

12-7-2000

Lanthorn, vol. 35, no. 16, December 7, 2000

Grand Valley State University

Follow this and additional works at: http://scholarworks.gvsu.edu/lanthorn_vol35

 Part of the [Archival Science Commons](#), [Education Commons](#), and the [History Commons](#)

Recommended Citation

Grand Valley State University, "Lanthorn, vol. 35, no. 16, December 7, 2000" (2000). *Volume 35*. 16.
http://scholarworks.gvsu.edu/lanthorn_vol35/16

This Issue is brought to you for free and open access by the Lanthorn, 1968-2001 at ScholarWorks@GVSU. It has been accepted for inclusion in Volume 35 by an authorized administrator of ScholarWorks@GVSU. For more information, please contact scholarworks@gvsu.edu.

gvdirectory

News Desk 895-2884
Laker Life 895-2487
Advertising 895-2484
FAX 895-2485

advertising@lanthorn.com
100 Commons
Allendale, MI, 49401-9403



GRAND VALLEY Lanthorn

Thursday
December 7, 2000

Sunday: 2:00 p.m. "Durang? Durang!" Senior theatre students production. LAT, PAC.

Beat the Flu pg. 3



Kohon Calls B-ball pg. 13



Thursday's Weather

22
23



Thursday: Snow showers
Weekend: Scattered snow showers with highs in the mid 30s.

Table with 3 columns: Friday, Saturday, Sunday. Includes weather icons and temperature ranges (36-24, 36-24, 37-26).

gvdigest

Nation
Compiled from press reports

Delta to cancel at least 100 flights per day

Delta Airlines will cancel an average of 100-125 flights of its 2,700 daily scheduled flights in a move to reassure customers that the Atlanta-based airline is reliable, despite a slowdown staged by Delta pilots.

The cancellations should begin within a few days, said Delta Chairman and CEO Leo F. Mullins.

Delta will also seek a temporary restraining order against the Air Line Pilots Association in an effort to stop the 9,500 Delta pilots it represents from engaging in any concerted effort to influence contract negotiations.

AltaVista to eliminate free Internet access to millions

Online search portal AltaVista on Sunday will cut off some 3 million users from its free Internet access service, the latest sign that freebies over the Web do not always pay.

The announcement comes after a host of smaller free Internet service providers shut down earlier this year. On Monday, Kmart-owned BlueLight.com also said it is considering dropping its free service after the holidays.

Campus

Winter commencement welcomes Kentwood mayor

Grand Valley State University's winter commencement is scheduled for Saturday, Dec. 9. Over 500 GVSU students, including 100 master's degree candidates, will receive their degrees during the commencement.

The ceremony is being held in the Fieldhouse beginning at 10:30 a.m. Faculty and staff members who are attending need to meet at 9:45 a.m. in the dance studio, located in room B-160 of the Performing Arts Center, to line up for the procession.

Bill Hardiman, Kentwood Mayor, will be the keynote speaker. Hardiman received his bachelor's degree in behavioral science from GVSU in 1977.

Former Arts and Humanities Dean passes

Former Dean of Arts & Humanities, Forrest H. Armstrong, passed away Tuesday morning. Armstrong served as Dean of Arts & Humanities until 1997. He received his undergraduate degree from Yale University. Armstrong completed his master's degree studies and received his Ph.D. from the University of Michigan.

He was a member of Grand Valley State University's faculty for 14 years. A memorial service will be held in his honor at GVSU's Allendale campus in January. The date of the service will be announced at a later time.

Campus Flu Clinic offers vaccinations to campus

Grand Valley State University students, faculty, and staff have a chance to get their flu shots right on campus on Friday, Dec. 8. There will be a Flu Clinic in 202 Henry Hall on Friday from 9 a.m. until 1 p.m.

Students wishing to attend the clinic and get their flu shot need to bring \$10 and their student I.D. to the clinic. The cost of the flu shots is free for all GVSU faculty and staff members.

Laker exams: almost too late to procrastinate

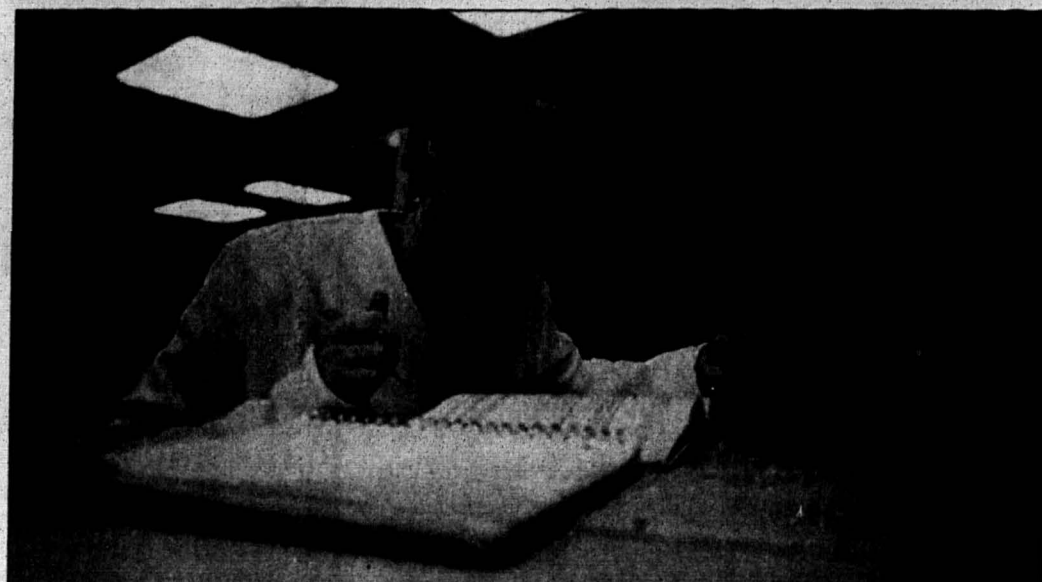
LINDSEY HUGELIER
Grand Valley Lanthorn

It's that time of year again. Time when your eyes hurt from reading, your fingers ache from typing, and your head throbs from concentrating. Now is the time for all-night study groups, lots of coffee and Mountain Dew, and pleas for a chance at extra credit.

Dec. 11 marks the beginning of the most dreaded week in a college student's semester-final exams. There is light at the end of the tunnel. The end of this week brings the beginning of Christmas vacation and a chance to relax.

Barbara Palombi, Ph.D., works at the Counseling and Career Development Center at Grand Valley State University. She said one of the main reasons that students have trouble preparing for a final is because of procrastination.

Palombi has written a paper entitled, "Getting Ready



Grand Valley psychology major Jill Johnson avoids procrastination by studying early last Friday for her upcoming Psychology 420 final exam in GVSU's Zumberge Library.

Finals-Stop Procrastinating." In this paper, she identifies reasons why students procrastinate and ways that students can overcome this bad habit. One reason for procrastination is poor time

management. Students may be uncertain about their priorities, goals, and objectives, so they become overwhelmed with the tasks at hand and keep putting them off. They spend more time worrying about upcoming tests and projects and spend less time completing them. Palombi also lists difficulty concentrating as a factor for procrastination. Students daydream, look at pictures, stare into space, grab utensils and do other things that prevent them from focusing.

She names fear, anxiety, unrealistic expectations, fear of failure, and negative beliefs as other problems that may lead to procrastination.

The good news is that procrastination can be overcome. According to Palombi, students should identify their goals, strengths, weaknesses, values, and priorities. They must discipline themselves to use time wisely.

It is important to study in small blocks of time instead of long time periods. For example, Palombi said you will accomplish more if you study in 60 minute blocks and take frequent 10 minute breaks in between, than if you study two to three hours straight without any breaks. She advises students to reward themselves when they complete a task.

Other ways to increase chances of success during finals are to motivate yourself

PLEASE SEE FINALS, 10

Get more bang for your book



Brian's Books is one location where Grand Valley students can go to sell back their used textbooks. The store buys back books at up to 55 percent of the book's original price.

ANN PEARSON
Grand Valley Lanthorn

It is the season for final exams, new schedules for next semester, and the swapping of textbooks. Yet, where is the best rate for sold back books? The best options seem to be between the University Bookstore, Brian's Books, and the Internet. Each has its own benefits and drawbacks.

The UBS, located both in the Kirkhof Center in Allendale and at the DeVos Center in Grand Rapids, will pay up to 50 percent of the book's original worth on buy-back. Brian's Books, who also sells books for Downtown GR classes at their Fulton store, offers up to 55 percent back, but has a smaller list of books they sell. Various Internet sites, such as ecampus.com and efollett.com, offer differing amounts, sometimes up to 50 percent as well. All of these figures depend on the class size, and therefore the demand, of the book.

Books must be in decent condition to be bought, including no water damage, broken bindings, or missing pages. Workbooks cannot be sold back, and if a book came with a CD, it too must accompany the book and be undamaged. Excessive highlighting is

also not a plus, but Brian Page, owner of Brian's Books, commented, as long as the pages are "not all painted yellow" they are usually acceptable. Both bookstores recommended coming in as early as possible to sell back your books, because once UBS acquires enough books for a class and Brian's Books obtains enough to cover 40 percent of enrollment, the price of the book buyback lowers as demand diminishes.

On-line bookstores will not even buy books once their inventory is full enough. Demand for books of most classes will usually be the same as last semester since professors normally use the same book for a class for an entire academic year. Class sizes, on the other hand, can vary from semester to semester.

For instance, as Page explained, nearly 2000 students were enrolled in MTH 110 for the fall semester. Only 800 are signed up to take the class this winter, meaning 1200 will have difficulties receiving even 50 percent back for their books.

So, where can books be sold after that point? A textbook wholesaler will be on campus as well. Once UBS has a sufficient quantity of books for a class, the wholesaler will buy books for

anywhere from 5 to 30 percent of their original value. They, in turn, sell the books to other bookstores that still have demand.

Brian's Books also works with a wholesaler, but buy the books themselves. Since they do not want to be left with hoards of books that weren't bought, however, they only buy what they can ship out to other companies and the price paid decreases considerably.

One more option has become visible, a new web site known as UsedBookBroker.com. The national service allows students to sell and buy their books for 65 percent of its original price. The only charges are a \$3 charge per book sold and an average \$3.55 in shipping and handling. Books must be shipped by US priority mail so that a confirmation number will be available for buyer, seller, and the company to confirm shipment so that payment can be transferred.

To shop, one must register by providing information including credit card number and checking account number so that money is immediately transferred to your bank upon purchase.

The process for selling a book is to first post your book (free) by filling out a form for its ISBN number and

PLEASE SEE BOOK, 10

Know the symptoms of student suicides

LINDSEY HUGELIER
Grand Valley Lanthorn

Final exams, holiday stress, and cold weather can all lead to feelings of depression and anxiety. Suicides on Grand Valley State University's Allendale campus prove that feelings of depression do not always go away.

"You always have to be suspicious and treat these cases as murders," said Allen Wygant, Director of GVSU's Public Safety Department.

Immediately after the suicide is determined and the possibility of murder is ruled out, the officers call the Victims Advocate Group to the scene.

Marie Noc, assistant to the Vice President for University Relations, Matt McLogan, is a founding member of the Ottawa County Victims Advocate Group. Noc explained that the members of this volunteer group are called to the scene of a crime immediately. They will go with the deputies to the victim's family home to notify the family of the death, staying with family members anywhere from two hours to 10 hours until someone else arrives to comfort them.

"Our group handles any traumatic experiences," Noc said.

As for suicides, she said the group handles these experiences using the same method, comforting the family only.

"We do not act as counselors beyond that," she said.

When suicides occur on campus, the university community becomes concerned. Wygant explained that there are key times during the year that the Department of Public Safety knows when to pay attention for suicide threats. He pointed out the key times for the Department to receive complaints during the first semester, beginning of the second semester, and during the summer break.

only occur at the end of the semester. "Suicides usually happen because students are academic pressures need to do well on these exams.

"As Grand Valley grows there are higher grade point averages and more stress on students to get those grades," Wygant commented.

When Public Safety receives notification of a suicide threat, the first thing they do is contact the Counseling and Career Development Center. Wygant recommended that anyone with feelings of depression and anxiety should contact the center and get help immediately.

"We have a tendency to wait a little too long," he said. "Someone who is suicidal will often display a number of things such as a loss of sleep or a decreased appetite."

Diana Price, an on-campus Counselor and Career Development Center adviser, Price explained that it is difficult to separate suicidal thoughts from feelings of depression.

Last year the center had a record number of students served at counseling sessions and 114 students were referred to the center with suicidal thoughts.

"This program is very helpful," she said. "We have a number of students who have been helped by our program."

"We do not act as counselors beyond that," she said.

When suicides occur on campus, the university community becomes concerned. Wygant explained that there are key times during the year that the Department of Public Safety knows when to pay attention for suicide threats. He pointed out the key times for the Department to receive complaints during the first semester, beginning of the second semester, and during the summer break.

Laker liaison helps Holland campus form student congress



Grand Valley Lanthorn / Abbey Hetmanepenger
A student government group GVSU's Meijer campus, located in Holland, are seeking recognition for the small campus.

LINDSEY HUGELIER
Grand Valley Lanthorn

Grand Valley State University's Holland campus students are seeking the same recognition and support that the Allendale and downtown Grand Rapids campuses receive.

To assist in this process, a group of Holland campus students have formed an organization called the Holland Student Congress.

"We are trying to bring services to the Holland campus that are available in Allendale and Grand Rapids, but have been neglected until this time in Holland," explained Kristin VerHulst, Holland Student

Congress President.

The Holland Student Congress is working closely with GVSU's Allendale-based Student Senate to establish support for the growing Holland Campus.

Ben Witt, GVSU's Student Senate President, has been serving as a liaison person between Holland and Allendale. Now, the Student Senate is organizing a way to work with Holland's students towards achieving their goals.

Witt has appointed Ann Marie Klotz, current Vice President of Community Affairs for the Student Senate, to serve as the official liaison member between the Holland Student Congress and the Student Senate.

Witt fully supports Holland's actions and feels it is time that the Holland campus receives recognition from the Student Senate.

"This is what is to be expected when a university such as ours begins expanding," he

said. "It's great that Holland students have taken the initiative to form a government. The Senate realizes we need to start branching out."

VerHulst is focusing on improving services the Holland campus currently offers, such as food.

"Currently, the only existing food service is a vending machine. Our goal is to establish a food service resembling a meal rather than a snack," she said.

VerHulst also hopes to get a shuttle bus to run between the Allendale campus and the Holland campus, similar to the GRATA service that runs from Allendale to downtown Grand Rapids.

Currently, the Holland Student Congress is surveying GVSU students who attend classes in Holland to find out if it is a service that students are interested in.

The Holland Student Congress has also planned various activities on the campus in an effort to create more of a

community environment. Planned activities include charitable drives such as a coat drive, as well as bake sales and entertainment activities.

"We are planning several speakers, one for each of the majors currently offered in Holland," VerHulst mentioned.

She also explained that the Holland Student Congress is working closely with the Student Senate to achieve their goal of creating more of a community environment for GVSU Holland students.

The Student Senate hopes to establish close, working relationships with both the Holland and downtown Pew campus by next year, according to Witt.

As for the Holland Student Congress, VerHulst hopes that they will become even more active next semester.

"We have yet to receive approval of our budget, but I believe that will be soon so that we can become more active during the winter semester."

SAS targets Kohl's Sonoma brand

LINDSEY HUGELIER
Grand Valley Lanthorn

"Away in a Sweatshop" was one of the many alternative carols sung by members of Students Against Sweatshops (SAS) this past Saturday in front of Kohl's department store. Members from this GVSU activist organization braced the cold to protest at Woodland mall against Kohl's Sonoma Brand clothing merchandise.

SAS members wore Santa hats, sang alternative Christmas carols, and passed out leaflets of information to passing cars and pedestrians.

SAS targeted Kohl's because

of their Sonoma brand products, particularly Sonoma blue jeans. Workers at the Chentex factory in Nicaragua sew Sonoma jeans for Kohl's, explained Meghan Burke, a SAS member and activist. These workers work 12-hour shifts and are paid only \$.20 for each \$30 pair of jeans they sew.

Burke points out that minimum wage in Nicaragua is \$30-45 per month but that food for a family costs \$160-192 per month. Therefore, the minimum wage is only 1/3 the cost of living.

In 1998, Chentex workers formed a union and spent a year and a half negotiating for a living wage. According to Burke, they wanted only a \$.08 increase per hour. On Apr. 27 of 1998, the workers did a work stoppage from 7-8 a.m. Chentex responded by firing 9 union leaders, hiring people to terrorize workers, installing barbwire fences and surveillance cameras, and hiring 20 armed guards.

SAS targets Kohl's for not using their corporate power to tell Chentex that these actions are wrong, Burke explained. Since Chentex depends on Kohl's for its livelihood and profits, Kohl's could use their influence to demand that Chentex pay the workers a living wage.

"I think it's sad that a company with as much money and influence as Kohl's can't or won't use that power to raise the standard of living for the very people that make their success

possible," Burke commented.

Burke points out that Kohl's chairman William Kellogg himself earned \$38.7 million last year. This amount is more than what 51,477 Nicaraguan workers would have made sewing jeans for Kohl's for the entire year.

According to Burke, the purpose of Saturday's rally was to demand labor rights for these workers. The rally began at 1 p.m. and lasted for about an hour. Because of the holiday season, Woodland Mall was very busy and Burke explained that the 25 people who were rallying "drew a lot of attention."

The group of protesters dealt briefly with the police as well, who told them they could not stand directly on Kohl's property. After this warning, the students rallied on, staying off of Kohl's property but making their presence and their purpose known.

Burke says that SAS will become even more active next semester, with guest speakers and more rallies in the future.

This Thursday, SAS members are going to GVSU's Student Senate to ask for approval on a resolution entitled WRC. The WRC resolution would prevent any clothing made in sweatshops from being sold in the university bookstores. The senate will vote on this resolution during the Dec. 7 meeting.

Any GVSU students interested in joining the SAS organization can call 895-1326.

"SOCIAL WORK, PSYCHOLOGY, CRIMINAL JUSTICE AND RELATED MAJORS:

- ◆ Are you looking for a job that will give you valuable experience in the Mental Health Field?
- ◆ Would you like to be a part of an Inter-Disciplinary Team that develops and implements progressive, person-centered Treatment Plans?
- ◆ Would you like a job that will give you exposure to the Managed Care environment and how it is changing the face of Mental Health?
- ◆ Would you like to be paid for completing the Community Mental Health Training curriculum?
- ◆ Would you like a job that recognizes that your education is your highest priority and is flexible enough to meet your needs?

If your answers to these questions are, "Yes!" Horizons of Michigan (RTWM) may have opportunities for you. HOM is a progressive Mental Health agency dedicated to providing the highest quality care to residents who have chronic mental illness. Many our residents also struggle with substance abuse issues. If you are interested in learning more, contact Linda Paynich at (616) 235-2910 or send/fax your resume to, or fill out an application at:

Horizons of Michigan
Family Life Center Bldg.
1256 Walker Avenue, NW
Grand Rapids, MI 49504
(616) 235-2066 (Fax)

H/V/M/F, EOE, Affiliate of Hope Network."

IMAGE BOOMERS

If you are between the ages of 36 & 52, or just feel like you are, this is the trip for you.



Your comments, requests and dreams have been heard. We have taken one of our favorite tours, the "12-Day Scenic Alps" and added more active optional excursions, Designed for the adventurous yet mature adult. **Departs August 3, 2001.**

OPTIONAL ACTIVITIES INCLUDE:
Whitewater Rafting, Hiking, Fishing, Skiing & Castle Excursion

Scenic Alpine Tour

Features Lake Lucerne, Innsbruck, Filzmoos in the Austrian Alps, Salzburg, Munich & Oberammergau.

For a brochure, call ... 616/957-1000

Image Travel, Inc.

2828 Kraft Ave. SE, Grand Rapids, MI 49512



Peppino's Pizza

20 years around campus!

4647 Lake Michigan Drive

895-4308

Pizza ----- Subs ----- Dinners

**Better
Pizza**

**Bigger
Size**

\$1.50

Off Any Size Pizza

Expires 12/31/00

Not to be used with any other coupon

Teamwork is the key to increase state funding

RACHEL IZZO
Grand Valley Lanthorn

Most of the Grand Valley State University population knows GVSU receives the least amount of state funding. However, now other state-funded schools might help Grand Valley, and each other, with the lobbying through the Association of Michigan Universities.

The AMU is a proposed collaborative lobbying effort of the 15 state-funded colleges and universities in Michigan. It hopes to accomplish needs for the schools through group support at the state capital in Lansing and it will be an information sharing effort said Ben Witt, Student Senate President. The schools potentially involved are GVSU, Michigan State University, University of Michigan in Ann Arbor, University of Michigan in Dearborn, University of Michigan in Flint and Western Michigan University. Also involved are Eastern Michigan

University, Central Michigan University, Saginaw Valley State University, Michigan Tech University, Oakland University, Wayne State University, and Lake Superior State University. Northern Michigan University may also be involved pending contact with them.

In the past, all 15 schools would have done their own lobbying effort, said Witt, and it really doesn't hold much water.

"What we have found, talking to other student governments in other states, is that states where they have something like the AMU they really get things done. The state of Kentucky is one that I know has an assembly of all the student governments, and they have had a lot of success with lobbying," he said.

The student senate passed a resolution supporting the AMU at their Nov. 30 meeting. The resolution states that the GVSU Student Senate recognizes the AMU Mission Statement and approves senate's involvement

PLEASE SEE STATE, 10

FAZOLI'S

All You Can Eat Spaghetti!

Tuesday, December 12
4pm-7pm

This is a fund-raiser for Study Abroad
Come out and support your fellow students
Next to Meijers, Baldwin St., Jenison

gvdigest

Campus

Compiled from press reports

U.N. official visits campus

On Thursday, Dec. 7, United Nations (UN) official Gillian Martin Sorensen will visit Grand Valley State University's downtown Pew campus. Martin Sorensen is a UN assistant secretary general for external relations and a former East Grand Rapids resident.

She has worked at the UN for more than 15 years. She has performed such duties as coordinating the UN's 50th anniversary in 1995 and serving as advisor for public policy to Secretary General Boutros Boutros-Ghali.

She will speak at 6 p.m. in the Loosemore Auditorium in the downtown DeVos Center. Martin Sorensen will meet with students prior to her presentation and a reception in the Exhibition Hall at 7 p.m. will follow her address.

Martin Sorensen's visit was coordinated with the help of Don Williams Sr., dean of Minority Affairs.

Van Andel language classes

French and Spanish language classes will begin at the Van Andel Global Trade center on the downtown Pew Campus in January. The classes are part of the center's Language for Professionals program and includes both language and cultural training.

The program lasts eight weeks with two 60-minute cultural sessions during the course. Participants will learn the basics of a foreign language that can assist in holding basic conversations in everyday business, since understanding the languages of others is a crucial part of overseas business.

Language for Professionals will be run in conjunction with GVSU's Department of Modern Languages. By request, other languages will also be made available through the program.

The next series of classes will run from Jan. 15 until Feb. 21 on Mondays and Wednesdays from 4 to 5:30 p.m. These classes will be held on the downtown campus and the registration fee is \$550 before Jan. 3. For more information on these courses, call the Van Andel Global Trade Center at (616) 771-6811.

