Analysis of Household Energy Uses in Mubuga Informal Settlement, Gitega, Burundi

Prime Niyongabo1* and Tafadzwa Makonese1

¹Sustainable energy Technologies and Research (SeTAR) Center, Faculty of Engineering and the Built Environment, University of Johannesburg, Auckland Park 2006, Johannesburg, South Africa. primen@uj.ac.za

Abstract- This paper presents an analysis of household energy uses in an informal settlement in Mubuga, Gitega, Burundi. At the time of the survey, the informal settlement was not connected to the main electricity grid. A survey of 100 households was conducted and data were collected through structured and open interviews. Of the interviewed households, 84 percent indicated that they used fuelwood as a primary energy source for cooking. About 94 percent used charcoal for commercial (barbecuing/grilling meat) purposes and 22 percent used it for domestic cooking. For lighting, kerosene accounted for 55 percent followed by candles (36%) and rechargeable lanterns (10%). Households in Mubuga used multiple fuels to meet their basic energy needs. It is therefore recommended that intervention models that advocate for the use of multiple fuels should be promoted in the area, as it allows households to choose freely energy sources from a suite of options.

Keywords: Domestic energy, energy ladder, energy policy, fuel choice, health, surveys

1. INTRODUCTION

In Burundi, the majority of the low-income urban households are without access to clean energy and sanitary services. Access to appropriate levels of energy services or the lack thereof is an indicator of a country's level of social-economic development (Kimemia and Annegarn 2012). It is arguable that a lack of access to appropriate level of energy services is a major cause of the slow social-economic growth in Burundi. The Millennium Development Goals (MDG) cannot be realised without affordable, accessible and reliable energy services (UN Energy 2015). To meet these objectives, the government of Burundi has engaged in the development of policies and action plans for the energy sector. The policies aim to facilitate, in a sustainable manner, the supply and demand for energy in all sectors of the economy, including investing in renewable energy technologies.

Despite, progressive pro-poor policies, poverty persists and inequality has deepened in the communities. The Burundian civil war lasted 12 years (from 1993 until 2005) and was detrimental to the political and economic stability of the country. The city of Gitega was seriously affected, and the area is still in the process of recovering from the war. The civil war led to the collapse of infrastructure including water and electricity, prompting people to rely heavily on forest resources to meet their basic energy needs. The fuel is burned in an unsustainable manner using open fires and inefficient cookstoves resulting in elevated levels of household and local ambient air pollution. The World Health Organization estimates that 4.3 million premature deaths per year are directly attributable to household air pollution (HAP) from use of solid fuels (WHO 2014). More than half of them are children under the age of five years. Household air pollution (HAP) is associated with increased morbidity making people susceptible to acute and chronic respiratory disorders, and pulmonary and systemic diseases (Gordon et al. 2014).

On the other hand, the continued use and reliance on fuelwood and charcoal is a major cause of deforestation in Burundi. Deforestation is one activity that is exceptionally harmful to the natural environment, as it results in decreased biodiversity and increased rates of soil erosion. The clearing of trees for agricultural and energy purposes interrupts the natural water cycle, as trees participate in the absorption of ground water and evaporation of water vapour (Zolay and Jessie 2013). Deforestation, therefore, results in increased levels of CO_2 the primary greenhouse gas emitted by humans in the earth's atmosphere (EPA 2015).

Strong policies can improve the situation by promoting more efficient and sustainable use of traditional biomass, and encouraging people to *switch* to modern cooking fuels and technologies. Despite the policies taken by the government of Burundi in terms of households electrified, many households especially in the low-income stratum, will remain without electricity connections or will not be able to afford electricity for cooking and heating into the foreseeable future. However, improving access to modern energy sources such as electricity, clean fuels and clean cooking technologies is important to improving health, education and reducing risks of burn injuries (Heltberg 2003).

