

S-Adenosylmethionine and Methylthioadenosine Are Antiapoptotic in Cultured Rat Hepatocytes but Proapoptotic in Human Hepatoma Cells

Eduardo Ansorena,¹ Elena R. García-Trevijano,² Maria L. Martínez-Chantar,² Zong-Zhi Huang,³ Lixin Chen,³ José M. Mato,² Maria Iraburu,¹ Shelly C. Lu,³ and Matías A. Avila²

S-adenosylmethionine (AdoMet) is an essential compound in cellular transmethylation reactions and a precursor of polyamine and glutathione synthesis in the liver. In liver injury, the synthesis of AdoMet is impaired and its availability limited. AdoMet administration attenuates experimental liver damage, improves survival of alcoholic patients with cirrhosis, and prevents experimental hepatocarcinogenesis. Apoptosis contributes to different liver injuries, many of which are protected by AdoMet. The mechanism of AdoMet's hepatoprotective and chemopreventive effects are largely unknown. The effect of AdoMet on okadaic acid (OA)-induced apoptosis was evaluated using primary cultures of rat hepatocytes and human hepatoma cell lines. AdoMet protected rat hepatocytes from OA-induced apoptosis dose dependently. It attenuated mitochondrial cytochrome *c* release, caspase 3 activation, and poly(ADP-ribose) polymerase cleavage. These effects were independent from AdoMet-dependent glutathione synthesis, and mimicked by 5'-methylthioadenosine (MTA), which is derived from AdoMet. Interestingly, AdoMet and MTA did not protect HuH7 cells from OA-induced apoptosis; conversely both compounds behaved as proapoptotic agents. AdoMet's proapoptotic effect was dose dependent and observed also in HepG2 cells. In conclusion, AdoMet exerts opposing effects on apoptosis in normal versus transformed hepatocytes that could be mediated through its conversion to MTA. These effects may participate in the hepatoprotective and chemopreventive properties of this safe and well-tolerated drug. (HEPATOLOGY 2002;35:274-280.)

S-adenosylmethionine (AdoMet) is the first product of methionine metabolism in mammals.^{1,2} Although present in all tissues, AdoMet is mainly synthesized and consumed in the liver, where it serves as a methyl donor in numerous metabolic

reactions and a precursor for glutathione (GSH) and polyamines.^{1,2} In the biosynthesis of polyamines, 5'-methylthioadenosine (MTA) is generated as an end-product.³ AdoMet synthesis is impaired in experimental models of liver injury and patients with alcohol-induced or viral cirrhosis (reviewed in Mato et al.²). AdoMet administration protects against liver damage elicited by a number of hepatotoxins, including ethanol, CCl₄, galactosamine, acetaminophen, bile acids, or the administration of a choline-deficient diet.^{2,4-6} Furthermore, the administration of AdoMet to patients with alcohol-induced cirrhosis improves survival or delays liver transplantation.⁷ Chemoprevention of liver carcinogenesis induced by a variety of hepatocarcinogens is another remarkable effect of AdoMet.⁸ The molecular mechanism(s) of the hepatoprotective and chemopreventive actions of AdoMet is not completely known. Restoration of depleted GSH levels in the hepatocyte has been proposed to play a role in AdoMet's hepatoprotective action.² Interestingly, some of the beneficial effects of AdoMet on liver function, including protection from oxidative injury, prevention of liver fibrosis, inhibition of growth of preneoplastic lesions and hepatocyte proliferation, are mimicked by MTA, which is not a GSH precursor nor a methylating agent.⁹⁻¹²

The role of apoptosis in liver cell injury is a topic of active research.^{13,14} Death by apoptosis occurs in many of the above-mentioned experimental liver injuries and in different human liver diseases in which AdoMet grants protection.^{6,13,14} To better understand AdoMet's mechanism(s) of hepatoprotection and chemoprevention, we examined its effect on okadaic acid (OA)-induced apoptosis¹⁵ in normal versus transformed hepatocytes.

Abbreviations: AdoMet, S-adenosyl-L-methionine; GSH, glutathione; MTA, 5'-methylthioadenosine; OA, okadaic acid; PPG, propargylglycine; PARP, poly(ADP-ribose) polymerase; EF, enrichment factor.

From the ¹Departamento de Bioquímica, ²División de Hepatología y Terapia Génica, Departamento de Medicina Interna, Universidad de Navarra, Pamplona, Spain; ³Division of Gastrointestinal and Liver Diseases, USC Liver Disease Research Center, USC-UCLA Research Center for Alcoholic Liver and Pancreatic Diseases, Keck School of Medicine USC, Los Angeles, CA.

Received July 20, 2001; accepted October 24, 2001.

E.A. and E.R.G.-T. contributed equally to this work.

Supported by grants 99/0038 from Plan Nacional de I+D Ministerio de Educación y Ciencia, 681/2000 "Ortiz de Landazuri" from Gobierno de Navarra, Europharma and Knoll and Fundación Renal Iñigo Alvarez de Toledo to J.M.M.; grant ROI AA-12677 from the National Institute on Alcohol Abuse and Alcoholism to J.M.M., S.C.L., and M.A.A.; grant 349/2001, "Ortiz de Landazuri" from Gobierno de Navarra and grant FIS 01/0712 from Ministerio de Sanidad y Consumo to M.A.A.; NIH grant R01 DK51719 to S.C.L.; and grant P30 DK48522 (USC Liver Disease Research Center) and grant P50 AA11999 (USC-UCLA Research Center for Alcoholic Liver and Pancreatic Diseases).

Address reprint requests to: Shelly C. Lu, M.D., Keck School of Medicine USC, HMR 415, 2011 Zonal Ave., Los Angeles, CA 90033. E-mail: shellylu@hsc.usc.edu; fax: 323-442-3234; or Matias A. Avila, Ph.D., Departamento de Medicina Interna, Edificio Los Castaños, Universidad de Navarra, Cl Iruñalarrea 1, 31008 Pamplona, Spain. E-mail: maavila@unav.es; fax: (34) 948-425677.

Copyright © 2002 by the American Association for the Study of Liver Diseases.

