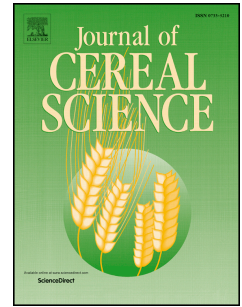


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Ghanendra Gartaula, Sushil Dhital, Denise Pleming, Michael J. Gidley



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# 1 Isolation of Wheat Endosperm Cell Walls: Effects of non-Endosperm 2 Flour Components on Structural Analyses

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5 Ghanendra Gartaula<sup>a</sup>, Sushil Dhital<sup>a</sup>, Denise Fleming<sup>b</sup>, Michael J. Gidley<sup>a,\*</sup>

6  
7 <sup>a</sup> ARC Centre of Excellence in Plant Cell Walls, Centre for Nutrition and Food Sciences,  
8 Queensland Alliance for Agriculture and Food Innovation, The University of Queensland, St  
9 Lucia, QLD 4072, Australia

10 <sup>b</sup> NSW Department of Primary Industries, Wagga Wagga Agricultural Institute, Pine Gully  
11 Road, Wagga Wagga NSW 2650

## 12 13 ***Email addresses of all authors:***

14 Ghanendra Gartaula: [g.gartaula@uq.edu.au](mailto:g.gartaula@uq.edu.au) ; Sushil Dhital: [s.dhital@uq.edu.au](mailto:s.dhital@uq.edu.au)

15 Denise Fleming: [denise.pleming@dpi.nsw.gov.au](mailto:denise.pleming@dpi.nsw.gov.au)

16 Michael J. Gidley: [m.gidley@uq.edu.au](mailto:m.gidley@uq.edu.au) (\*Corresponding author)

17  
18 **Postal Address:** ARC Centre of Excellence in Plant Cell Walls, Centre for Nutrition and Food  
19 Sciences, Queensland Alliance for Agriculture and Food Innovation (QAAFI)  
20 Hartley Teakle Building [#83], The University of Queensland, St Lucia, Queensland 4072,  
21 Australia; Tel: +61 7 3365 2145, Fax: +61 7 336 51188

22  
23  
24 **Keywords:** cell walls; wheat; endosperm; aleurone

32 **Abstract:**

33 We report the isolation of a pure form of cell walls from wheat endosperm 'popped' out  
34 from the whole, enzyme deactivated and soaked grain, and compare them with cell walls  
35 isolated from milled flours of extraction rates from 45% to 75%, at physiological (37 °C) and  
36 elevated (70 °C) temperatures. Cell walls isolated from flours all contained non-endosperm  
37 walls whereas walls from popped endosperm were apparently pure. The monosaccharide  
38 composition of 'popped' cell walls was different to that of cell walls isolated from flour,  
39 particularly glucose and mannose contents (34 and 7 % for 'popped' cf 29 and 3% for flour  
40 respectively) and arabinose to xylose ratios (0.45 for 'popped' cf 0.58 for flour). Total  
41 phenolic content of popped endosperm cell walls were three to four times lower than for  
42 cell walls from flour. Elevated isolation temperature also had a solubilising effect, altering  
43 the cell wall composition. This study provides a novel method of isolating pure wheat  
44 endosperm cell walls, and demonstrates how contaminating (thick cell walled) non-  
45 endospermic material in milled flours can have a major influence on cell wall compositional  
46 analyses.

47

48

## 49 1. Introduction

50 The starchy endosperm of wheat grains is covered by multi-layered peripheral tissues of  
51 different composition and thickness. The external tissues include the outer pericarp, the  
52 inner pericarp, seed coat, hyaline layer and the aleurone layer. The seed coat is the thinnest  
53 layer (5-8  $\mu\text{m}$ ) while the aleurone is the thickest layer (up to 65  $\mu\text{m}$  in thickness). Besides  
54 these layers, the grain also contains the germ comprised of the embryonic axis and the  
55 scutellum. Each of the layers differ in their physical and chemical properties (Barron et al.,  
56 2007). The starchy endosperm (~85% of whole grain by weight) is contained in cells confined  
57 by cell walls that make up only about 2-3% of the total grain dry weight (Lafiandra et al.,  
58 2014).

59 Although wheat is a major cereal, its nutritional functionality as refined flour is lower  
60 compared to e.g. barley and oats. This is attributed mainly to the components of the cell  
61 walls, arabinoxylans and (1,3;1,4)- $\beta$ -D-glucans. Wheat endosperm cell walls are composed  
62 of about 70 % arabinoxylan and about 20 % (1,3;1,4)- $\beta$ -D-glucan (hereafter referred to as  
63 beta glucan) while barley and oat endosperm cell walls contain about 75% beta glucan and  
64 20% arabinoxylan (Bacic and Stone, 1980; Collins et al., 2010). Compared to arabinoxylan,  
65 beta glucan is more soluble and swellable thereby producing viscous effects in the digestive  
66 tract which are reported to impart physiological benefits such as lowering of postprandial  
67 glucose and cholesterol level (Dikeman and Fahey, 2006; Jenkins et al., 2002). Arabinoxylans  
68 are often cross-linked with ferulic acid which are proposed to limit cell wall hydration,  
69 swelling and solubility (Fry, 1986; Grabber et al., 1998; Kamisaka et al., 1990).

70 Most of the studies that have characterised endosperm cell walls or their components have  
71 used milled flour as their starting raw material (Bacic and Stone, 1980; Mares and Stone,  
72 1973; Ordaz-Ortiz and Saulnier, 2005), with isolations typically carried out at either high



73 temperatures or using various solvents. As evident from microscopic imaging and chemical  
74 studies (Delcour et al., 1999; Pussayanawin et al., 1988; Ramseyer et al., 2011), milled flour  
75 contains particles other than the starchy endosperm. As the composition of cell walls from  
76 the endosperm and other layers are different (Antoine et al., 2003; Barron et al., 2007; Piot  
77 et al., 2000), this could affect the characterisation of endosperm cell walls. A source of  
78 endosperm cells and walls devoid of other tissue types would clearly be useful.

79 Furthermore, higher temperature influences the extraction of arabinoxylans and beta  
80 glucans (Anderson et al., 1978; Beresford and Stone, 1983) and, therefore, may influence  
81 the components that would be present in real food situations. For studies aimed at  
82 understanding behaviours relevant to nutritional value, acid, alkali or solvent treatments  
83 should be avoided as these may alter some molecular structures or lead to  
84 depolymerisation of the components thus affecting both characterisation and properties.

85 Acidic environments may release arabinose from side chains, and can solubilise  
86 hemicelluloses whereas alkali treatment may cause the depolymerisation of polymers.

