



## PAPER

# Effects of Trecadrine<sup>®</sup>, a $\beta$ 3-adrenergic agonist, on leptin secretion, glucose and lipid metabolism in isolated rat adipocytes

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**OBJECTIVE:** Leptin, a hormone produced in adipocytes, is a key signal in the regulation of food intake and energy expenditure.  $\beta$ -Adrenergic agonists have been shown to inhibit leptin gene expression and leptin secretion. The mechanisms underlying the inhibitory effects of  $\beta$ -adrenergic agonists have not been established. In this study, we examined the effects of Trecadrine<sup>®</sup>, a novel  $\beta$ 3-adrenergic agonist, on basal and insulin-stimulated leptin secretion in isolated rat adipocytes. Because insulin-stimulated glucose metabolism is an important regulator of leptin expression and secretion by the adipocytes, the effects of Trecadrine on indices of adipocyte metabolism were also examined.

**MEASUREMENTS:** Isolated adipocytes were incubated with Trecadrine ( $10^{-8}$ – $10^{-4}$  M) in the absence or presence of insulin (1.6 nM). Leptin secretion, glucose utilization, lactate production, glucose incorporation into CO<sub>2</sub> and triglyceride, as well as lipolysis (glycerol release) were determined.

**RESULTS:** Trecadrine induced a concentration-dependent inhibition of basal leptin secretion. Trecadrine also decreased insulin-stimulated leptin secretion; however, the effect was not as pronounced as in the absence of insulin. Treatment of adipocytes with Trecadrine increased basal glucose utilization and produced a further increase in insulin-stimulated glucose utilization. Basal lactate production was also increased by Trecadrine; however, the proportion (percentage) of glucose carbon released as lactate was unaffected. In the presence of insulin, absolute lactate production was unaffected by Trecadrine at 96 h. However, the percentage of glucose carbon released as lactate was significantly decreased by insulin treatment, and was further decreased by the co-treatment with Trecadrine. Trecadrine induced a dose-dependent increase of the absolute amount of glucose incorporated into triglyceride. However, the percentage of glucose utilized that was incorporated into triglyceride was unaffected by Trecadrine. Trecadrine did not modify the proportion of glucose utilized that was oxidized to CO<sub>2</sub>. Trecadrine increased glycerol release after 96 h of treatment. Glycerol release was negatively correlated with leptin secretion.

**CONCLUSIONS:** These results suggest that alterations of glucose metabolism are not directly involved in the effects of  $\beta$ 3-adrenergic agonists to inhibit leptin expression and secretion. The inverse relationship between leptin secretion and the increase of glycerol levels, which is an index of the activation of cAMP-dependent protein kinases, suggests that activation of the cAMP signaling pathway mediates the inhibitory effects of Trecadrine on leptin gene expression and secretion.

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**Keywords:**  $\beta$ 3-adrenoceptor; leptin; insulin-mediated glucose metabolism; lactate; lipogenesis; lipolysis

## Introduction

Molecules with affinity for  $\beta$ 3-adrenergic receptors have been developed as potential drugs for the treatment of obesity and

diabetes.<sup>1,2</sup> Trecadrine<sup>®</sup>, a novel  $\beta$ -adrenergic agonist with a marked selectivity for  $\beta$ 3-adrenoceptors,<sup>3</sup> has shown anti-diabetic properties in an alloxan-induced rat model of diabetes by decreasing hepatic glucose output and improving muscle glucose uptake.<sup>4,5</sup> Trecadrine has also been shown to have anti-obesity properties in a diet-induced obesity model (cafeteria-fed animals), by decreasing fat content and the weight of white adipose tissue (WAT) depots while increasing gastrocnemius muscle UCP2 mRNA, brown adipose tissue

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(BAT) UCP1 mRNA levels and WAT lipolysis and oxygen consumption.<sup>6,7</sup>

*In vivo*, Trecadrine treatment, like other  $\beta$ 3-adrenergic agonists, causes a decrease in both leptin expression in WAT and plasma leptin levels.<sup>7–10</sup> The mechanisms underlying the inhibition of leptin expression and secretion by  $\beta$ 3-adrenergic stimulation remain unclear. Previous experiments from our laboratory and others have demonstrated that insulin-mediated glucose metabolism has an important role regulating leptin expression and secretion,<sup>11–15</sup> Free fatty acids have been reported to inhibit leptin expression and secretion in adipocytes.<sup>16,17</sup> It is well known that the sympathetic nervous system regulates adipocyte glucose and fat metabolism through  $\beta$ -adrenergic receptors.<sup>18</sup>

Therefore, the aim of the present study was to determine the direct effects of Trecadrine on leptin expression and secretion in isolated rat adipocytes and whether its effects were related to alterations in adipocyte glucose and/or fat metabolism. For this purpose, the effects of Trecadrine on glucose utilization, lactate production, and percentage of glucose converted to lactate, incorporated into lipid, or oxidized to CO<sub>2</sub> were assessed. The lipolytic effect of Trecadrine and its relationship with leptin secretion were also examined by measuring glycerol release.