Nursing shortage summit

GVSU's Kirkhof School of Nursing will be hosting a summit to address the concern of a nursing shortage in Michigan.

Nurses from 10 west Michigan counties will attend the meeting, which will be held today from 9 a.m. until 12 noon in the University Club in the new DeVos Center.

Community

Pigeon Creek Park

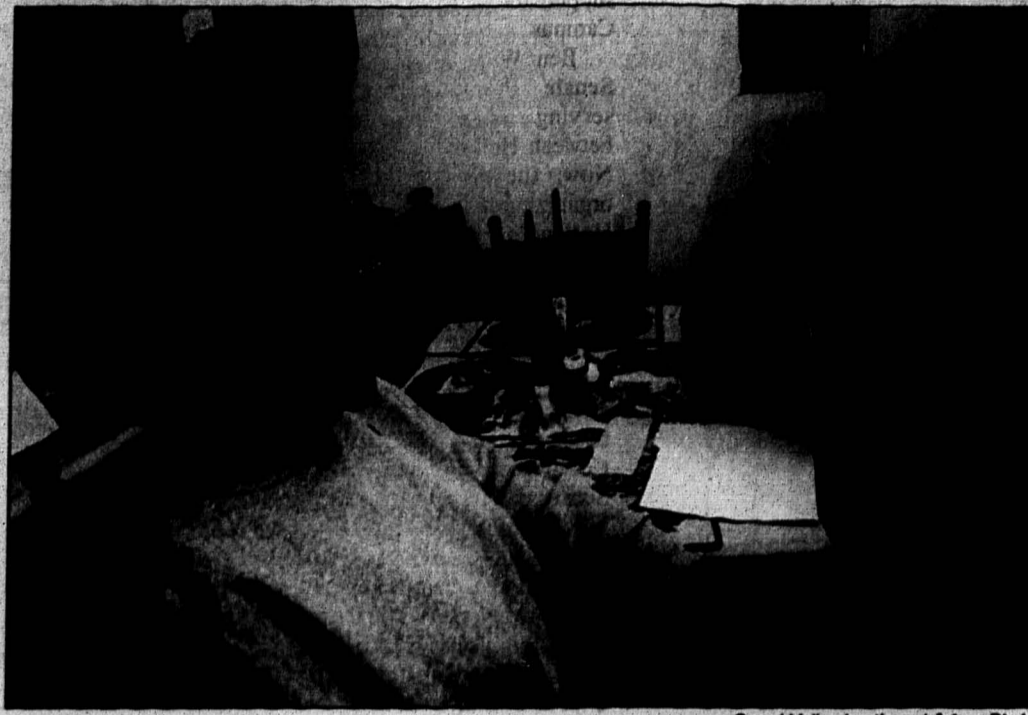
As soon as there is enough snow, Pigeon Creek Park will be open for cross-country skiing and sledding. The park offers over 10 miles of groomed cross-country ski trails and a small hill for sledding. Both the sledding hill and three miles of the trails will be lighted for evening use.

Pigeon Creek Park's regular hours from now until Mar. 31 are 7 a.m. until 8 p.m. everyday. Once skiing and sledding conditions are satisfactory, the park will remain open until 10 p.m. During the skiing and sledding season, the park features the Pigeon Creek Lodge, which offers cross country ski rentals, food and beverage concessions, and a place to warm up.

The park is located in Olive Township on Stanton Street about 3 miles east of US 131. For up-to-date ski conditions and park and Lodge hours, call the 24-hour ski hotline at (616) 738-9531.

Other Ottawa County Parks that offer cross-country ski trails include Kirk Park and Grand River Park. For more information, call the county parks office at (616) 738-4810.

Keeping seniors active and independent



Grand Valley Lantern / Adam Bird

GVSU Occupational Therapy students participate in the Out and About program and work with seniors to help them learn the skills needed to stay active and independent.

LINDSEY HUGELIER
Grand Valley Lantern

Staying active and independent helps keep elderly seniors out of nursing homes, according to Easter Seals Michigan's Out and About program.

Out and About is a three-month program that is run in partnership with Grand Valley State University's Occupational Therapy (OT) department. GVSU OT students and faculty assist in the process of teaching senior citizens how to stay active and healthy.

The program is funded

through a grant written by GVSU OT faculty member Cathy Pinson and President of Easter Seals Michigan, Robert Dean.

After they received the grant, occupational therapist Terry Azkoul was hired to develop the program and serve as the program's director.

Out and About is based on "The Well Elderly Study," Azkoul explained. This study was done by the University of Southern California and proves that preventative occupational therapy helps keep elderly adults healthy, active, and independent.

The Out and About

program provides seniors with tools to analyze their own occupations, which enable them to understand and alter their approaches to everyday activities, Azkoul mentioned. The program combines the concepts of occupation-centered practice and occupational science to create a process called occupational lifestyle redesign, which is a process of developing and enacting a customized daily routine of health-promoting activities.

"We, as occupational therapists and students, provide opportunities for our clients to reevaluate this and

with occupational self-analysis, education and discussion, clients are empowered to make better choices for themselves to promote a healthier and more satisfying life," she noted.

"The elderly are concerned about their finances, relationships, diet, exercise, transportation, etc.," Azkoul said. "We cover all of these areas in the program."

Azkoul works along with GVSU OT students to help seniors learn to analyze the choices they make in their daily activities and also how to depend on one another for assistance.

"We facilitate discussion and then have guest speakers come in," Azkoul explained. Out and About invites guest speakers who are experts in areas of concern for the group members. She explained that the last group had guest speakers such as a representative from Hospice who gave advice on how to deal with grief and loss, as well as a nutritionist and a police officer who spoke about community safety.

"Some of the members were also concerned about fire safety so we took them to the fire station where they went on a tour and learned fire prevention tips," Azkoul noted.

Another way the program helps keep the elderly independent is through the frequent outings group members go on together.

Group outings include activities such as shopping, eating out at restaurants, and bowling.

Out and About teaches program participants how to use the city bus as a way to get out of the house and stay active. Some clients cannot walk to the bus stop or stand and wait for the bus to come due to health conditions. Out and About shows these program participants how to use an inexpensive public transportation service for the elderly called the Go Bus. This bus offers transportation to both disabled and non-disabled seniors as long as they register at least one day in advance. The Go Bus takes seniors to the grocery store, doctor's appointments, etc. Azkoul explained that instructing Out and About clients on how to use this service helps keep them independent.

"A lot of members have really loved the socialization," she said. Some participants were not able to go out before participating in Out and About and following the three-month instructional program, many develop new friendships and use the transportation to run errands and meet with friends.

GVSU OT students play a big part in the Out and About program. Azkoul clarified that she directs and facilitates students, while they get hands-on experience with occupational therapy in a

PLEASE SEE ACTIVE, 10

Healthy Lakers: surviving the flu season at GV

MICHELLE KIDD
Grand Valley Lantern

'Tis the season... to be sick? More prevalent than Christmas carols are the not-so-merry sounds of the guy right behind you in biology coughing up what could be his right lung.

With the arrival of what looks to be a plentiful snow season also comes the arrival of the flu and cold season. Fortunately, there are a few preventative tips and ways to expedite the entire cold process.

The number one method to prevent the cold and flu altogether is a consensus among medical nurse practitioner Julie Brubaker, of Campustowne Health Clinic, and associate dean of the Kirkhof School of Nursing, Patricia Schafer.

"The best thing to do is wash your hands... religiously!" Brubaker advised.

Schafer expanded on this with, "If

you pick up a book or anything else another person has touched, you run the risk of transferring the virus."

Grand Valley State University's Campus Health Center pointed out there are also a number of special risks the stereotypical college student experiences, such as the group living situations students often find themselves in.

Activities such as sharing food, tasting friends' drinks, and the general atmosphere of close contact found at parties, are all high-risk situations students encounter on a regular basis. Also, with the lack of dishwashers in most college housing it is advised to use as hot of water as possible when doing the dishes.

When feelings of sickness begin to appear, there are some steps to follow. First, identify whether it is the cold or the flu. The flu has a sudden onset accompanied with a high fever (101-103 degrees), at times a slightly runny nose, extreme fatigue, headache,

extreme chest discomfort, and muscle aches. Brubaker explained it as the "excursion van" of illnesses.

Brubaker characterized the average cold as the "compact car," which usually does not have a fever, often entails sneezing, runny nose, congestion, sore throat, and a mild to moderate hacking cough.

If the flu is identified within 24 to 48 hours after its onset, there are some medications doctors can provide to aid in the healing process. However, if the flu is identified after this window time or have the common cold, there are a few common sense steps to follow.

"Drink lots of fluids, get plenty of rest, eat well-rounded meals and you can use over-the-counter drugs," advised Brubaker. "However, if a fever persists for more than 24 hours, or you're coughing a thick green or rusty colored mucus, see your doctor right away. Also stop by a clinic if you have a chronic disease like diabetes or asthma."

Lastly, Brubaker added that smoking can put you at a much higher risk because it greatly weakens the lungs. "The better shape you're in physically, the more resistance you have to warding off viruses."

The peak flu season is January through late March. Grand Valley is offering flu shots on Friday, Dec. 8 at 202 Henry from 9 a.m. to 1 p.m. The cost is ten dollars. In general, flu shots are 70-80 percent effective because it includes the three strains that are expected to hit the United States. While it's possible to come down with a different strain, chances are that the shot reduces its severity.

The Grand Valley Campus Health Center, located in the Fieldhouse on the Grand Valley's Allendale Campus accepts cash, Visa, and checks if a student's insurance company requires co-pay. They advise scheduling an appointment as opposed to walking in. The scheduling number is (616) 895-3635.

Old Kent to merge

MELISSA DEMBNY
Grand Valley Lantern

By spring of 2001 Old Kent, West Michigan's largest bank will have a new sign posted in front of its banks and offices. Old Kent is merging with Fifth Third Bank of Cincinnati, Ohio in a recent acquisition for \$4.9 billion. Old Kent's assets of \$22.5 billion will make Fifth Third's assets \$69.1 billion.

Headquartered in Grand Rapids, Old Kent has a 41-year history of consecutive annual increases in earnings and dividends. It operates 300 banking offices in Michigan, Illinois and Indiana, as well as Old Kent Mortgage Company, one of the top lenders in the U.S.

The merger will give Fifth Third bank over 980 banking locations in Ohio, Kentucky, Indiana, Michigan and Illinois. This will make Fifth Third the second largest banking

franchise in the Midwest.

"The banking industry has been consolidating for 20 years. This is just another step," said Gregg Dimkoff, a professor of finance at GVSU. "Old Kent is an old recognized name in West Michigan, we are losing something people know."

Fifth Third has been in business for 26 years and has shown progressive earnings and dividend growth. If a shareholder bought \$1000 of Fifth Third stocks 20 years ago it would be worth \$1,903,426 today.

Fifth Third will establish Fifth Third Michigan, with three main banks in Grand Rapids, Detroit, and Traverse City.

In a statement made by Old Kent Chairman, President and CEO David Wagner, he said, "Merging with Fifth Third gives Old Kent the competitive edge we need to continue to serve the financial needs of both individuals and businesses."

WCKS is like a warm blanket

Lindsey Hugelier
Grand Valley Lantern

After a week of dreary weather, Grand Valley State University's students can thank WCKS for the warm blanket of news and information. The station's 10:10 AM news program, "The Morning News," is a daily reminder of the station's commitment to the community.

WCKS is a local news station that provides the community with the latest news and information. The station's programming includes news, sports, and entertainment. WCKS is a member of the National Association of Broadcasters and is committed to providing the highest quality news and information to the community.

Are you in the market for
NEW or USED vehicles?



Come to Toyota of Grand Rapids!
Experience the Best! All situations considered!
See George Gates or call for appointment!
(616) 942-5290

Monday Draft Specials

\$3.50 Pitcher \$.75 Glass

Beer
Wine
Take-out
Liquor

FREE Pool on Monday nights



Friday Night Fish Fry
Serving Food 6:00 am to 10:00 pm
DJ on Friday night
Featuring Karaoke Wed & Sat nights

(616) 892-4255 Located 4 miles west of Allendale
on Lake Michigan Drive

Air Conditioned
Direct Dial Phones
Cable TV & HBO



RIVIERA MOTEL
4350 REMEMBRANCE ROAD
GRAND RAPIDS, MI 49544

7 Miles from GVSU!
Corner of Wilson Ave. and Remembrance Road
Owned and Managed by Manny and Mike Patel
For reservations call: (616) 453-2404



The Student Run Newspaper of Grand Valley State University

Editorial Board

- Richard Williams - Editor in Chief
- Sarah Buysse - Managing Editor
- Lindsey Hugelier - News Editor
- B.G. Martino - Laker Life Editor
- Mike Kohon - Sports Editor
- Rebecca Ostrom - A & E Editor
- Suzanne Rivecca - Downtown Editor

OUR VIEW

The Almighty 'A'

As Grand Valley students prepare for exams it is important to keep their eyes on the real prize: learning.

Ask someone what represents success in a course and they will most likely tell you: "an A." While there is no perfect system for grading, it helps to put grades into perspective by examining the flaws that creep into the letter system.

Almost every student is faced with a situation where they might feel that their learning in a course is not reflective of the grade they received. More often than not, they may be right. They then work themselves into a frenzy whereby they think all their dreams for the future are drawn into question because they might get something less than the "almight A."

Part of this is the student's fault and part of this blame goes to the institution and the higher education system. Obviously there must be a grading system in place in order to rate student performance and, hopefully, learning. The system fails when it totally equates students based on the grades they receive and not other factors.

In all honesty, a grade of 'A' may reflect a student who has a vast command of the course and thus earns the 'A' based on knowledge and understanding. Or, more often, it probably goes to the student that understands that instructors have 'X' amount of hoops to be jumped through and by jumping through them the student is able to catch the good grade. Such a situation often leads to cramming and rote memorization that will most likely be forgotten by the 'A' student not long after the report card show up in the mail.

So is a GPA reflective of a student's abilities? Perhaps, but what abilities is it reflective of? Someone that knows the game and how to play it? Or someone who learned the material and over time is able to apply it and maybe think beyond it? There might be a little of both in all students ('coniving grade getter' and 'true learner').

As the semester draws to a close it is important for students to remember that there is more to learning than getting the "almighty A." For some faculty it is important to remember that there is more to grading someone than their ability to jump through the hoops: like the fact that they learned or didn't learn the material set before them.

GVL | OPINION POLICY

The Ultimate goal of the Grand Valley Lanthorn Opinion page is to stimulate discussion and action on topics of interest to the Grand Valley Community.

The Grand Valley Lanthorn welcomes reader viewpoints and offers three vehicles of expression for reader opinions: letters to the editor, guest columns and phone responses.

Letters must be signed and accompanied with current picture identification.

The Editor reserves the right to edit and condense letters and columns for length restrictions and clarity.

All letters must be typed.

The name of the author is usually published but may be withheld for compelling reasons.



GVL | QUESTION OF THE WEEK

This week the Grand Valley Lanthorn asked six community members:

Do you think an elected official's credibility is affected if they have a criminal background?



"No, because people who are good now sometimes make wrong choices in the past."

Mike Staelgraeve, Senior, Hospitality & Management



"A criminal background can help an elected official understand how the real world works."

Chuck Willner, Freshman, Engineering



"I think it does- with the power they could get in office, they can fall back to their old ways."

Jaime Halprin, Freshman, Undecided



"I think it depends on how long ago it was, and what the situation was."

Bobbie Delaney, Grad Student, Education



"I think a criminal record doesn't matter as much as whether they learned from the experience."

Ralph McCarty, Grad Student, Education



"I think it all depends if it was something they tried to cover up."

Tracy Reed, Grad Student, Education

GVL | COMMUNITY TALK

University community should be in favor of equal benefits for faculty

To the Editor:

As a people, as a university, we should all be in favor of equal benefits for Grand Valley faculty.

Morality issues aside, it is not right for the university to set one group apart and say that they cannot have the same insurance coverage as the heterosexual professor across the hall. The constitution of the United States was created to protect such minority groups and to guarantee them equal rights, liberty, and the freedom of self-determination. This is the same constitution that provides freedom of speech, gives the press a free voice, and separates church from state. This is the same constitution that allowed many of us concerned students, faculty, and members of the community to assemble amidst the snow and shivering, rallying our voices of peace and unity to those whose ears the wind carried our words.

Discrimination is wrong in whatever form it may manifest. Differences should not only be recognized and accepted, but celebrated as vital fabric in this woven tapestry that is the United States.

People are people, no matter what their sexual preference, no matter what their skin color, no matter what their height or weight, no matter what language they speak, or what car they drive. We are all trying to survive in a world that is unforgiving and competitive. We're all running the same race, jumping the same hurdles, losing the same daily battles.

We must not get hung up on right or wrong; only get hung up on what is. We must not allow those with padded wallets, business cards, and last names on buildings to dictate the futures of people who just happen to be different - but no more different than you or I, he or she. Only different. As a university, we need to envelop differences of all kinds: race, color, gender, sexual orientation, religion, origin, and on and on. We need to bind these differences together and learn from each and every one, experiencing the gratification of our minds.

Please, I beg of all of you to take pride in yourself, your difference, and not compromise who you are for what other people tell you to be. But please, please think with an open mind, an open heart, and open hands to help the struggling, the unheard.

I urge those opposed to equality to set your religious rights aside and think with your head and not with the well-knitted words that someone preached in your ear. Please see people, whether

gay, lesbian, bisexual or transgender as people in need of the privileges that are not even thought of privileges to you and me - they are rights, just like they should be for everyone. Please devote yourselves to ensuring equality for all mankind, for all womankind, and for all who walk this earth.

Never Give up hope.

Joseph Basch
Sophomore
Liberal Studies

Little difference between Coach Smith and Bobby Knight

To the Editor:

I am a GVSU fan who attended last Saturday's game against Findlay, who won, 83-79.

In a post-game interview with Joe Conklin, a Grand Rapids Press sports writer, Terry Smith, our GVSU basketball coach, said his blood boiled because his veteran team didn't "respect the basketball."

Okay, Coach Smith, let's talk about respect.

You didn't have enough respect for the referees to bench, even for a few seconds, a player who committed a technical foul at a critical time in the game, a player who defended his behavior by saying that "players show emotion in an emotional game." I wonder where he picked that up.

After watching your antics on Saturday, as well as in many previous games, I am embarrassed by your own immature and emotional actions - swearing, jumping up and down in childish tantrums, banging the scorers' table, and in this particular game, literally chasing the referee off the floor with abusive profanity. I don't believe that anyone associated with the GVSU sports program wants to deal with the Bobby Knight problem here.

Before you can expect your players to respect the basketball, or you and your coaching, you need first to earn their respect by acting like an adult and a leader of men. Your players looked totally embarrassed by your tantrum, as were all the GVSU fans surrounding me, and this sorry ending to an otherwise, hard-fought game, made our defeat all the more disheartening.

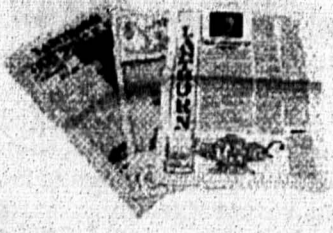
I wonder how your players felt, the next day, after reading, in the Press, that they don't know the fundamentals that they "should have learned in

PLEASE SEE LETTERS, 16

From the Lanthorn Archives:

New President Named

Source (Vol. 1, No. 4 "The Lanthorn" (Grand Valley State College) Fri., Nov. 20, 1968



Arend Donselaar Lubbers, 37, was named second President of Grand Valley State College, Allendale, on November 8. The appointment was announced by L. William Seidman, chairman of the GVSC board of control. Lubbers, who is now president of Central College, Pella, Iowa, will begin his duties at Grand Valley early next year. He succeeds Dr. James H. Zumberge, who left August 15 to become director of the School of Earth Sciences at the University of Arizona.



was appointed vice president for development at Central College in September, 1959, and inaugurated as its president in October, 1960. Lubbers is a member of the Reformed Church in America, Pi Kappa Delta, Phi Alpha Theta, and Rotary International. He participated in the Harvard Business School's seminar for College and University Presidents and regularly attends the Conference for College Presidents organized by Dr. Earl J. McGrath, formerly of Columbia Teachers College.

"The rapid and successful development of Grand Valley State College is an example of fine cooperation among the faculty, students, board members, legislators, administrators, and the public," Lubbers stated. "The progress during

Zumberge's administration is impressive and points to a hopeful future for the college. I am honored by the offer of the Grand Valley Presidency and pleased to accept it."

LETTERS

continued from page 4

seventh grade." Whose responsibility is it, to have taught these fundamentals to this "veteran" team, many of whom have played under your coaching for two years? Good coaches don't publicly pass off their own failings to their players.

all the great talented young players in the Grand Rapids area, very few sign on at Grand Valley. Word gets around that you destroy the spirit of both your players and your fans. No one cares to associate with a leader who does not know how to lead, regardless of wins and losses.

Name withheld at the request of the author

Attention Lanthorn Readers:

Several complaints have been forwarded to the Editor concerning apparent bias in the opinion/editorial section. The Editor would like to point out that the very nature of Opinion / Editorial writing is for the writer to present a view to encourage discussion. As such, editorials and columns will present a particular viewpoint. The reader is encouraged to respond with their own views on the subject via any of the several response vehicles available to readers.



Volume 35 Number 16

The Grand Valley Lanthorn is published by the students of Grand Valley State University 35 times a year. One copy of this newspaper is available free of charge to any member of the Grand Valley Community. For additional copies, please contact our business offices. POSTMASTER: please send form 3579 to Grand Valley Lanthorn, 100 Commons, Grand Valley State University, Allendale, MI, 49401. Inquiries to the Editor may be made by calling 895-2460, emailing editorial@lanthorn.com or writing to Editor in Chief, Grand Valley Lanthorn, 100 Commons, Grand Valley State University, Allendale, MI, 49401.

EDITORIAL STAFF

Editor in Chief
RICHARD WILLIAMS
Managing Editor
SARAH BUYSE
News Editor
LINDSEY HUGELIER
Laker Life Editor
BG MARTINO
Sports Editor
MIKE KOHON
A&E Editor
REBECCA OSTROM
Downtown Editor
SUZANNE RIVECCA
Copy Editor
AIMEE CHAPUT
Photography Editor
ADAM BIRD
Layout Editor
JUSTIN MULLIN
Advertising Designer
AMY RAKOSKI
Webmaster
MIKE MANNOR
Editorial Cartoonist
JOHN FLIS
Staff Cartoonist
SETH KIMBALL

ADVERTISING STAFF

Advertising Manager
KELLIE TITUS
Assistant Advertising Manager
CHRIS REYNOLDS
Ad Reps
MIKE NEVILLE
JACOB BOLTON
JUAN BATES
BUSINESS STAFF
Business Manager
EMILY BARANOWSKI
Distribution Manager
AARON DEKUIPER
Distribution Assistant
SCOTT KOSTEN
Office Secretaries
SUSAN BANSLEY
SARAH MERCER
NANCY ALEXANDRIS

Faculty Adviser
LAWRENCE BEERY

The Grand Valley Lanthorn is published under the authorization of the GVSU Newspaper Advisory Board.