87 Similarly, alcohol or other solvents may promote aggregation of polysaccharides (Comino et  
88 al., 2013). As a result, various properties inherent to the components may be changed,  
89 which in turn may affect our understanding of their role(s) in human nutrition, as these  
90 changes would not occur during processing and digestion of foods. Hence the aim of this  
91 study is to isolate the purest possible form of wheat endosperm cell walls that can be used  
92 as a raw material for characterisation studies as well as for investigation of functional  
93 properties relevant to nutritional value.

94

95

96

## 97 2. Materials and methods

### 98 2.1. Materials

99 White wheat flour (White Wings brand) was obtained from a local supermarket in Brisbane,  
100 Queensland, Australia. Whole wheat grains (*Triticum aestivum* var Lincoln) were gifted by  
101 Pacific Seeds, QLD, Australia. Wheat flours (*T. aestivum* var Lincoln) of four different  
102 extraction rates viz. 75%, 65%, 55% and 45% were obtained by milling the grains as  
103 described in section 2.2.

104 Thermostable alpha amylase from *Bacillus licheniformis* (E-BLAAM; EC 3.2.1.1) and  
105 amyloglucosidase from *A. niger* (E-AMGDF; EC 3.2.1.3) were purchased from Megazyme  
106 International, Ireland. Protease from *B. licheniformis* (P4860; EC 3.4.21.62) was purchased  
107 from Sigma-Aldrich, USA. Phosphate buffered saline (PBS) tablets were purchased from  
108 ThermoFisher Scientific Australia Pty Ltd. All other chemicals and reagents were purchased  
109 from Sigma-Aldrich, USA and Merck, Germany.

110

### 111 2.2 Milling of wheat

112 Wheat flour of different extraction rates were produced on a Buhler MLU-202 laboratory  
113 test mill, fitted with 160  $\mu\text{m}$  sieves. The grains were pre-conditioned to a moisture content  
114 of 15.5% approximately 24 h prior to milling, and the feed rate was set at 100  
115 grams/minute. The flour was collected as separate streams from each of the mill passes  
116 (1st, 2nd, 3rd break, and 1st, 2nd, 3rd reduction) and weighed to give total flour. Bran and  
117 pollard was also collected and weighed. The total flour plus bran and pollard was defined as  
118 the total products. Straight run flour extraction was calculated as: (total flour/total  
119 products)\*100. The sample milled gave a straight run flour extraction of 75%. The extraction  
120 rate (ER) is the percentage weight of the flour obtained from the grain. Normally, white

121 wheat flour is of 70-80% extraction rate, and patent flours of lower extraction rates are  
122 associated with less contamination from non-endosperm components. To produce the  
123 flours of lower extraction, the amount of flour required for each was calculated by using the  
124 formula: (extraction required\*total products)/100. This was further divided by four to  
125 obtain 4 different extraction rates viz. 75%, 65%, 55% and 45%. Flour was then taken from  
126 the streams in sequence (1st break, 1st reduction, 2nd break, 2nd reduction and so on) until  
127 the required total was reached. The number of break and reduction system flour streams  
128 used decreases with the extraction rate.

129

### 130 *2.3. Isolation of endosperm from whole grain*

131 Whole wheat grains were heated in a hot air oven at 130 °C for 90 min in order to inactivate  
132 the endogenous enzymes (Comino et al., 2013). After cooling, they were soaked in excess  
133 water in a beaker (200 ml/100g grains) and kept in a refrigerator (2 °C) for 5 days changing  
134 the water on a daily basis. It was found that soaking the grains for 5 days was sufficient to  
135 make them soft enough to press using two fingers. One end of the soaked grain towards the  
136 brush (the distal end) was cut carefully with a pair of scissors and the proximal end pressed  
137 such that the white endosperm 'pops' out from the grain. This method is thus named as  
138 'popping' and is illustrated in Fig. 1(a).

139 Wheat flours were also heated in a hot air oven at 130 °C for 90 min in order to inactivate  
140 endogenous enzymes.

141

### 142 *2.4 Isolation of cell walls*

143 Popped endosperm and heat-treated flour (both 100 g, as is basis) were each mixed in 1L  
144 deionised water in a 2L beaker at 37 °C for 60 min on a hot plate using a magnetic stirrer at

145 500 rpm. The slurry was then centrifuged at 3200g for 10 min and the supernatant  
146 discarded. Prior to centrifugation, the popped endosperm was subjected to wet-sieving  
147 through a 250 micron sieve to remove any peripheral parts of grains that may have been  
148 collected with the popped endosperm while cutting.

149 To the residue, PBS buffer was added (40 ml per gram). The residue was mixed thoroughly in  
150 the buffer manually to ensure there were no clumps. The enzymatic treatments were  
151 carried out at two different temperatures- one at 70 °C to gelatinise starch and maximise  
152 enzyme activity, and the other at 37 °C to approximate human physiological temperature.

153 In the first set of experiments, the slurry was heated to 70 °C on a hot plate for 1h to  
154 gelatinise the starch and denature proteins. This was followed by the addition of  
155 thermostable alpha-amylase (50 µl per gram residue) and incubation for a further 1.5 h  
156 (after which the slurry was starch negative, as shown by iodine addition). The temperature  
157 was then lowered to 60 °C and the slurry further incubated for 4h with addition of protease  
158 (60 µl per gram) and amyloglucosidase (100 µl per gram) to hydrolyse proteins and residual  
159 starch oligosaccharides respectively.

160 In another experiment, instead of 70 °C, the slurry was incubated at 37 °C for 48 h, the  
161 proportions of enzymes being the same. Sodium azide was added at 0.02% to the buffer to  
162 prevent microbial spoilage.

163 The extent of starch and protein digestion was checked with iodine solution and light  
164 microscopy. 1 ml of the slurry was taken and centrifuged, with both residue and  
165 supernatant collected. The solid residue was observed under the light microscope where the  
166 extent of degradation of starch and proteins can be assessed. A few drops of iodine solution  
167 was added to the supernatant, with a blue colour indicating the presence of starch. After  
168 complete digestion (7h at higher isolation temperature and 48 h at 37 °C), the mixture was

169 allowed to cool and was wet-sieved through a 20 micron screen under running water to  
170 remove smaller particulate matter. The non-digestible cell walls remain on the screen and  
171 were centrifuged at 3200 g for 10 min. The residue was washed twice with 70% ethanol and  
172 acetone and left to air dry at room temperature. The isolation process is shown  
173 schematically in Fig. 1 (b).

174

### 175 *2.5. Microscopic analysis*

176 The efficacy of starch and protein removal during the isolation process was examined using  
177 an Olympus BX-61 light microscope (LM) (Tokyo, Japan).

178 Confocal laser scanning microscopy (CLSM) observations were carried out using a Zeiss  
179 LSM700 confocal microscope under 10X or 20X objective lens at an excitation wavelength of  
180 405 nm to observe the auto-fluorescence of phenolic acids present in the cell walls. Images  
181 were taken from at least 10 different regions of each sample.