Various studies have researched household fuel uses and choices in informal settlements (Wolpe and Reddy 2010; Lloyd 2014; Makonese et al. 2016) and in rural communities (Madubansi and Shackleton 2003; Masekoameng et al. 2005). Country and in-country studies

on household energy uses and choice determinants have been carried out by Chen et al 2016 for Sichuan a rural village in China, Rahut et al 2016 for Bhutan, van Gevelt et al 2016 for an energy poor Rwandan village, Bamiro and Ogunjobi (2015) for Nigeria, Mwaura et al (2015) for Kenya, Mensah and Adu (2013) for Ghana, Jan et al (2012) for Pakistan and Heltberg (2003) for Guatemala, to mention a few. However, there are currently no country- or in-country studies for Burundi; there is a dearth of information in open and grey literature on household energy uses and choices in Burundi.

The main objective of this study is to investigate fuel use scenarios in a typical informal settlement in Mubuga, Gitega, Burundi.

2. METHODOLOGY APPROACH

2.1 Case study area

The surveys were carried out in an informal settlement in Mubuga, Gitega, Burundi. The area is situated about 100 km, north of the capital city of Bujumbura. Mubuga is located 2° 59' 12" S (Latitude) and 29° 36' 00" E (Longitude). The area is not connected to the national electricity grid, which is about 11 km from the informal settlement. There, however, have been efforts made by the Burundi government to generate solar electricity in that area. There is a 75 MW solar plant earmarked for the area. Residents of Mubuga are dependent on biomass fuels (firewood, charcoal, and agricultural waste), rechargeable electric lanterns, and candles to meet their basic cooking and lighting needs. The main dwelling houses are made of brick and mortar, with separate kitchen huts made from pole and clay. These are low cost dwellings and they require less maintenance. The quality housing is poor in this informal settlement, as the buildings were not constructed following any set of housing standards. However, the walls of the dwellings are constructed using fired clay bricks, with the floors constructed from mud. Mud floors are hard, cheap, impervious, and easy to maintain. The roofing is mostly constructed with informal materials including dry grass or thatch, palm leaves, and corrugated iron sheets. The meals are often cooked outdoors; the kitchens are outside of the main dwellings.

2.2 Questionnaire surveys and interviews

The questionnaire used herein were developed and administered in December 2015, to gather information on energy practices within the informal township of Mubuga. The following specific information was gathered:

- Fuel types and combustion technologies

- Socio-economic factors influencing stove and fuel choices;
- Fuel procurement;
- Amount and cost of fuel used daily, primary for cooking, lighting, and meat grilling
- Cost of combustion devices.

The interviewers were selected from the informal settlement and were trained in the administration of the questionnaire, initially by administering the questionnaire to each other (Masekoameng et al. 2005; Scorgie et al. 2011; Kimemia and Annegarn 2012). After the training exercise, the interviewers then took part in pilot survey of ten respondents (not taking part in the survey) to test the questionnaire instrument (Kitch et al. 2000). The questionnaire was structured with both closed and opened questions as in Makonese (2016) and Kitch et al. (2000). The final questionnaire developed comprised twenty questions relating to: cost, use, procurement, collection, and type and quantity of fuel used. As the questionnaire did not request any personal information (age; gender; status in the household, income level of the respondents), the researcher was advised that informal ethical clearance was not required. The interviewers randomly selected the houses to interview. An informed consent form was included with the questionnaire at the start of each interview. After explaining the purpose of the survey and before the interview went on, the respondents were asked to sign the consent form. Interviews were not carried out on respondents who refused to sign the consent form. It took ten interviewers a full day's work to administer 100 questionnaires to 100 randomly selected households. Of the 100 questionnaires administered, only 92 were received free of error and were included in the analyses.

