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ZAMBRANO AND OTHERS

## USE OF SEROLOGIC RESPONSES AGAINST ENTEROPATHOGENS

### Use of Serologic Responses against Enteropathogens to Assess the Impact of a Point-of-Use Water Filter: A Randomized Controlled Trial in Western Province, Rwanda

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#### Abstract.

Diarrhea is a leading contributor to childhood morbidity and mortality in sub-Saharan Africa. Given the challenge of blinding most water, sanitation, and hygiene (WASH) interventions, diarrheal disease outcome measures in WASH intervention trials are subject to potential bias and misclassification. Using the platform of a cluster-randomized controlled trial of a household-based drinking water filter in western province, Rwanda, we assessed the impact of the drinking water filter on enteric seroconversion in young children as a health outcome and examined the association between serological responses and caregiver-reported diarrhea. Among the 2,179 children enrolled in the trial, 189 children 6–12 months of age were enrolled in a nested serology study. These children had their blood drawn at baseline and 6–12 months after the intervention was distributed. Multiplex serologic assays for *Giardia*, *Cryptosporidium*, *Entamoeba histolytica*, norovirus, *Campylobacter*, enterotoxigenic *Escherichia coli* and *Vibrio cholerae* were performed. Despite imperfect uptake, receipt of the water filter was associated with a significant decrease in seroprevalence of IgG directed against *Cryptosporidium parvum* Cp17 and Cp23 (relative risk [RR]: 0.62, 95% confidence interval [CI]: 0.44–0.89). Serologic responses were positively associated with reported diarrhea in the previous 7 days for both *Giardia intestinalis* (RR: 1.94, 95% CI: 1.04–3.63) and *C. parvum* (RR: 2.21, 95% CI: 1.09–4.50). Serological responses for all antigens generally increased in the follow-up round, rising sharply after 12 months of age. The water filter is associated with reduced serological responses against *C. parvum*, a proxy for exposure and infection; therefore, serological responses against protozoa may be a suitable health outcome measure for WASH trials among children with diarrhea.

#### INTRODUCTION

Diarrheal disease is the fourth leading contributor to global child mortality,<sup>1,2</sup> due principally to unsafe water, poor sanitation, and hygiene.<sup>3</sup> Young children aged 0–24 months are particularly vulnerable to severe diarrhea after initial exposure to specific pathogens, particularly after 6 months of age when maternally acquired humoral immunity wanes.<sup>4</sup> Diarrhea is associated with malnutrition and growth faltering,<sup>5–7</sup> and poor nutritional status resulting from diarrhea places

young children at a higher risk of death. Diarrheal disease is a leading cause of morbidity and mortality in Rwanda,<sup>1,2</sup> and environmental and demographic factors contribute to both diarrhea and stunting in the country.<sup>8</sup>

Household water treatment (HWT) appears to be effective in reducing diarrheal disease among populations with unsafe sources of drinking water.<sup>9</sup> Evidence of its effectiveness, however, is derived from nonblinded trials that report diarrheal disease as an outcome. Reported outcomes of water, sanitation, and hygiene (WASH) intervention trials, such as self-reported diarrheal disease, are subject to both recall and courtesy biases; such trials are highly subjective and unable to distinguish specific causal pathogens of the disease.<sup>10</sup> Objective measures of exposures are particularly important in trials of environmental health interventions that cannot be blinded.<sup>11</sup>

Objective outcome measures were incorporated in a recent meta-analysis of 54 studies examining the impact of WASH on intestinal protozoa infection, which found that the general availability and use of WASH interventions was associated with significantly lower odds of *Entamoeba histolytica*, *Giardia intestinalis*, and *Cryptosporidium* spp. infections. Diagnostics were typically performed with stool examination.<sup>12</sup> Although stool assays offer an opportunity for more objective assessment, logistical constraints related to the storage, transport, and extensive laboratory work involved can limit their utility in resource-limited settings.<sup>13</sup> In addition, the ability of stool assays to detect etiologic agents can be limited, as in the case of some protozoa, when cysts or oocysts are not continuously shed.<sup>14</sup> Disease prevalence can also vary widely by season,<sup>15</sup> so IgG/IgG4 assays can provide an additional means of ascertaining exposure retrospectively throughout the study period as opposed to using stool cultures, which may only detect pathogens that are present at the time of collection.

Quantitative assays that detect serological IgG antibody responses against various enteropathogens can provide a useful measure of prior exposures to enteropathogens in children and may supplement relatively subjective caregiver-reported diarrheal disease outcomes.<sup>16</sup> Antibody responses that recognize some enteric pathogen antigens are transiently expressed, allowing researchers to infer some degree of temporality with regard to the timing of exposures, positive stools and, in some cases, the number of recent infections.<sup>17,18</sup> For protozoan infections, cyst-positive stools appear to co-occur with serological responses to *E. histolytica* and *Giardia intestinalis*, with higher seroprevalence in children for whom stool samples were collected within 1 week of serum collection versus 2 weeks or more,<sup>19</sup> indicating that serological responses can be an indicator of recent protozoan infections. Antibody responses in cryptosporidiosis patients are consistently directed against 23- and 17-kDa *Cryptosporidium parvum* antigens (Cp23 and Cp17, respectively) and are known to have a 12-week half-life in adults.<sup>17</sup> Immunoassays also provide the opportunity to characterize age-specific cumulative exposures to enteropathogens that can enhance epidemiological surveillance and inform etiology-specific interventions and regionally specific treatment strategies.<sup>20</sup> Children under 24 months of age are the ideal population to examine seroconversion as maternally derived antibodies typically have waned<sup>13</sup> and initial exposure to enteropathogens often occurs within the first 2 years of life.

Microsphere-based multiplex immunoassay methods allow for simultaneous measurement of antibodies against multiple antigens. Previously, this technology has been applied to neglected tropical disease surveillance, particularly those diseases targeted for global elimination.<sup>21</sup> In recent years, single enzyme-linked immunosorbent assays and multiplex immunoassays have been shown to effectively target antigens of various enteropathogens,<sup>13,16-19,22,23</sup> but the

technique's incorporation into intervention trials has not been adequately explored. One trial<sup>16</sup> and a few cross-sectional or longitudinal population studies<sup>13,18,19,23,24</sup> have incorporated this approach in the past, but have not included the full range of enteric antigens that are now currently available.

We undertook this study in the context of a large-scale cluster-randomized controlled trial (CRT) described elsewhere.<sup>25</sup> We aimed to assess the effectiveness of a point-of-use water filter on seroconversion against a panel of viral, bacterial, and protozoan enteropathogens among young children. We also sought to explore the potential for using serological response as an objective alternative to reported diarrhea to assess the effectiveness of water quality interventions, an approach that has been advocated in other serological studies.<sup>16,18</sup>

## METHODS

### **Intervention.**

In an effort to reduce the high prevalence of waterborne disease in western province, Rwanda, DelAgua Health, Inc. (DelAgua) distributed point-of-use water filters to the poorest 30% (*Ubudehe* 1 and 2) of households. The LifeStraw™ Family 2.1 filter employs a 0.2- $\mu$ m hollow-fiber ultrafiltration membrane designed to remove bacteria, parasites, and select viruses from source water. This system can filter up to 18,000 L of water, supplying a family of five with clean drinking water for 3–5 years.<sup>26</sup> This system exceeds the World Health Organization's "highly protective" standard for HWT technologies.<sup>27</sup> Participating households also received an improved biomass cook stove.

### **Study design.**

We assessed the effectiveness of the intervention by conducting a CRT in western province, Rwanda, using diarrhea in the previous 7 days as our primary outcome. The study design for the CRT has been described elsewhere<sup>25</sup> and was informed by previously described pilot studies<sup>28,29</sup> and government-reported disease prevalence data.<sup>30</sup> The intervention was delivered to all eligible households among 72 randomly selected sectors, with the remaining 24 sectors serving as controls. Outcomes for the sector-level study will be drawn from clinical records collected from all health clinics and community health workers in the study area. To assess coverage and use of the intervention, and to measure its impact on drinking water quality and other outcomes unavailable from health clinic records, we conducted a village-level study that consisted of intensive longitudinal data collection among households in 184 randomly selected villages divided equally among intervention and control sectors. For this nested village-level study, we sought to enroll up to 10 households with at least one child under 4 years old per village. We ultimately enrolled 1,582 total households with 2,179 children. Following a baseline conducted from late August through early December 2014, we conducted three follow-up rounds in the same households from February 2015 through March 2016.

### **Enteric serological study.**

For this seroconversion substudy, we assessed serological responses against a panel of 12 antigens representing nine of the most common causes of diarrhea in this region,<sup>31</sup> relative to age and intervention status. Our enumerators were instructed to enroll all 6- to 12-month-old children residing in the households selected for intensive data collection during the baseline round of the

CRT. These children had one blood sample drawn at baseline and a second sample approximately 6–9 months later during follow-up. We conservatively estimated that 40% of children would seroconvert from negative to positive for *C. parvum* and norovirus antibody between baseline and follow-up in the absence of any intervention, based on a previous trial in Guatemala.<sup>16</sup> If 87 children from each of our two study arms were enrolled in the study, we would have 80% power at  $\alpha = 0.05$  to detect a difference in seroconversion against any antigen of 40% versus 22.5% in our intervention and control groups.

Between 3 and 6 small hanging drops of blood (10  $\mu$ L each for a total of 30–60  $\mu$ L) were collected on TropBio™ filter discs (Cellabs Pty Ltd., Brookvale, New South Wales, Australia) and kept in individual plastic resealable containers during the fieldwork. Immediately on return to the field office each day, the discs were placed on a table and allowed to dry overnight. The following morning, they were individually packaged in plastic resealable bags with desiccant, and were sent within 7 days of collection to the Rwanda National Reference Laboratory in Kigali, Rwanda, for long-term storage at  $-20^{\circ}\text{C}$ .

