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- 1 Can malignant and inflammatory pleural effusions in dogs be distinguished using
- 2 computed tomography?
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16 Abstract

17 Computed tomography (CT) is the primary imaging modality used to investigate human 18 patients with suspected malignant or inflammatory pleural effusion, but there is a lack of 19 information about the clinical use of this test in dogs. In order to identify CT signs that could 20 be used to distinguish pleural malignant neoplasia from pleuritis, a retrospective case-21 control study was done based on dogs that had pleural effusion, pre- and post-contrast 22 thoracic CT images, and cytological or histopathological diagnosis of malignant or 23 inflammatory pleural effusion. There were 20 dogs with malignant pleural effusion (13 24 mesothelioma, 6 carcinoma; 1 lymphoma), and 32 dogs with pleuritis (18 pyothorax; 14 25 chylothorax). Compared to dogs with pleuritis, dogs with malignant pleural effusions were 26 significantly older (median 8.5 years versus 4.9 years, p=0.001), more frequently had CT 27 signs of pleural thickening (65% versus 34%, p= 0.05), tended to have thickening of the 28 parietal pleura only (45% versus 3%, p=0.002) and had more marked pleural thickening 29 (median 3mm versus 0mm, p=0.03). CT signs of thoracic wall invasion were observed only in 30 dogs with malignant pleural effusions (p=0.05). There were no significant differences in 31 pleural fluid volume, distribution or attenuation, degree of pleural contrast accumulation, 32 amount of pannus, or prevalence of mediastinal adenopathy. Although there was 33 considerable overlap in findings in dogs with malignant pleural effusion and pleuritis, 34 marked thickening affecting the parietal pleural alone and signs of thoracic wall invasion on 35 CT support diagnosis of pleural malignant neoplasia, and may help prioritize further 36 diagnostic testing.

37 Introduction

57

Pleural fluid accumulation may occur as a result of several different pathologic mechanisms 38 that determine the nature of the fluid.¹ Inspection of pleural fluid is the basis for tentative 39 diagnosis in many instances²; however, pleural fluid containing blood, moderate protein and 40 41 non-specific cellular content can occur with neoplasia, inflammatory or idiopathic 42 conditions^{3,4}, and fluid analysis alone may be insufficient for diagnosis. Although low in 43 prevalence, the neoplasms that most frequently cause pleural effusion in dogs by direct 44 seeding and invasion of the pleura are mesothelioma and carcinoma. Mesothelioma, a primary malignant neoplasm of the pleura⁵⁻⁷, pericardium⁸⁻¹⁰ or peritoneum¹⁰⁻¹², can be 45 particularly difficult to diagnose on routine cytologic preparations because malignant 46 47 mesothelial cells may appear similar to the reactive mesothelial cells seen with inflammatory pleural conditions.^{1,6,13,14} Carcinoma metastasis to the pleura can also be 48 49 difficult to diagnose cytologically and may require immunocytochemical analysis of the effusion or histopathology.¹⁵ Metastasis to the pleura could occur with any type of 50 carcinoma, but in the dog this condition is mainly associated with primary epithelial lung 51 52 tumors, mammary carcinoma, prostatic carcinoma and transitional cell carcinoma of the urinary bladder.¹⁶ Dogs with pleural carcinoma (or sarcoma) usually have a primary tumor 53 54 elsewhere, the detection of which aids diagnosis of the pleural effusion. 55 Diagnostic imaging is indicated for patients with pleural effusion of unknown cause. 56 Depending on clinical signs, ultrasonography and/or radiography may be performed first

58 effusion, such as thoracic masses, lung lobe torsion, pericardial disease, and cardiac failure.

and may enable detection of various well-recognized predisposing causes of pleural

