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Journal:	<i>Nano Letters</i>
Manuscript ID:	nl-2015-024756.R1
Manuscript Type:	Communication
Date Submitted by the Author:	n/a
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# Nanobubbles at GPa pressure under graphene

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## Abstract

We provide direct evidence that irradiation of a graphene membrane on Ir with low-energy Ar ions induces formation of solid noble-gas nanobubbles. Their size can be controlled by thermal treatment, reaching tens of nm laterally and height of 1.5 nm upon annealing at 1080 °C. Ab-initio calculations show that Ar nanobubbles are subject to pressures reaching tens of GPa, their formation being driven by minimization of the energy cost of film distortion and loss of adhesion.

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7 **Keywords:** graphene, nanobubbles, argon, ion-irradiation, implantation, ripening.  
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11 With both Young's modulus and third-order elastic stiffness reaching the terapascal  
12 range, graphene has emerged as the strongest material ever measured.<sup>1</sup> Together with the  
13 high flexibility provided by the nature of sp<sup>2</sup> carbon bond, these outstanding properties  
14 make graphene the ideal candidate for ultra-thin impermeable membranes separating differ-  
15 ent environments. For instance, graphene-based windows have been successfully employed  
16 in environmental cells for electron microscopy, paving the way to the spectroscopic investiga-  
17 tion of liquids.<sup>2-4</sup> Remarkably, graphene membranes are able to trap mesoscopic volumes of  
18 gas in nanobubbles (NB), demonstrating suitability for gas-storage applications and extreme  
19 robustness, even at single layer thickness.<sup>5</sup> NB have recently sparked intense research inter-  
20 est due to their intriguing properties and have been observed in various systems, ranging  
21 from epitaxial graphene grown on 4H-SiC<sup>6</sup> to graphene on SiO<sub>2</sub>.<sup>7</sup> Formation of NB under  
22 graphene has also been reported upon high temperature heating of the graphene-diamond  
23 interface,<sup>8</sup> with application as anvil cells for high-pressure reactions inaccessible under am-  
24 bient conditions, *e.g.* the polymerization of buckminsterfullerene.<sup>9</sup> Importantly, the large  
25 lattice deformation occurring in NB permits to strain-engineer the local electronic and mag-  
26 netic properties of the film.<sup>10</sup> It has been shown that strain generated by NB under graphene  
27 can induce Landau levels arising from pseudo-fields of 300 tesla.<sup>11,12</sup> The peculiar film mor-  
28 phology induced by NB is also known to induce optical bistability in graphene, which may  
29 find application in nano-devices enabling giant optical nonlinearity<sup>13</sup>  
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49 To date, only few pioneering studies have addressed the basic structural properties of  
50 NB under graphene using surface science methods. A systematic picture on the subject is  
51 still missing, aggravated by the lack of model systems targeting NB formation and growth.  
52 Indeed, the characterization of such an entangled system poses extraordinary experimental  
53 challenges owing to limited access to buried species. Recently, graphene and hexagonal  
54 boron-nitride (h-BN) on transition metals came in the spotlight, providing the initial ground  
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7 for studying film deformations resulting from irradiation with low energy noble gas ions.  
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9 On Rh(111), both graphene and h-BN have been shown capable of trapping individual Ar  
10 atoms under the distorted lattice-mesh.<sup>14</sup> Intercalated atoms form characteristic dome-like  
11 protrusions, opening the door to a strain-mediated functionalization of the film.<sup>15,16</sup> A recent  
12 STM study demonstrated that the intercalation of oxygen under graphene/Ru causes moiré  
13 blisters to transform in NB, their size, shape and density being controlled by the extent of  
14 the oxidation treatment.<sup>12</sup> Further, a recent work on graphene on Ir(111) reports nucleation  
15 and growth of flat nanoplatelets following Ar<sup>+</sup> irradiation and subsequent annealing, which  
16 have been attributed to intercalated C.<sup>17</sup>

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25 By adopting advanced electron and scanning probe microscopy methods, we have investi-  
26 gated the morphology and spatial distribution of Ar intercalated under graphene on Ir(100),  
27 specifically addressing the formation of NB and their thermal stability. Ar was chosen be-  
28 cause, being inert, it does not either chemisorb to Ir or react off graphene. We intercalated  
29 it using low energy ion irradiation, causing minimal damage to the graphene lattice while  
30 ensuring an initially uniform lateral distribution. Our substrate, Ir(100) offers the advantage  
31 of tunable film-substrate interaction, favouring diffusion of intercalated atoms at tempera-  
32 tures higher than 500 °C, when the film completely decouples from the substrate;<sup>18,19</sup> similar  
33 to Ru(0001) and Ir(111),<sup>20,21</sup> it also warrants that the intercalated atoms are sealed under  
34 graphene, due to substrate chemisorption of the graphene's island edges. Combined use of  
35 low energy electron microscopy (LEEM)<sup>22</sup> and synchrotron-based photoemission electron  
36 microscopy (XPEEM)<sup>23</sup> gave us access to the interface structure and composition. Thanks  
37 to high sensitivity to near-surface species, XPEEM allowed mapping the lateral distribution  
38 of intercalated Ar and its evolution upon annealing. The corrugations induced in the film  
39 were quantitatively characterized using scanning tunneling microscopy (STM). The exper-  
40 iments were corroborated by ab-initio simulations, which clarify the physical mechanisms  
41 governing ripening of intercalated species.

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60 We grew graphene on the (100) face of Ir by chemical vapor deposition of ethylene at



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7 sample temperature nearing 850 °C,<sup>19</sup> interrupting deposition after micron-size islands had  
8 developed. The specimen was then irradiated at room temperature with low energy Ar ions,  
9 as detailed in the Methods Section. Sputtering energies in the range 0.1 – 0.5 kV were  
10 used to maximize cross section for intercalation, while minimizing damage and implanta-  
11 tion into Ir bulk.<sup>24</sup> The LEEM and LEED images in Figure 1(a) illustrate the state of the  
12 graphene/Ir interface before and after irradiation. As can be seen, unirradiated graphene ex-  
13 hibits the characteristic stripes resulting from alternating domains of physisorbed-flat (FG)  
14 and buckled graphene (BG) phases.<sup>18</sup> In the latter phase  $\sim 10\%$  of the carbon atoms is  
15 chemisorbed to the substrate, originating large one-dimensional nanoripples exhibiting pe-  
16 riodicity of 2.1 nm.<sup>18,25</sup> After irradiation, the electron reflectivity diminishes notably at the  
17 island, which appears darker than its surroundings. Note also the dramatic change in the  
18 LEED pattern, where the graphene spots are not discernible and the diffuse background is  
19 very high. STM measurements reveal that this is due to a remarkably rough surface morphol-  
20 ogy, see Figure 1(b). Nevertheless, the film appears to be continuous, even if point defects  
21 show up at atomic resolution. Interestingly, XPEEM spectra of Ar  $2p$  core level emission  
22 shown in Figure 1(c) demonstrate that the Ar signal comes exclusively from the graphene is-  
23 lands. This, together with the relatively small effective attenuation length of Ar  $2p$  electrons  
24 at the kinetic energy used in the experiments (178 eV), suggests that Ar emitters are likely  
25 trapped at the graphene/Ir interface and not below, in agreement with recent literature on  
26 ion-irradiated graphene.<sup>24,26,27</sup> Under the typical irradiation fluences used in this work, we  
27 estimate that about 0.1 eML<sub>Ir</sub> (equivalent monolayer of the unreconstructed Ir(100) surface,  
28 see Methods) of Ar is implanted at the graphene/Ir interface, see supplementary information  
29 (SI).

