

Evaluation of the techniques to mitigate early shrinkage cracking through an image analysis methodology

Techniques to mitigate early shrinkage cracking

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ABSTRACT

Nowadays, new products are introduced in concrete mixes to reduce the effects of shrinkage, which are the main reason of most of early-age cracking phenomena, especially when curing is not done in accordance to best practices. The lack of a standardized methodology to quantify concrete cracking complicates the determination of the effectiveness of different solutions and comparison between them.

27 This research presents an evaluation through images of the suitability of fibres and shrinkage
28 reducing admixtures (SRA) to control early shrinkage cracking in slab-type concrete elements. The
29 use of this technique has permitted **quantifying** the typical cracking parameters objectively, and
30 **analyse probabilistically** the average crack width.

31

32 Results show a delay and reduction of cracking after adding SRAs and fibres in concrete, especially
33 1 kg/m^3 of polymeric micro-fibres. The incorporation of these components directly into the mix
34 modified the behaviour of concrete, reducing shrinkage cracking from the beginning of moisture
35 losses.

36

37 **KEYWORDS:** *admixture, concrete, fibre reinforcement, image analysis, shrinkage.*

38

39 **1. Introduction**

40

41 Shrinkage is the main reason of the large majority of early-age cracking in concrete, especially in
42 **the** case of restrained structures. In these cases, strain is usually limited by supports, adjacent
43 structures and bonded reinforcements, among others. Consequently, the mix design and curing
44 conditions become a very important part of good concrete technology practice [1]. However, there
45 are applications where curing is not enough to prevent cracking, e.g. when severe environmental
46 conditions are combined with large surface-to-volume ratios and restraints. One usual case where
47 this takes place is in bi-dimensional elements such as slabs. Therefore, other recommendations and
48 mitigation techniques have been introduced by modern concrete technology in order to limit and
49 reduce shrinkage effects, as shrinkage cracking is practically unavoidable so far.

50

51 These recommendations focus on limiting moisture losses in properly designed concrete mixes. The
52 most accepted way to do it is to cure concrete carefully, especially in structures with high **surface-**
53 **to-volume** ratio, rather than **using** methods which only prevent moisture loss, as protecting from
54 wind or sunshine by plastic sheeting, mono-molecular films, windbreaks and/or shades [2-3]. Also
55 re-vibration and re-finishing of the fresh concrete tends to close early shrinkage cracking, due to the
56 destruction of the growing tensile stress and the fill of cavities under horizontal reinforcing bars.
57 Likewise, the use of screeding when concrete is still workable should be limited because its
58 excessive use creates cracking patterns parallel to the screeding [4].

59
60 Other possible **way of minimizing** shrinkage cracking **is** the incorporation of admixtures or fibres.
61 While fibres work like millions of bridges that uniformly **distribute tensile** stresses, intercepting
62 and stopping the growth and evolution of cracks by reinforcing the mix in all directions, admixtures
63 act like internal curing agents providing a slow and uniform curing. The use of both additives has
64 increased progressively over the past years, specifically in the field of pavements, bridge decks,
65 industrial floors, tunnel linings and precast elements. On the one hand, fibres can be added to
66 reduce the shrinkage cracking pattern at later ages through a mechanical action, as well as to
67 improve ductility, strength, and toughness [5-6]. In this case, in order to ensure that cracks remain
68 small and in accordance with design assumptions [7], it is essential that the quantity and distribution
69 of reinforcement are adequate. From this point of view, several researchers have studied and
70 demonstrated the benefits of adding fibres in the concrete mix [8-13], especially polymeric micro-
71 fibres. Whereas steel reinforcement is less effective in controlling plastic shrinkage cracks, as the
72 bond between the plastic concrete and the reinforcement has not been yet developed, the
73 dimensions and large numbers of fibres permits a strong mitigation of plastic shrinkage cracking.
74 On the other hand, the incorporation of **curing compounds [14], such as superabsorbent**
75 **polymers [15] or saturated lightweight aggregates [16-18]**, may decrease shrinkage by means of

76 a reduction of the **evaporation rate. This measure is even more effective if it also reduces**
77 **settlement and capillary pressure of pores, as the use of shrinkage reducing admixtures (SRA)**
78 **[19-23] has been demonstrated.** Another solution to control shrinkage cracking is by means of
79 expansive cements or admixtures like calcium oxide or calcium sulfoaluminate, which act during
80 wet setting phase. These last alternatives, leading to the so-called shrinkage compensating concrete,
81 are not a widespread solution so far, partially because of the difficulty to accurately control the final
82 expansion. **For this, most of current research trend to use such products with SRA, as this**
83 **combination shows a synergetic effect on shrinkage reducing. The negative retarding effect of**
84 **the chemical admixtures turns into an advantage for the efficiency of the expansive products**
85 **[24-25].**

