



## LSHTM Research Online

Baber, U; Sartori, S; Aquino, M; Kini, A; Kapadia, S; Weiss, S; Strauss, C; Muhlestein, JB; Toma, C; Rao, SV; +12 more... DeFranco, A; Poddar, KL; Chandrasekhar, J; Weintraub, W; Henry, TD; Bansilal, S; Baker, BA; Marrett, E; Keller, S; Effron, M; Pocock, S; Mehran, R; (2017) Use of prasugrel vs clopidogrel and outcomes in patients with acute coronary syndrome undergoing percutaneous coronary intervention in contemporary clinical practice: Results from the PROMETHEUS study. American heart journal, 188. pp. 73-81. ISSN 0002-8703 DOI: https://doi.org/10.1016/j.ahj.2017.02.013

Downloaded from: http://researchonline.lshtm.ac.uk/3928428/

DOI: https://doi.org/10.1016/j.ahj.2017.02.013

#### **Usage Guidelines:**

Please refer to usage guidelines at https://researchonline.lshtm.ac.uk/policies.html or alternatively contact researchonline@lshtm.ac.uk.

Available under license: http://creativecommons.org/licenses/by-nc-nd/2.5/

#### Accepted Manuscript

Use of Prasugrel versus Clopidogrel and Outcomes in Patients with Acute Coronary Syndrome Undergoing Percutaneous Coronary Intervention in Contemporary Clinical Practice: Results from the PROMETHEUS Study

Usman Baber, Samantha Sartori, Melissa Aquino, Annapoorna Kini, Samir Kapadia, Sandra Weiss, Craig Strauss, Joseph B. Muhlestein, Catalin Toma, Sunil Rao, Anthony DeFranco, Kanhaiya L. Poddar, Jaya Chandrasekhar, William Weintraub, Timothy D. Henry, Sameer Bansilal, Brian A. Baker, Elizabeth Marrett, Stuart Keller, Mark Effron, Stuart Pocock, Roxana Mehran

PII: S0002-8703(17)30048-0 DOI: doi: 10.1016/j.ahj.2017.02.013

Reference: YMHJ 5379

To appear in: American Heart Journal

Received date: 15 October 2016 Accepted date: 14 February 2017



Please cite this article as: Baber Usman, Sartori Samantha, Aquino Melissa, Kini Annapoorna, Kapadia Samir, Weiss Sandra, Strauss Craig, Muhlestein Joseph B., Toma Catalin, Rao Sunil, DeFranco Anthony, Poddar Kanhaiya L., Chandrasekhar Jaya, Weintraub William, Henry Timothy D., Bansilal Sameer, Baker Brian A., Marrett Elizabeth, Keller Stuart, Effron Mark, Pocock Stuart, Mehran Roxana, Use of Prasugrel versus Clopidogrel and Outcomes in Patients with Acute Coronary Syndrome Undergoing Percutaneous Coronary Intervention in Contemporary Clinical Practice: Results from the PROMETHEUS Study, American Heart Journal (2017), doi: 10.1016/j.ahj.2017.02.013

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

# Use of Prasugrel versus Clopidogrel and Outcomes in Patients with Acute Coronary Syndrome Undergoing Percutaneous Coronary Intervention in Contemporary Clinical Practice: Results from the PROMETHEUS Study

| Author               | Affiliation   |
|----------------------|---|
| Usman Baber          | Icahn School of Medicine at Mount Sinai, New York, NY                         |
| Samantha Sartori     | Icahn School of Medicine at Mount Sinai, New York, NY                         |
| Melissa Aquino       | Icahn School of Medicine at Mount Sinai, New York, NY                         |
| Annapoorna Kini      | Icahn School of Medicine at Mount Sinai, New York, NY                         |
| Samir Kapadia        | Cleveland Clinic, Cleveland, Ohio   |
| Sandra Weiss         | Christiana Care Health System, Newark, Delaware                               |
| Craig Strauss        | Division of Cardiology, Minneapolis Heart Institute, Minneapolis, Minnesota   |
| Joseph B. Muhlestein | Division of Cardiology, Intermountain Heart Institute, Salt-Lake City, Utah   |
| Catalin Toma         | Division of Cardiology, University of Pittsburgh Medical Center,              |
|                      | Pittsburgh, Pennsylvania  |
| Sunil Rao            | Division of Cardiology, Duke University, Durham, North Carolina               |
| Anthony DeFranco     | Aurora Cardiovascular Services, Milwaukee, Wisconsin                          |
| Kanhaiya L. Poddar   | Cleveland Clinic, Cleveland, Ohio   |
| Jaya Chandrasekhar   | Icahn School of Medicine at Mount Sinai, New York, NY                         |
| William Weintraub    | Christiana Care Health System, Newark, Delaware                               |
| Timothy D. Henry     | Division of Cardiology, Cedars-Sinai Heart Institute, Los Angeles, California |
| Sameer Bansilal      | Icahn School of Medicine at Mount Sinai, New York, NY                         |
| Brian A. Baker       | Daiichi-Sankyo, Inc., Parsippany, New Jersey                                  |
| Elizabeth Marrett    | Daiichi-Sankyo, Inc., Parsippany, New Jersey                                  |
| Stuart Keller        | Eli Lilly and Company, Indianapolis, Indiana                                  |
| Mark Effron          | John Ochsner Heart and Vascular Center, Ochsner Medical Center, New           |
|                      | Orleans, Louisiana  |
|                      | Eli Lilly and Company, Indianapolis, Indiana                                  |
| Stuart Pocock        | London School of Hygiene and Tropical Medicine, London, United Kingdom        |
| Roxana Mehran        | Icahn School of Medicine at Mount Sinai, New York, NY                         |

<sup>\*</sup> Corresponding author Roxana Mehran, MD Mount Sinai School of Medicine,

One Gustave L. Levy place, Box 1030, New York, NY 10029

Phone: 212-659-9641, Fax: 646-537-8547 Email: roxana.mehran@mountsinai.org;

Brief Title: Retrospective real world analysis of prasugrel vs. clopidogrel in ACS

PCI

Key words: acute coronary syndrome, novel thienopyridine, major adverse

cardiovascular events, percutaneous coronary intervention, propensity analysis

#### **ABSTRACT**

**Background and Objectives**: We sought to determine the frequency of use and association between prasugrel and outcomes in acute coronary syndrome (ACS) patients undergoing percutaneous coronary intervention (PCI) in clinical practice.