59 When echocardiography and radiography are negative or findings are non-specific,

computed tomography (CT) is indicated to examine the thorax in more detail.¹⁷ CT is the
primary imaging modality used for humans with suspected pleural neoplasia.¹⁸⁻²¹ There have
been numerous studies of the CT features of pleural mesothelioma and other pleural
malignancies in humans.¹⁸⁻²⁴ CT features that support a diagnosis of pleural malignant
neoplasia rather than pleuritis include pleural thickening >1cm, nodular thickening,
interlobar distribution of thickening, and thoracic volume contraction.¹⁸⁻²⁶

66 There have been fewer reports of imaging findings in dogs with malignant neoplasia 67 affecting primarily the pleura. The radiographic signs primarily represent pleural or 68 pericardial fluid accumulation, although pleural masses due to mesothelioma may be visible 69 in radiographs made after fluid drainage.⁶ Few reports describe use of CT to examine the 70 pleura in dogs. Multifocal, irregular thickening of the parietal pleura on CT was illustrated in a report of a dog with pleural mesothelioma.²⁷ Pleural thickening in CT images was also 71 reported in 8/12 (67%) dogs²⁸ and 3/10 (30%) dogs²⁹ with pyothorax, but was not described 72 in detail. A more recent study³⁰ described the CT findings in 7 dogs with various pleural 73 74 conditions including primary and metastatic neoplasia and pleuritis. Masses and nodular 75 lesions affecting the pleura were observed in 5/7 (71%) dogs, but there was no apparent 76 association between the morphologic features of pleural lesions and the specific diagnosis.³⁰ 77 Even on gross inspection, pleural masses due to mesothelioma may resemble granulation tissue.¹⁰ For patients in which pleural masses are suspected but not visualized clearly or 78 79 imaging findings are non-specific, thoracoscopy or thoracotomy for pleural biopsy is 80 indicated.

The aim of the present study was to compare the results of CT in a larger series of dogs with pleural effusion secondary to pleural malignant neoplasia or pleuritis in order to identify signs that could be used to distinguish these conditions.

84

85 Materials and Methods

86 Ethical approval was granted by the Clinical Research Ethical Review Board at the Royal 87 Veterinary College. For this retrospective case-control study, medical records from the 88 Queen Mother Hospital for Animals (QMHA) in the period 2010-2016 were searched by one 89 observer (TCW) for dogs that had pleural effusion, pre- and post-contrast thoracic CT 90 images, and cytologic or histopathologic diagnosis of pleural effusion secondary to pleural 91 malignant neoplasia or pleuritis. For the purposes of this study, pleuritis included pyothorax 92 and chylothorax. Although chylothorax has various primary causes, the effect of chyle on the pleura is inflammatory.³¹ Dogs with primary neoplasia affecting non-pleural thoracic 93 94 structures were not included. Dogs in which a migrating thoracic foreign body was visible in 95 CT images were also not included.

Diagnosis of malignant pleural neoplasia was based on compatible cytologic, histologic
and/or immunohistochemical findings. Criteria for pleural malignant neoplasia were
characteristic cellular morphology on cytologic¹⁶ or histologic preparations and, when
diagnosis was uncertain, immunocytochemistry or immunohistochemistry for vimentin and
cytokeratin.¹⁵ Diagnosis of pyothorax was based on cytologic evidence of suppurative
bacterial infection of pleural fluid with or without positive culture. Diagnosis of chylothorax
was based on finding small lymphocytes to be the most numerous cell type and elevated

pleural fluid triglyceride concentration (>2.84mmol/L). In all instances, diagnosis by a board certified veterinary clinical pathologist was required for inclusion in the study.

105 As part of the inclusion criteria, all CT images were acquired using the same multi-slice 106 scanner (MX8000 IDT, Phillips Best, the Netherlands), and transverse images were reviewed 107 using a DICOM viewer (OsiriX version 7.01). Studies lacking pre- and post-contrast series 108 obtained with optimal settings for soft tissue examination were excluded. For the purposes 109 of this study, optimal settings were helical acquisition, slice thickness up to 3mm, medium 110 frequency ('soft tissue') reconstruction algorithm, and with post-contrast CT images 111 acquired 60 seconds after the start of intravenous injection of 2ml/kg of iohexol 300mg/ml 112 (Omnipaque 300, GE Healthcare, Oslo, Norway). Studies with evidence of excessive motion 113 blur were also excluded.

