# Clinical and biological insights from viral genome sequencing

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Since the publication of the first shotgun sequenced genome (cauliflower mosaic virus<sup>1</sup>), the

### 14 Introduction

draft human genome<sup>2</sup> and the first bacterial genomes (*Haemophilus influenzae*<sup>3</sup> and *Mycoplasma genitalium*<sup>3</sup>), combined with the rapidly falling cost of high-throughput sequencing<sup>4</sup>, genomics has become a major contributor to our understanding of human and pathogen biology. Multiple large scale systematic pathogen genome projects have been recently completed or are on-going (e.g. sequencing thousands of microbiomes and fungal genomes<sup>5,6</sup>); these projects are shaping our knowledge of the genetic variation present in human and pathogen populations, the nature of genetic changes that underlie disease, and the sheer diversity of microorganisms with which we share our environments.

The methods and data from whole genome sequencing are increasingly being applied to clinical medicine, both from a human<sup>7</sup> and pathogen perspective. For example whole-pathogen genome sequencing has been used to identify new routes of *Mycobacterium abscessus*<sup>8</sup> nosocomial transmission and to understand *Neisseria meningitidis* epidemics in Africa<sup>9</sup>, while partial genome sequencing has been used to detect drug resistance in RNA viruses such as influenza<sup>10</sup> and DNA viruses such as human cytomegalovirus (HCMV)<sup>11</sup>. Viral genome sequencing has

gained considerable traction, often focused on research or epidemiology. Whole pathogen genome sequencing has the advantage of detecting all known drug resistance mutations in a single test while deep sequencing can identify low level drug resistance mutations early enough for clinical intervention<sup>12,13</sup>. Whole genomes also provide good data with which to identify linked infections for public health and infection control purposes<sup>14,15</sup>. Notwithstanding, progress in whole-genome sequencing (WGS) of viruses for clinical practice has been slow. In contrast whole-genome sequencing of bacteria is now well accepted particularly for outbreak tracking and for the management of nosocomial transmission of antimicrobial resistant bacteria<sup>16,17</sup>. This review will address the challenges and opportunities for making WGS, using modern next generation sequencing (NGS) methods, a standard part of clinical virology practice. We will discuss the strengths, weaknesses and technical challenges inherent to different viral WGS laboratory methods (Table 1). The importance of deeply sequencing certain viral pathogens will be addressed. We will also explore two areas in which viral WGS has recently proven its clinical utility: metagenomic sequencing to identify viruses causing encephalitis (box 1); and role of WGS in molecular epidemiology and public health management of the pan-American Zika virus outbreak (box 2). Finally, we will briefly consider the ethical and data analysis challenges which clinical viral WGS presents.

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### Why sequence viruses in clinical practice?

For small viruses such as HIV, influenza, HBV and HCV, partial genome sequencing has been widely used for research purposes, but also has important clinical applications. For example, the management of highly active anti-retroviral therapy (HAART) for HIV relies heavily on viral sequencing for detection of mutations conferring drug resistance. HAART has dramatically improved survival of patients with HIV, but successful therapy requires long-term

suppression of viral replication with anti-retroviral drugs, which may be prevented by impaired host immunity, sub-optimal drug penetration to host tissue compartments and incomplete patient adherence to therapy<sup>18</sup>. Where viral replication continues to occur, the high mutation rate of HIV enables resistance variants to emerge. It has become standard practice in many parts of the world to sequence the HIV *pol* gene, which encodes the main viral enzymes, for mutations conferring resistance to inhibitors of reverse transcriptase, integrase and protease<sup>19</sup>, particularly when patients are first diagnosed and when viral loads indicate treatment failure. Sequencing resistance mutations has allowed more targeted alterations in treatment with significantly greater reductions in virus loads compared with standard care (undetectable HIV load in 32% vs 14% of patients after six months)<sup>20,21</sup>. Thus sequencing resistance mutations to guide HIV treatment improves disease outcomes. Similar approaches have been taken for identifying HCV<sup>22</sup>, HBV<sup>23</sup>, and influenza<sup>24</sup> resistance mutations.

### Why sequence whole genomes?

Limited sequencing of the small number of genes that are targeted by anti-viral agents, such as the HIV polymerase gene, has hitherto been the norm in clinical practice. For detecting a limited number of antiviral resistance mutations, WGS has been too costly and labour-intensive to justify. However, the increase in numbers of antivirals targeting genes that are located across the genome, coupled with falling costs of sequencing and the use of sequence data for transmission studies, are driving a reappraisal of the need for WGS. For example, antiviral treatment for HCV now targets four gene products (NS3, NS4A, NS5A, NS5B) encoded by more than 50% of the viral genome<sup>25</sup>. Separate targeted sequencing for each of these can be as expensive and time consuming as WGS<sup>26</sup>. Partial genome sequencing is particularly problematic for larger viral genomes most notably those of the herpesviruses HCMV<sup>11</sup>, VZV<sup>27</sup>, HSV-1<sup>28</sup> and -2<sup>29</sup>. These have traditionally been treated with drugs targeting the