0270-9139/02/3502-0005\$35.00/0

doi:10.1053/jhep.2002.30419

Materials and Methods

Materials. AdoMet, in the stable form of sulfate-p-toluensulfonate salt, and 5'-deoxy-5'-methyl-thioadenosine (MTA) were from Knoll Farmaceutici (Milan, Italy). D-L-Propargylglycine (PPG) was from Sigma (St. Louis, MO). OA, the caspase 3 inhibitor Ac-DEVD-CHO, and anti-actin antibody were from Calbiochem (La Jolla, CA). Cell culture reagents were from Gibco BRL (Grand Island, NY). Poly(ADP-ribose)polymerase (PARP) polyclonal antibody was from Santa Cruz Biotechnologies (Santa Cruz, CA). Cytochrome *c* monoclonal antibody was from Pharmingen (San Diego, CA). Other reagents were from Sigma.

Isolation, Culture, and Treatment of Rat Hepatocytes and Human Liver Cancer Cells. Hepatocytes were isolated from male Wistar rats (200-250 g) by collagenase perfusion and cultured as previously described.¹⁶ All animals received humane care in compliance with the National Research Council's criteria for humane care as outlined in the "Guide for the Care and Use of Laboratory Animals" prepared by the National Academy of Sciences and published by the National Institute of Health (NIH publication no 86-23, revised 1985).

AdoMet or MTA (dissolved in dimethyl sulfoxide; final concentrations of dimethyl sulfoxide never exceeded 0.1%) was added to culture medium 30 minutes prior to the addition of 20 nmol/L OA. Experiments were performed in minimal essential medium containing 1% fetal bovine serum. PPG was added at a concentration of 2 mmol/L 30 minutes prior to the addition of AdoMet. Where indicated, the caspase 3 inhibitor Ac-DEVD-CHO (0.1 mmol/L) was added 3 hours before OA addition. HuH7 cells were cultured in Dulbecco's modified Eagle's medium supplemented with 5% fetal bovine serum, glutamine, and antibiotics. They were treated with OA (125 nmol/L) in the presence or absence of AdoMet or MTA. In separate experiments, HuH7 and HepG2 cells were cultured using Dulbecco's modified Eagle's medium containing 10% fetal bovine serum, antibiotics, and glutamine. Cells were plated at a density of 5×10^5 cells per 35-mm well, treated with varying concentrations of AdoMet (0 to 1 mmol/L) for 24 hours, and processed for detection of apoptotic cells using flow cytometry (see below).

Determination of Oligonucleosomal (Histone-Associated) DNA Fragments. The presence of soluble histone-DNA complexes was measured by the Cell Death Detection Assay (Boehringer Mannheim, Mannheim, Germany). Cell death enzyme-linked immunosorbent assays were performed according to the manufacturer's instructions. Specific enrichment of mono- and oligonucleosomes released into the cytoplasm (enrichment factor, EF) was calculated as the ratio between the absorbance values of the samples obtained from treated and control cells.

Flow Cytometry. After treatment with AdoMet or vehicle, HuH7 and HepG2 cells (10^6) were trypsinized and collected by centrifugation at 1,000g for 5 minutes. Cells were washed in phosphate-buffered saline, resuspended, and fixed in 70% ethanol for at least 2 hours. Next, cells were centrifuged at 200g for 5 minutes, washed in phosphate-buffered saline, resuspended in 500 μ L phosphate-buffered saline containing 100 μ g RNase, and incubated for 30 minutes at 37°C on a shaker. Cellular DNA was then stained by the addition of 10 μ g propidium iodide, and a total of 10,000

cells/condition were analyzed on a FACScan utilizing Cellquest software (Becton Dickinson, Franklin Lakes, NJ).

Measurement of Intracellular GSH Levels. Intracellular GSH levels (reduced form) were determined as previously described.¹⁶

Western Blot Analysis. Western blot analysis was performed as previously described.¹⁶ PARP was analyzed in whole cell lysates and cytochrome *c* in cytosolic fractions obtained by differential centrifugation in 250 mmol/L sucrose buffer as described elsewhere.¹⁷

Measurement of Caspase 3 Activity. Caspase 3 activity was measured in rat hepatocytes treated for 4 hours with OA (20 nmol/L) in the presence or absence of AdoMet or MTA, using the Caspase-3/ CPP32 Colorimetric Assay Kit (BioVision, Palo Alto, CA). Cells (3×10^6) were scraped in culture medium, pelleted, and resuspended in lysis buffer and caspase 3 activity was measured following the manufacturer's instructions.

Statistical Analysis. The data were analyzed using the Kruskal-Wallis test to determine differences between all independent groups. When significant differences were obtained ($P < .05$), differences between 2 groups were tested using the Mann-Whitney *U* test.

Results

AdoMet Prevents OA-Induced Apoptosis of Rat Hepatocytes in Primary Culture. OA is a potent and specific inhibitor of protein phosphatases that induces apoptosis in several cell types, including rat hepatocytes.^{15,18,19} The antiapoptotic potential of AdoMet was evaluated in hepatocytes treated with 20 nmol/L OA for 8 hours. Apoptosis was assessed by the presence of oligonucleosomal fragments in the cytoplasm of the cells, which reflects the extent of DNA fragmentation and nuclear disruption characteristic of apoptosis.¹³ AdoMet dose dependently prevented the formation of oligonucleosomal fragments induced by OA (Fig. 1). The protective effect of AdoMet was also observed after 24 hours of treatment with OA (data not shown). These results always correlated with cell survival measured by MTT assay in hepatocytes (data not shown). The inactive structural analog norokadaone exerted no apoptotic effect indicating that, as reported,²⁰ inhibition of phosphatase(s) activity by OA is responsible for the induction of cell death.

