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Akt1 and -2 inhibition diminishes terminal differentiation and enhances central memory CD8⁺ T-cell proliferation and survival

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Abbreviations: ACT, adoptive cell transfer; CBA, cytometric bead array; IFNγ, interferon gamma; KLRG-1, killer cell lectin-like receptor subfamily G member 1; KO, knockout; SORP, special order research product; T_{CM}, central memory; T_{EM}, effector memory; TCR, T-cell receptor; TNF, tumor necrosis factor; Tregs, regulatory T cells; VCT, violet cell trace; WT, wild type

The CD8⁺ T-cell response comprises terminally differentiated effector cells and antigen-experienced memory T cells. The latter encompass central (T_{CM}) and effector (T_{EM}) memory cells. T_{CM} cells are superior in their protection against viral and bacterial challenges and mediation of antitumor immunity due to their higher proliferative ability upon antigen re-encounter. Defining a mechanism to enhance T_{CM} cells and delay terminal differentiation of CD8⁺ T cells is crucial for cancer immune therapy, as it can promote a better tumor immune response. The differentiation of CD8⁺ memory T cells is thought to be coordinated by the phosphoinositide 3-kinase (PI3K)/Akt pathway. We, therefore, investigated the role of Akt isoforms in the differentiation and proliferation of memory CD8⁺ T cells. We found that Akt1 and Akt2, but not Akt3, drive the terminal differentiation of CD8⁺ T cells, and their inhibition enhances the therapeutically superior T_{CM} phenotype. Furthermore, the inhibition of Akt1 and Akt2, but not Akt3, delays CD8⁺ T cells, thus enhancing their proliferative ability and survival and prolonging their cytokine and Granzyme B production ability. Here, we define a mechanism in which proliferative potential, function, and survival of CD8⁺ T cells are enhanced by maintaining a reservoir of T_{CM} and naïve cells using only Akt1 and Akt2 inhibition. Therefore, our findings strongly suggest the utility of using Akt1 and Akt2 inhibitors to modulate CD8⁺ T cells, both for adoptive cell transfer and vaccine-based cancer immune therapies.

Introduction

Upon antigen encounter and during the T-cell response, CD8⁺ T cells comprise effector and memory T cells.^{1,2} Although effector CD8⁺ T cells become terminally differentiated and are eliminated by apoptosis following antigen clearance, approximately 10% of the remaining antigen-specific CD8⁺ T cells become memory T cells.² There are 2 types of CD8⁺ memory T cells: central (T_{CM}) and effector (T_{EM}) memory T cells.^{2,3} Unlike T_{EM} cells, T_{CM} cells express a high level of CD62L and CCR7 and secrete high levels of interleukin (IL)-2 that correlates with their proliferative ability.²⁻⁴ It is, therefore, no surprise that T_{CM} cells are superior in their ability to protect against viral and bacterial challenges when compared to T_{EM} cells.^{4,5}

The quality of tumor antigen-specific CD8⁺ T cells is crucial for an effective tumor immune response.⁶ Adoptive cell transfer (ACT) of tumor-reactive CD8⁺ T_{CM} cells has been shown to be

a superior mediator of the rapeutic antitumor immunity compared to $T_{\rm EM}$ cells, because of their greater proliferative capacity upon antigen re-encounter. 4,5,7,8 Accordingly, understanding the regulation of CD8⁺ T cells into $T_{\rm EM}$ or $T_{\rm CM}$ cells is crucial, as defining a mechanism to enhance $T_{\rm CM}$ cells and delay terminal differentiation of CD8⁺ T cells can promote a better tumor immune response.

The duration and intensity of antigenic stimulation control the magnitude of the $CD8^+$ T-cell response as well as their differentiation into effector and memory $CD8^+$ T cells. This differentiation is coordinated by the phosphoinositide 3kinase (PI3K)/Akt pathway.¹ It has been established that Akt activation regulates the differentiation of $CD8^+$ T cells into effector and memory T cells, where sustained Akt activation leads to terminal differentiation of effector $CD8^+$ T cells, whereas inhibition of Akt *in vivo* increases the number of memory $CD8^+$ T cells.⁹

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Here, we report that Akt1 and Akt2, but not Akt3, drive the terminal differentiation of CD8⁺ T cells, and their inhibition enhances the therapeutically superior central memory phenotype. Furthermore, the inhibition of Akt1 and Akt2, but not Akt 3, delays CD8⁺ T-cell exhaustion and preserves a reservoir of naïve and T_{CM} CD8⁺ T cells, thus enhancing their proliferative ability and survival and prolonging their cytokine production ability.

Agents that slow down the terminal differentiation of CD8⁺ T cells without substantially impacting their proliferation are needed. Here, we define a mechanism in which proliferative potential, function, and survival are enhanced by maintaining a reservoir of $T_{\rm CM}$ and naïve cells by inhibiting only Akt1 and Akt2. Therefore, our findings strongly suggest the utility of using Akt1 and Akt2 inhibitors to modulate CD8⁺ T cells as part of different cancer immune therapy regimens.