86

87 **Some related works in literature also study** the cracking problem due to different types of
88 shrinkage. However, it has not yet been found any widely and reliable solution to reduce this crucial
89 problem. Because of this, it is absolutely essential to use an objective methodology to reflect clearly
90 the effects of the different solutions introduced to minimize **shrinkage cracking.** The lack of a
91 simple standardized methodology nowadays complicates the determination of the effectiveness of
92 the different products added to concrete to decrease early shrinkage cracking, and the comparison
93 between them. In fact, most of the techniques used for estimating the shrinkage cracking pattern are
94 subjective and labour-intensive because they are based on visual and manual measurements. **Only**
95 **very few methodologies based on image analysis are considered objective. Relevant cracking**
96 **information can be extracted rapidly and systematically from the photographs of the cracked**
97 **specimen. Some of these methods are based on the elimination iteratively of the residual noise**
98 **[26], which can only measure the crack width. Others lead to approximate results due to the**
99 **specification of an appropriate threshold value for creating binary images, and a uniformly**
100 **spaced grid for quantifying the cracking pattern [27-29]. Although it has been proved that**

101 **minor variations in threshold and mask values generally do not affect the measurement**
102 **results [27, 30], this study is based on a new technique. It provides more precise and**
103 **automatic results, avoiding the possible errors derived from the comparison between cracking**
104 **patterns obtained with slightly different threshold values and/or not perpendicular grid to**
105 **stress riser along all the cracks.** The great results obtained with conventional concrete, and the
106 **capacity of identifying and characterizing** any shrinkage cracking pattern due to any cause in an
107 uncomplicated and fast way, with common equipment and software, leads to the experimental
108 methodology proposed by Ruiz-Ripoll et al. [31] **as one of the best options. It** consists in
109 photographing the entire cracking pattern and stitching all pictures together. Afterwards, the image
110 is filtered to correct lens defects and the contrast between lights and shadows, **then** the cracks are
111 isolated, **and, finally,** the cracking patterns are quantified by means of geometric figures, which
112 **adapt to the shape of all cracks. As a result, the methodology provides easily** parameters such
113 as cracked area, crack length, and maximum and average crack width.

114

115 **From this literature review, it appears that no objective methodical studies about the**
116 **influence and comparison of admixtures and fibres individually, as possibilities for the**
117 **mitigation of early age shrinkage cracking, have been published so far. Most of works are**
118 **focused on the synergetic effect which may provide the combination of different additives [25,**
119 **32]. However, a further investigation is required to quantify the effectiveness of the different**
120 **strategies applied separately, as some researchers noted [13, 34]. This situation motivated the**
121 **present research, in which some different products are incorporated directly into a**
122 **conventional mix in order to modify the behaviour of concrete, and to control and/or reduce**
123 **shrinkage cracking from the beginning. The suitability of these products are evaluated**
124 **through the analysis of the cracking patterns, obtained with the same base mix design in**
125 **order to reflect only their influence [25, 27], following the aforementioned imaging**

126 **methodology proposed by Ruiz-Ripoll et al. [31]. Between the effective solutions to limit early**
127 **age cracking, which is measured here through a test of 20 hours [31], this paper is focused on**
128 **the use of synthetic fibres and a SRA to mitigate shrinkage cracking of conventional concrete.**
129 **Most** of the other mentioned actions would not affect early shrinkage cracking (plastic sheeting,
130 mono-molecular films, re-vibration, re-finishing, shrinkage compensating concrete...) due to the
131 limitation of time. **The aim is that these test results guarantee the effects of the additives**
132 **incorporated, and serve as a good basis to apply them to other special concretes (with very**
133 **low water-to-binder ratio and high fineness admixtures), which mechanical properties can be**
134 **more affected.**

