

Rutland, Catrin S. and Dobbs, Heidi and Tötemeyer, Sabine (2016) How does student educational background affect transition into the first year of veterinary school? Academic performance and support needs in university education. Journal of Veterinary Medical Education, 43 (4). pp. 372-381. ISSN 0748-321X

Access from the University of Nottingham repository:

http://eprints.nottingham.ac.uk/42581/1/How%20does%20educational%20background %20affect%20transition%20to%20vet%20schoolfinal%20%28002%29.pdf

Copyright and reuse:

The Nottingham ePrints service makes this work by researchers of the University of Nottingham available open access under the following conditions.

This article is made available under the University of Nottingham End User licence and may be reused according to the conditions of the licence. For more details see: http://eprints.nottingham.ac.uk/end_user_agreement.pdf

A note on versions:

The version presented here may differ from the published version or from the version of record. If you wish to cite this item you are advised to consult the publisher's version. Please see the repository url above for details on accessing the published version and note that access may require a subscription.

For more information, please contact eprints@nottingham.ac.uk

1	How does student educational background affect transition into the first year of
2	veterinary school? Academic performance and support needs in university
3	education.
4	
5	Short title: Veterinary student support
6	
7	Catrin S Rutland*, Heidi Dobbs and Sabine Tötemeyer.
8	
9	School of Veterinary Medicine and Science, University of Nottingham, UK.
10	*Corresponding author: Catrin.Rutland@nottingham.ac.uk
11	
12	
13	
14	
15	
16	
17	

18 **Abstract:**

19 The first year at university is critical in shaping persistence decisions and plays a 20 formative role in influencing student attitudes and approaches to learning. Educational 21 experiences, especially of secondary education and higher education (previous university 22 education), will shape the students' ability to adapt to the university environment and the 23 study approaches required to perform well in highly demanding professional courses such 24 as medicine and veterinary medicine. The aim of this research was to explore the support 25 mechanisms, academic achievements and perception of students with different 26 educational backgrounds in their first year at veterinary school. Using questionnaire data 27 and examination grades throughout the year, the effects upon student perceptions, needs 28 and educational attainment in first year students with and without prior university 29 experience were analysed to enable an in depth understanding of their differing needs. 30 Our findings show that school leavers (successfully completed secondary education, but 31 no prior university experience) were outperformed in early exams by those who had 32 previously graduated from university (even from unrelated degrees). Large variations in 33 student perceptions and support needs were discovered between the two groups: graduate 34 students perceived the difficulty and workload as less challenging and valued financial and 35 IT support higher. Each student is an individual, but ensuring that universities understand 36 their students and provide both academic and non-academic support is essential. This 37 research explores the needs of veterinary students and offers insights into continued 38 provision and improvements that can be made to help students achieve their potential and 39 allow informed 'Best Practice'.

40

41 Keywords:

Veterinary students, Assessment, Student support, Transition to university, Graduatestudents, School leavers.

44 Introduction:

45 The first year at university has been continuously identified as the most critical in shaping 46 persistence decisions and plays a formative role in influencing student attitudes and 47 approaches to learning ¹⁻⁵. Similar to medical students ⁶, veterinary students have added pressures compared to students on many other courses. Contributing to this are the course 48 49 content and high work load; the wide range of skills required; the expectation to behave 50 like a professional and to be judged accordingly; having to communicate effectively with 51 a wide range of people and having to deal with emotions in difficult situations including 52 life/death decisions. A five year degree course such as veterinary medicine, with extensive 53 entry criteria and work experience requirements leads to a student group that is generally 54 highly able, motivated and committed but also highly competitive and used to academic 55 success. Degree completion rates in UK universities are generally high in medicine and 56 veterinary medicine with attrition rates only around 5%, in contrast to the overall university attrition rate of around 17%. The reasons for leaving are usually accumulative 57 58 and include ⁷: inappropriate information to make course choice, poor transition to higher 59 education, unclear academic expectations and lack of guidance, insufficient access to 60 support, alienation and isolation, too many other commitments and financial pressure.

61 There are mixed views in the literature as to whether more mature students gain better 62 or worse grades than younger students. 'Mature' is too broad an age spectrum, since two peak ages were observed in academic achievement; 18-19 years old and 26-30 years old 63 ⁸. This was confirmed in British veterinary science degrees in 1995 when statistics showed 64 65 that 100% of under 21 year olds received a 'good' degree (classification of 1st or 2:1), but 66 that this figure dropped to 76.6% in the 21-25 age group, and increased again to 100% 67 in the 26-30 year old group ⁹. Figures were not available for veterinary medicine, however 68 medicine and dentistry showed that numbers attaining a 'good' degree decreased with age 69 89.5% in the under 21s, 88.4% in the 21-25 group, 63.6% in the 26-30 year olds and 70 66.7% in those aged 31-40 ⁹. In contrast, other general studies suggested an increase in 71 attainment until 36-40 years of age, with a decline thereafter ¹⁰. In the medical field very

few studies have compared the academic performance of graduate students and school leavers (defined as those who had successfully completed secondary and further education, but no prior university experience) on the same curriculum, most studies focus on the accelerated graduate entry programs (GEP) in comparison to the traditional medical degree course, where course type and admission selection rather than graduate student attributes may explain differences ¹¹⁻¹³.