182 Scanning electron microscopic (SEM) images of the cell wall samples were also acquired.

183 The samples were cleaned by plasma before coating with approximately 10 nm of  
184 iridium (Bal-Tec Coater, Leica microsystems, Wetzlar, Germany). Images were taken using a  
185 JSM-7100F scanning electron microscope (JEOL, Tokyo, Japan) at 5kV and 10 mm working  
186 distance. At least three different locations were chosen for each sample. All images were  
187 taken from the top side of the sample, which is the one in contact with air during  
188 production.

189

### 190 *2.6. Monosaccharide analysis*

191 Monosaccharides were estimated following the alditol acetate method (Pettolino et al.,  
192 2012). In brief, about 5 mg of the sample was hydrolysed with 72% sulphuric acid, reduced

193 with sodium borodeuteride in dimethyl sulphoxide (DMSO) and acetylated by adding 1-  
194 methylimidazole followed by acetic anhydride. The alditol acetate thus formed was  
195 extracted in dichloromethane to run on a GC-MS (QP2010 Ultra, Shimadzu, Japan) using a  
196 high polarity BPX70 column. Myo-inositol was used as the internal standard. Analyses were  
197 performed in duplicate.

198

### 199 *2.7. Microanalysis*

200 Elemental microanalyses were conducted in duplicate on a FLASH2000 Elemental  
201 Microanalyser (ThermoFisher Scientific, Waltham, MA, USA).

202

### 203 *2.8. Total phenolics*

204 The extraction of phenolics was done by alkali treatment of the sample (Waldron et al.,  
205 1996) with some modifications. Briefly, about 10 mg of the cell wall sample was taken and  
206 treated with 800  $\mu$ l of 2M NaOH (25 °C / 24 h). After the incubation, the content was  
207 acidified to pH 2 with concentrated HCl and the supernatant collected (16000xg/ 10min,  
208 Sigma 1-14, Germany). The phenolics were extracted in ethyl acetate, dried under vacuum  
209 and re-dissolved in 50% MeOH.

210 The total phenolic content was determined according to the Folin-Ciocalteu assay (Singleton  
211 and Rossi, 1965) with some modifications. Briefly, 25  $\mu$ l of blank, ferulic acid standards or  
212 the diluted (1:4) methanolic extracts were reacted with 200  $\mu$ l of 10% (v/v) freshly prepared  
213 Folin-Ciocalteu reagent. The mixture was then neutralised with 800  $\mu$ l of 0.7 M sodium  
214 carbonate. The absorbance of the mixture was read at 725 nm with a UV/Vis  
215 spectrophotometer (UV-1700, Shimadzu Corporation, Japan) against 50% MeOH as a blank.  
216 Ferulic acid (0-250  $\mu$ g/ml) was used as a reference standard, and the results were expressed

217 as micrograms of ferulic acid equivalent (FAE) per gram of the cell wall ( $\mu\text{g}$  of FAE/g of cell  
218 wall). The analyses were carried out in triplicate.

219

### 220 **3. Results and Discussion**

#### 221 *3.1. Morphology of cell walls*

222 Microscopy of cell walls isolated from flour (irrespective of extraction rate) revealed  
223 contamination with non-endosperm cell walls visually assigned to aleurone layer, pericarp  
224 and brush/hairs (Fig. 2 A1, B1 and C1). This was confirmed with images of the different  
225 anatomical parts that were separated by hand-dissection (Fig. 3 A, B and C), showing that  
226 the white flours contained other peripheral parts of wheat grain. In contrast, cell walls  
227 isolated from popped endosperm did not show any of these features as illustrated in Fig. 2  
228 D1. Fig. 2 A2, B2, C2 and D2 are the images in auto-fluorescence mode. It can be observed  
229 that the aleurone, pericarp and brush have greater auto-fluorescence than the endosperm  
230 cell walls. This is consistent with endosperm cell walls having a lower amount of cell wall  
231 phenolic acids compared to the peripheral layers of wheat (De Brier et al., 2015;  
232 Jääskeläinen et al., 2013; Piot et al., 2000). The endosperm cell walls are very thin and  
233 appear to be like a transparent sheet, as shown in Fig. 2 D1. Similar micrographs of cell walls  
234 with thin and large size are found in previous reports using different isolation methods  
235 (Mares and Stone, 1973; Toole et al., 2013). Endosperm cells are as large as  $100\ \mu\text{m}$  with  
236 walls as thin as  $1\ \mu\text{m}$  or less, whereas aleurone cells are around  $20\ \mu\text{m}$  in diameter with 2-3  
237  $\mu\text{m}$  thick walls (Dornez et al., 2011; Jääskeläinen et al., 2013). The outer layers are  
238 somewhat elongated structures while the aleurone cells are cuboidal in shape as shown in  
239 Fig. 3 A, B and C and previously reported by other workers (Antoine et al., 2003; Barron et  
240 al., 2007).

241 It was shown in a previous study (Henry, 1987) that flour obtained from pearled grain  
242 contains non-endosperm tissues as well. This has been supported by the recent study of De  
243 Brier et al. (2015) that pearled kernels with up to 12% grain weight removed, still showed  
244 the auto fluorescence characteristic of peripheral layers. Hence, an alternative was sought  
245 to pearling and we studied cell walls isolated from flour of four different extraction rates,  
246 viz. 75%, 65%, 55% and 45%. However, it was found that even flour with an extraction rate  
247 as low as 45% was not free of non-endosperm tissues (Fig. 2). Hence, a novel, yet simple  
248 method called 'popping' was developed (Fig. 1a) to isolate a pure form of starchy  
249 endosperm which was used as the starting material for cell wall isolation. The popping  
250 process is manually intensive. On average, it takes about 8 working hours to pop the  
251 endosperm out from 100g grains. The cell walls isolated from 'popped' endosperm are  
252 however very clean and apparently free from peripheral layers as shown in Fig. 2 D1.  
253 Fig. 4 shows SEM images of cell walls isolated from milled flours of four different extraction  
254 rates and from the popped endosperm. The cell walls obtained from flours include rods, flat  
255 chunks and honey-comb shaped structures that are characteristic of brush, pericarp and  
256 aleurone layers respectively. They are all present in flours of the four different extraction  
257 rates as shown in Fig. 4 A, B, C and D. It is, however, difficult to estimate how much of these  
258 anatomical structures enter into the flour. In contrast, the cell walls isolated from popped  
259 endosperm have thin cell walls only as shown in Fig. 4 E.

260 The cell wall preparations were distinctly different to the naked eye as well. The popped  
261 endosperm cell walls were white while the cell walls from flour all had some brown  
262 colouration- the degree of brownness increasing with the increase in extraction rate (Fig. 5).  
263 Furthermore, there was a difference in the percentage yield (dry weight basis based on  
264 popped endosperm/flour) of the cell walls. The popped cell walls had a yield of about 0.2%



265 while for flours this increased with extraction rate, the maximum being 1.2% for 75% ER  
266 flour, presumably reflecting the greater proportion of non-endosperm walls with increasing  
267 extraction rate. These numbers, however, may be an underestimate the true content since  
268 some of the smaller fragments are lost during the wet sieving steps.  
269 Hence this study confirmed that milled flour even at 45% extraction rate is not free of  
270 peripheral layers of the grain, and popping is a better method to source the purest form of  
271 endosperm for isolation and characterisation studies of wheat endosperm cell walls. In  
272 succeeding sections, we compare the cell walls obtained from popped endosperm to those  
273 obtained from flours by different analytical methods.