Results

Akt inhibition enhances the central memory phenotype of CD8⁺ T cells by diminishing their terminal differentiation and increasing their proliferative ability and survival

The T_{CM} CD8⁺ T cells are superior mediators of therapeutic antitumor immunity due to their greater proliferative capacity upon antigen re-encounter.^{4,5,7,8} Many T-cell functions are governed by PI3K/Akt signaling, including proliferation, survival, migration, and metabolism.^{10,11} To test the role of Akt in the differentiation and proliferation of CD8⁺ T cells, we tested the effect of the pan Akt inhibitors MK-2206 and AZD5363 on stimulated CD8⁺ T cells. This was done using unfractionated splenocytes from pMel-1 mice activated with 1 μ mol/L gp100₂₅₋₃₃.

The phenotype of CD8⁺ T cells was assessed after 3 d of stimulation. We found that MK-2206-treated cells consisted mainly of T_{CM} cells (CD62L^{hi}CD44^{hi}) and displayed a higher percentage of naïve cells (CD62L^{hi}CD44^{lo}) (Fig. 1A). On the other hand, the majority of non–MK-2206-treated cells were T_{EM} cells (CD62L^{lo}CD44^{hi}). This was observed at all the concentrations used(Fig. 1A), and plateaued at the 0.67 µmol/L concentration, which was, therefore, used as the optimal dose. The same pattern was also detected in AZD5363-treated cells (Fig. S1A), although the effect on CD8⁺ T cells was not as prominent as that with MK-2206 at the concentration used. This shows that Akt inhibition retards the terminal differentiation of CD8⁺ T cells and holds them in the central memory and earlier differentiation stages. The same effect was seen after the second and third stimulation with gp100₂₅₋₃₃ on days 7, 14, and 21 in the presence of the Akt inhibitors (Fig. S2 and data not shown). It is worth mentioning that, although the percentage of T_{CM} in inhibitor-treated cells decreased following the third and fourth stimulations, it was significantly higher than the percentage in the non-treated cells. This decrease could be attributed to the effect of consecutive stimulations with the antigen, which results in memory recall of T_{CM} that eventually differentiate into T_{EM} and effector cells. Taken together, these data show that Akt inhibition preserves a healthy reservoir of T_{CM} cells even after several encounters with the antigen.

Because $T_{\rm CM}\ {\rm CD8}^+\ T$ cells are known to possess a greater proliferative ability than T_{EM} cells upon antigen re-encounter,^{4,5,7,8} we then assessed the proliferation of CD8⁺ T cells. Following the first 3 d of stimulation (to differentiate antigenspecific $CD8^+$ T cells), we found that the proliferation of $CD8^+$ T cells treated with MK-2206 or AZD5363 was inhibited in a dose-dependent manner as measured by Violet cell trace (VCT) dilution, as expected (Fig. 1B and Fig. S1B). However, surprisingly, with further stimulation (on days 7, 14, and 21), the MK-2206-treated CD8⁺ T cells were found to expand at a significantly higher rate than the non-treated cells (Fig. 1B). On the other hand, the non-treated cells lost the ability to expand following the third stimulation. This clearly shows that Akt inhibition leads to enhanced longevity and prolonged cell survival of the CD8⁺ T cells. The same effect was observed with AZD5363, although to a lesser extent than with MK-2206 at the concentration used (Fig. S1B).

Interestingly, we found that $CD8^+$ T cells treated with MK-2206 maintained high expression levels of CD62L and CD127 (markers associated with high proliferative potential). This correlates with the enhanced proliferation ability of the T_{CM} cells treated with the inhibitor. These high levels were observed on days 3, 7, 14, and 21 (Fig. 1C and D).

The ability of CD8⁺ T cells to proliferate was further assessed by measuring the level of IL-2 secretion, which is diminished in terminally differentiated CD8⁺ T cells. We found that CD8⁺ T cells treated with MK-2206 maintained a significantly high level of IL-2 secretion when re-stimulated on days 7 and 14 (**Fig. 1B**).

The increase in longevity and survival observed in the MK–2206-treated CD8⁺ T cells prompted us to assess the expression level of KLRG-1, which is upregulated in terminally differentiated cells. We found that Akt inhibition maintained a low level of KLRG-1 after the second and third stimulations, whereas the non-treated CD8⁺ T cells expressed a significantly higher level of this marker (Fig. 1E). The ability of MK-2206 to delay the exhaustion of CD8⁺ T cells corresponds to the cells' ability to survive and expand in response to more stimulations than the non-treated cells (Fig. 1B). The same effect was observed when cells were treated with the Akt inhibitor AZD5363 (Fig. S1C-E), although to a lesser extent than with MK-2206 at the concentration used.

Taken together, these data show that Akt inhibition preserves T_{CM} cells, thus enhancing their proliferative potential and survival while delaying the terminal differentiation and exhaustion of CD8⁺ T cells.

Akt inhibition rescues the ability of CD8⁺ T cells to produce cytotoxic cytokines and granzyme B after multiple stimulations

We have shown that targeting Akt using pan Akt inhibitors enhances proliferation, preserves the T_{CM} phenotype, delays exhaustion, and conserves a larger pool of naïve cells. To assess the function of T_{CM} cells, the secretion levels of interferon gamma (IFN γ) and tumor necrosis factor (TNF) were tested.

