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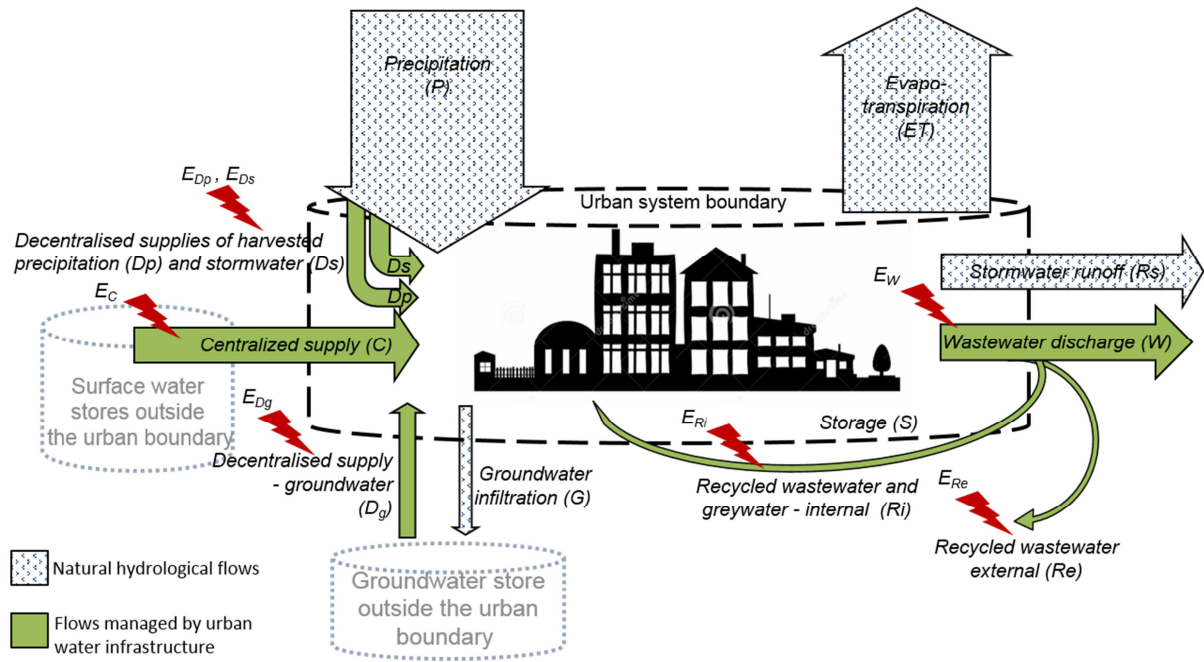
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# 1 A metabolism perspective on alternative urban water 2 servicing options using water mass balance

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## 14 KEYWORDS

15 urban hydrology; water mass balance; water efficiency; water-related energy; wastewater

16 recycling; stormwater

## 17 ABSTRACT

18 Urban areas will need to pursue new water servicing options to ensure local supply security.

19 Decisions about how best to employ them are not straightforward due to multiple considerations

20 and the potential for problem shifting among them. We hypothesise that urban water metabolism

21 evaluation based a water mass balance can contribute to this, and explore the utility of this

22 perspective and the new insights it provides about water servicing options. Using a water mass

23 balance evaluation framework, which considers direct urban water flows (both ‘natural’  
24 hydrological and ‘anthropogenic’ flows), as well as water-related energy, we evaluated how use  
25 of alternative water sources (stormwater / rainwater harvesting, wastewater / greywater recycling)  
26 at different scales influences the ‘local water metabolism’ of a case study urban development.  
27 New indicators were devised to represent the water-related ‘resource efficiency’ and  
28 ‘hydrological performance’ of the urban area. The new insights gained were the extent to which  
29 alternative water supplies influence the water efficiency and hydrological performance of the  
30 urban area, and the potential energy trade-offs. The novel contribution is the development of new  
31 indicators of urban water resource performance that bring together considerations of both the  
32 ‘anthropogenic’ and ‘natural’ water cycles, and the interactions between them. These are used for  
33 the first time to test alternative water servicing scenarios, and to provide a new perspective to  
34 complement broader sustainability assessments of urban water.

## 35 **1. INTRODUCTION**

36 An increasingly large proportion of the world’s growing population will reside in urban areas,  
37 especially cities (UN 2014). The resulting growth in demand for water coupled with climate  
38 change constraining supply or making it more erratic, means that large cities are increasingly  
39 prone to water shortages (Jenerette et al. 2006). Around a quarter of urban water supplies are  
40 estimated to be stressed, and if surface flows needed to maintain ecosystem service are  
41 considered, this would increase to a third (McDonald et al. 2014). Competition for supply with  
42 other water users, such as agriculture and environmental flows, is also expected to intensify as  
43 cities expand (OECD 2015). This means that urban areas, particularly those whose supplies are  
44 already stretched, will need to pursue efficiency measures and alternative water servicing options,

45 such as utilising available water within the urban area (rainwater and stormwater) and recycling  
46 wastewaters (IWA 2010).

47 Making decisions about alternative water servicing options involves numerous considerations  
48 (Xue et al. 2015). For water cycle managers these include supply security, long-term costs, public  
49 health, allocating water to competing demands, and increasingly, the environmental externalities  
50 of energy use, greenhouse gases emissions (Behzadian and Kapelan 2015, Kenway et al. 2011b,  
51 Makropoulos and Butler 2010), and water quality (Walker et al. 2012). For urban and regional  
52 planners and managers, considerations also include the management of flooding, urban streams  
53 degradation from increased surface water runoff, and protecting the ecological and cultural values  
54 of water. In dealing with such multiple objectives, which can be at odds with each other, it  
55 becomes important to look at urban water systems holistically (Huang et al. 2013), to avoid  
56 problem shifting and to optimize the overall outcome (Xue et al. 2015). For example, what is the  
57 best configuration for decentralized rainwater, stormwater and recycled wastewater in order to  
58 make optimal use of limited supplies, maintain / restore pre-urbanized hydrological flows, with  
59 least energy cost?

60 A number of authors have explored the multiple objectives of water servicing options at small  
61 and intermediate urban scales (households / suburbs) (Makropoulos and Butler 2010,  
62 Makropoulos et al. 2008, Matos et al. 2014, Sharma et al. 2008), and at larger city scale  
63 (Behzadian and Kapelan 2015, Venkatesh et al. 2014, Xue et al. 2015). Criteria considered  
64 include supply reliability, water savings, water-related energy use and greenhouse gas emissions,  
65 runoff quantity and quality, costs and human health.

66 This past work has tended to focus on those water flows managed by the urban water  
67 infrastructure, rather than all flows of water (natural and anthropogenic) in an urban area . So it is  
68 currently not clear how to employ water servicing options to deliver desired outcomes for the

69 'whole urban water system', capturing issues of importance for both the managed and natural  
70 water cycles. In this work we account for both 'natural' hydrological flows (evapotranspiration,  
71 stormwater flows and groundwater infiltration) and 'anthropogenic' flows managed by urban  
72 infrastructure (piped water flows), together within a metabolism framework to consider the  
73 'whole urban water system'.

74 We hypothesise that the urban metabolism concept based on water mass balance offers a  
75 perspective that can complement decision making about urban water servicing. At its broadest,  
76 metabolism is a framework for conceptualising resource flows through urban systems as you  
77 might observe it in eco-systems or organisms (Decker et al. 2000, Fischer-Kowalski 1998,  
78 Newman 1999, Pincetl et al. 2012, Wolman 1965), with an inferred intent of emulating the higher  
79 resource efficiencies of natural systems. As an evaluation approach it has been used to quantify a  
80 range of resource flows into, out of, and through urban areas, most commonly energy, materials,  
81 greenhouse gases, nutrients, etc. (Daniels and Moore 2001, Kennedy et al. 2007, Wolman 1965).

82 We focus on the less-explored water-related resource flows, employing the mass-balance  
83 technique to account for direct urban water flows, as well as water-related energy.

84 Some researchers apply a broad interpretation of urban metabolism, considering both the direct  
85 and indirect metabolism of resources (Daniels 2002, Pincetl et al. 2012). In the case of water, this  
86 means direct (real) flows of water from surrounding regions ('local metabolism'), but also to  
87 indirect (virtual) water embodied in the goods and services produced using water from elsewhere  
88 ('global metabolism') (Huang et al. 2013). We apply a tighter interpretation of urban metabolism,  
89 after Baynes and Weidmann (2012), which focuses on direct resource exchanges. So we consider  
90 only direct water-related flows from surrounding supporting region, and define urban water  
91 metabolism evaluation as the quantification of water exchanges between an urban entity and its

92 supporting region, both natural and managed, to generate indicators of metabolic performance  
93 (Renouf and Kenway 2016).

94 Based on this interpretation, urban water metabolism is a component within the broader (and  
95 extremely widely defined) topic of 'urban water sustainability'. Other frameworks consider the  
96 broader economic, social and environmental sustainability dimensions (Behzadian and Kapelan  
97 2015, Venkatesh et al. 2014) or the life cycle environmental impacts of urban water systems  
98 (Fagan et al. 2010, Lane et al. 2015). Urban water metabolism evaluation, based on water mass  
99 balance of all direct flows can complement and link to broader sustainability assessment, and  
100 these links are described by Renouf and Kenway (2016).