135

136 **2. Experimental programme**

137

138 The evaluation of the effectiveness of different methods to reduce early shrinkage cracking in
139 concrete was based on the methodology developed by Ruiz-Ripoll in [31]. An experimental
140 programme was designed, **based on Kraai [9], Yokoyama [34], Mora [35] and ASTM C1579**
141 **tests [36]. It consisted** in highly restrained square slabs of 800x800x100 mm, with lateral surfaces
142 anchored by bolts and a roughened wood panel at the bottom. The slab was placed in a wind tunnel
143 and subjected to controlled environmental conditions (45°C, 75% relative humidity and 7 km/h
144 wind speed) achieved by usual devices (fan, heaters, temperature sensors...), during approximately
145 20 hours (Figure 1). This time was considered enough to account for most of early shrinkage to take
146 place, and also adequately represents the time in practice during which the slab could be left
147 without proper curing after execution; finishing of concrete works at the end of the day to continue
148 activities the following day. The slab restraints maximize a two-dimensional cracking pattern. The
149 large **surface-to-volume** ratio of the slab and the demanding environmental conditions speed up the
150 water evaporation process creating greater internal stresses. The high degree of restriction provided

151 by anchor bolts and bottom increased the cracking pattern through friction and adherence between
152 the concrete and mould (no release agent was applied, of course).

153

154 Seven different types of concrete were tested: one plain conventional concrete, five with different
155 types and contents of **monofilament polypropylene** fibres and one with a glycolether SRA. The
156 same base mix design (constant type and proportions of components) was used in each case, to
157 which the different additives were incorporated. In this way, the results reflect surely only the
158 influence of the additives in the behaviour of concrete. The mix proportions corresponded to those
159 widely used in pavement applications. Concrete for pavement/flooring applications usually avoids
160 excessive cement and sand contents and uses the most favourable granular skeleton from the point
161 of view of shape, maximum aggregate size, and particle size distribution. The reference base mix
162 design (control concrete, CC) was a plain C30 strength class and S5 consistency class concrete [37].
163 The different slabs were achieved adding to the reference mix macro-fibres of 0.075 mm of
164 diameter and 40 mm of length (FRC1), micro-fibres of 0.031-0.035 mm of diameter and 12 mm of
165 length (FRC2, FRC4 and FRC5), a combination of macro-fibres and micro-fibres (FRC3) and a
166 SRA (SC). The dosages of the additives were based on the recommendations given by **suppliers**.
167 Note that only in the case of SC, the common base mix design was slightly modified (0.4% less
168 superplasticizer) because the SRA introduces an additional plasticizing effect that could lead to
169 segregation in this S5 consistency class concrete. Concrete mix proportions are summarized in
170 Table 1. Following the recommendations given in ASTM C1579 [36], two slab specimens of each
171 concrete were tested in the same conditions for each case, in order to obtain a more reliable and
172 homogeneous comparison among different cracking patterns.

173

174 The concrete was mixed in a 50-litre forced action mixer with rotating drum and blades, and
175 agitator. As each slab needed a concrete volume of about 56 litres, two identical batches of 30 litres

176 were made following the same mixing sequence, which is important for fibre reinforced concrete
177 (FRC). Mixing is a critical phase of FRC because of the risk of fibre entanglement, which might
178 generate fibre clusters or balls. For this reason, it was visually checked that the fibre distribution
179 was homogeneous in all batches. Before placing the concrete, the workability of the mix was
180 evaluated for each slab; the slump of the first batch was determined in accordance with EN 12350-2
181 [38], while the second batch was not measured because the followed production process was
182 identical and took place just after the first batch [39]. The slabs were finished by troweling,
183 avoiding the tips of the fibres coming out of the surface, as would be done in practice.

184

185 Once the specimen was cast and the pan used to measure the evaporation rate was filled with
186 concrete, the elements were placed in the environmental tunnel downstream from the fan. Note that
187 the evaporation rate gives also an idea of the capillary pressure, which is related to the shrinkage
188 strains. When the rate of evaporation exceeds the rate of bleeding, the concrete surface dries out,
189 causing the formation of meniscus which tends to contract the paste by negative pressure. The
190 evaluation of cracking started when all the instrumentation was positioned and the fan turned on,
191 which corresponded to an age of the concrete of 30 minutes. This was the time needed to cast the
192 two batches of each slab and prepare the test. The air and concrete temperatures, speed of the air
193 flow, and evaporation rate, were recorded since the beginning of the test by means of three
194 thermocouples, an anemometer, and a 1-g precision scale (Figure 2), respectively. The precision
195 scale was positioned under the pan. One thermocouple was located on the upper part of the wind
196 tunnel, at the middle of its length. Other two thermocouples were placed close to the surface of the
197 concrete slab, at the beginning and at the end of the tunnel. This location responded to the study of
198 the homogeneity of the temperature inside the tunnel and its influence in the distribution of the early
199 cracking pattern. The thermal behaviour of concrete was only analysed in CC as all concrete had the
200 same matrix composition. In this case, the thermocouple located close to the surface at the end of