protein/thymidine kinase and DNA polymerase genes. However the growing numbers of drugs in development that interact with different proteins encoded by viral genes scattered across the genome, means that the targeted sequencing of multiple genes required for resistance testing is costly and less tractable<sup>30</sup>. Sequencing the whole genome captures all resistance mutations simultaneously and obviates the need to design and optimise new PCR assays for detecting resistance to new drugs. A good example of this is HCMV, where WGS can simultaneously capture the genes with products targeted by the licensed therapies such as UL27 (unknown function), UL54 (DNA polymerase), and UL97 (protein kinase), as well as newer drugs such as letermovir which targets UL56 (terminase complex), enabling comprehensive anti-viral resistance testing in a single test<sup>11</sup>. At the same time WGS has the potential to provide information on epitopes, evolution of sequences within a patient over time<sup>11</sup>, and evidence of recombination between HCMV strains<sup>31</sup>. WGS can highlight putative novel drug resistance mutations, or predicted changes to epitopes, although phenotypic testing of any findings in a model system is required to confirm clinical resistance (e.g. <sup>32</sup>) or to map epitope changes (e.g. <sup>33</sup>). As pre-existing resistance to anti-viral drugs (for example, protease inhibitor-resistant HCV<sup>34</sup> and nucleoside analog reverse transcriptase inhibitor-resistant HBV<sup>35</sup>) increases, whole genome sequences will provide the comprehensive resistance data required for selecting appropriate treatment to achieve good patient outcomes. A complete knowledge of all resistance mutations can also support more radical management decisions. In a recent case report, identification of extensive genome-wide HCMV drug resistance within a patient supported the clinical decision to change to immunotherapeutic treatments, specifically autologous cytomegalovirus-specific T cells<sup>36</sup>. Whole genomes may also better identify transmission events and outbreaks, which is not always possible with sub-genomic fragments. For example, sequencing respiratory syncytial

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virus (RSV) genomes demonstrated that variation was present outside the gene traditionally used for genotyping, and could be used to help track outbreaks within households, where there had been insufficient time for single genes to accumulate enough genetic variability to be used for transmission studies<sup>37</sup>. The increased number of phylogenetically informative variant sites obtained from generating full or near full length genomes has been shown to obviate the need for high quality sequences, allowing robust linking of Ebola cases and public health interventions in real time during the recent epidemic<sup>38</sup>. This also applies to Zika virus, and Box 2 explores the role of WGS in public health efforts to control the outbreak in South America. The increased use of whole pathogen sequencing routinely for diagnostic purposes<sup>39</sup> is likely to have wider clinical and research benefits. For example HIV genome sequencing to identify resistance mutations, can also be used to explore questions related to viral evolution<sup>40</sup>, public health<sup>41</sup> and viral genetic association with disease. This includes well-powered genotypephenotype association studies or genome-to-genome association studies, which look for associations between viral genetic variants, host genetic variants, and outcomes of infection, such as viral load set point in HIV infection<sup>42</sup>.

### Why do we need deep sequencing?

Modern methods which make use of massively parallel sequencing provide better opportunities to examine pathogen diversity through analysis of viral populations within or between hosts that contain nucleotide variants or haplotypes at low (sub-consensus, less than 50%) frequencies. Minority variant analysis is particularly powerful for RNA or retro-transcribing viruses, because they typically have high within-host nucleotide diversity. HIV is the classic example; the viral replication cycle utilises an error-prone reverse transcriptase enzyme that introduces mutations at an extremely high rate  $(4.1 \pm 1.7 \times 10^{-3} \text{ per base per cell})^{43}$ . This results in a given patient containing not one, but many closely related viruses each bearing subtly

different variants, sometimes described as a quasispecies or cloud of intra-host viral diversity. The presence of a mixed population of viruses introduces problems for determining the true consensus 'majority' sequence, but these minority (non-consensus) variants may also alter the clinical phenotype of the virus, or predict changes in genotype, tropism or drug resistance. For example, a minor variant conferring drug resistance in HIV present at only 2.1% of sequencing reads in a baseline patient sample can rapidly rise to become a majority (consensus) variant under the selective pressure of drug treatment<sup>44</sup>. Investigators have observed similar changes in frequency of resistance-associated alleles during treatment of viruses such as HBV<sup>45</sup>, HCV<sup>46</sup>, HCMV<sup>11</sup> and influenza<sup>47</sup>. Sensitive deep-sequencing of viruses is not only required to detect drug resistance: for HIV, it is also key in genotypic prediction of receptor tropism, which has clinical implications in treatment of HIV. HIV can be grouped genotypically by its cellular co-receptor usage as R5 (CCR5-using), X4 (CXCR4-using) or R5X4 (dual tropism). Maraviroc is a CCR5 receptor antagonist, blocking infection by R5-tropic HIV genotypes, but contraindicated in HIV+ individuals who have X4 or R5X4 HIV genotypes. Just a 2% frequency of X4 or R5X4 genotypes is predictive of maraviroc treatment failure<sup>48</sup>. Sub-consensus frequencies of X4 or R5X4 HIV are also important to the success<sup>49</sup> or failure<sup>50</sup> of bone marrow transplants from CCR5-deleted (CCR5-Δ32) donors. This may influence decisions to continue or stop anti-viral therapy in these patients<sup>49</sup>. Detection of minority variants and haplotype identification may also detect mixed infections. In HCMV mixed-genotype infections or super-infections<sup>51</sup> are associated with poor clinical outcomes - detection of these by WGS might support a decision to treat disease in these patients more aggressively. Establishing the clinical associations of minority variants is clearly important, as with maraviroc treatment failure; Sanger sequencing of a virus population can detect minority

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variants down to frequencies of between 10 and 40% (e.g. 52), whilst NGS can sequence those same PCR amplicons to a much greater depth<sup>53</sup>, and consequently capture more of the variability present. Thresholds of sensitivity and specificity established need to be specific to the virus in question, and reflect the potential biases of the sequencing methods used. Many studies of HIV drug resistance utilising deep-sequencing of PCR amplicons require minority variants to be present at >1%, to reduce the possibility of false positives  $^{54,55}$ . This may lead to a failure to detect true drug resistance mutations at frequencies of 0.1%-1%, which may ultimately be associated with poor treatment outcome on some drug regimes<sup>55</sup>. While a 1-2% frequency threshold (or lower) may be clinically relevant to drug resistance in HIV, it is less clear whether the same degree of sensitivity would be required for monitoring vaccine escape in HBV or drug resistance in herpesvirues (discussed below). Large cohorts of patients will need to be followed with samples collected before, during and after treatment 44,48, to establish clinical significance thresholds for minority drug resistance<sup>11</sup> and vaccine escape variants for each virus. Direct deep sequencing of clinical material, either by shotgun or RNAseq methods (so called metagenomic methods) also provides the opportunity for unbiased detection of pathogen