101 Applications of urban water metabolism evaluation to date have mostly examined and compared  
102 potable water use among cities and over time (Kennedy et al. 2007, Kennedy et al. 2015), to  
103 highlight the underutilization of available water sources (Kenway et al. 2011a), or quantify the  
104 degree to which urbanisation influences natural hydrological flows (Haase 2009). We extend its  
105 use to evaluating water servicing options.

106 Urban water mass balance has been identified as a preferred approach for evaluating local urban  
107 water metabolism (Renouf and Kenway 2016), because it forces a comprehensive account of all  
108 water flows and fluxes (natural and anthropogenic) needed to assess an urban area as a whole.  
109 Traditional evaluation frameworks have largely focused only on centralized potable water and  
110 wastewater systems, with the intent of matching supply to demand. More recent frameworks have  
111 enabled the integrated assessment of diversified (rainwater, stormwater, recycled wastewater) and  
112 centralized supplies (Bach et al. 2014), but still focus on water systems within an urban area,  
113 rather than the urban area as a whole. The framework proposed and tested here is a next step  
114 towards holistic evaluation because it considers the urban area as a whole, accounting for all  
115 water flows and fluxes, and also considers water-related energy implications (Renouf et al. 2016).

116 In this way, planning can optimise outcomes for the urban area as a whole, and avoid unintended  
117 problem shifting.

118 We test our hypothesis by applying an *urban water metabolism evaluation framework* to a semi-  
119 hypothetical large-scale urban development, and ask 1) what new insights about water servicing  
120 options does urban water metabolism evaluation provide, and 2) what is its utility in this context?

121 The original concept for the framework (Renouf et al. 2016) aims to generate information for  
122 informing strategic urban and regional planning. In this work it is operationalized for the first  
123 time, with specific application to water servicing options. The main contribution is a  
124 demonstration of a holistic approach for evaluating water management in urban areas, with  
125 indicators of interest to water managers and urban planners.

## 126 2. MATERIAL AND METHODS

127 The water metabolism evaluation framework (Figure 1) developed for this work has at its core an  
128 urban water mass balance, based on a method described by Kenway et al (2011a). The water  
129 mass balance quantifies all natural and anthropogenic flows and fluxes of water through a defined  
130 urban area. The original method of Kenway et al. was extended to enable evaluation of  
131 alternative water sources by accounting for decentralized and recycled water supplies (described  
132 in 2.3). The second component is the quantification of energy use associated with water flows to  
133 estimate the water-related energy of the system (described in 2.4). The third component is the set  
134 of indicators derived from the water flow and energy use data to describe the water metabolism  
135 performance (described in 2.5). The novel features are its perspective on the urban system as a  
136 whole (rather than the water systems within the urban system), the detailed evaluation of all  
137 urban water flows in conjunction with the water-related energy implications, and new indicators  
138 that reflect the water resource management performance of the urban area. .



139 To test the utility of the framework water metabolism indicators were generated for a case study  
140 urban development in South East Queensland (SEQ) Australia (described in 2.1), for a set of  
141 water servicing scenarios (described in 2.2):

- 142 - the development base case as described in the planning scheme, with a traditional, centralized  
143 water supply strategy; and
- 144 - six alternative water servicing strategies, incorporating internal supplies of rainwater,  
145 stormwater and recycled wastewater.

146 The derived indicators for the alternative strategies were compared with those for the base case to  
147 see what changes could be discerned, and what new insights the information provided.

148 The analysis focused on exploring the utility of the framework, rather than drawing conclusions  
149 about the water servicing strategies, as the latter would require consideration of parameters  
150 beyond the resource management aspects considered here (such as life cycle costs and public  
151 health consideration). It used readily available data for a semi-hypothetical case study and water  
152 servicing scenarios, considered representative enough for the intended purpose of informing its  
153 further development.

## 154 **2.1 Case Study Urban Development**

155 The case study is the Ripley Valley Development Area (Figure 2), a proposed new urban  
156 development on the fringe of the high-growth, sub-tropical region of South East Queensland,  
157 Australia, designed to accommodate 120,000 people / 50,000 dwellings by 2030 (ULDA 2011).  
158 It was selected because i) being a new urban area, both the pre- and post-development states  
159 could be assessed, ii) prior hydrological modelling had been undertaken, providing some of the  
160 required data (McIntosh et al. 2013), and iii) alternative water servicing options had been scoped  
161 (CRC WSC 2015). It presented an opportunity to evaluate innovative solutions for securing water

162 supply in a region predicted to experience water stress with climate change (Gooda and Voogt  
163 2012), but which also improve its natural environment and enhance livability for its residents.  
164 The urban boundary was defined as the outer edge of the built-up areas (Figure 2), with an area of  
165 3,002 ha. Surrounding nature reserves (1,678 ha) were excluded. Vertically, the boundary extends  
166 from rooftop and tree tops, to the root zones of trees (assumed to be 1 meter below ground).  
167 The timeframe for the analysis was based on future land development, so the most recent data  
168 was obtained wherever possible.

## 169 **2.2 Water servicing scenarios**

170 Six water servicing scenarios were developed based on various modes of fit-for-purpose water  
171 supply (rainwater / stormwater harvesting, and wastewater / greywater recycling) at different  
172 urban scales (whole urban area, household, appliance) (Table 2). Harvesting of precipitation was  
173 considered at the large urban scale (harvesting stormwater for use across the whole urban area) as  
174 well as at the household scale (harvesting rainwater for use in residential and commercial  
175 premises). Recycling of wastewater was considered at the large urban scale via centralized reuse  
176 within or outside the urban area, at the household scale via decentralized use of greywater, as  
177 well as the small scale via reuse within an appliance (recirculating showers). Different extents of  
178 implementation (conservative and maximized) were also considered, where relevant.  
179 Conservative implementation was based on the scale typically being implemented in Australia at  
180 present. Maximized implementation assumes maximum practical utilization, including using  
181 more water than otherwise for maintaining green open space and vegetation for enhancing  
182 amenity.

## 183 **2.3 Estimation of water flows / fluxes as an urban water mass balance**

184 The water mass balance method is a refinement on one originally described by Kenway et al  
 185 (2011a), and is represented by the following equation (Figure 1):

$$186 \quad \text{Input } (Q_i) \quad = \quad \text{Output } (Q_o) + \Delta S$$

$$187 \quad (P' + C + D + R_i) \quad = \quad (ET + R_s + W + G + R_i + R_e) + \Delta S \quad (1)$$

188 *Where:*

189  $P'$  = unharvested precipitation falling in the urban boundary, i.e. total precipitation ( $P$ ) less any  
 190 rainwater or stormwater harvested within the urban boundary

191  $C$  = centralized water supplies sourced from outside the urban boundary, which could include  
 192 surface waters and groundwater

193  $D$  = decentralized water supplies harvested inside the urban boundary, including rainwater and  
 194 stormwater and groundwater

195  $ET$  = evapotranspiration from the urban boundary

196  $R_s$  = stormwater run-off discharged from the urban boundary (not including that which is  
 197 harvested within the urban boundary)

198  $W$  = wastewater discharged from the urban boundary (total wastewater generated less that  
 199 which is recycled internally or externally)

200  $G$  = groundwater infiltration

201  $R_i$  = reuse / recycling of wastewater internally within the urban boundary

202  $R_e$  = reuse / recycling of wastewater externally, in this case to agriculture in an adjoining valley

203  $\Delta S$  = change in the stored water volume within the defined boundary

204 Decentralized supplies ( $D$ ) can include stormwater and rainwater harvesting, local groundwater  
 205 extraction (bores) and wastewater recycling (Sharma et al. 2013). In this work we mainly refer to  
 206  $D$  as stormwater and rainwater harvested within the urban boundary, and consider wastewater  
 207 recycling separately.

$$208 \quad D = D_p + D_s + D_g \quad (2)$$

209 *Where:*

210  $D_p =$  rainwater harvesting

211  $D_s =$  stormwater harvesting

212  $D_g =$  groundwater extraction

213 Internally recycling of wastewaters can be via centralized collection by the sewerage system or  
214 decentralized collection of greywater at the household or appliance scale.

$$215 \quad R_i = R_w + R_g + R_h \quad (3)$$

216 *Where:*

217  $R_w =$  wastewater reused / recycled to the centralized water supply system

218  $R_g =$  greywater reuse / recycled to the household

219  $R_h =$  greywater reuse / recycled within an appliance, in this case a recirculating shower

220 Changes in storage ( $\Delta S$ ) within the urban system were considered to achieve the mass balance,  
221 but were assumed to be minimal under normal circumstance, so any change in storage ( $\Delta S$ ) can  
222 be attributed to computation errors.

