants, there is a likely potential to  
56 improve the processes by increasing the treatment rate.

57 In this study, the aim was to assess the feasibility of increasing the feedstock  
58 treatment rate (HRT, OLR) in full-scale anaerobic digesters treating waste materials  
59 with high nitrogen (5–9 g/kg) concentrations. The mesophilic and thermophilic  
60 laboratory digesters were first operated with similar HRTs (25 and 20 days) to the  
61 representative full-scale reactors after which the HRTs were gradually reduced to 14–15  
62 days. Digestates from the representative full-scale reactors were characterized in order  
63 to assess the conditions in the full-scale digester. The digestates were also used as  
64 inocula for the laboratory digesters, where the feedstocks originated from nitrogen-  
65 containing feedstocks: i) a mixture of industrial by-products and pig slurry, and ii)  
66 municipal sewage sludge. The process performance was assessed with batch and  
67 continuous digestion as well as chemical analyses so as to obtain the optimum reactor  
68 performance in terms of methane yield, volatile solids (VS) removal and process  
69 stability and in order to find the treatment rate when the process becomes unstable.

## 70 **2 Materials and methods**

### 71 **2.1. Origin of materials**

72 Two full-scale digesters were simulated, of which the first plant was co-digesting  
73 multiple feedstocks (referred to as co-digestion feedstock, CF) and the second digesting  
74 sewage sludge (SS) (Table 1). For this study, the feedstocks and digestate (used as an  
75 inoculum) were obtained from the two full-scale plants, which presented the actual  
76 operation of the full-scale digesters. Both digesters were showing a stable and steady  
77 performance before sampling. The digestates were collected from the reactor through a  
78 digestate outflow pipe. The feedstocks were collected after the  
79 hygienization/sterilization prior to digesters presenting the reactor feedstock used in the  
80 full-scale plants. During the 7 months of CSTR (continuously stirred tank reactor)  
81 studies, the CF feedstock was obtained in seven and SS feedstock in eight batches  
82 (Table 2). Sample batches were stored at 4 °C (up to 2-4 weeks) prior to analyses and  
83 feeding to reactors. The biochemical methane potential (BMP) assays were executed  
84 around 2 months prior to the CSTR experiments (Table 2).

## 85 **2.2 BMP assays**

86 BMP assays were performed at similar temperatures to those at which the  
87 representative full-scale digesters operated ( $40 \pm 1$  °C with C,  $53 \pm 1$  °C with SS) using  
88 automated testing equipment (Bioprocess Control Ltd, Sweden). Assays were conducted  
89 in triplicate, each with an inoculum volume of 260 g. The substrate to inoculum ratio  
90 (S/I) was 1 in VS basis and distilled water was added to achieve a total liquid volume of  
91 400 ml.  $\text{NaHCO}_3$  (3 g/l) was used as a buffer. Carbon dioxide was absorbed by NaOH  
92 before the automated gas volume measurement, which was based on liquid  
93 displacement. The assays were mechanically mixed (84 rpm) for one minute per hour.  
94 Assays with inoculum alone presented the residual methane potential (RMP) of the  
95 digestate. The results are given as average values of the triplicate assays.

96 In assays with CF feedstock, methane production was low during the first 20 days  
97 of the assays. Subsequently, on day 24 two replicates were diluted to evaluate the  
98 potential inhibition/overloading of the batch assays. Dilution was done by mixing the  
99 content of two bottles (400 ml + 400 ml), after which 200 ml of this mixture was added  
100 in both bottles along with 200 ml of deionized water to achieve liquid volume of 400 ml  
101 in both bottles.

### 102 **2.3 Reactor experiment**

103 Two 11-litre stainless steel CSTRs (Metener Ltd, Finland) were operated at the  
104 temperature of the representative full-scale digesters, one at 41 °C (CF) and the second  
105 at 52 °C (SS). The reactors were fed manually five times a week (once or twice a day  
106 depending on daily feed volume) through an inlet tube which extended below the  
107 digestate surface, and which was also used for digestate sampling. Digestate overflowed  
108 from the reactors by gravity through a u-tube trap so as to prevent gas escape. Stirring  
109 (32 rpm) was semi-continuous with 5 seconds on and 60 seconds off (from day 33  
110 onwards 5 seconds on and 30 seconds off in SS). Biogas volume was measured by  
111 water displacement in a volume-calibrated cylindrical gas collector (Ritter TG05/5),  
112 after which the gas was collected in aluminum gas bags.

113 The two laboratory CSTRs were inoculated with 11 liters of digestate from the  
114 full-scale digesters, CF and SS. Subsequently, the reactors were kept unfed for five  
115 days, after which feeding was started with feedstocks CF and SS (Table 3). The initial  
116 HRT with both reactors was higher than the original HRT in the full-scale reactors  
117 during days 5–14 for the acclimation of the processes. From day 15 onwards, the HRT  
118 corresponded with the full-scale digesters (Table 3). During days 92–211 the HRTs in  
119 the CF reactor were gradually reduced from 25 to 14 days, which increased the OLRs

120 from 2 to 3.5 kgVS/m<sup>3</sup>d. Simultaneously in the SS reactor, the HRTs were reduced from  
121 20 to 15 d during days 54–189 (OLRs from 4 to 6 kgVS/m<sup>3</sup>d). Reactors were initially  
122 fed once a day (five times a week) while with the increased feedstock amount (from  
123 days 160 and 61 onwards with CF and SS) the feeding was done twice a day  
124 (morning/evening). Due to the differences between the different feedstock batches in CF  
125 feedstock (Table 2), the HRT and OLR in CF and SS reactors do not correlate (Table 3).