The Grand Valley Lanthorn is printed by News Web Printing Services

Trivia test by Ed Rodriguez

Questions

1. GEOGRAPHY: What is the largest of Canada's provinces -- not territories! -- in terms of square mileage?
2. ART: Which artist painted "Persistence of Memory"?
3. HISTORY: What makes Samuel Prescott important in American history?
4. MATH: Who founded the study of geometry?
5. PHILOSOPHY: Who was the first to say that an unexamined life is not worth living?
6. RELIGION: Who was the founder of the Methodist Church?
7. MUSIC: What does the direction "staccato" mean?
8. LITERATURE: What Greek author wrote the play "The Clouds"?
9. LANGUAGE: What does it mean to have carte blanche?
10. LAW: What did the 1972 Furman v. Georgia decision by the U.S. Supreme Court concern?

Answers

1. Quebec.
2. Salvador Dali.
3. He rode with Paul Revere.
4. Euclid.
5. Plato.
6. John Wesley.
7. Musical notes should be distinct and detached.
8. Aristophanes.
9. No restrictions.
10. Death penalty.

acacia n. 1. Any of a large genus (Acacia) of flowering trees and shrubs found in temperate regions. 2. The common locust tree. 3. Gum arabic or gummy exudation of certain acacias. 4. A new fraternal society for Grand Valley State University. Acacia fraternity: Something Different. Contact Rick @ (616) 895-2464 for more information.

GVL Errata

Volume 35
Number 12

Corrections

Front Page Ottawa Country Red Cross to offer CPR training. This headline was incorrect and should have read: Ottawa County Red Cross to offer CPR training.

Please email all errors of fact or corrections to the Editor at:

editorial@lanthorn.com

Experience!

6:00 pm

Saturday Night Life
For young career and college students. Discussing contemporary issues with Biblical answers. Following Saturday Night Experience.

BEANS TO BREW CAFE

6177 Lake MI Drive Phone 895.9099

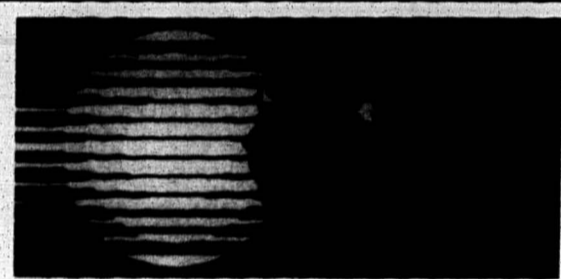
Specialty Coffees

- *Mocha* Creamicles *Milky Way*
- *Snickers* *Kahlua Mocha*
- Snow Cap

Sandwiches

Paninis.....Turkey Bacon Swiss, Turkey Reuben, Roast Beef, Vegetable, or Chicken Wraps.....Cacasa, Sausages, Turkey,

Present this ad for 50% OFF a coffee Drink or a Lunch Combo with drink of your choice.



JENISON PSYCHOLOGICAL SERVICES, P.C.

"The place to go for Understanding"

Dr. Edward P. Schmitt, Psy.D.
Dr. Marie A. McKay-Schmitt, Psy. D.

Jenison Professional Building
7610 Cottonwood Dr., Suite 105
Jenison, MI 49428

Certified "Quit Smart," Smoking Cessation Center - Offering the highly acclaimed smoking cessation program developed by Dr. Robert Shipley of the prestigious Duke University Medical Center/Stop Smoking Clinic. Contact Dr. Schmitt for information.

Visit our website

www.jenisonpsych.com
for information about our staff and services...

or click on our "HELP YOURSELF" web page for the doctors' recommended list of self help books on various mental health topics

FREE 30 Minute phone consultation

Participation providers for Blue cross/Blue Shield of Michigan, Blue PPO, Community Blue, Medicare Part B for the elderly. Accept also Aetna/US Healthcare, ASR, Weyco, Priority Healthpoint of Service option, Arway Benefits, Unicare, Select Benefit Administrators, Fortis Benefits, Presidium, Connecticut General, SET/SEG, Shield Benefit Administration, United Healthcare and other insurance accepted and billed directly

Student and faculty welcome.
Most students covered under parents insurance.

Phone (616) 457-0061
Just 8 miles (10 minutes) from campus

www.jenisonpsych.com

Why Dream of extra cash?!

Book Buy Back December 11-15



- Kleiner Mon.-Thu. 10:00am-5pm
- Kirkhof Mon.-Fri. 8:30am-6pm
- Holland Meijer Campus Mon.-Thu. 4:00pm-7:00pm
- Eberhard Mon.-Thu. 5:00pm-7:00pm
- DeVos (Plaza) Mon.-Thu. 9:00am-7:30pm
- Fri. 9:00am-4:00pm

UNIVERSITY
UBS
BOOKSTORE

gv digest

Campus

Campus ministry host annual midnight breakfast

Grand Valley State University Campus Ministry will be busy this week.

Monday night, Campus Ministry will host its annual Midnight Breakfast at the Laker Buffet Dining Room in the Commons. The event will run 10:30 p.m. to 12:30 a.m., and the cost is the cost for a normal breakfast at the Laker Buffet. Students may use cash and their meal cards.

Foods featured at the event include eggs, pancakes, sausage, cereal, donuts, juice, and ice cream. Everyone is welcome to attend the meal.

The last worship services for the semester. They will be held at 9:30 and 11 a.m. Sunday in the Cook-DeWitt Center.

These services will feature Christmas carols, and a special performance by the walk-in choir. If students are interested in performing in the choir, there is a practice Thursday at 9 p.m. in the CDC. Anyone is invited to attend the practice as well as the worship services.

Greek

Giving tree available to donate gifts to area family

Delta Zeta Sorority is once again sponsoring "The Giving Tree." The organization adopted a financially needy family from the West Michigan area in hopes of making their Christmas a special one. Students can help out by donating gifts for the family.

First, stop by the lobby of the Kirkhof Center during the week of Dec. 3-10.

Locate the giving tree and select an ornament from it. Each ornament has one gift idea on it from a wish list the family completed. After buying the gift listed on the ornament, it can be

dropped off at the Delta Zeta House, located next to Afterward's Café, by Dec. 12.

During the week of Dec. 13-18, the gifts will be wrapped and delivered to the family. Monetary donations will also be accepted if students would like to help out but are too busy to shop.

Campus Ministry holds holiday service, hosts Midnight Breakfast

Students for Free Tibet host vigil and party

Students at Grand Valley State University have an opportunity to show their support for human rights worldwide this weekend.

The "Students for a Free Tibet" are hosting a candlelight vigil and party

Sunday, Dec. 10, celebrating the 52nd anniversary of signing of the Universal Declaration of Human Rights.

The event, which meets at 5 p.m. in the Muskegon River Room in the Kirkhof Center, will be a procession that goes through campus and ends with a reception at Weed Living Center.

For more information about Students for a Free Tibet, e-mail President Meghan Burke at

burkem@river.it.gvsu.edu. Leadership opportunities available for all students

Both Spotlight Productions and the Student Senate are accepting applications for next year and next semester, respectively.

Spotlight is looking to fill ten positions in the organization to start next semester but be officially in place for the 2001-2002 school year. The organization wants next year's members to shadow the current students to see what the positions involve. Applications will be available at the Big Ol' Bash in January.

The positions include executive board and committee chair spots. For more information, call 895-2345.

Student Senate has a few openings that they will be filling for next semester. Applications are available in their office located in the Kirkhof Center. Students must be available to attend Thursday General Assembly meetings from 4:30 to 8 p.m. The Student Resources Committee will be reviewing applications and holding interviews in January.

For more information about Student Senate, call their office at 895-2333.

AIDS Week brings awareness to campus

B.G. MARTINO
Grand Valley Lantern

The Grand River Room in the Kirkhof Center is lined with four large portions of the World AIDS quilt.

Grand Valley State University students, faculty, staff, and community members are present for a lecture on how the disease affects minority populations and the college campus in general.

This took place Monday night during a program entitled, "You Can Make a Difference." The event was put together by several campus organizations, including Volunteer GVSU, Laker Village House Council, Student Senate, and the various multicultural student groups.

Sayla Martin, resident assistant for Laker Village, hosted the discussion. She says the purpose of the night was to increase AIDS and HIV awareness and prevention in various minority communities.

"Through education we can make a difference," Martin said.

Almost every speaker echoed this sentiment during his or her time at the

podium. Each person talked about their personal experiences and how HIV and AIDS have impacted their respective cultures.

Among the presenters were students Nikkia Parks and Keenan Colquitt, who spoke on the African American communities; Matt Steck, a community member who shared his experiences; Jesus Jaime, from the group Hispanics Against AIDS; and Bill Claudio from the group Speakers with Heart.

The program began with a performance of "Lilly in the Valley" by students Nina Cager, Glenn Sanders, and Carmelita Hoskins.

The first speaker was Michelle Kreusel, co-coordinator of the Health and AIDS issue of Volunteer GVSU. She revealed statistics that showed that the disease is the leading cause of death for 25-44 year olds. Also, 90 percent of reported cases of HIV are due to heterosexual activities, which she says is a surprise to most people.

She explained that a lot of ignorance toward the subject is due to the fact that people in our society seem to be afraid to say the word "sex." But she says the fact is that educational programs in high schools do actually

lead to less sexual activities and increase safer sex practices.

"This epidemic sweeping over the world will affect you if not effect you," Kreusel said.

Jackie Hill, the director of educational support programs on campus, spoke next about her son Jon, who was with AIDS in the 1980s when he was 16 years old. She said he was devastated when he found out.

"He received no words of help from the doctors, but was told that most people don't live more than two years with AIDS," she said.

She told the story of when Jon first went to college. He had gotten used to leaving with the virus, and wanted to live in the dorms. But his peers were not very supportive.

"He was very up front with everyone about himself," she said. "But people were judgmental, they were hurtful, and they were hateful. They trashed his door repeatedly. They were scared of the disease."

Hill was quick to add that Jon's RA staff was very supportive and rallied around him and helped transcend the problem.

She told the audience to help think

of ways to help understand people that are living with AIDS.

"Be the person that reaches out to them and supports them," Hill said. "Give them a hug, sit with them in the Commons, be their friend."

Out and About President J.J. Lindke wrapped up the evening with a discussion how AIDS affects the gay, lesbian, bisexual, and transgender communities.

Lindke says he is a gay person who grew up with parents who were 40 years older than he is and from a strict Catholic family.

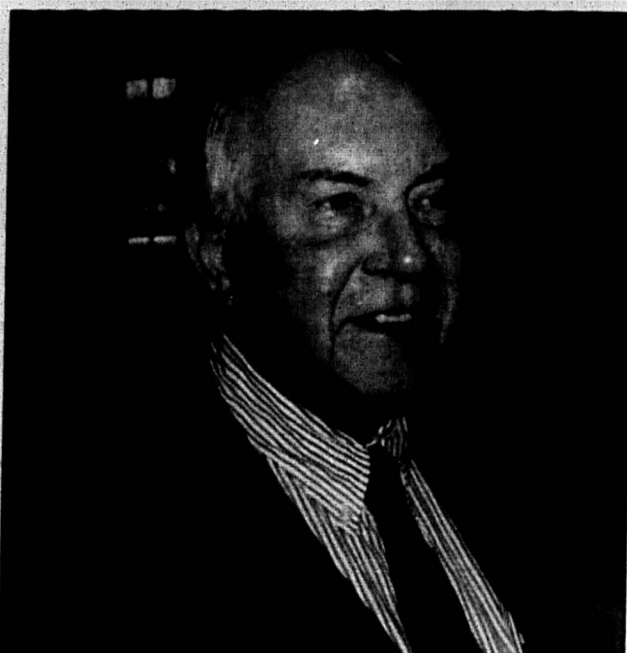
"I was told that AIDS was only in the gay community, and that scared me knowing that I could spread it," he said. "I didn't want to deal with that."

He stressed that since he did not learn very much about sex, HIV or AIDS in high school, he educated himself when he came to college.

"I found out all the ways you can get HIV, and learned about condoms and how they work," Lindke said.

He closed with this advice for the audience.

"Keep learning and share with others around you," he said. "Don't let them be the next panel of the quilt."



Grand Valley Lantern / Adam Bird

Communications professor Fred Chapman is retiring after 10 years at GVSU. Faculty and students attended a reception in his honor Dec. 5 at the Alumni House.

MA's plan peace week

B.G. MARTINO
Grand Valley Lantern

Multicultural assistants plan peace week and other activities

Imagine this. A world without war, violence, hatred, or other uncivil characteristics that are present in today's society and culture.

Grand Valley State University's Housing Multicultural Assistants are helping students make that possibility more of a reality this week.

Jill Gomoll, MA for Living Centers II, helped plan the Week of Peace, which began Monday and wraps up today.

"The purpose of the week is to come together as a campus and advocate peace in all forms," Gomoll said. "This includes everything from world peace to peace surrounding everyday human rights issues."

The activities included in the Week of Peace were and are:

Monday kicked off the week with a candlelight vigil at the Carillon Clock Tower at 9 p.m.

Tuesday through Friday the MAs handed and will be handing out Peace in the Valley buttons 10 a.m. to 3 p.m. in the Kirkhof Center.

In order to receive a button, one must sign a peace contract stating that

he or she will advocate peace. The contract lists examples of ways in which to accomplish this.

Thursday, Dec. 7, at 6 p.m., Gomoll says they will be having a Peace-a-Party with free pizza at the Robinson House Lobby.

The Week of Peace is just one of several events that the MAs have planned for the remainder of the school year.

Wednesday, Jan. 31, is the Tunnel of Oppression in the Grand River Room in the Kirkhof Center.

The time for the event will be announced in the future.

Wednesday, Feb. 21, is the Gospel Explosion in the Louis Armstrong Theater. No time has been set as of yet.

Gomoll says that in March they will be bringing back Amka Africa and the Sound Tribe (an African Dance Group from Michigan State University) and also having a Phenomenal Women reception.

The dates and times for these programs will be announced.

On Wednesday, April 4, there will be an end of the year banquet for the various multicultural organizations.

This will take place in the Grand River Room 5 p.m. to 8 p.m.

For more information about any of these events, contact the Housing Office at 895-2120.

Laker Life Calendar of Events

	Contact: campusministry@gvsu.edu
Saturday, December 9:	
Commencement	Wednesday, December 13:
10 a.m. Fieldhouse Arena	Stress Busters Finals' Week
Various Contacts	Messages (Pre-Registration Required)
Tuesday, December 12:	12:30 - 2:30 p.m. Kirkhof Center Lobby
Campus Ministry Degage Trip	Contact: wellness@gvsu.edu
6 - 10 p.m. meet at the Kirkhof Center	

Galaxy far far away part 11

AARON DEKUIPPER
Grand Valley Lantern

"Jus' us now, boys," Jags announced, leading the way into the spiral. Luke stepped inside, and held his breath. They had entered a supply area of the spiral, and a seemingly endless stream of stairs rose above the trio. Cold, sterile, metallic stairs-up and up and still further up. A service lift of some sort sat at one corner of the room, lights blinking on and off repeatedly, doors closed.

"Well, ready to climb?" Nugero asked rhetorically, starting up the stairs.

"What about the lift?" Jags said, clearly unhappy with the prospect of endless steps.

"Well, we can have the Imps onto us sooner, or later. I myself am choosing later," Nugero answered, continuing briskly. Luke and Jags glanced at each other, and began the upward journey.

Many minutes, a few thousand stairs, and countless grunted curses from Jags later, Nugero stopped. He examined a wallpanel, and nodded.

"Here we are. The generator level..." he verified.

"And we're supposed to protect you while you...what?" Luke asked, clearly exasperated.

"Nugero has the codes memorized to get in, and enough thermite gel to down this whole thing," Jags supplied.

"You know I don't agree with that," Luke said quietly. Nugero hit the panel to open the door to the generator area, and stepped inside cautiously.

Jags shook his head and followed, leaving Luke alone in the stairwell. Cold wind swirled around, and the Jedi shivered involuntarily.

I made an agreement to help these people...and this world needs freedom, too. But this...? I also made a vow to the Force, and I can't help but feel that there must be a better way...countless innocents will die in this explosion, does it have to be that way.. Luke closed his eyes, and leaned against the wall. Memories of the first Death Star filled his mind.

The first Death Star...the one I blew up, on my own. So many lives... he pushed back from the wall, removing the memory from his mind. A shout came from the next room, and Luke sprinted in. Nugero knelt beside a short terminal in the center of the room. No larger than a bedroom, the walls were covered with cabinets and readouts. Across the room, Jags stood against the wall.

PLEASE SEE GALAXY, 10

Native American group ending the silence

SAYLA MARTIN
Grand Valley Lantern

Going into its seventh tenure under the advisory of Eduardo Sanchez, the Native American Student Association strives to increase awareness about Native issues on campus.

Although the Native population is small at Grand Valley State University, they have organized several large events on campus.

On Saturday, Nov. 11, along with the Office of Student Life and the Minority Affairs/Multicultural Center, NASA hosted the Veterans Dance and Fest.

This event was widely attended by students as well as community residents.

On Wednesday, Nov. 15, NASA brought activist and former leader of the American Indian Movement, John Trudell, to the GVSU campus.

This event was held in the Grand River Room of the Kirkhof Center and attended by about 60 people.

Anna Detz, current president of NASA says she feels that the events are enjoyable as well as learning experience into the traditions and life of Native peoples.

"Its not very often that people see things like this," Detz said.

In addition to educational events, NASA has been active participants in Ethnic Festival.

This year at the event the Natives featured a traditional delicacy Fried Bread along with corn soup.

NASA also hopes to deal with the political issues that hinder the Native voice, not just here on campus but statewide.

To deal with some issues that many Native students are faced with they plan to hold an educational conference next spring for all Native students statewide.

Over the years the minority student populations have increased, however there is a need for more diversity according to Detz.

There are no specific conditions to be a part of the Native American Student Association.

Their main goal is to create awareness through education and programming, thereby ending the silence of the issues that face Native population.

NASA meetings are held in upper Kirkhof, Monday at 4:30 p.m.

For more information about the group, contact Detz via e-mail at detza@river.it.gvsu.edu.

The art of forgiveness



Chris Braley, M.A., Doctoral Intern

seeking revenge is that these reactions don't really repair the damage.

When someone offends us, we sustain at least two injuries. The first injury pertains to the offense itself - whatever it may be.

The second (and often more important) injury is the loss of relationship that ensues. While revenge may give some sense of gratification, it does not usually undo the harm of the offense or repair the rift in the relationship.

Forgiveness involves choosing to give up our "right" to seek revenge or to hold a grudge in favor of working on repairing the fractured relationship.

It is often a painful process that takes time to complete, and it doesn't make the anger and hurt disappear suddenly. What it does do is free us from anger's controlling grip and start us down the road to healing.

Some situations make it extremely difficult for us to handle our anger and to find the strength to forgive.

In situations like these, it is often helpful to talk to a skilled counselor who can support us in the process.

If you find yourself in such a situation, please consider making an appointment with one of the counselors at the Counseling and Career Development Center (205-3360). Services are free and confidential.

"To err is human, to forgive, divine." This famous proverb, penned by Alexander Pope, points to the profound complexity and difficulty that we may encounter in trying to forgive someone who has hurt us.

It is especially challenging to forgive someone with whom we have strong emotional ties. Such as family, close friends, or romantic interests.

When someone offends us, there is an impulse to seek revenge or to hold a grudge. The impulse is good in that it means to a sense of justice and respect for our boundaries.

The problem with holding grudges is

New name, new line-up for entertainment board

WENDI HAILEY
Grand Valley Lanthorn

Grand Valley State University's entertainment board has a new name and a new lineup of events for next semester.

The group is now officially known as Spotlight Productions.

The new name is to eliminate confusion between the organization and the Programming Fund Management Board.

David Heeden, vice president of the board, said the events will provide students with something fun to do throughout the winter semester, since a common complaint is that the campus is boring.

"I think we, as an organization, planned a very good schedule for the student body," he said.

"I think that the students will appreciate every act, and that they will enjoy the selection."

All of the events, except for Lil' Sibs Weekend, will take place at 9 p.m.

Here is the schedule of events:

Jan. 31: Anthony Rapp is an actor who will be speaking on life as a performer and issues surrounding gays, lesbians,

bisexuals, and transgenders.

"He talks about several different issues that will appeal to several different audiences," Heeden said.

Rapp had a role in the original running of "Rent" on Broadway, and he appeared in the movies, "Adventures in Babysitting" and "Dazed and Confused."

Heeden says that Rapp may also teach a master-level class to GVSU's theater department that day.

Details are being finalized. Rapp will lecture in the Pere Marquette Lounge.

Feb. 2-3: Lil' Sib's weekend will feature several events, such as the balloon doctor, who can create intricate animals; a children's movie; and Rick Kelly, a returning entertainer. Dates and locations are still being set for the activities.

Feb. 8: Dave Coleman, the "Dating Doctor," will be on campus to host Creative Dating, in which he will give advice on relationships, including tips on how to make them last.

Coleman has a book out called Date Smart, and he has also made appearances on radio shows around the country and CNN.

The location of Creative Dating is still being decided.

Feb. 13: Rob Paravonian, a parody guitarist, will be performing. Heeden says the show will be the first of a new Coffeehouse series.

"The series will consist of small, intimate shows with high quality entertainers who are beginning their careers," he said. The location is still being decided.

March 14: Craig Karges, National Association for Campus Activities' 1999 Campus Entertainer of the Year, will be performing a variety act.

"The man will blow your mind," Heeden said. "If you like Tom DeLuca, you'll love him."

He adds that Karges is also NACA's Variety Performer of the Year for the tenth consecutive year.

His show will take place in the Grand River Room of the Kirkhof Center.

March 20: Fade 2 Shade, a six-person rock band, will perform in another segment of the Coffeehouse series.

Heeden describes the band as a mix between Dave Matthews' Band and Bare Naked Ladies.

"What you consider typical college music," he said, "they fit right in it."

The location is still undecided.

March 23: Las Vegas Night will be back at GVSU with more craft tables, black jack, roulette and slot machines.

Heeden says that it will be bigger than last year. Also, comic Ray Ellin will be

performing.

"Ellin offers heavy audience interaction," Heeden said.

Las Vegas night will take place in the Pine River Room of the Kirkhof Center.

March 28: Greg Giraldo is another comic who will be on campus to give a show.

Heeden says that on Jan. 25, Giraldo will be on the Comedy Spotlight show on Comedy Central.

"The man is going to be utterly huge soon," he said.

The act will be held in the Pere Marquette Lounge.

April 3: Mike Burton, a comic, will perform a show from the Coffeehouse series. The location of the show has not been decided yet.

April 20: A spring

entertainment festival is currently being planned, although members of Spotlight Productions are unsure if it will take place or not.

"If so, it will be an end of the year blowout event," Heeden said.

Bands, comedians, and other entertainment acts are possible for the festival.

Also, the organization will offer weekly movies in the Pere Marquette Lounge. Dates and times are still being determined.

Students can check the campus activities' calendar at www.gvsu.edu (Grand Valley State University's web site) or they can contact the Office of Student Life at 895-2345 to find out about these and other upcoming events.

AIDS is not someone else's disease

SHANI CLARK
Grand Valley Lanthorn

"You don't have to be infected to be affected."

This quote is from a panel on the AIDS Memorial Quilt displayed at Grand Valley State University earlier this week.

Quotes like this are part of the main message from this year's AIDS Awareness Week sponsored by Volunteer GVSU's Health and AIDS issue.

This week is dedicated to reminding people that everyone is affected by AIDS whether they are infected or not.