223 Refinements made to the original Kenway et al. (2011a) equation addressed some limitations in  
224 how it accounts for wastewater reuse / recycling, and rainwater / stormwater harvesting. The first  
225 was in relation to how it accounts for water reuse / recycling. The original equation only  
226 accounted for inputs and outputs across the urban boundary, and not water recirculated within the  
227 urban boundary. The refined equation represents reused / recycled volumes as first flowing out of  
228 the urban boundary then re-entering as an input. This means that  $R_i$  is included in both sides of  
229 the equation, keeping the mass balance intact while making these flows obvious in the mass  
230 balance. The second refinement was to deduct harvested rainwater ( $D_p$ ) and stormwater flows

231 (Ds) from the amount of precipitation (P), so that P now represents unharvested precipitation  
232 available to hydrological processes. Finally, the original equation assumed that total volumes of  
233 rainwater and stormwater runoff could be harvested, which in practice overestimates Dp and Ds.  
234 The refined equation instead adopts maximum harvestable volumes of Dp and Ds, after McIntosh  
235 et al. (2013), which is the difference between post-development and pre-development stormwater  
236 runoff (Fletcher et al. 2007). This ensures that stormwater runoff exiting the system does not fall  
237 below the natural runoff in the pre-development scenario, thus avoiding overharvesting and the  
238 negative effects on soil moisture and downstream ecology.

239 Other studies have used water mass balance equations similar to the one developed here, (Barron  
240 et al. 2013, Bhaskar and Welty 2012, Haase 2009, Kennedy 2012) except that some flows have  
241 been included, excluded or itemised separately depending on the context or objective of the  
242 study, such as groundwater exchanges, leakages from and infiltration into piped water supplies,  
243 lawn and garden irrigation and decentralized supplies.

244 The values derived for populating the water mass balance were based on estimates and  
245 assumptions defined in Appendix A. Values for flows managed by the urban water infrastructure  
246 (C, D, W, R) were derived from published data or estimated from first principles. Values for the  
247 natural hydrological flows / fluxes (P, Rs, G and ET) were derived using a hydrological model -  
248 Model for Urban Stormwater Improvement Conceptualisation (MUSIC)  
249 (<http://ewater.org.au/products/music>).

250 MUSIC is an urban hydrological model that simulates the characteristics of stormwater runoff  
251 (flows, duration, frequency, quality) based on rainfall data, land characteristic and  
252 imperviousness factors, and used most commonly to design stormwater infrastructure (Elliott and  
253 Trowsdale 2007). Here we have used it to estimate the magnitudes of the annual natural  
254 hydrological flows from the defined urban system boundary. Rainfall data available within the

255 model was for Brisbane, the major city adjacent to the case study development and within a  
256 similar climatic region.. Data for the period 1 July 2000 to 15 June 2010 was used. This was  
257 considered to be a reasonable representation of the case study area for the purposes of our study.  
258 Evapotranspiration data for Ripley Valley was obtained from the Bureau of Meteorology (BOM  
259 2006). Soil characteristics required by the model to estimate infiltration were taken from the Gold  
260 Coast City Council's guidelines (GCCC 2006).

261 For the pre-development landscape, the imperviousness factor was set to 10%, giving an annual  
262 volumetric runoff coefficient (AVRC) of 0.15 (GCCC 2006). For the post-development  
263 scenarios, imperviousness factors were generated using the regression equation (5) developed by  
264 McIntosh et al. (2013), which is based on dwelling density. This generated overall AVRC values  
265 which compared favorably with generic values reported in GCCC (2006) (0.38 to 0.40).

$$266 \text{ Total imperviousness} = 0.0649 \times \ln(\text{housing density}) + 0.1822 \quad (5)$$

267 For the post development scenarios, flows / fluxes resulting from irrigation and pipe leakages  
268 were added to the groundwater infiltration (G) and evapotranspiration (ET) values based on a  
269 partitioning to ET and G of 75% and 25% respectively, after Chrysoulakis et al. (2015). Pipe  
270 leakage rates from the centralized supply main were assumed to be 8% of C (BOM 2015) and  
271 leakages at the user were assumed to be 7% of demand (Beal et al. 2012).

## 272 **2.4 Estimation of water-related energy**

273 Energy of the water supply system was calculated according to the following equation, using  
274 estimates and assumptions defined in Appendix A:

$$275 E_{tot} = E_C + (E_{Dp} + E_{Ds} + E_{Dg}) + (E_{Ri} + E_{Re}) + E_W + \Delta E_U \quad (4)$$

276 *Where:*

277  $E_{tot}$  = total energy used by the water system

278  $E_C$  = energy used for treating and supplying centralized water

279  $E_{Dp}$  = energy used for treating and supplying harvested rainwater

280  $E_{Ds}$  = energy used for treating and supplying harvested stormwater

281  $E_{Dg}$  = energy used for extracting, treating and supplying groundwater

282  $E_{Ri}$  = energy used for treating and supplying wastewater recycled internally

283  $E_{Re}$  = energy used for treating and supplying wastewater recycled externally

284  $E_W$  = energy used for treating and discharging wastewater

285  $\Delta E_U$  = change in household energy use

286 Energy use associated with water treatment, distribution, wastewater treatment (secondary  
287 treatment), and operation of rainwater tanks, was based on water-related energy use for South  
288 East Queensland reported by Kenway et al.(2015). Energy use in rainwater tank operation was  
289 further validated against Cook et al. (2012). In the absence of energy use data for household  
290 greywater recycling in Australia, data related to UK households (Memon et al. 2015) was used.  
291 In the absence of data on energy use for stormwater treatment, it was estimated assuming a  
292 pressure sand filtration and chlorine disinfection. Energy for pumping was estimated from first  
293 principles, based on assumed delivery heads, because as the development was not yet in place it  
294 was not possible to source real data (see Appendix A).. For greywater recycling within the  
295 appliance (recirculating shower), changes in water-related energy in the use phase was also  
296 considered, to account for the water heating avoided due to the recovery of heat energy as well as  
297 water. For the other scenarios there were no changes to water-related energy in the use phase.

298 **2.5 Indicators of local water metabolism**

299 There is no agreed set of indicators for representing the performance of urban water systems.  
300 Indicators currently reported in literature represent a diverse range of water system characteristics  
301 depending on the study's objective (for example, level of service, reliability, system yield,  
302 resilience, system leakages, water management policies, social acceptance, pollutant loads and  
303 environmental impacts, etc.) (ADB 2013, Behzadian and Kapelan 2015, EIU 2011, Mirza et al.  
304 2013, van Leeuwen et al. 2012, Venkatesh et al. 2014).

305 Indicators of local water metabolism specifically focus on water resource management, in terms  
306 of how well water (and water-related resources) are utilized in urban areas, with the aim of  
307 guiding decisions towards more metabolically-efficient urban areas. They can be a sub-set of, or  
308 complement, broader sustainability indicators reported by other evaluation frameworks, which  
309 for example often include social and economic performance indicators (Behzadian and Kapelan  
310 2015). Some studies report indicators that we'd suggest are related to water metabolism, such as  
311 water self-sufficiency and the scale on centralized or externally-sourced water input (Kennedy et  
312 al. 2014, Makropoulos and Butler 2010, van Leeuwen et al. 2012), but the development of water  
313 metabolism indicators is in its infancy.

314 The elements of metabolic-efficiency we considered were i) reducing demand for water extracted  
315 from external sources by harvesting water within the urban area and recycling wastewaters, ii)  
316 avoiding unintended consequences of energy use, and iii) maintaining or restoring pre-  
317 development hydrological conditions (Table 2). The first two have been captured in a set of  
318 water-related resource efficiency indicators and the third in a set of hydrological performance  
319 indicators. There are other elements of water metabolic efficiency, such as nutrient conservation,  
320 or the drain of urban areas on their supplying region, but we have not explored these at this stage.

321 The indicators of water-related resource efficiency tell us the extent to which resources are  
322 consumed for the provision of urban water, in this case water extracted from external sources and



323 energy (both per person per year). They also tell us the extent of internal harvesting and recycling  
324 in place to affect the resource efficiency. The internal harvesting and recycling ratios represent  
325 the proportion of urban water demand that is met by fresh water (rainwater and stormwater)  
326 harvested and wastewaters recycled within the urban area, respectively.

327 The indicators of hydrological performance tell us about the degree of departure from pre-  
328 development hydrological flows, in terms of the magnitude of annual flows. It is the ratio of post-  
329 to pre-development flows, for stormwater runoff, total stream discharge, evapotranspiration and  
330 infiltration to groundwater. A ratio  $> 1$  means that the magnitude of the annual flow/flux is larger  
331 than pre-developed landscape, and a ratio  $< 1$  means it is smaller. The rationale for these  
332 indicators is that the changed hydrology brought about by urbanization affects environmental  
333 qualities that urban planners endeavor to manage. Increased stormwater flows and stream  
334 discharges degrade the health, ecology and water quality of urban streams and receiving water  
335 bodies (Walsh et al. 2005), reduced evapotranspiration contributes to urban heat island effect  
336 (Coutts et al. 2014), and reduced infiltration inhibits natural groundwater recharge.

337 In relation to stormwater runoff, we recognize that frequency, duration and intensity of flows are  
338 important considerations for harvesting potential and for urban stream health (Ashbolt et al.  
339 2013, Fletcher et al. 2007). However, the framework currently uses the magnitude of stormwater  
340 flow as a proxy for stormwater flows.

### 341 **3. RESULTS AND DISCUSSION**

342 The estimated annual water flows / fluxes contributing to the water mass balance of the Ripley  
343 Valley for each scenario are reported in Table 3. These are also depicted in Sankey diagrams  
344 (Figure 3) to visually show how the different water servicing options affect the water balance. It  
345 was possible to achieve a water mass balance for the system ( $Q_i = Q_o + \Delta S$ ) (see right hand

346 columns in Table 3). The water-related energy estimates are reported in Table 4. This data was  
347 used to derive the water metabolism indicators (Figures 4a and b) for each scenario.

