

1 New Phytologist

2 **The mirror crack'd: both pigment and structure contribute to the glossy blue**

3 **appearance of the Mirror Orchid, *Ophrys speculum***

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17 RUNNING HEAD: *Structure enhances colour in the Mirror Orchid*

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21 **Summary**

22 – The Mediterranean orchid genus *Ophrys* is remarkable for its pseudo-copulatory pollination  
23 mechanism; naïve male pollinators are attracted to the flowers by olfactory, visual and tactile  
24 cues. The most striking visual cue is a highly reflective, blue speculum region at the centre of the  
25 labellum, which mimics the corresponding female insect and reaches its strongest development in  
26 the Mirror Orchid, *O. speculum*.

27 – We explored the structure and properties of the much-discussed speculum by scanning and  
28 transmission electron microscopic examination of its ultrastructure, visible and ultraviolet (UV)  
29 angle-resolved spectrophotometry of the intact tissue, and mass spectrometry of extracted  
30 pigments.

31 – The speculum contrasts with the surrounding labellar epidermis in being flat-celled with a thick,  
32 smooth cuticle. The speculum is extremely glossy, reflecting intense white light in a specular  
33 direction, but at more oblique angles it predominantly reflects blue and UV light. Pigments in the  
34 speculum, dominantly the cyanidin 3-(3''-malonylglucoside), are less diverse than in the  
35 surrounding regions of the labellar epidermis and lack quercetin co-pigments.

36 – Several physical and biochemical processes interact to produce the striking and much-discussed  
37 optical effects in these flowers, but the blue colour is not produced by structural means and is not  
38 iridescent.

39

40 **Key words:** anthocyanin, co-pigmentation, epidermis, labellum, *Ophrys speculum*, pollinator  
41 deceit, specular reflection, structural colour.

42

43

44 **Introduction**

45 The Mirror Orchid

46 The morphological distinctiveness, complexity and commercial importance of orchid flowers  
47 have promoted them to popular models for studies of floral development, functional morphology,  
48 reproductive biology and plant–pollinator interactions. The genus *Ophrys* is well-suited for study  
49 in each of these disciplines, and particularly for analysis of the interface between floral  
50 morphology and pollinator attraction.

51

52 The floral bauplan of *Ophrys* is typical of most species of the subfamily Orchidoideae, which  
53 includes most of the European terrestrial orchids (Rudall & Bateman 2002). Stamen and pistils are  
54 congenitally fused into a gynostemium wherein the single fertile stamen bears two anther locules,  
55 each containing a club-shaped pollinarium with an adhesive viscid disc at the proximal end linked  
56 to a pollen mass (pollinium) toward the distal end. The stigmatic surface is located immediately  
57 below the viscid discs. The inferior ovary is rich in minute ovules. The perianth consists of two  
58 closely-spaced whorls each composed of three organs, the three petals being located immediately  
59 distal to the three sepals. The lower median petal, termed the labellum, is often larger and usually  
60 more complex than the lateral petals. The resulting floral morphology, showing unusually strong  
61 bilateral symmetry, was recognized by Darwin (1862) as strongly encouraging transfer of  
62 pollinaria between inflorescences to facilitate cross-pollination.

63

64 The bilateral symmetry of the orchid flower, and morphological complexity of the labellum, are  
65 especially strongly expressed in the genus *Ophrys* (Fig. 1A). A comparative overview of the  
66 genus by Bradshaw *et al.* (2010) demonstrated that this complexity extends to the  
67 micromorphological scale, revealing a wide range of epidermal cell types located in specific

68 regions of the labellum and presumably reflecting its unusual pseudocopulatory mode of  
69 pollination. Most *Ophrys* species attract a limited range of species of flying insect (typically  
70 hymenopterans), relying on naïve males to attempt to mate with the female-mimicking flowers on  
71 at least two successive orchid inflorescences (Cozzolino & Widmer, 2005; Jersáková *et al.*, 2006;  
72 Ayasse *et al.*, 2010).

73

74 *Ophrys* flowers use three successive cues to attract insects (Cozzolino & Widmer, 2005;  
75 Vereecken *et al.*, 2007; Schiestl & Cozzolino, 2008; Schlüter & Schiestl, 2008), each emphasising  
76 the labellum. First to impact upon the insect's senses is the complex cocktail of volatile pseudo-  
77 pheromones (Borg-Karlson, 1990; Schiestl *et al.*, 2003; Mant *et al.*, 2005; Vereecken & Schiestl,  
78 2009). Next come the visual cues of the flower; initially focusing on the various shapes and  
79 colours of the perianth segments in aggregate, the visual focus switches to the labellum as the  
80 insect approaches the flower. Once the insect has landed on the labellum, the shape and  
81 micromorphological textures of the adaxial epidermis maintain the illusion of a female insect by  
82 providing tactile cues that increase the ardour of the male insect and encourage the vertical  
83 orientation needed for successful acquisition or deposition of the pollinaria (Kullenberg, 1961).

84

85 Thus far, the olfactory cues of *Ophrys* have received more scientific attention than the visual and  
86 tactile cues. Yet the functional morphology of the later-stage cues is equally remarkable; we  
87 presume that these contrasting cues are mutually reinforcing (Giurfa *et al.*, 1994; Kulachi *et al.*,  
88 2008). Many insects use multiple cues to reinforce their search image of a flower, enhancing  
89 recognition of target flowers and thus optimizing their foraging efficiency (Whitney *et al.*, 2009a;  
90 Leonard *et al.*, 2011).

91

92 The present study focuses on the impressive visual cues provided by the *Ophrys* labellum, paying  
93 particular attention to the speculum, which is a comparatively reflective blue region, varying in  
94 complexity of outline, located at or near the centre of the labellum of most *Ophrys* species (Fig.  
95 1A). In many species this remarkable feature is generally accepted as mimicking the glossy wings  
96 and/or body of the pollinating species, and thus plays a key role in pollination within the genus.

97

98 We selected for study the widespread Mediterranean Mirror Orchid, *Ophrys speculum*, because  
99 (as its name suggests) its remarkable speculum is exceptionally large, simple in outline and highly  
100 reflective, being perceived by the human eye as a brilliant blue (Fig. 1B). The flower of *Ophrys*  
101 *speculum* is known to contain several anthocyanin pigments (Strack *et al.*, 1989), but many  
102 authors (including Bradshaw *et al.*, 2010) have speculated that the labellum may owe its  
103 remarkable lustre more to physically-induced structural colour than to biochemically induced  
104 pigmentation colour.

105

#### 106 Structural components of colour

107 Table 1 provides a series of definitions for optics-based terms used throughout this  
108 manuscript. “Colour” is the appearance resulting from the relative amount of light of each  
109 wavelength across the human visible wavelength range emanating from an object. This  
110 definition can be adapted to take into account the visual capabilities of different animals.  
111 Structural colour is the term given to an apparent colour produced by periodically arranged  
112 materials that do not necessarily contain pigment. If the scale in which the periodicity occurs  
113 is of the same order of magnitude as that of the wavelengths of light striking the object in  
114 question, light reflected from the interfaces between the materials interferes constructively for  
115 certain wavelengths. This results in reflection and/or transmission of light of different

116 wavelengths in different directions (Kinoshita, 2008). Although several structural mechanisms  
117 can generate different colour effects, a defining feature of structural colour is that it is  
118 iridescent, or angle dependent – the colour changes as the angle of observation is altered.  
119 Pigment-based colours never show this property. However, a structural component can also  
120 optically modify a pigment-based colour: in such a case, the appearance of the colour is not  
121 only determined by pigments, but also depends on the anatomy of the surrounding structures.  
122 For example, the highly reflective yellow colour of the buttercup, *Ranunculus acris*, is caused  
123 by structural enhancement of a yellow pigment (Galsterer *et al.*, 1999; Vignolini *et al.*, 2012).