126 Samples from the reactors were taken every week for analysis of NH<sub>4</sub>-N, soluble  
127 chemical oxygen demand (sCOD) and volatile fatty acids (VFAs). Every two weeks,  
128 total and volatile solids (TS, VS) and total Kjeldahl nitrogen (TKN) were also analyzed  
129 in addition to NH<sub>4</sub>-N, SCOD and VFA. Digestate pH was measured five times a week.

#### 130 **2.4 Chemical analyses**

131 pH was determined using a VWR pH100 pH-analyzer (VWR International). TS  
132 and VS were analyzed according to SFS 3008 (Finnish Standard Association, 1990).  
133 TKN was analyzed by a standard method (AOAC, 1990) using a Foss Kjeltec 2400  
134 Analyzer Unit (Foss Tecator AB, Sweden), with Cu as a catalyst and NH<sub>4</sub>-N determined  
135 according to (McCullough, 1967). For analysis of sCOD, samples were pre-treated as  
136 described in Tampio et al. (2014), and analyzed according to SFS 5504 (Finnish  
137 Standard Association, 2002). VFAs (volatile fatty acids: acetic, propionic, iso-butyric,  
138 n-butyric, iso-valeric, valeric and caproic acids) were analyzed using a HP 6890 gas  
139 chromatograph, as described in Tampio et al. (2014). Biogas composition (methane  
140 CH<sub>4</sub>, carbon dioxide CO<sub>2</sub>) was analyzed using a portable Combimass GA-m gas  
141 analyzer (Binder Engineering GmbH, Germany).

#### 142 **2.5 Calculations**



143 The reactors were fed for 5 days a week, but the OLR (kgVS/m<sup>3</sup>day) is expressed  
144 as the average daily weight of substrate fed to the reactor over a one-week period. HRT  
145 was calculated based on feedstock densities. Methane yields in BMP assays were  
146 converted to STP conditions (0 °C, 100 kPa) according to the ideal gas law. Methane  
147 yields in the BMP and RMP assays were calculated by dividing the cumulative methane  
148 production by the VS of the added feedstock/inoculum. With BMP assays, methane  
149 production of the inoculum (RMP) was subtracted so as to achieve BMP of the  
150 feedstock. The standard deviations for BMP and RMP samples were calculated from the  
151 variances of the inoculum and feedstock bottles, where the feedstock variance was  
152 achieved by subtracting the variance of the inoculum.

### 153 **3 Results and discussion**

#### 154 **3.1 Feedstock and digestate characteristics**

155 The characterization of the CF and SS feedstock showed variation in TS and other  
156 parameters, and in particular the composition of the CF feedstock varied due to the  
157 temporal and seasonal changes (Table 2, Lee et al., 2016; McLeod et al.; 2015;  
158 Regueiro et al., 2015). TS contents were 9–12% in both feedstocks, which is suitable for  
159 wet-type anaerobic digestion processes. The VS/TS ratio was low (50–56%) in the CF  
160 feedstock, which is most likely due to the characteristics of the industrial by-products in  
161 the feedstock mixture. In SS feedstock, the VS/TS ratio was higher, around 70%. Both  
162 feedstocks contained relatively high amounts of total nitrogen, 7–8 gN/kg in CF and 5–  
163 6 gN/kg in SS, while also the initial NH<sub>4</sub>-N in feedstocks was high, around 4.3 gNH<sub>4</sub>-  
164 N/kg, in CF feedstock (Table 2). The nitrogen content of the feedstock were due to the  
165 feedstock characteristics, where nitrogen concentrations of 3–9 gN/kg are generally  
166 reported for animal manures (Moset et al., 2015b; Regueiro et al., 2015; Zhang et al.,

167 2014), 7–8 gN/kg for food wastes (Banks et al., 2012; Haider et al., 2015; Tampio et al.,  
168 2014), 2–5 gN/kg for sewage sludge (Leite et al., 2016; Lloret et al., 2013) and up to  
169 14–16 gN/kg in enzyme industry by-products (unpublished result).

170 The digestates from the full-scale digesters, which were used as inocula in both  
171 batch and continuous experiments, had TS content of 7–9%, of which the VS content  
172 was 30% TS in CF and 45% TS in SS digestate (Table 2). Nitrogen concentrations were  
173 high (around 8 gN/kg in CF, 5.6 gN/kg in SS) as was expected based on the  
174 characteristics of the feedstocks, and 70% of the total nitrogen was in ammonium form  
175 in CF digestate and around 50% in SS digestate. The differences between  
176 ammonification in the full-scale digesters are mainly due to the amount and availability  
177 of nitrogen-containing molecules, e.g. proteins within the feedstock, where SS  
178 feedstock had already gone through one microbial process during the wastewater  
179 treatment. The relatively high  $\text{NH}_4\text{-N}$  concentrations, especially in CF digestate (5.5–  
180 6.5  $\text{gNH}_4\text{-N/kg}$ ), could potentially be inhibitive to the digester microbes (Rajagopal et  
181 al., 2013). Previously  $\text{NH}_4\text{-N}$  concentrations of 2–5  $\text{gNH}_4\text{-N/kg}$  have been reported in  
182 full-scale plants mono- or co-digesting either manures, food wastes and different by-  
183 products (Fotidis et al., 2014; Lee et al., 2016; Menardo et al., 2011; Moset et al.,  
184 2015b; Sundberg et al., 2013). For SS digestates, lower  $\text{NH}_4\text{-N}$  concentrations have  
185 been reported (0.5–1.5  $\text{gNH}_4\text{-N/kg}$ , Hao et al., 2016; Sundberg et al., 2013), which are  
186 also lower than what was obtained in the present SS digestate (3.0  $\text{gNH}_4\text{-N /kg}$ , Table 2)  
187 due to higher TS content of the feedstock (TS 12% in the present study, TS 4% in Hao  
188 et al., 2016).