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The evolution of the surface morphology upon consecutive temperature treatments is il-  
lustrated in Figure 2. Each treatment consisted of a ramp to a set temperature, subsequently  
kept for 5 minutes, followed by cooling down to room temperature. In the final treatment,  
temperatures close to 1080 °C were reached. Figure 2(a) shows an STM image of graphene

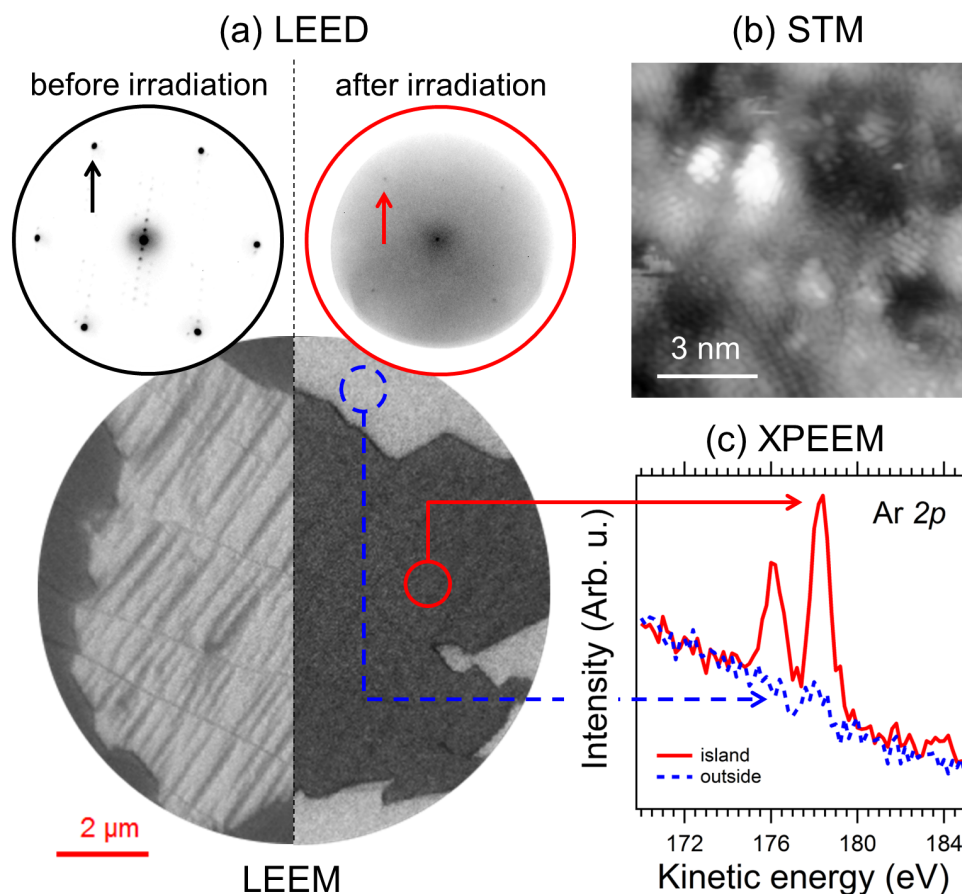


Figure 1: (a, top) room temperature LEED patterns at  $V_{start} = 38$  V of graphene on Ir(100) before and after  $\text{Ar}^+$  irradiation ( $0.5$  kV at  $1.5 \cdot 10^{-5}$  mbar for 7 s;  $F = 1.6 \cdot 10^{14}$  atoms/cm<sup>2</sup>); the pattern on the left exhibits strong graphene first order spots (one is marked by a black arrow); After irradiation they disappear, the Ir first order spot becoming barely visible (red arrow); (a, bottom) Room temperature LEEM images at  $V_{start} = 12$  V of the same surface. The bright (dark) stripes on the left correspond to the FG (BG) phase on Ir(100).<sup>18</sup> After irradiation, the graphene island appears darker than the surrounding Ir, due to a dramatic decrease of the electron reflectivity. (b): room temperature STM image of the graphene surface after a similar treatment; image size  $10 \times 10$  nm<sup>2</sup> ( $V_b = 0.1$  V;  $I_t = 5$  nA); (c) XPEEM Ar  $2p$  spectra acquired from distinct regions inside and outside the graphene island shown in (a). Photon energy: 420 eV.

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7 right after irradiation at 80 °C. The bright dots are protrusions with median height of about  
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9 0.10 nm. Figure 2(b-e) shows the variations occurring in film morphology upon annealing.  
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11 As can be seen, the bright spots become larger and decrease in number, manifesting the  
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13 occurrence of a ripening process observed in STM and LEEM (see movies in SI). Often, the  
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15 NB are trapped at step edges (see Figure 2e), consistent with previous STM work reporting  
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17 NB nucleation and growth at defect sites.<sup>12</sup> After the final treatment, the lateral size of the  
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19 observed structures is typically few nm, often surpassing 10 nm. Quantitative analysis of  
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21 the STM data shows that the protrusions' median height increases from 0.10 up to 1.5 nm  
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23 upon annealing to 1080 °C (see SI). The decrease in spot density is accompanied by the de-  
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25 velopment of large areas of FG. Upon cooling, BG is found to preferentially nucleate close to  
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27 the protrusions. It is plausible that the formation of BG provides an energetically-favorable  
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29 configuration to accommodate the strain around the protrusions.<sup>18</sup> Yet, we note that the  
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31 BG phase has no role in the ripening process occurring upon annealing.<sup>28</sup>  
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34 To further characterize the state of the interface, we microscopically probed the Ar *2p*  
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36 and C *1s* core level emission within micrometer-sized graphene islands. We note that, above  
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38 600 °C, the C *1s* emission recovers a narrow line-shape (not shown), suggesting that defects  
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40 heal close to graphene growth temperatures. The Ar *2p* emission shows instead two spin-  
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42 split doublet components, see Figure 2(f). We assign the low and high binding energy (BE)  
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44 components to dispersed intercalated Ar, in the form of isolated atoms / two-dimensional  
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46 aggregates (labeled 2D in the figure), and three-dimensional (3D) clusters, respectively. Such  
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48 interpretation is consistent with a previous photoemission study on Ar NB embedded in Si  
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50 and  $\alpha$ -Al<sub>2</sub>O<sub>3</sub>.<sup>29</sup> The inspection of the spectra in Figure 2(f) reveals a clear transition from  
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52 2D to 3D character upon annealing. As shown in Figure 2(g), the sum of the 2D and  
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54 3D components is almost constant up to 700 °C. The subsequent decrease in intensity is  
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56 compatible with self-screening effects, following the significant increase of the protrusion  
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58 height evidenced by our STM data. As quantitatively determined in a fit, both components  
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60 shift to higher BEs upon annealing, with a particularly large shift for the 3D component.