124

125 Structural colour has been well-studied in animals, but its presence in the plant kingdom has  
126 only recently begun to be analyzed in detail (Glover & Whitney, 2010). Blue-green  
127 iridescence in the leaves of tropical understorey plants has been attributed to multilayered  
128 structures (Graham *et al.*, 1993; Gould & Lee, 1996). Similarly, a few reports exist of  
129 iridescent blue fruits (Lee, 1991; Lee *et al.*, 2000). We recently described the presence of  
130 diffraction gratings on the petals of several angiosperm species, confirming that cuticular  
131 striations can generate iridescent colours that are superimposed on the underlying pigment  
132 colour (Whitney *et al.*, 2009b).

133

134 In this interdisciplinary study, we apply several analytical techniques with the aim of determining  
135 both the causes and relative importance of biochemical and structural effects in producing the  
136 much-discussed *Ophrys* ‘mirror’. We conclude that the visual effect is the product of a  
137 combination of factors. The colour is the product of pigmentation, but the final appearance of the  
138 labellum is modified considerably by the combination of this pigment with specular reflection  
139 arising from the ultrastructure of the cell wall and cuticle. The labellum does not exhibit *bona fide*

140 iridescence, but its colour does appear angle-dependent as a result of the strong reflection of white  
141 light from the glossy cuticle at certain angles.

142

## 143 **Materials and Methods**

### 144 Plant material

145 Several plants of *Ophrys speculum* Link were provided by one of us (SM) from his personal  
146 collection. Plants in the early stages of flowering were shipped to the Department of Plant  
147 Sciences, University of Cambridge, and maintained on a south-facing windowsill with light  
148 watering until all flowers had been exploited.

149

### 150 Optical analysis

151 To determine the colour response of the flower, images were obtained with a standard digital  
152 camera and compared with images obtained using a UV-sensitive camera (Fuji Finepix  
153 camera equipped with a quartz objective and a Baader U-filter 2" HWB 325-369).

154

155 Reflection measurements were taken from the central blue region of the labellum (speculum)  
156 using a commercial reflection/backscattering probe [Ocean Optics]. One end of the probe was  
157 directly coupled onto a spectrometer [QE65000 Ocean Optics, 200–950 nm] while the other  
158 end was linked to a light source [DH-2000 Deuterium Tungsten Halogen Light Sources]  
159 providing illumination with a fixed numerical aperture of 0.22.

160

161 In order to better characterize the optical response of the flower, angular resolved spectra were  
162 collected using a goniometer. The illumination arm can be held in a determined fixed position  
163 while the sample and the collection arm are rotated independently.

164

165 Microscopy

166 For scanning electron microscope (SEM) examination (Fig. 1C, D), flowers were fixed in  
167 formalin acetic alcohol (FAA) and stored in 70% ethanol. Specimens were passed through an  
168 ethanol series up to 100% ethanol and critical-point dried using a Tousimis Autosamdri 815B.  
169 Specimens were then mounted on aluminium stubs, coated in platinum using a sputter coater  
170 (Emitech K550), and examined under a Hitachi S-4700 SEM at 2 kV.

171

172 For transmission electron microscope (TEM) examination (Fig. 1E, F), 2 mm squares were  
173 dissected from the labellum using a mounted needle, fixed in 2.5% glutaraldehyde in  
174 phosphate buffer at pH 7.4, and stored in 70% ethanol until needed. Samples were then  
175 stained in 2% osmium tetroxide solution and passed through an ethanol and resin series before  
176 being polymerized for 18 h under vacuum. Semi-thin sections (0.5–2  $\mu\text{m}$ ) and ultra-thin  
177 sections (14 nm) were cut using an ultramicrotome (Reichert-Jung Ultracut). The semi-thin  
178 sections were mounted on glass slides and stained with toluidine blue in phosphate buffer,  
179 before being examined under a light microscope. The ultra-thin sections were placed on  
180 Formvar-coated grids and stained automatically with uranyl acetate and lead citrate using an  
181 Ultrastainer (Leica EM Stain) before being examined under the TEM.

182

183 For light microscope (LM) examination (Fig. 1G–I), fresh, unstained labella were hand-  
184 sectioned using a single-edged razor blade and mounted in a drop of water on a microscope  
185 slide, covered with a glass cover slip, and imaged using a Leitz Diaplan photomicroscope  
186 fitted with a Leica DC500 digital camera.

187



188 Metabolite analysis

189 Labella of *Ophrys speculum* were excised from flowers using a razor blade. The inner blue  
190 section and the outer brown section were separated under a dissecting microscope, flash-  
191 frozen in liquid nitrogen and placed in tubes containing 1 mL cold methanol containing 1%  
192 hydrochloric acid. Pigments were extracted by shaking gently overnight at room temperature in  
193 the dark and subsequently stored at -80°C.

194 Absorbance spectra of the crude extracts containing pigments from either the blue or brown  
195 regions of the labellum were obtained between 300 and 700 nm on a Jasco V-550 UV-VIS  
196 spectrophotometer (Jasco, Essex, UK). As per Davey *et al.* (2004), flavonoids from the crude  
197 methanolic extracts were analyzed by High Performance Liquid Chromatography  
198 (HPLC:Surveyor system, Thermo Scientific), the eluant being analyzed by both photodiode  
199 array (PDA) spectrometry and time-of-flight mass spectrometry using electrospray ionization  
200 (Finnigan LCQ DECA XP, Thermo Scientific). Data were analyzed using Xcalibur software  
201 (Thermo Fisher Scientific). Samples (injection volume, 20 µL) were resolved on a Luna C18  
202 column (250 × 2.0 mm: Phenomenex, UK) using 0.5% formic acid (solvent A) and acetonitrile  
203 (solvent B); with a gradient of increasing B such that initial A:B (95:5 v/v); 2 min (95:5); 42  
204 min (0:100); 47 min (0:100); 48 min (95:5); 53 min (95:5), at a flow rate of 0.2 mL min<sup>-1</sup>. The  
205 eluant was monitored for absorbance between 200 and 800 nm with the MS operating in  
206 positive ion mode (settings: capillary temperature 230°C; capillary voltage 27 V; spray voltage  
207 3.5 kV; sheath gas flow rate 9.28 (arb.)); centroid data collection). Mass ions were detected  
208 between 100 and 1200 *m/z*, using quercetin (Sigma) to tune and calibrate the MS. Metabolite  
209 fragmentation (ms/ms) on selected masses was carried out under the following settings:  
210 isolation width 1.0 *m/z*, 50% normalized collision energy, activation Q = 0.250, activation

211 time 30 msec. The identification of metabolites was based on their absorbance spectra and  
212 mass spectral data as compared with published data (the online flavonoid database at  
213 <http://metabolomics.jp/wiki/Index:FL>) and with a reference flavonol, quercetin-3- $\beta$ -D-  
214 glucoside, 20  $\mu$ M and anthocyanin, cyanidin 3-O-glucoside chloride, 200 $\mu$ M (Sigma).

215

## 216 **Results**

### 217 The speculum has a smooth, flat surface with disordered layers in the cell wall

218 The labellum of *Ophrys speculum* (Fig. 1A, B) has a complex adaxial epidermal surface (see  
219 also Bradshaw *et al.*, 2010). Its epidermal cells are either smooth, non-striated and non-  
220 papillate, or consist of long, spirally twisted trichomes, the latter concentrated along the  
221 periphery of the labellum (Fig. 1C).

222

223 The adaxial epidermis of the speculum region is composed entirely of smooth, flat-topped  
224 cells (Fig. 1D) that show little or no doming in transverse section (Fig. 1E, G). Each epidermal  
225 cell contains a large vacuole, most of the cytoplasm and organelles lying close to the inner cell  
226 wall (Fig. 1E). The epidermis of the speculum incorporates the bulk of the blue pigment (Fig.  
227 1G, I), as does the epidermis of heavily pigmented regions located elsewhere in the flower.

