

KA LEO
SPECIAL
ISSUE



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W E L C O M E

2014



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◀ WHAT'D I MISS? ▶



BOR selects Lassner as president

The Board of Regents (BOR) voted 11-2 in favor of David Lassner over retired Lt. Gen. Wiercinski June 2. Two regents chose to abstain, citing concerns over the selection process.

WANT TO KNOW MORE? VISIT: [HTTP://TINYURL.COM/KL10912-1](http://tinyurl.com/KL10912-1)

Apple fired as chancellor

Tom Apple was terminated as chancellor of the UH Mānoa Campus. Apple accepted a tenured position as a chemistry professor with an annual salary of \$299,000.

WANT TO KNOW MORE? VISIT: [HTTP://TINYURL.COM/KL10912-2](http://tinyurl.com/KL10912-2)



Students confront Lassner

A crowd of 70 students, faculty and community members confronted President Lassner over the firing of Chancellor Tom Apple. Lassner told the protesters that Apple's ineffectiveness as a leader and his inability to address the financial problems facing the campus led to his firing.

WANT TO KNOW MORE? VISIT: [HTTP://TINYURL.COM/KL10912-3](http://tinyurl.com/KL10912-3)

Schatz defeats Hanabusa

U.S. Sen. Brian Schatz defeated U.S. Rep. Colleen Hanabusa to win Hawaii's Democratic U.S. Senate primary. Schatz was able to seal the victory after a special election was held in Puna in the wake of Tropical Storm Iselle forced the closure of two polling places.

WANT TO KNOW MORE? VISIT: [HTTP://TINYURL.COM/KL10912-4](http://tinyurl.com/KL10912-4)

New interim chancellor selected

UH's Board of Regents approved Robert Bley-Vroman, dean of the College of Languages, Linguistics and Literatures, to become Mānoa's next interim chancellor.

WANT TO KNOW MORE? VISIT: [HTTP://TINYURL.COM/KL10912-5](http://tinyurl.com/KL10912-5)

▶ WHAT'S NEXT? ▶▶

Honor Society program's website no longer available in Hawaiian

IN THE NEWS SECTION OF OUR NEXT ISSUE ON SEPTEMBER 1, 2014

Hiring freeze: Administrators decide who to hire amid cuts

IN THE NEWS SECTION OF OUR NEXT ISSUE ON SEPTEMBER 1, 2014

Football: UH vs. Washington recap

IN THE SPORTS SECTION OF OUR NEXT ISSUE ON SEPTEMBER 1, 2014

Is the ice bucket challenge making a difference?

IN THE OPINIONS SECTION OF OUR NEXT ISSUE ON SEPTEMBER 1, 2014

COVER ILLUSTRATION: MITCHELL FONG / KA LEO O HAWAII
PHOTOS: [LEFT TO RIGHT, TOP TO BOTTOM] UH SYSTEM; DEATH TO THE STOCK PHOTO; TIEN AUSTIN / KA LEO O HAWAII [2]; FILE PHOTO / KA LEO O HAWAII



WELCOME TO FALL 2014!

07_BOARD OF REGENTS OK BLEY-VROMAN AS INTERIM CHANCELLOR

The Board of Regents (BOR) approved the appointment of Robert Bley-Vroman to UH Mānoa's chancellery Thursday afternoon, clearing the way for Bley-Vroman to succeed Tom Apple Sept. 1.

16_OPINION: THE PROBLEM WITH 'DO IT IN 4'

Advertisements around Manoa push students to get their bachelors in four years, but is UH being realistic?

18_OH, THE PROFESSORS YOU'LL MEET

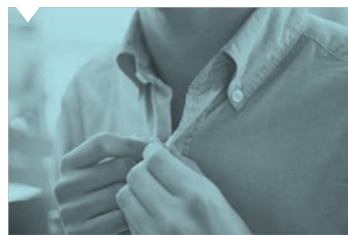
Every professor fits under a stereotype. Odds are, by the time you've finished college you will have met at least one professor from each category.

22_GET REALLY WRECKED

During summer, it can be easy to find the time to get into a good fitness routine. Staying active is great for your health and also an important stress reliever.

29_FALL FASHION TRENDS

Floral and Aztec prints dominated the spring and summer fashion trends. But with the start of the fall season, the look is shifting from bright and fun colors to a warmer-yet-neutral color palette.



32_SUMMER 2014 INTERNATIONAL AND CAMPUS NEWS RECAP

From a new UH president to Tom Apple's firing, to a visit from the Secretary of State, the campus saw several newsworthy events.

34_FALL POP CULTURE COMPENDIUM

There are probably a million guides as to what the most hotly anticipated movies, videogames and TV shows are every season. Who should you believe?

40_TURN YOUR DORM ROOM INTO A THEATER

Finding new ways to connect with people may be difficult with small living quarters. A great idea is to have movie nights in your dorm room.

42_IDEAL STUDY SPOTS

Hitting the books is a necessary evil of college life. But studying in your room isn't always the best strategy. A change can be good for your work ethic and memory retention.

48_SUMMER 2014 SPORTS IN REVIEW

While students were enjoying summer break, the athletic department and student-athletes were busy preparing for next season.



▼ MEET THE STAFF ▼



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▼ LET'S HAVE A CHAT ▼

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LETTERS
FROM THE
EDITORS

Aloha UH Mānoa students, welcome back to campus (or, if you're new to the university, welcome for the first time). Summer has whizzed by once again, and another new semester is here.

Don't think that nothing happened while you were gone, though. In the past three months, the Board of Regents selected a new president and approved a new chancellor for Mānoa. Students and faculty have protested Tom Apple's apparent firing, leaving relations between administrators and Mānoa's faculty and students less than cordial.

At the same time, the system's

flagship campus is under a hiring freeze that is making it difficult for department chairs to fill even basic positions and ensure that basic courses are being taught.

Along with these new administrative developments come questions left over from last academic year. Will the football team and Coach Chow win more than one game? Will the athletic department as a whole break even or turn a profit anytime soon, or will another cash transfusion be necessary?

Add to that list of UH events a nail-bitingly close senate primary and competitive races for other

offices, and it's obvious that this was not a quiet summer for us at Ka Leo.

Fortunately, we have our student journalists working on each of these continuing stories as well as some new ones. Web Specialist Blake Tolentino evaluates UH's football prospects going into the team's first game of the season this week (pg. 51), and reporter Mathew Ursua, a recent addition to the Ka Leo team, reports on the nomination of Mānoa's newest chancellor (pg. 7).

This issue also contains a variety of tips for starting your academic year right. From deciding whether graduating in four years

makes sense (pg. 16) to picking the best study spots (pg. 42), we're here to help get your fall off to a great start.

All of this coverage is possible thanks to the reporting and specific areas of interest that each Ka Leo writer brings to the staff. While we work hard to be comprehensive in the topics we cover, we're always looking for aspects of campus life that we're missing.

So, if there's a story that you think needs to be told or a perspective that we aren't reporting on, please let us know. Better yet, you can join our team and contrib-

ute your talents and ideas toward making Ka Leo a better newspaper. We are, after all, a publication created by students as much as we are one created for the students.

Thanks for picking us up, and stay tuned for one of the most interesting school years in recent Mānoa history.

Sincerely,

Alex Bitter
Editor-In-Chief



Welcome back to a new semester with new beginnings, students. You are one step closer in completing your academic journey – congratulations! The next few months are going to pass quicker than the last and before you know it, you will be passing (hopefully) with flying colors.

This fall is going to be filled with fantastic events – both on and off campus. The Welcome Back Bash takes place Sept. 5th in the campus center courtyard, and in October, Homecoming week will ensue. These are just a few examples of

the excitement to look forward to this semester.

There will be many opportunities for you to expand and grow in academic and social areas. If you are new, this Welcome Back guide will serve as your go-to for all things regarding the university. For returning students, there have been many changes from the previous year and this guide will help aid you in your transition.

If you want fashion advice, Ka Leo has everything covered from fall fashion trends to planned outfits

for your first week. For the sports enthusiast, summer recaps and fall sports previews can be found in the sports section. The Welcome Back guide also has DIY recipes, as well as the best places to study on campus.

Ka Leo cannot single handedly create your success nor can it determine how successful your semester will be. All I can hope, as the special issues editor, is that you read this guide and take my staff's advice. We are all veterans of the Mānoa campus and want to assist

in making your fall the best one yet.

Aside from reading this guide, the best way to ensure you will have an excellent semester is to get involved as much as possible, and to establish relationships with peers and even professors. Become connected with the university by joining one of many student-run organizations, attending an event posted on the flyers around campus, or even seeking help with your professors during their office hours. Regardless of your involvement, I believe your semester is as good as you make it,

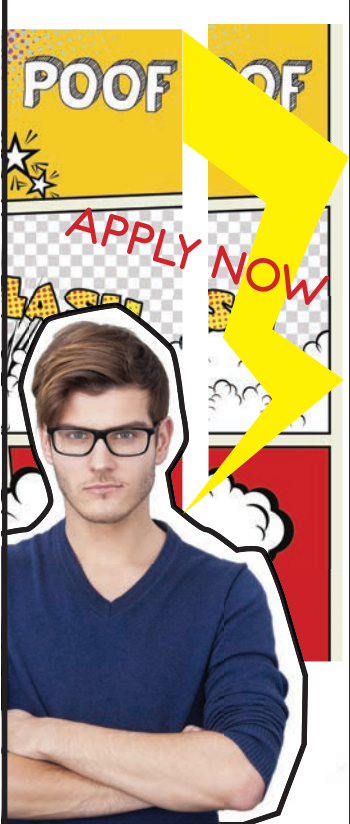
so let's all go out and make this fall a SUPER one.

I want to wish all of you – new and old – the best. For questions, comments, or concerns, I can be reached at special@kaleo.org or you can find me in the Ka Leo office. Good luck!

Sammi Baumgartner
Special Issues Editor



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Regents OK Bley-Vroman as chancellor

But students, faculty say administration at UH is broken



MATTHEW URSUA / KA LEO O HAWAI'I ▲

President David Lassner smiles as he talks to UH officials before Thursday's Board of Regents meeting.

MATHEW URSUA
CONTRIBUTING WRITER

This fall, students will return to an administration in transition.

The Board of Regents (BOR) approved the appointment of Robert Bley-Vroman to UH Mānoa's chancellery Thursday afternoon, clearing the way for Bley-Vroman to succeed Tom Apple Sept. 1.

The BOR approved Bley-Vroman's nomination in the face of opposition from student groups, the faculty senate and about a dozen who testified to support ousted Mānoa Chancellor Tom Apple just hours earlier.

Like most personnel appointments, the decision was made in an executive session behind closed doors, off limits to testers who told regents in the hours leading up to the decision they supported Apple's reinstatement.

The decision comes a week after system President David Lassner announced that he picked Bley-Vroman, and nearly a month after Lassner terminated Apple citing ineffective leadership.

FACULTY, STUDENTS LOSE CONFIDENCE IN UNIVERSITY LEADERS

But testimony submitted at Thursday's meeting by faculty and students suggested Bley-Vroman's appointment could solidify a distrust toward administrators, with faculty members already calling for a vote of no-confidence to censure Lassner and the regents.

Physics and Astronomy department chair Pui Lam wrote a letter to faculty asking for signatures on a petition calling for an investigation into Apple's firing. Lam made sure to say that he would work with the interim chancellor.

"In my opinion, we should be pragmatic and work with the interim chancellor to solve some of the urgent problems at UH Mānoa and at the same time fight for our principles and demand an investigation," Lam said. "We won't simply roll over and play dead."

About a dozen people testified in person before the BOR Thursday, most supporting Apple. Many testified for investigations into Apple's firing and told regents they've lost the people's trust.

Seated with regents was Lassner, who was criticized by testers. Some called for his firing.

How does it look to the community that a university is not letting students and faculty voice their opinions?

MARTIN NGUYEN
ASSOCIATED STUDENTS OF THE UNIVERSITY OF HAWAI'I SENATOR

STUDENT GOVERNMENT DELEGATES TESTIFY

Among those who spoke were members of UH Mānoa's student government.

ASUH Senator Martin Nguyen said he is still concerned that those at UH who oppose Apple's firing aren't being heard.

"How does it look to the community that a university is not letting students and faculty voice their opinions?" he asked.

Nguyen said that chalk drawings of apples on campus sidewalks – symbolizing support for the fired chancellor – were quickly washed away, whereas sidewalk art for past student activities were left for extended periods.

ASUH president Stephen Nishihara stood at the podium and told

regents he had hope they would listen to people's concerns.

"I'm holding onto one hope, and I'm looking at it," Nishihara said.

But Nishihara, who said he wants an investigation into Apple's firing, said he was aware of plans to go to the legislature if regents failed to act.

Among the concerns of testers were the scheduling of BOR meetings for places and times that make it hard for UH students and faculty to attend.

Thursday's meeting was held at Windward Community College. That's a 10-mile, half hour car ride from UH's flagship Mānoa campus where thousands of students were

moving into dorms or participating in Week of Welcome.

BOR meetings regularly jump from one campus to another, including ones on other islands.

Testifiers said Apple's termination was timed so that it happened over summer break, before more students and faculty could protest.

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that "there are a few occasions in life where one feels that one has a responsibility to go down a path, and there is no alternative but to do so."

Apple's termination was controversial. He had the support of the faculty senate and in late July, students led marches and sit-ins to rally behind Apple.

Chalk drawings of apples appeared on campus sidewalks. During one rally, demonstrators covered the steps of Hawai'i Hall with red apples.

Bley-Vroman, who had been a Languages, Linguistics and Literatures dean, said in his email that he'd focus on making Mānoa function normally.

Bley-Vroman's appointment ends in 2015, and he will have a salary of \$275,000.

CLOUDS LOOM OVER DECISIONS

In late July, as reports of Apple's firing began to circulate, UH Mānoa's faculty senate unanimously passed a resolution supporting Apple. Chair Ron Bontekoe said faculty senators determined "the Chancellor's performance over the last two years to have been exemplary."

On the morning of July 31, Lassner sat on the ground in front of protesters at Bachman Hall and talked about his decision to terminate Apple.

It didn't stop demonstrators from marching, staging sit-ins and attempting to occupy university buildings over a weekend.

Many weren't satisfied with Lassner's explanation that Apple was ineffective.

Through it all, Lassner kept the performance evaluation that led to Apple's termination hidden from the public.

Lassner said in late July he would maintain confidentiality for Apple's dignity.

"I have maintained confidentiality both to provide the chancellor the privacy and dignity that any would want for ourselves in a difficult personnel situation, as well as to avoid disruption to the university's critical work of teaching, learning, scholarship and service," Lassner said in a statement.

Thursday's meeting signaled the end for Apple with the naming a new interim chancellor to take over Sept. 1.

Apple was two years into a five-year contract and, as part of his severance agreement, is expected to enter into a professorship with the chemistry department that pays double what most department professors make.

"The Board of Regents and President David Lassner greatly appreciate the deep concerns and ideas shared by students and faculty in face to face meetings as well as by written and oral testimony over these past weeks," Regent Chairman Randy Moore said as he delivered a statement after returning from the closed door session.

Even though the regents voted to approve Bley-Vroman, Moore said that they were listening to different perspectives.

"The fact that there are different perspectives on personnel matters and how they are being handled does not mean that the concerns are not being heard," Moore said.

The closed door session lasted about three hours.

What makes you a SUPER STUDENT?

A CHECKLIST

KELLY SLOAN
STAFF WRITER

Being a great student doesn't just happen – you need to make it happen. Try these simple tips to be the super student you can be for the fall semester.

Get a planner

Keep track of all assignments, due dates and exam days. It's always better to be prepared months in advance rather than the day before a test. Write down what you need to know before you forget.

Study

Get into a study routine. Practice, memorize, review and read. Stay on top of assignments and study guides so you can prepare for future exams. Find study groups at the beginning of the semester and stick to them.

