

1 **Evaluation of Surface Microtopography Engineered by Direct Laser**  
2 **Interference for Bacterial Anti-Biofouling**

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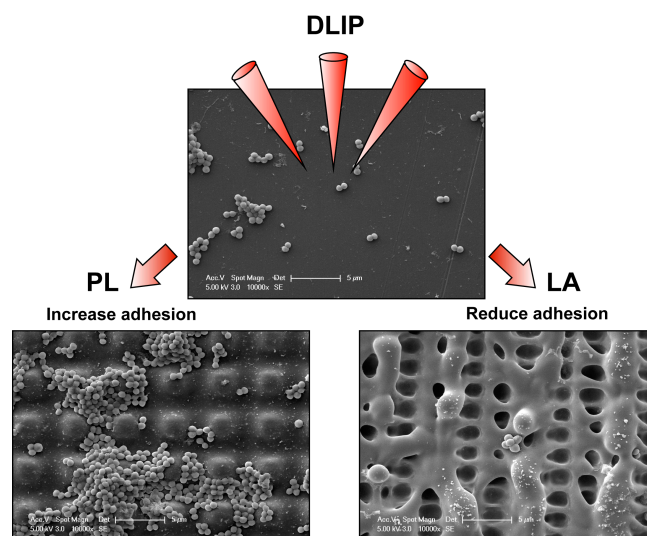
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24

25 **Abstract**

26 Biofilm formation by bacterial pathogens on the surface of medical and industrial settings is a  
27 serious health problem. Modification of the biomaterial surface topography is a promising  
28 strategy to prevent bacterial attachment and biofilm development. However, fabrication of  
29 functional biomaterials at large scale with periodic network-topology is still problematic. In this  
30 study, we use direct laser interference **patterning** (DLIP), an easily scalable process, to modify  
31 polystyrene surface (PS) topography at sub-micrometer scale. The resulting structure surfaces  
32 were interrogated for their capacity to prevent adhesion and biofilm formation of the major  
33 human pathogen *Staphylococcus aureus*. The results revealed that three-dimensional  
34 micrometer periodic structures on PS have a profound impact on bacterial adhesion capacity.  
35 Thus, line- and pillar-like topographical patterns enhanced *S. aureus* adhesion, whereas  
36 complex lamella microtopography reduced *S. aureus* adhesion both in static and continuous  
37 flow culture conditions. Interestingly, lamella-like textured surfaces retained the capacity to  
38 inhibit *S. aureus* adhesion both when the surface is coated with human serum proteins *in vitro*  
39 and when the material is implanted subcutaneously in a foreign-body associated infection  
40 model. Our results establish that the DLIP technology can be used to functionalize polymeric  
41 surfaces for the inhibition of bacterial adhesion to surfaces.



## 50 **1. Introduction**

51 One of the major challenges of **the** materials engineering discipline is to generate surfaces  
52 preventing bacterial adhesion by repelling bacterial cells from attaching (antibiofouling) or  
53 alternatively, inactivate the bacteria in contact with the surface (bactericidal surfaces) <sup>[1]</sup>.  
54 Colonization of the surface with bacteria has in most cases an adverse effect on the  
55 functionality of the interface, such as clogging of industrial pipes and tubing, decreased  
56 performance of shipping vessels, contamination of food manufacturing surfaces and medical  
57 implants. The strategies to prevent and combat bacterial adhesion and proliferation to abiotic  
58 surfaces include chemical modifications with antibacterial agents (antibiotics, antimicrobial  
59 peptides, alkyl chains, metals, detergents) and physical modification of the surface topography  
60 <sup>[2,3]</sup>. Because chemical modifications very often lead to toxicity due to the release of the  
61 chemical compounds and rapid selection of resistant bacteria, the role of surface topography in  
62 creating surfaces with antibiofouling properties is receiving greater consideration <sup>[4,5]</sup>. The idea  
63 is to produce three-dimensional (3D) topographical patterns on the surface that result in reduced  
64 contact area so that bacteria are forced to span the distance between structures to generate  
65 productive interactions. Obviously, modification of the surface topography can be combined  
66 with chemical coating of the surface with antibacterial agents.

67 Initial approaches to explore the effect of surface topography on bacterial adhesion were carried  
68 out by mechanical roughening and polishing techniques, generating random texturized  
69 roughness surfaces that modulate bacterial adhesion <sup>[6-11]</sup>. More recently, micropatterning  
70 techniques such as optical lithography, microcontact printing, electron or ion beam lithography  
71 that allow the fabrication of periodic microstructures with well-defined and reproducible  
72 dimensions and shapes, have been used <sup>[12-16]</sup>. However, these techniques require multiple steps  
73 and long processing times to produce surface geometries, especially if large areas have to be  
74 processed. As a complementary alternative to these methods, the Direct Laser Interference  
75 Patterning (DLIP) technology provides a new strategy to generate periodic micro- and

76 nanotopographies on different polymeric and other substrates. This method enables the large-  
77 scale fabrication of complex structures by systematically varying the dimensions of the gratings  
78 superimposed upon each other. Another significant advantage of DLIP compared with other  
79 surface patterning methods is that fairly large areas can be processed within a short period of  
80 time (up to several cm<sup>2</sup>/s) using single or multiple laser pulses <sup>[17]</sup>.

