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# A novel copper(II) complex identified as a potent drug against colorectal and breast cancer cells and as a poison inhibitor for human topoisomerase IIa

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#### Abstract

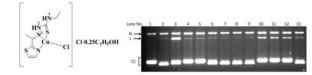
A novel complex, [Cu(acetylethTSC)Cl]Cl $\cdot$ 0.25C<sub>2</sub>H<sub>5</sub>OH **1** (where acetylethTSC = (*E*)-*N*-ethyl-2-[1-(thiazol-2-yl)ethylidene]hydrazinecarbothioamide), was shown to have anti-proliferative activity against various colon and aggressive breast cancer cell lines. *In vitro* studies showed that

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Electronic Supplementary Information (ESI) available: Experimental details and figures featuring HRMS (Fig. S1), UV-visible spectra (Fig. S2), FT IR spectra (Fig. S3), X-band ESR spectra (Fig. S4), cyclic voltammograms (Fig. S5), and *in vitro* figures (S6–S9), and an *in vitro* table (Table S1) are collated here.

complex 1 acted as a poison inhibitor of human topoisomerase  $II\alpha$ , which may account for the observed anti-cancer effects.

#### **Graphical abstract**



#### Keywords

thiosemicarbazones; copper(II); human topoisomerase Iia; breast cancer; ESR spectroscopy; cyclic voltammetry

The limited efficacy of current treatments for advanced breast and colon cancers has served as an impetus for a concerted effort to identify chemo-preventive agents for treatment. This process has often involved the use of metal complexes.[1] Cisplatin is widely used for the treatment of many cancers<sup>[2]</sup> despite its high toxicity, undesirable side effects, and problems with drug resistance in primary and metastatic cancers.<sup>[3]</sup> These limitations have spurred a growing interest in novel non-platinum metal complexes that can show anti-cancer properties.<sup>[4]</sup> Ruthenium-containing complexes have been reported to possess several favourable properties suited to rational anti-cancer drug design,<sup>[5]</sup> and ruthenium-containing complexes of various types are actively studied as metallodrugs, as they are believed to have low toxicity and good selectivity for tumours.<sup>[6]</sup> Recently, we reported the effect of ruthenium(II) complexes with new chelating thiosemicarbazones on growth inhibition of MCF-7 and MDA-MB-231 (breast adenocarcinoma) as well as HCT 116 and HT-29 (colorectal carcinoma) cell lines.<sup>[7]</sup> Thiosemicarbazones and their metal complexes are used in many applications, ranging from pharmacology to nuclear medicine.<sup>[8]</sup> We have expanded our efforts by searching for non-ruthenium systems, for example; the use of gallium(III)- and vanadium(IV)-containing complexes with thiosemicarbazones as ligands, as potential anti-cancer agents.[9, 10] Copper(II) thiosemicarbazone complexes in particular have been the focus of investigation as metallodrugs for various medical applications for a long period of time. These applications include use as anti-cancer agents.[11, 12]

A number of copper(II) complexes have been shown to have anti-tumour activity, and their mechanism of action is believed to be inhibition of human topoisomerase IIa.[13, 14] Topoisomerases are attractive targets for anti-cancer drugs. They are ubiquitous enzymes that are required for untangling DNA and restoring the native DNA topology after processes such as replication, transcription, and other events that distort the DNA topology.[15] Topoisomerases are essential for cell viability. These enzymes employ an active site tyrosine residue to attack the phosphodiester backbone of the DNA, causing the strand to break. The enzyme then passes the other strand through the break, religates it, and releases the now untangled DNA.[15, 16] An important feature of this mechanism is the ensuing covalent intermediate where the enzyme is covalently linked to the cleaved DNA. While this intermediate persists, the cell is in danger, as accumulation of DNA breaks can cause DNA

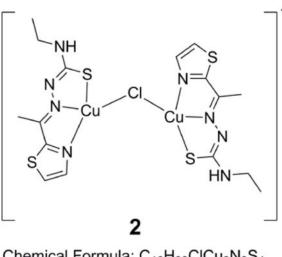
damage response in cells, and even apoptosis.[16] Topoisomerase poison inhibitors that can stabilize this covalent intermediate can be extremely effective anti-bacterial or anti-cancer drugs.[17]

