

20 seasonal ENSO phase locking. ENSO phase locking is very sensitive to changes in the mean-state
21 realized by the modifications described above. An excessive equatorial cold tongue leads to weak phase
22 locking by reducing the Ekman feedback and thermocline feedback in late boreal fall and early boreal
23 winter. Seasonal ENSO phase locking also is sensitive to the shortwave feedback as part of the thermal
24 damping in early boreal spring, which strongly depends on eastern and central equatorial Pacific SST.
25 The results obtained from the KCM are consistent with those from models participating in the Coupled
26 Model Intercomparison Project phase 5 (CMIP5).

27 **1. Introduction**

28 The El Niño/Southern Oscillation (ENSO) is the dominant mode of interannual climate variability in the
29 tropics. ENSO is characterized by sea surface temperature (SST) anomalies of a few centigrade primarily
30 in the eastern and central equatorial Pacific, which drive global teleconnections (e.g. Brönnimann et al.
31 2004). The warm phase of ENSO is termed El Niño, its cold phase La Niña. A robust feature of ENSO is
32 its preference to exhibit peak SST anomalies in boreal winter and to depict only small anomalies in boreal
33 spring. This behavior is referred to as seasonal ENSO phase locking (e.g. Tziperman et al. 1998; Neelin
34 et al. 2000; McGregor et al. 2012).

35 Several previous studies have discussed the dynamics that cause the seasonal phase locking of
36 ENSO (e.g. Chang et al. 1995; Tziperman et al. 1995; Jin et al. 1996; Harrison and Vecchi 1999; Neelin et
37 al. 2000; Stuecker et al. 2013; McGregor et al. 2013; Zhu et al. 2015). Yet there are still significant gaps
38 in our understanding of these dynamics. A majority of these studies provide an explanation in terms of
39 stochastic forcing acting on a seasonally changing background state. Others argue in terms of feedbacks.
40 For example, the termination of ENSO in boreal spring can be linked to the southward shift of wind
41 anomalies (Harrison and Vecchi 1999; Stuecker et al. 2013 and McGregor et al. 2013) or to the relatively
42 weak linkage between SST and thermocline depth in that season (Zhu et al. 2015). Results by Stein et al.
43 (2010) on the basis of the recharge oscillator suggest that the seasonally varying growth rate is critical to
44 ENSO phase locking, where damping by the mean flow field dominates the seasonally changing
45 dynamics. Dommenget and Yu (2016) show that ENSO phase locking is strongly linked to seasonal
46 changes in shortwave radiation due to changes in cloud cover.

47 In the past, significant progress has been made in understanding ENSO dynamics (see e.g. Wang
48 and Picaut 2004 for a review) and in simulating ENSO (e.g. Bellenger et al. 2014). However, many

49 coupled ocean-atmosphere general circulation models (CGCMs) still have difficulties in simulating
50 seasonal ENSO phase locking as observed. Amongst others, ENSO phase locking is particularly
51 important to ENSO forecast (Jin and Kinter 2009) and ENSO teleconnections. For example, the
52 influence of ENSO on the Indian summer monsoon critically depends on the CGCMs' ability to
53 realistically represent ENSO phase locking (e.g. Webster et al. 1998). Typical problems in CGCMs are
54 that ENSO extremes either peak in the wrong season (e.g. Ham et al. 2012; Ham and Kug 2014; Rashid
55 and Hirst 2015) or that the annual variation of SST variability is too weak (Ham and Kug 2014; Bellenger
56 et al. 2014).

57 Zheng and Yu (2007) link the spurious summer peak in ENSO variability in the FGCM model to
58 the double Intertropical Convergence Zone (ITCZ) problem. This model bias sets conditions for heat
59 content anomalies originating erroneously south of the equator and at the wrong time of the year. Ham et
60 al. (2012) identify an excessively large SST gradient and resultant thermocline shoaling in boreal
61 summer to enhance zonal advection feedback and thermocline feedback as reasons for spurious boreal
62 summer variability in the GFDL CGCM. Similar results are obtained by Ham and Kug (2014) for a set of
63 CMIP3 and CMIP5 models. Rashid and Hirst (2015) find an incorrect simulation of the shortwave
64 feedback and thermocline feedback to cause variability to peak in March instead December-February in
65 the ACCESS CGCM and link the biases to errors in long-term mean SST.

66 A number of studies have focused on finding reasons for too weak annual variation of interannual
67 variability in CGCMs, but with the seasonal phase being overall correct. Xiao and Mechoso (2009) show
68 that the seasonal warming of the cold tongue in January-April favors the onset of an El Niño or La Niña
69 event, whereas the termination of an event is connected to a southward shift of surface zonal wind
70 anomalies. Ham and Kug (2014) also link the importance of the southward shift of surface zonal wind

71 anomalies to a models' ability to have ENSO phase-locked to the annual cycle. Furthermore, Bellenger et
72 al. (2014) suggest that a better simulation of the shortwave feedback helps to simulate a more
73 pronounced annual variation of equatorial Pacific SST variability in CMIP3 and CMIP5 models.

74 ENSO originates from large-scale ocean-atmosphere interactions and is based on a feedback
75 cycle, as originally proposed by Bjerknes (1969). The Bjerknes stability index (BJ index) of Jin et al.
76 (2006) is a powerful tool to examine feedbacks, positive and negative, relevant to ENSO and the relative
77 importance of the contributing terms on the basis of a linearized SST equation. The BJ index therefore is
78 a measure of coupled ocean-atmosphere stability or growth rate of SST anomalies. Stein et al. (2014)
79 argue that the seasonal modulation of the coupled stability is responsible for the ENSO being
80 phase-locked to the annual cycle. Hence, the BJ index would form a useful and comprehensive tool for
81 investigating ENSO phase locking, particularly because it comprises those processes in both atmosphere
82 and ocean that are known to determine interannual variability. This also is consistent with Stein et al.
83 (2010) who use the seasonally changing BJ index to examine ENSO phase locking in a simple recharge
84 oscillator model.