228 When the fresh tissue of the speculum is cut the blue colour leaches out rapidly (Fig. 1H). The  
229 epidermal cell wall is thickest on the outer surface, where it is overlain by a thick (*ca* 0.5  $\mu$ m)  
230 cuticle that covers the entire surface. Although the cutinized cell wall displays some layering  
231 (Fig. 1F), our TEM images do not indicate an ordered multilayered structure of sufficient  
232 regularity and dimensions to generate structural colour of the kind responsible for the blue  
233 scales of *Morpho* butterfly wings (Vukusic *et al.*, 1999).

234

235 The speculum is highly UV-reflective

236 Although the blue colour of the speculum is exceptionally striking to the human eye, many  
237 insects perceive colours differently from human vision. In particular, it is common for insects  
238 to perceive light in the ultraviolet range of the spectrum (Briscoe & Chittka, 2001). To assess  
239 whether the *Ophrys* labellum is UV reflective, we compared a photograph of the flower taken  
240 using a standard camera with one taken with maximal sensitivity in the 325–369 nm range  
241 (Fig. 2A, B). It is clear from these images that the blue speculum region of the labellum is  
242 highly UV reflective. The reflectivity in this range has two components – it is due partly to the  
243 specular reflected signal from the cuticle and partly to a more diffuse signal caused by light  
244 that has entered the cells but not been absorbed by the pigment within.

245

246 To investigate this response more fully we compared the reflection of the labellum of mature  
247 and senescent flowers using a commercial reflection/backscattering probe [Ocean Optics]. A  
248 peak of reflection was observed between 350 and 400 nm (Fig. 2C) in both flowers but was  
249 more evident in the mature flower, confirming that a strong UV signal is detectable from the  
250 labellum of a receptive flower. This UV signal is likely to enhance the salience of the  
251 speculum, potentially facilitating pollinator landing on the labellum.

252

253 The speculum reflects white light strongly in the specular direction but blue light at other  
254 angles

255 In order to better characterize the optical response of the speculum, angular resolved spectra  
256 were collected using a goniometer (a schematic diagram of the experimental setup is presented  
257 in Fig. 3A). Figure 3B shows the scattering behaviour of the speculum in colour scale blue to  
258 green to yellow (the yellow colour in the chart shows a greater proportion of reflected light

259 compared to blue). The collection angle is plotted on the Y axis and the wavelength on the X  
260 axis. At the specular reflection direction (indicated by the white dotted line in the image) the  
261 absorption from the pigment is less significant compared with the other scattering angles.  
262 Specular reflection is reflection of white light at the same angle as it arrives at a surface, as  
263 seen most strongly in a mirror. Across the horizontal band between 20 and 40°, light of all  
264 wavelengths is reflected equally across the spectrum, constituting an angularly broadened  
265 mirror-like response. This behaviour is in contrast with a perfectly planar surface where  
266 specular reflection occurs only for a collection angle of 30° matching the illumination angle.  
267 However, since the reflective surface of the speculum is convex and the diameter of the  
268 illumination spot on the sample is ~2 mm, the light is reflected not only at one specific angle  
269 but in the angular range between 20° and 40°.

270

271 Above ~40° light reflection is limited predominantly to the UV-blue and the infrared. This  
272 analysis suggests that the speculum contains a pigment that absorbs in the wavelength window  
273 between 420 and 650 nm. The combination of such a pigment with the specular reflection  
274 from a mirror-like surface results in a speculum that appears blue at high observation angles  
275 but whiter in a specular observation direction.

276

277 The contribution of specular reflection to the total reflectivity of the speculum is analyzed  
278 further in Fig. 3C, where the integrated intensity as a function of the collection angle is  
279 recorded for two contrasting incidence angles (15° and 60°) and two wavelength regions. In  
280 the polar graph the integrated intensity is shown for the two incidence angles of 15° (solid  
281 lines) and 60° (dashed lines) and for the two wavelength regions of 300-400 nm, where the  
282 pigment does not absorb (red), and 500-600 nm, where the pigment does absorb (black). For

283 an angle of incidence of 15°, glossiness is dominant and the light is almost entirely reflected in  
284 the specular reflection direction across the entire spectrum. This result suggests that the optical  
285 appearance of the speculum results from the interplay of the glossy cuticle and the diffuse blue  
286 and UV light filtered by the pigment. At low illumination and observation angles the signal  
287 from the air–cuticle interface predominates, resulting in a broad-band (white) gloss. At larger  
288 angles of incidence (dashed lines), the contribution of the specular reflection is much smaller,  
289 making the spectral response of pigment scattering across a wide angular range more clearly  
290 visible. This observation is explained by blue (and UV) diffuse isotropic scattering from the  
291 pigment–bearing tissue and specular reflection arising from the smooth surface. Finally, the  
292 red dashed line spans a greater angular range than the black dashed line, presumably because  
293 the pigment within the tissue absorbs some light in the 300–400 nm range.

294

295 The speculum contains only cyanidin pigments, whereas the rest of the labellum also contains  
296 delphinidin and quercetin

297 Absorption spectra of the crude extracts were obtained from the blue speculum, brown  
298 labellum fringe and the yellow lateral petals (Fig. 4). Peak absorption in the 500–560 nm  
299 regions indicated the presence of anthocyanins with  $\lambda_{\max}$  at *ca* 529 nm (Harborne, 1984: 64–  
300 65). Absorption between 350 and 380 nm in the brown labellar margin suggested the possible  
301 presence of flavonols acting as co-pigments (Shoji *et al.*, 2007). Absorption peaks at 419 nm  
302 and 653 nm indicated the presence of chlorophyll *a*, especially in the yellow lateral petals.

303

304 *The speculum*

305 Only one pigment from the blue speculum was resolved at 17.97 min by HPLC (Figs. 5, 6).

306 The absorption spectrum and the  $\lambda_{\max}$  of 516 nm and 280 nm of the metabolite at this time

307 indicated a structure resembling anthocyanins. This spectrum matched published spectra of  
308 cyanidin-3-glucoside or cyanidin-3-sophoroside (Zhang *et al.*, 2008), malonyl ester of  
309 cyanidin-3-glucoside (Lee, 2002) and cyanidin-3-glucoside or peonidin-3-glucoside (Hong &  
310 Wrolstad, 1990). The molecular mass ions of the metabolite eluting at 17.97 min were  
311 determined in the positive ionization mode. The total mass scan of the peak detected the  
312 molecular mass ions  $m/z$  535, 593, 611 and 758 (Table 2). These masses were searched against  
313 the online flavonoid database at <http://metabolomics.jp/wiki/Index:FL> and in published  
314 manuscripts. The parent anthocyanin aglycone proved to be a cyanidin (Giusti *et al.* 1999a, b;  
315 Zhang *et al.*, 2008; Mullen *et al.*, 2010) with the following putative identifications for  $m/z$ : 535  
316 cyanidin 3-(3"-malonylglucoside), 593 cyanidin 3-(6"-dioxalylglucoside), 611 cyanin or  
317 cyanidin 3,5-diglucoside and 758 genticyanin C or cyanidin 3-glucoside-5-(6-p-  
318 coumaroylglucoside). Fragmentation spectra were obtained for the parent mass ion of 534,  
319 which produced daughter ions of 448.9 and 287.04  $m/z$ . According to Giusti *et al.* (1999a, b)  
320 and Mullen *et al.* (2010), the mass 535.3 is the cyanidin 3-(3-malonylglucoside), which is the  
321 mass of cyanidin (287) + hexose minus H<sub>2</sub>O (162.2) + malonic acid minus H<sub>2</sub>O (86.1). When  
322 cyanidin 3-(3-malonylglucoside) is fragmented it also produces the mass 449.1 (535-86.1),  
323 corresponding with cyanidin 3-(3-malonylglucoside) minus the malonyl group. The mass ion  
324 287 is also produced by cyanidin 3-(3-malonylglucoside) (449.1) minus the mass of hexose  
325 (162.2), thus forming the cyanidin aglycone. It was not possible to obtain an authentic  
326 standard for cyanidin 3-(3-malonylglucoside); instead cyanidin 3-O-glucoside chloride was  
327 used to confirm the absorption spectrum ( $\lambda_{\text{max}}$  of 514 nm and 280 nm), parent mass (449.01,  
328 minus chloride ion) and fragmentation pattern (forms the mass of cyanidin (287) minus the  
329 glucoside) of a cyanidin-glycoside (Table 2, Fig. 6H).

