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Multiethnic Exome-Wide Association Study of Subclinical Atherosclerosis

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1 **Multiethnic Exome-Wide Association Study of Subclinical Atherosclerosis**

2 Pradeep Natarajan MD MMSc^{1,2*}, Joshua C. Bis PhD^{3*}, Lawrence F. Bielak DDS MPH⁴,
3 Amanda J. Cox PhD⁵, Marcus Dörr MD^{6,7}, Mary F. Feitosa PhD⁸, Nora Franceschini MD MPH⁹,
4 Xiuqing Guo PhD¹⁰, Shih-Jen Hwang PhD¹¹, Aaron Isaacs PhD^{12,13}, Min A Jhun PhD⁴, Maryam
5 Kavousi MD PhD¹², Ruifang Li-Gao MSc¹⁴, Leo-Pekka Lyytikäinen MD^{15,16}, Riccardo E.
6 Marioni PhD^{17,18,19}, Ulf Schminke MD²⁰, Nathan O. Stitzel MD PhD^{8,21,22}, Hayato Tada MD²³,
7 Jessica van Setten PhD²⁴, Albert V. Smith PhD^{25,26}, Dina Vojinovic MD MSc¹², Lisa R. Yanek
8 MPH²⁷, Jie Yao MD MS¹⁰, Laura M. Yerges-Armstrong PhD²⁸, Najaf Amin PhD¹², Usman
9 Baber MD²⁹, Ingrid B. Borecki PhD³⁰, J. Jeffrey Carr MD MSc³¹, Yii-Der Ida Chen PhD¹⁰, L.
10 Adrienne Cupples PhD³², Pim A. de Jong MD PhD³³, Harry de Koning PhD³⁴, Bob D. de Vos
11 MSc³⁵, Ayse Demirkan PhD¹², Valentin Fuster MD PhD²⁹, Oscar H. Franco MD PhD¹², Mark O.
12 Goodarzi MD PhD³⁶, Tamara B. Harris MD³⁷, Susan R. Heckbert MD PhD³⁸, Gerardo Heiss MD
13 PhD⁹, Udo Hoffmann MD PhD³⁹, Albert Hofman MD PhD¹², Ivana Išgum PhD³⁵, J. Wouter
14 Jukema MD PhD^{40,41,42}, Mika Kähönen MD PhD^{43,44}, Sharon L.R. Kardia PhD⁴, Brian G. Kral
15 MD MPH²⁷, Lenore J. Launer PhD³⁷, Joe Massaro PhD³², Roxana Mehran MD²⁹, Braxton D.
16 Mitchell PhD MPH^{28,45}, Thomas H. Mosley Jr. PhD⁴⁶, Renée de Mutsert PhD¹⁴, Anne B.
17 Newman MD⁴⁷, Khanh-dung Nguyen PhD⁴⁸, Kari E. North PhD⁹, Jeffrey R. O'Connell PhD²⁸,
18 Matthijs Oudkerk MD⁴⁹, James S. Pankow PhD MPH⁵⁰, Gina M. Peloso PhD^{1,2,32}, Wendy Post
19 MD MS²⁷, Michael A. Province PhD⁸, Laura M. Raffield PhD⁵, Olli T. Raitakari MD PhD^{51,52},
20 Dermot F. Reilly PhD⁴⁸, Fernando Rivadeneira MD PhD^{12,53,54}, Frits Rosendaal MD PhD¹⁴,
21 Samantha Sartori PhD²⁹, Kent D. Taylor PhD¹⁰, Alexander Teumer PhD^{7,55}, Stella Trompet
22 PhD⁴⁰, Stephen T. Turner MD⁵⁶, Andre G. Uitterlinden PhD^{12,53,54}, Dhananjay Vaidya PhD MPH
23 MBBS²⁷, Aad van der Lugt MD PhD⁵⁷, Uwe Völker PhD^{7,58}, Joanna M. Wardlaw MD^{17,59},
24 Christina L. Wassel PhD MS⁶⁰, Stefan Weiss PhD^{7,58}, Mary K. Wojczynski PhD⁸, Diane M.
25 Becker ScD PhD²⁷, Lewis C. Becker MD²⁷, Eric Boerwinkle PhD^{61,62}, Donald W. Bowden PhD⁵,
26 Ian J. Deary PhD^{17,63}, Abbas Dehghan MD PhD¹², Stephan B. Felix MD^{6,7}, Vilmundur Gudnason
27 MD PhD^{25,26}, Terho Lehtimäki MD PhD^{15,16}, Rasika Mathias ScD²⁷, Dennis O. Mook-Kanamori
28 MD PhD^{14,64}, Bruce M. Psaty MD^{3,38,65,66}, Daniel J. Rader MD⁶⁷, Jerome I. Rotter MD¹⁰, James
29 G. Wilson MD⁶⁸, Cornelia M. van Duijn PhD^{12,54}, Henry Völzke MD^{7,55,69}, Sekar Kathiresan
30 MD^{1,2}, Patricia A. Peyser PhD⁴, Christopher J. O'Donnell MD MPH^{70†}, CHARGE Consortium

31
32 * Contributed equally

33 † Corresponding author

34

35 ¹ Center for Human Genetic Research and Cardiovascular Research Center, Massachusetts General Hospital,
36 Boston, MA, 0211437 ² Program in Medical and Population Genetics, Broad Institute of Harvard and MIT, Cambridge, MA 0214238 ³ Cardiovascular Health Research Unit, Department of Medicine, University of Washington, Seattle, WA 9810139 ⁴ Department of Epidemiology, School of Public Health, University of Michigan, Ann Arbor, MI 4810940 ⁵ Diabetes Heart Study, Wake Forest Health Sciences, Winston-Salem, NC 2710441 ⁶ Department of Internal Medicine, University Medicine Greifswald, Greifswald, Germany 1747542 ⁷ DZHK (German Centre for Cardiovascular Research), partner Site Greifswald, Germany 1747543 ⁸ Division of Statistical Genetics, Department of Genetics, Washington University School of Medicine, St. Louis,
44 MO 6310845 ⁹ Epidemiology, Gillings School of Global Public Health, University of North Carolina, Chapel Hill, NC 2751446 ¹⁰ Institute for Translational Genomics and Population Sciences, Los Angeles Biomedical Research Institute, and
47 Department of Pediatrics at Harbor-UCLA Medical Center, Torrance, CA 90502

