

### Kinetic Isotope Effects in Reductive Excited-State Quenching of Ru(2,2'-bipyrazine)<sub>3</sub><sup>2+</sup> by Phenols

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## Kinetic Isotope Effects in Reductive Excited-State Quenching of $Ru(2,2'-bipyrazine)_3^{2+}$ by Phenols

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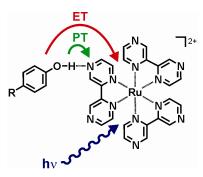
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Abstract: Electron transfer from phenol molecules to a photoexcited ruthenium(II) complex was investigated as a function of the *para*-substituent ( $R = OCH_3$ ,  $CH_3$ , H, Cl, Br, CN) attached to the phenols. For phenols with electron-donating substituents ( $R = OCH_3$ ,  $CH_3$ ), the rate-determining excited-state deactivation process is ordinary electron transfer (ET). For all other phenols, significant kinetic isotope effects (KIEs) (ranging from 2.91 ± 0.18 for R = Br to 10.18 ± 0.64 for R = CN) are associated with emission quenching, and this is taken as indirect evidence for transfer of a phenolic proton to a peripheral nitrogen atom of a 2,2'-bipyrazine ligand in the course of an overall proton-coupled electron transfer (PCET) reaction. Possible PCET reaction mechanisms for the various phenol / ruthenium couples are discussed. While 4-cyanophenol likely reacts via concerted proton-electron transfer (CPET), a stepwise proton transfer-electron transfer mechanism cannot be excluded in the case of the phenols with R = Br, Cl, H.

Table of contents graphic:



Keywords: Electron transfer, proton transfer, proton-coupled electron transfer, kinetic isotope effect, luminescence

The conversion of small inert molecules such as N<sub>2</sub>, CO<sub>2</sub> or H<sub>2</sub>O to more energy-rich species is an important target of much contemporary research, and proton-coupled electron transfer (PCET) has been recognized to play a key role in this context.<sup>1-2</sup> This has stimulated much experimental and theoretical work on the fundamentals of PCET.<sup>3-8</sup> In many investigations, kinetic isotope effects (KIEs) play a pivotal role in distinguishing between concerted proton-electron transfers (CPETs) and stepwise reaction mechanisms.<sup>9-11</sup> The majority of mechanistic investigations of PCET have focused on reactions between species in their electronic ground states,<sup>3-8,12-13</sup> but recently PCET reactions involving photoexcited molecules or complexes have received increasing attention.<sup>14-20</sup> In the context of our work presented herein, particularly noteworthy prior studies include the investigation of reductive quenching of the lowest triplet excited state of C<sub>60</sub> by hydrogen-bonded phenols,<sup>21</sup> and the study of a ruthenium(II) complex with a deprotonated pyridylbenzimidazole ligand as a combined electron-proton acceptor in PCET chemistry with an ubiquinol analogue.<sup>22</sup>

Building on prior research by Meyer and coworkers on the subject of excited-state quenching by PCET,<sup>23,24</sup> we investigated the luminescence quenching of  $Ru(bpz)_3^{2+}$  (bpz = 2,2'-bipyrazine) by 6 different phenol molecules. Meyer and coworkers demonstrated that a related ruthenium complex,

Ru(bpy)<sub>2</sub>(bpz)<sup>2+</sup> (bpy = 2,2'-bipyridine), and 1,4-hydroquinone react via CPET with the bpz ligand acting as a proton acceptor.<sup>18,23,24</sup> This finding was supported by the direct observation of semiquinone radical in EPR and transient absorption spectroscopy, and indirectly by the occurrence of a significant KIE. Ru(bpz)<sub>3</sub><sup>2+</sup> is known to be a stronger excited-state oxidant than Ru(bpy)<sub>2</sub>(bpz)<sup>2+, 25-27</sup> and therefore we reasoned that the emission of the homoleptic *tris*-bpz complex would be quenched by phenols that are even weaker electron donors than 1,4-hydroquinone. We anticipated that the use of a homologous series of phenol molecules substituted at the 4-position with functional groups (R) ranging from electron-donating (OCH<sub>3</sub>) to electron-withdrawing (CN) would allow us to gain deeper insight into excited-state deactivation by PCET.