Eat

Go for a balanced diet and stay hydrated. Eating properly is the key to having energy to study and get to class.

Ask questions

If you need help with an assignment or studying for a test, ask the teacher or your peers for help. If you don't understand something, someone else probably needs the answer to the same question, so ask away.

Manage your time

There should always be a balance between school and fun. Finding that happy medium can be difficult. Leave the partying to the weekend and focus on schoolwork and extracurricular activities during the week so you don't get behind during the semester.

Exercise

Create a weekly routine. Exercise helps relieve stress from all of the studying and lectures you sit through. What's good for your heart is good for your brain.

Sleep

Be sure to get enough sleep throughout the week so you can stay focused in class. Use weekends to catch up on sleep if you can't get enough during the week.

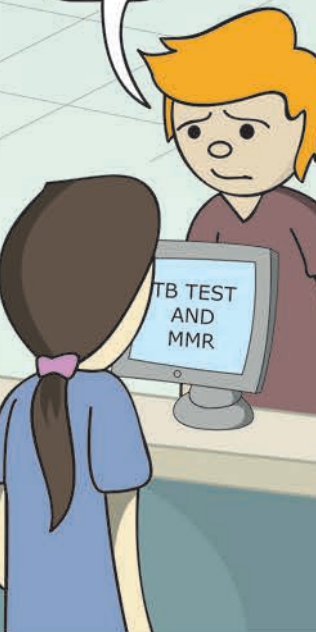


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GETTING BACK AT IT

BY VERONICA FREEMAN

ALOHA NIGHTS COORDINATOR

To you, maybe summertime is a great time to relax and sleep in all day, or perhaps it's lots of camping trips and hiking, or maybe you even left the country. However, getting off of that "summer mode" can be excruciating at times and leave you feeling left in the dust when fall classes start up again. Follow these tips to avoid feeling "blah" and begin the new semester feeling like you've already got the year on lock.

1

Don't Sleep In

One of the most difficult things to do is not hit the snooze button 15 times in a row. Put your alarm across the room from you so you're forced to get out of bed to shut it off. Once you're out of bed you're also less inclined to sleep in and miss that dreaded morning class. Are you a heavy sleeper? Set alarms five minutes away from each other to ensure that you wake up – just make sure to let your roommate know ahead of time.

2

Be Active

It may sound like the last thing you want to do after a day of classes, but a quick blast of cardio will make you feel more energized than you would think, and plus it releases the feel-good endorphins that you'll need to combat post summer stress. Need motivation? Hit the Warrior Rec Center and use the new machines available to you as a UH student. Not an indoor person? Grab a friend and take a quick walk around Mānoa.

Pay Attention

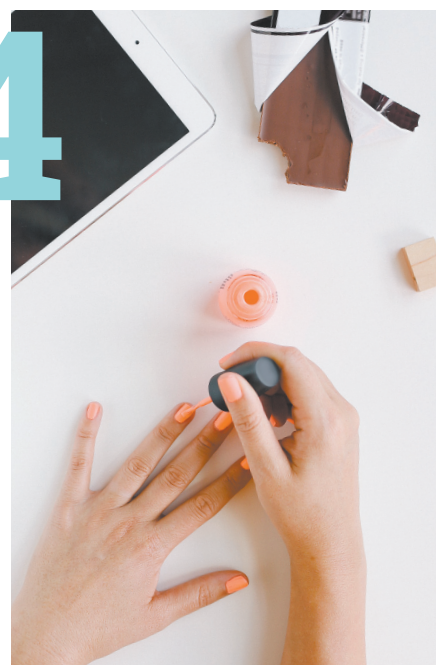
If you're not paying attention during the first week of class, then now would be the time to kick the habit. Remember: Classes start out easy and get more difficult as the semester progresses. Find what is causing you to lose focus. Is constantly checking Facebook while taking notes on your laptop a problem? Force yourself to switch to good ol' pen and paper. Is the class a drag? Consider switching to a course better suited to your interests.

3

4

Have Fun

At times college can be stressful, especially in the beginning during move-in week, attending new classes, finding jobs and meeting roommates. But remember that it's also supposed to be a lot of fun. Find out what's happening on campus, where the cool places are to hang out and reconnect with friends from past semesters. Taking time away from everything, if only for one night out of the week, reminds you that everyone is stressed and facing the same problems. Don't let it be a burden.





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MAN ON THE STREET

INTERVIEWING UH STUDENTS

SAMMI BAUMGRTRNER
SPECIAL EDITIONS EDITOR
ALL PHOTOS BY SAMMI BAUMGRTRNER

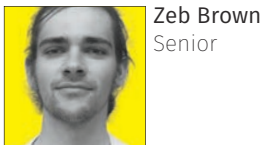
What was the most interesting experience you had this summer?

"Getting back into break dancing. ... Through (a summer) class I even got to meet local legend Bboy SkillRoy of the legendary RockSteady Crew."



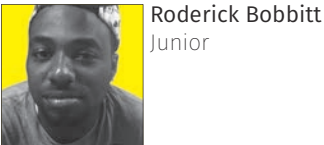
Joseph Gorre
Junior

"I watched my friend get bit by a huge dog while we were mountain biking."



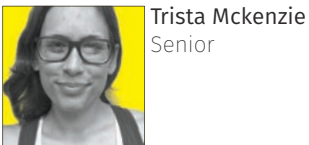
Zeb Brown
Senior

"Being from California, any time I see a 'danger shore break sign' or 'do not swim' I don't go swim, so it was crazy to see all these people in the ocean here."



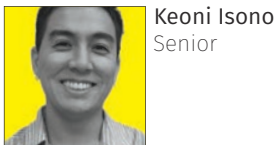
Roderick Bobbitt
Junior

"Joining an Outrigger Canoe Club and practicing weekly on the Ala Wai."



Trista Mckenzie
Senior

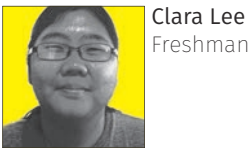
"Drank every day for a week straight without dying."



Keoni Isono
Senior

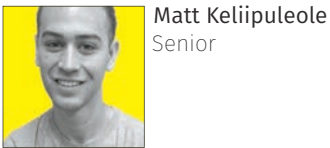
What are you looking forward to for the fall semester?

"I am looking forward to getting straight A's ... and meeting new people."



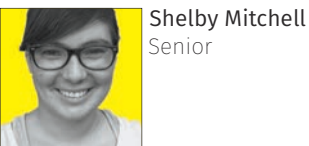
Clara Lee
Freshman

"Finally graduating and leaving this place."



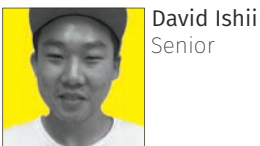
Matt Keliipuleole
Senior

"I am looking forward to my physics classes and research opportunity."



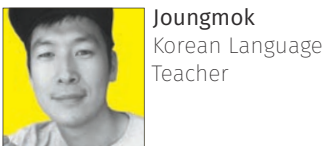
Shelby Mitchell
Senior

"Graduating and not having to come back to UH."



David Ishii
Senior

"I am teaching Korean 101 in the fall semester and I think I have a chance to meet new students. I am teaching but I think I also can learn; I'm looking for learning something from my students."



Joungmok
Korean Language Teacher



COFFEE VS. ADDERALL

EVANGELINE COOK & SAMMI BAUMGARTER
STAFF WRITER & SPECIAL ISSUES EDITOR

It is easy to get pulled into the succubus that is midterms and finals. However, the pressure to take Adderall for concentration has side effects. There are many ways to stay focused and alert than taking a drug. The best way is the consumption of caffeine in coffee. Read below the benefits and note that overdoses of anything can be harmful.

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Difficulty sleeping



Depression



Paranoia

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- 2 Faculty, APT Staff Board Member Alternates



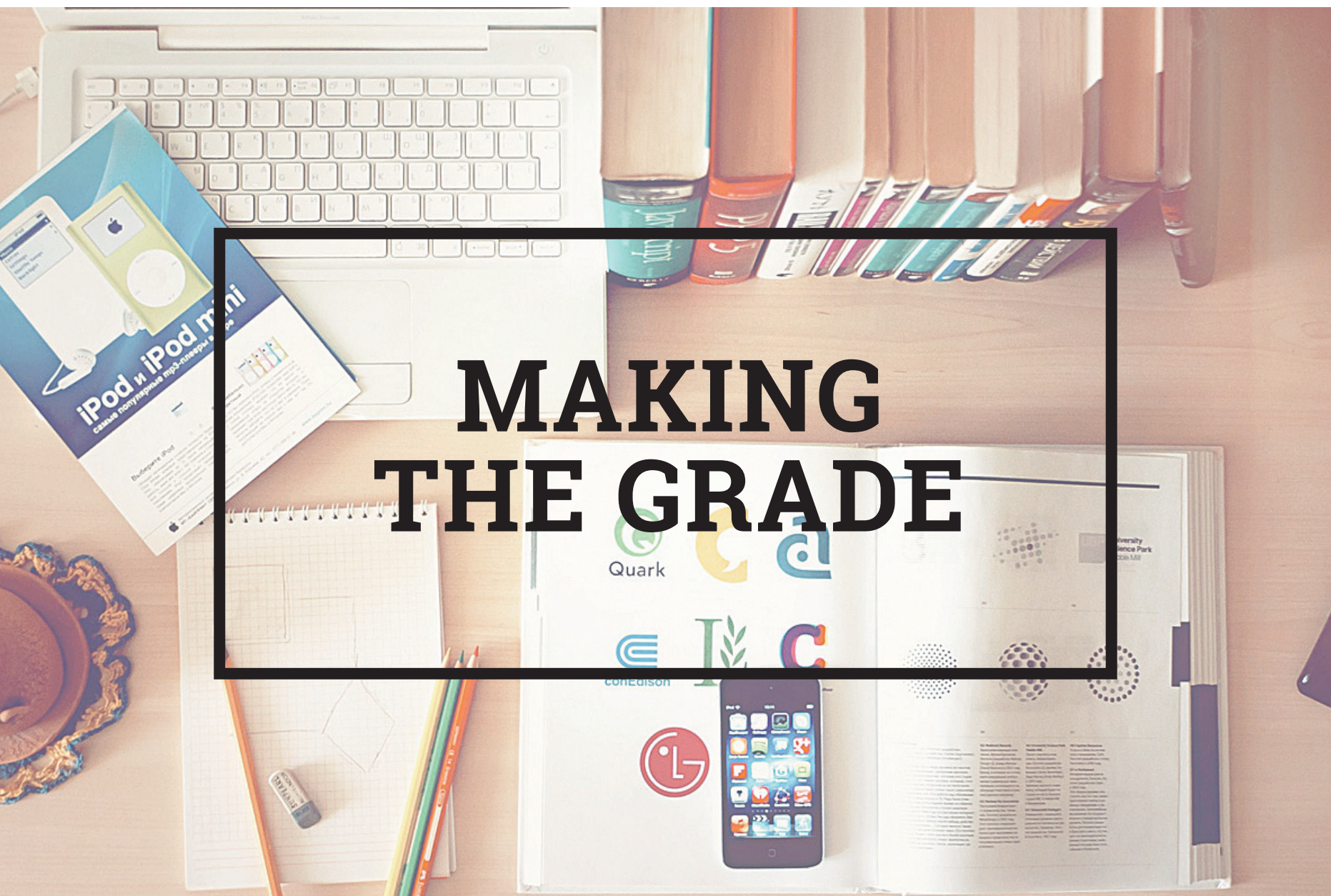
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DEATH TO THE STOCK PHOTO ▶

MEAKALIA PREVICH-LIU
ASSOCIATE NEWS EDITOR

College students struggle every semester to keep their grades up while balancing social life and work. With the right advice for prioritizing your daily to-do list, achieving that sense of balance is possible. Here are a few ways to keep from falling behind in school and making the grade for fall.

Make goals, get things done, then go have fun

Having goals can create the motivation needed to get work done, so it's essential to have them. They can keep you on track and are good reminders of what you ultimately want to achieve, whether that be getting all A's at the end of the semester or just passing all classes.

Have a planner and get organized

A planner is a great way to keep track of your weekly class and work schedule. By using one, you can avoid scheduling an event or making plans during a time when you might have a test to take or have work. Knowing what you have to do and when you have to do it is the first step to prioritizing a routine that can work for the whole semester.

Make time to study every day in a study zone

Early in the semester, find a comfortable place where you will get work and assignments done without distractions. This can make getting work done enjoyable and a consistent routine.

Study your second language every day for at least 15 minutes

A lot of majors require students to have two years of a language completed, and whether you're interested in learning a language or not, you will have to finish this requirement. To pass with a decent grade in a language course, you will need to commit time to finish and study the homework. Get that done and out of the way so you can have time for leisure activities – or at least more homework or time for sleep.

Make time to relax and don't stress yourself out

College is the time in your life where you seriously consider your future career, but it is also the time when you transition into what being an adult is like. One of the things you will discover is that we all need time to relax from constant homework. Take a couple hours out of the day to do what you enjoy, whether that be exercising or watching a movie – you will come back rejuvenated to take on that stack of work waiting for you.

Don't wait till the day before to finish a huge project

Get started as soon as you get the assignment. Avoid last-minute cramming and don't procrastinate. By studying and working on a project as soon as it's assigned, it will allow you to learn the material and will help you steer clear of last-minute stress. If you finish an assignment an hour before class and manage to get a B grade on it, just think if you would have done it days before when it was first assigned – you could have gotten an A.

Don't take on more than you can handle

It's great to be able to take five or six classes, have a part-time job and be in a class-related club, but if your workload becomes overwhelming, it is time to think about re-prioritizing. It's easy to get caught up in the excitement at the beginning of the semester when you're signing up for new activities, but having too much on your plate could leave you feeling stressed and with no free time. Remember, passing your classes are going to get you that degree, not a side job.

Get enough sleep

Staying up to finish homework and doing all-nighters may seem like a good idea at the time, but waking up in the morning won't be. Staying up till 3 a.m. may be when you are most productive, but the stress on your body will affect the way you work for that day and could make you sick in the long term. Try to get a minimum of six hours of sleep. Not only will your work performance and focus in school be at its best, but your health will also benefit.

Ask questions in class and talk to your professor

It's stressful enough to have to finish multiple assignments for different classes, but don't leave the classroom confused. Your professor is there to guide you in your studies and to answer any questions concerning the course. Take advantage of the help they offer, and ask questions when you can. This way, you can ensure that you understand the material and demonstrate to the professor that you are making an effort to do so.

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THE PROBLEM WITH 'DO IT IN 4'

When comparing the number of banners around campus to the four-year graduation rate of its students, it's more than fair to say graduating within four years is easier said than done.

ABBYGAIL SADOY
CONTRIBUTING WRITER

The principle of the "Do it in 4" campaign is positive and promising, but its expectations for students can be unrealistic when taking the following problems into consideration.

FINANCIAL OBLIGATIONS

Although additional courses above the regular 12 credits are free, financial sacrifices still must be made. Each student has his or her own way of paying for their education, whether it's through financial aid, parental assistance or even through their own pocket. No one knows what a student's financial situation may be. The vast majority of students have part-time or even full-time jobs along with their full-time course load. If a student takes an additional three credits, not only are potential working hours sacrificed for class time but study time during the weekdays or weekends is also lost.

REQUIREMENT CHANGES

Requirement changes within majors can skew students' four-year plans. Changes usually only apply to new and incoming students, but certain majors make it a requirement for all majors

to adhere to new changes as they are instituted. Such changes include prerequisites and the number of credits needed to graduate. A student may be obligated to continue with and pay for a class they no longer need or must extend their graduation date an additional semester or two because of new requirements they must complete.

CLASS AVAILABILITY

Even while a student is on track with their four-year plan, it can still be delayed due to class availability. Sometimes students need to wait until the following semester for specific classes. Certain majors are more popular than others and the amount of seniors with triple-digit credits can easily surpass seat availability during registration. It's difficult for underclassmen to plan out a four-year schedule when course offerings change semester to semester.

