

1968

Caps & Capes - Fall 1968

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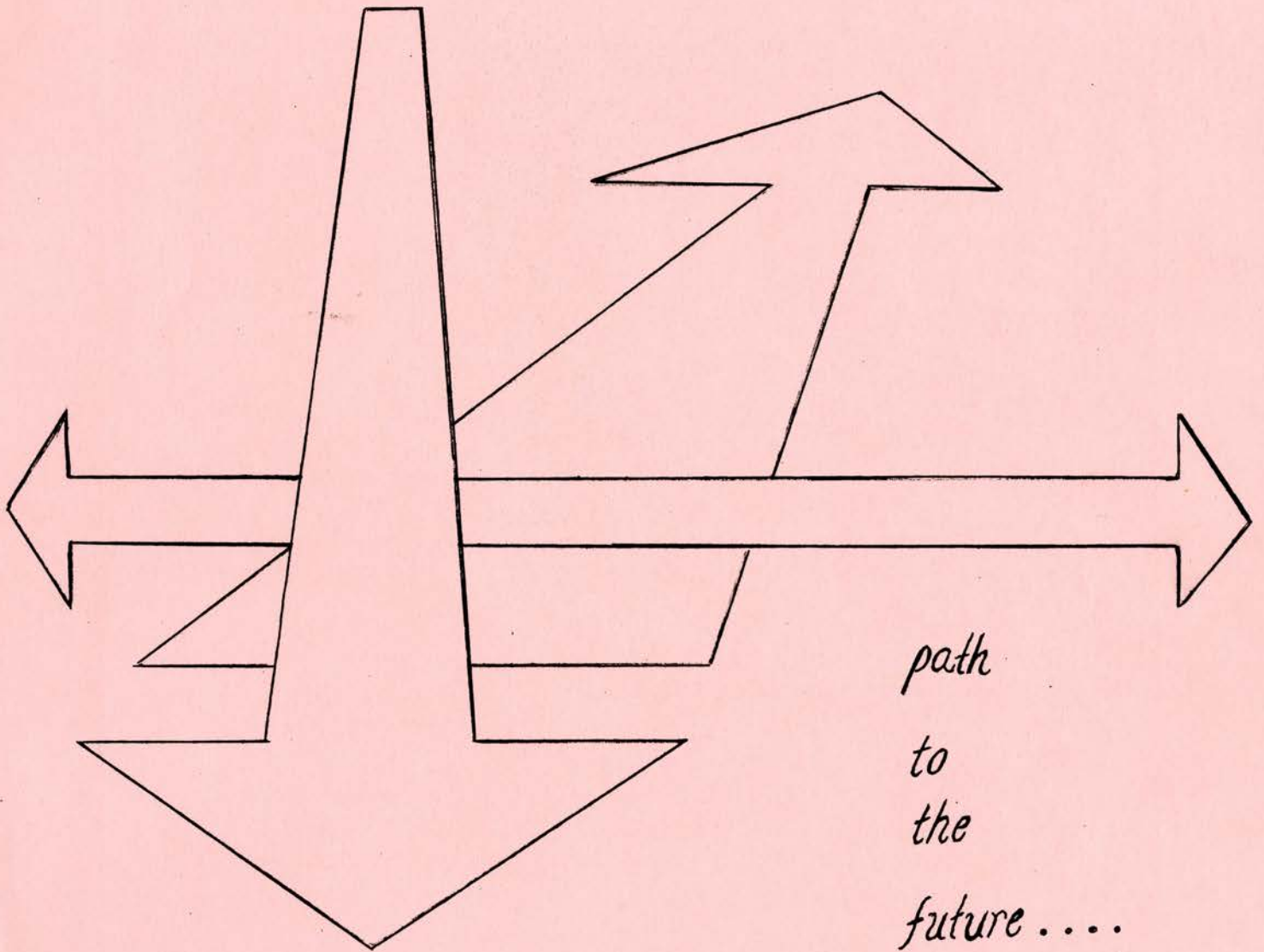
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Caps & Capes



path

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Caps 'n Capes

Dear Freshmen,

Caps 'n Capes - The communicative profile for the Jefferson Student Nurse - is an appropriate medium in which to express my sincere greetings to you as you enter our School of Nursing.