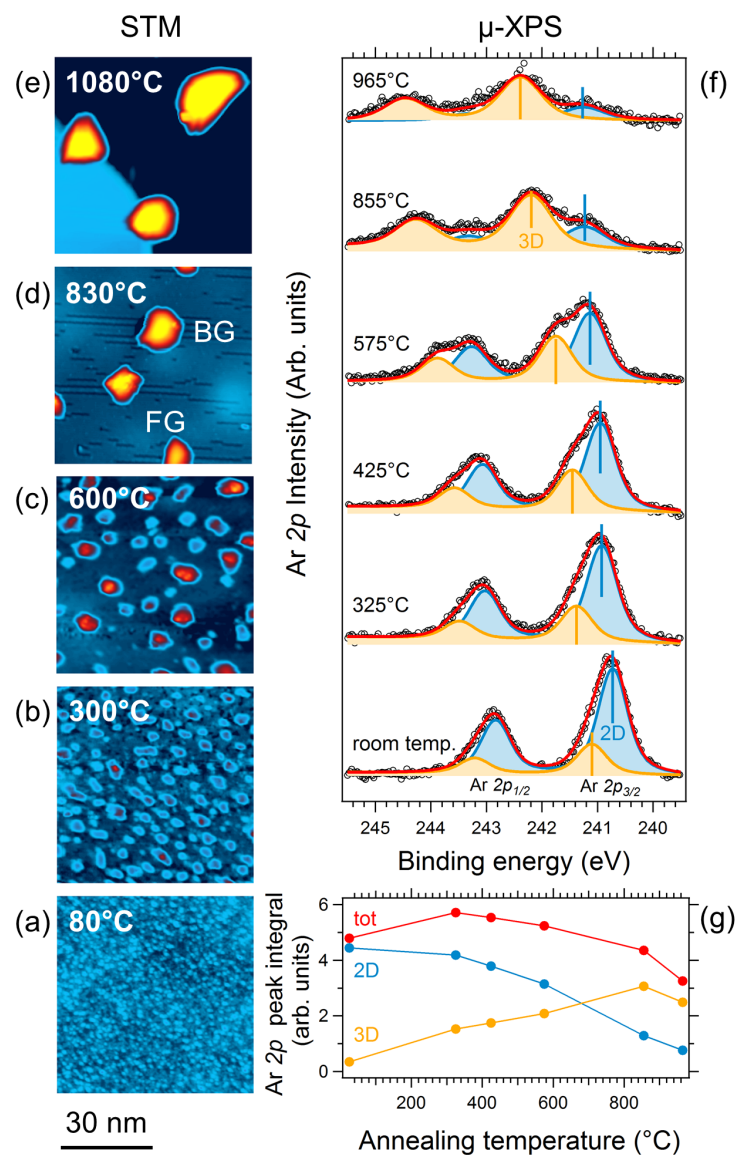


Figure 2: (left) The STM topographs illustrate the evolution of the film morphology upon annealing (temperatures are indicated by the labels). All images, measured at room temperature, have size of  $65 \times 65 \text{ nm}^2$ ; (a) after 15 s  $\text{Ar}^+$  irradiation at 0.15 kV,  $V_b = -0.2 \text{ V}$ ;  $I_t = 0.7 \text{ nA}$  (b)  $V_b = -0.9 \text{ V}$ ;  $I_t = 0.5 \text{ nA}$  (c)  $V_b = -0.2 \text{ V}$ ;  $I_t = 1 \text{ nA}$  (d)  $V_b = -0.2 \text{ V}$ ;  $I_t = 1 \text{ nA}$ ; the stripes close to the protrusions identify the BG phase. (e)  $V_b = -0.2 \text{ V}$ ;  $I_t = 1 \text{ nA}$  (f) room temperature  $\mu$ -XPS Ar  $2p$  spectra from a single, well-defined graphene island after  $\text{Ar}^+$  irradiation ( $0.1 \text{ kV}$ ,  $420 \text{ s}$  at  $2 \cdot 10^{-5} \text{ mbar Ar}$ ;  $F = 1.4 \cdot 10^{15} \text{ atoms/cm}^2$ ) and subsequent annealing (temperatures are indicated by labels); Voigt lineshape best fits (red curves) are superimposed to the experimental data (empty circles). The low and high binding energy doublets correspond to 2D (blue) and 3D (orange) interfacial Ar respectively. The vertical bars provide a guideline highlighting the shift in binding energy. The peak integrals are shown in (g). The red dots correspond to the total Ar signal. Photon energy: 400 eV.

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7 Similar effects have already been observed for noble-gas NB in Al.<sup>29,30</sup> They are interpreted  
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9 as due to variations in the electron screening of the metal in response to the core-hole in  
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11 the photoemission final state. Importantly, such variations are dependent on the NB radius,  
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13 suggesting a relationship between BE variation and bubble size.<sup>31</sup>

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15 Figure 3(a,b) shows room temperature LEEM and PEEM images of a graphene island  
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17 after thermal treatment to 1050 °C. In (a), the bright and neutral grey regions correspond to  
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19 the FG and BG phases, respectively. We interpret the small dots, highlighted by red circles,  
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21 as due to regions where the film is not parallel to the surface plane. Since these features grow  
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23 in size upon annealing, we identify them with the protrusions seen in STM. A few isolated  
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25 wrinkles interconnecting particles are also visible, disclosing a strain relief mechanism already  
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27 observed in other graphene systems.<sup>32</sup> In order to confirm the assignment of the particles  
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29 as Ar clusters, we performed x-ray absorption spectromicroscopy (XAS-PEEM) probing the  
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31 L absorption edge of Ar by measuring the secondary electron yield as a function of the  
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33 photon energy. In the XAS-PEEM image in (b) the intensity is proportional to the local Ar  
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35 concentration. There is a one-to-one matching between the bright features in XAS-PEEM  
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37 and the spots in LEEM. Some clusters can be seen at the extreme border of the flake, which  
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39 was also confirmed by STM and suggests that intercalated species cannot escape from the  
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41 island even after annealing to 1080 °C. Spectra obtained from inside and outside the spots  
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43 in graphene are shown in Figure 3(c). As can be seen, only the protrusions' spectra display  
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45 resonances at about 245, 248 and 250 eV, in perfect accord with XAS data for gas phase Ar  
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47 clusters.<sup>33</sup> Figure 3(d) and 3(e) allow us comparing Ar L<sub>3</sub> XAS-PEEM and Ir 4f<sub>7/2</sub> XPEEM  
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49 images. At the electron kinetic energy used for the Ir image (96 eV), the effective attenuation  
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51 length is close to a minimum for most materials.<sup>34</sup> The remarkable inversion of contrast with  
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53 Ar L<sub>3</sub> image points to the substrate emission being screened, revealing that the clusters sit  
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55 above Ir. The featureless C 1s image in (f) demonstrates instead that the protrusions are  
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57 not due to multi-layer graphene, in contrast with literature data for Ir(111).<sup>17</sup> Combining  
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59 the above, we conclude that the protrusions are Ar NB, located at the graphene/Ir interface