Human topoisomerase II $\alpha$  (hTop2 $\alpha$ ) is highly expressed in many cancer cells, which makes it an attractive target for anti-cancer drugs.[18] There have been many reports of metalbased complexes inhibiting human topoisomerase II $\alpha$ , including some platinum complexes and other copper complexes as well, as mentioned above.[13, 14, 19, 20] However, many of these previous findings with copper(II) complexes have not shown poison inhibition of hTop2 $\alpha$ , but rather catalytic inhibition, or have not determined the mechanism of topoisomerase inhibition at all. The identification of a novel poison inhibitor is significant, because topoisomerase poisons are highly effective anti-cancer agents. Poison inhibitors are highly effective because trapping of the covalent intermediates formed by only a small percentage of the target topoisomerases on cleaved chromosomal DNA by the drugs is sufficient to initiate cancer cell death. In contrast, near complete inhibition of the catalytic activity of the target enzyme may be needed for a catalytic inhibitor of an essential enzyme to be effective in cancer cell growth inhibition.[21]

Here, our research efforts have been extended to a novel copper(II) complex, which bears the thiosemicarbazone, E)-N-ethyl-2-[1-(thiazol-2-

yl)ethylidene]hydrazinecarbothioamide[10] (acetylethTSC). As such, we now report the characterization of a novel copper(II) complex, complex **1**, which can act as an anti-tumour agent and as an hTop2 $\alpha$  poison inhibitor. To our knowledge, this complex is the first copper(II)-based complex to show measurable quantitative increases in the linear DNA cleavage product from trapped topoisomerase complex, with specificity to hTop2 $\alpha$  over the hTop1. The poisoning of hTop2 $\alpha$  is likely to lead to cell death, and may contribute significantly to the anti-cancer mode of action.

Complex **1** was prepared by reacting the thiosemicarbazone, (*E*)-*N*-ethyl-2-[1-(thiazol-2yl)ethylidene]hydrazinecarbothioamide (acetylethTSC) in ethanol (Scheme 1). The complex was characterised by elemental analysis, HRMS, FTIR, UV-visible, and ESR spectroscopies. ICP-MS was also used to determine the percentage of Cu in the sample. The elemental analysis data for the percentage of H is not fully consistent with the calculated value; this could be due to the fact that the discrepancy is only in the percentage of H, and is more likely due to an error in the analysis process. Based on this discrepancy, it was necessary to show the HRMS data which showed an m/z value of 614.912544 (Figure S1) of which the proposed binuclear complex **2** was detected from a methanolic solution. In complex **2** (as a binuclear species), the acetylEtTSC ligand was found to coordinate as a thiolate anion while being detected in the positive mode while in the chamber of the mass spectrometer. This is due to the fact that thiosemicarbazones ligands can exist as thione– thiol tautomers (although the proton lost to form the anion formally belongs to the hydrazinic -NH group).[11] Such thiosemicarbazones can undergo tautomerisation and subsequent deprotonation of the thiol form allowing for a mono-anionic ligand.[11]



Chemical Formula: C<sub>16</sub>H<sub>22</sub>ClCu<sub>2</sub>N<sub>8</sub>S<sub>4</sub> Exact Mass: 614.91

The complex was soluble in DMSO as revealed by its UV-visible spectrum in DMSO (Figure S2, ESI). It is really clear that there are differences between the UV-visible spectra of the ligand and the complex (Figure S2, ESI). The UV-visible spectrum of complex **1** shows a d–d transition, which has a molar extinction coefficient value of 182 M<sup>-1</sup> cm<sup>-1</sup> at 624 nm. Complex **1** also showed other bands at 324 and 425, with molar extinction values of  $1.7 \times 10^4$  and  $1.6 \times 10^4$  M<sup>-1</sup> cm<sup>-1</sup>, respectively. In DMSO, the "free" ligand has a wavelength of 340 nm, with a molar extinction coefficient value of  $2.8 \times 10^4$  M<sup>-1</sup> cm<sup>-1</sup>. Conductivity measurements of a 1.0 mM DMSO solution of complex **1**, where  $\Lambda_m = 31.0 \pm 2.0 \,\mu$ S cm<sup>-1</sup> proved the existence of complex **1** as a 1:1 electrolyte based on the use of conductivity measurements to ascertain types of electrolytes in various solvents as reported in a review as written by Geary.[22] Complex **1** as a 1:1 electrolyte accounts for the presence of a mononuclear cation in DMSO.