The CD8⁺ T cells were re-stimulated on days 7 and 14 with $gp100_{25-33}$ and the level of IFN γ and TNF production after 24 h was assessed. After the second stimulation, MK–2206-

treated and non-treated cells produced high and comparable levels of IFN γ and TNF in response to antigen re-encounter (Fig. 2A). After the third stimulation, the secretion of IFN γ and TNF dropped significantly; however, Akt inhibition rescued the ability of CD8⁺ T cells to produce these cytokines, as their

ability to secrete IFN γ and TNF was maintained at a significantly higher level (**Fig. 2A and B**). This suggests that CD8⁺ T cells undergo terminal differentiation and reach exhaustion, thus losing their ability to secrete IFN γ and TNF upon several encounters with the antigen. Akt inhibition can clearly rescue the ability



Figure 1. For figure legend, see next page.

of CD8⁺ T cells to produce cytotoxic cytokines even with further stimulation.

To further test the cytotoxic ability of the CD8⁺ T cells, we assessed the level of Granzyme B production by intracellular staining. Following the first stimulation, all of the cells produced Granzyme B (in comparison to naïve cells); however, MK–2206-treated cells produced a lower level in comparison to the non-treated cells. Remarkably, following the second stimulation, a higher percentage of MK–2206-treated cells produced higher levels of Granzyme B (Fig. 2C). Interestingly, a small population of MK–2206-treated cells produced a higher level of Granzyme B than the rest of the cells, and these corresponded to the T_{CM} population with the highest CD62L expression level (data not shown).

The maintained levels of IFN γ and TNF secretion suggest that CD8⁺ T cells do not lose their cytotoxic functionality as a result of Akt inhibition. In fact, Akt inhibition enhances their proliferative ability and survival by delaying their terminal differentiation and prolongs their ability to produce cytotoxic cytokines.

Akt 1 and Akt 2 are the two isoforms responsible for terminal differentiation of CD8 T cells

We have shown that Akt inhibition in $CD8^+$ T cells delays their terminal differentiation, preserves T_{CM} cells, enhances their proliferative ability and cytokine secretion, and prolongs their survival. The role of specific Akt isoforms (Akt1, -2, and -3) in the development, proliferation and function of $CD8^+$ T cells is only known during thymic development, where Akt1 and Akt2 are the main isoforms contributing to the transition toward the double-positive ($CD4^+CD8^+$) stage and are involved in the differentiation of single-positive T cells.^{12,13} To further dissect the role of specific Akt isoforms in the differentiation and proliferation of $CD8^+$ T cells, we tested the effect of Akt1 and Akt2 inhibition using an Akt-1/2 inhibitor on stimulated $CD8^+$ T cells. This was done using unfractionated splenocytes from pMel-1 mice activated with 1 μ mol/L gp100_{25–33}.

The phenotype of the cells was assessed after 3 d of stimulation. Similar to what we observed with the pan Akt inhibitors, $CD8^+$ T cells treated with the Akt-1/2 inhibitor consisted mainly of T_{CM} cells and displayed a higher percentage of naïve cells (Fig. 3A). On the other hand, the majority of the non-treated $CD8^+$ T cells were T_{EM} cells. This effect was persistent even after the second and third stimulations (Fig. 2). These findings suggest that Akt1 and -2 are the

isoforms responsible for terminal differentiation of $\rm CD8^+~T$ cells and that their inhibition maintains CD8 T cells in earlier stages of differentiation (naïve and T_{CM}).

To test if the T_{CM} phenotype generated by the inhibition of Akt1 and -2 possesses an enhanced proliferative ability, the proliferation of CD8⁺ T cells was assessed after 3 d of stimulation. We found that the proliferation of CD8 T cells treated with Akt-1/2 inhibitor was inhibited in a dose-dependent manner (Fig. 3B). Additionally, the inhibition of Akt1 and Akt2 significantly enhanced the proliferative ability of CD8⁺ T cells with further stimulations (days 7 and 14) (Fig. 3B). Treatment of CD8⁺ T cells with an Akt-1/2 inhibitor also maintained high expression levels of CD62L and CD127 (Fig. 3C and D) and high secretion levels of IL-2 (data not shown), consistent with the enhanced proliferative ability of T_{CM} cells.

Similar to what we observed with pan Akt inhibitors, treatment of CD8 T cells with an Akt-1/2 inhibitor prolonged their survival and delayed their exhaustion, as evidenced by the maintained proliferative ability and the low levels of KLRG-1 following multiple stimulations (Fig. 3E).

Treating the cells with an Akt-1/2 inhibitor also preserved high levels of TNF and IFN γ secretion (data not shown), suggesting an enhanced cytotoxic functionality of CD8⁺ T cells. Remarkably, the inhibition of Akt1 and Akt 2 did not significantly affect the production of Granzyme B following the first stimulation, as the cells produced a comparable level to the nontreated cells (**Fig. 2C**). Following the second stimulation, a higher percentage of Akt-1/2-treated cells produced higher levels of Granzyme B (**Fig. 2C**). Similar to treatment with pan inhibitors, a small population of Akt-1/2-treated cells produced a higher level of Granzyme B than the rest of the cells, and these corresponded to the T_{CM} population with highest CD62L expression level (data not shown).

