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## Caps & Capes - Volume II Issue II

Barbara Fullerton

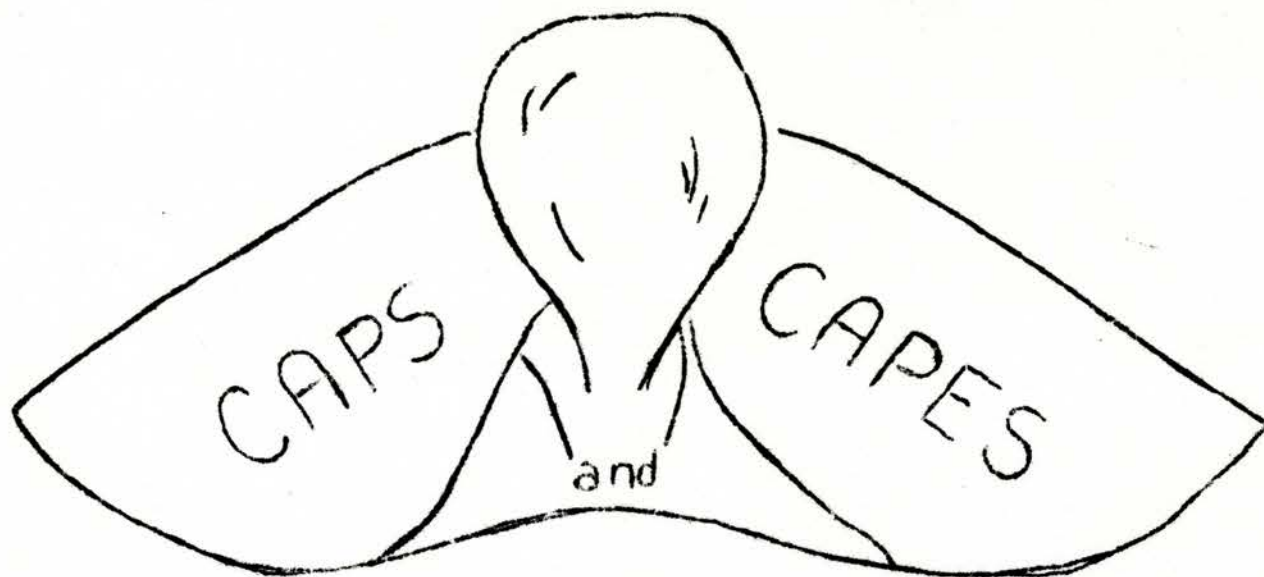
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NEWSPAPER OF THE  
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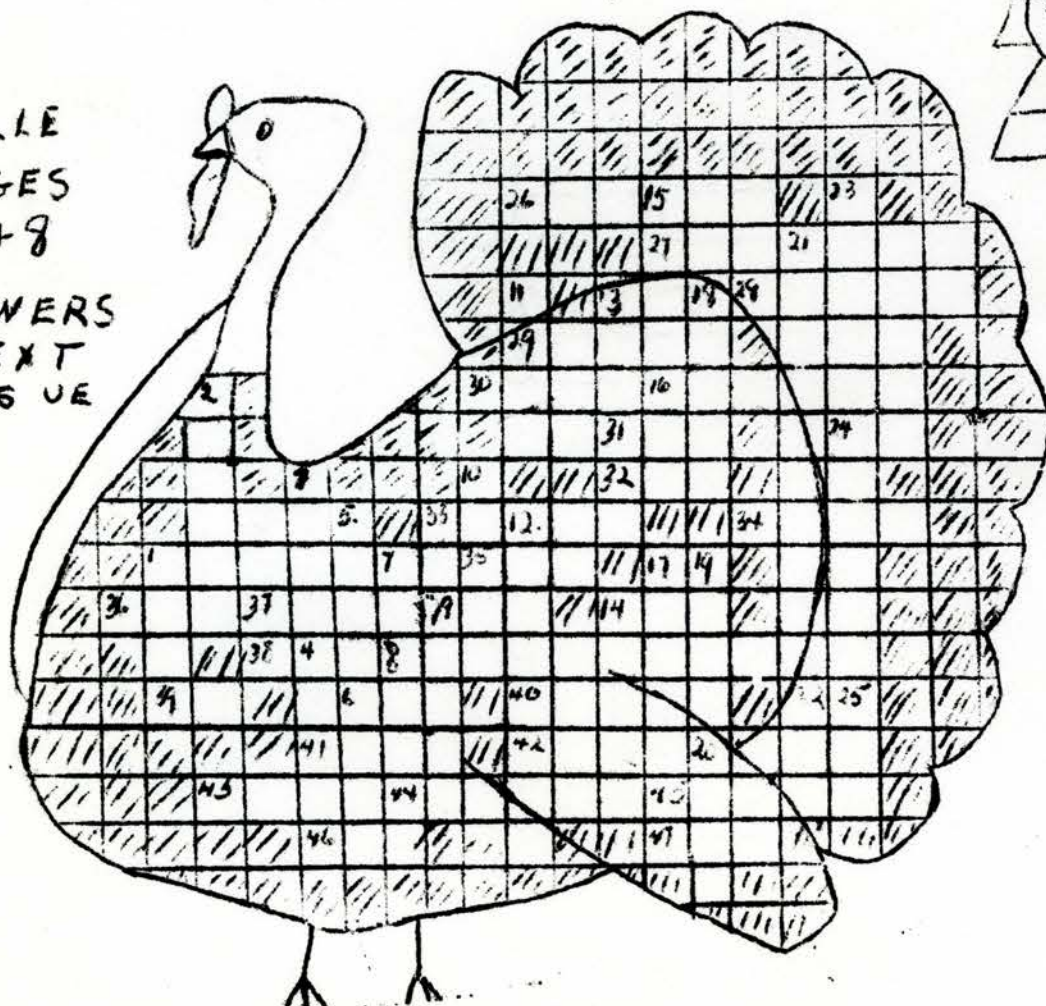
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PUZZLE  
PAGES  
7+8