The infrared spectrum of complex **1** (Figure S3, ESI) shows a band in the v(N-H) region which may be attributed to the hydrazinic nitrogen, thus suggesting that the ligands are coordinated as the thione form.[10] The ligand is reported to have stretching frequencies of 3164, 3054, and 1059, as designated for v(-N<sup>1</sup>H), v(N<sup>2</sup>H), and v(N<sup>2</sup>-N<sup>3</sup>), respectively.[10] On the other hand, complex **1** exhibited stretching frequencies of 3190, 2973, and 1166, as designated for v(-N<sup>1</sup>H), v(N<sup>2</sup>H), and v(N<sup>2</sup>-N<sup>3</sup>), respectively. The presence of a medium stretching frequency for C=S at 813 cm<sup>-1</sup> was determined for the "free" ligand,[10] but upon coordination, this stretching frequency is decreased to 787 cm<sup>-1</sup> for the presence of C=S in the thione form of the coordinated thiosemicarbazone.[10] Also, the strong stretching frequency assigned to the v(C=N) in the spectrum occurs at 1543 cm<sup>-1</sup>,[10] but is shifted to 1567 cm<sup>-1</sup>, thus implying that there is coordination of the azomethine (C=N) to the copper(II) metal centre.[23] The stretching frequency at 1296 (v(C=S) + v (C=N)) is shifted to 1228 cm<sup>-1</sup> in the FTIR spectrum for complex **1**.

The ESR spectra in a frozen solution of DMSO shows the presence of a paramagnetic Cu(II) metal centre, where  $g_{\perp}$ ,  $g_{\parallel}$ ,  $A_{\perp}$ , and  $A_{\parallel}$  were determined to be 2.0525, 2.1888, 12 G, and 168.9 G, respectively (Figure S4, ESI). The ESR spectrum of the complex indicates an axial

symmetry. As  $g_{\parallel} > g_{\perp} > 2.002$ , it can be inferred that the complex possesses an approximately square-planar geometry. This trend is also consistent with a  $d_{x2-y2}$  ground state.[24, 25] Sakaguchi and Addison[25] have shown that the  $g_{\parallel}/A_{\parallel}$  ratio can be used as a convenient empirical index of tetrahedral distortion in CuN<sub>4</sub> units. This value ranges from ca. 105 to 135 cm for the square planar structure, and this quotient increases on the introduction of tetrahedral distortion to the chromophore. Furthermore, tetrahedral distortion of a square-planar chromophore is observed when any (N, O, S) donors reduce  $A_{\parallel}$  and increase  $g_{\parallel}$ . Using that relationship and the  $g_{\parallel}/A_{\parallel}$  ratio of 139 cm (where  $g_{\parallel}/A_{\parallel} =$ (2.1888/0.01579) cm) results in complex **1** having a tetrahedral distortion from the square planar geometry, and this is reflected in the structure for complex **1** as shown in Scheme 1. Such is structure is also based on the fact that the ligand can be tridentate in nature.

