

## **NET2017 Conference**

## Tuesday 5 – Thursday 7 September 2017 Churchill College, Cambridge

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Core paper	X	Theme paper	
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#### **Research abstract**

#### **Research papers**

Research papers should focus on the education of healthcare professionals and have implications for learning, teaching or assessment. They are intended as an opportunity to present a fully developed study, completed phase of a study, or a systematic review. Abstracts should acknowledge, wherever possible, the international relevance of the research. The study, or phase of the study, must be complete with appropriate data and findings available by the time of presentation.

## Please indicate the conference theme to which your abstract relates:

Developing the future of healthcare education workforce		
Education in clinical practice and practice development		
Educational enhancement		
E-learning/blended learning		
Humanising healthcare education		
Internationalisation and global challenges in healthcare education		
Inter-professional learning and working		
Leadership in healthcare education		
Learning and teaching strategies		
Partnership working		
Research methodology in healthcare education		
Service user and carer engagement		
Social, economic and policy drivers in healthcare education		
Student experience and engagement		
Using simulation to enhance learning		

#### Abstract title:

Bullying and Harrassment in Nurse Education: An Issue of Workforce Retention

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## Background, including underpinning literature and, wherever possible, the international relevance of the research

Bullying and harassment is sadly too prevalent in nursing, causing victims work-based stress that can affect not only the individual but also quality of care and their perspective on the profession. Such negative experiences can impact on victim's professional development and whether they decide to remain in the profession on qualification.

### Aim(s) and/or research question(s)/research hypothesis(es)

The aim of the survey was to assess impact of workplace violence, in the form of bullying and harassment, on nursing student's experience during placement and to make recommendations for education and placement providers.

# Research methodology/research design, any ethical issues, and methods of data collection and analysis

This is a qualitative study adopting a descriptive phenomenological approach. The study was conducted between June and July 2015. Open-ended questions were uploaded in the format of a commercial internet survey provider (SurveyMonkey.com) and distributed across a sample of nursing schools in the UK. The number of respondents was 657. Responses of students were analysed and coded by using thematic content analysis.

#### **Key findings and recommendations**

Responses of students were grouped under three main themes and some sub-themes. These main themes are (1) Culture of nursing, (2) Acceptance of the culture and (3) Impact of the culture. Many indicated they experienced workplace violence and it made them consider leaving nursing. Some had normalized the poor behaviours as part of nursing (See Table 1).

In conclusion, current students are the future of the profession and have a key role in shaping the culture for generations to come. Workplace violence, in the form of bullying and harassment, is prevalent and can negatively influence their view of the profession and their professional development. Universities and placement providers need to work together to reduce the incidence and impact of workplace violence in order to improve the culture of practice and foster a more positive image of the profession.

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## **Keywords** (up to five)

- workplace violence,
- bullying and harassment,
- culture,
- workforce retention

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# Three key points to indicate how your work contributes to knowledge development within the selected theme

- Workplace violence causes nursing students to consider leaving the program
- Nursing students need to know how to report and respond to workplace violence
- Collaboration between universities and practice providers has an important role reducing the incidence of workplace violence

**Table 1: Themes and Sub-Themes** 

Themes	Sub-themes	Some Quotes
<b>Culture of nursing</b>	Like tigers, nurses eat their own young	<ul> <li>"I was disrespected on the basis that I am 'below' qualified staff and because I am a student."</li> <li>"I have been made to feel that I am in the way or</li> </ul>
	Sitting on the slidelines	<ul><li>that staff do not want me there."</li><li>"I was verbally abused for being stupid and was</li></ul>
	Learning by humiliation	humiliated during handover for my mistake.  However I had no bad intent and it was an honest mistake.",
	The dog's body	• "I have been made to feel like a personal slave and I feel as though I am often called to do the jobs that no-one else wants to do."
Acceptence of the culture	Normalising poor behaviour	• "what I experienced was not considered serious enoughit was seen as part of having to work with people in stressful environments and a nursing skill."
	Negative role models	• "Mentors can be inappropriate at times expecting far to much an never praise when you do something right but are more than happy to point it out when something's wrong!"
	Losing hope	• "Once you report a nurse as a bully the whole team of nurses in the ward will go against you which may ruin the whole placement so sometimes is best to keep your mouth shut."
Impact of the culture	Diminished learning opportunity	• "This has limited the learning opportunities they give you for questioning such actions."
	Effects on self-esteem and self-concept	• "I feel as a student nurse it happens all the time and sometimes it makes you feel so worthless and has a massive impact on my self-confidence."
	Giving-up	• "I have sometimes been put in situations in which I feel are not suitable for a student. I have considered leaving many times, and my attendance has suffered."