**Methods:** PROMETHEUS was a multicenter observational registry of ACS PCI patients from 8 centers in the United States that maintained a prospective PCI registry for patient outcomes. The primary endpoint was major adverse cardiovascular events (MACE) at 90 days, a composite of all cause death, non-fatal myocardial infarction, stroke or unplanned revascularization. Major bleeding was defined as any bleeding requiring hospitalization or blood transfusion. Hazard ratios were generated using multivariable Cox regression and stratified by the propensity to treat with prasugrel.

**Results**: Out of 19914 patients (mean age 64.4 years and 32% female), 4058 received prasugrel (20%) and 15856 received clopidogrel (80%). Prasugrel-treated patients were younger with fewer comorbid risk factors compared with their counterparts receiving clopidogrel. At 90 days, there was a significant association between prasugrel use and lower MACE (5.7% vs. 9.6%, HR 0.58: 95% CI 0.50-0.67; p < 0.0001) and bleeding

(1.9% vs. 2.9%, HR 0.65: 95% CI 0.51-0.83; p<0.001). After propensity stratification, associations were attenuated and no longer significant for either outcome. Results remained consistent using different approaches to adjusting for potential confounders.

**Conclusions**: In contemporary clinical practice, patients receiving prasugrel tend to have a lower-risk profile compared with those receiving clopidogrel. The lower ischemic and bleeding events associated with prasugrel use were no longer evident after accounting for these baseline differences.

#### **INTRODUCTION**

Dual antiplatelet therapy (DAPT) with aspirin and an inhibitor of the platelet P2Y<sub>12</sub> receptor is standard therapy for prevention of thrombotic complications after percutaneous coronary intervention (PCI).<sup>1, 2</sup> Significant genetic and pharmacodynamic variability exists in the response to clopidogrel and lower levels of platelet inhibition may be observed in some patients leading to increased risk for thrombotic events <sup>3-5</sup>. This variability is overcome by prasugrel, which demonstrated superior efficacy over clopidogrel in the TRial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet InhibitioN with Prasugrel–Thrombolysis In Myocardial Infarction (TRITON-TIMI) 38 trial.<sup>5-7</sup> However, compared with clopidogrel, prasugrel is associated with higher rates of major bleeding, particularly in elderly, low body weight patients and those with prior stroke or transient ischemic attack.<sup>7</sup>

Despite these randomized results, the prospective observational Treatment With Adenosine Diphosphate (ADP) Receptor Inhibitors: Longitudinal Assessment of Treatment Patterns and Events After Acute Coronary Syndrome (TRANSLATE-ACS)

study evaluating 12,000 myocardial infarction (MI) patients undergoing PCI in the US, did not demonstrate an association between prasugrel and lower MACE compared with clopidogrel.<sup>8, 9</sup> In contrast, a retrospective analysis of ACS patients undergoing PCI (ACS-PCI) in the Premier Healthcare Alliance claims database reported lower readmission rates for MI or bleeding with prasugrel compared with clopidogrel.<sup>10, 11</sup> Whether these divergent results reflect differences in underlying patient case-mix, methodologic assumptions or study design remains unclear. This issue is clinically relevant as the real-world application, and the putative benefit or harm, of therapeutic interventions may not always conform to the controlled settings of a randomized study. This has important implications for informing processes of care, quality and outcomes. Accordingly, we sought to examine the overall use and effect of prasugrel compared with clopidogrel in a large and contemporary registry of unselected real world ACS patients undergoing PCI.<sup>12, 13</sup>

#### **METHODS**

#### **Population**

PROMETHEUS was a retrospective cohort study including patients presenting with ACS managed with PCI from 8 academic medical centers in the US between January 1<sup>st</sup> 2010 to June 30<sup>th</sup> 2013. The study period was selected based on the approval and availability of prasugrel in the US market in mid- 2009, which allowed for initial uptake of the drug and the need for a minimum 90-day follow-up in this population. We included adult patients presenting across the entire spectrum of ACS undergoing PCI with stent

implantation receiving either clopidogrel or prasugrel at the time of PCI. Patients receiving both agents in the peri-procedural period were excluded.

The primary objective of this study was to compare the effectiveness of a treatment strategy initiating prasugrel relative to clopidogrel at the time of PCI in a usual care environment from academic centers in the US. The selected academic centers maintain institutional databases prospectively recording baseline and procedural characteristics and clinical outcomes for PCI patients, irrespective of clinical presentation. The participating centers ran a query in their PCI database to identify all patients presenting with ACS who received prasugrel or clopidogrel during the study period. The data elements that were abstracted conform to the definitions used in the NCDR CathPCI registry data collection form version 4.4. Follow-up was performed at each participating center by trained research personnel via phone call, in-person visit or medical record review and either occurred at regular intervals or during standard of care post-PCI clinical visits. All sites confirmed that relevant baseline and follow-up data on clinical endpoints up to one year was collected in each respective database using a pre-study feasibility questionnaire.

To facilitate data extraction, the study investigators first developed a pre-specified extraction list of relevant baseline and outcome variables. This list was then disseminated to each individual site as a platform to extract the corresponding elements from the database at each participating center. After extraction, data were validated, examined for completeness and quality by the Data Coordinating Center at Mount Sinai, and aggregated to form one unified dataset upon which all analyses were performed (Figure 1). Study sponsors (Daiichi Sankyo and Ei Lilly) had no access to patient level

data. Details of the study organization, participating centers and investigators are shown in the Supplementary Appendix (Tables S1 and S2).