3. **RESULTS AND DISCUSSIONS**

3.1 Fuel types and combustion technologies

The frequency of fuel use for basic household tasks such as cooking and meat grilling (barbecuing) are presented in Table 1. Generally, households in Mubuga cook two meals per day of beans, bananas, cassava and vegetables. Not many households can afford more than two meals per day, with a meaty dish reserved for special occasions or when the young boys kill small game from nearby forest resources. Results presented herein show that of the interviewed households 84 percent use firewood for cooking and beer brewing with open fire (three-stone stove) being the main cooking technology, while 16 percent reported using firewood for

grilling (barbecuing) meat. In addition, 22 percent of the respondents reported using charcoal for cooking in a locally fabricated stove known as the *Imbabula*, while 78 percent use the fuel for meat grilling, especially in informal roadside restaurants.

Kerosene is frequently used for lighting (55%) in self-fabricated wick lamps, followed by candles (33%) and rechargeable electric lanterns (10%). This indicates that almost every interviewed household makes regular use of firewood and charcoal for cooking and grilling meat. The bulk of charcoal is used in commercial cooking activities. Firewood is the dominant fuel for cooking, with charcoal being the dominant fuel for grilling meat. Firewood is the principal fuel for economic activities like commercial cooking and beer brewing. About 12 percent of the interviewed households reported that they often brew a local beer called "Kanyanga" using firewood. This local brew has been banned for commercial sale in the formal market. Residents sale the beer among themselves (in Mubuga) as a money making venture. Results also show that of the 92 households that reported using wood, 20 of them used the fuel for commercial cooking activities. This indicates that in the absence of formal employment, 21 percent of households are engaged in local biomass-powered business activities for income generation.

The penetration of electricity in this area is low because the area is not yet connected to the national electricity grid, with the grid situated in Gitega about 11 km from the village. Households who use rechargeable electric lanterns, have to cycle on bicycles or walk to Gitega town to get them recharged. A full recharge of the lantern would give the households approximately eight hours of light, and to get the lantern charged would cost them 1500 BIF¹ per lantern.

Type of fuel	Cooking	Grilling Meat	Lighting	
Wood	77 (84%)	14 (16%)	-	
Kerosene	-	-	51 (55%)	
Charcoal	20 (22%)	86 (94%)	-	
Candle	-	-	33 (36%)	
Rechargeable Electric lanterns	-	-	9 (10%)	

Table 1: The fuel use frequency in Mubuga in sampled households (n = 92)

¹ BIF is the currency code for Burundi, where 1 USD was equivalent to 1550 BIF at the time of the survey.

Combined	97 (106%)	100 (110%)	84 (101%)
frequency	<i>)(</i> 100 <i>/</i> 0 <i>)</i>	100 (110/0)	

Respondents were aware of the harmful dangers of using solid fuels and inefficient kerosene wick lamps indoors. Of the interviewed households 88 percent reported that smoke form firewood caused them upper respiratory problems including coughs and chest infections, with some reporting that the smoke caused itchy and red eyes. One female householder commented on the dangers of using solid fuels and kerosene wick lamps indoors:

"Using firewood inside the house is not good for the health. The wood, especially when it is wet produces a lot of smoke, which causes my children to cough, and have itchy and red eyes. Therefore, we have built a kitchen away from our main dwelling to avoid this problem. On the other hand, kerosene wick lamps remain a problem. We need the light in the night for the children to study. The lamps produce a lot of smoke which is not good for our health and cause everything in the house to smell of kerosene."

3.2 Socio-economic aspect affecting fuel and stove choices

3.2.1 What makes people cook on firewood?

Based on affordability, availability, and socio-cultural aspects the households tend to prefer the firewood for preparing meals than kerosene, and charcoal. The majority of the respondents said that they collected firewood free of charge, while some indicated that they processed charcoal from firewood to sell in the nearby Gitega city. The traditional three- stone stoves are important cultural devices, where families sit around the fire to socialise. The stoves have multiple functions, which include space heating, cooking, lighting, and drying of vegetables and meat products. The smoke from the stove is used to repel insects including houseflies and mosquitoes. Asked whether the respondents would welcome improved single plate cookstoves that would save fuel and reduce smoke emissions, a male respondent commented that women preferred the three-stone fire to improved stoves because the three-stone fire serves multiple purposes simultaneously:

"Our women prefer the three-stone fire to any stove as the stove performs many functions simultaneously. These improved stoves are only suitable for smaller families as many of them are single-plate stoves. Again, some require you to cut wood into smaller pieces before you can use them. We do not have time to cut big logs of wood into kindling" For meals that take longer to cook (e.g. beans, cowpeas, samp), householders prefer to cook them on a three-stone fire stove. From the interviews, it also emerged that households preferred dishes cooked on a wood fire than on a charcoal fire, citing that the smoke tends to give flavour to the dish.

"I prefer dishes cooked over an open fire. They taste nice compared to dishes cooked over charcoal. The smoke of some tree species adds a good aroma and flavour to the dish....My wife once used a kerosene stove but she had to stop as the fumes from the stove added an unpleasant kerosene flavour to the food. So we stopped using it and have told our friends and family not to use these kerosene stoves." Male householder respondent.

3.2.2 Cost of combustion technologies

The price attached to a device plays an important role on the choice the user makes (Makonese et al. 20016). All households interviewed used the three-stone fire for cooking and the respondents cited that the stove was free to construct and did not require skilled expertise to construct. The metal grill and the Imbabula stoves are easily constructed from locally available scrap materials, without the user having to pay for the device. From the surveys, it emerged there are two artisans in the area who manufacture these stoves upon request for a small fee (between 2000 BIF - 3000 BIF). Asked whether the respondents will be willing to adopt improved wood and charcoal stove, survey indicated that the more than 60 percent of the respondents were interested in adopting an improved cookstoves (ICS), with 40 percent raising concerns over the use of improved stoves. Of the 60 percent who agreed to buying ICS, when asked how much money they would be willing to spend on an improved stove, the majority (70%) chose the lower price option of less than 3 200 BIF, while 22 percent chose a higher price range of between 5 333 BIF and 8 533 BIF. Those who wish to use expensive stoves argued that the more expensive the stove is the better the quality and durability. Those who preferred cheaper ICS highlighted that due to increased levels of poverty, they could not afford the higher priced stove, although they wish they could own an expensive one. In fact, the main reason why householders wanted to use ICS was to save fuel and reduce household air pollution (HAP). The Imbabula stove, which is commonly used in the Mubuga informal settlement, is an example of an inefficient and aesthetically unpleasant cooking device. This further highlights the energy poverty and plight of the people in the area.

3.2.3 Comparative of fuel costs

Table 2 gives the average energy use quantities and cost of four energy carriers used in the case study area. As most houses use more than one fuel source, the values are not the total household energy expenditure per period. The survey showed that firewood (when purchased) is the least expensive fuel, while charcoal is the most expensive energy carrier. Candles have the least cost per unit compared to all other energy carriers. However, candles are used only for lighting purposes, and in some households, they are substituted with kerosene wick lamps.

Туре	Unit of sale	Price/unit	Market	Weekly	Monthly	Yearly
Wood	10 kg	535 BIF	local	3 735 BIF	14 930 BIF	179 185 BIF
Charcoal	5 kg	1600 BIF	local	11 200 BIF	47 995 BIF	575 950 BIF
Kerosene	1 L	960 BIF	local	5 760 BIF	23 038 BIF	276 455 BIF
Candles	each	160 BIF	local	1 120 BIF	4 480 BIF	5 3755 BIF

Table 2: Energy use quantities and costs – average over the 92 respondents

Table 2 shows that lighting by candles and kerosene wick lamps still forms an important fraction of the overall household energy budgets. In households who possess rechargeable electric lanterns, householders use ~ 6 000 BIF per week to have the lanterns recharged. This rate of expenditure is comparable to that of kerosene. However, the use of rechargeable electric lanterns has the added advantage of improving the general health of householders as they are exposed less to harmful emissions from kerosene wick lamps and possible fires from the use of candles. The electric lanterns are a status symbol in the community as they come with a high purchase price of 3800 BIF.