ANSWERS  
NEXT  
ISSUE







## EDITORIAL

How we celebrate Thanksgiving in the 20th century is essentially the same as it was during the Pilgrim days. Perhaps we eat in a heated, electrical home with glass windows in comparison to the fire-place heated log cabins of that era but the essential meaning of thanks for what we have on Thanksgiving Day has not changed.

Even now, as in the early days when the Pilgrims landed in Massachusetts in search of a free land where man could be free to live as he wished, we continue to strive for freedom and the right to live as an individual.

On Thanksgiving Day when you sit down for dinner whether it be at home, in a restaurant, or a cafeteria, think for a few moments of what you have and your Thanksgiving Day will be more meaningful.

## FUTURES IN NURSING

What to do after graduation? \* \* \* This is the big question which most of the senior students must face. It is a question which will face each girl as she nears the completion of her training.

There are many fields into which a graduate nurse can go.

Some of them include the following: General Duty Nursing, Private Duty, Armed Forces, Public Health Nursing, Industrial Nursing, Operating Room Nurse, and Nursing Education. These are just a few of the fields into which nurses may go. In the coming issues of the paper we will present information concerning the different aspects of Nursing. In this issue we will discuss Private Duty Nursing.

As a private duty nurse you have a wonderful opportunity to teach your patient and his family by clear explanations and demonstrations. The private duty nurse is devoted to good bedside nursing and has the advantage of coming in close contact with not only the patient but his family and friends as well. In this type of nursing you are your own boss and can plan the day to best meet the patient's needs. When doing private duty nursing you stay with one case until your patient is released. In this way you are able to see the total progress of your patient.

There are two avenues by which you can enter private duty nursing. One is the Local Professional Registries, maintained by the hospitals, cities, and states. The other is by direct calls from physicians or previous contacts.

Private Duty Nursing is a good field for those of you who are interested in doing total bedside nursing as well as nursing education.

## THANKSGIVING

"November Turkey-time has come  
Make the stuffing, beat the drum  
Sing the songs of thanks and  
praise  
With food-stuffed bellies and  
eyes a-blaze.

Don't forget the nearby masses  
Sleeping with their stomachs  
aching  
Dirty scraps of clothing warm  
them  
Street filth clinging to them,  
caking.