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## Practical considerations for sequencing virus genomes

As previously alluded to, sequencing viral nucleic acid whether cultured or directly from clinical specimens, is complicated by the presence of contaminating host DNA<sup>56</sup>. This makes it different from bacterial sequencing which is easily carried out using clinical isolates and thus sample preparation is relatively straightforward (Table 2). Currently, genome sequencing of viruses can be achieved by ultradeep sequencing or by enriching for viral nucleic acid prior to

sequences and thus primary diagnosis of viral and other infections, thereby providing an

alternative to culture, electron microscopy and qPCR. This is discussed further below.

sequencing either directly or through prior concentration of viral particles. All approaches have their own costs and complexities.

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The three primary methods currently used for viral genome sequencing are summarised in Figure 1.

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# (i) Metagenomics - ultra deep sequencing

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Metagenomic approaches have been extensively used for pathogen discovery and for characterising microbial and general pathogen diversity in environmental and clinical samples<sup>57,58</sup>. Total DNA and/or RNA from a sample, including from host, bacteria, viruses, fungi and other pathogens present are extracted, put through library preparation and sequenced by 'shotgun' or RNA-seq methods (see Box 1). These approaches have proven to be very powerful for detecting  $viral^{59,60,61}$  and other causes  $^{62}$  of encephalitis where other conventional methods such as PCR have failed. Box 1 explores the growing diagnostic applications for metagenomics and RNAseq, for example in encephalitis of unknown aetiology (e.g. 63-65). In addition, a number of whole viral genomes have been sequenced in this manner, including Epstein-Barr virus (EBV)<sup>66</sup> and HCV<sup>26</sup>. However, these methods may be insensitive, because of the presence of contaminating host and commensal pathogen nucleic acid<sup>56</sup> (Table 2) in clinical specimens. For example on-target read yields (the proportion of reads matching the target genome) from metagenomic WGS of 0.008% (EBV genome from the blood of a healthy adult<sup>67</sup>), 0.0003% (lassa virus genomes from clinical samples<sup>68</sup>) and 0.3% (a filtration and centrifugation enriched Zika virus sample<sup>69</sup>) have been reported. The read depths obtained are often inadequate for robust resistance calling<sup>26</sup> and the cost is high. Thus the method has typically only been performed on a small number of samples for research purposes (e.g. <sup>69,70</sup>). To improve read depths, concentration of viral particles prior to sequencing (as for example in

the Zika case<sup>69</sup>), depletion of host material or ultra-deep sequencing have been employed, all of which add to the cost. Concentrating viral particles from clinical specimens by antibodymediated pulldown (e.g. VIDISCA), filtration, or ultracentrifugation, to isolate a fragment size profile, and depletion of free nucleic acid<sup>71-74</sup> have all been tried. These host nucleic acid depletion methods may result in there being insufficient viral nucleic acid for sequencing library preparations. To overcome this, non-specific amplification methods (e.g. multiple displacement amplification; MDA) which make use of random primers and phi 29 polymerases may be effective in increasing DNA load. However, these approaches are time consuming, costly, and may increase the risk of biases, error and contamination without necessarily improving the sensitivity of sequencing<sup>75,76</sup>. Moreover, there are often still a high proportion of host reads present in treated samples<sup>77</sup>. Where metagenomic methods are used for pathogen discovery or diagnosis, appropriate bioinformatic tools and databases capable of evaluating whether detected pathogens sequences are truly likely to be the cause of infection, innocent bystanders or contaminants are critical. Bioinformatic analyses of large metagenomic datasets places an increased burden on high performance computational resources. The fact that metagenomics requires no prior knowledge of the viral genome, can be considered a strength<sup>26</sup> in that it allows novel viruses to be sequenced without the need for primer or probe design and synthesis. This is particularly apposite for rapid responses to emerging threats such as Zika<sup>78</sup>. Metagenomic viral genome sequencing may also 'piggy back' on projects to sequence virus-associated cancer genomes, which informs clinical care of the cancer or provides further information on cancer evolution, while generating high coverage of integrated virus genomes as part of the process<sup>66</sup>. However, the presence of incidental findings (human genome sequences with potential disease associations, pathogens which were not part of the question that prompted the initial sequencing) may also present ethical (and even diagnostic)

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dilemmas for some applications of clinical metagenomics (discussed below and reviewed in <sup>79</sup>). A recent case in point was a cluster of acute flaccid myelitis cases associated with enterovirus D6880. The analysis of the metagenomic datasets derived from patients was the  $formal^{81}$ subject of discussion through and informal scientific channels (http://omicsomics.blogspot.co.uk/2015/07/leaky-clinical-metagenomics-pipelines.html), with different groups disagreeing over the interpretation of the same data, especially as some of the alternative pathogens detected can cause treatable bacterial disease. Regulation and reporting frameworks will be important to resolve future issues of this kind.