### Laboratory methods.

All laboratory analyses were performed at the Centers for Disease Control and Prevention (CDC) Infectious Disease Laboratories in Atlanta, GA. Total IgG responses against relevant enteropathogens were quantified using a multiplex SeroMAP™ microsphere-based immunoassay on the Luminex xMAP platform (Luminex Corp, Austin, TX). Antigens used in this assay were *Schistosoma japonicum* glutathione-S-transferase (GST) protein control<sup>24</sup>; *Toxoplasma gondii* surface antigen 2A gene/GST fusion (SAG2A)<sup>32</sup>; *G. intestinalis* variant-specific surface protein AS8/GST fusion (VSP3)<sup>23,33</sup> and variant-specific surface protein 42e/GST fusion (VSP5)<sup>23,34</sup>; virus-like particles (VLPs) for three norovirus strains (Norwalk, Sydney and St. Cloud) kindly provided by Jan Vinje and Veronica Costantini (CDC); *Campylobacter jejuni* p39 antigen and *Campylobacter* p18 antigen<sup>35</sup>; Enterotoxigenic *Escherichia coli* (ETEC) heat-labile toxin  $\beta$  subunit (EtxB) (Sigma Chemical Co., St. Louis, MO); *C. parvum* 17-kDa protein/GST fusion (Cp17) and *C. parvum* 23-kDa protein/GST fusion (Cp23)<sup>23</sup>; cholera toxin  $\beta$  subunit (CtxB) (Sigma); and *E. histolytica* Gal/GalNAc lectin heavy chain subunit (LecA) (kindly provided by W. Petri, Univ. of Virginia School of Medicine).<sup>19,36</sup>

The *C. jejuni* antigens were expressed as GST fusion proteins in pGEX-4T2 vector (GE Healthcare, Piscataway, NJ) using the same polymerase chain reaction (PCR) and directional cloning strategies as previously described for the *T. gondii* SAG2A protein.<sup>37</sup> The forward and reverse deoxyoligonucleotides used in the PCR reactions were: 5'-CGC GGA TCC GTT ATT AGT GGT TGT AGC AC-3' and 5'-GCG GAA TTC TTA TCT TGA TAA TTT AAA TTC-3', respectively, for p18; and 5'-CGC GGA TCC CCT GTA AGA TTT AGT TTA AAT C-3' and 5'-GCG GAA TTC TTA GTT TAA AGT ATA AAG CTT G-3', respectively, for p39. Proteins were expressed in *E. coli* Hb101 cells (Promega Corp., Madison, WI), purified on a glutathione Sepharose 4B affinity column (GE Healthcare) as directed by the manufacturer, and additionally purified by Mono Q chromatography (HR 5/5 column; GE Healthcare) using a 20-minute linear elution gradient of 0–0.6 M NaCl in 25 mM Tris (pH 7.5) at a flow rate of 1 mL/min. The proteins eluted at approximately 0.25 M NaCl on the gradient profile. Protein yield (BCA microassay; Pierce Chemical, Rockford, IL) was  $> 3$  mg/L of culture.

### *Bead coupling.*

Procedures describing the coupling process of antigens to microspheres have been described in detail elsewhere.<sup>23,24</sup> The carboxyl groups on each bead were esterified and then reacted with the primary amine groups of each antigen to bind the antigens to the microspheres through a covalent amide bond. Norovirus VLP antigens were coupled in buffer containing 10 mM Na<sub>2</sub>HPO<sub>4</sub> and 0.85% NaCl at pH 7.2 (phosphate-buffered saline [PBS]) using 30 µg protein/12.5 × 10<sup>6</sup> beads. All other antigens used in this study were coupled in buffer containing 25 mM 2-(*N*-morpholino)-ethanesulfonic acid and 0.85% NaCl at pH 5.0. The amounts of protein coupled to 12.5 × 10<sup>6</sup> beads were GST control, 15 µg; *T. gondii* SAG2A, 12.5 µg; *G. intestinalis* VSP3 and VSP5, ETEC and cholera toxin β subunits, and *E. histolytica* LecA, 30 µg; *C. parvum* Cp17, 6.8 µg; *C. parvum* Cp23, 12.5 µg; *C. jejuni* p18 and p39, 25 µg. Beads were quantified by a hemocytometer and stored at 4°C in PBS with 1.0% bovine serum albumin, 0.05% Tween 20 and 0.02% sodium azide (NaN<sub>3</sub>) and the following protease inhibitors: 200 µg of pefabloc (4-(2-aminoethyl) benzenesulfonyl fluoride hydrochloride) (Roche Diagnostics, Indianapolis, IN), 200 µg ethylenediaminetetraacetic acid, and 1 µg of both leupeptin and pepstatin A.<sup>19</sup>

### *Serum preparation.*

The elution process loosely followed a protocol described elsewhere for antibody elution from the TropBio dried blood spots (DBSs).<sup>38</sup> Elution buffer was made with 0.05% Tween-20 and 0.05% NaN<sub>3</sub> in PBS. DBS tabs were removed from -20°C, brought to room temperature, and submerged in 200 µL of elution buffer for a minimum of 18 hours at 4°C. DBS tabs were considered acceptable for use if > 90% of the filter paper was red (indicative of saturation with 10 uL of whole blood). Eluted serum (50 uL) was diluted into 450 uL of dilution buffer for a final serum dilution of 1:400 (assuming a hematocrit of 50%). Dilution buffer consisted of PBS with 0.50% polyvinyl alcohol (PVA), 0.80% polyvinylpyrrolidone (PVP), 0.50% casein, 0.30% Tween-20, and 0.02% NaN<sub>3</sub>, and *E. coli* extract at a final protein concentration of 3 µg/mL. PVA and PVP were added to reduce background while not affecting specificity.<sup>19</sup>

### *Multiplex bead assay.*

Multiplex assay conditions have previously been described.<sup>18,19</sup> All samples were run in duplicate. Controls run on each 96-well plate included a buffer-only blank, one negative control, and five positive controls. The background from the buffer-only blank was subtracted from the result for each antigen, and values are reported as an average median fluorescent intensity with background subtracted (MFI-bg). A % coefficient of variation (%CV) was calculated from the duplicate well values, and samples were repeated if the %CV values for three or more positive responses exceeded 15% (*N* = 8).

### *Cutoff determination.*

Cutoff values were previously established for *C. parvum* Cp17 and 23 using an receiver operating characteristic curve based on Western blot data<sup>22</sup> and for *G. intestinalis* using the mean MFI-bg values plus three standard deviations of serum drawn from a panel of U.S. adults with no history of foreign travel. For the remaining antigens, cutoffs were determined through finite mixture models of two Gaussian distributions of continuous MFI values.<sup>20,39</sup> Procedures for establishing cutoff values for seropositivity are described in further detail in the Supplemental Material.

### *Multiple imputation.*

To account for sample loss at baseline and follow-up, multiple imputation methods using fully conditional specification<sup>40</sup> were used to impute missing values using predictors of diarrhea at baseline. These predictors were incorporated as potential covariates in individual models predicting MFI values for each antigen and were retained in imputation models if they were associated with antibody response at  $\alpha = 0.35$ . This process generated 25 imputed datasets. Multiple imputation procedures are described in further detail in the Supplemental Methods.

### *Statistical analysis.*

To assess the impact of the intervention on serological responses against the enteropathogen antigens explored in this study, we first performed a comparison for the continuous measures for antibody response (MFI) between intervention arms. For all antibodies assessed in this study, the serological responses as measured by MFI were not normally distributed. Goodness-of-fit tests were performed on all log-transformed values against a normal distribution to examine the appropriateness of applying a continuous MFI outcome variable for parametric analyses. If log-transformed continuous variables fit a normal distribution, they were subject to linear regression. The change in log-transformed MFI between baseline and follow-up ( $\Delta$ MFI-bg) was compared between intervention and control groups using a *t* test with a pooled variance estimator where parametric analyses were possible. All variables that could not be transformed to fit a common statistical distribution were only analyzed for serological response relative to their cutoff values.

Seroconversion and prevalence of serological responses against enteropathogens in this study were calculated using both available and imputed data. MFI-bg data for each antigen were dichotomized above and below their respective cutoff points at baseline and follow-up. Binary seroprevalence estimates were calculated among children in households randomized to intervention households and compared with children in control households using log binomial models on both observed and imputed data.<sup>41</sup> Village-level clustering was accounted for through robust variance estimation; for imputed data, generalized estimating equation (GEE) parameter estimates with empirical standard errors were calculated and combined to generate valid statistical inferences of the associations under study.<sup>42</sup> For seroconversion analyses, a child was considered to have seroconverted against a particular antigen if their MFI-bg values were below the cutoff at baseline but above the cutoff at follow-up. Seroconversion prevalence was compared with both observed and imputed data between intervention and control groups using log binomial models with robust variance estimation to account for intra-village clustering to calculate the relative risk of seroconversion at follow-up against any specific antigen among children in the intervention versus control arm. Models were selected using backward selection procedures in which the full model included age, gender, socioeconomic status, time between rounds, water source type, toilet type, toilet area cleanliness, and shared sanitation. Socioeconomic status was considered as a confounder and determined by an index calculated through a principal components analysis using polychoric correlations of discrete household asset variables,<sup>43,44</sup> as described in further detail in the Supplemental Methods. Confounders were retained if they altered the effect size from the full model by more than 10%, and effect modifiers were considered if the magnitude or direction of the relationship between an exposure and the serological outcome varied substantially by level of the modifier. Final models for each serological outcome of interest are shown in Supplemental Table 4; we assessed confounding by other demographic, water, and sanitation factors when deemed appropriate by our model

selection procedures, even though we found reasonable balance between study arms on most household and environmental factors collected at baseline (Table 1). Both unadjusted and adjusted log binomial models were run using observed and imputed data.