### 348 **3.1 Water metabolism of the urban development base case**

349 Here we discuss the water metabolism of the pre-development and post-development base case  
350 scenarios, against which the performances of the alternative water servicing options were  
351 evaluated.

352 In the pre-development case, the only inflow of water into the system is precipitation (P), 70% of  
353 which subsequently flows out of the system as evapotranspiration (ET), 16% as stormwater  
354 runoff (Rs), and 14% as groundwater infiltration (G) (Figure 3a). The pre-development Rs,  
355 estimated using the MUSIC model (3.7 GL/yr), corresponds well with the annual average  
356 harvestable volumes estimated for Ripley by McIntosh et al (2013) using the ArcHydro model  
357 (1.3 – 3.1 GL/yr depending on dry/wet year, degree of dwelling density). There were no prior  
358 estimations of ET and G to compare our estimates with.

359 Urbanization of the Ripley Valley in the development base case (as per the planning scheme)  
360 introduces an additional inflow of centralized water supply (C) and outflow of wastewater (W),  
361 of a scale equivalent to around half the annual precipitation (Figure 3b). The increased  
362 imperviousness was estimated to increase Rs by around 2.5-fold, which is consistent with other  
363 modelling studies for similar climatic regions (Ashbolt et al. 2013, Fletcher et al. 2007, McIntosh  
364 et al. 2013). Total stream discharge, which is the combined outflows of Rs and W to receiving  
365 waters, would increase by 5-fold. Evapotranspiration and infiltration are expected to decrease by  
366 17%, and 27% respectively. The base case development has no internal harvesting or recycling,  
367 with all water supply sourced externally at a rate of ~95 kL/p/yr and with water-related energy  
368 use of 115 kWh/p/yr.

### 369 3.2 Water metabolism of the development with alternative water servicing options

370 Here we discuss how the alternative water supply options influence the water metabolism of the  
371 urban development. The volumes of rainwater, stormwater and wastewater potentially available  
372 for use in the urban development, could individually supply a significant proportion of the  
373 development's water demand in theory (50%, 50%, and 80% respectively), if water quality  
374 constraints were not considered. More realistically, if only non-potable uses were considered, this  
375 would reduce to 21%, 21% and 34% respectively. Therefore there is considerable capacity for  
376 internal supply in theory, as previously recognized by Kenway et al. (2011a) for Australian cities.

#### 377 *Rainwater and stormwater scenarios*

378 If rainwater or stormwater were harvested ( $D_p$  and  $D_s$ ) and used to a conservative extent (garden  
379 irrigation and toilet flushing) a modest reduction in the stormwater runoff ratio (post  
380 development flows relative to pre-development flows) would be expected, reducing it from 2.5-  
381 fold to 2.0/2.3-fold respectively. This is consistent with the findings of Ashbolt et al (2013) for a  
382 similar scenario. If  $D_s$  use was maximized (all legal sub-potable uses), stormwater flows could  
383 potentially be restored to near pre-development flows (Figure 3c and 4b). However similar  
384 modelling for nearby Brisbane by Fletcher et al (2007) found that this would be difficult in  
385 practice because the greater rainfall intensities in this sub-tropical climate leads to overflowing of  
386 stormwater collection ponds. So considering the magnitude of total annual flows alone does not  
387 necessarily give a realistic representation of the hydrological restoration potential. Total stream  
388 discharge will remain high since externally sourced water (C) will continue to be discharged as  
389 wastewater (Figure 4b).

390 Using rainwater and stormwater to enhance green space and vegetation use was found to have  
391 little restorative effects on evapotranspiration (ET) and groundwater infiltration (G), even when

392 maximized (Figure 4b). The fraction of harvested water assumed to be directed to irrigation and  
393 subsequently becoming ET and G, is very small compared with the total ET and G fluxes of the  
394 urban area, and so the relative changes to ET and G are minor. We suspect the scale of vegetation  
395 and irrigation would need to be much larger than modelled here to bring about any significant  
396 restoration of ET and G, but this was not explored.

397 In relation to resource efficiency, an internal harvesting ratio of up to 45% could be achieved  
398 through rainwater or stormwater use, although in practice around 20% is more likely based on  
399 conservative practices. External water extraction would decrease from 95 kL/p/yr to around 60  
400 kL/p/yr when maximised, and to 82-92 for conservative use (Figure 4a). There would be an  
401 overall energy cost for rainwater use of 15-35 kWh/p/yr (Figure 4a), because household rainwater  
402 pumps were assumed to be relatively energy inefficient, and would offset the energy savings  
403 from displacing centralized water supply (Table 4). For stormwater utilization, there could be a  
404 slight energy saving of 12 kWh/p/yr if use is maximized (Figure 4a) because pumping at this  
405 larger scale can be more energy-efficient, whereas conservative use gives a similar overall energy  
406 use to the base case (Table 4).

#### 407 *Wastewater recycling scenarios at different scales*

408 The influence that wastewater recycling has on the metabolism of the urban area was found to  
409 depend on the scale. For centralized wastewater recycling, the resource efficiency benefits are  
410 similar to the stormwater scenario, increasing the internal recycling ratio, displacing demand for  
411 external water supplies, and reducing energy intensity (Figure 4a). Decentralized greywater  
412 recycling at the household scale also reduces demand for external water supplies, but comes at a  
413 considerable energy cost of between 43-80 kWh/p/yr (Figure 4a). This is because, the on-site  
414 treatment (sand filtration and UV disinfection) and pumping are relatively energy inefficient.  
415 Greywater recycling within the appliance (recirculating showers) offers significant overall energy

416 use reductions due to the heat recovery that occurs within the appliance (Figure 4a). The short  
417 timeframe of the recycling enables heat energy as well as water to be recovered. Since energy for  
418 water heating in the use phase is far much more significant than energy use for supplying water  
419 (Kenway et al. 2011b), influencing this component of the water cycle can be very significant.  
420 The recycling scenarios do not offer any restorative effects on Rs, ET and G, but total stream  
421 discharge is decreased because less wastewater is discharged (Figure 4b), which occurs  
422 downstream of the development. Recycling wastewater to agricultural areas outside the urban  
423 development does not provide any metabolism benefits to the urban development itself. The  
424 benefits would accrue to the agricultural activities by way of displaced freshwater extraction, and  
425 possibly displaced fertilizer input if the nutrient content of the wastewater is utilized. Due to the  
426 urban-centric nature of the evaluation framework, this external benefits are not considered.

### 427 **3.3 What new insights does the urban metabolism perspective provide about water** 428 **servicing options?**

429 The insights in relation to resource efficiency are as follows:

- 430 – The harvesting and use of rainwater / stormwater and the recycling of wastewaters offers  
431 noticeable improvement to water efficiency only when utilization is maximized, i.e. reducing  
432 per person extraction of external water by 37% (from 96 kL/p/yr to 56-63 kL/p/yr). In  
433 contrast conservative use only improves it by only 4-18% (from 96 kL/p/yr to 80-92 kL/p/yr).
- 434 – Energy considerations can be important. The water efficiency benefits of utilizing rainwater  
435 and greywater at the household-scale can have energy trade-offs (for pumping), increasing  
436 water-related energy use by up to 31% and 67% respectively. Whereas the higher pumping  
437 efficiency of stormwater and wastewater utilization at larger scales can reduce overall water-

438 related energy use by up to 10%. However, when heat energy is recovered through greywater  
439 recycling within the appliance (recirculating shower) the energy savings can be considerable.

440 The insights in relation to hydrological performance are as follows:

- 441 – When the use of harvested rainwater and stormwater is maximized it can potentially reduce  
442 the scale of annually-averaged stormwater runoff to near pre-development levels, whereas  
443 conservative use has only moderate influence.
- 444 – Utilizing internal water sources for irrigation may have little effect on restoring  
445 evapotranspiration (ET) and groundwater infiltration (G) toward pre-development levels,  
446 even when maximized. For ET, any increases from irrigation of green space are too small to  
447 offset the large decrease from the vegetation loss of urbanization. This has implications for  
448 the role of irrigation to mitigate urban heat island effects (Coutts et al. 2014). The scale of  
449 rainwater/ stormwater / wastewater use for vegetation irrigation may need to be very large to  
450 have to effect a discernable restoration of ET. For G, opportunities for improving infiltration  
451 become scarcer with increasing dwelling density, unless irrigation occurring in the urban  
452 periphery within the defined urban boundary is considered.

453 Overall, the analysis suggests that use of harvested rainwater / stormwater may offer more  
454 metabolism benefits than wastewater recycling. This is because harnessing precipitation falling  
455 on the urban area improves both resource efficiency and restores hydrological flows (of  
456 stormwater), also been noted by Fletcher et al. (2007). In comparison, while wastewater recycling  
457 offers similar water efficiency benefits, it does less to restore hydrological flows. However, the  
458 analysis did not consider potential nutrient recovery benefits of wastewater recycling, which may  
459 alter the relative benefits.