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### (ii) PCR amplicon enrichment,

An alternative to metagenomic approaches is to enrich for the specific viral genome prior to sequencing. PCR amplification of hundreds to thousands of base pairs of viral genetic material using primers that are complementary to a known nucleotide sequence has been the most common approach to enriching for small viral genomes such as HIV and influenza, prior to NGS sequencing for diagnostic and public health purposes. Recent examples of this approach being applied for public health include sequencing measles virus by PCR-WGS to provide maximum phylogenetic resolution of an outbreak at the 2010 Winter Olympics<sup>82</sup>, sequencing of Ebola virus genome to study epidemic dynamics<sup>38</sup>, and Zika virus genome sequencing (explored in Box 2). PCR whole-genome sequencing of norovirus (7.5kb genome) has been used to understand norovirus transmission in community<sup>83</sup> and hospital<sup>84</sup> settings. For example, this research showed that some cases within a hospital with plausible epidemiological linkage were in fact independent introductions of the pathogen; but that other cases were the result of transmission, despite infection control practices being in place<sup>84</sup>. Other PCR-based deep sequencing studies have generated multiple whole genomes for influenza<sup>85</sup> (~13.5kb), dengue<sup>86</sup> (~11kb), and HCV<sup>87</sup> (9.6kb). This method is feasible (as with PCR and Sanger sequencing)

because these viruses all have relatively small genomes, requiring only a small number of PCR amplicons to assemble whole genome sequences. RNA virus heterogeneity may however necessitate the use of multiple overlapping primer sets to ensure comprehensive amplification of all genotypes, for example HCV<sup>26</sup>, norovirus<sup>83</sup>, rabies<sup>88</sup> and RSV<sup>37</sup>. PCR amplicon sequencing is also more successful for WGS of samples with low virus loads than metagenomic methods<sup>26</sup>, although other methods such as target enrichment of viral sequences may work equally well in low copy number samples (e.g. low copy norovirus samples<sup>89</sup>). Overlapping PCRs combined with NGS have been used to sequence the whole genomes of larger viruses such as HCMV<sup>90</sup>, but this overlapping amplicon method has limited scalability, since many primers are needed90 and a greater amount of starting DNA to allow for each additional PCR, which may not be available from clinical samples. This limits the number of suitable samples available and also the genomes which can be studied with this method. A molecular epidemiology study of the relatively small Ebola genome required between 8 and 19 PCR products to amplify the genome for MinION nanopore sequencing<sup>38</sup>, whilst 14<sup>83</sup> and 22 pairs<sup>84</sup> of primers were needed to amplify and Illumina sequence norovirus genomes. This becomes less practical in a clinical rather than research setting because of the high laboratory workload associated with large numbers of discrete PCR reactions, the necessity for individually normalising concentrations of different PCR amplicons prior to pooling, the increasing probability of reaction failure due to primer mismatch, particularly in very variable genomes and the increasing labour and consumables cost associated with multiple PCR reactions<sup>91</sup>. Therefore, although PCR-based sequencing of viruses as large as 250 Kb is technically possible, the proportional relationship between genome size and technical complexity make PCR sequencing of sequencing viral genomes beyond 20 - 50 Kb impractical with current technologies, particularly with regards to large multi-sample studies or routine diagnostics. Another consideration is that increasing PCR reactions require a corresponding

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increase in available sample, and this is not always possible where clinical specimens are limited. Improvements in microfluidic technologies may help to overcome some of these barriers to PCR-based methods, for example Fluidigm, RainDance and other 'droplet' sequencing technologies. Microfluidics-based PCR and pooling of multiple amplicons have been used successfully to sequence multiple anti-microbial resistance loci, for example 92, and can also applied to viral genomes, potentially down to the single-cell sequencing level.

PCR may encounter problems in amplifying highly variable pathogens such as HCV 93 and norovirus where there are many different genotypes, with some genotypes encountering primer amplification issues 26,89, or where there is insufficient characterisation of intra-genotypic diversity, leading to primer mis-matches 83. Careful design of degenerate primers may help to mitigate these problems, but novel variants still present a risk to detection and amplification.

### (iii) Target Enrichment methods

Target enrichment (TE) methodologies (also known as pulldown, capture or specific enrichment methods) represent one solution to problems of PCR or metagenomic sequencing of virus genomes. We and a number of other groups have been developing methods that can be used to sequence whole viral genomes directly from clinical samples without the need for prior culture or PCR<sup>94-96</sup>. These methods typically involve small RNA/DNA probes designed to be complementary to the pathogen reference sequence (or panel of references). Unlike in specific PCR amplicon based methods, the entire genome can be covered by a single tube of overlapping probes which are used in a hybridisation reaction to capture or 'pull down' complementary DNA sequences bound to a solid phase (e.g. streptavidin-labelled magnetic beads) from the total nucleic acids present in a sample, followed by sequencer-specific (e.g. Illumina) adaptor ligation and a small number of PCR cycles to enrich for successfully ligated fragments. This has been used successfully to characterise large and small clinically relevant viruses such as HCV<sup>26</sup>, HSV1<sup>97</sup>, VZV<sup>96</sup>, EBV<sup>98</sup>, CMV<sup>66</sup>, HHV6<sup>99</sup> and HHV7<sup>100</sup>. The reaction

is performed in a single well and, like microfluidics-based PCR reactions, is amenable to high throughput automation 98. The lack of a culture step means that the sequences obtained are more representative of original virus than cultured viral isolates, with fewer mutations than observed in PCR amplified templates<sup>66,96</sup>. The success of this method is in part based on the number of available reference sequences for the virus of interest: specificity increases when baits are designed against a larger panel of reference sequences, leading to better capture of the breadth of within and between sample diversity. TE probe design allows for limited mismatching between template and probe, but whilst PCR requires only knowledge of flanking regions of a target region, TE requires knowledge of the internal sequence in order to design baits. This is balanced by the fact that TE is less vulnerable to a single amplicon failure due to mismatch as internal and overlapping regions may still be captured even if one probe fails 66,96. As such TE is not suitable for characterisation of novel viruses with low homology to known viruses, where metagenomics (or in some cases, PCR using degenerate primers), may be more appropriate. As with all methods, the technique is also subject to constraints with regard to starting viral load. We have shown that although capable of sequencing virus from viral loads as low as 2000 IU/ml (HCV) or 2500 IU/ml (HCMV), targets could only be enriched so much, leading to reduced depth of coverage in sequencing data at lower viral concentration<sup>26,66</sup>. With metagenomics, the proportion of sequencing data mapping to the pathogen genome (the ontarget read percentage) that can be expected from unenriched sequencing of clinical samples is small. Depending upon the starting pathogen load in a sample, TE can enrich percentage ontarget viral reads from 0.01% up to 80% or more<sup>66</sup>. This allows a higher degree of multiplexing than unenriched metagenomics, and brings an accompanying decrease in the price of sequencing, albeit with a relative increase in the cost of library preparation. There are alternative approaches to enriching viral reads which include pulse-field gel electrophoresis <sup>101</sup>,