78

79 It is often perceived by staff that graduate students may need less assistance or guidance as they have already experienced the transition to university ^{8,9,10}. However, the workload 80 81 and structure of medical or veterinary degree courses might be a very different experience 82 and still very challenging, especially if they require part time work to finance the course. 83 Therefore it is important to understand the perceptions and needs of students with degrees 84 and also to understand whether they achieve the same grades as school/college leavers. 85 The aim of this study is to investigate the impact of prior education on the academic 86 performance, perception of first year of the veterinary medicine and science course and 87 support requirements of first year students at veterinary school.

88

90 Materials and Methods

91 <u>Student cohort:</u> The student cohort on the five year BVMBVS with integrated BVMedSci at 92 The University of Nottingham consisted of 109 students. In order to gain entrance into the 93 veterinary school, all students applied through the British UCAS system and completed a 94 questionnaire specific to this veterinary school. All students were either interviewed in a 95 3-part interview process (interview with academic & clinical staff; practical aptitude test 96 and team working task) or a telephone interview was performed (for some international 97 students) with a basic scientific and clinical academic staff member.

98

99 Student performance: In first year of the course, students performed summative 100 assessments in all modules within a systems based teaching curriculum. Teaching 101 consisted of four block modules (Musculoskeletal (MSK), Lymphoreticular Cell Biology 102 (LCB), Cardiorespiratory (CRS), Neuroscience (NEU)) and two long modules (Animal 103 Health and Welfare (AHW) and Personal and Professional skills (PPS)); except for PPS, all 104 modules were assessed online by multiple and extended choice questions (66%), short 105 answer examinations termed spot tests (33%) and assessment of practical skills termed 106 objective structured practical examinations (OSPE, pass/fail). PPS was assessed by 107 coursework (100%), portfolio (pass/fail) and a skills diary (pass/fail). There were two 108 assessment points, the first two modules, MSK and LCB, were assessed in January in the 109 first week of the academic term and the other modules as well as all OSPEs were assessed 110 at the end of the academic year (June). Prior to the summative assessments, students 111 had the opportunity to participate in formative assessments covering all assessment 112 methodologies used.

Examination results were analysed and the performance of 'graduate' vs 'school leaver' students were compared: (1) overall year 1, (2) each module, (3) for all modules (except PPS) computer based assessment and spot test, (4) number of re-sits and (5) number of students that failed to progress after re-sit. Admission into the university was via one of three routes –preliminary year, straight into first year or a 'Gateway' year. The University

118 'preliminary year' in veterinary studies required AAB grades from any 'A' level subjects but 119 is specifically for students who did not take an 'A' level in either biology or chemistry. 120 Students accepted into the first year had achieved 'A' level grades including A for biology, 121 A for chemistry and at least grade B in any other subject excluding general studies. The 122 'Gateway' further education college course required grades B,B & C at 'A' level and 123 students were taught in a different location to the veterinary school.. The 'preliminary 124 year' students were taught within the veterinary school higher education environment, 125 and were therefore grouped with the graduate students as they had encountered a 126 university lifestyle and education system prior to starting the veterinary degree. School 127 leavers were defined as those who had successfully completed secondary and further 128 education, but had no prior university experience. 'A' level grades achievable are A*-E and 129 unclassified (fail). A unified marking scheme is used to compensate for examination paper 130 difficulty. The maximum points available are 600 and A* represents 480 points or above 131 plus over 90% of unified marks in a set number of examination papers, A 480 points or above, B 420-479 points, C 360-419 points. 132

133

134 <u>*Questionnaire:*</u> A voluntary questionnaire was given to all students in the final term of the 135 first year as part of a Personal and Professional Skills (PPS) teaching session. Research 136 was carried out following approval of the study and the questionnaire from the 'Human 137 Subjects Institutional Review Board'. All questions and the student responses are 138 summarized in Tables 2 and 3. Students were asked 1) to evaluate a number of statements 139 with regards to their first year experience (adapted from Powers et al. ¹⁴ on a linear visual 140 analogue scale (0-100 mm; thus ensuring that a continuum is provided rather than 141 discrete jumps as categorization would provide) from 'strongly agree' to 'strongly 142 disagree', the neutral midpoint was marked; 2) to evaluate a range of support services 143 (peer, veterinary school and university support) on a linear visual analogue scale (0-100 144 mm) from 'very important' to 'not important at all', the neutral midpoint was marked; 3) 145 a number of open questions including 'Please add any further comments you have about

how well your prior experience of education (school in general/subjects studied/previous degrees etc.) prepared you for this year', 'What could be improved in terms of the support given to students?' and 'Please give any further comments regarding your experiences this year and the support systems in place'. The linear visual analogue scale responses were measured manually by ruler. The support systems that students evaluated are shown in Table 3 and consisted of those offered by the veterinary school, those offered by peer interactions and those offered as general services by the university.

153

154 <u>Statistical analysis</u>: To measure the internal consistency, and hence the reliability of the 155 questionnaire, Cronbach's Alpha coefficient was determined. Questionnaire responses and 156 assessment results of graduates and non-graduates were compared using the non-157 parametric statistical test Mann-Whitney U, two tailed with 95% confidence interval. P-158 values of less than 0.05 were deemed significant.

