

<Header>SYMPOSIUM

<running head> **TRIPping Constructivism**

<title>**TRIPping Constructivism**

<author>**Ayşe Zarakol**, *University of Cambridge*

<start text>The Teaching, Research, and International Policy (TRIP) surveys have become the authoritative source for making sense of the discipline of International Relations (IR) as a global field of practice. At relatively regular intervals they provide snapshots of the discipline based on the self-reporting of IR scholars from 20 countries around the world. The TRIP project also includes assessments from “a new journal article database that includes every article published in the field’s 12 leading journals” (Maliniak, Oakes, Peterson and Tierney 2011, 438). That the TRIP project has thus filled a significant void by providing very useful sociological information about the discipline is indisputable. In this brief forum essay, however, I want to highlight some more critical insights that emerge from the TRIP project in the hopes of generating a productive conversation about how the surveys should be understood.

<text>I do this by first drawing attention to the fact that the results from recent TRIP assessments make a prima facie case that the discipline is hierarchically organized in ways that marginalize some of the most subscribed-to paradigms and approaches. The assessments make it apparent that the discipline is sociologically stratified in ways that should at least be questioned, if not outright challenged. This was not the main conclusion emphasized by the survey authors; throughout their 2011 *International Studies Quarterly* article, despite also noting that “although three times as many IR scholars report using qualitative methods as their primary approach, more articles published in the top journals currently employ quantitative tools than any other methodological approach” (Maliniak et al. 2011, 437), they nevertheless sound a note of

optimism about the growing theoretical diversity of the discipline. In this brief essay, I will argue that TRIP authors' optimism may possibly be traced back to a tension between how *constructivism* was defined in the TRIP survey (narrowly as a paradigm) versus the journal database (very loosely as an ontological position). On closer reading, what the TRIP surveys demonstrate is not an increasingly inclusive discipline, but rather one whose self-evident "mainstream" is a clear example of a social construction that should be problematized. As will be discussed below, scholarship that is marginalized as being "not real IR" or as falling outside of the mainstream due to its lack of frequent representation in top journals actually constitutes about half of the global field of IR. Furthermore, there is no way of showing that this type of scholarship is weaker than the mainstream other than its publication venues, which suggests that our disciplinary evaluations of merit and quality have a tautological logic to them.

First, a caveat: I ground my observations in the specific example how Constructivism is represented in the TRIP project, but I do not necessarily do so in order to advocate for Constructivism specifically. While it would be disingenuous of me to deny that I am broadly sympathetic towards Constructivism, as someone whose research agenda lies in the intersection of IR and historical sociology, I also see the appeal of the nonparadigmatic turn. As the most mainstream of the various nonmainstream approaches to IR, Constructivism simply presents the hardest case for the broader argument I want to make about the gatekeeping exercised on all nonpositivist approaches. Simply put, if even Constructivism, including its thinnest versions, is stigmatized in the discipline,¹ approaches with more critical stripes likely face even greater obstacles.

<Heading 1>THE HOI POLLOI OF IR, AS CAPTURED BY TRIP

In reporting the results from the 2004, 2006, 2008 surveys, the TRIP project authors note that in the perception of the survey respondents, “the proportion of constructivist literature, which explores the social construction of reality and the role of norms and identity in international politics, has risen over time. . . . Respondents . . . in 2008 believed that it comprised 17% of the literature” (Maliniak et al. 2011, 443). Similarly, the analysis by TRIP staff of journal data, based on coding articles in 12 journals—*APSR*, *AJPS*, *BJPS*, *EJIR*, *IO*, *IS*, *ISQ*, *JCR*, *JPR*, *SS* and *WP*—as Realist, Liberal, Constructivist, Marxist, or Nonparadigmatic, also finds that the percentage of constructivist articles in top journals have risen from nearly zero in the 1980s to more than 10% by 2006.

