

1 **A 'spoon full of sugar' helps the medicine go down: how a participant friendly**
2 **version of a psychophysics task significantly improves task engagement,**
3 **performance and data quality in a typical adult sample.**

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17
18 **Abstract**

19 Few would argue that the unique insights brought by studying the typical and
20 atypical development of psychological processes are essential to building a
21 comprehensive understanding of the brain. Often, however, the associated challenges of
22 working with non-standard adult populations results in the more complex
23 psychophysical paradigms being rejected as too complex. Recently we created a child
24 (and clinical group) friendly implementation of one such technique – the reverse
25 correlation Bubbles approach and noted an associated performance boost in adult
26 participants. Here, we compare the administration of three different versions of this
27 participant-friendly task in the same adult participants to empirically confirm that
28 introducing elements in the experiment with the sole purpose of improving the
29 participant experience, not only boost the participant's engagement and motivation for
30 the task but results in significantly improved objective task performance and stronger
31 statistical results.

32

33

34 **Keywords**

35 Reverse correlation, Bubbles, task engagement, child friendly, experimental outcomes

36

37 **Introduction**

38 There can be little doubt that necessity is the mother of invention, and the
39 driving force for considering a methodological approach in a new light. Reverse
40 correlation methods have a long productive history across a diverse range of topics in
41 psychological and biological sciences (Ahumada & Lovell, 1971; Marmarelis &
42 Marmarelis, 1978). Relatively recently they have been applied to the specific topic of
43 face perception (e.g. Haig, 1995, Gosselin & Schyns, 2001, Sekuler, Gaspar, Gold &
44 Bennett, 2004) and provided some important insights to the understanding of this vital
45 ability. However, while approaches such as these have gleaned a wealth of information
46 from healthy adult participants (typically the classic undergraduate student sample
47 (Heinrich, Heine & Norenzayan, 2010)), their technical requirements have largely
48 precluded a more general applicability that encompasses children and most atypical
49 groups. To address this, we developed a participant-friendly version of one such
50 technique (*Bubbles*, Gosselin & Schyns, 2001) and for the first time were able to use this
51 approach successfully to better understand the development of face processing in
52 typical children (6-12yrs: Ewing et al, 2017a, Ewing et al, 2017b) and adults with a
53 neurodevelopmental disorder (Williams syndrome, see Ewing et al, 2017c).

54 In a standard adult *Bubbles* experiment, participants are expected to complete a
55 large number of trials to guarantee comprehensive sampling of the stimulus space.
56 Typically, this would be many hundreds of trials (at least 500 per condition, often more,
57 e.g. Gosselin & Schyns, 2001, Smith et al, 2005), completed over multiple, extensive
58 testing sessions. In adapting the paradigm to a non-standard audience we faced two
59 important challenges: firstly, ensuring that we had sufficient information sampling to
60 perform the Bubbles analysis and secondly ensuring that our participants remained
61 fully engaged and motivated for as long as possible. To address the former point, rather
62 than test a small number of individuals over many trials (as is typical), we tested large
63 numbers of individuals over a relatively small number of trials. To address the latter
64 point we introduced a number of modifications to the testing sessions, including shorter
65 blocks with an onscreen countdown block progress bar, an interactive and encouraging
66 experimenter sitting alongside the participant and engaging with them during all

67 breaks, and finally the introduction of the puzzle-bubble game during breaks. This game
68 involved the participants guessing the name of famous films/locations/tv-shows from
69 as little visual information as possible; cheeky bubbles 'hid' the key details, but could be
70 removed by the experimenter to provide further clues. Anecdotally, these changes and
71 the puzzle bubble game in particular, appeared surprisingly popular for children and
72 adults alike!

73 Although the effects of mental fatigue are well-known to negatively impact
74 cognitive performance (e.g. Boksem, Meijman & Lorist, 2005; Hopstaken, van der
75 Linder, Bakker & Koppier, 2015) with underlying changes in brain activation patterns
76 (e.g. Lorist, Boksen & Ridderinkof, 2005; Boksem, Meijman & Lorist, 2006; Borghini et
77 al, 2012; Tanaka, Ishii & Watanabe, 2014) there tends to be only minimal consideration
78 of the participant experience during the administration of repetitive tasks often asked
79 of participants in Psychology experiments. Mental fatigue occurs as a result of
80 sustained periods of demanding task performance and is typically characterized by
81 changes in mood and motivation (e.g. Boksem & Tops, 2008), and in particular a
82 reduction in task engagement (Hopstaken, van der Linden, Bakker & Kompier, 2015a).
83 Due to its importance in driving workplace errors and accidents, the study of mental
84 fatigue has often focused on the practical implications for occupational settings.
85 However, as mental fatigue is often directly linked to brain processes critical for
86 performance in psychophysical tasks (e.g. attention, Boksem, Meijman, Lorist, 2005,
87 global/local processing bias, van der Linder & Eling, 2006, executive control, van der
88 Linder, Frese, & Meijman, 2003) it follows that by overlooking their impact, researchers
89 of human behaviour may be deleteriously adding noise to their studies.