81 Biofilms represent the **dominant** form of bacterial life in natural environments. In biofilms,  
82 bacteria grow attached to the inert surface or living tissue and embedded in an extracellular  
83 matrix that protects bacteria from environmental stresses, predators, antimicrobials or the  
84 immune system <sup>[18]</sup>. Biofilm formation starts with irreversible attachment of planktonic bacteria  
85 to the surface, a process that is mediated by physical forces or specific interactions. Then,  
86 sessile bacteria divide and secrete an extracellular matrix that anchors bacteria firmly to the  
87 substrate and among them. Finally, single bacteria or cell clusters can actively disintegrate from  
88 the biofilm or passively be shed through mechanical disruption <sup>[19-21]</sup>. *Staphylococcus aureus*,  
89 together with *Staphylococcus epidermidis*, are the most **important Gram** positive bacterial  
90 pathogens that can form biofilms on medical devices such as catheters, valves, prostheses and  
91 **implantable venous access systems (port-A-caths)** <sup>[20-22]</sup>. *S. aureus* from skin and mucous  
92 membranes from healthy humans can adhere to the surface via nonspecific interactions based  
93 on the physicochemical properties of the cell enveloped or through specific binding between  
94 compounds of the cell envelop and proteins of the host serum coating the surface of the  
95 implanted material. Living inside the biofilm increases bacterial resistance to the action of the  
96 immune system and antimicrobials. As a consequence, staphylococcal biofilm associated  
97 infections are difficult to eradicate and in most cases the contaminated implants need to be  
98 removed to cure the infection.

99 In this study, polystyrene polymer surfaces were patterned with periodical line- (1D), pillar-like  
100 (2.5D) and a complex combination of lamella- and line-like pattern (3D) by applying the Direct  
101 Laser Interference Patterning (DLIP) technique. After patterning, those samples together with

102 non-patterned substrates of the same materials were used for *Staphylococcus aureus* bacterial  
103 adhesion tests *in vitro* under static and continuous flow conditions as well as in an *in vivo*  
104 infection model. The results revealed that line- and pillar-like patterns promote *S. aureus*  
105 adhesion whereas lamella-like patterns reduce bacterial adhesion in steady state and continuous  
106 flow conditions. *In vivo* testing of lamella-patterned polymers demonstrated the potential of this  
107 microtopography to reduce staphylococcal biofilm on implanted materials.

108

## 109 **2. Experimental Section**

### 110 **2.1 Patterning of polymeric materials**

111 We used commercially available polymeric materials purchased from Goodfellow GmbH (Bad  
112 Nauheim, Germany). Two different polystyrene (PS) substrates with a thickness of 125  $\mu\text{m}$   
113 (biaxial orientated) and 1.2 mm were used. The samples were patterned using a high-power  
114 pulsed, frequency quadrupled Nd:YAG laser (Quanta Ray, Spectra Physics) emitting a beam  
115 with a wavelength of  $\lambda = 266$  nm. The samples were irradiated with 10 ns pulses at a frequency  
116 of 10 Hz. For obtaining 1D line-like structures the two beam experimental set-up was used  
117 which is described elsewhere <sup>[23]</sup>. The spatial period  $\Lambda$  was varied from 1 to 5  $\mu\text{m}$  by keeping a  
118 constant wavelength of  $\lambda = 266$  nm and varying the incident angle  $2\alpha$  between the two laser  
119 beams following:

$$\Lambda = \frac{\lambda}{2 \sin \alpha}$$

120 For obtaining a 2D structure (e.g. pillars), the samples were rotated by an angle of  $90^\circ$  between  
121 two subsequent laser shots. All experiments were performed at ambient conditions of pressure  
122 and temperature. Polyimide (PI, Kapton HN<sup>®</sup>) and polyethylene terephthalate (PET) with  
123 175  $\mu\text{m}$  thickness were patterned using Nd:YAG laser emitting a linearly polarized beam with  
124 wavelengths of  $\lambda = 355$  nm (PI) and  $\lambda = 266$  nm (PET).

### 125 **2.2 Bacterial strains and animals manipulation**

126 *S. aureus* 15981 produces high levels of b1-6 linked poly-N-acetylglucosamine (PIA/PNAG)  
127 and it is accepted as a model strain of exopolysaccharide-dependent biofilm formation <sup>[24]</sup>.  
128 Staphylococci were cultured on tryptic soy agar (TSA) or broth (TSB) at 37 °C supplemented  
129 with glucose (0.25 %) or with human serum (10 %) when indicated. All animal studies were  
130 reviewed and approved by the Comité de Ética, Experimentación Animal y Bioseguridad, of the  
131 Universidad Pública de Navarra (approved protocol PI-019/12). The work was carried out at the  
132 Instituto de Agrobiotecnología under the principles and guidelines described in European  
133 Directive 86/609/EEC for the protection of animals used for experimental purposes.

### 134 **2.3 Bacterial attachment and biofilm formation**

135 For the analysis of *S. aureus* adhesion under static conditions, an overnight culture of *S. aureus*  
136 15981 strain was diluted with a ratio of 1:100. Two ml of the diluted cultured were added to 6-  
137 well microtiter plate. Substrates of 2 x 2 cm<sup>2</sup> from all patterned and non-patterned (reference)  
138 polymer surfaces were put in each well and plates, which were incubated for 2 hours at 37 °C  
139 with shaking. After incubation, the substrates with the attached bacteria were removed from the  
140 microtiter plate culture with tweezers and gently rinsed three times with sterile PBS to removed  
141 non-adherent bacteria.

