

## Genetic color polymorphism is associated with avian malarial infections

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1 **Abstract**

2 Individual genetic diversity is predicted to influence host-parasite interactions. Together  
3 with the genes directly associated with immune responses, variation in genes regulating  
4 vertebrate melanin-based pigmentation may play an important role in these interactions,  
5 mainly through the pleiotropic effects that affect color-specific physiology, behavior,  
6 and immunity. Here we test the hypothesis that the prevalence of avian malarial  
7 parasites differs between phenotypes in a raptor species in which the genetic basis of  
8 color polymorphism and its pleiotropic effects over immune functions are known. We  
9 found that dark morphs had a higher prevalence of *Plasmodium* parasites than pale ones  
10 but detected no such association for *Haemoproteus*. This pattern may be associated to  
11 unequal exposure to vectors or, as suggested by our circumstantial evidence, to a  
12 differential ability to mount an immune response against blood parasites.

13

14 **Keywords:** color-polymorphism, haematozoa, host-parasite interactions, *Plasmodium*

15

16 **Background**

17 Understanding the role of individual genetic diversity in resistance to infectious diseases  
18 is crucial for forecasting evolutionary responses and long-term conservation of host  
19 populations [1,2]. In birds, genetic color polymorphism – defined as a highly heritable  
20 variation in expressed plumage coloration that is independent of age and sex – is often  
21 associated with variation in life-history traits, including physiology, behavior, and  
22 immunity [3,4]. These associations may result from pleiotropic effects of genes  
23 regulating melanogenesis, such as the melanocortin-1-receptor (*Mclr*). For example,  
24 pharmacological research has shown that melanocortin receptors and their ligands are  
25 key regulators of immune functions. *Mclr* is constitutively expressed on

26 monocytes/macrophages, but also on dendritic cells and lymphocytes with antigen-  
27 presenting and cytotoxic functions. The activation and binding of the peptide alpha-  
28 melanocyte stimulating hormone ( $\alpha$ -MSH) to its receptor MC1R in non-melanocytic  
29 immune cells modulates both the innate and the acquired immune responses, with  
30 overall anti-inflammatory and, apparently, immunosuppressive effects [5]. On the other  
31 hand, it has been proposed that the phagocytic function of melanocytes could confer  
32 higher protection from pathogens to more melanized individuals [6].

33 Parasites of the genera *Plasmodium*, *Haemoproteus*, and *Leucocytozoon* are all  
34 pathogenic to some degree, yet *Plasmodium* is considered as the most virulent one [7].

35 Parasite lineages exhibit antigenic differences that will influence the effectiveness of the  
36 bird immune system. Consequently, virulence strongly depends on the interplay  
37 between specific lineages and the ability of the avian host to cope with the parasite  
38 infection [8]. In birds that survive infection, the initial acute phase, when severest  
39 fitness consequences generally occur, is followed by a rapid decline in parasitaemia to  
40 chronic levels with less fitness consequences for the bearer [7,8]. Immune response to  
41 malarial infection is mainly cell-mediated through the lymphoid-macrophage system,  
42 while antibodies play an important supportive role [8]. Although the precise mechanism  
43 is unclear, a number of studies have proposed that the adaptive function of melanin-  
44 based color polymorphism is associated with parasite resistance and could cause  
45 differences in vector-borne parasite loads between morphs [e.g. 9,10].

46 Eleonora's falcon (*Falco eleonora*) is a migratory raptor that breeds throughout the  
47 Mediterranean basin and winters in Madagascar. It occurs in two distinct melanin-based  
48 color morphs owing to variation in the *Mc1r* gene [11]. Although the relationship  
49 between coloration and blood parasite infection in this species is unknown, both  
50 inflammatory and humoral immune responses are lower in dark than in pale nestlings

51 [5,11]. Therefore, in light of the link between *Mclr*-genotypes and both arms of the  
52 immune system, we hypothesize that the two morphs will differ in parasite prevalence  
53 because dark morphs are less able to cope with parasite infections (genetic link  
54 hypothesis). Alternatively, parasite prevalence could differ due to morph-specific  
55 exposure to vectors, either if both morphs exploit different habitats with different vector  
56 abundances or if both morphs are differently appealing to vectors, thus creating unequal  
57 infection probabilities (exposure hypothesis).