85 In the equatorial Pacific, a pervasive systematic bias in CGCMs is an excessive equatorial cold
86 tongue (e.g. Davey et al. 2002; Zhang et al. 2007; Guilyardi et al. 2009). Although relatively small in
87 magnitude compared to other tropical SST biases (e.g. the southeastern tropical Pacific warm SST bias),
88 the cold equatorial Pacific SST bias has far reaching implications. Too cold sea surface conditions in the
89 cold tongue region suppress precipitation at the equator (Li and Xie 2014), among others one reason for
90 the double ITCZ problem, and thus reduce ocean-atmosphere coupling. Therefore it is not surprising that
91 the cold SST bias influences a CGCM's ability to simulate ENSO (e.g. Kim et al. 2013) and in particular
92 ENSO phase locking (Battisti and Hirst 1989; Ham and Kug 2014).

93 In this study, the controls of seasonal ENSO phase locking in the Kiel Climate Model (KCM) are
94 investigated. A novel approach applied here is the usage of the BJ index to identify the processes that
95 determine ENSO phase locking in a CGCM. The BJ index is calculated for each calendar month
96 separately to investigate its seasonal variation. Analysis of the individual feedbacks contributing to the
97 BJ index reveals the importance of specific physical processes that control ENSO phase locking in the
98 KCM. Moreover, the feedbacks are linked to the long-term mean-state. Thus possible reasons for ENSO
99 phase locking biases in the KCM are discussed in terms of both the feedbacks and mean-state. A set of 40
100 KCM experiments provides the basis for this study. The experiments differ in atmospheric parameters
101 used in selected physical parameterizations and vertical atmospheric model resolution, whereas the
102 ocean configuration is held fixed. In previous studies, similar changes to the atmospheric component
103 were shown to have large influence on both climatology and interannual variability of the tropical
104 regions (Kim et al. 2011; Ham et al. 2012; Harlaß et al. 2015). The results from the KCM are compared to
105 those obtained from climate models participating in the CMIP5.

106 First results based on the ensemble-mean calculated over all experiments conducted with the
107 KCM are discussed. Furthermore, all sensitivity experiments are compared with each other and thus
108 factors critical to ENSO phase locking in the KCM are identified. This paper is structured as follows.
109 Section 2 introduces the KCM, experiment setup, observational datasets and the methodology applied in
110 the stability analysis. Section 3 briefly describes the performance of the KCM in simulating tropical
111 Pacific mean-state. In Section 4, the main results about factors controlling the ENSO phase locking in the
112 KCM are presented. Major conclusions, comparison with CMIP5 models and discussion of the main
113 findings follow in Section 5 and conclude the paper.

114 **2. Coupled model, data and method**

115 We employ a version of the Kiel Climate Model (KCM; Park et al. 2009). The atmospheric component of
116 the KCM is the European Centre for Medium Range Weather Forecasts (ECMWF) Hamburg
117 atmospheric general circulation model version 5 (ECHAM5; Roeckner et al. 2003). The ECHAM5
118 model used in this study, differently from Park et al. (2009) where a prognostic cloud scheme (Tompkins
119 2002) is used, predicts cloud fraction on the basis of relative humidity (Sundqvist 1978) and uses a
120 cumulus mass flux scheme that includes vertical transport by shallow and deep convective clouds
121 (Nordeng 1994). ECHAM5 is coupled to the Nucleus for European Modeling of the Ocean (NEMO;
122 Madec et al. 1998; Madec 2008) ocean-sea ice general circulation model via the Ocean Atmosphere Sea
123 Ice Soil version 3 (OASIS3; Valcke 2006) coupler.

124 A set of 40 “present-day” integrations of the KCM (each 100 years long) is analyzed (see Table 1
125 for a list of all experiments), in which the atmospheric CO₂-concentration is constant at 348 ppm. The
126 atmospheric horizontal resolution is T42 (~2.8°) in all experiments. The horizontal ocean resolution also
127 is the same throughout the experiments and based on a 2° Mercator mesh (ORCA2 grid) and is on
128 average 1.3° with increased meridional resolution of 0.5° near the equator and 31 levels in the vertical.
129 The experiments differ in two respects. First, in atmospheric vertical resolution: experiments 1-28 use a
130 model version with 19 vertical levels, experiments 29-34 a model version with 31 vertical levels, and
131 experiments 35-40 a model version with 62 vertical levels. Second, the experiments differ in atmospheric
132 parameters.

133 Cloud and radiation processes cannot be resolved in current climate models and are thus
134 parameterized. A variation of the parameters in the corresponding schemes can produce rather different
135 mean-states, as indicated by Kim et al. (2011) and Ham et al. (2012) by investigating model sensitivity to
136 the Tokiaka parameter - a minimum entrainment rate threshold in the cumulus convection

137 parameterization. Ham et al. (2012) further show how a variation of this parameter can lead to a dramatic
138 change in ENSO phase locking. The three parameters changed in this study represent convective cloud
139 conversion rate from cloud water to rain, entrainment rate for shallow convection and convective
140 mass-flux above level of non-buoyancy (see Mauritsen et al. 2012 for a detailed discussion). The chosen
141 parameter range corresponds to the suggested values by Mauritsen et al. (2012). The primary quantity to
142 determine ENSO phase locking is SST.