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which separates large viral genomes from smaller host DNA fragments, allowing for sequencing libraries composed of a smaller proportion of contaminating host DNA.

Enrichment techniques which make use of degenerate RNA or DNA probes to hundreds of viral species to pull viral nucleic acid out of samples and sequence them, e.g.the VirCapSeq method, have also been developed<sup>102</sup>. This method is designed for detection of both known and novel viruses, although its performance remains to be evaluated.

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# **Comparison of all three methods**

To date, there has been very little direct comparison between the three methods for viral genome sequencing in clinical practice, with only one paper evaluating relative performance for HCV sequencing<sup>26</sup>. Results from this study, in which three different enrichment protocols, two metagenomic methods and one overlapping PCR method were evaluated, showed that metagenomic methods were the least sensitive, yielding the lowest genome coverage for comparable sequencing effort and were more prone to yield incomplete genome assemblies. The PCR method was the least tractable and most labour intensive, requiring repeated amplification and was the most likely to miss mixed infections, but where reactions were successful, yielded the most consistent read depth, whereas metagenomics and TE yielded read depths in proportion to virus copy number. Some HCV genotypes (particularly genotype 2) were more prone to generate incomplete sequences when PCR was used instead of metagenomics or TE. Targeted enrichment was the most consistent method, achieving full genomes and identical consensus sequences. The ease of library preparation for metagenomic and TE sequencing of HCV was considered a major advantage for clinical sequencing, but PCR may still be appropriate for very low virus load samples. Similar results were achieved in a study comparing norovirus sequencing from PCR amplicons and target enrichment<sup>89</sup>. TE generated 100% genome coverage in 164/164 samples, while PCR-

based capsid sequencing was only possible in 158/164 samples, with PCR failures attributable to low virus titres and PCR primer mismatches, suggesting TE is more sensitive than PCR for norovirus sequencing and better accommodates between-strain sequence heterogeneity<sup>89</sup>. TE has also been used as a fall-back method for samples with lower virus loads which do not give WGS after metagenomic sequencing<sup>103</sup>. Both metagenomic and TE methods have the advantage that they are applicable to all size pathogen genomes, whereas PCR based methods are less tractable for sequencing larger viral genomes or for non-viral (e.g. bacterial, fungal, parasite) pathogen genomes.

These direct comparisons of different methods<sup>26,89</sup> will be important in demonstrating the situations in which each method should be used, based on their sensitivity and specificity, as well as factors which are relevant to clinical diagnostic labs such as cost, scalability and turnaround time (summarised in Table 1).

### Challenges of analysis and interpretation

Beyond the technical challenges of method choice for viral WGS, there are a number of other roadblocks which may slow the advance of WGS in the clinic. They may be considered in three groups: ethical issues, including incidental host and microbiological findings; regulatory issues, such as the establishment of standards, good laboratory practice and sensitivity and specificity thresholds for sequencing; and analytical issues, regarding data interpretation and the proliferation of analysis options.

# **Ethical issues and incidental findings**

In many clinical tests (e.g. MRI scans, host genome sequencing), there is a risk of detecting a disease association that was not part of the original investigation yet may have clinical significance for the individual or their family. These so called 'incidental findings' remain a

topic of intense medical ethical debate<sup>104</sup>. The risk of incidental findings in pathogen sequencing (e.g. discovery of HIV infection during metagenomic sequencing for other pathogens) is not unique and has been resolved in clinical virology laboratories, where multiplex PCRs are used and only one of the tests has been requested. In these cases it is the practice of the laboratory to suppress the result that has not been requested (personal communication, J Breuer). In UK laboratories, the clinical virologist who interprets the test results is part of the team managing the patient and as such may decide to discuss an unexpected result with the physician-in-charge. Incidental *host* genetic findings (e.g. detection of variants that predispose to cancer risk) from a pathogen metagenomics study are not reported to the individual in the UK, because this reporting is only permissible with patient consent. In regard to both host and virus incidental findings, targeted enrichment and PCR have an advantage as they target only the pathogen of interest. The ethical and privacy concerns associated with the presence of host genetic data in publically available metagenomic datasets have been well reviewed by Hall and colleagues<sup>79</sup> and represent a separate challenge.

### Regulatory challenges

Regulation, as well as helping to address some of the concerns addressed above, will also be important in standardising WGS of viruses. The framework required to make viral WGS sufficiently robust and reproducible in clinical practice will come from a number of areas.

The framework of laboratory accreditation and benchmark testing already available (for example CLIA in the USA, or accreditation against medical laboratory quality and competence standardisation criteria for ISO 15189) will support the development of viral WGS standards if there is sufficient pressure from hospitals, journals and funding agencies.