330

331 *Brown labellum fringe*

332 Six peaks were resolved in the brown section chromatogram (Figs. 5, 6). The absorption  
333 spectra of two peaks (retention times 17.9 and 18.6 min) were characteristic of an anthocyanin  
334 and four peaks (retention times 18.4, 19.3, 20.3 and 21.1 min) were characteristic of flavonols  
335 (Mabry *et al.*, 1970). The peak eluting at 17.92 min had the same absorption spectrum, parent  
336 ion and fragment ion mass as that found at a similar time in the blue section, and hence was  
337 identified as cyanidin 3-(3"-malonylglucoside). The peak at retention time 18.6 min, slightly  
338 co-eluted with another peak at 18.4 min and had a  $\lambda_{\max}$  of 522 nm, indicating the presence of  
339 delphinidin-3-rutinoside or cyanidin-3-rutinoside (Toki *et al.*, 1996; Vera de Rosso &  
340 Mercadante, 2007). The remaining peaks at 18.4, 19.3, 20.3 and 21.1 min all had absorption  
341 spectra with a  $\lambda_{\max}$  of 356 nm that are characteristic of a flavonol such as isorhamnetin-  
342 rutinoside ( $\lambda_{\max}$  356 nm) or a glycoside of quercetin such as quercetin-glucoside, -rutinoside or  
343 -rhamnoside ( $\lambda_{\max}$  358 nm) (Mabry *et al.*, 1970). The mass spectra of these four flavonol peaks  
344 all revealed mass ions of the same molecular weight as glycosylated or malonylated quercetin  
345 (Table 2). Variation in the conjugate species explains the differences in retention time for the  
346 same quercetin compound. The masses of other compounds, especially the flavonols luteolin  
347 and kaempferol, were also present in the online mass searches. However, the *Ophrys* labellum  
348 compound is unlikely to have these chemistries, as the UV traces for these compounds are  
349 closer to 330 nm and 370 nm, respectively. The reference compound quercetin-3- $\beta$ -D-  
350 glucoside had a similar retention time to the four flavonols in the extract and had a  $\lambda_{\max}$  of 356  
351 nm. Therefore, the main compound present in the labellar fringe is likely to be a mix of  
352 cyanidin and delphinidin with a co-pigment of quercetin.

353

354 **Discussion**

355 Analysis of the optical properties of the intensely blue-coloured speculum of *Ophrys speculum*  
356 indicates that the visual effects are achieved by multiple factors. A pigment located in the  
357 adaxial epidermis, absorbing in the green–red region of the spectrum and diffusely reflecting  
358 blue and UV light, operates in combination with a highly reflective mirror-like surface that  
359 provides intense specular reflection and causes the blue colour to be somewhat angle-  
360 dependent. UV photography and simple reflectance spectrometry indicate that the speculum is  
361 highly reflective in the UV, a part of the spectrum known to be visible to many insects,  
362 including the hymenopteran pollinators characteristic of *Ophrys* flowers (Briscoe & Chittka,  
363 2001). The high degree of salience (conspicuousness) that this UV signal provides to the  
364 *Ophrys speculum* flower is likely to enhance pollinator handling of the flower, perhaps  
365 facilitating landing in the optimal position for pseudo-copulation and eventual pollen transfer.

366

367 The intense specular reflection from the labellum provides the characteristically extreme  
368 glossiness, a feature that has been hypothesized to improve the sexual mimicry of the flower  
369 by resembling the sheen on the folded wings of an insect at rest. A similar glossiness has been  
370 reported for some other flowers. For example, the dark petal spots of *Gorteria diffusa*, a South  
371 African daisy, achieves pollination by mimicking female bombyliid flies; here too, glossiness  
372 has been hypothesized to mimic the visual appearance of folded insect wings (Ellis &  
373 Johnson, 2010). Our micrographs indicate that the glossiness arises from a thick (*ca* 0.5  $\mu\text{m}$ )  
374 and extremely smooth, ridgeless layer of cuticle deposited on top of unusually flat epidermal  
375 cells. The cuticle layer extends between cells, reducing the visibility of individual cell  
376 boundaries. The overall effect produced by this cuticular layer is of a thin mirror coating the  
377 flower surface. The highly reflective yellow colour of the buttercup, *Ranunculus acris*, is also



378 the result of a mirror-like cuticle (Galsterer *et al.*, 1999; Vignolini *et al.*, 2012). The *Ophrys*  
379 *speculum* mirror layer is made more effective by the flatness of the adaxial epidermal cells.  
380 Petal epidermal cells are frequently conical-papillate (Kay *et al.*, 1999; Whitney *et al.*, 2011)  
381 and failing that, they are usually lenticular or gently domed. The extreme flatness of the  
382 epidermal cells in the speculum region provides a better backdrop to the mirror than a  
383 biological surface can usually achieve.

384

385 Analysis of the reflection of different wavelengths of light from the speculum at different  
386 angles confirms that there is a structural component to the appearance of the speculum. At the  
387 specular angle (set at 30° in our analysis) light of all wavelengths is reflected with equal  
388 efficiency. Similar results are obtained with different angles of incidence. However, at  
389 increased angles of collection relative to the sample a strong blue and UV reflection is  
390 observed; little if any reflection of other wavelengths is evident until the far-red region of the  
391 spectrum is reached. This analysis explains why the colour of the speculum appears to shift as  
392 the flower is re-oriented. At angles where the specular reflection is strong, a mirror-like effect  
393 dilutes the apparent blueness of the tissue. However, when the flower is shifted to angles other  
394 than the specular, the intense blue reflection again dominates the signal. In addition, the gently  
395 convex shape conferred on the speculum by curvature of the labellum contributes to the  
396 apparent shift of colour with angle of observation, by modifying the contribution of the gloss.  
397 These effects are evident in Fig. 1B, where some apparent blue and white speckling observed  
398 under strong specular illumination is the result of slight variations in angle and cuticle  
399 thickness across the surface of the speculum. This angular dependence is a defining feature of  
400 a structural contribution to colour, but in this case there is no evidence that the blue hue itself  
401 is produced through structural means. If the blue colour was achieved by a multi-layered

402 structure, as is the case for the *Morpho* butterfly, the hue of the colour (that is, the relative  
403 amounts of blue, green, yellow and/or red light) would change at different observation angles  
404 (Vukusic *et al.*, 1999). Instead, it is only the relative contributions of blue and broad-band  
405 reflected (white) light, not blue and other narrow bandwidths of light, that alter as angle  
406 varies. Accordingly we cannot define the speculum as truly iridescent. In response to the  
407 description by Bradshaw *et al.* (2010) of epidermal morphology of the labellum of a range of  
408 *Ophrys* species, Vereecken *et al.* (2011) also reported that unpublished data suggested that the  
409 *Ophrys speculum* labellum was not truly iridescent. In further support of this observation we  
410 note that, although the cell walls of the speculum epidermal cells appear to contain layers of  
411 cellulose in our TEM analysis, those layers are irregular in depth and shape. Only regular  
412 structures can generate colour by interference, whereas the disordered layering evident in Fig.  
413 1F is unable to generate a colour signal.