143 CMIP5 model SST data is used for comparison with the KCM results. Historical simulations
144 (1850-2005) are taken from 43 CMIP5 models (Taylor et al. 2012) and are interpolated to a $2.5^\circ \times 2.5^\circ$
145 regular grid (see Table 2 for a list).

146 Additionally, we performed an atmosphere standalone experiment with the same atmospheric
147 component as used in the KCM, ECHAM5 (T42, 31 levels), forced by observed daily SST and sea ice
148 concentration (Reynolds et al. 2007). The time period of the simulation is 1982-2009.

149 Several observational and reanalysis datasets are used to evaluate the model results. For SST, the
150 HadISST 1.1 dataset from the Met Office Hadley Centre (Rayner et al. 2003) is used for 1958-2001. For
151 the BJ index calculation, output from the Simple Ocean Data Assimilation (SODA) ocean reanalysis
152 product version 2.0.2 (Carton and Giese 2008) is used for ocean temperatures and velocities (1958-2001).
153 SST and zonal wind stress are taken from SODA as well to provide consistency among the datasets for
154 the BJ index calculation. Surface heat fluxes are taken from ERA40 (Simmons and Gibson 2000) that
155 spans the same time period as SODA 2.0.2.

156 The BJ index calculation is based on the original formulation from Jin et al. (2006) with some
157 modifications made by Lübbecke and McPhaden (2013) and references therein. The BJ index includes
158 the zonal advection feedback (ZAF), Ekman feedback (EF), thermocline feedback (TF), dynamical

159 damping (DD) and thermal damping (TD). The formulation of the positive feedbacks (ZAF, EF and TF)
160 is based on mean-state variables and a series of coefficients that measure the sensitivity of the
161 atmosphere (i.e. zonal wind stress) to SST changes, and the ocean (i.e. zonal currents, upwelling and
162 thermocline tilt) to changes in the zonal wind stress. The negative feedbacks (DD and TD) describe the
163 damping effects on SST anomalies (SSTa) from mean ocean currents and changes in atmospheric heat
164 fluxes (see Table 3 for an overview of the contributing feedback terms to the BJ index). The sum of all
165 feedbacks is defined as the BJ index which is therefore a measure of coupled ocean-atmosphere stability
166 or growth rate of SSTa.

167 The region selection for computing area averages is adapted from Kim and Jin (2011a). The
168 latitudinal range is 5°S-5°N. In the zonal direction, 120°E-180°E for western equatorial thermocline
169 depth, 180°E-80°W for SST, subsurface ocean temperature, eastern equatorial thermocline depth, upper
170 ocean currents and atmospheric heatfluxes and 120°E-80°W for zonal wind stress is taken.
171 90%-confidence intervals for the BJ index calculated from reanalysis data are estimated from linear
172 regression via the standard error of the regression slope. For the analysis of interannual variability, the
173 linear trend and the mean seasonal cycle were removed from all datasets.

174 When analyzing ENSO phase locking, the Niño3.4 index region (170°W-120°W; 5°S-5°N) is
175 chosen, because it captures both a large part of the main region of SST variability as well as the area
176 where coupling processes between ocean and atmosphere associated with ENSO are assumed to take
177 place. A phase locking index (PLI) is defined after Bellenger et al. (2014):

$$PLI = \frac{STD\ DEV(SSTa_{Nino3.4})_{DJF}}{STD\ DEV(SSTa_{Nino3.4})_{AMJ}}$$

178 With SSTa denoting interannual SST anomalies and STD the corresponding standard deviation. A larger

179 PLI is either determined by stronger variability in DJF or weaker variability in AMJ or both and therefore
180 reflects stronger phase locking.

181 **3. Mean-state SST**

182 The long-term annual-mean SST in the tropical Pacific from observations is shown in Figure 1a and the
183 ensemble-mean SST derived from all KCM simulations in Figure. 1b. The model captures the western
184 Pacific warm pool, the zonal band of relatively high SST north of the equator as well as the equatorial
185 cold tongue. Large spread among the model realizations exists, as indicated by the standard deviation
186 among the individual ensemble members (contour lines). Ensemble-mean SSTs are too warm in several
187 regions (Fig. 1c). Largest warm SST biases are observed in the coastal upwelling regions in the eastern
188 Pacific, a problem that is seen in most climate models (Latif et al. 2001). The model spread is rather small
189 in the coastal upwelling regions, indicating the changes applied to the KCM do not significantly
190 influence the SST in these regions. SST biases in the equatorial region are considerably smaller, with the
191 exception of the very eastern part. However, model spread is large, especially west of 140°W. This
192 indicates that SST in this region is sensitive to the changes applied to the KCM. When the areal-mean
193 SST is subtracted from the map (Fig. 1d) to obtain the relative SST biases, the equatorial cold bias
194 becomes obvious (as indicated by the green color in Fig. 1d). Using relative temperatures has the
195 advantage that it resembles the corresponding atmospheric circulation more accurately (Bayr and
196 Dommenges 2013). The double-ITCZ problem is also seen in the SSTs, as bands of warm SST biases
197 stretching from the western equatorial Pacific eastward in both hemispheres and merging with the warm
198 SST biases in the subtropical coastal upwelling areas (Fig. 1c). We note that the model spread is strongly
199 reduced when subtracting the areal-mean SST from the individual ensemble members.