To rule out any influence of nonspecific inhibition of different isoforms and kinases using Akt inhibitors, the phenotype of stimulated CD8⁺ T cells from Akt1, -2, and -3 knockout (KO) and wild-type (WT) mice was assessed. After 7 d of stimulation, the highest percentage of T_{CM} cells was observed from Akt1 KO mice, followed by Akt2 KO CD8⁺ T cells. The CD8⁺ T cells from both WT and Akt3 KO mice had comparable levels of T_{CM} cells, which were significantly lower than the Akt1 and -2 KO CD8⁺ T cells (Fig. 4A).

Figure 1 (see previous page). Akt inhibition preserves the T_{CM} phenotype and enhances the proliferative ability of CD8⁺ T cells. Non-fractionated splenocytes from pMel-1 mice were stained with VCT and activated with gp100₂₅₋₃₃ peptide (1 µmol/L) in the presence or absence of MK-2206 (0.67, 2, and 6 µmol/L). The concentration of the inhibitors was maintained throughout the experiment. The cells were re-stimulated with gp100₂₅₋₃₃ peptide on days 7, 14, and 21 and their phenotype and proliferation were assessed. The gated cells were viable (7AAD-) CD8+Vβ13+. The data are representative of at least 4 independent experiments. (**A**) In this representative example, CD8⁺ T cells from a naïve spleen (far left) are mainly (72%) naïve cells (CD62L^{hi}CD44^{lo}). Sixty-seven percent (67%) of non–MK-2206-treated CD8⁺ T cells (third graph from left) are T_{EM} cells (CD62L^{lo}CD44^{hi}) and less than 1% are naïve cells (CD62L^{hi}CD44^{lo}). This changes when cells are treated with MK-2206 (far right), as 65% of the cells possess the T_{CM} phenotype (CD62L^{hi}CD44^{lo}). (**B**) After 3 d of stimulation, the proliferation of CD8⁺ T cells was inhibited in a dose-dependent manner by MK-2206 (VCT dilution) (far left). CD8⁺ T cells treated with MK-2206 expand at a significantly high rate with further stimulations (middle graph; data normalized to the non-treated control [GP100]). MK-2206-treated CD8⁺ T cells secrete significantly higher levels of IL-2 following stimulations 2 and 3, which is consistent with their higher proliferative potential (far right). *, P < 0.05; ***, P < 0.01; ****, P < 0.0001. (**C**) Akt inhibition by MK-2206 inhibits the upregulation of KLRG-1 in CD8⁺ T cells after the second and third stimulations with gp100.

The Akt1 KO cells expressed a higher level of CD62L and CD127 than Akt2 KO cells, which in turn expressed higher levels of these markers than WT and Akt3 KO cells (Fig. 4B and C). However, CD8⁺ T cells from WT and from different Akt KO mice did not show any differences in proliferation after several stimulations (data not shown). This could be explained by compensation from the different isoforms once the CD8⁺ T cells are stimulated *in vitro*.

To assess the contribution of each Akt isoform to the differentiation of T_{CM} cells, stimulated CD8⁺ T cells from WT and Akt KO mice were treated with the pan Akt and Akt-1/2 inhibitors. Interestingly, cells from all the Akt KO mice and from WT mice behaved similarly, where the inhibition of Akt resulted in the enhancement of the T_{CM} phenotype (Fig. 5). In Akt1 and -2 KO cells, the inhibitors target the existing isoform, thus enhancing the effect of the absent isoform. Therefore, T_{CM} cells from Akt1 and Akt2 KO mice are maintained at comparable levels to WT treated with the same inhibitors. On the other hand, the absence of Akt3 in the KO mice did not affect the differentiation of CD8⁺ T cells, and the inhibition of the existing isoforms (Akt1 and Akt2) resulted in a similar outcome to Akt inhibition in WT mice. This finding suggests that, unlike Akt1 and -2, Akt3 does not play a significant role in the development of CD62L^{hi}CD44^{hi}CD8⁺ T cells

Taken together, our data demonstrate that the inhibition of Akt1 and -2, but not Akt 3, mitigates the terminal differentiation of $CD8^+$ T cells and preserves T_{CM} cells, thus enhancing their proliferative potential, longevity, and survival and rescues their ability to produce cytokines.



