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1	A COMPARATIVE STUDY BETWEEN MELT GRANULATION/COMPRESSION AND HOT MELT
2	EXTRUSION/INJECTION MOLDING FOR THE MANUFACTURING OF ORAL SUSTAINED
3	RELEASE THERMOPLASTIC POLYURETHANE MATRICES
4	
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- 38 Abstract
- 39

40 During this project 3 techniques (twin screw melt granulation/compression (TSMG), hot melt 41 extrusion (HME) and injection molding (IM)) were evaluated for the manufacturing of 42 thermoplastic polyurethane (TPU)-based oral sustained release matrices, containing a high 43 dose of the highly soluble metformin hydrochloride.

44 Whereas formulations with a drug load between 0-70% (w/w) could be processed via 45 HME/(IM), the drug content of granules prepared via melt granulation could only be varied 46 between 85-90% (w/w) as these formulations contained the proper concentration of binder 47 (i.e. TPU) to obtain a good size distribution of the granules. While release from HME matrices 48 and IM tablets could be sustained over 24h, release from the TPU-based TSMG tablets was 49 too fast (complete release within about 6h) linked to their higher drug load and porosity. By 50 mixing hydrophilic and hydrophobic TPUs the in vitro release kinetics of both formulations 51 could be adjusted: a higher content of hydrophobic TPU was correlated with a slower release 52 rate. Although mini-matrices showed faster release kinetics than IM tablets, this observation 53 was successfully countered by changing the hydrophobic/hydrophilic TPU ratio. In vivo 54 experiments via oral administration to dogs confirmed the versatile potential of the TPU 55 platform as intermediate-strong and low-intermediate sustained characteristics were 56 obtained for the IM tablets and HME mini-matrices, respectively.

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68 **Keywords:** hot melt extrusion, twin screw melt granulation, matrices, high drug load,

- 69 sustained release, thermoplastic polyurethanes, metformin hydrochloride
- 70

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INTRODUCTION

73 Conventional polymers used for hot melt extrusion (HME) of sustained release matrix 74 formulations often deal with processing (i.e. high torque values) and burst-release issues 75 when using high drug loads. [1][2] Claeys et al. already showed the suitability of hydrophobic 76 thermoplastic polyurethanes (TPUs) for the production of sustained release tablets using HME 77 in combination with injection molding (IM). [3] Those TPU-based dosage forms allowed to 78 sustain drug release even at high drug loads (up to 70%, w/w) and release kinetics could be 79 modified by adding release modifiers. [4][5] Recently, hydrophilic TPUs were investigated by 80 Verstraete et al. to ensure a complete drug release of drugs with different physicochemical 81 properties, without using release modifiers. The *in vitro* drug release from the TPU matrices 82 depended on the chemical composition of the hydrophilic polyurethane grades, providing a 83 versatile system to adjust the drug release of different types of drugs. [6]

84 Metformin.HCl is recommended by the International Diabetes Federation in the first-line 85 treatment of diabetes mellitus (type II) as it decreases the basal hepatic glucose production 86 and enhances the sensitivity for insulin in the body, resulting in lower blood glucose levels 87 without risk for hypoglycaemia. [7][8][9] The aim of this study was to compare different 88 techniques for the manufacturing of high drug loaded TPU-based oral sustained release 89 matrices. The oral antihyperglycemic drug is known for its high and frequently dosage, high 90 water solubility and narrow absorption range (i.e. mainly upper part of gastro-intestinal tract). 91 Therefore, this API should put the versatility of the TPU polymer platform to the test for both 92 processing techniques. [10][11] The development of a sustained release formulation that 93 maintains drug plasma levels for 10-16h will limit plasma concentration fluctuations and thus 94 reduce side-effects. Furthermore, once-daily intake should improve patient compliance. 95 [12][13][14]

96 IM tablets, TSMG tablets and HME mini-matrices having different polymer compositions were 97 manufactured and characterized. The influence of formulation strategy/geometry and 98 polymer composition on the in vitro release kinetics was evaluated. As co-ingestion of 99 alcoholic beverages with sustained release matrices can result in dose dumping, the influence 100 of ethanol was evaluated on the in vitro drug release. Finally, *in vivo* performance of the most 101 promising oral sustained release dosage forms was investigated and compared to a 102 commercially available reference formulation.

103 104

2 EXPERIMENTAL SECTION

105 2.1 Materials

The hydrophobic TPU grade Tecoflex[™] EG72D and the hydrophilic TPU grades Tecophilic[™] 106 107 SP60D60, SP93A100 and TG2000 were obtained from Merquinsa (a Lubrizol Company, Ohio, 108 USA). As shown in Fig. 1, the hard segment (HS) of the hydrophobic and hydrophilic TPUs is a 109 combination of hexamethylene diisocyanate (HMDI) and 1,4-butanediol (i.e. chain extender). 110 Although the hydrophobic and hydrophilic TPUs have a similar hard segment, the chemical 111 composition of the soft segment (SS) is different. The soft segment of Tecophilic[™] is PEO (polyethylene oxide), while the soft segment of TecoflexTM is polytetrahydrofuran (pTHF). 112 113 [4][6][15] Metformin.HCl was purchased from Fagron (Waregem, Belgium).