Electrochemical studies were also carried out on the ligand and complex 1, where some interesting features were observed in each cyclic voltammogram (Figure S5, ESI) for the metal centre and the thiosemicarbazone ligand (both coordinated and "free"). Recently, electrochemical studies of thiosemicarbazones has shown the existence of an irreversible cathodic redox peak in the region -1.26 V to -1.67 V, corresponding to the reduction of the imine moiety of the thiosemicarbazone functional group.[26] Such a case was observed of the "free" ligand, where  $E_{pc} = -1.62$  V is believed to be due to the reduction of the imine moiety. The redox potential,  $E_{pa} = +0.704$  V, is believed to be arise from the oxidation of the "free" ligand to a highly reactive radical cation followed by the formation of a dimeric species containing a disulphide bond.[27] The reduction of the thione functional group of a thiosemicarbazone moiety, have previously been reported to produce an irreversible cathodic peak at -1.06 V.[28] Previously reported electrochemical studies on thiosemicarbazone ligands have also shown the existence of an irreversible cathodic peak at -1.06 V.[28] We believe that the redox couple of  $E_{1/2} = -0.668$  V is due to the reduction of the thione functional group. The cyclic voltammogram for complex 1 shows redox couples that are ligand- and metal-based. The irreversible  $E_{pa} = +0.539$  V is believed to be arise from the oxidation of the coordinated ligand to a highly reactive radical cation; while the irreversible  $E_{pc} = -1.52$  V is believed to be due to the reduction of the imine moiety. On the other hand the redox couple (Cu<sup>II/I</sup>) is reversible at  $E_{\frac{1}{2}} = -0.207 \text{ V}$ .

Once characterized, the anti-proliferative activity of complex **1** was carried out against colon cancer cell lines (HTC-116, Caco-2, and HT-29), and also compared to the anti-proliferative activity against one non-cancerous colon cell line (CCD-18Co). Complex **1** and etoposide (as positive control) were evaluated for their cytotoxicity against HCT-116, Caco-2, and HT-29 by a colorimetric assay (MTS), as described by Lewis *et al.*[10] Table S1 (ESI) summarizes the data from this evaluation. The effects of the compounds on the viability of these cells were evaluated after continuous incubation (24, 48, and 72 hours). In all cases, it was found that complex **1** had better efficacy in inhibiting cell growth of the colorectal cancer cells when compared to etoposide as shown in Table S1. Complex **1**, however, was found to be very toxic to the non-cancerous colon cell line (CCD-18Co) when compared to etoposide, with IC<sub>50</sub> values after 72 hours of  $0.83 \pm 0.80$  and  $41.2 \pm 2.3 \mu$ M, respectively.

Based on the results from the above study, where it was found that complex **1** was very aggressive in inhibiting cell growth of these colorectal cancer cell lines, we decided to carry

out an *in vitro* study on very aggressive breast cancer lines that are highly malignant and demonstrate increased rates of cell growth, migration and invasion. As such, to extend the potential anti-oncogenic of complex 1, we examined its ability to prevent breast cancer cell proliferation in a preliminary study. In this preliminary study, we demonstrated a significant decrease in cell proliferation in four (4) different aggressive breast cancer cell lines, viz., HCC 1500, HCC 70, HCC 1806, and HCC 1395. The results (Figures S6-S9, ESI) that were obtained when HCC1500 cells were treated with the complex 1 at the concentrations indicated in each figure (Figures S6–S9, ESI) before incubation for 24 and 48 hours. The rate of cell proliferation was determined using an MTT cell proliferation assay. Each value is presented as the mean of the SEM of three independent determinations. The columns in each graph are presented as relative values in comparison to serum-starved cells. Bars labelled with different letters are significantly different from one another (P < 0.05). The black horizontal line denotes the level at which the rate of cell proliferation has been decreased by 50% of the growth factor control (positive control, yellow bar). The results (Figures S6–S9, ESI) demonstrated that complex **1** is able to prevent growth factorstimulated cell proliferation at concentrations ranging from 1  $\mu$ M to 20  $\mu$ M in all the cell lines assayed. Complex 1 was tested for its ability to prevent cell growth after being exposed to the cells for 24 and 48 hours, respectively. The exposure to complex 1 for 48 hours did not result in dramatic decreases in cell growth, suggesting that a 24 hour exposure to this complex was significant enough to prevent breast cancer cell proliferation.

Specifically, 5  $\mu$ M of complex **1** was sufficient to reduce cell proliferation by 50% in all the cell lines after 24 hours (note black horizontal line on each figure (Figures S6–S9, ESI)). Additionally, with a longer exposure to the complex (48 hours), the amount of complex **1** needed to reduce 50% of cell proliferation was only 2  $\mu$ M for the HCC 70, HCC 1500, and HCC 1806 cell lines, however it remained at 5  $\mu$ M for the HCC 1395 cell lines. This is interesting, since the HCC 1395 cell line is the only cell line that is derived from a Caucasian-American female, while the other three cell lines are derived from African-American females.