## Methods

### Materials

Media (Dulbecco's modified Eagle's medium, DMEM), fetal bovine serum, minimal essential medium amino acids, penicillin/streptomycin and nystatin were purchased from Life Technologies (Grand Island, NY, USA). Bovine serum albumin fraction V, 4-(2-hydroxyethyl)-1-piperazineethansulfonic acid (HEPES) and insulin were purchased from Sigma Chemical Co. (St Louis, MO, USA). Collagen (Vitrogen 100) was purchased from Cohesion Technologies (Palo Alto, CA, USA). <sup>14</sup>C-glucose was obtained from NEN (Beverly, MA, USA). Trecadrine was a generous gift from Wassermann-Chiesi (Barcelona/Milano).

### Animals

Male Sprague–Dawley rats (3–6 months of age) were obtained from Charles River (Wilmington, MA, USA). Animals were housed in hanging wire cages in temperature-controlled rooms (22°C) with a 12 h light–dark cycle and fed Purina chow diet (Ralston-Purina., St Louis, MO, USA) and given deionized water *ad libitum*.

### Adipocyte isolation and culture

Adipocytes were isolated from epididymal fat pads of male Sprague–Dawley rats. The fat pads were minced into pieces in Krebs-Ringer HEPES buffer (pH 7.4; containing 5 mM D-glucose, 2% BSA, 135 mM NaCl, 2.2 mM CaCl<sub>2</sub>·2H<sub>2</sub>O, 1.25 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 0.45 mM KH<sub>2</sub>PO<sub>4</sub>, 2.17 mM

Na<sub>2</sub>HPO<sub>4</sub> and 10 mM HEPES). Adipose tissue fragments were digested in the same buffer with type I collagenase (1.25 mg/ml per 0.5 g tissue; Worthington, Lakewood, NJ, USA) at 37°C with gentle shaking at 60 cycles/min for 30 min. The resulting cell suspension was diluted in HEPES-phosphate buffer and the isolated adipocytes were then separated from the undigested tissue by filtration through a 400  $\mu$ m nylon mesh and washed three times. Isolated adipocytes were then resuspended in DMEM supplemented with 1% FBS and incubated for 30 min at 37°C.

The isolated adipocytes (150  $\mu$ l of 2:1 ratio of packed cells to medium) were then plated on 500  $\mu$ l of a collagen matrix (Vitrogen 100, Cohesion Technologies, Palo Alto, CA, USA) in six-well culture plates. After a 45 min incubation at 37°C, the culture media containing the different treatments were added and the cells were maintained in an incubator at 37°C in 6% CO<sub>2</sub> for up to 96 h. Aliquots (300  $\mu$ l) of the media were collected at 24, 48, 72 and 96 h, and replaced with fresh medium containing the appropriate concentration of insulin and/or Trecadrine.

### Assays

Leptin concentrations in the medium were determined by a radioimmunoassay for rat leptin (Linco Research, St Charles, MO, USA), as previously described.<sup>19</sup> Glucose and lactate were measured with a YSI glucose analyzer (Model 2300, Yellow Springs Instruments, Yellow Springs, OH, USA).

### Analysis of mRNA

Leptin mRNA level was determined by Northern blotting. The leptin cDNA probe was a 388 bp fragment of mouse leptin cDNA, which was kindly provided by Dr Charles Mobbs (Mount Sinai School of Medicine, New York, USA). The 18S ribosomal probe was obtained from Ambion (Ambion, Austin, TX, USA).

RNA was extracted according to the Gibco Life Technologies procedure using Trizol (Life Technologies Inc., Grand Island, NY, USA). The UV absorbance and integrity gels were used to estimate RNA. Leptin and 18S cDNA probes were labeled by random priming (Rediprime kit, Amersham, Buckinghamshire, UK) in the presence of <sup>32</sup>P dCTP (3000 Ci/mmol, Amersham). Unincorporated nucleotides were removed using NucTrap probe purification columns (Stratagene, La Jolla, CA, USA). For each tissue sample, 5–7  $\mu$ g of total RNA were fractionated by electrophoresis on a denaturing 1% agarose gel containing 2.2 M formaldehyde and 1  $\times$  MOPS running buffer. One microliter of a 50  $\mu$ g/ml ethidium bromide (Gibco BRL, Gaithersburg, MD, USA) stock solution was added in order to check RNA integrity and even loading. After electrophoresis, RNA was transferred to nylon membrane (Duralon-UV, Stratagene, La Jolla, CA, USA) by overnight capillary transfer and UV cross-linked (Stratalinker 1800, Stratagene, La Jolla, CA, USA). Blots were then hybridized for 1 h at 68°C in presence of the labeled cDNA probe

( $2 \times 10^6$  cpm/ml Express Hyb solution, Clontech, Palo Alto, CA, USA). After washing at high stringency, blots were exposed to X-ray films with an intensifying screen for 1 day at  $-80^\circ\text{C}$ . To allow loading of equal mass of RNA in each well, after analysis of leptin mRNA using a single-stranded cDNA probe followed by quantification of bands from film, the blots were re-analyzed using a probe complementary to mouse 18S ribosomal RNA. Leptin mRNA was then normalized with respect to the 18S ribosomal signal.