159 **Results**

160 *Impact of admission process on student cohort*

161 Of the 1366 applicants to the five year BVMBVS with integrated BVMedSci, 11% (155) 162 were classified as graduates and 89% (1211) as school leavers. 5% (14) of the 304 163 applicants invited to interview, were graduate students. Of the 133 offers made, 8% (10) 164 were to graduate students. The final BVMBVS cohort contained 23% (26) graduate 165 students from 111 students. In addition, to the 10 'graduate' students selected at 166 interview, 16 students were admitted from the preliminary course, located at University 167 of Nottingham School of Veterinary Medicine and Science, and were grouped together with 168 the graduate students. Five students were admitted from the Gateway course and were 169 considered as school/college leaver status. Two non-graduates deferred entry. This data 170 is also shown in Table 1.

171 *Perception of 1st year experience according to previous education*

172 The return rate for the questionnaires was 94% (103 out of 109 students), however not 173 all students answered all questions. The estimated reliability (coefficient alpha) of a 174 composite score based on all 16 items was 0.62, which is higher than the acceptable values 175 of 0.5 ^{14,15}. The cohort responses regarding their first year experience are summarised in 176 Table 2. The whole student cohort strongly agreed that they were 'learning a lot' and 'were 177 confident to participate in all tasks in practical teaching' and agreed that they had 'felt 178 overwhelmed at the workload' but 'teaching had been clear and understandable' and that 179 they were 'satisfied with progress in learning the knowledge and skills required for a 180 veterinary medicine degree'.

School leavers were more likely to feel that the course was too hard for their ability (median=72.5 for graduates vs 56 for school leavers, p=0.01; medians calculated from a visual analogue scale 0-100 mm from '0=strongly agree' to '100=strongly disagree', all ranges are shown in corresponding Tables 2 and 3) and less likely to agree that they had relatively little difficulty understanding course material (median=39.5 for school leavers

vs 50 for graduates, p=0.0006). Despite the increased level of school leavers finding the work more difficult, it was also clear that school leavers felt that their school experience had prepared them well for studying at university in comparison to graduates (median=39 for school leavers vs 21 for graduates, p=0.01). There were no comments pertaining to how the students felt that school had prepared them, whether it was academic, personal, organisational or life skills that they were thinking about (Table 2).

192 Free text answers illustrated that some students strongly felt that school had not prepared 193 them for university education. Quotes included: 'the sixth form way of teaching is different 194 to university and I don't feel I was initially prepared by my sixth form', 'school only 195 scratched the surface of most topics so I found a huge jump from what I knew to what I 196 was expected to know', 'none of my previous experience prepared me to manage my time 197 effectively in order to cope with the large workload', and 'at school we were generally 198 spoon fed in the science subjects, which in some cases has been a disadvantage when 199 suddenly being very independent at university'. One person stated that `subjects studied 200 (biology, maths, chemistry) has given me a good ground knowledge which new material 201 has built on. The learning technique [at university] is a lot more independent whereas in 202 school was more 'spoon-fed' and about achieving grades rather than understanding the 203 content'.

204 Students that reached the course through the veterinary school based preliminary or 205 Gateway years generally felt better prepared for the veterinary course, which was also 206 reflected in their free text comments: '[I] think Gateway course had good content however 207 there weren't many practicals with animals & most staff were not very supportive', 'The 208 Gateway course helped me significantly & improved my confidence' and 'There are many 209 topics I had not covered in school before I came here. Some topics I have covered in the 210 Gateway course which has helped this year. None of my previous experience prepared me 211 to manage my time effectively in order to cope with the large workload. I have found that 212 a lot of lecturers presume we have already learned many topics and so the basics in that 213 area are not explained - just the more complicated in depth areas.'

214

215 <u>Support mechanisms based on previous education</u>

216 The students were asked to rate their support systems ranging from peer support and the 217 tutor system to veterinary school specific support and the university support systems. All 218 data (median and ranges) are summarized in Table 3. All groups of students (school leaver 219 or graduate) placed the 'extramural placements office' at the top of their support systems, 220 with personal tutor and the School reception always present in the 'top five' rated support 221 systems. The student ratings of support were generally very similar between graduates 222 and school leavers. A few notable exceptions were observed: the school leavers rated the 223 'student-IT-helpdesk' service more highly than graduates (median=32 for school leavers 224 and 16.5 for graduates, p=0.04), while the university financial support service was more 225 highly rated by graduates (median=29 for graduates in comparison to 50 for school 226 leavers, p=0.04). The ranked data (Table 4) showed that the school leavers found the 227 tutor family (two academics assigned to around 6 students per cohort plus one senior tutor 228 per cohort), welfare drop-in session and the peer support of other students more useful 229 than the graduate students did.

230

231 <u>Academic achievement based on previous education</u>

Of the 109 students, 107 participated in the assessments at the first assessment point (MSK & LCB), two students had extenuating circumstances and their assessment results were obtained from their first sit in the re-sit period (August). All students participated in the second assessment point (June).