90 Research suggests that one way to counter the effects of mental fatigue is to
91 boost the rewards associated with participation (Boksem & Tops, 2008; Hopstaken, van
92 der Linder, Bakker & Kompier, 2015a; Hopstaken, van der Linder, Bakker & Kompier,
93 2015b) to re-engage fatigued participants in a given task. Given this, we were interested
94 to observe if our participant-friendly task modifications, which were specifically
95 designed to engage young / cognitively impaired individuals in our demanding,
96 repetitive and relatively boring tasks, could also have a measurable impact on task
97 performance and data quality in a standard adult sample.

98 We set out to validate the impact and effectiveness of our task engagement
99 strategy and the modifications made to the operation of the task by running three

100 identical base versions of the paradigm with the same adult participants in a single
101 testing session. In one version adults performed the task with no experimenter
102 interaction during the entirety of the task. There was no puzzle bubble game and only
103 generic self-paced “take a break” screens between blocks. In a second version, adults
104 again performed the experiment with no experimenter interaction, but with the puzzle
105 bubble game (played independently) separating blocks (even numbered blocks only).
106 Finally, in the third version, the experimenter interacted with the participant as they
107 played the puzzle bubble game (matching the participant-friendly implementation). All
108 other aspects of the methodology remained constant across the three versions of the
109 task. Furthermore, we employed a modified short-form of the Intrinsic Motivation
110 Inventory (IMI, Ryan, 1982) to directly assess each participant’s subjective experience
111 of each experimental condition to determine if our manipulations significantly altered
112 the participants’ experience of completing the task.

113 We directly compared performance across the different versions of the task, with
114 the expectation that the introduction of both the puzzle-bubble game (to enforce breaks
115 between trial blocks thus ensuring that the blocks are spaced out and to alleviate the
116 tedium of completing many similar trials) and interaction with the observer during
117 breaks would lead to better performance on the task and cleaner statistical results.
118 Comparing version 2 and version 1 permits us to evaluate the effectiveness of
119 the puzzle bubble game in boosting task engagement in itself, while the comparison of
120 version 2 and version 3 establishes the extent to which any improved performance is
121 driven by interaction with the experimenter. Direct comparison between self-report
122 measures of task engagement (from the IMI) and objective performance metrics (from
123 the Bubbles task) allows us to explicitly establish if greater task engagement is
124 significantly tied to experimental outcomes on a psychophysics task such as this.

125 To the best of our knowledge, this is the first time that the impact of the
126 participant experience has been explored in the context of a repetitive visual
127 psychophysics task conducted under typical experimental testing conditions (not those
128 designed to specifically induce mental fatigue by having participants perform the same
129 task repeatedly for a number of hours with no breaks). Should the subjective participant
130 experience and task engagement directly impact cognitive performance and resulting
131 data quality, then there are clear implications across a wide range of research areas in
132 the Psychological Sciences.

133

134 **Methods**

135 Participants

136 30 adults (10male, mean age = 26.2, SD = 10.1) completed a single testing
137 session lasting approximately 45minutes. All participants had normal or corrected to
138 normal vision, no history of psychological problems, and provided signed informed
139 consent. The study was approved by the ethics board of the Department of
140 Psychological Sciences, Birkbeck College, University of London.

141

142 Procedure

143 Using a repeated measures design, in a single testing session participants
144 completed three bubbles conditions. Each took 10 to 15 minutes to complete, and were
145 identical except for the introduction of the puzzle-bubble game during breaks between
146 blocks (versions 2 and 3), and standardised interaction with the experimenter during
147 the puzzle bubble game (version 3). Participants each completed a single puzzle bubble
148 challenge per break (for a total of 4 challenges across the 512 trials of task versions 2
149 and 3), with each challenge lasting approximately 3 mins. The order in which
150 participants completed each version of the task was randomised via a Latin square
151 procedure with ten participants completing each order of the different versions.

152 In the Bubbles task, participants were asked to categorize sub-sampled versions
153 of expressive faces by the expression shown. The approach works by presenting only
154 some parts of a stimulus (typically visual) to the participant on each trial and relating
155 categorization decisions to the information that was presented. On each trial, most of
156 the stimulus is hidden from view and only the information located behind a number of
157 randomly positioned circularly symmetric Gaussian apertures is made available to the
158 participant to make their categorization decisions. The location of the apertures varies
159 randomly across trials so that over sufficient trials an exhaustive search of the visual
160 space will have been conducted. Reverse correlating the location of the apertures with
161 categorization responses permits the experimenter to establish which visual regions are
162 significantly correlated with categorization performance and therefore can be
163 concluded to be essential for the task at hand.