274

### 275 *3.2. Monosaccharide analysis*

276 The monosaccharide content of the acid-hydrolysed cell walls varied depending upon the  
277 source of endosperm and temperature of isolation as shown in Table 1.

278 The dominant sugars present in cell walls of wheat endosperm are arabinose, xylose and  
279 glucose. There is a compositional difference between the cell walls isolated from popped  
280 endosperm and those from different extraction rate flours at both isolation temperatures of  
281 37 °C and 70 °C. As seen from Table 1, cell walls from popped endosperm isolated at 37 °C  
282 are composed of polysaccharides containing 57% arabinoxylans (assuming that all arabinose  
283 and xylose are from arabinoxylan), 34% glucose and 7% mannose while that isolated at 70  
284 °C has 73% arabinoxylan, 20% glucose and 6% mannose, with minor amounts of rhamnose  
285 and galactose. Although the cell walls isolated from flours at the two temperatures have  
286 almost similar compositions, the effect of temperature is marked in the case of popped  
287 endosperm cell walls, primarily the percentage of glucose. This could be due to the  
288 solubilisation of  $\beta$ -glucans at the higher temperature. The glucose value is higher than

289 reported in some earlier studies (Bacic and Stone, 1980; Comino et al., 2013; Gruppen et al.,  
290 1989), but is in line with the report of Ordaz-Ortiz and Saulnier (2005). The high glucose  
291 content in the popped endosperm cell walls is presumed to be due primarily to a higher  
292 content of  $\beta$ -glucans, as no starch was detected. Apart from  $\beta$ -glucans, the glucose could  
293 also arise from (galacto)glucomannan or cellulose. The mannose content in popped  
294 endosperm cell walls is 6-7% (Table 1). Mares and Stone (1973) have reported the glucose  
295 to mannose ratio of wheat glucomannan to be 1:3. Hence 2-3% of the glucose is likely to be  
296 contributed by glucomannan. The composition of cell walls from flours and A/X ratio are in  
297 line with the work of Ordaz-Ortiz and Saulnier (2005) in which the cell walls are obtained  
298 from white flour by a dough-washing method and incubating the residue with enzymes up  
299 to a maximum temperature of 95 °C. The A/X ratios of popped endosperm cell wall is ca  
300 0.45 while those in cell walls from flour is 0.56-0.60. The higher ratio in the latter could be  
301 due to the inclusion of aleurone and other peripheral layers (Barron et al., 2007). Hence,  
302 based on our analysis, the composition of cell walls isolated from popped endosperm cell  
303 walls at 37 °C represents the most likely true values for wheat endosperm cell walls as these  
304 are apparently free of non-endosperm tissues as revealed by microscopy (Fig. 2 D and 4 E).  
305 The A/X ratio of cereal arabinoxylans can be functionally important, as solution stability is  
306 decreased at low A/X ratio (Collins et al, 2010). However, extractability from cell walls may  
307 not be so affected by A/X ratio (Comino et al, 2013).

308

### 309 3.3. Microanalysis

310 The nitrogen content of all the samples was less than 0.5% by weight, some of them below  
311 the instrument's sensitivity (Table 1). This indicates that the protease digestion was  
312 sufficient to remove almost all of the proteins from the flour and endosperm. Previous

313 studies (Comino et al., 2013; Mares and Stone, 1973) have reported somewhat higher  
314 values which might be due to residual or cytoplasmic proteins that escaped the treatments  
315 (Ballance and Manners, 1978).

316

#### 317 *3.4. Total phenolics*

318 The total phenolic contents in the cell walls from popped endosperm were 3-4 times lower  
319 than those present in the cell walls obtained from flours of different extraction rates (Table  
320 1). There was a small increase in phenolic contents with increasing extraction rates. The  
321 total phenolics of 75% ER flour cell walls was the highest indicating that there was more  
322 contamination of non-endospermic tissues (Figs. 2 and 4) that have a high content of  
323 phenolic acids. The phenolic compounds are located mostly in the outer layers of the grain  
324 which is evident from the auto-fluorescence in micrographs (De Brier et al., 2015;  
325 Jääskeläinen et al., 2013). Various authors have investigated the phenolic acid contents in  
326 different anatomical parts of wheat and have found that they are very low in the starchy  
327 endosperm (Antoine et al., 2003; Barron et al., 2007; Ndolo et al., 2013). The effect of  
328 extraction rate of flour and degree of pearling on the dietary fiber content, total  
329 arabinoxylan content and the phenolic acids have also been reported by various researchers  
330 (De Brier et al., 2015; Delcour et al., 1999; Ramseyer et al., 2011). Hence our results  
331 demonstrate that milled low extraction rate flour is not free of peripheral layers and the  
332 phenolics content of the flour does not represent the content in the endosperm.

333

#### 334 **4. Conclusions**

335 An apparently pure form of endosperm cell walls is obtained by a novel 'popping' method. It  
336 is shown that milled flour even at low extraction rates contains aleurone and other

337 peripheral tissues of wheat. The chemical composition of popped endosperm cell walls  
338 differs from cell walls isolated from white flour, and it is shown that a low extraction rate of  
339 flour is not an indicator of endosperm purity. Availability of endosperm cell walls devoid of  
340 walls from other tissues will allow investigation of the molecular and microscopic factors  
341 responsible for cell wall integrity and functionality during both food manufacture and  
342 digestive processing.

343

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353

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- 430

431 **Table**

432

433 **Table 1.** Monosaccharide composition, total arabinoxylan, protein content and total

434 phenolics of cell walls

435

Cell walls	Monosaccharides <sup>a</sup> , mol%							A/X	total AX <sup>b</sup> , %	Protein content, % (%N <sup>c</sup> x 5.7)	Total Phenolics (µg FAE/g)
	Rha	Ara	Xyl	Man	Gal	Glc					
	Popped endosperm-37	1.9	17.4	39.6	6.9	0.6	33.8				
45% ER flour-37	1.1	24.7	41.7	3.6	1.4	27.7	0.59	66.4	2.51	5296	
55% ER flour-37	1.8	24.1	42.2	2.8	0.8	28.3	0.57	66.3	1.14	5370	
65% ER flour -37	1.1	24.8	42.1	2.8	1.2	28.2	0.59	66.9	2.79	6111	
75% ER flour -37	0.8	24.7	41.0	2.8	1.4	29.5	0.60	65.7	2.28	6766	
Popped endosperm-70	1.0	23.0	49.6	6.3	0.5	19.5	0.46	72.6	ND	1825	
45% ER flour -70	0.6	24.1	42.4	3.6	2.2	27.3	0.57	66.5	ND	6122	
55% ER flour -70	0.5	22.3	39.9	3.3	1.7	32.5	0.56	62.2	ND	6206	
65% ER flour -70	1.1	23.3	41.0	3.0	1.4	30.3	0.57	64.3	ND	7107	
75% ER flour -70	0.5	23.1	41.3	2.7	1.3	31.4	0.56	64.4	0.86	7514	

436

437 <sup>a</sup> The monosaccharides are rhamnose (Rha), arabinose (Ara), xylose (Xyl), mannose (Man),

438 galactose (Gal) and glucose (Glc). A/X represents the arabinose to xylose ratio. The

439 monosaccharide contents are expressed as a percentage of the total sugars present in the

440 cell walls.