58

## 59 **Methods**

60         Sampling was conducted in July–October in 2006–2014 on Alegranza islet  
61 (Canary Islands; 1050 ha, 289 m above sea level). Adult Eleonora’s falcons were  
62 captured every year (mean = 23.22 individuals, range= 5-47) and their color morph was  
63 determined visually [11]. All birds were weighed and their wing length measured.  
64 Blood samples were preserved in absolute ethanol and stored at -20°C until molecular  
65 analysis were performed. All birds were marked with numbered rings and released after  
66 manipulation.

67

### 68 *DNA extraction and blood parasite determinations*

69         We analyzed 209 blood samples from 183 individuals: 151 pale morphs (91  
70 females and 60 males) and 32 dark morphs (22 females and 10 males). The remaining  
71 26 samples belonged to 19 individuals recaptured in successive years. Genomic DNA  
72 was used to determine the prevalence of *Plasmodium*, *Haemoproteus*, and  
73 *Leucocytozoon* parasites following [12] (see electronic supplementary material, ESM).

74

### 75 *Statistical analyses*

76 The probability of different morphs being infected by blood parasites was  
77 assessed using generalized linear mixed models (GLMMs) with binomial error and logit  
78 link function in R v3.0.2 [13] using the dataset available in [14]. To prevent  
79 pseudoreplication, we used a random subsampling (1,000 iterations) of the 19  
80 resampled birds for each parasite genus (see ESM). The infection by *Plasmodium* and  
81 *Haemoproteus*, respectively, was defined as a binary variable (0/1) and used as the  
82 response variable. The morph type, sex (only for *Plasmodium*), and their interaction  
83 were included as fixed factors. We also included a body-condition index as a covariate,  
84 estimated for each sex separately as the standardized residuals of a linear regression of  
85 body mass on wing length. Year was included as a random term. We did not perform a  
86 third model for *Leucocytozoon* because only one individual was found to be infected by  
87 this parasite. Parameter estimates and standard errors from the resulting GLMMs were  
88 averaged and the range of *p*-values and percentage of models where each term was  
89 statistically significant calculated.

90

## 91 **Results**

92 Overall, the prevalence of blood parasites was 12.9% (Figure 1, table S1 in ESM for  
93 details on parasite lineages, [14]). Of the 19 resampled individuals, 13 (10 pale females  
94 and 3 dark females) were never infected. However, one and two pale females became  
95 infected by *Plasmodium* and *Haemoproteus*, respectively, between the first and second  
96 sampling period. By contrast, three pale females, two infected by *Haemoproteus* and  
97 one by *Plasmodium*, were found to be uninfected one year later.

98 Dark falcons had a greater *Plasmodium* prevalence than pale ones (mean estimate =  
99  $2.50 \pm 0.01$  s.e. *p* range = 0.001 - 0.01, Figure 1). Sex was not significant (mean  
100 estimate =  $0.75 \pm 0.01$  s.e. *p* range = 0.59-0.99), whereas body condition (mean estimate =

101 =  $0.011 \pm 0.001$  s.e.  $p$  range = 0.02-0.59) and the interaction between sex and morph  
102 (mean estimate =  $-2.20 \pm 0.012$  s.e.  $p$  range = 0.03-0.22) were significant only in 6.5%  
103 and 16.6% of the models, respectively. There was no significant relationship between  
104 the probability of infection by *Haemoproteus* and any explanatory variable (in all cases  
105  $p$  range = 0.30-0.99).

106

## 107 **Discussion**

108 We found that dark falcons had a higher prevalence of *Plasmodium*, the  
109 commonest parasite genus, than pale ones but found no significant relationship for  
110 *Haemoproteus*. Different factors such as differential exposure to vectors, the differing  
111 virulence of parasite genus/lineages, and/or the host's capacity to fight infections may  
112 influence this result. In support of the first possibility, [9] found that rufous-morph  
113 tawny owls (*Strix aluco*) hosted higher total blood parasite burdens than grey morphs  
114 owing to both greater exposure to vectors and greater susceptibility to parasites. In feral  
115 pigeons (*Columba livia*), alternative morphs were distributed non-randomly across an  
116 urban gradient and had different parasite risks [15]. However, the different Eleonora's  
117 falcon morphs inhabit small islands sympatrically during the breeding season and local  
118 transmission of blood parasites at breeding grounds is absent, due to the lack of suitable  
119 vectors [16]. Therefore, differences in the exposure to vectors must occur during  
120 migration and/or in their wintering quarters, where insect vectors abound [17] and the  
121 parasite transmission is likely to be higher.