200 Perturbing the physics (Section 2) has implications for the equatorial cold bias (Fig. 2). This is
201 because the region of the equatorial cold tongue is characterized by boundary layer cloud cover (e.g.
202 Klein and Hartmann 1993; Lacagnina and Selten 2013) and this is affected by our perturbations. First, we
203 need to clarify the role of the perturbed parameters, which is explained in detail in Mauritsen et al. (2012).
204 The perturbed atmospheric parameters of interest are the convective mass-flux above the level of
205 non-buoyancy and the entrainment rate for shallow convection. They both control the updraft in shallow
206 convective processes and thus the amount and thickness of boundary layer clouds. Increasing the first
207 parameter increases the strength of the updraft and thus leads to a reduction of boundary layer cloud
208 cover. This is because a stronger updraft is associated with more evaporation of cloud water in the
209 boundary layer. Increasing the second parameter has the opposite effect, because a larger entrainment
210 rate weakens the updraft and therefore increases boundary layer cloud cover. The effect of modifications
211 in the cloud cover is to change the amount of solar radiation reaching the sea surface. Therefore, the cold
212 SST bias could in principle be reduced by decreasing shallow cloud cover over the cold tongue region by
213 increasing insolation at the surface. A considerably reduced cold SST bias can be achieved by increasing
214 the convective mass-flux above the level of non-buoyancy (Fig. 2a) or with a less consistent but still
215 visible effect by decreasing the entrainment rate for shallow convection (Fig. 2b). Changing the
216 convective cloud conversion rate from cloud water to rain has no significant impact on the cold SST bias
217 (not shown).

218 We also investigate the influence of changing the vertical atmospheric resolution, as motivated by
219 Harlaß et al. (2015) who achieved a considerable reduction of SST biases in the tropical Atlantic by
220 enhancing the vertical resolution. We find that varying the number of vertical levels in the atmosphere
221 has no systematic effect on the strength of the cold bias in the equatorial Pacific (Fig. 2c). This may be
222 partly due to the relative small number of sensitivity experiments (6 sets of KCM-experiments; each set

223 differs in the cloud parameters). A reduction of the cold SST bias is achieved by increasing the resolution
224 from 19 to 31 levels in 5 out of the 6 sets of sensitivity experiments, but at 62 levels the bias again
225 increases. It should be mentioned in this context that horizontal and vertical atmosphere model resolution
226 should be consistent with each other (Harlaß et al. 2015).

227 Figure 3 depicts the seasonal cycle of equatorial SST directly at the equator relative to the
228 annual-mean SST calculated from observations (Fig. 3a) and the KCM (Fig. 3b). The ensemble-mean
229 SST annual cycle is shown from the KCM (color shading in Fig. 3b). It captures the warming during the
230 first half and the cooling during the second half of the year in the eastern equatorial Pacific as well as the
231 westward propagation of the signal. However, the amplitude of the SST seasonal cycle is underestimated,
232 and the cold phase terminates 3 months too early compared to the observations. The model spread is
233 shown by contours in Figure 3b. Largest spread is found in the very eastern equatorial Pacific during the
234 first half of the year.

235 **4. Seasonal ENSO phase locking and feedback analysis**

236 In the ensemble-mean, the KCM produces a seasonal ENSO phase locking comparable to observations
237 (Fig. 4a), with largest variability in December to February and smallest in April to June. There are,
238 however, several noticeable differences. First, the interannual variability is too strong in the model during
239 all calendar months. In the KCM, ENSO is sensitive to the mean temperature of the tropical Pacific, with
240 a warmer mean-state leading to stronger interannual variability. This has been shown by Park et al. (2009)
241 and Latif et al. (2015), both describing the ENSO response to global warming in a T31-version of the
242 KCM. Regarding this relationship, Figure 5 shows tropical Pacific mean (25°N-25°S) SST for each
243 ensemble member of the T42-version of the KCM analyzed here together with annual mean ENSO
244 amplitude as assessed by Niño3.4-averaged SSTa standard deviation. The correlation amounts to 0.59,

245 consistent with the T31-version. Compared to observations (black cross), the KCM ensemble-mean
246 shows higher tropical Pacific mean SST along with a stronger ENSO (red cross). Second, the seasonal
247 variation of monthly SSTa is smaller than that in observations, as indicated by the much less accentuated
248 minimum in boreal spring and by the less distinct maximum in boreal winter (Fig. 4a). This becomes
249 especially clear when normalizing the seasonal cycle of SST variability by its annual mean (Fig. 4b). And
250 third, there is significant spread about the ensemble-mean as shown by the individual realizations. This
251 indicates that the seasonal cycle of interannual SST variability is rather sensitive to changes in vertical
252 atmosphere model resolution and changes in cloud and convective parameters, as shown below.

253 A similar analysis has been carried out for the CMIP5 models (Fig. 4c, d). In the ensemble mean, the
254 CMIP5 models exhibit similar biases as the KCM. Most noteworthy is the weak variability minimum in
255 boreal spring. The spread is larger than that obtained from the KCM ensemble. This is expected, since the
256 CMIP5 ensemble covers a wider range of resolutions and physical parameterizations.

257 In the following, the controls of seasonal ENSO phase locking in the KCM are investigated.
258 Biases in seasonal ENSO phase locking may be linked to a flawed simulation of the mean-state SST
259 seasonal cycle. We calculate from each member of the KCM ensemble the correlation (on the basis of the
260 monthly values) of the simulated mean-state SST seasonal cycle in the Niño3.4 box with the observed
261 seasonal cycle in this region. The PLI, which was introduced above, quantifies the strength of the annual
262 variation of interannual SST variability. Figure 6 shows the PLI against the models' ability to capture the
263 mean-state SST seasonal cycle in the eastern equatorial Pacific. There is no significant relationship
264 (correlation of 0.02). This agrees with Stein et al. (2014), in which it is found that the seasonal
265 modulation of the coupled stability is responsible for the ENSO being phase-locked to the annual cycle
266 rather than a periodic forcing by the annual cycle.