114 All CT studies were reviewed by a single board-certified radiologist (CRL) without 115 knowledge of signalment, clinical history or diagnosis. In cases where multiple CT studies 116 had been done, only the first CT study with evidence of pleural effusion was selected for 117 review. CT images were reviewed using soft tissue (width 320 HU; level 80 HU) and lung 118 (width 1500 HU; level -500 HU) windows with reference to several subjective and objective 119 criteria. The presence of pericardial, pleural or mediastinal fluid, the distribution of pleural 120 fluid (symmetrical or asymmetrical), presence of pleural thickening, presence of pannus, 121 mediastinal lymphadenopathy, and evidence of thoracic wall invasion were recorded. 122 Pleural fluid average attenuation measurements (Hounsfield units, HU) were made using a 123 single circular region of interest placed on the largest visible collection of pleural fluid in pre-124 contrast images. Pleural thickening was defined as a hyperdense line at the border of 125 pleural fluid collections in post-contrast CT images, and was classified by site (visceral,

126 parietal or both) and morphology (diffuse, lobar, nodular, mass-like and/or calcified). 127 Attenuation measurements using a point region of interest and a thickness measurement 128 (mm) were recorded at the site of maximal pleural thickening where applicable. The term 129 pannus refers to fibrovascular tissue within the pleural cavity that tends to form sheets and 130 exhibits enhancement following intravenous contrast administration. Subjective assessment 131 of pleural fluid volume, amount of pannus, and degree of mediastinal lymphadenopathy 132 were recorded using an ordinal scale (0, none; 1, slight; 2, marked). Diagnosis of thoracic 133 wall invasion was based on observing thickening of intercostal muscles, loss of 134 intermuscular fat planes, streaking of intercostal or sub-cutaneous fat, periosteal reaction 135 on ribs or sternebrae and/or lysis of ribs or sternebrae. 136 Data were analyzed using a commercial statistical software package (SPSS 22, IBM). Fisher's 137 exact test was used to test differences in categorical data, and Mann-Whitney tests were 138 utilized to test differences in continuous data between dogs that had pleural malignant 139 neoplasia or pleuritis. Differences with p<0.05 were considered significant. Binomial 95% 140 confidence intervals (CI) for estimates of likelihood ratios were determined using the 141 statistical calculator provided by the Centre for Evidence Based Medicine 142 (http://ktclearinghouse.ca/cebm/practise/ca/calculators/statscalc).

143

144 Results

145 Fifty-two dogs satisfied all criteria for inclusion in the study. There were 24 females (14

neutered) and 28 males (18 neutered) representing 22 different pedigree dog breeds plus 6

147 crossbred dogs. Twenty dogs had pleural malignant neoplasia (13 mesothelioma, 6

148 metastatic carcinoma, 1 lymphoma) and 32 had pleuritis (18 pyothorax, 14 chylothorax).

Diagnosis of mesothelioma was based on histology in 8 dogs, immunohistochemistry in one,
immunocytochemistry in one and cytology in 3 dogs. Diagnosis of carcinoma or lymphoma
was based on cytology in each instance. Median age of dogs that had pleural malignant
neoplasia was 8.5 years (range 4.0-12.8 years) compared to 4.9 years (range 1.3-13.0 years)
for dogs with pleuritis (p=0.001).