The Antiapoptotic Action of AdoMet is GSH Independent and Mimicked by MTA. One of the AdoMet's mechanisms of hepatoprotection may be its ability to serve as a precursor for GSH synthesis.^{1,2} In this regard, AdoMet prevented tumor necrosis factor- α -induced necrotic cell death in hepatocytes from ethanol-fed rats through the restoration of depleted mitochondrial GSH levels.²¹ To evaluate whether AdoMet exerted its antiapoptotic effect on OA-induced apoptosis through GSH synthesis, we determined the intracellular levels of GSH in hepatocytes treated with OA. OA significantly increased total cellular GSH levels (from control 19.3 ± 6.2 to 44.3 ± 4.1 nmol/ 10^6 cells in OA-treated hepatocytes, $P < .05$), ruling out the possibility of GSH depletion as a mechanism for apoptosis. This increase could be attributed to induction by OA of γ -glutamylcysteine synthetase expression, the rate-limiting enzyme for GSH synthesis.²² The role of GSH was further analyzed in experiments using PPG, an inhibitor of

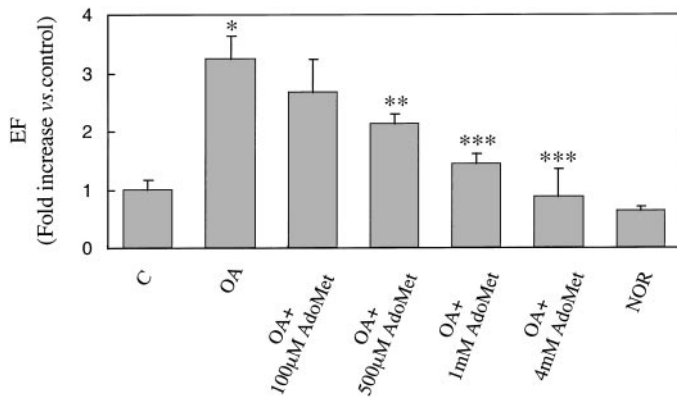


Fig. 1. AdoMet protects cultured rat hepatocytes from OA-induced apoptosis. Hepatocytes were treated with OA (20 nmol/L) for 8 hours in the presence of increasing concentrations of AdoMet. Apoptosis, assessed by measuring specific enrichment of mono- and oligonucleosomes released into the cytoplasm (EF), was calculated as the ratio between the absorbance values obtained in control (C) and treated samples. Norokadaone (NOR, 20 nmol/L), an inactive structural analog of OA, was used as a control. Results are means \pm SEM of 3 independent experiments performed in triplicate. * $P < .01$ vs. control; ** $P < .05$ vs. OA-treated hepatocytes; *** $P < .01$ vs. OA-treated hepatocytes.

γ -cystathionase,²³ which is an effective way of blocking GSH synthesis from AdoMet. As shown in Fig. 2A, the protective action of AdoMet in OA-induced apoptosis was not affected by 2 mmol/L PPG. Under these conditions we observe effective inhibition in GSH synthesis in AdoMet-treated hepatocytes (13.25 ± 1.2 nmol/ 10^6 cells in controls, 2.58 ± 0.6 nmol/ 10^6 cells in PPG-treated cultures, 20.1 ± 2.9 nmol/ 10^6 in AdoMet-treated cells and 2.46 ± 0.7 nmol/ 10^6 cells in PPG plus AdoMet-treated cultures) and cystathionine accumulation (6.45 ± 0.77 and 10.22 ± 1.43 nmol/mg of protein in PPG-treated vs. PPG plus AdoMet-treated hepatocytes, respectively, $P < .05$). In the absence of PPG cystathionine was not detectable.

As mentioned above, some of the effects of AdoMet on liver damage and neoplastic transformation are mimicked by MTA. This compound is derived from AdoMet metabolism in the polyamine biosynthetic pathway, and can also arise from nonenzymatic hydrolysis of AdoMet under physiologic conditions.²⁴ Hence, we evaluated the effect of MTA on OA-induced apoptosis. Pretreatment of hepatocytes with MTA abolished the apoptotic effect of OA (Fig. 2B). The protective effect of MTA was dose dependent, but occurred at much lower concentrations than AdoMet.

AdoMet and MTA Attenuate Cytochrome *c* Release, Caspase 3 Activation, and PARP Degradation Induced by OA. Apoptosis induced by OA in primary rat hepatocytes is mediated by the release of cytochrome *c* from the mitochondria and the subsequent activation of caspase 3.²⁵ The effect of AdoMet and MTA on these two biochemical parameters was studied. As shown in Fig. 3A, both AdoMet and MTA effectively inhibited the release of cytochrome *c* induced by OA. Once released into the cytosol, cytochrome *c* can contribute to the activation of caspase 3.¹³ Caspase 3 activity was induced about 3-fold in OA-treated cells as compared with untreated controls. When hepatocytes were pretreated with AdoMet or MTA, there was a dose-dependent inhibition of caspase 3 activity (Fig. 3B).

PARP is a well-characterized substrate for effector caspases, such as caspase 3.²⁶ Although caspase activation by several apoptotic stimuli did not result in proteolysis of PARP in hepatocytes,²⁷ OA was shown to induce it.²⁵ OA-induced PARP proteolysis was shown by the disappearance of the 116-kd intact PARP protein and the appearance of an 85-kd proteolytic fragment, both of which are recognized by the same antibody. PARP proteolysis was attenuated in cells pretreated with AdoMet and almost completely prevented by MTA (Fig. 3C).

Effect of AdoMet and MTA on OA-Induced Apoptosis in HuH7 Cells. AdoMet and MTA prevented the development of liver tumors in different experimental models of hepatocarcinogenesis *in vivo*,^{8,10} and this was associated with the appearance of apoptotic bodies in hepatic nodules.²⁸ Because AdoMet and MTA are antiapoptotic in primary hepatocytes, we determined their effects in HuH7 cells. It is known that OA induces apoptosis in HuH7 cells, although at higher doses than that required for primary hepatocytes (up to 500 nmol/L).²⁰ Apoptosis in HuH7 cells