- 48 ¹¹ Framingham Heart Study, National Heart Lung and Blood Institute / National Institutes of Health, Framingham ,
49 MA 01701
- 50 ¹² Genetic Epidemiology Unit, Department of Epidemiology, Erasmus MC, University Medical Center Rotterdam,
51 Rotterdam, NL
- 52 ¹³ CARIM School for Cardiovascular Diseases, Maastricht Centre for Systems Biology, Department of
53 Biochemistry, Maastricht University, Maastricht, NL
- 54 ¹⁴ Department of Clinical Epidemiology, Leiden University Medical Center, Leiden, NL
- 55 ¹⁵ Department of Clinical Chemistry, Fimlab Laboratories, Tampere, Finland 33520
- 56 ¹⁶ Department of Clinical Chemistry, University of Tampere School of Medicine, Finland, 33014
- 57 ¹⁷ Centre for Cognitive Ageing and Cognitive Epidemiology, University of Edinburgh, Edinburgh, UK, EH8 9JZ
- 58 ¹⁸ Centre for Genomic and Experimental Medicine, Institute of Genetics and Molecular Medicine, University of
59 Edinburgh, Edinburgh, UK, EH4 2XU
- 60 ¹⁹ Queensland Brain Institute, University of Queensland, Brisbane, QLD, Australia 4072
- 61 ²⁰ Department of Neurology, University Medicine Greifswald, Greifswald, Germany 17475
- 62 ²¹ Cardiovascular Division, Department of Medicine, Washington University School of Medicine, St. Louis, MO
63 63110
- 64 ²² McDonnell Genome Institute, Washington University School of Medicine, St. Louis, MO 63110
- 65 ²³ Division of Cardiovascular Medicine, Kanazawa University Graduate School of Medicine, Kanazawa, Japan
66 9208641
- 67 ²⁴ Cardiology, University Medical Center Utrecht, Utrecht, NL
- 68 ²⁵ Icelandic Heart Association, Kopavogur, Iceland
- 69 ²⁶ Faculty of Medicine, University of Iceland, Reykjavik, Iceland
- 70 ²⁷ Department of Medicine, Johns Hopkins University School of Medicine, Baltimore, MD 21287
- 71 ²⁸ Division of Endocrinology, Diabetes & Nutrition, Department of Medicine, University of Maryland School of
72 Medicine, Baltimore, MD 21201
- 73 ²⁹ Cardiovascular Institute, Icahn School of Medicine at Mount Sinai, New York, NY 10029
- 74 ³⁰ Analytical Genetics, Regeneron Pharmaceuticals Inc, Tarrytown, NY 10591
- 75 ³¹ Radiology, Cardiovascular Medicine and Biomedical Informatics, Vanderbilt, Nashville, TN 37203
- 76 ³² Department of Biostatistics, Boston University School of Public Health, Boston, MA 02118
- 77 ³³ Department of Radiology, University Medical Center Utrecht, Utrecht, NL
- 78 ³⁴ Department of Public Health, Erasmus Medical Center Rotterdam, Rotterdam, NL
- 79 ³⁵ Image Sciences Institute, University Medical Center Utrecht, Utrecht, NL
- 80 ³⁶ Division of Endocrinology, Diabetes and Metabolism, Cedars-Sinai Medical Center, Los Angeles, CA 90048
- 81 ³⁷ Laboratory of Epidemiology and Population Sciences, National Institute on Aging Intramural Research / National
82 Institutes of Health, Baltimore, MD 20892
- 83 ³⁸ Department of Epidemiology, University of Washington, Seattle, WA 98101
- 84 ³⁹ Department of Radiology, Massachusetts General Hospital, Boston, MA 02114
- 85 ⁴⁰ Department of Cardiology, Leiden University Medical Center, Leiden, NL
- 86 ⁴¹ Durrer Center for Cardiogenetic Research, Netherlands Heart Institute, Amsterdam, NL
- 87 ⁴² Interuniversity Cardiology Institute of the Netherlands, Netherlands Heart Institute, Utrecht, NL
- 88 ⁴³ Department of Clinical Physiology, Tampere University Hospital, Tampere, Finland 33521
- 89 ⁴⁴ Department of Clinical Physiology, University of Tampere School of Medicine, Tampere, Finland, 33014
- 90 ⁴⁵ Geriatrics Research and Education Clinical Center, Baltimore Veterans Administration Medical Center,
91 Baltimore, MD 21201⁴⁶ Division of Geriatric Medicine, Department of Medicine, University of Mississippi Medical
92 Center, Jackson, MS 39216
- 93 ⁴⁷ Department of Epidemiology, Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA 15261
- 94 ⁴⁸ Genetics & Pharmacogenomics Department, Merck Sharpe & Dohme Corp., Boston, MA 02115
- 95 ⁴⁹ Center for Medical Imaging - North East Netherlands, University Medical Center Groningen, University of
96 Groningen, Groningen, NL
- 97 ⁵⁰ Division of Epidemiology and Community Health, University of Minnesota, Minneapolis, MN 5545
- 98 ⁵¹ Department of Clinical Physiology and Nuclear Medicine, Turku University Hospital, Turku, Finland 20521
- 99 ⁵² Research Centre of Applied and Preventive Cardiovascular Medicine, University of Turku, Turku, Finland 20520
- 100 ⁵³ Department of Internal Medicine, Erasmus MC, University Medical Center Rotterdam, Rotterdam, NL
- 101 ⁵⁴ Netherlands Consortium for Healthy Aging, Rotterdam, NL
- 102 ⁵⁵ Institute for Community Medicine, University Medicine Greifswald, Greifswald, Germany 17475⁵⁶ Division of
103 Nephrology and Hypertension, Department of Internal Medicine, Mayo Clinic, Rochester, MN 55905

- 104 ⁵⁷ Department of Radiology, Erasmus MC, University Medical Center Rotterdam, Rotterdam, NL
105 ⁵⁸ Interfaculty Institute of Genetics and Functional Genomics, University Medicine Greifswald, Greifswald,
106 Germany, 17475
107 ⁵⁹ Division of Neuroimaging Sciences and Brain Research Imaging Centre, Centre for Clinical Brain Sciences,
108 University of Edinburgh, Edinburgh, UK, EH4 2XU
109 ⁶⁰ Department of Pathology and Laboratory Medicine, The University of Vermont, Colchester, VT 05446
110 ⁶¹ Human Genetics Center, The University of Texas Health Science Center at Houston, Houston, TX 77030
111 ⁶² Epidemiology, School of Public Health, The University of Texas Health Science Center at Houston, Houston, TX
112 77030
113 ⁶³ Department of Psychology, University of Edinburgh, Edinburgh, UK EH8 9JZ
114 ⁶⁴ Department of Public Health and Primary Care, Leiden University Medical Center, Leiden, NL
115 ⁶⁵ Department of Health Services, University of Washington, Seattle, WA 98101
116 ⁶⁶ Group Health Research Institute, Group Health Cooperative, Seattle, WA 98101
117 ⁶⁷ Division of Translational Medicine & Human Genetics, Department of Medicine, Perelman School of Medicine,
118 University of Pennsylvania, Philadelphia, PA 19104
119 ⁶⁸ Department of Physiology and Biophysics, University of Mississippi Medical Center, Jackson, MS 39216
120 ⁶⁹ German Center for Diabetes Research (DZD), Greifswald, Germany 17475
121 ⁷⁰ Division of Cardiology, Boston Veterans Affairs Healthcare System, Boston, MA 02132

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128

129 Please address correspondence to:

130 Christopher J. O'Donnell, MD MPH

131 Associate Professor Medicine, Harvard Medical School

132 Chief of Cardiology, Boston Veterans Affairs Healthcare System

133 1400 Veterans of Foreign Wars Parkway, Building 1 5B-113

134 Boston, MA 02132 USA

135 Phone: 857-203-6840, Fax: 857-203-5550

136 Email: odonnellc@nhlbi.nih.gov

137 **Abstract**

138 **Background** – The burden of subclinical atherosclerosis in asymptomatic individuals is heritable
139 and associated with elevated risk of developing clinical coronary heart disease (CHD). We
140 sought to identify genetic variants in protein-coding regions associated with subclinical
141 atherosclerosis and the risk of subsequent CHD.

