

Immune Responses of IL-5 Transgenic Mice to Parasites and Aeroallergens

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*Eosinophils have long been thought to be effectors of immunity to helminths but have also been implicated in the pathogenesis of asthma. Patterns of cytokine production in the host may influence the pathogenesis of these diseases by regulating the activities of eosinophils and other components of the immune response. Mice which constitutively over-express IL-5 have profound and life-long eosinophilia in a restricted number of tissues. Although eosinophils from IL-5 transgenics are functionally competent for a number of parameters considered to be important in inflammation, untreated animals are overtly normal and free of disease. In addition, the responses of these animals when exposed to aeroallergens and helminths present a number of apparent paradoxes. Eosinophil accumulation in tissues adjacent to major airways is rapid and extensive in transgenics exposed to the aeroallergen, but even after treatment with antigen over many months these mice show no evidence of respiratory distress or pathology. Helminth-infected IL-5 transgenics and their non-transgenic littermates develop similar inflammatory responses at mucosal sites and are comparable for a number of T cell and antibody responses, but they differ considerably in their ability to clear some parasite species. The life-cycle of *Nippostrongylus brasiliensis* is significantly inhibited in IL-5 transgenics, but that of *Toxocara canis* is not. Our results also suggest that eosinophilia and/or over-expression of IL-5 may actually impair host resistance to *Schistosoma mansoni* and *Trichinella spiralis*. The pathogenesis of diseases in which eosinophils are involved may therefore be more complex than previously thought.*

Key words: eosinophils - interleukin-5 - helminths - asthma - allergy - *Trichinella spiralis* - *Nippostrongylus brasiliensis* - *Toxocara canis*

Elevated levels of eosinophils are seen in the blood and tissues of animals infected with some invasive helminths, in asthmatics and some atopic individuals, in idiopathic hypereosinophilia syndrome (IHES) and in a restricted range of other diseases. Eosinophils may be a prominent feature at sites of inflammation in these diseases, though other leukocytes may also be present in large numbers. Eosinophils would seem to be well equipped to provide protection against helminths. They are capable of antibody-dependent cytotoxicity for a number of targets *in vitro* including the helminths *Schistosoma mansoni* and *Trichinella spiralis*

(Butterworth 1984). Eosinophils are thought to damage parasites by releasing in their immediate vicinity an array of pre-formed toxic granule proteins including major basic protein (MBP), eosinophil peroxidase and eosinophil cationic protein. They may also rapidly generate and release toxic or pro-inflammatory products such as platelet activating factor (PAF) and leukotrienes. Eosinophil-mediated toxicity extends to mammalian target cells *in vitro* and possibly also to cultured tissues such as sections of trachea (Frigas et al. 1991). It is widely believed that asthma may in part be caused by the mis-directed or aberrant actions of eosinophils recruited to the airways by chronic exposure to antigen. To further investigate the roles of eosinophils in parasitic infections and in allergic lung diseases we have made extensive use of interleukin-5 transgenic mice (Dent et al. 1990) originally developed at the National Institute for Medical Research (NIMR, Mill Hill, UK) in the laboratory of Colin Sanderson. Our data are in some cases quite surprising and not in keeping with widely held views of the functions or eosinophils in disease.

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GENERAL BIOLOGY OF IL-5 TRANSGENICS

The CBA/Ca IL-5 transgenics used in these studies were generated using a transgene which imparts constitutive expression of IL-5 to CD2+ cells, most of which are T cells (Dent et al. 1990). Expression of IL-5 could be very significantly enhanced by stimulation of T cells *in vitro* with concanavalin A and *in vivo* by infection with the helminth *Mesocostoides corti* (Strath et al. 1992), suggesting that the transgene is at least partially regulated by genomic sequences native to IL-5 and included in the transgene construct. These animals show life-long eosinophilia in the blood and in a restricted range of tissues (Dent et al. 1990). Apart from splenomegaly, even transgenics with very high transgene copy numbers are overtly normal, and in particular, show no signs of respiratory distress. B cell numbers and antibody profiles were not markedly different from those seen in non-transgenic littermates (Sanderson et al. 1994, Dent & Sanderson, unpublished results).

One notable aberration which was detected early in our studies relates to breeding success. Three of the four founder transgenic lines [Tg(0IL5)C1 (Tg1), Tg2 and Tg3 with approximately 8, 49 and 44 transgene copies respectively] have been maintained as heterozygotes for more than six years without major problems. Litter sizes are comparable to those seen in nontransgenic animals of the same strain but maintained under specific-pathogen-free conditions (mean litter size \pm standard deviation for the third litters of Tg1, Tg2, Tg3 lines and a comparable nontransgenic colony were 5.7 ± 1.8 ; 6.0 ± 1.8 ; 6.5 ± 1.5 and 5.5 ± 1.91 respectively with $n = 10 - 17$). Despite our long-term success in breeding heterozygotes, we have not been able to successfully breed any but the lowest transgene copy line (Tg1) as homozygotes and even then the frequency of homozygotes generated is lower than expected. The reasons for this have yet to be elucidated, but given that eosinophil numbers in the rodent uterus change dramatically during oestrus (Tchernitchin et al. 1974), and also the association of MBP with pregnancy in humans (Oxvig et al. 1993), excessive eosinophilia may influence the outcome of pregnancies at any of several stages.