All examination grades (online and spot test; Fig 1) from the six modules of the first year of the veterinary medicine degree course were evaluated. The graduate students gained significantly higher grades than the school leavers in the assessments at the first examination time point: MSK spot test (median=61% graduate and 51% for school leaver, p=0.02), in the LCB exams (online: median=70% graduate, 61% for school leaver,

241 p=0.04, spot: median=66% for graduates vs 61% for school leavers, p=0.02), leading to 242 significantly better overall marks for these two modules (MSK: median=66% for graduates 243 vs 50% for school leaver, p=0.04; LCB: median=69% for graduates vs 62% for school 244 leaver, p=0.01), While there were no significant differences in assessment performance 245 at the second assessment point, the earlier enhanced performance was still significantly 246 reflected in the overall year 1 grade (median=68% for graduates and 61% for school 247 leavers, p=0.03; Table 5a and Fig 1). When international students (three graduates & 19 248 school leavers) were excluded from this analysis, graduate students still performed better 249 than school leavers but the differences were no longer significant (Table 5b). Comparing 250 the end of year performance per grade bracket, most graduate students were in the 70%+ 251 bracket followed by the 60-69% bracket, compared with the school leaves where most 252 students fell within the 60-69% bracket followed by the 50-59 bracket (Fig 2).

253

254 **Discussion**

255 *First year learning experience and performance*

256 Our study has clearly highlighted that in the first year of a veterinary medicine degree, 257 initially graduate students perform better with significantly higher marks in the first 258 assessment point leading to a year 1 overall mark 10% (on average) higher than that of 259 school leavers. This supports the view that graduate students are already familiar with the 260 university environment and the study approaches required to perform well. The only study 261 comparing academic performance of gradate entry and school leaver entry medical 262 students completing the same pre-clinical curriculum and assessments, showed that 263 graduate entry students performed significantly but only marginally better than school 264 leavers over all four bioscience knowledge assessments ¹⁷. However, in that previous 265 study, students were only included if they passed the subject on their first attempt with 266 the reasoning that a fail may not reflect their academic ability but may be due to health 267 or personal reasons ¹⁷. In our study all assessment performances were included, except 268 for students with valid medical or personal extenuated circumstances that had their exam

performance annulled if failed. While a fail in first year assessments may not be a true 269 270 reflection of the students' knowledge, if no extenuated circumstances are present, it very 271 likely reflects their difficulty in transition to the veterinary course, be it the difference in 272 teaching delivery, independent learning, work load or the university environment as a 273 whole. Our data clearly show that graduate students perform significantly better in the 274 early assessment point but by the second assessment point this difference in assessment 275 results is diminished. Some of this academic advantage may be due to prior obtained 276 scientific knowledge but since this advantage is most likely in the early part of first year it 277 suggests that prior experience of tertiary education is an important factor. This is similar 278 to the outcomes of a study comparing knowledge assessment outcomes between graduate 279 students on a four year UK Graduate Entry Programme (GEP) for medicine with those of 280 a conventional five year program, showing that the GEP students performed significantly 281 better than both, school leavers and graduate students, on the five year course ¹². This 282 better performance may be due to differences in selection policy, structure of teaching, 283 academic support, or the course working environment ¹², however, no data were presented 284 or discussed comparing the performance of graduate students and school leavers within 285 the 5 year course. Further data analysis showed that this difference is mainly due to 286 international students in the school leaver group, confirming again that transition to 287 university is challenging, especially if that also means a different cultural or language 288 environment.

In contrast to the marked difference in student performance, the perception of their first year experience is very similar for both groups, reflecting that the veterinary medicine degree course has a higher workload and faster pace than some other degree courses. The main differences include that graduate students are more confident in their ability to cope with the course and to understand the course materials.

294

295 <u>Student support</u>

296 Student support is very important since the pressures listed above and the associated 297 stress can lead to mental health problems. Up to a third of students surveyed in their first 298 year at a veterinary school reported clinical levels of depression and elevated anxiety levels 299 ^{18, 19}. The main causes reported for that were homesickness, academic concerns, difficulty 300 fitting in with peers and poorer perceived physical health. The University of Nottingham 301 and the School of Veterinary Medicine and Science offer a range of support systems to 302 avoid the escalation of stress and anxiety levels. However the rating of those support 303 systems by the students is variable, probably reflecting the perceived personal need for 304 the support offered. This study showed that school leavers were more likely than graduates 305 to feel that their school experience had prepared them well for university. This would 306 certainly be worth further investigation in order to further comprehend which skills are 307 perceived as being useful by both sets of students, in order to inform higher education 308 institutions. It was noted in our results that 'graduates' are less likely to rate tutor family 309 or their peers highly within their support network. It is possible that these students rely 310 on mechanisms such as family/friends in their personal life, more than school leavers, but 311 it is also important to highlight that 'friendships and social networks' have been found to be important factors relating to student retention ²⁰. Would 'mature students' benefit more 312 313 from being in mixed age tutor groups or 'mature student only' tutor groups? Support 314 tailored towards mature students has been suggested. In 2011, the British government 315 highlighted the need to both attract and support mature students ²¹. It has also been 316 observed that financial problems, confidence in ability and perceived lack of support from 317 teaching staff, caused problems for `non-traditional learners', including mature students 318 ²². Specialised support programmes for mature students, staff awareness training, a 319 mature student survival guide and orientations aimed at mature students have also been 320 suggested in order to assist in forming peer networks and support systems ²³. On the other 321 hand graduate students have the additional costs of the second degree. Compared to 322 school leavers, university financial support services are seen by graduate students as a 323 more important university support system even in year 1. Financial pressures will 324 potentially increase over the five year course, especially due to EMS and clinical EMS