To understand the complex's mechanism for exerting toxicity on the cancer cell lines, the effect of the complex on hTOP2 $\alpha$  activity was evaluated, since many anticancer drugs are known to target this enzyme. The complex's effects on htop2 $\alpha$  were determined *in vitro*. A standard assay for detecting topoisomerase inhibition involves gel electrophoresis; the enzyme's ability to relax supercoiled DNA is determined in the presence and absence of the compound of interest.[29] When complex **1** was incubated with hTop2 $\alpha$ , it prevented the enzyme's ability to relax DNA. It was shown to inhibit the relaxation activity of human topoisomerase II $\alpha$  with an IC<sub>50</sub> value of 12.5–25  $\mu$ M (Figure 1). The ligand alone has no effect on the enzyme activity.

Complex 1, in addition to inhibiting the relaxation activity of hTop2a, also produced an increase in the linear DNA cleavage product. The presence of linear DNA product indicates that the complex can act as a poison inhibitor of human topoisomerase IIa. As mentioned earlier, poison inhibitors prevent DNA religation following cleavage by the topoisomerase enzyme. The DNA-enzyme covalent intermediate persists, and the DNA is trapped with a double stranded break.[17] Figure 2 shows the increase in cleavage product observed for

complex **1**. Free copper in the form of the copper(II) salt,  $CuCl_2 \cdot 2H_2O$ , did not result in any significant increase in topoisomerase cleavage product. Densitometry analysis of the bands shows a 3.6-fold increase in linear DNA product when compared to the DMSO lane (negative control) for complex **1** at 100  $\mu$ M, and a 2.8-fold increase at 25  $\mu$ M.

These results are significant, because a quantitative increase in linear DNA cleavage product was not observed for other copper(II)-containing complexes reported in previous studies, for example, 1-((5(or 6)-carboxy-1H-benzo[d]imidazol-2-yl)methyl)pyridinium copper(II) chloride hydrate,[13] copper(II) complexes with  $\alpha$ -heterocyclic thiosemicarbazones as ligands,[14] and an *R*- and *S*-enantiomeric copper(II) complex derived from *N*,*N*-bis(1-benzyl-2-ethoxyethane),[19] all of which showed either little or no poisoning effect. In our study, this novel effect is significant, since the accumulation of topoisomerase cleavage intermediates would be an important mode of action for anti-cancer activity. Additionally, "free" Cu(II) ions and the acetylethTSC ligand were not able to poison the topoisomerase on their own, but it is the complex that is formed from the copper(II) metal centre and the ligand that exerted the poisoning effect.

To determine specificity, complex 1 was tested against human topoisomerase I. It exhibited little to no effect on the enzyme relaxation activity, supporting the hypothesis that complex 1 can act as a specific inhibitor of hTop2 $\alpha$ . Its effect on the type I enzyme is shown in Figure 3.

This copper(II) complex is the first of its kind to show measurable quantitative increases in the linear DNA cleavage product from hTop2 $\alpha$ . The quantitative increase in linear DNA (as shown in Figure 2 is indicative of a poison mechanism of inhibition, as an hTop2 $\alpha$  poison would cause an increase in permanent double-stranded breaks. This mechanism of action is particularly lethal, and may account for the anti-proliferative effects exerted on the various cancer cell lines studied in this work reported within. Only a few stabilized htop2 $\alpha$  covalent complex trapped by complex 1 on chromosomal DNA may be sufficient to initiate the apoptosis pathway. At 12.5  $\mu$ M complex 1, the linear DNA product formed by htop2 $\alpha$  on plasmid DNA increased by 30% as determined by densitometry analysis. Cytotoxicity from complex that can be trapped by complex 1 on chromosomal DNA in tumour cells might be further enhanced by the involvement of htop2 $\alpha$  in DNA replication complexes. It is also possible that there may be additional mode of actions involved in the anti-tumour activity of complex 1. The *in vivo* effect of complex 1 and similar copper complexes should be investigated further in future studies.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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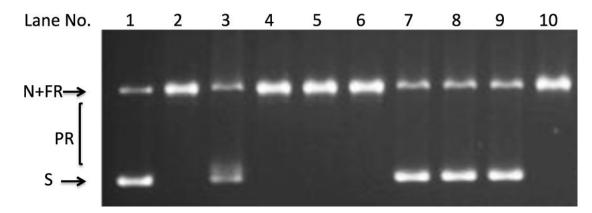
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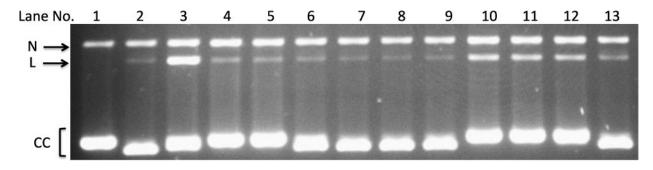
#### Highlights (for review)

