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## Caps & Capes - Volume I Issue V

Betty Boehmler

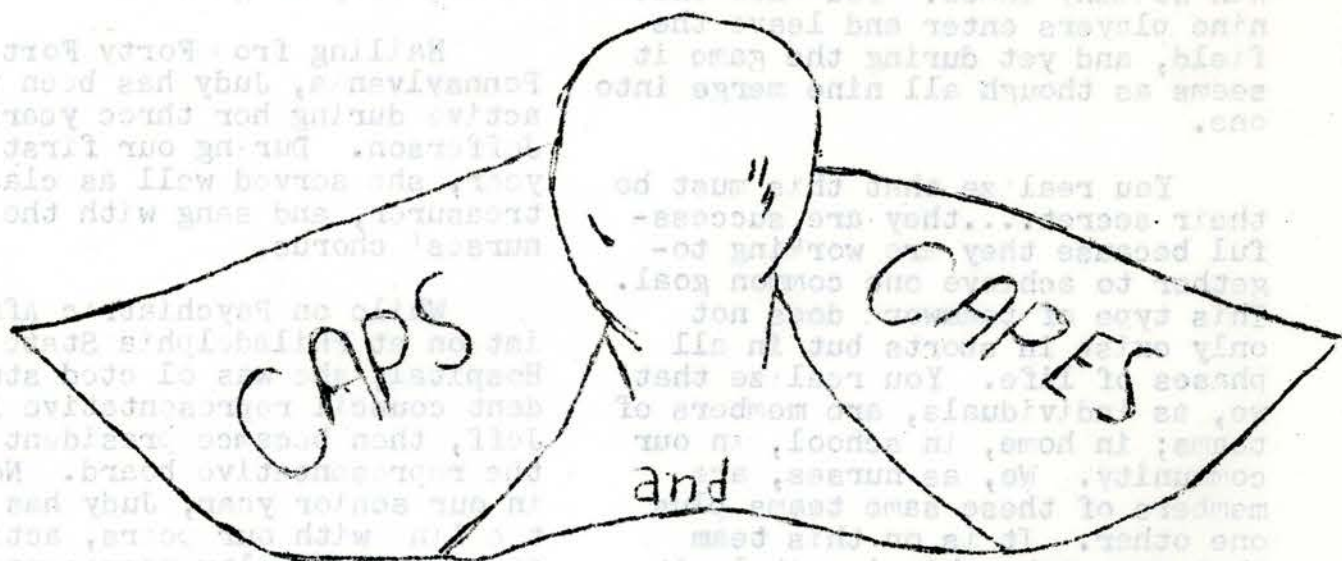
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## NEWSPAPER OF THE

JEFFERSON MEDICAL COLLEGE HOSPITAL SCHOOL OF NURSING

Published by  
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Vol. 1 Issue V

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"Strike three--HE'S OUT!" As you cheer wildly because your team has won, you wonder how they can win so many games. You know that nine players enter and leave the field, and yet during the game it seems as though all nine merge into one.

You realize that this must be their secret....they are successful because they are working together to achieve one common goal. This type of teamwork does not only exist in sports but in all phases of life. You realize that we, as individuals, are members of teams; in home, in school, in our community. We, as nurses, are members of these same teams plus one other. It is on this team that our membership is vital; it is on this team that we must constantly strive for that common goal--the welfare of the patient.

Sometimes it is difficult to work on our team because the members are from so many different departments that it seems impossible to have common ideals. If we want to imitate the winning team we must forget our differences and emphasize our similarities. Just as a team practices constantly to be a winner and to remain a winner, so must we practice each day that we work. At the end of a game the highest score should reflect the successful team. At the end of a patient's stay, will his care and attitude reflect your successful teamwork?

#### FAREWELL TO MRS. YARNELL

Sometimes no matter how hard you try to hold on to a good thing it seems to slip right through your fingers. I guess this is the way we will lose one of the best advantages that the Newspaper Club called their own; Mrs. Yarnell, our faculty advisor.

We hope that she will forgive us for not printing her name on that first issue. If we thought we could get her to stay we would print it twice from now on.