Lessons learned from the use of PCR in diagnostics may be useful here, beginning with ensuring good clinical laboratory and molecular practices<sup>105,106</sup>. This will mean including

negative samples in every sequencing run, to assess contamination thresholds, spiking samples with a known virus to provide a sensitivity threshold and including positive controls and controls for batch-to-batch variation<sup>1077</sup>, all of which will increase sequencing costs and are likely to deter adoption of pathogen genome sequencing by laboratories sequencing small batches of samples. The result may be to drive centralisation of virus WGS to ensure adequate standards are kept, ensure large batches of samples and keep costs down. The issues of sensitivity and contamination are especially important in WGS because of the risk of both false-negative and false-positive detection of pathogens. Highly sensitive sequencing (whether metagenomic, PCR or TE based) may detect low-level contaminating viral nucleic acid (reviewed in 108,109). For example murine leukaemia virus 110,111 and parvovirus-like sequences<sup>112,113</sup> are just two of many contaminants that have been recognised to come from common laboratory reagents such as nucleic acid extraction columns 114. As with other highly sensitive technologies, robust laboratory practices and protocols are needed to minimize contamination. It is also important to remember that detection of viral nucleic acid does not necessarily identify the cause of illness, and it is good practice when using NGS methods for diagnosis of viral infections to confirm the findings with alternative, independent methods which do not rely on nucleic acid testing. For example in cases of encephalitis of unknown origin, positive NGS findings can be confirmed by immunohistochemical analysis of the affected tissue<sup>59,115</sup>, or identification of the virus by electron microscopy or tissue culture<sup>79</sup>. The standardisation of methods, including bioinformatics approaches will be key to the successful use of NGS and WGS in clinical virology. Software packages that use a graphical user interface (GUI) rather than requiring command-line expertise, with strict version control of software and analysis pipelines to make results reproducible, best practices easily shareable, and to allow accreditation of analysis software will be necessary, whilst retaining an appreciation that best-practice analysis methods are continually evolving and prematurely

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standardising in an overly rigid manner may inhibit innovation. Commercialisation and regulation may help, providing financial and regulatory incentives to ensure that analysis tools and technologies meet the needs of clinical sequencing for virology. Finally for drug resistance, the development of well curated databases of which mutations are truly indicative of drug resistance will be critical for accurate clinical interpretation. Such databases have already been created for HIV<sup>116</sup>, HBV<sup>117,118</sup> and HCV<sup>119</sup>, but without recognition of their value by funding agencies, and corresponding centralised funding to ensure their continued maintenance and upkeep, tools may become swiftly outdated or unusable.

# Financial barriers to the use of viral WGS in a clinical setting

While there are good reasons for sequencing whole genomes, and the general use of NGS, if diagnostic or hospital-based laboratories are to be persuaded to make the transition away from sequencing sub-genomic fragments, they need to see not only that the additional information gained from WGS is really of benefit to patient care; but that WGS is (or will become) as scalable and automatable as sub-genomic fragment sequencing, that the regulatory framework is suitable and that the price of sequencing whole genomes is competitive with sequencing fragments.

Currently the costs of sequencing viral genomes, notwithstanding their small size, remain generally higher than sequencing of sub-genomic target resistance genes. Equally, whole genome information may provide important additional knowledge, as discussed above. The cost difference between sequencing a target region and the whole virus genome is largely governed by the size of the genome versus the size and number of target loci.

### What does the future hold? Long-read sequencing and host depletion

Current generation NGS technologies based around Illumina, 454, Ion Torrent or Sanger methodologies as described above have the ubiquitous problem of generating short-read data which presents challenges for haplotype phasing of intra-host minor variants, which aims to identify whether a set of genetic variants occur on the same genetic background (clonal population) or on related, highly-similar but different genetic backgrounds within the same population (sometimes called a viral swarm or cloud); as well as sequencing across repetitive, recombinatorial or mobile genetic regions which are more difficult to resolve using short reads due to problems such as mapping ambiguities. The clinical implications of understanding whether, for example, multi-drug resistance occurs on a clonal genetic background or in a mixed population of viruses with different drug resistance profiles is currently unclear. While there are computational tools (e.g. 120) to help resolve these issues, especially of interest to researchers, there are also new technologies available. Newer single molecule sequencers such as PacBio (Pacific Biosciences) and MinION (Oxford Nanopore) are capable of extremely long read sequencing, and in some cases whole viral sequences (for example viruses with genomes under 20kb, such as Ebola virus, norovirus and influenza A) could theoretically be obtained from single reads. The MinION also has the advantage of being very fast, taking in some cases as little as four hours to go from sample receipt to reporting of analysed data<sup>121</sup>. Data on viral read lengths achieved from MinION sequencing have been relatively modest (e.g. mean read lengths of: 751bp (Modified Vaccinia Ankara), 758bp (cowpox virus)<sup>122</sup>, 455bp [range 126–1477] (chikungunya virus), 358bp [220–672] (Ebola virus), 1576bp<sup>123</sup> or 6895bp (HCMV)[personal communication, M Beale] and 572bp [range 318–792] (HCV)<sup>124</sup>). Results from the better-established PacBio technology are more promising, including a recent report of a pseudorabies virus genome sequenced with a mean read length of 12,777bp (against a double-stranded DNA genome ~142kp in length)<sup>125</sup>, and 9.2kb reads have been achieved in

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PacBio HCV genome sequencing (where only 9.2kb of the 9.6kb had been pre-amplified by PCR)<sup>126</sup>. A drawback of both NGS and single-molecule sequencing however is the need for high coverage to minimize the impact of sequencing errors, particularly in the context of drug resistance studies, as drug resistance most frequently results from single nucleotide mutations or small deletions (1-3 bases), especially in lower-fidelity RNA viruses<sup>127</sup>. This can be a challenge where the amount of viral genome is dwarfed by the presence of host DNA, and when the error profile of a technology makes point mutations particularly hard to detect accurately<sup>121</sup>. At the time of writing, MinION sequencing (R9 pore chemistry) has raw 2D read error rates of ~5% [personal communication, Josh Quick], which compares unfavourably with Illumina (<0.1%), Ion Torrent (~1%) and PacBio (13% single pass, <1% with circular consensus read) error rates<sup>128</sup>. However, demonstration of the potential for using these long read technologies with target enrichment provides a potential way forward 123,129, as ambiguities can be resolved if sufficient depth of sequence is achieved for the target pathogen, and errors rates for all methodologies may be reduced with technological and analytical improvements. Products or methods which can deplete the host genetic background but not the viral nucleic acids within a sample would be an alternative solution, meaning a higher proportion of virus reads would be recovered from each sequencing run. While there are already solutions in place for bacterial sequencing (e.g. human ribosome RNA or mitochondrial depletion, selective depletion of DNA with a certain methylation pattern), there are no dedicated products for viral sequencing.

