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1 **Sulfated polysaccharide from *Gracilaria lemaneiformis* alleviates food allergy**
2 **symptoms by immunosuppression and inhibition of Syk and p38 MAPK**

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12

13 **Running title:** Anti-allergic activity of sulfated polysaccharide from *Gracilaria lemaneiformis*

14

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23 **ABSTRACT**

24 **Background:** Polysaccharides from marine sources offer diverse therapeutic
25 functions due to their multifarious biological nature. Polysaccharide from *Gracilaria*
26 *lemaniformis* possesses various bioactive functions, but its anti-allergic activity
27 remains incompletely defined.

28 **Objective:** This study aimed to extract and analyze sulfated polysaccharide from
29 *Gracilaria lemaneiformis* (GLSP), investigate the effects of GLSP on the anti-allergic
30 activity in both animal and cell models, and explore its anti-allergic mechanisms.

31 **Methods:** GLSP was obtained by water extraction, ethyl alcohol deposition, and
32 column chromatography. Tropomyosin (TM)-sensitized mice were treated with GLSP
33 intragastrically for the prevention group and the treatment group. The effects of GLSP
34 on the function of IgE-mediated RBL-2H3 and the activation of KU812 cell lines
35 were also investigated. Finally, the inhibition of signaling molecules by GLSP was
36 detected through Western blot and Proteome assays.

37 **Results:** GLSP was a 152,481 Da sulfated polysaccharose composed of galactose.
38 GLSP could alleviate allergy symptoms, effectively reduce TM-specific IgE and IgG1,
39 decrease the levels of histamine and mMCP-1, suppress Th2 cell polarization, and
40 promote the function of regulatory T cells in mice. In addition, GLSP had the ability
41 to inhibit the function of RBL-2H3 cells. And the sulfate of GLSP inhibited
42 degranulation. Meanwhile, the expression of CD63 and CD203c were reduced by
43 GLSP in activated KU812 cells. GLSP inhibited the activation of KU812 via
44 suppressing Syk and p38 mitogen-activated protein kinases (MAPK).

45 **Conclusion:** Immunosuppression as well as the reduction in the levels of Syk and p38
46 MAPK may contribute to the ability of GLSP to suppress the symptoms of food
47 allergy. The sulfate of GLSP may play an important role in the anti-allergic effect.

48 **Key words:** sulfated polysaccharide from *Gracilaria lemaneiformis*, food allergy,
49 immunosuppression, Syk tyrosine kinase, p38 MAPK

50

51 **Abbreviations used**

52 DCF: 2,7-Dichlorodihydrofluorescein

53 DNP: Dinitrophenyl

54 Foxp3: Forkhead box protein 3

55 GLSP: Sulfated polysaccharide from *Gracilaria lemaneiformis*

56 LPS: Lipopolysaccharide

57 MAPK: mitogen-activated protein kinases

58 mMCP: Mouse mast cell protease

59 MTT: Methyl thiazolyl tetrazolium

60 SPF: Specific pathogen free

61 Treg: Regulatory T

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67 **INTRODUCTION**

68 Food allergy is a rapidly growing public health concern because of its increasing
69 prevalence and life-threatening potential. On the basis of numerous studies, food
70 allergy is an immune provocation by food in susceptible individuals that affects nearly
71 8% of children and 5% of adults, with growing evidence of an increase in prevalence.¹
72 As a kind of food allergy, shellfish allergy in the Asia-Pacific region ranks among the
73 highest in the world and is the most common cause of food-induced anaphylaxis.² In
74 china, 16.7% of the rural population is sensitized to shellfish.³ Tropomyosin (TM) has
75 been identified as the major allergen of shellfish.⁴ We have previously demonstrated
76 that TM is an allergen in crab, which can cause adverse hypersensitivity in a mouse
77 model.⁵

78 Food-induced anaphylaxis is an IgE-mediated Type I hypersensitivity reaction and
79 is characterized by the development and activation of T helper 2 (Th2) cells.¹ After
80 activation by allergens, the subset of CD4 (+) T-lymphocytes produce a spectrum of
81 cytokines like IL-4, IL-5, IL-6, IL-9, and IL-13 that cause induction of serum
82 immunoglobulin E (IgE) levels, which, in turn, mediate the clinical symptoms.⁶ The
83 IgE immunoglobulin attaches with Fragment crystallizable epsilon region Receptor 1
84 (FcεR1) of mast cells or basophils. Mast cells and basophils are key effector cells,
85 which can release cytokines, chemokines, proteases, leukotrienes and bioactive
86 polyamines after activation.^{7,8} The activation of mast cells and basophils involves a
87 complex network of signal transduction pathways and molecules, including various
88 tyrosine kinases, Akt, and mitogen-activated protein kinases (MAPKs).⁹ MAPKs

