

A novel approach in acidic disinfection through inhibition of acid resistance mechanisms; Maleic acid-mediated inhibition of glutamate decarboxylase activity enhances acid sensitivity of Listeria monocytogenes

Article

Accepted Version

Creative Commons: Attribution-Noncommercial-No Derivative Works 4.0

Paudyal, R., Barnes, R. H. and Karatzas, K. A. G. (2018) A novel approach in acidic disinfection through inhibition of acid resistance mechanisms; Maleic acid-mediated inhibition of glutamate decarboxylase activity enhances acid sensitivity of Listeria monocytogenes. Food Microbiology, 69. pp. 96-104. ISSN 0740-0020 doi: https://doi.org/10.1016/j.fm.2017.07.013 Available at http://centaur.reading.ac.uk/71438/

It is advisable to refer to the publisher's version if you intend to cite from the work.

To link to this article DOI: http://dx.doi.org/10.1016/j.fm.2017.07.013

Publisher: Elsevier



All outputs in CentAUR are protected by Intellectual Property Rights law, including copyright law. Copyright and IPR is retained by the creators or other copyright holders. Terms and conditions for use of this material are defined in the <u>End User Agreement</u>.

www.reading.ac.uk/centaur

# CentAUR

Central Archive at the University of Reading

Reading's research outputs online

1	A novel approach in acidic disinfection through inhibition of acid resistance
2	mechanisms; Maleic acid-mediated inhibition of glutamate decarboxylase activity
3	enhances acid sensitivity of Listeria monocytogenes
4	
5	Ranju Paudyal <sup>a</sup> Ruth H. Barnes <sup>a</sup> and Kimon Andreas G. Karatzas <sup>*a</sup>
6	<sup>a</sup> Department of Food and Nutritional Sciences, The University of Reading, PO Box 226,
7	Whiteknights, Reading RG6 6AP, UK.
8	
9	
10	* Corresponding author
11	
12	
13	
14	Corresponding author address:
15	School of Chemistry, Food and Pharmacy
16	Department of Food & Nutritional Sciences,
17	University of Reading,
18	Reading
19	RG6 6AD
20	UK
21	
22	Tel. +44 118 378 6678
23	Fax. +44 118 931 0080
24	Email: k.karatzas@reading.ac.uk
25	
26	Keywords: Listeria monocytogenes, maleic acid, glutamate decarboxylase, inhibition, GAD, biofilm

#### 27 ABSTRACT

Here it is demonstrated a novel approach in disinfection regimes where specific molecular acid resistance systems are inhibited aiming to eliminate microorganisms under acidic conditions. Despite the importance of the Glutamate Decarboxylase (GAD) system for survival of Listeria monocytogenes and other pathogens under acidic conditions its potential inhibition by specific compounds that could lead to its elimination from foods or food preparation premises has not been studied. The effects of maleic acid on the acid resistance of L. monocytogenes were investigated and found that it has a higher antimicrobial activity under acidic conditions than other organic acids, while this could not be explained by its pKa or Ki values. The effects were found to be more pronounced on strains with higher GAD activity. Maleic acid affected the extracellular GABA levels while it did not affect the intracellular. Maleic acid had a major impact mainly on GadD2 activity as also shown in cell lysates. Furthermore, it was demonstrated that maleic acid is able to partly remove biofilms of L. monocytogenes. Maleic acid is able to inhibit the GAD of L. monocytogenes significantly enhancing its sensitivity to acidic conditions and together with its ability to remove biofilms, make a good candidate for disinfection regimes. 

#### 54 **1. INTRODUCTION**

55

Listeriosis caused by Listeria monocytogenes is the leading cause of death due to a food 56 57 borne illness in the UK (Mook et al., 2011) and as such is a serious problem of Public Health affecting the Food Industry. L. monocytogenes is a facultative anaerobic bacterium that can 58 be isolated from soil, water, animal feed, faeces and tissues from various invertebrates and 59 vertebrate animals including humans (Cooper and Walker, 1998). This bacterium has the 60 61 ability to proliferate in a wide range of temperatures even below zero (Hudson et al. 1994) 62 while it can persist (Fagerlund et al., 2016; Holch et al., 2013) and it is difficult to control in food processing environments (Salvers and Whitt, 2002). Normally, sodium hypochlorite or 63 benzalkonium chloride are used while to a lesser extend acidic disinfectants are also used 64 65 (Barker and Park 2001; Zhang and Farber 1996). However, a major factor affecting the popularity of a specific class of disinfectants is their antimicrobial activity and here we 66 present a concept that could significantly increase the antimicrobial activity of class of acidic 67 68 disinfectants. This novel approach that could be used to eliminate *L. monocytogenes* involves specifically inhibiting acid resistance mechanisms in combination with acidic conditions. One 69 70 such cellular target is the glutamate decarboxylase (GAD) system which is the most important acid resistance system in L. monocytogenes (Cotter et al., 2001a) that comprises 71 three decarboxylases (GadD1, GadD2 and GadD3) and two antiporters, (GadT1 and GadT2; 72 73 Cotter et al., 2005). The antiporters import extracellular glutamate, which is converted to GABA and CO<sub>2</sub>, with a subsequent removal of protons, pH increase and export of GABA in 74 exchange of another glutamate molecule (Paudyal and Karatzas, 2016). Furthermore, the 75 76 decarboxylases can remove protons through processing intracellular glutamate through the intracellular GAD system (GAD<sub>i</sub>; Karatzas et al., 2012). Therefore, affecting the activity of 77 78 the GAD system could enhance the sensitivity to acid treatments, resulting in successful

relimination from food processing environments and food contributing to the reduction offoodborne disease.