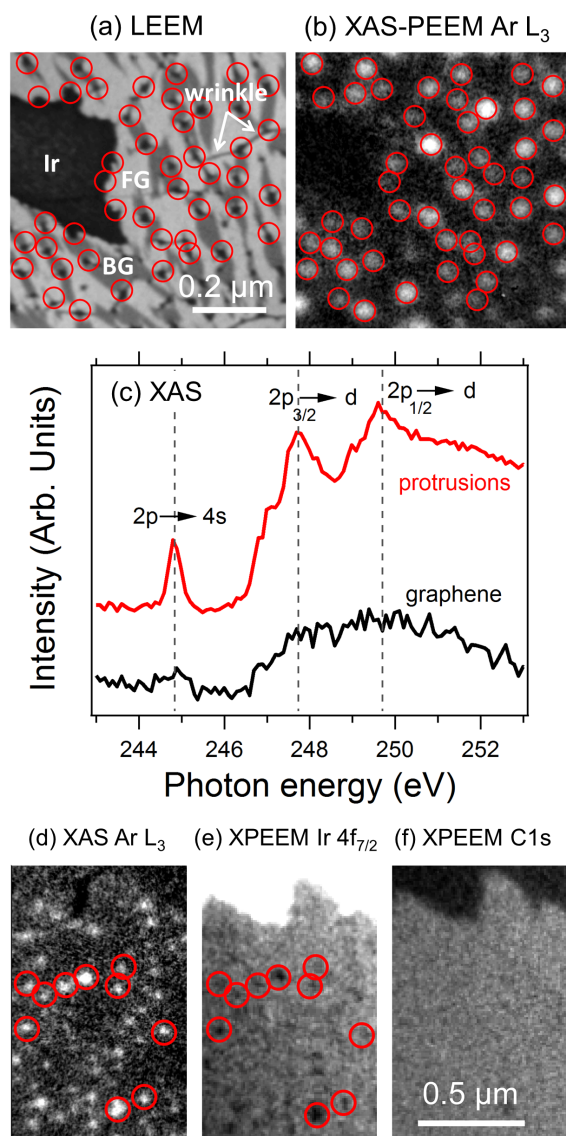


Figure 3: (a) room temperature LEEM image ( $V_{start} = 12$  V) of a graphene flake after  $\text{Ar}^+$  irradiation ( $0.1$  kV,  $150$  s at  $1.5 \cdot 10^{-5}$  mbar Ar,  $F = 7.5 \cdot 10^{14}$  atoms/cm $^2$ ) and subsequent annealing to  $1050$  °C; the black dots correspond to protrusions in the film (b) Ar  $L_3$  PEEM of the same region, obtained after subtracting PEEM images acquired at  $243$  eV (baseline intensity) from images acquired at  $247.7$  eV (Ar  $L_3$  edge). The intensity of the resulting image is proportional to the Ar concentration, with the bright regions corresponding to Ar clusters. Red circles have been added to facilitate comparison with (a); (c) average XAS-PEEM spectra from regions of interest inside the red circles and from FG+BG. (d) Ar  $L_3$  XAS-PEEM image of another flake along with (e) Ir  $4f_{7/2}$  and (f) C  $1s$  XPEEM images; the Ar clusters show up as bright spots in (d); the inversion of contrast in (e) is due to screening of the substrate emission by the clusters.

and not below, as may occur on softer materials.<sup>31</sup>

In order to unravel the physics governing the ripening of Ar, we carried out ab-initio calculations for the graphene/Ar/Ir(100) system. In the calculations, Ar single atom and mini-clusters (dimer, trimer, tetramer) were placed in a cell containing 110 iridium surface atoms and 320 carbon atoms (details are given in the Methods Section). The unit cell is shown in Figure 4(a), along with the resulting relaxed atomic configurations obtained for the intercalated Ar monomer (b), dimer (d), trimer (f) and tetramer (g). The optimized geometry used to study an Ar dimer oriented perpendicular to the surface is also shown in Figure 4(c). Structural parameters of the relaxed configurations are indicated by labels (see also SI). Note that the heights of the protrusions for the horizontal clusters are in excellent agreement with our STM data for the 2D Ar at 80 °C. Such tall protrusions are made possible by a relatively strong physisorption on Ir in the surroundings of the cluster.<sup>25</sup>

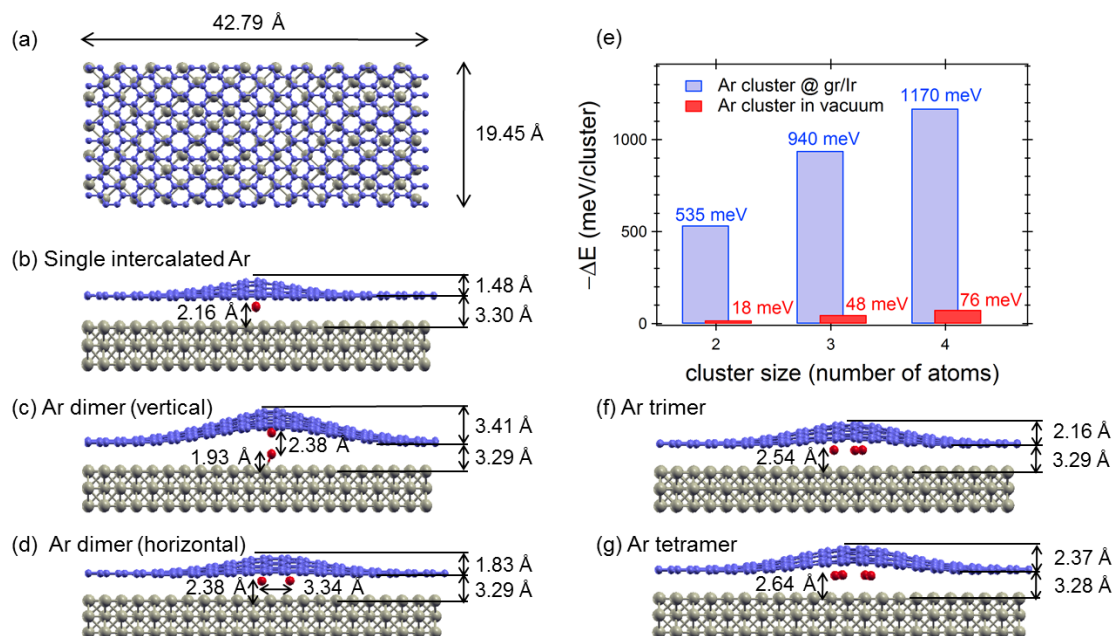


Figure 4: (a) top view of the unit cell used in our ab-initio calculations showing graphene (blue spheres) and the upper Ir layer (grey spheres). Side view of the optimized atomic geometries for (b) a single intercalated Ar (red spheres); (c) vertical and (d) horizontal Ar dimers; (f) horizontal trimer and (g) tetramer. Comparison between the energy gain when forming Ar clusters from single Ar atoms at the graphene/Ir interface ( $-\Delta E_{gr/Ir}^{NAr}$ , see text) and in vacuum is shown in (e).

