

1 Epigenetic Signatures of Cigarette Smoking

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1 **Abstract**

2 **Background:** Cigarette smoking increases the risk of multiple diseases including cancers,
3 osteoporosis, lung, and cardiovascular disorders. DNA methylation leaves a long-term
4 signature of smoking exposure and is one potential mechanism by which tobacco exposure
5 predisposes to these adverse health outcomes.

6 **Methods and Results:** To comprehensively determine the association between cigarette
7 smoking and DNA methylation, we conducted a meta-analysis of genome-wide DNA
8 methylation assessed using the Illumina BeadChip 450K array on 15,907 blood derived
9 DNA samples from participants in 16 cohorts (including 2,433 current, 6,518 former, and
10 6,956 never smokers). Comparing current versus never smokers, 2,623 CpG sites (CpGs),
11 annotated to 1,405 genes, were statistically significantly differentially methylated at
12 Bonferroni threshold of $p < 1 \times 10^{-7}$. Genes annotated to these CpGs were enriched for
13 associations with several smoking-related traits in genome-wide studies including
14 pulmonary function, cancers, inflammatory diseases and heart disease. Comparing former
15 versus never smokers, 185 of the CpGs that differed between current and never smokers
16 were significant ($p < 1 \times 10^{-7}$), indicating a pattern of persistent altered methylation, with
17 attenuation, after smoking cessation. Transcriptomic integration identified effects on gene
18 expression at many differentially methylated CpGs.

19 **Conclusions:** Cigarette smoking has a broad impact on genome-wide methylation that, at
20 many loci, persists many years after smoking cessation. Many of the differentially
21 methylated genes were novel genes with respect to biologic effects of smoking, and might
22 represent therapeutic targets for prevention or treatment of tobacco-related diseases.

1 Methylation at these sites could also serve as sensitive and stable biomarkers of lifetime
2 exposure to tobacco smoke.

3 **Keywords:** Epigenomic, smoking, meta-analysis, epidemiology

4

1 Introduction

2 Cigarette smoking is a major causal risk factor for various diseases including cancers,
3 cardiovascular disease (CVD), chronic obstructive pulmonary disease (COPD)¹, and
4 osteoporosis². Worldwide cessation campaigns and legislative actions have been
5 accompanied by a reduction in the number of cigarette smokers and corresponding
6 increases in the number of former smokers. In the US, there are more former smokers than
7 current smokers³. Despite the decline in the prevalence of smoking in many countries, it
8 remains the leading preventable cause of death in the world, accounting for nearly 6
9 million deaths each year⁴.

10

11 Even decades after cessation, cigarette smoking confers long-term risk of diseases
12 including some cancers⁵, chronic obstructive pulmonary disease, and stroke⁶. The
13 mechanisms for these long-term effects are not well understood. DNA methylation changes
14 have been proposed as one possible explanation.

15

16 DNA methylation appears to reflect exposure to a variety of lifestyle factors^{7,8}, including
17 cigarette smoking. Several studies have shown reproducible associations between tobacco
18 smoking and altered DNA methylation at multiple cytosine-phosphate-guanine (CpG)
19 sites⁹⁻²⁰. Some DNA methylation sites associated with tobacco smoking have also localized
20 to genes related to coronary heart disease¹⁰ and pulmonary disease²¹. Some studies have
21 found different associated CpGs in smokers versus non-smokers^{13,16}. Consortium-based
22 meta-analyses have been extremely successful in identifying genetic variants associated
23 with numerous phenotypes, but large-scale meta-analyses of genome-wide DNA

1 methylation data have not yet been widely employed. It is likely that additional novel loci
2 differentially methylated in response to cigarette smoking remain to be discovered by
3 meta-analyzing data across larger sample sizes comprising multiple cohorts. Differentially
4 methylated loci with respect to smoking may serve as biomarkers of lifetime smoking
5 exposure. They may also shed light on the molecular mechanisms by which tobacco
6 exposure predisposes to multiple diseases.

7
8 A recent systematic review¹⁸ analyzed published findings across 14 epigenome-wide
9 association studies of smoking exposure across various DNA methylation platforms of
10 varying degrees of coverage and varying phenotypic definitions. Among these were 12
11 studies (comprising 4,750 subjects) that used the more comprehensive Illumina Human
12 Methylation BeadChip 450K array (Illumina 450K), which includes and greatly expands on
13 the coverage of the earlier 27K platform. The review compares only statistically significant
14 published results and is not a meta-analysis which can identify signals that do not reach
15 statistical significance in individual studies ²².

16
17 In the current study, we meta-analyzed association results between DNA methylation and
18 cigarette smoking in 15,907 individuals from 16 cohorts in the Cohorts for Hearth and Aging
19 Research in Genomic Epidemiology (CHARGE) consortium using a harmonized analysis.
20 Methylation was measured on DNA extracted from blood samples using the Illumina
21 Human Methylation BeadChip 450K array. In separate analyses, we compared current
22 smokers and past smokers to non-smokers and characterized the persistence of smoking-
23 related CpG methylation associations with the duration of smoking cessation among former

1 smokers. We integrated information from genome-wide association studies (GWAS) and
2 gene expression data to gain insight into potential functional relevance of our findings for
3 human diseases. Finally we conducted analyses to identify pathways that may explain the
4 molecular effects of cigarette exposure on tobacco-related diseases.

5 **Materials and Methods**

6 **Study participants**

7 This study comprised a total of 15,907 participants from 16 cohorts of the Cohorts for
8 Heart and Aging Research in Genetic Epidemiology Consortium (Supplementary Table 1).
9 The 16 participating cohorts are ARIC, FHS Offspring, KORA F4, GOLDN, LBC 1921, LBC
10 1936, NAS, Rotterdam, Inchianti, GTP, CHS European Ancestry (EA), CHS African Ancestry
11 (AA), GENOA, EPIC Norfolk, EPIC, and MESA. Of these, 12,161 are of European Ancestry
12 (EA) and 3,746 are of African Ancestry (AA). The study was approved by institutional
13 review committees for each cohort and all participants provided written informed consent
14 for genetic research.

15 **DNA methylation sample and measurement**

16 For most studies, methylation was measured on DNA extracted from whole blood, but
17 some studies used CD4+ T cells or monocytes (Supplementary Table 1). In all studies, DNA
18 was bisulfite-converted using the Zymo EZ DNA methylation kit and assayed for
19 methylation using the Infinium HumanMethylation 450 BeadChip, which contains 485,512
20 CpG sites. Details of genomic DNA preparation, bisulfite conversion, and methylation assay
21 for each cohort can be found in the online Supplementary Materials.

1
2 Raw methylated and total probe intensities were extracted using the Illumina Genome
3 Studio methylation module. Preprocessing of the methylated signal (M) and unmethylated
4 signal (U) was conducted using various software tools, primarily DASEN of watermelon²³
5 and BMIQ²⁴, both of which are R packages. The methylation beta (β) values were defined as
6 $\beta = M/(M+U)$. Each cohort followed its own quality control protocols, removing poor
7 quality or outlier samples and excluding low quality CpG sites (with detection p-
8 value>0.01). Each cohort evaluated batch effects and controlled for them in the analysis.
9 Details of these processes can be found in the online Supplementary Materials.

10 **Smoking phenotype definition**

11 Self-reported cigarette smoking status was divided into three categories. Current smokers
12 were defined as those who have smoked at least one cigarette a day within 12 months prior
13 to the blood draw, former smokers were defined as those who had ever smoked at least
14 one cigarette a day, but had stopped at least 12 months prior to the blood draw, and never
15 smokers reported never having smoked. Pack years was calculated based on self-report as
16 the average number of cigarettes per day smoked divided by 20 multiplied by the number
17 of years of smoking, with zero assigned to never smokers. A few cohorts recorded the
18 number of years since each former smoker had stopped smoking.