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### Conclusion

Whole virus genome sequencing is of growing importance in a clinical context, for diagnosis, disease management and molecular epidemiology (including infection control). There are a

number of methods available to achieve WGS of viruses from clinical samples. Currently the choice of methodology (amplicon sequencing, target enrichment or metagenomics) is specific to both the virus and the clinical question. Metagenomic sequencing is most appropriate for diagnostic sequencing of unknown or poorly characterised viruses, PCR works well where viral genomes are short and diversity in primer binding sites is low, while target enrichment works for all pathogen sizes, but is particularly advantageous for large viruses and for viruses with diverse but well characterised genomes. Two obvious areas of innovation currently exist: firstly for methods that can effectively deplete host DNA whilst preserving viral DNA, and secondly for further development in the long-read technology market in order to achieve the range of flexibility and competitive pricing that exists in the short-read market. New technologies are needed to unite the strengths of these different methods and allow healthcare providers to invest in a single technology which is suitable for all viral WGS applications.

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#### Box 1. RNA-seq and metagenomics diagnostics.

### **BOX:RNASEQ AND METAGENOMICS DIAGNOSTICS**

In cases of encephalitis of unknown origin, metagenomic techniques are becoming increasingly promising diagnostic tools. There are a variety of protocols in use, but the clearest distinction is between RNA-seq and metagenomics. RNA-seq is the sequencing of either the total RNA or a subset of RNA extracted from a sample (cerebrospinal fluid or brain biopsy, for example), converted to cDNA and sequenced. Metagenomics is generally used to describe the same procedure for DNA, but may also include simultaneous sequencing of DNA and RNA by incorporating a cDNA synthesis step. RNA-seq methodologies may improve detection of pathogenic viruses, as many viruses have RNA genomes; the expression of viral genes in the CSF or brain is indicative of both the presence of the virus, and which viral genes are being transcribed. However, DNA viruses which experience low-level transcription may be poorly detected using RNA-seq and read numbers for DNA viruses may be higher in metagenomic datasets<sup>64</sup>.

Both methods have successfully identified new or known viral pathogens implicated in encephalitis of unknown origin. Metagenomics has been used to aid in diagnosis and characterisation of enterovirus D68 in cases of acute flaccid paralysis<sup>80</sup>. Metagenomics identified herpesviruses in the CSF of four patients with suspected viral meningoencephalitis<sup>130</sup>. RNA-seq also successfully identified HSV1 in an encephalitis case, although the use of a DNAse I digestion (intended to lower the amount of host nucleic acid

in the subsequent sequencing library) lowered the number of HSV1 reads<sup>64</sup>. Mumps vaccine virus has also been detected a chronic encephalitis case using RNAseq [Morfopoulou, S. Deep sequencing reveals persistence of cell-associated mumps vaccine virus in chronic encephalitis. Acta Neuropathologica (In Press.)].

RNA-seq has been very successful in identifying encephalitis caused by astroviruses<sup>131,132</sup> and coronaviruses<sup>59</sup>. The deaths of three squirrel breeders from encephalitis was linked to a novel squirrel bornavirus through the use of a metagenomic protocol in which DNA and RNA were separately extracted and sequenced as discrete libraries, providing complementary data<sup>63</sup>. Ultimately, metagenomics provides more information about the virus genome present in a sample than PCR alone, which may be important for molecular epidemiology, while RNA-seq has the power to selectively capture information on which sequences are present, as well as informing researchers about viral gene expression of relevance to pathology.

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Box 2: The role of whole-genome sequencing in Zika virus epidemiology and infection control

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Zika whole-genome sequencing is being used to understand the epidemiology of the outbreak (where did the virus come from? When did it enter Brazil?); to understand the connection between the virus and microcephaly; and to inform control measures, by stopping importation or interrupting transmission from a reservoir, and informing blood safety measures in hospitals, for example by demonstrating transfusion transmissibility of the virus. Whole-genome (or near whole-genome) sequence is required from flavivirus genomes to give molecular epidemiology studies sufficient power<sup>41</sup>. WGS, phylogenetic analysis and molecular clock dating, combined with other epidemiological data, were useful in excluding

hypotheses about the introduction of Zika virus to South America<sup>41</sup>. For example, the most recent common ancestor of strains circulating in Brazil predates the 2014 football World Cup, making it highly unlikely that this event was responsible for introducing Asian-lineage Zika virus to South America<sup>41</sup>.

WGS is also central to understanding Zika virus pathogenesis, and could be used to interrogate the whole genome of Zika virus for changes associated with microcephaly, as not enough of the virus's biology is currently understood to allow studies to limit themselves to smaller regions of the genome. It's likely that a wide sample of Zika whole genome sequences, from around the world and from microcephaly and asymptomatic cases, will be needed to be give confidence to any studies linking particular mutations to the birth defects seen in the recent Zika virus outbreak. No changes in the Zika virus genome have yet been unambiguously associated with microcephaly<sup>41,69,78</sup>.