154 Results of CT are summarized in Table 1. Pleural thickening was the sign most frequently 155 observed in dogs with malignant pleural effusion (figure 1) whereas enlarged mediastinal 156 lymph nodes was the sign most frequently observed in dogs with pleuritis. Dogs with 157 malignant pleural effusion more frequently had CT signs of pleural thickening (65% versus 158 34%, p= 0.03), tended to have thickening of the parietal pleura only (65% versus 13%, 159 p=0.01) and had more marked pleural thickening (median 3mm versus 0mm, p=0.01). CT 160 signs of thoracic wall invasion were observed only in dogs with malignant pleural effusions 161 (p=0.05) (figure 2). Likelihood ratios for pleural malignant neoplasia for categorical CT signs 162 of significance or borderline significance were: pleural thickening 1.9 (95% Cl 1.1-3.0); 163 parietal pleural thickening only 5.2 (95% CI 2.0-13.7); and thoracic wall invasion 11.0 (95% CI 164 0.6-202.4). The likelihood ratio for visceral pleural thickening as a signs of pleuritis was 3.1 165 (95% CI 0.8-12.8). The criterion pleural thickening >1cm was not significantly associated with 166 pleural malignant neoplasia. There were also no significant differences in pleural fluid 167 volume, distribution or attenuation, degree of pleural contrast accumulation, amount of 168 pannus (figure 3) or prevalence of mediastinal adenopathy or pulmonary nodules. Cause of 169 pulmonary nodules in dogs with pleuritis was not determined: none had signs of malignant 170 neoplasia affecting non-thoracic structures, but none were examined pathologically.

172 Discussion

In this study there was marked overlap in the CT signs observed in dogs with malignant 173 pleural effusion and dogs with pleuritis. As reported in humans¹⁸⁻²⁶, pleural thickening may 174 175 be observed in patients with either malignant effusion or pleuritis, hence although CT is 176 indicated as an aid to differential diagnosis of pleural effusion, it appears to be inaccurate. 177 In the dogs in the present series, the most discriminating CT sign (i.e. that with the highest 178 likelihood ratio for pleural malignancy) was thoracic wall invasion; however, this was 179 observed in only 15% dogs with mesothelioma, which suggests it is not a sensitive sign, and 180 was of borderline statistical significance because of the wide confidence interval associated 181 with small number of affected dogs. Parietal pleural thickening in the absence of visceral 182 pleural thickening also appears to be a useful discriminating sign. This was observed in 45% 183 dogs with malignant pleural effusion and only 3% dogs with pleuritis. Conversely, visceral 184 pleural thickening was observed in 10% dogs with malignant pleural effusion and 31% dogs 185 with pleuritis, although this difference was not significant. Malignant pleural effusion was 186 associated with a greater median pleural thickening that pleuritis, but there were no 187 significant differences in the prevalence of nodular thickening or calcified pleural lesions. 188 Foci of calcification or ossification in mesotheliomas has been reported infrequently in 189 dogs⁸, hence the potential diagnostic value of this sign appears to be limited. The normal pleura of humans is too thin to be visible in CT images.²⁰ On the basis of 190 191 unpublished observations in a limited number of dogs with pleural transudates, we believe 192 the same is true in dogs; therefore, observing a hyperdense line in post-contrast CT images

193 at the border of a pleural fluid collection was considered to be evidence of pleural

194 thickening even if the line was too thin for accurate measurement of thickness or

attenuation value. Visceral pleural thickening is most clearly visible in animals that also havepneumothorax (usually because of pleural drain placement).

The mechanisms that promote pleural effusion are similar in animals with neoplastic and
inflammatory pleural conditions, including increased permeability of the pleural
microvasculature and impaired lymphatic drainage from the pleural cavity because of tumor
or fibrosis obstructing lymphatic vessels.^{1,20} The presence of a thoracostomy tube can also
induce pleural effusion, with potential for secondary infection when tubes have been in
placed more than a few days.³²