Jeanne Marshall understands this first-hand. Marshall, founder of Grand Rapids AIDS Walk, had heard about the disorder but never thought it would affect her. Then in 1981 her son became extremely sick. They both thought he had caught a violent flu bug. Not until 1987 did they find out he was infected with HIV.

"I was naive enough to think that it wouldn't happen to us," Marshall said.

Her son would live for another seven years until 1994 when he caught pneumonia and was hospitalized. There doctors diagnosed him with full-blown AIDS.

Sadly, her son never left the hospital.

Who was Marshall's son? He was James Marshall, a

Michigan State University graduate, a professional chef, a musician, and a son.

James was similar to many Grand Valley Students, says Marshall.

Jeanne Marshall nor her son expected him to die that way. Nor do most people.

The truth is 1 of 300 19-24 year olds are infected by the HIV virus, according to the Ottawa County Health Department.

Half of the more than 40,000 Americans who become infected with HIV each year are under 25 years of age according to the NAMES Project Foundation.

James lived nearly six years before being diagnosed with HIV.


You can't tell if someone has HIV by how they look, behave, or where they live.

The overall message is that AIDS may not affect your health but it should affect your behavior.

"I learned from this experience that we are all responsible for ourselves," says Marshall. "We have to take responsibility."

Only you can prevent infection by taking personal responsibility and educating yourself about HIV and AIDS.

For more information on HIV and AIDS contact the Ottawa County American Red Cross at (616) 396-6545.



Money doesn't grow on trees...

...but if you want to earn some extra cash over break, or on the weekends, call Preferred Inventory Service, Inc. @ 677-1400. Start at \$8.00/hr. with lots of shifts available over the semester break.

A Stitch Above
We will keep you in stitches.



PHONE: (616)677-5455

At the corner of Lake Michigan Drive & Linden. Right next to Forever Sun.

Now taking orders for Greek Lettering, Padel, Glassware, Jewelry, (Lavaliers, etc.) We customize logos

Bring this ad in and receive \$2.00 off!

Wedding Receptions
Rehersal Dinners



Terra Verde Banquet Center
(Up to 325)

Centrally located (1-1/2 mile off I-96) between Grand Rapids, Muskegon and Holland
11741 Leonard Rd. Nunica MI
616-837-8249

WCKS continued from page 3

Richardson said. WCKS held a mandatory meeting on Nov. 29 at 9 p.m. in the Lower Commons food court. The goal of the meeting was to determine whether or not the station would begin daytime broadcasts again and also to make some re-organizational changes.

Anyone with a show on WCKS, who wanted to continue their show, had to attend the meeting and ensure their slot in the program schedule, Richardson explained.

The meeting went well, according to Curtiss who said approximately 2/3 of the WCKS staff showed up for the meeting.

"We had a very nice turnout," Curtiss noted. He explained that the meeting started with a recap of the disagreement between the Copy Center staff and WCKS.

"There has been a historical disagreement between our station and the administration," Curtiss explained. "We are just trying to bridge the gap."

Therefore, WCKS established some new policies during the meeting for DJs who play their music too loud before 5 p.m. or use obscene language.

Curtiss said that now there will be consequences. After two strikes, DJs could lose their slot in the program schedule.

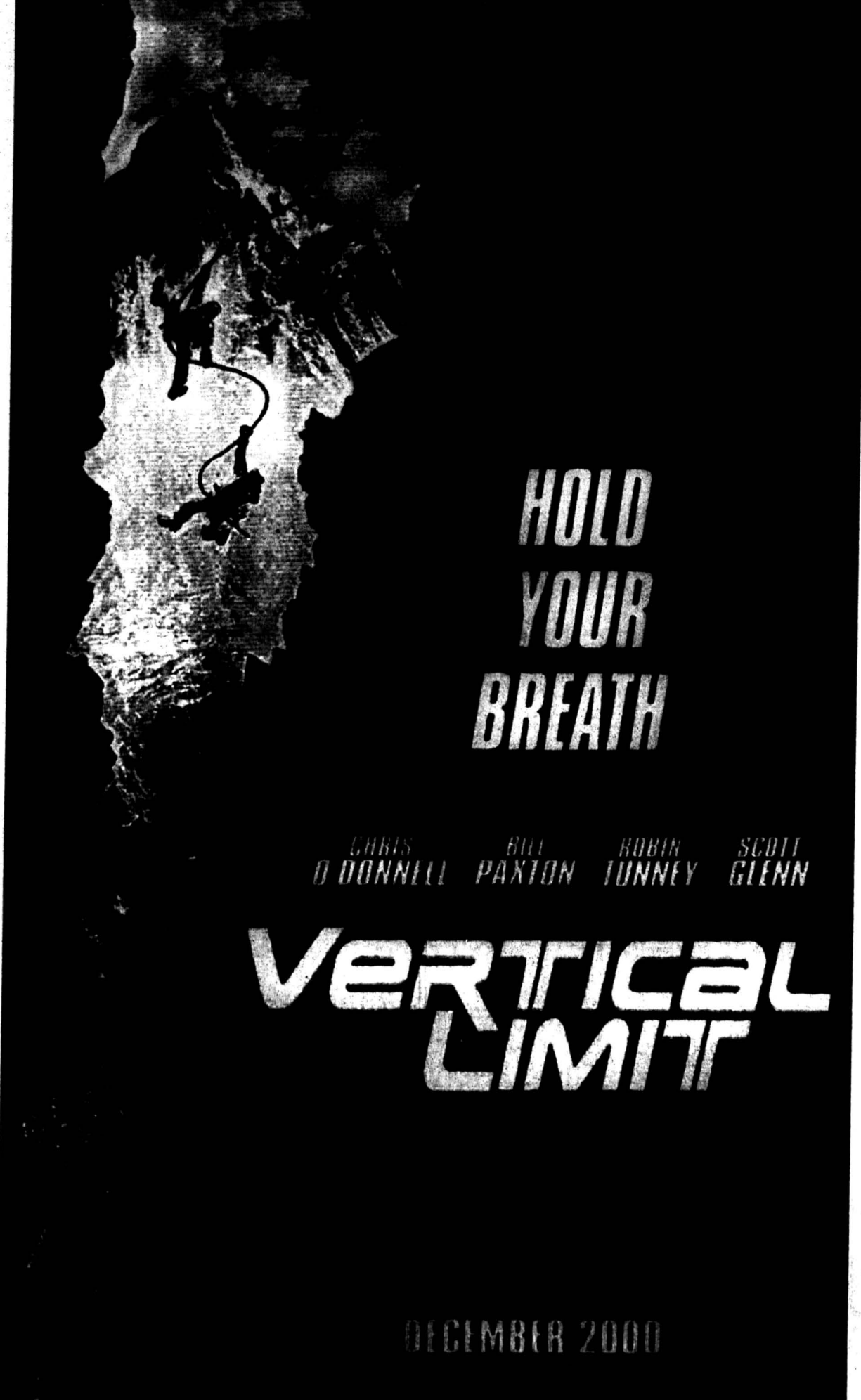
The station has a volume

level set on the monitors to prevent music from being played too loud. There is also a strict rule against swearing and using obscene language on the air. According to Curtiss, DJs are never allowed to cuss and callers or guests have to follow this same rule. As for obscene language in lyrics, profanity in music cannot be played during daytime broadcasts.

"Some DJs take for granted that since nobody is complaining, they can play whatever they want," Curtiss said. Now, consequences will be more strictly enforced.

Curtiss also explained that the station is becoming more focused and organized. Each show will have a log that includes a list of records and record reviews. Curtiss also said that the station would have listening meetings to decide which records to play on each show.

WCKS opened daytime broadcasts again the following day, Nov. 30. That Friday, the station held a fundraiser in the Grand River Room of the Kirkhof Center. The "WCKS Filthy-Clean Fun Fest" featured the bands Marvin the Robot, Mild Seven, and Blackout. DJs from the station played music as well. The fundraiser lasted from 8 p.m. to 2 a.m. and charged students only \$3 to attend.



HOLD YOUR BREATH

CHRIS O'DONNELL BILL PAXTON ROBIN TUNNEY SCOTT GLENN

VERTICAL LIMIT

DECEMBER 2000

Housing Guide

Downtown Housing Beekman Management

2,3,4,5, Bedrooms
Duplexes, Houses,
& Apartments

5 properties available
within 5 blocks of new
Devos Center.

895-5866

Grand Valley State University Housing Guide 2000-2001

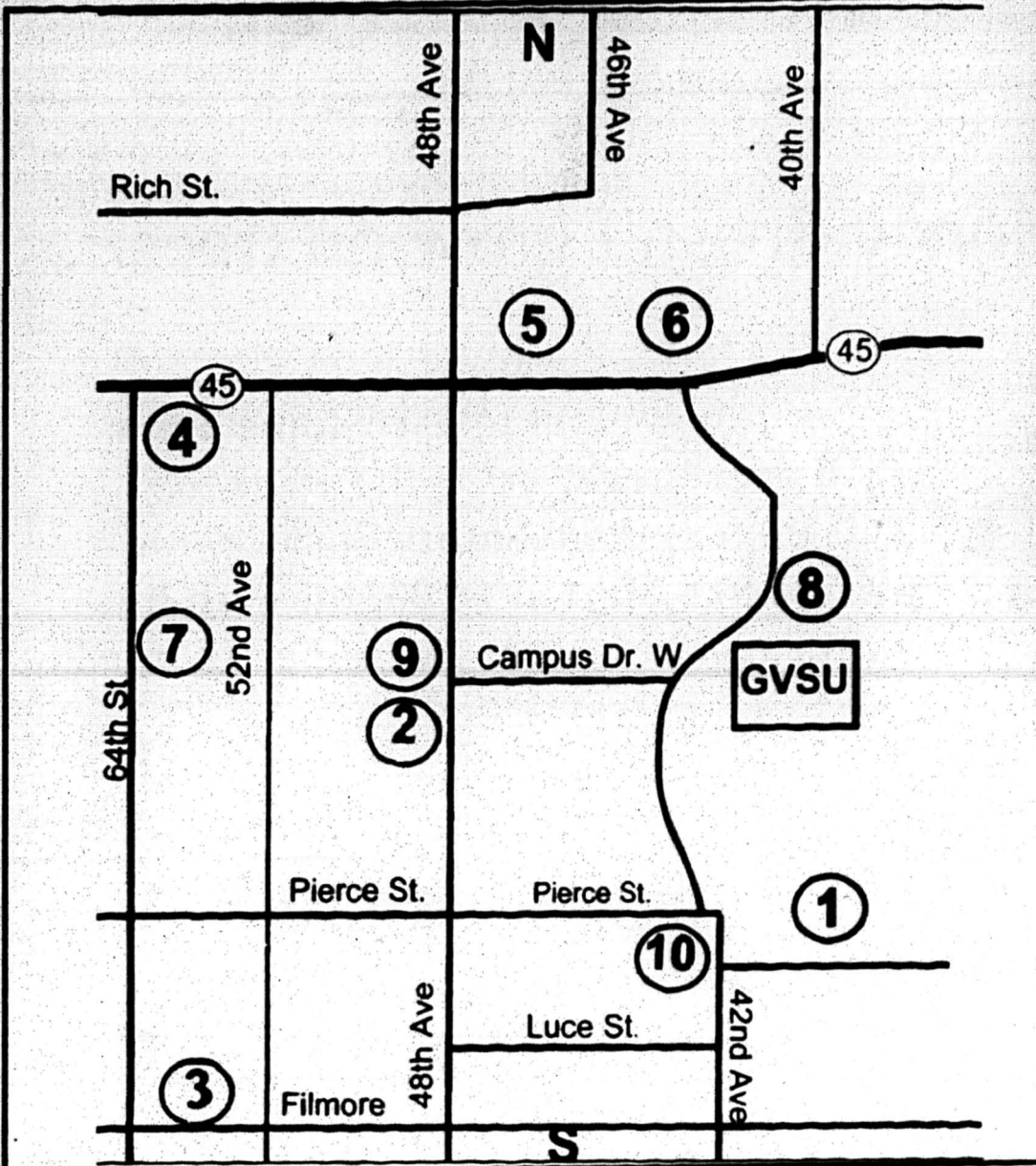
64TH STREET TOWNHOUSES

10 or 12 month
leases offered

Call 457-5768

3 Bedroom, 2 full bath
with washer/dryer units

3 or 4 bedroom units
rent starting at \$262.50
per person



THE BEST VALUE AT GVSU

UNIVERSITY TOWNHOUSES

Private, Wooded Setting on Filmore
Spacious, Walk-Out Townhouses
With Patio

Less Than 2 Miles from Campus
Washers/Dryers in Each Unit

NOW ACCEPTING APPLICATIONS

Price is 4225 per person
(Based on occupancy of four)

CALL 895-4001

Now Accepting Applications

WATER
SEWER
CABLE
TRASH

ALL INCLUDED

Largest apartments in the area

-1,000 sq. ft.

Each bedroom has

- 2 Closets
- Built in Desk
- Split Bath

Private balconies

Laundry in each building

1 & 2 Bedrooms available

243-7511

Designed with you in mind

BOLTWOOD

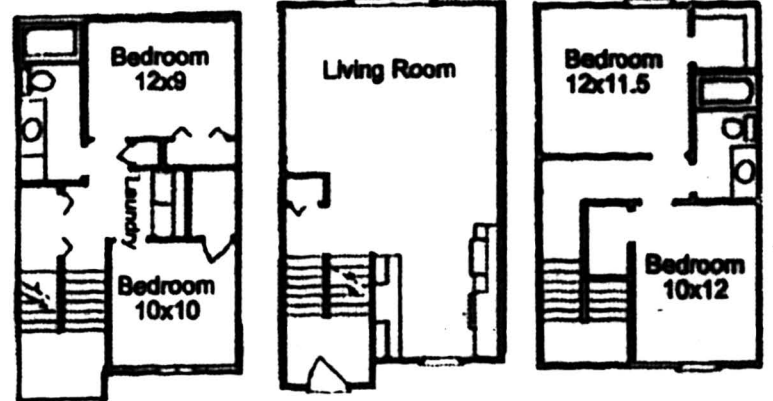
Newest, Largest
Townhomes in the area

3 Floors!

Every home has:

- 3 or 4 Bedrooms
- 2 Full baths
- Dishwasher/Microwave
- Washer and Dryer

LOWER LEVEL MAIN LEVEL UPPER LEVEL



HIGH TREE TOWNHOMES

**4477 LAKE MICHIGAN DR.
243-7511**

How to find and rent an apartment off-campus

JOE MENICKY
Grand Valley Lanthorn

Shop around. Do not take the first place you see. Compare rent, facilities, terms of the lease and the management or landlord.

Inspect the apartment. Do not sign the lease until you have inspected the apartment. Before signing, make a list of things that need repair and have your landlord sign the list indicating that he/she accepts your inspection. Have the landlord or a witness check the apartment with you so that you will not be charged for damage for which you are not responsible. This will help you get things repaired and/or avoid charges for the damage when you move out. Take this advice seriously!

Ask questions. Ask neighbors or former tenants about the apartment and the landlord. Find out what your landlord is like. Are repairs made quickly? Are security deposits returned promptly? Ask about utility costs, health conditions, noise and other concerns. You can also call the gas and electric companies to inquire about average utility costs.

Check the deposit policy. If you leave a deposit to hold an apartment, make sure the deposit is refundable.

Consider duration. Try not to sign a 12-month lease if you are not going to live in the apartment for 12 months. Most contracts last for 12 months!. Negotiate for a shorter term. Policies about subletting

(renting your apartment to another person while you are away) should be specified in the lease.

Negotiate. A lease is a contract and is open to negotiation. If you find a place you like, but you don't agree with all the items in the lease, ask if the landlord will change the lease.

Get EVERYTHING in writing. Once you decide on a place, sign a lease. It is usually to your advantage to have a lease agreement so that you can hold the apartment management to their end of the contract. All promises to repair, clean, etc., should be included in the lease. A verbal agreement may seem friendlier but will not help you if you need to settle a disagreement in court.

Read the lease carefully before you sign. If you do not understand it, ask for an explanation from the landlord.

Adhere to the contract you signed. Pay your rent on time and fulfill your part of the contract. Avoid causing damage to the apartment. You will lose a portion of your deposit, if not all of it, as the management will charge you the amount required to fix the damage.

Be a considerate neighbor. Do not disturb the people who live around you by being noisy or messy.

Buy Renter's or Property Insurance. Renter's or personal property insurance protects your personal theft, fire or storm damage. The landlord is NOT usually responsible for replacing your personal

property if one of these acts occurs. I strongly recommend that you purchase renter's insurance, and hope that you will never have a need for it! You should buy a policy that will cover your belongings, and any liability you might have.

For example, you would be liable if you accidentally left an iron on in your apartment, starting a fire that damaged the building and the personal property of two other tenants. Also, a good policy should give you replacement cost on your

belongings. Imagine that you paid \$100 for a rare book that would cost \$200 to replace today. If the book were destroyed in a disaster, a policy that pays replacement cost would pay you \$200.

Whether you are looking for an apartment or trying to resolve a dispute. The housing office might be able to point you towards a particular service provider.

Get help if you need it.

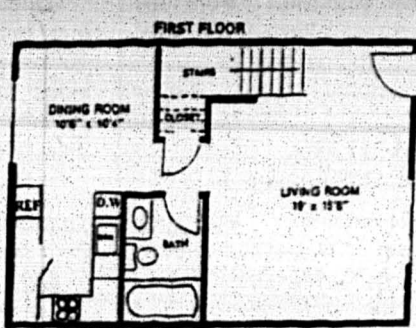
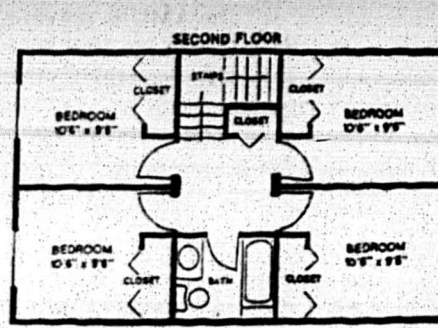


COUNTRY PLACE APARTMENTS

4-PERSON 4-BEEDROOM 2 FULL BATHS 1,250 SQ. FT.

EACH APARTMENT INCLUDES:

- GARBAGE DISPOSAL
- REFRIGERATOR
- DISHWASHER
- RANGE
- CABLE AND PHONE IN EVERY ROOM
- CENTRAL HEAT AND AIR CONDITIONING


FOR LEASING INFORMATION CALL: (616) 895-6060

ALLENDALE map locator

1. Grand Valley Apts. 10330 42nd Ave.
2. Country Place Apts. 10507 48th Ave.
3. University Townhouses 5466 Filmore Rd.
4. Ottawa Creek 11107 & 11127 52nd
5. Boltwood Apts. 4687 Lake Michigan Dr.
6. High Tree Apts. 4477 Lake Mich. Dr.
7. 64th St. Apartments 1/2 mile south of Lake Michigan Drive
8. Grand Valley Housing 103 Student Service Bld.
9. Campus West 4832 West Campus Dr.
10. Campus View 10235-95 42nd

Campus West Apartments

Phone 895-5904
For leasing information



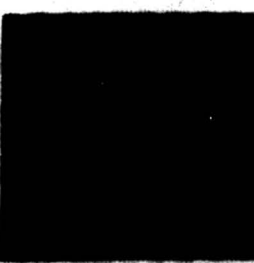
Check out the hottest off-campus housing.

See what makes Campus West Apartments the place everyone wants to live.

We offer

Apartments:
2-bedroom/ 1 bath
Refrigerator
Electric Stove
Dishwasher
Air conditioning
Extra-large bedrooms
Open floor plan
Secure buildings



Townhouses:
4-bedroom/2 bath
Refrigerator
Electric Stove
Washer/Dryer
Central air and heat
Dishwasher
Large rooms
Lots of storage



The first 100 to apply automatically registers to win one of 5 20 minute Buckeye flights.

Campus View APARTMENTS & TOWNHOMES

SERVING GVSU STUDENTS...

Apartments

- Three floor plans are offered: studio, one bedroom and two bedroom
- Fully-furnished apartments
- Modern kitchens and appliances
- Laundry facilities in each building
- Air conditioning
- Indoor swimming pool and recreation room with billiard tables
- Full bath and shower
- Cable service available
- Quiet buildings offered

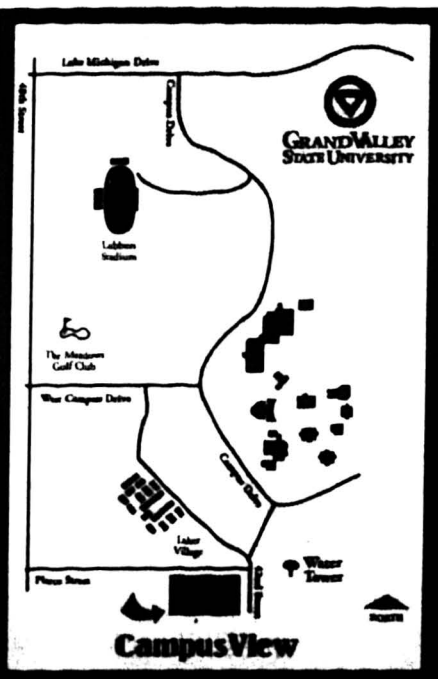
Townhomes

- Two floor plans are offered: three or four bedroom
- Spacious living with over 1200 square feet
- Washer and dryer
- Central air and gas heat
- Kitchens with modern appliances & dishwasher
- Phone and cable in every room
- 2 bathrooms
- Unfurnished with window treatments
- Indoor swimming pool and recreation room with billiard tables

3 · 9 · 12
MONTH LEASES AVAILABLE

616-895-6678

10235-95 42nd Avenue • Allendale, Michigan 49301



CampusView

STATE

continued from page 2

in its efforts. The Michigan Student Assembly, the student government for the University of Michigan in Ann Arbor, contacted GVSU at the end of last year. They proposed that state-funded universities meet in November and start to put together an information sharing and lobbying group, Witt said.

The conference was held the weekend of Nov. 18, and 14 of the state-funded universities attended.

We have never seen this many universities show an interest in one effort, Witt commented.

At the conference the University of Michigan in Ann Arbor had lobbying issues that they wanted to work with but the other schools didn't feel it was appropriate, considering the AMU didn't even have a structure, Witt explained. The schools spent the rest of the weekend in meetings giving structuring the association.

The universities decided to have meetings scheduled four times per year at rotating meeting locations. On Feb. 10 and 11 the AMU will meet at Lake Superior State and in May, the AMU will meet here at GVSU.

Two delegates from each school are required to be at the AMU meetings, but only one vote is allowed per school. No business can be voted on without it going to every university student government first.

"That's the big thing right there," said Witt. "Nothing will happen at the AMU that doesn't come with the Grand Valley Student Senate seal of approval

on it." The senate hopes the AMU will help in issues such as state funding. Currently, the state legislature uses two-year-old data when determining the state appropriation figures for schools.

Matt McLogan, Grand Valley's vice president of university relations, has asked that the state use one-year-old data when determining appropriation.

If the state doesn't count by using one year-old data, then freshman admitted this fall to GVSU, or any on any campus, won't be counted for appropriations purposes until they become juniors, McLogan said.

The Student Senate also hopes the AMU will help with issues such as Public Act 118. The act basically states that your voter registration address has to match your driver's license address. This forces college students to travel home in order to vote.

The GVSU senate is currently working on a textbook funding issue, which will eliminate sales tax on textbooks for students, Witt says the issue has been brought up statewide and will more than likely become an AMU effort.