To assess the utility of serological testing as an objective alternative to reported diarrhea, dichotomized MFI-bg values representing seroprevalence of antibody responses against each antigen were assessed relative to diarrhea prevalence among all children, with data combined between baseline and follow-up. On the day of the blood draw, survey respondents were asked to recall whether the child had experienced diarrhea as per the World Health Organization case definition (passage of three or more loose or water stools within 24 hours<sup>45</sup>) within the previous 7 days. The relative risk for diarrheal disease in the previous 7 days in seropositive versus seronegative children was compared for each antigen of interest using repeated measures log binomial models with robust error variance estimation to account for separate measurements taken for each individual child at both baseline and follow-up. To obtain the approximate age of seroconversion against these enteric targets in this population, age-specific MFI-bg values reflecting level of IgG produced were plotted by 3-month age group. All analyses were performed using SAS V9 (SAS Institute, Cary, NC).

#### *Ethical approval.*

Informed consent was obtained both in writing and verbally. The study protocol and survey instruments were reviewed and approved by the Emory University Institutional Review Board (Ref no. 73615), the London School of Hygiene and Tropical Medicine Research Ethics Committee (Ref no. 7711), the Rwandan National Ethics Committee (Ref no. 1497), and the National Health Research Committee of Rwanda (Ref no. NHRC/2014/PROT/0163). The CRT is registered at Clinicaltrials.gov (NCT02239250).

## RESULTS

### **Samples analyzed.**

Out of the 251 children who met our age eligibility criteria for enrollment in this seroconversion substudy, 189 children who were 6–12 months old at baseline were ultimately enrolled. A summary of the sample flow and loss is depicted in Figure 1, which is further divided into intervention and control arms in Supplemental Table 1 and 2 for baseline and follow-up. Children were not enrolled if their caregiver did not consent to the blood draw (17%), the child was not at home during the baseline assessment (6%), or if the child was too ill to participate (1%). Of these 189 children, 153 children were available at follow-up; loss to follow-up (19%) was due to refusals (3%), unsuccessful draws (1%), unavailability of the child (11%), or child illness (5%). Among the 189 children enrolled at baseline, 120 baseline samples, 152 follow-up samples, and 97 paired samples from baseline and follow-up were available for analysis. Samples were deemed insufficient for analysis if spots were less than approximately 90% filled. Descriptive statistics of child and household water and sanitation characteristics at baseline demonstrated reasonable balance between intervention and control groups (Table 1).

### **Continuous serological analyses.**

MFI-bg values for all norovirus antigens, *T. gondii* SAG2A, all *C. parvum* antigens, and *C. jejuni* p18 were successfully log-transformed to fit a normal distribution. Serological responses



against *C. parvum* Cp17 at follow-up were significantly lower in the intervention group than the control group ( $t = -2.00$ ,  $P = 0.047$ ), but the change in log-transformed mean MFI-bg from baseline to follow-up ( $\Delta$ MFI-bg) did not significantly differ between the two groups. Mean responses in log-transformed MFI values for *C. parvum* Cp23 did not significantly differ between the two intervention arms. There was no statistical difference in serologic response, as measured by median MFI-bg at follow-up and  $\Delta$ MFI-bg, between intervention and control groups when examining serological responses against antigens for norovirus or *C. jejuni*. No child appeared to produce any serological response to *T. gondii* SAG2A throughout the course of the study; therefore, this antigen was dropped from subsequent analyses. Median responses against *C. jejuni* p39, *G. intestinalis* VSP3 and VSP5, *E. histolytica* LecA, and EtxB and CtxB could not be transformed; therefore, responses to these antigens were only examined using binomial variables derived from threshold cutoffs. Median serological responses at baseline and follow-up for all antigens are plotted in Figure 1 and are depicted in Figure 2.

### **Serological responses by age.**

Age-specific median serological responses to all enteric antigens assessed in this study are displayed in Figure 3. Although children began expressing antibodies to EtxB and CtxB at early ages, the children in our study generally did not begin to produce antibodies against all other antigens until after 12 months of age. *E. histolytica* responses remained markedly low throughout the study period, and responses to *T. gondii* SAG2A were negligible. Antibody responses against Norwalk, Cp17, and Cp23 peaked between 12 and 20 months of age. Serological responses against *G. intestinalis* VSP3 and VSP5 increased sharply after 12 months of age and remained elevated through 18 months of age (Figure 3).

### **Impact of intervention on serologic responses.**

Analyses were performed using both observed (Tables 3 and 4) and imputed data (Supplemental Table 3) to calculate relative risks of both seroprevalence at follow-up and seroconversion between baseline and follow-up for all enteric antigens in this study. Any correlation between baseline and follow-up measures could indicate the potential for residual expression of antibody spanning both study rounds. To account for any differences in antibody production between the two study arms at baseline, we opted to measure both 1) raw seroprevalence against all antigens at follow-up (Table 3) and 2) seroconversion, measured as seroprevalence at follow-up among children who were seronegative at baseline (Table 4).

Relative risk estimates were comparable for imputed and observed data (Tables 3 and 4 and Supplemental Table 3). Seroprevalence of paired *C. parvum* Cp17 + Cp23 antibodies at follow-up was markedly reduced by 38% among children in the intervention group (adjusted risk ratio [aRR]: 0.62, 95% confidence interval [CI]: 0.44–0.89) (Table 3), although no significant difference was observed in seroconversion (aRR: 0.59, 95% CI: 0.33–1.07) (Table 4). The intervention did not significantly affect seroprevalence or seroconversion of antibody responses against norovirus antigens, *G. intestinalis* VSPs, *E. histolytica* LecA antigen, *C. jejuni* p18 and p39 antigens, or EtxB and CtxB.

### **Association between seroprevalence against enteropathogens and diarrhea.**

Seven-day prevalence of diarrheal disease doubled in children with positive serological responses against both *Giardia* VSP antigens (aRR: 1.94, 95% CI: 1.04–3.63) and among

children with seropositivity against both *C. parvum* antigens (aRR: 2.21, 95% CI: 1.09–4.50). Serological responses against *C. jejuni* p18 and p39, *E. histolytica* LecA, any norovirus VLP, and EtxB and CtxB were not associated with diarrhea prevalence (Table 5).

## DISCUSSION

This study demonstrates the potential for the LifeStraw Family 2.1 water filter to confer a protective benefit against enteropathogen exposure in children under 2 years of age. Children who resided in households that received the water filter were significantly less likely to be seropositive against *C. parvum* at follow-up than children in the control group. No significant effect was observed for the other enteropathogens explored in this study, indicating that other sources of contamination may be present to counteract some of the protective benefit conferred by the filter. Given recent findings that cases of moderate-to-severe diarrhea attributed to *Cryptosporidium* infection in children 12–23 months old are associated with a higher risk of death,<sup>31</sup> the water filter's impact on reducing cumulative exposures to this pathogen is in line with priorities to prevent cryptosporidiosis among children in this age group in resource-limited settings.<sup>31</sup>

Examination of age-specific MFI-bg values for each pathogen indicated that the age group targeted by this serological study was suitable for examination of enteropathogen seroconversion relative to receipt of this water filter intervention. Median MFI values for all pathogens generally did not increase until after 12 months, with the notable exception of EtxB and CtxB, for which median MFI values are elevated even in the first year of life. This comports with the findings of the Global Enteric Multicenter Study (GEMS), which indicated that ETEC was the third leading pathogen associated with moderate-to-severe diarrhea among children 0–11 months old.<sup>31</sup> Median MFI-bg values for *G. intestinalis* VSP3 and VSP5 antigens remained relatively low throughout the study period, but box plots depicting log-transformed MFI values relative to age group indicated that serological responses against VSP3 and VSP5 broadly increased after 12 months of age (Figure 4). This indicates that childhood exposure to certain waterborne protozoa, such as *Giardia*, may increase substantially in the immediate postweaning period.

Parametric analyses yielded significantly lower serological responses against *C. parvum* Cp17 at follow-up, but no statistically significant differences were observed after subtracting responses observed at baseline. Similarly, Cp17 seroprevalence at follow-up, designated as serological responses falling above the cutoff point, was significantly higher in the control group than the intervention group; however, no statistically significant difference in seroconversion was observed. Since seroconversion analyses rely on a subset of the population who were seronegative at baseline, the study power of the seroconversion analyses could have been compromised.

Serological responses to *G. intestinalis* and *C. parvum* were associated with diarrheal disease in the previous 7 days, lending further support to the potential utility of serological assays as an objective method to evaluate the health impact of HWT interventions<sup>16</sup> and to supplement self-reported health outcome data. In addition, the use of culture and PCR-based methods for *Giardia* detection are only useful to identify current and active episodes, and serological studies may be useful in not only detecting active giardiasis cases but in linking previous *Giardia* infection, determined by serological evidence, to other long-term health outcomes, such as intestinal enteropathy.<sup>46</sup> Notably, GEMS found that stool-positive *Cryptosporidium* infection in children aged 12–23 months with moderate-to-severe diarrhea (the same age range as children at follow-

up in this study) nearly tripled the risk of death between their enrollment and follow-up periods<sup>31</sup>; this indicates the potential of *C. parvum* seroconversion to be an indicator of early childhood mortality, which is an association that can be explored longitudinally using a larger study population. Since diarrheal disease in children throughout sub-Saharan Africa generally peaks between 6 and 11 months of age,<sup>47</sup> demonstrated in the baseline analysis of our study,<sup>48</sup> children are not becoming infected with *Salmonella* during this crucial age window.