Previously, maleic acid has been shown to inhibit the GAD system of E. coli (Fonda, 1972) 81 82 while we are not aware of any similar work on other bacteria. Lately, maleic acid has been proposed to substitute the more toxic EDTA in dentistry for plaque removal during 83 implementation of root canals (Ballal et al., 2009b) while it has been shown to eradicate E. 84 faecalis biofilms (Ferrer-Luque et al., 2010). Organic acids are commonly used in food 85 preservation and in disinfection because of their antimicrobial effects and their low toxicity. 86 87 An example is lactic acid and its salts that are widely used as antimicrobials in various food products, particularly in meat and poultry (Dibner and Buttin, 2002). However, the 88 antimicrobial effectiveness of maleic acid and its mode of action have not been thoroughly 89 90 investigated and this is what was attempted in the present study. Firstly, various organic acids 91 such as succinic, acetic, lactic and maleic acid for their inhibitory effects against the growth of L. monocytogenes were investigated and maleic acid ranked last. Despite that, it ranked 92 93 first in bactericidal activity against the same organism under acidic conditions. Subsequently, its mode of action was investigated through functional genomics and protein activity of the 94 GAD system activity and its ability to remove biofilms of this organism as it has been shown 95 to do in dental biofilms (Ballal et al., 2009a). 96

97

#### 98 2. MATERIALS AND METHODS

99

# 100 2.1. Bacterial strains and growth conditions.

All strains (Table 1) were stored in cryovials with 7% DMSO at -80°C. Stock cultures from -80°C were passed onto Brain Heart Infusion (BHI) agar (LABM, Lancashire UK) and incubated at 37°C overnight. Three colonies from each plate were transferred with a loop in 3 ml of sterile BHI (LAB M, Lancashire UK) and incubated overnight at 37°C with shaking
(140 rpm). Subsequently, the overnight cultures were used to inoculate 20 ml of sterile BHI
medium (1% inocula) in 250 ml conical flasks and incubated overnight (~ 18 h) at 37°C with
shaking (140 rpm). These overnight cultures were used for all acid challenges and assays
described below.

109

#### 110 2.2. Determination of Minimum Inhibitory Concentrations (MICs)

111 Concentrations ranging from 0.5-6.9 mg/ml (4.31-60.30 mM) of maleic, succinic, lactic and 112 acetic acid were prepared. BHI Broth prepared with different acids was inoculated with 1% 113 inoculum of overnight cultures and 200  $\mu$ l of that were placed on 96-well plates. The growth 114 was measured overnight in a Sunrise machine (Tecan, Mannedorf, Switzerland) operated by 115 Magellan software (Tecan, Mannedorf, Switzerland) at 620<sub>nm</sub> with 20 min time intervals 116 between measurements at 37°C to identify the MIC.

117

## 118 2.3. Survival under acidic conditions

Twenty ml cultures were prepared in BHI and grown in 250 ml flasks overnight at 37°C with 119 shaking. Acid challenge took place with the addition of 4.31 mM of succinic, acetic, lactic, 120 HCl and maleic acid or no acid with the subsequent adjustment of the pH to 3.3 with the 121 addition of 1 M HCl for EGD-e WT and its gad mutants. For 10403S WT and gad mutants 122 123 the concentration used was 8.6 mM with adjustment of pH to 3, as the above conditions used for EGD-e did not affect the survival of this strain which has previously been shown to be 124 highly acid tolerant (Karatzas et al., 2012). Samples were obtained prior to pH adjustment 125 126 and thereafter every 20 min up to 60 min and used to prepare 10-fold serial dilutions which were plated onto BHI agar and incubated at 37°C overnight, and subsequently, colonies were 127

128 counted to assess survival under lethal acidic conditions. All experiments were performed in129 triplicate.

130

#### 131 2.4. GABase assays

GABase assay was used to determine the concentrations of intracellular GABA (GABA<sub>i</sub>) in 132 10403S and EGD-e and extracellular GABA (GABAe) in 10403S and LO28. GABAi was 133 quantified as described by O'Byrne et al., (2011) while GABAe was quantified according to 134 the method of Tsukatani et al., (2005) as modified by Karatzas et al., (2010). The GABAse 135 136 reaction was monitored by the measurement of absorbance at 340nm every 2 min for 3 h at 37°C using a Sunrise spectrophotometer (Tecan, Mannedorf, Switzerland) operated by 137 Magellan software (Tecan, Mannedorf, Switzerland). All reagents used for the GABase assay 138 139 were obtained from Sigma-Aldrich (Steinheim, Germany).