DEPARTMENT ISSUES

Conflict within the departments is another issue that can arise. Conflicts over budgets have an effect on the types of classes being offered or the teachers that are hired.

"It can get very inconvenient during registration because sometimes classes that I need are being cancelled or not

offered because there isn't a professor to teach the class or there aren't enough supplies," says senior art major Elyse Bojorquez.

Sometimes these conflicts take place after registration, and a student is forced to rearrange their four-year plan, if possible.

MAJOR TBD

The issue that resonates with a lot of students on campus is that a lot of them don't know which route to pursue. The first two years are used to complete general requirements, but during that time, students are still unsure of their intended pathway.

"It's hard for a lot of students to decide a major. Even when they do, some may even switch majors or even tackle two majors at once," said senior KRS major Jeffrod Ruaburo.

Even if a student does pick a major early on, there are still the previously mentioned course offering problems. While it is encouraging that the "Do It In 4" campaign strives to encourage students to graduate on time, it fails to account for the decisions students must make in those years and the resources UH provides them.



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- University of Hawai'i logo
- "Outrigger Resorts Rainbow Classic 50th Anniversary"

WINNER will receive a 2-night stay at an Outrigger Resorts property in Waikiki

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Oh, the professors you'll meet

BRAD DELL
FEATURES EDITOR

Every professor fits under a stereotype. Odds are, by the time you've finished college you will have met at least one professor from each of these categories.

NO HOMEWORK UNTIL THERE'S
A FREE TIBET



THE AUTHOR

Having "Dr." before an author's name on a cover sells books, so naturally, professors love writing books. Don't be surprised when you walk into the bookstore and see a shelf that's entirely devoted to books that your professor has authored. Sadly, some professors get so absorbed in writing their books that they forget they have a class to teach. Don't expect too many assignments from these professors, as they don't have time to grade homework or projects.

THE INDIANA JONES

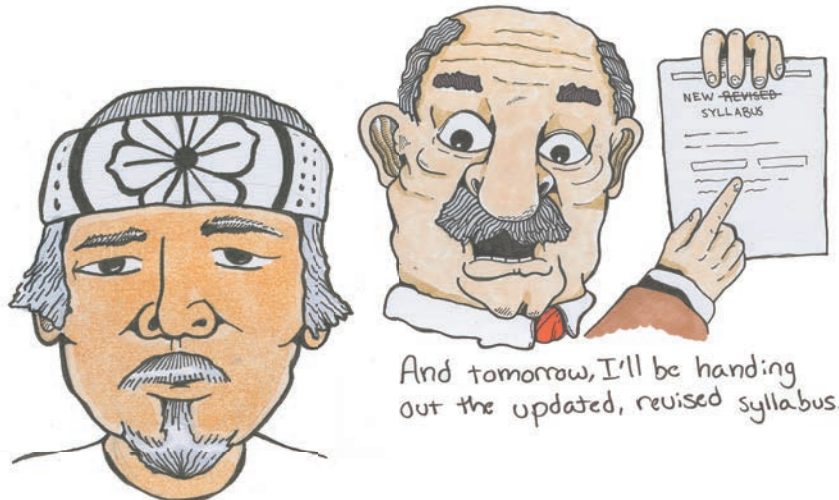
Ever heard the phrase, "Your teacher is a teacher because they aren't good enough at their subject to work in the field"? This isn't the case in college, especially in a research university like UH. Archaeology professors are archaeologists, astronomy professors are astronomers and French professors are, well, French. These professors lead a double life in the field and are always happy to share their adventures and findings with the class. Unfortunately, lecturing in a classroom is hardly as exciting as digging up dinosaur bones in Africa. Thanks to this, these professors sometimes lack the dedication to their class and put research first.



Of course you can skip my class! Just add me on Facebook first!

THE MENTOR

You've hit the jackpot when you've gotten one of these professors. They are the perfect mentors to those who pursue a career in their field of study. They will take you under their wing, teach you everything they know and provide solid feedback on your progress. They genuinely want you to succeed. These are the professors that you want, and maybe they'll even help you with your thesis one day.



And tomorrow, I'll be handing out the updated, revised syllabus.

Once you can take the pencil from my hand, you will be ready to pass my course...

THE ACTIVIST

Some professors use their teaching position as a soapbox, preaching v opinions that often have nothing to do with the class subject. Expect to find professors who give extra credit to students who attend rallies or protests, or rage on for hours about corporate greed and the dangers of GMOs. Some even verge on the edge of being conspiracy theorists, which is always interesting. You may not learn the subject material you signed up for, but you'll leave the class with a wealth of conversation starters.

THE PUSHOVER

Whether they're new to teaching or overly kind, many professors have trouble sticking to their rules. Students spot pushover professors like predators eyeing prey. Expect these professors to constantly push back deadlines or give A's for B papers. Soon, the class guidelines in the syllabi they hand out become obsolete. Everyone loves these professors but can't help but feel a bit sorry for them.

THE LUMBERJACK

One great thing about college professors is that most of them give their students a class syllabus that details what will be going on every class day for the rest of the semester. Unfortunately, there are also the professors that don't stick to that agenda. Every student will encounter a professor that updates their syllabus nearly every week due to them cancelling activities or pushing back deadlines and test dates. Even crazier are the professors who print out new syllabi every time they change it, effectively killing off entire forests in the process. This creates a confusing and not-so-eco-friendly schedule.

RATE MY PROFESSORS

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MEAKALIA PREVICH-LIU
ASSOCIATE NEWS EDITOR

Whether you are an incoming or returning student at University of Hawai'i at Mānoa, you will have to choose new classes every semester to get closer to obtaining a degree. With new classes come new professors, and if you're looking for a little advice about their work ethic, you may want to check out the popular RateMyProfessor website.

RateMyProfessors.com is among the most utilized

websites by college students to research and rate professors according to people who have had them in past or current classes. The website is organized by the following categories: Overall Quality, Helpfulness, Clarity, Easiness, Hotness, Average Grade, Textbook Use and Rater Interest prior to attending class. You can then see how students graded a professor, with 1 being a poor score and 5 being the highest and best score.

The overall quality category helps predict the average of the professor's helpfulness and clarity scores

from users and then determines which smiley face the professor will receive. These scores range between good quality (3.5-5), average quality (2.5-3.4) and poor quality (1-2.4). The Hotness category is distinguished with a red chili pepper, but is not included in the Overall Quality rating.

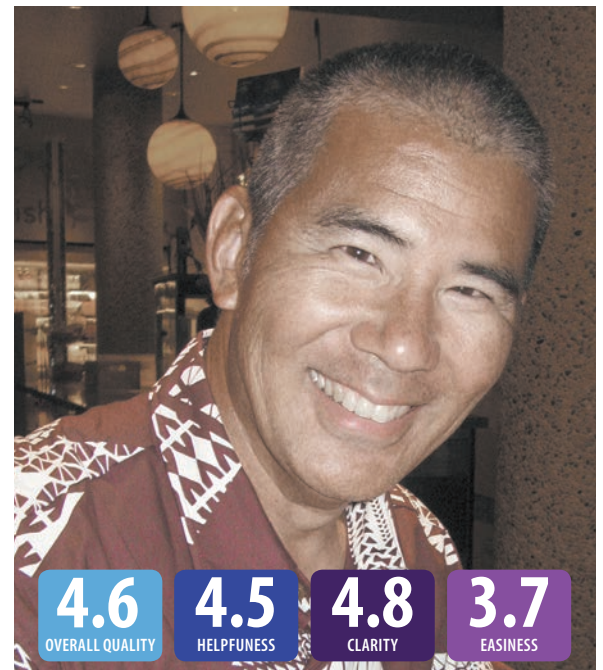
Every website has its advantages and disadvantages, especially one based off hundreds of opinions. Here are a few reasons why you should contemplate checking out the website, and perhaps avoiding it as well.



FILE PHOTO / KA LEO O HAWAI'I ▲
Professor Jenifer Winters



FILE PHOTO / KA LEO O HAWAI'I ▲
Professor Liam Kelly



FILE PHOTO / KA LEO O HAWAI'I ▲
Professor Jay Sakashita

PROS:

EASINESS

Registering for a class you have never taken is worrisome enough, but the website's Easiness category allows students to look at how much work can be expected from a professor - which could put you at ease or save you from professors who are difficult.

CLARITY

Maybe you're concerned about the professor's teaching methods and communication style - the Clarity category offers great insight into that issue.

HELPFULNESS

The Helpfulness category could help you decide if you want to have a professor who is available during office hours or after class in case you need help with the class material.

OVERALL QUALITY

It's good to just see what raters have to say in the Overall Quality category and comments area - even if users are brutally honest.

ATTRACTIVENESS

If appearance is something you look for in a professor, the Hotness category could be of use to you.

ANONYMOUS

An account is not required to comment and rate a professor on the website, so you can remain anonymous.

SAVE MONEY

You can see if the required textbook is even used during the course by looking at the Textbook Use category - which could save you big bucks on that textbook.

AVERAGE GRADE

You get to look at the average grade given to students in the class according to individual professors.

CONS:

TAKING A CHANCE

All ratings are based on opinions, not facts. Therefore, you are taking a chance by relying on other students' ratings.

OPPOSITE OF CONSTRUCTIVE

The criticism from students who rate and comment about particular professors is not always enjoyable to read and could be misleading.

SEE FOR YOURSELF

You may just be the type of person who should register for the class with which ever professor you were thinking of taking to see how you like it yourself.

UNRELIABLE RATINGS

People who comment on the website may not have taken the class with the specific professor you are looking for and could be making up their ratings.

WORK WILL BE WORK

No matter what professor you take in college, you're going to have to complete a substantial amount of work to successfully pass a class.

IT'S STILL UP TO YOU

Ultimately, the website is a social media outlet that gives you the opportunity to look at other people's opinions and feedback is helpful. You be the judge, though, and check out the website before registering for your next class to see what the professor may be like.

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ROCKY ROAD PUDDING

KELLY SLOAN
STAFF WRITER

Rocky Road Pudding ... made with avocado. It's avocado season, and this delicious fruit is available and affordable at your local grocery store or farmers market. In addition to being full of healthy monounsaturated fats, avocados are more versatile than you think. They are usually used for savory snacks such as guacamole, hummus spreads or sliced and added to salads and sandwiches. Chefs have become very creative with avocados. Because avocados provide texture to food and even drinks, they can be added to baked goods, smoothies, shakes and pudding. Try this Rocky Road Pudding recipe and be pleasantly surprised by the creamy texture.

INGREDIENTS:

- 2 avocados
- 1/2 cup cacao powder
- 3/4 cup maple syrup
- 3/4 cup almond or regular milk
- 1/2 tsp vanilla extract
- 1 tsp starch
- 1/4 cup mini marshmallows
- 1/4 cup walnuts, chopped
- 1/4 cup dark chocolate chips

DIRECTIONS:

1. Place all ingredients (except marshmallows, walnuts and chocolate chips) in a blender. Mix well until smooth.
2. Spoon mixture into pudding cups. Refrigerate pudding for 2 hours or until firm. Place marshmallows, walnuts and chocolate chips evenly among bowls of pudding and serve.



TIEN AUSTIN / KA LEO O HAWAI'I

STAYING HEALTHY THROUGH THE NEW YEAR

SAMMI BAUMGARTNER
SPECIAL ISSUES EDITOR

The “freshman 15” is a real-life curse. And if you are not careful, this curse can be recurring – resulting in the “sophomore 30” and even the “junior 45.” If you’re a new student, there are many ways to avoid putting on the pounds, and if you’re already cursed, there are many ways to lose the weight.

First things first, you have to realize that you are no longer going to be getting home-cooked meals – your mother is no longer your nutritionist. Healthy food is expensive, but there are ways to stay within your daily recommended values without buying organic foods. The key to keeping weight off is moderation. If you are not moderating your food intake, even the healthiest foods can cause weight gain. To successfully monitor food intake, make sure you:

1) Plan your meals out for the week in advance.

Look for healthy recipes online that include lean meats like chicken and turkey, vegetables high in fiber like broccoli and asparagus, and muscle-rebuilding items like almonds. Make sure to find recipes that do not take longer than an hour to make – you’re a busy student with work and school, not a five-star chef.

2) Grocery shop only for necessities.

Avoid purchasing snack foods because these not only add to your caloric intake, but your wallet will feel it too. If you absolutely need to have something to munch on throughout your day, opt for 100-calorie snack packs or fresh vegetables like carrots.

3) Fight the cravings, especially the late-night ones.

Usually when the human body begins to crave something, this is its way of telling you that you’re dehydrated. Water can resolve some craving issues. If you’re up past 10 p.m. when late-night cravings kick in, it must be due to lack of water. And if thirst isn’t the problem, snack on a low-calorie food. Definitely avoid fried items.

Another huge part of keeping weight off is exercise. You cannot lose weight unless you’re burning more calories than you’ve consumed in one day. One pound of fat is equal to 3,500 calories. Although this amount seems large, if you exercise for one hour a day, you can either lose weight or prevent weight gain. In one hour of cardio exercise, you can burn upwards of 1,000 calories. However, if you’re not a cardio person, lifting weights burns twice the amount of cardio – just remember that you will be putting on muscle and muscle weighs more than fat. Initially, you may see your scale rise, but this is good – you’re becoming stronger.

Staying healthy throughout the new school year is simple – all you need is discipline and the desire to stay in good health. Treat your body like you do your grade – to get an A, you have to study hard, and to stay healthy you have to eat right and exercise.

GET REALLY WRECKED

HOW TO MAKE THE MOST OF THE
REC CENTER IN BETWEEN CLASSES



[ALL PHOTOS] TIEN AUSTIN
KA LEO O HAWAI'I

BRIDGET KITSON
STAFF WRITER

During summer, it can be easy to find the time to get into a good fitness routine. Staying active is great for your health and also an important stress reliever. With fall classes starting up, you may find yourself pressed for gym time.

If you are serious about staying in shape, there is no need to neglect your routine; it's all about working around your new schedule.

The first thing to look for is any gaps in your classes. If you have an hour or two of free time during the day between your classes, instead of sitting around Campus Cen-

ter clicking through your Facebook newsfeed, bring your gym gear and get in a quick session. You'll feel more productive and a little less freaked out about that new class you know is going to be a handful.

With the Rec Center located in the middle of campus, it's a good idea to carry your gym clothes in case you find yourself with a little bit of free time (especially with those treadmills watching you from the window).

It may be hard to motivate yourself while adjusting to your new schedule, but you won't regret adding an extra half-hour of gym time to your busy day. You'll keep off that back-to-school weight and keep

gym time out of your study time.

If you're worried about showing up to class dripping with sweat, plan ahead to give yourself enough time to freshen up.

There are plenty of lockers, with one locker room on each level of the Rec Center. If you get in the habit of carrying a change of clothes, plus whatever toiletries you might need post-workout, then gym time is always an option for your down time.

If you don't have a gap in your schedule, or it isn't long enough to fit in a real workout, then think about going before class. I suggest the morning because by the time you are done with class, odds are

you don't have that much fuel left to burn.

The only thing to be wary of is whether you're putting off school work for your abdominal work. This is why between classes is prime workout time. You still have your evenings to hit the books. Everyone is going to have a different schedule, so you need to find the timing that's right for you.

It's tempting to use the breaks in your schedule to eat unhealthy food and do unproductive things, but if you put in the effort to make the gym a regular stop during your day, you can avoid putting on that "winter coat" along with the stress of a new year.

MORE INFO

WRC HOURS

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5:30 a.m.-10:30 p.m.

Weekends and holidays:
10 a.m.-5:30 p.m.