FUNCTIONAL CHARACTERISTICS OF EOSINOPHILS FROM IL-5 TRANSGENICS

Chronic eosinophilia in humans with IHES has been associated with eosinophil dysfunction and ultrastructural abnormalities (Tai & Spry 1976, Henderson et al. 1988, Sokol et al. 1988). We addressed the possibility that IL-5 transgenics might not spontaneously develop respiratory disease when kept in conventional conditions because of

abnormalities in many of the eosinophils which they carry. Much of this has recently been described (Dent et al. 1997). Eosinophils from IL-5 transgenics have many eosinophilic granules and at least as many as those found in eosinophils recovered from untreated or parasite-infected nontransgenic littermates (Dent et al. 1997). Many but not all of these granules have one or more electron dense bodies at the core, an ultrastructural feature typical of eosinophil granules (Fig. 1).

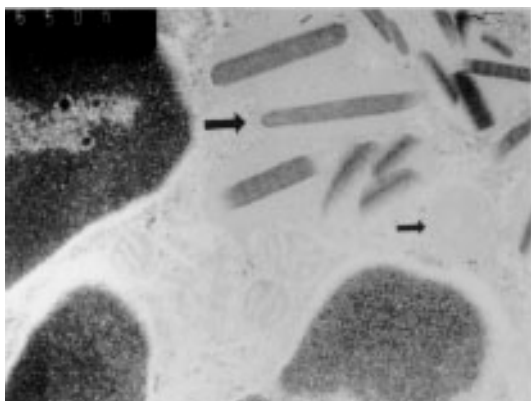


Fig. 1: electronmicrograph of granules in a peripheral blood eosinophil from a high transgene copy number (49 copies) Tg2 IL-5 transgenic mouse. Most granules contain one or more of the electron dense cores (arrow) typical of these organelles but some granules appear to lack this structure (small arrow). Eosinophils from IL-5 transgenics have at least as many granules as eosinophils isolated from the blood of non-transgenic littermates. 39,000x magnification. Methods as described by Dent et al. (1997).

Although not often noted as phagocytic cells, we have found that eosinophils from IL-5 transgenics readily phagocytose yeast cells and Gram-negative bacteria in the presence of normal serum. More than 80% of these eosinophils phagocytose at least one yeast cell within 3 hr of *in vitro* culture and this is not enhanced by addition of immune serum. Although on a cell-for-cell basis individual neutrophils from non-transgenic mice appear to phagocytose more bacteria than eosinophils from IL-5 transgenics (unpublished data), we have yet to determine if eosinophils can only kill bacteria after internalization. Regardless of their principal method of killing, eosinophils from IL-5 transgenic mice compare in efficiency to neutrophils from non-transgenic mice in destroying Gram-negative bacteria (*Proteus mirabilis*) opsonized with immune serum and both are more efficient than eosinophils recovered from the site of an *M. corti* infection in non-transgenic mice (Dent et al. 1997).

Eosinophils from IL-5 transgenics also respond in a dose-dependent manner to PAF in *in vitro*

chemotaxis assays (Dent et al. 1997). However the real efficiency of recruitment of eosinophils from IL-5 transgenics can best be illustrated *in vivo*. Twenty four hours after a short exposure to aerosolized ovalbumin, large perivascular leukocytic infiltrates are evident in the lungs of immunized IL-5 transgenics (Fig. 2). The majority of these cells are eosinophils and infiltrates are much more substantial than those in similarly treated non-transgenic littermates. In time and with further antigenic challenges the eosinophils will migrate in large numbers to occupy the submucosa of the airways.

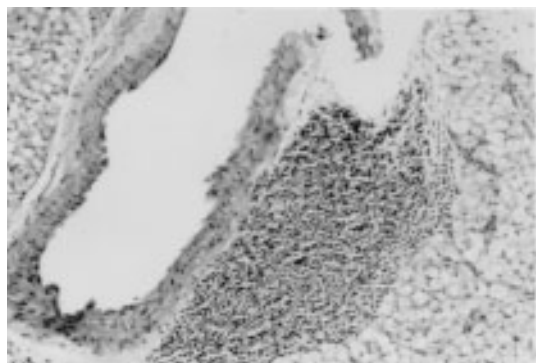


Fig. 2: light micrograph of periarteriolar leukocyte infiltrate in the lungs of an immunized Tg2 IL-5 transgenic mouse 24 hr after a short exposure to an aerosol containing chicken ovalbumin (OVA). Infiltrates are evident at 24 hr but not at 4 hr post challenge and are usually asymmetrically oriented towards the nearest airway. Most of the leukocytes present are eosinophils. After repeated exposure to OVA eosinophils can also be found in the sub-epithelial tissues of the airways and in the airways lumen. Mice were immunized twice (Day 0 and Day 12) by ip. injection with 10 µg of OVA (Sigma, Fraction V, 98% purity) mixed with 1 mg of alumina gel (Sigma) and saline to a total volume of 0.1 ml. Animals were held in a closed box and given a single five minute exposure to an aerosol of OVA (1% in saline, generated with a clinical nebulizer) on Day 24. Animals were sacrificed 24 hr after aerosol challenge. 60x magnification, parafin-embedded section stained with haematoxylin and eosin.