#### **End Points and Definitions**

The <u>pre-specified</u> primary endpoint was major adverse cardiovascular events (MACE) defined as a composite of all-cause death, MI, stroke or unplanned coronary revascularization at 90 days from index hospital PCI. <u>In part, this time point was chosen as it was not possible to monitor drug compliance post hospital discharge and we assumed that the adherence rate would be high while the switching rate would be low (≤ 10%) at 90 days versus a later time interval (i.e. one year). In addition, based upon prior analyses from the TRITON-TIMI 38 trial, the therapeutic effect of prasugrel is largely evident within 90 days. <sup>14</sup> The secondary endpoints included individual components of MACE, as well as MACE and its components at 1 year. <u>Exploratory analyses were also performed for the composite outcome of all-cause death, MI or stroke at 90 days and 1 year</u>. The primary safety endpoint was major bleeding, defined as any clinically overt hemorrhage requiring hospitalization or blood transfusion.</u>

#### Statistical analysis

Patients were grouped according to prasugrel or clopidogrel treatment at time of PCI, defined as receipt of medication 24 hours prior to and during the PCI procedure in accordance with NCDR definitions. Baseline clinical and procedural characteristics were compared between prasugrel and clopidogrel groups using the Student's t-test and chi-square test and for continuous and categorical variables, respectively. The cumulative incidence of adverse events was calculated as a Kaplan-Meier estimate of time to first

event and comparisons between groups were performed using the log-rank test. Two-tailed p values of <0.05 were considered significant. Statistical analyses were performed using SAS version 9.3 (Cary, NC) and Stata version 12.1 (College Station, TX).

#### Multivariable and propensity adjustment

To evaluate the associations between treatment group (prasugrel vs. clopidogrel) and the primary outcome, hazard ratios were generated using Cox proportional hazards regression stratified by the propensity to receive prasugrel. Propensity scores were calculated using a multivariable logistic regression model with the dependent outcome as treatment with prasugrel (vs. clopidogrel). The propensity model was generated in an iterative fashion using the method of Rosenbaum et al.<sup>15</sup> In addition to age and sex. this model included all baseline covariates demonstrating significant differences (p<0.05) between groups and additional variables that may be plausibly related to either the outcome or exposure. The final propensity model included the following main effects: center, coronary artery disease (CAD) presentation, diabetes, age, age squared, bivalirudin, smoking, gender, African-American race, hypertension, family history of CAD, prior PCI, prior coronary artery bypass surgery (CABG), prior peripheral arterial disease, prior congestive heart failure, prior cerebrovascular disease (CVD), stent length, stent diameter, glycoprotein IIb/IIIa inhibitor use, hypercholesterolemia, prior myocardial infarction, estimated glomerular filtration rate, stent type, body mass index (BMI), hemoglobin and the following interaction terms: center\*procedural

glycoprotein Ilb/IIIa inhibitor use; BMI\*hemoglobin; prior CVD\*prior PCI; prior CVD\*prior CABG. The overall c-statistic for the propensity model was 0.81.

From this propensity model, each observation was assigned a predicted probability for prasugrel treatment. The distribution of propensity scores for the entire cohort and each treatment group were visually examined. Mutually exclusive strata (n=10) were then generated based on the propensity scores for the entire cohort, a process that was blinded to any outcome data in order to avoid bias in selection. The number of strata and their respective cut-points were based on fulfilling previously established criteria and adequate balance in baseline covariates.<sup>16, 17</sup>

The adjusted associations between treatment groups and the primary MACE outcome at 90 days were calculated using Cox proportional hazards regression with propensity stratification as the primary method of analysis. In addition to treatment (prasugrel vs. clopidogrel) and study center, covariates were included to account for residual imbalances between groups and/or to adjust for important variables related to the outcome of interest.

The following sensitivity analyses for the primary MACE outcome were also performed: multivariable adjustment, propensity matching<sup>18</sup> and inverse probability weighting.<sup>19</sup> A sensitivity analysis was also performed for the primary MACE outcome by defining treatment groups as only those patients receiving the same medication at the time of PCI and at discharge and restricted to those with out-of hospital MACE (as-treated analysis).

#### **RESULTS**

The study sample included 19,914 ACS-PCI patients. The mean age of the study population was 64.4 ± 12.3 years and 32% were women. Of this cohort, 20% (n = 4058) received prasugrel and 80% (15861) received clopidogrel at the time of PCI. The distribution by clinical presentation in the overall cohort is shown in **Figure 1**. Unstable angina (n=11,216; 56%) was the most common presentation, followed by NSTEMI (n=5,412; 27%) with STEMI least common (n=3,285; 17%). Prasugrel use varied across the 8 sites from a minimum of 5% to a maximum of 38%. Loss to follow-up at 90 days and 1 year was 8.4% and 17.1%, respectively.

The baseline differences between patients receiving prasugrel and clopidogrel are shown in **Table 1**. Prasugrel-treated patients were younger and more often male compared with those receiving clopidogrel. The frequency of comorbid conditions including diabetes, prior MI, prior cerebrovascular disease, chronic kidney disease and anemia were higher among clopidogrel treated patients. Prasugrel was more often used in patients with ST-elevation myocardial infarction (STEMI) or non-ST elevation myocardial infarction (NSTEMI) whereas clopidogrel was used more often in USA. <u>As shown in **Figure 2**</u>, the frequency of prasugrel use increased with the severity of clinical presentation with a maximum of 24% among those presenting with STEMI.

**Table 2** shows the procedural differences between the two groups. Angiographically, patients receiving prasugrel had a lower frequency of left main stem disease, fewer complex lesions (ACC/AHA type B2/C) and fewer lesions with moderate/severe calcification. In contrast prasugrel-treated patients received longer stents with a greater

diameter whereas patients receiving clopidogrel were more likely to have bare metal stents. Patients on prasugrel also received less bivalirudin but more glycoprotein IIb/IIIa inhibitors for procedural antithrombotic therapy. **Figure 3** displays the frequency of prasugrel use as a function of several established clinical or angiographic thrombotic risk factors (diabetes mellitus, troponin (+) ACS, stent diameter < 3.0 mm or prior MI). While prasugrel was used in over 20% of patients with none or one such risk factor, use was paradoxically lowest (13.4%) among those with 4 thrombotic risk factors.

Unadjusted MACE rates at 90 days were 5.7% and 9.6% among those receiving prasugrel and clopidogrel, respectively (Table 3 and **Figure 4**, p<0.001). Associations were attenuated and no longer statistically significant after adjusting for the propensity to receive prasugrel (HR 0.89; 95% CI: 0.76-1.05; p=0.16). The adjusted point estimates were concordant using different analytic methods (propensity matching, inverse probability weighting [IPW] and covariate adjustment, respectively). IPW gave a less precise estimate, likely due to undue influence of a few patients with very large weights. Associations for <u>most</u> other endpoints at 90 days followed a similar pattern with large and significant unadjusted reductions attenuating to more modest differences after adjustment.