460 These insights about water servicing options are from a local resource management perspective,  
461 i.e. they are 'urban centric'. Other studies that have taken different perspectives to evaluate water  
462 servicing options have come to different conclusions. For example, Sharma et al (2009) assessed  
463 a similar suite of urban water servicing options to those assessed here using environmental life  
464 cycle assessment (LCA). They concluded that stormwater harvesting may not be preferred, due to  
465 the indirect environmental impacts embodied in the establishment of water storage and third-pipe  
466 distribution infrastructure. This flags that both the direct and indirect implications of urban water  
467 management need to inform decision making.

#### 468 **3.4 What is the utility of a metabolism evaluation framework?**

469 The value of the metabolism perspective was to understand the attributes of water servicing  
470 options from the perspective of both resource efficiency and restoring hydrological performance.  
471 The water mass balance that underpins the evaluation accounted for all anthropogenic and natural  
472 flows through urban areas, so that the multiple aspects of local water resource efficiency were  
473 considered in a consistent framework. In particular evapotranspiration and groundwater  
474 infiltration, which are not commonly considered in water cycle studies, can be considered as well  
475 as stormwater runoff. Also, observations about the scale of implementation were possible within  
476 this consistent context.

477 The resource efficiency indicators are useful for quantifying and comparing the degree to which  
478 urban areas are moving towards reduced reliance on external, centralized supplies. The  
479 hydrological performance indicators help us understand the extent of intervention needed to  
480 maintain or restore pre-development hydrological conditions. It brings together consideration of  
481 both the 'anthropogenic' and 'natural' water cycles, and the interactions between them, and  
482 considers the urban area as a whole rather than just the water systems within the urban area.

483 The following limitations were revealed which should be addressed in future iterations of the  
484 framework:

- 485 – The selection of a greenfield development made it straightforward to examine hydrological  
486 flows relative to the pre-development conditions, but this would be more difficult when  
487 evaluating existing or in-fill urban developments, and would require definition of the pre-  
488 urbanized reference landscape.
- 489 – Setting the urban boundary tightly around the built-up urban footprint means that the benefits  
490 when urban waters are utilized outside the urban area are not evident, and may require  
491 reconsideration of how the urban boundary is set.
- 492 – There are limitations to using only the annual magnitude of stormwater flows, as flow  
493 frequency and intensity strongly influence harvest potential and urban stream impacts.
- 494 – A resource efficiency consideration missing from this current analysis is that of nutrients.  
495 Decisions about alternative water servicing options would be further enhanced by also  
496 considering nutrient metabolism, both in terms of their mobilization by stormwater and  
497 wastewaters, and their conservation and beneficial utilization in wastewater.
- 498 – Metabolism evaluation which focuses on the direct implications of urban water management  
499 should be considered along with the indirect implications as assessed by life cycle  
500 assessment.

#### 501 **4. CONCLUSIONS**

502 This work demonstrated how a “water mass balance” metabolism perspective can be used to  
503 generate indicators of urban water-related resource efficiency and hydrological performance,  
504 from a local resource management perspective. The novel contribution is the development of new



505 indicators that bring together consideration of both the ‘anthropogenic’ and ‘natural’ water cycles  
506 and the interactions between them, on the basis of the whole urban area rather than just the water  
507 system within the urban area.

508 Scenario analysis was used to show how this can be used to assess alternative urban water  
509 servicing options. The new insights this provided, which are different from other perspectives,  
510 relate to the extent to which alternative water supplies can influence the water efficiency and  
511 hydrological performance of the urban area:

- 512 i) The harvesting of precipitation falling on the urban area (rainwater, stormwater) can  
513 positively influence both the water efficiency and the restoration of natural hydrological  
514 flows (especially runoff), whereas wastewater recycling only influences water efficiency;
- 515 ii) The extent to which alternative water sources are used needs to be maximized to give  
516 noticeable benefits;
- 517 iii) While the runoff can be reduced through the harvesting rainfall and runoff, it will be more  
518 difficult to influence restoration of evapotranspiration and groundwater infiltration;
- 519 iv) Scale of implementation influences water-related energy efficiency. Rainwater/graywater  
520 use at household scale can have an energy cost, but stormwater / wastewater use at larger  
521 scales can be an energy saver. Water recycling at the appliance scale (eg. recirculating  
522 showers) can be a very large energy saver due to the heat recovered.

523 The indicators are a step forward in representing local urban water performance and can guide us  
524 toward more resource-efficient urban water systems. However, there remains considerable scope  
525 to further optimise the framework in future iterations by extending scope of metabolism  
526 indicators, in particular water-related nutrient efficiency.

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540

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702

703

704 Table and figure captions

705

706 Table 1 – Scenarios

707

708 Table 2 – Indicators of urban water metabolism

709

710 Table 3 – Water mass balance, before and after development, and for water servicing alternatives

711

712 Table 4 – Water-related energy use, before and after development, and for water servicing  
713 alternatives

714

715 Figure 1 Urban water metabolism evaluation framework.

716 The framework is a refinement of the urban water mass balance described in Kenway et al.

717 (2011a), to enable evaluation of alternative water sources and water-related energy use.

718

719 Figure 2 Structure plan and location of the case study Ripley Valley Urban Development Area.

720 Reproduced with the permissions of Ipswich City Council (ICC 2009). Ripley Valley is located  
721 in South East Queensland, approximately 40km south-west of Brisbane.

722

723 Figure 3–Urban water mass balances (maximized scenarios only)

724 The width of the lines represents the magnitude of the annual flows / fluxes of water (GL/yr)  
725 flowing into, out of, and through the urban boundary of the proposed Ripley Valley urban  
726 development, (a) before development, (b) after development (b), and (c-f) under alternative water  
727 servicing alternatives. Only the maximized scenarios are depicted. In the case of (c) and (e), two  
728 separate scenarios are shown in the one diagram, in which case, the two values refer to each  
729 scenarios respectively.

730 a) Pre-development

731 b) Development base case

732 c) Rainwater harvesting (in households) / stormwater harvesting (in the urban area)

733 d) Wastewater recycling (in urban area)

734 e) Greywater recycling (in household) / Greywater recycling (in appliance)

735 f) Wastewater recycling (outside urban area)

736

737 Figure 4– Indicators of water metabolism

738 For stormwater and total stream discharge, urbanisation generates flows that are higher than pre-  
739 development ( $>1$ ), so initiatives that reduce the relative flows down towards 1 are preferred. For  
740 evapotranspiration and infiltration, urbanisation generates flows that are lower than pre-  
741 development ( $<1$ ), so initiatives that increase the relative flow up towards 1 are preferred.

742 a) Indicators of resource efficiency

743 b) indicators of hydrological performance (relative to pre-development state)

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## Appendix A: Analysis parameters and data sources

Parameter	Unit	Assumed values	Source and comments
<b>Proposed urban development in Ripley Valley</b>			
Total area	ha	4,680	Ripley Valley Development Scheme (ULDA 2011) - Includes urban area and nature reserve.
Total urban development area	ha	3002	(ULDA 2011)
Population	people	120,000	(ULDA 2011) - projection as at 2030.
Dwellings	-	50,000	(ULDA 2011) - projection as at 2030.
<b>Land use types</b>			
Urban core	ha	289.72	(ULDA 2011) - 55 households/ha
Secondary urban core (west)	ha	304.83	(ULDA 2011) -35 households/ha
Secondary urban core (east)	ha	250.48	(ULDA 2011) - 20 households/ha
Neighborhoods	ha	1,156.56	(ULDA 2011) - 15 households/ha
Villages and constrained residential areas	ha	988.29	(ULDA 2011) - 10 households/ha
Rural residential	ha	11.93	(ULDA 2011) - 3 households/ha
<b>Parameters applied in MUSIC to model natural hydrological flows (P, Rs, G and ET)</b>			
Rainfall	mm	1021.6	Time series rainfall data for Brisbane for the period 1 July 2000 to 15 June 2010 was used in the model, based on 6 min intervals. This data was pre-loaded in the MUSIC model, but originated from the Australian Bureau of Meteorology ( <a href="http://www.BOM.gov.au">www.BOM.gov.au</a> ). The value provided here is the mean annual rainfall for Brisbane.
Evapotranspiration	mm	66.7	Monthly average evapotranspiration data for Brisbane for the period 1 July 2000 to 15 June 2010 was used in the model, derived from BOM (2006). The value provided here is the annual average.
Soil characteristics			
As per Gold Coast City Council's guidelines (GCCC 2006).			
For the pre-development case, the imperviousness factor was set to 10% giving an annual volumetric runoff coefficient (AVRC) of 0.15 (pers. Com. Tony Weber, May 2015).			
For post development scenarios, the imperviousness factors from McIntosh et al. (2013) were adopted.			
Imperviousness factors	%		
• Pre-development		10	
• Urban core		44	
• Secondary urban core west		41	
• Secondary urban core east		38	
• Neighborhoods		36	
• Villages and constrained residential areas		33	
• Rural residential		24	
Applied irrigation directed to G	%	25	Derived from Chrysoulakis et al. (2015)
Applied irrigation directed to ET	%	75	
<b>Parameters applied to estimate flows managed by the centralized urban water system (C and W)</b>			
Residential water demand	L/p/day	200	Derived from SKM (2013).
Portion of residential water demand that is for conservative sub-potable uses	%	22	Percentage of total demand used for irrigation, toilet flushing and washing machine, based on Beal et al. (2012).
Portion of residential water demand that is for maximised sub-potable uses	%	43	Derived from Beal et al. (2012)
Commercial water demand	kL/ m <sup>2</sup> /yr	3.34	Average annual demand as per the Department of Environment and Heritage (2006) guidelines for mixed office and commercial area.
Total commercial area	ha	34	ICC 2009
Portion of commercial water demand that is for conservative sub-potable uses	%	50	Estimated percentage based on total demand, in the absence of reliable data.
Open space / green area	ha	304.5	(ICC 2009) (this is doubled for maximized case)