114

115 2.2 Preparation of formulations

116 2.2.1 Hot-melt extruded mini-matrices

117 Hot melt extrusion (HME) was performed on a mixture of TPUs and metformin hydrochloride 118 (60% drug load, w/w, in all cases). Physical mixtures were extruded using a co-rotating twin-119 screw extruder (Haake MiniLab II Micro Compounder, Thermo Electron, Karlsruhe, Germany), 120 operating at a screw speed of 100rpm. Extrusion temperature was set at 100°C for 121 formulations containing TG2000. For formulations based on (a mixture of) Tecoflex[™] EG72D, 122 Tecophilic[™] SP60D60 and Tecophilic[™] SP93A100, the extrusion temperature was set at 123 160°C. After HME, the extrudates were immediately processed into mini-matrices (±3.5mm 124 height; ±3mm diameter) via manual cutting (using a surgical blade).

125

126 2.2.2 Injection molded tablets

After hot melt extrusion (using the same settings as described above), the extrudates were also processed via injection molding into tablets with a diameter and height of approximately 9 and 4mm, respectively. IM experiments were performed using a Haake MiniJet System (Thermo Electron, Karlsruhe, Germany) at a temperature equal to the extrusion temperature. During the IM process an injection pressure of 800bar (10s) forced the material into the mould. A post-pressure of 400bar (5s) avoided expansion by relaxation of the polymer.

133 2.2.3 Twin screw melt granulation tablets

134 Twin screw melt granulation (TSMG) experiments were performed using a co-rotating 135 intermeshing twin-screw granulator (Prism Eurolab 16) (Thermo Fisher Scientific, Karlsruhe, 136 Germany) with a barrel length of 25 L/D, where L is the axial screw length of the machine and 137 D is the inner bore diameter corresponding to one of the screws. The screw design was 138 identical for all experiments with two kneading zones in the third and fifth segment which 139 consisted of 6 kneading discs at a 60° stagger angle in forward direction. To evaluate the effect 140 of drug load, physical mixtures of metformin hydrochloride and Tecoflex[™] EG72D (API 141 concentration was varied from 60 to 85% (w/w)) were fed into the screws of the granulator 142 using a DD Flex wall 18 gravimetric feeder (Brabender Technologie, Germany), which was set 143 in the gravimetric feeding mode. Throughput and screw speed were kept constant at 0.7kg/h 144 and 200rpm, respectively. The barrel was divided into 6 zones. Segment 6, which is located at 145 the end of the barrel, had a lower temperature of 40°C during all runs in order to cool down 146 the granules and avoid sticking of the granules when leaving the granulator. In all other zones 147 the temperature was constant at 140°C. Granule samples were collected after melt 148 granulation of each metformin hydrochloride/TPU mixture. Each sample collection was 149 started after 15min of equilibration time, which is the time needed to reach a steady state 150 process (i.e. stable torque and barrel wall temperature which were initially unstable due to 151 layering of the screws and the screw chamber walls with material). Sample collection was 152 executed until 500g of sample was collected.

After TSMG, granules were sieved for 10min at an amplitude of 2mm using a vibrating sieve tower (Retsch VE 1000, Haan, Germany). Granules with a particle size between 250 and 1000µm were used for tableting. Before every compression experiment, granules with a mass corresponding to 250mg metformin.HCl were weighed and manually poured into the die. All samples were tableted using a manual single punch eccentric tablet machine (Korsch EKO, Erweka, Heusenstamm, Germany) with 10mm diameter circular punches (flat faced). For all tableting experiments, a constant compaction pressure of 130MPa was used.

To investigate the influence of TPU binder concentration on the tablet properties (i.e. porosity
and disintegration time) and compaction behavior (i.e. elastic recovery), all TSMG batches
(sieve fraction 800-850μm) were tableted using a rotary tablet press (MODUL P, GEA Pharma
Systems, Courtoy, Halle, Belgium) equipped with a round concave (radius: 24mm) Euro B
punch of 10mm diameter at a tableting speed of 5rpm. All tablets (250 ± 5mg) were prepared

using a compaction pressure ranging from 65 to 260MPa, without pre-compression. All tablets
 were characterized for tablet mass and dimensions (immediately, 24h and 7days post ejection). After 7days, all tablets were subjected to USP disintegration testing.

168

169 2.3 Characterization of TSMG granules

170 2.3.1 Particle size distribution

Sieve analysis was performed using a Retsch VE 1000 sieve shaker (Haan, Germany). Granules were placed on the shaker during 5min at an amplitude of 2mm using a series of sieves (75, 150, 250, 500, 800, 1000 and 2000µm). The amount of granules retained on each sieve was determined. The amount of fines and oversized granules were defined as the fractions <250µm and >1000µm. The yield of the granulation process was defined as the fraction between 250 and 1000µm.