Figure 1a-d shows the typical set of data that we collected for all Ru(bpz)<sub>3</sub><sup>2+</sup> / phenol couples on the specific example of 4-bromophenol (Br-PhOH). Analogous sets of data for the 5 other phenols are shown in the supporting information. Figure 1a illustrates how the intensity of the luminescence emitted by Ru(bpz)<sub>3</sub><sup>2+</sup> in dry CH<sub>3</sub>CN decreases upon addition of increasing amounts of Br-PhOH.<sup>28</sup> Figure 1b shows the decays of the luminescence from Figure 1a.<sup>29</sup> The observed decays are single exponential over more than two orders of magnitude, and they become more rapid with increasing phenol concentration. Figure 1c and 1d show analogous data for deuterated 4-bromophenol (Br-PhOD). Qualitatively, the same behavior as for Br-PhOH is observed, but comparison of the experimental data in Figure 1a/1c and Figure 1b/1d reveals that emission quenching is weaker when using Br-PhOD: At a given quencher concentration, the emission intensity is higher and the decay is slower when using Br-PhOD.

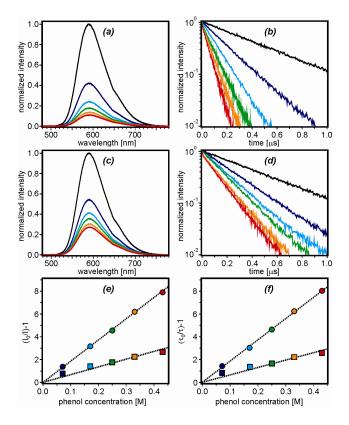


Figure 1. (a) Luminescence emitted by  $Ru(bpz)_3^{2+}$  in dry acetonitrile in presence of increasing concentrations of Br-PhOH. (b) Decays of the  $Ru(bpz)_3^{2+}$  luminescence intensity at 610 nm as a function of increasing Br-PhOH concentration. (c) Analogous set of data as in panel (a) obtained with equal concentrations of deuterated 4-bromophenol (Br-PhOD). (d) Analogous set of data as in panel (b) obtained with equal concentrations of Br-PhOD. (e) Stern-Volmer plot for the Br-PhOH (circles) and Br-PhOD (squares) concentration-dependent luminescence *intensities*. (f) Stern-Volmer plot for the Br-PhOH (circles) and Br-PhOH (circles) and Br-PhOD (squares) concentration-dependent luminescence *intensities*. (f) Stern-Volmer plot for the Br-PhOH (circles) and Br-PhOD (squares) concentrations used for the absorption and emission data in (a) – (d) can be read out from the Stern-Volmer plots in (e) and (f). The y-axes in (a) – (d) are in arbitrary units.

The Stern-Volmer plot in Figure 1e was generated on the basis of the luminescence *intensity* data from Figure 1a (circles for Br-PhOH) and Figure 1c (squares for Br-PhOD). Analogously, Figure 1f shows a Stern-Volmer plot of the luminescence *decay* data from Figure 1b (circles for Br-PhOH) and Figure 1d (squares for Br-PhOD). The four sets of data result in four straight lines,<sup>30</sup> indicative of dynamic

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emission quenching for both Br-PhOH and Br-PhOD. The slopes of linear regression fits correspond to Stern-Volmer constants ( $K_{SV}$ ) for bimolecular excited-state quenching.<sup>31</sup> For Br-PhOH, we obtain  $K_{SV}$  = 18.62 ± 0.09 M<sup>-1</sup> from the emission intensity data and  $K_{SV}$  = 18.71 ± 0.15 M<sup>-1</sup> from the lifetime measurements, while for deuterated Br-PhOD  $K_{SV}$  = 6.79 ± 0.37 M<sup>-1</sup> (from intensity) and  $K_{SV}$  = 6.50 ± 0.37 M<sup>-1</sup> (from decays). Division of these  $K_{SV}$ -values by the lifetime of photoexcited Ru(bpz)<sub>3</sub><sup>2+</sup> ( $\tau_0$  = 0.46 µs in aerated CH<sub>3</sub>CN) yields bimolecular quenching rate constants ( $k_Q$ ) as summarized in Table 1. In the specific case of 4-bromophenol the respective average values are (4.08 ± 0.03) ·10<sup>7</sup> M<sup>-1</sup> s<sup>-1</sup> for Br-PhOH and (1.40 ± 0.08) ·10<sup>7</sup> M<sup>-1</sup> s<sup>-1</sup> for Br-PhOD. Thus, excited-state quenching of Ru(bpz)<sub>3</sub><sup>2+</sup> by 4bromophenol is associated with a kinetic H/D isotope effect of 2.91 ± 0.18 (last column in Table 1). Transient absorption spectroscopy provides conclusive evidence for the formation of reduced ruthenium complex (see supporting information), but such a large KIE seems incompatible with simple electron transfer in the rate-determining excited-state deactivation step.