IgG antibody responses to ETEC, *Vibrio cholerae*, *C. jejuni*, and norovirus were not associated with diarrheal disease, which is likely due to the relatively short duration of symptomatic illness relative to the 7- to 10-day delay in the development of a primary IgG antibody response. This may indicate a need for longitudinal follow-up in shorter intervals in a similar population of children to record diarrheal disease closer to the time of infection or further from the onset of symptoms, given the short-term acute cases of diarrhea associated with these pathogens and the length of time required to develop an IgG response. Diarrheal disease attributed to protozoa, particularly *Giardia* species, can lead to persistent infection and duodenal inflammation,<sup>49</sup> which may explain why associations between serological evidence of previous infection is associated with 1-week prevalence of diarrhea.

There were limitations in the design of this study that may affect the interpretation of these results. It is rare for HWT interventions to be blinded in RCTs for practical purposes, and this lack of blinding can lead to substantial reporting bias in which usage of the intervention and the intervention's effect on diarrheal disease are exaggerated.<sup>11</sup> Although this seroconversion study seeks to contribute an objective health indicator, it is still being compared with caregiver-reported diarrheal disease, which is subject to bias. Another challenge in assessing water quality interventions is inconsistent intervention uptake.<sup>50</sup> Among children in intervention households, 23.6% were reported to have consumed some unfiltered water in the previous 24 hours; however, this study used an intention-to-treat analysis to conservatively assess health impact in light of expected imperfect uptake, and water quality characteristics were well balanced between study arms for both the children enrolled in this substudy (Table 1) and in the larger CRT,<sup>25</sup> enabling more direct attribution of the intervention effects to the water filter itself.

Statistical- and assay-based limitations in this study involved our limited sample size, imputation methods, and cutoff determination for seropositivity. This serological study itself was exploratory and nested within a broader CRT, and therefore our study power for this particular nested study was limited by the logistical considerations of the larger CRT. Further complicating this, 36.5% of our baseline blood samples was lost due to quality issues, which we sought to address through multiple imputation methods to account for potential bias attributed to sample loss. In addition, the determination of firm cutoff points for seropositivity is inherently problematic, as some children may be misclassified as seropositive or seronegative on either side of the cutoff point. Cutoff points were assigned in this study using available data for *C. parvum*, *Giardia*, *E. histolytica*, and *T. gondii* antigens, whereas cutoffs points were assigned using mixture models for the antigens of the other enteropathogens examined in this study. Future studies may enable the establishment of firmer cutoff points, but in the meantime, analyses of dichotomized data should be supplemented with continuous analyses to avoid spurious associations. Although primary analyses involved only observed data, data were imputed for the purposes of comparison to correct for bias attributed to missing data in secondary analyses. Multiple imputation assumes that data are missing at random, but children who were lost to follow-up due to illness or caregiver refusals may differ from children who were lost to follow-

up for other reasons. That said, caregiver refusals and childhood illnesses were rare at follow-up, and balanced between intervention and control groups when they occurred.

Finally, surveillance data on strain-specific circulation of enteropathogens in this region are limited. Antibody responses to potential circulating strains of *Cryptosporidium* are likely cross-reactive with the *C. parvum* antigens used on our multiplex panel<sup>18</sup> and the region of *Giardia* VSPs used on our panel is highly conserved among human-infecting assemblages; however, little is known about cross-reactivity of *C. jejuni* antigens with other strains of *Campylobacter*. Norovirus strains specific to this region and study period were also not known, so we included all available VLPs from three different norovirus strains (Norwalk, Sydney, and St. Cloud) to account for this limitation. The EtxB and CtxB used for this analysis are homologous proteins, thereby limiting our ability to independently attribute serological response to either ETEC or *V. cholerae*. Of note, however, EtxB is generally more immunostimulatory than CtxB,<sup>51</sup> which appears to be consistent with results from our study. A systematic way of differentiating between the serological response to both pathogens is likely not possible; therefore, interpretations at this time should be made with regard to exposure to the toxin itself rather than the causal pathogens.

Although bead-based rotavirus immunoassay methods have not yet been developed, rotavirus is vitally important to consider as a cause of diarrhea in children under 2 years old. Rotavirus-attributable incidence of moderate-to-severe diarrhea among children in this age group far outpaced that of other pathogens in the GEMS study.<sup>15</sup> It should be noted, though, that among children eligible for enrollment in this study at baseline, only 4.1% of children had not initiated their course of rotavirus vaccines, whereas 81.0% of children had received all three doses of rotavirus vaccine, as confirmed by examining the vaccination cards of all children enrolled in the RCT. Rotavirus immunoassay methods used in future WASH trials should be exclusive of the viral glycoproteins targeted by the vaccine.

There is also a possibility of biological interactions between the enteropathogens included in these analyses; infection with one pathogen may either exacerbate or attenuate the risk of infection with another pathogen.<sup>52</sup> More holistic approaches, such as factor analyses and scoring, may contribute to the body of knowledge of the joint epidemiologic and pathogenic associations between organisms in coinfection scenarios, particularly where opposing effects of the intervention are suggested.

Finally, we cannot make temporal inferences regarding the timing of infection with respect to either diarrheal disease or receipt of the intervention; however, inferences for timing of seroconversion with regard to the intervention are generally better, as households typically received the intervention within a couple of weeks of the initial baseline visit. Longitudinal follow-up with shorter follow-up rounds could have provided the opportunity to capture diarrheal disease closer to the time of infection, which may have provided richer data regarding pathogens that are associated with acute episodes of diarrhea, such as norovirus and *Campylobacter*. Frequent longitudinal collection may also provide a more thorough assessment of age-specific prevalence of individual pathogens.

## CONCLUSION

This study suggests that the water filter intervention was effective in reducing seroprevalence of *C. parvum* antibody responses at follow-up. Diarrheal disease within 7 days of sample collection appeared to be associated with IgG antibody responses to protozoan pathogens only. Acute infections caused by other pathogens on the panel may cause diarrhea, but this association

may not be detected using serologic antibody detection methods without more frequent sampling intervals. Postponing exposure to these pathogens even for 6 months is important; in our study population, diarrhea prevalence peaked between 12 and 18 months of age<sup>48</sup> and early childhood diarrhea in general predicts downstream wasting, stunting, and excess mortality.<sup>6,7,53</sup>

This study also suggests that serological testing of pathogen-specific antibodies can provide both measures of WASH intervention effectiveness and markers of recent diarrheal disease. Children who are 6–12 months of age at baseline and who can be followed for 6–12 months after intervention deployment comprise the ideal population for WASH seroconversion studies in this region. Longitudinal intervention studies involving larger populations and repeated sampling would provide richer data that would enable further assessment of the utility of these serological approaches to evaluating WASH interventions.

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FIGURE 1. Sample flow from the enrollment to analysis stages for all children enrolled in the baseline and follow-up rounds of this study. Children were only eligible for blood draw during follow-up if they were initially enrolled during the baseline round.

FIGURE 2. Median immunoglobulin responses, measured by median fluorescence intensity (MFI) to enteric antigens of interest at baseline and follow-up in intervention and control groups.

FIGURE 3. Age-specific median immunoglobulin responses by age group among children 6–24 months old against (A) norovirus, (B) bacterial pathogens, such as Enterotoxigenic *Escherichia coli*, *Vibrio cholerae*, and *Campylobacter jejuni*, (C) *Cryptosporidium parvum* antigens, and (D) other protozoa, such as *Giardia intestinalis*, *Entamoeba histolytica*, and *Toxoplasma gondii*.

FIGURE 4. Box plots of age-specific prevalence of serological responses by age group among children 6–24 months old against *Giardia intestinalis* (A) variant-specific surface protein AS8/GST fusion (VSP3) and (B) variant-specific

surface protein 42e/GST fusion (VSP5) antigens, represented as log of the median fluorescence intensity with background subtracted.

TABLE 1

Child and household characteristics among children enrolled in this serological substudy, disaggregated by study arm

Characteristics	Intervention ( <i>N</i> = 75) count (%)	Control ( <i>N</i> = 114) count (%)	Total ( <i>N</i> = 189) count (%)
Female	40 (53.3)	54 (47.4)	94 (49.7)
Age at enrollment (months)			
6	1 (1.5)	1 (1.0)	2 (1.2)
7–8	22 (32.4)	36 (35.6)	58 (34.3)
9–10	18 (26.5)	38 (37.6)	56 (33.1)
11–12	27 (39.7)	26 (25.7)	53 (31.4)
Socioeconomic status*			
Lowest	10 (13.3)	18 (15.8)	28 (14.8)
Second lowest	11 (14.5)	20 (17.5)	31 (16.4)
Middle	14 (18.7)	26 (22.8)	40 (21.2)
Second highest	21 (28.0)	27 (23.7)	48 (25.4)
Highest	19 (25.3)	23 (20.2)	42 (22.2)
Time between rounds (months)			
6–7	1 (1.5)	0	1 (0.6)
8–9	31 (46.3)	69 (67.0)	100 (58.8)
10–12	35 (52.2)	34 (33.0)	69 (40.6)
Primary water source			
Piped water into dwelling or plot	1 (1.3)	0	1 (0.5)
Hand pump/borehole	18 (24.0)	30 (26.6)	48 (25.5)
Protected spring/well	40 (53.3)	54 (47.8)	94 (50.0)
Unprotected spring/well	13 (17.3)	20 (17.7)	33 (17.6)
Surface water	3 (4.0)	9 (8.0)	12 (6.4)
Toilet type			
Pit latrine with slab	24 (33.8)	35 (34.0)	59 (33.9)
Pit latrine with no slab	45 (63.4)	60 (58.3)	105 (60.3)
Ventilated pit latrine	0	3 (2.9)	3 (1.7)
Composting toilet	2 (2.8)	5 (4.9)	7 (4.0)
Feces within 1 M of toilet	31 (41.3)	41 (36.0)	72 (38.1)
Shared sanitation	24 (32.0)	27 (24.6)	51 (27.8)

\* Socioeconomic status quintile determined through polychoric principal components analysis, as described in the supplement.