"I use a rechargeable electric lantern for illumination. The lanterns they burn brighter than 10 candles put together and they do not produce any smoke or smell like kerosene lamps. At least my children can study under some bright light. However, we only use the lanterns for less than 3 hrs per day as the batteries quickly drain out. They are expensive to recharge and I make a trip to Gitega every two days to get them recharged." Female householder respondent.

3.2.4 Fuel procurement

The respondents were asked how they obtained the fuels and more than 90 percent of the respondents confirmed that they buy the kerosene and candles from nearby shops. There is a Roman Catholic monastery in the area, with a shop that sells basic household goods. However, the monastery is not connected to the main electricity grid and relies on generator sets to power the church community. Concerning firewood, 92 percent of the respondents reported that they collected the wood free of charge and 5 percent indicated that they purchased it from firewood vendors, while 3 percent said that they both collected and purchased. Fuelwood in Mubuga is more often gathered from natural forests due to increased deforestation in the area. Charcoal is produced from forest resources in an unsustainable manner, from whence it is then ferried and sold to the nearest urban market. The unsustainable production of charcoal in response to urban demand increases the burden on biomass forest resources. Charcoal production is often inefficient and can lead to localised deforestation and land degradation including soil erosion and siltation.

Women and children are responsible for wood collection, a time-consuming and exhausting task. The average fuelwood load was 20 kg per head load. Because transport services are deficient or unaffordable for households, everyday transport work is achieved through head loading and on carts in a few households that can afford them. Domestic firewood load carrying (culturally regarded as a 'female' activity in most African societies) is as a low-status activity, and can be used as a poverty indicator inherent in these communities. Carrying heavy firewood loads may have serious health implications for young girls, given their physical immaturity. Over time, the children may experience inflammation or damage to the head, neck, and the spine (Porter et al. 2013). The collection time plays a significant role in how else women and children spent their time. Longer firewood collection times often hinders women and children from engaging in other empowerment activities including education and running informal businesses. Many children especially girls, are withdrawn from school to attend to domestic chores related to biomass use, reducing their literacy and restricting their economic opportunities.

3.3 Assessing the energy ladder model in Mubuga

Form the evidence presented in this study, households without access to modern forms of energy will continue to use a suite of energy carries to meet their basic energy needs. Over the past two decades, there is increased body of evidence that suggests that "fuel switching" is not a straight path as suggested by the concept of an "energy ladder" or the "leapfrogging" concept

(Madubansi and Shackleton 2003; Hiemstra-van der Horst and Hovorka 2008; Makonese et al. 2016). The high cost of connecting homes to grid electricity, situated 11 km away from the village, is a major constraint towards complete substitution of other fuels with electricity. However, evidence has shown that even in homes that have been connected to the main electricity grid, households continue to use other forms of energy carriers (Madubansi and Shackleton, 2003). High electricity tariffs may deter households from using electricity for energy intensive activities such as cooking and heating. Rather, households would use electricity for lighting, entertainment (radio and TV sets), and refrigeration. Other reasons for continued use of traditional fuels to others include socio-cultural preferences, where householders prefer a dish prepared on a wood fire to that prepared using other forms of energy. It is envisaged that, even when the Mubuga informal settlement will be electrified, households will continue to use firewood to meet some of their basic energy needs. This is because firewood is collected free of charge and is relatively cheaper than most advocated for modern energy carriers. It is also widely believed in Mubuga that firewood cooks faster than charcoal or kerosene fuels.