164 Stimuli were fearful, happy, angry and sad expressions taken from the California Facial
165 Expression database (CAFÉ, as used in previous Bubbles expression categorization

166 studies, e.g. Smith et al, 2005; Smith & Merluscio, 2014; Schyns, Petro & Smith, 2007). As
167 per existing Bubbles studies of facial expression categorization, stimuli were
168 decomposed in 6 non-overlapping spatial frequency bands (SF) of one octave each
169 (120-60, 60-30, 30-15, 17-7.5, 7.5-3.8 cycles per image). To create a single experimental
170 stimulus, each SF band was sampled independently with randomly positioned Gaussian
171 apertures (the Bubbles) whose size was adjusted at each scale to reveal 3 cycles per
172 aperture and whose number (per scale) was adjusted to ensure equivalent sampling of
173 each SF scale (i.e. more small high SF bubbles than the larger low SF bubbles). The
174 sampled information from each scale was then recombined into a single stimulus image
175 comprising visual information across the SF bands (see Gosselin & Schyns, 2001 and
176 Smith et al, 2005 for fuller details of the stimulus generation process). The total number
177 of apertures (Bubbles) over all SF scales was adjusted on a trial per trial basis via a
178 staircase algorithm to target a performance criterion of 75% correct. To this end, poor
179 performance resulted in more information on a subsequent trial (i.e. more bubbles),
180 while higher than target performance resulted in a reduction in the amount of
181 information presented on subsequent trials (i.e. less bubbles).

182 In each version of the task participants completed 512 emotion categorization
183 trials (128 per emotion) by categorizing each stimulus by emotion (labelled keyboard
184 keys denoted fearful, happy, angry, sad and don't know), for a total of 1536 trials over
185 the course of the full experiment comprising the three task versions. A short practice
186 phase prior to testing confirmed that participants could correctly categorize the non-
187 Bubbled (i.e., intact) face stimuli by expression and introduced the participants to the
188 response keys. Participants sat 70cm from the experiment which ran on MATLAB using
189 the Psychophysics toolbox (Pelli), such that stimuli subtended a viewing angle of 5.36 x
190 3.7degrees of visual angle.

191 Unlike standard implementations of the Bubbles technique, in the modified
192 child-friendly version, we added a 'don't know' response to prevent participants from
193 correctly guessing and adding unnecessary noise to the data (don't know responses
194 were coded as incorrect). Furthermore, we introduced a count-down bar onscreen that
195 permitted participants to gauge their position in a block, and reduced the length of
196 individual blocks to a few minutes (64 trials) rather than around 5minutes.

197 To gauge interest/motivation, participants completed a short form of the
198 intrinsic motivation inventory assessment (IMI, Ryan, 1982) at the end of each

199 experimental condition. In this questionnaire we asked participants to rate (on a scale
200 of 1 to 7) how they felt about the task they had just completed in terms of their interest
201 and enjoyment (2 separate questions), their perceived competence, the effort they put
202 into their performance, the importance to them of doing well, the degree of pressure
203 they felt, how related they felt to the experimenter and finally how important they felt
204 the task was.

205

206 **Results**

207 **Bubbles results**

208 We considered two performance metrics as dependent measures: the amount of
209 information (i.e. number of bubbles) required to achieve the target performance of 75%
210 correct for each emotion and the actual percentage correct achieved (NB. with a small
211 number of trials it is not possible to perfectly stabilize performance at the target 75%
212 correct), see Figure 1A. Alongside this, we examined the quality of the bubbles solution
213 i.e. the visual information that is significantly associated with categorization of each
214 emotional expression. A one way repeated measures ANOVA with task version (1,2,3)
215 as the within subjects factor indicated a clear main effect on the amount of information
216 required to achieve good performance levels ($F(2,58) = 3.8, p=0.029, \eta^2=0.12$). Planned
217 comparisons revealed that participants required significantly less information for task
218 version 3 ($M = 85$ bubbles) compared to task version 2 ($M = 97$ bubbles, $F(1,29) = 5.6,$
219 $p=0.025, \eta^2=0.16$), but there was no such drop in number of bubbles for task version 2
220 compared to task version 1 ($M = 93$ bubbles, $F(1,29) = 0.9, p=0.35, \eta^2=0.03$). An
221 equivalent ANOVA on percentage correct scores indicated a trend for a main effect of
222 condition here too ($F(1.3, 37.6) = 3.4, p=0.06, \eta^2=0.11$), with planned comparisons again
223 showing that participants are performing slightly better in task version 3 (74.4%)
224 compared to task version 2 (72%, $F(1,29) = 4.2, p=0.049, \eta^2=0.13$), but with no
225 improvement for task version 2 compared to task version 1 (73.4%, $F(1,29) = 2.3,$
226 $p=0.14, \eta^2=0.07$).