189 With both digestates studied, the RMP values were similar, around  $0.05 \text{ m}^3/\text{kgVS}$   
190 (Table 2), indicating efficient digestion within the full-scale plants. The values obtained

191 were within the range of RMP values reported in the literature for full-scale digesters  
192 treating manure and different by-products (0.003–0.03 m<sup>3</sup>/kgVS, Menardo et al., 2011;  
193 0.13–0.17 m<sup>3</sup>/kgVS, Moset et al., 2015b), where the RMP values are highly dependent  
194 on the reactor performance and operation, e.g. OLR (Menardo et al., 2011).

### 195 **3.2 BMP assays**

196 BMPs of around 0.20 m<sup>3</sup>/kgVS were achieved with CF and SS feedstocks during  
197 the 100- and 64-day assays, respectively (Figure 1). Overall, the BMP potentials with  
198 SS were on the same level, as has been previously reported with sewage sludge  
199 (dewatered/thickened sewage sludge 0.17–0.20 m<sup>3</sup>/kgVS in Abelleira-Pereira et al.,  
200 2015; Zhang et al., 2014). However, with the CF sample, the achieved BMP was 40%  
201 lower compared to batch studies with for example pig manure alone (0.32–0.36  
202 m<sup>3</sup>/kgVS in Kafle and Chen, 2016; Zhang et al., 2014) and over 50% lower than BMPs  
203 from digestion of food wastes (0.40–0.50 m<sup>3</sup>/kgVS, Haider et al., 2015; Kawai et al.,  
204 2014).

205 With CF feedstock, the BMP assays showed low and delayed methane production  
206 during the first 20 days of the experiment and thus, the assay bottles were diluted in  
207 order to reduce the organic matter and nitrogen content within the assays. As a result,  
208 the diluted assays produced more than double the amount of methane (0.50 m<sup>3</sup>/kgVS)  
209 than the undiluted assays (0.20 m<sup>3</sup>/kgVS, Figure 1). The delayed methane production  
210 with the CF sample during the first 20 days of the experiment was observed with a long  
211 lag phase and low methane production, which were most likely due to the organic  
212 overloading of the assays, as the S/I ratio, in VS basis, was 1. Also, previous batch  
213 experiments with materials from the same full-scale digester had shown similar long  
214 lag-phase and delayed process start-up (unpublished results). However, the

215 representative full-scale digester from which the CF digestate and feedstock were  
216 obtained showed stable process performance and gas production.

217         The overloading of the organic matter due to the too high S/I ratio induced the  
218 accumulation of VFAs, which caused acidification of the assays and reduced methane  
219 production, as the methane-converting micro-organisms were inhibited (Regueiro et al.,  
220 2015). However, the acidification phenomenon within the CF assays was observed to be  
221 reversible (Kawai et al., 2014), as the non-diluted assay was able to recover and produce  
222 methane after day 40, although with lower quantities compared to the diluted assay. It is  
223 apparent that within the diluted assay bottles the organic matter and VFA content  
224 decreased and pH stabilized, which enabled the recovery of the micro-organisms and  
225 improved methane production. In the literature, batch experiments are suggested to be  
226 executed with S/I ratios lower than 1 (Haider et al., 2015; Kawai et al., 2014; Moset et  
227 al., 2015a), where the higher amount of inoculum adds more active micro-organisms,  
228 e.g. methanogens, to the digestion process (Haider et al., 2015), which reduces the lag  
229 phase and improves degradation (Boulanger et al., 2012). However, too low ratios are  
230 not necessarily effective, as the activity of methanogens is increased to a certain point,  
231 after which other parameters, e.g. hydrolysis, becomes the rate limiting step (Boulanger  
232 et al., 2012). Additionally, too high inoculum amounts possibly affect the uncertainty of  
233 the results as the methane production of the inoculum increases (Angelidaki and  
234 Sanders, 2004). Overall, the effect of the S/I ratio is dependent on the substrate and  
235 inoculum type (Moset et al., 2015a), which explains the present differences between the  
236 BMP assays with CF and SS feedstocks, where e.g. no lag phase was observed with SS  
237 feedstock (Figure 1). For example, with sewage sludges an increase of S/I ratio to 2 has

238 been reported to increase the cumulative methane production compared to S/I ratios of 1  
239 and 0.5 as the amount of biodegradable substrate is increased (Braguglia et al., 2006).

### 240 **3.3 Continuous experiments**

241 Stable operation with increasing OLRs and decreasing HRTs was possible in both  
242 laboratory reactors during the around 200 days of experiments. At the beginning of the  
243 experiments, between days 15 to 92 in CF reactor and 15 to 54 in SS reactor, laboratory  
244 digesters were operated with similar HRTs to the representative full-scale digesters  
245 from which the inocula and feedstocks were obtained. Overall, methane yields were on  
246 the same level throughout the study as well as other parameters, which were slightly  
247 affected by the changes within the feedstocks (Figures 1 and 2), which is normal for  
248 full-scale digesters due to the temporal and seasonal variation of the feedstock  
249 composition (Lee et al., 2016; McLeod et al., 2015; Regueiro et al., 2015). This was  
250 seen with e.g. fluctuating TKN and  $\text{NH}_4\text{-N}$  concentrations in the CF reactor (Figure 2).

251 Methane yields of around 0.50–0.60  $\text{m}^3/\text{kgVS}$  were achieved with the CF reactor,  
252 while SS reactor produced around 0.28–0.30  $\text{m}^3/\text{kgVS}$  of methane (Table 4). Similar,  
253 though slightly lower, results were also obtained from the BMP assays, where diluted  
254 CF assays produced methane 0.50  $\text{m}^3/\text{kgVS}$  and SS assays 0.20  $\text{m}^3/\text{kgVS}$  (Figure 1).  
255 The differences between methane yields between BMP assays and continuous  
256 experiment may be due to the high S/I ratio applied in BMP assays. The lowest HRTs  
257 studied (14 d in CF, 15 d in SS reactor) showed higher methane yields compared to the  
258 initial HRT from the representative full-scale digesters (HRTs 25 d in CF, 20 d in SS).  
259 With both reactors, the increasing OLR and reducing HRT increased the methane  
260 yields; where the optimum HRT was around 10–15% lower than the initial HRT. In

261 addition to the methane yields, the VS removal was also increased with the decreasing  
262 HRTs in both reactors; thus, the effect on VS removal was not linear (Table 4).