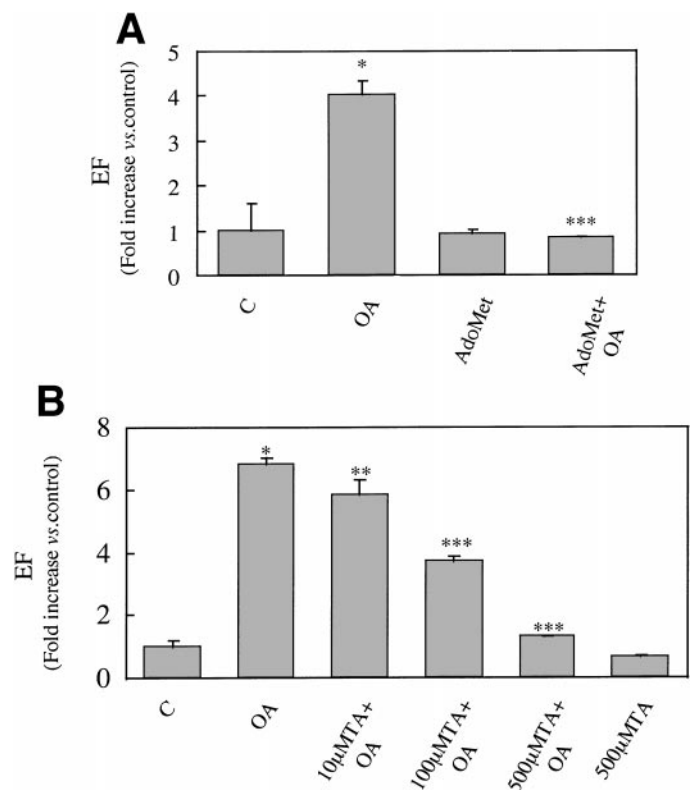


Fig. 2. AdoMet's antiapoptotic effect is not mediated through AdoMet-dependent GSH synthesis and is mimicked by MTA in cultured rat hepatocytes. (A) The γ -cystathionase inhibitor PPG (2 mmol/L) was added to all plates 30 minutes before the onset of treatments. Apoptosis was induced by OA (20 nmol/L, 8 hours) in the presence or absence of AdoMet (4 mmol/L). AdoMet provided protection from apoptosis in the absence of AdoMet-dependent GSH synthesis. (B) Increasing concentrations of MTA were added to cultured rat hepatocytes 30 minutes before the addition of OA (20 nmol/L), and cells were treated for 8 hours. In both cases (A and B) apoptosis, assessed by measuring specific enrichment of mono- and oligonucleosomes released into the cytoplasm (EF), was calculated as the ratio between the absorbance values obtained in control (C) and treated samples. Data are means \pm SEM of 3 independent experiments performed in triplicate. * $P < .01$ vs. control; ** $P < .05$ vs. OA-treated hepatocytes; *** $P < .01$ vs. OA-treated hepatocytes.

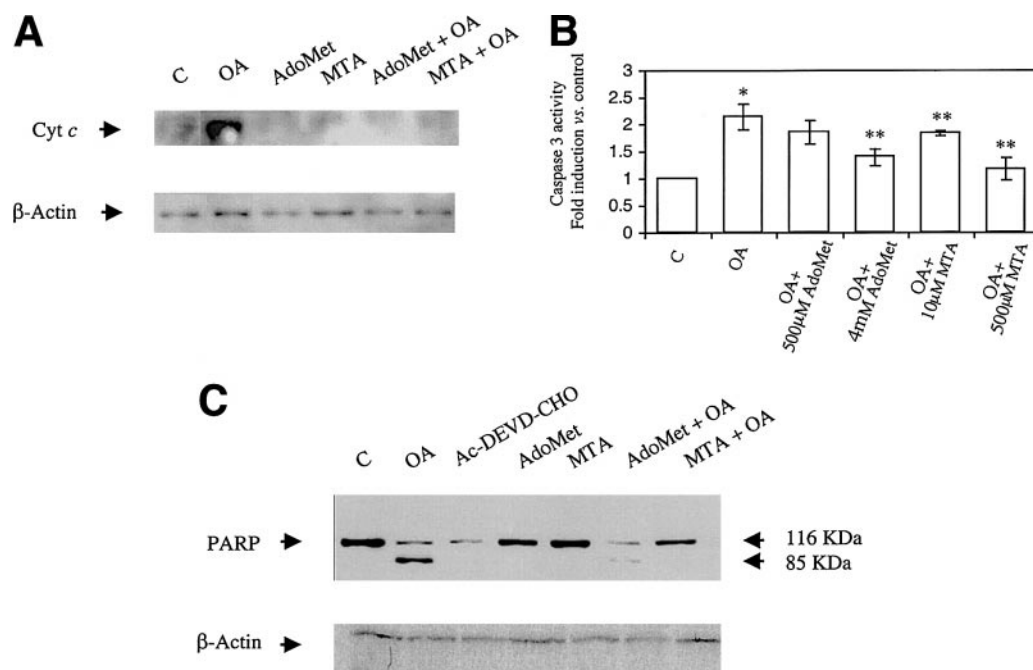


Fig. 3. AdoMet and MTA attenuate OA-induced mitochondrial cytochrome *c* release, caspase 3 activation and PARP cleavage. (A) Western blot analysis of cytochrome *c* levels in the cytoplasm of control hepatocytes (C), OA-treated hepatocytes (20 nmol/L), and hepatocytes treated with AdoMet (4 mmol/L) or MTA (500 μ mol/L) in the presence or absence of OA for 8 hours. Blots were probed for β -actin as loading control. This experiment was performed 3 times with similar results, and a representative blot is shown. (B) Inhibition of OA-induced caspase 3 activity in cultured rat hepatocytes treated with OA (20 nmol/L) for 4 hours in the presence of different concentrations of AdoMet or MTA. Data are means \pm SEM of 3 independent experiments performed in triplicate. * $P < .05$ vs. control cells; ** $P < .05$ vs. hepatocytes treated with OA alone. (C) Western blot analysis of PARP (116 kd) and its proteolytic fragment (85 kd) in control cells (C) and hepatocytes treated with OA (20 nmol/L) for 8 hours in the absence or presence of AdoMet (4 mmol/L), MTA (500 μ mol/L) or the caspase 3 inhibitor Ac-DEVD-CHO (0.1 mmol/L). This experiment was performed 3 times with similar results, and a representative blot is shown.