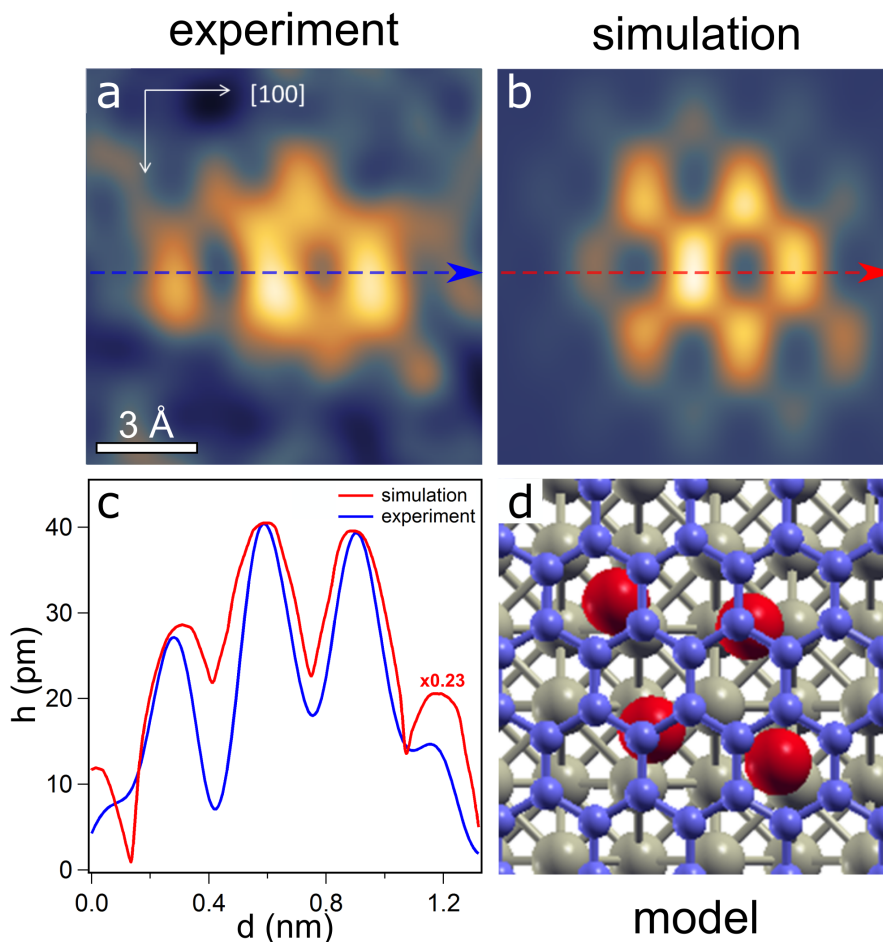


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7 To elucidate the origin of ripening, we calculated the formation energy of the small  
8 Ar clusters at the graphene/Ir interface, obtained as:  $\Delta E_{gr/Ir}^{NAr} = E_{gr/Ir}^{NAr} - N \cdot E_{gr/Ir}^{1Ar}$ , with  
9  $N = 2$  to 4 where  $E_{gr/Ir}^{NAr}$  stands for the total energy of the system with an intercalated  $N$ -atom  
10 Ar cluster and  $E_{gr/Ir}^{1Ar}$  denotes the total energy with only a single intercalated Ar atom. The  
11 associated energy gain to form a dimer, trimer, and tetramer at the graphene/Ir interface,  
12  $-\Delta E_{gr/Ir}^{NAr}$ , is 535, 940 and 1170 meV, respectively (see plot in Figure 4e). The energy gain  
13 to form the corresponding free-standing relaxed Ar mini-clusters in vacuum amounts to 18,  
14 48 and 76 meV. It is thus clear that there is a drastic increase in the energy gain at the  
15 graphene/Ir interface (factor  $> 30$  for a dimer), which is related to the distortion of the  
16 physisorbed graphene.<sup>35</sup> In other words, there is a considerable net energy gain when two  
17 or more protrusions merge into a single, larger one. Of course, such energy gain alone is not  
18 sufficient to induce ripening. The other necessary condition is the mobility of intercalated  
19 atoms. Thus, we estimated the energy barriers for Ar diffusion between graphene and Ir  
20 by mapping the energies of a single Ar atom placed along different diffusion paths within  
21 the unit cell. Overall, the resulting energy barriers for diffusion under graphene on Ir are  
22 in the range 40 – 120 meV (see SI). These values permit Ar aggregation already near room  
23 temperature. Indeed, this is confirmed by STM observations at 80 °C. Figure 5(a) presents  
24 an STM image of the smallest protrusion observed in experiments at very low irradiation.  
25 This shows a striking agreement in both shape (b) and intensity modulation (c) with the  
26 simulated image of an Ar tetramer below graphene (other structures are discussed in the  
27 SI). This remarkable matching confirms that Ar is trapped at the graphene/Ir interface  
28 already in the initial stages of the ripening process. Indeed, if Ar was implanted below the  
29 Ir surface, one would observe a less localized pattern, manifested by a smoother curvature  
30 of the graphene, as reported for various clean and adsorbate-covered metal surfaces.<sup>36</sup>

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56 We note that the horizontal (2D) structures are the lowest-energy configurations obtained  
57 in our calculations for Ar clusters containing up to 4 atoms. As an example, we find that the  
58 Ar 3D tetramer (tetrahedron-type structure) is unstable and relaxes to the 2D arrangement,  
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7 in excellent agreement with the experimental STM data in Figure 5. On the other hand,  
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9 STM (Figure 2) also shows that clusters undergo a 2D to 3D transition upon ripening,  
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11 suggesting that the 3D configuration is preferred for large  $N$ . This can be understood from  
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13 the scaling behavior with  $N$  of the change in strain and adhesion energy of the film: the 2D  
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15 clusters induce a severe adhesion energy reduction, characterized by an unfavorable linear  
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17 scaling with  $N$ . This makes the 2D protrusions energetically uncompetitive at large  $N$  with  
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19 respect to the 3D ones, which display sublinear strain and adhesion energy scaling with  $N$   
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21 (see<sup>37</sup>).  
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Figure 5: (a) experimental STM image of one of the smallest protrusions observed in our experiments; the surface was prepared with 5 s  $\text{Ar}^+$  irradiation at 0.15 kV at sample temperature of 80 °C ( $1.3 \times 1.5 \text{ nm}^2$ ;  $V_b = 0.1 \text{ V}$ ;  $I_t = 4 \text{ nA}$ ); (b) simulated STM image corresponding to an Ar tetramer; (c) cross sectional cuts through the experimental and simulated images along the dashed lines; the theoretical curve has been rescaled to the experimental data to facilitate comparison; (d) top view of the Ar tetramer model.

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7 As final point, we estimate the pressure experienced by small intercalated Ar clusters at  
8 the graphene/Ir interface, based on the calculations for the Ar dimer. To this purpose, we  
9 placed the dimer at the graphene/Ir interface in two configurations, with axis perpendicu-  
10 lar and parallel to the surface plane, see Figure 4(c,d), evaluating in both cases the bond  
11 contraction with respect to a dimer in vacuum. For the latter, the calculated equilibrium  
12 distance is 3.74 Å. For our system, the bond length contracts to 2.38 Å (3.34 Å) for the  
13 orientation perpendicular (parallel) to the surface. Already from the bond contractions, it  
14 is obvious that the forces due to the physisorbed graphene membrane are very large and  
15 anisotropic. Based on the bond contractions, the stress experienced by the Ar was estimated  
16 in two different ways. In one, we calculated the stress tensor of the strained bulk face-centred  
17 tetragonal (*fcc*) Ar, imposing relative lateral and vertical bond length contractions equal to  
18 those found at the graphene/Ir interface for the horizontal and vertical dimer, respectively.<sup>38</sup>  
19 In the other, we directly calculated the force (in vacuum) acting on the Ar atoms when the  
20 dimer is contracted to the values found when intercalated under graphene, dividing it by  
21 the corresponding contracted *fcc* surface area per Ar atom. The resulting stress components  
22 from the forces in the lateral and perpendicular directions are 3 and 70 GPa, respectively.  
23 The corresponding components calculated from the bulk Ar-*fcc* stress tensor are 8 GPa and  
24 75 GPa.<sup>39</sup> The estimated effective<sup>40</sup> pressures obtained from the two approaches (25 GPa,  
25 30 GPa) are a factor of 3 to 30 higher than those reported for Ar NB in amorphous carbon<sup>41</sup>  
26 and for NB at the graphene-diamond interface.<sup>8,9</sup>

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47 Considering now the large clusters observed after thermal treatment, the question arises  
48 whether they also experience high pressure conditions. A careful observation of the images  
49 in Figure 2(d,e), as well as the STM data at 400 °C (see Figure SI. 1 from SI), reveals  
50 that the observed NBs always display a polygonal shape. Owing to the high flexibility of  
51 graphene, such configuration must reflect the actual shape of underlying clusters, suggesting  
52 that Ar atoms do not form droplets but rather solid aggregates. Based on the phase-diagram  
53 data,<sup>42</sup> we deduce that large clusters must experience pressures well above 5 GPa, as also