It can be argued in light of the above, that in impoverished societies, electricity is an additional fuel rather than a displacement fuel. As employment opportunities are still limited in Mubuga, activities from which households derive their incomes are equally limited. This has farreaching implications on their purchasing power. Asked whether they would continue to use firewood when they receive electricity, one female householder had this to say:

"Having electricity in my home will be a good thing, and I pray for that to happen in my lifetime. However, no one in my family is working and we do not see ourselves affording to purchase those expensive electric gadgets, including electric stoves. Only the rich can afford them. That is why we will always use firewood for cooking until we also become rich."

There is a need for job creation around the area; without a higher purchasing power, it would be impossible for households to benefit from the introduction and use of modern and more costly energy carriers.

4. Conclusion

The survey focused on the domestic energy use in a typical informal settlement in Mubuga, Gitega, Burundi. This is the first survey of this nature in Burundi and has demonstrated energy challenges that informal communities in Burundi are facing to meet their basic cooking,

heating, and lighting needs. Results showed that firewood is the primary energy source for lowincome households. The fuel is harvested and collected by women and children from nearby forest resources. Longer firewood collection times often hinders the harvesters from engaging in other empowerment activities including education and running informal businesses. The efficient utilization of biomass resources reduces the collection times and this has the potential to improve the quality of life and livelihoods of both women and children. Kerosene and candles are widely used for lighting, while charcoal is used mostly for meat grilling than for cooking. The study also showed that residents use multiple fuels (more than a single fuel source) to meet their energy needs. The choice of fuel use was found to be influence by availability, cost and cultural preferences.

Policy Recommendations

Results presented in this study have important policy implications and there is a need to include some of the findings into future energy policy designs for Burundi. For example, biomass fuels remain of significant economic value to informal settlements, rural communities and some lowincome urban settlements in Burundi. This is because biomass is the single most used energy carrier in Mubuga informal settlement and across geographical locations in Burundi. There is therefore an urgent need for the government to recognise the value biomass resources play in the larger economy of Burundi, in order to develop energy and economic strategies and policies accordingly. Electrifying villages to replace the use of biomass fuels may not be financially feasible. For poor villages to be electrified, the government would need to subsidise heavily electricity connection fees to enable all households to be connected to the national grid.

Inefficient and unsustainable cooking practices can have serious implications for the environment, such as land degradation and local and regional air pollution. Improved cooking technologies could play a significant role in these communities. Technologies that are more efficient provide higher quality energy services at lower costs, and free up household time especially for women and children, so that they can dedicate their time to education and other moneymaking initiatives. The government of Burundi could achieve this by reducing, subsiding or exempting tax or import duty on improved cookstove technologies, renewable energy technologies and cleaner fuels. For this to be successful there is a need for the

government to establish an independent agency with a mandate to plan and promote clean cooking and heating technologies. The agency will also coordinate the establishment and enforcement of technology standards, through testing, evaluation and monitoring exercises at national and subnational levels.

The provision of electricity alone may not replace traditional fuels such as wood and charcoal. In fact, replacing traditional fuels completely with modern alternatives will not necessarily create a sustainable energy model for these marginalised communities (Makonese et al., 2016). Thus, models and interventions that seek to address energy needs in informal settlements and rural communities in Burundi need to be less supply driven and should consider demand factors. This implies that such models should consider ender user behaviour and preferences as a starting point. Any model or intervention that advocates for the use of multiple fuels should be promoted, as it allows households to choose freely energy sources from a suite of options.

This study recommends, for future studies, an in depth analysis of household energy use and cookstove preferences, willingness to purchase the technologies and shift to cleaner sources of energy. Such information is useful in directing investment and innovation in the cookstove sector in addressing energy poverty and access in marginalised communities.

ACKNOWLEDGEMENT

This work was supported financially by the University of Johannesburg through a URG fellowship grant to PN and TM, and in part from a grant from the Global Alliance for Clean Cookstoves (GACC) to the SeTAR Centre as a Regional Stove Testing and Development Centre. The authors thank all respondents from the Mubuga informal settlement in Gitega, Burundi, for their active participation.

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