227 To evaluate the effectiveness of the task version manipulations on the quality of
228 the bubbles solution we considered the information processing results for the two most

229 well researched emotional expression categorizations: fear and happiness¹. The critical
230 visual information for both fear and happiness categorizations has been confirmed
231 across a number of studies in typical adult participants. For fearful categorizations the
232 crucial visual information has been repeatedly shown to comprise the wide-open eyes
233 across scales in higher spatial frequencies (scales 1-3), alongside the open mouth
234 (scales 3 and 4, e.g. Smith & Merlusca, 2015; Smith et al, 2005, F. Smith & Schyns, 2009;
235 Adolphs et al, 2005). For happiness categorisations it is the wide-open mouth, from fine
236 detail in the higher spatial frequencies through to the broad low spatial frequency
237 mouth shape information (Smith & Merlusca, 2015; Smith et al, 2005, F. Smith & Schyns,
238 2009; Adolphs et al, 2005).

239 For both fear and happy, and all three task version scenarios, the bubbles
240 solution replicates *most*² of the key features of these established processing profiles.
241 Figure 1B shows only those regions that pass the corrected statistical tests ($p < 0.05$,
242 Chauvin et al, 2005) highlighted on a sample face. Significant regions observed under
243 task version 1 are coded in red, those from task version 2 in green and finally those of
244 task version 3 in blue. Note that where the same regions were significant in multiple
245 task versions it is colour coded in the RGB colour space combined colour (e.g. the same
246 region significant for task version 1 (red) and 3 (blue) would be coded in purple the
247 same region significant for all task versions would be coded in white). Figure 1C
248 presents the information association maps (z-scores) for all positive associations
249 between information sampling and performance for each condition in turn across the
250 five spatial frequency bands sampled prior to applying the statistical threshold.

251 Importantly, not all task versions produced equally clear profiles of information
252 use. Close inspection of the results reveals that for fear categorizations, it is only in task
253 version 3 – where social interaction and participant engagement are maximised- that
254 both eyes reach significance in the highest spatial frequency band. Similarly, for
255 happiness categorizations it is only in task version 3 that the entire higher spatial

¹ Information processing results for the expressions of fear and sadness were not considered further due to the lack of an appropriate comparison baseline and in respect of the relatively small number of trials collected here, which is likely insufficient for a fully stable solution for these more challenging expressions.

² Note that our Bubbles solution may be slightly underpowered with only 3,840 trials in total per expression, per task (compared to 16,800 in Smith et al, 2005; or 5,500 in Smith & Merlusca, 2015), which disproportionately impacts the solution in the highest spatial frequency band.

256 frequency mouth reaches significance. Furthermore, when considering the absolute
 257 strength of the association between the important pixel locations and performance (the
 258 un-thresholded z-scores, presented in Figure 1C) the largest values are generally
 259 observed for task version 3, see Table 1³.

260

	<i>Scale 1</i>	<i>Scale2</i>	<i>Scale3</i>	<i>Scale4</i>	<i>Scale5</i>
<i>Fear V1</i>	4.3	5.3	7.6	5.9	3.4
<i>Fear V2</i>	3.8	5.3	7.2	5.6	4.4
<i>Fear V3</i>	4.6	6.3	8.5	5.5	7.4
<i>Happy V1</i>	3.6	4.3	5.3	5.7	4.7
<i>Happy V2</i>	3.5	4.0	4.7	8.8	5.3
<i>Happy V3</i>	3.8	6.1	6.6	4.9	2.5

261

262 *Table 1. Maximal strength of the association between information location and*
 263 *performance (measured in z-scores) indicating a stronger association for task version 3*
 264 *for scales 1-3 for both fear and happy, and again for scale 5 for fear categorizations.*

265

266 **Motivation Questionnaire results**

267 One participant failed to understand the instructions with regard to the
 268 questionnaire (choosing to only answer one of the eight questions at each
 269 administration), and the data for one participant, completing one condition, was lost
 270 due to experimenter error leaving 28 participants. A one way repeated measures
 271 ANOVA, with task version as the factor with 3 levels, was conducted for each question in
 272 turn (GG correction reported for violations of sphericity). Significant effects were
 273 further explored with post-hoc follow up t-tests (Bonferroni corrected for multiple
 274 comparisons), see Figure 2 for average responses per condition. We observed a
 275 significant effect of condition for participant's self-reported enjoyment ($F(2,54) = 4.7$,
 276 $p=0.013$, $\eta^2 = 0.15$), interest ($F(2,54) = 3.86$, $p=0.027$, $\eta^2=0.13$), desire to do well

³ Note that due to the nature of the paradigm results, information processing results at the individual level are not possible, and therefore only descriptive statistics can be provided.