Since IHES has been associated with a range of disease syndromes in humans, if eosinophils in IL-5 transgenic mice are fully functional, one might also expect a similar outcome. Over-expression of other cytokine genes in mice (eg. GM-CSF and IL-4) has been reported to cause progressive and debilitating disease which is apparently a consequence of the proliferation and activation of myeloid cells (Lang et al. 1987). The data presented above suggested to us that eosinophils in IL-5 transgenics are functionally competent. With the possible exception of impaired reproductive success at very high levels of transgene expression, IL-5 transgenics are essentially disease-free when housed in conventional conditions. Constitutive

expression of IL-5 and life-long eosinophilia do not therefore appear to be sufficient for induction of disease. This then may reveal something critical about the roles of eosinophils in disease or at least about signals which may direct their activities. We have continued to investigate the biology of these animals, and in particular to address the roles of eosinophils in diseases in which these cells are a prominent feature. Our experiments have yielded data which do not necessarily fit hypotheses which are currently widely accepted.

HELMINTH INFECTIONS IN IL-5 TRANSGENICS

IL-5 transgenic mice have been experimentally infected with a number of helminth species in our laboratories. In each case parasite burdens in heterozygous transgenic mice have been compared to those in their non-transgenic littermates. We have found that over-expression of IL-5 and/or constitutive eosinophilia may enhance resistance to some but not all parasite species. However, much to our surprise, it seems that in some cases these components of the anti-helminth response may actually be disadvantageous (summarized in Table).

TABLE

Summary of outcomes of helminthic infections in IL-5 transgenic mice

Parasite species	Infection	Parasite burden compared with non-transgenic littermates
<i>Schistosoma mansoni</i>	Primary	Increased
	Secondary	Increased
<i>Trichinella spiralis</i>	Primary	Increased
<i>Toxocara canis</i>	Primary	Comparable
<i>Mesocestoides corti</i>	Primary	Comparable
<i>Nippostrongylus brasiliensis</i>	Primary	Decreased
	Secondary	Comparable

Our first surprise came from studies conducted at NIMR with the trematode *S. mansoni*. Whilst some data now suggest that IL-5 and eosinophils are not important in mice for immunity to this helminth (Sher et al. 1990a,b), at the time that our experiments were begun, the only published data suggested that eosinophils may be a significant effector cell population (Butterworth et al. 1975, Mahmoud et al. 1975). We have shown that IL-5 transgenic animals have higher numbers of liver-stage *S. mansoni* larvae than their non-transgenic counterparts in both primary and secondary infections (Dent et al. 1997). Although vaccination appears to enhance clearance in transgenic animals, multiple vaccinations do not alter the overall ef-

fect of enhanced parasite survival in transgenic mice. *S. mansoni* would therefore appear either to derive some advantage from over-expression of IL-5 and/or eosinophilia, or alternatively, such a bias in the immune response in some way impairs other more protective components.

In support of this outcome, we have also observed that, relative to their non-transgenic littermates, larval burdens were also higher in transgenic mice given a primary infection of the nematode *T. spiralis* (Fig. 3). However this is not a feature common to all nematode infections since *Toxocara canis* fared neither better nor worse in IL-5 transgenic mice and larval migration patterns were unaltered (Parsons, Dent et al. unpublished results). Although it has proven difficult to accurately quantitate parasite numbers in animals injected ip. with the cestode *M. corti*, the resulting infections follow the same protracted, and ultimately fatal course in IL-5 transgenic mice as they do in non-transgenic littermates (Strath et al. 1992).

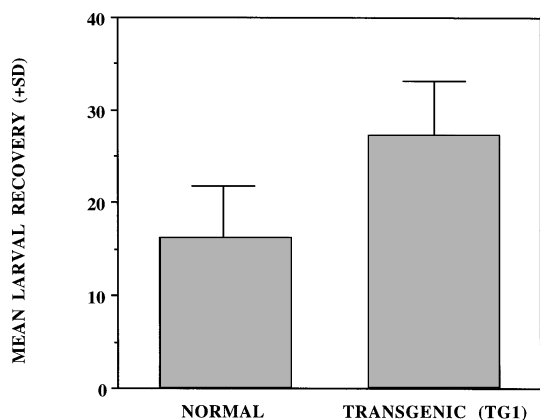


Fig. 3: recovery of tissue-dwelling *Trichinella spiralis* from mice ten days after primary infection by gavage with 200 larvae. Low transgene copy number Tg1 mice (8 copies) had a significantly higher parasite burden than similarly infected non-transgenic littermates ($p < 0.01$, Mann-Whitney U test, 7 mice/group).