140

## 141 2.5. GAD activity in protein lysates

Cultures of 10403S and EGD-e were grown in BHI overnight and they were transferred in 50 142 ml centrifuge tubes supplemented with 10 µg/ml chloramphenicol to prevent any further 143 protein translation and were centrifuged at 12,000 X g for 15 min. Cell pellets were washed 144 with sonication buffer as described previously (Abram et al., 2008; Boura et al., 2016) and 145 final cell suspensions were incubated for 30 min with shaking at 37°C. An Eppendorf tube 146 147 was then filled with acid-washed glass beads (106 µm diameter; Sigma-Aldrich, Steinheim, Germany) and 1ml of cell suspension was transferred to it. Samples were disrupted thrice by 148 a Mini-Beadbeater (Biospec, Bartesville, USA) for 1 min and cooled for 1 min on ice. Then 149 150 0.1% DNAse1 (Sigma-Aldrich, Saint Louis, USA) was added to the cell lysate, incubated at 37°C for 30 min with shaking and 1 ml was transferred into Eppendorf tubes and centrifuged 151 at 5,000 X g for 15 min. The supernatant was then transferred to sterile Eppendorf tubes and 152

40 µl of this was mixed with 450 µl of pyridine hydrochloride buffer (P-HCl; Fonda, 1972)
adjusted at pH 4.5 and supplemented with 30 mM glutamate with or without 8.6 mM maleic
acid. Subsequently, GABA levels were measured through GABase assays as described above.
Previously, with the use of standard concentrations of GABA it was shown that maleic acid
does not inhibit the activity of GABase.

158

#### 159 2.6. Determination of GABA by GC-MS

As the activity of the GABase enzyme could be affected by various molecules present in the cultures or the supernatant or the bacterial lysates, GABA concentrations in randomly selected samples were also determined by gas chromatography – mass spectrometry as described previously by Elmore et al., (2005). Results were compared with those by GABase assay and in all cases levels were  $\pm$  5%.

165

## 166 2.7. Biofilm removal by maleic acid

Biofilm formation and its removal by maleic acid was tested on 96-well flat bottom plates. 167 Biofilm assay protocol was adapted from Borucki et al., (2003) as modified by Harvey et al., 168 (2007) based on the original work of O'Toole and Kolter, (1998), with modifications. 10403S 169 WT was inoculated in BHI at 1% and 200 µl of that were placed in each well of the 96 well 170 plates and incubated at 30°C static for 4 days. Subsequently, liquid cultures were discarded 171 172 and biofilms were treated with different maleic acid concentrations (0 - 17.23 mM) at 30°C for 2 min. Then, plates were washed twice with distilled water and were inverted on a paper 173 towel to remove excess moisture followed by drying in a laminar flow hood. Biofilms were 174 175 stained for 20 min with 0.1% aqueous solution of crystal violet and washed with distilled water three times followed by drying for 20 min. The adhered biofilms were dissolved in 176

177	95% ethanol and the optical density was measured at 620 nm in a Tecan Sunrise microplate
178	reader (Tecan UK Ltd, Theale, RG7 5AH UK) operated by Magellan software.
179	
180	2.8. Calculation of undissociated acids using Henderson-Hasselbalch equation
181	The undissociated percentage of acid was determined according to the equation of
182	Henderson-Hasselbalch as adapted by Wemmenhove et al., (2016).
183	[Undissociated acid] = [Total acid] $/1 + 10^{(pH-pKa)}$ (1)
184	Molarities of total acid of solutions were pre-set, pH values were those values determined
185	prior and after incubation. pKa values were used as described in literature. pKa 1.9, 6.07 for
186	maleic acid, 5.61,4.2 for succinic acid, 4.76 for acetic acid and 3.86, 15.1 for lactic acid.
187	
188	2.9. Statistical analysis
189	In all cases, experiments were run at least in triplicate (unless stated), and the results were
190	assessed with paired Student $t$ test. $P$ values lower than 0.05 indicated results that were
191	statistically significant.
191 192	statistically significant.
	statistically significant. 3. RESULTS
192	
192 193	
192 193 194	3. RESULTS
192 193 194 195	3. RESULTS 3.1. <u>MICs of different organic acids</u> .

despite acting at a lower pH (4.84) while succinic was the most inhibitory.

200

201 3.2. Acid survival of WT 10403S and EGD-e in the presence of different acids.

To investigate the effect of different acids on acid survival, the most acid resistant (10403S) and the weakest (EGD-e) strain were challenged with 8.6 mM and 4.3 mM of each organic acid at pH 3 and 3.3 respectively. On both strains, maleic acid was the most bactericidal (**Fig. 1A, B**).

206

# 207 3.3. Survival of WT 10403S, LO28 and EGD-e in the presence of maleic acid.

Once it was determined that maleic acid was the most bactericidal, the survival of 10403S 208 and two other strains of L. monocytogenes (LO28 WT and EGD-e) was assessed against 4.3 209 210 mM maleic acid at pH 3. In the absence of maleic acid, 10403S WT was the most resistant strain while LO28 WT intermediate and EGD-e WT the most sensitive (Fig. 2A, B, C). 211 However, in the presence of maleic acid results were reversed, with the highest antimicrobial 212 213 effect seen on 10403S WT followed by LO28 and EGD-e WT (Fig. 2A, B, C). As the GAD system is known to be the most important acid resistance mechanism in L. monocytogenes 214 (Cotter et al., 2001b), the GABA<sub>e</sub> production of these strains was assessed and it was found 215 that 10403S had the most active GAD<sub>e</sub> followed by LO28 and by EGD-e, with the latter 216 producing no GABA<sub>e</sub> (**Fig. 2D**). 217

218

## 219 3.4. The role of GAD genes in the presence of maleic acid in EGD-e

In the absence of maleic acid, there was no significant difference between the strains at pH 3.3 after 60 min (**Fig. 3A, B**) while when 4.3 mM maleic acid was added, EGD-e WT,  $\Delta gadD1$ ,  $\Delta gadD2$  and  $\Delta gadD3$  showed 2.46, 2.79, 3.8 and 5.2 log reduction respectively (**Fig. 3A**). Thus,  $\Delta gadD3$  was the most sensitive strain suggesting that GadD3 is the most important GAD system component for survival either in the presence of maleic acid (**Fig. 3A**) or in its absence (**Fig. 3B**). This coincides with the lower level of GABA<sub>i</sub> in the  $\Delta gadD3$ while there was no statistically significant difference in the levels of GABA<sub>i</sub> between the other mutants and the WT (Fig. 3C). Interestingly, although the presence of maleic acid
enhanced the acid sensitivity of all strains (Fig. 3A), it did not seem to affect the GABA<sub>i</sub>
levels (Fig. 3C).