TABLE 2

Comparison of median MFI values with background subtracted (MFI-bg) at follow-up ( $N = 152$ ), and the change in MFI-bg ( $\Delta$ MFI-bg) from baseline to follow-up ( $N = 97$ ) compared between children in intervention (LFS) and control households with a paired  $t$  test

	Intervention ( $N = 62$ )	Control ( $N = 91$ )			Intervention ( $N = 34$ )	Control ( $N = 63$ )		
Antigen *	Median (Q1,Q3) follow- up MFI-bg <sup>†</sup>	Median (Q1,Q3) follow- up MFI-bg	$\beta$	$t$ ( $P$ value)	Median (Q1,Q3) $\Delta$ MFI-bg <sup>†</sup>	Median (Q1,Q3) $\Delta$ MFI-bg	$\beta$	$t$ ( $P$ value)
<i>Cryptosporidium parvum</i>								
CpP2 (100)	11 (7,15)	10 (7,15)	0.05 1	0.50 (0.617)	3 (-2,9)	3 (-3,6)	0.04 1	0.25 (0.800)
Cp17	438 (35,3303)	1,043 (195,6,661)	<b>-0.8 63</b>	<b>-2.00 (0.047)</b>	371 (34,3,283)	763 (13,5,427)	-0.6 17	-0.97 (0.334)
Cp23	504 (69,4307)	2,024 (167,8,404)	-0.5 42	-1.26 (0.209)	317 (34,3,484)	1,025 (24,7,666)	-0.1 60	-0.27 (0.786)
<i>Salmonella</i>								
LPS-B	10 (5,37)	5 (3,16)	0.42 1	1.59 (0.115)	7 (1,36)	2 (-2,13)	0.56 6	1.51 (0.136)
LPS-D	6 (4,12)	4 (3,8)	0.37 6	1.94 (0.055)	1.5 (0,11)	1 (-1,4)	0.55 6	1.82 (0.072)
Norovirus								
Norwalk	286 (36, 4295)	270 (24,1,866)	0.23 9	0.49 (0.625)	37 (-35,1,168)	85 (-11,1,595)	-0.0 66	-0.10 (0.919)
Sydney	220 (43,903)	532 (128,1,374)	-0.4 24	-1.18 (0.240)	122 (6,624)	375 (4,992)	-0.4 30	-0.93 (0.356)
St. Cloud	54.5 (17,136)	53 (19,207)	-0.0 78	-0.31 (0.757)	42 (8,109)	38 (3,185)	-0.0 20	-0.05 (0.957)
<i>Toxoplasma gondii</i>								
SAG2	5 (3,8)	5 (3,8)	0.04 8	0.38 (0.703)	3 (0,7)	2 (-2,5)	0.32 0	1.23 (0.221)
<i>Campylobacter jejuni</i>								
p18	960.5 (174,5268)	1,073 (152,6,740)	0.08 3	0.22 (0.827)	858 (-1,5,806)	387 (-18,7,769)	0.55 9	0.99 (0.323)

ETEC = Enterotoxigenic *Escherichia coli*; MFI = median fluorescent intensity; VSP3 = variant-specific surface protein AS8/GST fusion; VSP5 = variant-specific surface protein 42e/GST fusion. Linear regression was performed using log-transformed MFI-bg values.

\* Unable to transform MFI values for *Giardia* VSP3 and VSP5, ETEC EtxB, *Vibrio cholera* CtxB, *Campylobacter* p39, and *Entamoeba histolytica* LecA. Refer to Tables 2 and 3 utilizing cutoff values for seropositivity.

† Mean fluorescence intensity values can range from 1 to 32,766 without background subtracted, but MFI values with background values subtracted (MFI-bg) can be negative.<sup>22</sup>

TABLE 3

Crude and adjusted risk ratios comparing Round 2 seroprevalence among children in the intervention (LFS) and control groups who were 6–12 months old at enrollment

Pathogen	Antigen <sup>1</sup>	Cutoff (MFI-bg)	Method to establish cutoff	Intervention (N = 62) crude seroprevalence	Control (N = 90) crude seroprevalence	Crude RR (95% CI, P value)	Adjusted RR (95% CI, P value)
<i>Giardia intestinalis</i>	VSP3 + VSP5			26 (0.4194)	28 (0.3111)	1.36 (0.91–2.02, 0.135)	1.40 (0.94–2.08, 0.094)
	VSP3	358	Mean + 3SD	26 (0.4194)	30 (0.3333)	1.27 (0.85–1.89, 0.247)	1.30 (0.88–1.93, 0.186)
	VSP5	233	Mean + 3SD	26 (0.4194)	28 (0.3111)	1.36 (0.91–2.02, 0.135)	1.40 (0.94–2.08, 0.094)
<i>Cryptosporidium parvum</i>	Cp17 + Cp23			23 (0.3710)	50 (0.5556)	<b>0.67 (0.46–0.97, 0.035)</b>	<b>0.62 (0.44–0.89, 0.010)</b>
	Cp17	259	ROC	32 (0.5161)	64 (0.7111)	<b>0.73 (0.55–0.96, 0.027)</b>	<b>0.69 (0.52–0.92, 0.010)</b>
	Cp23	662	ROC	30 (0.4839)	53 (0.5889)	0.83 (0.61–1.13, 0.233)	0.78 (0.58–1.04, 0.094)
<i>Campylobacter jejuni</i>	p18 + p39			37 (0.5968)	50 (0.5556)	1.08 (0.81–1.44, 0.594)	1.00 (0.76–1.32, 0.995)
	p18	276	Mixture model	38 (0.6129)	52 (0.5778)	1.07 (0.82–1.40, 0.617)	1.06 (0.81–1.39, 0.653)
	p39	74	Mixture model	45 (0.7258)	63 (0.7000)	1.04 (0.85–1.27, 0.782)	1.00 (0.82–1.23, 0.975)
Norovirus (Norwalk)	VLP	84	Mixture model	28 (0.4242)	39 (0.4105)	0.97 (0.71–1.34, 0.873)	0.84 (0.62–1.14, 0.268)
Norovirus (Sydney)	VLP	156	Mixture model	21 (0.3387)	44 (0.4889)	<b>0.66 (0.45–0.98, 0.039)</b>	<b>0.63 (0.44–0.90, 0.012)</b>
Norovirus (St. Cloud)	VLP	19	Mixture model	26 (0.4267)	45 (0.3947)	1.06 (0.74–1.51, 0.749)	0.94 (0.70–1.27, 0.708)
<i>Entamoeba histolytica</i>	LecA	302	Mean + 3SD	6 (0.0968)	7 (0.0778)	1.24 (0.44–3.52, 0.686)	1.42 (0.48–4.15, 0.523)
ETEC	EtxB	15474	Mixture model	53 (0.8548)	72 (0.8000)	1.08 (0.91–1.27, 0.392)	1.11 (0.94–1.30, 0.211)
<i>Vibrio cholera</i>	CtxB	9882	Mixture model	55 (0.8871)	77 (0.8556)	1.05 (0.91–1.19, 0.519)	1.08 (0.94–1.23, 0.274)

CI = confidence interval; CtxB = cholera toxin  $\beta$  subunit; ETEC = Enterotoxigenic *Escherichia coli*; EtxB = ETEC heat-labile toxin  $\beta$  subunit; LecA = lectin heavy chain subunit; MFI-bg = median fluorescent intensity values with background subtracted; RR = relative risk; ROC = receiver operating characteristic; SD = standard deviation; VLP = virus-like particle; VSP3 = variant-specific surface protein AS8/GST fusion; VSP5 = variant-specific surface protein 42e/GST fusion. These data incorporate observed values only; samples deemed insufficient at the time of analysis were not included. Log-binomial models were run with robust variance estimation. Significant results (at  $\alpha = 0.05$ ) are highlighted with bold text.

TABLE 4

Crude and adjusted risk ratios comparing Round 2 seroprevalence among children in the intervention (LFS) and control groups who were 6–12 months old and seronegative at enrollment, using observed data only

Pathogen	Antigen <sup>1</sup>	Cutoff (MFI-bg)	Method to establish cutoff	Intervention crude seroprevalence	Control crude seroprevalence	Crude RR (95% CI, P value)	Adjusted RR (95% CI, P value)
<i>Giardia intestinalis</i>	VSP3 + VSP5			11/33 (0.3333)	14/59 (0.2373)	1.45 (0.80–2.69, 0.219)	1.46 (0.79–2.71, 0.228)
	VSP3	358	Mean + 3SD	11/33 (0.3333)	15/59 (0.2542)	1.37 (0.75–2.49, 0.304)	1.37 (0.75–2.52, 0.305)
	VSP5	233	Mean + 3SD	11/33 (0.3333)	14/59 (0.2373)	1.46 (0.79–2.69, 0.219)	1.46 (0.79–2.71, 0.228)
<i>Cryptosporidium parvum</i>	Cp17 + Cp23			9/27 (0.3333)	27/51 (0.5294)	0.64 (0.35–1.15, 0.133)	0.59 (0.33–1.07, 0.082)
	Cp17	259	ROC	15/27 (0.5556)	34/53 (0.6415)	0.88 (0.61–1.26, 0.474)	0.90 (0.61–1.32, 0.577)
	Cp23	662	ROC	14/32 (0.4375)	29/52 (0.5577)	0.83 (0.52–1.32, 0.433)	0.76 (0.48–1.21, 0.252)
<i>Campylobacter jejuni</i>	p18 + p39			12/25 (0.4800)	17/34 (0.5000)	0.99 (0.62–1.56, 0.950)	0.83 (0.52–1.32, 0.425)
	p18	276	Mixture model	15/26 (0.5769)	21/36 (0.5833)	1.06 (0.76–1.50, 0.722)	1.06 (0.81–1.39, 0.653)
	p39	74	Mixture model	16/26 (0.6154)	28/42 (0.6667)	0.85 (0.59–1.22, 0.379)	0.81 (0.56–1.16, 0.253)
Norovirus (Norwalk)	VLP	84	Mixture model	6/32 (0.1875)	20/49 (0.4082)	0.43 (0.18–1.02, 0.055)	0.45 (0.19–1.10, 0.080)
Norovirus (Sydney)	VLP	156	Mixture model	12/34 (0.3529)	25/56 (0.4464)	0.78 (0.45–1.34, 0.367)	0.77 (0.44–1.34, 0.354)
Norovirus (St. Cloud)	VLP	19	Mixture model	16/36 (0.4444)	25/56 (0.4464)	1.15 (0.79–1.66, 0.471)	0.99 (0.72–1.37, 0.955)
<i>Entamoeba histolytica</i>	LecA	302	Mean + 3SD	4/33 (0.1212)	5/62 (0.0806)	1.54 (0.43–5.46, 0.507)	1.72 (0.45–6.55, 0.424)
EPEC	EtxB	15,474	Mixture model	18/24 (0.7500)	31/45 (0.6889)	1.10 (0.81–1.50, 0.537)	1.10 (0.80–1.50, 0.556)
<i>Vibrio cholera</i>	CtxB	9,882	Mixture model	14/20 (0.7000)	29/38 (0.7632)	0.94 (0.65–1.34, 0.715)	1.07 (0.78–1.46, 0.692)