At 365 days, reductions in MACE associated with prasugrel use were slightly larger in magnitude compared with those observed at 90 days (Table 3 and Figure 4) and remained significant after propensity stratification (HR for MACE: 0.86; 95% CI: 0.77-0.96). In contrast, no significant differences were observed between groups for both MI and bleeding at 365 days.

Results for the exploratory outcome of death, MI or stroke demonstrate significant reductions associated with prasugrel use at 90 and 365 days using propensity stratification and covariate adjustment. In contrast results were non-significantly different for this outcome using IPW (Table 3).

Supplementary Table 3 shows the results after including those patients receiving the same medication at the time of PCI and at hospital discharge (as-treated analysis).

These results demonstrate comparable results to those obtained in the overall population with unadjusted reductions in risk associated with prasugrel use diminishing upon adjustment.

#### Discussion

Salient findings from this report of prasugrel use in contemporary clinical practice include: (i) use of prasugrel was relatively uncommon in an ACS PCI setting despite evidence from clinical trials - although use was higher among those with troponin positive syndromes; (ii) patients receiving prasugrel were younger and highly selected with fewer comorbidities compared with their counterparts receiving clopidogrel and the decision to use prasugrel appears to be strongly influenced by the warnings in the US product insert; (iii) unadjusted risks for both ischemic and bleeding complications were substantially lower among those receiving prasugrel compared to clopidogrel; (iv) differences in adverse events were attenuated and no longer significant at 90 days after adjusting for baseline imbalances between groups. Taken together, the current findings represent the first cohort study using real-world data from academic medical centers

across the US to study the use and outcome of prasugrel as compared with clopidogrel in patients across the entire ACS clinical spectrum undergoing PCI.

In the TRITON-TIMI 38 randomized trial, prasugrel reduced ischemic events by a 19%, albeit at an excess cost of bleeding, among ACS patients undergoing PCI.<sup>7</sup> Consistent with these randomized data, our results show lower 90 day and one-year MACE rates with prasugrel before and after adjustment, although adjusted differences at 90 days were modest and not statistically significant. The magnitude and direction of benefit was largely consistent across the different analytic approaches.

There are several possibilities that might reconcile the divergent results between earlier randomized trial data and our observational findings. First, the proportion of patients who might be expected to derive the largest benefit at 90 days from potent platelet inhibition (i.e. STEMI) comprised only 17% of the PROMETHEUS cohort whereas 26% of patients enrolled in TRITON-TIMI 38 presented with STEMI. 7, 20, 21 Second, it is possible that the relatively low-risk patients selected to receive prasugrel in a real-world setting may not derive or even require the same degree of therapeutic protection compared to those enrolled in randomized trials (i.e. risk/treatment paradox). 22, 23 Indeed, the frequency of many clinical risk factors that are associated with substantial thrombotic risk, including diabetes mellitus, prior MI and small stent diameter were substantially lower among those treated with prasugrel compared to clopidogrel. Moreover, although prasugrel use increased by clinical severity, only 24% of STEMI patients received this agent. Such selected use of prasugrel is consistent with the results of the prospective TRANSLATE-ACS registry, which also showed a similar

imbalance in underlying risk factors among MI patients treated with prasugrel compared to clopidogrel.<sup>8</sup> Clearly, further study is needed to explore the determinants of clinical decision-making at the time of PCI as our results, similar to TRANSLATE-ACS, suggest that a more potent treatment is being used in patients with a lower likelihood to derive meaningful benefit.<sup>8, 24</sup> Whether or not recalibrating the intensity of antiplatelet pharmacotherapy to more closely approximate a patient's inherent thrombotic risk is a hypothesis that warrants further study.<sup>25</sup>

In exploratory analyses we observed a significant 25% reduction in the composite occurrence of all-cause death, MI or stroke at 90 days associated with prasugrel use, a magnitude of benefit virtually identical to that observed in TRITON-TIMI 38 using a similar outcome and time point. Nevertheless, the magnitude and direction of effect for the individual components that drove this composite endpoint varied substantially, with important implications for interpreting and comparing such results across studies. More specifically, in TRITON-TIMI 38 prasugrel use led to significant reductions in MI, not death, whereas in PROMETHEUS adjusted reductions in MI at 90 and 365 days were non-significant. In contrast, we observed significant reductions in all-cause mortality associated with prasugrel use in both unadjusted and adjusted analyses. Hence, contrasting effects on individual endpoints across studies yielded similar estimates for a composite outcome that included those very components.

The reductions in death observed in PROMETHEUS may be attributable to selection bias, coupled with a modest reduction in ischemic events without concordant excess bleeding risk. With respect to the former, it is possible that residual or unmeasured confounding strongly influenced the mortality point estimates as prasugrel-

treated patients were much healthier compared with those receiving clopidogrel. In support of the latter, it is plausible that a modest reduction in MACE risk in the absence of bleeding harm may confer a mortality advantage. This hypothesis remains speculative, however, as the reductions in MI and MACE were numerically lower compared with mortality and without statistical significance. As a result it is unlikely that similar findings to ours will be duplicated, as the associations with death were observed absent a concordant reduction in other ischemic events.

Unadjusted bleeding rates were also significantly lower among prasugrel versus clopidogrel-treated patients in our study, findings that are consistent with TRANSLATE-ACS and are most likely attributable to the lower risk profile of patients selected to receive prasugrel.<sup>8</sup> At one year the absolute differences in bleeding rates in favor of prasugrel in our study and TRANSLATE-ACS were 1.7% and 1.0%, respectively.8 This suggests that prasugrel-treated patients in PROMETHEUS were somewhat healthier and at lower risk for bleeding compared with their counterparts in the TRANSLATE-ACS study, further supporting the inclusion of a more selected cohort unlikely to manifest overt bleeding risk. After adjustment, however, hazard ratios for bleeding were not significantly different between groups. Differences in patient populations, bleeding ascertainment, and/or selection bias may account for the inconsistent results between studies. For example, we relied on bleeding-related hospitalizations as our safety endpoint whereas bleeding was prospectively ascertained and adjudicated in TRANSLATE-ACS. Therefore, under reporting of bleeding may have biased our results to the null. Alternatively, real-world selection for prasugrel use may be largely driven by factors that correlate with bleeding propensity rather than ischemic risk, resulting in the

treatment of patients both unlikely to manifest overt harm but also not experience any meaningful benefit.<sup>26</sup>