267 Next, we make use of the BJ index which measures the linear stability of the coupled
268 atmosphere-ocean system and is hence a measure of SSTa growth rate. Figure 7 shows the BJ index and
269 the individual feedbacks as a function of calendar month calculated from observations and the set of
270 experiments with the KCM. Figure 7a-c displays the positive feedbacks, Figure 7d-e the damping terms,
271 and Figure 7f the BJ index which is calculated as the sum of all feedbacks. Again, both the
272 ensemble-mean and the individual experiments are shown from the KCM. Confidence intervals in the
273 observations, as estimated from the standard error of the contributing terms (see Section 2 for more
274 details), are quite large for the TF term, which is mainly attributed to the short time period of 44 years and
275 the lack of subsurface data prior the TAO-array. First, we note that the annual-mean BJ index is negative
276 in SODA (-0.18 yr^{-1} ; close to the value calculated in Kim et al. 2013) and in the KCM ensemble mean
277 (-1.24 yr^{-1}), which is expected since the coupled system should be overall stable. According to the BJ
278 index calculated from observations, the coupled system is unstable from July through November,
279 allowing SSTa to grow, and most strongly damped at the beginning of the year (Fig. 7f). This finding
280 agrees with Stein et al. (2010) who assess the seasonal growth rate of ENSO via the BJ index and show
281 that the coupled system is unstable around boreal fall and stable during the rest of the year. The seasonal
282 cycle of the BJ index matches the seasonal cycle of interannual SST variability (Fig. 4) with a phase shift
283 of a few months. This is reasonable, because SSTa, owing to the inertia of linear perturbations, may still
284 grow after SSTa growth rate has reached its annual maximum. The BJ index can thus explain the seasonal
285 ENSO phase locking.

286 The positive feedback terms derived from observations, namely EF and TF and to a lesser extent
287 ZAF, tend to destabilize the system in late boreal summer and boreal fall. DD and TF on the other hand
288 are strongest in early boreal spring. Together with the small positive feedbacks during that time, this
289 contributes to stable conditions, giving rise to the so-called spring predictability barrier (Latif and

290 Graham 1992; Torrence and Webster 1998; Levine and McPhaden 2015). The ensemble-mean of the
291 KCM runs reproduces the seasonal cycle of the BJ index quite well. All individual feedbacks peak
292 approximately at the right time of the year. In boreal fall, however, the SSTa growth rate is not as strong
293 as in observations, which results from too weak positive feedbacks at that time of the year. Furthermore,
294 in the annual mean the system is too strongly damped compared to observations. This is mostly a result of
295 too strong DD and overall too weak positive feedbacks. We note that the relatively small ensemble-mean
296 BJ index cannot explain the too strong SST variability in the KCM (Fig. 4a), since low values of the BJ
297 index would favor weak variability (Kim and Jin 2011b; Kim et al. 2013). Furthermore, it is noteworthy
298 that TD is underestimated, especially at the beginning of the year.

299 Some of the feedback biases can explain why ENSO phase locking is overall too weak in the
300 KCM:

301 (1) The too weak positive feedbacks (ZAF, EF and TF) explain why the annual maximum of SSTa
302 growth rate is underestimated in boreal fall. This results in a too weak SST variability maximum in boreal
303 winter.

304 (2) The too weak negative feedback TD at the beginning of the calendar year (February-March-April,
305 FMA) can explain why SST variability in boreal spring does not decay as strongly as in observations.

306 Regarding the second point, it can be argued that too weak TD may be compensated by too strong
307 DD. When adding TD and DD it becomes clear that in FMA, the total damping rate is underestimated
308 with respect to observations, whereas during the remainder of the year there is compensation. Therefore
309 the bias in TD is here considered as a potential cause for biasing ENSO phase locking.

310 To better assess the role of the feedbacks in controlling ENSO phase locking in the KCM, the

311 feedbacks are computed for each single model experiment and plotted against the phase locking index,
312 PLI. Figure 8 shows scatter diagrams of ZAF, EF, TF, TD, DD and the BJ index at their peak season with
313 respect to the PLI. The results indicate that a stronger EF, TF and TD during September-December
314 (SOND) and January-April (JFMA) is associated with stronger ENSO phase locking (Fig. 8b, c, e), and
315 with significant correlations of 0.69, 0.54 and -0.67, respectively. ZAF is of less relevance for ENSO
316 phase locking, being small in magnitude and exhibiting a correlation with PLI of only 0.21 (Fig. 8a).
317 Also the DD is not correlated with PLI (-0.1; Fig. 8d). The highest correlation is found for the EF term.
318 However, TF and TD are of greater magnitude and therefore may have an equivalent impact. This can be
319 quantified by the slope of the fitted linear regression lines between PLI and EF, TF and TD in Figure 8b,
320 c and e, amounting to 1.18 yr^{-1} , 1.21 yr^{-1} and -2.35 yr^{-1} , respectively. We also compare the PLI with the
321 total BJ index by taking the difference of the simulated BJ index maximum and minimum season, i.e. in
322 SOND and JFMA, respectively (Fig. 8f). This is because the BJ index measures both the instability
323 towards the end of the calendar year as well as the stability at the beginning of the calendar year. The
324 results show that the BJ index is in close relation to the PLI (correlation of 0.76), which supports our
325 hypothesis that it can to a large extent explain seasonal ENSO phase locking.