89 signaling cascades are important in the differentiation, activation, proliferation,
90 degranulation, and migration of various immune cells, including basophils and mast
91 cells.¹⁰ MAPKs signaling modules are divided into at least three groups: extracellular
92 signal-regulated kinase (ERK), p38 MAPK, and c-Jun NH₂-terminal kinase (JNK). In
93 addition, Regulatory (Treg) cells which known as suppressor T cells can alleviate
94 clinical signs of hypersensitivity to dietary food allergen by modulating the priming of
95 allergen-specific T and B cell responses during oral sensitization and mast cell
96 degranulation.¹¹

97 The indigenous people often have a diet of marine algae and shellfish in the
98 southeast coast of China. Marine algae are known to be one of the most important
99 producers of biomass in the marine environment. Traditional Chinese medicine books
100 have documented that marine algae could improve digestion, enhance immunity and
101 other effects. Recently, the role of marine algae as anti-allergic agents has been
102 determined in *vitro* and in *vivo*.¹² In a recent study, Lin et al.¹³ demonstrated that
103 *Laminaria japonica* polysaccharides can significantly inhibit airway inflammation of
104 asthmatic mice, adjust the balance of cytokines, and improve the pulmonary
105 histopathological condition. Ishihara et al.¹⁴ reported that porphyran of red algae
106 *Porphyra tenera* and *P. yezoensis* were capable of inhibiting the contact
107 hypersensitivity reaction via decreasing the serum level of IgE in Balb/c mice. Our
108 previous studies also have demonstrated that sulfated polysaccharide purified from
109 *Porphyra haitanensis* (PHPS) which is composed of galactose and sulfate has an
110 anti-allergic activity by suppressing Th2 immune response in the TM-sensitized mice.

111 ¹⁵ *Gracilaria lemaneiformis* has similar polysaccharide content and is as extensively
112 distributed as *Porphyra haitanensis*. It is distributed widely in a marine environment
113 and belongs to the family Gracilariaceae (Rhodophyta). *Gracilaria lemaneiformis*
114 possesses various bioactive functions such as antitumor, antiviral, hypoglycemic, and
115 immunomodulatory effects.^{16,17,18} However, to the best of our knowledge, there are no
116 studies reported on the anti-allergic activity of the sulfated polysaccharides from
117 *Gracilaria lemaneiformis*, .

118 In this study, the structural characteristics of sulfated polysaccharide isolated from
119 *Gracilaria lemaneiformis* (GLSP) were resolved. The anti-allergic activity of GLSP
120 was evaluated by TM-sensitized mice and cellular models. Moreover, the key
121 functional group of GLSP was shown for anti-allergic effect, and the inhibition of
122 GLSP on signaling pathway was further investigated in basophils.

123

124 **METHODS**

125 **Purification of polysaccharide from *Gracilaria lemaneiformis***

126 *Gracilaria lemaneiformis* was provided by the Third Institute of Oceanography,
127 State Oceanic Administration. Polysaccharide from *Gracilaria lemaneiformis* was
128 extracted and purified according to the procedures of Shi et al.¹⁵ by 95°C water
129 extraction, ethyl alcohol deposition, and DEAE-cellulose 52 (Whatman, New York,
130 USA) column chromatography. The carbohydrate content of the polysaccharide was
131 detected by the anthrone-sulfuric acid method.¹⁹ The lipopolysaccharide (LPS) was
132 removed from the polysaccharide with Detoxi-Gel Endotoxin Removing Gel (Pierce,

133 Rockford, USA). The LPS content of the polysaccharide was found to be < 0.03
134 EU/mg as measured by the Limulus amoebocyte lysate assay (Associates of Cape Cod,
135 New York, USA).

136 **Characterization of polysaccharide from *Gracilaria lemaneiformis***

137 Carbohydrate was quantified by the anthrone -sulfuric acid method using galactose
138 as the standard. The 3,6-anhydrogalactose (3,6-AG), sulfate, uronic acid and protein
139 contents were respectively measured according the description by Shi et al.¹⁵ The
140 molecular weight distribution of the polysaccharide was determined by high
141 performance gel-permeation chromatography (HPGPC) (Agilent-1100, Santa Clara,
142 USA) equipped with a ZORBAX Eclipse XDB-C18 column (250 mm ×4.6 mm,
143 column temperature 30°C). To determine the monosaccharide composition of GLSP,
144 the acid hydrolysate of the polysaccharide was applied to ion chromatography (IC)
145 (ICS-3000, Dionex, Sunnyvale, CA, USA) analysis with CarboPac PA20 (3×150 mm),
146 and separated using 0.25 M NaOH at a flow rate of 0.5 mL/min. Fourier transform
147 infrared spectroscopy (FTIR) spectrum of the polysaccharide was collected with a
148 Fourier transformed infrared spectrometer (VECTOR-22, BRUKER) in the wave
149 number range of 4000-500 cm⁻¹ using the KBr-disk method.