We are delighted that you selected Jefferson for your three years' nursing educational experience and wish for you the greatest success. The School of Nursing continues to serve the interests and the needs of our students who have set as their goal the attaining of a diploma through an educational program such as that centered in a medical college hospital.

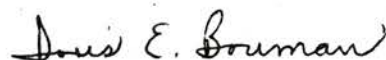
The faculty, housemothers, and administrative staff are here to be of assistance to you. Each one of you has been assigned a faculty member as your counselor. In addition to regularly scheduled conferences with her, you will find that she is also willing at other times to extend "a friendly helping hand."

In addition to current facilities which offer rich experiences for your planned program, you will be looking forward, I am sure, to using the facilities of the Jefferson Hall and Basic Sciences Building. This building includes for your pleasure and convenience a swimming pool, game rooms, a gymnasium, meeting rooms, and a bookstore. The School of Nursing is represented on the Board of Governors.

The space between the Student Nurses' Residence and the Orlowitz Residence Hall will be occupied by the Scott Memorial Library. In this new library extended facilities will be provided for students and faculty in the School of Nursing as well as for those in the medical college and the new School of Allied Health Sciences.

The Jefferson Medical Center is on the move - and with it the School of Nursing.

Sincerely yours,



Doris E. Bowman, Director
School of Nursing



To the Class of 1971,

Welcome to the James R. Martin Residence - your "home, away from home", for the next three years. We hope that you will enjoy the gracious atmosphere, the spaciousness and the convenience of the Residence; also, that you will learn to appreciate what those who preceded you at Jefferson, have done to make this fine building possible.

In time you will come to feel that we are one big happy family, wherein we share each others' joys and sorrows and where we are expected to shoulder our full share of the responsibilities.

We have a fine staff of Housemothers who were chosen for their maturity, and for their experience with young people. They are ready and willing to help you at all times. Please look upon them as your friends.

Naturally, it is necessary to have rules and regulations. Behind each rule is a good reason for its existence. I am sure, on occasion, you will doubt this, but as time goes on you will agree that the rules have purpose and meaning. The rules are made to be obeyed! You will find us very kind, but very firm in enforcing them.

In case you should become ill during the night or need us for any other reason remember - help is as close as the phone on your floor. If the Night Housemother is off duty - come to my apartment.

Again, a most cordial welcome to the beginning of what I hope is a long and rewarding career in your chosen field.

Most sincerely,

Isabelle S. Hoffman

(Mrs.) Isabelle S. Hoffman
Residence Director

Dear Freshmen,

Speaking for the Student Council I would like to extend to you a warm welcome to Jefferson. The Council is planning many activities this year and we hope for your full support to help make them a success. We are here to offer any help or guidance you may need so please bring any ideas, problems, or suggestions to us.

The Council is looking forward to a progressive year and we're happy you will be a part of it.

Sincerely,

Lyn Carey

Lyn Carey
President of Student Council

Dear Freshmen,

The judiciary committee sends a sincere and warm welcome to our new freshman class. It is our hope that life in the residence will be a wonderful experience blessed with many friendships. It is our aim to make the transition to dorm living easy and enjoyable. Come with any problem to 727 and we promise that if we can't remove it, we'll diminish it!

Best of luck,

Chris Mullen

Chris Mullen
House President

Dear Freshmen,

I would like to welcome you to Jefferson with the hope that you all will become part of your new home and your new way of life as a whole - not just half way. Yes, there is much hard work and study, and although this will take up the major part of your time, there are other things that help make your life at nursing school complete.

Because of the academic program at Jefferson College Hospital School of Nursing, we don't have time for a tremendous amount of extra curricular activities. However, there is a variety, and there's room for every girl who is interested.

We have the Student Council, the School Newspaper Staff (Caps 'n Capes), the Year Book Staff, the Basketball team, the Cheerleaders, the School Play, the Miss Jefferson contest, a singing group, and a few others.