Figure 2. Akt inhibition by MK-2206 maintains a high level of IFN_Y and TNF secretion in CD8⁺ T cells. CD8⁺ T cells from pMel-1 mice were stimulated with gp100₂₅₋₃₃ peptide (1 µmol/L) in the presence or absence of MK-2206 (0.67 µmol/L). On days 7 and 14, CD8⁺ T cells were re-stimulated with gp100₂₅₋₃₃ peptide and the IFN_Y and TNF levels in the supernatant were assessed after 24 h using CBA. Granzyme B expression was assessed on days 7 and 14. The data are representative of at least 2 independent experiments. (**A**) The ability of CD8⁺ T cells to produce IFN_Y with subsequent stimulations is significantly diminished. CD8⁺ T cells treated with MK-2206 maintain their ability to secrete IFN_Y with further stimulations. *, *P* < 0.05; ****, *P* < 0.001. (**B**) CD8⁺ T cells treated with MK-2206 produce significantly higher levels of TNF and maintain this ability with further stimulations. *, *P* < 0.05. (**C**) Following the first stimulations, all the cells produce Granzyme B. A higher percentage of CD8⁺ T cells treated with MK-2206 or Akt-1/2 inhibitor produce a high level of Granzyme B following the second stimulation.

Discussion

During the T-cell response, $CD8^+$ T cells comprise effector and memory T cells.^{1,2} CD8⁺ memory T cells can be classified into T_{CM} and T_{EM} cells.^{2,3} The T_{CM} cells are superior in their ability to protect against viral and bacterial challenges ^{4,5} and mediation of therapeutic antitumor immunity when compared to $\rm T_{EM}$ cells, due to their greater proliferative capacity upon antigen re-encounter. 4,5,7,8

Multiple T-cell functions are governed by PI3K/Akt signaling, including proliferation, survival, migration, and metabolism.^{10,11} In fact, the differentiation of CD8⁺ cells into memory T cells is thought to be coordinated, at least in part, by the PI3K/Akt pathway.^{1,14,15} Sustained Akt activation leads to terminal

differentiation of effector CD8⁺ T cells, whereas inhibition of Akt *in vivo* increases the number of memory CD8⁺ T cells,⁹ and the downstream inhibition of mTOR augments the functional quality of cytotoxic CD8⁺ T-cell responses by prompting a CD8

memory phenotype.¹⁴⁻¹⁶ However, mechanisms that enhance the $T_{\rm CM}$ phenotype and delay the terminal differentiation of CD8⁺ T cells without significantly impacting their proliferation and function are still needed.



Figure 3. For figure legend, see next page.



Figure 4. The absence of Akt1 and Akt2 isoforms, but not Akt3, preserves the T_{CM} phenotype. Enriched CD8⁺ T cells from Akt1, -2, and -3 KO and WT mice were stimulated with anti-CD3 (1 µg/mL) and co-stimulated with anti-CD28 (2.5 µg/mL) antibodies. The phenotype of the cells was assessed on Day 7. The gated cells were viable (7AAD-) CD8⁺. (**A**) In this representative example, WT CD8⁺ T cells consisted of 83% T_{EM} cells (CD62L^{lo}CD44^{hi}). Akt1 KO CD8⁺ T cells consisted of 55% T_{CM} cells (CD62L^{li}CD44^{hi}), with 43% of the cells being T_{EM} cells. Akt2 KO CD8 T cells consist of 36% T_{CM} and 63% T_{EM} cells. Akt3 KO CD8⁺ T cells consisted of 86% T_{EM} cells, whereas only 12% were T_{CM} cells. (**B**) Akt1 KO cells express a higher level of CD62L than Akt2 KO cells, which in turn express higher levels of these markers than WT and Akt3 KO cells that express similar levels. (**C**) Akt1 KO cells express a higher levels.

Here, we show, or the first time, that the Akt1 and -2 isoforms drive the terminal differentiation of antigen-specific CD8⁺ T cells. We further report that the inhibition of Akt1 and -2 delays the exhaustion of CD8⁺ T cells, prolongs their survival, preserves a remarkably high percentage of T_{CM} cells, and significantly increases their proliferative potential upon re-encountering the antigen.

Our data show that Akt1 and -2 inhibition enhances the proliferative potential of CD8 cells and maintains a high expression of CD62L and CD127, while mitigating their exhaustion.

Figure 3 (see previous page). The Inhibition of Akt1 and Akt2 preserves T_{CM} cells and enhances the proliferative ability of CD8⁺ T cells. Non-fractionated splenocytes from pMel-1 mice were stained with VCT and activated with gp100₂₅₋₃₃ peptide (1 µmol/L) in the presence or absence of Akt-1/2 inhibitor (2.2, 6.7, and 20.1 µmol/L). The cells were re-stimulated with gp100₂₅₋₃₃ on days 7, 14, and 21. The gated cells were viable (7AAD-) CD8+Vβ13+. (**A**) Akt1 and Akt2 inhibition preserves the T_{CM} phenotype. In this representative example, 76% of non-treated CD8⁺ T cells are T_{EM} cells (CD62L^{hi}CD44^{hi}) and less than 1% are naïve cells (CD62L^{hi}CD44^{hi}), whereas CD8⁺ T cells treated with an Akt-1/2 inhibitor consist of 76% T_{CM} cells (CD62L^{hi}CD44^{hi}) and 22% naïve cells (CD62L^{hi}CD44^{lo}). (**B**) The proliferation of CD8⁺ T cells is inhibited by the Akt-1/2 inhibitor in a dose-dependent manner (Day 3). The expansion of CD8⁺ T cells treated with the inhibitor is significantly enhanced with further stimulations. Data are normalized to the non-treated control (GP100). *, *P* < 0.05. (**C**) Akt1 and Akt2 inhibition maintains a high level of CD62L on Day 3, and on Day 7 after each stimulation. (**D**) Akt1 and Akt2 inhibition maintains a high level of CD62L on Day 3, and on Day 7 after each stimulation of KLRG-1 in CD8⁺ T cells after the second and third stimulations. Following the third stimulation, the KLRG-1 level was dramatically increased and, therefore, the biexponential scale of the graph had to be adjusted for presentation purposes.



