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Terry Figueiredo

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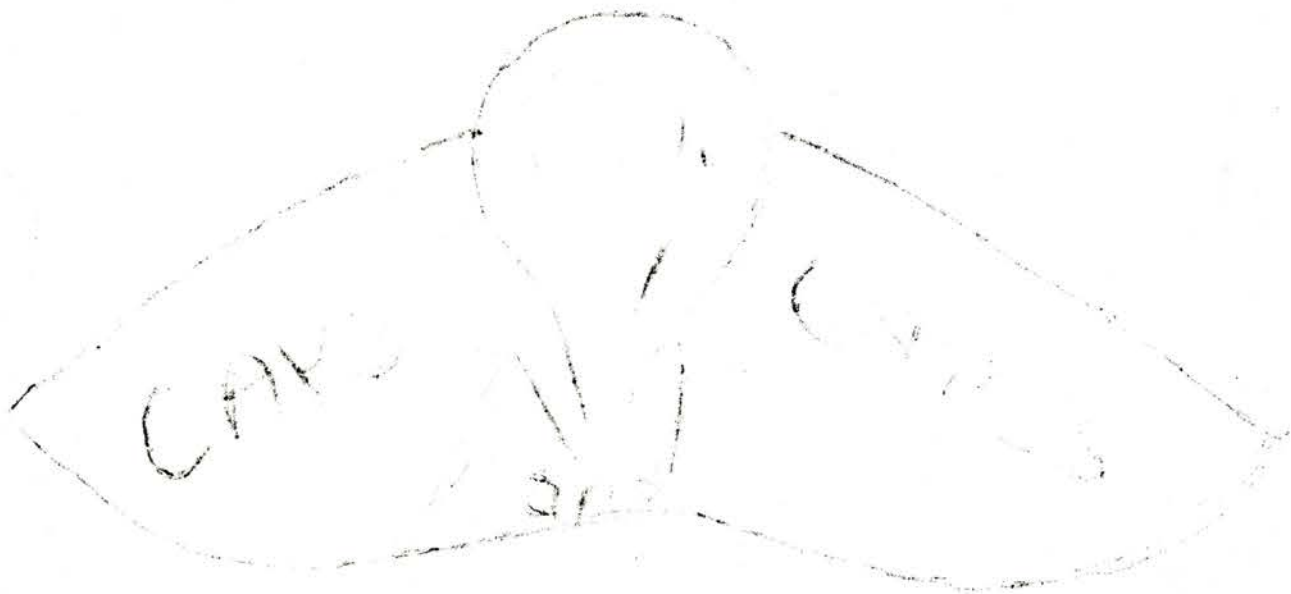
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1961



NEWSPAPER OF THE
 JEFFERSON MEDICAL COLLEGE HOSPITAL SCHOOL OF NURSING

Published by
 The Newspaper Club
 Vol. III Issue I

EDITOR:.....Terry Figueiredo
 CO-EDITOR.....Janet Blumberg
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 FEATURE STAFF.....Anita Reis, Ed.
 SPORTS REPORTER.....Jacqueline Brewster
 TREASURER.....Anna Jones
 CARTOONIST.....Gretchen Drebelbis
 HISTORIAN.....Carole Costello
 REPORTERS:.....Barbara Fullerton
 Roseanne Tumolo, Carolyn Doorly,
 Loretta Davis, Carole Webb, Toni
 Winton, Louise Scriber, Sharon
 Bricker

EDITORIAL

What is education? Education, as defined by Webster, is the development in knowledge, skill, ability, or character by teaching, training, studying, or experience.

Too many of us take our educations for granted. We just take it as something we have to have. We have all been very fortunate to have been selected as students at Jefferson, and we should make the most of our time spent here.

We can do this not only by preparing our class work, but also by supporting Jeff in any of its activities. Now is the time to take a new interest in our work, and resolve to do our best so that we will be able to say that our education was worthwhile.

CHORUS

The class of '63 has now discovered another of JEFFERSON NURSING SCHOOL'S traditions. We, too, have now found delight in singing in the chorus. The first few rehearsals, filled to capacity with energetic enthusiastic girls, accomplished much.

Under the capable direction of Miss Rihle, the group is practicing Christmas songs which will be sung in some of the nearby churches.

Miss Rihle, along with Miss Bartels, our able accompanist, anticipates that much will be accomplished with the group. Miss Rihle has a full schedule planned ahead for us.

NEWSPAPER CLUB NEWS

The first newspaper meeting was held on October 5, 1960. The new officers are as follows:
 Editor: T. Figueiredo
 Co-Editor: J. Blumberg
 Feature Editor: A. Reis
 News Editor: L. Baxter
 Treasurer: A. Jones
 Cartoonist: G. Drebeibis
 Historian: C. Costello

Meetings of the newspaper staff are held every Wednesday evening at 5:30 P.M. in the recreation room. Any girls who

are interested are welcome to attend. We need your interest and support.

