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Grand Valley State University

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# GRAND VALLEY FORUM

Monday, April 23, 1984 Vol. 8 No. 32 33

Grand Valley State College

## HONORARY DEGREES TO BE AWARDED AT COMMENCEMENT

Grand Valley State will award honorary degrees to historian Jack H. Hexter and judicial leader Mary Stallings Coleman at commencement exercises to be held on Saturday, May 5 at the Field House. The ceremony begins at 11 a.m.

Hexter, who will give the commencement address, will be awarded an honorary doctor of letters degree. He is an authority on 16th and 17th century English history and is known as an historian's historian. He is a three-time recipient of the Guggenheim Fellowship and was also twice awarded a Fulbright Fellowship, a Ford Foundation Fellowship, and a fellowship from the Center for Advanced Studies of Behavioral Sciences.

Hexter did his undergraduate work at the University of Cincinnati and earned his Ph.D. in history from Harvard University in 1937. He was a history instructor at the University of Cincinnati and at Massachusetts University of Technology and later was associate professor of history at Queens College, New York. He chaired the History Department at Washington University and also taught at Yale University.

He is a member of the American History Association, the Economic History Association, the Conference of British Studies, and the New England Historical Association.

Hexter has written numerous works on the nature of political discourse, the development of liberty and law, and Christian humanism.

Mary Stallings Coleman, who will be awarded an honorary doctor of laws degree, is a Texas native who earned her bachelor's degree in teacher certification from the University of Maryland and a doctorate from George Washington University.

She practiced law in the District of Columbia and in Battle Creek, Michigan. In 1973, she became the first woman to take office as a member of the Michigan Supreme Courts. In 1979 she was elected Chief Justice of that body, was re-elected to that post in 1981.

Coleman has served in many community organizations, such

as civic theatre, Camp Fire Girls, and the American Association of University Women. Since her retirement from the Supreme Court, she has served as director for several major corporations.

GVSC's fall 1983 and winter and spring/summer 1984 graduates are eligible to participate in commencement exercises.

## MAGB RECOGNIZES FACULTY AND STUDENTS

Two GVSC faculty members and two students were honored at the third annual awards convocation of the Michigan Association of Governing Boards of Colleges and Universities (MAGB) held on April 11 at the Kellogg Center, Michigan State University.

Julianne M. VandenWyngaard, associate professor of music, and Donald J. Klein, professor of accounting, received special certificates at the convocation, along with students Mary E. Teslow and Kathy Rowlen.

Professor VandenWyngaard joined the GVSC faculty in 1965 and has taught general music, music theory, and various piano music courses. She consistently receives student evaluations praising her work and is also an accomplished piano soloist, accompanist, and member of a chamber music group.

Donald J. Klein, who came to Grand Valley in 1973, is chairman of the Accounting Department in the Seidman School of Business. He has built a strong program whose graduates consistently earn high scores on the CPA exam. Klein currently chairs the Seidman School Faculty Senate and serves on several college committees.

Mary E. Teslow, a Presidential Scholar, is a junior from Holland, majoring in Russian Studies. This summer she plans to take an intensive fourth-year Russian language course at Indiana University. She hopes to earn a Ph.D. in Slavic Languages and Literature and pursue a career in academic or government service.

Teslow is actively involved in many campus organizations, including the Presidential Scholars Association, the Financial Aid Review Committee, and the Ottawa County Student Leadership Forum.

Kathy Rowlen, a senior from Grand Junction, is a chemistry major. She

has received numerous academic awards, including a National Merit Scholarship and the Department of Chemistry Award. She has also been active in college athletics and was named Academic All-American for her varsity competition in track.

Rowlen hopes to pursue a Ph.D. in chemistry and develop new methods of disposal and recycling for chemical wastes.

MAGB is an organization of college and university trustees which annually honors two outstanding students and faculty members nominated by each of Michigan's four-year public institutions.

## WELLNESS PROGRAMS

Editor's note: the following is another in a series of articles from the Personnel Office on methods of health care cost containment.

Wellness programs are long-term approaches that promote health and fitness, and organizations across the country are implementing such programs. The type of health promotion program an employer desires and needs depends entirely upon the nature of the organization because no one program works for everyone.

Grand Valley felt a wellness program emphasizing fitness would be ideal, since the college has excellent facilities for "getting in shape." Therefore the Staff Health And Physical Exercise program (SHAPE) was implemented in 1983. The program meets three days a week and includes not only an exercise component, but also an educational component involving information on diet, nutrition, weight control, cardiovascular diseases, and stretching.

The SHAPE program is personally tailored for each individual.

(Continued on page 2)

## GRAND VALLEY FORUM

The Grand Valley Forum is published every Monday by the Public Relations Office. Copy deadline is the Tuesday noon prior to publication. All materials should be sent to Sharon Coeling, editor, Public Relations Office, 26 Zumberge Library, GVSC, Allendale MI, 49401. Telephone: 895-3221.

David Bernstein, professor of psychology, and Theodore Sundstrom, associate professor of mathematics and computer science, will present a work session at the National Council of Teachers of Mathematics meeting in San Francisco on April 26. Their session, "Teaching Cognitive Skills in an Elementary Algebra Course," is based on a course which they taught together last year.

James Clover, associate professor of art, has a polychrome and wood piece titled "Crying Palm Trees" on display at the 57th annual West Michigan Regional Juried Competition at the Muskegon Art Museum. The show runs through April 28.

