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## Caps & Capes - Volume V Issue V

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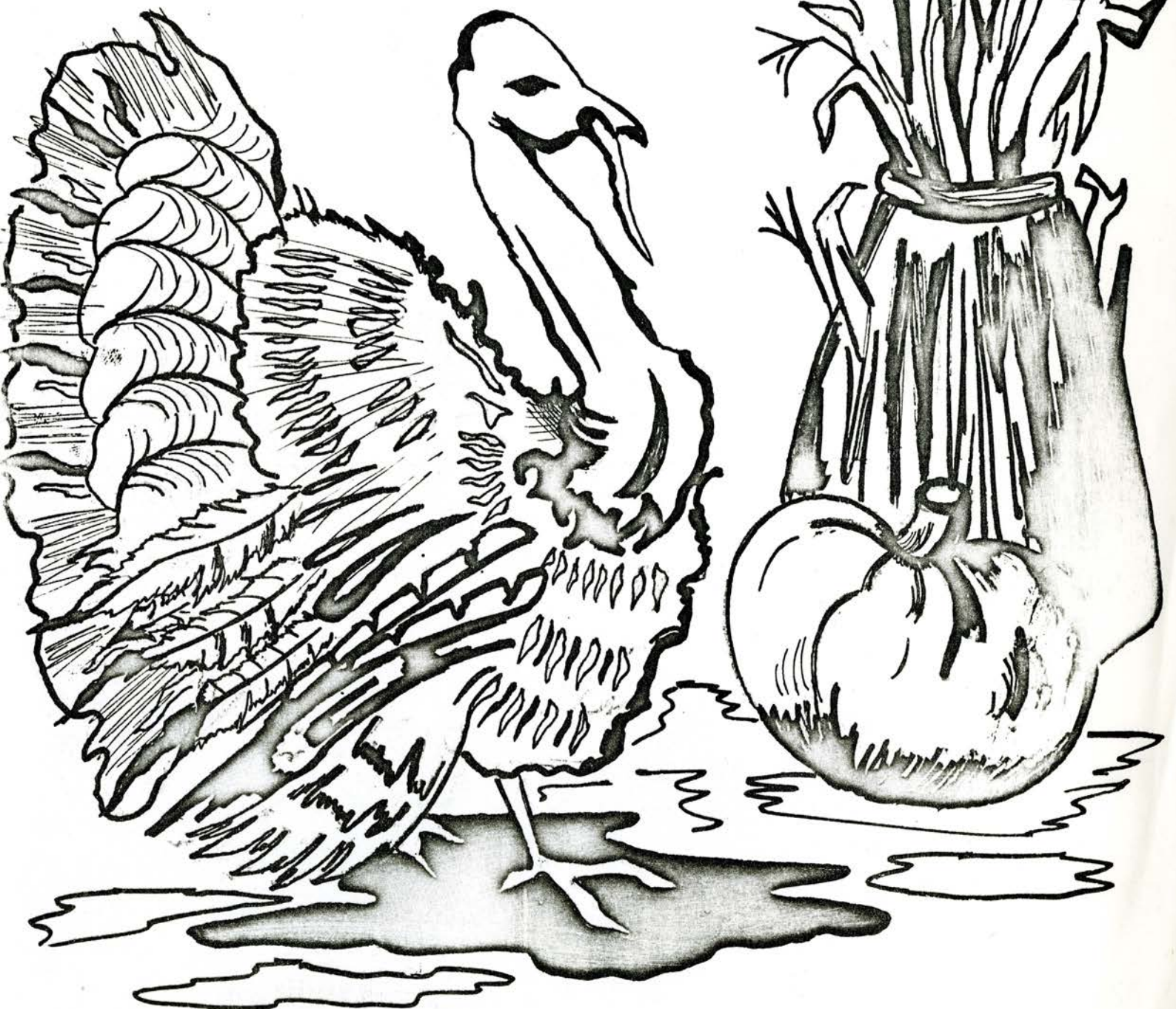
# Caps 'n Capes

Nov. 1963

Vol. V No. 5

Jefferson Medical College Hospital School of Nursing, Philadelphia, Penna.

“HAPPY  
THANKSGIVING!”





## Big-Little Sister Party

On Monday, September 16, a party was given for the incoming Freshman class by the class of 1965. The purpose of the party was to welcome the new students and acquaint them with what life will be like in the next three years they will spend at Jefferson. This was done by the presentation of little skits. The main characters in these skits were: Dee De Luca as Miss Grant, Adrian Lowe as Dr. Hutchinson, Paula Knowles as Miss McClean, Tracy Valentine as Miss Kadel, Anita Harbison as Dr. Kosa, Alice Malloreay as Miss Heckenberger, Linda Wolfe as Miss Montagnoli, Carolyn Widman as Miss Mellor, Bobbi Sliwinski as Mrs. Graeme and Jerryanne Hindman, Betty Slamon, Betsy Maule and Judy Conley as student nurses during their first day in the hospital. Gail Ammons was narrator. A Welcome Little Sister song was written and sung by Alice Malloy and Judy Moyer.