The same experiments and data analyzes were performed for 5 other phenol molecules with *para*substituents (R) as indicated in the second column of Table 1. The highest  $k_Q$ -value is found for 4methoxyphenol, the lowest for deuterated 4-cyanophenol. Inspection of Table 1 shows that  $k_Q$  decreases with increasing electron-withdrawing nature of R, as expected for reductive excited-state deactivation.<sup>29</sup> As mentioned above, in transient absorption experiments we indeed observe the spectral signature of reduced ruthenium complex (Fig S2 in the SI).<sup>32</sup> Significant KIEs are observed for several Ru(bpz)<sub>3</sub><sup>2+</sup> / phenol couples (up to 10.18 in the case of CN-PhOH), which we interpret as indirect evidence for CPET. We picture that the phenolic proton participates in CPET chemistry in analogy to the prior studies by Forbes, Meyer, and coworkers on the Ru(bpy)<sub>2</sub>(bpz)<sup>2+</sup> / 1,4-dihydroquinone reaction couple where transient EPR spectroscopy provided direct evidence for CPET.<sup>23,24</sup>

Table 1. Thermodynamic and kinetic parameters for the 6 phenol –  $Ru(bpz)_3^{2+}$  reaction couples investigated in this work. R is the substituent at the 4-position of the phenols.  $\Delta G_{ET}$  and  $\Delta G_{CPET}$  are the

free energies associated with pure electron transfer and CPET, respectively.  $k_Q(H)$  and  $k_Q(D)$  are the bimolecular quenching constants for  $Ru(bpz)_3^{2+}$  excited-state deactivation by R-PhOH and R-PhOD. KIE =  $k_O(H)/k_O(D)$ .

no.	R	$\Delta G_{ET} [eV]^{a}$	$\Delta G_{CPET} [eV]^a$	$k_Q(H) [M^{-1}s^{-1}]$	$k_Q(D) [M^{-1}s^{-1}]$	KIE
1	OCH <sub>3</sub>	0.13	-0.06	$(2.77 \pm 0.06) \cdot 10^9$	$(2.70 \pm 0.05) \cdot 10^9$	$1.03 \pm 0.04$
2	CH <sub>3</sub>	0.24	0.15	$(1.49 \pm 0.03) \cdot 10^8$	$(8.99 \pm 0.76) \cdot 10^7$	$1.66 \pm 0.17$
3	Br	0.31	-0.05	$(4.08 \pm 0.03) \cdot 10^7$	$(1.40 \pm 0.08) \cdot 10^7$	$2.91 \pm 0.18$
4	Η	0.33	0.02	$(2.86 \pm 0.03) \cdot 10^7$	$(8.39 \pm 0.38) \cdot 10^6$	$3.41 \pm 0.19$
5	Cl	0.33	-0.17	$(3.75 \pm 0.05) \cdot 10^7$	$(4.84 \pm 0.32) \cdot 10^6$	$7.75 \pm 0.61$
6	CN	0.48	-0.13	$(8.87 \pm 0.22) \cdot 10^6$	$(8.71 \pm 0.33) \cdot 10^5$	$10.18 \pm 0.64$

<sup>a</sup> See text and associated footnotes (including SI) for estimation of  $\Delta G_{ET}$ ,  $\Delta G_{CPET}$ , and their error bars.

Despite the indirect evidence for CPET in some of our systems, it is useful to estimate the driving force for pure (i. e., not proton-coupled) electron transfer  $(\Delta G_{ET})$  for the six reaction couples from Table 1. One-electron reduction of <sup>3</sup>MLCT-excited Ru(bpz)<sub>3</sub><sup>2+</sup> in CH<sub>3</sub>CN occurs at an electrochemical potential of 0.92 V vs. Fc<sup>+</sup>/Fc,<sup>33,34</sup> while the electrochemical potentials for phenol oxidation in CH<sub>3</sub>CN range from 1.05 V vs. Fc<sup>+</sup>/Fc for 4-methoxyphenol to 1.40 V vs. Fc<sup>+</sup>/Fc for 4-cyanophenol.<sup>35,36</sup> Using the approximation  $\Delta G_{ET} = -e \cdot (E_{red} - E_{ox})$  where  $E_{ox}$  is the phenol oxidation potential,  $E_{red}$  the reduction potential of photoexcited Ru(bpz)<sub>3</sub><sup>2+</sup> and *e* the elemental charge, one calculates that  $\Delta G_{ET}$  varies from +0.13 eV to +0.48 eV along the series of phenol molecules considered here (third column of Table 1). The use of two digits for these values is optimistic because such estimates are usually accurate to ±0.1 eV at best.<sup>31</sup>