#### Limitations

Among the important limitations of our study was the observational retrospective design, thereby precluding causal inferences. Although we used several statistical methods to account for the substantial imbalances between treatment groups, we cannot exclude the possibility of residual or unmeasured confounders influencing our estimates. However, our findings were consistent in both direction and magnitude across the different adjustment techniques. In the absence of standard prospective data collection that was uniform across study centers we may have underestimated the rates of some clinical events. Detailed data on medication adherence, an important determinant of risk after PCI, was not available across centers. Although we used an early time point of 90 days for our primary analysis, we were unable to account for therapeutic crossover and/or compliance in the follow-up period after hospital discharge. In addition, granular information on timing of medication administration relative to diagnostic angiography and PCI was not available. Although ticagrelor was approved for use in 7/2011, which coincides with the inclusion period for our study, we directed each center to only provide data on patients treated with either clopidogrel or prasugrel in accordance with the study aims and objectives. While we may have excluded certain patients treated with ticagrelor in the latter 2 years of the study period, administrative data describing national trends in P2Y<sub>12</sub> inhibitor use during this time frame are largely

consistent with our results in that clopidogrel was the most commonly used drug followed by prasugrel with ticagrelor used least frequently. 27, 28

#### **Conclusions**

In a large, real-world cohort of ACS patients undergoing PCI at medical centers across the US we observed that prasugrel is used infrequently and in much lower risk patients compared with those receiving clopidogrel. Large reductions in risk for both ischemic and bleeding complications associated with prasugrel use were no longer apparent after considering baseline differences between groups. Recalibrating 'real-world' use of prasugrel to better approximate a patient's ischemic risk may yield a more appreciable therapeutic benefit, a hypothesis that warrants further study.

#### REFERENCES

- Hamm CW, Bassand JP, Agewall S, Bax J, Boersma E, Bueno H, et al. [ESC guidelines for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation. The Task Force for the management of acute coronary syndromes (ACS) in patients presenting without persistent ST-segment elevation of the European Society of Cardiology (ESC)].
   Giornale italiano di cardiologia 2012;13(3):171-228.
- 2. Jneid H, Anderson JL, Wright RS, Adams CD, Bridges CR, Casey DE, Jr., et al. 2012 ACCF/AHA focused update of the guideline for the management of patients with unstable angina/non-ST-elevation myocardial infarction (updating the 2007 guideline and replacing the 2011 focused update): a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. Journal of the American College of Cardiology 2012;60(7):645-81.

- Mega JL, Close SL, Wiviott SD, Shen L, Hockett RD, Brandt JT, et al.
   Cytochrome p-450 polymorphisms and response to clopidogrel. The New England journal of medicine 2009;360(4):354-62.
- Mega JL, Simon T, Collet JP, Anderson JL, Antman EM, Bliden K, et al.
   Reduced-function CYP2C19 genotype and risk of adverse clinical outcomes among patients treated with clopidogrel predominantly for PCI: a meta-analysis.
   Jama 2010;304(16):1821-30.
- Mega JL, Close SL, Wiviott SD, Shen L, Walker JR, Simon T, et al. Genetic variants in ABCB1 and CYP2C19 and cardiovascular outcomes after treatment with clopidogrel and prasugrel in the TRITON-TIMI 38 trial: a pharmacogenetic analysis. Lancet 2010;376(9749):1312-9.
- 6. Wiviott SD, Trenk D, Frelinger AL, O'Donoghue M, Neumann FJ, Michelson AD, et al. Prasugrel compared with high loading- and maintenance-dose clopidogrel in patients with planned percutaneous coronary intervention: the Prasugrel in Comparison to Clopidogrel for Inhibition of Platelet Activation and Aggregation-Thrombolysis in Myocardial Infarction 44 trial. Circulation 2007;116(25):2923-32.
- 7. Wiviott SD, Braunwald E, McCabe CH, Montalescot G, Ruzyllo W, Gottlieb S, et al. Prasugrel versus clopidogrel in patients with acute coronary syndromes. The New England journal of medicine 2007;357(20):2001-15.
- Wang TY. TRANSLATE-ACS Provides Real-World Data on Prasugrel,
   Clopidogrel Use in Acute MI. Presented at TCT Late Breaking Clinical Trials
   2014; September 15, 2014.

- 9. Chin CT, Wang TY, Anstrom KJ, Zhu B, Maa JF, Messenger JC, et al. Treatment with adenosine diphosphate receptor inhibitors-longitudinal assessment of treatment patterns and events after acute coronary syndrome (TRANSLATE-ACS) study design: expanding the paradigm of longitudinal observational research. American heart journal 2011;162(5):844-51.
- 10. Bae JP FD, Ernest FR. Assessment of 30-Day Rehospitalization for Acute Myocardial Infarction in Patients with Acute Coronary Syndrome Who Received Percutaneous Coronary Intervention: A Comparative Effectiveness Study of Clopidogrel and Prasugrel. 2012;Presented at the Transcatheter Cardiovascular Therapeutics Annual Meeting, Miami, FL.
- Ernst FB, J; Lipkin, C; Faries, D; Zhao, Z, Moretz, C. A Comparison of Bleeding in Patients Treated with Clopidogrel or Prasugrel in a US Hospital Database. Circ Cardiovasc Qual Outcomes 2012;5(A211).
- Crystal S, Akincigil A, Bilder S, Walkup JT. Studying prescription drug use and outcomes with medicaid claims data: strengths, limitations, and strategies.
   Medical care 2007;45(10 Supl 2):S58-65.
- 13. Tyree PT, Lind BK, Lafferty WE. Challenges of using medical insurance claims data for utilization analysis. American journal of medical quality: the official journal of the American College of Medical Quality 2006;21(4):269-75.
- 14. Morrow DA, Wiviott SD, White HD, Nicolau JC, Bramucci E, Murphy SA, et al.
  Effect of the novel thienopyridine prasugrel compared with clopidogrel on spontaneous and procedural myocardial infarction in the Trial to Assess
  Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition with