19 **Cohort specific analyses and meta-analysis**

20 Each cohort analyzed its data using at least two linear mixed effect models. Each model was
21 run separately for each CpG site. Model 1 is as follows:

22 $\beta = \text{Smoking phenotype} + \text{Sex} + \text{Age} + \text{blood count} + \text{technical covariates}, (1)$

1 where blood count comprises the fractions of CD4+ T-cells, CD8+ T-cells, NK cells,
2 monocyte, and eosinophils either measured or estimated using the Houseman et al.
3 method²⁵. The blood count adjustment was performed only in cohorts with whole blood
4 and leukocyte samples. Familial relationship was also accounted for in the model when
5 applicable (*e.g.*, for FHS, see Supplementary Material for details). Acknowledging that each
6 cohort may be influenced by a unique set of technical factors, we allow each cohort to
7 choose its cohort-specific technical covariates. Model 2 added to model 1 body mass index
8 (BMI) because it is associated with methylation at some loci, making it a potential
9 confounder²⁶. Only three cohorts participated in model 2 analysis: FHS, KORA, and NAS.
10 Model 3 substituted smoking phenotypes for pack years. Only three cohorts participated in
11 model 3 analysis: FHS, Rotterdam, and Inchiante. The pack year analysis was performed
12 only on two subsets: current vs. never smokers and former vs. never smokers. Combining
13 all three categories would require accurate records of time of quitting, which among the
14 three cohorts was available for only FHS. To investigate cell type differences, we removed
15 blood counts from Model 1 and called it Model 4. Only three cohorts participated in this
16 analysis: FHS, KORA, and NAS. All models were run with the lme4 package²⁷ in R²⁸, except
17 for FHS (See Supplementary Materials for details).

18
19 Meta-analysis was performed to combine the results from all cohorts. Due to the variability
20 of available CpG sites after quality control steps, we excluded CpG sites that were available
21 in fewer than three cohorts. The remaining 485,381 CpG sites were then meta-analyzed
22 with a random-effects model using the following formula:

23
$$E_i = \mu + s_i + e_i, \quad (2)$$

1 where E_i is the observed effect of study i , μ is the main smoking effect, s_i is the between-
2 study error for study i , and e_i is the within-study error for study i , with both s_i and e_i are
3 assumed to be normally distributed. The model is fitted using the restricted maximum
4 likelihood (REML) criterion in R's *metafor*²⁹ package. Multiple-testing adjustment on the
5 resulting p-values was performed using the False Discovery Rate (FDR) method of
6 Benjamini and Hochberg³⁰. In addition, we also report results using the Bonferroni-
7 corrected threshold of 1×10^{-7} ($\approx 0.05/485,381$).

8
9 The regression coefficient β (from meta-analysis) is interpretable as the difference in mean
10 methylation between current and never smokers. We multiplied these by 100 to represent
11 the percentage methylation difference where methylation ranges from 0-100%.

12 **Literature review to identify genes previously associated with smoking and** 13 **methylation**

14 We used the same literature search strategy published previously³¹. A broad query of
15 NCBI's PubMed literature database using medical subject heading (MeSH) terms (“(((DNA
16 Methylation[Mesh]) OR methylation)) AND ((Smoking[Mesh]) OR smoking)”) yielded 775
17 results when initially performed on January 8, 2015 and 789 studies when repeated to
18 update the results on March 1, 2015. Results were reviewed by abstract to determine
19 whether studies met inclusion criteria: 1) performed in healthy human populations, 2)
20 agnostically examined >1,000 CpG sites at a time, 3) only cigarette exposure was
21 considered, and 4) with public reporting of P-values and gene annotations. A total of 25
22 publications met inclusion criteria, which is found in Supplementary Table 4 of Joubert et al.

1 article³¹. CpG level results (P-values and gene annotations) for sites showing genome-wide
2 statistically significant associations (FDR<0.05) were extracted and resulted in 1,185 genes
3 previously associated with adult or maternal smoking. All CpGs annotated to these 1,185
4 genes were marked as “previously found.”

5 **Gene set enrichment analysis (GSEA)**

6 Gene-Set Enrichment Analysis (GSEA)³² was performed in the website
7 (<http://software.broadinstitute.org/gsea/msigdb/annotate.jsp>) on significant findings to
8 determine putative functions of the CpG sites. We selected gene ontology (GO) biological
9 process (C5-BP) and collected all categories with FDR<0.05 (up to 100 categories).

10

11 **Enrichment analysis for localization to different genomic features**

12 Enrichment analysis on genomic features were performed using the annotation file
13 supplied by the Illumina (version 1.2, downloaded from manufacturer’s website,
14 [http://support.illumina.com/array/array_kits/infinium_humanmethylation450_beadchip_](http://support.illumina.com/array/array_kits/infinium_humanmethylation450_beadchip_kit/downloads.html)
15 [kit/downloads.html](http://support.illumina.com/array/array_kits/infinium_humanmethylation450_beadchip_kit/downloads.html)), which contains information of CpG location relative to gene (*i.e.*, body,
16 first exon, 3’ UTR, 5’UTR, within 200 base pairs of Transcriptional Start Site [TSS200], and
17 TSS1500), the relation of CpG site to a CpG island (*i.e.*, island, northern shelf, northern
18 shore, southern shelf, and southern shore), whether the CpG site is known to be in
19 differentially methylated regions, and whether the CpG site is known to be an enhancer or a
20 DNase I Hypersensitive Site (DHS). Enrichment analysis was performed using one-sided
21 Fisher’s exact set for each feature, using R’s `fisher.test`.

1 **Genome-wide association study (GWAS) analysis**

2 We intersected our results with SNPs having genome-wide association study (GWAS) p-
3 values $\leq 5 \times 10^{-8}$ in the NHGRI GWAS catalog (accessed November 2, 2015)³³. The catalog
4 contained 9,777 SNPs annotated to 7,075 genes associated with 865 phenotypes at $p \leq 5 \times 10^{-8}$.
5 To determine the genes, we looked up each significant CpG on the annotation file
6 supplied by Illumina. Enrichment analysis was performed on a per gene basis using one-
7 sided Fisher's exact test.

8
9 For bone mineral phenotype enrichment, we included all SNPs containing terms "bone
10 mineral density" or "osteoporosis". For cardiovascular disease (CVD), we included all SNPs
11 containing terms "cardiovascular disease", "stroke", "coronary disease", "cardiomyopathy",
12 or "myocardial infarction". For CVD risk factors, we included all SNPs containing terms
13 "blood pressure", "cholesterol", "diabetes", "obesity", or "hypertension". For overall cancer
14 enrichment, we included all SNPs containing terms "cancer", "carcinoma", or "lymphoma",
15 while removing those pertaining to cancer treatment effects. For overall pulmonary
16 phenotype enrichment, we included all SNPs containing terms "pulmonary disease",
17 "pulmonary function", "emphysema", "asthma", or "airflow obstruction".

18 **Analysis of persistence of methylation signals with time since quitting smoking among** 19 **former smokers**

20 We examined whether smoking methylation associations were attenuated over time in the
21 FHS cohort, which had ascertained longitudinal smoking status of over 35 years. The
22 analysis was performed on seven dichotomous variables, indicating cessation of smoking

1 for 5, 10, 15, 20, 25, and 30 years versus never smokers. For example, for five year
2 cessation variable, those who quit smoking five years or more are marked as ones, while
3 never smokers are marked as zeroes and current smokers are excluded. For this analysis,
4 we used the *pedigreemm* package³⁴ with the same set of covariates as in the primary
5 analysis. Sites with $p < 0.002$ across all seven variables were deemed to be statistically
6 significant compared to never-smoker levels.