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7 obtained from our *ab initio* calculations for mini-clusters. Accordingly, assuming that Ar is  
8 condensed in close-packed (fcc-like) structures, we estimate the number of Ar atoms in the  
9 NB obtaining values of the order of  $10^3$  for lateral size of few tens of nm.  
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13 In conclusion, we followed the evolution of sub-ML amounts of argon implanted at the  
14 graphene/Ir(100) interface and provided direct evidence of cluster formation at and above  
15 room temperature. The larger aggregates display a lateral size up to tens of nanometers  
16 and height up to several atomic layers, producing NB in graphene containing up to few  
17 thousand Ar atoms. Intercalated Ar undergoes extreme pressure, reaching values well into  
18 tens GPa range. As discussed, the ripening process is driven by the minimization of the  
19 energy cost due to film distortion and loss of adhesion. For this reason, we expect that  
20 ripening of intercalated noble gases can also occur in other graphene/metal systems show-  
21 ing comparable adhesion strength, where it might be fruitfully exploited to strain-engineer  
22 the local chemical properties of graphene. We obtained similar findings in preliminary ex-  
23 periments on  $\text{Ne}^+$ -irradiated graphene on Ir(100) and  $\text{Ar}^+$ -irradiated graphene on Ni(111),  
24 the latter observation having been recently confirmed by Späth *et al.*<sup>43</sup> Finally, we note  
25 that our study fosters the investigation of Van der Waals solids under extreme pressure and  
26 high temperatures. Indeed, rather than using molecular beams to obtain condensation, our  
27 method exploits ripening of Ar implanted under graphene, the cluster size being controlled  
28 by a simple annealing process. Thanks to the high transparency of single-layer graphene, the  
29 clusters can be investigated by means of synchrotron-based methods, similar to high-pressure  
30 environmental cells for *in vivo* studies using photoelectron spectroscopy.<sup>2</sup>  
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49 **Note added:** after submission, a related paper investigating the control of phonon  
50 excitation at graphene/Pt(111) by intercalated Ar clusters has been published.<sup>44</sup>  
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## 55 56 57 58 59 60 Methods

**Sample preparation:** Ion irradiation was carried out in normal incidence using commercial

sputter guns (Eurovac 981-2043 for SPELEEM experiments and SPECS IQE-11/35 for STM experiments). We carried out irradiations with 0.5 kV and 0.1 kV Ar ions at  $1.5 \cdot 10^{-5}$  mbar, corresponding to an ion current  $i_{Ar^+}$  of 4 and 0.6  $\mu$ A, respectively. Lower sputtering energies were found to produce less damage in the film. Correspondingly, the treatment time  $t$  increased from few seconds at 0.5 kV to 500 s at 0.1 kV. Under such conditions, typical fluences  $F$  of  $1.5 \cdot 10^{15}$  atoms/cm<sup>2</sup> were obtained (calculated as  $i_{Ar^+} \cdot t/A_{beam}$ , where  $A_{beam}$  is the ion beam area on the sample). The Ar coverage is expressed in equivalent monolayers of the unreconstructed Ir(100) surface, eML<sub>Ir</sub>, corresponding to  $\sim 1.357 \cdot 10^{15}$  atoms/cm<sup>2</sup>.

### **Spectroscopic photoemission and low energy electron microscopy (SPELEEM):**

The spectro-microscopic characterization was carried out using the SPELEEM microscope at the Nanospectroscopy beamline of the Elettra storage ring. This instrument combines low energy electron microscopy (LEEM) and microprobe-diffraction ( $\mu$ -LEED) with energy filtered x-ray photoemission electron microscopy (XPEEM).<sup>45</sup> Using the photon beam as probe, the microscope enables implementing laterally resolved versions of the two principal synchrotron-based spectroscopies, x-ray absorption spectroscopy (XAS) and x-ray photoemission spectroscopy (XPS). While in the former secondary electrons are used for image formation, in the latter photoelectrons emitted from core levels or the valence band are detected. The lateral resolution of the SPELEEM is about 10 nm in LEEM operation mode and below 30 nm in XAS-PEEM/XPEEM.<sup>46,47</sup> Along with imaging, the SPELEEM enables  $\mu$ -XPS and APRES to be carried out. These measurements are restricted to an area of about 2 microns in diameter, selected by means of a field-limiting aperture. In both LEEM and PEEM operation modes, the kinetic energy of electrons  $E_{kin}$  is regulated by applying a voltage bias,  $V_{start}$ , to the sample stage, referred to as start voltage.  $E_{kin} = eV_{start} - eV_{tr}$ , where  $V_{tr}$  indicates the voltage bias corresponding to the transition from total reflection to the backscattering regime, also known as MEM-LEEM transition. In PEEM measurements, whenever possible, the spectra were referenced to the Fermi level. Otherwise, the Ir  $4f_{7/2}$  core level, bulk component was used.

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7 **Scanning Tunneling Microscopy:** the experiments were performed at IOM-CNR  
8 TASC laboratory (Trieste) with a modified Omicron variable-temperature STM (VT-STM)  
9 in a UHV system with standard sample preparation facilities and base pressure  $1 \cdot 10^{10}$  mbar.  
10 Imaging was performed in constant-current mode with tunneling current ( $I_t$ ) ranging from  
11 1 to 5 nA and bias voltage ( $V_b$ ) ranging from 0.1 to 1 V for both empty ( $V_b > 0$ ) and filled  
12 ( $V_b < 0$ ) states. Specific  $I_t$ , and  $V_b$  values are reported for each presented image  
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19 **Ab-initio calculations:** We have performed DFT calculations in a plane-wave basis  
20 using the PWSCF code.<sup>48</sup> The generalized gradient approximation (GGA) in the Perdew-  
21 Burke-Ernzerhof parametrization<sup>49</sup> was adopted for the exchange and correlation functional.  
22 The effects of long-range van der Waals interactions were taken into account via the semiem-  
23 pirical DFT-D method.<sup>50,51</sup> To describe the surfaces, we used supercell slab geometry. Our  
24 slab, consisting of 3 Ir monolayers (total of 330 Ir atoms), is terminated at one side with  
25 a graphene layer (320 C atoms) and 1-4 Ar intercalated atoms. Periodic Ir-slab replicas  
26 are separated by a vacuum of 14 Å. The atomic positions of the bottom two Ir layers were  
27 fixed, while the graphene, the Ar atoms and the upper Ir layer were allowed to fully relax.  
28 For the vertical Ar dimer, the lateral coordinates of two Ar atoms were constrained to be  
29 equal. Similarly, for the energy-barrier calculations, we fixed only the lateral position of the  
30 Ar atom and that of one (distant) C atom, and the bottom two Ir layers, while graphene  
31 and the rest of Ir were relaxed. The ultrasoft Vanderbilt pseudopotentials have been used.<sup>52</sup>  
32 We applied a kinetic-energy cutoff of 28 Ry for the plane-wave expansion of the electronic  
33 wavefunctions and of 320 Ry for the electronic charge density. The Brillouin-zone sampling  
34 was performed using the  $\Gamma$  k-point. We employed a Gaussian-level smearing of 0.02 Ry  
35 to determine the Fermi energy. The tunneling current in the STM simulations is evalu-  
36 ated within the Tersoff-Hamann approximation.<sup>53</sup> The STM images are generated using the  
37 constant-current condition and using an applied bias of 0.1 V.  
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## Acknowledgement

The authors thank C. Dri for useful discussion on STM data interpretation. GZ thanks Elettra - Sincrotrone Trieste for financial support. L.L.P. acknowledges funding from MIUR through Progetto Strategico NFFA. C.A. acknowledges support from MIUR through the program PRIN 2010-2011 - Project n° 2010N3T9M4 and the program “Progetto Premiale 2012” - Project ABNANOTECH. The calculations were performed on the FERMI (Blue gene/Q) supercomputer, thanks to the CINECA ISCRA grant IscrC\_Giri.