263 Although the CF reactor showed relatively stable methane yields during the  
264 experiment, the VFA and sCOD analyses showed that the digestion process was not  
265 stable during the first stage of the experiment (HRT 25 d, Figure 2), which was  
266 anticipated based on the long lag phase observed during the BMP assays. Shortly after  
267 the start of the feeding of the reactor, the VFA and sCOD concentrations started to  
268 increase and the VFAs reached a concentration of 12 g/kg, of which 63% was propionic,  
269 22% acetic and around 10% iso-valeric acid. However, after the peak value, VFA  
270 concentrations started to decrease. Slight accumulations of VFAs (up to 5.8 g/kg) were  
271 detected after the HRT was reduced to 18 days in the SS reactor; thus, the acclimation  
272 of the microbial population to the increased loading was successful, and no further VFA  
273 peaks were discovered (Figure 3). During days 66–81 both reactors were fed with lower  
274 OLRs, which also affected the decrease and stabilization of the VFA concentrations to a  
275 level of <1.5 g/kg in CF and around 2.0 g/kg in SS reactor (Figures 2 and 3). The CF  
276 digestate obtained from the representative full-scale digester thus had a higher initial  
277 VFA concentration (2.9 g/kg) than the SS digestate (0.2 g/kg, Table 2), which indicated  
278 more stable process performance in the full-scale SS digester. Overall, also the  
279 laboratory SS reactor showed a more balanced VFA and sCOD performance throughout  
280 the experiment compared to CF (Figures 2 and 3).

281 With the CF digester, the process stability was affected at the beginning of the  
282 CSTR experiments, as the VFA concentrations increased (Figure 2). The increasing  
283 VFAs are usually due to overloading of organic material into the reactors, as the  
284 methanogens are not able to degrade the formed VFAs (Regueiro et al., 2015), or due to

285 inhibition, which causes imbalances within microbial functions and increase of VFAs  
286 (Rajagopal et al., 2013). At the beginning of the experiments, the OLR was relatively  
287 low and HRT high, which reduces the risk for the VFA accumulation due to organic  
288 matter overloading. However, the  $\text{NH}_4\text{-N}$  concentration within the CF reactor was high  
289 (4–5 g/kg) throughout the study, which was due to the high TKN concentration of the  
290 feedstock (7 g/kg) consisting mainly of industrial by-products and pig slurry. The  $\text{NH}_4\text{-N}$   
291 N induces the inhibition of the methane-forming micro-organisms in high  
292 concentrations, of which concentrations around 1.5–2.5 g/kg are proposed to be  
293 inhibitive for un-acclimated and around 3–6 g/kg for acclimated inocula (reviewed in  
294 Rajagopal et al., 2013). According to these literature values, the  $\text{NH}_4\text{-N}$  concentration  
295 within CF reactor could potentially inhibit the digestion process. Thus, the inoculum  
296 used was already acclimated to high  $\text{NH}_4\text{-N}$  concentrations, as the full-scale reactor was  
297 already successfully fed with the same feedstock and the same OLR. Within the  
298 representative full-scale digester, no inhibition or accumulation of VFAs was observed,  
299 while the removal of the digestate from the reactor and inoculation and start-up of the  
300 laboratory reactors showed imbalanced digestion.

301 The reason for VFA accumulation in the CF digester could be related partly to the  
302  $\text{NH}_4\text{-N}$  as well as the temperature range applied (41 °C), which possibly affected the  
303 function of the micro-organisms. Ammonium nitrogen has an effect on microbial  
304 consortia (Fotidis et al., 2014; Lee et al., 2016), and it is known that the  
305 hydrogenotrophic methane formation route is active when ammonia is high, while  
306 acetoclastic methanogens are inhibited by  $\text{NH}_4\text{-N}$  (Banks et al., 2012; Fotidis et al.,  
307 2014). Additionally, the digester temperature (41 °C) was near to the mesophilic upper  
308 range, which is the most vulnerable temperature zone (from 45 to 50 °C, Kim and Lee,

2016), where the microbial consortia are more susceptible against changes in environmental conditions, e.g. temperature shocks (Gao et al., 2011). It is thus suggested that the high  $\text{NH}_4\text{-N}$  concentration and temperature of 41 °C together reduced the microbial diversity already within the full-scale CF digester. As the inoculum was removed from the full-scale reactor and transported to the laboratory-scale reactors, the microbial consortia were affected due to a change in temperature and the microbial consortia were not able to quickly recover from the temperature shock, which caused the rapid VFA accumulation after the start of the CSTR experiments and possibly also affected the batch tests. The inoculum would probably have needed a longer acclimation/start-up period after introduced to the reactor and the mesophilic conditions, which was seen as the VFA concentrations stabilized around day 90 (Figure 2) indicating that the acidification was a reversible process (Kawai et al., 2014). A similar result was also obtained in a laboratory study with wastewater treatment sludge, where the temperature of 42 °C was observed to inhibit the start-up of the digestion process, and where the microbial community structure within the 42 °C reactor was also different compared to a control reactor operating at 37 °C (Beale et al., 2016). In the present study, the VFA accumulation did not correlate with the pH value (Figure 2), which was measured each day, supporting the reversible and temporary nature of the acidification phenomenon. Additionally, the high  $\text{NH}_4\text{-N}$  concentration within the reactor acted as a buffer and stabilized pH (Prochazka et al., 2012).