142 **Methods and Results** – We studied a total of 25,109 European ancestry and African-American
143 participants with coronary artery calcification (CAC) measured by cardiac computed tomography
144 and 52,869 with common carotid intima media thickness (CIMT) measured by ultrasonography
145 within the Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE)
146 Consortium. Participants were genotyped for 247,870 DNA sequence variants (231,539 in exons)
147 across the genome. A meta-analysis of exome-wide association studies was performed across
148 cohorts for CAC and CIMT. *APOB* p.Arg3527Gln was associated with four-fold excess CAC (P
149 = 3×10^{-10}). The *APOE* $\epsilon 2$ allele (p.Arg176Cys) was associated with both 22.3% reduced CAC (P
150 = 1×10^{-12}) and 1.4% reduced CIMT ($P = 4 \times 10^{-14}$) in carriers compared with non-carriers. In
151 secondary analyses conditioning on LDL cholesterol concentration, the $\epsilon 2$ protective association
152 with CAC, although attenuated, remained strongly significant. Additionally, the presence of $\epsilon 2$
153 was associated with reduced risk for CHD (OR 0.77; $P = 1 \times 10^{-11}$).

154 **Conclusions** – Exome-wide association meta-analysis demonstrates that protein-coding variants
155 in *APOB* and *APOE* associate with subclinical atherosclerosis. *APOE* $\epsilon 2$ represents the first
156 significant association for multiple subclinical atherosclerosis traits across multiple ethnicities as
157 well as clinical CHD.

158 **Key Words:** Genome Wide Association Study; exome; coronary artery calcification; carotid
159 intima-media thickness; genomics

160 **Background**

161 Coronary heart disease (CHD) remains the leading cause of death and infirmity in
162 developed countries.¹ Atherosclerosis is the underlying pathology of CHD.² The presence of
163 atherosclerosis in individuals without clinical CHD, termed “subclinical atherosclerosis,” is
164 associated with increased risk of developing clinical CHD independent of traditional risk factors
165 prior to the onset of symptoms.³⁻⁶ Subclinical atherosclerosis is a heritable⁷⁻⁹ clinical phenotype
166 that can be ascertained non-invasively as coronary artery calcification (CAC) by cardiac
167 computed tomography (CT) and common carotid intima media thickness (CIMT) by carotid
168 ultrasound.¹⁰

169 Genome-wide association studies (GWAS) within the Cohorts for Heart and Aging
170 Research in Genomic Epidemiology (CHARGE) Consortium have discovered sites of common
171 non-coding genetic variation associated with both CAC^{11, 12} and CIMT^{7, 11} among those of
172 European ancestry. Non-coding single nucleotide polymorphisms (SNPs) at the 9p21 and 6p24
173 regions, near the *CDKN2A* and *PHACTR1* genes, respectively, are strongly associated with both
174 CAC burden and myocardial infarction (MI).¹² The 8q24 (*ZHX2*), 19q13 (*APOC1*), and 8q23
175 (*PINXI*) loci are strongly associated with CIMT.⁷ Observed associations for subclinical
176 atherosclerosis among individuals of European ancestry, however, have not been replicated in
177 those of African ancestry.^{13, 14} Furthermore, since the biologic implications of non-coding
178 variation are not as readily interpreted as with coding variation, the roles of such variants in
179 human atherosclerosis remain unclear.¹⁵ Protein-coding variation tends to be infrequently
180 observed and is often inadequately catalogued on earlier GWAS arrays.¹⁶ Rare genomic variation
181 is not well-imputed and exome sequencing to detect such uncommon variation across large
182 populations remains a costly endeavor. Here, we leverage the Illumina HumanExome BeadChip

183 array, enriched for protein-coding variation.¹⁷ We investigated whether there is evidence for
184 associations of protein-coding variation with two measures of subclinical atherosclerosis across
185 individuals of European and of African ancestry. And we further determine whether such DNA
186 sequence variations may influence CHD risk.

187

188 **Methods**

189

190 **Study Populations**

191

192 The Illumina HumanExome Beadchip v1.0 or v1.1 (also known as the “exome chip”) was used
193 to genotype participants across 19 cohorts of the CHARGE Consortium (**Supplement**).¹⁸

194 Participants with a diagnosis of CHD at the time of CAC phenotyping were excluded from CAC
195 analysis. Participants who underwent carotid endarterectomy prior to CIMT phenotyping were
196 excluded from CIMT analysis. 25,109 participants had CAC measured and 52,869 participants
197 had CIMT measured. Each study received institutional review board approval, participants
198 provided written informed consent, and respective governing ethics committees approved each
199 study.

200

201 **Measures**

202

203 *CAC Measurement*

204

205 Cohorts used different CT scanners to ascertain CAC scoring (**Table S1**). CAC scoring by
206 multidetector CT and by electron beam CT have been previously described to be highly
207 concordant and are both recognized as valid tools to estimate CAC score.¹⁹⁻²¹ Total CAC score
208 was quantified by the sum of CAC area weighted by density within individual coronary arteries
209 by the Agatston method and the continuous score was used for analysis.²²

210

211 *CIMT Measurement*

212

213 Common carotid intima media thickness was derived by bilateral longitudinal common carotid
214 artery analysis (imaging and measurement methods are described in the **Table S2**). The mean of
215 the maximum thickness for each common carotid artery was the analytical variable.

216

217 **Statistical Analyses**

218

219 According to prespecified analysis plans, association analyses and meta-analyses were
220 performed using the seqMeta package ([http://cran.r-](http://cran.r-project.org/web/packages/seqMeta/index.html)
221 [project.org/web/packages/seqMeta/index.html](http://cran.r-project.org/web/packages/seqMeta/index.html)) in the R statistical software as has previously
222 been performed for exome chip-based analyses.²³ To reduce skewness, CAC was natural log
223 transformed after adding 1 and CIMT was natural log transformed. Each cohort performed an
224 analysis for each genomic variant with the trait of interest independently and separately for
225 individuals of European and African ancestry to minimize population biases. Covariates in the
226 models included age, sex, and principal components of ancestry derived using EIGENSTRAT.²⁴
227 For studies with related samples, the pairwise kinship matrix was computed and accounted for in

228 the regression model. Score statistics and genotypic covariance matrices were computed for each
229 cohort and used for additive single variant and gene-based analyses, respectively.

230

231 For our primary analyses, we tested the association of each genomic variant with CAC and with
232 CIMT across all samples by meta-analysis that included all cohorts, irrespective of ancestry. We
233 performed single variant analyses on variants that had a minor allele count of at least 20 and
234 gene-based analyses for genes with combined minor allele frequency (MAF) of nonsynonymous
235 variants at least 0.2% to reduce the likelihood of false positive results. We also performed two
236 gene-based tests: 1) T1, where nonsynonymous variants with minor allele frequency (MAF) <1%
237 were collapsed into a gene-based statistic, and 2) sequence kernel association test (SKAT) with
238 MAF <5% for nonsynonymous variants to better account for collapsed variants with
239 bidirectional phenotypic consequences. Regional association plots were generated using
240 LocusZoom.²⁵ For our secondary analyses, we tested the association of each genomic variant
241 with CAC and CIMT by meta-analysis separately among cohorts of European and African
242 ancestry.