177

178 2.3.2 Friability

A friabilator (PTF E Pharma Test, Hainburg, Germany) was used to determine the TSMG granule friability (n=3) at a speed of 25rpm for 10min, by subjecting 10g (*lwt*) of granules together with 200 glass beads (4mm mean diameter) to falling shocks. Prior to determination, the granule fractions <250 μ m and >1000 μ m were removed to assure the same starting conditions. Afterwards, the glass beads were removed and the weight retained on a 250 μ m sieve (*Fwt*) was determined. The friability was calculated as described by equation 1:

185

Friability (%) =
$$\left(\frac{Iwt - Fwt}{Iwt}\right) x 100$$
 (1)

186

187 2.4 Characterization of HME mini-matrices, IM tablets and TSMG tablets

188 2.4.1 Thermal analysis

189 Metformin crystallinity was evaluated using differential scanning calorimetry. A DSC Q2000 190 (TA Instruments, Leatherhead, UK) with a refrigerated cooling system (RCS) was used to 191 determine melting point (T_m) and melting enthalpy (ΔH) of pure components, physical 192 mixtures, mini-matrices, IM tablets and TSMG tablets. All physical mixtures and TPU-based 193 formulations (sample mass 7-15mg) were analysed using Tzero pans (TA instruments, Zellik, 194 Belgium) at a heating rate of 10°C/min. The DSC cell was purged using dry nitrogen at a flow 195 rate of 50mL/min. One single heating run from 20 to 250°C was performed to analyse the thermal characteristics (*T_m* and melting enthalpy) of pure components, physical mixtures,
mini-matrices and IM tablets.

198

199 2.4.2 Fourier-transform infrared spectroscopy

200 Attenuated total reflection Fourier-transform infrared (ATR FT-IR) measurements were 201 performed to detect possible hydrogen bonds between API and polymer. Spectra (n=5) were 202 collected of pure substances, physical mixtures and final formulations using a Nicolet iS5 ATR 203 FT-IR spectrometer (Thermo Fisher Scientific). Each spectrum was collected in the 4000 to 204 550cm⁻¹ range with a resolution of 4cm⁻¹ and averaged over 64 scans. FT-IR spectral data 205 analysis was done using SIMCA P+ v.12.0.1 (Umetrics, Umeå, Sweden). Different spectral 206 ranges were evaluated via principal component analysis. All collected FT-IR spectra were 207 preprocessed using standard normal variation (SNV).

208

209 2.4.3 Raman spectroscopy

210 The distribution of the drugs in the different formulations was evaluated by Raman 211 microscopic mapping using a Raman Rxn1 Microprobe (Kaiser Optical System, Ann Arbor, MI, 212 USA) equipped with an Invictus NIR diode (wavelength 785nm; laser power 400mW). Two 213 areas (one surface and one cross section) were scanned by a 10x long working distance 214 objective lens (spot size 50μ m) in mapping mode using an exposure time of 4s and a step size 215 of 50µm in both the x (18points) and y (13points) direction (=234 spectra or 850 x 600µm per 216 mapping segment). Data collection and data transfer were automated using HoloGRAMS[™] 217 data collection software (version 2.3.5, Kaiser Optical Systems), HoloMAP[™] data analysis 218 software (version 2.3.5, Kaiser Optical Systems) and Matlab software (MATLAB 8.6, The 219 MathWorks, Natick, USA). Each map was analysed using multivariate curve resolution (MCR) 220 to evaluate the homogeneous drug distribution in the matrices. Therefore, for each map all 221 234 spectra were introduced in a data matrix. Since each sample consisted of two 222 components, 2-factor MCR was applied. Additionally, both a spectrum of pure drug and TPU 223 were added to this data matrix. The spectral range was narrowed to 800-1500 cm⁻¹ since clear 224 spectral differences between drug and polymer could be observed in this spectral range. Prior 225 to MCR, all spectra were baseline corrected using Pearson's method and normalized, 226 obtaining data matrix D containing the pre-processed spectra. MCR aims to obtain a clear 227 description of the individual contribution of each pure component in the area from the overall

228 measured variation in *D*. Hence, all collected spectra in the area are considered as the result 229 of the additive contribution of all pure components involved in the area. Therefore, MCR 230 decomposes *D* into the contributions linked to each of the pure components in the system, 231 described by the equation 2:

232

$$D = CS + E \qquad (2)$$

233 where C and S represent the concentration profiles and spectra, respectively. E is the error 234 matrix, which is the residual variation of the dataset that is not related to any chemical 235 contribution. Next, the working procedure of the resolution method started with the initial 236 estimation of C and S and continued by optimizing iteratively the concentration and response 237 profiles using the available information about the system. The introduction of this information 238 was carried out through the implementation of constraints. Constraints are mathematical or 239 chemical properties systematically fulfilled by the whole system or by some of its pure 240 contributions. The constraint used for this study was the default assumption of non-negativity; 241 that is, the data were decomposed as non-negative concentration time non-negative spectra. 242

243 2.4.4 Axial recovery

Axial recovery of the TSMG tablets was calculated immediately, 1 day and 7 days after ejection
via the Armstrong and Haines-Nutt equation (equation 3):

246 $Axial \ elastic \ recovery \ (\%) = \left(\frac{Ta - Tid}{Tid}\right) \ x \ 100 \qquad (3)$

where *Ta* denotes the tablet height after ejection (immediate, after 1 day or after 7 days in mm) and *Tid* the tablet height under maximum compression force (mm). [16] [17] The dimensions of 3 tablets, manufactured at equal conditions, were used to calculate the axial elastic recovery of each formulation at 3 compaction pressures.