Figure 5. Akt inhibition preserves the T_{CM} phenotype in WT and Akt KO mice. Enriched CD8⁺ T cells from Akt1, -2, and -3 KO and WT mice were stimulated anti-CD3 (1 µg/mL) and co-stimulated with anti-CD28 (2.5 µg/mL) antibodies in the presence or absence of MK-2206 (0.67 µmol/L) or an Akt-1/2 inhibitor (2.2 µmol/L). The phenotype of the cells was assessed on Day 7. The gated cells were viable (7AAD-) CD8⁺. (**A**) Untreated CD8⁺ T cells from WT mice consist mainly of T_{EM} cells, whereas those treated with MK-2206 or Akt-1/2 inhibitors consist mainly of T_{CM} cells. (**B**) CD8⁺ T cells from Akt1 KO mice possess significantly more T_{CM} cells than WT without any inhibitors. Once treated with MK-2206 or Akt-1/2 inhibitors, more T_{CM} cells (with a higher CD62L expression) are maintained comparable to treated WT cells. (**C**) CD8⁺ T cells from Akt2 KO mice possess significantly more T_{CM} cells than WT without any treatments, although less than that observed from Akt1 KO mice. Treatment with MK-2206 or Akt-1/2 inhibitors maintains a significantly higher percentage of T_{CM} cells comparable to WT and Akt1 KO treated cells. (**D**) Similar to WT, CD8⁺ T cells from Akt3 KO mice consist mainly of T_{EM} cells. Treatment with MK-2206 or Akt-1/2 inhibitors maintains a significantly higher percentage of T_{CM} cells comparable to WT and Akt1 and -2 KO treated cells.

Interestingly, inhibition of mTOR by rapamycin has been shown to enhance the memory phenotype of CD8⁺ T cells as a result of modulating the functional quality of CD8⁺ T cells rather than their proliferation.¹⁴⁻¹⁶ In fact, in the tumor microenvironment, mTOR inhibition leads to a decrease in the proliferation of CD8⁺ T cells by direct inhibition coupled with a significant increase in the suppressive regulatory T-cell (Treg) population.¹⁷ Rapamycin has been shown to support the proliferation and survival of Treg cells 18-21 due to a feedback loop where mTOR inhibition results in PI3K-dependent Akt activation, which sustains signaling through mTOR.²² Accordingly, antibody-based depletion of Treg cells was proposed recently as a strategy to counteract this inhibition of CD8⁺ T cells when rapamycin is used to augment memory T cells.¹⁷ Although this suggested strategy can minimize the suppression of CD8⁺ T cells by Tregs, it does not overcome the direct proliferation inhibition exerted on CD8⁺ cells by rapamycin. Here, we demonstrate that inhibition of the PI3K/Akt pathway at the level of Akt significantly enhances the proliferation of memory CD8⁺ T cells. Furthermore, we have recently shown that PI3K/Akt pathway inhibitors selectively target Tregs with resultant significant enhancement of antitumor immune response, including a significant decrease in Treg cells and increase in CD8⁺ T cells within the tumor microenvironment.²³ Therefore, using Akt inhibitors can simultaneously enhance the effector arm by augmenting the memory CD8⁺ T cells and diminish the suppressive arm by selectively inhibiting Treg cells.

The CD8⁺ T cells progressively lose IL-2 production as a function of differentiation from naïve to effector cells.³ Here, we show that Akt inhibition in CD8⁺ T cells maintains a significantly higher level of IL-2 secretion. This is consistent with their maintained ability to proliferate and their phenotype as T_{CM} cells. Remarkably, the enhanced proliferative ability of CD8⁺ T cells exerted by Akt inhibition is isoform-specific, suggesting the possibility of precise targeting of Akt1 and -2 to modulate the CD8⁺ T-cell response with minimal effects on other cellular functions.

Additionally, we show that Akt1 and -2 inhibition can rescue the ability of CD8⁺ T cells to secrete high levels of TNF and IFN γ and produce Granzyme B, even following multiple stimulations, thus suggesting a prolonged and potent antitumor cytotoxic ability. This suggests the use of Akt isoform-specific inhibitors to produce a sustained and powerful antitumor T-cell response when combined with different cancer immune therapies.