325 leading to less opportunities to work in teaching free times and also increased costs in 326 addition to the very intensive fifth year rotations. In addition, some of these graduate 327 students are more likely to have differing family and financial responsibilities (for example 328 partners, children, act as carers for parents, mortgages, differing loan and/or bursary 329 opportunities), and are more likely to have been in the workplace and have taken a large 330 drop in wages, in comparison to school/college leavers. The long term impact on the 331 increase in fees at UK universities especially in the long and intense courses such as 332 medicine and veterinary medicine still needs to be established. While medicine and 333 veterinary medicine are professional degrees with currently good employment 334 opportunities, it needs to be shown in the future if studying those courses as a second 335 degree is financially viable.

336 Higher Education Institutions are experiencing increased governmental, institutional and 337 market pressure to achieve high standards in education, whilst also providing higher levels 338 of support, especially as education increases in price ⁶. This has led to the view that 339 students have become 'customers' rather than beneficiaries of tertiary education ⁶. Hence 340 universities have to find a balance between listening to their students and acting upon 341 student feedback, thus ensuring that they attract, and maintain the best students but also, 342 maintain educational standards so that degrees are not simply obtained because a student 343 pays enough money. It is known that the financial return of a degree depends upon the 344 degree subject, institution attended, and degree class obtained, it is therefore essential 345 that all students are provided with an equal chance through the university support systems 346 to excel at their studies and enhance their lifelong chances of financial reimbursement for 347 their studies. This is especially important for graduate students that invest into a very long 348 secondary degree program with little opportunity to work in lecture free time due to work 349 placements.

In a Finish study on first year students' perception and performance in an macroscopicanatomy module (one of the first modules) prior university experience did not

352 significantly improve performance but reduced stress levels ²⁴. While a number of first

353 year students in countries such as the US already have a degree and hence experience 354 of the university learning environment, the intensity of the course program, the time 355 commitment, large amount of information to learn and memorize can still be very 356 challenging ^{25,26}. The impact of this high workload may also reflect surface approaches to 357 learning, which is negatively associated with grades achieved in assessments ²⁷.

358 A descriptive study like this has some limitations that need to be acknowledged. This 359 study was performed in a UK university with the majority of students moving straight 360 form secondary education to university, which is common in European countries but 361 different to countries such as the US where students that enter veterinary medicine have 362 already obtained an undergraduate degree. However, the recommendations for graduate 363 students will still be relevant. While a high return rate for the questionnaire, only very 364 few students answered the free text questions and hence no qualitative analysis was 365 possible. Focus groups and face-to-face interviews might have yielded more in depth 366 information. The sample size was relatively small, so caution should be used when 367 generalizing these data.

368 *Recommendations/educational implications*

Information about support systems needs to proactively be highlighted at several
 time points throughout first year, especially near revision and exam result release
 times, to ensure that all students are aware of the support available.

- Ensure an atmosphere whereby to identify problem areas and to seek

help/support is seen as a strength and a sign of good professionalism.

University support needs to be aware of specific needs/stress points of veterinary
 students, especially around time management and work load in comparison to
 some other degree courses in order to provide suitable coping strategies as well
 as academic and financial advice.

Tutors and welfare staff need to be aware that graduate students, although
familiar with the university environment may still find the workload and time

380 intensive teaching of the veterinary curriculum overwhelming. In addition,

financial support options and coping strategies should be pro-actively discussedwith graduate students

383 <u>Summary and conclusions</u>

It has previously been suggested that 'treating people fairly does not mean treating people in the same way - we need to recognise difference and respond appropriately' ²⁸and it is the conclusion of this study that graduate students and school leavers have very differing educational and support needs, and that education providers need to be aware of these differences in order to respond and provide accordingly.

389 Understanding the requirements and abilities of students who have prior university 390 experience is very important. As shown in our study, initial transition into the highly 391 demanding veterinary degree course is towards the end of first year perceived by graduate 392 students as easier with regards to course material and prior knowledge compared to school 393 leavers. This is also reflected in assessment performance, with significantly better results 394 in the early assessments leading to significantly better grades at the end of year 1 395 compared to school leavers, even though the performance of both groups of students was 396 the similar in the end of year assessments.

397

398

- 400 Author Information
- 401 Catrin S Rutland

* Catrin Sian Rutland (BSc (hons), MSc, PhD, PGCHE, MMedSci, SFHEA, FAS) Assistant
Professor in Anatomy and Developmental Genetics, School of Veterinary Medicine and
Science, University of Nottingham, College Rd, Sutton Bonington Campus, Loughborough,
LE12 5PE, United Kingdom.

- 406 Email: <u>catrin.rutland@nottingham.ac.uk</u>
- 407 * Corresponding author
- 408 <u>Heidi Dobbs</u>

Heidi Dobbs (MChem, PGCE) Teaching Associate, School of Veterinary Medicine and
Science, University of Nottingham, College Rd, Sutton Bonington Campus, Loughborough,
LE12 5PE, United Kingdom. Current details: RSC Regional Coordinator: Midlands, School

- 412 of Chemistry, University of Nottingham, University Park, Nottingham, NG7 2RD, United
- 413 Kingdom.
- 414 Email: <u>heidi.dobbs@nottingham.ac.uk</u>
- 415 <u>Sabine Tötemeyer</u>

416 Sabine Tötemeyer (Dipl Biol, PhD, PGCHE, SFHEA, MAHEd) Lecturer in Cellular
417 Microbiology, School of Veterinary Medicine and Science, University of Nottingham, College
418 Rd, Sutton Bonington Campus, Loughborough, LE12 5PE, United Kingdom.