- Prasugrel-Thrombolysis in Myocardial Infarction 38: an application of the classification system from the universal definition of myocardial infarction. Circulation 2009;119(21):2758-64.
- 15. Rosenbaum Paul R RDB. Reducing Bias in Observational Studies Using Subclassification on the Propensity Score. Journal of the American Statistical Association 1984;79(387):516-524.
- P.R Rosenbaum DBR. Reducing Bias in Observational Studies Using Subclassification on the Propensity Score. Journal of the American Statistical Association 1984;79(387).
- D'Agostino RB, Sr., Vasan RS, Pencina MJ, Wolf PA, Cobain M, Massaro JM, et al. General cardiovascular risk profile for use in primary care: the Framingham Heart Study. Circulation 2008;117(6):743-53.
- Austin PC. Optimal caliper widths for propensity-score matching when estimating differences in means and differences in proportions in observational studies.
   Pharmaceutical statistics 2011;10(2):150-61.
- 19. Cole SR, Hernan MA. Constructing inverse probability weights for marginal structural models. American journal of epidemiology 2008;168(6):656-64.
- 20. Montalescot G, Wiviott SD, Braunwald E, Murphy SA, Gibson CM, McCabe CH, et al. Prasugrel compared with clopidogrel in patients undergoing percutaneous coronary intervention for ST-elevation myocardial infarction (TRITON-TIMI 38): double-blind, randomised controlled trial. Lancet 2009;373(9665):723-31.
- Udell JA, Braunwald E, Antman EM, Murphy SA, Montalescot G, Wiviott SD.
   Prasugrel versus clopidogrel in patients with ST-segment elevation myocardial

- infarction according to timing of percutaneous coronary intervention: a TRITON-TIMI 38 subgroup analysis (Trial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition with Prasugrel-Thrombolysis In Myocardial Infarction 38). JACC Cardiovascular interventions 2014;7(6):604-12.
- 22. Sherwood MW, Wiviott SD, Peng SA, Roe MT, Delemos J, Peterson ED, et al. Early clopidogrel versus prasugrel use among contemporary STEMI and NSTEMI patients in the US: insights from the National Cardiovascular Data Registry. Journal of the American Heart Association 2014;3(2):e000849.
- 23. Yan AT, Yan RT, Tan M, Fung A, Cohen EA, Fitchett DH, et al. Management patterns in relation to risk stratification among patients with non-ST elevation acute coronary syndromes. Archives of internal medicine 2007;167(10):1009-16.
- 24. Bagai A, Peterson ED, Honeycutt E, Effron MB, Cohen DJ, Goodman SG, et al. In-hospital switching between adenosine diphosphate receptor inhibitors in patients with acute myocardial infarction treated with percutaneous coronary intervention: Insights into contemporary practice from the TRANSLATE-ACS study. European heart journal Acute cardiovascular care 2014;doi 10.1177/2048872614564082.
- 25. Rao SV, McCoy LA, Spertus JA, Krone RJ, Singh M, Fitzgerald S, et al. An updated bleeding model to predict the risk of post-procedure bleeding among patients undergoing percutaneous coronary intervention: a report using an expanded bleeding definition from the National Cardiovascular Data Registry CathPCI Registry. JACC Cardiovascular interventions 2013;6(9):897-904.

- 26. Bagai A, Wang Y, Wang TY, Curtis JP, Gurm HS, Shah B, et al. In-hospital switching between clopidogrel and prasugrel among patients with acute myocardial infarction treated with percutaneous coronary intervention: insights into contemporary practice from the national cardiovascular data registry. Circulation Cardiovascular interventions 2014;7(4):585-93.
- 27. Karve AM, Seth M, Sharma M, LaLonde T, Dixon S, Wohns D, et al.
  Contemporary Use of Ticagrelor in Interventional Practice (from Blue Cross Blue Shield of Michigan Cardiovascular Consortium). Am J Cardiol
  2015;115(11):1502-6.
- 28. Kim K, Lee TA, Touchette DR, DiDomenico RJ, Ardati AK, Walton SM.
  Contemporary Trends in Oral Antiplatelet Agent Use in Patients Treated with
  Percutaneous Coronary Intervention for Acute Coronary Syndrome. J Manag
  Care Spec Pharm 2017;23(1):57-63.

#### **Figure Legends**

#### Figure 1 Frequency of Clinical Presentation in PROMETHEUS Cohort

Pie chart displays the overall frequency and number of patients presenting with unstable angina, non ST-segment elevation myocardial infarction and ST-segment myocardial infarction in the PROMETHEUS cohort.

#### Figure 2 Frequency of Prasugrel Use By Clinical Presentation

Bar graph depicts the frequency of prasugrel use according to clinical presentation.

## Figure 3 Frequency of Prasugrel Use By Number of Thrombotic Risk Factors Thrombotic risk factors include presentation with troponin (+) syndrome, diabetes mellitus, prior myocardial infarction or stent diameter < 3.0 mm. Vertical bars display the frequency of prasugrel use according to the total number of thrombotic risk factors among patients.

## Figure 4 Cumulative Major Adverse Cardiovascular Events and Bleeding by Treatment Group

Kaplan-Meier curves displaying the cumulative rate of major adverse cardiovascular events (MACE; composite of all-cause death, myocardial infarction, stroke or unplanned coronary revascularization – panel A) and bleeding (panel B) by treatment group at 90 and 365 days

**Table 1: Baseline Clinical Characteristics by Treatment Group** 

|                               | Prasugrel<br>(n = 4058) | Clopidogrel<br>(n = 15856) | р       |
|-------------------------------|-------------------------|----------------------------|---------|
| Age, years                    | 58.7 ± 10.3             | 65.8 ± 12.3                | <0.0001 |
| Female sex, n (%)             | 989 (24.4%)             | 5315 (33.5%)               | <0.0001 |
| African-American, n (%)       | 253 (6.2%)              | 1,872 (11.8%)              | <0.0001 |
| BMI (kg/m <sup>2</sup> )      | $30.7 \pm 6.2$          | 29.7± 6.2                  | <0.0001 |
| Diabetes, n (%)               | 1382 (34.1%)            | 6198 (39.1%)               | <0.0001 |
| Diabetes on insulin, n (%)    | 394 (9.7%)              | 2140 (13.5%)               | <0.0001 |
| Hypertension, n (%)           | 2915 (71.8%)            | 13466 (84.9%)              | <0.0001 |
| Dyslipidemia, n (%)           | 3220 (79.3%)            | 13469 (84.9%)              | <0.0001 |
| Smoking, n (%)                | 1175 (29.0%)            | 3831 (24.2%)               | <0.0001 |
| Prior MI, n (%)               | 833 (20.5%)             | 5130 (32.4%)               | <0.0001 |
| Prior PCI, n (%)              | 788 (19.4%)             | 4250 (26.8%)               | <0.0001 |
| Prior CABG, n (%)             | 359 (8.8%)              | 3074 (19.4%)               | <0.0001 |
| Prior cerebrovascular disease | 188 (4.6%)              | 2197 (13.9%)               | <0.0001 |
| Prior CHF, n (%)              | 567 (14.0%)             | 3684 (23.2%)               | <0.0001 |
| Prior PAD, n (%)              | 291 (7.2%)              | 2140 (13.5%)               | <0.0001 |
| CKD, n (%)                    | 619 (15.3%)             | 4994 (31.5%)               | <0.0001 |
| Anemia, n (%)                 | 339 (8.4%)              | 2553 (16.1%)               | <0.0001 |
| CAD Presentation, n (%)       |                         |                            |         |
| STEMI                         | 773 (19.0%)             | 2512 (15.8%)               | <0.0001 |
| NSTEMI                        | 1159 (28.6%)            | 4253 (26.8%)               | 0.03    |
| Unstable Angina               | 2,126 (52.4%)           | 9090 (57.3%)               | <0.0001 |