CI = confidence interval; CtxB = cholera toxin  $\beta$  subunit; EPEC = Enterotoxigenic *Escherichia coli*; EtxB = EPEC heat-labile toxin  $\beta$  subunit; LecA = lectin heavy chain subunit; MFI-bg = median fluorescent intensity values with background subtracted; RR = relative risk; ROC = receiver operating characteristic SD = standard deviation; VLP = virus-like particle; VSP3 = variant-specific surface protein AS8/GST fusion; VSP5 = variant-specific surface protein 42e/GST fusion. Log-binomial models account for robust variance estimation. Significant results (at  $\alpha = 0.05$ ) are highlighted with bold text.

TABLE 5

Association between serological response and 7-day diarrhea prevalence

Pathogen	Antigen	Diarrhea prevalence			
		Serologic response present (%)	Serologic response absent (%)	Unadjusted RR (95% CI, <i>P</i> value)	Adjusted RR (95% CI, <i>P</i> value)
<i>Giardia intestinalis</i>	VSP3 + VSP5	16/59 (0.2712)	34/208 (0.1635)	1.66 (0.97–2.84, 0.065)	<b>1.94 (1.04–3.63, 0.038)</b>
	VSP3	17/61 (0.2787)	34/208 (0.1635)	<b>1.70 (1.01–2.88, 0.046)</b>	<b>1.99 (1.08–3.69, 0.029)</b>
	VSP5	16/59 (0.2712)	35/210 (0.1667)	1.63 (0.95–2.77, 0.074)	1.87 (0.99–3.53, 0.054)
<i>Cryptosporidium parvum</i>	Cp17 + Cp23	19/86 (0.2209)	19/138 (0.1377)	1.60 (0.91–2.84, 0.104)	<b>2.21 (1.09–4.50, 0.029)</b>
	Cp17	29/118 (0.2458)	22/151 (0.1457)	<b>1.69 (1.04–2.74, 0.035)</b>	<b>2.12 (1.21–3.73, 0.009)</b>
	Cp23	22/99 (0.2222)	29/170 (0.1706)	1.30 (0.78–2.16, 0.307)	1.45 (0.82–2.58, 0.205)
<i>Campylobacter jejuni</i>	p18 + p39	24/108 (0.2222)	19/115 (0.1652)	1.35 (0.78–2.33, 0.289)	1.44 (0.76–2.74, 0.267)
	p18	25/118 (0.2119)	26/151 (0.1722)	1.23 (0.76–2.00, 0.401)	1.30 (0.77–2.19, 0.321)
	p39	31/144 (0.2153)	20/125 (0.1600)	1.35 (0.79–2.28, 0.269)	1.40 (0.76–2.57, 0.281)
Norovirus (Norwalk)	VLP	19/92 (0.2065)	32/177 (0.1808)	1.14 (0.95–1.37, 0.625)	1.19 (0.69–2.06, 0.531)
Norovirus (Sydney)	VLP	14/73 (0.1918)	37/196 (0.1888)	1.02 (0.59–1.75, 0.954)	1.09 (0.59–2.03, 0.779)
Norovirus (St. Cloud)	VLP	18/93 (0.1935)	33/176 (0.1875)	1.03 (0.65–1.63, 0.892)	1.08 (0.66–1.77, 0.761)
<i>Entamoeba histolytica</i>	LecA	4/14 (0.2857)	47/255 (0.1843)	1.55 (0.66–3.53, 0.313)	1.48 (0.65–3.38, 0.355)
ETEC	EtxB	32/153 (0.2092)	19/116 (0.1638)	1.28 (0.73–2.24, 0.395)	1.71 (0.80–3.66, 0.168)
<i>Vibrio cholerae</i>	CtxB	35/174 (0.2011)	16/95 (0.1684)	1.19 (0.67–2.12, 0.545)	1.48 (0.75–2.89, 0.257)

CI = confidence interval; CtxB = cholera toxin  $\beta$  subunit; ETEC = Enterotoxigenic *Escherichia coli*; EtxB = ETEC heat-labile toxin  $\beta$  subunit; LecA = lectin heavy chain subunit; RR = relative risk; VSP3 = variant-specific surface protein AS8/GST fusion; VLP = virus-like particle; VSP5 = variant-specific surface protein 42e/GST fusion. All adjusted models are adjusted for age and socioeconomic status. Significant results (at  $\alpha = 0.05$ ) are highlighted with bold text

\* Adjusted for age and socioeconomic status.

#### SUPPLEMENTAL METHODS

##### Cutoff values.

Cutoff values were established for *Toxoplasma* surface antigen 2A gene/GST fusion (SAG2A), *Giardia intestinalis* variant-specific surface protein AS8/GST fusion and variant-specific surface protein 42e/GST fusion, *Cryptosporidium parvum* Cp17 and Cp23, and *Entamoeba histolytica* lectin heavy chain subunit (LecA). A 2-fold serial dilution of the World Health Organization International Standard for anti-Toxoplasma IgG (NIBSC 01/600; 20 IU/mL)

was used to generate a standard curve for the SAG2A antibody response. A cutoff previously established using a panel of known positive and negative sera (Priest and others, Epidemiol. and Infect., 2015) was found to be equivalent to 4.0 IU/mL. This value equated to 507 median fluorescent intensity values with background subtracted (MFI-bg) units for the SeroMap beads used in the current study. For the two *G. intestinalis* VSPs, 81 adult U.S. citizens with no history of foreign travel were used and the highest 5% of values were dropped. Then, the remaining antibody responses were used to establish a cutoff at the mean plus 3 standard deviation (SD). For *C. parvum* Cp17 and Cp23, cutoff values were based on a receiver operating characteristic (ROC) curve based on Western blot data.<sup>1</sup> For the Cp17 and Cp23 ROC curves, sera were obtained from the same 81 U.S. adults that were used for to obtain the VSP cutoff values. For Cp17, 44 adults were blot positive and 37 were blot negative; for Cp23, 60 were blot positive and 21 were blot negative. Finally, for LecA, 65 American adults with no history of foreign travel were used. The highest three responses were eliminated and the cutoff was established as the mean + 3SD.<sup>1</sup>

To establish cutoffs for positive values for the seroconversion analysis of the remaining antigens, finite mixture models of two Gaussian distributions<sup>2</sup> were created from the continuous MFI values using the *Cutoff Finder* program<sup>3</sup> in the R statistical language.<sup>4</sup> Cutoff points were determined at the intersection of the two probability distribution functions of the mixed distribution, and values were dichotomized above and below this cutoff point to determine seropositivity. Because of nearly uniform apparent negative values below the 90th percentile for *Salmonella* Group B & D LPS, *Salmonella* was dropped from subsequent analyses. Results were interpreted as the likelihood of a serological response above these assigned cutoff values.

### **Imputation methods.**

Although raw data were used for the primary analyses, multiple imputation methods were used to impute missing seroprevalence data for all children who were enrolled in the study at baseline to account for bias contributed by sample loss. The multiple imputation procedure was used to impute values for samples that were deemed insufficient in the laboratory and for children who were lost to follow-up, and it applied predictors of diarrhea identified during the baseline assessment (exclusive breastfeeding, water source, toilet type, socioeconomic status, feces on or around the toilet, shared toilet, gender, and age) and all serological responses to adequately project co-occurring serological responses using a fully conditional specification (FCS) method that applies separate conditional distributions for each missing variable (Yuan, 2014). Imputed binary variables for serological responses were calculated based on predictors of MFI using multivariate linear regression. Covariates associated with seroprevalence at  $\alpha \leq 0.35$  were included in the FCS imputation models for serological responses against each enteric pathogen. Data were imputed to create 25 total imputed datasets<sup>6</sup> and GEE parameter estimates with empirical standard errors were combined from the 25 imputed datasets to generate valid statistical inferences about the associations under study (Yuan, 2000). All analyses were run with both observed samples and imputed data, and analysis model covariates were derived directly from the models used for the regression imputations.<sup>8</sup>

### **Principal components analysis using polychoric correlations.**

We collected data on a total of 17 discrete household asset and demographic variables that were not direct exposures of interest to create a socioeconomic index that could be divided into

wealth quintile using principal components analysis with an inputted polychoric correlation matrix. Four variables were dropped from consideration for inclusion since univariate analyses revealed a standard deviation ( $SD \leq 1$ ) and because the population was fairly homogenous across those variables ( $\geq 95\%$ ). The following variables remained in our PCA: household head education, primary cook education, electricity access, type of flooring, wall and roof materials, and ownership of a radio, mobile telephone, mattress, agricultural land, house, and cows.