- 419 Email: <u>sabine.totemeyer@nottingham.ac.uk</u>
- 420
- 421

422 Acknowledgements

The authors would like to thank Debbie Coutts for collating information on cohort intake,
the Teaching, Learning and Assessment office for collating cohort examination grades, Mrs
Aziza Alibhai for assisting with questionnaire data and Dr Kate Cobb for intellectual input
(University of Nottingham, School of Veterinary Medicine and Science).

427

428 Table 1. Background education status of students applying to veterinary

429 medicine through to the final cohort

	School Leaver	Graduate
Applicants to Veterinary Medicine n=1366	1211 (89%)	155 (11%)
Offers made by the university to study veterinary medicine n=133	123 (92%)	10 (8%)
Admitted via Gateway course and preliminary course n=21	5 (24%)	16 (76%)
Number of offers accepted n=111*	85 (77%)	26 (23%)
Final cohort n=109	83 (76%)	26 (24%)

430 *Two school leavers deferred entry for one year

432 Table 2 Student rating of learning experiences

433

	Educational b	lucational background		
Learning experience (LE)	School	Graduate	P value	
	leaver N=76	N=26		
1 I am learning a lot in my 1 st year at University	2 (0-100)	2 (0-23)		
2 I have felt overwhelmed by the workload this year	26 (0-100)	32 (0-87)		
3 My lecturers' teaching has usually been clear and understandable	25 (0-81)	28.5 (0-50)		
4 The pace at which the material has been covered has been too fast	42 (0-90)	45 (16-87)		
5 I am less confident than other people to voice my opinion in self directed	67 (2-100)	61 (23-100)		
learning sessions.				
6 I am not confident enough to voice my opinion in lectures/seminars.	50 (0-100)	57.5 (0-100)		
7 I feel confident to participate in all tasks in practicals.	11 (0-100)	18.5 (0-100)		
8 For my ability (or level of preparation), the course seemed too difficult	56 (0-100)	72.5 (41-100)	0.01	
9 This year has been too stressful	50 (0-100)	50 (12-100)		
10 The academic requirements have been too demanding	50 (0-100)	50 (22-100)		
11 I have had relatively little difficulty understanding course material	50 (2-100)	39.5 (4-71)	0.0006	
12 The demands on my time and energy have been excessive	43 (0-100)	42.5 (0-86)		
13 I am satisfied with my progress in learning the knowledge and skills needed	25 (0-84)	23.5 (0-60)		
for a veterinary medical degree				
14 The personal tutor system provides good support.	21 (0-100)	39 (0-66)		
15 My school experience in general prepared me well for my study at	43 (0-100)	50 (0-100)	0.01	
University.				
16 My A-Levels prepared me well academically for my study this year.	35.5 (0-100)	49 (0-100)		
17 My previous degree prepared me well academically for my study this year.	N/A	39 (2-100)		

434 Values indicate median rating (minimum–maximum rating) with options ranging from strongly agree (0) to strongly disagree (100), with

435 neutral at 50. N/A=not applicable. Mann-Whitney U test, two tailed with 95% confidence interval; P values have been given where

436 statistically significant difference.

438 **Table 3 Student ratings of support**

	Educational Ba	Educational Background		
Student support	School leaver	Graduate n=26	Р	Not aware of
	n=76		value	service (from
				n=103)
1 School service - Personal tutor	20 (0-89)	21 (0-71)		0
2 School service - Tutor family	39 (0-100)	50 (0-100)		0
3 School service - Senior tutors	50 (0-100)	34 (0-90)		6
4 School service - Reception	21 (0-73)	16 (0-58)		0
5 School service - Welfare officer	28 (0-100)	27 (0-72)		0
6 School service - Welfare drop-in session	50 (0-100)	50 (0-100)		0
7 School service - Extra mural studies (EMS) placements office	0 (0-50)	0 (0-23)		1
8 School service - Disability officer	50 (0-100)	49 (0-100)		9
9 School service - Teaching, learning and assessments (TLA) office	19.5 (0-100)	15.5 (0-54)		1
10 Peer support - Other students	5 (0-50)	23 (0-50)		1
11 Peer support - Veterinary society (VetSoc)	34 (0-100)	39.5 (0-100)		0
12 University services - Academic support services	50 (0-100)	32.5 (0-100)		11
13 University services - Counselling services	50 (0-100)	45.5 (0-100)		10
14 University services - Financial support service	50 (0-100)	29 (0-56)	0.04	8
15 University services - Student-IT helpdesk	32 (0-100)	16.5 (0-100)	0.04	5
16 University services - Face-to-face IT support (library)	28.5 (0-100)	24 (0-100)		8

439

440 Value represent median (minimum-maximum rating) with options ranging from strongly agree (0) to strongly disagree (100), with

441 neutral at 50. Statistical significance (P<0.05) was analysed using Mann-Whitney U test, two tailed with 95% confidence interval, and is

indicated where significant. Welfare officer refers to a member of administrative staff who is available to students and can provide non-

443 academic guidance and advice.