441 <sup>b</sup> Total arabinoxylan % contents have been calculated by adding the arabinose % and xylose

442 %.



443 <sup>c</sup> *The nitrogen content of some of the samples were below the instrument's sensitivity (less*  
444 *than 0.1% in 2 mg sample). Hence the protein content was not detected (ND).*

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446 **Figure captions:**

447 Fig.1 (a). Popping of endosperm from soaked wheat grains

448 Fig.1 (b). Overview of cell walls isolation methods

449 Fig.2. Micrographs of cell walls obtained from flour (A, B, C) and popped endosperm (D). A,

450 B and C show the presence of peripheral layers as hair/brush, aleurone and pericarp

451 while D contains endosperm cell walls only. The blue colour in A2, B2, C2 and D2 is

452 due to the auto-fluorescence of phenolic acids. The apparently greater blue intensity

453 for endosperm cell walls in D2 and A/B/C 2 are not comparable. The subdued

454 fluorescence of endosperm cell walls in latter is due to the dominating fluorescence

455 of other structures.

456 Fig.3. Micrographs of peripheral layers of wheat obtained by hand-dissection. A= External

457 pericarp B=Intermediate layer, C=Superimposition of intermediate layer and

458 aleurone cells, D=Aleurone layer

459 Fig.4. Scanning electron micrographs of cell walls isolated from different sources. A, B, C and

460 D are cell walls obtained from flour of 45%, 55%, 65% and 75% ERs respectively. The

461 presence of hairs/brush, pericarp and aleurone can be seen in those images. E shows

462 the images of cell walls, free from non-endosperm tissues, isolated from popped

463 endosperm.

464 Fig. 5. Images of cell walls isolated from different sources. The cell walls from popped

465 endosperm are white in colour while those from flours are more brown.

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468 **Figures**

469

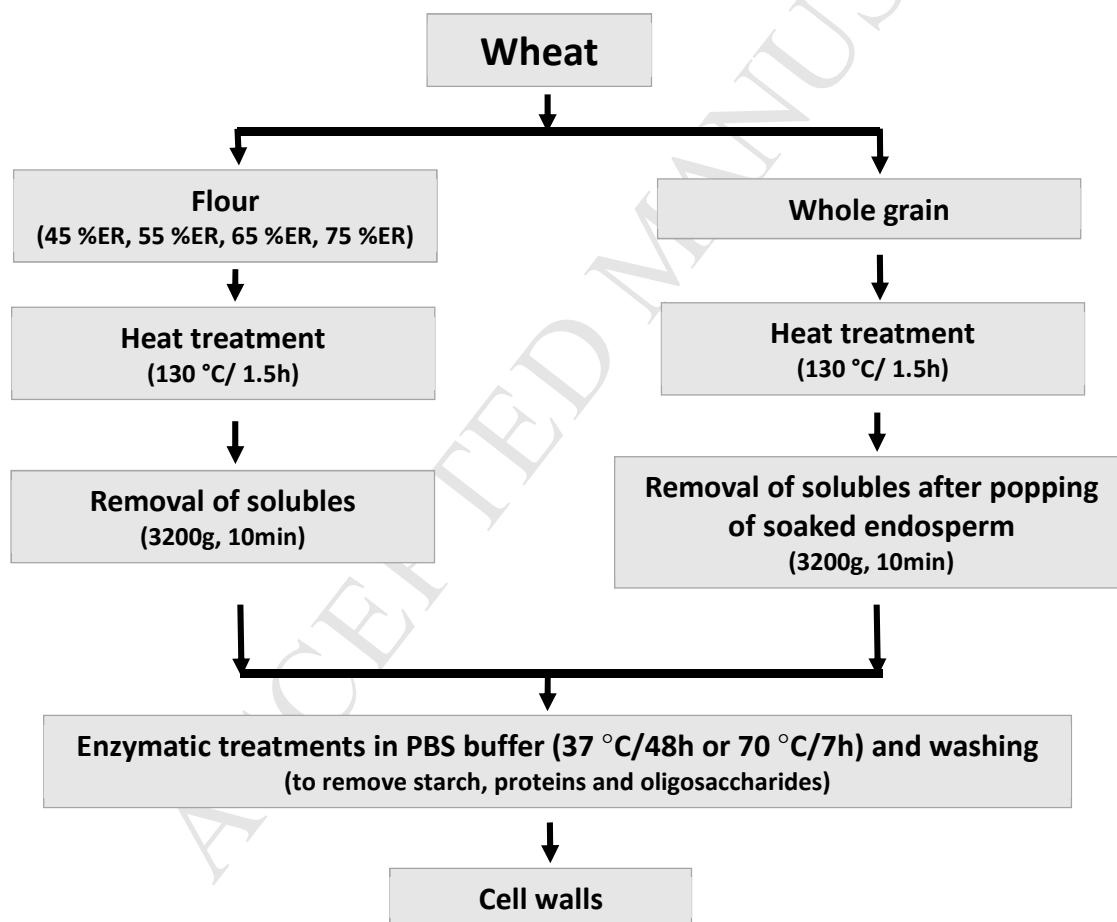


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471 **Fig. 1.(a)** Popping of endosperm from soaked wheat grains