277 ($F(2,54) = 4.4, p=0.016, \eta^2=0.14$), pressure felt ($F(1.57,42.27) = 6.6, p=0.006, \eta^2=0.2$)
278 and connectedness to the experimenter ($F(1.26, 34.06) = 13.2, p<0.001, \eta^2=0.33$), with a
279 clear trend for an effect also on the effort they expended ($F(2,54) = 3.04, p=0.056,$
280 $\eta^2=0.1$). There was no effect of experimental condition on their desire to be good at the
281 task ($F(2,54) = 1.8, p=0.17, \eta^2=0.06$) or how important they felt the task was ($F(2,54) =$
282 $0.74, p=0.48, \eta^2=0.03$).

283 Planned comparisons confirmed that participants enjoyed participating in
284 condition 3 more than condition 2 ($F(1,27) = 6.4, p=0.018, \eta^2 = 0.19$) but with no such
285 benefit for condition 2 over condition 1 ($F(1,27) = 0.6, p=0.45, \eta^2=0.02$). Similarly
286 participants expended more effort in condition 3 compared to condition 2 ($F(1,27) =$
287 $3.98, p=0.056, \eta^2=0.13$), with no difference between conditions 1 and 2 ($F(1,27) = 0.3,$
288 $p=0.59, \eta^2=0.11$). They also tried to do well more for condition 3 than condition 2
289 ($F(1,27) = 4.7, p=0.039, \eta^2=0.15$) with no difference between conditions 1 and 2
290 ($F(1,27) = 1.35, p=0.26, \eta^2=0.05$). As expected, participants felt more connected to the
291 experimenter in condition 3 than 2 ($F(1,27) = 15.9, p<0.001, \eta^2=0.37$), but this came at
292 the cost of feeling more pressure ($F(1,27) = 6.7, p =0.013, \eta^2= 0.2$). Again there was no
293 difference for either connectedness or pressure felt between conditions 1 and 2
294 ($F(1,27) = 1.3, 0.36, p=0.26, 0.55, \eta^2=0.05, 0.013$ respectively). Finally, participant's
295 interest in the experiment did not increase significantly between conditions 2 and 3
296 ($F(1,27) = 0.58, p=0.45, \eta^2=0.02$) but rather there was a trend for interest to be
297 significantly greater for condition 2 than condition 1 ($F(1,27) = 4.0, p=0.056, \eta^2=0.13$).

298 In an exploratory analysis we then asked whether subjective feelings representing
299 engagement with the task might be directly correlated with markers of task performance
300 (percentage correct, mean number of bubbles) within each task version. We considered self-
301 report measures of effort expended as the best proxy for task engagement and found clear
302 relationships between increased engagement and improvements in the behavioural
303 performance metrics for all task versions, but most so for task version 3 (V1: Accuracy,
304 $r^2(28) = 0.40, p=0.03$, Information required, $r^2(28) = -0.33, p=0.09$; V2: Accuracy, $r^2(28) =$
305 $0.52, p=0.005^*$, Information required: $r^2(28) = -0.46, p=0.013$; V3: Accuracy, $r^2(28) = 0.53,$
306 $p=0.004^*$, Information required: $r^2(28) = -0.49, p=0.009^*$, *denotes Bonferoni corrected
307 significant effects). Note that engagement with the task as approximated by effort
308 expended was not directly correlated with 'pressure felt' under any task version ($r^2(28)$

309 = 0.19, 0.03, 0.22, $p=0.35, 0.86, 0.26$ respectively) and in particular the increased pressure felt
310 under task version 3 did not seem to be a significant driving force of improved performance
311 (Accuracy, $r^2(28) = 0.089$, Information required, $p=0.65$, $r^2(28) = -0.16$, $p= 0.43$). Similarly,
312 increased feelings of connectedness to the researcher did not correlate significantly with
313 performance under any condition (V3: $r^2(28)<0.21$, $p>0.28$; V1, V2: $r^2(28)<0.23$, $p>0.23$).

314

315 **Discussion**

316 Here we tested a modified implementation of the Bubbles reverse correlation
317 paradigm that is more appropriate for a developing sample (children) and potentially
318 others for whom the traditional method would make participation very challenging (e.g.
319 individuals with low cognitive ability). Participants completed three versions of the
320 same Bubbles emotion categorization experiment in a single session, with the order of
321 the different versions counter-balanced. With the exception of the reduced number of
322 trials, the first version mirrored that of a standard experiment in most aspects (generic
323 screens providing self-paced short breaks every few minutes, though the use of a count-
324 down bar and presence of an experimenter in the testing room are novel). The second
325 version introduced the puzzle-bubble game as a self-controlled diversion from the
326 monotony of the main task. Finally, in version three, the experimenter actively 'played'
327 the puzzle-bubble game with the participant, acting as quiz master to interact and
328 provide encouragement. Our results indicated better performance for version 3 across
329 the board. Participants demonstrate a capacity to achieve higher performance levels
330 and require less information to do so when performing an otherwise identical
331 psychophysics task. In addition, participants are also subjectively more motivated –
332 they report higher levels of enjoyment, interest, effort and a greater desire to do well.
333 Unsurprisingly, participants also feel a greater connection to the experimenter but also
334 more pressure.