Table 4 Support systems ranked

	Educational Background	
Student support Ranking	School	Graduate
	leaver	
1 School service - Personal tutor	4	5
2 School service - Tutor family	10	15
3 School service - Senior tutors	11*	11
4 School service - Reception	5	3
5 School service - Welfare officer	6	8
6 School service - Welfare drop-in session	11*	15
7 School service - Extra mural studies (EMS) placements office	1	1
8 School service - Disability officer	11*	14
9 School service - Teaching, learning and assessments (TLA) office	3	2
10 Peer support - Other students	2	6
11 Peer support - Veterinary society (VetSoc)	9	12
12 University services - Academic support services	11*	10
13 University services - Counselling services	11*	13
14 University services - Financial support service	11*	9
15 University services - Student-IT helpdesk	8	4
16 University services - Face-to-face IT support (library)	7	7

448 *=ranked jointly, ranking data was extrapolated from the rating data given by the students.

Module	Exam Type	Graduate	School	Ρ
		n=25	leaver	value
			n=87	
MSK Musculoskeletal ¹	Online	69 (51-93)	64 (42-84)	-
	Spot	61 (42-84)	51 (22-76)	0.02
	Module overall	66 (46-88)	60 (36-81)	0.04
LCB Lymphoreticular Cell	Online	70 (32-87)	61 (32-87)	0.04
Biology ¹	Spot	66 (47-86)	61 (25-89)	0.02
	Module overall	69 (41-81)	62 (35-84)	0.01
CRS Cardiorespiratory ²	Online	64 (41-82)	59 (37-79)	-
	Spot	64 (32-81)	62 (34-83)	-
	Module overall	66 (39-82)	60 (38-81)	-
NEU Neuroscience ²	Online	67 (0-90)	64 (35-84)	-
	Spot	72 (31-88)	64 (24-91)	-
	Module overall	69 (10-90)	63 (31-86)	-
AHW Animal Health and	Online	70 (48-83)	66 (43-81)	-
Welfare ²	Spot	63 (33-89)	59 (22-81)	-
	Module overall	68 (48-82)	64 (38-77)	-
PPS Personal, Professional	IT project	70 (51-77)	67 (45-83)	-
Skills ³				
Overall Grade		68 (40-83)	61 (18-81)	0.03

450 **Table 5a Examination grades (all students)**

451

452 Values indicate median (minimum-maximum) examination percentage

453 P-value only shown if significant, P<0.05, based on Mann-Whitney U test. 1 1st

454 assessment period (January); ² 2nd assessment period (June); ³ course work during term
455 time.

456

-50

Module	Exam Type	Graduate	School	Р
		n=21	leaver	value
			n=68	
MSK Musculoskeletal ¹	Online	68 (49-93)	67 (43-84)	-
	Spot	60 (32-79)	53 (35-77)	-
	Module overall	66 (43-88)	62 (43-81)	-
LCB Lymphoreticular Cell	Online	71 (44-85)	63 (45-87)	-
Biology ¹	Spot	69 (29-80)	62 (25-89)	-
	Module overall	69 (45-81)	63 (46-84)	-
CRS Cardiorespiratory ²	Online	65 (41-79)	60 (37-83)	-
	Spot	64 (32-76)	64 (34-83)	-
	Module overall	66 (39-76)	63 (38-82)	-
NEU Neuroscience ²	Online	67 (0-90)	64 (35-86)	-
	Spot	65 (31-88)	66 (24-91)	-
	Module overall	69 (10-90)	65 (31-86)	-
AHW Animal Health and	Online	69 (50-80)	67 (43-83)	-
Welfare ²	Spot	63 (48-89)	63 (22-85)	-
	Module overall	65 (56-77)	65 (38-82)	-
PPS Personal, Professional	IT project	70 (56-77)	68 (45-83)	-
Skills ³				
Overall Grade		66(18-83)	63(40-82)	-

458 **Table 5b Examination grades (international students excluded)**

459 Values indicate median (minimum-maximum) examination mark (percentage). - P-value

460 only shown if significant, P<0.05, based on Mann-Whitney U test. 1 1st assessment

461 period (January); ² 2nd assessment period (June); ³ course work during term time.

Figure captions:

Figure 1: Examination grades throughout the year. Examination results for the first
sit assessments in each of the modules in the first year of study. Non-parametric statistical
test Mann-Whitney U, two tailed with 95% confidence interval was used and * indicates
P<0.05.

Figure 2: End of year examination grade position. End of year grade and percentage
of students within both School leaver and graduate groups achieving over 70% (1st), 6069% (2.1), 50-59% (2.2) and under 50% (traditionally 3rd but a failure to continue in
veterinary medicine).