150 **Mouse food allergy model**

151 Female BALB/c mice, 4-6 weeks of age, were obtained from the Animal Center of
152 Xiamen University. Mice were housed in ~~ana~~ Specific Pathogen Free (SPF) ~~(define~~
153 ~~SPF)~~ environment maintained at 22±1°C with a relative humidity of 55±10%, and
154 experiments were performed in conformity with the laws and regulations for

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155 treatment of live animals in Jimei University, SCXK 2012-0005.

156 The purification of TM from mud crab (*Scylla paramamosain*) was carried out as
157 described previously.²⁰ Food allergy was induced in mice and monitored as described
158 by Yamaki et al.²¹ Briefly, mice were immunized with TM (50µg/mouse) in
159 phosphate-buffered saline (PBS) emulsified with Imject Alum (Thermo Fisher
160 Scientific Inc. Waltham, MA, USA) at day 0 and 14. Mice were challenged from day
161 28 by oral administration TM (10 mg/mouse) every other day. The negative control
162 mice were given 0.2 mL of intragastric PBS (unimmunized PBS group). GLSP (5
163 mg/mouse) was orally administered to immunized mice from the day before the 1st
164 challenge to the day before sacrifice (from day 27 to day 40) in the prevention group.
165 And in the treatment group, GLSP (5 mg/mouse) was orally administered to mice
166 already challenged with oral TM 3 times (from day 33 to day 40) to evaluate the
167 therapeutic effect of GLSP on food allergy. Anaphylactic symptoms and diarrhea rates
168 (the proportion of diarrheal mice in each group) were scored for 1 h after each
169 challenges.²² Rectal temperatures were measured 1 h after the 6th challenge and sera
170 was collected.

171 **Measure the production of histamine, mMCP-1, TM-specific antibodies, and** 172 **cytokines**

173 The concentrations of histamine and mMCP-1 in serum obtained 1 h after the 6th
174 challenge was determined using commercially available ELISA kits following the
175 manufacturer's instructions (IBL, Hamburg, Germany; TSZ, Boston, USA). Serum
176 levels of anti-TM IgG2a, IgE, and IgG1 were measured using ELISA as described

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177 previously.¹⁵ Splenocyte suspensions were obtained on day 41, and were cultured with
178 TM (10µg/mL) for 3 days to measure the release of cytokines IL 4, IL-13, interferon
179 (IFN)-γ, transforming growth factor (TGF)-β) using ELISA kits following the
180 manufacturer's instructions (R&D Systems, Minneapolis, MN, USA).

181 **RNA preparation and real-time RT-PCR analysis**

182 RNA preparation and real-time RT-PCR were performed according to the previous
183 description.²³ Real-time quantitative PCR (QPCR) was performed with the following
184 primers: β-actin (5'- AGC TGC GTT TTA CAC CCT TT-3'; 5'- AAG CCA TGC
185 CAA TGT TGT CT -3'), T-bet (5'- CCC CTG TCC AGT CAG TAA CTT -3'; 5'-
186 CTT CTC TGT TTG GCT GGC T -3'), GATA-3 (5'- AGG AGT CTC CAA GTG
187 TGC GAA -3'; 5'- TTG GAA TGC AGA CAC CAC CT -3'), Foxp3 (5'- CTC ATG
188 ATA GTG CCT GTG TCC TCAA -3'; 5'- AGG GCC AGC ATA GGT GCA AG -3').

189 **Western blot analysis**

190 Western blot analysis of serum anti-TM IgG2a, IgE, and IgG1 was performed as
191 described previously.²² The detection of Syk (Cell Signaling Technology, Danvers,
192 MA, USA), phosphor-Syk (Cell Signaling Technology, Danvers, MA, USA), and
193 β-actin (Cell Signaling Technology, Danvers, MA, USA) of activated KU812 cells
194 with or without GLSP pretreatment were performed according the description by
195 Lee.²⁴

196 **RBL-2H3 assay**

197 The release of β-hexosaminidase and histamine by RBL-2H3 cell was measured
198 as a model of IgE-mediated mast cell allergic reaction. Meanwhile, the cell toxicity.

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199 reactive oxygen species (ROS) ~~(define ROS)~~ and cytokines (IL-4 and TNF- α) were
200 described previously.²³ A solvolytic desulfation procedure was used wherein the
201 GLSP as a pyridinium salt was heated in dimethyl sulfoxide.²⁵ The effect of GLSP
202 after desulfation on degranulation were measured to verify the role of sulfate.