122 The most prevalent *Plasmodium* LK6 is thought to be transmitted by *Culex*  
123 *pipiens*, while P\_ACCTAC01 is transmitted by *Coquillettidia aurites* (see ESM, table  
124 S1) and these are common mosquitoes in Africa and Madagascar [17]. The lineage LK6  
125 was recently isolated from passerines from Macaronesian archipelagoes, the Iberian

126 Peninsula and Morocco (ESM, table S1). Although the transmission areas remain  
127 unclear, it has been proposed that migratory birds such as Eleonora's falcon could  
128 spread blood parasites to resident birds on the main islands, where insect vectors are  
129 present [16]. It has been suggested that darker colors are more attractive to mosquitoes  
130 than light colors and so entirely dark plumages could increase host-vector contact rates.  
131 However, feeding preferences of these mosquitoes with regard to color attractiveness  
132 are unknown. In addition, data on GPS-tagged falcons do not indicate the existence of  
133 morph-specific habitat exploitation during winter (authors' unpublished).

134         This suggests that the difference in prevalence between morphs is unlikely to be  
135 due to morph-specific exposure to vectors but probably results from differential abilities  
136 to mount an immune response. Pale falcons could be more susceptible to *Plasmodium*  
137 infection than dark ones and their lower prevalence could in turn be the reflection of  
138 greater mortality. No study has addressed the effects of LK6 on host survival (ESM,  
139 table S1). However, we cannot rule out a selective disappearance of pale morphs due to  
140 a higher mortality during the acute phase of infection. Dark Eleonora's falcons have  
141 poorer immune responses than pale ones from the nestling stage onwards [5,11]. It is  
142 thus likely that dark falcons have lower immune capacities in adulthood since this  
143 negative relationship is due to their *Mclr*-derived genotype and not to the environment  
144 [5]. The fact that three infections found in pale females became undetectable in  
145 successive years partially supports the idea of greater immune competence in pale  
146 falcons for fighting infections. Nonetheless, the effects of infection can greatly depend  
147 on the parasite load. Previous studies addressing the relationship between plumage  
148 coloration and blood parasites have found differences in infection intensity rather than  
149 in prevalence, thereby suggesting that differences are due to resistance to parasites  
150 rather than exposure to vectors [6,10,18]. However, we estimated prevalence rather than

151 infection intensity because birds were caught during a relatively long period (from  
152 arrival at breeding grounds to fledglings' emancipation) and across years. Infection  
153 intensity may vary greatly along and between breeding seasons [19], thus making  
154 between-individuals comparisons difficult to interpret. Further experimental approaches  
155 would be needed to clarify the relationship between color polymorphism, blood parasite  
156 intensity and immune competence.

157         In conclusion, our results are in accordance with the genetic link hypothesis, yet  
158 we cannot completely rule out the exposure hypothesis and both mechanisms could  
159 contribute to the skewed prevalence of *Plasmodium* to the dark morph. To our  
160 knowledge, this is the first study addressing the relationship between color  
161 polymorphism and parasite prevalence in which both the gene responsible for color  
162 polymorphism and its pleiotropic effects on immune functions are known, which thus  
163 enabled us to infer potential mechanisms underlying this covariation.

164

#### 165 **Ethics**

166 All experimental procedures were approved by the CSIC ethics committee and Animal  
167 Health authorities as per Spanish law (Nº: 534/2014).

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#### 169 **Data accessibility**

170 The R code used in this article has been uploaded as part of the ESM. Data are available  
171 from the Dryad Digital Repository: <http://dx.doi.org/10.5061/dryad.tk41q>

#### 172 **Authors' contributions**

173 LG, JMP, and JF designed the study; LG collected field data, and RGL and JMP  
174 performed the molecular laboratory work. LG analyzed the data and wrote the paper



175 with input from all other authors, who gave their final approval for publication. All  
176 authors agree to be held accountable for the content therein.

177

### 178 **Competing interests**

179 We have no competing interests.

180

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256

257 **Figure 1.** Prevalence (number of infected/total \* 100) of the two blood parasite genera  
258 infecting adult Eleonora's falcons of pale (white) and dark (grey) morph.  
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