

# Gold compounds with anti-HIV and immunomodulatory activity

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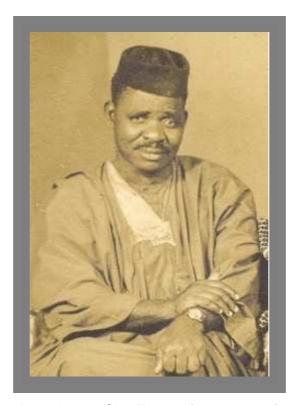
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#### **DEDICATION**

To my **GOD** and **LORD ALMIGHTY** for giving me the strength, supreme guidance, the means and the understanding to have pursued this project to this point.

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Papa Lucas Che Fonteh (1927 - 1981)

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Pascaline Fonteh



#### **PREFACE**

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#### **Publications**

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- Fonteh P, Keter K, Meyer D., (2011). New bis(thiosemicarbazonate) gold(III) complexes inhibit HIV replication at cytostatic concentrations: potential for incorporation into virostatic cocktails. *Journal of Inorganic Biochemistry*, 105; 1173-1180. **Original Paper**.

**NB:** Please see copies of the review and original paper at the end of this thesis.

• Fonteh P. and Meyer D. (2011). The inhibition of HIV-1 infectivity of TZM-bl cells by gold(I) phosphine compounds is related to cytostasis, In preparation.

#### **Awards**

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#### Conferences

- Fonteh P. and Meyer D. 2009. Poster presentation entitled: Chrysotherapy: evaluating the anti-HIV activity of novel gold(I) compounds. Gold2009 Conference (26<sup>th</sup>-29<sup>th</sup> July 2009, Heidelberg, Germany).
- Fonteh P, 2010. Overview of research project on gold compounds as anti-HIV agents/Challenges of being a female scientist. Network of UNESCO Chairs "Women, Science and Technology" conference (20<sup>th</sup>-30<sup>th</sup> March 2010, Johannesburg, South Africa).
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#### **SUMMARY**

# GOLD COMPOUNDS WITH ANTI-HIV AND IMMUNOMODULATORY ACTIVITY by

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The human immunodeficiency virus (HIV) and acquired immune deficiency syndrome (AIDS) that subsequently develops remain major health concerns even after three decades since the first cases were reported. Successful therapeutic measures to address HIV/AIDS consist mostly of combinations of drugs targeting viral enzymes including reverse transcriptase (RT), protease (PR) and integrase (IN) as well as entry steps of the viral life cycle. The remarkable benefits (e.g. improved quality of life) derived from the use of these agents are unfortunately limited by toxicity to the host and the development of drug resistant viral strains. Drug resistance limits the repertoire of drug combinations available. Unfortunately, because latent forms of the virus exists, therapy has to be life-long and with new infections occurring every day, resistant strains tend to spread. To circumvent these problems, new drugs that inhibit resistant strains or work against new viral targets have to be developed. The history of gold compounds as potential inhibitors of HIV prompted this study in which twenty seven compounds consisting of gold(I), gold(III) and precursors from five classes were tested for drug-likeness, anti-HIV and immunomodulatory effects using wet lab and in silico methodologies. Cytotoxicity determination was done using viability dyes and flow cytometry. Cell proliferation profiles were monitored using the carboxyflourescein succinimidyl ester dye dilution technology and a real time cell analyser for confirming viability dye findings. The compounds' effects on viral enzymes was determined using direct enzyme assays and in silico molecular modelling techniques. <sup>1</sup>H and <sup>31</sup>P nuclear magnetic resonance spectroscopy studies for determining stability revealed that the backbone chemical shifts of the compounds were relatively unchanged after one week (-20 and 37 °C) when dissolved in dimethylsulfoxide. Eight of the gold compounds had drug-like properties comparable to clinically available drugs when in silico predictions were performed. The 50% cytotoxic dose of the compounds in human cells was between 1 and 20 µM (clinically relevant concentrations for gold compounds). Three gold(I) compounds inhibited viral infectivity at non-toxic concentrations and two gold(III) compounds did so at cytostatic (anti-proliferative mechanism that is also antiviral) concentrations. In the immunomodulatory assay, cytokine levels were altered by five compounds with one gold(I) and a gold(III) compound significantly reducing the frequency of CD4+ cells (an anti-viral function) from HIV+ donors (p= 0.005 and 0.027 respectively) when multi-parametric flow cytometry was performed. Inhibition of RT activity was predicted in in silico studies to be through interactions with the ribonuclease (RNase) H site although with poor stereochemical orientation while favourable binding predictions with the IN cofactor binding site were observed for some gold(III) complexes. Compounds predicted to interact with the RNase H site of RT and the IN cofactor site require structural modification to improve drug-likeness and binding affinity. The drug-like compound(s) which inhibited viral infectivity and lowered CD4+ cell frequency have potential for incorporation into virostatic cocktails (combination of cytostatic and directly anti-viral agent). Cytostatic agents are known to be less prone to drug resistance and because they lower CD4+ cell frequency, such compounds can potentially limit HIV immune activation.