203 **Flow cytometry assay**

204 To examine the effects of GLSP on the expression of activation-linked antigens,
205 flow cytometry experiments were performed. KU812 cells were incubated with GLSP
206 (10-200 μ g/mL) for 1 h and ~~then(or?)~~ stimulated with 0.5 μ M Calcium Ionophore
207 A23187 (Sigma, St. Louis, MO, USA) plus 1 μ M Phorbol Myristate Acetate (PMA)
208 (Sigma, St. Louis, MO, USA) for 30 min in tyrode's buffer. Then, cells were stained
209 with fluorescein isothiocyanate (FITC)-conjugated CD63 (BD pharmingen, San diego,
210 CA) and phycoerythrin (PE)-labelled CD203c (BD pharmingen, San diego, CA) by
211 signal-colour flow cytometry. Guava easyCyte 6HT system and GuavaSoft software
212 (Millipore, Massachusetts, USA) were used for the analysis.

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213 **Proteome ProfilerTM array**

214 KU812 cells were incubated with GLSP (200 μ g/mL) for 1 h and then stimulated
215 with 0.5 μ M A23187 plus 1 μ M PMA for 30 min in tyrode's buffer. Then cells were
216 lysed and Rrelative phosphorylation levels of all three major families of MAPK
217 (ERK1/2, p38 α / β / δ / γ , JNK1/2/3/pan) and Akt 1/2/3/pan, RSK1/2, GSK-3 α / β , MSK2,
218 MEK3/6, HSP27 as well as p70 S6 kinase were determined by human
219 phospho-MAPK array (R&D Systems, Minneapolis, MN, USA) according to the
220 manufactures' instructions. ~~need a description of what you incubated with the array~~

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221 and how it was prepared).

222 Statistical analysis

223 Data were presented as means \pm SDs. Differences between means were analyzed by
224 using ANOVA. A *p* value of less than 0.05 was set as a significant criterion. Each
225 experiment was repeated at least 3 times. In the animal model study samples from
226 individual mice were processed and analyzed separately.

227

228 RESULTS

229 Composition of polysaccharide from *Gracilaria lemaneiformis*

230 The 3, 6-AG, sulfate, uronic acid and protein contents of GLSP were 8.23%, 11.3%,
231 8.59%, and 0.98%, respectively. The molecular weight of GLSP was 152,481 Da by
232 HPLC analysis (data not shown)(data not shown?). According to the description by
233 Sun et al.,²⁶ the peak at 31.963 min was the galactose standard, and the
234 monosaccharide in GLSP was galactose determined through IC analysis as shown in
235 Fig. 1a (the Fig1a description is too brief). The FTIR spectrum of the sample was
236 shown in Fig. 1b. GLSP exhibited absorption peaks at 3289 cm⁻¹, 2920 cm⁻¹ and 1070
237 cm⁻¹, which were characteristic absorptions of -OH, C-H and C-O, respectively.²⁷ The
238 IR absorption at 931cm⁻¹ was the characteristic absorption of 3, 6-AG. Infrared
239 spectroscopy provided useful information for the position of sulfate groups of
240 polysaccharide. The IR spectra show an absorption band at 1260 cm⁻¹ and 850 cm⁻¹,
241 indicating the presence of the total sulfate ester.²⁸ So this polysaccharide was defined
242 as a sulfated polysaccharide from *Gracilaria lemaneiformis* (GLSP).

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243 **The anesis of anaphylaxis by GLSP in TM-sensitized mice**

244 To test the effect of GLSP on food allergy, the animal experiment was implemented
245 according the protocol shown in Fig. 2a. Daily dose of GLSP moderately decreased
246 the scores of the anaphylactic response (Fig. 2b) and diarrhea rates (Fig. 2c) in a
247 dose-dependent manner for 1 h after the every 3rd-6th challenge (this is first mention
248 on Diarrhea rates, need to add to methods). The average rectal temperature of TM
249 group mice was 35.5°C that was 2°C less than PBS group mice. Hypothermia induced
250 at the 6th challenge was also remitted by the administration of GLSP in
251 GLSP-preventive ($p<0.01$) and GLSP-treatment ($p<0.05$) group mice (Fig. 2d) (this
252 figure needs better description of the data. For example, what is on the Y axis vs the x
253 axis? Are there any error bars? Does each line involve one mouse? How was diarrheal
254 treatment effect on food allergy. Meanwhile, GLSP diminished the increase in
255 histamine and mMCP-1 serum concentrations, — (which indicates basophil
256 degranulation?) after the 6th challenge in the GLSP-prevention group (Fig. 3a, 3b). In
257 addition, the daily administration of GLSP significantly reduced anti-TM IgE (Fig. 3c)
258 and IgG1 (Fig. 3d) serum levels, but did not anti-TM IgG2a (Fig. —3e,3d,3e). The
259 western blot result was similar to the ELISA data (Fig. 3f).