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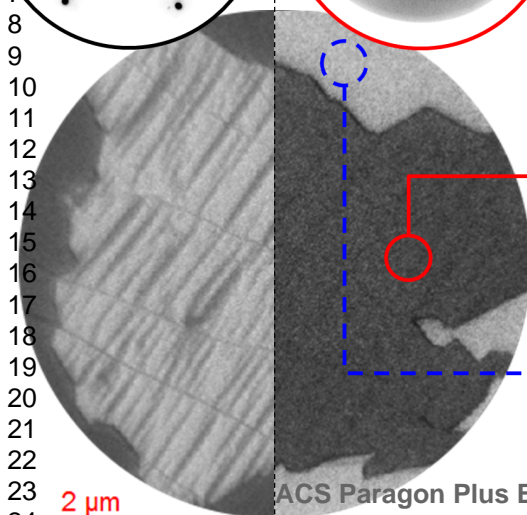
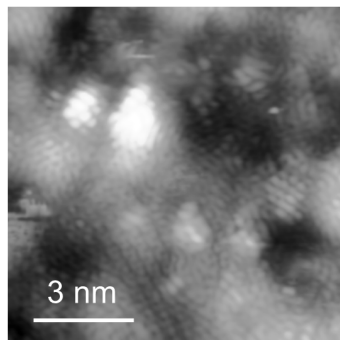
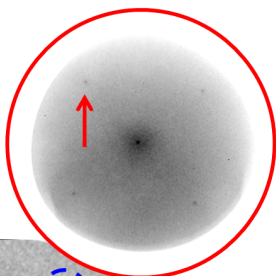
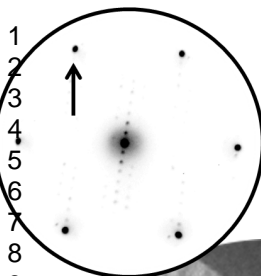


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10 (35) From a separate calculation involving only graphene sheet, we find that roughly half  
11 of the energy gain (520 out of 1170 meV for Ar tetramer) is due to the change in the  
12 distortion/strain energy of graphene. The other part comes from the change in adhesion  
13 energy also related to the graphene distortion. We remark that the energy contribution  
14 due to the surface distortion of Ir is negligible since atomic displacements are very small  
15 ( $\sim 0.05$  Å both laterally and vertically) and very local (limited to  $\sim 2$  Ir atoms). .  
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25 (37) For large  $N$ , the induced adhesion energy reduction is expected to scale as the base  
26 surface area of the 3D (2D) Ar clusters and the membrane strain energy for the 3D  
27 clusters is expected to scale as the external/protruding surface area of the cluster (the  
28 Ar/graphene contact area) .  
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34 (38) We note that the calculated bulk interatomic distance in fcc Ar, 3.82 Å, is relatively  
35 close to the equilibrium distance of the dimer in vacuum.  
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39 (39) The latter component of the stress gives us an estimate of the conditions to which  
40 small 3D clusters are subject. For the horizontal (2D) clusters, the corresponding stress  
41 components from the vertical forces acting on the Ar atoms in the frozen Ar/Ir(100)  
42 system without the graphene membrane are in the range 16-44 GPa. The 16 GPa value  
43 corresponds to the Ar tetramer and the 44 GPa value to the monomer.  
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50 (40) The effective pressures were evaluated, as in the macroscopic case, as one third of the  
51 trace of the stress tensor.  
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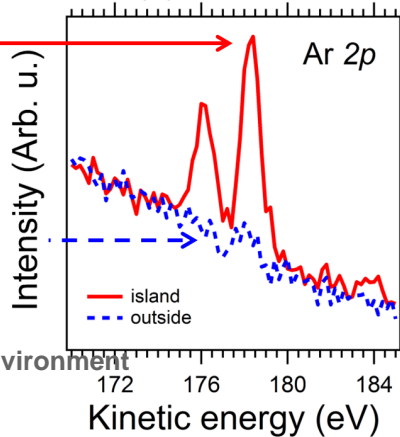
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before irradiation

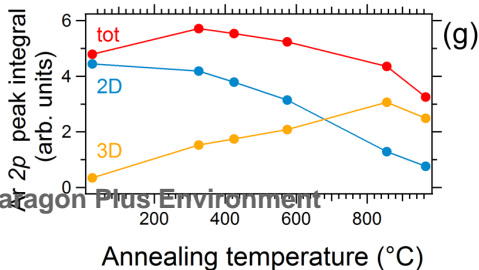
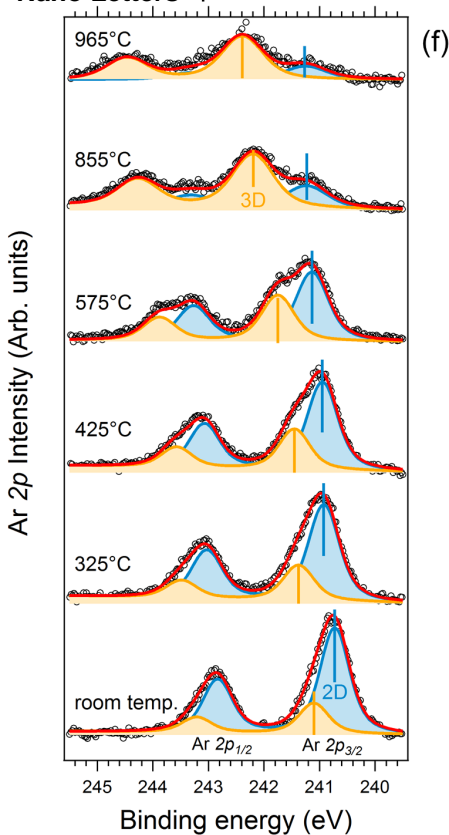
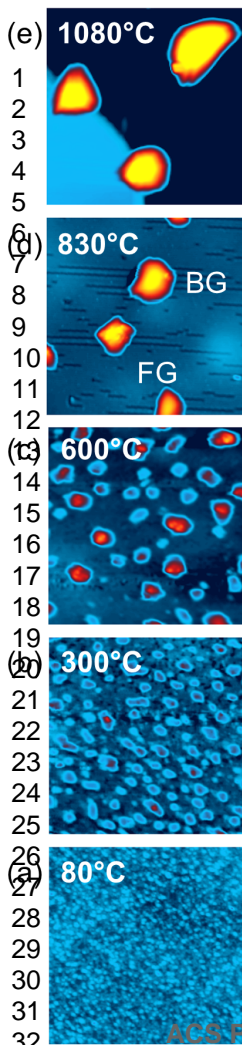
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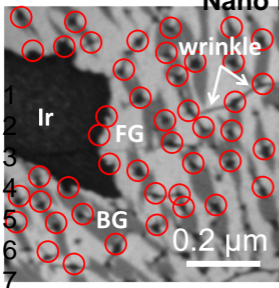
(c) XPEEM