BMI: Body Mass Index; MI: Myocardial Infarction; PCI: Percutaneous Coronary Intervention; CABG: Coronary Artery By-pass; graft; CHF: Congestive Heart Failure; PAD: Peripheral Artery Disease; CKD: Chronic Kidney Disease; CAD: Coronary Artery Disease; STEMI: ST segment elevation myocardial infarction; NSTEMI: Non ST-segment elevation myocardial infarction; ACIE: Angiotensin-Converting Enzyme Inhibitor; ARB: Angiotensin Receptor Blocker

**Table 2: Baseline Procedural Characteristics by Treatment Group** 

|   | Prasugrel<br>(n = 4058) | Clopidogrel<br>(n = 15856) | Р       |  |
|---|-------------------------|----------------------------|---------|--|
| Multivessel disease, n (%)                  | 1672 (41.2%)            | 6724 (42.4%)               | 0.17    |  |
| PCI vessel                                  |                         |                            |         |  |
| Left Main, n (%)                            | 84 (2.1%)               | 583 (3.7%)                 | <0.0001 |  |
| LAD, n (%)                                  | 1972 (48.6%)            | 6923 (43.7%)               | <0.0001 |  |
| Circumflex, n (%)                           | 1100 (27.1%)            | 4794 (30.2%)               | <0.0001 |  |
| RCA, n (%)                                  | 1430 (35.2%)            | 5367 (33.9%)               | 0.097   |  |
| B2/C type lesion, n (%)                     | 2848 (70.2%)            | 10758 (67.8%)              | <0.0001 |  |
| Moderate to severe calcification, n (%)     | 422 (10.4%)             | 2349 (14.8%)               | <0.0001 |  |
| Bifurcation lesion, n (%)                   | 446 (11.0%)             | 1676 (10.6%)               | 0.38    |  |
| Total stent length, mm                      | $31.4 \pm 20.2$         | $30.50 \pm 20.9$           | 0.016   |  |
| Minimum stent diameter, mm                  | $3.01 \pm 0.49$         | $2.96 \pm 0.50$            | <0.0001 |  |
| At least one 1 <sup>st</sup> gen DES, n (%) | 297 (7.3%)              | 2495 (15.7%)               | <0.0001 |  |
| At least one 2 <sup>nd</sup> gen DES, n (%) | 3283 (80.9%)            | 10278 (64.8%)              | <0.0001 |  |
| At least one BMS, n (%)                     | 569 (14.0%)             | 3926 (24.8%)               | <0.0001 |  |
| Procedural anticoagulation                  |                         |                            |         |  |
| Bivalirudin, n (%)                          | 2743 (67.6%)            | 11726 (74.0%)              | <0.0001 |  |
| GPIIb/IIIa inhibitor, n (%)                 | 1178 (29.0%)            | 3388 (21.4%)               | <0.0001 |  |
| LMWH, n (%)                                 | 38 (0.9%)               | 169 (1.1%)                 | 0.77    |  |

Table 3. Crude Event Rates, Unadjusted and Adjusted Associations for Adverse Events

|   | Treatment group*       |                           | Hazard ratios (95% Confidence Interval) |                                    | l)               |                    |
|---|------------------------|---------------------------|---|------------------------------------|------------------|--------------------|
|   | Prasugrel<br>(n=4,058) | Clopidogrel<br>(n=15,856) | Unadjusted                              | Propensity stratified <sup>1</sup> | IPW              | Covariate Adjusted |
| 90 Days                                       |                        |                           | 0-                                      |                                    |                  |                    |
| MACE - Primary endpoint, n (%)                | 216 (5.7%)             | 1,415 (9.6%)              | 0.58 (0.50-0.67)                        | 0.89 (0.76-1.05)                   | 0.94 (0.76-1.16) | 0.94 (0.80-1.09)   |
| Death, Myocardial Infarction or Stroke, n (%) | 101 (2.7%)             | 1,000 (6.8%)              | 0.39 (0.31-0.47)                        | 0.75 (0.60-0.94)                   | 0.82 (0.61-1.11) | 0.77 (0.61-0.96)   |
| Death, n (%)                                  | 23 (0.6%)              | 408 (2.8%)                | 0.21 (0.10-0.30)                        | 0.62 (0.40-0.99)                   | 0.52 (0.3-0.94)  | 0.68 (0.44-1.05)   |
| Myocardial Infarction, n (%)                  | 74 (1.9%)              | 562 (3.8%)                | 0.51 (0.40-0.64)                        | 0.84 (0.64-1.11)                   | 1.1 (0.76-1.55)  | 0.84 (0.65-1.10)   |
| Unplanned revascularization, n (%)            | 138 (3.7%)             | 586 (4.1%)                | 0.89 (0.75-1.08)                        | 1.06 (0.86-1.31)                   | 1.21 (0.92-1.58) | 1.05 (0.85-1.28)   |
| Bleeding, n (%)                               | 75 (1.9%)              | 442 (2.9%)                | 0.65 (0.51-0.83)                        | 1.03 (0.78-1.36)                   | 1.01 (0.69-1.48) | 1.03 (0.79-1.35)   |
| 365 Days                                      |                        |                           |   |                                    |                  |                    |
| MACE, n (%)                                   | 433 (12.1%)            | 2,866 (20.6%)             | 0.56 (0.50-0.62)                        | 0.86 (0.77-0.96)                   | 0.91 (0.79-1.06) | 0.85 (0.76-0.95)   |
| Death, Myocardial Infarction or Stroke, n (%) | 199 (5.6%)             | 1,778 (12.8%)             | 0.42 (0.36-0.48)                        | 0.83 (0.71-0.98)                   | 0.89 (0.72-1.10) | 0.80 (0.68-0.94)   |
| Death, n (%)                                  | 62 (1.8%)              | 901 (6.6%)                | 0.26 (0.20-0.33)                        | 0.69 (0.52-0.91)                   | 0.63 (0.43-0.91) | 0.67 (0.51-0.87)   |
| Myocardial Infarction, n (%)                  | 122 (3.3%)             | 855 (6.1%)                | 0.54 (0.44-0.65)                        | 0.90 (0.72-1.11)                   | 1.13 (0.86-1.49) | 0.86 (0.70-1.06)   |
| Unplanned revascularization, n (%)            | 300 (8.5%)             | 1,507 (11.5%)             | 0.74 (0.65-0.84)                        | 0.92 (0.80–1.06)                   | 1.00 (0.84-1.20) | 0.88 (0.77-1.01)   |
| Bleeding, n (%)                               | 112 (3.1%)             | 664 (4.7%)                | 0.64 (0.52-0.78)                        | 0.97 (0.78-1.22)                   | 0.86 (0.63-1.18) | 0.96 (0.77-1.19)   |