- 251
- 252 2.4.5 Tablet porosity
- 253 2.4.5.1 Helium pycnometry
- 254 The porosity of the tablets (n=3) was calculated using equation 4:
- 255 $Tablet \ porosity \ (\%) = \left(1 \frac{\rho \ app}{\rho \ true}\right) x \ 100$ (4)

where ρapp and $\rho true$ denote the apparent and true density (g/mL), respectively. Apparent density was calculated by diving the tablet mass by the volume of the tablet, while the true density of all powders was measured using helium pycnometry (AccuPyc 1330, Micrometrics, Norcross, USA) at an equilibration rate of 0.0050 psig/min with the number of purges set to10. [17]

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262 2.4.5.2 X-ray tomography

The porosity of one IM tablet and one TSMG tablet was investigated using high-resolution Xray computed tomography (custom-designed μ CT setup HECTOR of the Ghent University Centre for X-ray Tomography (UGCT)). [18] A voxel size of 5.5 x 5.5 x 5.5 μ m³ was used, which is well within the specification of the focal spot size. At this magnification, the tablets were completely inside the field-of-view using a 2048x2048 pixels detector.

268 The µCT data was reconstructed using Octopus Reconstruction [19] and analysed using 269 Octopus Analysis (both Inside Matters, Ghent, Belgium). [20] To remove phase-contrast edge 270 enhancement artefacts and improve the contrast-to-noise ratio, a single-image phase 271 retrieval filter was applied. [21][22] The same workflow was used for all tablets, hence 272 resulting porosities can be compared (but it must be noted that absolute values depend 273 strongly on grey value threshold). Besides the contrast between sample and air, a clear 274 contrast between the polymer matrix and active product can be observed, as theoretically 275 predicted using the NIST XCOM database. [23]

276

277 2.5 Dissolution experiments

278 The in vitro release experiments were based on the USP guidelines for metformin 279 hydrochloride sustained release tablets. Drug release from the injection molded tablets, mini-280 matrices and TSMG tablets was determined using the paddle method on a VK 7010 dissolution 281 system (VanKel Industries, New Jersey, USA) with a speed of 100rpm. Simulated intestinal fluid 282 (SIF, pH 6.8), simulated gastric fluid (SGF, pH 1.2) and SGF + ethanol (20%, V/V) were used as 283 dissolution media (900mL) at 37±0.5°C, without the addition of enzymes. [24] Samples were 284 withdrawn at predetermined time points (0.5; 1; 2; 4; 6; 8; 12; 16; 20 and 24h) and 285 spectrophotometrically (UV-1650PC, Shimadzu Benelux, Antwerp, Belgium) analysed at a 286 wavelength of 232nm.

287

After 12h dissolution experiments, all IM tablets were lyophilized in a Lyobeta 25[™] laboratory
 scale freeze-dryer (Telstar, Terrassa, Spain) to prepare them for X-ray tomography
 experiments. The 60% (w/w) drug loaded TSMG tablets were not subjected to freeze-drying

as they completely disintegrated during dissolution. Immediately after in vitro dissolution testing, the tablets were put in individual vials and placed on the shelves in the drying chamber (cooled to -50°C). Primary and secondary drying were performed at -30°C and 20°C, respectively, both at a pressure of 10Pa. The vials were closed under a controlled nitrogen atmosphere.

296

297 2.6 Disintegration experiments

A USP disintegration apparatus (Pharma Test, Hainburg, Germany, disk method) was used to investigate the impact of mechanical stress on the geometry of the IM tablets, HME minimatrices and Glucophage[™] SR reference formulations. All experiments were conducted over a time period of 12h in SIF at a temperature of 37°C. The disintegration times of 3 individual tablets were recorded and the average was reported. To visualize geometry changes, images were taken with a digital C3030 Olympus camera (attached to an image analysis system (analySIS[®])), before and after 12h disintegration testing.

305

306 2.7 In vivo

The in-vivo study (application ECD 2013/127) was approved by the Ethical Committee of the
 Faculty of Veterinary Medicine (Ghent University) before starting the experiments.

309

310 2.7.1 Subjects and study design

311 In vivo experiments were performed using the most promising formulations: mini-matrices 312 (metformin.HCl/Tecoflex[™] EG72D, 60/40, w/w) and IM tablets (metformin.HCl/Tecophilic[™] SP60D60/Tecoflex[™] EG72D, 60/20/20, w/w/w). Both formulations were compared with 313 314 Glucophage[™] SR 500 mg (½ tablet) as a reference. Open label cross-over assays were 315 performed on 6 male beagle dogs (10-13kg) with a wash-out period of at least 8 days. The IM 316 tablets, mini-matrices and reference formulations were administered to fasted dogs with 317 20mL of water. During the experiment the dogs were only allowed to drink water. Plasma 318 samples were collected 1, 2, 3, 4, 5, 6, 8 and 12 hours post administration and were stored at 319 -25°C until analysis. All TPU-based formulations were recovered from faeces to determine the 320 residual metformin.HCl content. Moreover, the gastro-intestinal residence time of the 321 formulations was recorded.