335 A relatively large number of participants for this type of study (thirty) each
336 completed a relatively small number of experimental trials (128 per emotion category)
337 in each of the three different experimental arrangements. Despite a smaller overall
338 number of trials (3840 here (per emotion, per experiment version) vs 5000 [Smith &
339 Merlusca, 2015] or 16800 [Smith, Gosselin, Cottrel & Schyns, 2005]), our Bubbles
340 information use results are clearly aligning with established findings for the well-
341 established happy and fearful expression categorizations. The significant features

342 driving fear categorizations (wide-open eyes across the high and mid spatial
343 frequencies, mouth at lower spatial frequencies) and the features found to be significant
344 for happy categorizations (the broad smiling mouth across spatial frequency bands)
345 mirror past findings. We observe most of these significant visual regions for all three
346 task versions, but note that in fear categorizations the use of the eyes in the highest
347 spatial frequency band only reached significance for version 3. Similarly, it is only under
348 version 3, that the full high spatial frequency mouth reaches significance for happy
349 expression categorization. Furthermore, for the majority of the key visual features, task
350 version 3 produced the statistically cleanest result as indicated by the highest
351 association between visual information and behavioural performance.

352 Our Bubbles paradigm results *and* the motivation questionnaire findings all
353 highlight the importance of social interaction in boosting subjective motivation and task
354 engagement, alongside generating significant improvements in objective task
355 performance and the quality of the Bubbles solution. Little benefit is observed for the
356 use of the game distraction during breaks on its own with the only reported difference
357 being an increase in subjective interest in the task. Past research has shown general
358 cognitive benefits of social interaction including boosting measures of executive
359 functioning (Ybarra et al, 2010), working memory and speed of processing for simple
360 dot patterns (Ybarra et al, 2008) and acting as a potential intervention to slow cognitive
361 decay (Dodge et al, 2015), but to the best of our knowledge this is the first study to find
362 clear benefits of ongoing interaction in a perceptual task such as this. Social interaction
363 is known to constitute a reward in and of itself (Insel, 2003, Walter, Abler, Ciaramidaro &
364 Erk, 2005), and social rewards (typically simply photographs of attractive smiling faces)
365 activate similar neural reward structures as monetary rewards (Aharon et al, 2001;
366 Izuma, Saito & Sadato, 2008; Sprecklemeyer et al, 2009; Lin, Adolphs & Rangel, 2012),
367 with some researchers finding that social rewards can be *even more* motivating than
368 financial rewards in occupation contexts (Graham and Unruh, 1990). The social
369 interaction taking place in version three of the task here could function in a similar, and
370 likely enhanced manner, to activate these same reward structures and boost goal
371 directed behaviour in the task.

372 As such, we conclude that it is likely that any similar diversionary activity that
373 engages the participant with the experimenter during breaks is likely to lead to a
374 similar boost in performance and participant experience. Further studies could explore

375 the extent and nature of the diversion and interaction required in more detail to further
376 optimise testing efficiency. Extant evidence suggests that the interaction should be
377 neutral or cooperative (as opposed to competitive) to drive improved performance
378 (Ybarra et al, 2010). Other factors including explicit feedback, either as vocal praise (a
379 staple of education / training), numerical assessments of ability, or more traditional
380 rewards (e.g. desired foods, monetary rewards, gifts e.g. small toys / stickers for
381 children) could also be interesting avenues to explore in the context of boosting task
382 engagement and associated performance and ability.

383 It is important to note that we did not set out here to establish the necessary (or
384 sufficient) number of trials required to achieve a stable Bubbles solution, and it would
385 be incorrect to conclude a lower bound from the current findings. Determining the
386 necessary number of trials required to accurately categorize important information use
387 for a particular categorization is an important question for future research but is
388 outside the scope of the current manuscript. It is a complex problem that will vary
389 depending on a considerable number of factors. For example, obtaining a stable solution
390 will require more power (i.e. more trials) when the categorization to be made is more
391 challenging, e.g. in the case of sadness and anger here. Trial numbers might also vary if
392 individual differences across participants results in consistently high levels of noise -
393 see Wang, Friel, Gosselin & Schyns (2011) for an estimate in small set of individuals in a
394 standard Bubbles expression categorisation task and note that they observed
395 considerable individual differences in the number of trials required. If it proves possible
396 to establish a target number of trials for a particular categorization, one could then
397 explore if improvements to participant engagement significantly alter this. Finally, it is
398 also important to note that the participant-friendly approach presented here is
399 intended to pull out similarities in information use within a wide sample of participants.
400 In situations where one expects the sample to vary widely in the strategies employed
401 e.g. in developmental prosopagnosics who report a wide number of strategies to
402 counter their face processing deficits (Yardley, McDermott, Poisarski, Duchaine, &
403 Nakayama, 2008), an approach such as this is unlikely to work.