243

244 Given the 238,065 variants on the array that passed quality control, the Bonferroni-adjusted level
245 of significance for single variant tests was $0.05/238,065 = 2.10 \times 10^{-7}$. Given the 17,574 genes
246 with nonsynonymous variants on the array, the Bonferroni-adjusted level of significance for
247 gene-based tests was $0.05/17,574 = 2.85 \times 10^{-6}$. For CAC, we had >90% power to detect a variant
248 (MAF <1%) with effect size 0.31 standard deviations, or a gene (combined MAF <1%) with
249 effect size 0.28 standard deviations at a sample size of 25,000. For CIMT, we had >90% power
250 to detect a variant (MAF <1%) with effect size 0.21 standard deviations or a gene (combined

251 MAF <1%) with effect size 0.20 standard deviations with a sample size of 52,000. Power
252 calculations were performed using the Genetic Power Calculator.²⁶

253

254 Methods for the secondary analyses are presented in the **Supplement**.

255

256 **Results**

257

258 **Study Participants**

259

260 19 cohorts participated in the meta-analyses of these two subclinical atherosclerotic traits and the
261 clinical characteristics are summarized in **Table S1** and **Table S2**. A total of 25,109 participants
262 were genotyped with the array and had CAC assessed; of these participants, 19,980 were of
263 European ancestry and 5,129 were of African ancestry. 52,869 participants were genotyped and
264 had CIMT assessed; 44,963 were of European ancestry and 7,906 were of African ancestry.
265 222,701 (93.5%) of the 238,065 variants were polymorphic in the CAC meta-analysis; of
266 polymorphic variants, 193,373 (97.1%) were annotated as nonsynonymous or splice-site
267 variants. Similarly, 227,344 (95.5%) of array variants were polymorphic in the CIMT meta-
268 analysis and, of these, 217,235 (95.6%) were nonsynonymous or splice-site variants.

269

270 **Coronary Artery Calcification Association**

271

272 **Figure 1** plots the meta-analysis CAC association P-value by genomic locus for each variant.

273 The top loci with lead variants associated with CAC among all participants are listed in **Table 1**.

274 No systematic association inflation was observed across the set of statistical tests performed
275 (**Figure S1**).

276

277 We identified previously-described common non-coding variant associations at the 9p21 and
278 6p24 loci. A 9p21 haplotype marked by lead SNP rs10757278-G (MAF 43%), an intergenic
279 variant, was replicated and associated with increased CAC quantity (23.4%; 95% CI: 18.6,
280 28.3%; $P = 2 \times 10^{-24}$). Similarly, rs9349379-G (MAF 34%), an intronic variant within *PHACTR1*,
281 was associated with increased CAC quantity (20.9%; 95% CI: 16.3, 25.8 %; $P = 5 \times 10^{-20}$). While
282 these associations were robust for those of European ancestry, there was no apparent evidence
283 for association in those of African ancestry (**Figure S2, Figure S3**). Both loci display locus
284 heterogeneity, or multiple independent associations, for CAC in those of European ancestry
285 (**Table 1**). We did not discover non-coding variants at other loci on the exome chip that met our
286 stringent Bonferroni alpha threshold. Previously, rs3809346, an intronic variant of *COL4A2*, had
287 a suggestive association with CAC,¹² but now in our European ancestry sample size that is twice
288 as large, genome-wide significant association was not observed ($P = 2 \times 10^{-3}$).

289

290 Among functional variants, a nonsynonymous *APOB* (rs5742904-T; MAF 0.2%;
291 NM_000384.2:c.10580G>A; NP_000375.2:p.Arg3527Gln) variant was significantly associated
292 with CAC quantity. Carriers of the rare *APOB* missense variant had markedly increased CAC
293 (4.1-fold; 95% CI: 2.6-, 6.4-fold; $P = 3 \times 10^{-10}$). In our meta-analysis, the Old Order Amish cohort
294 primarily accounted for the strong association, and the variant was extremely rarely observed
295 within other cohorts. Furthermore, the variant was not seen among individuals of African
296 ancestry (**Figure S4**). We also discovered a distinct rare *APOB* missense variant (rs1801696-T;

297 MAF 0.6% European ancestry; NM_000384.2:c.7696G>A; NP_000375.2:p.Glu2566Lys),
298 detected in individuals of European ancestry in most cohorts, that was moderately associated
299 with increased CAC (1.9-fold; 95% CI: 1.6-, 2.1-fold; $P = 9 \times 10^{-6}$). This variant was not observed
300 in individuals of African ancestry.

301
302 Additionally, a missense 19q13 variant within the *APOE* gene (rs7412-T; MAF 7.4% European
303 ancestry, 10.8% African ancestry; NM_000041.2:c.526C>T; NP_000032.1:p.Arg176Cys) was
304 associated with diminished CAC quantity (-22.3%; 95% CI, -27.6- -16.7%; $P = 1 \times 10^{-12}$) (**Figure**
305 **S5**). This association was consistent in those of both European ancestry (-17.3%; 95% CI: -23.7,
306 -10.3%; $P = 4 \times 10^{-6}$) and African ancestry (-35.2%; 95% CI: -43.6, -25.7%; $P = 5 \times 10^{-10}$) without
307 significant heterogeneity ($P = 0.53$) (**Figure 2**). Additionally, an independent variant (rs769449-
308 A; MAF 11% European ancestry, 2.4% African ancestry) within an intron of *APOE* also had
309 nominal evidence of association with increased CAC quantity only in individuals of European
310 ancestry (+15.0%; 95% CI: 7.9, 22.6%; $P = 2 \times 10^{-5}$).

311
312 To improve power of discovery for rare protein-coding variants, we conducted gene-based
313 analyses by aggregating such variants within a gene into a single statistical unit to increase the
314 exposure rate. However, collapsing nonsynonymous variants on the exome chip within a gene
315 did not yield genome-wide significant results (**Figure S6**).

316

317 Carotid Intima Media Thickness Association

318

319 There was no systematic inflation of CIMT associations with any variant (**Figure S7**). The top
320 meta-analysis association findings are listed in **Table 2** and a Manhattan plot of all associations
321 is presented in **Figure 3**.