Parameter	Unit	Assumed values	Source and comments
Open space water demand	ML/ha/yr	1.8	Open space water use for SEQ estimated by Mitchell et al. (2008).
Water supply leakage rate	%	10	Derived from BOM (2015).
Wastewater generated as a percentage of water use	%	80	The ratio can be 50 - 90% depending upon leakage, lawn irrigation and stormwater infiltration. It was assumed to be 80% as lawn irrigation is modest and being a new planned development, stormwater infiltration is expected to be minor.
<b>Parameters applied to estimate decentralized inflows (D)</b>			
Groundwater withdrawal		0	No groundwater withdrawal.
Roof area for rainwater harvesting – residential	m <sup>2</sup>	150	Assumed roof area per residential dwelling.
Roof area for rainwater harvesting – commercial	%	60	Percentage commercial roof area (34 ha) available for harvesting
Maximum roof runoff generated	GL/yr	5.96	Calculated from above values
Volumetric reliability of rainwater tanks	%	29	Umapathi et al. (2012)
<b>Parameters applied to estimate recycled flows (R)</b>			
Greywater generation – residential	%	71	Percent of residential demand (based on Beal et al. (2012) – Bath 31%, Taps 19%, clothes washer 21%)
Greywater generation – commercial	%	25	Assumed, based on minimal bath or clothes washing facilities in commercial buildings.
Maximum greywater generated	GL/yr	6.46	Calculated from above values.
Residential water use for showers	L/p/day	59	Derived from Beal et al. (2012).
Reduction in shower water use with recirculating showers	%	70	Cintep (2012).
Area of irrigated urban agriculture	ha	1,000	Derived from assumed vegetable demand of 375 gm/person as per NHMRC (2013) recommendation, and vegetable production of 15.8 tonnes/ha/yr for SEQ region.
Irrigation water demand for urban agriculture	ML/ha/yr	3.75	Based on water demand for vegetable irrigation in peri-urban areas around Brisbane (Lockyer Valley)
<b>Parameters applied to estimate water-related energy (E)</b>			
Supply of water from Mt Crosby water treatment plant to Ripley Valley	kWh/ML	102	Estimated based on a delivery head pressure of 40m, (assuming head loss from 22 km pipeline through hilly terrain, and residual head of 10 m to deliver to local storage tanks), and a pump efficiency of 70%.
Supply of harvested rainwater and recycled wastewater to local users	kWh/ML	68	Estimated based on a delivery head pressure of 30m (transmission pipe losses and residual pressure of 10 m at the farthest property), and a pump efficiency of 70%.
Supply of recycled wastewater to nearby agricultural areas	kWh/ML	85	Estimated based on a delivery head pressure of 35m (same as local supply plus additional loss of 5m due to 4-8km transmission pipeline to agricultural areas).
Stormwater treatment	kWh/ML	78	Based on a pressure sand filtration with pumping head of 20 m, and a pump efficiency of 70%.
Energy consumption in water treatment at Mt Crosby WTP	kWh/ML	301	Kenway et al. (2015)
Retail water distribution	kWh/ML	78	Kenway et al. (2015)
Wastewater treatment to secondary level fit for stream discharge, irrigation and sub-potable use	kWh/ML	587	Kenway et al. (2015)
Greywater treatment and supply at individual household level	kWh/ML	3,512	Memon et al. (2015)
Rainwater supply from storage tanks at	kWh/ML	1,509	Kenway et al. (2015)

<b>Parameter</b>	<b>Unit</b>	<b>Assumed values</b>	<b>Source and comments</b>
individual household level			

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Table 1 – Scenarios

Reference cases			
Pre-development	Agricultural landscape with limited paved surfaces and roads, as modelled by McIntosh et al. (2013).		
Developed base case	An urbanised landscape as per the Ripley Valley Development Scheme (ULDA 2011) at 2030 (see Table 2). All water is supplied via the centralized system which supplies treated water from Wivenhoe Dam, 300km NW, via Mt Crosby Water Treatment Plant, outside the urban boundary. There is no supplementary supply of rainwater / stormwater, or recycling of wastewater / greywater. Wastewater generated from all dwellings is treated at a local wastewater treatment plant (WWTP) to secondary level conforming to surface water discharge standards and discharged to the nearby Bundamba Creek.		
Alternative water servicing options	Urban scale of implementation	Conservative implementation	Maximised implementation
Stormwater use	In urban area	Stormwater runoff is harvested from all hard surfaces (roofs, roads, carparks) within the urban boundary. Volume harvested is assumed to be limited by the maximum harvestable volume. <sup>1</sup> Stormwater is treated by sand filtration, and supplied for irrigation within the urban boundary. <b>10% of maximum harvestable volume</b> is used to irrigate 304.5 ha designated as <b>open space</b> in the planning scheme (parks, sports fields, green corridors, street landscaping etc.).	As per conservative implementation, except that: <b>97% of maximum harvestable volume</b> is used to irrigate <b>open space</b> within the urban boundary (304.5 ha), plus <b>natural areas</b> (300 ha – 10% of total area) to enhance vegetation, plus <b>all legal sub-potable demand</b> in residential and commercial dwellings (garden irrigation, toilet flushing, clothes washing) by 'third pipe' supply.
Rainwater use	In household	Rainwater is harvested from the roofs of residential and commercial dwellings in individual tanks. Volume harvested is assumed to be limited by the maximum harvestable volume <sup>1</sup> and the volumetric reliability of the tanks. <sup>2</sup> Water supplied untreated to same property. 100% of harvested volume is used for <b>some sub-potable demand</b> (garden irrigation and toilet flushing)	As per conservative implementation, except that: The <b>volumetric reliability of the tanks<sup>2</sup> is assumed to be large enough to supply maximised sub-potable demand</b> . 100% of harvested volume is used for <b>all legal sub-potable demand</b> in (garden irrigation, toilet flushing, clothes washing)
Wastewater recycling	In urban area	Wastewater from all residential and commercial dwellings (80% of water supply) is treated at a local wastewater treatment plant to secondary level with disinfection suitable for irrigation, stream discharge and sub-potable use. 5% of treated effluent is recycled for irrigation within the urban boundary, in the same way as the conservative stormwater use scenario.	As per conservative implementation, except that: 59% of the treated effluent is used for irrigation, in the same way as the maximised stormwater use scenario.
	Outside urban area	As per wastewater recycling within the urban area, except that treated wastewater is supplied to an adjacent agricultural area, 4-8km W, outside the urban boundary. Used for irrigation of vegetable crops. Volume used is based on that required to grow crops to meet local demand only.	Not applicable
Greywater recycling	In household	Greywater (bathroom wastewater) from residential and commercial dwellings (approximately 70% of total wastewater after Beal et al. (2012) is collected in individual tanks. It is treated using sand filtration and UV disinfection at the property and supplied back to the same property. 34% of total 6.46 GL/yr of generated greywater is used for <b>some sub-potable demand</b> in residential and commercial dwellings within the urban boundary (garden irrigation and toilet flushing).	As per conservative implementation, except that: 62% of generated greywater is used for <b>all legal sub-potable demand</b> in residential and commercial dwellings within the urban boundary (lawn irrigation and toilet flushing, clothes washing)
	In appliance	Recirculating showers are installed in all residential dwelling to recycle shower water. Water, and electricity for water heating are assumed to be reduced by 70%.	Not applicable

## Notes:

- Maximum harvestable volume is the difference between post-development and pre-development stormwater runoff, to ensure that stormwater runoff exiting the system does not fall below the natural runoff in the pre-development scenario, thus minimizing negative effects of over-harvesting on soil moisture, downstream hydrology / ecology (Fletcher et al. 2007, McIntosh et al. 2013).
- Volumetric reliability is the ratio of rainwater available from the rainwater tank to the total household water demand (Umapathi et al. 2013)

Table 2 – Indicators of urban water metabolism

	Unit	Description	Equation
<b>Indicators of resource efficiency</b>			
Internal harvesting ratio	-	$\frac{\text{Volume of freshwater harvested internally (within the urban area)}}{\text{Total volume of water supplied to meet demand}}$	$\frac{D}{(C + D + Ri)}$
Internal recycling ratio	-	$\frac{\text{Volume of water recycled internally (within the urban area)}}{\text{Total volume of water supplied to meet demand}}$	$\frac{Ri}{(C + D + Ri)}$
Water extracted	kL/person/yr	$\frac{\text{Volume of water extracted from external sources}}{\text{Population of the urban area}}$	$\frac{C}{\text{Population}}$
Energy used	kWh/person/yr	$\frac{\text{Total water – related energy use}}{\text{Population of the urban area}}$	$\frac{E_{Tot}}{\text{Population}}$
<b>Indicators of hydrological performance</b>			
Stormwater runoff ratio	-	$\frac{\text{Post – development stormwater runoff}}{\text{Pre – development stormwater runoff}}$	$\frac{Rs_x}{Rs_o}$
Total stream discharge ratio	-	$\frac{\text{Post – development discharge}}{\text{Pre – development discharge}}$	$\frac{(Rs + W)_x}{(Rs + W)_o}$
Infiltration ratio	-	$\frac{\text{Post – development groundwater infiltrate}}{\text{Pre – development groundwater infiltrate}}$	$\frac{G_x}{G_o}$
Evapotranspiration ratio	-	$\frac{\text{Post – development evapotranspiration}}{\text{Pre – development evapotranspiration}}$	$\frac{ET_x}{ET_o}$