230

## 3.5. The role of GAD genes in the presence of maleic acid in 10403S

In presence of 8.6 mM maleic acid at pH 3, WT,  $\Delta gadD1$ ,  $\Delta gadD2$ ,  $\Delta gadD3$  showed 2.0, 2.55, 2.61 and 3.28 log reduction respectively (**Fig. 4A**). In the presence of maleic acid,  $\Delta gadD2$  showed a rapid inactivation resulting in approximately 3.2 log reduction of the CFU/ml the first 20 min, followed by a minor reduction of 0.5 log CFU/ml the next 40 min.  $\Delta gadD2$  was the most sensitive strain followed by  $\Delta gadD3$  (**Fig. 4A**) and the relative sensitivity between strains was similar in the absence of maleic acid (**Fig. 4B**).

238 To understand the role of the components of the GAD system genes in the presence of maleic acid, the GAD activity of the 10403S WT and its isogenic GAD mutants was assessed. 239  $\Delta gadD2$  was found to produce no GABA<sub>e</sub> (Fig. 4C) and very low levels of GABA<sub>i</sub> (Fig. 4D) 240 241 both in the presence or absence of maleic acid. All other gene deletions did not seem to have any major effect on GABA<sub>i</sub> levels, while similarly to EGD-e, maleic acid did not seem to 242 have any significant effect on GABA<sub>i</sub> levels (Fig. 4D). However, maleic acid significantly 243 reduced GABAe levels by 61% (P<0.05; paired T-test), 30% and 38% in the WT,  $\Delta gadD1$ 244 and  $\Delta gadD3$  respectively, while  $\Delta gadD2$  was unable to produce any GABA<sub>e</sub> (Fig. 4C). 245

246

## 247 3.6. GAD activity in protein lysates.

GAD activity was determined in protein lysates through the assessment of GABA production in the presence of glutamate. Our results show that in 10403SWT, maleic acid resulted in a statistically significant decrease of GAD activity by 21% (P = 0.0053; **Fig. 5**). It was also attempted unsuccessfully to setup a similar assay for EGD-e but despite trying different pH values we were unable to detect any GABA (data not shown). This might be due various
reasons, such as low levels of GadD3 that cannot result in detectable GABA, inability to
recover GadD3 or specific unknown conditions that are required for GadD3 function.

255

## 256 3.7. Biofilm Formation.

In all cases the  $OD_{(620nm)}$  measuring the concentration of crystal violet corresponding to the concentration of cells in the biofilm present on polystyrene was slightly lower with statistical significance in the presence of maleic acid than the control (**Fig. 6**). This effect was seen even at low maleic acid concentrations (<17.23 mM) suggesting that the latter could partly remove biofilms of *L. monocytogenes*.

262

# 263 3.8. Calculation of the percentage of undissociated acid

One of the two pKas of maleic acid is extremely low (1.9) compared to other weak acids resulting in a low percentage of undissociated (8.01 – 0.04%, pH 3 - 5.32) and a significant percentage of dissociated molecules (91.99 – 99.96%, pH 3 - 5.32; **Table 3**). As seen in (**Table 3**), in contrast to the other acids, the majority of the molecules are in dissociated form in all pH values used.

269

#### 270 **4. DISCUSSION**

In the present study, a novel and more targeted approach for the disinfection of *L. monocytogenes* that might apply to other pathogens is investigated. The concept relies on the inhibition of major acid resistance systems such as the glutamate decarboxylase system in combination with the application of acidic conditions. This approach could be followed in the inactivation of various other pathogenic organisms possessing the GAD system such as *E. coli* (Waterman and Small, 2003), *Shigella flexneri* (Waterman and Small, 2003), *Mycobacterium tuberculosis* (Cole et al., 1998; Cotter et al., 2001a), *Clostridium perfringens*(Feehily et al., 2013), *B. abortus* (Roop et al., 2003) or even spoilage organisms such as
several species of lactic acid bacteria (Su et al., 2011). Further research could identify more
inhibitors of the GAD system or other amino acid decarboxylase systems.

Initially the growth of 10403S WT in the presence of different organic acids namely succinic, 281 lactic, maleic and acetic was investigated. The MIC of maleic acid was 34 mM which was the 282 highest compared to the MIC of the other acids suggesting that it was the least inhibitory 283 (Table 3). This should be expected as one of the pKas of maleic acid is as low as 1.9 and at 284 285 relatively mild acidic conditions, such as those used in the MIC experiments (pH ~5), only a small percentage of the acid would be in the undissociated form (<0.08%; **Table 3**) which is 286 more antimicrobial. The other carboxyl would have a minor influence in the formation of 287 288 undissociated molecules as the first carboxyl dissociates almost fully (>92%) in pH values above 3. In contrast, the other acids have a significantly higher percentage of undissociated 289 molecules than maleic acid (Table 3). 290