"So this paints an ugly picture  
To think of on a day of daring  
Thanksgiving could be truly  
joyous  
If we joined in heartfelt  
sharing"

## "PAGING An ORDERLY"

Have you ever been to the accident ward? Most likely you have, but did you ever notice the orderly standing by the elevator.

By sheer misfortune his name is unfamiliar to us; however, what he has done and many like him, is not forgotten and never shall be.

Mr. Anonymous has been here with us at Jefferson for thirty years and has set aside, for his own personal use, ten dollars per year, from his hard earned salary. When news was spread about the building of our new residence, he willingly and out of the goodness of his heart, contributed the grand sum of three hundred dollars toward what you and I know to be a worthy cause.

At this time it is our pleasure to show him our deepest and sincere gratitude and wish to thank all who helped this spectacular dream come true.





## CITY GIRL IN A BIG CITY

Ever since I can remember, I have lived in a big city. When I came to Jefferson I was surprised to find that there weren't as many people in the entire training school as were in my high school graduating class. However, this factor didn't make any less difference. The second thing I noticed was the friendliness of all with whom I came in contact. I can truthfully say that I was made to feel at home in this strange, new, and wonderful world of nursing.

Most of the girls in our class are from small towns. Their different manner of speaking, and general characteristics revealed to me that all nurses are not fused out of one mold. It is also quite amusing to hear them talk of the biggest of our city, since to me it is my "small town".

The large, bustling hospital makes me feel right at home, since Jefferson is a city within a city. Although Jeff is a big hospital, I was again surprised to find friendliness everywhere. This is usually missing from a well run organization.

Girls of different races, religions, and backgrounds have come to Jefferson for one purpose; to be nurses. Accomplishing this purpose will be a difficult task for some and an easy one for others. Some will fall by the wayside, others will succeed, but to all, their life here will be an experience they shall never forget. These, are the most outstanding impressions that Jefferson has given to me.

### MATURITY

Many are the steps up the ladder of life to plateaus of temporary placidity. Some are easily accessible, others present an obstacle which must be overcome. Human reactions to these or difficulties of life vary. It is possible that a person with little ambition or desire to learn may remain stationary on the plateau that requires the least amount of physical effort or mental activity. This is not so with you who have come to Jefferson pursuing a nursing career. You have many obstacles to overcome and among the first is the panic falling of a young bird being pushed from its mother's nest. Frightened and novice at this game of life you face the world. There is one difference, the fledgling struggles alone; the human does not. Yes,

you have severed the home ties but you are one of the many girls. Now is the time to grow up. There is no longer the kindly voice of a mother to wake you from sleep, only the brassy shrill of the alarm. This is so with life. You have been awakened by maturity to meet the world. Throw away the rose colored glasses and form your pattern of life.

This pattern is formed at the start with the individual, feeling independence. Ah!-yes, it's good to be here with no parental nagging. This attitude is short lived. Through the days that pass you realize that your thoughts more often than not refer to home. The city is big, the studies hard, the comfort sparse and suddenly you are aware of a condition diagnosed as homesickness. Physically you participate in studies but mentally you're yearning for home. Yet ask yourself is it really home or is it something else. Examine your mind extensively and clearly map out your problem. If it is not homesickness that constitutes your depression, speak to your counselor. If you desire for home cooking, familiar surroundings, old friends, maybe a pet dog, your mood of nostalgia is real. In this case also there is much to consider to bring about a mood. Nursing is the career you chose; be happy, the well adjusted nurse is a good one.

### TOURS

In these past few weeks we have been very proud to show our beautiful home to all those people connected with the hospital and with the building of the spacious residence.

Those attending the open house were taken on conducted tours and shown the conveniences and modern facilities that compose our home. All visitors seemed pleased and remarked constantly concerning the tremendous improvement in the living conditions as compared with residences in the past.

The whole residence on exhibit--students' rooms, laundries, lavatories, solarium and recreation room stood 'spic and span' illuminating the achievements of all those who built it. Gathered here were all those people who had finally seen the contents of the ultramodern structure at the corner of 11th and Walnut Streets----- and they were very, very pleased.