142 The biofilm formation under continuous flow conditions, tested on polystyrene surfaces, was  
143 performed using 60-ml microfermenters (Pasteur Institute, Laboratory of Fermentation) with a  
144 continuous 40 ml h<sup>-1</sup> flow of medium and constant aeration with sterile compressed air  
145 (0.3 bar) <sup>[25]</sup>. Polystyrene wafers (1 x 1 cm<sup>2</sup>) of the patterned surfaces as well as non-patterned  
146 surfaces as reference were fixed on glass slides, which were then submerged in the  
147 microfermentor. Approximately 10<sup>8</sup> bacteria from an overnight culture of *S. aureus* 15981 were  
148 used to inoculate the microfermenters and were then kept at 37 °C for 6 h.

149 For both analyses, after incubation the substrates with the attached bacteria were removed from  
150 the microtiter plate and microfermentor, respectively, gently rinsed three times with sterile PBS  
151 and then placed in 1 ml of PBS and vigorously vortexed. Subsequently, the samples were

152 serially diluted and plated onto TSA plates for enumeration of viable staphylococci (colony  
153 forming units, CFU). The relative adhesion was calculated as bacterial counts CFU on patterned  
154 surfaces / CFU on non-patterned surfaces.

#### 155 **2.4 Visualization and topographical characterization**

156 A scanning electron microscope (Philips XL30 ESEM-SEG) with an operating voltage of 5 kV  
157 was used for visualizing the surface of the patterned sample as well as the attached bacteria. A  
158 thin gold coating of several nm was sputtered on the non-conductive samples to avoid charge  
159 processes. The topographical analysis (structure quality and depth) was conducted with a  
160 confocal microscope (Leica DCM 3D) using a 150x objective with a lateral and z-resolution of  
161 150 nm and 4 nm, respectively. For the epifluorescence analysis polystyrene wafers were  
162 incubated with *S. aureus* 15981 expressing the green fluorescence protein (**GFP**) for 4 h under  
163 static conditions. **Wide-field** fluorescence microscopy was used for imaging of the cells  
164 attached to the PS surfaces. Each surface was visualized using a 100x oil immersion lens and 10  
165 fields of view were randomly chosen for statistical analysis.

#### 166 **2.5 *In vivo* model of polymeric-associated biofilm infection.**

167 For the *in vivo* model, patterned and non-patterned substrates with a size of 0.5 x 0.5 cm<sup>2</sup> were  
168 used. Two different analyses were performed: bacterial contamination on the PS substrates (i)  
169 prior and (ii) post implantation. For the prior-implantation tests, the substrates were incubated  
170 with 0.5 ml of 1:100 overnight dilution of *S. aureus* 15981 culture for 1 hour at 37 °C with  
171 shaking. The *in vivo* tests with post-implantation contamination were performed with sterile PS  
172 substrates. For both analyses, CD1 mice (**n=6**) were anesthetized by intraperitoneal injection of  
173 a ketamine/xylazine mixture. After abdominal epilation and antisepsis of the operative field, the  
174 animals were operated **upon**. An incision of 1.5 cm in the skin was performed with  
175 displacement of the subcutaneous space and opening of the peritoneal cavity. Then,  
176 contaminated and non-contaminated respectively polymeric surfaces were fixed at the  
177 abdominal wall. The peritoneal cavity was closed by suture with 6/0 Monosyn<sup>®</sup>. The animals

178 were put in a warm environment and when awake placed back in their cages. Within the post-  
179 implantation tests, a bacterial suspension containing  $10^8$  bacteria of *S. aureus* 15981 was  
180 injected two days after surgery intraperitoneally at the site of the polymer implantation. After 5  
181 days, all animals were sacrificed and the polymeric substrates were extracted and placed in 1 ml  
182 of PBS and vigorously vortexed. The samples were serially diluted and plated onto TSA plates  
183 for enumeration of viable staphylococci. The relative adhesion was calculated as bacterial  
184 counts CFU on patterned surfaces / CFU on non-patterned surfaces.

## 185 **2.6. Statistical analysis**

186 Statistical analysis was performed by one-way analysis of variance combined with the  
187 Bonferroni multiple post-hoc test or by the Mann-Whitney test, with  $P \leq 0.05$  considered  
188 significant (GraphPad InStat, version 5).

189

## 190 **3. Results**

### 191 **3.1. Design of patterned surfaces by DLIP**

192 To analyze whether microstructures generated with Direct Laser Interference Patterning (DLIP)  
193 technique on the surface of polystyrene (PS) polymers can modify bacterial adhesion capacity,  
194 we generated surfaces with different microtopography geometries. We used spatial grating  
195 periods ( $\Lambda$ ) varying from 1 to 5  $\mu\text{m}$  and a laser fluence that was adapted to obtain the optimal  
196 structure quality (e.g. avoiding collapse of the fabricated array) depending on the spatial period  
197 (Table 1). PS wafers with 1.2 mm thicknesses were patterned with periodic line (LN) and pillar  
198 (PL) foils with maximal achievable structure depths of  $d_{\text{Struc}} = 1.63 \pm 0.09 \mu\text{m}$  and  
199  $d_{\text{Struc}} = 1.85 \pm 0.1 \mu\text{m}$  respectively (Figure 1A). Scanning electron microscopy analysis of PS  
200 surfaces patterning with LN and PL revealed a well-defined, reproducible and homogeneous  
201 pattern of lines and pillars with precise edges (Figure 1A and B). A similar laser treatment on  
202 thin PS films (125  $\mu\text{m}$  thickness) creates a combination of a lamella microtopography (LA)



203 with a 2.0  $\mu\text{m}$  spatial period ( $d_{\text{struc}} = 0.47 \pm 0.02 \mu\text{m}$ ) and a line-like structure with periodicities  
204 of 6 or 8  $\mu\text{m}$  ( $d_{\text{struc}} = 4.33 \pm 0.06 \mu\text{m}$ ) (Figure 1A and B). The lamella microtopography results  
205 from partially collapsing line-like features due to the lower mechanical stability of the thin PS  
206 film compared to the thicker one. The results indicate that DLIP can be used to fabricate 1D to  
207 3D micropatterns on PS polymers.