Thank you, Mrs. Yarnell, for all you helped us with and we only hope you enjoyed it as much as we did.

This issue of the Spotlight focuses on someone we all know and see at all student activities, Judy Wright.

Hailing from Forty Fort, Pennsylvania, Judy has been very active during her three years at Jefferson. During our first year, she served well as class treasurer, and sang with the nurses' chorus.

While on Psychiatric Affiliation at Philadelphia State Hospital, she was elected student council representative from Jeff, then became president of the representative board. Now, in our senior year, Judy has been to luncheon with our peers, acting as student-faculty representative.

Future plans for Judy include a position on the staff at Wilkes-Barre Hospital and marriage to her fiancé, Doctor Walter S. Bloes.

#### NATIONAL NURSING WEEK

In conjunction with National Nursing Week, Jefferson held an Open House May 6, 1959, for Junior and Senior High girls interested in nursing. The program was arranged by the Student Faculty Committee headed by Miss MacLean. Greetings were given by Miss Bowman, Miss Brevost, and Mr. Judy, representing Dr. Brownellor. A short sketch was presented by the Dramatic Club, depicting a student's experiences while in training. This was appropriate after the girls heard first, second, and third year students tell about their experiences in nursing.

The highlight of the program was a tour of the hospital conducted by students. The girls were able to view patient care in progress, methods of teaching, and general examples of the hospital routine.



## "FAREWELL TO SENIORS"

A senior student has always been one to whom the younger student looks with awe, respect, envy, and yes, a twinge of fear. Through the eyes of a probie, she seems to know everything about anything and to meet each situation with calmness and efficiency. Second year students think of her more with admiration for "sticking it out" and respect for her ability to organize her work well.

She, herself, has progressed slowly and painfully through every stage, to emerge soon as a graduate and ultimately as an R. N. We who follow in her footsteps have much for which to thank her. She leaves a bit of her experiences and memories with each of us.

The questions are usually the same--"How does it feel to be graduating?" "Do you plan to stay at Jeff?" "Gosh, did you ever think you'd make it?" It is the answers that differ as every girl is affected by her training according to her own personality. It has given the shy more self-confidence, shown the dreamer life, and brought each one to face reality. The manner in which she reacts to reality will shape her life and future long after she passes from Jeff.

We sincerely hope that this challenge is met with chin up and that the future brings the happiness which she deserves.

## AND SO WE MUST BID FAREWELL

Three years of careful seasoning at last presents us with a mature and well educated Jefferson nurse. The ingredients of time, perseverance, and ambition finally are fused into what constitutes the awarding of the Jefferson pin. The trimmings are added; the last rose held high; and all is ready for the presentation of this well-prepared nurse.

As graduation approaches, we find our life at Jeff fading with memories. However, the interests we have developed and the training we have received go with us as we venture into a confusing, yet challenging world.

## STUDENT COUNCIL NEWS

A student-faculty picnic will be held July 2nd at Blue Bell Hill in Fairmount Park. July 23rd is the rain date. Slacks may be worn to the picnic.

The honor system was discussed and letters will be mailed to the incoming fall students explaining the system. The new constitution will be presented for acceptance at the mass student council meeting in July and included in it is an explanation of the honor system.

The unveiling of the date stone of the new nurses' residence was June 11 at 2:00 p.m.

Nominations for Student Council were made and the election was held the second week of June. The new officers are to be installed at the mass meeting in July.

A student activities fund was talked of and a committee was formed to discuss the possibility of the clubs' sponsoring their activities by raising funds and using them on a co-operative basis.

## BAKE SALE

On Monday, June 22, there will be a bake sale held in the Alcove of the Pavilion. The proceeds of this bake sale will finance the Student-Faculty picnic. The picnic will be held at Blue Bell Hill in Fairmount Park on July 22. Support this bake sale with your baking talent and your attendance.



"We are doing an exploratory today!"