SUPPLEMENTAL TABLE 1

Categorization of enrollment and sample loss issues at baseline

Study arm	Total number of children eligible	Blood draw not successful	Caregiver refused	Child not at home	Child too sick for blood draw	Total number of children enrolled
Intervention	111	1 (0.90%)	24 (21.62%)	10 (9.01%)	1 (0.90%)	75 (67.5%)
Control	140	2 (1.43%)	19 (13.57%)	4 (2.86%)	1 (0.71%)	114 (81.43%)
Total	251	3 (1.20%)	43 (17.13%)	13 (5.58%)	2 (0.80)	189 (75.30%)
Assessment of sample acceptability for laboratory analysis (among samples collected)						
	N	Sample insufficient		Samples available for analysis		
Intervention	75	33 (44.00%)		42 (56.00%)		
Control	114	36 (31.58%)		78 (68.42%)		
Total	189	69 (36.51%)		120 (63.49%)		

SUPPLEMENTAL TABLE 2

Categorization of enrollment and sample loss issues at follow-up

Study arm	Total number of children enrolled	Blood draw not successful	Caregiver refused	Child not at home	Child too sick for blood draw	Total samples collected
Intervention	75	0	1 (1.33%)	8 (10.67%)	4 (5.33%)	62 (82.67%)
Control	114	1 (0.88%)	5 (4.39%)	12 (10.53%)	5 (4.39%)	91 (79.82%)
Total	189	1 (0.53%)	6 (3.17%)	20 (10.58%)	9 (4.76%)	153 (80.95%)
Assessment of sample acceptability for laboratory analysis (among samples collected)						
	N	Sample insufficient		Samples available for analysis		
Intervention	62	0		62 (100.00%)		
Control	91	1 (1.10%)		90 (98.90%)		
Total	153	1 (0.65%)		152 (99.35%)		



SUPPLEMENTAL TABLE 3

Child and household characteristics among children at follow-up in this serological substudy, disaggregated by study arm

Characteristics	Intervention ( <i>N</i> = 62) count (%)	Control ( <i>N</i> = 90) count (%)	Total ( <i>N</i> = 152) count (%)
Female	35 (56.5)	42 (46.7)	77 (50.7)
Age at follow-up (months)			
12–13	1 (1.6)	1 (1.1)	2 (1.3)
14–16	10 (16.1)	16 (17.8)	26 (17.1)
17–19	26 (41.9)	52 (57.8)	78 (51.3)
20–22	20 (32.3)	19 (21.1)	39 (25.7)
23–24	5 (8.1)	2 (2.2)	7 (4.6)
Socioeconomic status			
Lowest	9 (14.5)	16 (17.8)	25 (16.5)
Second lowest	10 (16.1)	15 (16.7)	25 (16.5)
Middle	12 (19.4)	18 (20.0)	30 (19.7)
Second highest	18 (29.0)	23 (25.6)	41 (27.0)
Highest	13 (31)	18 (20.0)	31 (20.4)
Time between rounds (months)			
6–7	1 (1.6)	0	1 (0.7)
8–9	27 (44.3)	64 (71.1)	91 (60.3)
10–12	33 (54.1)	26 (28.9)	59 (39.1)
Primary water source			
Piped water into dwelling or plot	1 (1.6)	0	1 (0.7)
Hand pump/borehole	13 (21.0)	25 (27.8)	28 (25.0)
Protected spring/well	37 (59.7)	45 (50.0)	82 (54.0)
Unprotected spring/well	10 (16.1)	14 (15.6)	24 (15.8)
Surface water	1 (1.6)	6 (6.7)	7 (4.6)
Toilet type			
Pit latrine with slab	19 (32.2)	26 (31.7)	45 (31.9)
Pit latrine with no slab	39 (66.1)	48 (58.5)	87 (61.7)
Ventilated pit latrine	0	3 (3.7)	3 (2.1)
Composting toilet	1 (1.7)	5 (6.1)	6 (4.3)
Feces within 1 M of toilet	27 (43.6)	32 (35.6)	59 (38.8)
Shared sanitation	21 (33.9)	20 (23.0)	41 (27.5)

SUPPLEMENTAL TABLE 4

Crude and adjusted risk ratios of imputed data comparing Round 2 seroprevalence and seroconversion among children in the intervention and control groups who were 6–12 months old

Pathogen	Antigen	Cutoff (MFI-bg)	Method to establish Cutoff	Seroprevalence Crude RR (95% CI, P value)	Seroprevalence adjusted RR (95% CI, P value)	Seroconversion crude RR (95% CI, P value)	Seroconversion adjusted RR (95% CI, P value)
<i>Giardia intestinalis</i>	VSP3 + VSP5			1.30 (0.85–1.98, 0.229)	1.32 (0.86–2.01, 0.199)	1.39 (0.87–2.22, 0.163)	1.41 (0.87–2.22, 0.153)
	VSP3	358	Mean + 3SD	1.24 (0.83–1.85, 0.300)	1.24 (0.82–1.88, 0.317)	1.31 (0.86–2.01, 0.206)	1.33 (0.87–2.02, 0.186)
	VSP5	233	Mean + 3SD	1.27 (0.85–1.92, 0.246)	1.30 (0.86–1.97, 0.211)	1.36 (0.87–2.12, 0.174)	1.38 (0.88–2.15, 0.159)
<i>Cryptosporidium parvum</i>	Cp17 + Cp23			0.68 (0.47–0.97, 0.034)	0.67 (0.47–0.96, 0.027)	0.66 (0.43–1.02, 0.061)	0.65 (0.43–0.99, 0.044)
	Cp17	259	ROC	0.73 (0.56–0.96, 0.022)	0.71 (0.54–0.92, 0.011)	0.76 (0.56–1.04, 0.086)	0.74 (0.55–1.00, 0.052)
	Cp23	662	ROC	0.85 (0.62–1.16, 0.298)	0.85 (0.63–1.13, 0.254)	0.83 (0.59–1.17, 0.296)	0.83 (0.60–1.16, 0.281)
<i>Campylobacter jejuni</i>	p18 + p39			1.04 (0.82–1.31, 0.750)	1.07 (0.83–1.39, 0.592)	0.98 (0.82–1.17, 0.806)	0.99 (0.81–1.22, 0.949)
	p18	276	Mixture model	1.07 (0.83–1.39, 0.593)	1.01 (0.77–1.33, 0.928)	1.08 (0.78–1.50, 0.634)	0.99 (0.69–1.43, 0.967)
	p39	74	Mixture model	1.03 (0.85–1.25, 0.771)	1.02 (0.86–1.24, 0.768)	1.02 (0.77–1.36, 0.864)	1.04 (0.81–1.33, 0.761)
Norovirus (Norwalk)	VLP	84	Mixture model	1.01 (0.69–1.47, 0.977)	1.06 (0.73–1.54, 0.764)	0.85 (0.52–1.37, 0.496)	0.94 (0.57–1.54, 0.797)
Norovirus (Sydney)	VLP	156	Mixture model	0.72 (0.48–1.08, 0.110)	0.69 (0.47–1.03, 0.070)	0.78 (0.51–1.20, 0.257)	0.75 (0.49–1.15, 0.184)
Norovirus (St. Cloud)	VLP	19	Mixture model	1.08 (0.76–1.53, 0.661)	1.08 (0.77–1.52, 0.666)	1.18 (0.82–1.72, 0.374)	1.17 (0.81–1.69, 0.413)
<i>Entamoeba histolytica</i>	LecA	302	Mean + 3SD	1.29 (0.47–3.56, 0.624)	1.28 (0.46–3.60, 0.636)	1.12 (0.38–3.26, 0.838)	1.06 (0.44–2.55, 0.889)
ETEC	EtxB	15474	Mixture model	1.07 (0.92–1.24, 0.377)	1.02 (0.88, 1.18, 0.822)	1.10 (0.91–1.33, 0.335)	1.03 (0.86–1.23, 0.782)
<i>Vibrio cholerae</i>	CtxB	9882	Mixture model	1.03 (0.91–1.17, 0.577)	1.04 (0.92–1.19, 0.516)	1.03 (0.84–1.25, 0.796)	1.03 (0.83–1.28, 0.771)

CI = confidence interval; CtxB = cholera toxin β subunit; ETEC = Enterotoxigenic *Escherichia coli*; EtxB = ETEC heat-labile toxin β subunit; LecA = lectin heavy chain subunit; MFI-bg = median fluorescent intensity values with background subtracted; RR = relative risk; ROC = receiver operating characteristic SD = standard deviation; VLP = virus-like particle; VSP3 = variant-specific surface protein AS8/GST fusion; VSP5 = variant-specific surface protein 42e/GST fusion.