322 2.7.2 Metformin hydrochloride assay

323 An extraction method developed by *Gabr et al.* was optimized. [25] After de-freezing, plasma 324 samples were centrifuged using a Centric 322A (Tehtnica, Slovenia) at 2300g for 10min. 280µL 325 of the supernatant was spiked with 20µL of 0.05mg/mL ranitidine solution. During a first 326 extraction step, 50µL of 10M sodium hydroxide solution and 3mL organic phase (1butanol/hexane, 50/50, V/V) were added. The tubes were mixed using a Turbula[™] mixer 327 328 (Willy A. Bachofen Maschinenfabrik, Switzerland) during 30min at an intensity of 79rpm. The 329 upper organic layer was transferred to a clean test tube after centrifugation. Back extraction 330 was performed by adding 1mL of 2M HCl. Consecutively, tubes were mixed (79rpm, 331 10minutes) and centrifuged. After centrifugation (10min, 2300g) the organic layer was 332 removed, 400µL of sodium hydroxide (10M) and 2mL organic phase (1-butanol/hexane, 333 50/50, V/V) were added. After mixing (79rpm, 30min) and centrifugation (10min, 2300g), the 334 organic layer was transferred into a clean glass tube and evaporated to dryness under a 335 nitrogen stream.

336 The HPLC system (Merck-Hitachi, Darmstadt, Germany) consisted of an isocratic solvent pump 337 (L-7100) set at a constant flow rate of 0.7mL/min, an auto-sampler injection system (L-7200) 338 with a 100µL loop (Valco Instruments Corporation, Houston, Texas, USA), a reversed-phase 339 column and pre-column (LiChroCart[®] 250-4 and LiChrospher[®] 100RP-18 5µm, respectively) and 340 a variable wavelength UV-detector (L-7400) set at 236nm. The mobile phase consisted of 341 potassium dihydrogen phosphate buffer (adjusted to pH 6.5 with 2M NaOH)/acetonitrile 342 (66/34, V/V) and 3mM sodium dodecyl sulphate (SDS). Peak integration was performed using 343 the software package D-7000 HSM Chromatography Data Station.

344

345 2.7.3 Method validation

Based on the guidelines of the International Conference on Harmonization (ICH), the following
parameters were evaluated: linearity, specificity, accuracy, precision, recovery, lower limit of
detection (LOD) and lower limit of quantification (LOQ). [26]

349

350 2.7.4 Data analysis

351 Peak integration was performed using the software package D-7000 HSM Chromatography

352 Data Manager. The peak plasma concentration (C_{max}), time to reach C_{max} (T_{max}), half value

duration (HVD_{t50%Cmax}) and area under the curve (AUC_{0-12h}) were calculated using a commercial

software package (MATLAB 8.6, The MathWorks, Natick, USA, 2015). The sustained-release
characteristics of the tested formulation were evaluated by calculating the R_D ratio between
the HVD_{t50%Cmax} values of a test formulation and an immediate-release formulation. A ratio of
1.5, 2 and >3 indicates low, intermediate and strong sustained release characteristics,
respectively.

359

360 2.7.5 Statistical analysis

The effect of metformin.HCl formulation on the bioavailability was assessed by repeatedmeasures ANOVA (univariate analysis). To further compare the effects of the different treatments, a multiple comparison among pairs of means was performed using a Bonferroni post-hoc test with P < 0.05 as significance level. The normality of the residuals was evaluated with a Kolmogorov-Smirnov test. To test the assumption of variance homogeneity, a Levene's test was used. The statistical analysis was performed using SPSS (IBM SPSS Statistics for Windows, version 23.0, Armonk, New York, USA, 2015).

369 370

3 RESULTS AND DISCUSSION

The TPU polymer platform offers a versatile formulation strategy to adjust the release kinetics of several high drug loaded drugs with different aqueous solubility. As metformin hydrochloride is highly soluble and characterized by a narrow absorption range, various hydrophilic/hydrophobic TPU (mixtures) were used to put the versatility of this polymer platform to the test using three different manufacturing techniques: HME, IM and TSMG/compression.

377 During preliminary extrusion experiments, physical mixtures of metformin.HCl and various 378 ratios of hydrophilic/hydrophobic TPUs (Metformin.HCl/TPU ratio: 60/40, w/w) were 379 processed. Whereas processing of TPU formulations via HME was possible at 60% (w/w) drug 380 load using other drugs (acetaminophen, theophylline and diprophylline), high torque values 381 and shark skinning was observed for metformin.HCl formulations using the same processing temperatures (i.e. 80°C and 110°C for Tecophilic[™] TG2000 and all other TPU grades, 382 383 respectively). [6] This phenomenon was even more pronounced at higher drug loads (up to 384 70%, w/w) and is linked to the higher friction of the metformin.HCl particles in the extruder 385 barrel. [27][28][29] By increasing barrel temperature to 100°C and 160°C for formulations based on Tecophilic[™] TG2000 and other TPUs, respectively, less shark skinning and lower 386 387 torque values (i.e. 20% of maximum torque) were observed. This finding could be explained 388 by the lower complex viscosity of all polymers at higher temperatures. [6] In all cases, a white 389 extrudate strand was obtained after HME which was immediately processed into non-390 crushable tablets (via IM) and mini-matrices (via manual cutting). During the IM process, no 391 sticking to the mould was seen. [4][6] Whereas formulations with a drug load between 0-70% 392 (w/w) could be processed via HME/(IM), the drug content of granules prepared via melt 393 granulation could only be varied between 85-90% (w/w) as these formulations contained the 394 proper concentration of binder (i.e. TPU) to obtain a good size distribution of the granules 395 (Fig. 2). At higher drug loads (i.e. 5% (w/w) TPU binder concentration) the metformin powder 396 particles were not sufficiently agglomerated (i.e. 36% of granules had a particle size below 397 250µm). In contrast, a large fraction of oversized granules was obtained (i.e. 39% of granules 398 had a particle size above $1000\mu m$) when the drug load was below 85% (w/w). Although several 399 other process parameters (i.e. screw speed, screw configuration, barrel temperature, feed 400 rate) were varied during preliminary TSMG experiments, a yield fraction (i.e. 250-1000 µm)

higher than 70% (w/w) could only be obtained using 10-15% (w/w) TPU binder. The
implementation of an additional cryomilling step after TSMG was efficient to reduce the
fraction of oversized granules and thus increase the TSMG process yield (supplementary data).
Finally, a lower friability was found when a higher TPU binder concentration was used (Table
1).