Some GVSU senators had reservations on the AMU, not wanting it to become too powerful. However, Witt says that the AMU won't work that way.

"The AMU is not trying to be a federal government body. This is something that is supplemental to our student government, it is not something that supercedes it."

ACTIVE

continued from page 3

clinical experience. "I model the approach and format for each module and once the student demonstrates competency in creating a therapeutic environment, I gradually step back and allow them to lead the group," she explained. Azkoul is always present to provide direct supervision

Both level two and level one OT students can participate in Out and About. Azkoul provides students with the "Well Elderly Study" as prerequisite material so they can become familiar with the study's findings before assisting clients.

"We also meet with clients one on one," Azkoul mentioned. GVSU OT students can

participate in this portion of the program as well.

Once the three months have ended, each senior receives a notebook similar to a yearbook. Each notebook contains handouts and exercises from each topic covered in the session, the client's own notes, and photos from the group's outings. "They have found the notebook to be a valuable resource to refer to, even after the program ends," she noted.

Azkoul said that the program has received a warm reception and all the clients who participated have benefited from the program.

"They start to rely on each other and help one another," she said. "One client even told me

that she had never had any friends before this program."

As for who gets to participate in Out and About, Azkoul selects group members from subsidized apartment homes.

She finds many elderly citizens living in subsidized apartments have had to move out of houses because they could no longer care for them on their own.

"This is where we wanted to intervene," she said. She looks for apartment complexes that don't offer any services to elderly, so the program can assist these seniors first. Groups for Out and About can have anywhere from 12 to 20 members and the cost for the

program is based on income. If a client makes less than \$18,000 per year, the program is free. Otherwise, they pay a small amount based on their individual income.

Azkoul and GVSU's OT program is planning another Out and About three-month session for January.

The most recent program ran until late November involving residents of the Breton Meadows Apartment Complex.

The program is proving to be successful. Close to 58 percent of participants in the program report an improvement in their perception of overall health and a decrease in pain since the program's start, according to Easter Seals statistics.

GALAXY

continued from page 6

blaster in hand. A large archway and dark tunnel led to a balcony in a huge room, presumably where the first of the generators was housed. Three troopers lay motionless below the large man, likely guards of this room. Five more were rushing down the tunnel, led by an imposing figure.

"Luke, hurry up! I can't hold 'em all off!" Jags hollered. Luke Skywalker walked forward, and stood serenely beside Nugero.

"Give me half a minute..." he muttered.

"You will not blow up this docking spiral," Luke stated without emotion. Both the companions glanced his way, but Luke did not move.

"Sabotage the startup

systems. Shut down the power to the spiral and surrounding area. Do something that will be useful. But you will not blow up this docking spiral. Jags watched, dumbfounded, but Nugero seemed miles away. He blinked, and nodded silently, returning to his work.

"I am Kade, assistant to the general, and you will step away from that terminal this moment!" the leader of the new troops demanded as they neared the room enough for shouts to be heard. Luke stepped forward, igniting his lightsaber at last, and deflected a few shots as he stood near Jags.

"Got it!" Nugero announced from behind, and both men glanced backward. Bolts still rained forth, and as he was

standing again Nugero took a shot in the leg. Luke rushed forward and caught him as he cried out in pain.

"Luke, hurry it up!"

"Nugero, can you stand?" Luke inquired, close to panic, as he heard more and more troops approaching. The sound of blaster fire was constant now, the bursts melding into a continual sound. Jags was staying safe by sidestepping behind the wall after he fired, but more and more of the plasteel barrier was being eaten away by bolts. Nugero was lapsing into unconsciousness from shock, he didn't respond.

"Luke, get him out of here!" Jags yelled, firing away again and again.

"I can't protect him and help

you out too!" Luke answered bitterly, lifting the wounded companion in his arms. "Come on, we have to go!"

Jags didn't answer. Luke went to the door to the stairwell as fast as he could manage.

"Get out of here I said!" The demand fresh in his ears, Luke went through the door and began down. He hesitated only a moment, glancing back at the conflict. Will he die, Yoda? Luke wondered, before coming to the inevitable final thought. Always in motion is the future. As he began descending the stairs four at a time, the last sight his eyes caught was a group of angry troopers closing on Jags and swinging arms and guns angrily.

BOOK

continued from page 1

condition, wait for someone to respond, and then ship the book. The buyer then has 3 days upon the book's arrival to return it for full money back. This insures that the seller has not lied about its condition. Purchases are entirely between students, eliminating middlemen.

"The owners saw the internet as an incredibly

efficient distribution system, and that costs of used textbooks could be dramatically reduced for students, said John Nesbit, President of Customer Relations and Director of Marketing.

Whichever way seems more convenient, there are many ways in which to receive reimbursements for textbooks this semester.

SUICIDE

continued from page 1

appointments are not necessary. Otherwise, students can call 895-3266 and a counselor will meet with a student immediately.

"In an emergency situation, we will see a student right away," Pace pointed out. She explained that during this time of year, feelings of depression and anxiety increase due to the holidays and the days being shorter, which decreases the amount of sunlight each day. Pace spelled out some

symptoms of depression to watch out for.

Signs of depression include feeling down or numb emotionally, feeling more irritable than usual, major changes in sleeping or eating habits, and difficulty concentrating. Other signs include significant weight gain or loss and lack of physical energy.

"Sometimes depression can be situational," Pace noted. "But what people don't realize is that

depression can be treated. Our services are free and we have a well-trained staff."

Since the holidays can be a lonely time of the year for students who stay on-campus during the break, the center has planned an activity to let these students know they are not alone. For the afternoon of Dec. 20, the counseling center has planned a free trip to the mall with a movie pass, as well as a gift basket for the students who stay on-campus over the break.

"It is just a way to reach out to students because this campus can seem so empty during the Christmas break," Pace explained.

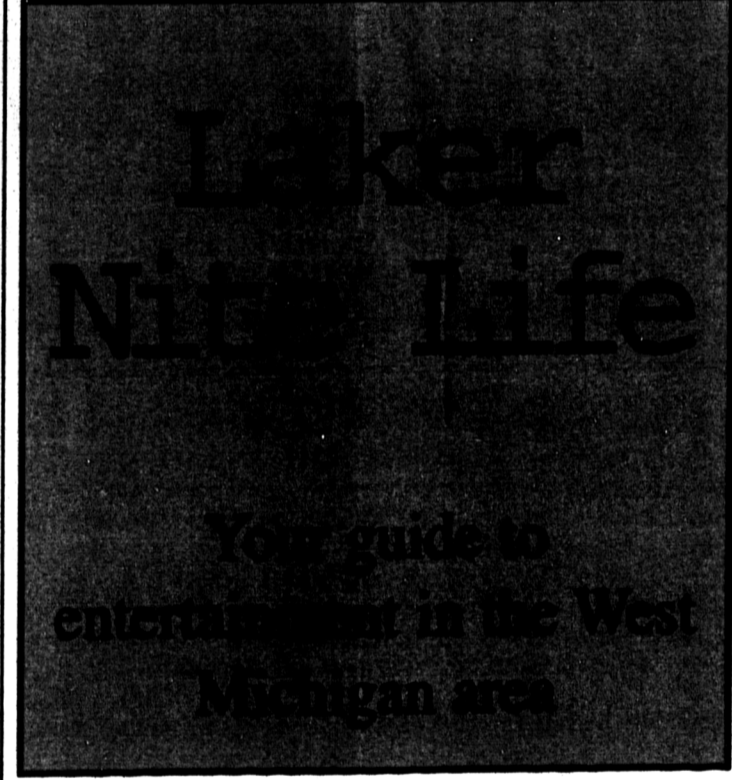
Pace recommends that Grand Valley State University students who are experiencing feelings of depression and anxiety, or know somebody who is, should call the Counseling and Career Development Center as soon as possible at 895-3266.

THE RADIO TAVERN
MUSIC & SPIRITS
661 Bridge St. — 235-0531

Located in the Stockbridge area 3 blocks west of downtown

Wednesdays - Ladies Night /College Night
No cover for the ladies — and they also get \$1.00 drinks ALL NIGHT!
Featuring DJ Trace from I96

Thursdays — College Night
Live Alternative Music
\$1.00 pint drafts till 11:00 pm



The Grand Valley Lanthorn wishes you the Happiest of Holidays and a Happy New Year

Open Monday-Saturday 11 am-2am
Sunday 12pm-12am

Bar & Grill

2501 Wilson Ave. NW, Grand Rapids, MI, 49544
Phone (616) 735-3888

TAP

8 Ionia SW, Grand Rapids, MI (616) 774-3338

Open 7 days a week!
Monday - Friday: 11am - 2am
Saturday - Sunday: 12pm - 2 am

Come experience Western Michigan's Largest Taphouse
30 Draft Beers & Fabulous Food

Mondays - Monday Nite Football
Coors & Coors Light Drafts only \$1.50

Tuesdays - Ladies Night
\$1.00 Domestic Drafts and Well Drinks for the Ladies
BIG ASS BEER for everyone

Wednesdays - Live Entertainment
Rick Reuther, Nick Foresman, Cullen Anderson - Just to name a few!

Thursdays - Thirsty Thursdays
Try your favorite draft for only \$2.50 all night

To advertise your business in this special section, contact the advertising department at 895-2484

Grand Valley Lanthorn
100 Commons
Grand Valley State University
Allendale, MI 49401

Advertising Manager:
Kellie Titus

Happy Holidays From FLANAGAN'S IRISH PUB
• Good Food • Good Times • Good Friends •
Happy Hour M-F 5pm-7pm
139 Pearl St., Grand Rapids, MI, 49503 • Phone 616-454-7852

11 Ionia, Grand Rapids 459-8824

J. GARDELLA'S TAVERN

LIVE MUSIC
Starting in January
Wednesday Nights 9pm-1am
Upstairs - 2nd Floor



DR. GREGG DIMKOFF
Finance Department
Seidman School of Business

Q: Earlier this semester you said that stock investment should be long term (not less than 2 years). I have around a \$4,500 CD that expires soon. If the stock market is still down at that time due to the election mess, wouldn't it be wise to invest now because it will go up again? Wouldn't it be possible to make a substantial gain?

A: You've asked a thoughtful question. Yes, the stock markets are way down compared with their highs, and it seems like a good time to invest, even for a fairly short time period. But if we know one thing about stock markets, it's this: No one is very good at predicting turning points. The market may fall further. Or it may stay down for a very long time. Then again, it might shoot up quickly before year-end. No one knows (though that doesn't stop people from expressing opinions).

I'm not so sure that the market is down just because of commotion over the election. There are signs that Europe is slipping toward a recession. The high price of crude oil is taking its toll on several industries in the US. Several large, widely followed companies have come out with disappointing earnings announcements. And no matter how the re-count turns out, either Twiddle Dee or Twiddle Dum will be the next president. None of this inspires investors.

From the mid-1960s until the early 1980s, the stock market was down and stayed down. Investors averaged annual returns of about 3% per year, mostly from dividends they received. Could this happen again? No one knows, and it could, though I think the next few years should be good years for the stock market.

If you cannot stand the thought of losing part of your \$4,500 two years from now, stay out of the market. But if you feel that the potentially higher return is worth the risk, go for it. Put your money in a mutual fund. It all comes down to how much risk you are able to tolerate.

Q: I don't know much about investing in stocks. Where can I get good information? Who offers good educational material?

A: Check out the Internet site, Fool.com. You can click on "Fool's School" at the top of the home page and learn the basics about stocks, stock markets, and investing. If your schedule permits, you might also want to consider taking FIN 221, Personal Finance. It will count only as a 3-credit elective toward the 120 credits needed for graduation, but you will learn about investing. Good luck.

Send your questions to Professor Dimkoff, 444 DEV, or dimkoff@gvsu.edu.

Voigt house offers Victorian view of Christmas

SUZANNE RIVECCA
Grand Valley Lantern

If your idea of Christmas includes nineteenth-century opulence and glass gherkins hidden in the fronds of the fir tree, then the Voigt House's "Home for the Holidays" tour may be just the thing for you.

The Voigt House, an ornate throwback to Victorian-era elegance, is offering Christmas tours through January 16. The 1895 Heritage Hill mansion at 115 College SE will be decorated in the traditional Victorian holiday manner, which site manager Chris Ham describes as "opulent."

"Every year, we do a Christmas program, and the holiday season is our busiest time of year," she says.

Ham says that the sumptuous house has widespread appeal across the community, attracting groups as diverse as church groups, school and senior groups, and Welcome Home for the Blind.

"Our tour guides talk about the Voigt family and the history of the home, going room by room," she says. "This year, the theme of the Christmas tour is to

explain what a typical Victorian family would be doing in the 24 hours before Christmas: preparing food, decorating, and wrapping presents."

The tour is dedicated to giving visitors an authentic glimpse into the past. Inside the brick walls of Voigt House, time seems to have stood still: the rooms are decorated with furniture that has been in the Voigt family for generations, as well as antique quilts and the family china and crystal. The Christmas tour features a floor-to-ceiling tree bedecked with antique ornaments, including the traditional "Christmas pickle ornament."

An old German tradition, the Christmas pickle is hidden in the branches of the tree. When the children are ushered in to see the tree, the first one to find the special ornament gets a prize.

According to Ham, this Voigt custom has caught on with contemporary visitors eager to inject their holidays with a touch of old-fashioned fun.

"A lot of families have adopted this as their own Christmas tradition," she says, adding that reproduction pickle ornaments are available in the

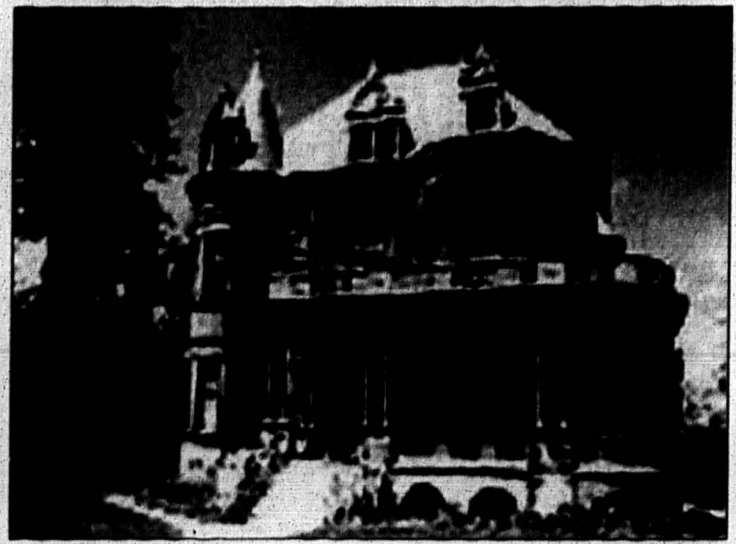
Voigt House gift shop.

Voigt tour guides also give visitors bona fide Victorian Christmas recipes like plum pudding and cranberry sauce, guaranteed to make a modern holiday feast feel like a spread straight out of Charles Dickens' A Christmas Carol.

The Voigt House, located in the heart of Grand Rapids' historic Heritage Hill district, is a testament to successful historic-preservation efforts on the part of the community. The house became the property of the Public Museum of Grand Rapids in 1975, after dedicated efforts to save it from demolition.

The house was built in 1895 for Carl Voigt, a Prussian immigrant who came to America at the age of 14. The owner of a successful flour mill business, Voigt moved from Indiana to Grand Rapids in 1875 and acquired the graceful mansion that would house his family for almost a century.

Family members occupied the house until the death of Ralph Voigt, the last of Carl's children, in the 1970s. In his will, Ralph left 50 percent of his estate to the Grand Rapids



The Voigt House offers visitors a look back to the 19th century

Foundation. Suddenly, the Voigt House was orphaned, and Ralph's death instigated the Kent County Council for Historic Preservation's crusade to retain the mansion's historical integrity and save it from eradication.

The Council eventually bought the house for \$90,000, raising the money through grants from the Grand Rapids Foundation, the National Park Service, and the Steelcase Foundation. The mansion was

then donated to the Public Museum of Grand Rapids, which opened its doors for tours and group dinners.

General admission for Voigt House tours is \$3. For children and seniors, the rate is \$2. The House also offers the opportunity for groups to book group meals or wedding ceremonies in the mansion with a month's advance notice.

For more information about Voigt House tours and programs, call Chris Ham at 456-4600.

Holiday help is on the way

SUZANNE RIVECCA
Grand Valley Lantern

Does the phrase "eighteen shopping days left" make you cringe with panic? Are you tempted to serve arsenic-spiked eggnog to those annoyingly perky carolers? Or are you just worried about finding everyone on your list the perfect gift on a nonexistent budget, cooking a 12-course Christmas feast, and traveling home to see the family—all while keeping your sanity intact?

The holidays are traditionally a time of cheer and family togetherness, linked with happy images of tree trimming and chestnut roasting. If you believe Hollywood, holiday spirit has the power to transform the fiercest curmudgeons into pussycats: look what it did for It's a Wonderful Life's suicidal George Bailey and that famous king of holiday grouches, Ebenezer Scrooge.

However, life doesn't always imitate art. Many people become depressed and anxious during the holiday season, for a variety of reasons. Commercialization of Christmas, gift-buying stress, and emotional overload can all combine to make an otherwise sane person feel more like decking Santa than decking the halls.

Help is on the way: on Thursday, Dec. 7, GVSU's Counseling Center is facilitating a discussion group to explore issues of holiday anxiety and suggest stress-relieving solutions. The discussion, appropriately called "Oh No, the Holidays are Coming," will be held from 5 to 6 p.m. in room 101B of the DeVos Center, at Grand Valley's downtown campus.

According to M.J. Thiel of the Counseling and Career Development Center, the

PLEASE SEE HELP, 18

Help Save A Life — Donate Plasma Today.

It's The Right Thing To Do!

And Each Month You Can Earn Up To

\$200

Call Community Bio-Resources to make your appointment:

COMMUNITY BIO-RESOURCES

616.458.1646

www.cbr-usa.com

Now you will receive an EXTRA \$10 on your 2nd donation within a calendar week!



County of Ottawa
Health Department

Public Health Services

NOT PLANNING A PREGNANCY RIGHT NOW?

NEED SOME OF THESE?



OR MAYBE A DEPO SHOT?

AND YOU CAN ALWAYS GET THESE FREE TOO!

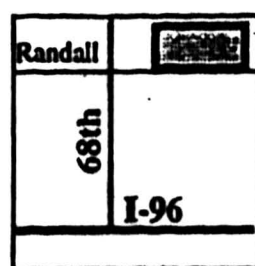
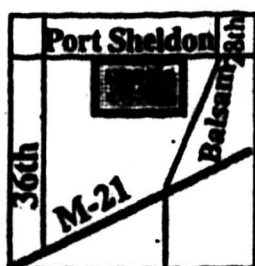


THE OTTAWA COUNTY HEALTH DEPARTMENT CAN HELP WITH ALL OF YOUR BIRTH CONTROL NEEDS. WE OFFER:

Hudsonville Coopersville

669-0040

837-8171



PAP SMEARS
BIRTH CONTROL PILLS
DEPO-PROVERA INJECTIONS
EMERGENCY CONTRACEPTION
CONDOMS, FOAM, AND OTHERS

WE ALSO DO TESTING FOR:
PREGNANCY
STD'S AND HIV

Services also available in:

Holland 396-5266 Grand Haven 846-8360

Call for hours. Sliding fee scale available.

Answers

DEMON	ROD	BET
ARUBA	EMU	EVA
MARIS	BAHRAIN	
RETTON	AULD	
PIA	YAZ	SISSY
AVIS	BOVID	
RENTAL	OPERAS	
UPEND	RENO	
TEMPT	OKS	FIX
OLIO	STALER	
TERRAIN	OCALA	
ACE	IDO	SHTES
LTD	DEW	HONES

Look for the
GVL's
Crossword
on Page 17

a·cacia n. 1. Any of a large genus (Acacia) of flowering trees and shrubs found in temperate regions. 2. The common locust tree. 3. Gum arabic or gummy exudation of certain acacias. 4. A new fraternal society for Grand Valley State University. Acacia fraternity: Something Different. Contact Rick @ (616) 895-2464 for more information.

gvdigest

Campus

Intramural basketball leagues to form upon return from break

Students interested in playing intramural basketball should have teams prepared by the first week of the winter semester.

The deadline for teams to enter the Grand Valley State intramural basketball league will be Wednesday, Jan. 10, 2001.

The cost of each team is \$30 and teams are limited to a maximum of 20 players.

Games will be played on the basketball courts in the Fieldhouse Recreation Center.

For more information and to register, call the Department of Health, Recreation & Wellness at 895-2600.

Intramural

Flag football champs headed to national tournament

The Grand Valley State intramural flag football champions and state runners-up will compete in the national tournament in New Orleans on New Year's Day at the Superdome.

D.P.C. earned a berth in the national tournament by taking second place at the state tournament at Central Michigan. The team lost in the championship game 14-12 when it failed to convert a two-point attempt near the end of the game.

The team is made up of seniors and is captained by John Wight. Other players on the team include Brandon Johnson, Jason Van Tol, Shawn Lee, Nick Langendorfer, Chad Henman, Matt Hoffman, Kirk Sharporn, Bob Ignatowski, Christian Gilhuly and Matt McCarthy.

Last year, D.P.C. finished third in the state tournament, missing the nationals by one place.

Volleyball

AVCA honors Scanlon as Regional Coach of the Year

Grand Valley State volleyball head coach Deanne Scanlon was named the American Volleyball Coaches Association Division II Great Lakes Region Coach of the Year.

Scanlon led the Lakers to a 31-4 record this season and won the Great Lakes Regional tournament. The team also won the GLIAC tournament and appeared in the NCAA Championship quarterfinals before losing to eventual champions Hawaii Pacific.

The team's .886 winning percentage was the second best in school history - the 1970 team was 9-0 under then head coach Joan Board.

Scanlon was overlooked earlier year when Northwood head coach Jeff Williams received the GLIAC Coach of the Year award despite his team losing to Scanlon three times in the final month of the season.

Scanlon holds a career 58-11 record at Grand Valley State and is only the second head coach of the Lakers' volleyball program.

Track & field

Lakers to host open meet in early January

The Grand Valley State track and field program will hold a clinic and public meet at the Fieldhouse Arena prior to the winter semester.

Both the clinic and the meet will be open to people of all ages and abilities on Saturday, Jan. 6, 2001.

The cost of the morning clinic is \$10 for registration before January 3 and \$15 the day of the clinic. This cost also includes two free events at the meet, and shirts are an additional \$10.

The clinic will teach athletes speed drills, flexibility, plyometrics and event-specific coaching and will be followed by a lunch.

For individuals interested in just the afternoon meet, the cost of the first event is \$5 and \$2 for each additional event.

The track events for the meet will be the 55-m dash, 1600-m run, 55-m hurdles, 400-m dash, 800-m dash, 200-m dash and 3,000-m run. The field events will be the high jump, long jump, shot put and pole vault.

For more information and sign-up forms call the track and field office at 895-3360.

Volleyball finishes among top 8

Grand Valley State bows out of NCAA Championship after first-round loss

MIKE KOHON
Grand Valley Lantern

After winning the first match of the NCAA Championship, California (Pa.) head coach Dinu Dan said he'd like to face Hawaii Pacific in the second round.

Unfortunately for the Lakers, Dan

got what he wanted.