474 **References**

- 475 1 Astin A. Achieving Educational Excellence. San Francisco: Jossey Bass; 1987.
- 2 Johnson GM. Undergraduate Student Attrition a Comparison of the Characteristics of
 Students Who Withdraw and Students Who Persist. Alberta Journal of Educational
 Research 40(3):337-53, 1994.
- 479 3 Pascarella ET, Terenzini PT. *How College Affects Students: Findings and Insights from*480 *Twenty Years of Research*. San Francisco, CA: Jossey-Bass; 1991.
- 4 Blythman M, Orr S. A Joined-up Policy Approach to Student Support. In: Peelo T, ed.
 Failing Students in Higher Education UK: Open University Press/SRHE;:45-55, 2003.
- 483 5 McInnis C, James R. First Year on Campus: Diversity in the Initial Experiences of
- 484 Australian Undergraduates. Centre for the Study of Higher Education, University of 485 Melbourne, 1995.
- 6 Dent JA, Rennie S. Student Support. In: Dent JA, Harden RM, eds. *A practical guide for medical teachers* 2nd ed. Oxford Elsevier; 2005.
- 7 Thomas E, Quinn J. *First Generation Entry into Higher Education: an international study*.
 1st ed. Maidenhead, UK.: McGraw-Hill International; 2007:84.
- 490 8 Woodley A. The Older the Better a Study of Mature Student Performance in British-491 Universities. Res Educ (32):35-50, 1984.
- 9 Richardson JTE, Woodley A. Another look at the role of age, gender and subject as
 predictors of academic attainment in higher education. Stud High Educ 28(4):475-93,
 2003.
- 495 10 Bourner T, Hamed M. Entry qualifications and degree performance. London: Council for496 National Academic Awards; 1987.
- 11 Hayes K, Feather A, Hall A, Sedgwick P, Wannan G, Wessier-Smith A, Green T, McCrorie
 P. Anxiety in medical students: is preparation for full-time clinical attachments more
 dependent upon differences in maturity or on educational programmes for undergraduate
 and graduate entry students? Medical education 28(11):1154-62, 2004
- and graduate entry students? Medical education 38(11):1154-63, 2004.
 12 Price R, Wright SR. Comparisons of examination performance between 'conventional'
 and Graduate Entry Programme students; the Newcastle experience. Medical teacher
- 503 32(1):80-2, 2010.
- 504 13 Shehmar M, Haldane T, Price-Forbes A, Macdougall C, Fraser I, Peterson S, Peile E.
 505 Comparing the performance of graduate-entry and school-leaver medical students.
 506 Medical education 44(7):699-705, 2010.
- 507 14 Powers DE. Student perceptions of the first year of veterinary medical school. Journal508 of Veterinary Medical Education 29:227-230, 2002.
- 509 15 Tait H, Entwistle N, McCune V. ASSIT: A reconceptualisation of the Approaches to 510 Studying Inventory. In: Rust C, editor. Improving student learning: improving students as 511 learners. Oxford: Oxford Center for Staff and Learning Development; 1998. p. 262–71.
- 512 16 Nunally JC, Bernstein IH. Pyschometric theory. 3rd ed. New York: McGraw-Hill; 1994.
- 513 17 Dodds AE, Reid KJ, Conn JJ, Elliott SL, McColl GJ. Comparing the academic performance
- of graduate- and undergraduate-entry medical students. Medical education 44(2):197-515 204, 2010.
- 516 18 Hafen M, Reisbig AMJ, White MB, Rush BR. Predictors of depression and anxiety in first-517 year veterinary students: A preliminary report. Journal of Veterinary Medical Education
- 518 33(3):432-40, 2006.
- 519 19 Hafen M, Jr., Reisbig AM, White MB, Rush BR. The first-year veterinary student and 520 mental health: the role of common stressors. J Vet Med Educ 35(1):102-9, 2008.
- 521 20 Thomas L. Student retention in higher education: the role of institutional habitus. 522 Journal of Education Policy 17(4):423-42, 2002.
- 523 21 Cable C, Willetts, D. Guidance to the Director of Fair Access. London: Secretary of State 524 for Business, Innovation and Skills and Minister for Universities and Science; 2011.
- 525 22 Leathwood C, O'Connell P. It's a struggle': the construction of the 'new student' in
- 526 higher education. Journal of Education Policy 18(6):597-615, 2003.
- 527 23 Tones M, Fraser J, Elder R, White KM. Supporting mature-aged students from a low 528 socioeconomic background. High Educ 58(4):505-29, 2009.

- 529 24 Laakkonen J, and Nevgi A. 2014. Relationships between learning strategies, stress, and 530 study success among first-year veterinary students during an educational transition phase.
- 531 J Vet Med Educ 41:284-293.
- 532 25 Sutton RC. 2007. Veterinary students and their reported academic and personal 533 experiences during the first year of veterinary school. Journal of Veterinary Medical 534 Education 34:645-651.
- 535 26 Chigerwe M, Ilkiw JE, and Boudreaux KA. 2011. Influence of a Veterinary Curriculum
 536 on the Approaches and Study Skills of Veterinary Medical Students. Journal of Veterinary
 537 Medical Education 38:384-394.
- 538 27 Ryan MT, Irwin JA, Bannon FJ, Mulholland CW, and Baird AW. 2004. Observations of 539 veterinary medicine students' approaches to study in pre-clinical years. Journal of 540 Veterinary Medical Education 31:242-254.
- 541 28 McKimm J, Swanwick T. *Clinical teaching made easy: A practical guide to teaching and* 542 *learning in clinical settings*. London, UK: Quay Books; 2010.
- 543
- 544
- 545