BYBERRY

The thought of going on psychiatric affiliation always seemed to be somewhere off in the dim, dim future. Going to Byberry was somehow tied-up with being a senior and well, could we live so long?! Of course we had heard the stories of those who had gone before us but to say the least, there's nothing like first-hand experience.

No one could describe that certain feeling each of us had that first Sunday night. Believe me, each had it no matter how composed they appeared. The "voodoo" music of a certain student gave more than one girl a scare as she lay in bed and heard its weird theme.

Classes were somewhat of a prelude before the storm. In addition to presenting factual material, classes that first week gave us a chance to get used to the grounds, become acquainted with others and catch wide-eyed glimpses of patients. Yes, we stared but didn't realize until later that we were scrutinized even more severely by them.

Nothing short of ten years confinement on a battleship could have prepared us for that first day actually spent on the wards! Bless the hearts of those instructors who recognized our general attitude of panic and tactfully oriented us in small doses. These days included--never having the right key for the right door, getting up at 5:30 A.M. (well, maybe that was only the first morning), and searching for answers to questions such as "Nurse, am I crazy?", and "When can I go home?".

What did we gain from our three months? That list could be topped with a better understanding of both ourselves and others. This particularly is so of our previous attitude toward the mentally ill. The basis for this lies in the experiences we had of meeting a boy of 16 years with an I.Q. of 146, the elderly woman of 83 who called you a young snip and cried the day you left, and all those whom you came to know as individual beings. Yes, we gained a lot from our three months. Hope you do!

CLASS NEWS - FEB. '61

On Monday, Nov. 16, we had a long overdue class meeting. At this meeting we chose Joan Salter to fill the vacancy of alternate Student Council Representative.

Polly Anna names were chosen for Christmas gifts and plans were made on how we are going to celebrate Christmas as a group.

CLASS NEWS - SEPT. '61

Barbara Greenwalt represented our hospital as a delegate to the annual state SNAP convention held in Pittsburgh on November tenth through the thirteenth. This convention is held for the purpose of electing state officers and to amend the bylaws of SNAP. It provides a chance for members to meet informally and to really learn and appreciate the functions and usefulness of the SNAP organization.

The sale of "Candy Cupboard" Christmas candies is now under way. There are nineteen varieties to choose from. Make sure to get your order in before we're all sold out.

CLASS NEWS - SEPT. '62

The class of 1962 held its first election on Monday, November 16. Miss MacLean officiated at the election. The results are as follows:

- Class Advisor - Mrs. Walton
- President - Janet Hufford
- Vice President - Shirley Sutthill
- Secretary - Marion Choiniska
- Treasurer - Louise Baxter
- Student Council- Ruth Glancy
- Marty McCartney
- Judiciary Council- Corrine Kurzen
- SNAP Representative- Joanne Paul
- SNAP Alternate - Joan Campbell

The officers wish to thank the class for their support and they hope to be able to perform their duties to the satisfaction of all.



SPOTLIGHT

What student has the pleasure of wearing a nametag all her own? You guessed it. It's Mrs. Levengood, (more commonly known as Mary Frey).

We have chosen Mary because of the help and support she has given to the student body. She has served as Treasurer of Student Council, President of her class, and was one of the organizers of "Caps and Capes". At the present time she is helping with the year book and is a member of Judicial Board. By contributing in these various activities, she has done much to promote interest and further participation of other students.

Mary is known for her versatility and cheerfulness. She is always helping those with problems, as students value her mature advice. She is also known for her ability to do good work and her thoughtfulness. It has been said that if you want something done give it to a busy person. This is so true of Mary. Where she finds the time is a mystery to us.

As a nurse, she has a sincere interest in each of her patients. She is aware of their needs and tries to provide them whenever possible. All in all, Mary is an excellent nurse, a good student, and a sincere friend.

THE NEW UNIFORMS

"Aren't they pretty?" "They make me look fatter than I am." "I wish they had aprons." "I love the color." These are just a few of the varied reactions to the new student uniforms. Many eyes were fixed upon us as, for the first time, we proudly wore our uniform--the symbol of our next three years at Jeff. The comments heard in the hospital from the staff, other personnel, patients, and older students, were for the most part, quite favorable. The new uniform, which consists of only one piece, will relieve the hospital laundry of much extra work. Being made of a drip-dry material, they require no starch and little ironing. This is one factor that we students really appreciate.