326 We conclude that the major controls of seasonal ENSO phase locking in the KCM is mostly due
327 to EF and TF around boreal fall and TD in late winter/early boreal spring. A stronger EF and TF in boreal
328 fall increases the growth rate of the SST anomalies, which leads to larger SST variability in boreal winter.
329 A stronger TD from the atmospheric heat fluxes in late winter/early boreal spring on the other hand
330 stabilizes the coupled system, which keeps SST variability low in boreal spring.

331 ENSO stability is tightly linked to the mean-state (e.g., Battisti and Hirst 1989; Neelin et al. 1998;
332 An and Jin 2000; Fedorov and Philander 2001; Guilyardi 2006; Bejarano and Jin 2008; Kim et al. 2013).

333 Therefore, as the next step we connect the feedback biases outlined above with the mean-state. The KCM
334 exhibits a cold SST bias in the equatorial Pacific (Fig. 1d), which is common to many CGCMs (e.g.
335 Zheng et al. 2012) and has previously been linked to feedback biases in terms of the BJ index (Kim et al.
336 2013).

337 Figure 9 displays the equatorial cold bias calculated over the region 160°E-80W; 5°S-5°N against
338 the feedbacks which we identified to be important for controlling ENSO phase locking in the KCM, i.e.
339 EF, TF and TD. The cold bias is computed for SOND and compared to EF and TF in SOND, and to TD in
340 JFMA. A smaller cold bias in SOND goes along with an enhanced EF (correlation of 0.69; Fig. 9a) and
341 TF (correlation of 0.70; Fig. 9b) in SOND, and an increased TD in JFMA (correlation of -0.87; Fig. 9c).
342 Xiang et al. (2011) and Kim et al. (2013) discuss in detail what implications the equatorial cold SST bias
343 can have for the feedbacks. For example, an equatorial cold tongue extending too far west places the deep
344 convection too far west, thereby reducing the response of low-level winds to SST changes over the
345 central equatorial Pacific. A weaker low-level wind response to SST forcing contributes to the
346 underestimation of both the EF and TF (see Table 3 for the definition of the feedbacks). Furthermore, the
347 cold SST bias reduces the thermal stratification in the upper ocean. This too affects EF which is
348 proportional to the strength of the mean vertical temperature gradient. Kim et al. (2013) argue that in a
349 weaker stratified upper ocean, wind stress-forced momentum is less confined towards the sea surface.
350 This would result in a lower ocean-upwelling response sensitivity to wind stress forcing as part of the EF.
351 Consistent with this, we find that in the KCM a smaller cold SST bias is associated with a stronger
352 upwelling response to wind stress forcing in SOND (correlation of 0.64; not shown). Further, the weaker
353 stratification can lead to an underestimation of the thermocline-subsurface temperature feedback (Xiang
354 et al. 2011) and influences the thermocline slope response to wind forcing (Kim et al. 2013). The
355 influences on TD likely result from biases in the shortwave feedback. Lloyd et al. (2012) and

356 Dommenget et al. (2014) show that the cold SST bias weakens the shortwave damping and can even
357 reverses it to a positive feedback. We find in the KCM that a smaller cold bias is strongly related to a
358 larger shortwave feedback in JFMA (correlation of -0.87; not shown). Finally, we analyze the results
359 from an uncoupled ECHAM5 simulation forced by observed daily SSTs during 1982-2009. Here the
360 shortwave feedback is stronger than that in any of the coupled simulations (not shown). This corroborates
361 our hypothesis that the shortwave feedback is strongly controlled by the SST bias. Based on these results,
362 we conclude that an excessive equatorial cold tongue is the main cause for too weak seasonal ENSO
363 phase locking in the KCM.

364 **5. Summary and discussion**

365 In this study, processes controlling seasonal ENSO phase locking are identified in the Kiel Climate
366 Model (KCM) and compared to observations. A large ensemble of simulations with the KCM has been
367 conducted, which differ in vertical atmospheric resolution and physical parameterizations. ENSO phase
368 locking in observations is explained by the seasonal variation of the coupled system's stability and the
369 associated feedbacks, here measured by the Bjerknes (BJ) index. Positive feedbacks are strongest
370 towards the end of the calendar year, leading to a maximum in SST anomaly growth rate, whereas
371 negative feedbacks are strongest at the beginning of the year, thereby setting relatively stable conditions.
372 The ensemble-mean of the KCM simulations depicts ENSO phase locking and seasonal variation of the
373 BJ index consistent with observations. The model spread, however, is rather large, as discussed below. A
374 major result of this study is that the ability of a coupled model to realistically simulate seasonal ENSO
375 phase locking is closely linked to the strength of the cold equatorial Pacific SST bias, with less biased
376 models exhibiting more realistic phase locking owing to more realistic coupled feedbacks.

377 The KCM in the ensemble-mean features too weak seasonal ENSO phase locking compared to

378 observations, that is a less accentuated SST variability maximum and SST variability minimum in
379 December to February and April to June, respectively. This bias is induced by a too weak Ekman
380 feedback (EF) and thermocline feedback (TF) towards the end of the year and too weak thermal damping
381 (TD) at the beginning of the year. When comparing the individual KCM experiments from the ensemble
382 with each other, we find that stronger EF and TF in SOND and TD in JFMA are associated with stronger
383 seasonal ENSO phase locking. Improving these feedbacks holds great potential to enhance seasonal
384 ENSO phase locking in the KCM.