414

415 Our optical analysis indicated the likely presence of a blue pigment in the speculum, absorbing  
416 light between 420 and 650 nm. Biochemical analysis confirmed the presence of an  
417 anthocyanin, cyanidin 3-(3''-malonylglucoside). This was the only pigment detected in the  
418 speculum tissue, using an analytical approach competent to reveal any flavonoids present.  
419 Anthocyanins are commonly found in flowers, generating the red–blue range of colours.  
420 Cyanidins produce a bluer colour than some other anthocyanins, such as pelargonidins,  
421 although they are usually more magenta than purple/blue. The particular hue produced by the  
422 cyanidin is determined by several other factors, including the nature of any side groups on the  
423 molecule, their interactions with metal ions, the pH of the vacuolar liquid and the co-  
424 occurrence of any other pigments. It is likely that an alkaline vacuolar pH or formation of a  
425 complex with iron or magnesium ions is responsible for the blue hue of this cyanidin, although

426 further analyses of cellular ion content would be necessary to define how the particular shade  
427 is produced. Although we detected chlorophyll in the biochemical analysis, it was primarily  
428 found in the brown fringes of the labellum, so it is unlikely that this pigment is contributing  
429 greatly to the blue colour of the speculum. George *et al.* (1973) also found cyanidins in the  
430 intense blue-purple flowers of the Australian enamel orchids (*Elythranthera* spp.) from  
431 Australia, though it remains to be determined whether there is a structural component to the  
432 appearance of these highly glossy flowers.

433

434 We detected the presence of the same cyanidin and possibly also delphinidin-3-rutiniside in  
435 the region of the labellum surrounding the speculum. This tissue also contains four co-  
436 pigments of a flavonol, which are most likely glycosylated or malonylated quercetins. The  
437 flavonols appear to modify the absorption range of the anthocyanins to produce a brown  
438 colouration in the tissue. It is the exclusion of the flavonoid co-pigments from the speculum  
439 that permits the striking purity of the blue colour of the cyanidin in the labellum of *Ophrys*  
440 *speculum*.

441

442 The pure glossy blue of the *Ophrys speculum* flower has fascinated scientists and naturalists  
443 for many years. The intensity of the colour, and its apparent angular dependence, led to  
444 speculation that it is produced using structural rather than pigment-based mechanisms (cf.  
445 Bradshaw *et al.*, 2010). From our analysis, we conclude that the visual effect is the product of  
446 a combination of factors – the colour is the result of pigmentation, but the final appearance of  
447 the labellum is modified by the combination of this pigment with the specular reflection  
448 arising from the ultrastructure of the cell wall and cuticle. A single pure cyanidin produces the  
449 basic blue colour, most likely as a result of an alkaline vacuolar pH or formation of a complex

450 with metal ions. The spectral purity of the pigment colour is enhanced by backscattering from  
451 a disordered multilayer structure in the lower wall of the epidermal cells. The flat surface of  
452 the epidermal cells is enhanced by an exceptionally smooth mirror composed of cuticle,  
453 providing both glossiness and a strong specular reflection, which is angle dependent even  
454 though the colour itself is not iridescent. In combination, these features produce a striking  
455 optical effect that presumably contributes to the pollination efficiency and thus potentially to  
456 the reproductive success of the species.

457

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464

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580

581 Table 1: Glossary of terms from the field of optics used within this manuscript

582

<i>Term</i>	<i>Definition</i>
Colour	Appearance resulting from the relative amount of light emanating from an object at each wavelength. The perceived colour depends on the receptivity of the photoreceptors in the eye of the observer.
Structural colour	Colour produced by light interference rather than pigmentation. Reflection of particular wavelengths of light by periodically arranged materials causes colour, irrespective of the chemical characteristics of the material (including whether or not it contains pigments).
Iridescence	An optical effect where the apparent colour of an object changes as the angle of observation is altered, as a consequence of different wavelengths of light being reflected at different angles.
Specular reflection	Reflection of white light at the same angle as it arrives at a surface, as seen most strongly in a mirror.
Saliency	Conspicuousness against the background – a red button is more salient on a blue coat than a blue button.

583

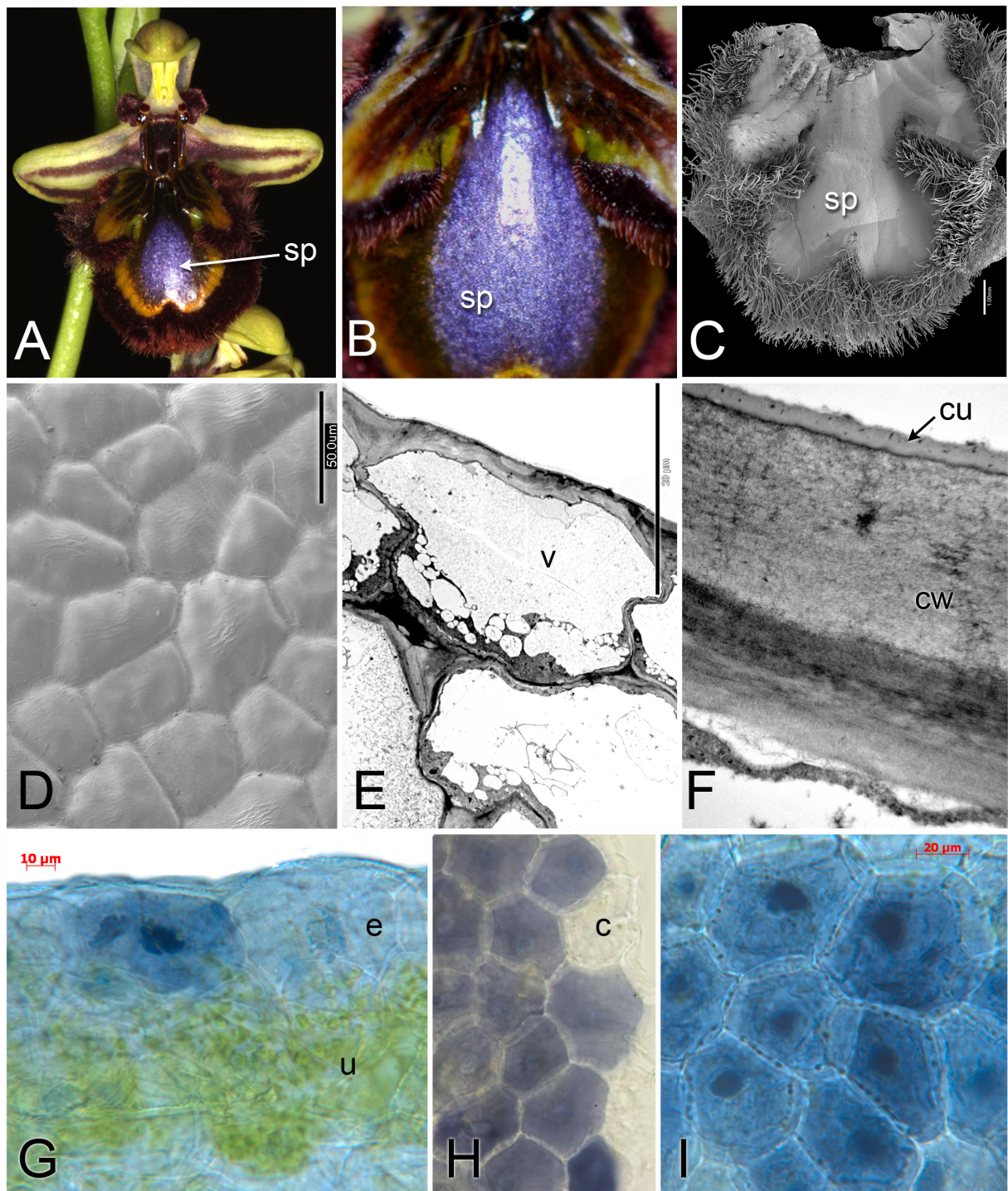
584 Table 2: High Performance Liquid Chromatography (HPLC) and mass spectrometry (MS)  
585 analysis of extract from the blue speculum and brown labellum fringe sections of *Ophrys*  
586 *speculum*. HPLC: RT = retention time in minutes;  $\lambda_{\max}$  = maximum absorption between 200  
587 and 800 nm on the photodiode array detector; MS: main parent monoisotopic mass ions  
588 (positive ionization) of each peak and the fragment ions where detected. Metabolite  
589 identification was based on reference to published data and by searching the monoisotopic  
590 mass ions on the flavonoid database at <http://metabolomics.jp/wiki/Index:FL> For each mass,  
591 more than one metabolite is usually identified on the database, therefore only one example for  
592 each mass is provided here.  
593