was measured after 24 hours of treatment with 125 nmol/L OA. In some cultures, 4 mmol/L AdoMet or 500 μ mol/L MTA was added prior to OA. As shown in Fig. 4A, neither AdoMet nor MTA prevented the accumulation of cytoplasmic oligonucleosomal fragments induced by OA. Moreover, treatment with AdoMet or MTA alone resulted in a proapoptotic effect similar to that observed with OA (Fig. 4A). Neither AdoMet nor MTA potentiated the effect of OA (Fig. 4A). The effect of AdoMet and MTA on cytochrome *c* release to the cytosol in HuH7 cells was also studied. As shown in Fig. 4B, treatment of HuH7 cells with 4 mmol/L AdoMet or 500 μ mol/L MTA for 8 hours resulted in the release of cytochrome *c* into the cytosolic fraction. As expected, this effect was also observed in response to OA treatment (125 nmol/L, 8 hours) (Fig. 4B), and was not potentiated when cells were simultaneously treated with either AdoMet or MTA (Fig. 4B). We next determined whether AdoMet's proapoptotic effect was unique to HuH7 cells. In these experiments, HuH7 and HepG2 cells were treated with varying concentrations of AdoMet for 24 hours and the percent of apoptotic cells was determined by flow cytometry. As shown in Fig. 4C, AdoMet exerted a dose-dependent increase in the percent of apoptotic cells in both cell lines.

Discussion

There is accumulating evidence on the protective potential of AdoMet in the preservation of liver function, both in a variety of experimental models of liver damage and in human alcohol-induced liver disease.^{2,4-9,11} As mentioned above, cell death by apo-

ptosis is becoming a relevant process in the development of liver injury under different pathologic conditions that are palliated by AdoMet treatment. Hence, it was interesting to directly address the effect of AdoMet on apoptosis. For this purpose we have used an experimental model of rat hepatocytes in primary culture in which apoptosis was induced by OA. OA has been previously shown to induce apoptosis in primary cultured rodent hepatocytes and hepatic-derived cell lines.^{15,20,25} As opposed to other proapoptotic stimuli, such as tumor necrosis factor- α and Fas ligand,^{13,27} OA-mediated apoptosis of cultured hepatic cells does not need a cotreatment with inhibitors of messenger RNA or protein synthesis.^{15,20,25} In this experimental setting we have observed that AdoMet partially prevented apoptotic cell death induced by OA in a dose-dependent fashion. AdoMet effect was accompanied by the inhibition of cytochrome *c* release from mitochondria to the cytosol. This is a central event in the apoptotic pathway, and a common response to different apoptosis-inducing agents.²⁹ Cytochrome *c* release leads to the activation of downstream effector caspases, such as caspase 3, which cleaves a number of cellular proteins facilitating DNA fragmentation and cell death.^{13,30} Consistent with this, AdoMet treatment partially protected against OA-induced caspase 3 activation and PARP cleavage. PARP is a substrate of caspase 3, which recognizes the DEVD motif in PARP and processes this protein to the 85-kd form.^{31,32} PARP cleavage was not observed in hepatocytes undergoing death-receptor-mediated apoptosis in response to agonists such as transforming growth factor β or Fas ligand.^{27,33} However, we observed that hepatocyte