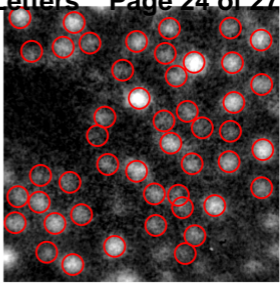
LEEM



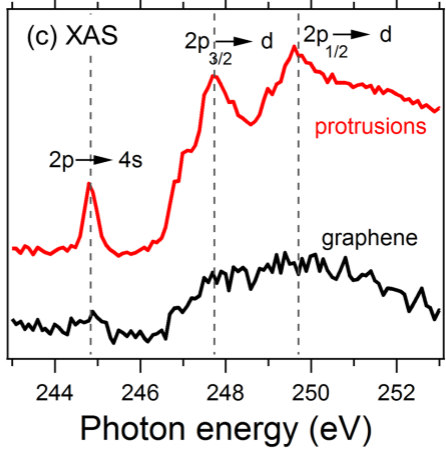
(a) LEEM



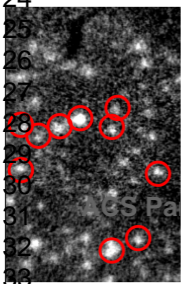
(b) XAS-PEEM Ar L<sub>3</sub>



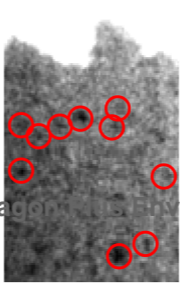
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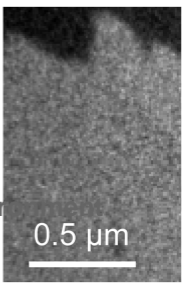
(d) XAS Ar L<sub>3</sub>



(e) XPEEM Ir 4f<sub>7/2</sub>

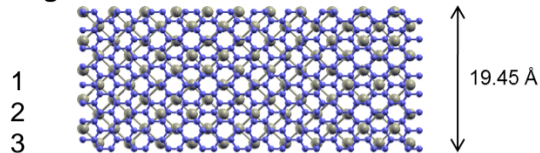


(f) XPEEM C1s

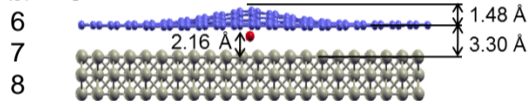


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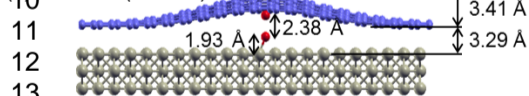
## Nano Letters



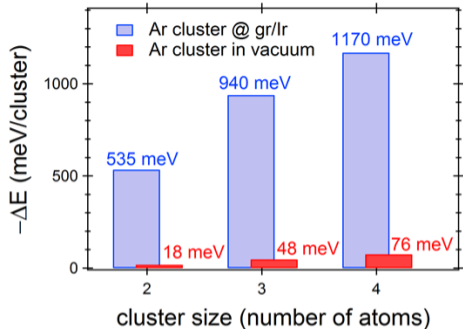
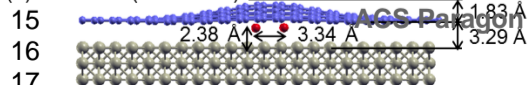
(5) Single intercalated Ar



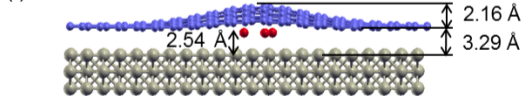
(6) Ar dimer (vertical)



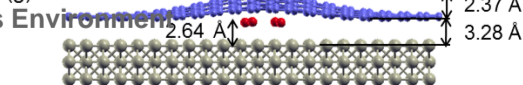
(7) Ar dimer (horizontal)

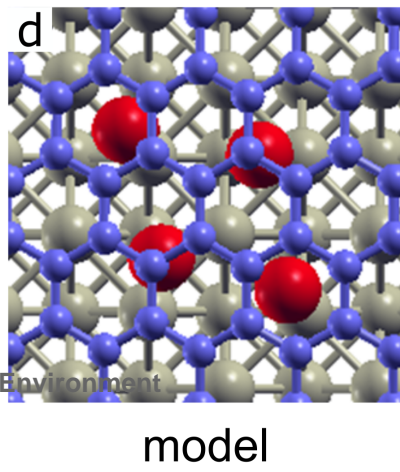
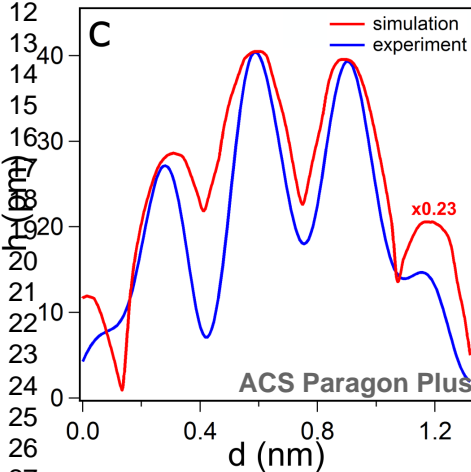
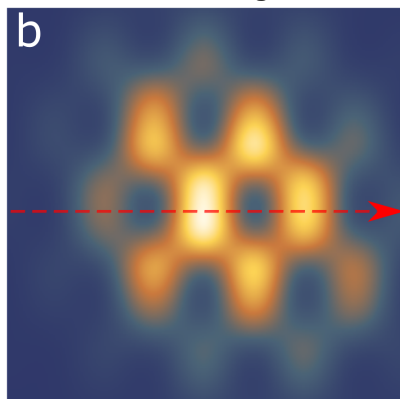
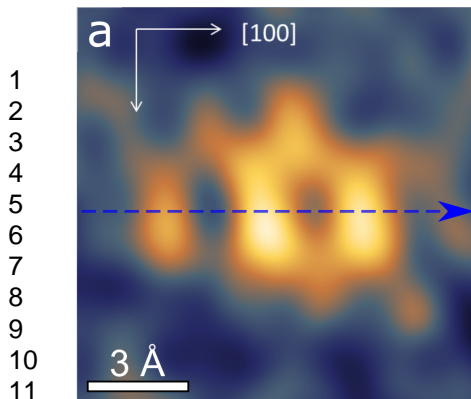


(f) Ar trimer



(g) Ar tetramer





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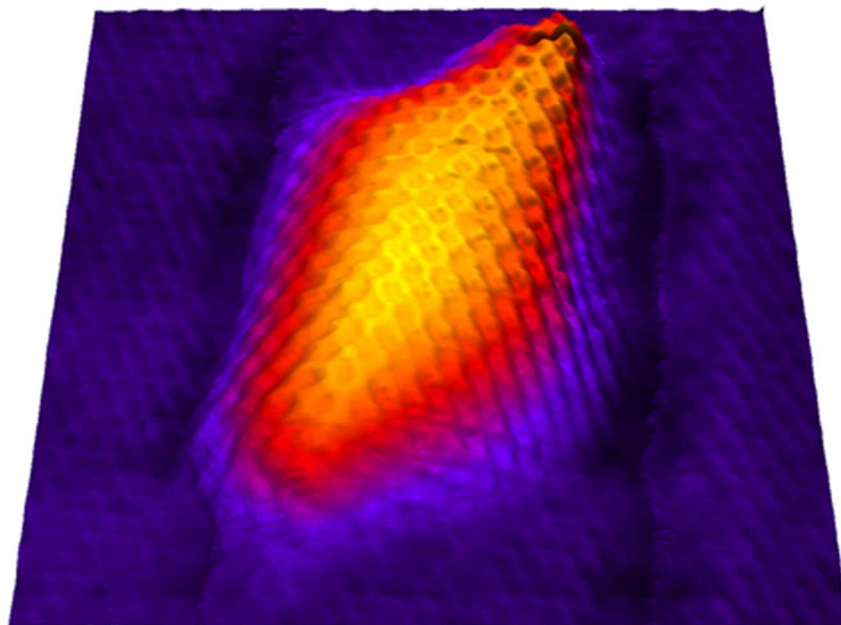


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39x27mm (300 x 300 DPI)