Grand Valley State lost its first-round match in the tournament to Hawaii Pacific 3-0. The Lakers (31-4) managed only 21 points and never strung together more than two consecutive points in a single possession on their way to the 15-4, 15-13, 15-4 loss.

The team tallied a .281 hitting percentage, which was around their season average, but allowed the Sea Warriors to compile a .400 hitting percentage.

Despite the loss, Lakers head coach Deanne Scanlon had high praise for her team as well as her team's opponents.

"It took a heck of a team to beat a heck of a team," she said. "They were one of the better teams we've played all year long."

Sophomore outside hitter Traci Skrzypek played very well in the match and scored an ace in the first game of the match while finishing with 12 kills, a 500

hitting percentage and nine digs.

She had played very well in the weeks leading into the tournament but it seems the Sea Warriors were planning on her to perform as well as she did.

"I didn't play this game any different than any other game," she said. "I think they weren't planning on me playing as well as I did."

In the second game - the only one the Lakers remained close in - Hawaii Pacific jumped out a 7-3 lead with great play at the net. Scanlon called a timeout and the team responded with five unanswered points to lead 8-7. The teams pull neck and neck the rest of the way and the Sea Warriors were able to put off the 15-13 game-winner when sophomore outside hitter Carly Miller sent an attack long. Miller had nine kills and two digs in the match.

In the third game, Grand Valley State went up 2-0 at the outset but fell into an 11-1 drought before losing 15-4.

Throughout the game, the Lakers sent serves and attacks into the net and long, over the Hawaii Pacific zone. The team finished with 12 service errors and made 15 attack errors.

Senior middle blocker Kathy Vis finished with 17 kills, four aces, five digs and two block assists in the match.

She had high expectations for the team going into the tournament, although the team fell short of the title.

"I'm disappointed," she said. "We could have played a heck of a lot better,

but we had a much better season than I thought we'd ever have."

Senior setter Kristy Kale handed out 45 assists and came up with four digs and a pair of block assists in the match.

Grand Valley State's .281 hitting percentage was one of the five best performances the Sea Warriors had faced throughout the season. The Lakers scored more points on the Sea Warriors than any other team in the tournament as Hawaii Pacific won the national title without dropping a single game.

Hawaii Pacific head coach Tita Ahuna said the Lakers pushed her team to its limits and thought the Lakers were one of the best teams her Sea Warriors had played the entire season.

Kohon's call

"Anybody that isn't convinced this is the greatest volleyball team in the history of the school should ask Joan Board. As the only other volleyball coach in school history, she'll be the first to attest the team was better than any of the ones she coached."

Now, that she's made a name for her program, the trick for Scanlon will be to stay near the top with heavy recruiting and more Vis-like transfers."

Kale breaks Grand Valley State's all-time assist record

During the Lakers' loss to Hawaii Pacific in the first round of the NCAA Championship, Grand Valley State senior setter Kristy Kale broke the school's career assist record.

Kale's 45 assists were enough to surpass Colleen Murphy on the all-time assist leader board as she closed out her career with 5,441.

This season, Kale tallied 1,637 assists, including a season-high 73 against Arkansas Tech on August 25 in Phoenix, Ariz.

It's not a bad accomplishment for a player that didn't expect to play much when she arrived on campus, and it's a testament to the abilities she's shown on the court over the past four years.

"Before I came here, (the coaches) told me that my time wouldn't come until my second or third year," Kale said. "I started my freshman year, which was totally unexpected."

-MK

Despite Bauer's great games, Smith unhappy

MIKE KOHON
Grand Valley Lantern

If there was any doubt about Jason Bauer's starting spot with the team, it can be put to rest any time now.

Bauer scored 52 points last week as the Lakers split a pair of home games to open conference play last week.

The Lakers (5-2, 1-1 GLIAC) dropped a close game to Findlay 83-79, won 80-64 against Ashland on Thursday and 85-61 in a non-conference game against Grace Bible 85-61.

Against Findlay on Saturday, The Lakers had chances to win down the stretch, but the Oilers scored six points in the final 48 seconds to keep the Lakers at a distance and hand Grand Valley State its first GLIAC loss of the season.

The Lakers ball-handling woes continued in the game as they turned the ball over 20 times. Findlay was able to score 28 points off Lakers turnovers in the game.

"We missed some free throws at the end of the game and there were some missed free throws by Donte (Smith)," Lakers head coach Terry Smith said. "If we didn't cause so many turnovers, we would have stayed in there."

Smith, a senior forward, missed one of two free throws with 30 seconds left that would have tied the game.

It was a close game until the Oilers put together

a 14-5 run midway through the first half to go up 22-15. The Lakers remained behind up to halftime, where they trailed 42-33.

"We didn't play well in the first half," Smith said. "They really jumped us."

In the second half, the Lakers charged back into the game and cut the Findlay lead to one with 15:53 left in the game.

Despite shooting 37.3 percent from the floor in the second half, the Oilers, who are picked to finish near the top of the GLIAC this season, threw up 37 shots - seven more than the Lakers.

Smith said he was may look at a change in the team's game plan.

"We need to get back to fundamentals," he said. "We need to start driving it in and trying to pass."

Against Ashland, the Lakers grabbed a comfortable lead late in the first half and cruised to the 80-64 victory.

With the score tied at 21-21, Grand Valley State put together a 14-7 run to lead 35-28 and halftime and never saw their lead shrink to less than five the rest of the way.

Bauer had a breakout game as he scored 33 points on 14-for-21 shooting from the field and grabbed 14 rebounds. He also picked up two shot blocks and a pair of steals in the game.

Smith said his center has played great the last

"We need to get back to fundamentals. We need to start driving it in and trying to pass."

- Terry Smith
Lakers head coach

PLEASE SEE MEN'S HOOPS, 14

Lakers' men and women take fifth at Wheaton

Meet gives Lakers a chance to scout out their next dual-meet opponent

KEN WISNIEWSKI
Grand Valley Lantern

Less than half the Lakers swim team traveled to Wheaton this past weekend to face some very tough competition. The Wheaton Invitational had a total of nine teams competing, four from GLIAC and five other local teams.

The competition proved to be very tough and was faster than what head coach Dewey Newsome had expected. Grand Valley State's (334) women finished behind Wheaton (864), University of Wisconsin-Milwaukee (861), University of Wisconsin-Stevens Pointe (567), and Hope (398). Grand Valley's (241) men finished behind Hope (771), University of Wisconsin - Milwaukee (760.5), University of Wisconsin - Stevens Pointe (670.5), and Wheaton (622).

The team had a great weekend that brought in 110 season best swims, 15 lifetime best swims in addition to the season, 2 varsity records, and 1 freshman record. The team was also shutout in only two of the 30 events.

Junior Becky Noechel set a new varsity record in the 200-yard butterfly at 2:17.20 and also in the 400-yard IM with a time of 4:51.03. Ben Renkema broke a freshman record in the 200-yard butterfly finishing with a time of

2:06.92.

Newsome was happy with the way the men in the 200-yard freestyle pre-trials and then took on the challenge the next day and swam really well.

"We had times that were not necessarily lifetime best swims, but were just off of what these kids had done last year at the championship meet," Newsome said.

Although not as sick as she was last year for this meet, the Lakers' key swimmer, Julie Upmeyer, was unable to swim her best but still gave her all.

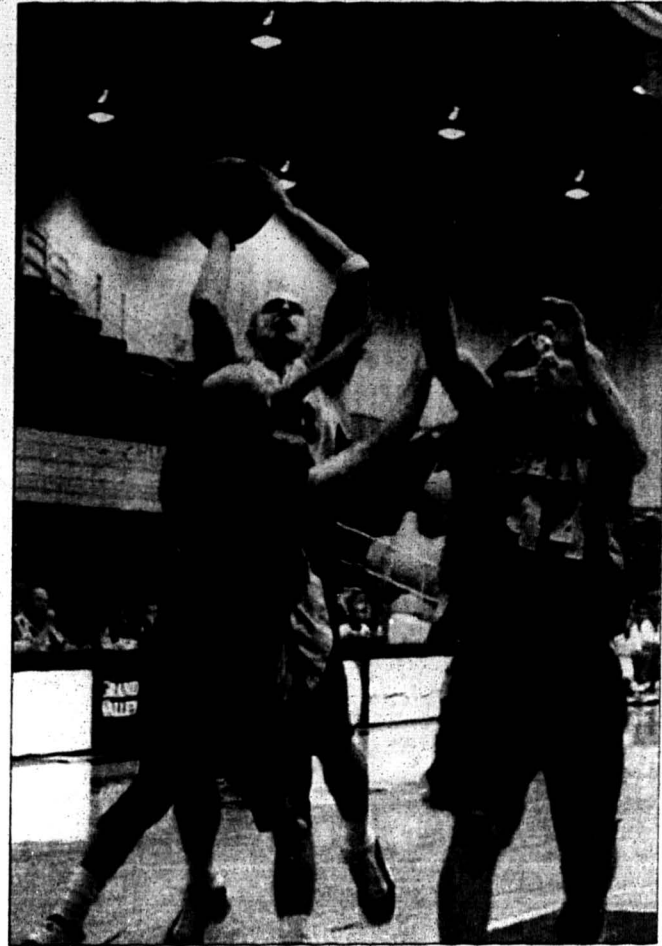
"The only thing that we went down there to do that we didn't accomplish was get our national qualifying. For the second year in a row Julie Upmeyer was sick at the meet, so her swims were not where they normally were... not even close. Even the three or four relays that she was a part of, those relays were the fastest we had gone this season, so she still carried a big load for us. We would have liked to have gotten one of those cuts for nationals," Newsome said.

Newsome is comfortable that Upmeyer will get the cut, he would rather get it done early.

Newsome had a chance to check out his next opponent at the Invitational. Hope has one of the best men's swimming programs in division III.

"Their men are extremely good, extremely good...very, very deep. Josh Boss, who made the Olympic trials last year, leads them. He

PLEASE SEE SWIMMING, 13



Grand Valley Lantern/Josh Fedoruk

The Lakers' John Flynn goes up against a pair of Ashland defenders in his team's win last Saturday.

Schedule

Thursday, Dec. 7

Women's basketball at Northwood 5:30 p.m.
Men's basketball at Northwood 7:30 p.m.

Friday, Dec. 8

Swimming & diving Hope 5 p.m.

Saturday, Dec. 9

Women's basketball Lake Superior State 6 p.m.
Men's basketball Lake Superior State 8 p.m.

Saturday, Dec. 16

Women's basketball at Hillsdale 1 p.m.
Men's basketball at Wayne State 3 p.m.

Tuesday, Dec. 18

Men's basketball St. Joseph's 7 p.m.

Thursday, Dec. 20

Men's basketball Rochester 8 p.m.

Friday, Dec. 29

Women's basketball at Rob. Morris 5:30 p.m.

Friday, Dec. 30

Women's basketball at Lewis 1 p.m.

Women's hoops drop third in a row, lose point guard

Rehmann plays well in Kerr's absence, but it's not enough to win

RYAN SLOCUM
Grand Valley Lanthorn

The Grand Valley State women's basketball team dropped to 2-4 on the year after losing games to Ashland and Findlay in the opening weekend of GLIAC conference play.

After leading by three points at the half Thursday night, the Lakers were out scored 40-22 in the second half, resulting in a 70-55 loss to undefeated Ashland.

Grand Valley State had no answer for Ashland's offense. The Eagles shot 46 percent from the field compared to 27 percent by the Lakers.

Sophomore forward Jennifer Nielson led the way scoring 15 points and grabbing six boards. Sophomore Laurie Rehmann pulled down nine rebounds, but struggled offensively, scoring only eight points.

Saturday afternoon, Grand Valley State lost a tough one to Findlay, 71-65.

Grand Valley State pulled within three points late in the game, but excellent foul shooting by Findlay kept the game out of reach.

The Lakers committed 29 personal fouls in the game sending the Oilers to the foul line 46 times, including 29 in the second half. Findlay converted on just 30 of the 46 foul shots, but that was enough to widen the gap and put the game away.

Rehmann led the Lakers with 21 points and six boards, while Freshman Cori Jewett scored a career high 16, while hitting 3 of 7 three-balls.

PLEASE SEE
HOOPS WOES, 13

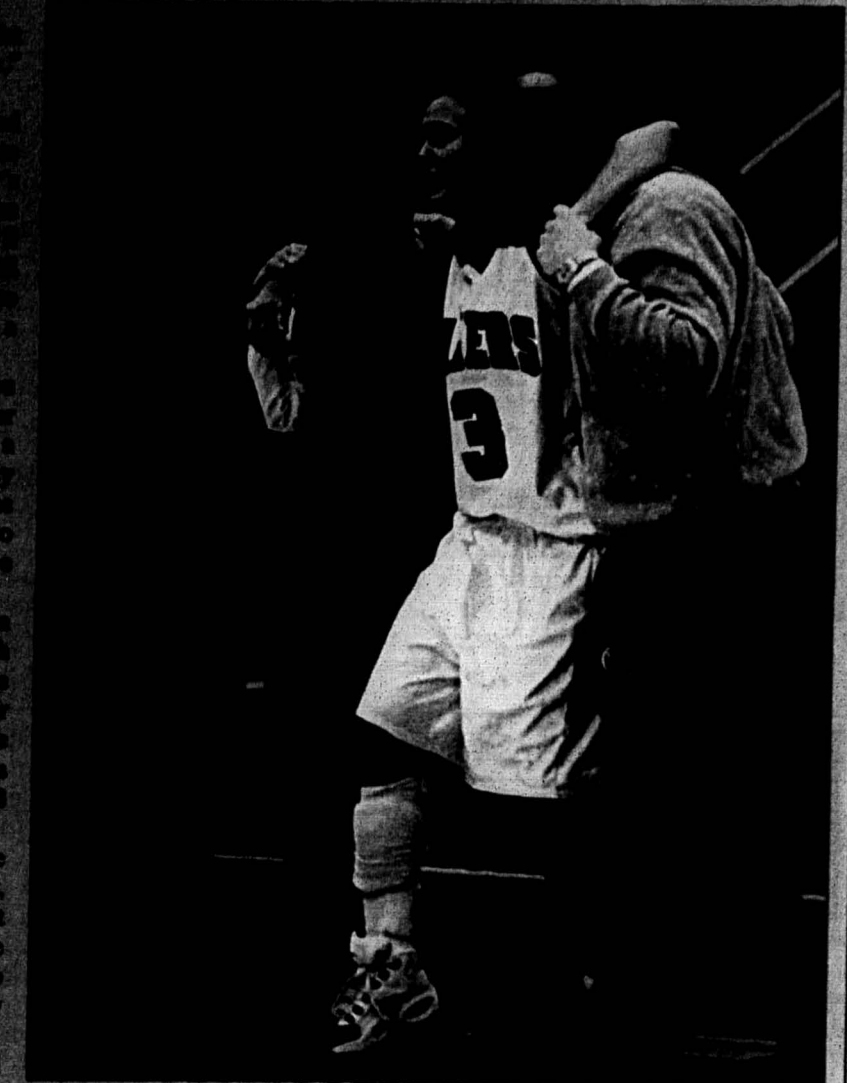


Grand Valley Lanthorn / Josh Fedoruk

Katie Kerr goes up for the basket against Ashland in what was likely the final game of her college career.

3 to starters could be up in Laker lineup

Trainers Julie Vunovich and Todd Jager assist Kerr off the court after she tore her right anterior cruciate ligament last Saturday.



Grand Valley Lanthorn / Josh Fedoruk

Trainers Julie Vunovich and Todd Jager assist Kerr off the court after she tore her right anterior cruciate ligament last Saturday.

Wrestlers pick up shutout at home

ANDREA ROSEMA
Grand Valley Lanthorn

Last Tuesday, Grand Valley State hosted its first dual match in nine years against Ferris State. Members of the newly rejuvenated wrestling club dominated competition from the first match to the last, sending the Bulldogs home with a shutout. The Lakers stole every point, ending the night with an impressive score of 50-0.

Team president Alan Smith is excited about this year's season and last Tuesday night's victory.

"We did much better this year, considering last year we tied Ferris in club competition," he said.

Pins from the Tuesday night meet came from Alan Smith, Eric Smith, Rick Bolhuis, Bill Stoetter and Jeremiah Gitchel.

This year's team has the talent and experience to qualify for Nationals. Out of its 25 members, four are state champions and 12 carry the title of All-State.

With help from head coach David Mills, the Lakers are sure to have a successful season. Mills, who used to head Grand

Rapids Forest Hills Central's team, was a 1980 High School State Champ at Mt. Pleasant and assistant coach at Central Michigan in 1995.

With three dual wins and two tournaments behind them, the wrestling club is looking forward to its next dual meet, which takes place January 13 at Muskegon Community College, whom Grand Valley beat earlier this season. MCC, who was ranked first in the nation as a varsity team, was beat by Grand Valley in a close competition, 21-15.

The history of Grand Valley's wrestling team goes back to 1993 when it was dropped as a varsity sport because of the lack of participation by other Division II schools. The wrestling program graduated 52 All-Americans and seven national champions along with hosting the 1984 Olympic Trials.

Grand Valley is planning to host the regional qualifier at the end of the season. With seven teams registered to participate, only three will head to the Club National Tournament, which will be held in Texas.

Indoor track and field looks to finish atop GLIAC

GRANT LOFDAHL
Grand Valley Lanthorn

For many years, the Grand Valley State men and women's indoor track teams were on the outside looking in when it came to the GLIAC championships.

All that changed last season as the Lakers captured their first-ever conference titles on both sides. Now, they are the team everyone else in the GLIAC is looking to knock off.

"The outlook for us this season is very bright," said head coach Jerry Baltes. "We have a lot of improvement to make if we want to defend our titles, but we can definitely get there."

Baltes called his teams deeper, more talented, and more mature than last year's squads. He added that he sees no real weaknesses on either the men's or the women's side.

"Last year we had a few areas where there were holes to fill, and we feel like we've filled those gaps. We should be a very deep, balanced team. Our depth will take us places."

The Lakers got off to fast start on December 4 with a four-team invitational at the Fieldhouse arena. They had nine individual and two relay winners in the competition that included Aquinas, Cornerstone, and Lansing Community College.

On the women's side, senior Jenna Shook wasted no time qualifying for nationals. She recorded a 43'6" shot put, good for first place and a provisional national qualifying mark.

Freshman Stephanie Kuhlman also had a strong first meet, winning the 800m in 2:24.3 and the long jump with a 17' 6 1/2". She also teamed with sophomore Katie Willis and juniors Jenny Henry and Christy Tedrow to win the 4x400m relay in 4 minutes, 2.7 seconds.

Other first place finishers included freshman Alex Baker in the 55m hurdles (9.03) and senior Laura Krus in the mile (5:13.7).

Junior Jason VanElst picked up where he left off last season; provisionally qualifying for nationals in both the shot put (1st, 54'4") and the 35-lb. weight throw (1st, 55' 1 1/2").

The Lakers also swept the top three places in the 400m dash. Junior Jordan Lake took first in 50.71, followed closely by junior Pat Garrett and senior Jeremy Wurtz. Garrett and Lake then combined with sophomore Dave Siik and sophomore Uri Ormsby to win the 4x400m relay in 3:24.70.

The other three individual event winners for Grand Valley State were freshman Boomer Hoppough in the 55m hurdles (7.80), freshman Brandon Womack in the triple jump (41' 1 1/4"), and junior Kenny Smith in the pole vault (14'6").

Baltes sees his team as having a

PLEASE SEE
TRACK, 14



Grand Valley Lanthorn / Adam Bird

The Lakers' track and field teams may be able to leap into the nation's finest.

Scoreboard

Thursday, Nov. 30

Men's basketball 80, Ashland 64
Jason Bauer - 14-21 FG, 33 pts, 14 reb, 2 blk, 2 st.
Volleyball 0, Hawaii Pacific 3 (4-15, 13-15, 4-15)
Kathy Vis - 17 kills, 39 att, 5 digs, 4 aces, 2 blk att.

Women's basketball 55, Ashland 70
Katie Kerr - 13 pts, 8 reb, 3 ast

Saturday, Dec. 2

Men's basketball 79, Findlay 83
Donte Smith - 7-12 FG, 20 pts, 8 reb, 8 att, 2 blk, 3 st.

Men's swim & diving - 5th place at Wisconsin
200 Free Relay - 7th place, 1:29.38

Women's basketball 65, Findlay 71
Laurie Rehmann - 7-10 FG, 6-7 FT, 21 pts, 8 reb, 3 blk, 2 st.

Women's swim & diving - 5th place at Wisconsin
200 Free relay - 4th place, 1:41.11

Tuesday, Dec. 5

Men's basketball 85, Grand Valley 77
Duke Cleveland - 11 pts, 7 reb, 3 blk, 2 st.

SWIMMING

continued from page 12

set two meet records in breaststroke this weekend. Looked great, looked easy doing it. It's one of those classic things that you watch and you try to figure out how he's doing it and try to duplicate it with the talent that you have. On the women's end they've got two good distance freestylers, and a diver that has made the national provisional cut," Newsome said.

Newsome is unsure how competitive the men will be against Hope's men, but feels the women will be more competitive this weekend.

The Lakers will face a tough Hope swim team at home this Friday at 5:00 p.m.

Attention hoops fans:

To celebrate the new semester, the Grand Valley Lanthorn will give away courtside tickets to a Hoops game. Watch these pages for details

Because we care about you!

- Emergency contraceptive pills
- Confidential, affordable, most insurances accepted
- Birth control, pregnancy testing
- Testing and treatment of STDs
- Condoms and low-cost Depo-Provera shots
- Oral HIV/AIDS testing

Bring in this ad for \$20 off your next visit! Expires 7-1-01

Call 1-800-230-PLAN (7526) for an appointment!

Planned Parenthood Centers of West Michigan

\$2.00 OFF

CASSETTES & COMPACT DISCS

Present This Coupon at any HARMONY HOUSE location, and receive \$2.00 OFF any REGULARLY PRICED CD or Cassette (\$10.99 or More). No Limit. Void With Other Offers. Excludes Special Orders. This Coupon Must be Presented to Receive Discount.

www.harmonyhouse.com

GRAND RAPIDS
3575 28th St. SE (in front of Eastbrook Mall) 616-940-9070

Expires December 31, 2000

Sports Ninja

Volleyball team was a worthy winner

The Lakers volleyball team may not have won the national title, but they may have accomplished much more.

The team put together one of the most successful seasons in Grand Valley State history.

In terms of team sports, their season ventured further than any other team's in the school's past by qualifying for a national

quarterfinal. No other team sport program at the university can say it's ever reached that level in their program.

The Lakers' .886 winning percentage (31-4) marked the best volleyball record since 1970, when the school went 9-0 in its second year of competitive volleyball.

This year also saw setter Kristy Kale break the school's career assists record and also transfer student Kathy Vis return home to become one of the school's greatest players almost overnight.

All of that aside, the team was extraordinary because of the things it did off the court.

I traveled with the team to the NCAA Championship tournament in (a place worse than Allendull) South Dakota.

There, I got to meet and know the team

away from the serves, sets and digs, and they truly define the term "team."

Every player has her own niche and role in the group.

Monique is the shy one. Sabrina is the anti-Monique. Kathy is the star on the court. Kristy is the floor general.

Despite the differences they show they all seem to come together like one large family.

At a team dinner before the tournament the girls turned the banquet room at the local Olive Garden into a 450-square foot comedy den.