# A GIRL IS LIKE A FLOWER

Lily.....Sue Leslie  
 Orange Blossoms.....Kathy Young  
 American Beauty Rose.....Marie Longworth  
 Snap Dragon.....Judy Romack  
 Violet.....Joan Driscoll  
 Morning Glory.....Arlene Boyer  
 Poppy.....Rosie Caponigro  
 Tulip.....Ethyl Mae Faust  
 Orchid.....Connie Sprow  
 Daffodil.....Barb Fullerton  
 Daisy.....Neldra Ackerman  
 Dandelion.....Pat Smith  
 Carnation.....Rose Ann De Angelis  
 Iris.....Judy Tschowder  
 Sunflower.....Jane Hudson  
 Gardenia.....Angie Gardier  
 Holly Leaf.....Betty Ann Conley  
 Buttercup.....Bobbie Ewert  
 Black-eyed Susan.....Sue Steelman  
 Sweet Pea.....Mary Frey  
 Bachelor Button.....Betty Boehmler  
 Pansy.....Bev S. Idmore  
 Pom Pom.....Bea Rhoda  
 Petunia.....Miriam Verdier

## DID YOU EVER

---Inject procaine into that terrible affliction common to nurses called a corn and then under aseptic technique proceed to debride with razor blade in hand? Ever consider going into surgery.

---Find that Jeff's caps are much more durable than you thought after the bus ran over yours early one morning while on your way to work? Did you wear it? Why, of course!!!

---Thin back to your probie period and remember the time someone (no names, sorry) ran up to Mrs. Scott and exclaimed, "Did you know that lady is receiving whale blood?"

---Have this conversation with the "man on the box"?

Young S.N.--"Men's Surg., Miss speaking."

M.O.T.B.--"Hello, this is the man on the box."

Young S.N.--Giggles. "How did you ever get up there?"

M.O.T.B.--Puzzled. "I have a count for you."

Young S.N.--"That's nice, bring him right down. Good-by."

---Spend your free time???as a construction worker on the corner of Eleventh and Walnut?

---Question the soundness of giving castor oil to a patient with the chief complaint of fecal incontinence.

---Doubt the sanity of your fellow student who asked upon finding a patient in the delivery room, "What is the matter with her?" Don't laugh. It happened!!!

---Wonder how it would ever ever be possible to get into uniform in less than 45 minutes? And now who gets up at 6:30 to be at work by 7:00?

---Find out your patient was on a 24-hour urine after you emptied it all day?

---Assist with a trocarcentesis for an hour, turn around, and knock over the container with the fluid?

---Get dressed and report for duty on your day off?

---Send a patient to the OR in his street clothes?

---Take an hour to set up an isolation unit, then have the doctor tell you it is not necessary?

---Have your circulating nurse disappear just as the doctor uses the last suture?

---Assist with a venous pressure and get splattered with blood because the top was not covered?

---Squart sustagen in your patient's face while trying to give a tube feeding?

---Take an oral temperature in Recovery Room?

---Forget to lock a door at Byberry?

---Go "gun ho" on aseptic technique and flounder in the foot bath outside the OR?

---Find that the phrase "Grin and bear it", is one of wisdom?

## QUOTE

Let it not be said,  
 And said to your shame,  
 That all was beauty here,  
 Before you came.



# WHERE WOULD YOU PUT A MALMALT

## FASHION FADS

A MALMALT IS A COMPULSIVE TIC PREVALENT IN THE PHILIPPINES.

Mary Frey-Keep it in Byberry.

Pat Mazakis-In a dentist's chair.

Dode Gilmore-I'd try to sell it.

Nellie Ackerman-In a med student's pocket.

Rose Ann Tumolo-Under my hood in the O. R.

Barbara Fullerton-In the hospital mailbox.

Carolyn Doorly-In the crack in the chair to glue it together.

Elain Kunzman-Give it to my roommate to eat.

Jean Dutton-Give it to a patient in Byberry.

Connie Sprow-It might be fun to play ball with it.

Margie Ross-In the bath tub to give it a good scrub.

Mimi Craig-Between two slices of bread and eat it.

Barbara Zettler-Let's serve it for lunch in the cafeteria.

Anonymous-Give 10Gm. of it to a patient with a coronary occlusion.

Sharon Potts-On my big toe.

Peg Hunter-Since it is probably contaminated, I'd put it in the bed pan sterilizer.