291 Subsequently, the bactericidal activity of these acids focusing on the survival of two L. monocytogenes strains EGD-e WT (acid sensitive) and 10403S WT (acid resistant) was 292 studied at pH 3.3 and 3 respectively. (Fig. 1A, B). Interestingly, maleic acid possessed a 293 significantly stronger bactericidal activity compared to the other acids which could not be 294 explained by its pKa since at this pH, most of the molecules would be in the dissociated form 295 296 (>92.65%; **Table 3**). On the contrary, at that pH the pKas of all other acids used, were higher, suggesting that most of their molecules were in the undissociated and therefore more 297 bactericidal form compared to that of maleic acid. Despite that, maleic acid excreted 298 299 significantly stronger bactericidal activity than the other acids at the same pH. This suggests that maleic acid could be used to enhance the antibacterial effects of acidic environments. 300

Furthermore, the bactericidal effects of maleic acid were not due to the classical mechanismof release of protons intracellularly by undissociated molecules of maleate entering the cell.

In further experiments, the bactericidal effect of maleic acid at pH 3 in three different strains 303 304 of L. monocytogenes was investigated. We used L. monocytogenes 10403S which is one of the most acid resistant strains described in literature, LO28 which has a moderate acid 305 resistance and EGD-e which is one of the most acid sensitive strains described (Feehily et al., 306 2014; Fig. 2). Interestingly, the bactericidal activity of maleic acid was more pronounced 307 with the most acid resistant strain of L. monocytogenes (10403S; Fig. 2C) less pronounced 308 309 with moderately acid resistant strain (LO28; Fig. 2B) and least pronounced with the least acid resistant strain (EGD-e; Fig. 2A). It could be said, that bactericidal effects seemed to be more 310 pronounced the more acid resistant a strain was, but also the higher its GAD activity was 311 312 (Fig. 2D) as these two latter characteristics corresponded well for these 3 strains (Fig. 2). This suggested that maleic acid could be involved with the function of the GAD system in L. 313 monocytogenes. 314

To investigate this hypothesis, it was attempted to see the effect of maleic acid on strains 315 carrying deletions of the GAD genes. The EGD-e strain does not use the GAD<sub>e</sub> system 316 mediated mainly by GadD2 but relies on GAD<sub>i</sub> mediated mainly by GadD3 which utilises 317 intracellular pools of glutamate (Feehily et al., 2014; Karatzas et al., 2012). This is reflected 318 in the results as the  $\Delta gadD3$  was more sensitive than all other strains in the presence or 319 320 absence of maleic acid (Fig. 3A, B). This is explained by the inability of this mutant to utilise the GAD<sub>i</sub> system which mainly comprises GadD3 as seen by the complete absence of 321 intracellular GABA either in the presence or absence of maleic acid (Fig. 3C). In agreement 322 323 with previous work, (Feehily et al., 2014) GadD1 seems to be completely inactive as the corresponding mutant showed similar survival to the wild type (Fig. 3A). It should be 324 mentioned here that GadD1 of L. monocytogenes is a designated glutamate decarboxylase 325

only on the basis of genetic similarity and no worker neither we have ever shown it to possesses such an activity. Therefore, it is still debatable if GadD1 is a glutamate decarboxylase. The survival of the other mutants (**Fig. 3A**) and the levels of GABA<sub>i</sub> did not show any possible inhibition by maleic acid. However, it should be stated that GABA<sub>i</sub> levels are also affected by its catabolism through the GABA shunt and therefore they do not reflect GAD activity. Similarly, there was no effect of maleic acid or mutations (apart from *gadD2*) on the levels of GAD<sub>i</sub> in 10403S.

On the other hand, there was a major effect of maleic acid on  $GAD_i$  activity in 10403S as all mutants apart from  $\Delta gadD2$ , which does not possess  $GAD_e$  activity, showed a reduced  $GAD_e$ activity in the presence of maleic acid (**Fig. 4C**). This reduced  $GAD_e$  activity resulted in increased inactivation in the presence of maleic acid (**Fig. 4A**). Increased inactivation was observed also in the case of EGD-e, but this was more enhanced with 10403S. This was clearly due to the inhibition of GadD2 in 10403S, while inhibition of maleic acid towards GadD3 might not be so strong.

To investigate further the effect of maleic acid on the GAD system, its effect on the GAD 340 activity in lysates of 10403S in the presence or absence of maleic acid was investigated. In 341 these experiments, it was clearly demonstrated that maleic acid inhibits GAD activity by 25% 342 (P = 0.0053; Fig. 5). Furthermore, our experiments showed that maleic acid acts specifically 343 on the glutamate decarboxylase and not on the antiporter which is a membrane protein and 344 345 thus was removed in the process of producing the lysate. It has been shown in E. coli, that the glutamate decarboxylase enzymes (GadD1 and GadD2) are in the cytosol at neutral pH and 346 undergoes conformational change under low pH triggering their move towards the membrane 347 348 (Capitani et al., 2003). Previously, it has been shown that maleic acid inhibits glutamate decarboxylase activity in E. coli (Fonda, 1972) and in Curcurbita moschata (Ohno Mei, 349

1962) however, to our knowledge this is the first time it is shown to inhibit the GAD activityin any other bacterium than *E. coli*.

The ability of various acids to inhibit the GAD system of *E. coli* has been studied previously (Fonda, 1972) and estimated the Ki of various acids. The Ki is the measure of the inhibition of the GAD enzyme and the Ki of succinate is lower than that of maleic for the GAD of *E. coli*. However, in our work maleic showed a much stronger effect on the cells of *L. monocytogenes*. However, the final effect is not only the result of the actual inhibition conferred, but also the ability of the compound to enter the cell.