Notations: See Section for 2.1 for definitions of acronyms.  $x$  = value for post-development scenario,  $o$  = value for pre-development

Table 3 – Water mass balance, before and after development, and for water servicing alternatives

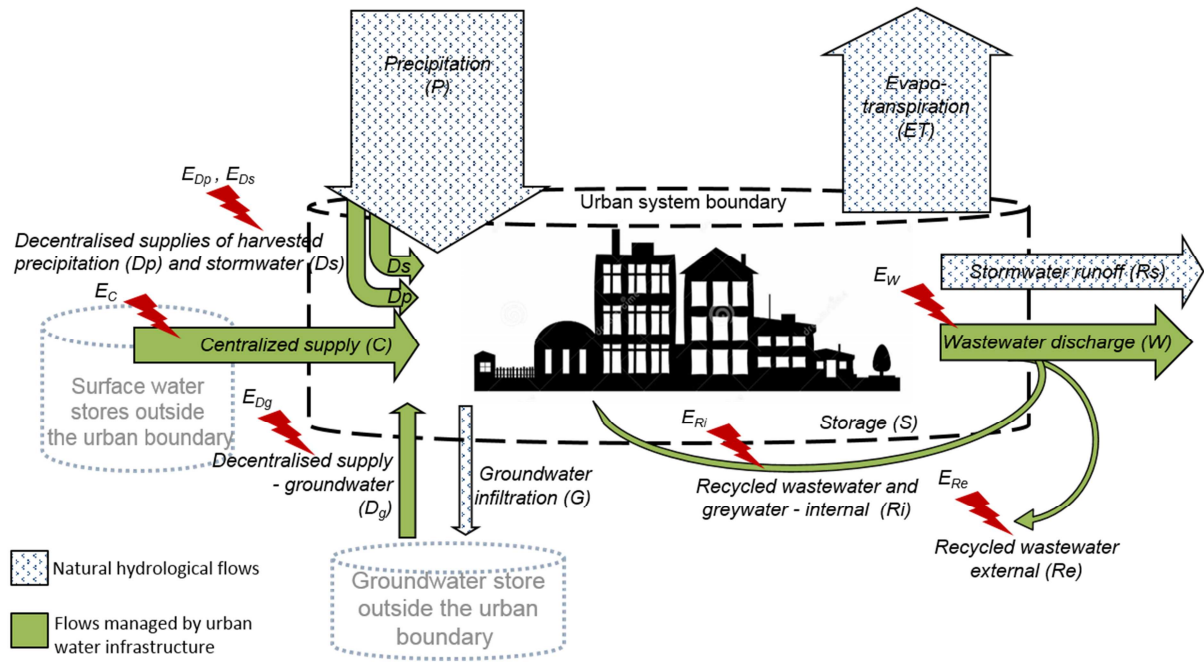
Scenario	Qi (GL/yr)			Qo (GL/yr)					Ri	$\Delta S$	Mass Balance	
	P'	C	D	ET	Rs	G	W	Re			Qi	Qo + $\Delta S$
Pre-development	23.2	0.0	0.0	16.3	3.7	3.3	0.0	0.0	0.0	-0.1	23.2	23.2
Developed base case	23.2	11.5	0.0	13.6	9.3	2.4	9.2	0.0	0.0	0.2	34.7	34.7
Stormwater use	In urban area			13.6	8.8	2.4	9.2	0.0	0.0	0.3	34.3	34.3
	Conservative	22.7	11.0									
	Maximised			14.0	3.9	2.5	9.2	0.0	0.0	0.3	29.9	29.9
Rainwater use	In household			13.6	7.6	2.4	9.2	0.0	0.0	0.2	33.0	33.0
	Conservative	21.5	9.8									
	Maximised			13.6	5.0	2.4	9.2	0.0	0.0	0.2	30.4	30.4
Wastewater recycling	In urban area			13.6	9.3	2.4	8.7	0.0	0.6	0.2	34.2	34.2
	Conservative	23.2	11.0									
	Maximised	23.2	6.7	0.0	14.0	9.3	2.5	3.8	0.0	5.4	0.3	29.9
	Outside urban area			13.6	9.3	2.4	5.3	3.9	0.0	0.2	34.7	34.7
Greywater recycling	In household			13.6	9.3	2.4	7.5	0.0	2.2	-0.3	32.5	32.5
	Conservative	23.2	9.3									
	Maximised	23.2	7.5	0.0	13.6	9.3	2.4	6.0	0.0	4.0	-0.6	30.7
	In appliance			13.6	9.3	2.4	8.5	0.0	0.9	0.4	34.2	34.2

Notations: See Section for 2.1 for definitions of acronyms

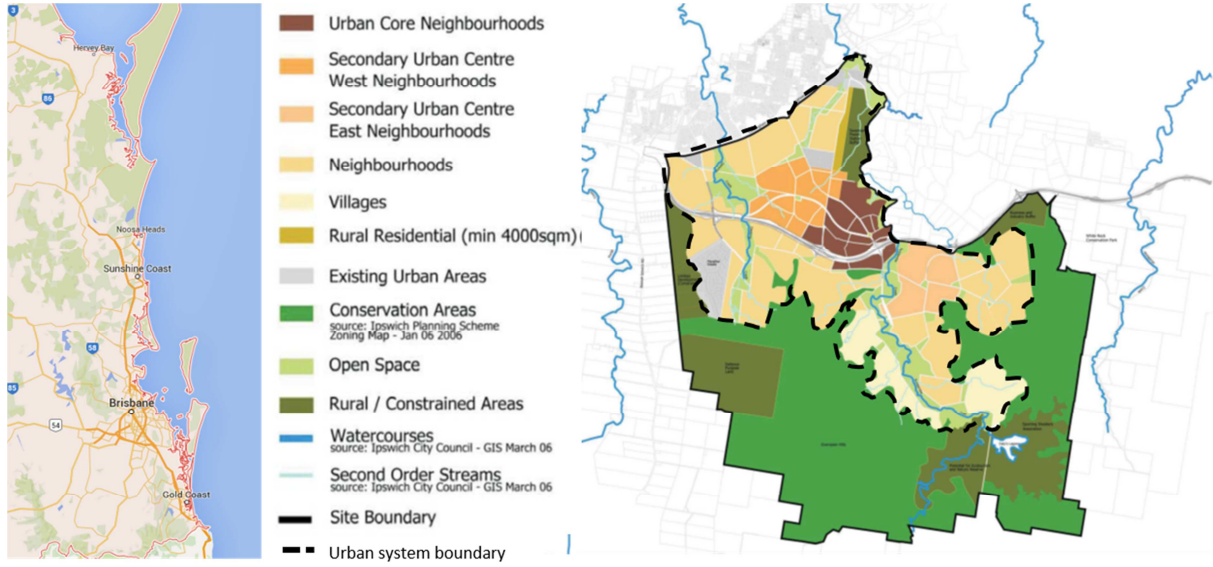
Table 4 – Water-related energy use, before and after development, and for water servicing alternatives

		Water-related energy use (GWh/yr)				Total ( $E_{Tot}$ )
		Treating and supplying centralized water ( $E_c$ )	Treating and supplying decentralized and recycled water ( $E_D, E_R$ )	Treating and discharging wastewater ( $E_w$ )	Change to energy in use phase ( $\Delta E_U$ )	
Developed base case		5.9	NA	7.9		13.8
Stormwater use	In urban area					
	Conservative	5.7	0.1	7.9		13.7
	Maximised	3.5	0.9	7.9		12.3
Rainwater use	In household					
	Conservative	5.1	2.6	7.9		15.6
	Maximised	3.7	6.5	7.9		18.1
Wastewater recycling	In urban area					
	Conservative	5.7	0.5	7.5		13.7
	Maximised	3.5	5.2	3.3		12.0
	Outside urban area	5.9	3.8	4.5		14.2
Greywater recycling	In household					
	Conservative	4.8	7.7	6.4		18.9
	Maximised	3.9	14.1	5.1		23.1
	In appliance	5.7	NA	7.3	-389	-376

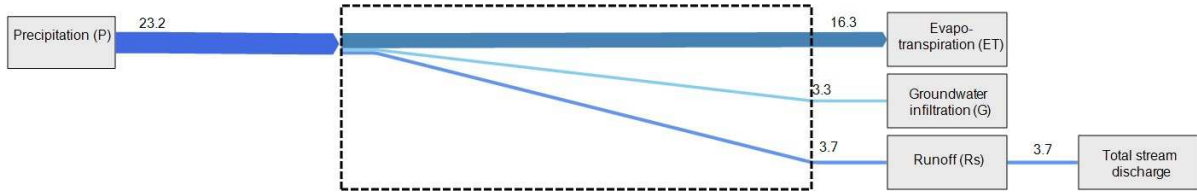
Notations: See Section for 2.1 for definitions of acronyms