Cathy Bulkley-Sew it in my sock.

Joan Koswoski-Surprise someone and bang him on the head with it.

Lou Simonson-Hang it on a sly hook.

Marion Heilner-Toss it under my bed.

Stephanie Arnold-I probably would not need it so I'd send it back where it came from.

Barbara Canal-Wrap it up in an isolation package.

Rose Vesek-On my book shelf.

Milly Frank-Strap it securely to the table and deliver it.

What styles have replaced the chemise, or better known to many as the sack? Shorter skirts with a flared or pleated effect accented by contrasting knee socks or tights may well be the answer. What was done with the chemise, trapeze and other styles that were being worn last year? Though a few can be worn with belts, the rest are probably hanging in closets or are being discarded.

Ballooned dresses, large wing collars, shirt dresses and the over blouses are also popular this year. Girls can also be seen wearing bermuda shorts, mens' shirts, rain coats, and knee socks. The brighter the colors the better.

Styles may change yearly, but the ones which are worn the most at any time are clothes which are comfortable for the wearer. Comments have been made by the male sex concerning the styles that "now everyday looks like Hallowe'en, but we are happy."

## ALUMNAE NEWS

### BIRTHS:

To "Doc" Schwyer, "58", a girl, May 7, 1959.

To Arlene Groat Zooner "57", a boy, May, 1959.

The Variety Show of April 20th and 21st is kind of "old stuff" but we's like to say that everyone who participated enjoyed doing so. We also want to thank Miss Lamp'l, her committee and all who contributed in any way, including those who sat in the audience and applauded.

There was a Strawberry Festival on Tuesday, May 26th, from 2 p.m. 'til 9 p.m. It was "sidewalk cafe" style at the Walnut Street entrance of the Pavilion.



WHITTIER GOSSIP

FEBRUARY 1960 CLASS NEWS

THE CHORALETTES, A TRIO COMPOSED of Joyce Shaffer, Barbara Borrell (first year students), and Berneice Shaffer, sang May 21, 1959, for the Women's Organization of the Oil industry at the Sylvania Hotel.

Who likes to work so much that she works part of her holiday time?

Girls, but you didn't know that we're important enough to bring out a whole city fire department!!

Kathy surely was surprised at her shower. There were quite a lot of gifts--lucky girl!

It seems that one of the girls was a little confused about our moving date--even hailed a taxi.

"Dracula's mother" or should we say "My Dear" seemed to have strayed off a while from her home, Trans-sylvania, and caused quite a scare!

NEWS FROM SPRUCE STREET

Seems that some girls never lounge in anything but pajamas, Pat.

What is the big attraction on OB lately, Neldra?

Stan, did you ever find your shoes?

There are several red faces in 100%. Flash bulbs have certainly been popping a a red-head is to blame.

Watch out for the sun, girls, is a warning from someone who knows, isn't it Joan?

How's the pinochle tournament goin', Bev?

It must be spring--the phones are always busy. Hum, Carolyn?

Be careful playing with matches you might get burnt, Pres. Besides it won't help your dry smoking.

Who's playing "Games" with the psychiatrists at Byberry?

What class is now contaminating the O. R.?

Who's been swimming in forbidden places?

Has Pat really been "mullen" around?

The class of February, 1960, has elected senior class officers. They are:

President.....Mary Frey  
Vice President..Joan Dutton  
Secretary.....Betty Smith  
Student-Faculty Representative  
Virginia Christine  
S. N. A. P. Representative..  
Elva Metzger

Congratulations and best wishes to "Ginni" Christine and Bruce Johnson on their recent pinning.

The class is completing its Psychiatric Affiliation on June 14, and then--Vacation!!!! Have fun, everyone.

FEBRUARY 1961 CLASS NEWS

Our class is now wearing green operating room gowns and is contaminating the aseptic fields. The feeling is that it is quite different from floor nursing and quite exciting.

On May 26, 1959, our class had its annual dinner at Tarello's Restaurant. Sorry to say that two, Carolyn Doorly and Joan Salter, were unable to attend as they were in the infirmary.