And, of course, there's always the social committee, which is part of the Student Council. I, as Social Chairman, invite you to become a part of my committee and to bring forth your ideas and personalities. The Social Committee plans all social activities of the school year and decorates for these activities. I welcome and I need all of your help.

Once again, I welcome you and extend to you my friendship. If I can ever be of any help, I'm in Room #636.

Have a good year and remember: participate and be a real part of your school!

Sincerely,

Marie Seebauer

Marie Seebauer

SCHOOL OF NURSING BEGINS 77th YEAR IN TRUE JEFFERSON SPIRIT

1825- The State of Pennsylvania granted an extension of the charter of Jefferson College, Canonsburg, Pennsylvania to include the granting of medical degrees. The newly created medical school was known as the Medical Department of the Jefferson College of Canonsburg, Pennsylvania.

1838- The Jefferson Medical College of Philadelphia was granted a charter by the State Legislature "with the same powers and restrictions as the University of Pennsylvania."

1877- Jefferson became the second medical institution in the country to have its own teaching hospital when the 125-bed facility was completed.

During the next decades some of the country's outstanding physicians were associated with Jefferson:

Dr. Samuel D. Gross, "Dean of American Surgery"

Dr. Chevalier Jackson, Inventer of the Bronchoscope, founded the branch of medicine known as Broncoscopy

Dr. J. Marion Sims, "Father of Modern Gynecology"

Dr. Carlos Finlay, discoverer of the cause of yellow fever

1891- Jefferson Hospital Training School for Nurses began under the direction of Chief Nurse, Miss Ella Benson. Two years was the length of the training period.

Shortly thereafter, Miss Effie Darling became the Directress of the Training School for Nurses.

1893- In March the school consisted of three graduate nurses, thirteen student nurses and six male nurses.

May 22 the first Nurses' Home was formally opened. The home was located at 518 Spruce Street.

November 24 five nurses received diplomas from the training school. Graduation exercises were held in the Clinical Amphitheatre of the Hospital.

1894- Miss Susan C. Hearle assumed charge of the Jefferson Medical College Hospital School of Nursing with thirty student nurses. Miss Hearle received her early training under Florence Nightingale; later she graduated from the Training School of the Philadelphia General Hospital.

1907- The Main Building of the hospital accommodating 325 beds was completed. (This building is still in use after sixty years.)

1908- Anna E. Laughlin, a graduate of the school and the chief nurse of the hospital's operating room succeeded Miss Hearle as director of the school.

That same year the current home of Jefferson Medical College was completed.

1915- Miss Clara Melville, a graduate of 1910, was elected Directress of Nurses.

- 1917- Patriotic Jeffersonians answered their country's call for help by forming a unit to serve in the War. The Jefferson Unit, known as U.S. Army Base Hospital No. 38, was composed of 99 nurses and six civilian hospital employees.
- 1924- Samuel Gustine Thompson Hospital Annex was completed.
- Miss Nora E. Shoemaker (former teacher and acting Directress of Nurses during Miss Melville's years of service with Base Hospital No. 38) was appointed the first full time instructor of nurses in the school. Prior to this time nursing education was one of the many duties of the Directress of Nursing.
- 1931- Curtis Clinic Building was completed. This building currently houses the out-patient departments and the School of Nursing classrooms.
- Until 1931, small monthly remunerations had been given to students. Discontinuing this practice made it possible to employ more graduates so that students could be released from the responsibilities of the wards to attend classes.
- 1933- Nosokomos first used as the title of the Year Book. The title comes from two Greek words: "noso" - the study of the sick and "komos" - a female who attends.
- 1936- A nursing library consisting of twelve hundred volumes was presented to the School.
- 1942- Jefferson nurses once again answered their contry's call for wartime service. U. S. Army Base Hospital No. 38 was re-activated. Sixty Jefferson nurses and sixty Jefferson physicians served with the unit near Cairo, Egypt.
- 1953- Miss Mabel C. Prevost, a graduate of the School, became Director of Nursing.
- 1958- Organization of the hospital was changed, creating two departments of nursing - School of Nursing and Nursing Service. Miss Doris E. Bowman, a graduate of the School, became the Director of the School of Nursing.
- 1959- The James R. Martin Student Nurses' Residence was dedicated by Mrs. Martin as a memorial to her late husband, who served as the associate dean of the Medical College.
- Capes 'N Capes was published for the first time.
- 1962- Jefferson Medical College Hospital School of Nursing was fully accredited by the National League for Nursing.
- 1964- Basic nursing techniques first taught via closed circuit T.V.
- 1966- 75th Anniversary of the School of Nursing. The class of 1966 brought the total number of graduates to nearly 4,000. Seven members of the class of 1966 were commissioned in the Armed Forces.
- 1967- Marilyn Ruble became the four thousandth alumna.
- 1968- The undefeated Basketball Team won the 1967-68 Student Nurses League Championship.