322
323 We noted that, in addition to diminished CAC, the rs7412-T *APOE* ϵ 2 allele was associated with
324 diminished CIMT (-1.4%; 95% CI: -1.8, -1.0%; $P = 4 \times 10^{-14}$). There was consistency of
325 association across European and African ancestry cohorts (**Figure 4** and **Figure S8**). There was
326 no significant heterogeneity among the cohorts for this association (P heterogeneity = 0.23)

327
328 There were two additional independent suggestive associations at 19q13 at non-coding variants.
329 A variant 5kb upstream of *LDLR* (rs11668477) was associated with diminished CIMT ($P = 5 \times 10^{-7}$)
330 primarily among those of European ancestry. This variant has previously been associated with
331 reduced LDL cholesterol.²⁷ The nearby rs7188-G variant (MAF 33% European ancestry, 7.9%
332 African ancestry) within the 3'UTR region of *KANK2* was associated with CIMT in those of
333 European ancestry ($P = 1 \times 10^{-6}$). Additionally, a rare missense variant (rs143873045-A; MAF
334 0.5% African ancestry; NM_001136191.2:c.1274C>T; NP_001129663.1:p.Ser425Leu) in
335 *KANK2* only observed in individuals of African ancestry showed suggestive association with
336 increased CIMT ($P = 4 \times 10^{-4}$). Lastly, in gene-based analyses, collapsing nonsynonymous
337 variants within a gene did not yield significant associations (**Figure S9**).

338

339 ***APOE* ϵ 2's Effect Conditional on LDL Cholesterol**

340

341 We sought to determine whether LDL cholesterol concentration accounted for the observed $\epsilon 2$
342 association with CAC. First, when restricting the original analysis only to participants with LDL
343 cholesterol measurements ($n = 20,527$), $\epsilon 2$ remained significantly associated with reduced CAC
344 quantity (-22.3%; 95% CI: -25.1, -19.3%; $P = 2 \times 10^{-11}$) (**Table S3**). When further adjusting for
345 medication-adjusted LDL cholesterol, the effect estimate was diminished yet the association
346 remained genome-wide significant (-17.0%; 95% CI: -19.7, -14.2%; $P = 2 \times 10^{-8}$).

347

348 **APOE $\epsilon 2$'s Effect Conditional on $\epsilon 3$ and $\epsilon 4$**

349

350 Given the absence of $\epsilon 4$ from the array, we sought to determine whether $\epsilon 2$'s apparent effect on
351 reduced CAC quantity was due to a referent that includes a previously described risk allele ($\epsilon 3 +$
352 $\epsilon 4$). 5,872 participants had CAC and the major *APOE* genotypes assessed by PCR. Each *APOE*
353 genotype's association with CAC (to the $\epsilon 3/\epsilon 3$ referent) was performed by cohort and ethnicity
354 and subsequently meta-analyzed with fixed effects. $\epsilon 2/\epsilon 3$ was associated with 10.8% reduced
355 CAC (95% CI: -19.6, -0.01%; $P = 0.03$) and $\epsilon 2/\epsilon 2$ with 27.4 % reduced CAC (95% CI: -45.2, -
356 0.04%; $P = 0.03$) (**Figure S10**).

357

358 **Concordance of CHD Variants with Subclinical Atherosclerosis Associations**

359

360 Of the 57 loci previously associated with CHD mainly in individuals of European or South Asian
361 descent, 40 published variants were on the array and available for analysis. 32 of the 40 variants
362 have the same effect direction for CAC and CHD ($P = 1.8 \times 10^{-4}$) whereas only 23 variants were
363 concordant for CIMT ($P = 0.43$) in European ancestry participants (**Table S4**). When restricting

364 the analysis to variants with at least nominal association ($P < 0.05$) with CAC, all 17 had
365 concordant effect directions ($P = 4.8 \times 10^{-7}$). A similar analysis with variants at least nominally
366 associated with CIMT showed that 6 of 11 had concordant effect directions for CHD ($P = 0.56$).

367

368 **Replication of Convergent Subclinical Atherosclerosis Finding with CHD**

369

370 21,182 individuals of European ancestry, independent of the sample for subclinical
371 atherosclerosis investigations, were genotyped by the Illumina HumanExome BeadChip array, of
372 whom 9,472 had CHD.²⁸ In cross-sectional analyses, meta-analysis of rs7412-T confirmed a
373 significantly lower odds of CHD (odds ratio 0.77; 95% CI: 0.71, 0.84; $P = 1.47 \times 10^{-10}$).

374

375 **Discussion**

376

377 In our exome-wide association analysis for subclinical atherosclerosis in two distinct ethnicities,
378 we find that protein-coding mutations in *APOB* and *APOE* are associated with subclinical
379 atherosclerosis. While the association for *APOB* was driven by a founder mutation in the Amish,
380 a missense mutation in *APOE* ($\epsilon 2$) was associated with both reduced CAC and CIMT in
381 individuals of European ancestry and African ancestry, even when adjusting for LDL cholesterol
382 concentration. Furthermore, carriers of the $\epsilon 2$ allele had a reduced risk of coronary heart disease.
383 Here, we provide evidence for the first exome-wide association across multiple subclinical
384 atherosclerosis traits and multiple ethnicities for *APOE* $\epsilon 2$.

385

386 Both CAC and CIMT have been proposed as proximal clinical phenotypes of atherosclerosis that
387 may identify individuals at high risk for developing clinical CHD. However, we see that alleles
388 that associate with increased CHD risk also appear to largely result in increased CAC, which is
389 less consistently observed with CIMT. This is concordant with the prior observation that CAC
390 outperforms CIMT in predicting cardiovascular events.^{5, 29} Recently, *post hoc* analyses in statin
391 trials to prevent cardiovascular disease observed that those with a higher burden of CHD-
392 predisposing alleles are more likely to derive clinical benefit from preventive statin therapy.³⁰

393
394 The *APOB* p.Arg3527Gln (also known as p.Arg3500Gln) has been previously been shown to
395 lead to increased concentrations of LDL cholesterol and premature CHD.³¹ Our association
396 signal for this variant was nearly exclusively driven by the Old Order Amish, where it is known
397 to be a founder mutation (MAF 12%) predisposing to increased LDL cholesterol concentrations
398 and CAC quantity through disruption of the LDL receptor binding domain.³² We also observed a
399 distinct *APOB* missense mutation, p.Glu2566Lys, with borderline association with increased
400 CAC quantity. Unlike p.Arg3527Gln, p.Glu2566Lys does not occur within the LDL receptor
401 binding domain but occurs within a conserved amphipathic motif of the β_2 domain predicted to
402 influence the conversion of VLDL to LDL.³³

403
404 Furthermore, we demonstrated that *APOE* p.Arg176Cys ($\epsilon 2$ allele) was associated with reduced
405 CAC and reduced CIMT in both individuals of European and African ancestry. *APOE* is an
406 essential mediator of the catabolism and clearance of triglyceride-rich and cholesterol-rich
407 lipoproteins. The major alleles, $\epsilon 2$, $\epsilon 3$, and $\epsilon 4$, have been previously linked to cardiovascular
408 disease, from the candidate gene era, and $\epsilon 2$ is the least common allele.^{34, 35} Previously, CHD

409 risk predisposition from $\epsilon 4$ was primarily thought to be mediated by LDL cholesterol raising
410 effects but observations with $\epsilon 2$ have been mixed.³⁵ Similarly, $\epsilon 4$, unlike $\epsilon 2$, has been generally
411 linked to ischemic stroke risk.³⁶ Major reasons for the lack of association of the major *APOE*
412 alleles with cardiovascular traits in prior genome-wide association studies include the notable
413 absence of rs7412 and rs429358 on population-based genotyping arrays as well as poor
414 imputation of these variants. Similarly, rs429358 is not included on the array used for this study.