On the basis of this evidence then, constitutive expression of IL-5 and eosinophilia would not appear to be beneficial and may even be harmful to the host in infections with a wide range of helminthic species. However this is not universally so. For example, survival of the nematode *Nippostrongylus brasiliensis*, a parasite with a very short transit time in mice, is very significantly curtailed in IL-5 transgenic animals. Relatively few larvae survive the transition from the subcutaneous injection site to the lungs, and then finally to the small intestine, where they would normally undergo further maturation, mate and begin to pro-

duce eggs (Fig. 4). Those worms which do make it to the gut fail to thrive and egg production, always a very transient event in mice, is virtually non-existent in IL-5 transgenic animals (Fig. 5). Few if any eggs have been detected in faeces from transgenics in any of the many experiments we have performed. This parasite is then, unlike the species described above, likely to be very severely affected by over-expression of IL-5 and/or the subsequent eosinophilia which meets the incoming larvae. Whilst larvae may be adversely affected in the gut via eosinophil-related mechanisms, we have evidence to suggest that much of the damage is done to the parasite before it arrives in the gut or even the lungs (Dent et al. unpublished results). We also have data (not shown) to suggest that at least one other nematode which makes a quick transit through its rodent host may also be more adversely affected in IL-5 transgenics than in non-transgenic mice.

We could speculate for some time on mechanisms which might explain the impaired resistance

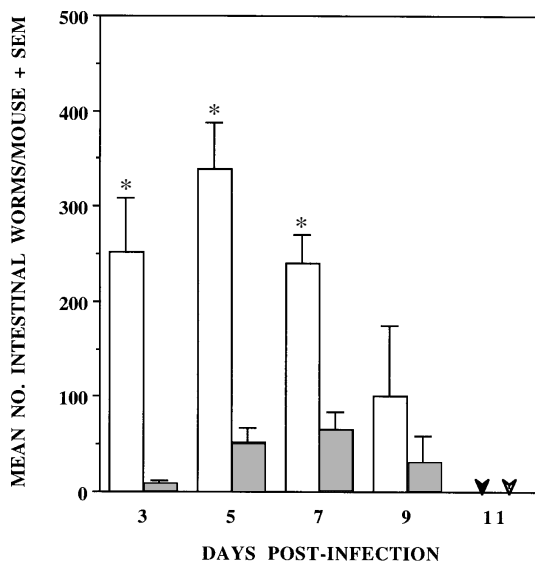


Fig. 4: IL-5 transgenic mice are more resistant to *Nippostrongylus brasiliensis* than their non-transgenic counterparts. Data are presented as the mean number of *N. brasiliensis* worms/mouse from 3 to 11 days post subcutaneous injection of 500 L3-stage larvae. Significantly more larvae were recovered from non-transgenic CBA/Ca mice (open bars) than Tg2 IL-5 transgenics (hatched bars). * = $p < 0.01$, Student's t test, 3 - 4 mice/group/day. The entire intestine was removed, opened longitudinally and incubated in saline for at least 1 hr under a heat lamp. Most worms migrated out of the intestine, but worms remaining adherent to the gut were also counted. A dissecting microscope was used to aid counting of all worms visible in each sample. The animals tested correspond to those depicted in Fig. 5. The parasite was maintained by passage in DA rats.

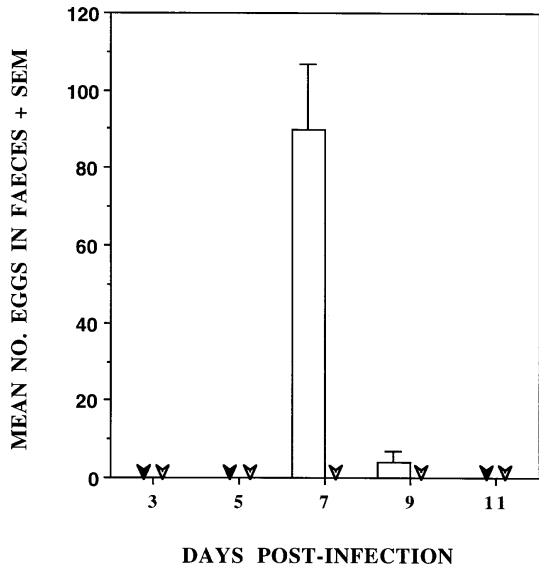


Fig. 5: production of eggs by *Nippostrongylus brasiliensis* infecting Tg2 IL-5 transgenic mice is negligible. Three faecal pellets were collected from each of three mice/group and eggs were concentrated by flotation on saturated NaCl solution and counted using a McMasters slide chamber. Values represent mean eggs/faecal pellet for each group. In this experiment eggs were only recovered from non-transgenic mice (open bars). Arrowheads represent nil eggs detected for NTg (closed) and Tg2 (open). Mice were infected by subcutaneous injection with 500 L3-stage larvae. The animals tested correspond to those depicted in Fig. 4.

seen in IL-5 transgenics infected with some of the helminth species listed above. For example, eosinophils may be more than just simple killer cells - they may also contribute to infections and inflammation in other ways. They may act as a source of a number of cytokines, some of which, such as transforming growth factor- β (Wong et al. 1991), can be anti-inflammatory or immunoregulatory via their effects on macrophages and lymphocytes. Prostaglandins produced by eosinophils may also inhibit inflammation (Hubsher 1975). Even eosinophil-specific proteins such as MBP which have previously been described as toxic for parasites and mammalian tissues, may also be anti-inflammatory in their pro-form or when bound to other proteins. Alternatively, an IL-5 bias may affect other arms of anti-helminthic immune responses in ways which have yet to be defined. Of the known effects of IL-5 not directly relevant to eosinophils, most of the likely parameters would not seem to be greatly different between IL-5 transgenic mice and their wild-type counterparts (reviewed in Sanderson 1992, Dent et al. 1997). We are therefore likely to be detecting either an activity not previously attributed to IL-5, or an indirect effect of this cytokine which is mediated by eosinophils.