FEATURES

- basketball court
- volleyball/badminton court
- treadmills
- climbing wall
- showers
- floor machines
- floor freeweights

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 3 Optional services you select may incur fees.
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Student Wednesday Night Mass: 9:00PM
Sat: 5:00PM / Sun: 9:00AM, 11:00AM, 5:00PM
Student Mass & Dinner: Sun, 5:00PM

Newman Center-Holy Spirit Parish
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808-988-6222 | CampusMinistry@newmanhawaii.org
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THE MUST HAVES AND THE MUST HAVE ~~NOTS~~

LAUREN ROXTON
STAFF WRITER

The first week of school is full of trial and error: what to wear, who to be friends with and what to bring to class. With all of those tough decisions to complicate your life, here is a list of what you should and shouldn't have in your bag for class.

MUST HAVES

Chapstick

With the hot Hawai'i sun you're going to want to be moisturized. It's not a bad idea to get one with SPF. Your lips can get sunburned as well. Burt's Bees makes a great neutral mint chapstick that stays on for extended wear.

Notebook and writing utensil

You're going to need something to write in and write with. Taking notes is crucial to getting those top-notch grades. Buy these in the bookstore, or go to Target or Wal-Mart for a lot of colorful alternatives.

Sweater

Depending on which classrooms you're assigned to, you're either going to feel like you're sitting next to a glacier or sitting inside an oven. Finding out which of the two is important, but you might want a sweater for those classes that make you want to leave the second you step into the room.

Watch

You don't want to be pulling out your phone during class, so wearing a watch is a great alternative. Pick one that fits your style and that is functional. If you're not fantastic at reading analog, pick a digital watch for ease of mind.

Headphones

On walks to class it's great to be able to listen to your music. Most phones now come with their own pair of headphones, but if you want to spice up your music life get some over-the-ear headphones like the ever-popular Beats by Dre.

MUST HAVE NOTS

Computer / tablets

Opting for the smaller of the two is a good choice, if you need it at all. This is one of those items that you could probably go without, especially if it's going to distract you.

Your entourage

Starting something new is scary, but you don't need to bring a support system to class. Plan to meet up with your friends after to talk about all of the juicy details of your first days.

Middle school pencil case

You don't need that many pens/pencils/highlighters/rulers; I promise.

Huge backpack / bag

What are you putting in there? Stick with the essentials and you will be sure to survive your college experience.

5 DAYS OF FABULOUS

LAUREN ROXTON
STAFF WRITER

Stressing about what to wear on the first week of class? Worry no more. Here are five days of outfits to help guide you in your own personal style.

Monday

Pairing high-waisted floral print shorts with a tight, white T-shirt can be comfortable while still showing that you know what you're doing. A pair of gold t-strap sandals and a Panama hat can tie the outfit together. Add on some chunky jewelry that pulls colors from the shorts to make the outfit look finished. A large white tote bag can hold all of your things while still looking stylish.

Tuesday

Simple dark-wash jean shorts with an oversized flowy tank can be functional while still looking good. Put on some white high-top Converse and a gold watch to keep this outfit simple. A classic black backpack will keep the weight of heavy books from killing your shoulders.

Wednesday

A strappy black dress can be paired with almost anything. Simple sandals can look great, or you can opt for tall combat boots. Depending on which you choose, you could add a colorful necklace or put on a shawl to have a cohesive look. A smaller bag works with this because it elongates the lines of the dress and makes you look taller.

Thursday

A brightly printed screened shirt and a pair of boot-cut jeans give you a slightly edgier look. A boho suede bag provides balance and adds more personal style. Avoid adding too many accessories, or you'll end up looking confused.

Friday

A high-waisted striped skirt and neutral-colored crop top can look put together and professional. Sandals with small wedges can elongate your legs and make you look great all day. Make sure you're comfortable walking in them though. Couple with a statement bracelet and tote bag to pull the look together.



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Denim Shorts

J. Crew
Target
Macy's

Long-sleeve crop top

American Apparel
Debsshops.com
Chichova.com

Leather ankle combat boots

Dsw.com
Nordstrom
Famous Footwear



Striped crop top

Wet Seal
Charlotte Russe
Forever 21

Denim shorts

J. Crew
Target
Macy's

Accessories

Claire's
Etsy.com
RiversIsland.com

FALL FASHION TRENDS

KRISTEN PAUL BONIFACIO
OPINIONS EDITOR

WOMENS EDITION

Floral and Aztec prints dominated the spring and summer fashion trends. But with the start of the fall season, the look is shifting from bright and fun colors to a warmer-yet-neutral color palette.

However, fashion trends can be tricky, especially when living in Hawai'i. Since temperatures remain constant throughout the year, we can get away with wearing shorts and slippers no matter what month of the year it is, but that doesn't mean you have to sacrifice fashion.

Here are a few inspirations for trendy fall fashion with the Hawai'i weather in mind.



Floral crop top

Tillys.com
Express
Pacsun

Peach-colored skirt

Topshop
Nastygal.com
Yesstyle.com

Accessories

American Eagle
Fossil
Adore



Spaghetti-strap crop top

Forever 21
H&M
Boohoo.com

Floral shorts

PacSun
Aeropostale
Mango.com



Sundress

Cinnamon Girl
33 butterflies boutique
Valerie Joseph

MORE INFO

-Ala Moana Shopping Center-

1450 Ala Moana Blvd.
Mon-Sat: 9:30 a.m.-9 p.m.

Sun: 10 a.m.-7 p.m.
Express, PacSun, Aeropostale
Topshop (Nordstrom), Fossil,
American Eagle, Valerie Joseph,
Forever 21, J. Crew

Sun: 10 a.m.-6 p.m.
Macy's, Claire's, Nordstrom,
American Apparel

-Kahala Mall-

4211 Waialae Ave.
Mon-Sat: 10 a.m.-9 p.m.
Sun: 10 a.m.-6 p.m.

33 butterflies boutique, Adore

-Pearlridge-

98-1005 Moanalua Rd., Aiea
Mon-Sat: 10 a.m.-9 p.m.
Sun: 10 a.m.-6 p.m.

Wet Seal, Charlotte Russe

-H&M-

2270 Kalakaua Ave.
Mon-Sun: 10 a.m.-11 p.m.

-Famous Footwear-

1200 Ala Moana Blvd. Bldg. 1 Ward Center
Mon-Sat: 10 a.m.-9 p.m.
Sun: 10 a.m.-6 p.m.

-Target-

4380 Lawehana St.
Mon-Sun: 8 a.m.-1 p.m.

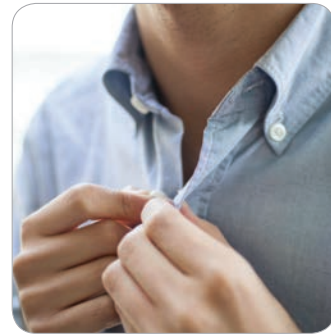


Jumper
Armani Exchange
Zara.com
Frenchconnection.com

Denim jeans
American Eagle, Zumies,
Hollister

Plimsoll sneakers
Journeys, Payless
UrbanOutfitters.com

Black-rimmed glasses
LensCrafters, Oakley,
Freaky Tiki Tropical Optical



FALL FASHION TRENDS

KRISTEN PAUL BONIFACIO
OPINIONS EDITOR

MEN'S EDITION

Dark browns and layers are all the rage this fall for men. While the warm Hawai'i weather makes layering difficult, there are still ways to keep cool and dress with the trends. Here are a few inspirations for the stylish man.

Opinions Editor Kristen Paul Bonifacio served as the model for these photos.



Chambray shirt
Gap, J. Crew, Old Navy

Denim jeans
H&M, Pacsun, Levi's

Faux leather high-top sneakers
Aldo, Macy's,
Nordstrom

Accessories
Topman
Etsy.com
Asos.com

MORE INFO

- Ala Moana Shopping Center -

1450 Ala Moana Blvd.
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Sun: 10 a.m.-7 p.m.

Gap, J. Crew, Old Navy, Levi's, Aldo, Macy's, Nordstrom, Topman, American Apparel, Express, Banana Republic, Forever 21, Sunglass Hut, Vans, Armani Exchange, American Eagle, Zumies, Hollister, Journeys, Payless Shoes, Lens Crafters, Oakley, PacSun, Freaky Tiki Tropical Optical

- Famous Footwear -

1050 Ala Moana Blvd.
Mon-Sat: 10 a.m.-9 p.m.
Sun: 10 a.m.-6 p.m.

- H&M -

2270 Kalakaua Ave.
Mon-Sun: 10 a.m.-11 p.m.

- Target -

4380 Lawehana St.
Mon-Sun: 8 a.m.-11 p.m.



Plain short sleeve T-shirt
Target, H&M,
American Apparel

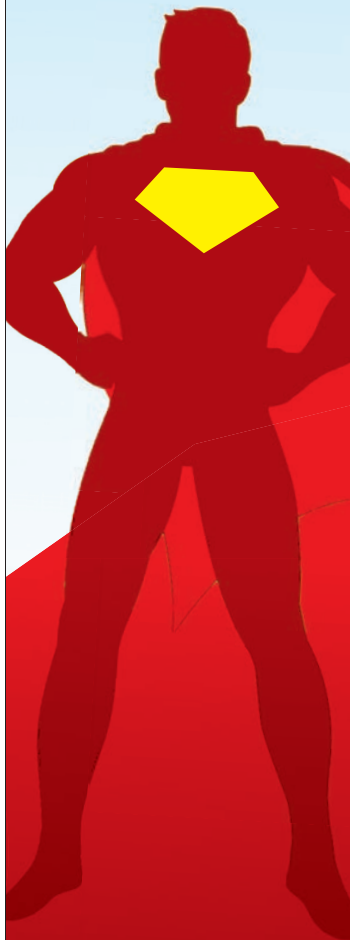
Cardigan
Express, Banana Republic,
Forever 21

Wayfarer sunglasses
Sunglass Hut
Ray-ban.com
Amazon.com

Plimsoll sneakers
Vans, Famous Footwear
Asos.com

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JUNE 2, 2014

LASSNER BECOMES PRESIDENT OF THE UNIVERSITY OF HAWAI'I SYSTEM

David Lassner was appointed t President of the University of Hawai'i System after he beat out retired Lt. Gen. Wiercinski. The final tally of the votes by the Board of Regents indicated considerable support for Lassner, with 11 votes going to the interim president compared to two for Lt. Gen. Wiercinski. Two Regents voted to abstain.

The BOR also agreed on a \$375,000 annual salary for Lassner in an Executive Session that followed the public discussion and vote. Lassner's selection came after an 11-month search process, which involved a diverse selection committee.

SUMMER 2014 NEWS HIGHLIGHTS

FADI YOUKHANA
MANAGING EDITOR

The University of Hawai'i at Mānoa campus has gone through significant changes and events over the 2014 summer break. The campus witnessed the Apple firing controversy, appointed a new president for the UH system and hosted the United States Secretary of State. Here is a summary of the local and global events which occurred from June 1-Aug. 15.

LEGEND

- INTERNATIONAL NEWS
- CAMPUS NEWS

JULY 8, 2014

ISRAEL BEGIN OFFENSIVE AGAINST HAMAS

The Israel Defense Force sive on the Palestinian Gaza from firing rockets into Isra underground tunnels used strate Israel. The ongoing of strikes against Hamas targ to a ground offensive. The than 1,900 Palestinians and



JUNE 10, 2014

ISIS CAPTURES MOSUL

The Sunni extremist group Islamic State in Iraq and the Levant (also known as the Islamic State and the Islamic State in Iraq and Syria) captured Mosul, the second largest city in Iraq. The group has since driven out non-Sunni Muslims and other minorities including Christians and the Yazidi minority. The group has been known to commit mass executions and genocides against minorities. In the month of August, the United States began its air campaign in northern Iraq to slow the progress of the militants as they drew closer to Kurdistan.

JUNE

JULY

JUNE 16, 2014

LARGEST PRIVATE AWARD EVER PRESENTED TO OCEAN RESEACH

The University of Hawai'i at Mānoa was awarded \$40 million, the largest one-time donation in the history of the university. The donor, the Simons Foundation, intends to help scientists in field studies and laboratory research to better understand the ocean ecosystems. The grant will help the university in its studies of microscopic organisms in the sea.

The Simons Collaboration on Ocean Process and Ecology, or SCOPE, hopes through its funding to improve our understanding of ocean microorganisms.



JULY 13

GER WO

Mari time to by defe won the Colomb Boot. G Glove a the pos the mo France



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nd to destroy
nilitants to infil-
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nd later expanded
ict has killed more
re than 65 Israelis.

JULY 26, 2014

**LASSNER RELIEVES APPLE
AS CHANCELLOR OF MĀNOA**

Reports surfaced that UH President David Lassner had asked Tom Apple to step down as the chancellor of the Mānoa Campus. Lassner cited multiple reasons for his decision which included Apple's unpopularity with deans and community leaders, conflict with JABSOM and the UH Cancer Center and the financial problems of the Mānoa Campus. Apple had three years remaining in his five-year contract.

Initially, the University did not confirm or deny the reports. However, four days later, Apple's termination was made official.



AUGUST 13, 2014

**U.S SECRETARY OF STATE
SPEAKS AT EAST-WEST
CENTER**

John Kerry, the United States Secretary of State, emphasized that young people are the key to making and developing a democratic and free-market transitions in countries of the Asia-Pacific region in a speech at the East West Center. Kerry spoke in front of an invitation-only audience that included Honolulu Mayor Kirk Caldwell. Kerry's motorcade was met by 50 protesters which included proponents of Hawaiian sovereignty and opponents of America's policies in the Israel-Palestine conflict.

JULY 17, 2014

**MALAYSIA
AIRLINES
FLIGHT
CRASHES**

Malaysia Airlines Flight 17 crashed in Ukraine after being shot down by a missile. Russian and Ukrainian governments blame each other for the shooting of the plane. All of the plane's 283 passengers and 15 crew members were killed. According to U.S intelligence reports, the plane was shot down by a Buk surface-to-air missile fired from territory controlled by pro-Russian separatists. The plane was en route from Amsterdam to Kuala Lumpur.

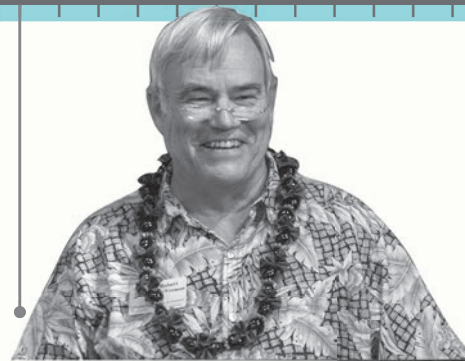


AUGUST

JULY 31, 2014

**LASSNER
CONFRONTS APPLE
SUPPORTERS**

Students, faculty and community members confronted UH President David Lassner after a march that ended at Bachman Hall. A crowd of nearly 70 gathered at Hawai'i Hall and marched toward Bachman Hall while chanting and holding signs in support of chancellor Tom Apple. Lassner met the crowd and sat down with them to discuss his decision. Lassner emphasized that Apple's ineffectiveness as a leader contributed to his decision. After an hour of back-and-forth debates, Lassner returned to his office. Prior to leaving, Lassner reiterated his decision and told Ka Leo that he would appoint the interim chancellor in August.



JULY 14, 2014

**INTERIM CHANCELLOR
ANNOUNCED**

Dr. Robert Bley-Vroman, the dean of the College of Languages, Linguistics and Literatures was selected by David Lassner as the interim chancellor to replace the recently fired Tom Apple.

According to Bley-Vroman, he did not seek the position but agreed to assume it. Bley-Vroman also said that he has no big initiatives planned and will focus on stabilizing the campus and establishing harmony and preparing the way for the permanent chancellor.

**4
ANY WINS THE
D CUP**

ze scored the game winner in extra
Germany to their 4th World Cup trophy
Argentina 1-0. Argentina's Lionel Messi
rnament's Golden Ball award while
ames Rodriguez took home the Golden
ny's Manuel Neuer won the Golden
an outstanding performance between
ance's Paul Pogba won the award for
standing young player after leading
the Final Eight.