415
416 ApoE is a major ligand of LDL receptor and a key mediator of remnant lipoprotein particle
417 clearance.^{37,38} The $\epsilon 2$ allele is believed to result in less efficient LDL receptor binding by
418 altering the positive potential.³⁹ Using publicly available data, $\epsilon 2$ does not impact expression of
419 nearby genes in GTEx nor does it demonstrate enhancer or promoter chromatin marks in
420 ENCODE HepG2 liver cells supporting $\epsilon 2$'s direct impact on ApoE itself. ApoE $\epsilon 2$ can
421 alternatively clear lipoproteins via cell-surface heparan sulfate proteoglycan and LDL receptor-
422 related protein.⁴⁰⁻⁴² ApoE $\epsilon 2$ transgenic mice crossbred with ApoB transgenic mice have lower
423 LDL cholesterol.⁴² Furthermore, ApoE $\epsilon 2$ transgenic mice lacking LDL receptor still had lower
424 LDL cholesterol suggesting that hypocholesterolemia appears independent of $\epsilon 2$'s effects on
425 LDL receptor.^{35,43} ApoE $\epsilon 2$ impairs lipoprotein lipase-mediated metabolism of VLDL to LDL
426 potentially through the displacement of ApoCII, an activator of lipoprotein lipase.⁴³ The
427 consequent diminished hepatic cholesterol may subsequently increase LDL receptors for ApoB-
428 containing lipoproteins like LDL.

429
430 Interestingly, despite accounting for LDL cholesterol or serum triglycerides, we observe that $\epsilon 2$
431 still is highly associated with reduced CAC quantity. It is likely that single cross-sectional

432 measure of lipoproteins, while correlates with, does not fully account for lifelong lipoprotein
433 exposures. ApoE ϵ 2 homozygotes who develop type III hyperlipoproteinemia have a marked
434 increase in remnant lipoprotein particles unlike heterozygotes. Analogously, ApoE ϵ 2-
435 overexpressing mice have increased hepatic VLDL production.⁴² Thus, while ApoE ϵ 2
436 heterozygotes may have an increase in VLDL production and decreased triglyceride catabolism
437 via lipoprotein lipase, the observation of similar triglyceride levels compared to non-carriers
438 suggests preservation of, or enhanced, clearance of remnant lipoprotein particles. We
439 hypothesize that ApoE ϵ 2's association with reduced subclinical atherosclerosis may be due to
440 increased clearance of both atherogenic LDL and remnant lipoprotein particles through LDL
441 receptor-dependent and -independent pathways. Further work is needed to test this hypothesis.

442
443 Our study has several strengths. First, we perform a genetic association meta-analysis across the
444 largest set of individuals to-date for subclinical atherosclerosis in two distinct ancestries. Second,
445 we characterize the association of protein-coding genomic variation, which has not been well
446 studied at the population level, with subclinical atherosclerosis. Third, we explore mechanisms
447 of association through lipoprotein-mediation analyses. Fourth, we provide novel insights with
448 both cross-ethnicity and cross-atherosclerosis trait observations. Fifth, we relate the associations
449 of these subclinical atherosclerosis genetic variants on risk for CHD.

450
451 While our study has several strengths, we note some key limitations. First, not all protein-coding
452 variation is catalogued on the exome chip. Due to purifying selection, disruptive protein-coding
453 variation is rare.⁴⁴ By potentially not accounting for the totality of disruptive variation not on the
454 array, variance is increased and power is not optimized for gene-based analyses. Whole exome

455 sequencing can better address this limitation as such technologies continue to become more cost-
456 effective for large-scale experiments. Second, our analyses of prior associations at non-coding
457 sites are restricted to sites on the exome chip. We were able to robustly replicate prior non-
458 coding association analyses for CAC at 9p21 and 6p24.¹² A prior meta-analysis for CIMT
459 genome-wide association discovered one genome-wide association, an intergenic common
460 variant (rs11781551-A) 385kb from *ZHX2* at 8q24.⁷ No variant with modest linkage
461 disequilibrium with this variant was present on the exome chip thereby limiting ability for
462 replication. An intronic variant in *PINXI* at 8q23 and intergenic variant 2.3kb from *APOC1* at
463 19q13 previously had suggestive association but no suitable proxies to replicate association were
464 available on the exome chip. Third, our analysis still demonstrates a paucity of genome-wide
465 associations for these quantitative atherosclerotic traits and highlights an important challenge to
466 ongoing CAC association analyses.

467
468 Genetic determinants of CHD have been characterized among individuals of European ancestry
469 but the strongest association signals have not replicated in those of African ancestry which may
470 be due to smaller sample sizes hindering statistical power or different key genetic drivers. But
471 now we demonstrate a cardioprotective genetic mechanism in those of European ancestry and
472 African ancestry through the reduction of subclinical atherosclerosis. We propose potential
473 mechanisms and call for renewed attention to *APOE* ϵ 2 in the genesis of atherosclerosis
474 underlying clinical cardiovascular disease. Lastly, given the strong concordance of subclinical
475 atherosclerosis measures and clinical CHD, our findings support a future study of genotypes,
476 subclinical atherosclerosis, and incident CHD.

477

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Tables**Table 1. Top meta-analysis variant associations for coronary artery calcification quantity**

Variant	Consequence	Nearest Gene*	Chrom:Pos†	Minor Allele	All				EA		AA	
					MAF	Beta‡	SE	P	MAF	P	MAF	P
rs10757278 §	intergenic	(<i>CDKN2B</i>)	9:22124477	G	0.43	0.21	0.020	3.14x10 ⁻²⁴	0.48	2.9x10 ⁻²⁵	0.21	0.20
rs9349379	intronic	<i>PHACTR1</i>	6:12903957	G	0.34	0.19	0.020	4.93x10 ⁻²⁰	0.39	1.28x10 ⁻¹⁹	0.094	0.088
rs7412#	missense	<i>APOE</i>	19:45412079	T	0.081	-0.25	0.036	1.19x10 ⁻¹²	0.074	4.43x10 ⁻⁶	0.11	5.36x10 ⁻¹⁰
rs1412829§	intronic	<i>CDKN2B</i>	9:22043926	C	0.34	-0.14	0.021	1.56x10 ⁻¹¹	0.41	5.58x10 ⁻¹²	0.072	0.84
rs5742904**	missense	<i>APOB</i>	2:21229160	T	2.1x10 ⁻³	1.41	0.22	2.93x10 ⁻¹⁰	2.7x10 ⁻³	2.93x10 ⁻¹⁰	0	NA
rs9369640	intronic	<i>PHACTR1</i>	6:12901441	A	0.43	-0.11	0.019	4.91x10 ⁻⁸	0.38	5.04x10 ⁻⁹	0.36	0.71
rs769449#	intronic	<i>APOE</i>	19:45410002	A	0.10	0.14	0.032	7.93x10 ⁻⁶	0.11	1.86x10 ⁻⁶	0.024	0.19
rs1801696**	missense	<i>APOB</i>	2:21232044	T	4.6x10 ⁻³	0.63	0.14	1.44x10 ⁻⁵	5.7x10 ⁻³	9.77x10 ⁻⁶	0	NA

* Genes for SNPs that are outside the transcript boundary of the protein-coding gene are shown in parentheses [eg, (*CDKN2B*)].