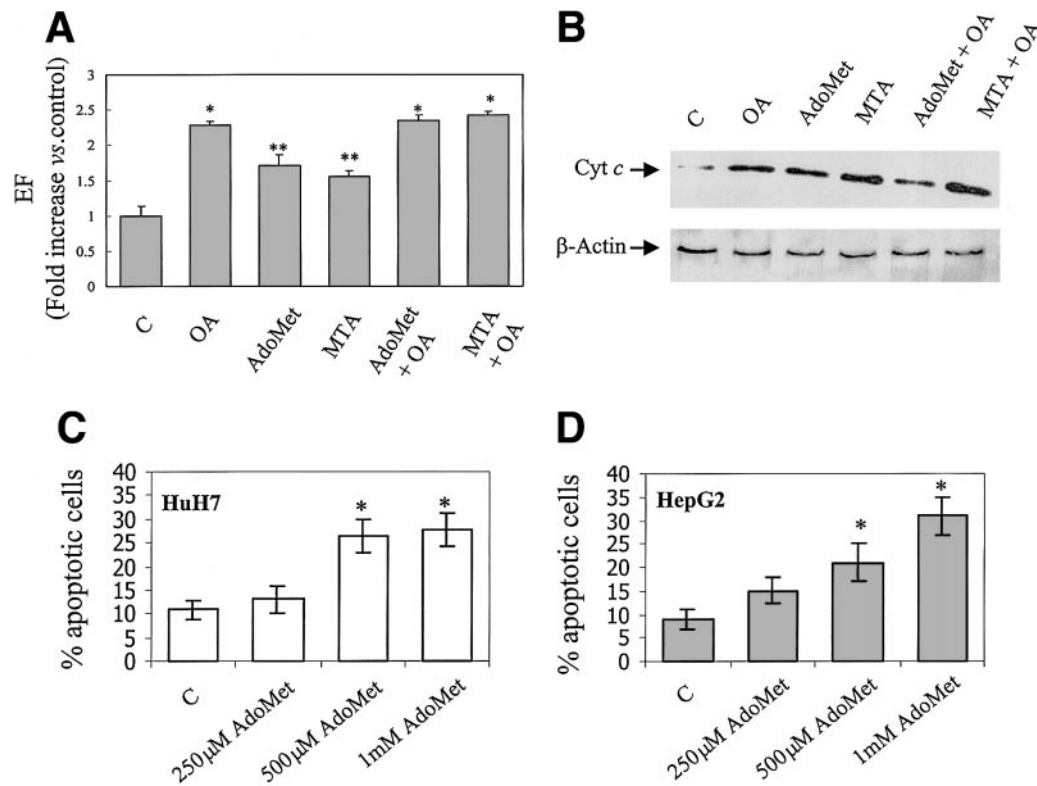


Fig. 4. AdoMet or MTA treatment induces apoptosis in the human hepatocarcinoma cells HuH7 and HepG2. (A) HuH7 cells were treated with OA (125 nmol/L), AdoMet (4 mmol/L), MTA (500 μ mol/L), or with OA plus AdoMet or MTA for 24 hours. Apoptosis, assessed by measuring specific enrichment of mono- and oligonucleosomes released into the cytoplasm (EF), was calculated as the ratio between the absorbance values obtained in control (C) and treated samples. Data are means \pm SEM of 3 independent experiments performed in triplicate. * $P < .01$ and ** $P < .05$ vs. control values. (B) Western blot analysis of cytochrome *c* levels in the cytoplasm of control HuH7 cells (C), OA-treated HuH7 cells (125 nmol/L) and HuH7 cells treated with AdoMet (4 mmol/L) or MTA (500 μ mol/L) in the presence or absence of OA for 8 hours. Blots were probed for β -actin as loading control. This experiment was performed 3 times with similar results, and a representative blot is shown. (C) AdoMet dose-dependently induces apoptosis in both HuH7 and HepG2 cells. HuH7 and HepG2 cells were treated with AdoMet (0 to 1 mmol/L) for 24 hours. Apoptosis was assessed by flow cytometry as described in Materials and Methods. Data are means \pm SEM of 4 independent experiments performed in triplicate. * $P < .05$ vs. control values.

apoptosis induced by OA is accompanied by PARP proteolysis, which is consistent with other reports.²⁵ Similar to AdoMet, prevention of these events by ursodeoxycholic acid was associated with protection from apoptosis.^{15,25}

The biochemical mechanisms underlying the hepatoprotective effects of AdoMet are not completely known. Facilitation of methylation reactions and the restoration of depleted hepatocellular GSH levels, among other effects, have been proposed^{4-6,34} (reviewed in Mato et al.²). AdoMet addition to isolated hepatocytes restores intracellular AdoMet concentrations and increases GSH levels.^{11,35} We examined whether AdoMet protection from OA-induced apoptosis could depend on AdoMet-dependent GSH synthesis. For this purpose hepatocytes were treated with AdoMet in the presence or absence of PPG, an inhibitor of γ -cystathionase, the enzyme that converts AdoMet-derived cystathionine into the GSH precursor cysteine.^{1,23} Under these conditions AdoMet retained its antiapoptotic properties when cells were challenged with OA, thus ruling out the possible implication of GSH in this effect of AdoMet.

As previously mentioned, MTA is a product of AdoMet metabolism in the polyamine pathway.¹ Exogenous AdoMet can also undergo nonenzymatic hydrolysis *in vivo* into MTA and homoserine.^{9,24} It has been suggested that the beneficial effects of

AdoMet in liver damage could be attributed in part to its conversion to MTA.^{9,10} Additionally, we have recently shown that MTA mimics AdoMet's effect on gene expression in cultured rat hepatocytes.¹² Now we observe that MTA also prevents OA-induced apoptosis in cultured rat hepatocytes in a dose-dependent fashion. Inhibition of apoptosis by MTA was accompanied by the prevention of cytochrome *c* release from the mitochondria, caspase 3 activation, and PARP cleavage. In contrast to AdoMet, MTA does not contribute to GSH synthesis, is not a methyl donor, and inhibits methyltransferases.³⁶ These observations further support the idea that the present antiapoptotic effects of AdoMet are GSH independent and suggest that they could be mediated in part through its conversion to MTA.

A possible mechanism for the antiapoptotic effect of AdoMet could take place at the mitochondrial level. AdoMet is transported into isolated rat liver mitochondria via a specific carrier-mediated system, thus making this organelle an intracellular target for AdoMet.³⁷ Apoptotic signals, including OA, alter mitochondrial physiology leading to organelle swelling and the physical rupture of the outer membrane.^{14,25,30} These alterations contribute to the release of mitochondrial proteins, such as cytochrome *c* and other death-promoting proteins,³⁰ into the cytosol. AdoMet has been shown to restore the physical properties of mitochondria in etha-

nol-fed rats,³⁴ attenuate the increase in plasma of glutamate dehydrogenase, an enzyme exclusively located in the intermembrane space of mitochondria, and decrease the number of giant mitochondria in chronically ethanol intoxicated baboons.⁴ Together with our present observations, these findings suggest that AdoMet can modulate mitochondrial injury. The inhibition of OA-induced cytochrome *c* release by MTA also suggests that this compound could mediate part of the above-mentioned effects of AdoMet at the mitochondrial level. Interestingly, higher concentrations of AdoMet were necessary to match the effects of MTA in the different apoptosis-related events measured. This could be attributed in part to the differential intracellular availability of both compounds, AdoMet being a charged molecule and MTA a non-charged compound. Additionally, and as suggested by our present experiments, AdoMet effects may depend on the conversion of this molecule, either spontaneous or via enzymatic catalysis, to MTA, which would be bypassed by the direct addition of this compound.

While prevention of hepatocyte apoptosis under conditions of liver injury contributes to the preservation of functional liver mass and organ viability, such an effect would be undesired during the clonal expansion of malignantly initiated hepatocytes. In this respect, an imbalance between cell proliferation and apoptotic cell death seems to be important in hepatocarcinogenesis, especially during the stage of progression.³⁸ These notions led us to test the effect of AdoMet and MTA on apoptosis induced by OA in the human hepatoma cell line HuH7. In contrast to the results obtained in primary hepatocytes, AdoMet and MTA did not protect from OA-induced apoptosis. On the contrary, both agents were able to promote the release of cytochrome *c* from the mitochondria into the cytoplasm and to induce apoptosis in the absence of any other stimuli, mimicking the effect of OA. AdoMet's proapoptotic effect was also not unique to HuH7 cells, because it induced apoptosis in both HepG2 and HuH7 cells in a dose-dependent manner. Additionally, AdoMet and MTA also induced a similar proapoptotic response in the rat hepatoma cell line H4-IIIE (data not shown), thus excluding the possibility that species differences could be behind the differential effect of these two molecules between primary rat hepatocytes and human cell lines. This proapoptotic effect of AdoMet on hepatoma cell lines is unrelated to AdoMet-dependent GSH synthesis, given the fact that transformed hepatocytes show a blockade in their ability to drive AdoMet-derived homocysteine into the trans-sulfuration pathway.^{39,40} These observations are in agreement with the reported chemopreventive action of AdoMet in an *in vivo* model of chemical hepatocarcinogenesis in rats, which was accompanied by an increase of apoptotic bodies in nodules and foci in AdoMet-treated animals.^{8,28} Now we show that this *in vivo* effect of AdoMet could be partially mediated through a direct action of this molecule on the neoplastic cell and suggest that AdoMet-derived MTA could be a mediator of such an effect. Additionally, our present observations are in line with our previously reported growth inhibitory properties of increased intracellular AdoMet levels on HuH7 cells.⁴¹ One of the mechanisms of the growth inhibitory effect appears to be apoptosis. How AdoMet/MTA can be antiapoptotic in primary hepatocytes but proapoptotic in liver cancer cells is unknown and is an area of our future investigation. However, this differential effect seems not to be related to the fact that primary hepatocytes