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#### LIST OF IMPORTANT ABBREVIATIONS

3' 3 prime 5' 5 prime

3'P 3 prime Processing

5-CITEP 1-(5-chloroindol-3-yl)-3-hydroxy-3-(2H-tetrazol-5-yl)-propenone

Å Armstrong

ADMET Adsorption, Distribution, Metabolism, Excretion, Toxicity

AIDS Acquired Immune Deficiency Syndrome
AlogP Atom-based logarithm of Partition coefficient

ART Antiretroviral Therapy

ARV Antiretroviral
BBB Blood Brain Barrier
BPH Bis(Phosphino) Hydrazine

CC<sub>50</sub> 50% Cytotoxic Concentration CCD Catalytic Core Domain CCR5 Chemokine Receptor 5 CD4 Cluster of Differentiation 4 CD8 Cluster of Differentiation 8

cDNA Complementary Deoxyribonucleic Acid

CDOCKER CHARMm-based Docker

CFSE CarboxyFlourescein Succinimidyl Ester

CHARMm Chemistry at Harvard Macromolecular Mechanics

CI Cell Index

CTLs Cytotoxic T Lymphocytes CXCR4 CXC chemokine receptor 4

CYP Cytochrome P450

d6-DMSO Deuterated Dimethysulfoxide

DMEM Dulbecco's Modified Essential Medium

DMSO Dimethylsulfoxide

dNTPs Deoxynucleotide Triphosphates

DS Discovery Studio

ELISA Enzyme Linked ImmunoSorbent Assay
FACS Fluorescence-Activated Cell Sorter

FCS Fetal Calf Serum

FITC Flourescein Isothiocyanate FMO Fluorescent Minus One GS Gentamycine Sulphate

HAART Highly Active Antiretroviral Therapy

H-bond Hydrogen bond

HIA Human Intestinal Absorption
HIV Human Immunodeficiency Virus
HTS High Throughput Screening

HU Hydroxyurea

hu-PBL-SCID human-Peripheral Blood Lymphocytes-Severe Combined

Immunodeficiency

IC<sub>50</sub> Inhibitory Concentration 50%

ICC Intracellular Cytokine

ICCS Intracellular Cytokine Staining

IFN-γ Interferon gamma

IL interleukin IN Integrase ION Ionomycin

kcal/mol kilocalorie per mole LDH Lactate Dehydrogenase



LEDGF Lens Epithelium Derived Growth Factor

Log P Logarithm of Partition coefficient

LTR Long Terminal Repeat
Mabs Monoclonal Antibodies
MD Molecular Dynamics

MHC Major Histocompatibility Complex

MTS 3-(4,5-dimethylthiazol-2-yl)-5-3(3-car oxymethoxyphenyl)-2-(4-

sulfophenyl)-2H-tetrazolium

MTT 3-(4,5-dimethylythiazol-2-yl)-2,5-diphenyltetrazolium bromide.

NF-kB Nuclear Factor Kappa Beta NMR Nuclear Magnetic Resonance

NNRTIs Non Nucleoside Reverse Transcriptase Inhibitors NRTIs Nucleos(t)ide Reverse Transcriptase Inhibitors

P value Probability value

PBMCs Peripheral Blood Mononuclear Cells

PBS Phosphate Buffered Saline

PDB Protein Data Bank

PHA-P Phytohemagglutinin-Protein

PI Propidium Iodide

PMA Phorbol Myristate Acetate PPB Plasma Protein Binding

ppm parts per million

PR Protease

PSA Polar Surface Area

QUANTUMm Quantum Mechanics and Molecular Mechanics

RA Rheumatoid Arthritis RNase H Ribonuclease H

RNR Ribonucleotide Reductase

RPMI Rosewell Park Memorial Institute

RT Reverse Transcriptase

RT-CES Real Time Cell Electronic Sensing SAR Structure Activity Relationship

sdf Structural Data Files

SIV Simian Immunodeficiency Virus ssRNA Single Stranded Ribonucleic Acid

ST Strand Transfer

TNF-α Tumour Necrosis Factor alpha tRNA transfer Rinbonucleic Acid

Tscs Thiosemicarbone(s)

U Units

U3 Untranslated 3' U5 Untranslated 5'

UNAIDS Joint United Nations Programme on HIV/AIDS

UV Ultraviolet