#### Glucose incorporation into lipid

Glucose incorporation into lipid was measured after 96 h of culture by counting the  $^{14}\text{C}$  radio-labeled glucose incorporated into the adipocytes.<sup>20</sup> Throughout the culture, the adipocytes were incubated in media containing  $0.01 \mu\text{Ci/ml}$  of  $^{14}\text{C}$  glucose (NEN, Beverly, MA, USA). After 96 h the media was removed, along with any extracellular triglyceride in the wells, and 4 ml of methanol were added to each well. The adipocytes anchored into the collagen were then transferred into a 50 ml glass tube with screw cap. The well was washed again using an additional 1 ml of methanol which was also transferred to the tube. Ten milliliters of chloroform were added to each tube in order to extract the triglyceride as described by Folch.<sup>21</sup> Twenty-four hours later, the tube was filled with de-ionized water to separate the methanol from the chloroform containing the triglyceride. The water-methanol layer was aspirated and remaining moisture was absorbed by the adding 4 g sodium sulfate. One milliliter of the chloroform-triglyceride was pipetted into a scintillation vial and counted for radioactivity (dpms). Five milliliters of the chloroform-lipid was pipetted into pre-weighed aluminum pans. The chloroform was allowed to evaporate and the pan was weighed again to determine the retained triglyceride (mg).

#### Glucose oxidation

Oxidation was measured using a modification of the method of Rodbell<sup>22</sup> and a modification of the culture system described by Bottcher and Furst.<sup>23</sup> Briefly, isolated adipocytes were placed in collagen in sterile 20 ml scintillation vials. Two milliliters of treatment media containing  $0.03 \mu\text{Ci/ml}$  of  $[\text{U-}^{14}\text{C}]$ -glucose were added to the vials. The vials were capped with rubber stoppers fitted with a hanging center well in the presence of 6%  $\text{CO}_2$  gas. Each well contained a  $2 \times 8$  cm strip of Whatman no. 1 paper. Vials were incubated at  $37^\circ\text{C}$  for 48 h. After 48 h a media sample was removed from each vial using a 4 inch, 23 gauge needle. Using another syringe and 23 gauge needle,  $200 \mu\text{l}$  of sodium benzethonium were placed onto the paper strip and hanging well to capture  $\text{CO}_2$ . Concentrated sulfuric acid was added to the vials in order to lyse cells and liberate all  $\text{CO}_2$  from the collagen matrix. After 24 h, the hanging well and paper were transferred to another vial containing scintillation fluid and counted.

#### Lipolysis

Glycerol released into the media at 96 h was assayed to evaluate lipolysis. Glycerol was determined using Sigma Diagnostics Triglyceride (GPO-Trinder) reagent following the procedure indicated by the manufacturer (Sigma Diagnostics, Inc, St Louis, MO, USA).

#### Data analysis

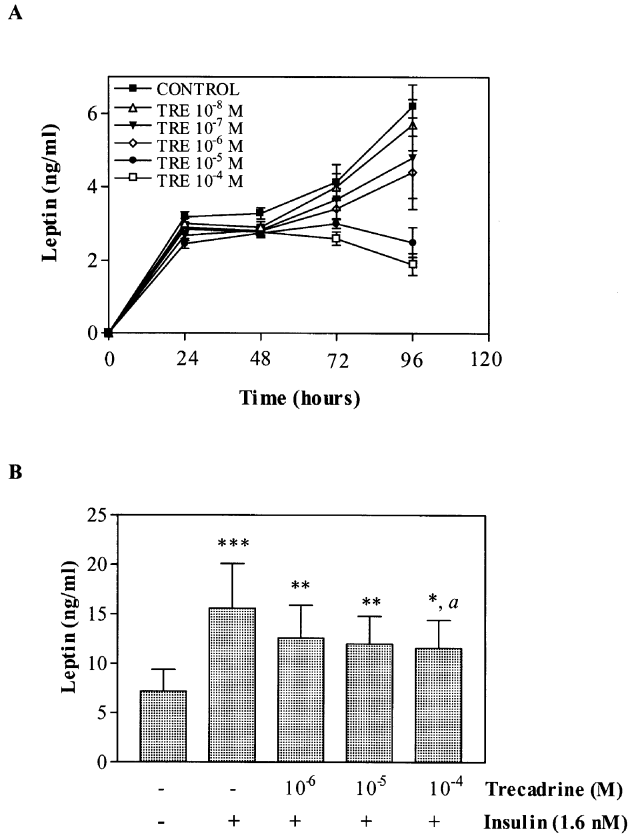
Glucose utilization was assessed by measuring the concentration of glucose in the media in each well before and at 24, 48, 72 and 96 h with corrections for the amount of glucose that was removed and added during media sampling and replacement. Lactate production was calculated as the increase of media lactate at 24, 48, 72 and 96 h with corrections for the amount of lactate removed and added with media replacement. The amount of carbon released as lactate per amount of carbon taken up as glucose over 96 h was calculated as  $\Delta[\text{lactate}]/\Delta[\text{glucose}]$ , where  $\Delta$  is the change and expressed as a percentage. The amount of glucose incorporated into  $\text{CO}_2$  was calculated as (dpms collected on Whatman 1 strip) (total glucose)/total dpms and expressed as a percentage of total glucose utilized. The amount of glucose incorporated into lipid was calculated as  $((\text{dpms extracted in 1 ml chloroform})/(\text{total glucose})/(\text{total dpms}) \times 10 \text{ ml chloroform})$ . This value was normalized over the amount of lipid recovered from the well and expressed as a percentage of total glucose utilized. The experimental results from each adipocyte suspension prepared from a single animal were analyzed in relation to a control well from the same suspension. The means were compared by ANOVA followed by a Bonferroni's *post-hoc* test (GraphPad Prism, GraphPad Software Inc, San Diego, CA, USA).