201 the tunnel was inserted into the concrete at the beginning of the tunnel. Except the wind speed, the
202 measurements of temperature and evaporation rate were repeated and recorded until the end of the
203 test (20 hours later) as they not only help to control of environmental conditions but also gives an
204 idea of the evolution of early shrinkage cracking. Temperatures were registered automatically every
205 10 minutes through a data logger, the evaporation rate was determined every hour during the first 6
206 hours, approximately. At the end of the test, the last measurement was recorded and after removing
207 the mould, the specimen was subjected to the crack image analysis process [31].

208

209 **3. Analysis of results**

210

211 In order to analyse the effectiveness of the different additions used, early shrinkage cracking results
212 obtained from the beginning of the test have to be taken into account. Parameters measured during
213 the test as well as measurements obtained through digital imaging methodology (the total cracked
214 area, the total crack length, the maximum and average crack width and the crack reduction ratio) are
215 very important to achieve clear understanding on the real applicability of fibres and SRA to
216 decrease early shrinkage cracking.

217

218 *3.1. Results of the control measures*

219

220 As it can be observed in Table 2, the addition of relatively high dosages of micro-fibres decreases
221 the slump, as it is the case for FRC2 containing 2 kg/m^3 of polypropylene micro-fibres. Due to the
222 larger dimensions and lower number of fibres per unit weight of the used polypropylene macro-
223 fibres, the effect on workability is less significant. The plasticizing effect of the SRA was clear, as
224 the same workability was achieved while introducing 0.4% less superplasticizer. Even if all mixes
225 could have been taken to an equal consistency (for example, by higher superplasticizer and/or paste

226 content in case of FRCs), it was decided to work in these conditions **as they** better represent usual
227 practice, i.e. just introducing the addition into a given mix.

228

229 The thermal behaviour of concrete is presented in Figure 3, showing the influence of the evolution
230 of the hydration process and the tunnel temperature, which practically does not vary. On the
231 surface, temperature is approximately constant with a very small trend to increase due to the heat
232 released by the chemical reactions during the formation of the hydration products of the concrete.
233 On the bottom, temperature rises almost at a stable rate to reach the surface temperature. As Figure
234 4 reflects, there is a difference of temperature between the beginning and the end of the
235 environmental tunnel at the surface of the slab, but this variability is closely linked to the position of
236 the two sensors (one at the beginning and one at the end of the tunnel). **Both sensors register the**
237 **increment of temperature caused by the contribution of the heat of hydration, which**
238 **eventually becomes higher than the tunnel temperature. Considering the surface temperature**
239 **at the beginning of the tunnel, this fact is recorded at about 10-12 hours for concrete with**
240 **fibres, and at about 7-8 hours for concrete with SRA.** On the contrary, the tunnel temperature,
241 evaluated at the central point of the cover, is always around 33°C ($\pm 1^\circ\text{C}$). Thus, these results prove
242 that the conditions imposed inside the tunnel are fairly homogeneous.

243

244 With respect to evaporation rate, the values registered indicate that this parameter has a significant
245 effect on early shrinkage cracking as its evolution reflects the development of the cracking pattern
246 with time, as expected. The visual control of the slab performed during the development of each test
247 allowed to detect the formation of the first crack at two hours after the start of the tests on CC and
248 SC (**as SRA has little influence on the evaporation rate for the first few hours [40]**), and after
249 three hours after the start of the FRC1, FRC3 and FRC5 tests. However, the early cracking pattern
250 could not be distinguished at a glance in concrete with micro-fibres FRC2 and FRC4. As mentioned