† Genomic positions correspond to GRCh37.p13 reference, forward strand.

‡ β -Coefficients are estimated for natural log transformation of total Agatston CAC score+1.

§ *CDKN2B* lead variants show modest correlation among EA ($r^2=0.24$) and no correlation among AA.

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|| *PHACTR1* lead variants show modest correlation among EA ($r^2=0.36$) and AA ($r^2=0.05$)

APOE lead variants show minimal correlation among EA ($r^2=0.01$) and no correlation among AA.

** *APOB* lead variants are not observed to be correlated.

Abbreviations: AA=African ancestry; AF=minor allele frequency; Chrom:Pos=hg19 build chromosome:position; EA=European ancestry; SE=standard error

Table 2. Top meta-analysis variant associations for carotid intima media thickness

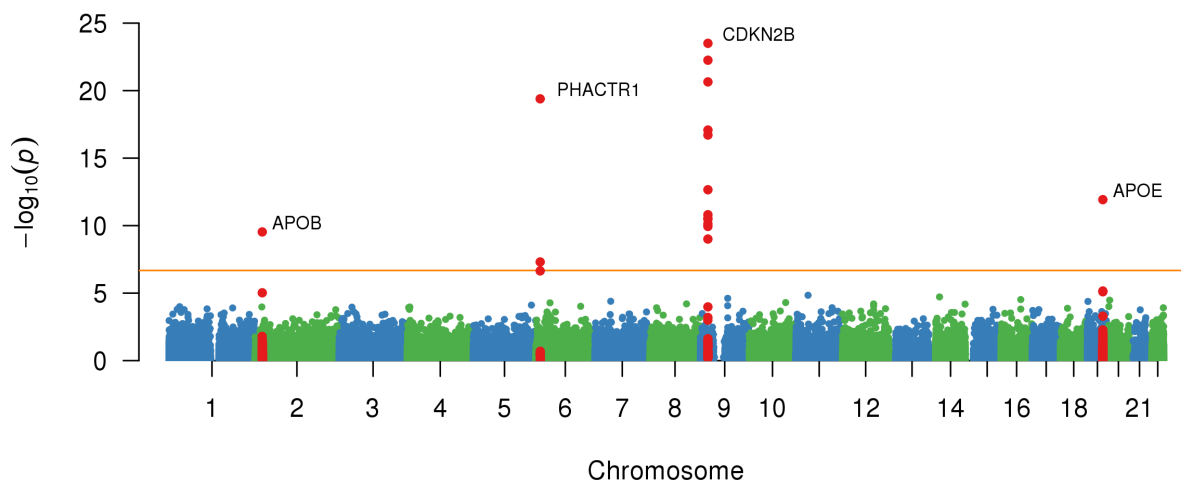
Variant	Consequence	Nearest Gene*	Chrom:Pos†	Minor Allele	All				EA		AA	
					MAF	Beta‡	SE	P	MAF	P	MAF	P
rs7412	missense	<i>APOE</i>	19:45412079	T	0.083	-0.014	0.0022	3.79x10 ⁻¹⁴	0.079	1.97x10 ⁻¹⁰	0.11	1.43x10 ⁻⁵
rs11668477	intergenic	(<i>LDLR</i>)	19:11195030	G	0.27	-0.0064	0.0016	4.69x10 ⁻⁷	0.20	5.26x10 ⁻⁶	0.34	0.030
rs7188	3'UTR	(<i>KANK2</i>)	19:11275139	G	0.29	0.0054	0.0011	2.23x10 ⁻⁶	0.33	1.36x10 ⁻⁶	0.079	0.98
rs1712790	intergenic	(<i>FAM55B</i>)	11:114621469	C	0.47	-0.0048	0.0011	5.93x10 ⁻⁶	0.48	1.89x10 ⁻⁶	0.21	0.89
rs2298375	missense	<i>C22orf15</i>	22:24106448	A	0.086	0.0082	0.0019	9.51x10 ⁻⁶	0.085	5.64x10 ⁻⁶	0.091	0.061
rs174547	intronic	(<i>FADSI</i>)	11:61570783	C	0.30	-0.0049	0.0011	1.07x10 ⁻⁵	0.34	3.84x10 ⁻⁵	0.082	0.062

* Genes for SNPs that are outside the transcript boundary of the protein-coding gene are shown in parentheses [eg, (*LDLR*)].

† Genomic positions correspond to GRCh37.p13 reference, forward strand.

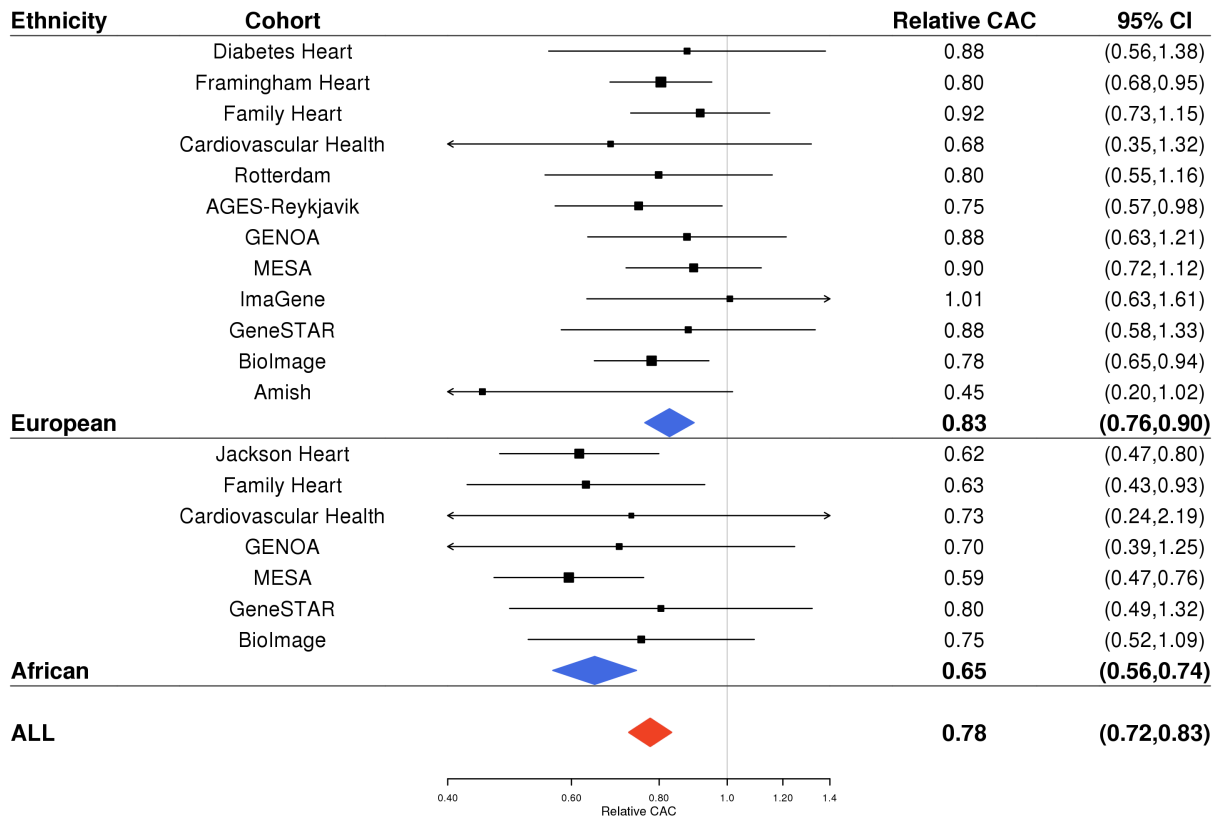
‡ β -Coefficients are estimated for natural log transformation of CIMT.