## Results

#### Effect of Trecadrine on leptin expression and secretion

Trecadrine ( $10^{-8}$ – $10^{-4}$  M) induced a concentration-dependent inhibition of basal leptin secretion from the first 24 h of treatment (Figure 1A). Over 96 h of treatment, the inhibitory effect of Trecadrine on leptin secretion was significant ( $P < 0.001$ ) at concentrations of  $10^{-5}$  and  $10^{-4}$  M ( $46.5 \pm 7.2$  and  $39.6 \pm 8.5\%$  of control). Insulin at 1.6 nM induced a significant increase on leptin secretion over the 96 h ( $220 \pm 18.2\%$  of control,  $P < 0.001$ ). Co-treatment with Trecadrine in the presence of insulin decreased insulin-stimulated leptin secretion (Figure 1B). However, the effect of Trecadrine to inhibit leptin secretion was not as potent as in the absence of insulin ( $80.2 \pm 5.1$  and  $84.1 \pm 6.1\%$  for  $10^{-5}$  and  $10^{-4}$  M respectively).

The pattern of Trecadrine's effects on leptin expression at 48 h of treatment mimics those observed for leptin secretion (Figure 2). Trecadrine induced a decrease in basal leptin mRNA levels ( $40.8 \pm 5.2$  and  $35.1 \pm 7.8\%$  of control for  $10^{-6}$  and  $10^{-4}$  M). As expected, insulin had a potent effect to increase leptin mRNA levels ( $251.3 \pm 9.2\%$  of control) and



**Figure 1** Effects of Trecadrine on basal (A) and insulin-stimulated (B) leptin secretion by isolated rat adipocytes over 96 h in culture. Results (mean  $\pm$  s.e.) are representative of six independent experiments. \* $P < 0.05$ ; \*\* $P < 0.001$ ; and \*\*\* $P < 0.001$  vs corresponding control. <sup>a</sup> $P < 0.05$  vs insulin-treated cells.

Trecadrine modestly reduced the effect of insulin to increase leptin mRNA levels ( $78.5 \pm 0.4$  and  $77.3 \pm 0.3\%$  of insulin for  $10^{-6}$  and  $10^{-4}$  M Trecadrine).

### Effect of Trecadrine on glucose utilization

Trecadrine induced a concentration-dependent increase in basal glucose utilization over 96 h (Figure 3A), which was significant at  $10^{-6}$ ,  $10^{-5}$  and  $10^{-4}$  M ( $123 \pm 9.9$ ,  $P < 0.05$ ;  $139.1 \pm 16.3$  and  $172.9 \pm 24.6\%$ ,  $P < 0.01$  of control, respectively). This increase in basal glucose uptake was observed from the first 24 h of treatment (data not shown). As expected, insulin (1.6 nM) induced a significant increase in glucose uptake ( $170.5 \pm 24.0\%$  of control,  $P < 0.01$ ). When adipocytes were co-treated with Trecadrine in the presence of insulin, a concentration-dependent increase in glucose uptake was also observed. This stimulatory effect of Trecadrine on insulin-stimulated glucose uptake was, however, less potent ( $125.8 \pm 7.0\%$  for the  $10^{-4}$  M concentration;

$P < 0.05$ ) than the effects of Trecadrine on basal glucose uptake (Figure 3B).