Subsequent surveys, which include results from contexts other than the US, paint an even more favorable picture for Constructivism as a paradigm, and social constructivism as an ontological position (with epistemological implications). For example, in the 2012 surveys 22% of all global respondents pick constructivism as the main paradigm they work in. With the exception of New Zealand, Norway, and Hong Kong, in all national surveys, Constructivism has the most popular support of all paradigms thus picked. Even in the US, where it shares top billing with Liberalism, Constructivism has 20% of the support of those surveyed (Maliniak, Peterson, and Tierney 2012, 27). There are also reasons to believe that this number does not in fact capture all respondents who subscribe to a broadly constructivist understanding of the world. There are those who follow other approaches and paradigms besides Constructivism who assume that “the identity of agents and the reality of institutions are socially constructed” (Maliniak et al. 2011, 443, fn 17). Most strands of Feminism and English school, for example, also start with this assumption. These paradigms were picked by 4% and 2% of all global respondents in the 2012 survey (Maliniak et al. 2012, 27). Furthermore, there may yet be others whose approaches fall

under the “other” and “I do not use paradigmatic analysis” categories, 15% and 22% of global respondents respectively, that also subscribe to the basic assumption about the social construction of agent identities and the reality of institutions.² This view is supported by the answers to question 20, where 47% of all respondents in the 2012 survey selected “My work does not assume the rationality of actors” in contrast to “I employ a rational choice framework” (7%) and “My work is broadly rationalist, but I do not employ a strictly rational choice framework” (46%; Maliniak et al. 2012, 26).³ Answers to question 26 are also indicative of a similar trend, with 53% of global respondents declining to pick positivism as their epistemological position (32). In other words, while we cannot be certain due to reasons having to do with survey design, there are strong indicators that nearly half of all global respondents subscribe to broadly constructivist assumptions about agency.

Why should this matter? Because once we recognize this possibility, the mirage of parity between how the field is practiced and how it is represented in “top” journals evaporates. At first glance, all seems all is right with the field in this regard: as noted above, the 2011 *ISQ* article on TRIP reports that about 10–15% of the articles in top journals reflect the constructivist paradigm, a number which seems to be more or less in line with the self-reporting of respondents: around 20%. However, when we take into account that the TRIP assessment coded “an article as constructivist if its authors assume that the identity of agents and the reality of institutions are socially constructed” (Maliniak et al. 2011, 443, fn. 17), then we have to acknowledge that in the TRIP journal assessments, not only Constructivist articles but articles *with any broadly social constructivist approach* would have been coded as Constructivist by TRIP. In stark contrast to how other paradigms are defined,⁴ Constructivism is defined very minimally in the coding. This choice therefore both overcounts the actual number of published articles that adopt a proper

Constructivist framework (as it has evolved within IR) *and* obscures how unrepresentative the top journals are of the field as it is practiced both in the US and globally. (I will deal with the question whether this is merited separately below.)

The TRIP assessment of journal articles also finds a great increase of articles that the authors code as nonparadigmatic, from about 30% in the 1980s to more than 60% in the 2000s. However, unlike in the respondents' survey, we cannot assume that the nonparadigmatic articles category could capture any approach that broadly subscribes to social constructivist assumptions. If they did, presumably they would have been coded as Constructivist by the TRIP project. Thus, one could reasonably speculate that the "nonparadigmatic" articles continue the positivist tradition of realism and liberalism's "neo" variants, and express similar assumptions about how the world works, but simply do not indicate very formal paradigmatic affiliations. This speculation is supported by TRIP's own findings that "there is less methodological and virtually no epistemological diversity"; that "when we compare this publication pattern with our survey data, we see evidence of bias: the percentage of articles using quantitative methods is vastly disproportional to the actual number of scholars who identify statistical techniques as their primary methodology"; and that "when we look at the research that is published by the major journals, 90% of articles in 2006 were positivist, up from 58% in 1980" (Maliniak et al. 2011, 439). These patterns raise the troubling possibility that nearly half of the global field as it practiced is represented barely as a minority in the top journals of the discipline, whereas other half is represented as a dominant majority, thereby reproducing the myths of "mainstream" or "real" IR.