are quiescent cells, whereas cell lines display enhanced proliferation, since AdoMet and MTA showed a similar antiapoptotic effect on proliferating hepatocytes treated with hepatocyte growth factor (data not shown).

Taken together, this work outlines a candidate novel role for AdoMet in the preservation of liver cell viability that could be behind the widely reported hepatoprotective actions of this molecule. Its differential effects on normal and transformed hepatocytes further strengthens the therapeutic potential of a safe and well-tolerated drug in liver disease,⁷ and as a chemopreventive agent in human hepatocarcinoma.

Acknowledgment: The authors thank Dr. Juan Viña (Universidad de Valencia, Spain) for his help with cystathionine determinations, and Estefania Fernández for her technical help.

References

- Finkelstein JD. Methionine metabolism in mammals. *J Nutr Biochem* 1990;1:228-236.
- Mato JM, Alvarez L, Ortiz P, Pajares MA. S-adenosylmethionine synthesis: molecular mechanisms and clinical implications. *Pharmacol Ther* 1997;73:265-280.
- Pegg AE. Polyamine metabolism and its importance in neoplastic growth and a target for chemotherapy. *Cancer Res* 1988;15:759-774.
- Lieber CS, Casini A, De Carli LM, Kim C, Lowe N, Sasaki R, Leo MA. S-adenosyl-L-methionine attenuates alcohol-induced liver injury in the baboon. *HEPATOLOGY* 1990;11:165-172.
- Pascale RM, Piriš L, Daino L, Zanetti S, Satta A, Bartoli E, Feo F. Role of phosphatidylethanolamine methylation in the synthesis of phosphatidyl choline by hepatocytes isolated from choline-deficient rats. *FEBS Lett* 1982;45:293-297.
- Benz C, Angermuller S, Kloters-Plachky P, Sauer P, Stremmel W, Stiehl A. Effect of S-adenosylmethionine versus tauroursodeoxycholic acid on bile acid-induced apoptosis and cytolysis in rat hepatocytes. *Eur J Clin Invest* 1998;28:577-583.
- Mato JM, Cámara J, Fernández de Paz J, Caballería L, Coll S, Caballero A, Garcia-Buey L, et al. S-adenosylmethionine in alcoholic liver cirrhosis: a randomized, placebo-controlled, double-blind, multicenter clinical trial. *J Hepatol* 1999;30:1081-1089.
- Pascale RM, Simile MM, De Miglio MR, Nufriš A, Daino L, Seddaiu MA, Rao PM, et al. Chemoprevention by S-adenosyl-L-methionine of rat liver carcinogenesis initiated by 1,2-dimethylhydrazine and promoted by orotic acid. *Carcinogenesis* 1995;16:427-430.
- Simile MM, Banni S, Angioni E, Carta G, De Miglio MR, Muroni MR, Calvisi DF, et al. 5'-Methylthioadenosine administration prevents lipid peroxidation and fibrogenesis induced in rat liver by carbon-tetrachloride intoxication. *J Hepatol* 2001;34:386-394.
- Pascale RM, Simile MM, Satta G, Seddaiu MA, Daino L, Pinna G, Vinci MA, et al. Comparative effects of L-methionine, S-adenosyl-L-methionine and 5'-methylthioadenosine on the growth of preneoplastic lesions and DNA methylation in rat liver during the early stages of hepatocarcinogenesis. *Anticancer Res* 1991;11:1617-1624.
- García-Trevijano ER, Latasa MU, Carretero MV, Berasain C, Mato JM, Avila MA. S-adenosylmethionine regulates *MAT1A* and *MAT2A* gene expression in cultured rat hepatocytes: a new role for S-adenosylmethionine in the maintenance of the differentiated status of the liver. *FASEB J* 2000;14:2511-2518.
- Latasa MU, Boukaba A, García-Trevijano ER, Torres L, Rodríguez JL, Caballería J, Lu SC, et al. Hepatocyte growth factor induces *MAT2A* expression and histone acetylation in rat hepatocytes. Role in liver regeneration. *FASEB J* 10.1096/fj.00-0556fj, March 5, 2001.