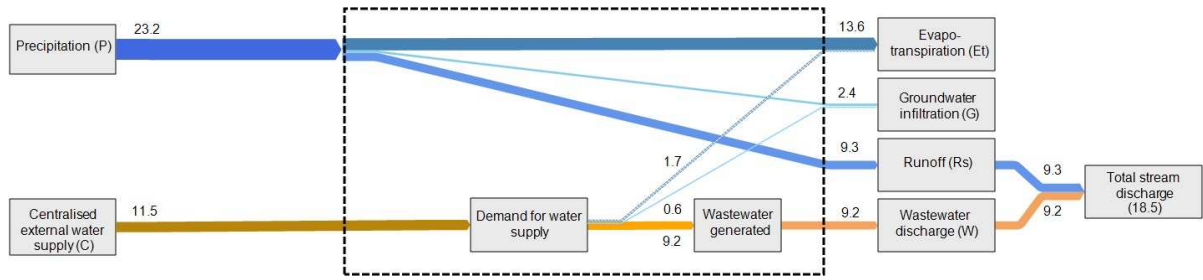


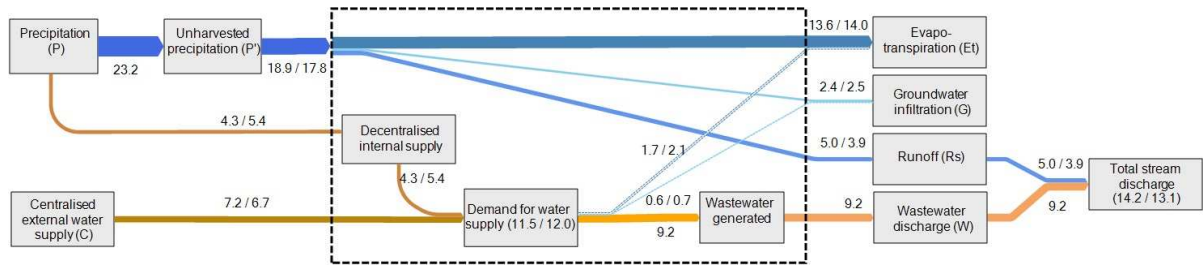


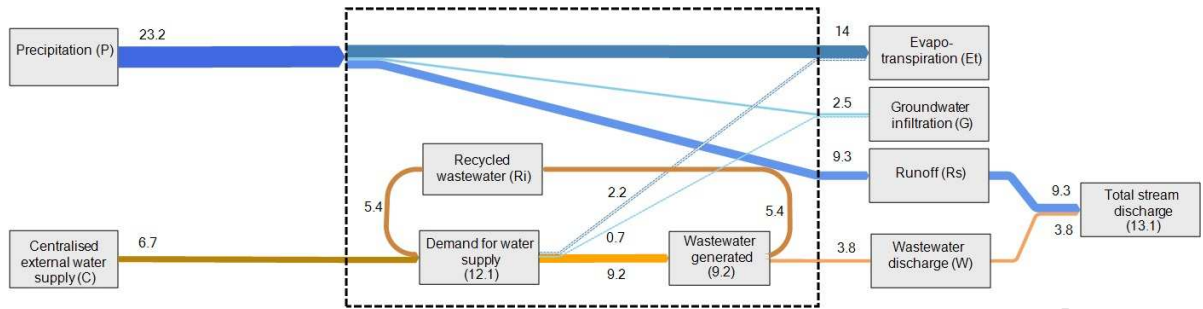
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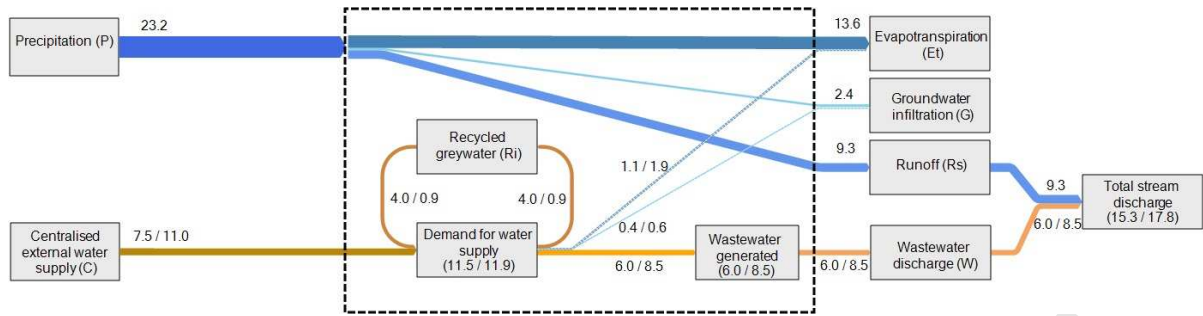


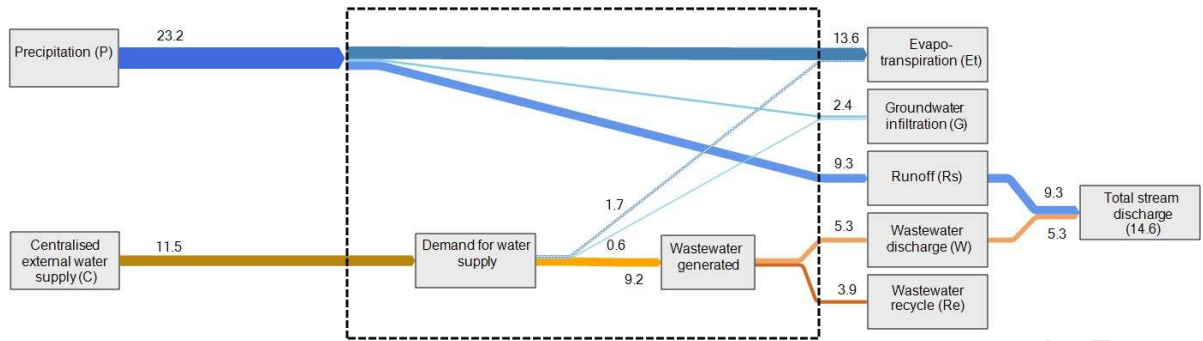
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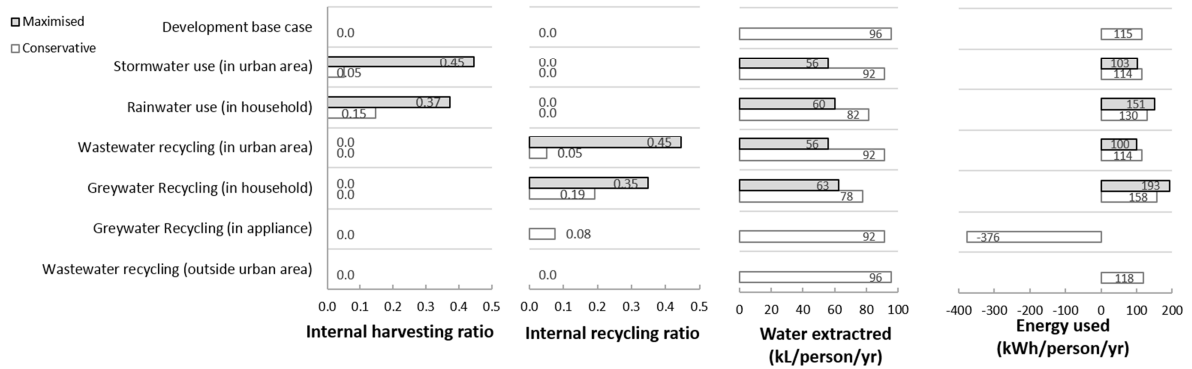




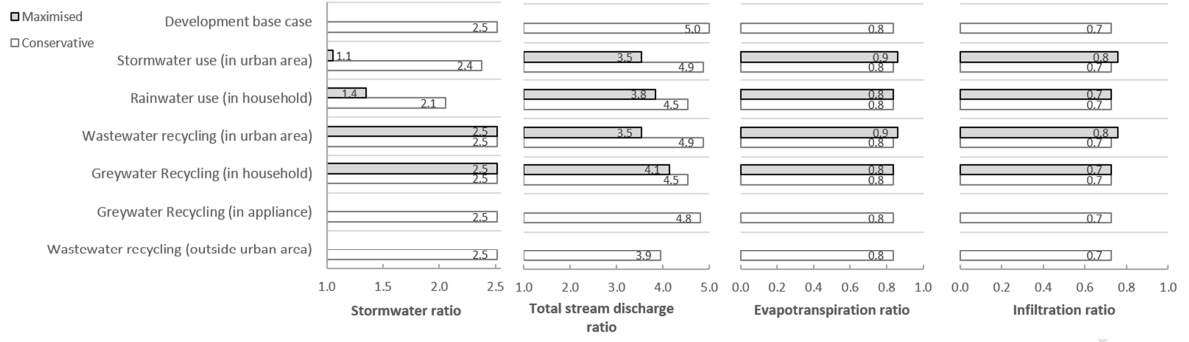












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Highlights

A water mass balance that brings together both 'natural' and 'anthropogenic' urban water cycles

New 'water metabolism' indicators of 'resource efficiency' and 'hydrological performance'

Insights about alternative water servicing options to support the holistic decision making

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