Table 1 shows that the k<sub>Q</sub>-values decrease with increasing  $\Delta G_{ET}$ . While small KIEs are associated with 4-methoxyphenol and 4-methylphenol (1.03 ± 0.04 and 1.66 ± 0.17, respectively), all other phenols exhibit KIEs  $\geq$  2.91 (Table 1), suggesting that there is a changeover in the rate-determining step of Ru(bpz)<sub>3</sub><sup>2+</sup> excited-state deactivation from pure electron transfer to a PCET process when  $\Delta G_{ET}$ 

becomes too positive. From this set of data, it seems that as soon as pure electron transfer is not an efficient excited-state deactivation process any more due to lack of significant driving-force, the PCET process takes over as a rate-determining deactivation step.

The driving-force for CPET ( $\Delta G_{CPET}$ ) can be estimated crudely based on knowledge of the oxidation potential of the phenols (*E*(R-PhOH/R-PhOH<sup>+</sup>)), the reduction potential of photoexcited Ru(bpz)<sub>3</sub><sup>2+</sup> (*E*(\*Ru<sup>2+</sup>/Ru<sup>+</sup>)), the pK<sub>a</sub>-values of the oxidized phenols, and the pK<sub>a</sub> of the conjugate acid of Ru(bpz)<sub>3</sub><sup>2+</sup> in its one-electron reduced form:<sup>12,37</sup>

$$\Delta G_{CPET} = -e \cdot [E(*Ru^{2+}/Ru^{+}) - E(R-PhOH/R-PhOH^{+})] + 0.059 eV \cdot \{pK_{a}(R-PhOH^{+}) - pK_{a}([Ru^{I}(bpz)_{2}(bpzH)]^{2+})\}$$
(eq. 1)

While the pK<sub>a</sub> of the latter has been determined previously in water (7.1),<sup>25-27</sup> the phenol pK<sub>a</sub> values are known for DMSO solution.<sup>3,38</sup> Because our own experiments were performed in CH<sub>3</sub>CN, we used these experimentally determined values from other solvents to estimate the respective pK<sub>a</sub> values in CH<sub>3</sub>CN.<sup>39</sup> This rather cumbersome procedure is described in full detail in the SI and can obviously yield only very crude estimates of  $\Delta G_{CPET}$ . The  $\Delta G_{CPET}$  values obtained for the 6 phenol / Ru(bpz)<sub>3</sub><sup>2+</sup> couples range from -0.17 eV to +0.15 eV (Table 1), hence CPET appears to be a thermodynamically viable reaction pathway for all 6 reaction couples investigated here. This is consistent with our experimental observation of an electron transfer photoproduct (reduced ruthenium, Fig. S2) which is formed with a significant H/D KIE in the case of R = Br, Cl, H, CN. However, we also note that the error associated with  $\Delta G_{CPET}$  is estimated to be on the order of ±0.6 eV (see SI), hence more quantitative considerations would be inappropriate.

Given the large uncertainty in  $\Delta G_{CPET}$  it appears worthwhile to consider yet another PCET reaction mechanism that would be compatible with the experimental observation of reduced ruthenium and the occurrence of large KIEs associated with  $Ru(bpz)_3^{2+}$  excited-state deactivation, namely a sequence of individual proton transfer (PT) and electron transfer (ET) steps. Initial proton transfer between R-PhOH ACS Paragon Plus Environment 7