260 **The immunosuppression of GLSP in TM-sensitized mice**

261 GLSP is-was known to inhibit the Th2-dependent anti-TM IgE and IgG1 levels, but
262 it is-was not known if it influences d TTh1 cells. Therefore, to examine whether T-cell
263 polarization in the TM-sensitized mice was modulated by GLSP, we evaluated the
264 expression of the transcription factors T-bet, GATA-3 and Foxp3 as the reflection of

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265 Th1, Th2 and Treg cell activity, respectively. As shown in Fig. 4a, GATA-3 expression
266 tended to decrease and Foxp3 expression tended to increase in splenic lymphocytes,
267 while T-bet expression was not modulated by GLSP. The results of cytokines secreted
268 from TM-stimulated cultured splenic lymphocytes confirmed these observations.
269 GLSP reduced the production of Th2 cytokines (IL-4 and IL-13), increased the
270 secretion of TGF- β , and had no effect on Th1 cytokine (IFN- γ) (Fig. 4b). ~~(belong in~~
271 ~~discussion).~~

272 **The suppression impact of GLSP in IgE-mediated RBL-2H3 cell**

273 ~~In Fig. 5a, methyl thiazolyl tetrazolium (MTT) assay was measured to determine~~
274 ~~the potential cytotoxicity of GLSP alone or conjugated to dinitrophenyl (DNP)-BSA.~~
275 ~~As shown in Fig. 5a, GLSP (20-200 μ g/mL) alone or GLSP+DNP-BSA did not affect~~
276 ~~the cell viability ($p > 0.05$).~~~~As shown in Fig. 5a, GLSP (20-200 μ g/mL) had no~~
277 ~~cytotoxicity~~ ~~(in the results section you have to describe the figure. For example: In~~
278 ~~Figure 5a, we measure cell lysis??...by the release of MTT as a measure of toxicity~~
279 ~~of GSP alone or conjugated to DNP and the results are reported as the % of~~
280 ~~the....etc). (Also, what MTT is (!) And there is no mention of toxicity measurements~~
281 ~~or MTT in methods section. What is the significance of using GSP plus and minus~~
282 ~~DNP conjugation (or is BSA-DNP? In this case also fix the figure). This is important~~
283 ~~information that should also be included in Materials and methods as well as briefly~~
284 ~~described here).~~ ~~GLSP (100-200 μ g/mL) significantly diminished the~~
285 ~~antigen-induced degranulation as measured by the reduction in the release of~~
286 ~~β -hexosaminidase ($p < 0.01$) (Fig. 5b), and And the levels of histamine (Fig. 5c).~~

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287 and ROS (as measured by the fluorescence of 2,7-dichlorodihydrofluorescein (DCF))
288 were significantly reduced by GLSP (100-200µg/mL) (Define ROS and detail more in
289 methods, and here what are you measuring and what does the figure show?) (Fig. 5c,
290 5d). The inhibition of mediator release was also shown to be concentration dependent.
291 IL-4 and TNF-α are important cytokines in allergic inflammation.²⁹ The IL-4 and
292 TNF-α levels were increased by treatment of RBL-2H3 cells with 500 ng/ml
293 dinitrophenyl (DNP)-BSA. Fig. 5e and Fig. 5f demonstrated that GLSP significantly
294 inhibited the secretion of IL-4 and TNF-α in a dose-dependent manner in DNP-BSA
295 treated-stimulated IgE-mediated RBL-2H3 cells. These indexes had no significant
296 difference between cells stimulated with GLSP (200 µg/mL) alone and
297 PBS-stimulated cells (data not shown). The data in Table 1 indicated that GLSP after
298 desulfurization could not inhibit the degranulation of RBL-2H3. Thus, these results
299 indicate that the activation and function of RBL-2H3 cells were inhibited by GLSP,
300 and the sulfate of GLSP plays a crucial role.

301 The inhibitory effect of GLSP on the activation of KU812 cells

302 Flow cytometry was used to assess the activation of KU812 cells (Fig 6). GLSP
303 was found to counteract the expression of CD63 in KU812 cells that were activated
304 by A23187+ plus PMA (A+P) treatment (??what is A+P?) at 20-200 µg/mL in a
305 concentration dependent manner (Fig. 6a). Significantly less effect was seen by GLSP
306 on A23187 plus PMA-stimulated up-regulation of CD203c (Fig. 6b). As shown in
307 Fig. 6c, in flow cytometric measurements GLSP was demonstrated to block the
308 formation of the CD63+ (top panel) and reduce the expression of CD203c+ (bottom

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309 panel) subpopulations of KU812 cells. GLSP after desulfation could not inhibit the
310 expression of CD63 and CD203c in KU812 cells (data not shown).

