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# HRM Practices-Engagement-Performance Relationships: A Conceptual Framework for RMG Sector in Developing Economy

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#### Abstract

The relationships among the HRM practices, employee engagement and performance have received a significant attention all over the world. This study has attempted to develop a conceptual framework using the role of employee engagement as mediator in HRM practices and performance relationship in the readymade garment industry in Bangladesh. The proposed framework portrayed that HRM practices have positive influence on both employee engagement and performance. Similarly, employee engagement also has a positive influence on performance. The policy makers and other HR consultants and practitioners certainly can improve the employee performance by using this model.

**Keywords:** HRM practices, engagement, employee performance, readymade garment industry.

#### 1. Introduction

Employees' performance ensures the survival as well as growth of the organizations (Emami et al., 2013). Some argued that HRM practices should be treated as the core element for organizations success by means of improved employee performance (Al-Homayan, Shamsuddin and Islam, 2013). According to Karatepe (2013) HRM practices have positive and direct relationship with employees' work engagement, especially in labour intensive organization. A significant number of studies have been conducted on employees' performance in the developed economy, but very limited in the context of developing countries, for example Bangladesh in particular (Mahmood, 2004). Due to high labour intensiveness in nature, the HRM practices in the readymade garment (RMG) industry carry an extra importance (Huda et al. 2007).

HRM practices have been noted as an indicator of employees' work engagement, motivation and more commitment (Karatepe, 2013; Salanova et al., 2005). Karatepe (2013) emphasizes on training, empowerment and rewards system, while Salanova et al. (2005) considered training and autonomy as HRM practices that promote engagement. Earlier, Saks (2006) measured employee engagement by introducing two important practices such as reward and recognition. However, the working environment is also plays as an important determinant of employee engagement as argued by many scholars (Rich et al. 2010; May et al. 2004). The insufficiency of research on the HRM practices led Arrowsmith and Parker (2013) to come to a conclusion that the effects of HRM practices on work engagement remain unclear to HR practitioners.

Budhwar and Debrah (2004) showed that, though predominantly in developed contexts, a remarkable progress in HRM visualized all over the world. Hence, in order to generalize the concept of HRM practices, more studies are required in the developing settings. Recently, Truss et al. (2013) projected that employee engagement depends on how effectively HRM practices are being implemented. Nevertheless, the conceptual and empirical relations among HRM practices, employee engagement, and employees' performance, are not established well (Guest, 2007). The limited researchers, on

developed context, investigated that how HRM practices affect individual and organizational outcomes through employee engagement (Truss et al., 2013). Therefore, the attempt has been taken to extend the literature on HRM practices, employee engagement, and performance relationships where engagement is expected to play the mediating role in the context of Bangladesh.

RMG industry in Bangladesh has been observed as the life-blood for the economy of the country for more than two decades (Ahmed et al., 2013), boost up economy with more than 80% of the total exports of the country (Export Promotion Bureau, 2014) and contributing to the GDP by 13% (Wikipedia, Bangladesh RMG Sector, 2015). RMG industry creates almost 4.00 million employments, who are actually rural poor, in which more than 80 percent of them are female who involved themselves to the economic activities of the country(Export Promotion Bureau, 2014; Mahmud, 2012; Ministry of Labor & Employment, 2011; Bhattacharya & Rahman, 2000). Some statistics are presented below in Table-1, so that the importance of RMG industry in Bangladesh can be visualized easily.

Table 1: Growth, Employment and Export of RMG Industry in Bangladesh

Year	Number of Garment Factories	Employment (in Million Workers)	Export of RMG (In million US \$)	Total Export of Bangladesh (In million US \$)	% of RMG's to Total Export
2004-2005	4107	2.00	6417.67	8654.52	74.15
2005-2006	4220	2.20	7900.80	10526.16	75.06
2006-2007	4490	2.40	9211.23	12177.86	75.64
2007-2008	4743	2.80	10699.80	14110.80	75.83
2008-2009	4925	3.50	12347.77	15565.19	79.33
2009-2010	5063	3.60	12496.72	16204.65	77.12
2010-2011	5150	3.60	17914.46	22924.38	78.15
2011-2012	5400	4.00	19089.69	24287.66	78.60
2012-2013	5600	4.00	21515.73	27027.36	79.61
2013-2014	4536	4.00	24491.88	30186.62	81.13

Source: Bangladesh Garment Manufacturers and Exporters Association (BGMEA) and Export Promotion Bureau (EPB)

The main objective of the study is to review the literatures of HRM practices, employee engagement, and performance to draw relationships among them through the development of a conceptual framework. The study also aims to discover the research gap in the context of RMG industry in Bangladesh so that employees' performance could be improved through the implementation of proper HR practices and employee engagement.