<Heading 1>ARE OUR "TOP JOURNALS" REPRESENTATIVE OF THE FIELD?

<text>To get a better sense of the articles in top journals coded in the TRIP database, I engaged in a simple counting exercise of my own focused on *International Organization*, which is considered to be the top journal of the subfield by a broad consensus. Following the TRIP model (and picking up from their 2007 cut-off point for the 2011 article), I collected data from the first and third issues of each year; however, I also tried to pay attention to whether an article was operating explicitly or implicitly in the IR constructivist paradigm⁵ (Constructivism) or simply allowed for the possibility of social construction of (aspects of) international relations (constructivism). Because in many cases these judgments are subjective, in liminal cases I biased the coding against my own argument: i.e., I chose the risk of overcounting openness to constructivist arguments over the possibility of undercounting. What I found is the following: only 5 (6%) out of the 82 articles in my dataset could be classified as operating in anything resembling the Constructivist paradigm. Another 15% could possibly be classified as allowing for or at least not entirely ruling out the possibility of social construction, so I coded them as being open to constructivist arguments; I coded the cases where this was only a possibility as 0.5. It should be noted, however, that only one article in this second category did not subscribe to either a rationalist or positivist epistemology (or both). To put it another way: if we treat constructivism not as a paradigm but as an ontological position with certain epistemological implications, only 7% of the articles in *IO* qualify (even when we include the thinnest versions of Constructivism), with the rest subscribing to rationalism or positivism (or both). Given that almost half of the discipline globally does not understand the field in the latter sense, as reported by TRIP, this should give us at least some pause.

Unfortunately, there is no reason to believe that *IO* is unique in this regard. While this remains to be verified, anecdotal sense suggests that the same exercise could be repeated for

other journals in the TRIP database, and with the possible exception of *EJIR*, it is unlikely that the patterns revealed would be drastically different. If so, then the real question becomes how we should respond to these patterns as a discipline.

<Figures 1 & 2 here>

<Heading 1>SHOULD OUR TOP JOURNALS BE REPRESENTATIVE OF THE FIELD?

<text>Allowing for the possibility that the journal environment got worse for constructivism *after* TRIP took its snapshot of journals in 2011 does not change the overall picture: on the one hand, in the field we have the growing (or at least stable) global popularity of Constructivism as a paradigm (23% in the 2014 survey; 20% of US respondents in the 2012 survey) as well as anti-positivist approaches in general (52% in the 2014 survey), and on the other hand, we have their dwindling representation in top journals (likely less than 10%)⁶. The mismatch is stark enough to be a cause for concern. It resembles other patterns of stratification and exclusion that we consider problematic in academia, such as the pattern of growing numbers of women and minorities at the undergraduate or even graduate levels of education versus their near absence from professorial ranks.

As in the gender stratification example, there may of course be causes other than conscious bias that explain the situation. Furthermore, there is no evidence to suggest that the editors of *IO* or any other top journal are deliberately discriminating against Constructivism or other anti- or non-positivist approaches.⁷ However, we also know from sociology that when the pattern of stratification is this stark, all sorts of structural advantages accrue to the in-group: individuals may “voluntarily” take themselves out of the running, for example, by not submitting articles to top journals, just as women “voluntarily” drop out of the workforce. This may further

perpetuate the status quo by making it more difficult for those who stay in: as reviewers and editors are usually drawn from the pool of authors who previously published with the journal, even with the best of intentions they may not “get” articles with alternative approaches, inadvertently creating a higher barrier to publication, reminiscent of the phenomenon of women needing to have better curricula vitae than men to get equal treatment (see Steinpreis, Anders, and Ritzke 1999). Lacking access to top journals also has other professional repercussions in terms of impact on citation factors (e.g., articles published in *IO* are more likely to be cited both in *IO* and other journals), not to mention on tenure and promotion.