203 Markedly asymmetrical (including unilateral) distribution of pleural fluid was observed in 204 the present study only in dogs with pleuritis, and has been noted in an earlier study of dogs with pyothorax.²⁸ This finding could reflect restricted flow of pleural fluid by increased 205 206 viscosity and/or obstruction of normal routes by fibrin 'peel' that coats the pleura. 207 Organization of fibrin peel with ingrowth of capillaries and fibroblasts occurs within 7 days 208 of the onset of pleuritis.²⁰ Pannus is a term used for fibrovascular tissue that occurs in inflammatory conditions that tends to form sheets over structures, such as the cornea.³³ 209 210 This term is also applicable to the sheet- or mass-like tissue that replaces fibrin peel in dogs with inflammatory or reactive pleural effusion.³⁴ In CT images, pannus may be distinguished 211 212 from fibrin peel because it enhances after intravenous contrast administration, and 213 distinguished from true pleural thickening when it occupies the pleural cavity with minimal 214 contact with the pleural surfaces; however, without detailed imaging-pathologic correlation, 215 it is possible that some masses due to pleural neoplasia in this series could have been 216 misinterpreted as pannus, and vice versa, particularly when pannus is thick and/or in broad 217 contact with the pleura. Compared to CT, ultrasonography may be advantageous in

distinguishing these entities because real-time imaging displaying motion of sheet-like tissue
would support diagnosis of pannus; however, sessile, immobile pleural masses may remain
difficult to diagnose on the basis of their imaging features alone.

221 Diagnosis of malignant pleural effusion is most challenging in patients in which no primary 222 neoplasm can be found elsewhere in the body. Whereas most dogs with pleural carcinoma 223 will have a primary neoplasm in the lung or abdomen, no other primary neoplasm will be 224 found in dogs with mesothelioma, hence mesothelioma is the more challenging diagnosis. In 225 the present study, only 3 dogs with mesothelioma were diagnosed on the basis of cytology 226 alone; most required immunological testing or histology. When mesothelioma is suspected 227 there is a need for detailed examination of the pleura. The importance of the present study 228 is that it provides new information about use of CT to examine the pleura, which should 229 help address this clinical problem.

230 To minimize bias, and to replicate the indication for detailed imaging examination of the 231 pleura, we did not include dogs in this study whose CT images contained signs that strongly 232 suggested either neoplasia or inflammatory conditions, such as intrathoracic masses or 233 foreign material. Presence of a pulmonary mass, for example, could bias an observer 234 towards an assumption of malignant pleural effusion, and to overemphasize related findings 235 such as adenopathy or pleural thickening. The occurrence of pulmonary nodules in a similar 236 proportion of dogs with malignant effusion and dogs with pleuritis emphasizes the non-237 specific nature of that finding.

The main limitation of the present study is the small number of dogs included. This mainly reflects the difficulty collecting larger numbers of dogs with primary pleural neoplasia, but is problematic because it means that our estimates of the prevalence of various CT features will be imprecise, which limits the statistical power of the tests done to compare theneoplastic and pleuritis groups.

| 243 | Neoplastic processes resulting in pleural effusion can present a significant diagnostic |
|-----|--|
| 244 | challenge and have been associated historically with a poor prognosis. ^{6,7,13} Recent advances |
| 245 | in malignant effusion management with pleural ports and intracavitary chemotherapy |
| 246 | appear to provide an improved prognosis. ^{35,36} Definite diagnosis of mesothelioma |
| 247 | sometimes requires pleural biopsy via thoracoscopy or thoracotomy. Invasive procedures |
| 248 | such as these may not be favored by veterinarians or owners in the absence of supportive |
| 249 | imaging findings. On the basis of the present study, it may be concluded that CT signs of |
| 250 | marked thickening affecting the parietal pleural alone and signs of thoracic wall invasion |
| 251 | support diagnosis of pleural malignant neoplasia whereas visceral pleural thickening |
| 252 | supports a diagnosis of pleuritis. These results may help prioritize further diagnostic testing |
| 253 | of dogs with pleural effusion. |