## 2. Methodology

The study has been conducted based on the previous literatures of human resource management practices, employee performance, and employee engagement. The relevant literatures have been reviewed to draw a relationship between human resource management practices and employee performance where employee engagement influences as a mediating factor on this relationship. In addition, the relationship has been appraised in the context of readymade garment industry of Bangladesh on the basis of five aspects of HRM practices such as training and development, compensation, job security, promotion opportunities and relations with supervisor. Secondary data associated with scenario of Bangladesh garment industry, comparative productivity and compensation of the workers is used to discover the insights of the concurrent situations prevail in the RMG industry of Bangladesh. Finally, a conceptual model has been proposed based on the extant literatures. The future direction of the research is also incorporated as well in this study.

## 3. Description of Variables

## 3.1 Human Resource Management Practices

Employees in any organization are the most important asset (Danish & Usman, 2010). In this context, HRM practices viewed as the activities of organizations dedicated to employee well-being enhancing talents, skills, outputs, and satisfaction (Adedapo, Adewunmi & Oluwatayo, 2015; McLean & McLean, 2001). Since employees are inevitable and

treated as the most vital asset, their feelings and attitudes need to be given high importance (Ghebregiorgis & Karsten, 2007). Practically, HRM is asset of practices acknowledged to ensure an efficient and effective workforce in the right place to execute operational requirements of the organizations (Jafri, 2013; Swanson & Holton, 2009). The recent studies discovered that ineffective training, poor payment, lack of job security, work-family clash, unfair performance measurement system, and inappropriate rewards (both financial and non-financial) are widespread common problems in the labour intensive industry (Kong et al., 2010; Kusluvan et al., 2010; Deery, 2008; Poulston, 2008; Watson, 2008). The importance of HRM practices got attention in the context of Western countries and still is continued rather to conduct research in the developing economy (Almhdie and Nyambegera, 2004).

# 3.2 Employee Engagement

The concept of employee engagement, though relatively new but widely accepted among the HRM scholars, has grasped the interest in recent literature over the last two decades (Simon at el., 2015; Sowath et al. 2014; Kim et al., 2012; Rurkkhum & Bartlett, 2012; Soane et al., 2012; Shuck & Wollard, 2010). The concept of employee engagement was first imagined by Kahn in 1990 as harnessing of organizational members' selves to their work roles, and during the work, people occupy themselves physically, cognitively, and emotionally. In addition to these, Kahn (1990) supplements three psychological states like meaningfulness, safety, and availability that draw a demarcation between engagement and disengagement at workplace. However, since 2005, the concept engagement was widely discussed among business people, consultant and policy makers that make this concept popular, more specifically, academics confirmed more attention to explore this concept of engagement after 2006 (Welch, 2011).

Employee engagement, not surprising though, is reported to be a continuous turn down worldwide (White, 2006; Bates, 2004). Only 13 percent of employees found engaged around the world in their job (Gallup, 2013). In USA, for example, 52 percent employees are reported disengaged, while 18 percent are actively disengaged in their work. Similarly, 68 percent workers in China are found to be disengaged on their work (Gallup, 2013). Studies reported that the employee engagement levels in Australia, China, Japan, New Zealand, and Singapore were 18%, 12%, 9%, 17%, and 9% respectively (Gallup Organization, 2004).

#### 3.3 Employee Performance

Employee performance ensures the survival and development of the organization in an extremely competitive environment (Emami et al., 2013). Employee performance is basically the results gained and completion by employees at workplace that keeps up organizational plans though aiming for the expected outcomes (Anitha, 2014). In broad sense, performance is viewed as valued outputs of a production system in the form of goods or services (Swanson and Holton, 2009).

Employee performance combines two dimensions together: in-role and extra-role performance (J. Lee Whittington &Timothy J. Galpin, 2010). In-role performance denotes attainment of those activities clearly shown for the respective positions to be performed and evaluated in the process of performance appraisal. Extra-role performance signifies the extent where employees go beyond the prescribed job descriptions to the work (Netemeyer and Maxham, 2007). According to Organ (1988), extra-role performance is best expressed by the concept of organizational citizenship behaviour (OCB), where employees spontaneously perform something more beyond the expectation of in-role behaviour.

# 4. Relationships among the variables

## 4.1 Training & Development, Employee Engagement and Employee Performance

Recent studies showed that employee training enhances the level of their engagement with the job, and it can be used as a weapon to raise engagement (Simon et al. 2015; Albrecht, 2013; Schaufeli & Salanova, 2010). Some consider training and development as a tool to sharpen performance in the workplace (Lee et al., 2012; Barzegar & Farjad, 2011).

In the context of Bangladesh, it is anticipated that there is a deficiency of 25 percent skilled workers (Berg, Hedrich, & Tochtermann, 2012) due to the low education level. Bhattacharya and Rahman (2001) suggested that a constructive policy should undertake to enhance employees' skills and adaptation of new technology as well to boost up the productivity of workers. The comparative productivity (Table 2) statistics of the workers depicted that the performance of the workers in Bangladesh RMG industry is lower than other Asian neighbouring countries.