Ellen May was overall chairman, Margie Fischer was in charge of decorations, and Eunice Kerner was refreshment chairman.

## First Impressions

The following are the first and somewhat lasting impressions of a Freshman during her first week at Jeff.

Butterflies....Friendly housemothers....delightful rooms.... space....mailbox combination....H&H view from room....roommate's sharability....unpacking....Cafeteria (need I say more?????) ....rectal swabs....turning over in bed and rolling back into wall....first letter in mailbox....examination by orthopedic

surgeon....PPD's....BCG's....party from "Big Sisters"....tour of Philadelphia (I'm from Upper Darby).... signing "in" and "out"....first Nursing I class....first phone call....receiving cap from "Big Sister"....first 8 o'clock class....adventure in Martin's Walk Easy Shoe store....11 o'clock "lights out".

#### Problems of Adjustment

All freshmen students have some trouble getting adjusted to a new school, but is this class having a little more trouble than usual?

For instance, those two freshmen weren't really worried about getting their rectal swabs - they just took a wrong turn on the way to Student Health. After all, they were only a half-hour late!

And it wasn't really the girls' fault when the elevator got stuck between floors. They really hated to be late for that spirited lecture on hand washing.

Then there was that somewhat absent minded (?) freshman who went to dinner in her bedroom slippers. Well, at least she feels at home!

Freshman who hadn't mastered the knack of pulling their beds out of the wall looked a little bleary-eyed the first morning - they kept sliding under that handy little shelf!

Let's not forget the two innocent freshmen who took that handy staircase at the end of the hall. They were a little startled to hear the "voice" telling them to stop using the fire escape. ....

Another freshman waited in the accident ward for two hours to find out she had a cold.

The grand climax was when a large pink funeral wreath was brought to the third floor. It really adds to the decor!

#### New Instructors

Among the new faces to be seen around Jefferson is Miss Sandra Mc Neil. If you weren't careful you might mistake our new Nursing I instructor for one of the new freshman students because of her pixie-like features.

Miss Mc Neil was born in South Carolina but moved to this area when she was six. She has two brothers and a sister. On week-ends she teaches Sunday school at her church and is a member of the church choir.

What gave her the incentive to be a nurse? When asked this question, Miss Mc Neil answered that it was something she has always wanted to do. Her only other consideration was the teaching profession. Now, as a nursing instructor, she has incorporated into one the two demanding professions, and finds it a very rewarding life.

Miss Mc Neil graduated from Episcopal Hospital. After graduation she worked for a short time and decided to extend her education at the University of Maryland and obtain her B.S. in Nursing. However, because of the University's immense size, after a semester there, Miss Mc Neil transferred to Temple where she found the atmosphere more personal. While going to Temple she worked at Albert Einstein Medical Center.

Miss Mc Neil became a member of our faculty the same day the freshmen student nurses arrived. She finds the work very enjoyable, but her first love is working with children. Her future goal is to receive her Master's Degree and become an instructor in pediatrics.

We, of Caps and Capes, extend sincerely our best wishes that she will realize her goals and find happiness in them.

Although Miss Patricia Zarella is not new at Jefferson's faculty, more of our second year students do not know her since she took a leave of absence last year. This time was spent completing studies at the University of Pennsylvania to gain her B.S. in Nursing.

Miss Zarella, originally from this area, is now residing in Upper Darby, and finds our class rooms a very familiar sight since she is a Jefferson graduate.

As a little girl she had always dreamed of becoming a nurse and working in a hospital, so upon graduation, Miss Zarella began working here and then went into private duty work. Eventually, she decided she would like to teach and become a member of Jefferson's faculty as a Nursing I instructor. During this time, Miss Zarella also taught her younger sister, who graduated from Jefferson in 1961. She feels the teaching area is a most rewarding field and finds much enjoyment working with the new students.

Even though Miss Zarella has been very loyal throughout

her association with Jefferson, she does find time for reading, television and movies. During her summer vacation Miss Zarella finds time to travel. She's been to California and has a married sister whom she visits in Cape Cod.

Miss Zarella's future plans center around obtaining her Master's Degree in Nursing. This goal requires a great deal of work and energy and we want to wish her the very best in achieving it.

Miss Esther R. Grant B.S. R.N. graduated from the School of Education of the University of Pennsylvania. She taught in Overbrook High School and Nether Providence High School in Media, but most of her teaching was with individual pupils. When Pennsylvania law first required high school graduation for registered nurses, it gave those who did not qualify time to meet these requirements. It was during this time that Miss Grant was tutoring, and one of her pupils was an operating room supervisor who had to qualify. Her interesting tales of C.R. adventure were responsible for Miss Grant's becoming a nurse and combining her teaching and nursing.