311 **The hindering effect of GLSP on the phosphorylation levels of distinct signaling**
312 **molecules in KU812 cells**

313 To gain insight into how GLSP suppressed the activation of basophils, we
314 examined its effects on signaling events, specifically the phospho-activation of
315 tyrosine kinase like Syk, MAPKs and serine/threonine kinases like Akt. ~~Antigen~~
316 ~~(what is the antigen?, TM) induced tyrosine phosphorylation of Syk was inhibited by~~
317 ~~GLSP in KU812 cells (Fig. 7a). As shown in Fig. 7a, This figure is not very clear. It~~
318 ~~needs to be described better, for example, the p-SYK-Syk levels is-were~~ increased
319 cells ~~are-were~~ pre treated with 0.2 mg/mL of GLSP, the ~~pSYK-p-Syk levels are-were~~
320 decreased ~~to no A+P activation~~. No significant change ~~is-was~~ seen in the levels of
321 and unphosphorylated Syk with the various treatments. We analyzed other signaling
322 molecules using a Proteome Profiler™ Array is detecting 26 kinases simultaneously
323 (Fig. 7b). ~~Though measuring the total proteins in the cytoplasm of the KU812 cells~~
324 ~~with or without GLSP (0.2 mg/mL) pretreatment, the increase levels of This assay~~
325 kinases MEK3 and MEK6 upstream of MAPK p38 ~~(same as below?) was~~ ~~ere~~
326 ~~KU812 cells. And they were~~ reduced by GLSP. Meanwhile, the phosphorylation level
327 of MAPK p38δ- ~~(?? Is this the same as MAPK p38? If it is, then it is a repeat of~~
328 the elimination of the ~~activation? increase of -AA~~ Akt1 phosphorylation ~~(? Or levels?~~
329 stimulated with A23187 plus ~~+PMA (A+P, defined way too late)~~. Furthermore, the
330 molecule downstream of ERK, was reduced by GLSP, while the phosphorylation

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331 levels of ERK1 and ERK2 ~~was~~~~were~~ enhanced. ~~and~~~~And~~ JNK was not affected by

332

333 **DISCUSSION**

334 During the last decade, the active ingredients of marine algae, such as
335 polysaccharides, phlorotannins, phycocyanins, carotenoids etc, play an important role

336 in the pharmaceutical industry and the development of novel drugs against allergic

337 disorders.¹² Polysaccharides from marine sources offer ~~diverse therapeutic-regulated~~

338 functions of allergic responses due to their biocompatible, biodegradable nontoxic, and

339 physiologically inert properties.³⁰ ~~(should include at least one review article as a~~

340 ~~reference or multiple references).~~ It has been reported that several marine

341 polysaccharides have been found to modulate allergic responses.^{13,14} It was

342 demonstrated that the structural characteristics and anti-allergic activity of GLSP are

343 similar to PHPS¹⁵, a polysaccharide from *Porphyra haitanensis*. *Gracilaria*

344 *lemaniformis*, is an important marine algae that is mainly cultured near the southeast

345 coast of China and is known to contain bioactive material. In the present study, using

346 our patented methodology (Patent NO: 201310424569.6), the purified sulfated

347 polysaccharide isolated from *Gracilaria lemaneiformis* showed a similar

348 monosaccharide composition and sulfate content with PHPS. Fan et al.¹⁸ reported that

349 the acidic polysaccharide isolated from *Gracilaria lemaneiformis* showed anti-tumor

350 activity, and its molecular weight is 1.37×10^6 Da, which is more than GLSP

351 (1.52×10^5 Da); the sulfate content is 6.13%, which is less than GLSP (11.3%); and the

352 main monosaccharide is galactose, which is same as GLSP. These differences might

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353 result from the different extraction methods and or the distinctly different material
354 used in the experiment.

355 Food allergy is an immunologically adverse reaction caused by food, which
356 encompasses a range of disorders including IgE-mediated anaphylaxis, decrease of
357 body temperature, and gastrointestinal adverse reaction.¹ In this study, a previously
358 established food allergic model in mice that were orally sensitized by TM. The
359 allergic animal exhibited increase in Th2 cytokine levels, TM-specific IgE
360 concentration, serum histamine, and mMCP-1 levels. The present data suggested that
361 GLSP had potent effects on the prevention and treatment of allergic diseases, and the
362 preventive effect was better than the treatment effect. GLSP was directly responsible
363 for the reduction in mMCP-1 release and the serum histamine levels.