Table 2: Comparative Productivity of Garment Workers

SI. No.	Country	Worker's Productivity (Shirts/year)
1	Pakistan	3100
2	India	2592
3	Bangladesh	2536
4	Sri Lanka	719

**Source:** Zohir, S. C. (2000)

A survey on RMG industry revealed that number of un-skilled and semi-skilled workers in the RMG industry of Bangladesh was 20 and 30 percent respectively (Rahman et al. 2008). The percentage of skill workers is 44 and only 6 percent workforces are involved in the professional and management activities. This survey also found that the ratio of skilled workers in large factories ranges from 46 percent to 53 percent, whereas it is 18 percent to 26 percent in the small and medium scale factories. Chowdhury, Ali and Rahman (2005) in their study expressed discontent that unskilled people results poor productivity and thus increase production cost that would be the new challenges in the RMG industry. The skills of labour forces are inevitable (Abdullah 2005a) as the RMG industry is labour intensive (Huda et al., 2007). Therefore, the competitiveness in the RMG sector depends on the productivity of RMG workforce (Abdullah 2009). The above literature established that training and development is a very important HRM practices in the context of RMG industry of Bangladesh and it demand thorough investigation to discover the insight how training and development influence on the employee engagement and ultimately help to increases the performance of the employees.

# 4.2 Compensation, Employee Engagement and Employee Performance

Studies exposed that rewards or compensation have strong influence on employee engagement. For example, Crawford et al. (2014) identified compensation as a key antecedent to employee engagement. Choo et al. (2013) consider it as one of the best predictors of employee engagement; Joshi and Sodhi (2011) argued that employee engagement is the result of better compensation and other monetary benefits. However, majority of the researchers found compensation and employee engagement have significant relationship in the context of western countries (Solomon & Sridevi, 2010; Sacks, 2006).

The compensation packages given to RMG workers in Bangladesh are the lowest in any industries all over the world. According to Ahamed (2011), Bangladeshi RMG workers receive only 42 percent of an Indian, 50 percent of Nepalese and 33 percent of a Sri Lankan RMG worker receives. It is one of the main hurdles for RMG workers to enhance motivation and performance (Islam Shafiqul, 2014). Several studies (Chowdhury & Ullah, 2012; Islam & Zahid, 2012; Uddin, 2008) on the RMG of Bangladesh recognized that the monetary rewards for workers are very poor to meet the livelihood and they are deprived from the benefits prescribed in the Labor Code 2006. Therefore, above literature made a scope to examine how compensation influences on employee engagement and performance in the RMG of Bangladesh. Table-3 is presented the comparative statistics among the South Asian Regional compensation package.

**Table 3:** Comparative Wages of Garment Workers

SI. No.	Country	Worker's Wages/Month(\$)
1	Bangladesh	91.45
2	Cambodia	126.26
3	India	169.67
4	Indonesia	186.64
5	Philippines	233.39
6	Vietnam	254.78
7	China	324.90
8	Thailand	337.12

**Source:** Center for American Progress, July 2013.

# 4.3 Job Security, Engagement and Performance

Job security is an important HRM practices for any organizations. Recent studies showed that organizations guaranteed job security can confirm better performance from employees (Islam & Shazali, 2011; Lee & Lee, 2007). However, majority of the research findings, directly or indirectly, established the relationship between job security and employee performance. The study of Majumdar (2012) on RMG workers in Bangladesh found that workers' job is not secured, and for this reason the psychological attachment of workers with the factory is also vulnerable. According to Islam and Zahid (2012) about 61 percent workers are not permanent and thus they are passing their days with frightened of losing job. Recent studies (Bhuiyan, 2012; Chowdhury & Ullah, 2012; Ahamed, 2007) showed that job security of the RMG workers are too low to concentrate over the work physically and mentally results low employee engagement. Job security of garment workers is lower than any other job sectors in Bangladesh (Priyo, 2010; Majumder & Anwara, 2000). The above discussion assisted to draw a conclusion that job security is one of the significant issues in the RMG industry of Bangladesh that hinder the performance and engagement of the workers.

# 4.4 Promotion Opportunity, Engagement and Performance

Employee engagement gradually amplifies when employee visualized good scope for career growth and advancement (Joshi and Sodhi, 2011). An empirical study on the professional people discovered that employees are highly satisfied with the organization when they go through the reasonable career opportunities (Lim &Ling, 2012) which in turn, increase the employees' performance (Ahmed & Uddin, 2012). Promotion opportunity of RMG workers in Bangladesh is very limited and found to work in a same position for a long period of time. Promotion articulated the social status and social status are supposed to the determinants of employees' performance especially in labour-intensive industry (Khan, 2010), thus, promotion opportunities in the RMG industry have an influence on the employees' outputs. Guest (2007) found that promotion and employee performance have positive significant relationship. Therefore, promotion opportunities have an impact on employee engagement and performance in the RMG industry of Bangladesh.