385 It is suggested that an excessive equatorial cold tongue significantly affects the simulation of
386 these feedbacks and thus seasonal ENSO phase locking not only in the KCM but also in the CMIP5
387 models. Figure 10 depicts results from all KCM runs and from the CMIP5 models. The scatter diagram
388 shows for each simulation the seasonal ENSO phase locking index (PLI) and the strength of the cold
389 equatorial Pacific SST bias. In both ensembles, a smaller cold SST bias corresponds to stronger seasonal
390 ENSO phase locking, with significant correlations of 0.61 (KCM) and 0.48 (CMIP5). We note that the
391 CMIP5 models tend to simulated overall warmer conditions.

392 We hypothesize that the link between seasonal ENSO phase locking and cold equatorial Pacific
393 SST bias can be explained as follows: An excessive equatorial cold tongue weakens the low-level wind
394 response to SST forcing (Xiang et al. 2011) and thus reduces the strength of both EF and TF. Furthermore,
395 the cold SST bias weakens the thermal stratification in the upper ocean (Xiang et al. 2011; Kim et al.
396 2013). This also reduces the strength of EF, because subsurface temperature influence on SST and ocean
397 upwelling response to wind forcing are reduced. Furthermore, a weaker stratification can reduce the
398 thermocline-subsurface temperature feedback (Xiang et al. 2011) and the thermocline slope response to
399 wind stress anomalies (Kim et al. 2013). Consequently, the total TF is reduced. Since these feedbacks are

400 strongest in boreal fall, this lowers SST anomaly growth and eventually interannual SST variability in
401 boreal winter. Further, the cold SST bias weakens the shortwave damping and can even cause it to be
402 amplifying (Lloyd et al. 2012; Dommenges et al. 2014). This reduces TD and thus increases interannual
403 SST variability in boreal spring. To summarize, the cold SST bias weakens seasonal ENSO phase locking
404 by reducing SST variability in boreal winter and increasing SST variability in boreal spring.

405 We relate the strength of the equatorial cold SST bias to the perturbed physics in our set of
406 experiments with the KCM. We show that changing specific parameters in the cloud scheme has an effect
407 on the cold SST bias by altering the amount of low-level clouds over the cold tongue region, allowing
408 realistic seasonal ENSO phase locking for specific parameter choices. We note that the applied changes
409 to the convection scheme are specific to our atmospheric model, ECHAM5, and it is of interest whether
410 this can be valid to other models. We also show that the vertical resolution in the atmosphere model has
411 no systematic effect on the strength of the cold Pacific SST bias. However, it has to be kept in mind that
412 atmospheric horizontal resolution has been kept fixed and consistency between horizontal and vertical
413 resolution may be required. We note that a realistic seasonal ENSO phase locking can be achieved at
414 coarse vertical atmosphere model resolution (e.g. experiment 28). This situation in the tropical Pacific is
415 different to that in the tropical Atlantic: Harlaß et al. (2015) show that a reasonable seasonal phase
416 locking of interannual SST variability in the equatorial Atlantic can only be achieved in the KCM at
417 sufficiently high vertical and horizontal atmospheric resolution.

418 Previous studies have discussed the relationship between the equatorial Pacific cold SST bias,
419 ENSO feedbacks and seasonal ENSO phase locking, which are consistent with this study. For instance,
420 Bellenger et al. (2014) suggest that a larger shortwave feedback strengthens seasonal ENSO phase
421 locking in CMIP3 + CMIP5 models. Furthermore, Rashid and Hirst (2015) point out the dependency of

422 the shortwave feedback on local SST. Kim et al. (2013) also connect cold tongue biases to atmospheric
423 and oceanic response biases, restricting the analysis, however, to annual mean conditions. Ham and Kug
424 (2014) and Rashid and Hirst (2015) link the cold SST bias with phase locking biases via errors in the
425 simulated feedbacks, but referring to a SST variability peak in the wrong season. We provide, with the aid
426 of the BJ index, a comprehensive analysis of the importance of the cold equatorial Pacific SST bias for
427 the seasonal variation of coupled feedbacks that control seasonal ENSO phase locking.

428 Due to its comprehensiveness, the BJ index is highly valuable for highlighting out significant
429 processes that control ENSO-associated variability, especially in the ocean. Nevertheless, there are
430 arguments about limitations of the BJ index in representing ENSO feedbacks. We find that the relatively
431 small ensemble-mean BJ index cannot explain the too strong SST variability in the KCM (Fig. 4a), since
432 low values of the BJ index would favor weak variability. Similar results are obtained by Kim et al. (2013)
433 for a set of CMIP5 models. This suggests limitations of the BJ index in reflecting the overall strength of
434 ENSO variability and should be the subject of further investigation. Furthermore, Graham et al. (2014)
435 analyze the ability of the BJ index in representing ocean dynamics and point out the role of assuming
436 linearity in the formulation, although ENSO processes can be inherently nonlinear (Lloyd et al. 2012;
437 Bellenger et al. 2014). Duan et al. (2013) also underpin the important role of nonlinearities in seasonal
438 ENSO phase locking. Yet the consistency between the results obtained from the KCM ensemble with
439 those obtained from the CMIP5 ensemble is reassuring.

440 **Acknowledgements**

441 This study is supported by the SACCUS project of the German Ministry of Education and Research
442 (BMBF), the European Union's PREFACE project and the SFB754 "Climate-Biochemistry Interactions
443 in the tropical Ocean". The climate model integrations were performed at the Computing Centre of Kiel

444 University. We thank Zhaoyang Song for his help for the Bjerknes Stability Index calculation. We
445 acknowledge the World Climate Research Programme's Working Group on Coupled Modelling, which is
446 responsible for CMIP, and we thank the climate modeling groups (listed in Table 2 of this paper) for
447 producing and making available their model output. For CMIP the U.S. Department of Energy's Program
448 for Climate Model Diagnosis and Intercomparison provides coordinating support and led development of
449 software infrastructure in partnership with the Global Organization for Earth System Science Portals.