- A novel copper(II) complex with (*E*)-*N*-ethyl-2-[1-(thiazol-2-yl)ethylidene]hydrazinecarbothioamide) was synthesized and characterized
- Anti-proliferative activity against various colon (in one case, an IC<sub>50</sub> value of 242 nM) and aggressive breast cancer cell lines
- *In vitro* studies showed that compound acted as a poison inhibitor of human topoisomerase IIa, which is unlike most copper(II) complexes



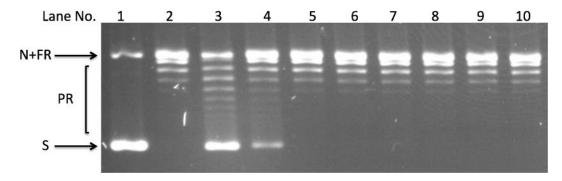
#### Figure 1.

The effect of inhibition of hTop2 $\alpha$  relaxation activity by complex **1**. Lane 1: negatively supercoiled pBAD/Thio plasmid DNA with no enzyme; Lane 2: DMSO as negative control; Lane 3: positive control *m*AMSA at 75  $\mu$ M; Lanes 4–6: 100, 50, and 25  $\mu$ M acetylethTSC; Lanes 7–10: 100, 50, 25, and 12.5  $\mu$ M complex **1**. N = nicked, FR= fully relaxed, PR = partially relaxed, and S = supercoiled.



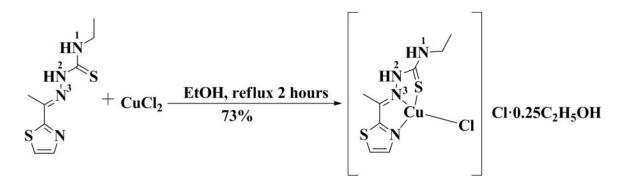
#### Figure 2.

The effect of poisoning of hTop2 $\alpha$  in the presence of complex **1**. Lane 1: negatively supercoiled pBAD/Thio plasmid DNA with no enzyme; Lane 2: DMSO as negative control; Lane 3: positive control mAMSA at 25  $\mu$ M; Lanes 4–6: 200, 100, and 50  $\mu$ M CuCl<sub>2</sub>•2H<sub>2</sub>O; Lanes 7–9: 100, 50, and 25  $\mu$ M acetylethTSC; Lanes 10–13: 100, 50, 25, and 12.5  $\mu$ M complex **1**. Electrophoresis buffer contained 0.5  $\mu$ g ml<sup>-1</sup> ethidium bromide. N = nicked, L = linear, and CC = covalently closed.



#### Figure 3.

The effect complex **1** on human topoisomerase I activity. Lane 1: negatively supercoiled pBAD/Thio plasmid DNA; Lane 2: DMSO as negative control; Lane 3: positive control camptothecin at 100  $\mu$ M; Lanes 4–6: 100, 50, and 25  $\mu$ M acetylethTSC; Lanes 7–10: 100, 50, 25, and 12.5  $\mu$ M complex **1**. N = nicked, FR = fully relaxed, PR = partially relaxed, and S = supercoiled.



Scheme 1. Synthesis of complex 1.