One player would throw a joke across the U-shaped table arrangement at another player and an immediate retaliation would be sent back. The two would go back and forth until somebody else jumped in, then the entire room would become enraptured in fervor. Jokes would be returned again and again until senior Kathy Vis would turn beet-red in laughter or freshman Sabrina Bird would have to bust loose another impression that ranged from a horse to her father. Each one would turn the entire room into hysteria.

By the end of the night, even I got ribbed about something or another.

At nearly every home basketball game, the team sits together in the student section and gabs during the game.

They're probably talking about the guys

sitting at press row and how cute the journalists are.

They all belong to a few different groups made up of various team members. For example, all of the members of each class are close with one another.

Girls from the same area have bonds as well. It was senior Kristy Kale's presence that influenced fellow Jackson-native and sophomore Carly Miller's decision to come to Grand Valley State.

They also have strong ties to their families. A few flew out to the match and one set of parents even drove the 12-hour, 700-mile trip to the tournament.

Perhaps the greatest bond they hold in common is their coach. Deanne Scanlon is by far the leader on the team. When she says there's something to do, somebody does it. When she tells Sabrina to shut up, she will. And when she shows any sign of emotion, the whole team seems to get wrapped up in it.

During a banquet hosted by the NCAA on the night before the tournament, a player from each team was asked to make a speech summarizing their team's season. Kristy spoke on the Lakers' behalf and described the team's motto for the 2000 season: "WOW," or worthy of winning.

The team was certainly worthy of winning. It simply earned its title off the court.



Mike Kohon
Columnist



Sloc's Side

RYAN SLOCUM
Columnist

Spikers left high marks for program

The Grand Valley State volleyball team finished the season without the national title, so what. Would it have been nice to be crowned national champions? Sure it would have, but falling short of the championship does not take away anything the Lakers did on the court this season.

Earlier, Mr. Kohon gave his call on the volleyball team's actions off the court, now you will read Sloc's side on what they did on the court.

The Lakers finished the year with a 31-4 record, totaling the best win percentage in Grand Valley State history at .886. This included a 16-2 GLIAC record and a 14-0 record at home. The opposition learned you do not come into the Fieldhouse and push the Lakers around.

From there, Grand Valley State went on to win the GLIAC Conference Tournament and its first NCAA Great Lakes Regional Championship ever.

The individual end was no different as the Lakers were setting records left and right.

One record that was talked

about all year was the career assists record of 5,414 held by Colleen Murphy. Setter Kristy Kale, named Second-Team All-America, had been chasing the record all year and finally broke it in the last game of the season, putting up a career total of 5,439 assists. By season's end, Kale also moved to sixth place in all time digs at Grand Valley State.

Grand Valley State's First-Team All-American middle blocker Kathy Vis was another Laker making her name well known to the record books. At .376, Vis broke the all time Laker hitting percentage record. The teams' Big Ol' Playa' moved to second all-time in single season aces (98) and kills (626), and is the only player in Grand Valley State history to tally more than 600 kills, 250 digs, 125 blocks, and 90 aces in one season.

Sophomore Carly Miller did not set any records, but if she keeps playing like she did this year, her name will soon be at the top of some lists. This season Miller put up the sixth best kill total in Grand Valley history with 529. This gives her a career total of 1080 kills, which is seventh all time as just a sophomore.

From Vis' 1,228 attacks this season to Jill Overweg placing 10th in career digs the numbers from the 2000 Grand Valley volleyball team can go on and on. They did not come home will the NCAA Title, but the Lakers should be satisfied with being, arguably, the best volleyball team in school history.

Ken's Corner

KEN WISNIEWSKI
Columnist

Baseball: America's new import

In the past five years, Major League Baseball has become a very popular sport globally.

Out of the 839 players on opening day rosters in 2000, 198 of them represented 16 foreign countries and Puerto Rico.

We've heard of the recent Latin explosion in baseball, but Japan and many other countries are now establishing themselves as a hot spot for Major League prospects.

One of the hottest free agents in the league this year, Manny Ramirez of the Dominican Republic, is a foreign product. The future of baseball can definitely be found throughout the world and is no longer confined to the United States.

With the talent of players on the rise due to the larger population of players to choose from, the price tags on these players is going to rise. The Seattle Mariners have proven this to be true. They inked a deal with Ichiro Suzuki, Japan's seven-time batting champion, and will pay the Orix Blue Wave \$13,125,000

just for the rights to negotiate with him.

Not only have foreign players traveled to North America to play in the majors, but now the game has come to them. The 2000 season opener marked the first time in Major League Baseball history that a regular season game had been played outside North America and only the second time that Major League Baseball has opened the regular season outside the continental United States or Canada. The San Diego Padres and Colorado Rockies opened the 1999 regular season in front of a capacity crowd of 27,104 at Monterrey Stadium in Monterrey, Mexico. Recently, MLB all-stars ventured to Tokyo take on Japan's finest.

An American baseball fan in Japan heads over to the local

newsstand to pick up a newspaper to find out when the MLB all-stars play Japan's all-stars. He searches for the starting pitchers and finds that Kazuhiro Sasaki faces off against Kenichi Wakatabe. The only question is who is starting for which team? If he had just caught a glimpse or did not know Japanese, he would have been clueless. MLB Players Association Executive Director Donald Fehr is happy to get the game to the millions of fans worldwide.

"These games are an important next step in the worldwide expansion of Major League Baseball," said Fehr.

Will the lingo catch on outside North America? Wouldn't it be weird to hear an announcer from Mexico say, "Lopez con el whiff?"

HOOPS WOES

continued from page 13

The Laker basketball team is back at it again tonight, traveling to Midland to take on Northwood. The Timberwolves have a record of 4-2 overall and are 3-1 at home.

Saturday, Grand Valley State will be back at Fieldhouse Arena to take on Lake Superior State. Tip off for the Laker-Laker showdown is 6 p.m.

Kohon's call

"Katie's remained in good spirits since her injury. Hopefully the team can pull through this new challenge."

Hot Ticket



Grand Valley State will take on Lake Superior State at 1 p.m. on Saturday.

Through Tuesday, Lake Superior State held a 4-3 record, including a 2-0 GLIAC record.

Although Lake Superior State holds the fourth-highest scoring average in the conference with 77.9 points per game, the Lakers are also giving up a GLIAC-worst 73.9 points per contest. Despite giving up so many points defensively, Lake Superior State may not have much to worry about. Grand Valley State has only been able to produce 71.3 points per game, the tenth-highest average in the conference, but their 72.8 points per game defense ranks only one spot behind Lake Superior State's in the conference.

Another problem for the home Lakers could be on the perimeter. Although Lake Superior State is averaging a conference-worst 7.00 steals per game, they hold the best assist-to-turnover margin in the GLIAC at 1.08.

The one area Grand Valley State may be able to exploit in the game is on its offensive glass. Grand Valley State is averaging 16.67 offensive boards per game - the fourth-best average in the GLIAC - while Lake Superior State is pulling down just 25.00 defensive boards per game - the eighth-highest average in the conference. This could lead to some crucial, second-chance points for Grand Valley State in what should be a great for both teams.

-MK

Hot Ticket



The Lakers will play Lake Superior State at home on Saturday at 3 p.m.

Through Tuesday, Lake Superior State was 2-0 against the GLIAC and in first place in the conference with a 6-0 overall record. This includes a 94-50 win against Grace Bible, who the Lakers beat 85-61 on Tuesday night at the Fieldhouse Arena.

Lake Superior State is averaging 87.3 points per game and allowing their opponents only 61.0 points per game for a conference-leading scoring margin of +26.3.

Meanwhile, Grand Valley State is averaging 81.0 points per game and letting their opponents pick up 74.0 points per contest. Grand Valley State may have a tough time shooting on the Lakers who have allowed their opponents a meager 37.8 field goal percentage this season. Grand Valley State has shot 51.9 percent from the floor.

Perhaps the Lakers are just the team Grand Valley State needs to see to help clear up its turnover problems. Lake Superior State has averaging just 4.5 steals in their two conference games this season.

However, even if the Lakers are able to get the ball inside to their forwards, they may have a tough time getting it into the basket. Through Tuesday, Lake Superior State was averaging 3.5 blocked shots per game, the third-highest average in the GLIAC.

-MK

MEN'S HOOPS

continued from page 12

couple games and has been picking up his play lately.

Although the Lakers committed 20 turnovers, they were able to get 12 steals, including seven from junior guard Jason Boucher, and forced the Eagles into 21 turnovers of their own. Grand Valley State was able to score 28 points off of Eagle turnovers while Ashland was only able to put up 13 points on Laker turnovers.

Boucher also finished the game with 11 points and nine assists.

In the team's non-conference game on Tuesday night, Grand Valley State's bench got plenty of playing time as the Lakers rolled to an 85-61 victory.

The subs picked up 60 points in the game, led by sophomore forward Duke Cleveland's 11 points on 6-for-8 field goal shooting and seven rebounds.

Senior forward Donte Smith led the starters with 14 points and five rebounds.

Early in the second half, Boucher left the game with a lower back injury when he fell on the basket support but was able to walk off the court under his own power. His status was uncertain at press time.

Smith called it a great win for his team.

TRACK

continued from page 13

good shot at finishing in the top ten at nationals on both sides. He named VanElst, Lake, Garrett, and Wornack as key contributors to that effort, as well junior Jeremy Pearson and freshman Ashworth Charles on the men's team. For the women, Tedrow, Shook, Kuhlman, Willis and sophomore Icis Charles figure to score a lot of points.

"If we get the job done on meet day and things continue to go well for us, we'll accomplish a lot," Baltes said. "I see as high as top four to ten in the nation if we take care of business."

Congratulations Graduates!

We provide our employees with the best job opportunities. Team up with Kelly® to earn great pay - and great benefits - on assignment at top companies.

Call today!

(616) 957-0603

2650 East Beltline SE, Suite M
Grand Rapids

www.kellyservices.com

KELLY
SERVICES

An equal opportunity employer
Never an applicant fee
©Kelly Services, Inc.

To the Faculty and Staff of Grand Valley State University:

We would like to take a moment to say Thank You for all that you do for us and the other Greek organizations here at GVSU. Your work is much appreciated.

The sisters of,

SIGMA KAPPA SORORITY

All In The Family Tattooing



Quality Custom Tattooing
Member of the Alliance of Professional Tattooists
Open Monday - Saturday
Noon until 9:00pm
4176 Lake Michigan Dr. NW
Grand Rapids, MI 49544

PH: 616-453-8888

gv digest

Campus

Compiled from press reports

Student artwork displayed in Performing Arts Center

For the first two weeks in December, graduating students from the fine arts program at Grand Valley State University will have their artwork displayed at the Art Gallery in the Performing Arts Center. This week, Treisa Vendramini, a painting major, and Saul Grey, a clay major, are showing their work to the public. A reception will be held on Dec. 7 from 4-7 p.m. Artists and their families will be present with free food and refreshments to meet the public.

Next week, the artists that will be featured are Drew Storer-LeBlanc, a sculpture major, and Patrick Dunning, a painting major. The reception for this exhibit will be held Dec. 14 from 5-7 p.m.

Having their work displayed for the public is a requirement of graduating students and is a yearly event.

Student musicians chosen for next year's concert

On Dec. 2, the music department held its annual Concerto Competition to determine the soloists for the big winter semester concert.

The winners of this year's competition are Valerie Kleinhogel, cello, Dorval Puccini, trumpet, Cara Terbrack, vocal soprano, and Kerrissa Martin, bassoon.

The competitors played in front of music faculty judges and were chosen to play for January's concert.

One faculty member, Arthur Campbell, will also be playing at the concert.

Community

Grand Rapids entertainment

On Dec. 7, The X-Performance Group along with the Urban Institute for Contemporary Arts will present nine one-act plays based on "Groceries," a collection of poetry by west Michigan poet Herbert Scott. Playwrights and directors with the X-Performance Group are Jason Masters, Greg Bliss, Ann Page, Julian Baker, John Smeiska III, Rachel Finan and Eric Dawe. The performance will take place at the UICA Theater at 8 p.m. Tickets are \$7 for the general public, \$5 for students.

On Dec. 8, the Urban Institute for Contemporary Arts is sponsoring the 2001-2001 Yamaha West Michigan Composers Series featuring original music by Grand Valley State University Music Professor Kurt Ellenberger. It features jazz and piano music along with the Perugino String Quartet conducted by Barry Martin, GVSU band instructor. The concert will take place in the UICA Theater at 8 p.m. Tickets will cost \$10 for general public and \$8 for students.

On Dec. 9, the Urban Institute for Contemporary Arts is sponsoring a free poetry workshop conducted by Linda Nemeck Foster. The workshop will be based on exhibitions at the UICA. Pre-registration is required by calling 454-7000, ext. 10. The workshop will take place from 1 to 3 p.m. at the UICA.

Art sale takes place in time for Christmas

On Dec. 8 and 9, the Heartside Arts Market is putting on its monthly art sale at the Heartside Ministry Church. Featured there will be several local artists ranging from painting to crochet.

"The sale gives artists a good venue to sell work," said Sarah Scott, sale coordinator. Scott also noted that it is extremely difficult for artists to have an outlet to sell their work in.

Also featured at the sale will be some local musicians who will be playing and adding a "Christmas feel" to the sale.

Refreshments will be provided and anyone is invited to come and look, or even buy, art from the sale.

The monthly sale usually takes place on a Saturday, but due to the Christmas Season, it will be held for two days.

It will take place Friday, Dec. 8 from 5 to 9 p.m. and Saturday, Dec. 9 from 4 to 9 p.m. at 54 S. Division Ave. in downtown Grand Rapids.

For more information, call Sarah Scott at 454-0928.

Play brings comic relief to exam weekend



Grand Valley Lanthorn / Adam Bird
Katherine Mayberry has a cocktail with the audience as Mrs. Scoober in *Durang? Durang!*

JENNIFER MACLEAN
Grand Valley Lanthorn

Notes, books, handouts, stress and a lot of caffeine will greet students the weekend of Dec. 8 due to exams the following week.

Why not take a break, a comic relief, and visit a

performance put on by students of Grand Valley State University?

The series of plays called "Durang? Durang!" which features an evening of 12 short plays by Christopher Durang may be just what students need to relieve the stress of studying for exams.

"It is extremely funny. We have been rehearsing it for five weeks and I still laugh at every rehearsal," said Director Trinity Bird.

Christopher Durang is an American comedy writer who started off writing for The Carol Burnett Show.

Two of the 12 short acts

were actually written for the show and were adapted for the stage for students to act out.

"I thought that 12 short plays would be easier," said Bird. "Actually it's harder because you have to accomplish a full plot in 5 minutes."

They are "sometimes absurd," remarked Bird, who recently directed GVSU

student productions "Nonsense" and "Biloxi Blues," for which he won a certificate of merit from the Kennedy Center/American College Theatre Festival.

The acts are somewhat of a "hodgepodge" of themes and are, according to Bird, "more about Durang's writing. There is something in all of these plays that are a kind of self-examination. They make you think, 'What if?'"

"Durang? Durang!" is the first production of its kind.

It is also the first time a student-directed show has been sponsored by GVSU.

Bird held auditions in the middle of October resulting in the casting of eight actors for 31 parts and has held rehearsals five times a week for the past five weeks.

"I picked eight phenomenal actors who are

easy to work with and take directions well," he said of his cast.

The cast includes theatre majors Matthew Allan, Heather Hartnett, Tamira Henry, Dan Kennedy, Betsy Loomis (the only non-theatre major), Katherine Mayberry, Chris Teller, and Sheila Williams.

The production team consisting of Trinity Bird (director), Jeff Williams (stage manager), Kat Briggs (assistant stage manager), Patrick Holt (scenic director), Andrew Dorland (lighting and sound designer), Joel Schindlbeck (costume designer) and Becki West (hair and make-up designer).

Performances will take place Thursday, Dec. 7 to Saturday, Dec. 9 at 7:30 p.m. and Sunday, Dec. 10 at 2 p.m. at the Louis Armstrong Theatre in the Performing Arts Center of the Allendale campus.

Tickets are \$5 for general admission and \$3 for students and are available in the Performing Arts Center ticket office or by calling (616) 895-2300.

This production includes some adult language and situations and may not be suitable for all audiences.

Compositions performed in concert

NANCY ALEXANDRIS
Grand Valley Lanthorn

This Grand Valley State University music professor shows that he can do more than teach about music compositions. He can actually write them, and have them performed.

Did you know that the professors at Grand Valley State University do more than just teach?

If you thought no, then you're wrong.

Kurt Ellenberger is a perfect example of this, as he is also a jazz pianist and composer.

Ellenberger is having his compositions played in a concert on Friday, Dec. 8 at the Urban Institute for Contemporary Art in Grand Rapids.

The concert will feature many of his compositions for various instruments, including brass, piano, piano and voice, and string quartet.

The concert will also feature Ellenberger performing with the Parugino String Quartet who are very well known in the Grand Rapids area.

Ellenberger, who is originally from Windsor, Ontario, came to Grand Valley in the summer of 1999 to become the head of the jazz studies program at GVSU.

He has been composing for many years and has received several commissions, scholarships and two ASCAP awards.

When composing, Ellenberger said that he gets his inspiration from literary sources such as poetry.

He also said that it usually takes a month to compose a piece.

Another faculty member, Patricia Clark, will also be performing at the concert.

Ellenberger wrote a composition called "The Sail of Ulysses" and will feature Clark as the narrator.

The 30-minute piece took Ellenberger longer than usual because it features a string quartet, a jazz trio, narrator, and it will also be sung.

"It's kind of new, but not completely new," he said, noting that after he heard it played at his last concert, he realized that some things needed to be changed.

Although he has played his compositions himself many times, Ellenberger said that he likes to sit back and let others play his work.

"I'm pleased but nervous about getting them played rather than playing them myself," said Ellenberger.

He said that it's hard for him to sit in the audience when his music is being featured.

Ellenberger also said that he's happy because he's got "top notch musicians" to play his music.

The concert will take place at 8 p.m. in the UICA Theater at 41 Sheldon SE.

Tickets for the concert will be \$8 for UICA members and students and general admission is \$10.



Grand Valley Lanthorn/Adam Bird
Kurt Ellenberger, acclaimed piano professor for Grand Valley State University

Master class defined

REBECCA OSTROM
Grand Valley Lanthorn

The music department has them. Both the theater and English departments have them.

But what are they really?

Master classes take place periodically throughout each semester, inviting all students to attend.

Do students really know what a master class is?

"A master class is a special class where students get to perform pieces they've been working on, and get constructively critiqued by the professor, or professional performer, in front of an audience," said Richard Stoelzel, a music professor at Grand Valley State University.

For the music department, the university professor who wants to bring in a person to conduct a master class, they pick a few music students to play in front of them.

It depends on the genre of the professional who gets picked. For example, if a world-renowned brass player comes to GVSU, only the brass students would play in front of him,

Most times, the professional performs a few pieces to begin the class so spectators can get an idea of what they do.

The classes usually only last a couple of hours and are a one day event, and any student at the university can watch the performance.

"I think everyone can come and benefit from anybody from watching singers or violinist," Stoelzel said. "They get first hand knowledge from a professional and see how they teach."

In theater, though, the master classes are a lot different.

Anybody can participate.

"All students are invited to see the performer and can participate," said Roger Ellis.

For theater, though, the talents that comes to GVSU ranges from stage directors to people who help the student learn how to professionally audition.

"We have great turnouts," Ellis said, noting that sometimes they have to limit the number of students who come because of lack of time.

"We base the classes on what's needed at the time," said Ellis.

GVSU professor furthers music career



Grand Valley Lanthorn/AJ Smuder
New Music Prof. Richard Stoelzel has a history.

CORY WAISANEN
Grand Valley Lanthorn

Professor Richard Stoelzel not only has a new job to enjoy, but this year has also released his second major-label album.

Stoelzel and his Avatar Brass Quintet released Liturgical Fanfares this year on Klavier Recording.

This is Stoelzel's first fall semester at Grand Valley State University, and is the Artist Faculty Trumpet.

He comes from teaching seven years at the Harid Conservatory, an international conservatory

in Boca Raton, Fla.

Before that Stoelzel was a member of the Coast Guard Band, a member of the New Orleans Symphony and a teaching assistant at the University of Connecticut.

It was in Florida where Stoelzel joined his Avatar Brass Quintet.

The quintet came together seven years ago, and is made up of musicians from around the country. All of the group's members meet in the summer to record new material, and then usually see each other again before their tour starts.

After releasing three independent albums the quintet was signed to Klavier Recordings after a producer came to one of their shows.

Since together, the Avatar Brass Quintet has played all over the world, performing in Moscow, South America, and soon in China.

The group has also played for the last three presidents and Donald Trump.

While Stoelzel is already an accomplished musician, he is also an accomplished professor.

While at the Harid Conservatory Stoelzel helped his students go on to prestigious schools like the New England Conservatory, Eastmen's School of Music, and Juillard School of Music.

At this year's International Trumpet Guild competition, two of the three finalists were students of Stoelzel's.

As he looks to the future, Stoelzel says that he will continue to record and teach forever and that he never stops working to be the "best well-rounded professor capable of doing anything."

In the more near future, Stoelzel has a tour scheduled with the Avatar Brass Quintet in February and March and a new CD.

Along with their new all-Gershwin album, Stoelzel says that plans are in the works for a salute to Big Band, and a salute to Opera.

Stoelzel also says that he has big plans for GVSU's music program, and says that he hopes to make a big contribution.

The Avatar Brass Quintet's albums can be found at Tower Records, and soon in record stores all over the country.

Jim Carrey steals the show in "The Grinch"



Jim Carrey in the animates classic "How the Grinch stole Christmas" directed by Ron Howard

RYAN BYE
Grand Valley Lanthorn

Dr. Seuss's "How The Grinch Stole Christmas" has survived both time and animation. The movie proves to be just as good.

In Dr. Seuss's "How the Grinch Stole Christmas", director Ron Howard tries to transfer the animated version to live-action and he does it quite successfully, largely because of casting Jim Carrey in the lead role of the Grinch.

Carrey is barely recognizable,

covered in green fur and an animal-like mask with yellow contacts.

The costume had to be very uncomfortable for Carrey due to the elaborate makeup and contacts that transformed him into the infamous Grinch.

I had a difficult time imagining any other actor with as much intensity and insanity as Carrey's on screen persona.

The amazing set design of Whoville and the Grinch's cave are also something to marvel at.

For those few people, mostly young children, who are unfamiliar

with the fable classic, can enjoy this updated version because it sticks very close to the original film.

Ron Howard takes some intelligent risks with the plot though, like a background story on why the Grinch hates Christmas and other small scenes of Carrey's improvisations.

The plot is simple just like the animated tale and the old Dr. Seuss children's book.

The Grinch sits on top of the mountain above Whoville stewing over the joy the Who's spend on the Christmas holiday.

The Grinch hatches a plan to steal Christmas from the Who's by stealing all the materials associated with Christmas and ruin their Christmas spirit forever.

A young little six-year-old girl Cindy Lou Who (newcomer Taylor Momsen) in Whoville learns about the Grinch and makes it her personal mission to help the Grinch love Christmas again.

I enjoyed the dialogue between the Grinch and the young girl.

For example, The Grinch starts raving and ranting about Christmas spirit and she says, "Maybe you need a timeout."

This is by no means the best Christmas film I've seen and it has some minor flaws, but it was enjoyable.

The laughs come frequently and there aren't many scenes that a person could say, "What did that have to do with anything."