She graduated from Hahnemann Hospital School of Nursing, did head nursing there for a short time and then went to Coatsville Hospital where two instructors taught every subject in the curriculum. She taught everything except Nursing Arts and Medical-Surgical Nursing. Before long she was Director of Nursing, Supervisor of Nursing Education. After seven years there she returned to her own school as Director of



Nursing Service and Education for another five year period. The past twelve years she has been Principal of the School of Nursing at West Jersey Hospital in Camden.

In each position she carried a heavy teaching load because of her love for teaching. She already recognized the fact that J.M.C.H. School of Nursing gives its students an excellent background in science as well as in bedside nursing. She is looking forward to her duties as science coordinator with a great deal of pleasure. She is happy to be associated with our fine teaching institution.

We welcome you, Miss Grant to our faculty here at Jeff.

#### Wedding Bells

On Saturday, October 5, Miss Berwick, Clinical Instructor on 8th Pavilion, married Will Croly at Old St. George's Methodist Church in Center City, Philadelphia. The reception was held at the church following the ceremony.

Mrs. Croly has returned to Jefferson after a two week honeymoon which included a trip to Florida and a cruise. The couple now reside in Cherry Hill.

The newspaper staff extends sincere wishes for happiness and success to Mr. and Mrs. Croly.

#### Basketball

Hi! I'm Paul, the Jefferson's basketball. On September 30, I went to a league meeting at Lankenau Hospital with Gail McKenzie and Barb Lenker. This year our team will employ the new rule of using a roving player. That should make my

job a lot harder this season.

Practice started October 3, and begins at 6:00 p.m. and ends at 7:30 p.m. It will be held at 11th and Lombard Streets and the girls will walk down in groups as last year.

Opening game, and I can't wait, is November 11, with Chestnut Hill. I'm really excited; it will be two good teams battling for a victory. I'll ride to it, and you're invited on a bus, but be sure to sign up. The bus leaves us off at Bala-Cynwyd where all our games are played. Starting time is 7:45 p.m.

Remember the girls I said I went to the meeting with? Well, Barb is team captain and Gail is co-captain. Officially Miss Heckenberger is our sponsor and Miss McClean helps advise our team.

Now for the best part - Miss Jean Barr, better known as Joanie, is going to be our coach. She's a cute, petit senior student at Temple, hailing from Ocean City, New Jersey. Of course she's crazy over sports, and has played field hockey against teams from other countries, among them are Switzerland, Canada, and New Zealand.

Most of the older girls on the team know and like her, I like her, and we're sure all the "Jeff" girls will.

I want to see all girls interested in basketball out for practice and try outs and the rest in the bleachers cheering. It's going to be a good season so support the "Jeff" 1963-64 team and I'll do my best too. Your friend, Paul Basketball.

## Class of 1965 News

Now we are juniors and there is never a boring moment! Some of the class is in the operating room, some are at Landis, and in various other specialties. In our future months we are sure we'll find each course a new discovery. Time has flown so quickly in the past year; we are sure the next two years will go as quickly.

Congratulations are in order to Beverly Charles on becoming engaged. Also to Darlene Green and Nancy Graham. How's that for teamwork, roommates?

"Smoky, what happened to your popcorn the other night in the kitchen?" Ha!

Remember the extra piece of furniture in the lounge? Now it has a picture and real sound!!!!

Come on juniors, let's get that John Hancock in the right book, we're second year students now.

Bonnie Sandt, congratulations for being our class representative in the "Miss Liberty Bowl Contest".

### Miss Liberty Bowl Contest.

For the first time Jefferson Medical College Hospital was invited to participate in the "Miss Liberty Bowl Contest" together with other area hospitals. The prize, a weekend trip to New York City, all expenses paid, and a ball gown especially designed for the winner.

The staff and student nurses were asked to nominate the person who most personified the true nurse, and among the can-

didates were three students. Miss Marlyn Paynter, Miss Elaine Cancelli and Miss Bonnie Sandt from the freshman, senior and junior classes respectively.

The students and staff nurses were judged by a panel of judges from the hospital staff and the contest was held Tuesday, September 23, at Strawbridge and Clothier in Philadelphia.

Welcome Class of 66

Class of 66:

We, the House Mothers, welcome you to your new home. We have looked forward to your coming, and hope you will be very happy here as members of our big Jefferson Family for the next three years.

If at any time you have a problem you would like to talk over, or need help in solving, just know that we will be glad to help in any way. Feel free to come to us at any time.

E. Florence Potts and  
House Mothers

Dear Class of 66:

We, the class of 65, welcome you to Jefferson. As your big sisters we will be available at any time to help you in whatever way we can. Your three years here, we hope, will be as enjoyable and fulfilling as the first year has been for us.

Now that you have entered the profession of nursing you will face new challenges each day. You will now be expected to carry out your duties in a professional manner. The road will not always be easy but remember your ultimate goal is to become a registered nurse.

Sincerely yours,  
Jenny C. Jongenburger  
Acting President (Class of 65)