THE JEFF CAP

In case you've been wondering how to wash and iron your Jefferson cap, here are a few helpful hints which will make your job easier.

First, when laundering do not add any kind of perma starch as it will fill up the pores of the cap and make it too stiff.

It is best to use an armboard when ironing, and to iron the top of the peak first - then the sides and the back of the peak can be done. Best results are achieved with the brim when it is outstretched and then ironed across.

The brim should just cover the stitching when folded over; about 1/8 to 1/4 inch. Spray starch can facilitate maneuvering of the brim.

Use white bobby pins or a single hat pin in the back for anchoring.

The above hints combined with a little practice and patience should give you "the perfect Jefferson cap."



HOW TO SURVIVE

Well, if the class of 1971 is anything like the classes of 1969 and 1970, we know that you must have some unanswered questions on how to survive these next three years. So here are a few inside hints we hope will be helpful.

First and foremost is food. (After all, everyone thinks of their stomachs first!) Each time you go to the cafeteria you are required to wear your name pin. This is very vital if you want to eat! And remember girls -- only one dessert per meal (although "seconds" on the main courses are allowed.) If for any reason you are still hungry after dinner (we would not understand why!) there are ice cream, candy and soda machines downstairs in the recreation room. If you are planning to raid these goody boxes after nine o'clock P.M. (ten o'clock on study hall nights!) you must be properly attired.

Next, we would like to discuss the art of communications -- telephones and mail-boxes. There are four telephones on the main floor near the elevator where you can call that special someone. And to receive those long awaited phone calls, two phones are available on each floor.

After you sign in each day, your first thought is to run to your mail box - be sure to remember your combination. Incoming mail is delivered three times a day - 9-11 and 2, except Saturday when it only comes but once.

For you sun worshippers, we have a sun deck on the 9th floor well supplied with mats and chairs. Opposite this is a hobby room where you can sew, draw or just listen to the stereo (sorry girls - no record players allowed in the rooms.)

For those of you who are domestically inclined, there are washers and dryers in the basement which cost only 25¢ each. All uniforms are cleaned free by the hospital. Just leave them Monday, Tuesday, or Wednesday after 6 P.M. in the basement and they'll be ready for you in 2-3 days.

After you begin to work on the floor, you may become confused with the variety of "white coats" on the clinical area. Medical students wear short white coats with dark slacks; interns wear white coats with slacks to match and residents attire themselves in long white coats and dark slacks. Watch out for the white gown with no slacks - they're patients!!

That's about it for now. For further information consult your local Big Sister.

GOOD LUCK!

SOMETHING TO REMEMBER

Today you start a whole new life
Filled with mixed emotions,
You wonder if you'll make the grade,
If only you had a notion.

You'll ask yourself a million times
Is this the path for me?
Insecure and reluctant yet to answer
this inquiry.

I'd like to make a suggestion
which has helped me to get by,
It really is quite simple,
And I'm sure it's worth a try.

Live each day as if there were no other,
The best way you know how and soon
you will discover,
That yesterdays become a source of satisfaction
And tomorrow - a gift of hope
Hope that you just might outdo
Yourself in caring and helping each other.

Make a smile the icing on your cake,
It's something you can give despite
your 74 in Anatomy and your 2.0 evaluation,
No one can take it away from you,
Let's hope no one will try,
Always keep your chin up and I know you'll get by.

Dee Getkin '69