7 **Methylation by expression (MxE) analysis**

8 To determine transcriptomic association of each significant CpG site, we interrogated such
9 CpG sites in the FHS gene-level methylation by expression (MxE) database, at genome-wide
10 false discovery rate (FDR) <0.05 . The MxE database was constructed from 2,262 individuals
11 from the FHS Offspring cohort attending examination cycle eight (2005-2008) with both
12 whole blood DNA methylation and transcriptomic data based on the Affymetrix Human
13 Exon Array ST 1.0. Enrichment analysis was performed using a one-sided Fisher's exact
14 test. We defined that the methylation CpG site and the corresponding transcript are
15 associated in *cis* if the location of the CpG site is within 500 kilobases of the transcript's
16 start location.

17 **Analysis of ethnic discrepancy between African Ancestry (AA) and European Ancestry** 18 **(EA) cohorts**

19 Meta-analysis of the current versus never smoker results of EA cohorts (FHS, KORA,
20 GOLDN, LBC 1921, LBC 1936, NAS, Rotterdam, Inchianti, EPIC, EPIC Norfolk, MESA, CHS-
21 EA) was performed separately from those of AA cohorts (ARIC, GTP, GENOA, CHS-AA). The
22 meta-analysis procedure was identical to that discussed previously.

1

2 **Analysis of samples types for DNA extraction**

3 Meta-analysis of the results of cohorts with whole blood/buffy coat samples (FHS, KORA,
4 LBC 1921, LBC 1936, NAS, Rotterdam, Inchianti, GTP, CHS-EA, CHS-AA, ARIC, GENOA, EPIC,
5 and EPIC-Norfolk) was performed identically to that discussed previously. CD4+ samples in
6 GOLDN and CD14+ samples in MESA, because they comprise single cohorts, are not meta
7 analyzed. Correlations of results across different cell types were performed on CpG sites
8 with FDR<0.05 in at least one cell type.

9 **Results**

10 Table 1 displays the characteristics of participants in the meta-analysis. The proportion of
11 participants reporting current smoking ranged from 4% to 33% across the different study
12 populations. The characteristics of the participants within each cohort are provided in
13 Supplementary Table 1.

14

15 *Current versus Never Smokers*

16 In the meta-analysis of current cigarette smokers (N=2,433) versus never smokers
17 (N=6,956), 2,623 CpGs annotated to 1,405 genes met Bonferroni significance after
18 correction for 485,381 tests ($P < 1 \times 10^{-7}$). Based on genome-wide false discovery rate
19 (FDR)<0.05, 18,760 CpG sites (CpGs) annotated to 7,201 genes were differentially
20 methylated. There was a moderate inflation factor³⁵ λ of 1.32 (Supplementary Figure 1),
21 which is consistent with a large number of sites being impacted by smoking. Our results

1 lend support many previously reported loci^{12,13,16,18}, including CpGs annotated to *AHRR*,
2 *RARA*, *F2RL3*, and *LRRN3* (Supplementary Table 2). Not surprisingly, cg05575921
3 annotated to *AHRR*, the top CpG identified in most prior studies of smoking, was highly
4 significant in our meta-analysis ($P=4.6 \times 10^{-26}$; ranked 36, Supplementary Table 2) and also
5 had the largest effect size (-18% difference in methylation) which is comparable to effect
6 sizes in previous studies¹⁸. Of the 18,760 significant CpGs at $FDR < 0.05$, 16,673 (annotated
7 to 6,720 genes) have not been previously reported to be associated with cigarette smoking
8 – these include 1,500 of the 2,623 CpGs that met Bonferroni significance. The 25 CpGs with
9 lowest p-values for both overall and novel findings are shown in Table 2. Supplementary
10 Table 2 provides the complete list of all CpGs that were significantly differentially
11 methylated ($FDR < 0.05$) in analysis of current versus never smokers. Adding body mass
12 index (BMI) into the model did not appreciably alter the results (Supplementary Figure 2).
13
14 Methylation can be either reduced or increased at CpG sites in response to smoking. For the
15 53.2% of FDR significant CpGs with increased methylation in response to current smoking
16 the mean percentage difference in methylation between current and never smokers was
17 0.5% (SD=0.37%, range 0.06-7.3%). For 46.8% of CpGs with decreased methylation in
18 response to current smoking the mean percentage difference was 0.65% (SD=0.56, range
19 0.04-18%) The volcano plot can be found in Supplementary Figure 3.
20
21 We did not observe correlation between the number of significant CpGs and either the size
22 of the gene or the number of exons or the coverage of the methylation platform. We
23 performed a formal enrichment test for each of the 7,201 genes in regards to the length of

1 the gene or number of exons and found only three for which associations were observed
2 (*AHRR*, *PRRT1*, and *TNF*). However, given the robust findings for a specific CpG in *AHRR* in
3 multiple studies in the literature^{9,12,14} as well as our own, and its key role in the AHR
4 pathway which is crucial in the response to polyaromatic hydrocarbons, such as are
5 produced by smoking³⁶, it seems very unlikely that the *AHRR* findings are false positives.
6 Likewise there is strong support in the literature for *PRRT1*³⁷ and *TNF*³⁸. The enrichment
7 results for methylation platform coverage also yielded the same three genes.

8
9 In a subset of three cohorts (1,827 subjects), we investigated the association of the number
10 of pack-years smoked with the 18,760 CpGs that were differentially methylated
11 (FDR<0.05) between current versus never smokers. Significant dose responses were
12 observed for 11,267 CpGs (60.1%) at FDR<0.05 (Supplementary Table 3).

13
14 To investigate the pathways implicated by these genes, we performed a gene-set
15 enrichment analysis³⁹ on the annotated genes. The results suggested that cigarette smoking
16 is associated with potential changes in numerous vital molecular processes, such as signal
17 transduction (FDR=2.8 x 10⁻⁷⁹), protein metabolic processes (FDR=1.2 x 10⁻⁴³), and
18 transcription pathways (FDR=8.4 x 10⁻³¹). The complete list of 99 enriched molecular
19 processes can be found in Supplementary Table 4.

20 21 *Former versus Never Smokers*

22 Meta-analysis of former (N=6,518) versus never smokers (N=6,956) restricted to the
23 18,760 CpG sites that were differentially methylated in current versus never smokers

1 identified 2,568 CpGs annotated to 1,326 genes at FDR<0.05 (Supplementary Table 5).
2 There were 285 CpGs (annotated to 149 genes) that also met Bonferroni correction ($P <$
3 $0.05/18760 \approx 2.67 \times 10^{-6}$). There was no evidence of inflation³⁵ ($\lambda=0.98$) (Supplementary
4 Figure 4). We also confirmed previously reported findings for CpGs annotated to *AHRR*,
5 *RARA*, and *LRRN3*^{12,13,16,18}. Effect sizes of these CpGs were all weaker than in the analysis of
6 current versus never smokers [61.2% \pm 15.3% weaker] for the 2,568 CpGs that remained
7 significantly differentially methylated in former vs. never smokers compared with current
8 vs. never smokers. Results for the top 25 CpGs are displayed in Table 3. Adding BMI to the
9 model did not appreciably alter the results (Supplementary Figure 5). A volcano plot can be
10 found in Supplementary Figure 6. In a subset of three cohorts (3,349 subjects), analyses
11 using pack-years confirmed a significant dose response for 1,804 of the 2,568 CpGs (70%)
12 annotated to 942 genes at FDR<0.05 (Supplementary Table 6).