and  $*Ru(bpz)_3^{2+}$  producing photoexcited  $*Ru(bpz)_2(bpzH)^{3+}$  can be ruled out based on energetic grounds: Based on published pK<sub>a</sub> values for the phenols and the respective ruthenium complex,  $^{3,26,27,38,40}$ we estimate that this particular PT event is exergonic by more than 1.3 eV for all 6 reaction couples (see SI; estimated error is  $\pm 0.5$  eV). However, there is also the possibility of an initial PT event which is coupled to electronic relaxation of the photoexcited ruthenium complex, i. e., a process leading to the  $Ru(bpz)_2(bpzH)^{3+}$  species in its electronic ground state. This type of PT liberates additional energy; specifically, the amount of energy that would normally be stored in the <sup>3</sup>MLCT excited state of \*Ru(bpz)<sub>2</sub>(bpzH)<sup>3+</sup>. This energy amounts to 1.51 eV,<sup>41</sup> and consequently we find  $\Delta G_{PT}$  values in the range of -0.16 eV to +0.18 eV (Table S3 in SI). Given the large error bars associated with these estimates (±0.5 eV), it is again impossible to draw quantitative conclusions, but one can at least make the qualitative statement that PT coupled to electronic relaxation of the ruthenium complex appears thermodynamically feasible. However, the subsequent electron transfer step between phenolate anions and Ru(bpz)<sub>2</sub>(bpzH)<sup>3+</sup> is calculated to have  $\Delta G_{ET}$  between -0.29 eV for 4-methoxyphenolate to +0.48 eV for 4-cyanophenolate (Table S4 in SI; estimated error is  $\pm 0.1$  eV for an ET step). Thus, at least with the CN-PhOH reaction partner, this PT-ET sequence seems improbable and difficult to reconcile with the experimental observation of reduced ruthenium complex after photoexcitation. For the phenols with R =Br, Cl, or H, the possibility of a PCET process proceeding through a PT-ET sequence with electronic relaxation in the PT step cannot be excluded definitely based on thermodynamic grounds. In a great many of naphthol molecules and other photoacids proton release is known to be coupled to relaxation of the photoexcited species to the electronic ground state.<sup>42</sup> However, photoexcitation of naphthol and related photoacids usually involves co-excitation of O-H vibrational modes, hence proton release and electronic relaxation are perhaps more intimately coupled in this case than in our samples. In our specific case, it is the proton *acceptor* that is excited selectively while the phenol proton donors remain in their electronic ground states.

Although, like in Meyer's case of the  $Ru(bpy)_2(bpz)^{2+} / 1,4$ -dihydroquinone couple,<sup>23</sup> our Stern-Volmer plots (Figure 1e, f) are indicative of dynamic quenching, it appears reasonable to follow Meyer's

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assumption<sup>23</sup> that the phenols and photoexcited Ru(bpz)<sub>3</sub><sup>2+</sup> form encounter complexes in which the phenolic proton is involved in very weak hydrogen-bonding to a nitrogen atom at the periphery of the bpz ligands (see abstract graphic). Meyer and coworkers developed a procedure for determining association constants (K<sub>A</sub>) for formation of adducts between phenols and photoexcited Ru(bpy)<sub>2</sub>(bpz)<sup>2+,23</sup> This procedure relies on the change of the integrated emission intensity as a function of phenol concentration, and K<sub>A</sub> is the only fit parameter involved,<sup>23</sup> see supporting information. Meyer and coworkers reported K<sub>A</sub> = 10.8 ± 0.1 M<sup>-1</sup> for their system in CH<sub>3</sub>CN/H<sub>2</sub>O,<sup>23</sup> while we find association constants ranging from 5.1 ± 0.1 M<sup>-1</sup> to 1478 ± 24 M<sup>-1</sup> in pure CH<sub>3</sub>CN, see Table 2 and supporting information. Inspection of the last column in Table 2 shows that in our phenol / \*Ru(bpz)<sub>3</sub><sup>2+</sup> couples (the asterisk denotes photoexcitation) K<sub>A</sub> increases with increasing electron-donating nature of R.<sup>43</sup>

Table 2. First-order rate constants ( $k_{red}$ ) for excited-state quenching within a given phenol-Ru(bpz)<sub>3</sub><sup>2+</sup> adduct and association constants ( $K_A$ ) for these adducts in CH<sub>3</sub>CN at 25°C.  $k_{red}(H)$  is for normal phenols,  $k_{red}(D)$  is for deuterated phenols.