Another increase of VFAs in the CF reactor was observed during the lowest HRT (14 days) applied, where the increased organic matter and nitrogen loading most likely affected the methanogens and caused acidification. Unfortunately, the experiment was halted, and it is unclear what was the ultimate cause for the VFA imbalances. With the



333 SS reactor digesting sewage sludge, the  $\text{NH}_4\text{-N}$  concentration was lower (around 3 g/kg)  
334 compared to CF reactor (4–5 g/kg). SS feedstock had also more stable composition  
335 compared to CF (see Table 2), where the temporal variation within the feedstock  
336 composition was more evident, and was observed with e.g. varying TKN concentrations  
337 during the CSTR experiment (Figure 2). Overall, the composition of sewage sludge is  
338 more cohesive throughout the year, compared to the co-feedstock in CF (industrial  
339 waste), where the feedstock composition is affected by the current availability of the  
340 organic waste materials (Regueiro et al., 2015).

341 The present OLRs and HRTs achieved in CF and SS digesters were compared to  
342 literature values obtained from pilot and full-scale plants digesting similar feedstocks  
343 (mixtures of industrial/food wastes and manure, sewage sludge) (Table 5). The HRTs  
344 with industrial waste- and manure-based digestion plants are usually higher, around 25  
345 to 30 days, thus with similar OLRs as in the studied CF reactor (around 3  $\text{kgVS/m}^3\text{d}$ ).  
346 However, the co-digestion with various feedstocks as well as varying mesophilic  
347 temperature ranges (from 35 to 41 °C) complicates the direct comparison of the reported  
348 literature values (Table 5). The thermophilic SS reactor with sewage sludge as  
349 feedstock, showed similar HRTs with full-scale applications (10–30 days) and VS  
350 removal (40–50%), thus higher OLR (4–6  $\text{kgVS/m}^3\text{d}$  compared to 1.5–3  $\text{kgVS/m}^3\text{d}$   
351 within the full-scale digesters, Table 5). Overall, the HRT and OLR are dependent on  
352 feedstock characteristics, which affect the operational parameters in each digester. With  
353 lower HRTs and higher OLRs, the reactor volume can be reduced and the feedstock  
354 treatment rate increased, which increases the economy of the anaerobic digestion plants  
355 through increased gate fees without compromising the stability of the digestion process.  
356 In the present study, it was shown that the successful increase of the waste digestion

357 rate by around 10–15% is possible also with feedstocks containing high nitrogen  
358 concentrations.

#### 359 **4 Conclusions**

360 The reduction of HRT from 20–25 to 14–15 days was possible in laboratory-scale  
361 reactors simulating full-scale anaerobic digesters. In terms of methane yield and VS  
362 removal, the optimum HRTs were around 17 and 22 days, representing a 10–15%  
363 increase in digester efficiency and gate fee income in full-scale applications. The  
364 increase of the treatment rate of high nitrogen-containing feedstocks (5–9 g/kg) was  
365 possible, enabling more efficient utilization of these types of waste materials, thus  
366 necessary acclimation time is needed to prevent VFA accumulation during digester  
367 start-up.

#### 368 **Acknowledgements**

369 The authors are grateful to the Biovakka Suomi Ltd (Gasum Biovakka Ltd) for  
370 their cooperation and providing the materials. Additionally, authors want to thank  
371 Teemu Ala-Kleme for his valuable help with the reactor experiments, and the laboratory  
372 staff at MTT Agrifood Research Finland (Natural Resources Institute Finland) for the  
373 analyses. The funding from the Fortum Foundation to E. Tampio (grant number  
374 201500190) for the preparation of this manuscript is greatly acknowledged.

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482 **Figure captions**

483 Figure 1. The biochemical methane potentials (BMPs) of the studied feedstocks and the  
484 residual methane potentials (RMPs) of the digestates, a) CF, b) SS. The standard  
485 deviations are plotted in 5-day intervals, where n=3 for inocula and SS feedstock, n=2  
486 for diluted CF feedstock, and n=1 for the raw CF feedstock. Standard deviation for the  
487 diluted CF feedstock is not available from day 24 to 62 due to sample dilution. Note the  
488 different x- and y-axis between figures.

489

490 Figure 2. The process parameters within the CF reactor operating at 41 °C during the  
491 gradually reduced hydraulic retention times (HRTs). a) Methane content, methane yield  
492 and organic loading rate (OLR), b) soluble chemical oxygen demand (sCOD), volatile  
493 fatty acids (VFAs) and pH, c) total Kjeldahl nitrogen (TKN) and ammonium nitrogen  
494 (NH<sub>4</sub>-N).

495

496 Figure 3. The process parameters within the SS reactor operating at 52 °C during the  
497 gradually reduced hydraulic retention times (HRTs). a) Methane content, methane yield  
498 and organic loading rate (OLR), b) soluble chemical oxygen demand (sCOD), volatile  
499 fatty acids (VFAs) and pH, c) total Kjeldahl nitrogen (TKN) and ammonium nitrogen  
500 (NH<sub>4</sub>-N).

501



502 Table 1. The characteristics of the full-scale anaerobic digestion plants simulated in this  
 503 study.

Digester	Co-digestion feedstock	Sewage sludge
Abbreviation	CF	SS
Feedstock	By-products from enzyme production (60%), pig slurry (25%), food industry by-products (15%) <sup>a</sup>	Dewatered municipal sewage sludge <sup>b</sup>
Treatment capacity (t/y)	100 000	75 000
Temperature (°C)	41	52
HRT (d)	25	20
OLR (kgVS/m <sup>3</sup> d)	2.2–2.3	4

<sup>a</sup>Mixed and hygienized 60 min in 70 °C

<sup>b</sup>Diluted to TS 15% and sterilized (thermal hydrolysis <133 °C, <20 min, <3 bars)

504

505

506 Table 2. The characteristics of the digestate (used as an inoculum) and feedstocks used  
 507 within the biochemical methane potential (BMP) assays and continuously stirred tank  
 508 reactor (CSTR) experiments. All values presented on a fresh matter basis.