13

14 The gene-set enrichment analysis³² in the former versus never smoker analyses on all
15 1,326 genes revealed enrichment for genes associated with protein metabolic processes
16 (FDR= 1.1×10^{-23}), RNA metabolic processes (FDR= 1.4×10^{-17}), and transcription pathways
17 (FDR= 3.9×10^{-18}) (Supplementary Table 7). The gene-set enrichment analysis on the 942
18 genes for which the 1,804 CpGs exhibited dose responses with pack-years also revealed
19 similar pathways to those summarized in Supplementary Table 7, except with weaker
20 enrichment FDR values.

21

22 In 2,648 Framingham Heart Study participants with up to 30 years of prospectively
23 collected smoking data, we examined the 2,568 CpGs that were differentially methylated in

1 meta-analysis of former versus never smokers and explored their associations with time
2 since smoking cessation. Methylation levels of most CpGs returned toward that of never-
3 smokers within five years of smoking cessation. However, 36 CpGs annotated to 19 genes,
4 including *TIAM2*, *PRRT1*, *AHRR*, *F2RL3*, *GNG12*, *LRRN3*, *APBA2*, *MACROD2*, and *PRSS23* did
5 not return to never-smoker levels even after 30 years of smoking cessation (Figure 1, Table
6 4).

7
8 The EPIC studies included cancer cases plus non-cancer controls analyzed together,
9 adjusting for cancer status. The other studies were population-based samples not selected
10 for disease status. To evaluate residual confounding by cancer status after adjustment, we
11 repeated the meta-analysis without the EPIC studies. The effect estimates were highly
12 correlated: Pearson $\rho = 0.99$ for current versus never smoking and 0.98 for former smoking
13 versus never.

14 15 *Enrichment analysis for genes identified in GWAS of smoking related phenotypes*

16 To identify potential relevance of the differentially methylated genes to smoking-related
17 phenotypes, we determined whether these genes had been associated with smoking-
18 related phenotypes in the NHGRI-EBI GWAS Catalog³³ (accessed November 2, 2015). The
19 catalog contained 9,777 SNPs annotated to 7,075 genes associated with 865 phenotypes at
20 $p \leq 5 \times 10^{-8}$. Of the 7,201 genes (mapped by 18,760 CpG sites) significantly differentially
21 methylated in current versus never smokers, we found overlap with 1,791 genes (4,187
22 CpGs are mapped to these) associated in GWAS with 700 phenotypes (enrichment $p = 2.4 \times$
23 10^{-52}). We identified smoking-related traits using the 2014 US Surgeon General's (USSG)

1 report². Enrichment results for a selection of smoking-related phenotypes including
2 coronary heart disease (CHD) and its risk factors, various cancers, inflammatory diseases,
3 osteoporosis, and pulmonary traits, are available in Table 5. We also performed the same
4 enrichment analysis on the 2,568 CpGs associated with former versus never smoking status.
5 We identified enrichment for CHD, pulmonary traits, and some cancers (Table 5). More
6 detailed results are available in Supplementary Tables 8 and 9. Differentially methylated
7 genes in relation to smoking status that are associated in GWAS with CHD or CHD risk
8 factors are available in Supplementary Table 10. We also performed enrichment analyses
9 on phenotypes that have no clear relationships to smoking, such as male pattern baldness
10 ($p=0.0888$), myopia ($p=0.1070$), thyroid cancer ($p=0.2406$), and testicular germ cell tumor
11 ($p=0.3602$) and did not find significant enrichment.

12

13 *Enrichment analysis for genomic features*

14 We examined the differentially methylated CpGs with respect to localization to different
15 genomic regions including CpG islands, gene bodies, known differentially methylated
16 regions, and sites identified as likely to be functionally important in the ENCODE project
17 such as DNase1 hypersensitivity sites and enhancers (refer to the Methods section for
18 details). We performed this analysis separately for the CpGs related to current smoking and
19 past smoking (Supplementary Table 11). Trends were similar for the two sets of CpGs,
20 although the power to identify enrichment was much greater for the larger set of 18,760
21 CpGs related to current smoking. There was no enrichment for CpG islands. In contrast,
22 significant enrichment was observed for island shores, gene bodies, DNase1
23 hypersensitivity sites, and enhancers.

1

2 *Transcriptomic integration*

3 Of the 18,760 statistically significant CpG sites associated with current smoking in the
4 meta-analysis, 1,430 were significantly associated in *cis* with the expression of 924 genes at
5 FDR<0.05 (enrichment $p=3.6 \times 10^{-215}$, Supplementary Table 12) using whole blood samples
6 from 2,262 Framingham Heart Study participants. Of these, 424 CpGs associated with the
7 expression of 285 genes were replicated at FDR<0.0001 in 1,264 CD14+ samples from the
8 Multi-Ethnic Study of Atherosclerosis (MESA)⁴⁰. These genes are associated with pathways
9 similar to those described earlier (Supplementary Table 13).

10

11 *Comparison between African ancestry and European ancestry*

12 Meta-analysis of the current versus never smokers in 11 cohorts with participants of
13 European ancestry (N=6,750 subjects) yielded 10,977 CpGs annotated to 4,940 genes at
14 FDR<0.05. Meta-analysis the results of the smaller dataset of four cohorts with African
15 ancestry participants (N=2,639) yielded 3,945 CpGs annotated to 2,088 genes at FDR<0.05.
16 The effect estimates of the CpGs significant in at least one ancestry (12,927 CpGs) were
17 highly correlated in the combined group of individuals of either ancestry (Spearman
18 $\rho=0.89$). The results by ancestry are shown in Supplementary Table 14.

19

20 We performed the same ancestry-stratified analysis on former versus never smokers
21 (Supplementary Table 15). Meta-analysis of the results of European ancestry participants
22 yielded 2,045 CpG sites annotated to 1,081 genes at FDR<0.05. Meta-analysis of the results
23 of African ancestry participants yielded 329 CpG sites annotated to 178 genes at FDR<0.05.

1 The effect estimates of the union of CpGs significant in at least one ancestry (2,234 CpGs)
2 were correlated in the combined group of individuals of either ancestry (Spearman $\rho=0.75$).
3 Of note, one of CpG sites showing differential methylation in ancestry, cg00706683,
4 mapped to gene *ECEL1P2*, did not return to never-smoker levels 30 years after smoking
5 cessation (Table 4).

6
7 To more directly compare results by ethnicity removing the effect of better statistical
8 power in the larger European ancestry sample size, we performed a meta-analysis on
9 subset of European ancestry cohorts: the Framingham Heart Study, Rotterdam Study, and
10 KORA, such that the total number of smokers, the major determinant of power, would
11 match that of African ancestry cohorts. In this subset, similar correlations of the effect
12 estimates were observed as in the complete analyses suggesting that the differences in
13 number of statistically significant CpGs are indeed due to better power in the European
14 ancestry cohorts (Spearman $\rho=0.87$ and 0.79 for current versus never smokers and former
15 versus never smokers, respectively).

16
17 *Cell type adjustment*

18 We adjusted our main analyses for white blood cell fractions, in studies based on either
19 whole blood or leukocytes from the buffy coat of whole blood, either measured or using a
20 published method²⁵. Reassuringly, results before and after cell type adjustment were
21 highly comparable. The correlation of regression coefficients before and after adjustment is
22 0.85 for the current vs. never smoker analysis (Supplementary Figure 7). Similarly for the
23 analysis of former versus never smokers the effect estimates were highly correlated before

1 and after adjustment ($\rho=0.93$; Supplementary Figure 8). In addition, in two cohorts we had
2 results from specific cell fractions - CD4+ cells in GOLDN and CD14+ cells in MESA. The
3 correlation of results between buffy coat and CD4+ or CD14+ for former versus never
4 smokers are generally high ($\rho > 0.74$; Supplementary Table 16).