364 Allergen-specific serum IgE is essential in type I hypersensitivity reactions. The
365 Th2-dependent anti-TM IgE and IgG1 serum levels were reduced observably by
366 GLSP. In addition, the production of IL-4 and IL-13 was decreased by GLSP. This
367 effect was similar to the effect of PHPS, but the difference is that GLSP had no
368 obvious effect on Th1 cytokine IFN- γ and Th1-dependent anti-TM IgG2a. The
369 expression of Foxp3 in mouse splenic lymphocytes was increased, indicating that
370 Treg cell polarization was promoted by GLSP. TGF- β is an important factor in the
371 Treg cell development and suppressor function.³⁰¹ The production of TGF- β was also
372 increased in mice challenged with GLSP. So, we believe that GLSP diminishes the
373 severity of food anaphylaxis in the TM-sensitized mice through immunosuppression
374 by up-regulating Treg cells. Whether GLSP had the influence of Th9, Th17, and other

375 immune cells need to be further investigated.

376 Food allergy reaction is induced by the rapid local and systemic release of
377 inflammatory mediators such as histamine, serotonin, and various pro-inflammatory
378 cytokines from mast cells.³⁴² The concentrations of serum histamine and mMCP-1,
379 which is a known inflammatory mediator⁷ (?) increased by TM-sensitization of mice
380 were inhibited by GLSP. So the effect of GLSP on the activation and function of
381 basophils were further investigated by RBL-2H3 and KU812 cell lines. IL-4 which is
382 thought to contribute to immunoglobulin class switching in B cells to produce IgE³²³
383 is also reported to induce Th2 differentiation³³⁴ and affect the survival/proliferation of
384 MCs-mast cells (define MCs) leading to allergic diathesis.³⁴⁵ The activation of human
385 basophils is associated with up-regulation of various surface CD-antigens, including
386 CD63 and CD203c.^{35,36,37} The present results showed that GLSP had the ability to
387 suppress the degranulation and the production of histamine, ROS, IL-4, and TNF- α in
388 IgE-mediated RBL-2H3. The expression of CD63 and CD203c were also inhibited by
389 GLSP in KU812 cells. Furthermore, just as the reported by Ngo et al.³⁷⁸ sulfated
390 polysaccharides, from marine algae, could act as bioactive agents, and the sulfate of
391 GLSP was shown to be important in the inhibition of mediator release and cytokine
392 secretion by of RBL-2H3 and KU812 cells.

393 Syk deficient mast cells do not degranulate after Fc ϵ RI aggregation, Syk is essential
394 for Fc ϵ RI induced signal transduction of mast cells.³⁸⁹ The activation of Syk and other
395 tyrosine kinases initiates an intracellular signaling cascade involving activation of
396 MAPKs, Akt, and other molecules, which have been implicated in gene expression of

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397 relevant cytokines.³⁴⁰⁹ The p38 MAPK play an important role in anaphylactic reaction
398 in humans, and all four isoforms of p38 (α , β , γ and δ) can be activated by MEK6;
399 p38 α and p38 β are also activated by MEK3.⁴⁰¹ RSK is a known downstream target of
400 ERK1/ERK2.⁴⁰¹ Research has shown that camellia japonica suppressed allergic
401 response by the inhibition of Syk kinase activation in mast cells,²³
402 homoisoflavanone prevented mast cell activation and allergic responses by inhibition
403 of Syk signaling pathway,⁴¹² and CTB glycoprotein reduced arachidonic acid release,
404 COX-2 expression, and activator protein-1 transcriptional activation through p38
405 MAPK phosphorylation in RBL-2H3 cells.⁴²³ In the present study, GLSP inhibited the
406 phosphorylation of Syk tyrosine kinase, Akt, and MEK3/6, as well as P38 δ . Due to
407 the inhibition of these signaling pathway molecules, GLSP may be able to counteract
408 the activation and function of basophils. It could be speculated that the mechanism of
409 the inhibitory effect on mast cells is similar to basophils, and should be studied
410 further.

411 In conclusion, the present study show that purified GLSP was a 152,481 Da
412 sulfated polysaccharide from *Gracilaria lemaneiformis*. GLSP could alleviate the
413 allergic symptoms of TM-sensitized mice by immunosuppression and the inhibition of
414 basophils. The activation of basophil was inhibited by GLSP via Syk and p38 MAPK
415 signaling pathways. Based on the results *in vivo* and *in vitro*, we believe that GLSP
416 could not only inhibit TM- mediated food allergy, but also reduce the severity of other
417 allergic symptoms. Finally, GLSP may provide insight into the prevention or
418 treatment of food allergy induced-anaphylaxis and may be used as a functional food

419 component or active pharmaceutical ingredient to treat allergic patients.