Our work shows that Akt1 and Akt2 inhibition leads to the preservation of a percentage of naïve CD8⁺ T cells. It has been shown that naïve CD8⁺ T cells have greater proliferative potential ^{24,25} and display elevated levels of IL-2 and IFN γ secretion following secondary stimulations.²⁴ Additionally, effector T cells derived from naïve T cells were found to promote more potent *in vivo* antitumor activity.^{24,25} Therefore, our data show that Akt1 and Akt2 inhibition maintains a higher percentage of both naïve and T_{CM} cells, which are both superior mediators of antitumor activity in comparison to effector and T_{EM} CD8⁺ T cells.^{4,5,7,8,24,25}

To rule out any influence of undesired inhibition of different isoforms and different kinases using Akt inhibitors, the phenotype of CD8⁺ T cells from different Akt isoform KO mice was assessed. Our data confirm that the complete absence of Akt1, and to a lesser extent Akt2, display an increased proportion of T_{CM} developing upon stimulation, when compared to WT CD8⁺ T cells. Furthermore, the absence of Akt3 has no effect on the percentage of T_{CM} cells and is comparable to cells from WT mice.

This suggests that, in CD8⁺ T cells, Akt1 and -2 push toward the more powerful and acute T_{EM} response. Although this is the desired situation in cases of acute infections, a continuous exposure to the antigen in cases of chronic infections and tumors leads to depletion of the T_{EM} cells and the small reservoir of T_{CM} CD8⁺ T cells. The inhibition of Akt1 and Akt2 isoforms seems to reverse this effect and favors a more sustainable response without affecting the number or function of available CD8⁺ T cells.

Here, we report that Akt1 and Akt2, but not Akt3, drive the terminal differentiation of $CD8^+$ T cells and that their inhibition enhances the T_{CM} phenotype, improves $CD8^+$ T-cell survival, prolongs their cytokine and Granzyme B production ability, and enhances their proliferative potential.

To date, mechanisms that slow down terminal differentiation of CD8⁺ T cells without substantially impacting proliferation after T-cell receptor (TCR) stimulation are still lacking. Here, we define a mechanism in which proliferative potential, function, and survival are enhanced by maintaining a reservoir of $T_{\rm CM}$ and naïve cells using only Akt1 and -2 inhibition. These findings strongly suggest the utility of using Akt isoform inhibitors to modulate the immune response as part of cancer immune therapy.

Materials and Methods

Mice and reagents

In vitro experiments used pMel-1 mice $[B6.Cg-Thy1^a/Cy Tg (TcraTcrb)8Rest/J]$ that carry a rearranged TCR transgene $(V\beta13)$ specific for the mouse homolog (pmel-17) of human (gp100).²⁶ C57BL/6(H-2b) WT, Akt1 KO, Akt2 KO, and Akt3 KO mice were also used. Akt3 KO mice were a generous gift from Dr Morris Birnbaum (University of Pennsylvania, PA) and Dr Phillip Dennis (NCI, NIH, MD) and were extensively back-crossed onto WT C57BL/6(H-2b) mice. All other mouse strains were purchased from the Jackson Laboratory. The animals were housed under pathogen-free conditions.

MK-2206 was purchased from Selleckchem. It is a highly selective inhibitor of all Akt isoforms with an IC₅₀ of 8 nmol/L for Akt1, 12 nmol/L for Akt2, and 65 nmol/L for Akt3. The inhibitor was used *in vitro* at an optimized concentration of 0.67 μ mol/L. AZD5363 was purchased from Selleckchem. It is a highly specific Akt inhibitor and has an IC₅₀ of 3 nmol/L for Akt1, 8 nmol/L for Akt2, and 8 nmol/L for Akt3. The inhibitor was used *in vitro* at the optimized concentration of 2.4 μ mol/L. The Akt kinase 1/2 inhibitor [1,3-Dihydro-1-(1-((4-(6-phenyl-1H-imidazo[4,5-g]quinoxa-lin-7-yl)phenyl)methyl)-4-piperidinyl)-2H-benzimidazol-2-one trifluoroacetate salt hydrate (Sigma)] has an IC₅₀ of 58 nmol/L for

Akt1 and 210 nmol/L for Akt2 and only inhibits Akt3 at a concentration of 2.12 mmol/L. The inhibitor was used *in vitro* at the optimal concentration of 2.2 μ mol/L, which is 10³-fold lower than the IC₅₀ for Akt3 and, therefore, ensures specificity for Akt1 and Akt2. The inhibitors were titrated based on the IC₅₀ of specific isoforms, and the doses used showed optimal inhibition with minimal effect on viability. Pan Akt inhibitors were used at doses ensuring the inhibition of all 3 isoforms.

The gp100₂₅₋₃₃ 9-mer peptide (KVPRNQDWL) (ANAS-PEC) was used for *in vitro* activation of pMel-1 splenocytes at a 1 μ mol/L concentration. Briefly, GP100 is an enzyme involved in pigment synthesis that is expressed by different melanoma cell lines (including B16) and normal melanocytes.

CD8⁺ enrichment kits (Miltenyi) were used according to the manufacturer's instructions. Fluorochrome-labeled antibodies used for flow cytometry were purchased from BD.