5

6 *Methylation profile across CpG sites*

7 We assessed methylation profile in FHS cohort as a representative cohort in the study. The
8 profile of all 485,381 analyzed CpG sites can be found in Supplementary Figure 9. The
9 profile across 18,760 CpG sites significantly associated with current vs. never smoking
10 status can be found in Supplementary Figure 10. These plots indicate that most CpG sites
11 with less dynamic range are largely not statistically significant in our results.

12 **Discussion**

13 We performed a genome-wide meta-analysis analysis of blood-derived DNA methylation in
14 15,907 individuals across 16 cohorts and identified broad epigenome-wide impact of
15 cigarette smoking, with 18,760 statistically significant CpGs ($FDR<0.05$) annotated to over
16 7,000 genes, or roughly a third of known human genes. These genes in turn affect multiple
17 molecular mechanisms and are implicated in smoking-related phenotypes and diseases. In
18 addition to confirming previous findings from smaller studies, we detected over 16,000
19 novel differentially methylated CpGs in response to cigarette smoking. Many of these genes
20 have not been previously implicated in the biologic effects of tobacco exposure. The large
21 number of genes implicated in this well powered meta-analysis might on first glance raise
22 concerns about false positives. However, on further consideration, given the widespread

1 impact of smoking on disease outcomes across many organ systems and across the
2 lifespan², the identification of a large number of genes at genome wide significance is not
3 surprising. In addition, our findings are robust and consistent across all 16 cohorts
4 (Supplementary Tables 2 and 5) because we accounted for inter-study variability by using
5 random effect meta analyses, which is conservative when heterogeneity is present⁴¹. The
6 implicated genes are mainly involved in molecular machineries, such as transcription and
7 translation. Furthermore, differential methylation of a subset of CpGs persisted, often for
8 decades, following smoking cessation.

9
10 We found that genes differentially methylated in relation to smoking are enriched for
11 variants associated in GWAS with smoking-related diseases² including, osteoporosis,
12 colorectal cancers, chronic obstructive pulmonary disease, pulmonary function,
13 cardiovascular disease (CVD) and rheumatoid arthritis. We find it noteworthy that there is
14 enrichment of smoking-associated CpGs for genes associated with rheumatoid arthritis
15 because DNA methylation is one of the proposed molecular mechanisms underlying this
16 disease ⁴². It is also interesting that the most significant association of smoking with
17 methylation was for the gene *HIVEP3* (a.k.a. Schnurri3), the mammalian homolog of the
18 *Drosophila* zinc finger adapter protein *Shn*⁴³. This gene regulates bone formation, an
19 important determinant to osteoporosis, which was one of the enriched GWAS phenotypes.

20
21 When we examined time since smoking cessation, we found that the majority of the
22 differentially methylated CpG sites observed in analysis of current versus never smokers
23 returned to the level of never-smokers within five years of smoking cessation. This is

1 consistent with the fact that risks of many smoking-related diseases revert to nonsmoking
2 levels within this period of time. Our results also indicate that cigarette smoking induces
3 long-lasting alterations in DNA methylation at some CpGs. While speculative, it is possible
4 that persistent methylation changes at some loci might contribute to risks of some
5 conditions that remain elevated after smoking cessation.

6

7 In all but two of our 14 cohorts DNA was extracted from the entire circulating leukocyte
8 population. Thus there is the possibility of confounding by the effects of smoking on
9 differential cell counts. We attempted to adjust for cell type and found that results were
10 generally little changed by the adjustment.

11

12 Our significant results are highly enriched for CpG sites associated with the expression of
13 nearby genes (*i.e.*, in *cis*) even though a single measurement of gene expression in blood is
14 probably subject to considerably more within-subject variability than DNA methylation,⁴⁴
15 limiting our ability to find correlations. Differential DNA methylation at many of the CpGs
16 we identified in relation to smoking status may have a functional impact on nearby gene
17 expression. Our analysis of genomic regions further supports the potential functional
18 impact of our findings on gene expression. We demonstrated enrichment for sites with
19 greater functional impact such as island shores, gene bodies, DNase1 hypersensitivity sites,
20 and enhancers, whereas we found no enrichment for CpG islands. These results reinforce
21 previous findings showing that island shores, enhancers, and DHS sites are more dynamic
22 (*i.e.*, susceptible to methylation changes) than CpG islands⁴⁵, which may be more resistant

1 to abrupt changes in DNA methylation in response to environmental exposures⁴⁶. Thus our
2 results suggest that many of the smoking-associated CpG sites may have regulatory effects.

3
4 While identification of changes in methylation patterns may suggest mechanisms by which
5 exposure to tobacco smoke exerts its effects on several disease processes, DNA methylation
6 profiles can also serve as biomarkers of exposure to tobacco smoke. Cotinine is a
7 biomarker only of recent smoking; DNA methylation signals have the potential to serve as
8 robust biomarkers of past smoking history^{14,47}. Indeed, several studies have identified
9 several of such markers^{10,47,48}. The large number of persistently modified CpGs may be
10 useful to develop even more robust biomarkers to objectively quantify long-term cigarette
11 smoking exposure for prediction of risk for health outcomes in settings where smoking
12 history is not available or is incomplete as well as to validate self-reported never smoker
13 status. Further, our analyses of both former and current smokers show dose-dependent
14 effects at a number of CpGs (Supplementary Tables 3 and 7). Methylation based
15 biomarkers could be informative for investigating dose response relationships with disease
16 endpoints. This is useful because smokers often underreport the amount of smoking, both
17 current and historical.

18
19 It is possible that smoking related conditions or correlated exposures may contribute to
20 some of the methylation signatures identified. However, our studies are nearly all
21 population based studies composed of predominantly healthy individuals, not selected for
22 smoking related disease. Given the number, strength and robustness to replication of
23 findings for smoking across the literature and among our diverse cohorts from various

1 countries the likelihood that these are confounded by other exposures or conditions
2 related to smoking is greatly reduced.

3
4 There several potential limitations to our study. First, the cross-sectional design limits our
5 ability to study the time course of smoking effects. In addition, we analyzed methylation in
6 DNA samples from blood, which is readily accessible. Although we demonstrated that blood
7 derived DNA reveals a strong and robust signature of cigarette smoking exposure, studies
8 in target tissues for smoking-related diseases (*e.g.*, heart and lung) would be of additional
9 interest. In addition, our analyses could not distinguish smoking's direct effects from its
10 indirect effects due to smoking-induced changes in cell metabolism, organ function,
11 inflammation, or injury that could in turn influence methylation. However, this is the
12 largest examination to date of the effects of smoking on DNA methylation with 16 studies
13 from different countries contributing.

14
15 In conclusion we identify an order of magnitude more sites differentially methylated in
16 relation to smoking across the genome than have been previously seen. Many of these
17 signals persist long after smoking cessation providing potential biomarkers of past
18 smoking history. These findings may provide new insights into molecular mechanisms
19 underlying the protean effects of smoking on human health and disease.