404

405 **Conclusions**

406 Working productively with young children and other groups varying in cognitive
407 ability often requires careful consideration of the participant experience that can be

408 foreign to those working with complex psychophysical paradigms. The results
409 presented here signal that child-friendly design modifications are possible and need not
410 undermine the interpretability of results. In fact, our findings show the opposite
411 pattern. Here, they pay clear research dividends with typical adult participants. By
412 boosting task engagement via an interactive game, we were able to improve objective
413 task performance and the statistical power of our results in a basic investigation of face
414 processing taking place in a short testing session (only 15mins per task). These results
415 will hopefully encourage researchers to see that creating a friendly and engaging
416 participant experience should not be limited to situations with children or atypical
417 populations. We have confirmed empirically that there are significant benefits
418 associated with expending a little more time and effort during data collection.

419

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532 executive functioning? *Social Psychological and Personality Science*, 1-9.

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537 **Figure Captions**

538

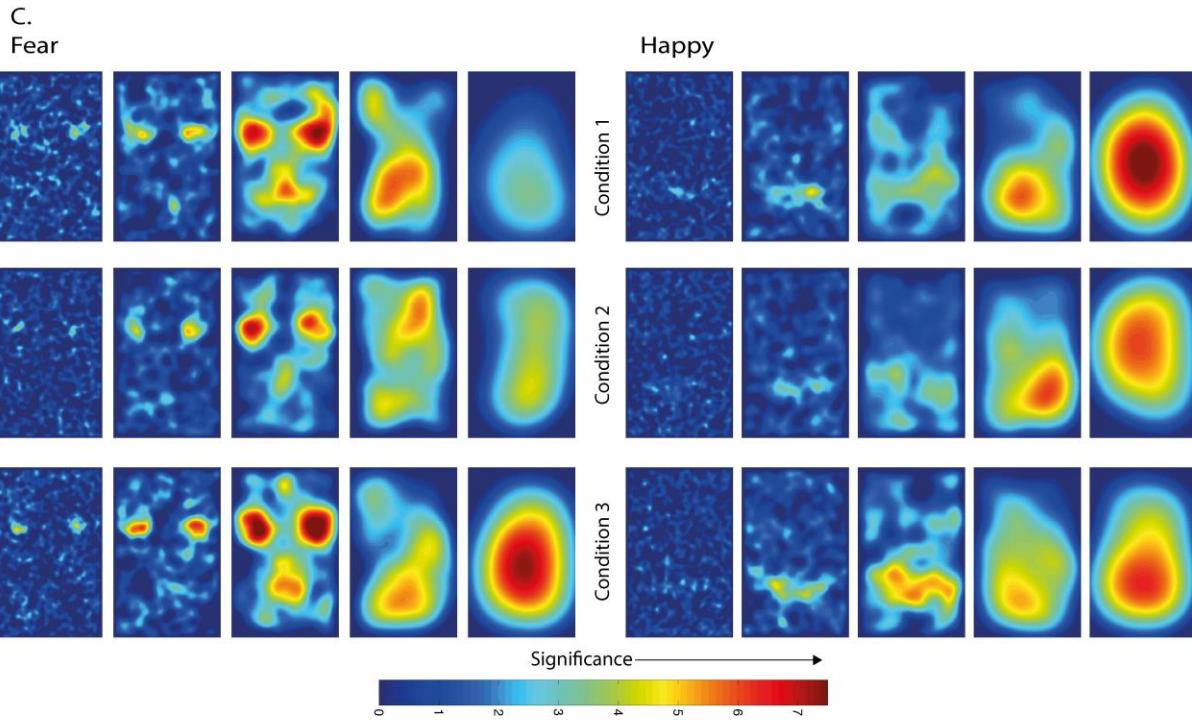
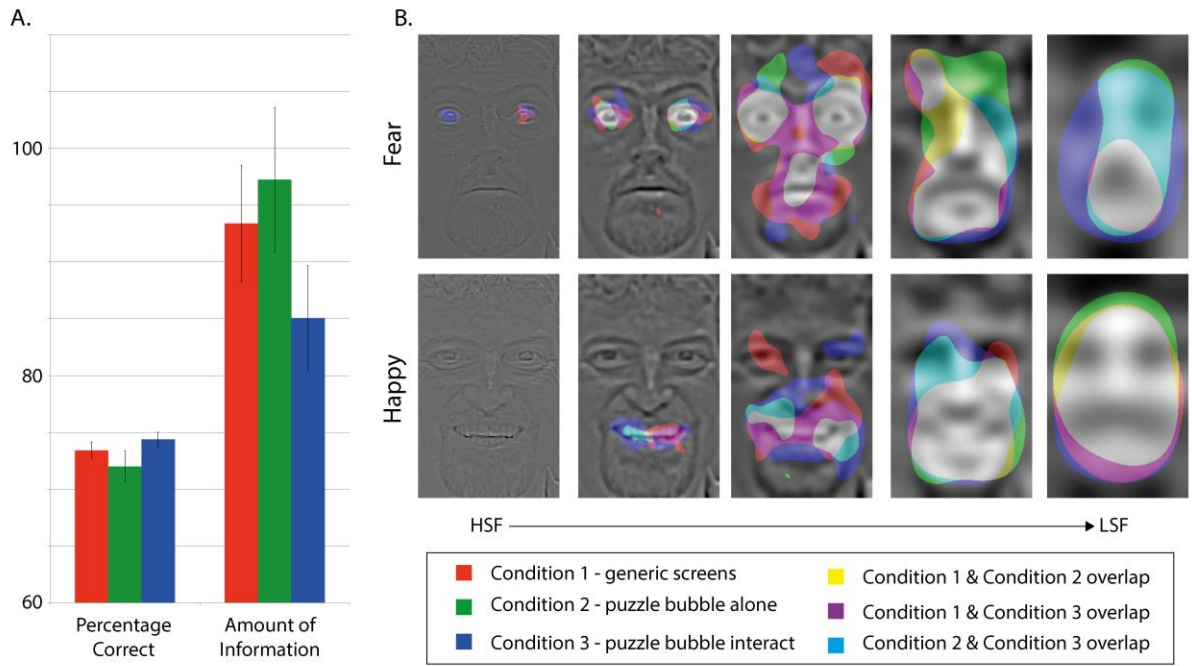
539 Figure 1. A – behavioural metrics of performance accuracy and the amount of
540 information required in red for condition 1, green for condition 2 and blue for condition.
541 B – regions significantly associated with correct categorization performance for fearful
542 and happiness categorizations ($p < 0.05$ corrected) for condition 1 (red), condition 2
543 (green) and condition 3 (blue). Note that when the same region is significant for
544 multiple conditions it will be coloured as per the RGB colour space combination (e.g.
545 purple = red + blue = condition 1 and condition 3, white = red+green+blue = all three
546 conditions). C – the un-thresholded information association maps between correct
547 categorization performance and information location (measured as z-scores, higher
548 values represent a greater association between presentation of information at that
549 location and correct categorization response).