Ronald Hauxwell, assistant professor of occupational safety and health, gave a seminar on "Safety

Aspects of Responding to Hazardous Materials Spills" at Lake Michigan College in Benton Harbor on April 7. Topics covered included the toxic effects of chemicals, selection and use of personal protective equipment, and controlling spilled materials. One hundred twenty-five Michigan and Indiana firefighters and emergency medical technicians attended the seminar.

Donald J. Klein, professor of accounting, presented a two-day seminar to a group of business executives on "Flexible Budgeting" in West Palm Beach, Florida, in March.

Klein attended a townhouse meeting of accounting administrators from ten Midwest states and an in-house

program sponsored by Deloitte Haskins and Sells on "Statistical Techniques for Analytical Review" in Chicago on April 3 and 4.

Suzanne Main Trenkle, visiting assistant professor in the School of Social Work, has been appointed a delegate from the Council on Social Work Education to the eighty-seventh annual meeting of the American Academy of Political and Social Science to be held on April 27 and 28 in Philadelphia. The topic of the conference will be "China in Transition."

## ACROSS CAMPUS

### Flight Coverage for Employees Increases

In the March 12 edition of *Forum* the Purchasing Department announced that faculty and staff traveling by air on college business would be covered by \$100,000 of free flight insurance. Recently, Grand Valley joined the American Express Corporate Business Travel Account, which means an additional \$100,000 free flight insurance for all college travelers, effective May 1. Anyone who has questions about this should call the Purchasing Office, ext. 3382.

### Fall Advance Registrations Up

The Registrar's Office reports that advance mail registration for the fall 1984 semester was successful in encouraging a larger number of returning students to make early course selections. A total of 3,008 students have registered for fall, representing a 34 percent increase over last year at this time.

Other figures show that 48 percent of the students enrolled for winter 1984 have registered in advance for fall 1984, compared to the 38 percent of winter 1983 registrants who registered in advance for fall 1983. Twenty-two percent of the graduate student population who are enrolled this semester have gone through advance registration for fall, in contrast to the 1983 figures, which show that only one percent of graduate students chose to register early.

The next round of mail registration will run from May 1 through August 24. Registrations will be processed on a first-come, first-served basis. Students may also choose to attend any of the open in-person registration sessions throughout the summer.

## COMING EVENTS

### Spring Football Game

Grand Valley's football team will hold its annual spring football game at 12 noon on Saturday, April 28. Football coach Bob Giesey invites all faculty and staff to attend the game, which will be held in Lubbers Stadium. Tickets are \$2.00 each and half the proceeds from ticket sales will go to the crippled children's fund of the South Kent Amvets in Kentwood.

### GVSC to Host Special Olympics

GVSC's Field House will be the site for the Area 12 division competition of the Michigan Special Olympics from 10 a.m. to 5 p.m. on Saturday, April 28.

Special athletes from the entire west Michigan area will participate in gymnastics, softball, indoor running and throwing events.

## WELLNESS PROGRAMS

(Continued from page 1)

Screening and assessment are integral parts of the program. The pre-exercise test exposes potential cardiovascular health risk factors and establishes base-line data on individual health and fitness levels, body composition, and other health and fitness components. After the initial test, each participant and the SHAPE coordinators determine the activities for that individual. Swimming, walking/jogging, bicycling, and aerobic dancing, and others are available alternatives. Exercise leadership is provided during the scheduled exercise periods. Post-program assessment provides a mechanism to continue a maintenance program.

As with all health and fitness programs, SHAPE is intended to improve the work environment as well as increase personal well-being.

Past participants were given a questionnaire that would assess the value of the program from a personal and social perspective. The participants listed the following benefits: increased stamina, weight reduction, a feeling of better health, reduced stress and tension, social value of group exercise, a professional value of enhancing work relationships, and creating a more positive reaction to work.

Medical costs continue to rise. Recently released federal figures show an annual inflation rate of 4.8 percent, while hospital room charges are rising by 8.4 percent and doctor's fees by 14.4 percent. Preventive health care programs, like wellness programs, not only promote the workers' welfare, but help contain rising health care costs.

# GRAND VALLEY FORUM

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## CALENDAR OF EVENTS

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page 3

### Monday, April 23

- 12 noon: GVSC Faculty-Staff Golf League organizational meeting.  
B-132 Field House.
- 3 p.m.: Honors Convocation. Kirkhof Center.
- 3 p.m.: Softball. Northwood Institute at GVSC.

### Tuesday, April 24

- 1 p.m.: Baseball. GVSC at Central Michigan University.  
Classes end.

### Wednesday, April 25

- Concluding period.
- 1 p.m.: Softball. GVSC at Lake Superior State College.
- 2 p.m.: Baseball. Kellogg Community College at GVSC.

### Friday, April 27

- Softball. GLIAC Tourney at Northwood Institute, Midland.
- 1 p.m.: Baseball. Ferris State College at GVSC.

### Saturday, April 28

- 10 a.m.-5 p.m.: Special Olympics. Field House.
- 11 a.m.: Men's track. GVSC at Hillsdale Relays.
- 12 noon: Blue-White spring football game. Lubbers Stadium.
- Softball. GLIAC Tourney at Northwood Institute, Midland.

### Sunday, April 29

- 10:30 a.m.: Dialogue worship. Kistler Pit. (Coffee at 10 a.m.)
- 6:30 p.m.: Catholic mass. 102 Manitou.