### 208 **3.2 Quantitative analysis of *S. aureus* adhesion to the patterned surfaces.**

209 The clinical strain *S. aureus* 15981 was selected to evaluate the impact of surface  
210 microtopography on *S. aureus* adhesion capacity. ~~*S. aureus* 15981 produces high levels of b1-6~~  
211 ~~linked poly N acetylglucosamine (PIA/PNAG) and it is accepted as a model strain of~~  
212 ~~exopolysaccharide dependent biofilm formation~~<sup>[24]</sup>. Polystyrene wafers with patterned and  
213 non-patterned surfaces were incubated with bacteria in TSB-gluc media. After 2 hours, the  
214 number of bacteria attached to the surface was determined by serial dilution and plating. The  
215 results revealed that line- and pillar-like microtopographical patterns enhanced *S. aureus*  
216 adhesion to PS polymeric materials (Figure 2A and B). In particular, a spatial period of 1  $\mu\text{m}$   
217 induced higher bacterial attachment ( $P < 0.05$ ) than periods of 5  $\mu\text{m}$ . In contrast, the lamella-like  
218 topography on the thin PS substrates (LA) caused a significant reduction on the adhesion of *S.*  
219 *aureus* compared to non-patterned PS surfaces (CT) (Figure 2C). These results revealed that  
220 microtopographical patterns on PS have a profound impact on *S. aureus* adhesion.

221

### 222 **3.3 Qualitative evaluation of bacterial attachment on PS polymers**

223 Because enumeration of bacteria cannot distinguish between monolayers, where most of the  
224 bacteria are in contact with the surface, or scattered aggregates, where only few bacteria are in  
225 contact with the surface, we used epifluorescence microscopy and scanning electron  
226 microscopy to evaluate the adhesion behavior. As it is shown in Figure 3A, large aggregates of  
227 bacteria attached to PL ( $\Lambda = 5 \mu\text{m}$ ) and LN ( $\Lambda = 5 \mu\text{m}$ ), surfaces were visualized by  
228 immunofluorescence. Bacterial aggregates adhered not only to the top of the structure but also

229 inside the features. ~~These attachment patterns suggest that bacteria respond to the surface~~  
230 ~~topography by maximizing the contact area with the surface.~~ In contrast, few bacteria randomly  
231 oriented along the surface were attached on LA ( $\Lambda=2\ \mu\text{m}$ ) patterned surface. Strikingly, single  
232 or small aggregates of bacteria were attached to the non-modified PS surface (CT) (Figure 3A).  
233 This behavior was confirmed by SEM analysis. The micrographs of patterned surfaces  
234 incubated with *S. aureus* revealed large bacterial aggregates on PL polystyrene surfaces, while  
235 only individual bacteria or small bacteria clusters/aggregates scattered on the surface of both  
236 the LA and the non-treated materials were observed, respectively (Figure 3B).

### 237 **3.4 Bacterial attachment to patterned surfaces under flow-continuous conditions**

238 *S. aureus* 15981 attachment to patterned polystyrene surfaces was assessed under continuous  
239 flow conditions using microfermenters<sup>[25]</sup>. The flow rate of fresh medium ( $40\ \text{ml h}^{-1}$ ) imposed  
240 in the process was high enough to avoid any significant planktonic growth (Figure 4A).  
241 Polystyrene substrates of  $1\ \text{x}\ 1\ \text{cm}^2$  of PL ( $\Lambda=5\ \mu\text{m}$ ), LA ( $\Lambda=2\ \mu\text{m}$ ) and non-patterned surfaces  
242 were fixed on the glass slides present inside the microfermenter (Figure 4B). *S. aureus* 15981  
243 strain was inoculated in the microfermenters and incubated for 6 hours. In agreement with the  
244 results obtained under static conditions, LA-patterned substrates significantly reduced the  
245 adhesion of *S. aureus* compared to the non-patterned surfaces ( $P<0.01$ ) (Figure 4C).  
246 Furthermore, PL microtopography increased the adhesion of *S. aureus* to patterned surfaces  
247 (Figure 4C).

248 Once a surface is implanted in a living body and comes into contact with biological fluids, such  
249 as blood or serum, the proteins present in the media immediately coat the medical device.  
250 Numerous studies indicated that coating of the medical devices with host factors may perturb *S.*  
251 *aureus* attachment and biofilm formation<sup>[1,26-28]</sup>. To address whether coating of the  
252 micropatterned surface with plasma proteins has an impact on the capacity of *S. aureus* to  
253 attach irreversibly to the surface, we measured the adhesion capacity of bacteria to LA  
254 substrates preincubated with human serum under flow conditions. For that, LA polystyrene

255 surfaces preincubated with media supplemented with human serum (10 %) for 1 h inside the  
256 microfermenter, were inoculated and incubated for 6 h with bacteria. Enumeration of the  
257 bacteria attached to the LA surface revealed a small but significant decrease compared to the  
258 bacteria attach to the non-patterned surface (Figure 4D). These results indicated that lamella  
259 microtopography can efficiently reduce *S. aureus* adhesion under flow continuous conditions  
260 even in the presence of serum proteins.