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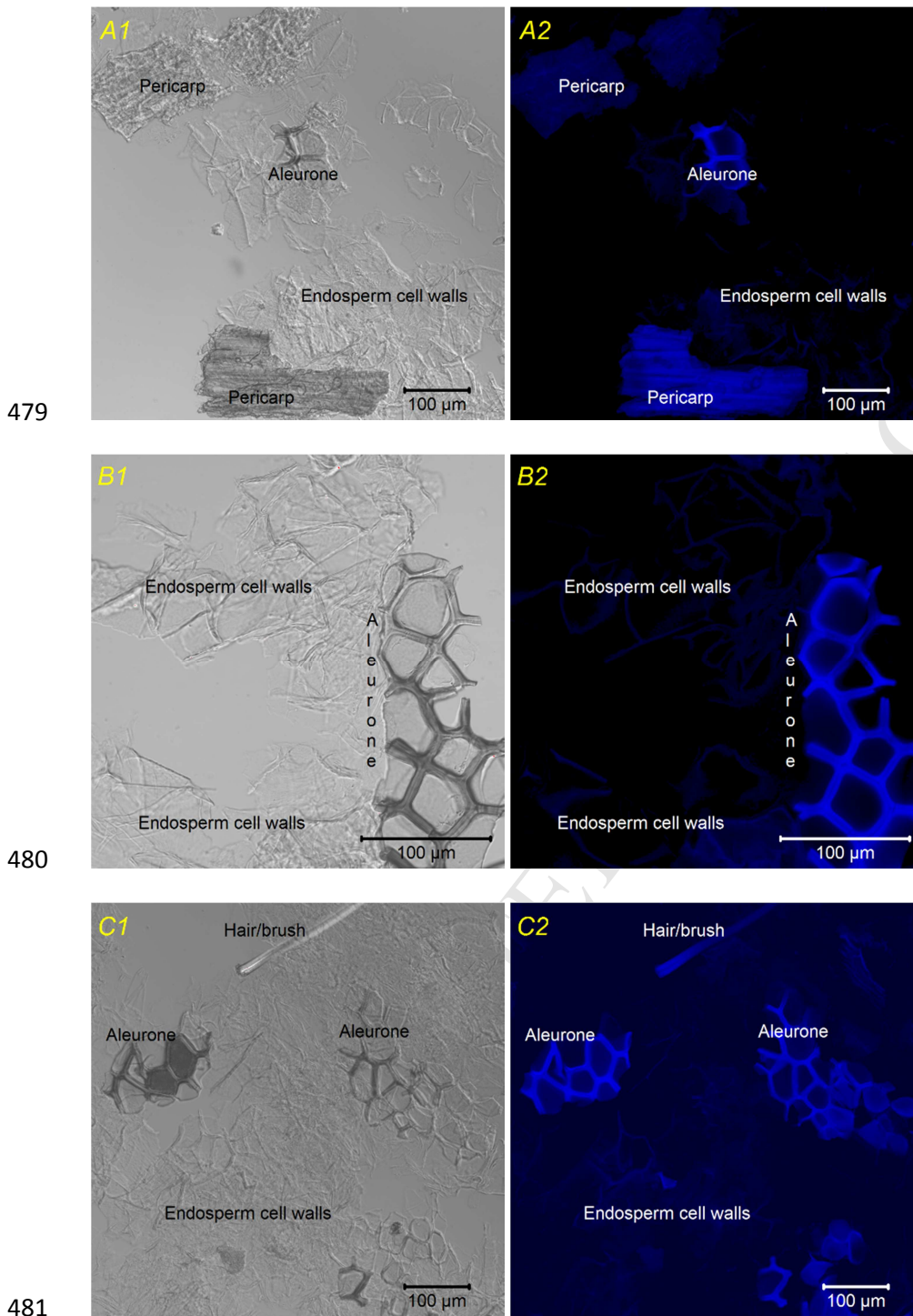


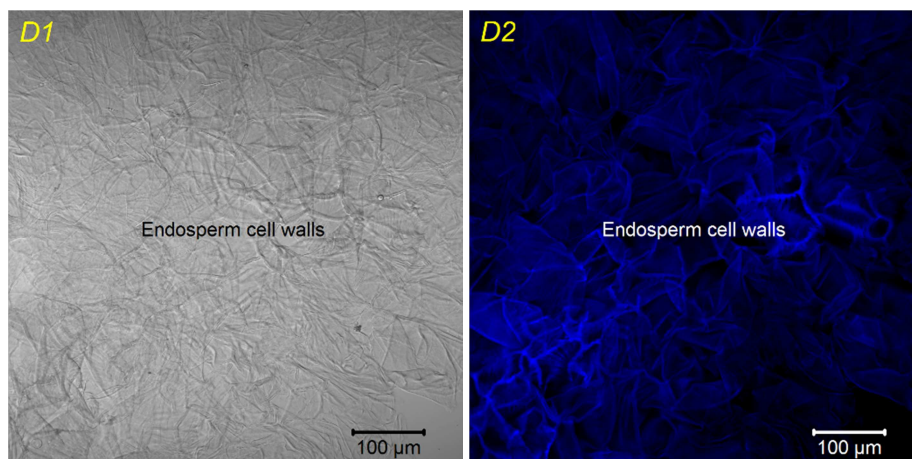
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475 **Fig. 1. (b)** Overview of cell walls isolation methods

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478 **Figure 2**



482

483 **Fig. 2.** Micrographs of cell walls obtained from flour (A, B, C) and popped endosperm (D). A,  
484 B and C show the presence of peripheral layers as hair/brush, aleurone and pericarp while D  
485 contains endosperm cell walls only. The blue colour in A2, B2, C2 and D2 is due to the auto-  
486 fluorescence of phenolic acids. The apparently greater blue intensity for endosperm cell  
487 walls in D2 and A/B/C 2 are not comparable. The subdued fluorescence of endosperm cell  
488 walls in the latter is due to the dominating fluorescence of aleurone and other structures.

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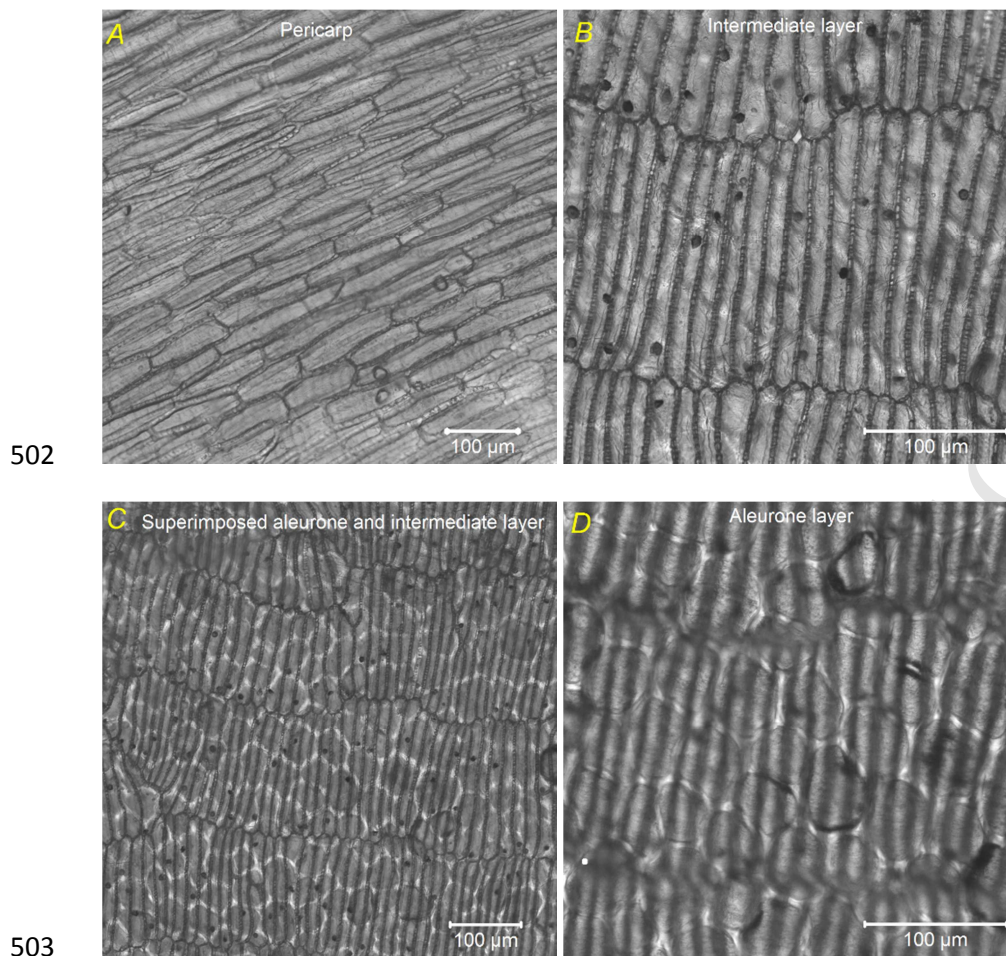
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501 **Figure 3**