FIRST IMPRESSION

My first day at Jeff was started off with the housemother mistaking my mother for a student instead of me. But after that, it was one of wonder, how long before I got lost in the hospital and how was I ever going to remember how to get out of the building once I got in. Things were a mass of confusion, but after that they were alright, as a matter of fact I like it very much.

FIRST IMPRESSION

"How am I ever going to learn all their names?" I kept asking myself. One hundred and twenty girls, each with a different personality. "Which ones will be my close friends?" "Which ones won't I know very well? Which ones will quit before I get a chance to know them?"

"Oh, well, time will tell."

CLASS NEWS

The class of Sept. '62 held a class meeting on Thursday, October 27, 1960. New officers presided at the meeting. They are as follows:

President: M. Krahling
 Vice-Pres: C. Becker
 Secretary: A. Kania
 Treasurer: J. Panick
 SHAP Rep: J. Campbell
 Student-Faculty Rep: P. Koder
 B. McKeith
 Student Council: B. Julius
 S. Sutthill
 Judiciary Council: C. Kurzen

"SONG WITHOUT END"

"Never did more beautiful women love one man. Never did greater music flame from the fires of tempestuous love!" This is how Seventeen magazine describes Columbia's new production, "Song Without End."

This film, starring Dirk Bogarde and Genevieve Page, is now playing at the Randolph Theatre, 11th & Chestnut Streets.

It is the life story of Franz Liszt, a 17th Century concert pianist and composer.

The combination of vivid color, beautiful clothing, fine music and outstanding acting, make this picture well worth seeing.

For those who do not enjoy concert music, they would not enjoy Song Without End, because from the opening scene to the closing one, it is filled with Liszt's concerts and compositions.

His famous love for a Russian Princess, who inspired his best music, adds interest and romance to the plot.

So, for a film full of romance, fine music and a surprise ending don't miss Song Without End.

FASHIONS AT JEFFERSON

The probies are now displaying the latest in fashion pink and white. Inspection of their new fashions took place four weeks ago, with some very different reactions.

Maureen and Bridgett suggested changing the color of their dresses from the traditional pink and white to something that wouldn't clash with their red.

While Joy insisted her sack was supposed to be a sheath.

Bonnie kept saying her dress wasn't on and therefore couldn't be measured. It's strange how red and blue can appear pink.

Sue and Nancy literally bent over backwards to keep their designs at the fashionable "knee length".

Connie appeared in a very nice V-neck dress. She received instructions on how to develop a goiter.

Perhaps the proudest peacock of all was Ann, who is thrilled with her crisp and efficient looking design.

Good luck to all of you in your JEFFERSON originals.

BASKETBALL

Dribble, pass, shoot, two points are familiar terms used during Basketball season. This year the coach is Tom Grey with Betty Smigelski as the captain.

The members are: C. Kurzen, P. Smith, M. Ross, C. Hartlaub, J. Hufford, J. Spece, P. Ebel, B. Murphy, P. Thomas, K. Gaffney, M. Smyth, M. Turacchia, L. Wermick, N. Whipple, L. Jones, S. Marat, H. Benoni, S. Heblich, N. Gallagher, M. Rogen, J. Stabile, B. Broderick, M. Shapiro, V. Sittall, L. Rich, C. Whillett, C. Halpin, and J. Brewster.

This year the hopes for an undefeated team are more than likely after last year only losing to Temple. There are seven games in our league with a playoff of the top team in each of the two leagues at the end of the season.

So come out and support Jeff this year and boost the girls to an UNDEFEATED SEASON.

CHEERLEADING

Another addition to our activities at Jeff, is a cheerleading team. The girls have combined ideas to form cheers for the basketball games and they will be mimeographed for you so everyone can help cheer Jeff to VICTORY!

The members of the squad are: M. Haines, J. Frizell, C. Lombolm, J. Heblich, J. Little, M. Heilner, B. Hoffman (co-capt), and S. Keller who is the captain.

They have baby blue blouses black kilts, and light blue shakers. They are considering a pep rally for the first game but no date has been set as yet.

They would appreciate full backing and co-operation, for only with your support can Jeff fill those stands in the gym.

DID YOU EVER.....

try to clamp off a catheter and find that you had cut it instead? How about it, Margie?

take your roommate's blood pressure, pushing the mercury up to 200 and forget to release it?

measure diarrhea because you thought everything was calculated on the Intake and Output sheet? Remember A. R. and J. P.

hook up a foley catheter and later find out it was in the wrong place?

fall asleep in study hall and when the dismissal bell rang, reach for your alarm clock. How about it, Mary Lou?

Get caught in your undies in 40R dressing room by a doctor? Sound familiar, Katie?

Wake up your best friend at 6 A.M. in the morning and find out it was her day off. I wonder who did this, S. H.?

see a scar a foot long, Connie?