Reactor feedstock	Co-digestion feedstock (CF)				Sewage sludge (SS)			
Sample	<i>Digestate</i>		<i>Feedstock</i>		<i>Digestate</i>		<i>Feedstock</i>	
Experiment	BMP	CSTR	BMP	CSTR <sup>a</sup>	BMP	CSTR	BMP	CSTR <sup>a</sup>
pH	n.d.	8.3	n.d.	6.2 ± 0.2	n.d.	8.1	n.d.	6.1 ± 0.2
TS (g/kg)	96.2	76.9	121.5	85.9 ± 13.8	77.0	91.1	121.3	118.0 ± 4.1
VS (g/kg)	33.3	29.0	60.4	47.9 ± 7.8	43.4	46.9	88.8	83.3 ± 3.5
VS/TS (%)	34.6	37.7	49.7	55.8	56.4	51.5	73.2	70.6
TKN (g/kg)	8.8	7.6	8.4	7.0 ± 0.8	5.7	5.6	6.2	5.4 ± 0.2
NH <sub>4</sub> -N (g/kg)	6.4	5.5	4.3	n.d.	3.0	3.0	1.1	n.d.
sCOD (g/kg)	n.d.	11.9	n.d.	n.d.	n.d.	10.9	n.d.	n.d.
VFA <sub>tot</sub> (g/kg)	n.d.	2.9	n.d.	n.d.	n.d.	0.2	n.d.	n.d.
BMP, RMP (m <sup>3</sup> <sub>CH<sub>4</sub></sub> /kgVS)	0.048	n.d.	0.202 <sup>b</sup>	n.d.	0.047	n.d.	0.191	n.d.

<sup>a</sup>n=6-7

<sup>b</sup>after dilution of assays 0.510 m<sup>3</sup><sub>CH<sub>4</sub></sub>/tVS

n.d., not determined

509

510 Table 3. The operation of the laboratory reactors during the experiment with gradually  
 511 increasing organic loading rate (OLR) and decreasing hydraulic retention time (HRT).

Co-digestion feedstock (CF)			Sewage sludge (SS)		
Days	OLR (kgVS/m <sup>3</sup> d)	HRT (d)	Days	OLR (kgVS/m <sup>3</sup> d)	HRT (d)
15–92	1.8–2.1	25	15–54	3.9–4.3	20
93–111	1.5	22	55–125	4.4–4.7	18.3
112–125	1.9	17.1	126–137	4.8	16.6
126–158	2.5	22	138–158	5.0	15.9
159–189	3.0	16.7	159–189	5.5	15.9
190–211	3.5	14.4	190–212	6.0	14.7

512

513

514 Table 4. Methane yields, total and volatile solids (TS, VS) and VS removal during the  
 515 study with decreasing hydraulic retention times (HRTs) and increasing organic loading  
 516 rates (OLRs). The table presents average values and standard deviations from the  
 517 representative HRTs. For days 0–4 the reactors were kept unfed, on days 5–14 the  
 518 reactors were acclimated with HRT of 50 d (OLR 0.9 kgVS/m<sup>3</sup>d) in CF and HRT of 50  
 519 d (OLR 0.9 kgVS/m<sup>3</sup>d) in SS.

<i>Co-digestion feedstock (CF)</i>					
Days	HRT (d), OLR (kgVS/m <sup>3</sup> d)	CH <sub>4</sub> yield (m <sup>3</sup> /kgVS)	TS (g/kg)	VS (g/kg)	VS removal (%)
15–92	25 (OLR 1.8–2.1)	0.474 ± 0.109	74.0 ± 16.5	32.1 ± 7.6	40.1 ± 12.4
93–111	22 (OLR 1.5)	0.591 ± 0.027	53.6 ± 0	22.0 ± 0	33.7 ± 0
112–125	17 (OLR 1.9)	0.586 ± 0.015	50.2 ± 0	22.2 ± 0	33.3 ± 0
126–158	22 (OLR 2.5)	0.561 ± 0.008	60.5 ± 5.9	25.4 ± 1.5	53.8 ± 2.7
159–189	17 (OLR 3.0)	0.479 ± 0.007	71.3 ± 3.7	29.3 ± 1.4	41.6 ± 2.8
190–211	14 (OLR 3.5)	0.536 ± 0.010	72.5 ± 0	33.2 ± 0	34.3 ± 0
<i>Sewage sludge (SS)</i>					
Days	HRT (d), OLR (kgVS/m <sup>3</sup> d)	CH <sub>4</sub> yield (m <sup>3</sup> /kgVS)	TS (g/kg)	VS (g/kg)	VS removal (%)
15–54	20 (OLR 3.9–4.3)	0.280 ± 0.026	87.0 ± 2.6	47.0 ± 1.2	42.5 ± 4.7
55–125	18 (OLR 4.4–4.7)	0.279 ± 0.089	83.8 ± 3.9	45.7 ± 2.0	45.1 ± 2.5
126–137	17 (OLR 4.8)	0.297 ± 0.004	79.0 ± 0	44.3 ± 0	43.8 ± 0
138–158	16 (OLR 5.0)	0.288 ± 0.007	75.4 ± 0	42.5 ± 0	46.0 ± 0
159–189	16 (OLR 5.5)	0.279 ± 0.020	77.0 ± 3.7	44.4 ± 1.6	49.1 ± 1.8
190–212	15 (OLR 6.0)	0.286 ± 0.006	91.8 ± 0	49.8 ± 0	42.8 ± 0

n=2–11 for CH<sub>4</sub> yield, n=1–5 for TS, VS and VS removal

520

521

522 Table 5. The operational parameters; temperature, hydraulic retention times (HRT),  
 523 organic loading rate (OLR) and VS removal in full- and pilot-scale digesters digesting  
 524 mixtures of industrial/food wastes and manure, and sewage sludge according to the  
 525 literature.