	Peak RT (min)	$\lambda_{\max}$	Parent ions $m/z$	Fragment ions $m/z$	Putative metabolite identification
<b>Blue</b>	17.97	516, 280	534.90	448.9, 287.04	Cyanidin 3-(3''-malonylglucoside),
			592.78		Cyanidin 3-(6''-dioxalylglucoside),
			611.16		Cyanin or Cyanidin 3,5-diglucoside
			757.86		Cyanidin 3-glucoside-5-(6-p-coumaroylglucoside)
<b>Brown</b>	17.97	515, 280	534.90	448.9, 287.04	Cyanidin 3-(3''-malonylglucoside),
			592.78		Cyanidin 3-(6''-dioxalylglucoside),
			611.16		Cyanin or Cyanidin 3,5-diglucoside
			757.86		Cyanidin 3-glucoside-5-(6-p-coumaroylglucoside)
	18.42	356	534.90	448.9, 287.04	Cyanidin 3-(3''-malonylglucoside),
			18.64	522, 356	460.7
	19.36	355	550.9		Quercetin 3-(6''-malonylgalactoside)
			609.9		Quercetin 3-galactoside-7-rhamnoside
			684.9		Delphinidin 3-(6''-malonylsambubioside)
			609.9		Quercetin 3-glucoside-7-rhamnoside
			685.9		Delphinidin 3-(6''-malonylsambubioside)
			712.7		Quercetin 3-(6''-malonylglucoside)-7-glucoside
			765.05	658.69, 496.83	Myricetin 3-O-(4''-O-acetyl-2''-O-galloyl)-alpha-L-rhamnopyranoside (for 658 fragment)
			804.78		Gossypetin 3-sophoroside-8-glucoside
			927.2	658.93, 496.87	Myricetin 3-O-(4''-O-acetyl-2''-O-galloyl)-alpha-L-rhamnopyranoside (for 658 fragment)
			20.37	356	590.3
	610.49				Quercetin 3-glucoside-7-rhamnoside
	683.96				Delphinidin 3-(6''-malonylsambubioside)
	759.9				Delphinidin 3-sambubioside-5-glucoside
	764.99	658.85, 496.74			Myricetin 3-O-(4''-O-acetyl-2''-O-galloyl)-alpha-L-rhamnopyranoside (for 658)
	21.11	356	927.12	658.97, 552.57	Myricetin 3-O-(4''-O-acetyl-2''-O-galloyl)-alpha-L-rhamnopyranoside (for 658)
1021				Cyanidin 3-(6-malonylglucoside)-7-(6-caffeoylglucoside)-3'-glucoside	
1181				Cyanidin 3-(6''-p-coumaryl-2''-sinapylsambubioside)-5-(6-malonylglucoside)	
425.7				Quercetin 7,3',4'-trimethyl ether 3-sulfate	
494.1				Quercetagenin 3'-methyl ether 3-glucoside	
<b>Quercetin</b>	20.17	356	550.7		Quercetin 3-(6''-malonylgalactoside)
			684.83		Delphinidin 3-(6''-malonylsambubioside)
			759.7		Quercetin 3-sambubioside-7-glucoside
			464.09	396.08	Quercetin-3- $\beta$ -D-glucoside

595

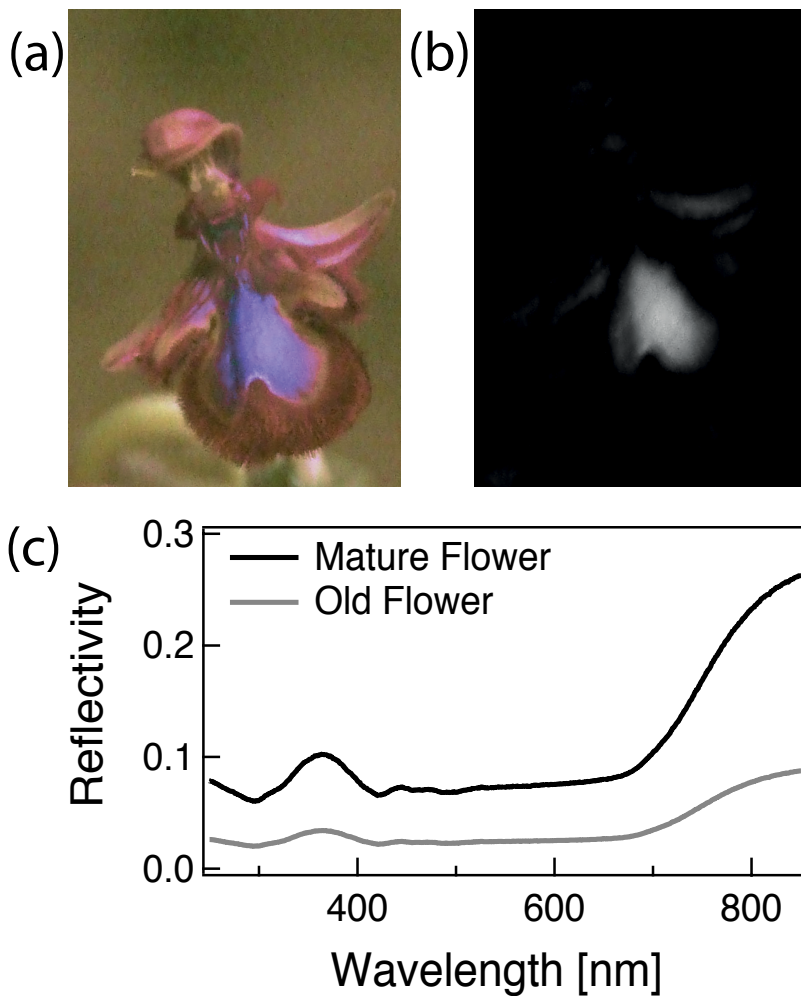
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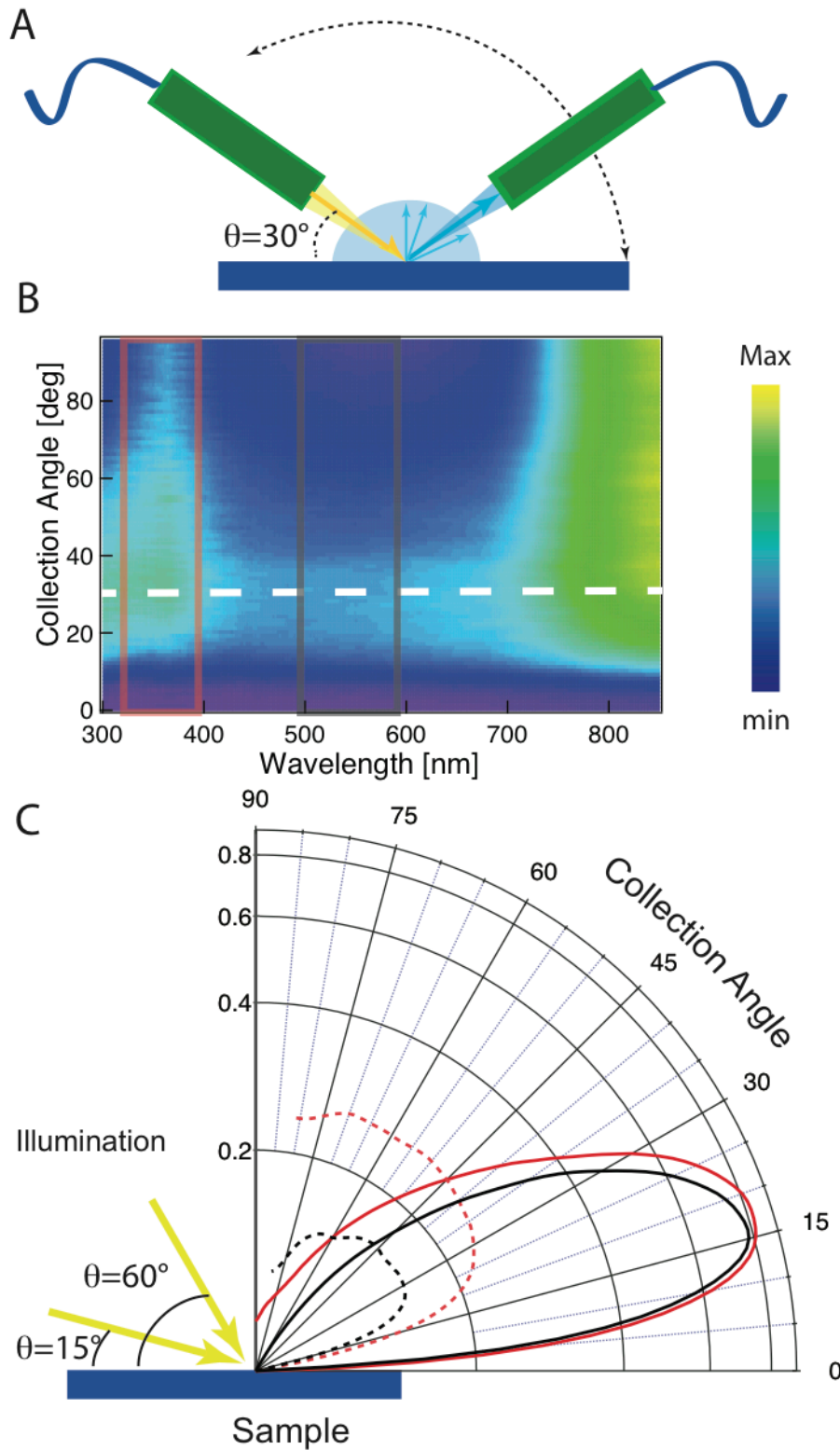
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 600 **Fig. 1** Flower of *Ophrys speculum*; imaged using a standard digital camera (A, B), SEM (C,  
 601 D), TEM (E, F) and LM of unstained material (G–I). A. Entire flower from above. B. Close-