### Effect of Trecadrine on lactate production

As shown in Table 1, Trecadrine increased absolute lactate production at  $10^{-5}$  and  $10^{-4}$  M ( $127.6 \pm 9.0$  and  $144.6 \pm 10.3\%$ ). However, the proportion of carbon released as lactate per amount of carbon taken up as glucose over 96 h was unaffected by Trecadrine treatment (Table 1). Lactate production at 96 h was similar in adipocytes treated with insulin alone and those co-treated with Trecadrine (Table 2). As we have previously reported, the percentage of glucose carbon released as lactate was significantly decreased by insulin treatment ( $41.7 \pm 7.8$  vs  $25.5 \pm 5.8$ ,  $P < 0.001$ ), and co-treatment with  $10^{-4}$  M Trecadrine decreased this percentage ( $25.5 \pm 5.8$  vs  $20.0 \pm 4.6$ ,  $P < 0.05$ ; Table 2).

### Effect of Trecadrine on glucose incorporation into triglyceride

The amount of glucose incorporated into triglyceride was increased by Trecadrine in a dose-dependent manner ( $162.6 \pm 29.3$  and  $168.8 \pm 21.5\%$  of control for  $10^{-5}$  and  $10^{-4}$  M, respectively). However, the proportion (percentage) of glucose incorporated into triglyceride of the total 96 h glucose utilization was not significantly modified by Trecadrine treatment at any concentration (Table 1).

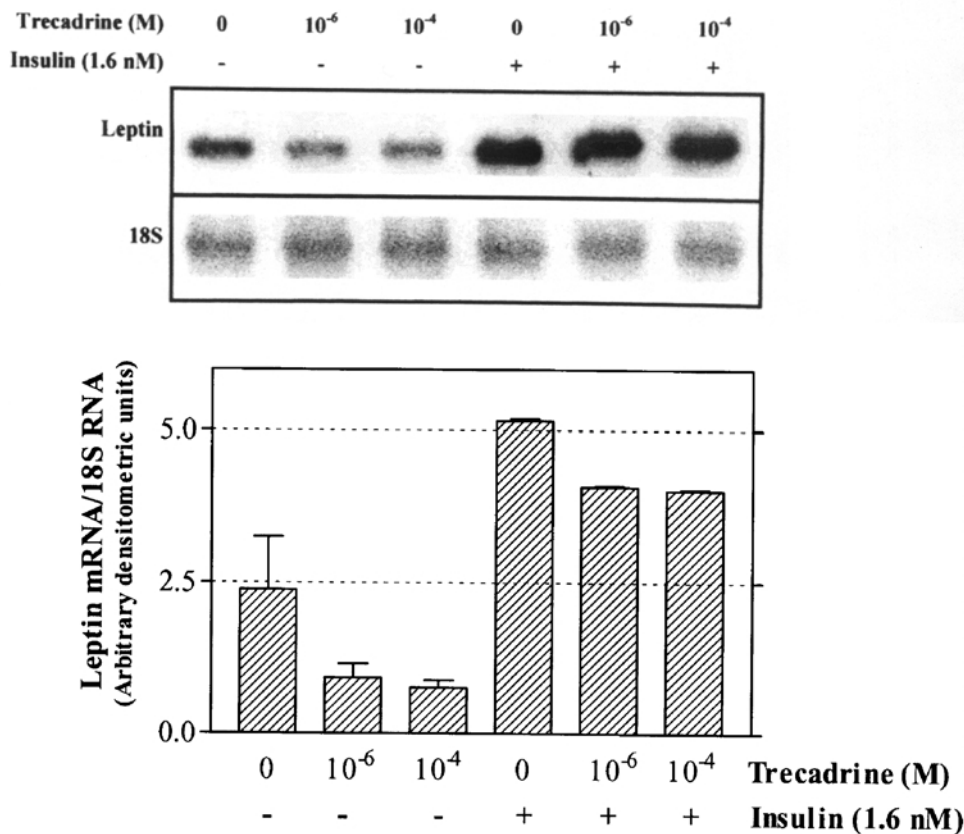
As expected, insulin caused a significant increase in glucose incorporation into triglyceride ( $254.7 \pm 98.8\%$ ); however insulin did not significantly increase the percentage of glucose incorporation into triglyceride. Co-treatment with Trecadrine at concentrations  $10^{-5}$  and  $10^{-4}$  M further increased the amount of glucose incorporated into triglyceride ( $125.5 \pm 9.7$  and  $139.8 \pm 11.4\%$  of insulin-treated adipocytes). However, the percentage of glucose incorporated into triglyceride of the total 96 h glucose utilization was not significantly modified in cells co-treated with insulin and Trecadrine in comparison to those treated with insulin alone (Table 2).

### Effect of Trecadrine on glucose oxidation

Trecadrine ( $10^{-6}$  and  $10^{-4}$  M) did not modify the percentage of glucose oxidized to  $\text{CO}_2$  (Table 1). Insulin, however, caused a significant increase ( $P < 0.01$ ) in the oxidation of glucose into  $\text{CO}_2$ , which was not affected by the co-treatment with Trecadrine (Table 2).