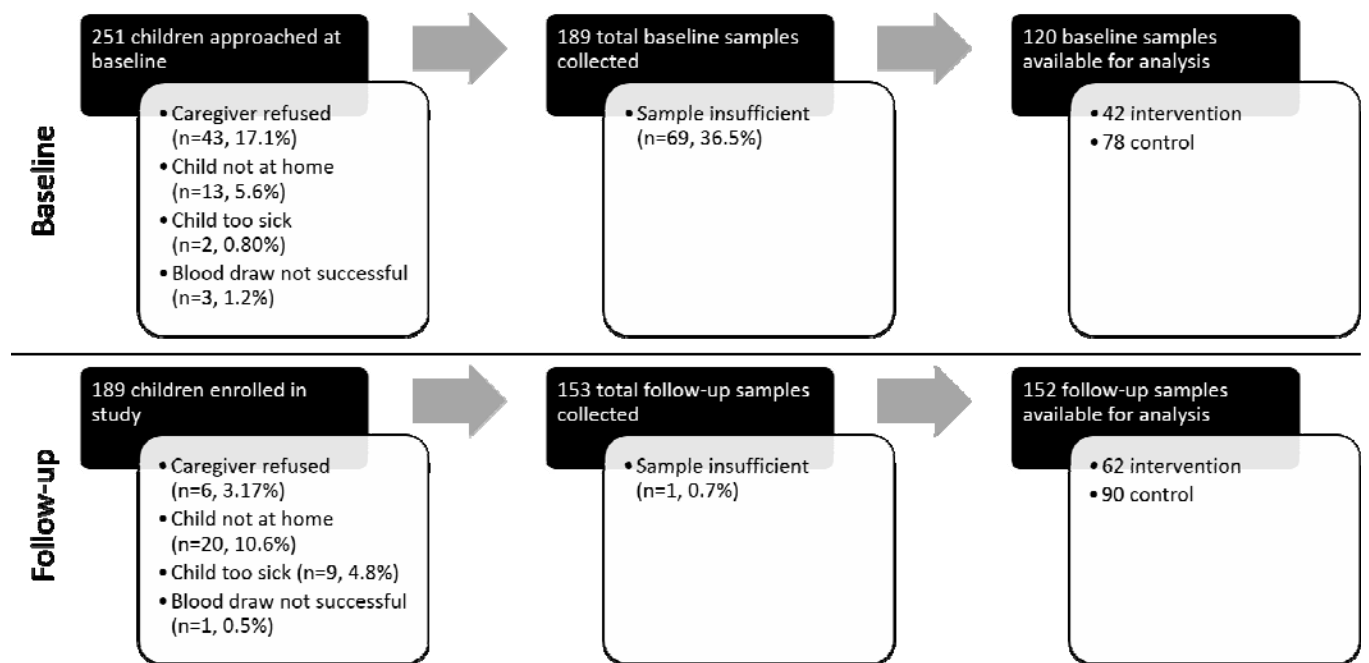
SUPPLEMENTAL TABLE 5

Adjusted models used to calculate the association between intervention status and Round 2 seroprevalence (SP) against any particular antigen

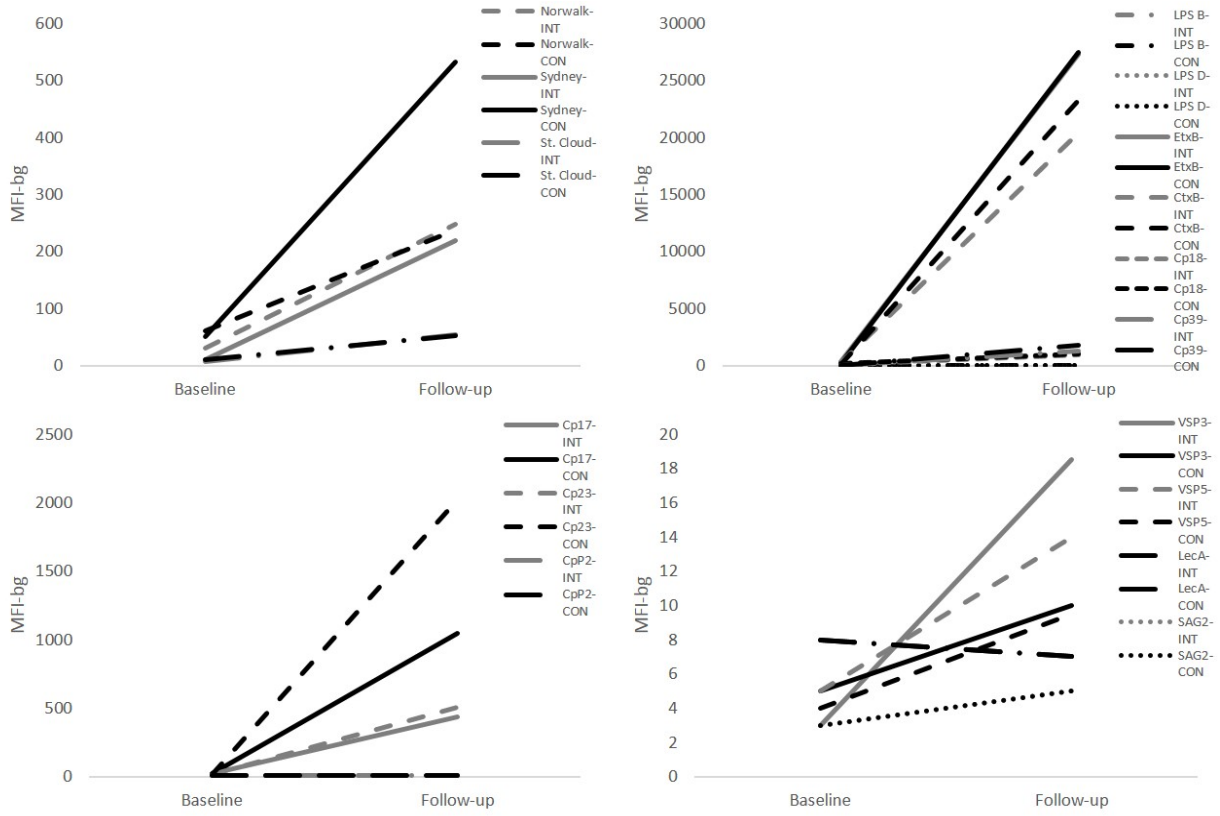
Adjusted log-binomial models examining effect of intervention status on Round 2 seroprevalence	
Outcome	Variables included in adjusted model
Cp17	Intervention arm, shared sanitation
Cp23	Intervention arm, shared sanitation
Cp17 + Cp23	Intervention arm, shared sanitation
VSP3	Intervention arm, gender
VSP5	Intervention arm, gender
VSP3 + VSP5	Intervention arm, gender
Norwalk	Intervention arm, shared sanitation
Sydney	Intervention arm, shared sanitation, age, water source
St. Cloud	Intervention arm, shared sanitation, age
LecA	Intervention arm, shared sanitation
LPS-B	Intervention arm, shared sanitation
LPS-D	Intervention arm, socioeconomic status and age
Cp18	Intervention arm, water source
Cp39	Intervention arm, shared sanitation
Cp18 + Cp39	Intervention arm, water source, shared sanitation
EtxB	Intervention arm, shared sanitation, toilet area cleanliness
CtxB	Intervention arm, breastfeeding status at baseline, age and gender

CtxB = cholera toxin  $\beta$  subunit; EtxB = ETEC heat-labile toxin  $\beta$  subunit; LeCA = lectin heavy chain subunit; VSP3 = variant-specific surface protein AS8/GST fusion; VSP5 = variant-specific surface protein 42e/GST fusion. All adjusted models measuring the association between seroprevalence (across both rounds) and diarrheal disease were adjusted by age and socioeconomic status and are not depicted in this table.

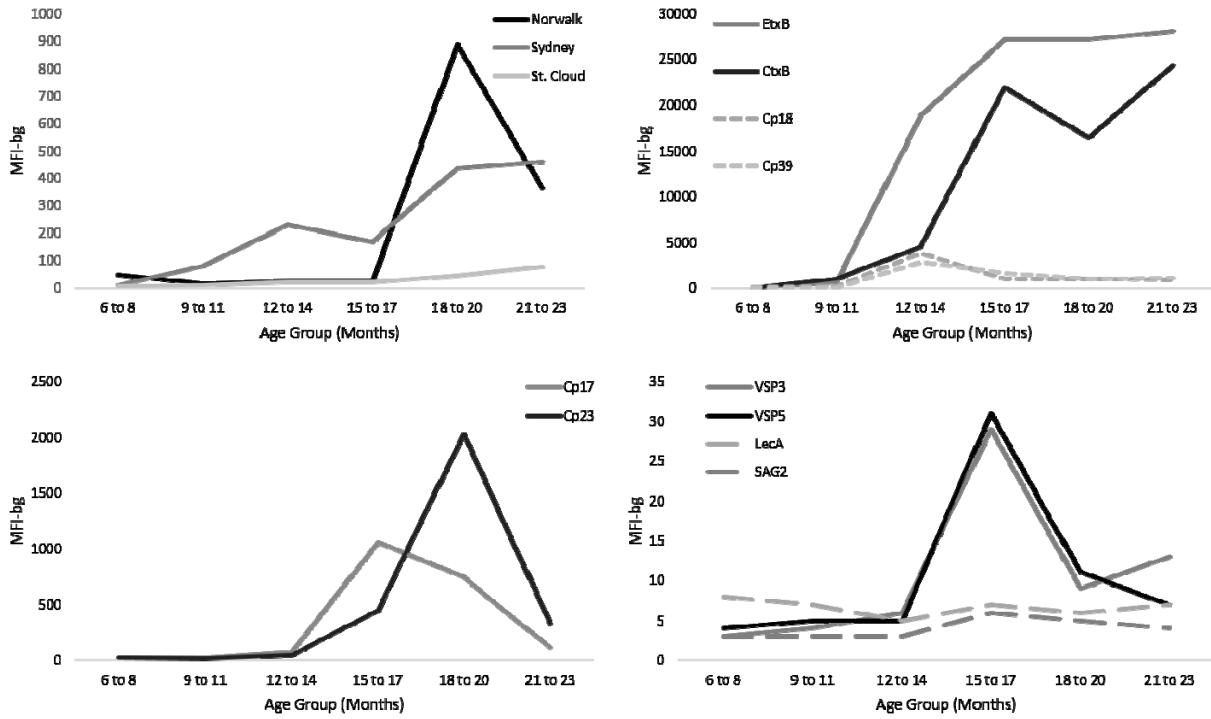
**Figure 1**



**Figure 2**



**Figure 3**



**Figure 4**