### 261 **3.5 *In vivo* biofilm formation model on PS surfaces**

262 Although *in vitro* assays have proven effective at identifying mechanisms involved in bacterial  
263 attachment and biofilm accumulation, it is important to validate the significance of these assays  
264 *in vivo*. Thus, we tested the efficacy of LA microtopography to reduce *S. aureus* attachment and  
265 biofilm development using a biofilm infection model in two alternative scenarios. First, LA  
266 ( $\Lambda=2\ \mu\text{m}$ ) and control surfaces pre-coated with  $10^4$  CFU of *S. aureus* 15981 were implanted in  
267 the intraperitoneal cavity of mice ( $n=6$ ) (Figure 5A). After five days, animals were sacrificed, to  
268 aseptically removed the polystyrene wafers and evaluate the bacterial load (Figure 5B). We  
269 found that LA surfaces showed a lower degree of colonization than the non-patterned surface  
270 ( $P<0.05$ ) (Figure 5C).

271 Second, sterile LA and non-patterned PS surfaces were implanted into the mice ( $n=6$ ) and two  
272 days after surgery, contaminated with  $10^8$  CFU of *S. aureus* 15981. Enumeration of *S. aureus*  
273 cells attached to the PS wafers 5 days after infection showed that LA surfaces displayed a  
274 significantly lower colonization compared to non-patterned surfaces ( $P<0.01$ ) (Figure 5C).  
275 Thus, PS-LA wafers displayed a lower level of colonization than non-patterned PS surfaces *in*  
276 *vivo*.

277

## 278 **4. Discussion**

279 **The establishment of multicellular communities attached to solid surfaces is one of the main**  
280 **persistence strategies of bacteria in the environment, and cause serious problems in industrial**

281 settings and in medicine. Recent investigations have focused in modifying surface topography  
282 as a technic to repel bacterial adhesion and biofilm formation. In this report we demonstrated  
283 that DLIP technology can be used to functionalize polymeric surfaces for the inhibition of *S.*  
284 *aureus* adhesion to surfaces. We showed that a lamella microtopography generated by DLIP on  
285 polystyrene (PS) polymers reduced *S. aureus* adhesion both in static and continuous flow  
286 culture conditions and in a foreign-body associated infection model.

287 Up to date, the methods employed for the fabrication of patterned surfaces with antibacterial  
288 properties include laser writing, layer by layer self assembly (LBLSA), structural  
289 transformation by electrodeposition on patterned substrates (STEPS) and lithographic  
290 techniques <sup>[29,30]</sup>. However, these techniques present some limitations. LBLSA only allows the  
291 production of disordered patterns while lithographic techniques require the used of masks that  
292 can only be employed for planar surfaces fabricating patterns with relatively large feature sizes  
293 <sup>[31]</sup>. Besides, it is difficult to implement these techniques for the treatment of large surfaces and  
294 for the moment they have been used only to prepare surfaces for demonstration purposes. By  
295 contrast, DLIP technology has been used to fabricate periodic structures with micrometer and  
296 submicrometer patterned topography on large-area of different polymers, metals, ceramics and  
297 coatings <sup>[23,32]</sup>. To evaluate the antiadhesion properties of the surfaces patterned with DLIP  
298 technology, we have selected PS surfaces because it is a widely used biomaterial for a range of  
299 medical applications, including fabrication of diagnostic instruments, medical devices,  
300 implants, disposable laboratory ware and tissue culture components <sup>[24,33]</sup>. Our results reveal  
301 that adhesion of *S. aureus* (0.6 – 1  $\mu\text{m}$ ) to the patterned surfaces showed that pillar (PL) and  
302 line (LN) microtopographic features in the range between 1 to 5 micrometers increased  
303 bacterial adhesion to not only to PS but also to PI and PET biomaterials compared with non-  
304 patterned ones (Figure 2 and supplementary Figure 1). These results agree with previous  
305 investigations reporting that surface features in the range of bacterium size allowed for  
306 maximization of the bacteria–surface contact area, hence increasing cell attachment

307 [2,3,10,29,34,35] whereas surface with topographic features smaller than the diameter of bacterial  
308 cells display a small accessible surface area [4,5,30]. In the former case, bacterial extracellular  
309 appendages such as flagella, pili and fimbriae could assume the responsibility for the adhesion  
310 to the sub-micrometer features [6-11,36,37]. Because *S. aureus* does not produce extracellular  
311 appendages, one would predict that these bacteria would not adhere efficiently to surfaces with  
312 submicrometer patterns. However, many *S. aureus* clinical strains depend on surface proteins  
313 such as Bap [38], FnbB [39,40], phenol soluble modulins amyloid fibers [41] to adhere and built the  
314 biofilm matrix. Thus, it cannot be excluded that some of these proteins can mediate the  
315 adhesion to surfaces pattern with topographic features smaller than *S. aureus* size.