no.	R	$k_{red}(H) [s^{-1}]$	$k_{red}(D) [s^{-1}]$	$K_A [M^{-1}]^a$
1	OCH <sub>3</sub>	$(1.87 \pm 0.07) \cdot 10^6$	$(1.83 \pm 0.06) \cdot 10^6$	$1478 \pm 24$
2	CH <sub>3</sub>	$(1.86 \pm 0.05) \cdot 10^6$	$(1.12 \pm 0.11) \cdot 10^6$	80 ± 1
3	Br	$(2.04 \pm 0.05) \cdot 10^6$	$(0.70 \pm 0.05) \cdot 10^6$	$20 \pm 1$
4	Н	$(1.75 \pm 0.43) \cdot 10^6$	$(0.51 \pm 0.14) \cdot 10^6$	16 ± 4
5	Cl	$(2.01 \pm 0.08) \cdot 10^6$	$(0.26 \pm 0.02) \cdot 10^6$	19 ± 1
6	CN	$(1.73 \pm 0.06) \cdot 10^6$	$(0.17 \pm 0.01) \cdot 10^6$	5 ± 1

<sup>a</sup> See supporting information for calculation of these values.

When considering a given phenol /  $*Ru(bpz)_3^{2+}$  adduct, one may divide the value of  $k_Q$  (Table 1) by  $K_A$  (Table 2) in order to obtain a first-order rate constant ( $k_{red}$ ) for reductive excited-state quenching

within such adducts.<sup>23,31</sup> This procedure yields  $k_{red}$  values that are on the order of 10<sup>6</sup> s<sup>-1</sup> for all six R-PhOH / \*Ru(bpz)<sub>3</sub><sup>2+</sup> couples considered here (Table 2). Given the small variations in  $k_{red}$ , no clear correlation between the first-order rate constant and  $\Delta G_{ET}$  or  $\Delta G_{CPET}$  is discernable. Indeed, from the  $k_{red}$  values in Table 2 it appears that the abovementioned decrease of the second-order rate constant ( $k_Q$ ) with increasing  $\Delta G_{ET}$  is merely the result of a more or less systematic decrease of K<sub>A</sub> between CH<sub>3</sub>O-PhOH and CN-PhOH.

#### Summary and conclusions

The observation of significant KIEs is taken as indirect evidence for PCET in some of our phenol /  $*Ru(bpz)_3^{2+}$  reaction couples. Variation of the *para*-substituent of the phenols modulates their redox potentials and acidities, leading to changes in  $\Delta G_{ET}$ ,  $\Delta G_{PT}$ , and  $\Delta G_{CPET}$  that affect the competition between pure electron transfer, proton transfer and CPET as a rate-determining step in  $Ru(bpz)_3^{2+}$  excited-state deactivation. Our data indicates that electron-rich phenols (4-methoxyphenol, 4-methylphenol) react via ET (possibly followed by PT), while the electron-poor 4-cyanophenol reacts via CPET. For 4-chlorophenol, 4-bromophenol and unsubstituted phenol the experimental data (including thermodynamic analysis) is consistent with CPET, but would also be compatible with a PT-ET mechanism in which the initial PT step is coupled to relaxation of the photoexcited ruthenium complex to its electronic ground state.

The phenol *para*-substituents also influence the formation of encounter adducts between the phenols and photoexcited  $\text{Ru}(\text{bpz})_3^{2+}$ . Bimolecular quenching constants (k<sub>Q</sub>) correlate with  $\Delta G_{\text{ET}}$ , but ultimately this appears to be merely the consequence of increasingly large association constants for encounter adducts when the phenol *para*-substituents become increasingly electron-donating. Correlations of either k<sub>Q</sub> or the first-order quenching rate constant k<sub>red</sub> with  $\Delta G_{\text{CPET}}$  cannot be made, because  $\Delta G_{\text{CPET}}$  cannot be estimated with sufficient accuracy and because there are minor variations in k<sub>red</sub> among the 6 systems  $\Delta G_{\text{CPET}}$  constant  $k_{\text{red}}$  Plus Environment 10

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investigated. Given the large variations in  $K_A$ , the proton transfer distance is unlikely to be the same in all reaction couples considered here, and this may have a non-negligible influence on the magnitude of the observed KIE.

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**Supporting Information available:** Luminescence quenching data for the phenols with  $R = OCH_3$ , CH<sub>3</sub>, H, Cl, CN; determination of K<sub>A</sub> values; thermodynamic considerations regarding CPET, proton transfer and excited-state quenching by triplet-triplet energy transfer; transient absorption data. This material is available free of charge via the Internet at http://pubs.acs.org.

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Table of contents text

Phenol molecules deactivate the long-lived <sup>3</sup>MLCT excited state of a ruthenium complex via electron transfer. Depending on the exact nature of the phenol, the rate-determining electron transfer step can be coupled to proton transfer.