Furthermore, since GadD2 is the main determinant of GAD system in 10403S it could be said that maleate that enters the cell inhibits specifically GadD2 activity. Unfortunately, after several attempts it was impossible to identify the optimum pH for the GAD<sub>i</sub> system of EGD-e comprising mainly GadD3, to see if there is any inhibitory effect of maleic acid in this strain as well. We speculated that the optimum pH of GAD<sub>i</sub> driven mainly by GadD3 in EGD-e is higher than that of GadD2 in 10403S (pH 4.5). However, increasing the pH did not result in any measurable Gad activity.

Finally, the possibility of using maleic acid to remove biofilms of L. monocytogenes was 365 investigated. Previously, it has been shown that maleic acid is able to remove E. faecalis 366 biofilms and it has been suggested to replace EDTA as an irrigant in dentistry due to its lower 367 toxicity (Ferrer-Luque et al., 2010). Furthermore, L. monocytogenes is known to form 368 369 biofilms which are difficult to remove and contribute significantly in the appearance of various outbreaks and individual cases of this pathogen. Our results show that maleic acid is 370 able to partly remove biofilms of L. monocytogenes at very low levels (1-2 mM) and in 371 combination with its ability to enhance the sensitivity of this pathogen in acidic environments 372 it could be used in disinfections regimes for this purpose. 373

374

#### 375 **5. CONCLUSIONS**

Overall our work showcases a novel approach in disinfection regimes through inhibition of specific molecular acid resistance systems in combination with acidic conditions. Normally the inhibitor of the acid resistance system and in this specific case, the maleic acid which inhibits the GAD system, could be added in minor concentrations and bring about major reduction in the bacterial numbers. If this property is combined with biofilm removal, it could contribute in the removal of pathogens such *L. monocytogenes* and other microorganisms from food and food premises.

383

#### 384 ACKNOWLEDGEMENTS

The authors would like to thank all colleagues at the Microbiology research team, Food and Nutritional Sciences, University of Reading. The help of Marcia Boura and our deceased colleague Dr. Bernard Mackey in revising parts of the manuscript has been of great value. The work was supported by a Marie Curie European Reintegration Grant (ERG 265154), awarded to Dr. K.A.G. Karatzas and funds from the University of Reading.

390

#### 391 **REFERENCES**

392

# 393 Abram, F., Wan-Lin, S., Wiedmann, M., Boor, K.J., Coote, P., Botting, C., Karatzas, K. A

394 G., O'Byrne, C.P., 2008. Proteomic analyses of a *Listeria monocytogenes* mutant 395 lacking  $\sigma^{B}$  identify new components of the  $\sigma^{B}$  regulon and highlight a role for  $\sigma^{B}$  in the 396 utilization of glycerol. Appl. Environ. Microbiol. 74, 594–604.

- Barker, C., Park, S.F. (2001). Sensitization of *Listeria monocytogenes* to low pH, organic
  acids, and osmotic stress by ethanol. Appl. Environ. Microbiol. 67(4), 1594-1600.
- Ballal, N.V., Kandian, S., Mala, K., Bhat, K.S., Acharya, S., 2009a. Comparison of the

- 400 efficacy of maleic acid and ethylenediaminetetraacetic acid in smear layer removal from
  401 instrumented human root canal: a scanning electron microscopic study. J. Endod. 35,
  402 1573–6.
- Ballal, N.V., Kundabala, M., Bhat, S., Rao, N., Rao, B.S.S., 2009b. A comparative in vitro
  evaluation of cytotoxic effects of EDTA and maleic acid: root canal irrigants. Oral Surg.
  Oral Med. Oral Pathol. Oral Radiol. Endod. 108, 633–8.
- Borucki, M.K., Peppin, J.D., White, D., Call, D.R., Loge, F., 2003. Variation in Biofilm
  Formation among Strains of *Listeria monocytogenes*. Appl. Environ. Microbiol. 69.
- 408 Boura, M., Keating, C., Royet, K., Paudyal, R., O'Donoghue, B., O'Byrne, C.P., Karatzas,
- K.A.G., 2016. The presence of SigB in *Listeria monocytogenes* strains EGD-e and
  10403S leads to hypersensitivity to hydrogen peroxide in stationary phase under aerobic
  conditions. Appl. Environ. Microbiol. 353, AEM.00709-16.
- Capitani, G., Biase, D. De, Aurizi, C., Gut, H., Bossa, F., Gru, M.G., Ch-, È., 2003. Crystal
  structure and functional analysis of *Escherichia coli* glutamate decarboxylase 22, 4027-
- 414 4037.
- 415 Cole, S.T., Brosch, R., Parkhill, J., Garnier, T., Churcher, C., Harris, D., Gordon, S. V,
- 416 Eiglmeier, K., Gas, S., Barry, C.E., Tekaia, F., Badcock, K., Basham, D., Brown, D.,
- 417 Chillingworth, T., Connor, R., Davies, R., Devlin, K., Feltwell, T., Gentles, S., Hamlin,
- 418 N., Holroyd, S., Hornsby, T., Jagels, K., Krogh, a, McLean, J., Moule, S., Murphy, L.,
- 419 Oliver, K., Osborne, J., Quail, M. a, Rajandream, M. a, Rogers, J., Rutter, S., Seeger, K.,
- 420 Skelton, J., Squares, R., Squares, S., Sulston, J.E., Taylor, K., Whitehead, S., Barrell,
- B.G., 1998. Deciphering the biology of *Mycobacterium tuberculosis* from the complete
  genome sequence. Nature 393, 537–544.
- 423 Cooper, J., Walker, R.D., 1998. Listeriosis. Vet. Clin. North Am. Food Anim. Pract. 14, 113–
  424 125.