316 When laser parameters similar to those applied to PS of 1.2 mm thickness were applied on the  
317 thin PS polymers (125  $\mu\text{m}$  thickness), a complex topography was obtained. In this case, the first  
318 irradiation process generates the characteristic 2.0  $\mu\text{m}$  geometry whereas the second irradiation  
319 process causes a partial collapsing of the line and creates the perpendicular lamella features.  
320 This topography combines line-like patterns of 2.5  $\mu\text{m}$  feature width and periodicities of 6 or  
321 8  $\mu\text{m}$  with lamella-like patterns of approximately 1.0  $\mu\text{m}$  feature width and periodicities of 2  
322  $\mu\text{m}$ . So far, the LA-microtopography has only been obtained in PS polymers, though efforts are  
323 being made in order to obtain the same topographic pattern on PI and PET polymers. In contrast  
324 to the PL and LN microtopography, the lamella microtopography (LA) strongly inhibited  
325 bacterial adhesion. The reasons why lamella microtextured reduced the capacity of *S. aureus* to  
326 establish productive contacts with the surface, both under static and flow condition are not well  
327 understood. It is possible that the protruded features of the topographical surface could provide  
328 a physical obstacle to prevent the expansion of the bacterial clusters. For instance, physical  
329 impediment seems to explain the antibacterial properties of the surface microtopographies  
330 inspired in the sharkskin Sharklet AF<sup>TM</sup>. This surface comprised of topographic features  
331 designed in diamond geometry (2  $\mu\text{m}$  feature width and spacing, 3  $\mu\text{m}$  feature height) is  
332 effective at physically disrupting colonization and subsequent biofilm development [42-44].

333 Multiple studies have examined the effect of surface topography on bacterial adhesion under  
334 static conditions. On the contrary, few studies have explored the effect of fluid flow on bacterial  
335 attachment on engineered surfaces <sup>[13,24,30]</sup>. Our results using flow culture bioreactors with a  
336 40 ml h<sup>-1</sup> flow rate showed that LA microtopography reduced *S. aureus* adhesion under shear  
337 stress conditions significantly more effectively than in steady state conditions <sup>[25,30]</sup>. One  
338 explanation for this observation is that the laminar fluid flow on the smooth surface creates  
339 random turbulent flow due to the roughness of the micropattern surface that removes more  
340 efficiently the bacteria from the surface. This effect would be amplified due to the reduction of  
341 the surface area accessible to bacteria in the LA-microtopography.

342 Once a biomaterial is implanted in a living body, a layer of blood proteins or other human fluids  
343 rapidly adsorbs on the surface and may alter the susceptibility of the material to inhibit bacterial  
344 adhesion and biofilm formation. Studies performed *in vitro* have shown that the presence of the  
345 serum proteins drastically reduce bacterial adhesion to the surface <sup>[26,28]</sup>. We showed that  
346 lamella-like topography reduces *S. aureus* adhesion to PS surfaces in the presence of human  
347 serum, though the reduction was less pronounced. Accordingly, experiments with animal  
348 models showed that polystyrene surfaces with lamella microtopography reduced *S. aureus*  
349 colonization and biofilm formation on PS surfaces after 5 days independently of whether the  
350 infection has occurred during the surgical procedure or post-implantation. These results  
351 indicated that surface microtopography showed encouraging efficacy to reduce *S. aureus*  
352 attachment and biofilm development *in vivo*.

353

## 354 **5. Conclusions**

355 In this paper we illustrate that the flexible DLIP technology can be used to develop engineered  
356 microtopographies on polystyrene polymers. The resulting microtopographies have a profound  
357 impact on *S. aureus* adhesion capacity indicating that surface topography represents a

358 promising strategy to reduce *S. aureus* attachment and biofilm development on the surface of  
359 indwelling medical devices.

360 However, because our knowledge about the influence of surface microtopography on bacterial  
361 adhesion is still largely empirical, it is necessary to experimentally test every pattern to  
362 determine its behavior under both *in vitro* and *in vivo* conditions. In our study, regular line and  
363 pillar-like patterns enhance *S. aureus* adhesion whereas a irregular lamella microtopography  
364 reduces adhesion both in static and continuous flow culture conditions. **Moreover, lamella-like**  
365 **textured surfaces inhibit *S. aureus* adhesion in the presence of human serum proteins and when**  
366 **the material is implanted subcutaneously in a foreign-body associated infection model strongly**  
367 **suggesting that polystyrene surfaces composed of lamella-like texture might provide a**  
368 **promising strategy to reduce *S. aureus* adhesion to biomedical surfaces.** Ongoing research is  
369 necessary to demonstrate that lamella microtopography on the surface of other polymers, such  
370 as polyimide and poly(ethylene terephthalate), also inhibits *S. aureus* adhesion.

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378 “Mechanically stable anti-adhesive polymer surfaces” (LA-2513 4-1).



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449 **Table 1. Description of polymeric materials modified by DLIP**

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<b>Polymeric material</b>	<b><math>\Lambda</math> = period (<math>\mu\text{m}</math>)</b>	<b>Topography</b>	<b>F = Fluence (<math>\text{J}/\text{cm}^2</math>)</b>
PS	5	Line (LN)	0.5
PS	5	Pillar (PL)	0.5
PS	3	Line (LN)	0.5
PS	3	Pillar (PL)	0.5
PS	1	Line (LN)	0.5
PS	1	Pillar (PL)	0.5
PS	5	Lamella (LA)	0.5
PS	2	Lamella (LA)	0.5
PS	-	Non-patterned (CT)	-