Our results with *N. brasiliensis* are more in keeping with the commonly perceived role of eosinophils as effectors of anti-parasite immunity. They are also in concordance with results from experiments in which IL-5 depletion led to enhancement of infections with *Strongyloides venezuelensis* (Korenaga et al. 1991) or *Angiostrongylus cantonensis* (Yoshimura et al. 1994). In this context, it may be worth noting that both of these parasites are at least distantly related to *N. brasiliensis*.

So why should some parasites be detrimentally affected by eosinophils and others not? Further, why should infections with some parasite species appear to be worse in IL-5 transgenic mice? The answers to both questions almost certainly relate to the biology and adaptations of individual parasite species. *N. brasiliensis* normally produces eggs and leaves (or is expelled from) the host within ten days of infection. Changes in the number of eosinophil precursors present in the bone marrow of parasite-infected mice are not detected until approximately seven days after initiation of the infection (Strath & Sanderson 1986). By the time new eosinophils are generated in the bone marrow in response to the parasite, it has already mated and begun to produce eggs. Whilst some eosinophils may be recruited from the tissue pool before this time, either they may not be available in large numbers or they may not be able to localize to the parasite as it moves rapidly through host tissues and organs. This parasite has not been forced to live in the presence of large numbers of eosinophils and may therefore not have evolved such that it has defences which can adequately counter this cell. Consequently, when confronted with large numbers of eosinophils soon after injection into IL-5 transgenic hosts, many of the larvae may be rapidly overwhelmed. On the other hand, parasites such as *S. mansoni*, *T. spiralis* and *T. canis* all spend periods of months and even years in the host. It would therefore be important for their survival that they can efficiently counteract host defences of many kinds, including eosinophils. Indeed, many examples of immune evasion mechanisms adopted by helminths have been documented. More specifically, a broad range of microbes have recently been shown to utilize cytokine pathways in a variety of ways to subvert host defences. *S. mansoni* has apparently taken this one step further by utilizing tumour necrosis factor- α as a fecundity-enhancing factor (Amiri et al. 1992). It therefore seems possible that long-term tissue-dwelling parasites might not only evade eosinophil-mediated defences, but could also utilize IL-5 and/or eosinophil-derived factors for survival. This would seem to be the ultimate in parasitism.

RESPONSES OF IL-5 TRANSGENIC MICE TO AN AEROALLERGEN

Asthma is characterized by (i) airways hyperresponsiveness (AHR), (ii) inflammation in which eosinophils are often a feature and (iii) tissue damage, which may include loss of airways epithelium, deposition of sub-epithelial collagen and plugging of the airways. Eosinophils are present in large numbers in the lungs of untreated IL-5 transgenic mice, but most are to be found in the alveolar capillaries (Dent et al. 1990) and they may also be found in smaller numbers associated with lymphoid nodules of the upper airways. We found no other symptoms of asthma-like disease in IL-5 transgenic mice kept under conventional conditions. As shown above (Fig. 1), even small doses of ovalbumin can rapidly induce eosinophilia in the lungs of transgenic mice, but again without evidence of tissue damage. Various protocols have been used to induce tissue damage in these IL-5 transgenics, both in our own laboratory and by others (Lefort et al. 1996). We have found that tissue eosinophilia is maintained throughout three months of regular exposure to allergen (5 min exposure to a 1% OVA in saline aerosol, twice weekly). Eosinophils made up the majority of cells occupying the subepithelial tissues and some partially degranulated cells could be detected by electron microscopy in the immediate vicinity of the smooth muscle adjacent to major airways (Fig. 6a, b). However no tissue damage was detected in any of the transgenic or non-transgenic animals sampled at fortnightly intervals throughout these long-term exposure experiments.

We have also used a more short-term but very intensive exposure regime which has been shown by others to induce tissue damage and AHR in C57BL/6 mice (Foster et al. 1996). Immunized animals were exposed to OVA aerosols for three 30 min periods every second day over eight days. Non-transgenic animals immunized twice with OVA and challenged on four days with an aerosol of saline alone, as expected, showed little evidence of perivascular or peribronchial leukocytic infiltrates (Fig. 7a). When aerosols contained OVA, vast numbers of eosinophils were recruited into tissues immediately adjacent to both major and minor airways of immunized IL-5 transgenics (Figs 7b, c, 8), and to a lesser extent, in non-transgenic animals given the same treatment (Figs 7d, e, 8). Whilst other leukocytes were present, most of the cells were eosinophils. Twenty four hours after the last OVA aerosol challenge eosinophils were also recovered from the airways by bronchoalveolar lavage (Fig. 9) and represented 80% of the 3.7×10^7 leukocytes isolated per IL-5 transgenic animal