Some may argue that perhaps those who work within the Constructivist paradigm or within an antipositivist vein in general publish less in top journals because they simply are not as research-active as those in other camps. Yet, in the 2014 TRIP survey, 90% of all respondents report spending more than 10% of their time on research, and 64% of respondents report spending more than 25%. The programs of field conferences such as ISA and EISA also clearly attest to the fact the “nonmainstream” 50% of the field is not research inactive. In any case, the issue of who gets to spend time on research versus teaching cannot be cleanly separated from the issue of who gets to publish in top journals. Even allowing that working with positivist methodologies allows for higher frequency of output, frequency and quality of output are not necessarily linked. In other words, the difference in frequency does not seem great enough to explain by itself the disparity between the-field-as-it-is-practiced and the-field-as-it-is-represented in the top journals.

Finally, there is the argument that what gets published in top journals is simply better research. Short of opening a whole can of philosophy of science worms, let me nevertheless note that as a discipline we do not have very good ways of deciding what is good research outside of

its publication venue, so there is a real risk of tautology in that argument. It cannot be shown, for instance, that what gets published is more relevant to policy makers, because by most accounts the gap between the policy world and IR is growing. In the 2012 survey, 37% of global respondents (and 42% of US respondents) said the gap was growing, and 39% said the gap was stable; only 23% said the gap was shrinking, with 2% answering there was no gap (p. 66). Perception itself is not evidence of the gap but is strongly indicative. We especially do not have a way of comparing across paradigms or epistemologies. Ultimately however, as with other patterns of social stratification, the main problem is not who gets in, but who gets left out. This is a pity because with a slight adjustment of perspectives, a more inclusive type of excellence⁸ is possible without at all sacrificing principles of meritocracy.

<Header>**ACKNOWLEDGMENTS**

<text>I would like to first thank Brent Steele and Oliver Kessler for organizing the Constructivism and Generations workshops in Weimar and Salt Lake City, and for inviting me to articulate the thoughts in this essay. I would also like to thank the participants in these workshops, as well as the audiences at ISA and EISA conventions where this essay was presented, for their invaluable feedback, especially Jelena Subotic, Jarrod Hayes, Michael Struett, Nick Onuf, Friedrich Kratochwil, David McCourt, Felix Berenskoetter, Rebecca Adler-Nissen, Hannes Peltonen, Xymena Kurowska, Halvard Leira, Benjamin de Carvalho and Zeynep Gülşah Çapan. I am also grateful to my departmental colleagues Duncan Bell and Devon Curtis for their feedback.

<Heading>**REFERENCES**

- <ref>Adler-Nissen, Rebecca. 2014. "Stigma Management in International Relations: Transgressive Identities, Norms and Order in International Society." *International Organization* 68 (1): 143–76.
- Finnemore, Martha, and Kathryn Sikkink. 1998. "International Norm Dynamics and Political Change." *International Organization*, 52 (4): 887–917.
- Goffman, Erving. 1963. *Stigma: Notes on the Management of Spoiled Identity*. New York: Simon & Schuster.
- Hopf, Ted. 1998. "The Promise of Constructivism in International Relations Theory." *International Security* 23 (1): 171–200.
- Maliniak, Daniel, Amy Oakes, Susan Peterson, and Michael J. Tierney. 2011. "International Relations in the US Academy." *International Studies Quarterly* 55:437–64.
- Maliniak, Daniel, Susan Peterson, Ryan Powers, and Michael J. Tierney. 2014. *TRIP 2014 Faculty Survey*. Williamsburg, VA: Institute for the Theory and Practice of International Relations. Available at <https://trip.wm.edu/charts/>.
- Maliniak, Daniel, Susan Peterson, and Michael J. Tierney. 2012. *TRIP Around the World: Teaching, Research, and Policy Views of International Relations Faculty in 20 Countries*. Williamsburg, VA: Institute for the Theory and Practice of International Relations.
- Onuf, Nicholas. 1989. *World of Our Making: Rules and Rule in Social Theory and International Relations*. Columbia, SC: University of South Carolina Press.
- Steinpreis, Rhea, Katie Anders, and Dawn Ritzke. 1999. "The Impact of Gender on the Review of the Curricula Vitae of Job Applicants and Tenure Candidates: A National Empirical Study." *Sex Roles* 41 (7/8): 509–28.