STUDENT COUNCIL NEWS

The Student Council meetings are held the first and third Wednesday of each month at 7 P.M. in the recreation room. All students are welcome to attend.

Jefferson was host for the monthly meeting of S.N.A.P. representatives. After the meeting in McClellan Hall, refreshments were served in the recreation room of the nurses home, and Christmas packages were wrapped for distribution to various hospitals. All who attended had a very enjoyable time.

All students are busily preparing for the Christmas activities. A basket will be prepared by each floor for a needy family in the neighborhood. Another big event is the semi-formal dance. It has been decided that it will be held about two weeks after Christmas. Representatives of Student Council are planning for the dance, sponsored semi-annually by the hospital.

We had our first mass meeting of this school year, Friday, Nov. 13. A welcome was extended to the September, 1962, class. We hope they, too, will take an active interest in Student Council activities.

CHORUS

What is the reason for the merriment of the pre-clinical students on Monday nights? Could be they've just come from chorus?

Many of the girls have found that a singing session with Miss Rhiele and her accompanist, Mrs. Bartels, is just the thing to subdue the tired, "blue Monday" feeling and initiate one with a "ready-to-tackle anything" nature.

Our chorus is now preparing for a Christmas program, which will be presented at the Arch St. Methodist Church. The variety of songs to be presented will surely be enjoyed by all.

NEWSPAPER CLUB

Newspaper Club elected Louise Baxter, '62, to be news editor.

The Club has adopted the constitution drawn up by the Activity Fund Committee. This committee will sponsor profit making events in the school. These funds will be used by the various clubs.



Der Ma'n Pa.

Boy heri got sum nooz. Ezra Tinkerhez askt ter meri me but golligee i gotta finich mi skullin Ezra livin Stink Holler. Miz Tinker hezal them fat sowz what wun ther priz at the far las yir. Them sowz wuz the moss skrunpuls in al ov Kaintukkee. I kin smel em now. I gutta cut this shurt kuz I gut som tess al wik. Terda we hed thet tes on ole Mam Golly Gee. Har I shli git a hik. Har har. We gut a Cosch Tess bak an igut a 98 I jes klozd miz an put T F T F al ther way down. No thenkin at al.

Giv mi luv to Ezra an Miz Tinkers sowz. Sarey Lu

Did You Ever----

---Completely make a bed and discover you had forgotten to replace the mattress cover.

---Break a clinical thermometer and put the pieces in your pocket-ut, oh.

---Flunk seven exams in one week! Did you really study?

---Pull a thread in the bib of your uniform and discover you were missing a pleat.

---Wake up feeling rested.

---Take someone else's trench coat from the cafeteria.

---Step off the elevator on the fifth floor in the old building to discover "The Interns Suite".

---Awaken to find the bags had vanished from beneath your eyes.

---Take a blood pressure without connecting the apparatus.

Gossip:

Hey! What about "grandma" Ruthie in blue nylon gathered hat?

Girls!! Are we loosing Patiene with Patience Sterner who seems to receive every phone call on the third floor. Will she ever get her wires crossed?

What scares Jessie Beck senseless, "vsfsbers" or "cadavers"?

Who's the lovely student nurse on Men's Med?

After school attire; White plaster masks. Is this a beauty treatment?

How's night duty, Carol Reigel?

This is a watchbird watching a snack snitcher. Are you a snack snitcher?

What about the "hair" emdectomys on the third floor.

Kingfish and Sapphire have been seen together again.

What intermediate student nurse is now talking to a nebbish instead of a Psychiatrist.

Who "skips out" everyday after class to meet someone. ..Could it be Kathy Eccles interest in LaSalle?

Questionnaire:

"What would you do if there was a juxtaposition of the obicularis muscle in a state of contraction?

Answer: Puckering of closed lips

Anita Ries--put Iodine on it and bandage it up.

Linda Barner--how should I know. I'm just a probi.

Carole Aufferman--wrap it up.

Carol Sode--I'd rub it so it wouldn't hurt.