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24

1 Tables

2 Table 1. Participant characteristics

Characteristics	Current Smokers, N=2,433	Former Smokers N=6,518	Never Smokers N=6,956
Sex (% Male)	46.3%	55.6%	31.7%
Age (years)*	57.7 ± 7.7	64.8 ± 8.2	61.2 ± 9.7
BMI (kg/m ²)*	27.3 ± 5.4	28.7 ± 5.0	28.6 ± 5.3

3 *weighted mean ± pooled standard deviation across cohorts

1

2 Table 2. Most statistically significant CpG sites that were associated with current vs. never

3 smoker status

Probe ID	Chr	Location	Gene Symbol*	Coef [†]	S.E.	P	FDR
25 most significant CpG sites							
cg16145216	1	42,385,662	<i>HIVEP3</i>	0.0298	0.0020	6.7 x 10 ⁻⁴⁸	3.3 x 10 ⁻⁴²
cg19406367	1	66,999,929	<i>SGIP1</i>	0.0175	0.0013	7 x 10 ⁻⁴⁴	1.7 x 10 ⁻³⁸
cg05603985	1	2,161,049	<i>SKI</i>	-0.0122	0.0009	1.8 x 10 ⁻⁴³	2.8 x 10 ⁻³⁸
cg14099685	11	47,546,068	<i>CUGBP1</i>	-0.0124	0.0009	1.5 x 10 ⁻⁴²	1.8 x 10 ⁻³⁷
cg12513616	5	177,370,977		-0.0262	0.0020	6.1 x 10 ⁻⁴¹	5.9 x 10 ⁻³⁶
cg03792876 [‡]	16	73,243		-0.0182	0.0014	7.2 x 10 ⁻³⁸	5.9 x 10 ⁻³³
cg01097768	5	378,854	<i>AHRR</i>	-0.0166	0.0013	6.8 x 10 ⁻³⁵	4.7 x 10 ⁻³⁰
cg26856289	1	24,307,516	<i>SFRS13A</i>	-0.0163	0.0013	8.6 x 10 ⁻³⁵	5.2 x 10 ⁻³⁰
cg07954423	9	130,741,881	<i>FAM102A</i>	-0.0134	0.0011	1.2 x 10 ⁻³⁴	6.3 x 10 ⁻³⁰
cg01940273	2	233,284,934		-0.0815	0.0067	2 x 10 ⁻³⁴	9.8 x 10 ⁻³⁰
cg01083131	16	67,877,413	<i>THAP11;CENPT</i>	-0.0155	0.0013	3.7 x 10 ⁻³⁴	1.6 x 10 ⁻²⁹
cg01017464	18	47,018,095	<i>SNORD58A;</i> <i>SNORD58B; RPL17</i>	-0.0172	0.0014	1.9 x 10 ⁻³³	7.6 x 10 ⁻²⁹
cg06121808	2	113,404,678	<i>SLC20A1</i>	-0.0143	0.0012	2.1 x 10 ⁻³²	7.9 x 10 ⁻²⁸
cg10062919	17	38,503,802	<i>RARA</i>	-0.0128	0.0011	9.2 x 10 ⁻³²	3.2 x 10 ⁻²⁷
cg20066188	22	37,678,791	<i>CYTH4</i>	-0.0252	0.0022	1.6 x 10 ⁻³¹	5.2 x 10 ⁻²⁷
cg04551776	5	393,366	<i>AHRR</i>	-0.0244	0.0021	5.8 x 10 ⁻³¹	1.8 x 10 ⁻²⁶
cg11152412	15	74,927,688	<i>EDC3</i>	-0.0077	0.0007	1.8 x 10 ⁻³⁰	5 x 10 ⁻²⁶
cg00073090	19	1,265,879		-0.0196	0.0017	4.2 x 10 ⁻³⁰	1.1 x 10 ⁻²⁵
cg11902777	5	368,843	<i>AHRR</i>	-0.0201	0.0018	9.1 x 10 ⁻³⁰	2.3 x 10 ⁻²⁵
cg25212453	17	1,509,953	<i>SLC43A2</i>	-0.0101	0.0009	1.4 x 10 ⁻²⁹	3.5 x 10 ⁻²⁵
cg04956244	17	38,511,592	<i>RARA</i>	0.0122	0.0011	1.5 x 10 ⁻²⁹	3.5 x 10 ⁻²⁵
cg13951797	16	2,204,381	<i>TRAF7</i>	-0.0153	0.0014	1.6 x 10 ⁻²⁹	3.5 x 10 ⁻²⁵
cg11028075	10	97,200,911	<i>SORBS1</i>	0.0175	0.0016	1.7 x 10 ⁻²⁹	3.6 x 10 ⁻²⁵

cg11700584†	14	50,088,544	<i>RPL36AL;MGAT2</i>	-0.0151	0.0013	3.4 x 10 ⁻²⁹	6.8 x 10 ⁻²⁵
cg11263997	11	70,257,280	<i>CTTN</i>	0.0050	0.0005	4.3 x 10 ⁻²⁹	8.4 x 10 ⁻²⁵
25 most significant novel CpG sites							
cg11700584	14	50,088,544	<i>RPL36AL; MGAT2</i>	-0.0151	0.0013	3.4 x 10 ⁻²⁹	6.8 x 10 ⁻²⁵
cg22417733	6	153,303,409	<i>FBXO5</i>	-0.0171	0.0015	1.5 x 10 ⁻²⁸	2.7 x 10 ⁻²⁴
cg08118908	16	15,787,920	<i>NDE1</i>	0.0053	0.0005	5.4 x 10 ⁻²⁶	7.1 x 10 ⁻²²
cg14003265	9	139,796,499	<i>TRAF2</i>	-0.0106	0.0010	3.2 x 10 ⁻²⁵	3.7 x 10 ⁻²¹
cg02556393	3	168,866,705	<i>MECOM</i>	-0.0162	0.0016	2.8 x 10 ⁻²⁴	2.6 x 10 ⁻²⁰
cg01218206	11	116,933,977	<i>SIK3</i>	-0.0150	0.0015	3.1 x 10 ⁻²³	2.5 x 10 ⁻¹⁹
cg04987734	14	103,415,873	<i>CDC42BPB</i>	0.0149	0.0015	9.0 x 10 ⁻²³	6.8 x 10 ⁻¹⁹
cg27118035	16	31,891,978	<i>ZNF267</i>	0.0136	0.0014	2.4 x 10 ⁻²²	1.7 x 10 ⁻¹⁸
cg18450254	3	64,200,005	<i>PRICKLE2</i>	0.0120	0.0013	2.3 x 10 ⁻²¹	1.3 x 10 ⁻¹⁷
cg06753787	2	220,074,208	<i>ZFAND2B</i>	0.0063	0.0007	3.2 x 10 ⁻²¹	1.8 x 10 ⁻¹⁷
cg18158306	12	133,135,032	<i>FBRSL1</i>	0.0102	0.0011	6.2 x 10 ⁻²¹	3.2 x 10 ⁻¹⁷
cg19093370	17	17,110,180	<i>PLD6</i>	0.0198	0.0021	8.7 x 10 ⁻²¹	4.4 x 10 ⁻¹⁷
cg09182189	1	1,709,203	<i>NADK</i>	-0.0104	0.0011	2.0 x 10 ⁻²⁰	9.2 x 10 ⁻¹⁷
cg18369990	2	112,941,244	<i>FBLN7</i>	0.0116	0.0013	2.3 x 10 ⁻²⁰	1.1 x 10 ⁻¹⁶
cg24578857	17	17,110,207	<i>PLD6</i>	0.0200	0.0022	3.1 x 10 ⁻²⁰	1.4 x 10 ⁻¹⁶
cg20408402	10	72,362,452	<i>PRF1</i>	0.0085	0.0009	7.6 x 10 ⁻²⁰	3.1 x 10 ⁻¹⁶
cg04673446	22	39,879,951	<i>MGAT3</i>	0.0060	0.0007	2.0 x 10 ⁻¹⁹	8.0 x 10 ⁻¹⁶
cg06803614	1	40,133,581	<i>NT5C1A</i>	-0.0088	0.0010	2.1 x 10 ⁻¹⁹	8.3 x 10 ⁻¹⁶
cg16274678	1	154,127,952	<i>TPM3; NUP210L</i>	-0.0152	0.0017	2.9 x 10 ⁻¹⁹	1.1 x 10 ⁻¹⁵
cg07286341	5	176,923,805	<i>PDLIM7</i>	-0.0077	0.0009	3.4 x 10 ⁻¹⁹	1.3 x 10 ⁻¹⁵
cg20674424	3	186,503,527	<i>MIR1248; EIF4A2; SNORA81</i>	-0.0091	0.0010	4.2 x 10 ⁻¹⁹	1.5 x 10 ⁻¹⁵
cg02279625	15	78,384,520	<i>SH2D7</i>	0.0105	0.0012	4.8 x 10 ⁻¹⁹	1.7 x 10 ⁻¹⁵
cg03485667	16	75,143,200	<i>ZNRF1</i>	-0.0168	0.0019	5.0 x 10 ⁻¹⁹	1.8 x 10 ⁻¹⁵
cg03531211	6	32,920,102	<i>HLA-DMA</i>	-0.0108	0.0012	7.5 x 10 ⁻¹⁹	2.5 x 10 ⁻¹⁵
cg09940677	14	103,415,458	<i>CDC42BPB</i>	0.0081	0.0009	1.0 x 10 ⁻¹⁸	3.2 x 10 ⁻¹⁵