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Table 1 List of all KCM experiments which differ in three atmospheric parameters (column 2-4) and vertical atmospheric resolution (column 5).

Table 2 List of all CMIP5 models used in the analysis.

Table 3 Contributing feedbacks in the Bjerknes stability index and their formulation. μ_a denotes equatorial zonal wind stress response to eastern equatorial SSTa, β_u zonal ocean velocity response, β_w ocean upwelling response and β_h thermocline slope response to equatorial zonal wind stress anomalies. a_h is the ocean subsurface temperature response to thermocline depth anomalies and α the net surface heat flux response to SSTa. $\bar{u}, \bar{v}, \bar{w}$ denote mean zonal, meridional and vertical ocean velocities, \bar{T} mean SST and H_m mean mixed layer depth. $\langle \cdot \rangle_E$ denotes volume-averaged quantities over the eastern equatorial regime with L_x and L_y as zonal and meridional extent. $H(\bar{w})$ is a step function to account only for upstream vertical advection. The responses are estimated via linear regressions. The methodology is adapted from Lübbecke and McPhaden (2013), region selection after Kim and Jin (2011a).

Figures

Fig. 1 (a) Long-term annual-mean SSTs from observations and (b) as given by the ensemble-mean calculated over all experiments with the KCM. (c) Total SST bias, (d) with regional mean SSTs (120°E - 60°W ; 15°S - 15°N) subtracted. Contour lines depict the standard deviation over all model realizations. Unit is $^{\circ}\text{C}$.

Fig. 2 Scatter plot of the cold equatorial SST bias (160°E - 80°W ; 5°S - 5°N) with areal-mean (120°E - 60°W ; 15°S - 15°N) subtracted versus different parameter values in the cloud parameterization of (a) the convective mass-flux above level of non-buoyancy and (b) the entrainment rate for shallow convection for a selection of KCM experiments. Model experiments 41 and 42 are not included in the set of experiments used in the previous part of the analysis due to their extreme parameter values. (c) Scatter plot of the cold equatorial SST bias versus atmospheric vertical resolution with color denoting same cloud parameters.

Fig. 3 Seasonal cycle of equatorial SST at the equator with the annual mean removed for (a) observations and (b) the ensemble-mean calculated over all experiments with the KCM. Contour lines depict the standard deviation over all model realizations. Unit is $^{\circ}\text{C}$.

Fig. 4 Monthly standard deviation of Niño3.4 SSTa for (a) all 40 KCM experiments (blue) together with its ensemble-mean (red) and (b) normalized by the annual mean. The same for a set of (c) 43 CMIP5 models with (d) normalized by the annual mean. Observations are added in black.

Fig. 5 Scatter plot of Niño3.4-averaged SSTa standard deviation versus tropical Pacific mean SST (120°E - 60°W ; 25°S - 25°N) for the set of 40 KCM experiments (blue) together with the annual-mean SST (red cross) and observations (black cross). The correlation over all KCM experiments is given and it is

significant at the 90% level. A regression line is also added.

Fig. 6 Scatter plot of the phase locking index PLI versus the correlation of the mean SST seasonal cycle in the Niño3.4 between observations and the set of 40 KCM experiment (blue) together with the ensemble-mean (red cross) and observations (black cross). The correlation over all KCM experiments is given but not significant and a regression line also is added.

Fig. 7 Monthly (a) zonal advection feedback, (b) Ekman feedback, (c) thermocline feedback, (d) dynamical damping, (e) thermal damping and (f) the Bjerknes stability index for the set of 40 KCM experiments (blue) together with the ensemble-mean (red) and observations (black). Error bars for observations show 90% confidence intervals.

Fig. 8 Scatter plots of the phase locking index PLI versus (a) the zonal advection feedback in September-December, (b) the Ekman feedback in September-December, (c) the thermocline feedback in September-December, (d) the dynamical damping in January-April, (e) the thermal damping in January-April and (f) for the BJ index difference between September-December and January-April for the set of 40 KCM experiments (blue) together with the ensemble-mean (red cross) and observations (black cross). The correlation over all KCM experiments is given and it is significant at the 90% level. A regression line is also added.

Fig. 9 Scatter plots of (a) the cold equatorial Pacific SST bias ($160^{\circ}\text{E}-80^{\circ}\text{W}$; $5^{\circ}\text{S}-5^{\circ}\text{N}$) with areal-mean ($120^{\circ}\text{E}-60^{\circ}\text{W}$; $15^{\circ}\text{S}-5^{\circ}\text{N}$) subtracted in September-December versus the Ekman feedback in September-December, (b) the equatorial cold SST bias in September-December versus the thermocline feedback in September-December and (c) the equatorial cold SST bias in January-April versus the thermal damping January-April for the set of 40 KCM experiments (blue) together with its ensemble-mean (red cross) and observations (black cross). The correlation over all KCM experiments is

given and it is significant at the 90% level. A regression line is also added.

Fig. 10 Scatter plot of the phase locking index PLI versus the cold equatorial SST bias (160°E - 80°W ; 5°S - 5°N) with areal-mean (120°E - 60°W ; 15°S - 15°N) subtracted in September-April for the set of 40 KCM experiments (blue) and the set of 43 CMIP5 models together with their ensemble-means (red crosses) and observations (black cross). The correlations over all KCM experiments and CMIP5 models are given and they are significant at the 90% level. A regression line is also added.