Whole-genome and fragment sequencing were used to identify a case of probably transfusion transmission of Zika virus through a platelet donation. This has significant public health and infection control relevance as it suggests asymptomatic donors are capable of transmitting the virus to immunocompromised individuals, although PCR-based testing had already established the presence of Zika virus in the blood supply in a previous outbreak, in this case without molecular epidemiology to demonstrate cases of Zika virus in blood product recipients <sup>133</sup>. Blood products may need to be routinely screened for Zika virus <sup>134</sup>.

Finally, whole-genome sequencing of Zika isolates has found sequence polymorphisms within primer-binding sites<sup>135</sup>, which may make PCR-based diagnosis and virus load quantification more difficult. This highlights the need to characterise population-level diversity, especially in epidemics, where the locally circulating virus sequence may have diverged significantly from related sequences from other locations or time periods. A number of projects are underway to achieve these goals, including the ZIBRA mobile laboratory

project<sup>136</sup>, employing portable metagenomic sequencing of Zika virus (http://zibraproject.github.io/) and real-time reporting of results<sup>103</sup>.

### Figure 1: Major methods for sequencing viral genomes from clinical specimens.

All specimens originally comprise a mix of host (in blue) and pathogen (in red) sequences. Direct metagenomic sequencing provides an accurate representation of the sequences within the sample at the cost of high sequencing and data analysis/storage costs. PCR amplicon sequencing uses many discrete PCR reactions to enrich the viral genome, significantly increasing the workload for large genomes, but reducing the sequencing costs. Target enrichment sequencing uses virus-specific nucleotide probes bound to a solid phase to enrich the viral genome in a single reaction, reducing workload, but increasing library cost (relative to PCR).

# Table 1. Advantages and disadvantages of different viral sequencing sample

# preparation approaches

	Advantages	Disadvantages	
Metagenomics	<ul> <li>Simple, cost-effective sample preparation</li> <li>Can sequence novel/poorly characterised genomes</li> <li>Effective in 'pathogen fishing' approaches to identify potential underlying pathogen</li> <li>Low number of PCR cycles limits introduction of amplification mutations</li> <li>Preservation of minor variant frequencies</li> </ul>	<ul> <li>High sequencing cost to obtain sufficient pathogen sequence</li> <li>Relatively low sensitivity to target pathogen, and coverage proportional to viral load</li> <li>High proportion of non-pathogen reads increases computational challenges</li> <li>Incidental sequencing of human and off-target pathogens raises ethical/diagnostic issues</li> </ul>	

PCR	reflects in vivo variation  No primer/probe design enables rapid response to novel pathogens or sequence variants.  Tried and trusted — large technical resource of well- established methods and trained staff Highly specific — most sequencing reads will be pathogen, reducing sequencing costs Highly sensitive, with good coverage achievable even at low pathogen load Relatively straightforward to introduce new primer designs for novel sequences	<ul> <li>Labour intensive and difficult to scale for large genomes</li> <li>Iterating standard PCRs across large genomes requires high sample volume</li> <li>PCR reactions subject to primer mismatch, particularly in poorly characterised or highly diverse pathogens, or those with novel variants</li> <li>Limited ability to sequence novel pathogens</li> <li>High number of PCR cycles may introduce amplification mutations</li> <li>Uneven amplification of different PCR amplicons may influence minor variant</li> </ul>
Target Enrichment	<ul> <li>Single tube sample preparation suited to high throughput automation and sequencing of large genomes</li> <li>Increased specificity over metagenomics reduces sequencing costs</li> <li>Overlapping tiling of probes increases tolerance for individual primer mismatches</li> </ul>	<ul> <li>and haplotype         reconstruction</li> <li>High cost and technical         expertise for sample         preparation</li> <li>Unable to sequence         novel pathogens and         requires well         characterised reference         genomes for probe         design</li> <li>Sensitivity is         comparable to PCR but         coverage is         proportional to         pathogen load – low         pathogen load yields</li> </ul>

<ul> <li>Reduced number of</li> </ul>	low/incomplete
PCR cycles (relative	coverage
to PCR) limits	<ul> <li>Cost and time to</li> </ul>
introduction of	generate new probe sets
amplification	limits rapid response to
mutations	emerging/novel
<ul> <li>Preservation of minor</li> </ul>	sequences
variant frequencies	
reflects in vivo	
variation	

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# **Table 2. Limitations of viral sequencing**

	Bacteria	Viruses.	Challenges
Genome	dsDNA	dsDNA, ssDNA, partially dsDNA, ssRNA, dsRNA	Different extraction protocols for different viruses, use of cDNA synthesis in RNA viruses or second strand synthesis for ssDNA viruses,
Gene Conservation	Bacteria have highly conserved genes essential for life (e.g. 16s) allowing broad microbiome studies and surveys of taxa	No homologous genes between viruses of different phyla	Lack of conserved homology between viral phyla prevents universal primer based surveys of virome.
Culture	Often straightforward to culture and obtain pure, highly enriched bacterial DNA/RNA	Challenging to culture, and requires a host cell for replication	Cultured virus is heavily contaminated with host cell genome/transcriptome, reducing equivalent viral sequencing output
Clinical specimens	Hardy bacterial cells with cell walls can often be separated from human cells in clinical specimens using differential lysis methods	Viruses are intracellular pathogens, and cannot easily be separated from clinical samples prior to extraction	Clinical specimens are heavily contaminated with host genome/transcriptome, reducing equivalent viral sequencing output

		prior to extraction		
Bacteri methylat pattern	ion	Bacteria are prokaryotes and use different methylation patterns from eukaryotes. Host DNA can be depleted post-extraction using restriction endonucleases directed against CpG methylation	DNA viruses are often methylated by host intracellular machinery, and may possess similar methylation patterns	DNA digestion according to methylation patterns is less effective as a means of host-depletion for viral sequencing post-extraction

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