Summer is in the air as evidenced by tans and red faces and we, too, are enjoying the warm weather. The weekend of June 6, our class went down to Wildwood; by the sea. The water was nice, and everyone had a wonderful time.

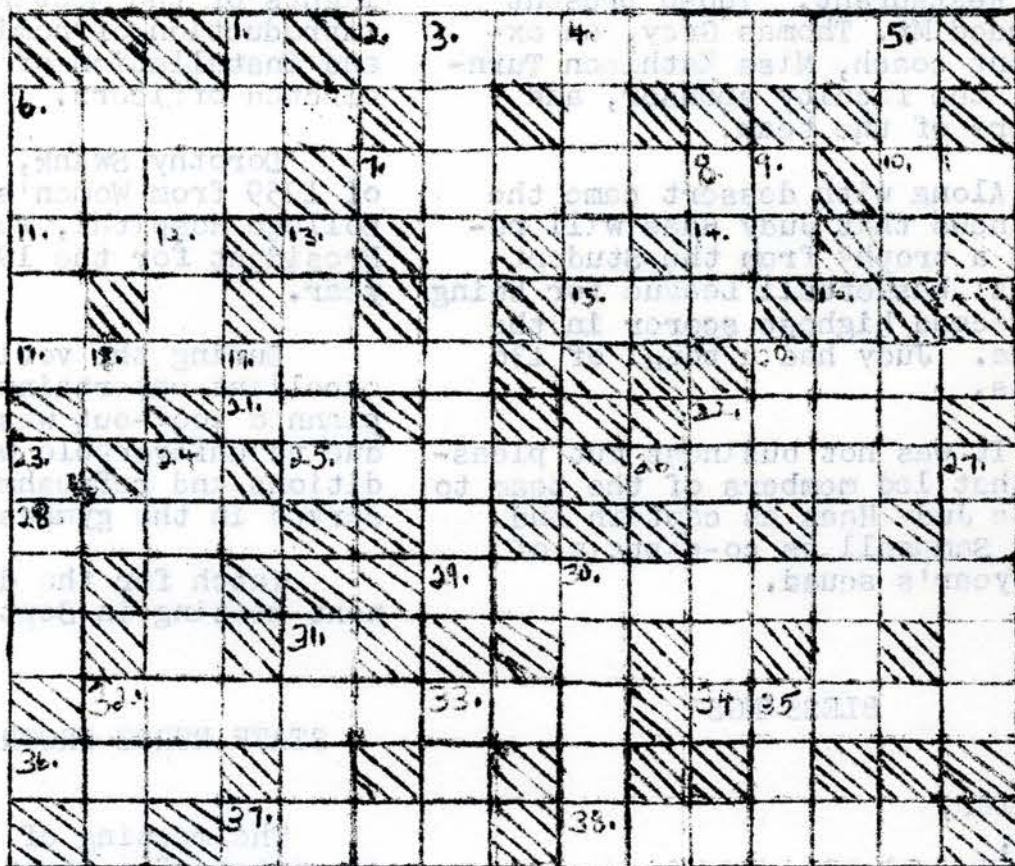
ELECTION RESULTS

President--Judy Isonhour  
House President--Marty Mockaitis  
Vice President--Barb Braithwaite  
Secretary--Janet Emerson  
Treasurer--Barbara Heaps  
Social Chairman--Georgia Nell  
Sports Chairman--Judy Haas  
Snap Chairman--Sue Haupt

The voting took place the week of June 8th. One hundred and eighty-eight votes were cast; This is an extremely high number. Interest, it was stated was greater than ever before. The voting was done under the honor system which seemed to work very well.



CROSSWORD PUZZLE  
by Diane Schafer



HORIZONTAL

VERTICAL

2. Hemorrhage from the nose.
6. A large soft mass of nerve tissue contained within the cranium.
7. Primary divisions of the trachea.
10. Chemical symbol for silver.
11. One of the 24 bones enclosing the chest.
14. A biological germ structure carrying the horridity qualities.
15. Cause gradual exhaustion of, as the strength.
17. A wasting due to lack of nutrition of any part.
20. To bring about lysis.
21. Favorite restaurant of the Whittier girls.
25. Substance containing hydrogen, yielding hydrogen ions when dissolved in water.
26. Corn or callous.
28. To empty bladder.
29. Erythrocyte, larger than normal.
32. Clear syrupy liquid formed by hydrolysis of fat.
34. Condition in which body tissues contain an excess of fluid.
36. A post-op beverage.
37. The second letter of the Greek alphabet.
38. One afflicted with congenital myxedema.