406 The aim of this research was to evaluate the usefulness of the TPU polymer platform for the 407 manufacturing of different high drug loaded oral sustained release dosage forms using 408 HME/(IM) and TSMG/compression. Therefore, all formulations (i.e. HME mini-matrices, 409 HME/IM tablets and TSMG tablets) were evaluated for their release retarding potency in vitro. 410 Whereas hydrophilic TPUs were unable to prolong metformin release from HME/IM 411 formulations for more than 6h in SIF medium, hydrophobic TPU-based IM tablets only 412 released 12% metformin after 24h. By mixing hydrophilic and hydrophobic TPUs the in vitro 413 release kinetics could be adjusted: a higher content of hydrophobic TPU was correlated with 414 a slower release rate. In addition of the hydrophilic/hydrophobic TPU ratio, drug release 415 depended on the geometry of the formulation: mini-matrices showed faster release kinetics 416 than IM tablets. Verhoeven et al. already investigated the influence of mini-matrix dimensions 417 and diffusion coefficient on the release profile. As both the IM tablets and the mini-matrices 418 have the same drug load and polymer composition, the faster release kinetics of the mini-419 matrices could be attributed to the larger surface area (1.6-fold increase) and shorter diffusion 420 pathways. [32] This observation was successfully countered by changing the 421 hydrophobic/hydrophilic TPU ratio: incorporating a higher fraction of hydrophobic TPU 422 reduced release kinetics (Fig. 3). Although the hydrophobic TPU (i.e. Tecoflex[™] EG72D) was 423 an efficient release retarding excipient for HME/(IM) formulations, it was not able to sustain 424 metformin release from TSMG tablets (Fig. 4). The TPU concentration was too low to achieve 425 sustained release kinetics at high drug loads (i.e. 85%, w/w), even when the hydrophobic TPU 426 grade was incorporated in the formulation. In contrast to HME/IM experiments this 427 phenomenon could not be countered by increasing the amount of TPU, as a higher TPU binder 428 concentration yielded oversized granules. Besides problems related to granule particle size, 429 more elastic recovery occurred during tableting of formulations with a higher TPU 430 concentration, as shown in Fig. 5. As a result, the interparticular bonding area was lowered 431 (i.e. higher porosity of TSMG tablets containing a high TPU fraction) and the disintegration 432 time was reduced (Fig. 6 and Table 2), correlated with the faster release kinetics of TSMG

433 tablets that contain more than 15% (w/w) TPU (despite the hydrophobic nature of the Tecoflex[™] EG72D grade). During dissolution testing, a gel-like layer was formed around the 434 435 Glucophage[™] SR tablet due to the hydration of hydroxypropylmethylcellulose and sodium 436 carboxymethylcellulose fraction which are incorporated in the matrix tablet as release 437 retarding agents. [31] In contrast to the reference formulation and TSMG tablets, no 438 disintegration or erosion was observed for all HME mini-matrices and IM tablets, as displayed 439 in Fig. 7. Based on their promising in vitro release kinetics in SIF media, IM tablets (metformin.HCl/Tecophilic[™] SP60D60/Tecoflex[™] EG72D, 60/20/20, w/w/w) and HME mini-440 matrices (metformin.HCl/Tecoflex[™] EG72D, 60/40, w/w) were selected for further 441 442 investigation in SGF media. All formulations showed slower release kinetics when SGF media 443 was used, in comparison to dissolution tests performed in SIF media as shown in Figs. 3 and 444 8. Desai et al. linked this observation to the higher charge (i.e. diprotonation) of 445 metformin.HCl (pKa values 2.8 and 11.5) at pH 1.2, leading to a stronger solvation, larger 446 hydrodynamic radius and thus lower diffusion coefficient. [30] As patients may co-ingest 447 alcoholic beverages with their medication, this can potentially disrupt the sustained release 448 mechanism of formulations and result in dose dumping and safety issues, a SGF medium 449 containing 20% (V/V) ethanol was used for testing the mini-matrices, IM tablets and reference 450 formulation. [33] Both, the hydrophilic TPU based formulations and the reference formulation 451 showed faster metformin.HCl release kinetics in the presence of ethanol. As displayed in Fig. 452 8, this phenomenon was not observed when the hydrophobic TPU Tecoflex[™] EG72D was used 453 as a matrix former, making these formulations resistant to dose-dumping in case of co-454 ingestion with alcohol.

Based on the *in vitro* dissolution experiments in SIF media, the most promising IM tablets (metformin.HCl /SP60D60/EG72D, 60/20/20, w/w/w) and mini-matrices (metformin.HCl/ EG72D, 60/40, w/w) were characterized using DSC, FT-IR and Raman mapping and were subsequently evaluated *in vivo*. As shown in **Table 3**, DSC data confirmed the crystalline state of metformin.HCl after processing. In addition, FT-IR results ensured the absence of hydrogen bonds between the API and the polymers. Moreover, MCR contribution plots of the IM tablets and mini-matrices ensured the homogenous distribution of metformin.HCl.