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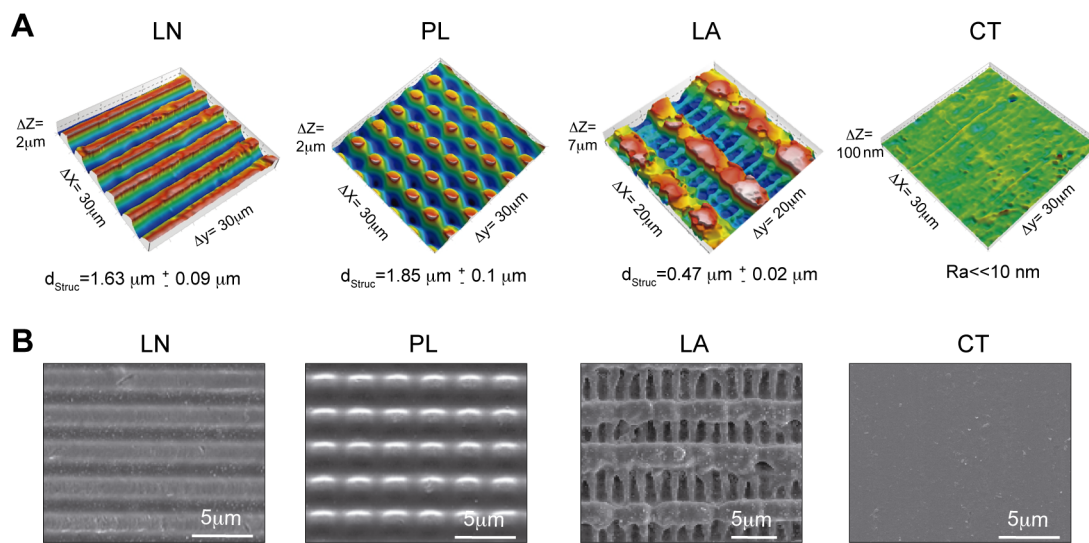
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472 **Figure 1:** Images from confocal (A) and scanning electron microscopy (B) of PS polymeric  
473 surfaces structured by Direct Laser Interference Patterning technique. Periodic arrays of line-  
474 like (LN,  $\Lambda = 5 \mu\text{m}$ ), pillar-like (PL,  $\Lambda = 5 \mu\text{m}$ ), lamella-like (LA,  $\Lambda = 2 \mu\text{m}$ ) structures and  
475 non-modified surfaces (CT). The laser fluence was kept constant at  $0.5 \text{ J cm}^{-2}$ .

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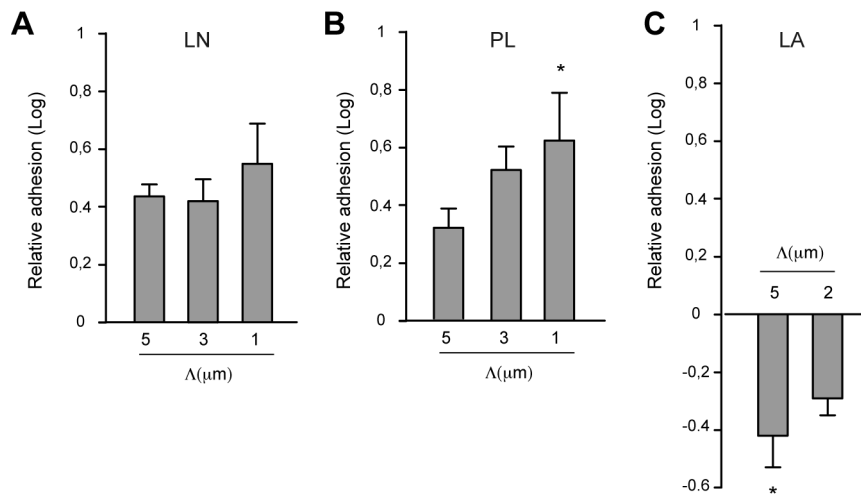
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486 **Figure 2.** Bacterial adhesion on patterned surfaces under static conditions. Relative adhesion of  
487 *S. aureus* on PS patterned surfaces with line (LN) (A), pillar (PL) (B), and lamella-like (LA)  
488 (C) structures and with spatial periods ( $\Lambda$ ) of 1, 2, 3 and 5  $\mu\text{m}$ . Relative adhesion was  
489 calculated as bacterial counts CFU on patterned surfaces / CFU on non-patterned surfaces.  
490 Multiple comparisons were performed by one-way analysis of variance combined with the  
491 Bonferroni multiple comparison test (GraphPad Instat, version 5). Asterisk indicates significant  
492 adhesion differences (\*,  $P < 0.05$  [significant]). ns, non significant differences.