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Table 1. Computed tomographic features of malignant and inflammatory pleural effusions in52 dogs

357

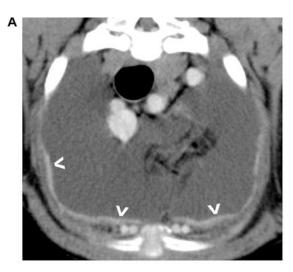
| 358 359 360 | Computed tomographic feature | Malignant (n=20) | Inflammatory (n=32) | p-value |
|-------------------|---|---------------------|------------------------|---------|
| 361 | Pleural fluid median (range) attenuation (HU) | 19 (12-32) | 20 (7-45) | NS |
| 362 | Asymmetrical distribution of fluid | 0 | 5 (16%) | NS |
| 363 | Pleural thickening | 17 (85%) | 14 (44%) | 0.03 |
| 364 | Parietal/visceral/both | 13/1/1 | 4/6/4 | 0.01 |
| 365 | Diffuse | 6 (30%) | 7 (22%) | NS |
| 366 | Nodular | 6 (30%) | 7 (22%) | NS |
| 367 | Median maximal thickness (mm) | 3 (0-40) | 0 (0-38) | 0.01 |
| 368 | Pleura >1cm thick | 6 (30%) | 4 (13%) | NS |
| 369 | Median pre-/post-C (HU) | 38/98 | 38/77 | NS |
| 370 | Median difference | 61 (12-98) | 35 (10-66) | NS |
| 371 | Calcification of pleura | 2 (10%) | 0 | NS |
| 372 | Pannus | 5 (25%) | 10 (31%) | NS |
| 373 | Thoracic wall invasion | 3 (15%) | 0 | 0.05 |
| 374 | Pericardial fluid | 1 (5%) | 1 (3%) | NS |
| 375 | Mediastinal fluid | 2 (10%) | 3 (6%) | NS |
| 376 | Mediastinal adenopathy | 11 (55%) | 21 (66%) | NS |
| 377 | Pulmonary nodules | 5 (25%) | 4 (13%) | NS |

378

NS, not significantly different, p>0.05

380 Legends

Figure 1. Examples of diffuse pleural thickening. A) Slight diffuse thickening of the parietal pleura (arrowheads) in a dog with mesothelioma; B) Nodular thickening of the parietal pleura (arrowheads) in a dog with mesothelioma; C) Marked irregular thickening of the parietal and mediastinal pleura (arrowheads) in a dog with pyothorax; D) Slight diffuse thickening of the visceral pleura (arrowheads) in a dog with pyothorax. A-C soft tissue window (width 320 HU; level 80 HU); D lung window (width 1500 HU; level -500 HU).







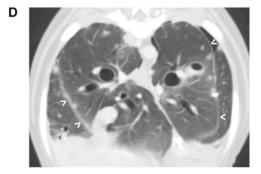


Figure 2. Examples of thoracic wall invasion by mesothelioma. A) Broad mass (*) involving
parietal pleura and adjacent intercostal muscles; B) Locally invasive mass (large arrowheads)
thickening the inner layer of thoracic wall (small arrowheads) and obliterating the fat plane
between muscles of the thoracic wall. Both images displayed using a soft tissue window
(width 320 HU; level 80 HU).



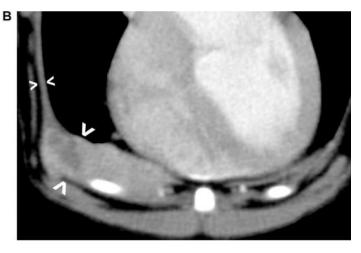


Figure 3. Examples of pannus (A and B) in dogs with pyothorax. In each instance, the
morphology of pannus is a thick, folded sheet of tissue (arrowheads) that appears separate
from the pleura. An enlarged sternal lymph node (*) is visible in B. Both images displayed
using a soft tissue window (width 320 HU; level 80 HU).