550

551 Figure 2. Subjective ratings from participants after completing each experimental
552 condition (condition 1 in red, condition 2 in green and condition 3 in blue).

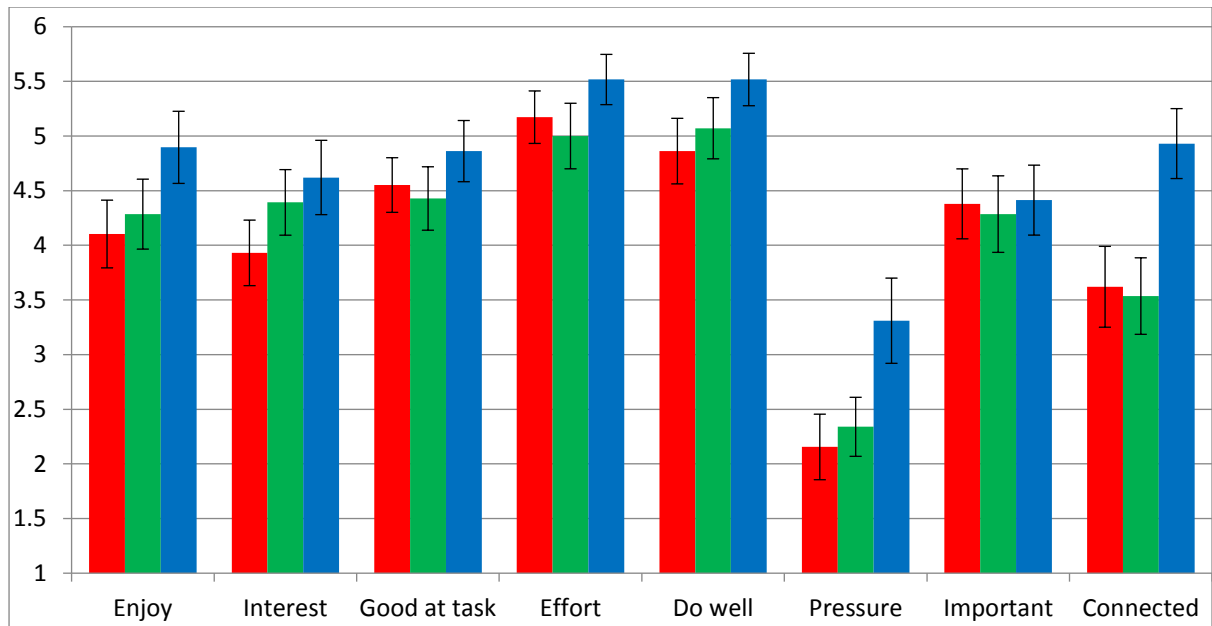
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Figure 1.



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561 Figure 2.