504 **Fig. 3.** Micrographs of peripheral layers of wheat obtained by hand-dissection. A= External  
505 pericarp B=Intermediate layer, C=Superimposition of intermediate layer and aleurone cells,  
506 D=Aleurone layer

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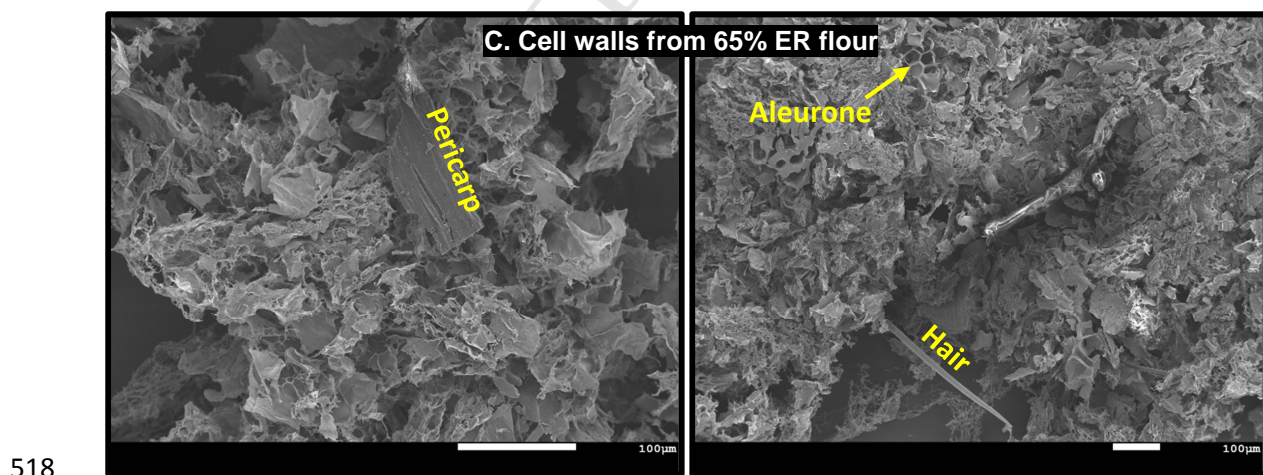
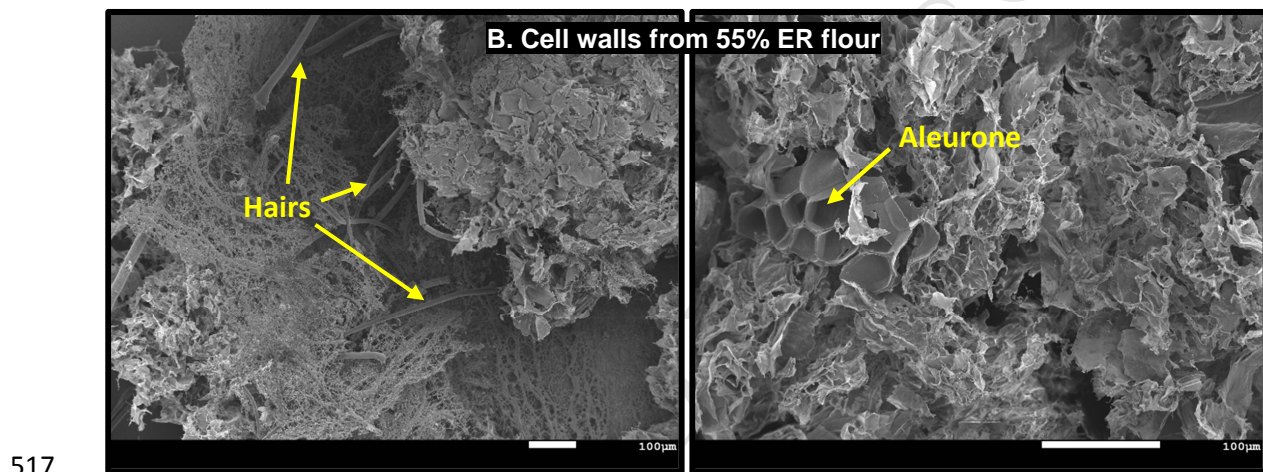
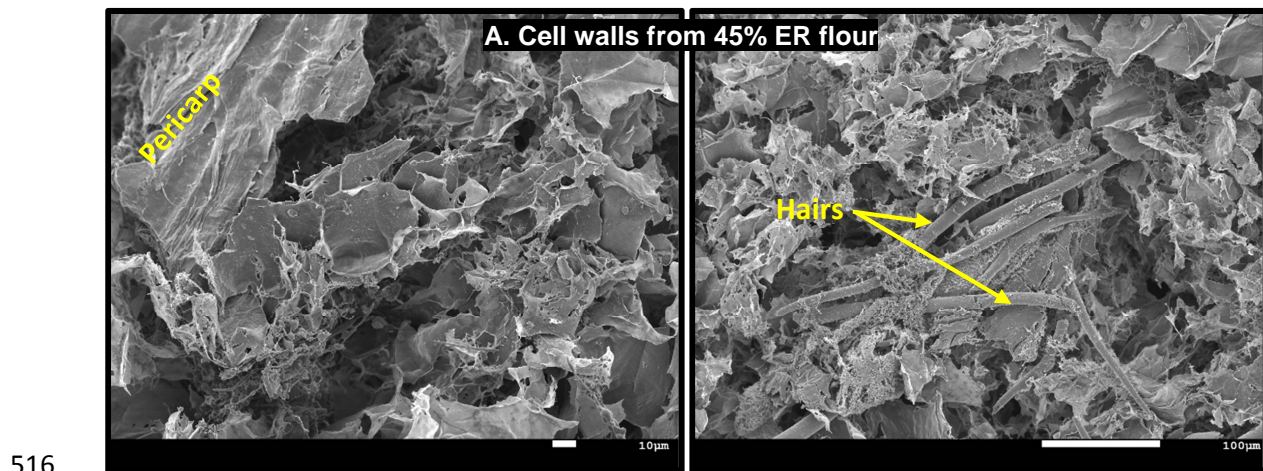
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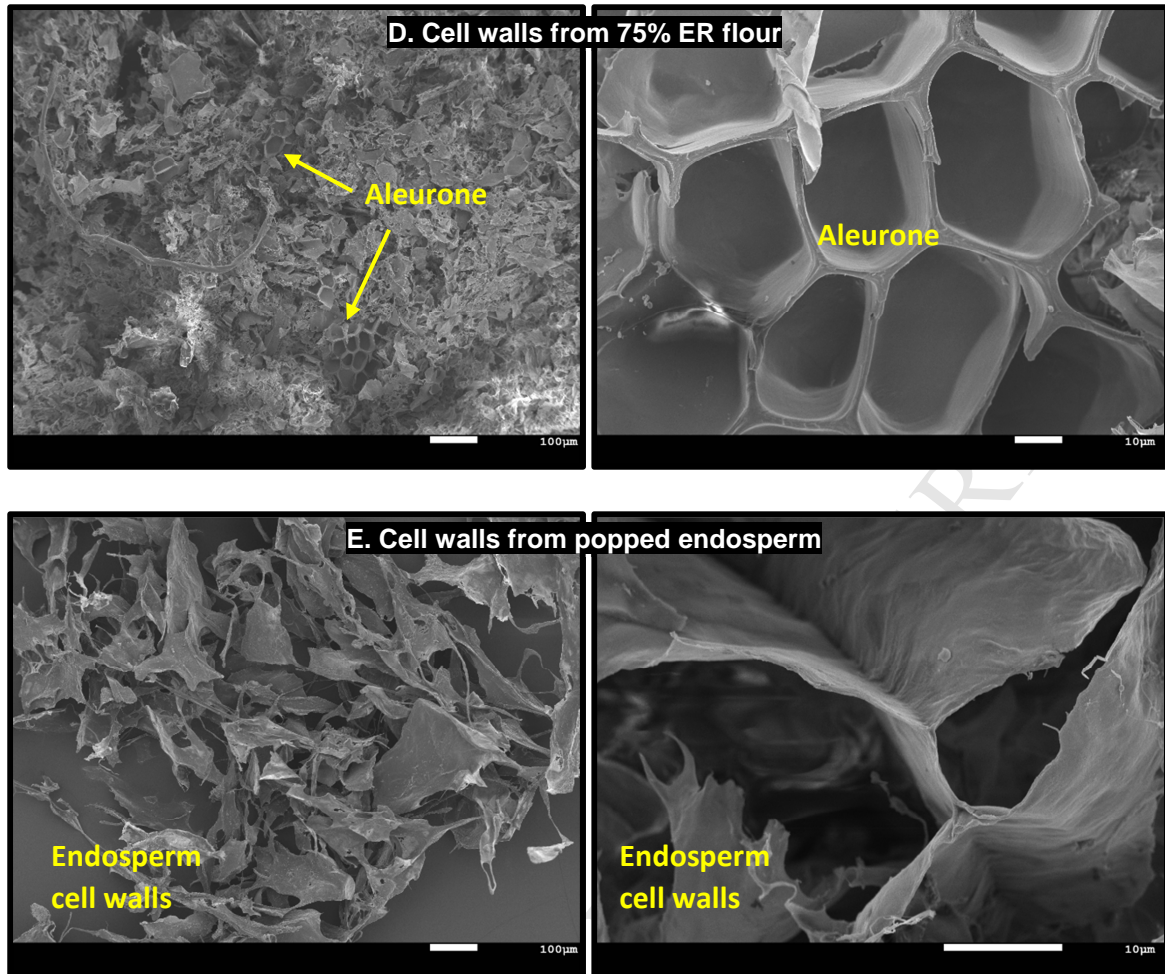
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515 **Figure 4**