251 earlier, the weight loss of the pan filled with concrete exposed placed at the end of the tunnel was
252 measured approximately each hour. This frequency was decreased after the first crack appeared.
253 From the weights recorded, the evaporation rate was determined dividing the mass loss by the
254 surface area of the pan and the time interval between successive weightings [36]. Figure 5 shows
255 the results obtained. Figure 5a represents the evolution of the evaporation rate along the time
256 whereas Figure 5b represents the evolution of the evaporation rate in each time interval. It is noted
257 that the evolution of the slope of each curve of Figure 5a corresponds to the evaporation rate plotted
258 in Figure 5b. As it can be observed, the initial evaporation rate is in the range of 0.30 to 0.54
259 $\text{kg/m}^2\cdot\text{h}$, which is slightly higher than 0.23 $\text{kg/m}^2\cdot\text{h}$, the average evaporation rate. This phenomenon
260 responds to the loss of the free water of capillary pores and bleeding [41]. **A specific case to**
261 **highlight is the distinct behaviour which show the concretes with micro-fibres. The**
262 **evaporation rate of FRC2 is higher compared with FRC4 and FRC5 although its slump is the**
263 **lowest. This may be due to the fibre content incorporated, which dosage exceeds the range**
264 **recommended by suppliers (0.6-1 kg/m^3). Even when a denser grid redistributes more**
265 **uniformly loads and efforts, it has been noted that an excessive amount of fibres tend to**
266 **induce workability and homogeneity mixture issues, which are reflected in the porous**
267 **microstructure.** After one hour, the rate is reduced significantly until it becomes negligible from
268 the sixth hour onward. This reduction can be attributed to the decrease in both bleed water and
269 water transported by capillary action to the surface.

270

271 *3.2. Results of the test*

272

273 When the test has already finished, the early shrinkage cracking patterns obtained are analysed and
274 quantified by means of image analysis. As expected, the distribution of cracks responds to a two-
275 dimensional cracking pattern, sign of the effectiveness of the restraints. In general, the most

276 important cracks are concentrated at the centre of the slab, and the rest of cracks distributed towards
277 the edges. In fact, it can be **stated** that there is some symmetry in the cracking within the
278 randomness. Moreover, it can be observed that the wider cracks are result of the cracking during the
279 plastic state since they present no constant width and their paths cross the aggregate grains. But
280 there are also other smaller cracks of different origins, in all these cases the plastic cracks
281 predominate. All these results can be observed more clearly after the application of the digital
282 imaging methodology [31]. This enables not only a numerical characterization of shrinkage effects,
283 but also sorting cracks by colour code according to their widths, among other classifications (Figure
284 6). The images of the different crack patterns and the cracking parameters calculated are
285 summarized in Table 3, in terms of average values. As it can be seen, the reference CC experiences
286 the largest cracking conditions. It shows the highest cracked area, which is distributed in many
287 width cracks (Figure 6a). The crack length registered in the SC, which contains SRA, is longer than
288 the CC. It is due to the fact that SC cracking pattern is formed by finer and longer cracks (Figure
289 6b), **as a consequence of the increment of temperature that occurs when the evaporation rate**
290 **is reduced. As some researchers noted [18, 40, 42], this fact leads to have higher water content**
291 **and, therefore, lower tensile stresses at the surface, promoting a possible expansion of**
292 **concrete [42], which might contribute to the closing of part of the cracks.**

293
294 The parameter that affects the durability and structural integrity most adversely is the crack width.
295 The maximum and average crack widths of the different concretes can be observed in Table 3 and
296 Figure 7. They also indicate how all concretes incorporating shrinkage reducing additives have
297 similar average crack widths, around 0.35 mm (± 0.10 mm). In fact, most of the crack widths
298 measured at 10 mm intervals along the length of each crack, are concentrated in this range, as it can
299 be seen in Figure 7 by means of an overlap between curves. However, they differ in their maximum
300 crack widths, especially FRC5 and SC mixes. The higher maximum crack widths in these two cases

301 could be due to a low micro-fibre content and the use of the same base mix design for all types of
302 concrete, respectively. As **recommended** by suppliers, the dosage of polypropylene micro-fibres
303 should be between 0.6 and 1 kg/m³. On the other hand, the contents of superplasticizer and/or water
304 should be less when this SRA is added.

305

306 Anyway, in spite of using a common mix design, the values of characteristic crack width shown in
307 Table 4 (parameter defined as the crack width **with a** probability of being exceeded **of** 95%) reveal
308 the beneficial effects of incorporating SRA. Table 4 also summarizes the main one-dimensional
309 statistical parameters that determine the distribution of crack widths and its best probabilistic
310 **adjustment**. As the shape of curves of Figure 7 points out, the distribution of crack widths fits
311 almost perfectly a lognormal distribution (Figure 8). Indeed, the differences between the average
312 and typical deviation calculated with original data and lognormal distribution are practically
313 negligible (Table 4) and are due to the random character of values measured. This probabilistic
314 analysis is really useful to predict, according to the type of concrete, the probability that a critical
315 crack width can develop and can affect durability of a concrete element.