FALL POP CULTURE COMPENDIUM

PAIGE TAKEYA
SENIOR STAFF WRITER

There are probably a million guides as to what the most hotly anticipated movies, video games and TV shows are every season. Who should you believe? Here are Ka Leo's top three picks in pop culture for the fall semester – with a little trivia to help you stay ahead of the curve.

FILM



GONE GIRL
(Oct. 3)

The picture-perfect “Amazing Amy” Dunne (Rosamund Pike) goes missing one day in a bloody home invasion. The most likely culprit seems to be her disgruntled husband Nick (Ben Affleck), but did he really do it? Based off the thriller novel by Gillian Flynn, this David Fincher-directed film has already promised a different ending than its source material.



BIG HERO 6
(Nov. 7)

Disney borrows from Marvel's library to mine a new superhero team for an animated movie. Robotics genius Hiro Hamada gathers a team of newbie fighters, including Wasabi, Honey Lemon, GoGo Tomago and Fred, to solve crime in San Fransokyo. The film has already come under scrutiny for its downplaying of the original's Japan-based plot and characters.



**THE HOBBIT:
BATTLE OF THE FIVE ARMIES**
(Dec. 17)

Peter Jackson's final foray into Middle-Earth caps off with the Battle of the Five Armies, involving goblins, elves, dwarves, eagles and men, as the central focus of the third “Hobbit” film. Jackson, who has been criticized for stretching the slimmest “Lord of the Rings” novel into a trilogy, has promised material from J.R.R. Tolkien's appendices will fill out the movie.

VIDEO GAMES



DESTINY

(Sept. 9 for PS4, PS3, Xbox One, 360 and PC)

The plot revolves around a post-apocalyptic future, where space exploration led to colonies across the solar system – until one day, they all disappeared. Mankind's last city is defended by Guardians with mysterious powers – but does any of that really matter? It's Bungie's first follow-up to the “Halo” series, and that kind of pedigree needs no premise to be enticing.



SUPER SMASH BROTHERS

(Oct. 3 for 3DS)

Nintendo has only ever released one incarnation of the crossover fighting series – starring everyone from Mario and Link to newcomers Mega Man and Pac-Man – per console generation, and this is the first time the series has gone portable (the Wii U version comes out later this year). It's tempting to wait for the HD version, but the connectivity of the 3DS means easy fighting on the go – something the series has long struggled with.



FAR CRY 4

(Nov. 18 for PS4, PS3, Xbox One, 360 and PC)

“Far Cry” has long thrown players headlong into native conflicts in exotic tropical locales – but this marks the first time in the series where players are already on the inside. As Ajay Ghale, players must overthrow a despotic dictator in Nepal. Ubisoft has promised that the title will incorporate more realistic open-world elements to complement its plot.

TV



RED BAND SOCIETY

(Sept. 17)

A group of teenagers become friends in unlikely circumstances – a familiar trope. This time, those unlikely circumstances are a hospital's pediatric ward, and creators promise the story will avoid any dichotomy of miracle recovery or tragic death. The show is based off of a Spanish dramedy.



MADAM SECRETARY

(Sept. 21)

An election year promises a new political show, and “Madam Secretary” offers a slightly different spin on the process by focusing on the Secretary of State. Trying to break away from the trope of the career woman who sacrificed family for work, the show promises more realism in its treatment. It is unabashedly inspired by Hillary Clinton.



GOTHAM

(Sept. 22)

It's Batman – but the story isn't about Bruce Wayne. “Gotham” takes a different look at the Dark Knight by focusing on someone else entirely: Jim Gordon, the police commissioner, and his struggles in a Gotham City without a superhero protector. Lots of villains from the Batman mythos are due to make an appearance, as well as a young Wayne.

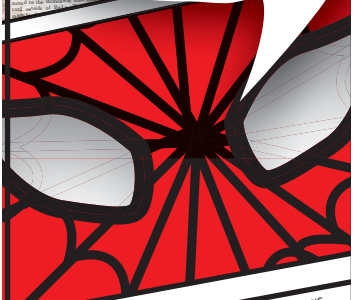
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STAFF WRITER

THE STUDY

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Many have heard of Addiction, The Modern's shimmering night club, but few are aware that within the same hotel exists its humbler, more sophisticated counterpart. Hidden behind a bookshelf in the lobby, The Study is revealed only when the shelves are rotated. The best part? Happy Hour is 5-7 p.m., as well as between 10 p.m.-2 a.m., The Modern's self-proclaimed "Reverse Happy Hour."

Rumours

Rumours
410 ATKINSON DR.

Honolulu has no shortage of hotel bars and nightclubs, but Rumours takes a step away from the Waikiki scene. Located in the Ala Moana Hotel, the club comes complete with dancers in cage-like stages. Stop by on a Saturday night for flashback hits "from the 80s, 90s and today."

ASYLUM

Asylum
1008 KAWAIAHAO ST.

When other clubs are shutting down, the party is only beginning at Asylum. Open from 12:30 a.m.-7 a.m., those who are lucky enough to be members of this exclusive club are welcomed onto the two dance floors. Keep in mind, there is no alcohol sold at the club, but members are welcome to bring their own.

Na Hoku II
Manu Kai

Na Hoku II & Manu Kai
2335 KALAKAUA AVE

Summer may be coming to an end, but it's not too late to relive the best days of the year with some fun in the sun on a booze cruise. For \$30, choose from either the Na Hoku II or Manu Kai catamarans and enjoy complimentary drinks while sailing near the island.

AMUSE
WINE BAR

Amuse Wine Bar
1250 KAPIOLANI BLVD.

Located in the Honolulu Design Center, Amuse Wine Bar is right next to Inspiration Furniture. Grab a few friends and go furniture shopping before tasting any of its 80 different wines. Not feeling like wine? Happy Hour is Tuesday through Friday from 5-7 p.m., and includes cocktails like the Almond Joy inspired Dis-so-ono.



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WE ARE YOUR STUDENT MEDIA

HAWAI'I REVIEW

Despite closing bookstores and a perceived crisis in publishing, Hawai'i Review refuses to slow down. The literary journal is looking to broaden its scope by revamping itself online.

"We're small, and we're not going to be a huge presence that's going to be seen everywhere, but our primary responsibility is making sure that people know about us or that we're here for them," editor in chief of Hawai'i Review Anjoli Roy said.

As the student-run literary journal of the University of Hawai'i, the Hawai'i Review has published writers including W.S. Merwin and Margaret Atwood. Local, national and international authors submit short stories, poems and art for consideration, and the staff surveys each and picks out the best entries.

"People want to share their work. ... That's something nice about being able to have it collected someplace external – it reaches a whole different audience that otherwise you wouldn't have access to," Roy said.

CHANGING TIMES

The sharing has gotten easier over the last year since Hawai'i Review has moved to an online submission system for the first time in its 40-year history. The journal will also begin publishing select works from local authors and artists online in a monthly feature to spotlight the creative work being done within the university community.

"It really goes back to the challenge for us to make sure that students feel welcomed in publishing with us and also continuing to broaden our reach beyond our shores to see what other writers out there know about us and want to send us as well," Roy said.

She hopes that featuring authors within the university circle on the website will inspire students to join the literary community themselves.

"(Hawai'i Review's) responsibility is continuing to remain relevant and engaging and having interesting conversations and providing forums to publish pieces that need to be out there that otherwise maybe can't find homes at other venues."

ENGAGING STUDENTS

Hawai'i Review is always looking for volunteers to help out by reading and reviewing submissions and is willing teach others about publishing. Roy also dismissed notions that today's students are less interested in literature and writing.

"As long as people are invested, as long as the literary community is alive, there will never be a real crisis around publishing," she said.

She offered some advice for hesitant writers: "Just take a chance, unless this is really private journal writing, more often than not you're imagining some kind of audience, and if you're sitting on something that you think is ready but you want to have out there, then this is a venue for you," Roy said.

KA LEO O HAWAI'I

As the school year begins, Ka Leo is offering an important chance to work at the University of Hawai'i news hub.

GAIN SKILLS

Ka Leo will teach you marketable skills for school and work. Writing articles, photography, advertisement and design are open to students regardless of major. Working on the online website of Ka Leo is a chance to learn web design, start a blog or be at the helm of breaking news. As you build your resume with experience, you will find your work skills developing and, should you rise within Ka Leo, gain leadership and communication experience.

As a place to discover your interests, Ka Leo gives you to opportunity to be investigative in politics, meet sports players and coaches or report at the latest events around the island. You will learn to interact with the community, be it negotiating advertisements or going on photo assignments.

Working on articles will force you outside into the world beyond UH Mānoa, giving you the chance to speak with those with positions in your field of interest, be that local educators, administrators, small business owners or artists. By meeting people that you would not normally speak to through interviews, this will allow you to network and get in touch with the local community.

JOINING THE STAFF

Ka Leo will provide you with a network of helpful, smart people. The staff is friendly and will ensure that you get accustomed to the demands of deadlines and improve your abilities in meeting your goals. The desk editors are always ready to encourage and advise you on your assignments, critique your work and challenge you for an overall stimulating and engaging work experience.

The atmosphere is often busy, but as your work begins to surpass your expectations, the time spent on assignments will be worth your efforts and you will be met with more ways to challenge yourself. The teamwork and friendships that you develop along the way will be worth it and make your college experience at UH Mānoa a dynamic one.

HOW TO JOIN

Fill out an online application at kaleo.org/jobs/, come in to Hemenway 107 or email editor@kaleo.org to express your interest.

If you have any questions or just want to come by and chat, feel free to stop in and get to know us.

KTUH

After over four decades of continuous broadcast, KTUH carries on as "the station that loves you" and emphasizes moving from radio waves to streaming content to be available wherever you go.

KTUH will also have a presence on campus and provide information through its programming, public service announcements or community, campus and events calendars that let students know what's going on. KTUH will also collaborate with Ka Leo to funnel news into a broadcast, provide a sports show in conjunction with games, air shows from local bands every week through Monday Night Live and put together another Renewal concert at Campus Center.

As a student-run and noncommercial radio station that offers alternative programming, KTUH allows students to improve their skills in communication and learn how to broadcast and mix live shows. DJs also participate in doing live shows in the community and on-campus.

GET INVOLVED

This year, KTUH plans on expanding its student presence and welcomes volunteers and opportunities to be on the radio.

DJ Vina, host of last year's show "The Business of Getting Down!", noted how working for KTUH has allowed her to become more involved with the community.

"I've met some of the coolest people at the station," DJ Vina said in an email interview. "I've networked with so many people (in the) entertainment industry. Doing my weekly radio show is my favorite time of the week and I spend hours preparing music to play on my show."

KTUH hopes to provide a place for students to have conversations with other people, overcome anxiety in communication and be more active on campus. Anyone with a passion for music can become a DJ.

"Students should apply because they get a lot of hands-on experience," Jefferies said. "You learn a trade that you can obviously use: If it's not something on air, it's something with a production."

Stream KTUH at ktuh.org/tune-in/

HOW TO JOIN

If you're interested in becoming a KTUH DJ, stop by their office in Hemenway 203 above Ba-Le or visit ktuh.org/join-us/ to download an application.

Stream KTUH at ktuh.org/tune-in/

UNIVERSITY OF HAWAI'I PRODUCTIONS

The words "on-campus job" typically evoke stagnant images of one sitting behind a desk and answering a phone all day, but when it comes to UH Productions, it means going to events, creating films and using pricy camera equipment. For film-lovers and makers alike, it is an opportunity to see what you can create cinematically or for segments like "Da Scoops," where they interview students on subjects like raves and dorm life.

"Besides creating content like 'Da Scoops' and shorts films, we also cover events on campus like Aloha Bash, host Groove in the Garden alongside Ka Leo and KTUH and hold video contest like our Fall Film Challenge or 72 Hour Film Challenge, which gives students on-campus opportunities to win some prizes," UHP General Manager Blake Abes said in an email interview.

UHP is a student-run organization, meaning its staff and managers also attend UH. Although they already have a presence on campus, this school year UHP is looking to expand their coverage with consistent monthly segments to be posted on their YouTube channel uhFILMproductions. They also plan to produce more short films that are written and filmed by UHP staff.

With a big agenda ahead of them, UHP hopes that more students will be inclined to join their staff.

"Honestly, we are looking for people who are willing to work hard and learn how to work well with others," Abes said. "No experience is needed because we are willing to teach everyone. ... No one in UHP knows everything and we are not a professional company, but we are students who learn from each other."

UHP is a job in the sense that it pays via stipends, meaning the work a staffer puts in determines the amount of their stipend. In addition to getting paid, UHP gives students the chance to collaborate with others who share an interest in film, allowing them to participate in the stages of video production and use equipment that they otherwise may not have been able to.

"The goal of UHP is to provide the students of UH an opportunity to learn how to make a video without going to a class or paying thousands of dollars in equipment you don't know how to use," Abes said.

HOW TO JOIN

To learn more about UHP, visit uhpro.org. To apply, go to uhpro.org/apply.

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TURNING YOUR DORM ROOM INTO A THEATER

IKAIKA SHIVELEY
STAFF WRITER

Living on campus has its perks: meeting new people, staying close to classes and living in a fun environment. Finding new ways to connect with people may be difficult with small living quarters. A great idea is to have movie nights in your dorm room. Tired of a basic TV setup that comes with a dorm? While it may be costly to run your own, you will definitely be the person everyone thinks of first when wanting to have a movie night. If you want to be the hot spot for movies or the epicenter for the newest episodes of hit shows, these tips may help.

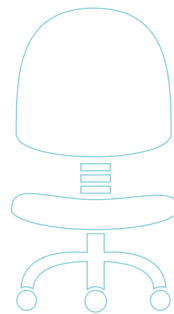
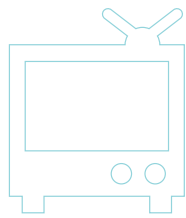
MEDIA PLAYER/CONSOLE

Let's face it: DVDs are outdated. For the best presentation, Blu-ray is the way to go. For around \$35 to \$60, it's a great deal, especially if you're in need of an upgrade. Keep an eye out for a player that includes the Netflix app, which will come handy if you have an account. A PS3 or other Blu-ray compatible video game system is also a nice choice as it offers even more entertainment opportunities.



TELEVISION

First things first, to be able to watch movies you'll need a TV. Finding the perfect television can be difficult depending on the needed qualifications. This is where the most money will be spent in this theater transformation. Some qualifications that should be taken into account are a great HD picture, at least two HDMI ports, a VGA port and a headphone jack. For the best experience, size matters. Sizes between 32-50 inches are advised, with an ideal size of about 42 inches. Brands such as Samsung, Sony and LG are great choices when purchasing a television.



COMFORT

While a bed can seat a few people, it may become cramped as people begin piling up. Purchasing folding lawn chairs is a smart way to add extra seating. Another way would be purchasing body pillows and bean bags for a casual and comfortable viewing experience.



HELPING HANDS

When you decide to show off the newly transformed dorm theater, you may want to have a movie night with friends. To make it fair, have friends bring snacks and drinks for everyone to have an even better experience.



SOUND

No matter the quality of your TV, its speakers will never compare to those of a dedicated sound system. While a state-of-the-art surround system can run the bill up to the thousands, there are cheaper ways to achieve audio superiority. A great purchase would be the Bose Companion 2 which costs \$99. With a smaller budget, the Monoprice brand offers low-cost sound systems and other electronics. If you have a large budget, the Bose Companion 3 Series II will blow away the competition. Along with the crisp sound of the two speakers, the Companion 3 also includes a subwoofer that will get the room rumbling with bass. For \$199, this speaker set will bolster the home theater. Beware of the noise complaints.

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PAIGE TAKEYA
SENIOR STAFF WRITER

Hitting the books is a necessary evil of college life. But studying in your room isn't always the best strategy: A change can be good for your work ethic and memory retention. Here are a few suggestions for your next cramming session.