Carole Costello--ask the doctor for a backrub.

Sue Lehman--sew it up.

Lee Chambers--kiss it and make it better.

Janet Hufford--straighten out the arm.

Marion Choinska--rub it down with alcohol.

Peggy Maquire--massage it.

Puzzle:

- |    |       |    |
|----|-------|----|
| 1. | ----- | 6. |
| 2. | ----- |    |
| 3. | ----- |    |
| 4. | ----- |    |
| 5. | ----- |    |

1. stoppage of a canal or passage
  2. to lessen the properties of fluidity
  3. callosity on a corn
  4. boring of holes in calculi to break crushing
  5. toxic condition from urinary constituents in the blood.
  6. a neoplasm, abnormal enlargement of a part not due to inflammation and no physiologic function.
- Answers in next issue.



The S.N.A.P. convention held in Pittsburgh, Penna., November 10-13, was a great success!!! The wonderful speeches made by Barbara Schutt, Editor of the American Journal of Nursing, Miss Kathryn T. Groove, Executive Secretary of P.N.A., The Very Rev. Msgr. John B. Mc Dowell, Superintendent of Parochial Schools in Pittsburgh, and Mr. Earl Wheeler, of Earl Wheeler Finishing School, made the convention very interesting to us.

The air of politics before the convention with the posters, pins, and other propaganda, made the election of officers a lot of fun.

There was a talent show with our own girls of Pennsylvania. Also participating in the entertainment were the Dentones of the University of Pittsburgh Dental School. Adding to the excitement were the Miss S.N.A.P. Contest, a fashion show by Jonassons, and, best of all, - Uniform Day, when everybody wore the uniform of her school. This was a spectacular sight.

The events of the S.N.A.P. Convention were something I wish all could have shared. Since this was not possible, the enthusiasm and spirit present there can be enjoyed by all students when attending the S.N.A.P. Area # 1 meetings. Everyone is welcome and the dates and times will be posted on the bulletin board.

The theme of the convention was "the Twenty-four Hour You". Sit down and consider just what is the twenty-four hour YOU.

CROSSWORD PUZZLE

DOWN

1. To thrust or prod
2. A hand firearm
3. Combining form for tenth
4. A greeting
5. A picture or design to be transferred from a specially prepared paper
6. To move in a lazy manner
7. an exclamation
8. A loop which binds closer the more it is drawn
9. Of the same kin
10. Ruled by Pluto
11. "All's well that \_\_\_\_\_ well."
12. Wanderers
13. A traditional food for Thanksgiving
14. To turn aside
15. Combination of tones which blend when sounded together

There were two alumnae meetings as of November first.

The regular monthly meetings of the Jefferson Nurses Alumnae Association was held September eighth, 1959, on the fifteenth floor library of the hospital.

At this business meeting, reports were given from the various committees.

It was announced that the Alumnae Association made its pledge of \$25,000.00 for the new Nurses Residence.

There was a discussion on the revision of the Bylaws, to be published in 1960.

New members were accepted into the association, and an application for a scholarship was requested by Miss Longworth, Class of 1959.

There were reports of two recent deaths- Mrs. Barbara Boyd Greisner, Class of 1953, and Mrs. Janet Stauffer Mayo, Class of 1950.

The second alumnae meeting was held on Tuesday, October 6, 1959, at the new nurses residence. There was a short business meeting. This was followed by refreshments and guided tours of the residence conducted by Miss Prevost and Miss Bowman.

Delegates and alternates were selected for the P.N.A. Convention to be held in Pittsburgh November 9-13, 1959. Also, the Alumnae Association sent two students- Miss B. Heaps and Miss B. Greenawalt- to the Convention and three delegates.

ALUMNAE NEWS OF 9/59 Class

The following graduates are attending:

COLUMBIA PRESBYTERIAN- in New York- Susan Lesley, Arlene Boyer, Coleen Mooney, and Bernadine Janicek.

ST. JOSEPH'S NIGHT SCHOOL in Philadelphia- Marie Longworth

16. Loud noise
17. The supposed soluble principle of starch
18. A high hill
19. Numerous
20. Having digits
21. Watchfulness in respect of danger
22. Abbreviation for and so forth