316

317 From the analysis of the studied parameters, and especially the characteristic crack width and crack
318 reduction ratio (Table 3) that are the parameters that **represent** the efficacy of the product added to
319 the CC mix for reducing the average crack width caused by early shrinkage, **concretes** with enough
320 content of micro-fibres (FRC2 and FRC4), are the ones that present the best performance. This **is**
321 **the expected result**, since well dispersed micro-fibres lead to a homogeneous and effective three-
322 dimensional reinforcement network. In spite of the fact that a higher content induces a reduction of
323 the maximum crack width, the values of the cracked area of FRC2 and FRC4 are very similar
324 (Table 3). Such performance can be justified by the recorded evaporation rate. As it can be observed

325 in Figure 5a, FRC4 shows a lower evaporation than FRC2, which implies lower strains. Therefore,
326 the highest crack reduction is reached with the addition of 1 kg/m^3 of micro-fibres.

327

328

329 **4. Conclusions**

330

331 This work presents an objective comparison between different methods to control concrete cracking
332 due to early shrinkage, in order to evaluate their respective effectiveness. The research is focused on
333 two early shrinkage cracking mitigation methods comprising products that are incorporated in the
334 concrete mix; fibres and **SRA**. As there is currently no standard technique to estimate early
335 shrinkage cracking, the quantification of the cracked area, crack length, and maximum and average
336 crack width has been performed through image analysis, specifically by means of the digital
337 imaging methodology developed by Ruiz-Ripoll et al. [31]. This simple, objective, economical and
338 quick technique consists of photographing the cracking pattern obtained after subjecting a biaxial
339 restrained square slab to controlled environmental conditions during approximately 20 hours (**initial**
340 **restrictions which can be adjusted according to the needs**), processing the pictures, and isolating
341 and highlighting, **by means of adaptable geometric figures**, the cracks. The experimental
342 configuration **permits the analysis of** the final cracking patterns, but does not track the shrinkage
343 cracking evolution.

344

345 A conventional plain concrete mix typically used in flooring applications was selected to evaluate
346 the performance of the two early shrinkage cracking mitigation techniques; fibres (micro and
347 macro) and a **SRA**. **The use of a common base design for all types of concrete allows**
348 **comparing only their reducing effects and their implications in the workability of the**
349 **concrete. Moreover, the application of the aforementioned imaging methodology reflects their**

350 **effectiveness with numerical and graphic results, providing a global and precise vision of the**
351 **geometry and distribution of each of the shrinkage cracking patterns. This leads to other way**
352 **of proving the coherence of the test results obtained.** Fibres, and especially micro-fibres,
353 significantly reduce early shrinkage cracking, though the effectiveness depends on the dosage. The
354 effect of the **SRA** was found similar from the point of view of the crack reduction ratio and
355 characteristic crack width. The considerable differences found with respect to the cracked area,
356 crack length, and maximum crack width, were probably due to the rather high superplasticizer
357 **and/or water** content of the base mix design if a **SRA** was to be used. In spite of the common
358 proportions, its first beneficial effects are reflected in the cumulative evaporation rate through a
359 practically constant curve from the fifth hour. This admixture acts in long-term becoming shrinkage
360 independent from the age progress, meaning that the evolution of the cracking pattern is negligible
361 **[43].**

362

363 The fibre and SRA content have a direct influence on reducing the restrained early shrinkage
364 cracking and its control. **These good results show that the use of one or other will be governed**
365 **by the requirements of the casting and execution of the structural element.** From the
366 alternatives considered in this study (2 micro-fibres dosages, 1 macro-fibre dosage, 1 micro+macro-
367 fibres dosage, and a SRA), the best option to control early shrinkage cracking in the selected 30
368 MPa concrete, was the addition of 1 kg/m³ of polymeric micro-fibres. **This fact proves that higher**
369 addition rates may not always involve better results. **It can be optimized to enhance the**
370 **workability and, thus, the costs.**

371

372 Even if early-age cracking on site is hardly relatable to laboratory test results (different restrain
373 conditions, size effects, environmental factors, execution, etc.) this evaluation method can clearly
374 help on the selection and cost-performance optimization of available alternatives for the control of

375 early-age shrinkage cracking. **Nevertheless, it would be necessary to complement the test with**
376 **an investigation of the hardened properties for its application to special concretes.**

377

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379

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387

388

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