602 up view of the blue speculum region of the labellum. C. Entire dissected labellum, showing  
 603 smooth central speculum (sp) and peripheral trichomes. D. Detail of the smooth speculum  
 604 surface. E. Transverse section of adaxial epidermis of speculum. F. Detail of outer wall (cw)  
 605 and cuticle (cu) of speculum epidermis. G. Transverse section of unstained dissected  
 606 speculum, showing adaxial epidermis (e) containing blue pigment and underlying layers  
 607 containing green chloroplasts. H, I. Surface views of blue adaxial epidermis; blue colour has  
 608 leached out of cut epidermal cells in (H). Key: c = cut cell, cu = cuticle, cw = cutinized cell  
 609 wall, e = adaxial epidermis, p = pigment, sp = speculum, v = vacuole.



610

611 **Fig. 2** Reflectance from the *Ophrys speculum* flower. A. Flower photographed under daylight.  
612 B. The same flower photographed with a UV-sensitive camera. C. Reflectance spectra of  
613 mature (black line) and senescent (grey line) flowers.



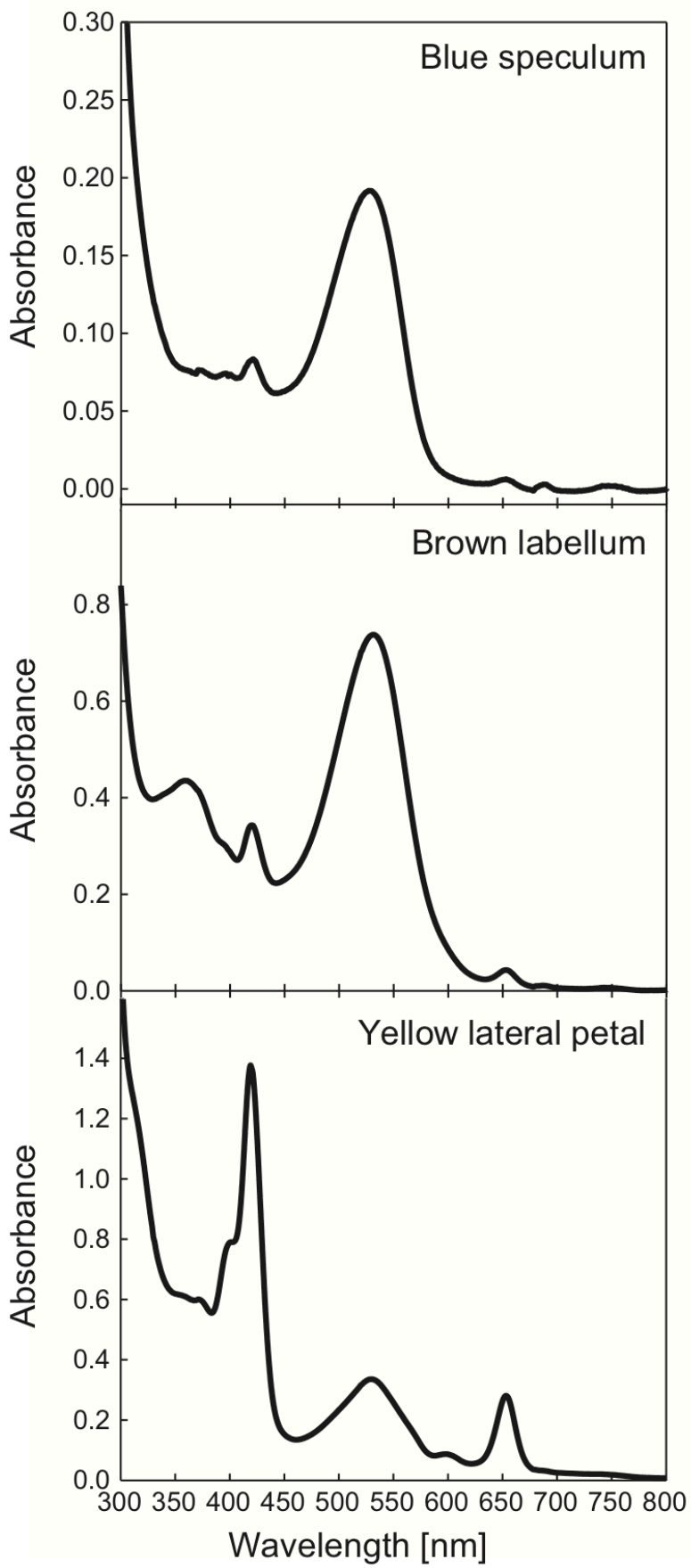
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615 **Fig. 3** Optical characterization of the *Ophrys speculum* flower. A. Diagram of the goniometer