420

421 **Conflict of interest**

422 The authors declare that there is no conflict of interests.

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545

546 **Figure Legends**

547 **Table 1. The β -hexosaminidase release rates of RBL-2H3 cells deal with GLSP or GLSP after**

548 **desulfation**

549 The data represent the mean \pm SD from three independent experiments. Statistical differences are

550 indicated by *P* values (one-way ANOVA). **P* < 0.05, ***P* < 0.01, significantly different from

551 DNP-BSA alone.

552

553 **Fig. 1. The structural analysis of GLSP**

554 (a) IC analysis of the monosaccharide from GLSP;

555 (b) FTIR spectrum of GLSP in the wavenumber region between 4000 and 500 cm^{-1} .

556

557 **Fig. 2. Animal experimental design and effects of GLSP on the allergy symptoms**

558 (a) Immunization and challenge protocol;

559 (b) The symptom scores of the anaphylactic symptom 0 to 1 hour after every challenge;

560 (c) The rates of diarrhea of mice 0 to 1 hour after every challenge;

561 (d) The rectal temperature of mice 1h after the 6th challenge.

562 i.p., intraperitoneal injection i.g., intragastrically

563 Statistical differences are indicated by *P* values (one-way ANOVA). **P* < 0.05, ***P* < 0.01,

564 compared with the TM-treated group.

565

566 **Fig. 3. The inhibition of GLSP on serum histamine, mMCP-1, TM-specific antibodies in mice**

567 (a) GLSP reduced the histamine levels in the prevention group;

568 (b) GLSP reduced the mMCP-1 levels in the prevention and the treatment group;

569 (c) GLSP inhibited serum TM-specific IgE in the prevention group after the last challenge;

570 (d) GLSP inhibited serum TM-specific IgG1 in the prevention group after the last challenge;

571 (e) GLSP had no effect on serum TM-specific IgG2a;

572 (f) Western blot analysis of the TM-specific antibodies in mice serum after the last challenge.

573 Statistical differences are indicated by *P* values (one-way ANOVA). **P* < 0.05, ***P* < 0.01,
574 compared with the TM-treated group.

575

576 **Fig. 4. The regulatory effects of GLSP on T cell polarization in mice**

577 (a) GLSP suppressed the expression of Th2 transcription factor (GATA-3), promoted the
578 expression of Treg transcription factor (Foxp3), and had no effect on Th1 transcription factor
579 (T-bet);

580 (b) The effects of GLSP on cytokines secreted from Th1, Th2, and Treg cells. GLSP could reduce
581 the production of Th2 cytokines (IL-4 and IL-13), increase the production of Treg cytokines
582 (TGF- β), and have no effect on Th1 cytokines (IFN- γ).

583 Statistical differences are indicated by *P* values (one-way ANOVA). **P* < 0.05, ***P* < 0.01,
584 compared with the TM-treated group.

585

586 **Fig. 5. The inhibitory effect of GLSP in IgE-mediated allergic responses in RBL-2H3**

587 (a) Effects of GLSP on cytotoxicity;

588 (b) GLSP (100-200 μ g/mL) reduced the release rate of β -hexosaminidase;

589 (c) GLSP (100-200 μ g/mL) inhibited the histamine levels;

590 (d) GLSP (100-200 μ g/mL) decreased the production of ROS;

591 (e) GLSP (100-200 μ g/mL) suppressed the secretion of IL-4;

592 (f) GLSP (150-200 μ g/mL) impeded the secretion of TNF- α .

593 DNP: DNP-BSA

594 The data represent the mean \pm SD from three independent experiments. Statistical differences are

595 indicated by *P* values (one-way ANOVA). **P* < 0.05, ***P* < 0.01, significantly different from
596 DNP-BSA alone.

597

598 **Fig. 6. The inhibitory action of GLSP on the expression of CD63 and CD203c on KU812 cell**

599 (a) GLSP inhibited the percentage of CD63+ cells, and had slight inhibition of CD203c+ cells;

600 (b) The result pictures of the expression of CD63 and CD203c by flow cytometry as an example.

601

602 **Fig. 7. The adjusted effects of GLSP on the signaling pathway molecules**

603 (a) GLSP (200µg/mL) reduced the phosphorylation of Syk tyrosine kinase in stimulated KU812
604 cells;

605 (b) GLSP (200µg/mL) reduced the phosphorylation of Akt, MEK3/6, MAPK p38δ, and RSK2,
606 and mildly enhanced the phosphorylation of ERK1 and ERK2.

607 A+P: 0.5µM A23187+1µM PMA