BEST FOR ISOLATION:

EMPTY CLASSROOMS

These are rare treasures, found only by chance as you settle into your schedule. Crowded as the campus is, there will always be a few rooms unoccupied at any given point in the day. It might be the class before yours, or possibly the period after. Everyone assumes that when the door is closed, the room is in use, but you know better. You can rest assured you'll have total peace and quiet – at least for 50 minutes.

BEST FOR FOCUSING:

HAMILTON LIBRARY, UPPER FLOORS

The library is an obvious study venue, but Hamilton is a pretty big place. Yes, you can join the masses gathered in the big study areas on the first floor, but if you're looking for seclusion, hit the elevators. Individual study cubicle desks are lined against the walls of the second, third and fourth floors, and you'll find the student population goes down as you go up.

▼ LILIAN CHENG / KA LEO O HAWAI'I



BEST FOR ALL-NIGHTERS:

TIEN AUSTIN / KA LEO O HAWAI'I ◀

SINCLAIR LIBRARY, THIRD FLOOR

If you intend on pulling an all-nighter on campus, you'll end up in Sinclair Library at some point. In comparison to Hamilton, Sinclair is designed for studying, so it's open 24 hours and has its own built-in coffee kiosk. Flash your ID after hours and go up. The third floor is less crowded than the first two, and it has air conditioning.

BEST FOR REFUELING:

BA-LE

Food courts, by nature of being food courts, always have plenty of chairs and tables. If you can handle noise and you need constant caloric intake to focus, Ba-Le is your best choice. Paradise Palms has plastic, uncomfortable chairs, and Campus Center closes early. Ba-Le has cushioned booths, long operating hours and food and coffee within reach. Plus, if you finish early, you can celebrate with a beer or two.

◀ LILIAN CHENG / KA LEO O HAWAI'I



LILIAN CHENG / KA LEO O HAWAI'I ▶

BEST FOR FRESH AIR:

HOLMES HALL, SECOND FLOOR

When it comes to open-air studying, the Sustainability Courtyard next to Kuykendall Hall seems like the winner – but the tables tend to be dirty and occupied, more often than not. If you like a breeze while you hit the books, Holmes Hall is the best option. There are lots of big tables on the covered second floor, so you can avoid rain but still catch those cross-breezes. It's ideal for group studying as well.

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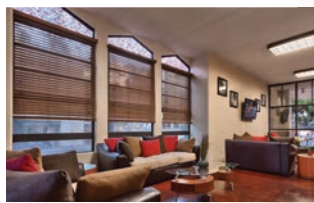
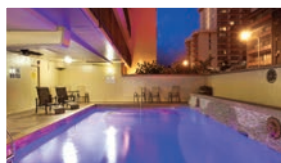
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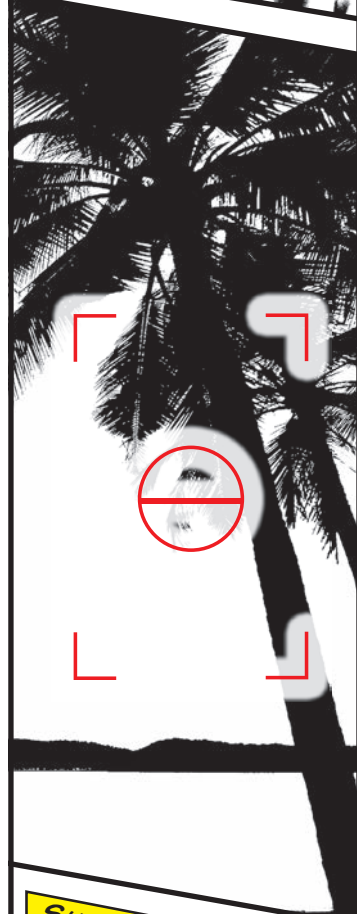
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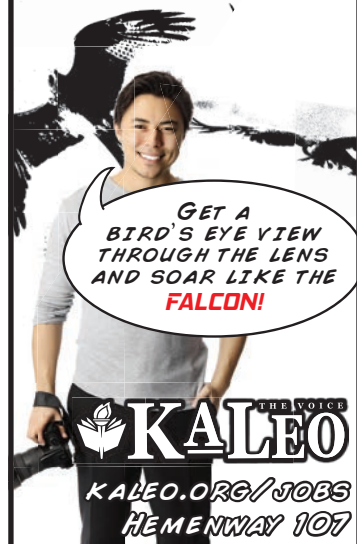
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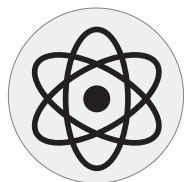
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What's Your Major?

VERONICA FREEMAN
ALOHA NIGHTS COORDINATOR

The most-asked question on campus: What's your major? A few tips and tricks never hurt to pick out the people you just may want to stay friends with forever.



BIOLOGY

Do they have a biology test in the morning? Did they not sleep the night before and update their Facebook to let everyone know? Yes. You'll always know the tough and strenuous work bio majors are dealing with, but at the end of the day, it'll make you grateful that you're chilling on Netflix rather than worrying about whether you'll get into medical school or not.



BUSINESS MANAGEMENT

Laptop? Check. Dapper clothing? Check. Legion of others with laptops and dapper clothing? Check. They'll run with the one percent of America one day, so stay friends with them as they advance in their classes. They may not have a lot of time between internships, but that doesn't mean they won't pause for numerous coffee breaks around Shidler.



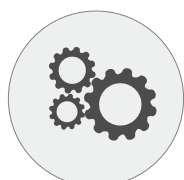
COMMUNICATIONS

Be nice and talk cautiously. Communications majors are going to be the image-makers of your large company one day. They can type out an award-winning tweet in seconds and make you feel as though your Facebook page is the most boring place on the planet. Take notes.



EDUCATION

Generally lighthearted and humorous, they're accustomed to the comment "But why would you want to be poor for the rest of your life?" You know what? They just don't care. In their eyes, they are shaping the youth that might include your children someday.



ENGINEERING

Matter of fact and straight to the point. They may think like robots, but these majors really know their stuff. Rather than joking their way through classes they have to pay attention. It may sound excruciating, but if you want something made right you need the know-how to build it.



FASHION

The fabulously dressed person in front of you toting a coffee from a hip, unknown coffee shop might as well be magical. You can ask them where they got their bag that looks like something from a runway show, but they'll most likely give you a sweet smile and tell you they made it from scraps of fabric they just had lying around. Just remember, we can't all be perfect.



JOURNALISM

They're crowded around the table inside the Ka Leo office – most likely comparing information on local politics or the firing of Tom Apple. Don't expect too much of an opinion out of these folks, as they're trained to look at both sides of the story and deliver the facts – they may even throw in a few quotes from leaders of countries you didn't even know existed.



MARINE SCIENCE

When marine science majors aren't in class, you'll find them at the beach. But don't expect them to be sitting on the sand tanning. They'll drag you into the water, throw a snorkel at you and want you to see the whole other world that they learn about on a daily basis. After several expeditions, you may be more wary of the water than you'd ever thought you would be.



NURSING

Hard-working and competitive, they're handy to have on hand at a party where they can warn you that mixing drinks can cause serious problems when you turn 50 ... in 30 years or so. You'll always know your blood pressure because you're more than likely a willing candidate for them to practice honing their patient-care skills on.



PSYCHOLOGY

Be wary of the psych major; they can psychoanalyze you in a minute, or so they like to think. They are often fond of putting a name on the small crisis that you're having at the moment. Since when did feeling stressed over an exam become a full-blown anxiety disorder? Having one of these majors as your friends will allow you to realize issues you didn't even know you had.

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BACK-TO-SCHOOL PLAYLISTS

SAMMI BAUMGARTNER
SPECIAL ISSUES EDITOR

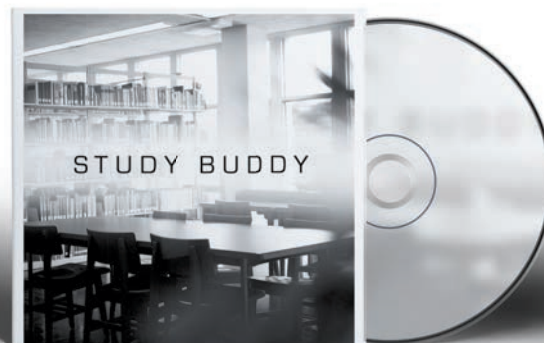
Whether you're walking around campus, studying in your dorm or working out the day's stresses, there are ways to amplify your experience. The best source to turn to is an iPod loaded with songs to match your mood. Fill the silence of the aforementioned moments with the following playlists. Playlists can be found on 8tracks.com; press play and let the music grace your ears.



CAMPUS TUNES

- 01 ... Booty Swing – Parov Stelar
- 02... Fancy – Iggy Azalea
- 03... My Sweet Summer – Dirty Heads
- 04... Wiggle – Jason Derulo feat. Snoop Dogg
- 05... New Slaves – Kanye West
- 06... Left, Right - YG
- 07... Wop – J. Dash
- 08... Sea of Voices – Porter Robinson
- 09... Undressed – Kim Cesarion
- 10 ... Somebody to You – The Vamps

Listen to the entire playlist:
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STUDY BUDDY

- 01 ... Lionhearted – Porter Robinson
- 02... How Did I Get Here? – Odesza
- 03... Robo Booty – Opiuo
- 04... Piano Concerto No. 23 - Mozart
- 05... Liebestraum – Franz Liszt
- 06... Moonlight Sonata – Beethoven
- 07... Swimming Pools – Kendrick Lamar
- 08... Escape – Samiyam
- 09... Strict Machine - Goldfrapp
- 10 ... Try To Be – Blue Hawaii

Listen to the entire playlist:
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WORK IT OUT

- 01 ... Salt Shaker – Ying Yang Twins
- 02... Lift Me Up – Five Finger Death Punch
- 03... Talk That Talk – Rihanna feat. JAY-Z
- 04... No Mediocre – T.I.
- 05... Delirious – Steve Aoki
- 06... Anaconda – Nicki Minaj
- 07... Bend Ova – Lil Jon feat. Tyga
- 08... Beat Calls – Scott & Brendo
- 09... Lemonade – Danity Kane feat. Tyga
- 10 ... 'Till I Collapse – Eminem feat. Nate Dogg

Listen to the entire playlist:
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FILE PHOTO / KA LEO O HAWAII

UH athletics: summer in review

NICK HUTH

INTERIM SPORTS EDITOR

While students were enjoying summer break, the athletic department and student-athletes were busy preparing for next season. Between temporarily homeless athletes, a new stadium plan and drafted players, there was enough news to keep UH fans occupied while games were on hold.

GIB ARNOLD EXTENSION

Men's basketball coach Gib Arnold is set to be on the sidelines for three more years after a contract extension that makes him the highest-paid coach in the Big West Conference. Arnold will now be earning a \$365,000 annual base salary beginning next season, according

to the Honolulu Star-Advertiser. The Warriors are 72-55 under Arnold's command and are coming off their first 20-win season since 2003, but they have struggled in the postseason, winning only one conference tournament game since he took over four years ago.

MISSING STIPENDS

In June, at least 60 student-athletes were living in Hawai'i over the summer without their scheduled scholarship stipend. The delay led to a group of football scholarship athletes sleeping in the locker rooms on campus as they waited for the stipends to arrive. According to athletics director Ben Jay, understaffing was to blame for the delay, and once they learned of the dilemma, the stipends were fast-

tracked in 72 hours. Because of the incident, the department is working on a three-year plan to improve efficiency and eliminate these problems in the future.

FOOTBALL PICKED LAST

The Mountain West Media Day saw media members select the Warrior football team to finish last in the conference again in 2014. Hawai'i is coming off its first winless conference record since 1998, and no UH players were named the pre-season all-conference team in their third year in the Mountain West. When asked about the upcoming season, head coach Norm Chow did not shy away from the predictions.

"Obviously there is a lot of improvement that has to be made," Chow said. "But I think there is

enough respect around the league (with) the way we played and how hard we played."

NEW STADIUM

While state officials are worried about the rising maintenance costs of Aloha Stadium, the Stadium Authority has begun research on a new stadium for the Warrior football team. A study from a New York firm recommended that the new stadium contain anywhere between 30,000 to 35,000 seats, down from the current 50,000 capacity of Aloha Stadium. The smaller stadium would cut maintenance and construction costs. The current stadium – which is entering its 40th season in action – will require extensive safety renovations to keep it in use for the next decade.

TRIO OF WARRIORS DRAFTED

Three members of last year's Warrior baseball team were selected in the MLB draft in June. The Miami Marlins selected left-handed starter Scott Squier on the third day of the draft with the 467th pick. Immediately following Squier, former ace Matt Cooper was selected by the Chicago White Sox. This was the first time that athletes from Hawai'i were selected back-to-back in the draft. In the 30th round, first baseman Marc Flores was also picked by the White Sox to complete the trio. Both Flores and Cooper graduated from UH this summer, and Squier has decided to forgo his final year of eligibility to begin play in the minor leagues.

////////////////////////////////////Ka Leo O Hawai'i



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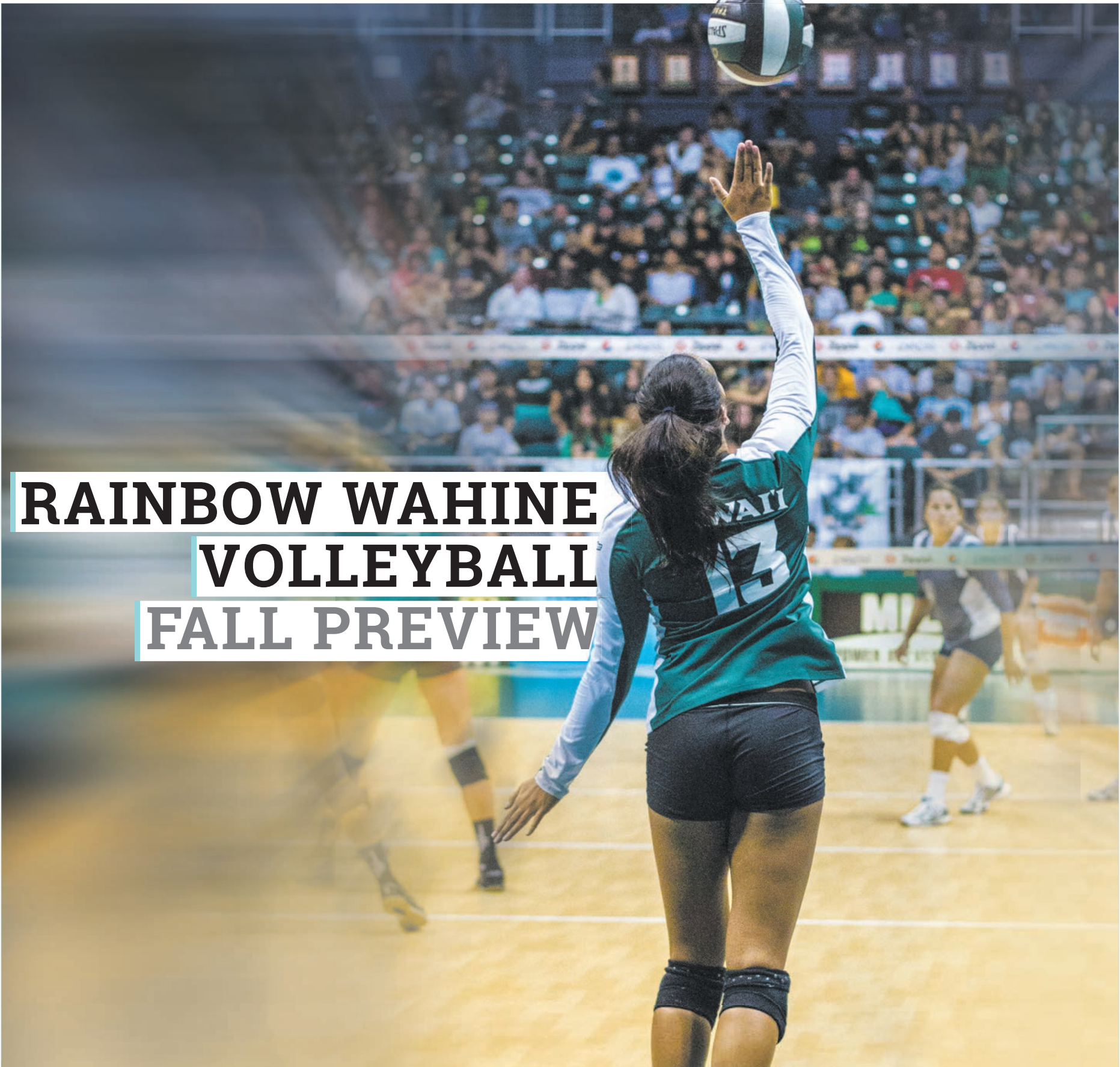
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RAINBOW WAHINE VOLLEYBALL FALL PREVIEW

FILE PHOTO / KA LEO O HAWAII

HAYLEY MUSASHI
SPORTS EDITOR

After finishing the 2013 season with its 19th consecutive conference title, the Rainbow Wahine volleyball team will look to continue its pattern of excellence despite losing a pivotal group of starters to graduation.