- 425 Cotter, P.D., Gahan, C.G., Hill, C., 2001a. A glutamate decarboxylase system protects
  426 *Listeria monocytogenes* in gastric fluid. Mol. Microbiol. 40, 465–475.
- 427 Cotter, P.D., O'Reilly, K., Hill, C., 2001b. Role of the glutamate decarboxylase acid
  428 resistance system in the survival of Listeria monocytogenes LO28 in low pH foods. J.
  429 Food Prot. 64, 1362–1368.
- Cotter, P.D., Ryan, S., Gahan, C.G.M., Hill, C., 2005. Presence of GadD1 Glutamate
  Decarboxylase in Selected *Listeria monocytogenes* Strains Is Associated with an Ability
  To Grow at Low pH. Appl. Environ. Microbiol. 2005, 71(6):2832.
- Dibner, J.J., Buttin, P., 2002. Use of Organic Acids as a Model to Study the Impact of Gut
  Microflora on Nutrition and Metabolism 1. J. Appl. Poult. Res. 11:453–463.
- Elmore, J.S., Koutsidis, G., Dodson, A.T., Mottram, D.S., Wedzicha, B.L., 2005.
  Measurement of acrylamide and its precursors in potato, wheat, and rye model systems.
  J. Agric. Food Chem. 53, 1286–1293.
- Fagerlund, A., Langsrud, S., Schirmer, B.C.T., Møretrø, T., Heir, E., 2016. Genome analysis
  of *Listeria monocytogenes* sequence type 8 strains persisting in salmon and poultry
  processing environments and comparison with related strains. PLoS One 11, 1–22.
- 441 Feehily, C., Finnerty, A., Casey, P.G., Hill, C., Gahan, C.G.M., O'Byrne, C.P., Karatzas, K.-
- A.G., 2014. Divergent Evolution of the Activity and Regulation of the Glutamate
  Decarboxylase Systems in *Listeria monocytogenes* EGD-e and 10403S: Roles in
  Virulence and Acid Tolerance. PLoS One 9, e112649.
- Feehily, C., O'Byrne, C.P., Karatzas, K.A.G., 2013. Functional γ-Aminobutyrate Shunt in *Listeria monocytogenes*: role in acid tolerance and succinate biosynthesis. Appl.
  Environ. Microbiol. 79, 74–80.
- 448 Ferrer-Luque, C.M., Arias-Moliz, M.T., González-Rodríguez, M.P., Baca, P., 2010.
  449 Antimicrobial activity of maleic acid and combinations of cetrimide with chelating

- 450 agents against *Enterococcus faecalis* biofilm. J. Endod. 36, 1673–5.
- 451 Fonda, M.L., 1972. Glutamate decarboxylase. Substrate specificity and inhibition by
  452 carboxylic acids. Biochemistry 11, 1304–9.
- Harvey, J., Keenan, K.P., Gilmour, A., 2007. Assessing biofilm formation by *Listeria monocytogenes* strains. Food Microbiol. 24, 380–392.
- 455 Holch, A., Webb, K., Lukjancenko, O., Ussery, D., Rosenthal, B.M., Gram, L., 2013.
- Genome sequencing identifies two nearly unchanged strains of persistent *Listeria monocytogenes* isolated at two different fish processing plants sampled 6 years apart.
  Appl. Environ. Microbiol. 79, 2944–2951.
- Hudson, J.A., Mott, S.J., Penney, N., 1994. Growth of *Listeria monocytogenes, Aeromonas hydrophila* and *Yersinia enterocolitica* on vacuum and saturated carbon dioxide
  controlled atmosphere-packaged sliced roast beef. J. Food Prot. 57(3), 204-208.
- Karatzas, K.A.G., Brennan, O., Heavin, S., Morrissey, J., O'Byrne, C.P., 2010. Intracellular
  accumulation of high levels of gamma-aminobutyrate by *Listeria monocytogenes*10403S in response to low pH: uncoupling of gamma-aminobutyrate synthesis from
  efflux in a chemically defined medium. Appl. Environ. Microbiol. 76, 3529–37.
- Karatzas, K.A.G., Suur, L., O'Byrne, C.P., 2012. Characterization of the intracellular
  glutamate decarboxylase system: analysis of its function, transcription, and role in the
  Acid Resistance of Various Strains of *Listeria monocytogenes*. Appl. Environ.
- 469 Microbiol. 78, 3571–9.
- Mook, P., O'Brien, S.J., Gillespie, I.A., 2011. Concurrent conditions and human listeriosis,
  England, 1999-2009. Emerg. Infect. Dis. 17, 38–43.
- O'Byrne, C.P., Feehily, C., Ham, R., Karatzas, K. a G., 2011. A modified rapid enzymatic
  microtiter plate assay for the quantification of intracellular γ-aminobutyric acid and
  succinate semialdehyde in bacterial cells. J. Microbiol. Methods 84, 137–9.