462 As displayed in **Fig. 9**, plasma concentrations of metformin hydrochloride were plotted as a 463 function of time. Maximum plasma level and time to reach this concentration (T_{max}) were 464 1857ng/mL (4.8h) and 1923ng/mL (3.0h) for the IM tablets and mini-matrices, respectively. In

465 case of Glucophage[™] SR, a significant higher C_{max} value of 2425 ng/mL was observed 2.8 hours (T_{max}) after oral intake. The HVD_{T50%Cmax} values were 9.2, 5.5 and 5.6h for IM tablets, mini-466 matrices and GlucophageTM SR, respectively. The HVD_{T50%Cmax} value of 3.2h for immediate 467 468 release reference tablets administrated to beagle dogs was derived from literature and used 469 for R_D calculation. [36] The R_D values of 2.9, 1.7 and 1.7 indicated intermediate-strong, low-470 intermediate and low-intermediate sustained release properties of IM tablets, mini-matrices 471 and GlucophageTM SR, respectively. Although the reference formulation and IM tablet showed 472 comparable dissolution rates *in vitro*, a faster *in vivo* drug release from the Glucophage[™] SR 473 was observed. This is correlated with the higher sensitivity of the hydrated gel layer at the 474 surface of the Glucophage tablets which is more sensitive gastrointestinal shear forces. 475 [37][38][39] This effect of gastro-intestinal peristalsis on the reference formulation was also 476 evidenced from the tablet residues recovered in the faeces: whereas no residue of the reference tablet was detected, intact TPU-based formulations were recovered without 477 478 changes of the geometric shape of the TPU matrices. Although hydrophobic TPU mini-matrices 479 had a similar in vitro performance as the IM tablets, the sustained release properties were not 480 reflected to the same extent during the in vivo study. This is linked to their shorter GI residence 481 time (i.e. faster gastric emptying) (12.8 and 17.5h for HME mini-matrices and IM tablets, 482 respectively), resulting less metformin absorption in the upper part of the GI tract and 483 significantly lower bioavailability (i.e. lower AUC_{0-12h} value), as listed in **Table 4**. [40] Despite 484 their shorter gastrointestinal residence time, mini-matrices still obtained a similar R_D value 485 and significant lower C_{max} value than the reference formulation, indicating an equal sustained 486 release potential without possible dose-dumping issues.

488 489

4 CONCLUSION

490 As a result of the limited TPU binder concentration range and the higher porosity of TSMG 491 tablets, HME/(IM) was found to be more effective for the production of TPU-based oral 492 sustained release metformin matrices. Although metformin hydrochloride was released too 493 fast from a pure hydrophilic TPU-based IM tablet, mixing of hydrophilic TPUs with 494 hydrophobic TPUs overcame this problem. As mini-matrices had a faster in vitro drug release, 495 this phenomenon was successfully countered by increasing the concentration of hydrophobic 496 TPU. The versatile potential of this TPU-based polymer platform was also confirmed in vivo as 497 sustained release properties for the IM tablets and mini-matrices, respectively, were 498 maintained after oral administration to dogs.

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- 625 Figures
- 626
- **Fig. 1.** Chemical structure of the aliphatic **(A)** hydrophobic TPU Tecoflex[™] and **(B)** hydrophilic
- 628 TPU Tecophilic[™].



Fig. 2. Impact of Metformin.HCl/TPU ratio (●95/5; ●90/10; +85/15; x80/20; *70/30; ▲60/40)

631 (w/w) on the cumulative particle size distribution of TSMG granules.



Fig. 3. Influence of TPU grade (•TG2000; xSP93A100; ■SP60D60; ▼EG72D) and ratio (w/w) of
hydrophilic/hydrophobic TPU (SP60D60/EG72D ratio: •50/50; ▲25/75; ▼0/100) on *in vitro*release kinetics (mean ±SD, n=3) in SIF medium of (A) IM tablets and (B) mini-matrices
containing 60% (w/w) Metformin.HCl. The black curve (*) represents the mean release
kinetics (±SD, n=3) of GlucophageTM SR 500 (1/2 tablet).



- **Fig. 4.** Influence of metformin.HCl/Tecoflex[™] EG72D ratio (w/w) (•60/40; ▲70/30; ▼85/15)
- 640 on the *in vitro* release kinetics (mean ±SD, n=3) of TSMG tablets in SIF medium.



Fig. 5. Influence of metformin.HCl/Tecoflex[™] EG72D ratio (w/w) (•60/40; ▲70/30; ▼85/15)
on (A) out of die axial elastic recovery and (B) tablet porosity. All experiments were performed
in triplicate and mean values (±SD) were plotted as a function of mean compaction pressure
(±SD).



Fig. 6. X-ray tomography images of (A) IM tablet (60/20/20, w/w/w,
metformin.HCl/Tecoflex[™] EG72D/Tecophilic[™] SP60D60) and (B) TSMG tablet (60/40, w/w,
metformin.HCl/ Tecoflex[™] EG72D) before dissolution experiments.