If you have children or want to go with your family to see a Christmas movie, then choose the light-hearted "How the Grinch Stole Christmas."

*** out of four

MPAA rating: PG for slapstick violence, some crude humor and language

Holiday movie preview 2000

RYAN BYE
Grand Valley Lanthorn

So the holiday season is upon us and that means Hollywood is going to release its best in film for 2000 from mid-November until the end of December.

What does that matter to the average viewer and the theaters who release the big movies?

Just about everything. Many of us were thoroughly disappointed with the summer blockbusters this year. We thought that it couldn't get any worse than in 1999 when "Wild Wild West" was going to be the big blockbuster and it turned into the big bomb of all time.

This past summer audiences were subjected to films like "The Perfect Storm," "The Patriot," and "Mission Impossible 2." Granted "X-Men" was thoroughly entertaining and was the savior of big theaters around the nation grossing 54 million in its first weekend of release.

Now the snow is falling and Hollywood is banking on big stars to bring in the cash and fill the seats with eager viewers for

holiday fun.

Starting on Nov. 17th the live action version of Dr. Seuss's "How the Grinch Stole Christmas" lands in theaters nationwide.

The film stars Jim Carrey as the green and disgruntled Grinch and his mission to make the townspeople's Christmas a living hell. Ron Howard is at the helm as director and hopefully the film will be a box office smash.

For Carrey, it is a much-needed boost since his last two films, "Man on the Moon" and "Me, Myself, and Irene" combined to make less than 200 million.

For Howard, his last film, "EdTV" was a box office dud and he could use a hit. Certainly the film seems to be cater to general audiences like families and children because of its PG rating but this film could be a nice break from violent movies that many of us tend to watch often.

Also on Nov. 17th look for "Bounce" which stars on again of again couple Gwyneth Paltrow and Ben Affleck as a widower and an insurance agent

who meet under unusual circumstances and fall in love.

Newcomer Don Roos directs the film who recently directed "The Opposite of Sex" which was a Sundance Film Festival hit.

On Dec. 6th "Finding Forrester" is released. The film stars Sean Connery, Anna Paquin, F. Murray Abraham and newcomer Robert Brown.

This could be a definite Oscar contender from Oscar nominated director Gus Van Sant (He was nominated for Good Will Hunting).

The plot is about a young, black boy from Harlem (Robert Brown) who seeks the aid of an introverted writer (Sean Connery) that garnered the Pulitzer Prize in his prime as a gifted writer. The two encounter each other and the master of the ways of fluid writing teaches the young man to hone his writing skills.

On Dec. 8th the live-action version of the role-playing game "Dungeons & Dragons" is released into the theaters.

Also "Vertical Limit," the action-adventure about a retired K2 climber (Chris Odonnell)

who has to lead a rescue team to find his sister (Robin Tunney) who is lost in the mountains. The film also stars Scott Glenn and Bill Paxton.

On Dec. 15th, the director of "The Cider House Rules," Lasse Hallstrom will come out with the film "Chocolate," the story of a chocolate storeowner (Juliette Binoche) whose tasty treats attract a tourist (Johnny Depp) and love ensues.

Also, Mel Gibson stars in "What Women Want," a story about a man who can hear women's thoughts. Wouldn't that be nice?

For the rest of December, look for Tom Hanks in "Cast Away," a story about a FedEx employee whose plane crashes in the middle of the Atlantic Ocean.

Also Michael Douglas and wife Catherine Zeta-Jones in "Traffic" which is Steven Soderbergh's follow up film since "Erin Brockovich."

Hollywood certainly puts the heavyweight films during the holidays, so go to your local theater this holiday season, sit back and enjoy some popcorn and some winter film delight.

Not so charming Southern belle

JENNIFER WILDEY
Grand Valley Lanthorn

Novels, in general, depict southern girls as docile, demure, and fragile.

This isn't that kind of novel, and these girls are anything but fragile.

Eating the Cheshire Cat, the first novel from author Helen Ellis, is a surreal and graphic exposé of the so-called charming southern belle.

Nothing about this book is sweet and innocent, and the characters are not much better.

The plot twists are almost as twisted as the three main characters. Sarina, the beautiful queen of Tuscaloosa; Alabama, the cruel and calculating mistress who oozes with sexuality; and full of narcissistic rage, Sarina who will stop at nothing until she gets what she wants.

Her best friend, Nicole, lurks happily in her shadows. Just as beautiful but hardly as confident, Nicole lives for Sarina, a dangerous obsession that severs Nicole's connection with reality.

Thrown into the games these girls play is Bitty Jack.

Bitty, both strong and vulnerable, is a social misfit in the upscale southern society. When she meets Sarina at summer camp deadly sparks fly as quick as the rumors.

Ellis gives each girl a turn narrating chapters, leaving holes in the plot to be filled in later.

Her writing style is vivid, comic, and downright dirty. The cringe-worthy opening scene will both disgust the reader and enthrall them to read more.

This look into the somewhat shady underworld of the south comes complete with a clever allusion. As the title suggests, Ellis uses Alice in Wonderland as a powerful metaphor for Tuscaloosa, Alabama.

This, however, is not a child's story. Sex, violence, self-mutilation, and betrayal run rampant as each girl struggles to come out on top. The text is deliciously vulgar and chaotic, mixing Ellis' fresh and quirky writing voice with her wicked, bawdy humor.

This bawdy humor comes with a splash of dementia. Bitty Jack's first love is a circus freak named Johnny Iguana, Nicole cuts off her mother's right index finger, and Sarina tries to perform a sexual act on a hair dryer.

Opera's book club this is not.

Somewhere in the madness is an accurate and honest portrayal of not just southern women but all women. Somewhere inside all of us is a catty maniac waiting to come out and play. Ellis lets this cat out for our entertainment purposes.

Brains, beauty, and sheer lunacy battle in this book as the girls bite at each other like piranhas. Who will get eaten alive and who will survive?

CINEMARK
The Best Seats in Town

CINEMARK - GRANDVILLE
For showtimes call 616-922-8731

Midway Crossing Mall
• Tickets available online • Student discounts

www.cinemark.com

Purchase Tickets Online! While they're available to reserve. Showtimes vary weekly.

GRAND HAVEN 9

114 Main St. of Grand Haven
616-922-8731

64.00 Family Package 4-6 pm daily
64.75 Student 11-15
64.00 Seniors 65 & over all shows
Students 11-15 with ID
64.15 Late Shows Fri & Sat
No parking
Unlimited Free Drink Refills & 200 Corn Refills

Stadium Seating Gives YOU An Unobstructed View

MOVIE LIST

MOVIES & SHOWTIMES
GOOD FOR 100% ONLY
PLEASE CALL THEATER FOR FRIDAY SHOW TIMES

HOW THE GRINCH STOLE CHRISTMAS (PG)
11:55, 2:15, 4:30, 7:20, 9:15
CHOCOLATE (PG-13)
12:50, 2:45, 5:00, 7:20, 9:40
O THE BROTHERHOOD (R)
12:15, 2:25, 4:45, 6:50, 9:30
MURDER MIND (G)
11:25, 1:10, 2:55, 4:40, 7:20
MURDER (PG-13) 12:10, 2:35, 4:50, 7:05, 9:20
ONE DAY (PG-13) 11:30, 2:30, 4:30, 7:25, 9:30
MIB: CITY OF MEN (R)
11:25, 2:10, 4:50, 7:20, 9:55
MURDER MIND (PG) 12:25
MEET THE FURBERS (PG-13)
12:25, 2:45, 5:00, 7:15, 9:45
COURTESY HENRI (PG-13)
12:20, 2:30, 4:35, 7:10, 9:35

COUPON
10% off Student Programs
Use with valid ID at US

Play It New
Play It Used
Play It Now!

Play it smart... at Play It Again Sports.
From traditional gear, equipment and tools,
to the most advanced and innovative,
you'll find just about everything in TVCM (and used)
equipment and accessories right here.

And the great news?
We service what we sell.
We even service what we don't sell.

(616) 399-9905

PLAY IT AGAIN SPORTS

James Street at US St
Holland
Next to CD Exchange

FREE MOVIES

The Entertainment Board Presents
cinemaTECH Movies

LAST SHOWING
A Christmas Story
Friday, December 9th at 7PM
In Kirkhof's Pere Marquette Lounge

Join us next semester for a whole new bunch of movies! <http://www.zgvsu.edu/~tuech/>

Spring Break 2001 in Panama City Beach, Florida!

The Fun Place! **SANDPIPER BEACON**
BEACH RESORT & CONFERENCE CENTER

WORLD FAMOUS **TIKI BAR**

Reservations 800.488.8825
www.sandpiperbeacon.com

ATTENTION

Wanted! Spring Breakers! Cancun, Bahamas, Florida, Jamaica & Mazatlan. Call Sun Coast Vacations for a free brochure and ask how you can organize a small group and Eat, Drink, Travel Free & Earn Cash! Call 1-888-777-4642 or email sales@sun-coastvacations.com. (12/7)

Spring Break! Deluxe hotels, reliable air, free food, drinks, and parties! Cancun, Jamaica, Mazatlan, Bahamas & Florida. **Travel Free and Earn Cash!** Do it on the Web! Go to StudentCity.com or call 800-293-1443 for info. (12/7)

Spring Break!!! Cancun, Mazatlan, Bahamas, Jamaica, & Florida. Call Sunbreak Student Vacations for info on going free and earning cash. Call 1-800-446-8355 or email sales@sunbreaks.com. (12/7)

SPRING BREAK! Cancun, Mazatlan, Jamaica, & Bahamas. Call Sunbreak Student Vacations for info on how to **EAT, DRINK, & TRAVEL FOR FREE!** Call 1-800-446-8355 www.sunbreaks.com.

#1 Spring Break Vacations! Best Prices Guaranteed! Cancun, Jamaica, Bahamas, & Florida. Book Cancun and get free meal plan. Earn cash and Go Free! Now

hiring campus reps. 1-800-234-7007. endlesssummertours.com.

*****ACT NOW! GUARANTEE THE BEST SPRING BREAK PRICES!** SOUTH PADRE, CANCUN, JAMAICA, BAHAMAS, ACAPULCO, FLORIDA & MARDIGRAS. REPS NEEDED...TRAVEL FREE. EARN \$\$\$ **GROUP DISCOUNTS FOR 6+**. 800-838-8203/WWW.LEISURETOURS.CO.M.

#1 Spring Break Vacations! Best prices guaranteed! Cancun, Jamaica, Bahamas, & Florida. Sell Trips, Earn cash & Go Free! Now hiring Campus Reps. 1-800-234-7007 endlesssummertours.com (12/7)

Spend money on the internet; or, make money on the internet. Call 1-800-326-7932 to hear about this lucrative opportunity. (12/7)

Climbing Wall Staff Needed. Visser Family YMCA in Grandville is looking for people to work evenings and/or weekends. \$7-\$8 per hour. Opening in December. Stop in to fill out an application or call Mary Sue Kiszka, Health and Fitness Director at 530-9199 ext. 305. (12/7)

FOR SALE

'97 Dodge Avenger ES. Silver with gray interior. CD player, cassette player, air, tilt, cruise. 59,000 miles. \$10,900 OBO. Call 895-1424.

1986 Honda CRX, bunch of new stuff, runs great (33 mpg). Call (616) 846-7084 (Hudsonville) Leave Message. 12-7)

Lost

Small gold silver band wtach. Lost 12-5 Lower Commons women's restroom. Contact Arlena Ross at 895-1370 with any information.

HOUSING

Allendale Meadows - 2 bedroom, 1 bath, completely remodeled. \$4500 or best offer. Call Jason at 667-2648. (12/7) - S

Female roommate needed beginning January to share trailer in Allendale Meadows. Will have own room. \$250/month plus 1/3 of utilities. Call Sarah F. 895-6838.

Roommate wanted house near Downtown Grand Rapids. Clean and conscientious. Move in Jan. 1. \$300 month plus utilities. Ask for Pete 257-0410. (12/7)

OPPORTUNITY

Fraternities - Sororities - Clubs - Student Groups Earn \$1,000-\$2,000 this quarter with the easy Campusfundraiser.com three hour fundraising event. No sales required. Fundraising dates are filling quickly, so call today! Contact Campusfundraiser.com at (888) 923-3238, or visit www.campusfundraiser.com. (12/7)

SPRING BREAK 2001! CANCUN & BAHAMAS. EAT, DRINK, TRAVEL FOR FREE, WANTED **CAMPUS REPS!** Call USA **SPRING BREAK**, toll free (877) 460.6077, for trip information and rates. 25 Continuous Years of Student Travel! www.usaspringbreak.com. (12/7)

NEED EXTRA CASH? Plasma donors needed immediately. New donors can earn up to and over \$200 in the first month. For information call 231-755-0389. Bio-Blood Components, Muskegon.

SPRING BREAK
Cancun-Jamaica-Bahamas
\$399 \$399 \$459
PAPA JOHN'S
SUMMER
1 800 234 7007

Oregano's
Specialty Pizza
Career Opportunities
Phone: 453-0200

GVL Top 11
The Top 11 books UBS wants to buy-back from students this semester

1. *How to Run a Thriving Metropolis*-by the Allendale Township Board
2. *God Loves You, But You're Still Going to Hell*-by Preacher Tom
3. *Have a Free Candy Bar; you'll feel Better*-by the GVSU bookstore
4. *My 40 Years at GVSU*- by Fluffy Rhino Buns
5. *The Semester I spent with 13 Women*-by Richard Williams
6. *How to Make Canadian Politics Look Intelligent*-by Al Gore and George Bush
7. *Your Eight Years as an Undergraduate*-guaranteed to get you out in eight years
8. *The Life of President Arend Donsellar Lubbers*-it will be a collector's edition
9. *My Life in Blue Jeans*-by Benjamin Witt
10. *On Human Bondage*-by Mike Kohon
11. *How to shut Down a Radio Station*-by the staff of the GVSU Copy Center

PAPA JOHN'S 667-7272
EXAM SPECIAL
Get Two Large 1 Topping Pizzas
\$10.00
Plus Tax
DON'T FORGET THE EXTRAS:
Cheesesticks - Breadsticks
Garlic Sauce - Pepperoncinis
12/01-12/23

ACROSS

1	2	3	4	5	6	7	8	9	10	11	
12					13			14			
15					16			17			
12		18		19				20			
21	22		23				24				
25			26		27		28				
29				30			31		32	33	34
				35			36		37		
38	39	40				41		42		43	
44					45			46			
18	1984				48			49		50	51
47											
20	Bygone to Burns				53			54			
52											
21	Lindstrom or Zadara				58			57			
55											

23 BoSox legend
24 Oscar-winner Spacak
25 Bird.
27 Buffalo, sheep or goat
29 Lease
31 La Scala repertoire
35 Tip over
37 Clinton Cabinet member
38 Dangle a carrot
41 Approves
43 Make good as new
44 Medley

45 Not as fresh
47 Lay of the land
49 Florida city
52 Blackjack part
53 Wedding vow
54 Recoils
55 Overseas Inc.
56 Morning moisture
57 Sharpens

5 Vile
6 Señora's scarf
7 Arab League member
8 "Well, that's obvious!"
9 Swains
10 Sins
11 "Driving Miss Daisy" star
17 Big biz schemer
19 Kitchen item
21 Standard
22 "Got Sibenca"
24 Try the Tokay
26 Insestate state

28 Russian export
30 Suitable
32 Don't do it
33 Blackbird
34 Red
36 Procrastinator's reply
38 Wreck the car
39 Put into office
40 Entangled
42 Muddy texture
46 Team
48 Caryon phenomenon
48 CARE package, e.g.
60 Grant's foe
61 Donkey

Answers on Page 2



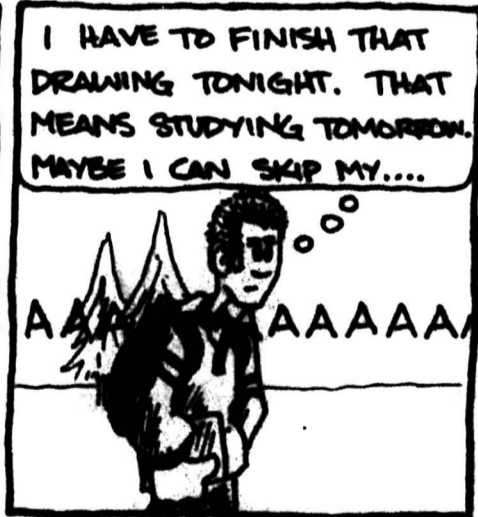
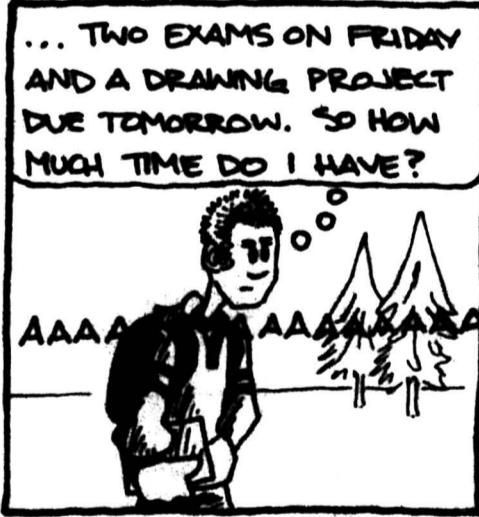
"Hello, police? ... My neighbor's trespassing."



"Heck, you can keep the other two wishes."



"So... WATTLE IT BE?"



HELP

continued from page 11

purpose of the discussion group is to let participants vent about their particular concerns and problems.

"We're going to let people talk about what is going on with them, and tailor specific solutions to go with the problems," she says.

Thiel says that students, who are often money-strapped and bogged down in final exams as the holidays approach, experience stress from a variety of sources this time of year.

"After finals end, there's only a week left to buy gifts," she says. "So there's the economic factor: the whole idea that you have to get out there and buy gifts."

The rampant consumerism of our culture, says Thiel, can be a dampening influence for those with few financial resources and little time. "We need to remember why we're giving: is it really about buying the biggest gift?" she says.

Thiel suggests some possible solutions for mall-fatigue: giving homemade gifts like cookies or crafts, having a family meeting to decide on alternatives such as pooling funds for charity, and taking time for yourself.

"People need permission to take care of themselves, to take care of their own needs," she says. "Sometimes it's just as simple as spending less time with your family."

Around holiday time, college students are often put in the awkward position of shuttling between two different worlds: campus and home. Trying to bridge the gap between these two environments is a struggle that can produce stress and guilt.

"It's a difficult transition in the sophomore or junior year, when a student's life is more at school than at home," says Thiel. "Priorities change, and students have to juggle those issues of how much time to spend with whom. Parents are abhorred at the possibility that students may want to stay on campus and work or be with friends, and that produces a lot of guilt for the students."

The National Mental Health Association devotes a page to the subject of holiday depression in its website, adding that many people also experience "post-holiday letdown" after January 1st.

The NMHA says that holiday stress can manifest itself in many ways, including headaches, excessive drinking, over-eating, and insomnia. Its suggestions for alleviating holiday depression include keeping reasonable expectations, avoiding drinking, spending time with supportive people, and taking the time to "recharge your batteries."

Dysfunctional family dynamics and an empty wallet aren't the only possible causes of holiday discontent. Many people dread the holiday season because they suffer from Seasonal Affective Disorder, or SAD.

SAD is a form of depression that typically strikes during the winter months and lifts during the spring and summer. According to the National Alliance for the Mentally Ill, most people with SAD are women who usually contract the illness in their twenties. Symptoms include oversleeping, weight gain, decreased sexual appetite, lethargy, and social withdrawal.

Fortunately, SAD is easily treatable. Since most people with the disorder respond negatively to the decrease in environmental light that occurs during winter months, they can be treated with continued exposure to bright, fluorescent light. Light therapy has a high rate of success: in a 1986 study, 80 percent of SAD sufferers improved significantly with this treatment.

M.J. Thiel acknowledges that SAD is a problem she frequently encounters in the counseling center.

"It makes people feel better to know that it is acknowledged as a valid disorder, that it is legitimate," she says.

Thiel added that the Counseling Center in Allendale's Student Services Building has a therapeutic fluorescent light that is available for use by SAD sufferers.

Whatever the cause of the holiday tension, the Counseling Center's discussion group provides a safe and supportive atmosphere for getting it off one's chest and dispelling the feelings of isolation that often accompany depression.

"It should be a good discussion—it's very helpful for people to come together and support and listen to each other," says Thiel. "It gives you a sense of relief: you're not the only one."

FINALS

continued from page 1

to study, dwell on success and not failure, try to study in small groups, and break large assignments into smaller tasks.

"Final time is the most stressful time of the year, but it is also a time of relief because the holiday break is coming," said Bryan Laven, a GVSU student studying occupational health and safety. "Finals are the time to get in one last good

grade to add to our point total."

Students are not the only ones facing added pressures during finals week; professors also endure added stress.

"Based on my past experiences, I will spend from 30 to 35 hours grading final exams," said Dr. Pat Calkins, a GVSU professor.

Calkins said that professors have the responsibility of writing an exam that tests the students' ability to analyze and

critically respond. According to Calkins, this is no easy task but it is worth the time and thought. She said students have the responsibility to understand the objectives of the course and to be able to respond through testing with an understanding of these objectives.

Derek Broene, a business student at GVSU, summed up the majority feeling when he said, "I can't wait until it's all over."

"WHO YA GONNA CALL?"

**INTRODUCING GRAND VALLEY STATE UNIVERSITY'S
PREPAID PHONE CARD**

**NOW AVAILABLE TO ALL STUDENTS
DIAL LONG DISTANCE WHEN ON OR OFF CAMPUS
VALID FROM ANYWHERE WITHIN THE U.S.A**



U.S.A. rates now 7.9 cents/min. check our website

"NO GIMMICKS"

**7.9 cents/min. anytime, anywhere —
reduced international rates**

**"WE SAVE YOU CASH"
"WE MAKE YOU HAPPY"**

For Inquiries Dial:

0 from campus

895-6611 (within Allendale/GR calling area)

877-481-4035 (outside the local calling area)

- **Deposit \$50 get \$2 Free - Deposit \$75 get \$3 Free - Deposit \$100 get \$5 Free - Deposit \$200 get \$10 Free - Minimum Deposit \$5**
- **Spend \$10 within the month for a chance to win \$25 free long distance - 5 winners drawn monthly**
- **We strive to give you the most competitive rates possible - U.S.A. rates now 7.9 cents/min. anytime, anywhere - check our web site for reduced international rates**
- **No Hidden Fees - you simply pay long distance usage costs and MI sales tax on domestic calls, no tax on international calls**
- **Web Site Advantage - make credit card payments and manage your account from the Internet; www.gvsu.edu click quick find; click telephone service**
- **Receive Friendly Trustworthy Service from fellow students**

BEST BOOK BUYBACK! CASH FOR YOUR BOOKS!

SELL YOUR BOOKS BACK AT
**BRIAN'S BOOKS STARTING
MONDAY, DECEMBER 11TH**

**HOURS:
MONDAY - THURSDAY, 9AM-7PM
FRIDAY, 9AM-5PM**

**BRIAN'S BOOKS CAN BE FOUND IN TWO
LOCATIONS:
ON ALLENDALE'S CAMPUS, ACROSS FROM THE
WATER TOWER.
OR ON FULTON STREET IN DOWNTOWN GRAND
RAPIDS!**