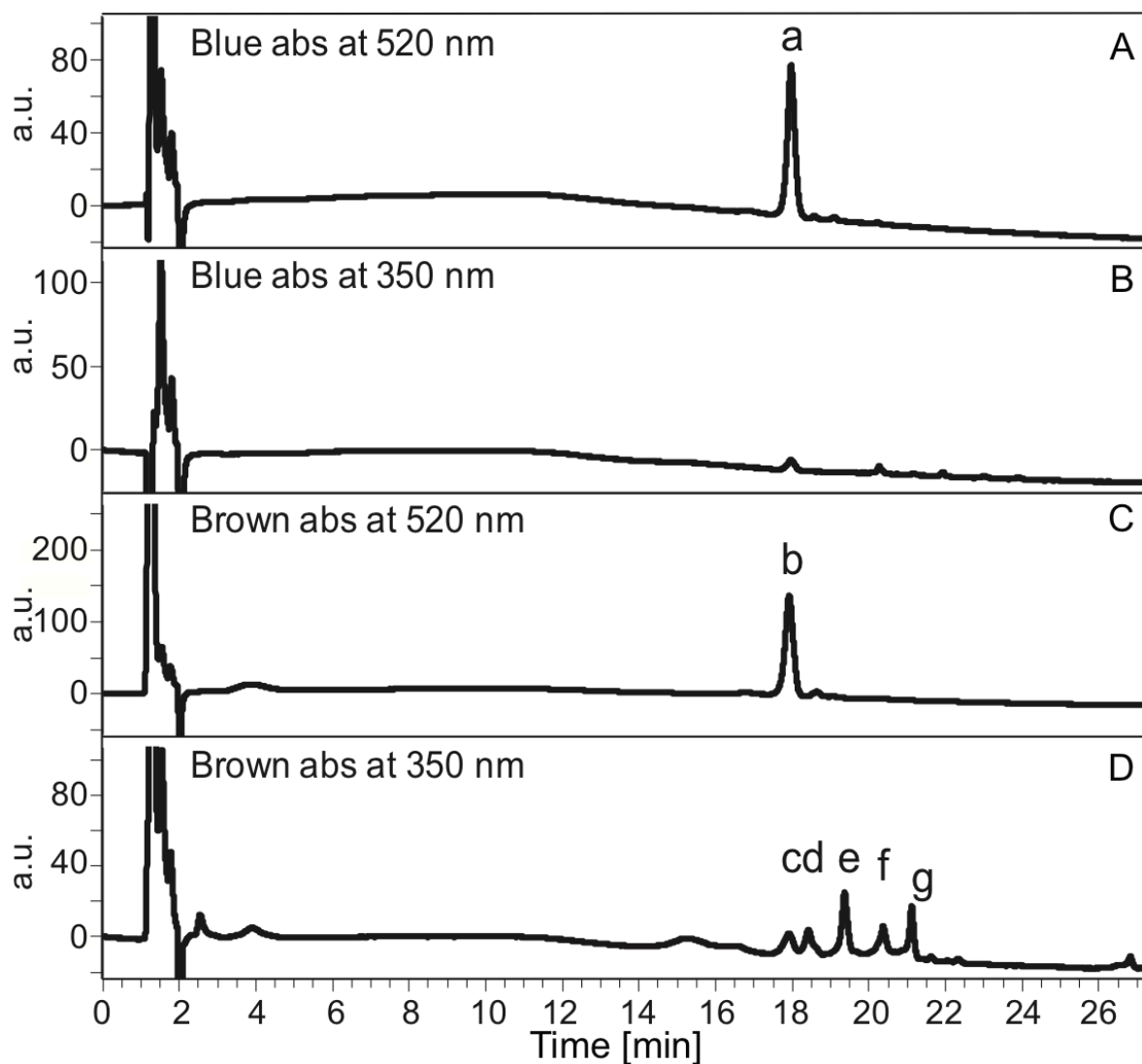
616 assembly. During measurements the illumination arm can be fixed at a definite angle ( $30^\circ$  in



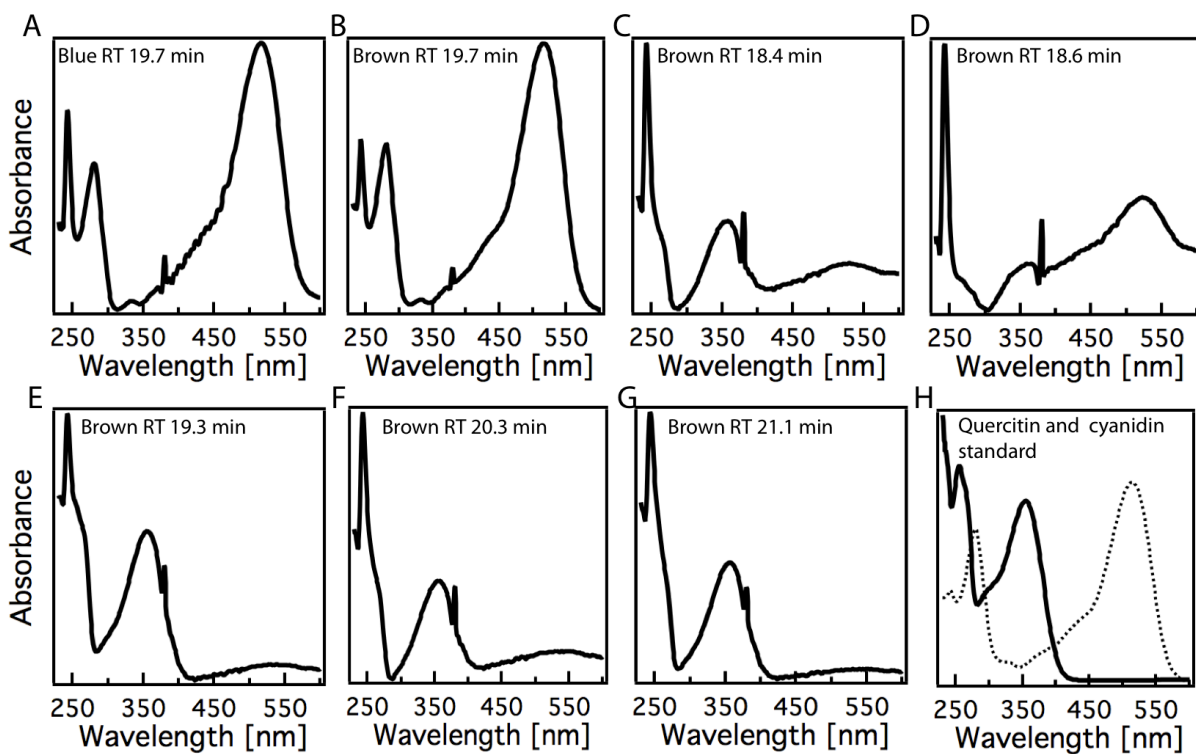
617 the diagram) and the collection arm is varied to collect the scattered light in the plane  
618 perpendicular to the sample, as shown by the dotted black double-arrowed curve. B. Scattering  
619 measurements from the speculum obtained with the configuration shown in A. The collection  
620 angle is plotted on the Y axis and the wavelength on the X axis. The dotted white line  
621 corresponds with the specular reflection direction, while the two coloured rectangles indicate  
622 the regions in which we integrated the spectra for the analysis reported in C. C. Polar  
623 scattering intensity distribution. The graph shows the integrated intensity as a function of the  
624 illumination angle. To obtain the curves, we integrated the intensity of the reflected light in  
625 two wavelength intervals: 300-400 nm (red lines) and 500–600 nm (black lines), for two  
626 angles of collection for two contrasting incidence angles ( $15^\circ$  incidence, shown as solid lines,  
627 and  $60^\circ$  incidence, shown as dashed lines).



629 **Fig. 4** Absorbance spectra from crude solvent extracts (methanol with 1% HCl) of the blue  
630 speculum, brown labellar margins and the yellow lateral petals of *Ophrys speculum* flowers.



631  
632 **Fig. 5** HPLC chromatograms (absorbance (abs) at 520 nm and 350 nm) of the crude extract  
633 from the blue speculum and brown sections of the *Ophrys speculum* labellum. a, b, cyanidin 3-  
634 (3"-malonylglucoside); d, delphinidin; c, e-g, flavonols.



635

636 **Fig. 6** Analysis of the labellum pigments of *Ophrys speculum*. A. Absorption spectrum of the  
 637 metabolite from the blue speculum of *Ophrys speculum* eluting at 17.97 min. B–G.

638 Absorbance spectra of the metabolites from the peripheral brown section eluting at 17.97,

639 18.4, 18.6, 19.3, 20.3 and 21.1 min, respectively. H. Absorption spectrum of Quercetin-3-β-D-

640 glucoside (solid line) and cyanidin-3-O-glucoside (dashed line) standards.

641