- Fig. 7. Optical images of (A) IM tablet (60/20/20, w/w/w, metformin.HCl/Tecoflex[™]
 EG72D/Tecophilic[™] SP60D60), (B) mini-matrices (60/40, w/w, metformin.HCl/Tecoflex[™]
 EG72D), (C) TSMG tablet (85/15, w/w, metformin.HCl/Tecoflex[™] EG72D), (D) TSMG tablet
 (60/40, w/w, metformin.HCl/Tecoflex[™] EG72D) and (E) Glucophage[™] SR 500 (1/2 tablet)
 reference formulation before (left) and after (right) 12h disintegration testing in SIF.



Fig. 8. In vitro release kinetics (mean ±SD, n=3) of (◊) IM tablets (60/20/20, w/w/w,
metformin.HCl/TecoflexTM EG72D/TecophilicTM SP60D60), (∇) mini-matrices (60/40, w/w,
metformin.HCl/TecoflexTM EG72D) and (*) GlucophageTM SR 500 (1/2 tablet) formulations in
SGF (open symbols) and SGF containing 20% (V/V) ethanol (closed symbols).



Fig. 9. Mean plasma concentration-time profiles (±SD, n=6) after oral administration of 250mg
Metformin.HCl to dogs: (◆) IM tablets (60/20/20, w/w/w, metformin.HCl/TecoflexTM
EG72D/TecophilicTM SP60D60), (▼) mini-matrices (60/40, w/w, metformin.HCl/TecoflexTM
EG72D) and (*) GlucophageTM SR 500 (1/2 tablet) reference formulations.



Tables

Table 1. Impact of TPU binder concentration on mean friability of TSMG granules (±SD, n=3).

TSMG granule composition (w/w)	%Friability (±SD, minutes)
90/10 Metformin.HCl/EG72D	$\textbf{23.9} \pm \textbf{2.1}$
85/15 Metformin.HCl/EG72D	$\textbf{16.5} \pm \textbf{1.2}$
70/30 Metformin.HCl/EG72D	11.4 ± 1.7
60/40 Metformin.HCl/EG72D	9.2 ± 0.9

Table 2. Mean disintegration time $(\pm SD, n=3)$ of different TSMG tablets.

TSMG tablet composition (w/w)	MCP(MPa)	Disintegration time (±SD, minutes)
	± 65	_a
85/15 Metformin.HCl/EG72D	\pm 130	_a
	± 260	a
70/30 Metformin.HCl/EG72D	± 65	13.0 ± 0.5
	± 130	$\textbf{26.3} \pm \textbf{1.5}$
	± 260	$\textbf{33.8} \pm \textbf{1.6}$
	± 65	1.3 ± 0.1
60/40 Metformin.HCl/EG72D	± 130	2.6 ± 0.1
	± 260	6.0 ± 0.4

а Tablets did not disintegrate after 12h testing

Table 3. Melting enthalpy of metformin.HCl in physical mixtures (PM), IM tablets (60/20/20,

w/w/w, metformin.HCl/Tecoflex[™] EG72D/Tecophilic[™] SP60D60), HME mini- matrices (60/40, w/w, metformin.HCl/Tecoflex[™] EG72D), and TSMG tablets (85/15, w/w, metformin.HCl/Tecoflex[™] EG72D.

Sample	∆H (J/g)	%Crystallinity
Metformin.HCl	288.3	100.0
PM used for IM tablets	170.9	98.8
PM used for HME mini-matrices	155.1	89.7
PM used for TSMG tablets	240.4	98.1
IM tablets	158.5	91.6
HME mini-matrices	156.0	90.2
TSMG tablets	226.9	92.6

- Table 4. Mean pharmacokinetic parameters (±SD, n=6) after oral administration of 250mg
 metformin.HCl to dogs as IM tablets (60/20/20, w/w/w, metformin.HCl/TecoflexTM
 EG72D/TecophilicTM SP60D60), mini- matrices (60/40, w/w, metformin.HCl/TecoflexTM
 EG72D) and GlucophageTM SR 500 (1/2 tablet) reference formulations.

Formulation	C _{max} (ng/mL)	T _{max} (h)	AUC _{0-12h} (ng.h/mL)	HVD _{t50%Cmax} (h)	R _D
IM tablets	$1857.1 \pm 111.7^{\text{a}}$	$4.8\pm1.2^{\text{a}}$	$14689.5 \pm 1019.5^{\text{a}}$	$9.2\pm1.8^{\text{a}}$	$2.9\pm0.6^{\text{a}}$
mini-matrices	$1923.3\pm182.3^{\text{a}}$	$3.0\pm0.9^{\text{b}}$	$11630.0 \pm 1785.1^{\text{b}}$	$5.5\pm0.6^{\rm b}$	$1.7\pm0.2^{\text{b}}$
Glucophage [™] SR	$2425.1\pm191.6^{\text{b}}$	$2.8\pm0.4^{\text{b}}$	15011.7 ± 912.2^{a}	$5.6\pm0.6^{\text{b}}$	$1.7\pm0.2^{\text{b}}$

a, b

Means in the same column with different superscript are different at the 0.05 level of significance

- Supplementary data

S. 1. Cumulative particle size distribution of TSMG granules containing different metformin.HCl/Tecoflex[™] EG72D ratios (w/w) (■70/30 and ●60/40) before (closed symbols) and after (open symbols) 15 seconds cryomilling.