Abbreviations: AA=African ancestry; AF=minor allele frequency; Chrom:Pos=hg19 build chromosome:position; EA=European ancestry; SE=standard error; UTR=untranslated region

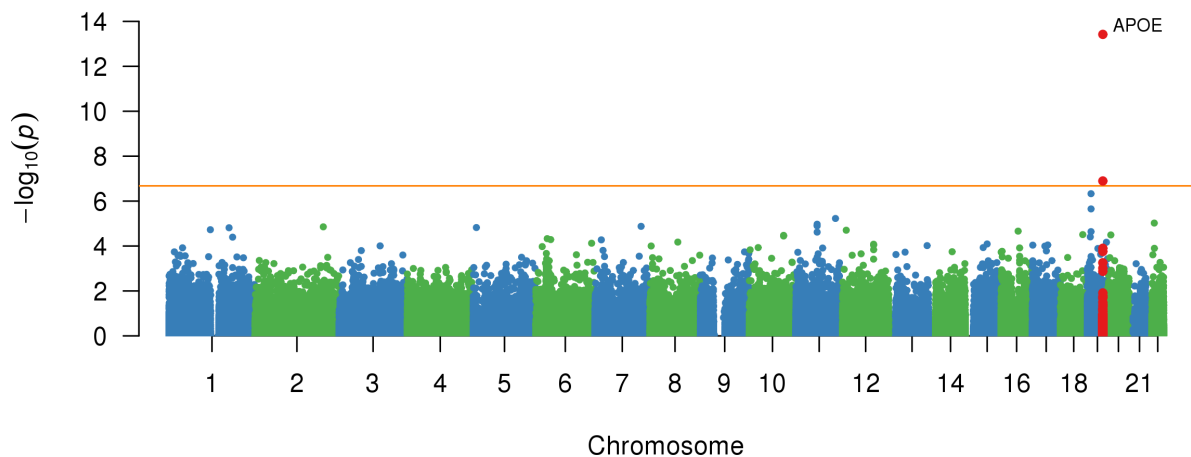
Figures**Figure 1. Association of each genotyped variant with CAC quantity**

Plot of $-\log_{10}(P)$ for association of genotyped variants by chromosomal position for all autosomal polymorphisms analyzed in the age-, sex-, and principal components- adjusted model of coronary artery calcification quantity in the meta-analysis. The genes associated with the top associated variants are displayed.

Figure 2. Forest plot of relative CAC quantity for *APOE* ε2 carriers

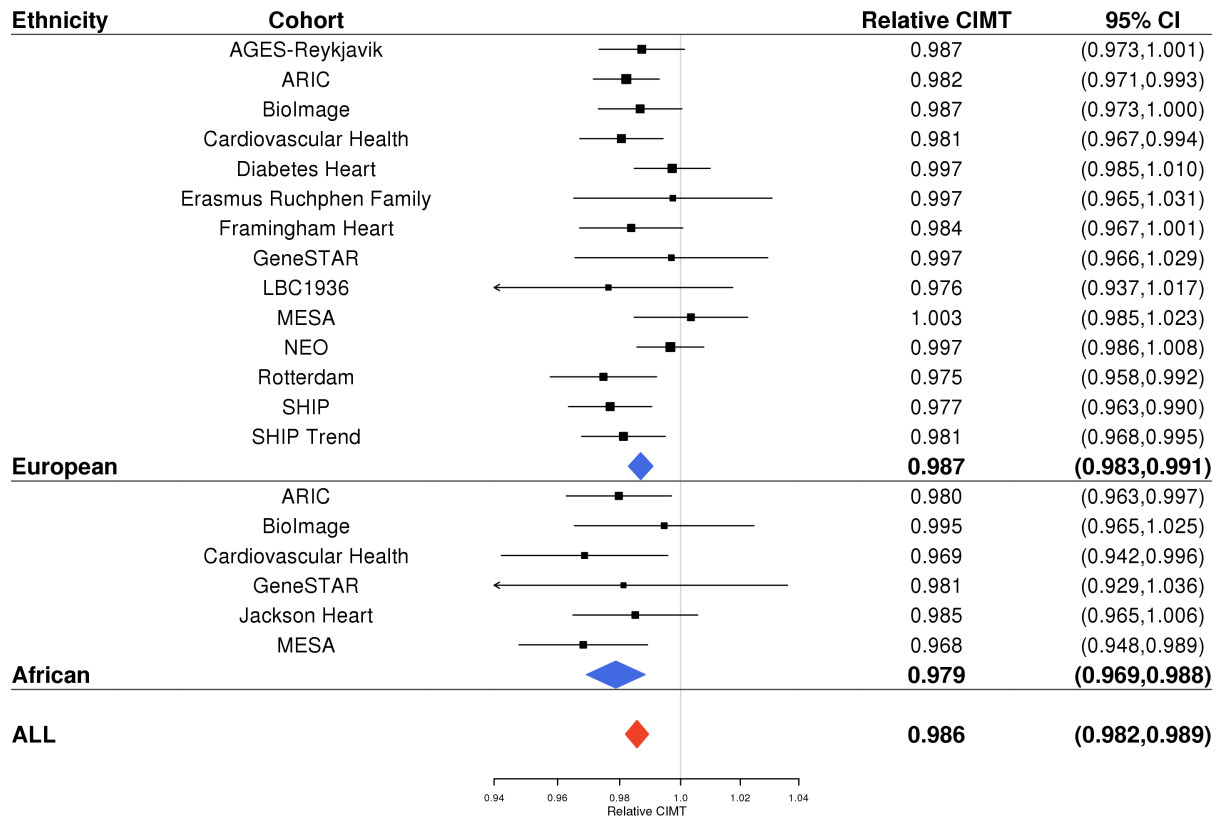


CAC quantity for *APOE* ε2 carriers relative to non-carriers is displayed for all cohorts stratified by European and African ancestries to demonstrate consistency across diverse cohorts and ethnicities.

Figure 3. Association of each genotyped variant with CIMT

Plot of $-\log_{10}(P)$ for association of genotyped variants by chromosomal position for all autosomal polymorphisms analyzed in the age-, sex-, and principal components- adjusted model of carotid intima media thickness in the meta-analysis. The genes associated with the top associated variants are displayed.

Figure 4. Forest plot of relative CIMT for *APOE* $\epsilon 2$ carriers



CIMT for *APOE* $\epsilon 2$ carriers relative to non-carriers is displayed for all cohorts stratified by European and African ancestries to demonstrate consistency across diverse cohorts and ethnicities.