Wendt, Alexander. 1999. *Social Theory of International Politics*. Cambridge University Press.

Zarakol, Ayşe. 2014. "What Made the Modern World Hang Together: Socialisation or Stigmatisation?" *International Theory* 6 (2): 311–32.

¹ For more in depth discussions of the mechanisms of stigmatization and its effects, see [Goffman \(1963\)](#) as well as [Zarakol \(2014\)](#) and [Adler-Nissen \(2014\)](#).

² As this is based on self-reporting, it is likely that many respondents are interpreting the other choices, including constructivism, as robust paradigms. I, for instance, answered this question with “I do not use paradigmatic analysis”; because these days I do not operate in any one IR framework, though I do broadly assume the socially constructed nature of reality. There must be many other respondents in the same boat, especially outside of the US.

³ In the 2014 survey, respondents were given a fourth option for this question: “My work draws on both rationalist approaches and alternative approaches that do not assume the rationality of actors,” which received 47% of the support. I think the wording here has confused the issue further. In my own work, for example, I do not assume the universal rationality of actors (I contend that understandings of rationality are historically and culturally contingent), but I draw upon rationalist approaches, sometimes because they are relevant to the time period I am interested in and other times because reviewers and editors make me. So answering honestly, I would have to pick this answer. In the 2014 survey, only 25% of respondents selected “My work does not assume the rationality of actors” ([Maliniak, Peterson, Powers, and Tierney, 2014](#)).

⁴ By contrast, the following criteria are used to code an article as realist: “(i) states are the dominant actors in international politics; (ii) states are unitary, rational actors; (iii) states pursue their interests, which are defined in terms of power; and (iv) the international system is anarchic” ([Maliniak et al. 2012](#), 442, footnote 14). The criteria for coding as liberal also consists of a long, specific list: “(i) the primary actors in IR are individuals and private groups, who organize and exchange to promote their own interests; (ii) states are comprised of societal actors (domestic and, sometimes, foreign), which transmit their demands to government officials authorized to act in the name of the state via domestic political institutions; (iii) the nature of the international system (including state behavior and patterns of conflict and cooperation) is defined by the configuration of state preferences rather than, for example, the distribution of power or the dominant system of economic production; and (iv) states may create institutions and develop shared norms, which serve some of the functions typical of institutions within domestic polities”(442, footnote 14). In other words, the TRIP authors treat constructivism *not as a*

paradigm for coding purposes, but *as a paradigm* for comparison purposes, creating the impression of a much more even competition between paradigms. This is perhaps a pervasive problem within the discipline (as the authors acknowledge in fn 13), but comparison is nevertheless misleading.

⁵ As, for instance, defined as Onuf (1989) or Hopf (1998) or Wendt (1999) or has evolved as a field of practice such as the norm literature associated with Finnemore and Sikkink (1998). For space reasons, I stay away from debates about what really constitutes IR Constructivism, but to the extent that the desire to count or reject it as a paradigm exists in the discipline, Constructivism has to stand for more than a minimal agreement about the possibility of social construction, which is shared by many other approaches as discussed above.

⁶ I am making a projection based on the *IO* example discussed above, but the projection also squares with 2011 TRIP results, which found 90% of all articles to be positivist.

⁷ In fact, *IO* has had Constructivist editors. I can also anecdotally attest that the review process at *IO* is fair and reasonable. None of this challenges the argument about systemic patterns, however, and in fact, is in line with what we know about other manifestations of social hierarchies (cf. the Obama presidency, female CEOs, etc.).