THE NURSE

The world grows better, year by year,
 Because some nurse in her little sphere
 Puts on her apron and grins and sings,
 And keeps on doing the same old things
 Taking the temperatures, giving the pills
 To remedy mankind's numberless ills;
 Feeding the baby, answering the bells,
 Longing for home and all the while
 Wearing the same old professional smile;
 Blessing the new born babe's first breath,
 Closing the eyes that are still in death.
 Taking the blame for the doctor's mistakes,
 Oh, dear, what a lot of patience it takes.
 Going off duty at seven o'clock
 Tired, discouraged, and ready to drop
 When we lay down our caps and cross the bar
 Oh Lord, will You give us just one little star,
 To wear in our crowns with our uniforms new
 In that city above, where the Head Nurse is You.

LEAVE IT TO BEAVER

Congratulations are the

first order of business this month.

Carole Costello, Pat Murphy, Henrietta Bonini, and Sally Nichols are sporting shiny new fraternity pins.

Irene Rongyos and Joann Paul are sporting diamonds.

Everyone sends get well wishes to Judy Hade. Your roommate is lonesome, Judy, hurry back soon.

The midnight oil was burnt on October 12 by the second year students. Why? Ask them.

Sunshine did it again. One of our fine doctors was shot in the eye with formaldehyde. Oops, sorry!

Some of the first year students were caught on the fifth floor of the old building.

Congratulations to Marian Krahlung on being elected to the Presidency of the second year class. Our congratulations also go out to the other members of the class elected to office. They are listed elsewhere in this issue.

Fun night was given by the 7th and 8th floors on Wednesday night and the costumes were a sight to see. Everyone had a ball!

Marge Bonner got her care package and is willing to share it with everyone.

What would you do if you saw a med student put a rectal thermometer in his mouth? "Give him some lubritine", says S. C.

What would you do if you had a lacertus? (Muscular part of the arm)

N. Roth: I'd eat it.
 P. Shivey: I'd cut it off.
 M. Shipple: I'd take an Aspirin
 C. Keagle: I'd give it to my roommate.
 M. McCauley: I'd go to a doctor in a hurry.
 M. Macknis: I'd go on a low fat diet."

CANCER CONFERENCE HELD AT THE BEN FRANKLIN HOTEL

On October 5, 1960 the

eighth annual Cancer Conference for nurses was held at the Benjamin Franklin Hotel. The first conference on the program was entitled "The Early Detection of Cancer". It was moderated by Dr. Catherine B. Hess of the Philadelphia Department of Health. Dr. Hess presented the mortality rate of cancer for 1958. It is as follows:

Head and neck	360
Breast	1682
Gastro-intestinal	5295

Dr. Hess also brought out that 38,000 women are subjected to vaginal cancer and only 26,000 tests were done last year. This is a shocking and regrettable figure considering the low cost and ease with which one of these tests is performed.

Dr. John Blady, clinical Professor of Surgery and Director of Tumor Clinic at Temple University Medical School and Hospital, spoke on the Early Detection of Cancer of the Head and Neck. The most effective treatment of Cancer is early detection. This type of cancer is treated in any stage with the earliest stage giving the best results. However, the early stage is hard to describe as a precancerous lesion is benign today and malignant tomorrow. Dr. Blady then showed slides of cancerous lesions of the head and neck. He also stated that conditions of the tongue should be treated by a general practitioner, a specialist, and a dentist.

Dr. George Rosmond, Chairman, Cancer Control Committee, Philadelphia County Medical Society, Professor of Clinical Surgery at Temple University Medical School and Hospital, spoke on the early detection of Cancer of the breast. Dr. Rosmond opened by saying that total prevention of breast cancer is possible by total removal before the age of 20. Cancer also becomes more frequent as the woman gets older. Delay is also the worst factor in treatment. Eighty per cent of the cases are cured when there is early detection. It is relatively simple to have early detection because a woman is familiar with the contours of her breasts. 92% of these Cancers were discovered

by the woman herself, while only 8% were discovered by the physician. Dr. Rosmond stated that most women are more worried about their appearance than they are about life or death. He stressed the importance of self breast examination.

Dr. Arden Turner, Assistant Professor of Gastroenterology at Hahnemann Medical College and Hospital, spoke on Early Detection of cancer in the G.I. tract. Dr. Turner stated that $\frac{2}{3}$ of cancer deaths occur in the the GI tract, the longest portion being in the colon and rectum. Early detection is very difficult because of the situation of the tract. A physical exam is used for early detection. This consists of the rectum, an anoscope and sigmoidoscopic exam. A barium enema should also be done every few years for older persons. The secondary symptoms are usually the first ones detected.

Dr. Hess summed up the talks by saying that the family physician should be consulted if there is any change from the normal. It was stressed that early detection is the best treatment for any type of cancer. The public should also be urged to support the American Cancer Society. Following the talks there was a question and answer period with audience participation.

Everyone who attended this conference came away with a better understanding of the dreaded disease of cancer.

GEMS O' WISDOM

Folks are funny! Everybody wants to live a long time but nobody wants to get old.

Some people will believe anything if it is whispered to them.

Criticism is something you can avoid by saying nothing, doing nothing, and being nothing.

There was a time when a fool and his money were soon parted. Now it happens to everybody.