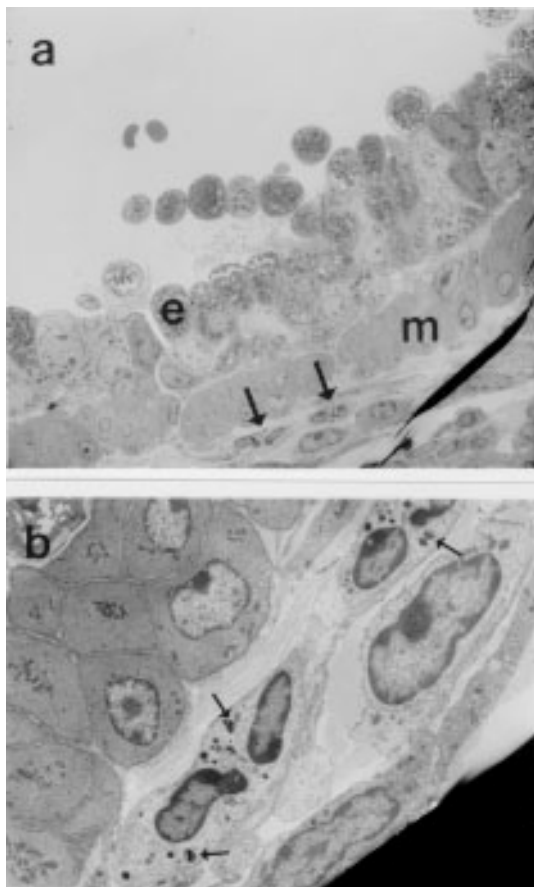


Fig. 6: photoelectronmicrograph of partially degranulated eosinophils immediately adjacent to the smooth muscle (m) and epithelium (e) of a major airway in the lung of a high copy number (44 copies) Tg3 IL-5 transgenic mouse. The animal was immunized twice with OVA and challenged for 5 min twice weekly for two weeks (ie. a total of four exposures to OVA aerosols, using an expansion of the protocol described in Fig. 2). Lungs were removed 24 hr after the last challenge. Eosinophils (Fig. 6a; large arrows) can be identified by their few remaining eosinophilic granules (Fig. 6b; small arrows). 1,300x and 4,800x magnification for a and b respectively. Other methods as described by Dent et al. (1997).

(mean value, compared with mean of 3.8×10^5 leukocytes for similarly treated non-transgenics). In none of the animals immunized and challenged with OVA could we find evidence of sloughing of epithelial sheets, thickening of the sub-epithelial "basement membrane" of the airways or obstruction of the airways by mucoid plugs containing cellular debris. We have not measured AHR in these IL-5 transgenic mice but this has been done by Lefort et al. (1996). Whilst aerosol challenge with OVA induces increased airways resistance in Swiss mice treated with serotonin, the same effect cannot be duplicated in either IL-5 transgenics or non-transgenic CBA controls. We therefore con-