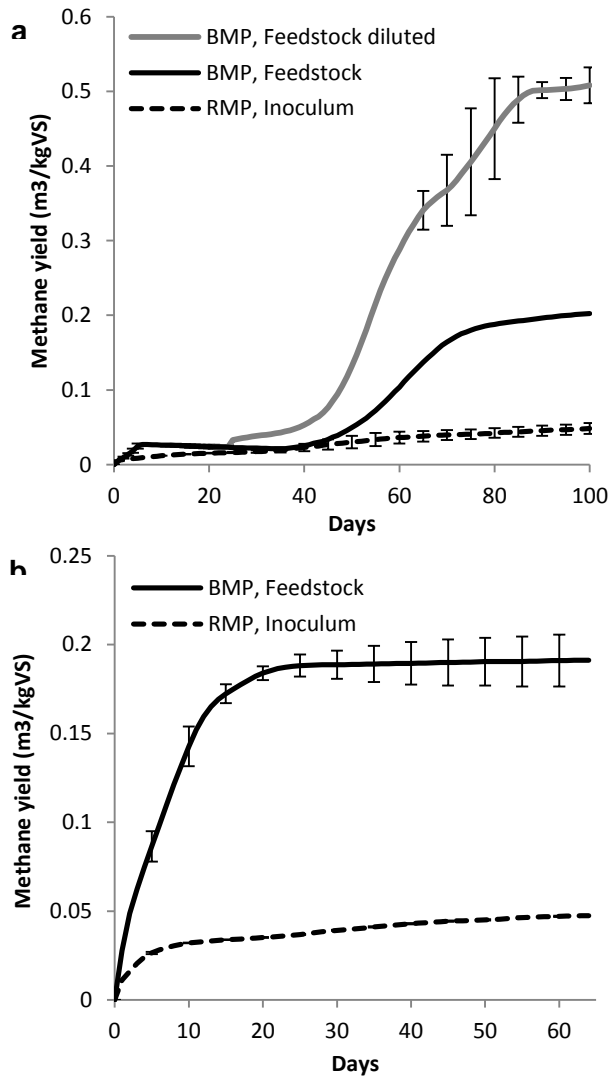
	Temper- ature (°C)	OLR (kgVS/m <sup>3</sup> d)	HRT (d)	VS removal (%)	Reference
Animal manure (70%), energy crops (20%), food industry by-products (10%)	41	2.25	105	-	Menardo et al., 2011
Pig slurry (87%), energy crops (17%)	41	0.85	51	-	Menardo et al., 2011
OFMSW (59%), food industry waste (21%), pig manure (9%)	37	3.2–3.9	27–34		Sundberg et al., 2013
Pig and cow manure (69%), OFMSW (30%)	38	3.1	29	-	Sundberg et al., 2013
SHW (54%), pig and cow manure (33%), OFMSW (10%)	37	3.1	25	-	Sundberg et al., 2013
Cattle slurry, cattle manure, maize silage	38.5	-	25	-	Albuquerque et al., 2012
SHW (54%), pig and cow manure (33%), OFMSW (10%)	37	3.1	25		Sundberg et al., 2013
Pig manure, SHW sludge, biodiesel wastewater	37	-	21	-	Albuquerque et al., 2012
Cow manure	35	3.1	20	28.2	Moset et al., 2015b
Enzyme industry by-products (60%), pig slurry (25%), food industry by-products (15%)	41	1.5–3.5	14–25	33–54	Present study
	52.3–53.9	1.5–2.5	16–28	39.4–46.1	Lloret et al., 2013
	55	2.2	20	34	Leite et al., 2016
Wastewater treatment sludge	58.5	-	15.5– 17.5	-	Lee et al., 2016
	51–53	2.9	11	-	Sundberg et al., 2013
	52	4–6	15–20	43–49	Present study

Organic fraction of municipal solid waste (OFMSW), slaughterhouse waste (SHW)  
 -, not available