Last season, the Rainbow Wahine (25-5) once again finished atop the Big West Conference leaderboard, sharing the title with UC Santa Barbara and Cal State Northridge, posting identical 13-3 league marks.

The 'Bows also finished the year leading the Big West in four statistical categories: hitting percentage (.278), kills per set (14.4), assists per sets (13.4) and opponent hitting percentage (.171).

DAVE SHOJI'S 40TH SEASON

The 2014 season marks head coach Dave Shoji's 40th year with the Rainbow Wahine volleyball team. Throughout his tenure, Shoji has been honored with numerous accolades, but last season was one for the record books.

Guiding the 'Bows to their 19th straight conference title and 32nd trip to the NCAA Tournament, Shoji became the coach with the most wins in NCAA Division I women's volleyball history, setting the tally at 1,107 following a win against Santa Clara on Sept. 6.

Shoji will have to overcome the loss of several key starters while guiding a talented group of youngsters through the battlefield that is the Big West.

KEY PLAYERS LOST

The Rainbow Wahine are nine letterwinners fewer this season, but their most significant loss are four key starters – Emily Hartong, Mita Uiato, Ali Longo and Jade Vorster.

A leader her entire career with the 'Bows, Hartong was named Big West Player of the Year and honored as a First Team All-American.

Penn State transfer libero Ali Longo saw immediate action following her move in the 2012 season and concluded her senior campaign as a member of the 2013 First Team All-Big West list.

Playmaker Mita Uiato was a staple in the Wahine lineup and concluded her senior season as a member of the First Team All-Big West list.

Though she had another season of eligibility, middle blocker Jade Vorster chose to leave UH in order to pursue a graduate degree in public health at Liberty University. Vorster was named an Honorable Mention All-Big West following the 2013 season.

NEW PLAYERS TO WATCH

Eight newcomers will join the 'Bows this season in the form of seven true freshmen and University of Arizona transfer Olivia Magill.

Magill, an incoming junior, was a two-year starter at middle blocker at the University of Arizona and led the team with 119 total blocks (1.16 b/s) in 2013. Besides leading in blocks, Magill also posted a team-high .335 hitting percentage

and totaled 202 kills that season. In her inaugural season, Magill was named to the Pac-12 all-freshman team.

Farrington graduate Savannah Kahakai is expected to see immediate action this season. The 5-foot-8 libero led Farrington to this year's state tournament and is a member of the 'Imi 'Ike Volleyball Club.

Six-foot-2 middle blocker Emily Maglio is another athlete expected to contribute to the program immediately. A native of British Columbia, Canada, Maglio led her club team to the Canadian national championships two years ago.

BLAKE'S TAKE

FOOTBALL PREVIEW



BLAKE TOLENTINO
WEB SPECIALIST

Clear! BZZZT! That's the sound of UH football head coach Norm Chow trying to prevent a fading Warrior program from flatlining.

The Warrior football team is in anything but stable condition. On their third defensive coordinator in as many years and still without a named offensive coordinator, the Warriors are trying to resuscitate a once-proud program after two awful seasons in both attendance and performance.

After nearly matching former Warrior head coach Fred Von Appen's winless 1998 season with a single win in last season's final game, Chow will need to show significant improvement to win back a diminishing fan base and his employer's confidence. Luckily for UH football fans, things appear to be trending upwards for the 2014 season.

OFFENSE

The last offensive unit to take the field for the Warriors sickened fans to no end. Stretches of abysmal play preceded bursts of brilliance long enough to give fans hope, but never long enough to prevail. At times, the Warriors gave glimpses into Norm Chow's offensive vision, rolling up yards via a balanced ground and air attack

helmed by then-senior quarterback Sean Schroeder. However, fans were usually given a confusing spectacle of inconsistency marred by sloppy execution, questionable coaching and a lack of necessary talent. Many felt change was necessary to progress.

Chow himself apparently agrees. After spending two years struggling to implement his more traditional offense, Chow is adapting to his available talent and the evolution of the college football game by introducing a spread-based scheme, designed to take advantage of the roster's more mobile QBs and take some responsibility away from an offensive line that gave up 43 sacks last year.

Last year, Chow's offense revolved around ball control and maintaining a lead; it wasn't designed for the comebacks that the Warriors frequently needed. The flexibility and simplicity of the spread could help UH get over the hump offensively after suffering through more than a few close losses. While current frontrunners for the starting quarterback slot Ikaika Woolsey and Jeremy Higgins lack the experience and accuracy that Schroeder displayed last season (when he wasn't running for his life from the pressure), they'll be given more chances to succeed within the simpler scheme.

With a wealth of returning talent for both tailback and wide receiver, the Warrior offense should have a

more consistent attack. Whether it will translate to more wins remains to be seen, but it's certainly a good place to start.

DEFENSE

Last year's defense was one of the worst in the nation despite some talented prospects. While the defense didn't get any favors from the offense, they still performed far below expectations under the guidance of previous defensive coordinator Thom Kaumeyer.

Though Chow has struck-out trying to hire a competent defensive coordinator, new hire Kevin Clune might just prove that the third time is the charm. While Kaumeyer brought with him an NFL back-

ground, Clune brings far more useful experience. As the man behind Utah State's stellar linebacking corps, Clune also helped shape one of the nation's best defenses through his scouting and game planning. Perhaps most importantly, Clune did it in the Mountain West against the very same opponents Hawai'i will face throughout the season.

While all signs point to the Warrior defense improving over last season's squad, the transition may not be smooth. A defensive rebirth will have to wait at least until the Warriors master the new schemes. Kaumeyer aligned the defense in 4-3 look, but Clune will bring his 3-4 scheme to UH. Considering the

changes in philosophy, a sloppy start should be expected. Clune ran a disciplined squad in Utah State, but it might not show right away in Hawai'i.

PREDICTIONS

Don't expect any miracles; UH is still trying to improve its talent level, and Chow is still learning on the job as a head coach. However, UH should field a team improved over both of Chow's previous efforts. The Warriors will go 4-9. This isn't the payoff year (and Chow may never have one), but Hawai'i football is heading in the right direction following last year's debacle.

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PACIFIC ADVENTURES

PHOTO ESSAY BY SHANE GRACE
ASSOCIATE PHOTO EDITOR

This summer I spent about six and a half weeks traveling: three weeks in Tahiti and three and a half in New Zealand. In Tahiti we were lucky enough to stay with a family who showed us hospitality and were the kindest people I have ever met. For the duration of our stay in Tahiti, we got the full package: all sizes of waves and a full range of weather conditions.

New Zealand was a different story. We were living in a camper van we rented for 24 days on our own. Being in the Southern Hemisphere, we were there during the dead of winter and we got hailed on, rained on and snowed on - a lot. It was a wild ride. Here is a brief overview of my summer spent traveling.

◀ The sun breaks through the clouds in between sets at Teahupoo, Tahiti.

▼ This is where you go to cool down and shower on a hot day: a beautiful, cold waterfall just steps from the house. (pictured: Omid Moraveji)



Brandon hiking in Fiordland National Park, New Zealand. ▶



New Zealand has exceptional waves. ▶





PHOTO ESSAY BY GAVIN SHIGE
STAFF PHOTOGRAPHER

North Shore in the summer is flat compared to winter when the surf is up. There were no waves to be seen, so my friends and I grabbed our masks and headed down to Sharks Cove to dive. The crystal-clear water and a turtle sighting made it another great day in paradise.



LAVENDER FIELDS

PHOTO ESSAY BY TIEN AUSTIN
INTERIM PHOTO EDITOR

On my trip to Maui, my boyfriend and I decided to take a trip up to Kula to the lavender fields of Ali'i Kula Lavender. The vibrant scenery was beautiful.



◀ We spotted an adorable gazebo on the top of the hill. The lavender fields in Kula are absolutely fantastic, and I would recommend everyone visit them at some point in their lives.



◀ The fields smelled and looked amazing with all of the lavender in full bloom.



[TOP] Inspired by parasailers, my boyfriend decided to try his hand at flying. ▶

[BOTTOM] Walking through the fields we realized that there were many different types of lavender, though I don't remember the names.

We were given a welcoming gift of a fragrant piece of lavender. ▶

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SURFBOARD SHAPING BY DREW SPARROW

PHOTO ESSAY BY GAVIN SHIGE
STAFF PHOTOGRAPHER

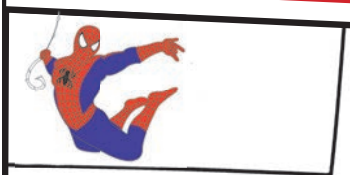
Drew Sparrow, a shaper on the North Shore, creates wave-riding vehicles by using a machine to cut out the blank and finishes the board by hand-shaping it with his tools. Here, Drew shapes and sands the boards to the specific measurements of their riders. In these pictures, he creates boards for long-time client and friend Trevor Carlson. Carlson can be seen riding these boards on giant waves around the world.



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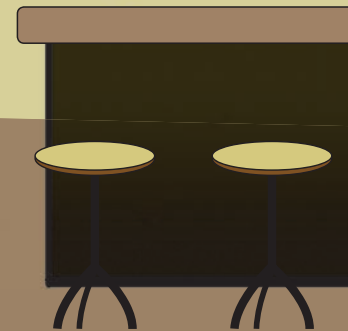
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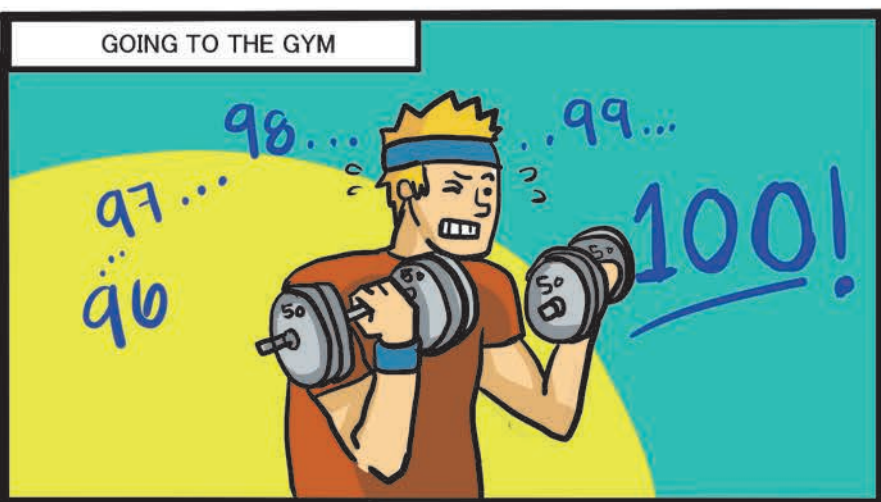
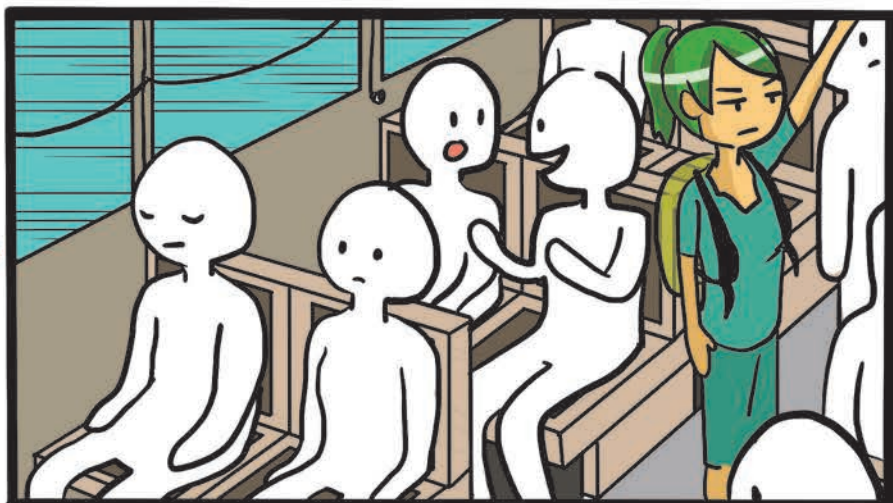
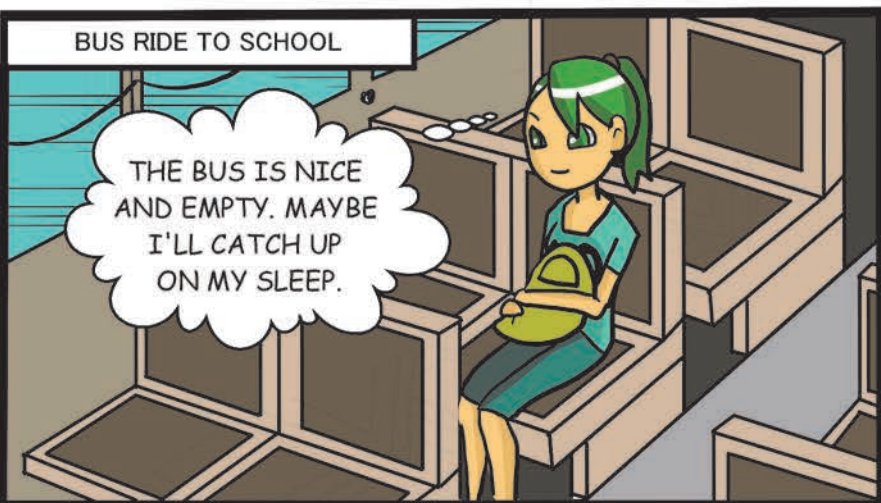
Applies to co-pays.
No cash value.