- O'Toole, G.A., Kolter, R., 1998. Initiation of biofilm formation in *Pseudomonas fluorescens*WCS365 proceeds via multiple, convergent signalling pathways: A genetic analysis.
  Mol. Microbiol. 28, 449–461.
- 478 Ohno Mei, K.O., 1962. Studies on the Inhibition of Glutamic Acid Decarboxylase of Squash
  479 51.
- Paudyal, R., Karatzas, K.A.G., 2016. Chapter 10 Stress adaptation of *Listeria monocytogenes* in acidic ready-to-eat products A2 Kotzekidou, Parthena BT Food
  Hygiene and Toxicology in Ready to Eat Foods. Academic Press, San Diego, pp. 167–
  182.
- Roop, R.M. 2nd, Gee, J.M., Robertson, G.T., Richardson, J.M., Ng, W.-L., Winkler, M.E.,
  2003. Brucella stationary-phase gene expression and virulence. Annu. Rev. Microbiol.
  57, 57–76.
- 487 Salyers, A.A., Whitt, D.D., 2002. Bacterial Pathogenesis: A Molecular Approach, Bacterial
  488 Pathogenesis: A Molecular Approach. ASM Press.
- Su, M.S., Schlicht, S., Gänzle, M.G., 2011. Contribution of glutamate decarboxylase in *Lactobacillus reuteri* to acid resistance and persistence in sourdough fermentation.
  Microb. Cell Fact. 10, S8.
- Tsukatani, T., Higuchi, T., Matsumoto, K., 2005. Enzyme-based microtiter plate assay for γaminobutyric acid: Application to the screening of γ-aminobutyric acid-producing lactic
  acid bacteria. Anal. Chim. Acta 540, 293–297.
- Waterman, S.R., Small, P.L.C., 2003. The glutamate-dependent acid resistance system of *Escherichia coli* and *Shigella flexneri* is inhibited in vitro by L-trans-pyrrolidine-2,4-
- dicarboxylic acid. FEMS Microbiol. Lett. 224, 119–125.
- 498 Wemmenhove, E., van Valenberg, H.J.F., Zwietering, M.H., van Hooijdonk, T.C.M., Wells-
- Bennik, M.H.J., 2016. Minimal inhibitory concentrations of undissociated lactic, acetic,

- 500 citric and propionic acid for *Listeria monocytogenes* under conditions relevant to cheese.
  501 Food Microbiol. 58, 63–67.
- Zhang, S. and Farber J.M. 1996. The effects of various disinfectants against *Listeria monocytogenes* on fresh-cut vegetables. Food Microbiol 13(4), 311-321.

504

#### 505 LEGENDS TO THE FIGURES

**Fig. 1** (A) Survival of EGD-e WT in presence of concentration of 0.5 mg/ml maleic, succinate, HCl, acetate and lactate grown in BHI. Subsequently, cultures were acid challenged at pH 3.3 with the addition of 1M HCl. (B) Survival of 10403S WT in presence of 1mg/ml concentration of maleic, succinate, HCl, acetate and lactate grown in BHI. Subsequently, cultures were acid challenged at pH 3 with the addition of 1M HCl. Both (A) and (B) cells were grown overnight until stationary phase (~18h) at 37°C with shaking. D.L denotes detection limit of the experimental setup.

Fig. 2 Survival of WT EGD-e (A), LO28 (B), 10403S (C) respectively. Strains were treated
without and with 4.3 mM of maleic acid grown in BHI until stationary phase (~18 h) at 37°C
with shaking. Subsequently, cultures were acid challenged at pH 3 with the addition of 1M
HCl. (D) Extracellular GABA<sub>e</sub> through time (min) following the adjustment of pH 4.2 of
overnight cultures of WT EGD-e, LO28 and 10403S grown until stationary phase in BHI.

**Fig. 3** Survival of stationary phase cultures of EGD-e WT and its *gad* mutants after exposure at pH 3.3 for 60 min in the presence or absence of 4.3 mM of maleic acid (A), or in the absence of maleic acid at pH 2.5 (B). (C) GABA<sub>i</sub> of overnight stationary phase cultures of WT EGD-e and its isogenic *gad* mutants following exposure at pH 4.2 for 60 min, in the presence or absence of 4.3 mM maleic acid. Cultures were grown in BHI for ~18 h at 37°C with shaking, pH was adjusted with the addition of 1 M HCl, while asterisks represent a
statistically significant difference (P<0.05).</li>

525

**Fig. 4** Survival of stationary phase cultures of 10403S WT and its isogenic *gad* mutants at pH 3 in the presence or absence of 8.6 mM of maleic acid after 40 min (A) or, in the absence of maleic acid at pH 2.5 for 60 min (B). Concentration of GABA<sub>e</sub> (C) and GABA<sub>i</sub> (D) in stationary phase cultures of 10403S WT and its *gad* mutants after 60 min at pH 4.2 in the presence or absence of 8.6 mM maleic acid. Intracellular GABA<sub>i</sub>. Cultures were grown in BHI for ~18 h at 37°C with shaking, pH was adjusted with the addition of 1 M HCl, while asterisks represent a statistically significant difference (P<0.05).

533

Fig. 5 10403S WT cells grown overnight until stationary phase (~18 h) at 37°C with shaking.
Lysates were produced and GAD activity was monitored in them through GABA
measurements. Asterisk represents statistically significant difference (P<0.05).</li>

537

**Fig. 6** Average optical densities of crystal violet-stained biofilms of *L. monocytogenes* 10403S WT after growth in 96 well plates at 30°C without shaking. Error bars represent standard deviation from triplicate observations and asterisks represents statistically significant difference (P<0.05) with the control containing no maleic acid.

542

543

544