In Vitro activation of CD8⁺ T cells *Tumor antigen-specific CD8⁺ T cells*

Unfractionated splenocytes from pMel-1 mice were homogenized and stimulated *in vitro* by gp100_{25–33} peptide at a 1 μ mol/L concentration (Day 0). Cells were cultured in RPMI-1640 (Lonza) supplemented with 10% fetal bovine serum (FBS), penicillin (100 U/mL), streptomycin (100 mg/mL), 0.1% β-mercaptoethanol (Life Technologies, Invitrogen), and IL-2 (100 U/mL) (Peprotech) at 37°C with 5% CO₂. The cells were cultured with or without MK-2206 (0.67, 2, or 6 μ mol/L), AZD5363 (0.27, 0.81, or 2.4 μ mol/L), or Akt-1/2 inhibitor (2.2, 6.7, or 20.1 μ mol/L). The concentration of the inhibitors was maintained throughout the culture by changing the media every 48–72 h.

On days 7, 14, and 21, cells were re-stimulated with $gp100_{25-}_{33}$ peptide at a 1 μ mol/L concentration using feeder cells (irradiated WT splenocytes, 4,000 Rads) at 1:1 ratio using the same culture conditions.

TCR stimulation and co-stimulation

The CD8⁺ T cells from WT, Akt1 KO, Akt2 KO, and Akt3 KO mice were enriched using CD8⁺ enrichment kits (Miltenyi) according to the manufacturer's instructions (purity was on average 91%) or CD8⁺ cells were sorted using FACS ARIA II (BD Biosciences; purity > 99%).

The cells were then stimulated using feeder cells (irradiated WT splenocytes, 4000 Rads) at 1:1 ratio (Day 0) using TCR stimulation (anti-CD3 antibody 1 μ g/mL, BD Biosciences) and co-stimulation (anti-CD28 antibody 2.5 μ g/mL BD Biosciences) in the presence of 100 U/mL IL-2 (Peprotech). The cells were cultured with or without the optimized doses of the inhibitors MK-2206 at a 0.67 μ mol/L concentration or Akt-1/2 inhibitor at a concentration of 2.2 μ mol/L, and the concentration was maintained throughout the culture by changing the media every 48–72 h. Cells were cultured in the same conditions described earlier.

Proliferation assay and phenotyping of CD8⁺ T cells

Prior to their stimulation (Day 0), cells were labeled with 5 µmol/L VCT proliferation dye (Life Technologies, Invitrogen)

according to the manufacturers' instructions. Samples were then evaluated for CD8⁺ T-cell expansion via VCT dye dilution (Day 3) using an LSRII SORP with HTS Flow Cytometer (BD Biosciences). The data were analyzed using FlowJo 9 or 10 (Tree Star).

To assess the phenotype of the T cells, the cultured cells were harvested and analyzed on days 3, 7, 14, and 21. The cells were stained with APC-Cy7-labeled anti-CD8, fluorescein isothiocyanate (FITC)-labeled anti-V β 13, phycoerythrin (PE) labeled anti-CD62L, APC-labeled anti-CD44, PE-CF594-labeled anti-CD127, and APC-labeled anti-KLRG-1 in addition to the viability stain 7AAD (BD Biosciences). The same APC-Cy7-labeled anti-CD8 was used for sorting the cells using the FACS ARIA II (BD Biosciences).

For proliferation and phenotyping, the analyses were conducted on $CD8^+$ T cells specific for the gp100 antigen and were gated on viable (7AAD-), $V\beta13^+CD8^+$ T cells. For WT and KO cells, the cells were gated on viable (7AAD-), $CD8^+$ T cells.

For intracellular staining, cells were stained with the fixable near infrared Live/Dead viability stain (Life Technologies, Invitrogen), and fixed, permeabilized, and stained with APC-labeled anti-CD8, V450-labeled anti-V β 13, PE-labeled anti-CD62L, and PE-CF594-labeled anti-CD44 (BD Biosciences), and FITClabeled Granzyme B (Biolegend). The analyses were conducted on CD8⁺ T cells specific for the gp100 antigen and were gated on viable (Live/Dead negative), V β 13+CD8+ T cells.

Cytometric bead array

Following the same activation protocol mentioned earlier, the pMel-1 gp100-specific CD8⁺ T cells were harvested on Day 7 after the first and second stimulation. The viable cells (trypan blue negative) were then counted and co-incubated (at 1:1 ratio) with 1 μ mol/L gp100_{25–33} pulsated irradiated splenocytes (4000 Rads) for 24 h using the same culture conditions. The supernatant was collected and the levels of IL-2, TNF, and IFN γ were assessed using the mouse Th1/Th2/Th17 Cytokine Kit BDTM Cytometric Bead Array (CBA) kit. The data were collected using an LSRII SORP with HTS flow cytometer (BD Biosciences), and analyzed using the FCAP Array Software v3.0 (BD Biosciences).

Statistical analysis

All statistical parameters (average values, SD, significant differences between groups) were calculated using GraphPad Prism Software. Statistical significance between groups was determined by paired *t*-test or one-way ANOVA with *post hoc* Tukey's multiple comparison test (P < 0.05 was considered statistically significant).

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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Supplemental Material

Supplemental data for this article can be accessed on the publisher's website.

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