1. Innermost cerebrospinal membrane.
3. Connective tissue sheath that envelops each primary bundle of muscle fiber.
4. A cavity with a bone.
5. Mark left on skin or organ by healing of wound.
6. a Sac or pouch in connective tissue, chiefly about joints.
8. Upper part of thigh.
9. The unconscious undominated by its ego.
12. Abbr. for basal metabolism rate.
13. A filament of mold, or part of a mold mycelium.
16. A bacteria-destructive substance present in body secretions and tissues.
18. A word used as an infinitive or as a preposition.
19. An exclamation.
22. Oxidation product of secondary alcohol.
23. Fully developed female sex cell.
24. Calf bone.
27. Unicellular protozoa.
30. Spasm in any hollow or tubular soft organ accompanied with pain.
31. Any inflammatory disease of the sebaceous glands.
32. A jelly-like colloid.
33. An acid, found in the nucleolus of a cell, which stimulates synthesis of protein(abr).

35. An insecticide (abbr.).



SPORT NEWS

SNAP NEWS

Good sports and good meals go hand in hand. In this happy way the basketball team ended this year's season at Philadelphia's 1918 Restaurant. Those present included Mr. Thomas Grey, an excellent coach, Miss Kathleen Turnbach, the faculty sponsor, and members of the team.

Along with dessert came the good news that Judy Haas will receive a trophy from the Student Nurses' basketball League for being the second highest scorer in the league. Judy had a total of 136 points.

It was not business but pleasure that led members of the team to choose Judy Haas as captain and Dotty Sampsell as co-captain of next year's squad.

Area No. 1 of SNAP held a meeting on May 19, 1959, at Abington Memorial Hospital, Abington, Pennsylvania. The highlights of the meeting were the introduction of nominees, voting, and installation of the newly elected officers.

Dorothy Swank, "Miss Snap" of 1959 from Women's Medical College Hospital, was elected President for the 1959-1960 year.

During the voting there was excellent entertainment. The planned cook-out was cancelled due to unfavorable weather conditions and refreshments were served in the gymnasium.

Watch for the date of the next meeting in September!

BLESSINGS?

STAFF NURSE PROGRAM MEETING

Whittier,  
M & S,  
Endocrine glands,  
Tests everyday,  
White stockings that turn pink  
6:15 and 6:30 buses,  
Boys that make you miserable,  
Starchy uniforms,  
Hair,  
Corns, callouses, & varicose veins,  
TV's that infiltrate,  
Finals,  
The little desks in twelfth floor  
classrooms,  
Isolation,  
Cafeteria food,  
Flies in summer,  
Freud,  
Elevators,  
Study hall list,  
Four lates a month,  
Campus,  
"Yellow" collars,  
Alarm clocks,  
Care studios,  
Hypertension,  
Hypochondriacs,  
Empty Coke machines,  
Medical students,  
Broken wheel chairs,  
Broken finger nails,  
Leaky fountain pens,  
Housemothers,  
Caps!!!

The meeting of April 14th consisted of a demonstration of isolation technique. Mrs. Curran, Miss MacLean, Miss Heckenberger, and Mrs. Harnish participated in a demonstration of procedures for patients with infectious diseases.

On May 20th Mrs. Ann Minkoff talked very informally to a small group about the Philadelphia Visiting Nurse Society and the Philadelphia Home Care Plan.

ODDS AND ENDS

Calm down. Do not expect a miracle and think that I will say something nice.

Maybe it would interest you to know what I am jabbering about now. I was just wondering if we have a student body or if this is a mob. It seems that everyone has something to say but of course when it comes to doing things, nobody can utter an offer of help. Gripe sessions are fine--I love them. But, just like love, you cannot live on them.