### Effect of Trecadrine on lipolysis

The effects of Trecadrine on lipolysis were evaluated by determining the amount of glycerol released into the media over 96 h of culture. Trecadrine induced a concentration-dependent increase (Figure 4) in glycerol release, which was significant at concentrations of  $10^{-6}$ ,  $10^{-5}$  and  $10^{-4}$  M



**Figure 2** Effects of Trecadrine on basal and insulin-stimulated leptin mRNA expression, as assessed by Northern blots. The expression level of 18S ribosomal RNA was determined and used as an internal control to correct for minor variation in total RNA amount. Densitometric scanning was used to determine the relative amount of leptin mRNA and 18S RNA. Values are mean  $\pm$  s.e. from two experiments.

(123.5  $\pm$  9.3, 136.9  $\pm$  7.1 and 162.6  $\pm$  9.8% of control,  $P < 0.05$ ,  $P < 0.001$  and  $P < 0.001$ , respectively). The increase in glycerol levels was negatively correlated ( $r = -0.503$ ,  $P < 0.0001$ ) to the inhibition of leptin secretion in Trecadrine treated adipocytes.

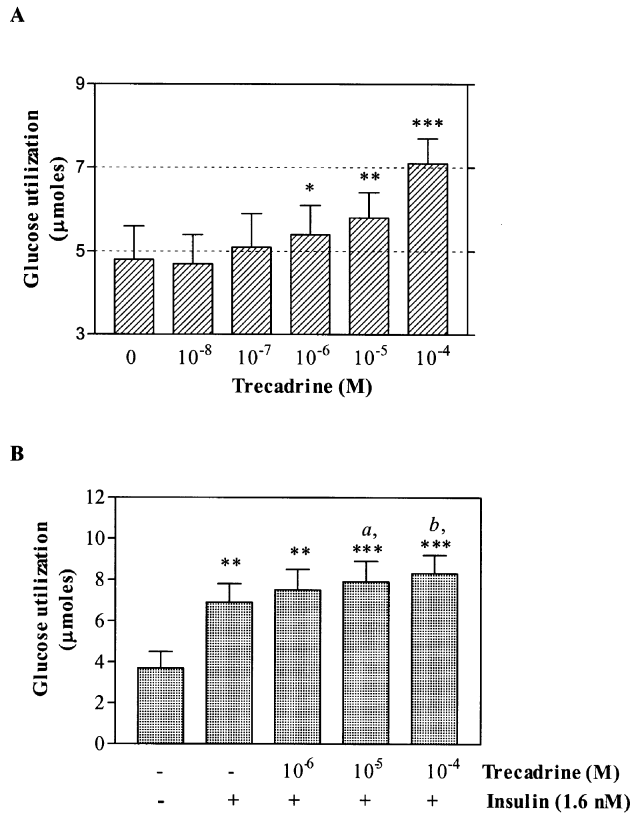
## Discussion

$\beta$ 3-Adrenergic agonists have been reported to inhibit leptin expression and secretion in rodents primary adipocytes in culture.<sup>24,25</sup> An inhibition of leptin secretion was also observed after administration of Trecadrine or other  $\beta$ 3-adrenergic agonist drugs to rats and mice.<sup>7-10</sup> The effect of insulin to stimulate leptin expression and secretion by primary rat adipocytes is well established.<sup>11,24,26-28</sup> In the present study, an inhibitory effect of Trecadrine was also observed on insulin-stimulated leptin secretion. However, the inhibitory effect was less potent than in the absence of insulin, suggesting that insulin was able to partially reverse the inhibitory effects of Trecadrine on leptin expression and secretion. Gettys *et al*<sup>24</sup> reported a potent inhibition of insulin-stimulated leptin secretion from isolated adipocytes using the  $\beta$ 3-AR selective agonist CL316,243. This large

inhibitory effect may be due to the differences in the treatment conditions (eg short-term vs longer culture periods or studying adipocytes in suspension vs adipocytes anchored to a matrix) or to the potency of the  $\beta$ 3-agonist employed. A recent study using cultured human adipose tissue reported that the inhibition of leptin secretion induced by isoproterenol, a nonselective  $\beta$ -adrenergic agonist, was reversed in the presence of insulin.<sup>29</sup>

Previous data from our laboratory indicate that glucose metabolism has an important role in the regulation of leptin expression and secretion in isolated cultured rat adipocytes and the transcriptional activity of the leptin promoter in 3T3-L1 cells.<sup>11,30,31</sup> Inhibition of glucose uptake with 2-deoxy-D-glucose, phloretin or cytochalasin B, or inhibition of glycolysis, with NaF or iodoacetate, decreases insulin-stimulated leptin gene expression and leptin secretion.<sup>11</sup> Several studies have previously reported that  $\beta$ 3-adrenergic agonists can increase glucose uptake by adipose tissue and skeletal muscle *in vivo* and *in vitro*.<sup>32-35</sup>