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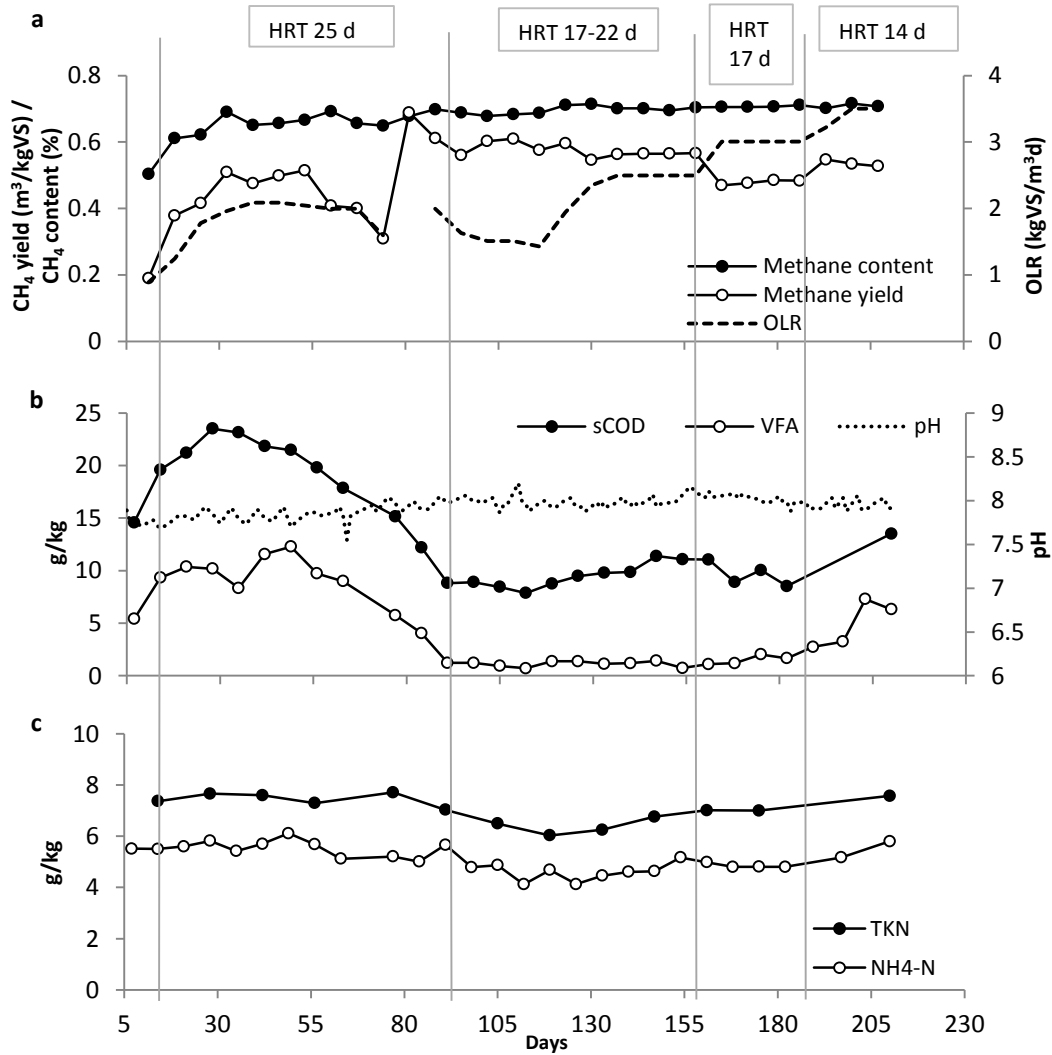
528 Fig. 1.



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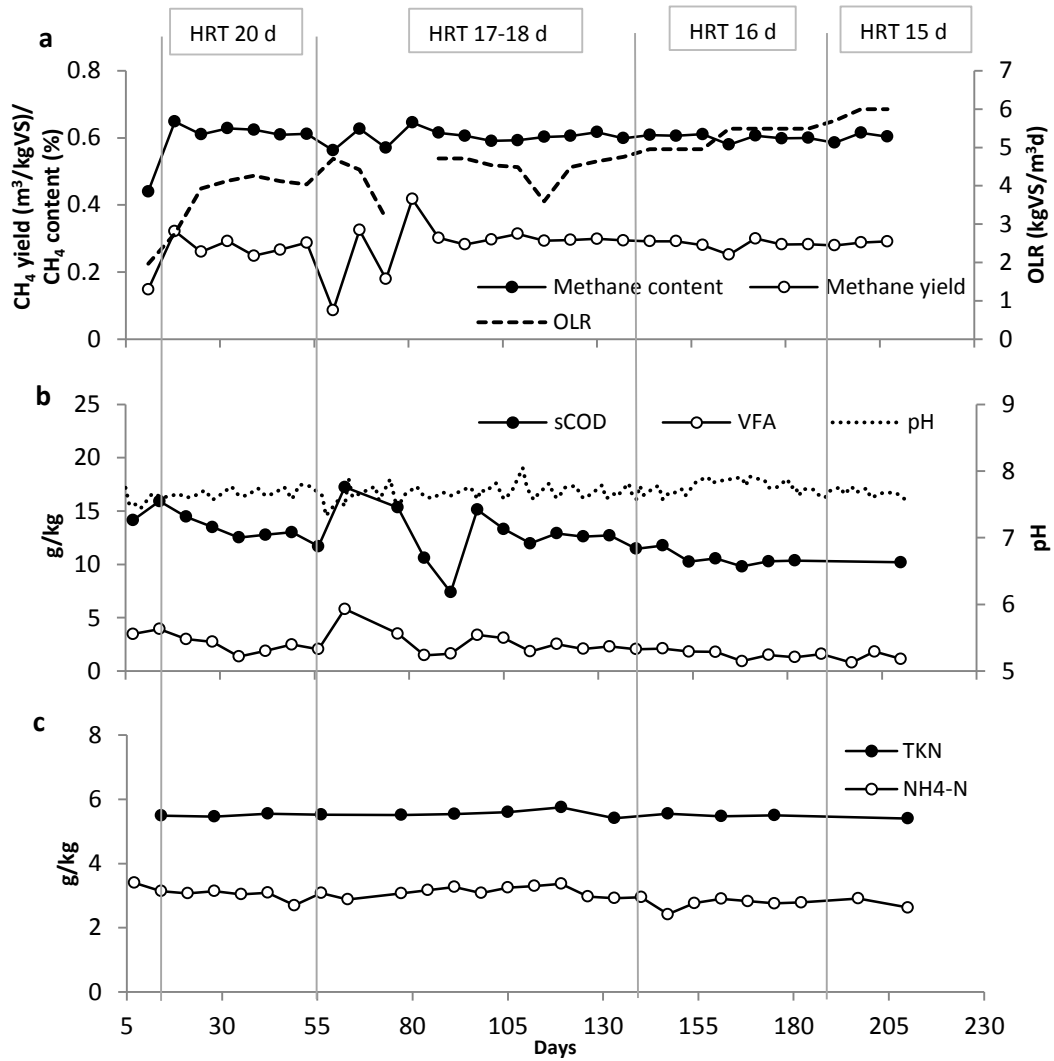
531 Fig. 2.



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533

534 Fig. 3.



535