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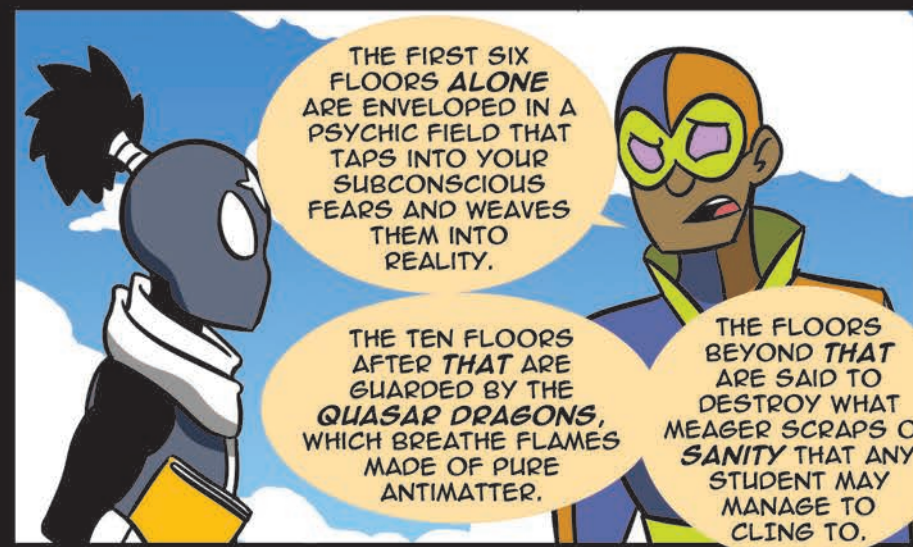
REALITY CHECK

MARIAN CHANG

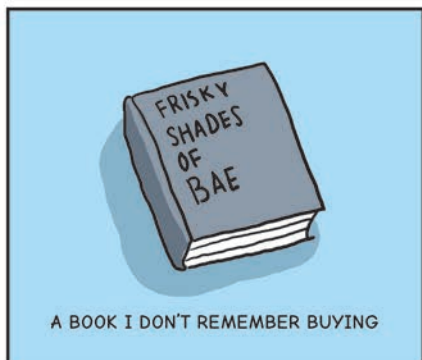


NINJA-MAN

NICHOLAS SMITH

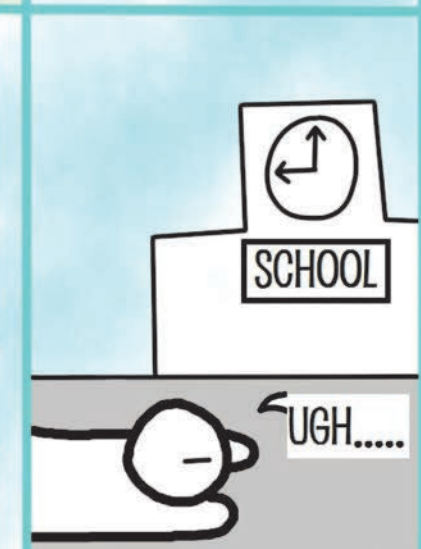
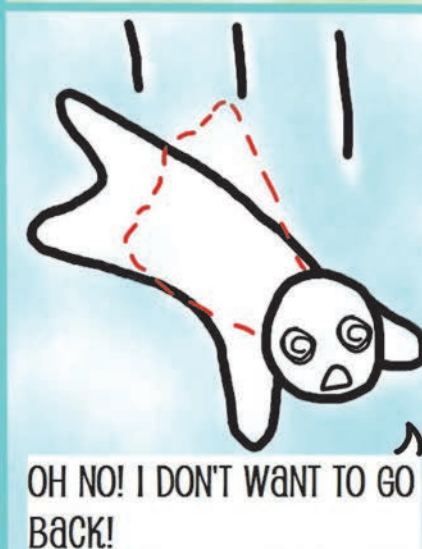


Facio Bona



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Lauren Mau



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UH Appreciation Days

August 22nd - September 1st
15% Off All Your Purchases
Show Valid ID, Excludes Alcohol

Healthy Cooking Expo

September 13th
11-3 in the Kokua Courtyard
Come learn easy, economical and healthy ways to fuel your brain
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2643 South King Open Daily 8-9

kokua market
HAWAII'S ONLY NATURAL FOODS COOP

Los Angeles Times Daily Crossword Puzzle
 Edited by Rich Norris and Joyce Lewis

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15						16		
17			18							19		
20						21		22		23		
24						25				26		
			27		28	29						30
31	32	33		34						35		
36			37		38			39	40		41	
42				43				44		45		46
47				48	49					50		
	51								52	53	54	55
56				57					58			
59			60		61		62	63				
64					65						66	
67					68						69	

- ACROSS**
- 1 "Around the World in 80 Days" navigator Phileas
 - 5 Lou of soul music
 - 10 Immediately, in memos
 - 14 Folk singer Guthrie
 - 15 "Such a tease!"
 - 16 Lecture location
 - 17 Schoolroom cutup
 - 19 Concerning
 - 20 Often sculpted anatomy parts
 - 21 Campus email suffix
 - 23 Logician's abbr.
 - 24 First African-American major-league coach Buck
 - 25 Condé Nast fashion monthly
 - 27 Pachyderm in stereotypical hallucinations
 - 31 Yale student
 - 34 Membership fees
 - 35 Ravi Shankar's instrument
 - 36 French peak
 - 38 Volga region native
 - 41 Two times tetra-
 - 42 Nickname for Wrigley Field hero Ernie Banks
 - 44 Condo division
 - 46 The Beatles' "___ Jude"
 - 47 PDF file creation program
 - 51 System for blind readers
 - 52 Peeled
 - 56 Leb. neighbor
 - 57 Actress Peeples
 - 58 "Marry me!"
 - 59 Dunked cookie
 - 61 Performances in a big tent, where you'd see the ends of 17-, 27- and 47-Across
 - 64 One often lost in the laundry
 - 65 "That's it for me"
 - 66 Vichyssoise veggie
- DOWN**
- 1 Ex post __: retroactively
 - 2 Lightweight synthetic
 - 3 Blinding light
 - 4 Talk around the water cooler
 - 5 Giant birds of myth
 - 6 Minor league rink org.
 - 7 St. in which most of Yellowstone is located
 - 8 Poet Amy
 - 9 Cherry-topped treat
 - 10 "Now I get it!"
 - 11 Bigfoot's other name
 - 12 Take turns
 - 13 Walk heavily
 - 18 State of matter
 - 22 Calls the game
 - 25 Fist pump or high-five, e.g.
 - 26 Cleveland's state
 - 28 Cashew or pecan
 - 29 Mauna ___
 - 30 Waiter's carrier
 - 31 Actress Stone of "The Help"
 - 32 "She Walks in Beauty" poet
 - 33 Wrong
 - 37 Brass band bass
 - 39 2014, por ejemplo
 - 40 "Spare" cut of meat
 - 43 '60s hippie gathering
 - 45 VCR inserts
 - 48 "The Good Wife" attorney Florrick
 - 49 Says assuredly
 - 50 Mexican food in a corn-husk wrap
 - 53 Potato press
 - 54 "Come on in!"
 - 55 Many talk show hosts sit at them
 - 56 Slugger Sammy
 - 58 Cigar remains
 - 60 Brief approvals
 - 62 Cowboy Rogers
 - 63 Signal to an actor

ANSWERS AT KALEO.ORG



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\$8 Menu

We'll Deliver To Dorms

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 10am - 2 am



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su | do | ku

© Puzzles by Pappocom

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 thru 9.

Puzzles will become progressively more difficult through the week.

Solutions, tips and computer program at www.sudoku.com

Go to www.kaleo.org for this puzzle's solution.

		6						2
8			3		5	4	7	
			9	6			1	
			2			6	9	
3								1
	9	7			8			
	8			3	2			
	4	2	6		7			8
5							2	

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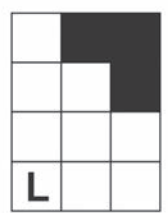
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Offer Valid M-TH 3pm-10pm
 Expires: 9/25/14

WARD
808.591.8891

[bigcitydinerhawaii.com](http://www.bigcitydinerhawaii.com)

Pathem™ the path word puzzle topic: Horror Movies



"Let The Right One In"

Difficulty ★★☆☆☆ (220pts)

HOW TO PLAY:
 Spell the phrase in the grid above it, writing each unique letter only once. The correct solution will spell the complete phrase along a single continuous spelling path that moves horizontally, vertically and diagonally. Fill the grid from square to square - revisiting letters as needed to complete the spelling path in order. Each letter will appear only once in the grid.

visit www.Pathem.com

Valid for DINE-IN ONLY. Not Valid on ANY Holiday. Not combinable with any other coupon, offer, or discount with \$50 Pre-Printed C-Cards

WHICH SUPERHERO MATCHES YOUR STUDENT STYLE?

SAMMI BAUMGARTNER
SPECIAL ISSUES EDITOR



1 It's the weekend, what do you have planned?

- A Finishing off some homework and heading to the beach.
- B Grabbing brunch with some friends and letting the rest of the day unfold.
- C Sleeping in until 1 p.m., watching some TV and heading to the club until the sun comes up.
- D Cruisin', brah.

2 You prefer to take notes on:

- A Your laptop – this is the 21st century.
- B Your iPhone because it's small and super easy to tote around.
- C Nothing, because you rely on memory alone.
- D Paper in a lined notebook.

3 On the first day of school, you wear:

- A The new outfit you purchased specifically for this day – new shoes, with matching accessories and jeans that are going to get everyone's attention.
- B Shorts and a tank top because you heard it's going to be a hot day.
- C Whatever you slept in the night before.
- D Sweats and a t-shirt.

4 What is your go-to drink in the morning?

- A Coffee.
- B Green tea to awaken the mind, body and soul.
- C No time to drink, but a bottle of Jack for tooth-paste will do.
- D Just water.

5 You have a test listed on your syllabus that takes place two weeks from today. You:

- A Study every day until the big day. You will get an A.
- B Laugh it off until test day.
- C Didn't even get the syllabus because you missed the first week.
- D Hope for the best.

6 How many hours a week do you study?

- A 5+
- B 3-4
- C None. Who has time to study when there's a party every night?
- D 1-2

7 What is your preferred social media platform?

- A Instagram
- B Twitter
- C Facebook
- D Snapchat

8 What's your favorite color?

- A White
- B Red
- C Orange
- D Green



IF MOSTLY As:

CAPTAIN AMERICA

Like Captain America, you're a model figure and inspiration to others. You consistently manage good grades and willingly help those around you so they can excel too. Remember to take a breather every once and in a while – even Captain America needs a vacation from saving the world.



IF MOSTLY Bs:

BATMAN

Batman doesn't have supernatural abilities, instead he uses high-tech tools to fight the bad guys. Similarly, you use only the tools within your reach and nothing more. While you can easily succeed if you put your mind to it, you prefer to occupy your time with things that interest you – school isn't always that something.



IF MOSTLY Cs:

DEADPOOL

While Deadpool is somewhat of an anti-hero, he still pulls himself out of the dark side. You sometimes get lost in the hustle and bustle of nightlife, but if you work hard enough, you can succeed in school. Use the focus you put into partying on your school work too and you'll have a successful year.



IF MOSTLY Ds:

THE FLASH

The Flash is known for moving at high speeds and can be anywhere at any time. You prefer to do things in school quickly so you can get it over with and do other things. Remember, sometimes finishing things early doesn't always produce the best work. Take your time – quality over quantity.

Careers begin here... Mānoa Career Center Opportunities:

EMPLOYMENT

ON-CAMPUS PART-TIME

TEACHER'S AIDE

UH Children's Center
\$8.70/hour
Close Date: 08/29/14 or when filled

Under direct supervision of lead teacher, attends to the physical needs of the children, assists with various activities and upkeep of classroom. Must meet DHS requirements, including criminal history background check and be at least 18 years old.

Job Number: **3445**

MW – GENERAL CLERICAL ASSISTANT

Mānoa Career Center
\$8.70/hour
Close Date: when filled

Perform general clerical duties for the center, including computer work, running errands, and working on special projects and events. Will also staff and manage the building's information kiosk.

UH Mānoa Federal Work Study Students only.

Job Number: **131709**

ADVERTISING/MARKETING REPRESENTATIVE

Board of Publications
\$9.55/hour
Close Date: 9/30/14 or when filled

Work with local, national, and regional clients to develop advertising and marketing campaigns that market to UH Mānoa. Job involves a series of duties including meeting with clients, developing campaigns, approving advertising materials and working with a team to achieve a sales goal.

Job Number: **107842**

OFF-CAMPUS PART-TIME

TEACHING AIDE (CHESS PROGRAM)

Punahou School — \$10.00/hour
Close Date: 9/1/14 or when filled

Working under the direction of the Chess Instructor, duties include the following: Models safe, respectful and responsible behavior at all times; Interacts with students, parents, faculty and peers in a positive manner; Ensures the safe supervision of all students; Assists with classroom tournaments and projects, etc. Must be reliable and dependable, and be available Monday - Friday, 2:15 - 5:30 p.m. Chess experience NOT required.

Job Number: **134302**

STUDENT LIBRARY ASSISTANT

Legislative Reference Bureau
\$8.25/hour
Close Date: 9/30/14 or when filled

Must be a full-time college student. Shelving books, periodicals, and other library material. Xeroxing, typing, mailing, and answering phones. Clipping and filing newspaper articles. Filing legislative documents during the legislative session.

Job Number: **5978**

STUDENT PRODUCTION TECHNICIAN

PBS Hawai'i — \$8.25/hour
Close Date: 9/19/14 or when filled

Seeking responsible student to assist our Creative Services Department. On-the-job training includes learning to operate video cameras, video switcher, audio equipment, character generator, still store, and teleprompter during in-studio productions; also, train to assist with lighting and floor directing. Occasional field work required, which includes carrying equipment and driving company vehicles. College students interested in pursuing a career in production preferred. No experience necessary. Clean drivers abstract a plus.

Job Number: **109902**

OFF-CAMPUS FULL-TIME

PROJECT ENGINEER

Hawthorne CAT — Salary: TBD
Close Date: 9/30/14 or when filled

This position exists to manage projects in support of the sales and delivery process of new engines. Prepare and maintain cost proposals, submittals, and schedules for EPG, Industrial, and Marine markets. Perform engineering analysis and design of custom packaged reciprocating engine systems using Caterpillar, Olympian, and other manufacturer's application and installation guidelines. Bachelor's degree in Engineering or 5 years of experience in power generator or construction preferred.

Job Number: **134308**

MANAGEMENT / SALES TRAINING PROGRAM

Sherwin-Williams — Salary: TBD
Close Date: 12/30/14 or when filled

We seek highly motivated individuals with an interest in a management, marketing, and sales career. Our formal Management Training Program (MTP) prepares successful graduates for store management at locations throughout the nation. The MTP combines classroom instruction with on-the-job training in sales, marketing, financial management, store operations, and human resources management. Our company's turnover rate is less than 6%, where most companies turnover rate is between 40%-60%!

Job Number: **120963**

JUNIOR AUDITOR

CU Pacific Audit Solutions LLC
Salary: TBD
Close Date: 10/15/14 or when filled

Bachelor's degree in accounting or related field required. Audit Firm specializing in financial institutions seeking a full time Junior Auditor for financial a and compliance audits. Our company provides an excellent opportunity to network with professionals in the banking and finance industry. We have an intense on the job training program that will continually challenge you and provide you with the skills necessary for career advancement.

Job Number: **104384**

INTERNSHIPS & COOPERATIVE EDUCATION (CO-op)

STRUCTURAL DESIGN INTERN

Baldrige & Associates Structural Engineering, Inc.
\$15.00/hour
Close Date: 10/3/14 or when filled

Candidates must meet the following qualifications; Junior or Senior standing in Civil/Structural Engineering, Must have taken classes in structural analysis, concrete design, and steel design, Knowledge of structural design and analysis software is a plus, etc. As an Structural Design Intern, candidates will aid the the design of building based structural systems for the greater Hawaiian islands.

Job Number: **133282**

IMPLEMENTATION CONSULTANT INTERN

Fast Enterprises, LLC
\$18.00/hour
Close Date: 11/1/14 or when filled

At our company, we specialize in providing premier products and services to government agencies. As an implementation intern on our team, you will be involved with all phases of the implementation of our GenTax software solution. We have sites across North America and abroad and interns should be flexible with respect to work locations. Eligible interns should be pursuing a degree in: Computer Science, Computer/Management Information Systems, or Mathematics.

Job Number: **125103**



MĀNOA
career center

SEPTEMBER CAREER WORKSHOPS:

Resume & Cover Letter: **Sept. 10**
Market Yourself on Paper 2:30pm, QLC 212

14 Things You Should Know About the Interview **Sept. 24**
1:30pm, QLC 212

Applying to Graduate/ Professional School **Sept. 26**
1:00pm, QLC 208

For more info & to sign up:
manoa.hawaii.edu/careercenter/students/workshops

Careers begin here!

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To apply for these jobs, go to:
hawaii.edu/sece