13. Kaplowitz N. Mechanisms of liver cell injury. *J Hepatol* 2000; 32(suppl.1):39-47.
14. Natori S, Rust C, Stadheim LM, Srinivasan A, Burgart LJ, Gores GJ. Hepatocyte apoptosis is a pathologic feature of human alcoholic hepatitis. *J Hepatol* 2001;34:248-253.
15. Rodrigues CMP, Fan G, Ma X, Kren BT, Steer CJ. A novel role for ursodesoxycholic acid in inhibiting apoptosis by modulating mitochondrial membrane perturbation. *J Clin Invest* 1998;10:2790-2799.
16. Avila MA, Carretero MV, Rodriguez EN, Mato JM. Regulation by hypoxia of methionine adenosyltransferase gene expression in rat hepatocytes. *Gastroenterology* 1998;114:364-371.
17. Yang J, Liu X, Bhalla K, Kim CN, Ibrado AM, Cai J, Peng TI, et al. Prevention of apoptosis by Bcl-2: release of cytochrome c from mitochondria blocked. *Science* 1997;275:1129-1132.
18. Boe R, Gjertsen BT, Vintermyr OK, Houge G, Lanotte M, Doskeland SO. The protein phosphatase inhibitor okadaic acid induces morphological changes typical of apoptosis in mammalian cells. *Exp Cell Res* 1991;195:237-246.
19. Lambole C, Bringuier AF, Feldmann G. Induction of apoptosis in normal cultured rat hepatocytes and in Hep3B, a human hepatoma cell line. *Cell Biol Toxicol* 2000;16:185-200.
20. Fan G, Ma X, Kren BT, Steer CJ. The retinoblastoma gene product inhibits TGF-beta1 induced apoptosis in primary rat hepatocytes and human HuH-7 hepatoma cells. *Oncogene* 1996;12:1909-1919.
21. Colell A, Garcia-Ruiz C, Miranda M, Ardite E, Mari M, Morales A, Corrales F, et al. Selective glutathione depletion of mitochondria by ethanol sensitizes hepatocytes to tumor necrosis factor. *Gastroenterology* 1998;115:1541-1551.
22. Sekhar KR, Meredith MJ, Kerr LD, Soltaninassab SR, Spitz DR, Xu ZQ, Freeman ML. Expression of glutathione and gamma-glutamylcysteine synthetase mRNA is Jun dependent. *Biochem Biophys Res Commun* 1997;234:588-593.
23. Rao AM, Drake MR, Stipanuk MH. Role of the transsulfuration pathway and of gamma-cystathionase activity in the formation of cysteine and sulfate from methionine in rat hepatocytes. *J Nutr* 1990;120: 837-845.
24. Wu SE, Huskey WP, Borchardt RT, Schowen REL. Chiral instability at sulfur of S-adenosylmethionine. *Biochemistry* 1983;22:2828-2832.
25. Rodrigues CM, Ma X, Linehan-Stieers C, Fan G, Kren BT, Steer CJ. Ursodeoxycholic acid prevents cytochrome c release in apoptosis by inhibiting mitochondrial membrane depolarization and channel formation. *Cell Death Differ* 1999;6:842-854.
26. Lazebnik YA, Kaufmann SH, Desnoyers S, Poirier GG, Earnshaw WC. Cleavage of poly(ADP-ribose) polymerase by a proteinase with properties like ICE. *Nature* 1994;371:346-347.
27. Jones RA, Johnson VL, Buck NR, Dobrota M, Hinton RH, Chow SC, Kass GE. Fas-mediated apoptosis in mouse hepatocytes involves the processing and activation of caspases. *HEPATOLOGY* 1998;27: 1632-1642.
28. Garcea R, Daino L, Pascale RM, Simile MM, Puddu M, Frassetto S, Cozzolino P, et al. Inhibition of promotion and persistent nodule growth by S-adenosyl-L-methionine in rat liver carcinogenesis: role of remodeling and apoptosis. *Cancer Res* 1989;49:1850-1856.
29. Bossy-Wetzel E, Newmeyer DD, Green DR. Mitochondrial cytochrome c release in apoptosis occurs upstream of DEVD-specific caspase activation and independently of mitochondrial transmembrane depolarization. *EMBO J* 1994;17:37-49.
30. Hengartner MO. The biochemistry of apoptosis. *Nature* 2000; 407: 770-776.
31. Nicholson DW, Ali A, Thornberry NA, Vaillantcourt JP, Ding CK, Gallant M, Gareau Y, et al. Identification and inhibition of the ICE/CED-3 protease necessary for mammalian apoptosis. *Nature* 1995; 376:37-43.
32. Tewari M, Quan LT, O'Rourke K, Desnoyers S, Zeng Z, Beidler DR, Poirier GG, et al. Yama/Cpp32beta, a mammalian homologue of CED-3, is a crmA-inhibitable protease that cleaves the death substrate poly(ADP-ribose) polymerase. *Cell* 1995;81:801-809.
33. Inayat-Hussain SH, Couet C, Cohen GM, Cain K. Processing/activation of CPP32-like proteases is involved in transforming growth factor beta1-induced apoptosis in rat hepatocytes. *HEPATOLOGY* 1997; 25:1516-1526.
34. Garcia-Ruiz C, Morales A, Colell A, Ballesta A, Rodes J, Kaplowitz N, Fernandez-Checa JC. Feeding S-adenosyl-L-methionine attenuates both ethanol-induced depletion of mitochondrial glutathione and mitochondrial dysfunction in periportal and perivenous rat hepatocytes. *HEPATOLOGY* 1995;21:207-214.
35. Ponsoda X, Jover R, Gomez-Lechon MJ, Fabra R, Trullenque R, Castell JV. Intracellular glutathione in human hepatocytes incubated with S-adenosyl-L-methionine and GSH-depleting drugs. *Toxicology* 1991;70:293-302.
36. Dante R, Anaud M, Niveleau A. Effects of 5'-deoxy-5'-methylthioadenosine on the metabolism of S-adenosyl methionine. *Biochem Biophys Res Commun*.1983;114:214-221.
37. Horne DW, Holloway RS, Wagner C. Transport of S-adenosylmethionine in isolated rat liver mitochondria. *Arch Biochem Biophys* 1997;343: 201-206.
38. Thorgeirsson SS, Teramoto T, Factor VM. Dysregulation of apoptosis in hepatocellular carcinoma. *Semin in Liver Dis* 1998;18:115-122.
39. Lu SC, Huang HY. Comparison of sulfur amino acid utilization for GSH synthesis between HepG2 cells and cultured rat hepatocytes. *Biochem Pharmacol* 1994;47:859-869.
40. Avila MA, Berasain C, Torres L, Martín-Duce A, Corrales FJ, Yang H, Prieto J, et al. Reduced mRNA abundance of the main enzymes involved in methionine metabolism in human liver cirrhosis and hepatocellular carcinoma. *J Hepatol* 2000;33:907-914.
41. Cai J, Mao Z, Hwang JJ, Lu SC. Differential expression of methionine adenosyltransferase genes influences the rate of growth of human hepatocellular carcinoma cells. *Cancer Res* 1998;58:1444-1450.