⁸ In fact, the few scholars who survived the dynamics described in this forum seem to have considerable influence on the field, even in the US. In the 2012 TRIP survey, US respondents were asked about which scholars produced the best work in the field of IR in the last 20 years. Wendt was ranked number 1, Finnemore 7, Katzenstein 8, Buzan 11, Ruggie and Barnett 19 (p. 48).

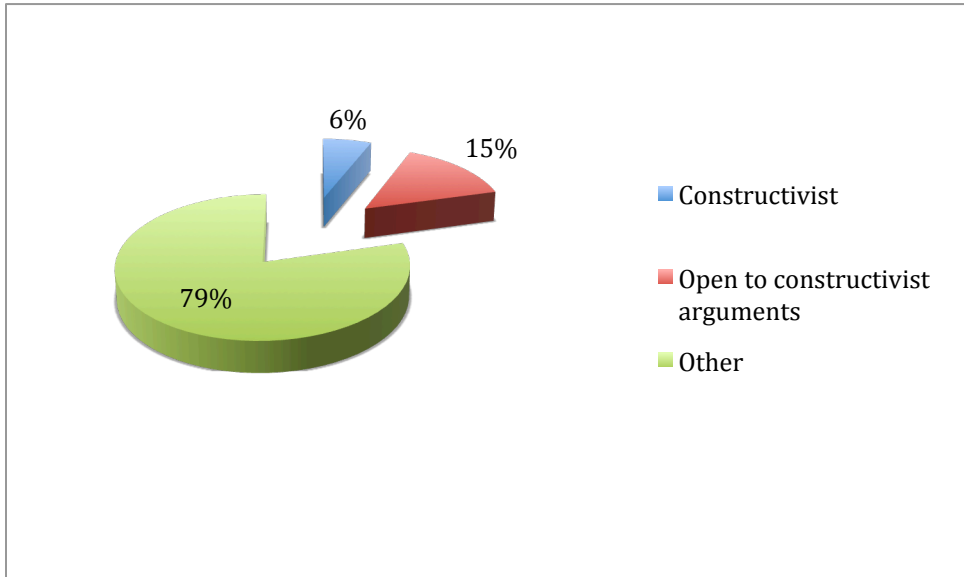


Figure 1: Articles in IO by Paradigm (2008-2015)

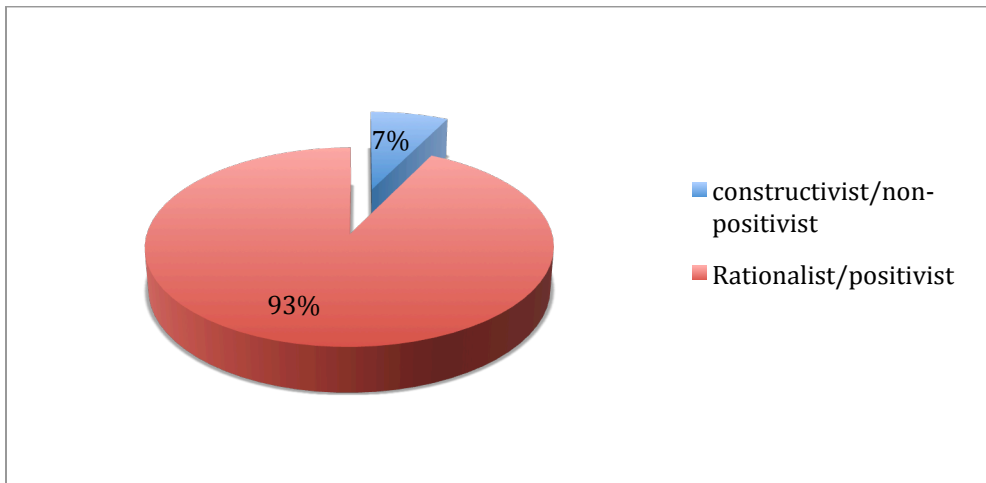


Figure 2: Articles in IO by Epistemology (2008-2015)