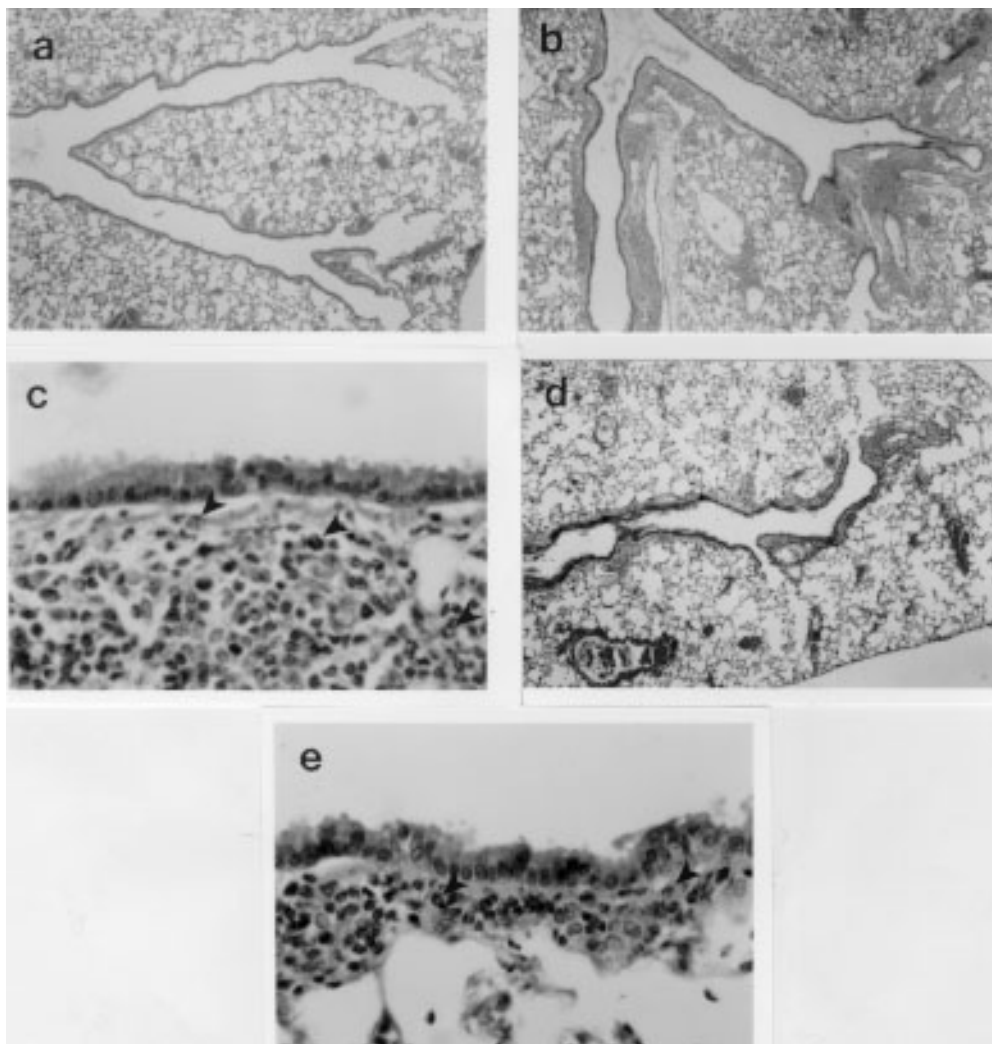


Fig. 7: photomicrographs of lung tissue sections prepared from mice given intensive exposure to OVA (or saline) aerosols over eight days. Mice were immunized and challenged as described in Fig. 2 except that OVA (or saline) aerosol challenges were given in three 30 min sessions (ie. a total of 1.5 hr exposure/day) on each of Days 24, 26, 28 and 30. Lungs were removed 24 hr after the last challenge. Sections presented are all of lower bronchioles but are consistent with findings in upper bronchioles, bronchi and trachea of the same animals. OVA immunized non-transgenic mice exposed to saline aerosols (a, 24x magnification) showed little evidence of leukocyte infiltrates and those small foci sometimes detected were usually devoid of eosinophils. Extensive leukocyte infiltrates adjacent to all major airways were evident in Tg2 IL-5 transgenic mice immunized and challenged with OVA (b, 24x magnification) but not in immunized transgenic mice challenged with saline only (not shown, but similar to a). Many of the cells in these infiltrates were readily identifiable as eosinophils (c, arrows, 240x magnification). A similar though less extensive pattern was also evident in OVA immunized and challenged non-transgenic CBA mice (d, 24x magnification, and e, 240x magnification). In all animals, both transgenic and non-transgenic, airways were free of debris and the epithelium remained intact (c and e).

clude that even in primed animals exposed to large doses of antigen or to smaller doses given over a long period of time, constitutive eosinophilia does not predispose CBA/Ca mice to the development of asthma-like disease.

The roles that cytokines and leukocytes might play in inducing AHR in mice has been a controversial issue over a number of years. The differences in the published data (Eum et al. 1995, Iwamoto & Takatsu 1995, Corry et al. 1996, Fos-

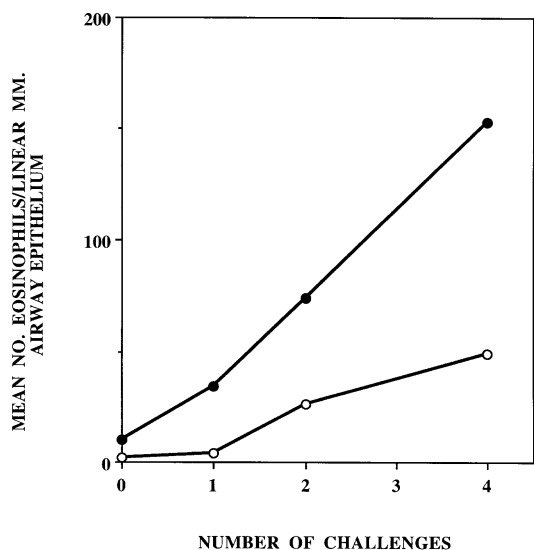


Fig. 8: the number of eosinophils infiltrating sub-epithelial bronchiolar tissues of Tg2 IL-5 transgenic mice (closed circles) and their wild-type counterparts (open circles) after immunization and intensive challenge with OVA (protocol as described in Fig. 7) increases with the number of challenges, and possibly also with time elapsed after the initial challenge. Eosinophils were counted for each of two animals/group/timepoint in ten separate 1 mm. linear segments of bronchiole to a depth of 100 μ m from the epithelial basement membrane. Data presented are means of mean sectional counts for each animal. A similar pattern was evident in both bronchi and trachea (data not shown). Tissue sections analyzed were similar to those shown in Fig. 7 and areas were defined using a calibrated eyepiece graticle.

ter et al. 1996, Lefort et al. 1996) regarding the roles of eosinophils and IL-5 in asthma have yet to be satisfactorily reconciled. We have no doubt added to this dilemma, but own preliminary data from comparative studies (not presented) and the work of others (DeSanctis et al. 1995), suggest to us that there may be substantial differences between mouse strains in susceptibility to AHR and aeroallergen-induced tissue damage. Although IL-4, IL-5, eosinophils and a number of other factors have been proposed as key components in the development of antigen-induced AHR, it is likely that the effects of each of these factors can be very substantially modified by the genetic background of the animals tested. In the next few years we are should see greater clarification of what these background factors might be. Certainly even rampant eosinophilia is not of itself sufficient for the development of asthma.