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522 **Fig. 4.** Scanning electron micrographs of cell walls isolated from different sources. A, B, C  
523 and D are cell walls obtained from flour of 45%, 55%, 65% and 75% ERs respectively. The  
524 presence of hairs/brush, pericarp and aleurone can be seen in these images. E shows the  
525 images of cell walls, free from non-endosperm tissues, isolated from popped endosperm.

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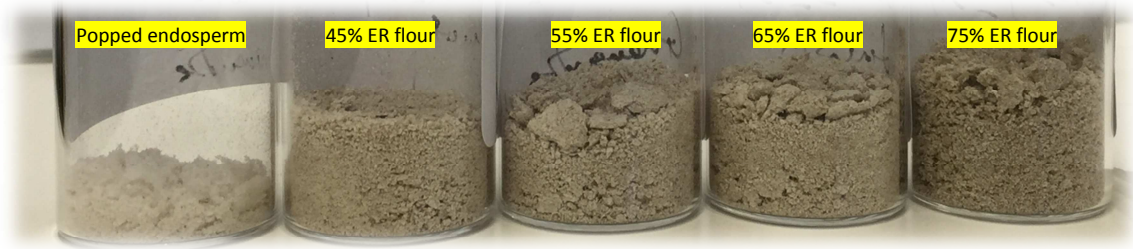
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532 **Figure 5**

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535 **Fig. 5.** Images of cell walls isolated from different sources. The cell walls from popped  
536 endosperm are white in colour while those from flours are more brown.

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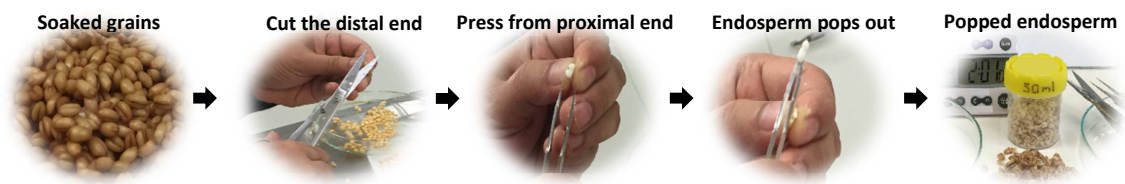
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557 **Graphical abstract:**

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**Highlights:**

- A novel method to isolate a pure form of endosperm cell walls is developed
- White flour is not free of non-endospermic tissues even at low extraction rates
- The isolation temperature affects the composition of cell walls
- Non-endosperm cell wall material in milled flours has a major influence on compositional analyses