1 *CpG sites without gene names are intergenic. These are all included in all the analyses.

- 1 †Coef stands for regression coefficients
- 2 †Not previously discovered by other studies
- 3
- 4

- 1 Table 3. Twenty-five most statistically significant CpG sites that were associated with
- 2 former vs. never smoker status

Probe ID	Chr	Location	Gene Symbol*	Coef [†]	S.E.	P	FDR
cg01940273	2	233,284,934		-0.0234	0.0013	9.6 x 10 ⁻⁷³	1.8 x 10 ⁻⁶⁸
cg25189904	1	68,299,493	GNG12	-0.0283	0.0021	3.5 x 10 ⁻⁴⁰	3.3 x 10 ⁻³⁶
cg12803068	7	45,002,919	MYO1G	0.0191	0.0017	9.3 x 10 ⁻³¹	5.8 x 10 ⁻²⁷
cg19572487	17	38,476,024	RARA	-0.0159	0.0014	2.2 x 10 ⁻³⁰	1.0 x 10 ⁻²⁶
cg11554391	5	321,320	AHRR	-0.0091	0.0008	1.0 x 10 ⁻²⁸	3.9 x 10 ⁻²⁵
cg05951221	2	233,284,402		-0.0396	0.0036	1.1 x 10 ⁻²⁷	3.2 x 10 ⁻²⁴
cg23771366	11	86,510,998	PRSS23	-0.0167	0.0015	1.2 x 10 ⁻²⁷	3.2 x 10 ⁻²⁴
cg26764244	1	68,299,511	GNG12	-0.0119	0.0011	2.3 x 10 ⁻²⁷	5.4 x 10 ⁻²⁴
cg05575921	5	373,378	AHRR	-0.0406	0.0038	8.2 x 10 ⁻²⁷	1.7 x 10 ⁻²³
cg11660018	11	86,510,915	PRSS23	-0.0157	0.0015	4.3 x 10 ⁻²⁶	8.1 x 10 ⁻²³
cg21566642	2	233,284,661		-0.0434	0.0041	1.0 x 10 ⁻²⁵	1.7 x 10 ⁻²²
cg11902777	5	368,843	AHRR	-0.0063	0.0006	2.8 x 10 ⁻²⁵	4.3 x 10 ⁻²²
cg26850624	5	429,559	AHRR	0.0118	0.0011	3.1 x 10 ⁻²⁵	4.4 x 10 ⁻²²
cg03636183	19	17,000,585	F2RL3	-0.0267	0.0026	8.9 x 10 ⁻²⁵	1.2 x 10 ⁻²¹
cg15693572	3	22,412,385		0.0190	0.0019	1.5 x 10 ⁻²³	1.9 x 10 ⁻²⁰
cg17924476	5	323,794	AHRR	0.0148	0.0016	4.0 x 10 ⁻²⁰	4.7 x 10 ⁻¹⁷
cg12513616	5	177,370,977		-0.0072	0.0008	2.4 x 10 ⁻¹⁹	2.7 x 10 ⁻¹⁶
cg07339236	20	50,312,490	ATP9A	-0.0062	0.0007	1.4 x 10 ⁻¹⁸	1.4 x 10 ⁻¹⁵
cg06126421	6	30,720,080		-0.0365	0.0042	3.0 x 10 ⁻¹⁸	3.0 x 10 ⁻¹⁵
cg14624207	11	68,142,198	LRP5	-0.0070	0.0008	5.0 x 10 ⁻¹⁸	4.7 x 10 ⁻¹⁵
cg00706683	2	233,251,030	ECEL1P2	0.0101	0.0012	1.4 x 10 ⁻¹⁷	1.2 x 10 ⁻¹⁴
cg23351584	11	86,512,100	PRSS23	-0.0048	0.0006	7.0 x 10 ⁻¹⁷	6.0 x 10 ⁻¹⁴
cg02583484	12	54,677,008	HNRNPA1	-0.0062	0.0008	1.0 x 10 ⁻¹⁵	8.5 x 10 ⁻¹³
cg05302489	6	31,760,426	VAR5	0.0079	0.0010	2.5 x 10 ⁻¹⁵	2.0 x 10 ⁻¹²
cg01442064	4	5,713,450	EVC	-0.0055	0.0007	3.3 x 10 ⁻¹⁵	2.4 x 10 ⁻¹²

- 3 [†]CpG sites without gene names are intergenic. These are all included in all the analyses.

1 †Coef stands for regression coefficients

2

- 1 Table 4. The top 36 most statistically significant CpG sites that did not return to never-
- 2 smoker levels 30 years after smoking cessation in the Framingham Heart Study (N=2,648)

Probe ID	Chr	Location	Gene Symbol	P
cg05951221	2	233284402		3.2 x 10 ⁻¹⁵
cg06644428	2	233284112		1.2 x 10 ⁻¹⁴
cg05575921	5	373378	<i>AHRR</i>	6.5 x 10 ⁻¹⁴
cg21566642	2	233284661		8.6 x 10 ⁻¹⁰
cg03636183	19	17000585	<i>F2RL3</i>	5.7 x 10 ⁻⁷
cg06126421	6	30720080		1.3 x 10 ⁻⁶
cg01940273	2	233284934		1.9 x 10 ⁻⁶
cg23771366	11	86510998	<i>PRSS23</i>	3.1 x 10 ⁻⁶
cg17272563	6	32116548	<i>PRRT1</i>	4.4 x 10 ⁻⁶
cg23916896	5	368804	<i>AHRR</i>	1.3 x 10 ⁻⁵
cg11660018	11	86510915	<i>PRSS23</i>	1.3 x 10 ⁻⁵
cg08118908	16	15787920	<i>NDE1</i>	3.0 x 10 ⁻⁵
cg13937905	12	53612551	<i>RARG</i>	1.5 x 10 ⁻⁴
cg24172324	2	232258363		1.7 x 10 ⁻⁴
cg10780313	6	33501379		2.0 x 10 ⁻⁴
cg14027333	6	32116317	<i>PRRT1</i>	2.1 x 10 ⁻⁴
cg11245297	19	8117898	<i>CCL25</i>	2.1 x 10 ⁻⁴
cg01692968	9	108005349		3.1 x 10 ⁻⁴
cg00706683	2	233251030	<i>ECEL1P2</i>	3.4 x 10 ⁻⁴
cg25317941	2	233351153	<i>ECEL1</i>	4.0 x 10 ⁻⁴
cg25189904	1	68299493	<i>GNG12</i>	4.0 x 10 ⁻⁴
cg14179389	1	92947961	<i>GFI1</i>	4.7 x 10 ⁻⁴
cg13641317	3	127255552		4.9 x 10 ⁻⁴
cg19847577	15	29213748	<i>APBA2</i>	5.1 x 10 ⁻⁴
cg14239618	7	110281356		5.8 x 10 ⁻⁴
cg25955180	6	32116538	<i>PRRT1</i>	6.3 x 10 ⁻⁴