CONCLUSIONS

In studying the roles of eosinophils in both immunity to pathogens and in allergic disease, we have been forced to re-assess the current dogma on a number of issues. Our own data and that of

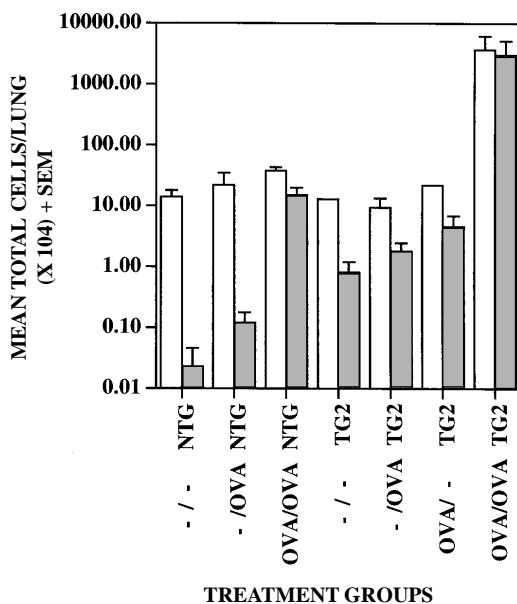


Fig. 9: recovery of leukocytes by bronchoalveolar lavage (BAL) from the airways of mice challenged with aerosols containing OVA or saline (protocols as described in Fig. 7). BAL was performed 24 hr after the last aerosol challenge. Immunization and challenge with OVA (OVA/OVA) resulted in the recruitment of large numbers of leukocytes into the airways (open bars), the majority of which were eosinophils (closed bars) in both Tg2 IL-5 transgenics (TG2) and non-transgenic (NTG) littermates. Immunization alone (OVA/-) or OVA aerosol challenge alone (-/OVA) had minimal effect on the cellular composition of the airways relative to untreated (-/-) animals. The number of leukocytes recovered from NTG OVA/OVA mice was double that from untreated or OVA/- NTG groups and most of this change could be accounted for by an increase in eosinophils. Approximately one hundred-fold more eosinophils were recruited in transgenic than in non-transgenic animals (note \log_{10} scale) and yet similarly treated animals (TG2 and NTG) did not develop any evidence of airways damage (see Fig. 7). BAL was performed with 3 x 1ml volumes of PBS delivered and recovered with a syringe and modified needle. Cells were enumerated with a haemocytometer and differentiated using Cytospin (Shandon) preparations stained with Giemsa (200 cells/slide), 3 mice/group.

others suggest that eosinophils may protect the host against some but not all helminth species. Our own results also suggest that the presence of high levels of IL-5 and/or eosinophilia in some way impedes destruction of at least two species of invasive helminths which both typically induce the production of eosinophils. Parasites which dwell in the host for long periods of time are likely to have evolved evasion mechanisms which negate the actions of eosinophils. They may also have taken parasitism a step further such that they utilize components of the immune response for their own benefit - this may include either IL-5 or eosinophil products.

When considering the role of eosinophils in

asthma, perhaps we might gain from the following analogy. If we were to examine the scene of a fire from a single snapshot, it is likely that we would be wrong in assuming that the fellows with the hoses attached to the red trucks were responsible for initiating the blaze. Eosinophils are often found in the lungs of asthmatics and indeed there is a substantial body of experimental evidence which suggests that under some conditions they may contribute to the pathogenesis of the disease. However much of the evidence is circumstantial. The logic often flows as follows: eosinophils can cause damage and they are present in large numbers where damage is manifested, therefore they are responsible for the damage. Firemen can light fires as well as put them out, and sometimes they do just that. However this is not usually a suitable explanation of the events captured in our snapshot of the conflagration. In our experimental studies of the roles of eosinophils in asthma we have established that even very spectacular eosinophilia is not sufficient to lead to allergen-induced lung disease. In the future we should focus on the as yet unknown genetically determined characteristics which regulate the ways in which eosinophils might contribute in asthma. The interplay between IL-5, eosinophils and other factors which can potentiate disease is likely to be complex and so many avenues for effective therapy of this disease have yet to be explored.

Our two-pronged approach to the study of eosinophils has again focused our thoughts on the likelihood that eosinophils cannot simply be classified as end-stage effector cells or killers of microbes which occasionally misbehave and end up damaging the host unnecessarily. We must seriously consider the many products that eosinophils can secrete both in terms of their effects on microbial targets and the surrounding tissues, but also on other cells of the immune system. We must address the possibilities that there are subsets of eosinophils with different functions or that eosinophils may respond very differently depending upon the stimuli received. Eosinophils may be highly efficient killers which are also capable of contributing to tissue damage, but they may also play a role in tissue repair and even in immunoregulation. Cells found at sites of inflammation are not necessarily always contributing in a positive way to inflammation and it is possible that under some circumstances eosinophils or at least a subpopulation of these cells may negatively regulate inflammation. In the case of asthma, this could be beneficial to the host whereas for some parasitic infections, or for the mixed infections often encountered in the "real world", this may be either advantageous or detrimental.

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