## 4.5 Supervisor Relations, Employee Engagement and Performance

Literatures suggested that managers or supervisors direct relations to their employees are inevitable for employee engagement (Joshi & Sodhi, 2011; Macey & Schneider, 2008; Arakawa & Greenberg, 2007). More importantly, focus should be given on the supervisor-employee relationship if organizations emphasize on employee engagement (Simon et al., 2015). The recent study of Islam (2014) suggested that labour performance and better working conditions are affected by the relationship of employee and employer. In the context of Bangladesh, more specifically for RMG workers, the relationship between workers and supervisor are not congenial, rather continuous misbehaviour of supervisor with their fellow workers is a common phenomenon (Ahmed & Islam 2014; Ahmed et al., 2013). The above discussion discovered an insight about the supervisory relations with the workers. The supervisor relations and supports have direct relationship to enhance the employees' performance and indirect relationship with the engagement. Therefore, an urge derived to explore the influence of the supervisor relations to employee engagement and performance in the context of RMG workers in Bangladesh.

# 5. Conceptual Framework

A considerable number of earlier researches revealed that HRM practices have a positive impact on the employee performance (Balochi et al. 2010; Qureshi et al., 2010; Khan, 2010). Similarly, HRM practices have been observed as an indicator of work engagement (Karatepe, 2013). Shuck and Rocco (2014) suggested some strategies to increase employee engagement through the implementation of HRM practices. On the other hand, couple of researches (Christian et al., 2011; Leiter & Bakker, 2010) suggest that high levels of employee engagement augment job performance of the employees.

The proposed conceptual framework of the study presented below:

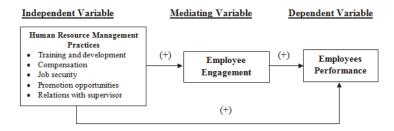


Figure 1: Conceptual Framework

According to Baron and Kenny (1986), support of mediating variable can be undertaken if: independent variables (Human Resource Management Practices) are related to the dependent variable (Employee performance); independent variables (Human Resource Management Practices) are related to the mediating variable (Employee Engagement); and mediating variable (Employee Engagement) is related to the dependent variable (Employee Performance). The earlier literature conform that human resource management practices have significant impact on both employee engagement and employee performance. Therefore, considering employee engagement as mediating variable is logical to conceptualize the relationship between HRM practices and employee performance. But a thorough empirical analysis is essential to generalize this concept because this relationship has not been generally proved earlier.

#### 6. Discussion

It can be argued that when HRM practices of any organization are positive and conducive for working environment, employee engagement will be increased and as a result employees' performance will be increased. Previous literatures have pointed out that HRM practices have positive influence on employee performance and employee engagement. Similarly, employee engagement has positive impact on employee performance. Therefore, outstanding employee performance likely to expect when positive influence of HRM practices along with employee engagement is ensued. In the context of developing economy like Bangladesh, this relationship may be important because organizations face a lot of challenges related to HRM practices and employee performance. More specifically, the RMG sector in the country mainly suffer due to lack of appropriate HRM practices related to employees' training, wages/salary, security, promotion and relations with supervisor. As stated earlier, these practices have direct influence on employee engagement and performance. The conceptual links among HRM practices, engagement, and performance are presented below:

- Training and development positively influence on employees' engagement and performance.
- Compensation positively influence on employees' engagement and performance.
- Job security has positive influence on employees' engagement and performance.
- Promotion opportunity has positive impact on employees' engagement and performance.
- Relationship with supervisor has positive impact on employees' engagement and performance.
- Employee engagement positively influence on employee performance.
- Employee engagement mediates the relationship between HRM practices (i.e. training, compensation, security, promotion and relationship) and employee performance.

## 7. Conclusion

The concept 'engagement' is relatively new to generalize and strengthen the relationship between HRM practices and employee performance through existing literatures—that deserves a thorough investigation how best employee engagement fine-tune in different contexts, environments and situations to enhance employee performance. Since some debates many researchers argued that good HRM practices increase employee engagement and performance though employees' engagement independently increases employee performance. Nonetheless, the relationships among HRM practices, employee engagement, and performance, are not well established (Guest, 2007; Balain & Sparrow, 2009). Engagement is a critical issue to HR consultants and practitioners but the dearth of knowledge in existing literatures on employee engagement drives the need for more empirical study. Therefore, this study deserve an empirical research in the context of developing economy like RMG industry in Bangladesh using employee engagement as a mediator to have better understanding of these relationship.

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