Trecadrine has been shown to alter hexose uptake in several tissues. Administration of 1 mg/kg of Trecadrine for 4 days caused an increase of 2 deoxy-D-glucose uptake in



**Figure 3** Effects of Trecadrine on basal (A) and insulin-stimulated (B) glucose utilization by isolated rat adipocytes over 96 h in culture. Data are mean  $\pm$  s.e. of six independent experiments. \* $P < 0.05$ ; \*\* $P < 0.01$ ; and \*\*\* $P < 0.001$ . <sup>a</sup> $P < 0.05$ ; <sup>b</sup> $P < 0.01$  vs insulin-treated cells.

extensor digitorum longus and in gastronemius muscles, while no changes were found in soleus muscle and WAT.<sup>5</sup> It is unclear, however, if the ability of Trecadrine and other  $\beta$ 3-adrenergic agonists to promote glucose uptake is mediated by increasing the non-insulin dependent glucose utilization or by promoting the recruitment of insulin-regulated glucose transporters.<sup>32,33</sup> In the present study, Trecadrine induced a

concentration-dependent stimulation of both basal and insulin-stimulated glucose uptake by isolated adipocytes, which is consistent with the previously reported anti-diabetic properties of Trecadrine.<sup>4,5</sup>

Previously published studies from our laboratory suggest that the metabolism of glucose beyond pyruvate, and not glucose utilization *per se*, is involved in the action of glucose and insulin to stimulate leptin secretion. For example, leptin secretion is inversely related to the proportion of glucose that is metabolized to lactate.<sup>11</sup> Furthermore, metformin, an antidiabetic drug that stimulates adipocyte glucose uptake, appears to inhibit leptin secretion by increasing the anaerobic metabolism of glucose to lactate.<sup>30</sup> Our present data shows that Trecadrine does not alter the percentage of glucose carbon released as lactate, suggesting that Trecadrine-induced inhibition of leptin production is not mediated by increasing anaerobic glucose metabolism.

Our previous results suggest that glucose utilization stimulates leptin production by directing the metabolism of glucose to a fate other than anaerobic lactate production, possibly oxidation or lipogenesis.<sup>11,30,36</sup> Trecadrine did not, however, significantly alter the percentage of glucose metabolized to triglyceride or to CO<sub>2</sub>, either in the absence or presence of insulin. In this study, insulin substantially increased the percentage of glucose oxidized to CO<sub>2</sub>, while it did not significantly affect the percentage of glucose incorporated into triglyceride. This suggests that the effect of glucose utilization to stimulate leptin production involves the oxidative metabolism of glucose to CO<sub>2</sub>. Therefore, a mechanism independent of altering the pathways of glucose metabolism is likely to be involved in the effect of Trecadrine to inhibit leptin expression and secretion.

Binding of agonists to  $\beta$ -ARs activates the adenylate cyclase causing an increase of intracellular c-AMP.<sup>18</sup> Interventions that elevate c-AMP, such as incubation with forskolin or isoproterenol, inhibit leptin release by adipose tissue.<sup>37</sup> The mechanisms underlying this inhibition are not known. Activation of  $\beta$ 3-adrenoceptors stimulates lipolysis in adipose tissue.<sup>24,38</sup> An increase in the activity of hormone sensitive lipase, the enzyme that catalyzes the hydrolysis of triglyceride to glycerol and fatty acids,<sup>39</sup> has

**Table 1** Effects of Trecadrine on glucose metabolism. Lactate production, the percentage of glucose carbon released as lactate, and lipogenesis as assessed by the amount and the percentage of glucose carbon incorporated into triglyceride (TG) were determined over 96 h in culture. The effects of Trecadrine on the percentage of glucose oxidized to CO<sub>2</sub> were analysed over 48 h in culture. Data are mean  $\pm$  s.e.m. of six independent experiments

	Control	Trecadrine (M)			
		10 <sup>-7</sup>	10 <sup>-6</sup>	10 <sup>-5</sup>	10 <sup>-4</sup>
Lactate production (µmol)	4.1 $\pm$ 0.7	4.4 $\pm$ 0.8	4.6 $\pm$ 0.8	4.9 $\pm$ 0.6**	5.6 $\pm$ 0.7**
Glucose to lactate (%)	50.7 $\pm$ 10.6	42.6 $\pm$ 6.0	54.0 $\pm$ 12.3	44.2 $\pm$ 5.9	40.3 $\pm$ 4.5
Lipogenesis (nmol glu/mg TG)	1.9 $\pm$ 0.4	2.3 $\pm$ 0.4	2.4 $\pm$ 0.4	2.8 $\pm$ 0.4**	2.9 $\pm$ 0.4**
Glucose to TG (%)	27.2 $\pm$ 4.3	26.9 $\pm$ 6.6	30.9 $\pm$ 6.6	25.3 $\pm$ 3.9	24.8 $\pm$ 3.8
Glucose to CO <sub>2</sub> <sup>a</sup> (%)	20.2 $\pm$ 1.7	ND	21.0 $\pm$ 1.5	ND	18.6 $\pm$ 1.1