cg00774149	3	52255721	<i>TLR9</i>	6.4×10^{-4}
cg21351392	6	161607487	<i>AGPAT4</i>	7.1×10^{-4}
cg11902777	5	368843	<i>AHRR</i>	7.6×10^{-4}
cg07251887	17	73641809	<i>LOC100130933; RECQL5</i>	7.7×10^{-4}
cg19382157	7	2124566	<i>MAD1L1</i>	8.9×10^{-4}
cg19925780	1	101509557		1.1×10^{-3}
cg03679544	6	155537972	<i>TIAM2</i>	1.1×10^{-3}
cg08559712	20	16030674	<i>MACROD2</i>	1.3×10^{-3}
cg09837977	7	110731201	<i>LRRN3; IMMP2L</i>	1.3×10^{-3}
cg00931843	6	155442993	<i>TIAM2</i>	1.4×10^{-3}

1 *CpG sites without gene names are intergenic. These are all included in all the analyses.

- 1 Table 5. Enrichment of CpGs for genome-wide association study (GWAS) phenotypes that
- 2 are regarded as causally related to cigarette smoking²

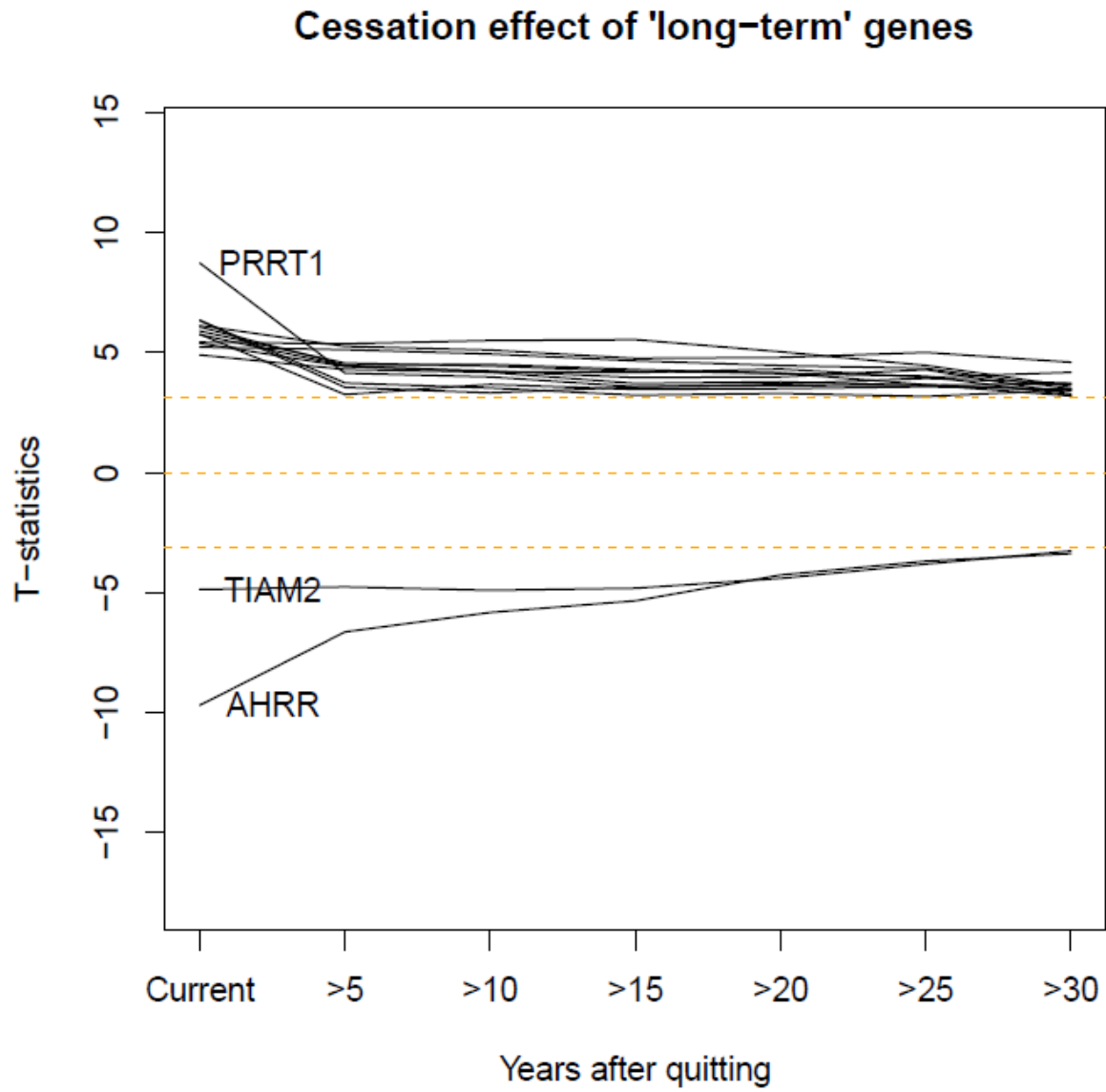
GWAS Phenotype	Enrichment p-value
<i>Current vs. never smoking</i>	
Coronary heart disease (CHD) and Stroke	0.0028
Ischemic stroke	0.0095
CHD risk factors	1.2 x 10 ⁻¹²
Blood pressure / hypertension	8.1 x 10 ⁻⁶
Diastolic blood pressure	6.1 x 10 ⁻⁵
Systolic blood pressure	0.0008
Hypertension	0.0150
Lipids	2.9 x 10 ⁻⁵
High density lipoprotein (HDL)	0.0009
Type 2 diabetes	0.0106
Rheumatoid arthritis (RA)	2.9 x 10 ⁻⁵
Bone mineral density (BMD) and osteoporosis	0.0467
All pulmonary traits	2.8 x 10 ⁻⁶
All chronic obstructive pulmonary disease (COPD)	0.0295
Moderate to severe COPD	0.0156
Pulmonary function	0.0044
Crohn's Disease	9.5 x 10 ⁻⁷
Primary biliary cirrhosis	3.4 x 10 ⁻⁶

Inflammation bowel disease	3.5×10^{-5}
Ulcerative colitis	9.8×10^{-5}
All cancer	8.0×10^{-15}
Lung adenocarcinoma	0.0015
Colorectal cancer	0.0014
<i>Former vs. never smoking</i>	
CHD risk factors	7.6×10^{-5}
Blood pressure / hypertension	5.8×10^{-5}
Diastolic blood pressure	0.0021
Systolic blood pressure	0.0002
Hypertension	0.0023
Rheumatoid arthritis (RA)	6.3×10^{-5}
All pulmonary traits	0.0217
Inflammation bowel disease	5.2×10^{-6}
Crohn's Disease	0.0064
All cancer	7.8×10^{-6}

1

2

1 **Figure**



2

3 Figure 1. Trajectories of CpG sites that did not return to never-smoker levels within 30

4 years after cessation.