IPW – inverse probability weighting; MACE – major adverse cardiovascular events (all-cause death, myocardial infarction, stroke or unplanned revascularization); \*Event rates calculated as Kaplan-Meier estimates at different time points. Propensity stratification is the pre-specified primary method of adjustment. It is based on dividing the patient population into 10 strata based on the distribution of patient propensity score

## **PROMETHEUS** Cohort by Clinical Presentation

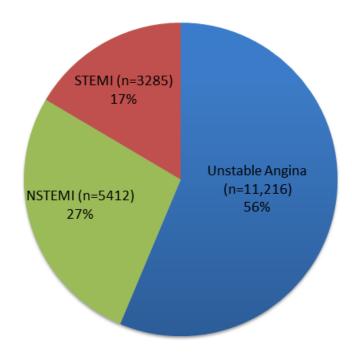


Figure 1

## **Prasugrel Use by Clinical Presentation**

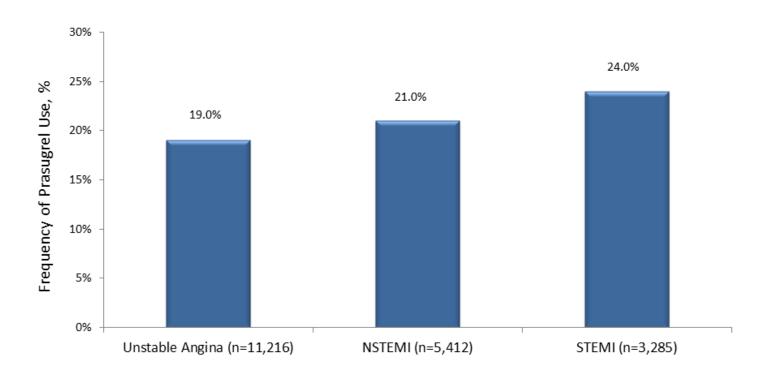


Figure 2

## Frequency of prasugrel use by number of thrombotic risk factors

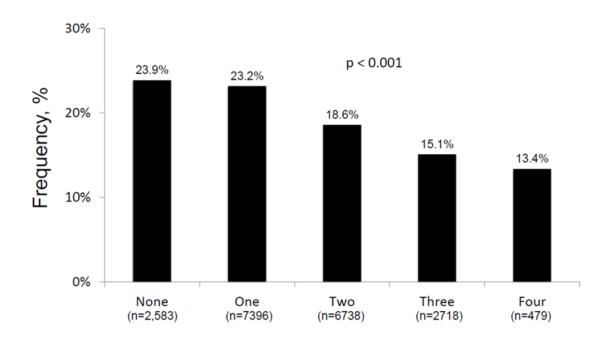


Figure 3

## Cumulative MACE at 90 Days and One Year by Treatment Group

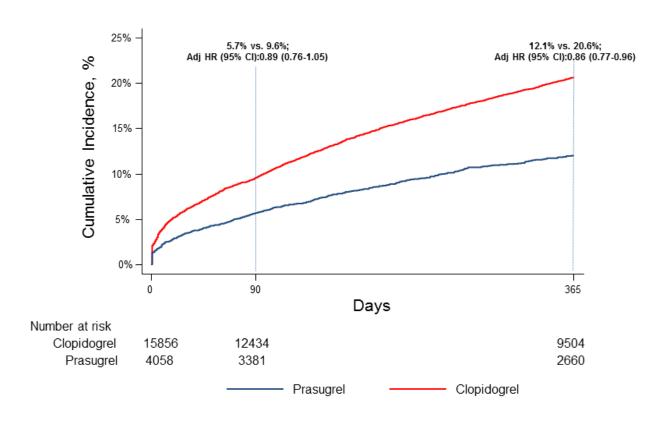


Figure 4A

## Cumulative Bleeding at 90 Days and One Year by Treatment Group

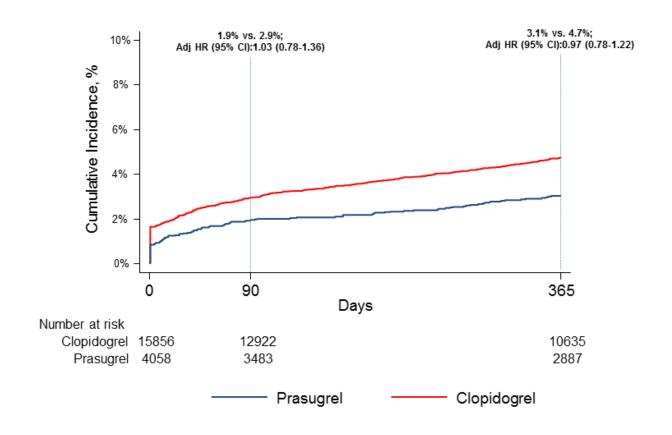


Figure 4B