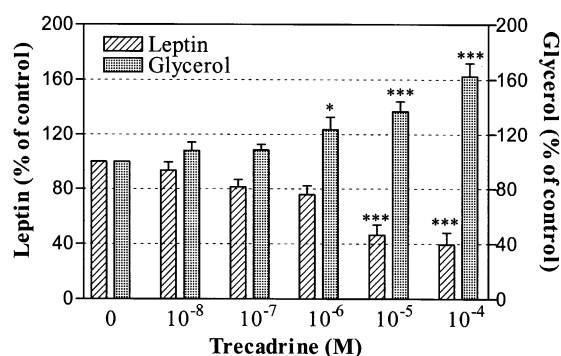
\*\* $P < 0.01$ ; ND, non determined.

<sup>a</sup>Determined in cultured cells obtained from different animals than the other parameters.

**Table 2** Effects of Trecadrine in the presence of 1.6 nM insulin on glucose metabolism. Lactate production, the percentage of glucose carbon released as lactate, and lipogenesis as assessed by the amount and the percentage of glucose carbon incorporated into triglyceride (TG) were determined over 96 h in culture. The effects of Trecadrine on the percentage of glucose oxidized to CO<sub>2</sub> were analysed over 48 h in culture. Data are mean ± s.e.m. of six independent experiments

	Insulin (1.6 nM)				
	Control	Trecadrine (M)			
		0	10 <sup>-6</sup>	10 <sup>-5</sup>	10 <sup>-4</sup>
Lactate production (μmol)	3.4 ± 0.6	2.8 ± 0.6	2.9 ± 0.6	2.9 ± 0.6	2.8 ± 0.5
Glucose to lactate (%)	41.7 ± 7.8	25.5 ± 5.8***	23.5 ± 5.4***	23.5 ± 6.2*** <sup>†</sup>	20.0 ± 4.6*** <sup>†</sup>
Lipogenesis (nmol glu/mg TG)	1.9 ± 0.2	3.7 ± 1.4*	4.2 ± 1.5*	4.3 ± 1.4** <sup>‡</sup>	4.8 ± 1.5*** <sup>‡</sup>
Glucose to TG (%)	29.2 ± 4.7	32.0 ± 5.3	37.2 ± 5.5	32.6 ± 5.0	38.1 ± 3.9
Glucose to CO <sub>2</sub> <sup>a</sup> (%)	20.2 ± 1.7	23.6 ± 1.8**	22.9 ± 2.2	ND	22.7 ± 1.7

\**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001 vs corresponding control. <sup>†</sup>*P* < 0.05; <sup>‡</sup>*P* < 0.01 vs insulin treated cells. ND, non determined. <sup>a</sup>Determined in cultured cells obtained from different animals than the other parameters.



**Figure 4** Effects of Trecadrine on glycerol and leptin production by isolated rat adipocytes over 96 h in culture. Results are given as percentage of control. Data are mean ± s.e. of six independent experiments. \**P* < 0.05; \*\*\**P* < 0.001.

been reported in adipose tissue of animals treated with Trecadrine.<sup>40</sup> In the present study, Trecadrine induced a concentration-dependent increase of lipolysis as assessed by glycerol release. Furthermore, an inverse relationship between lipolysis and the inhibition of leptin secretion was observed. The increase in glycerol suggests a parallel increase in FFA resulted from the lipolytic effect of Trecadrine, as has been previously reported with norepinephrine.<sup>41</sup> It has been shown that FFAs can inhibit leptin expression and secretion by adipocytes.<sup>17</sup> A decrease in the insulin-stimulated activity of the leptin promoter in primary rat adipocytes has also been reported after treatment with FFA.<sup>42</sup> This suggests that the effect of Trecadrine to suppress leptin expression and secretion may be a consequence of increased fatty acid release. Another mechanism potentially involved in the inhibition of leptin production by β<sub>3</sub>-adrenergic agonists is

activation of the ERK1/2 MAP kinase pathway which is known to be induced by cAMP.<sup>43</sup>

In conclusion, Trecadrine inhibited leptin expression and secretion by rat adipocytes. Trecadrine also increased glucose utilization, but did not alter the anaerobic metabolism of glucose to lactate or the incorporation of glucose into lipid or glucose oxidation to CO<sub>2</sub>. These results suggest that the inhibition of leptin expression and secretion induced by Trecadrine is not mediated by alterations of the pathways of adipocyte glucose metabolism. The inverse correlation between leptin secretion and lipolysis, an index of the activation of cAMP-dependent protein kinases, suggests that activation of cAMP-dependent pathways mediates the effects of β<sub>3</sub>-adrenergic agonists such as Trecadrine to inhibit leptin expression and secretion.

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