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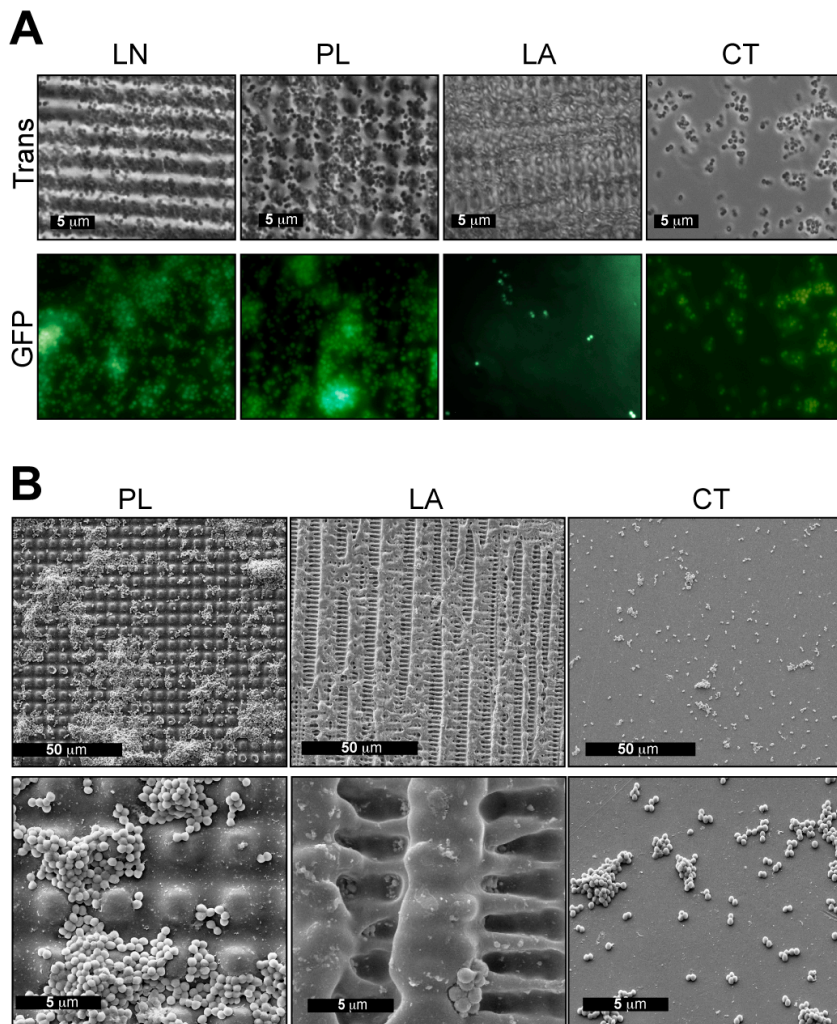
508 **Figure 3:** Qualitative evaluation of *S. aureus* attachment to patterned PS wafers. A)

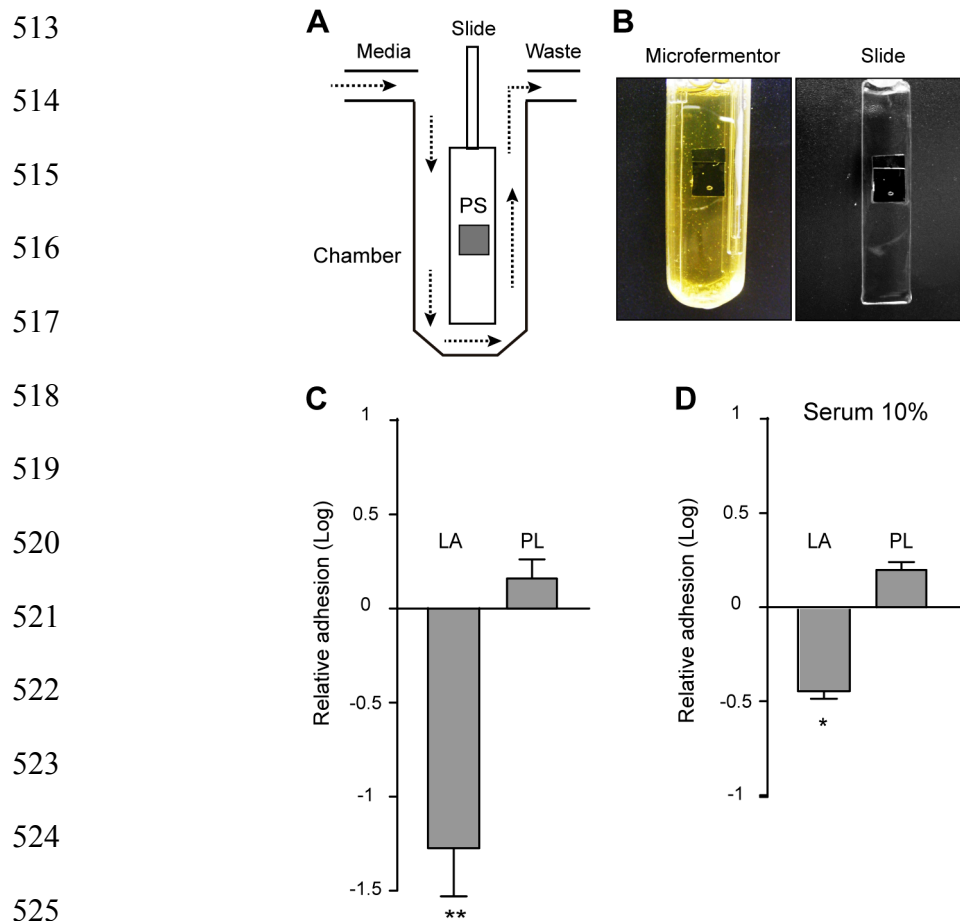
509 Fluorescence microscopic images of *S. aureus* 15981-GFP attached to PL ( $\Lambda=5\ \mu\text{m}$ ), LN ( $\Lambda=5$

510  $\mu\text{m}$ ), LA ( $\Lambda=2\ \mu\text{m}$ ), and non-patterned PS surfaces (CT), showing that bacteria respond to the

511 surface topography. B) Scanning electron micrographs of *S. aureus* cells attached to PL, LA

512 and non-patterned PS surfaces (CT).





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526 **Figure 4:** Bacterial adhesion on patterned surfaces in microfermenters. Schematic diagram (A)  
527 and photograph image taken from the microfermenters (B). Substrates of 1x1 cm<sup>2</sup> were fixed on  
528 the glass slide. Microfermenters were inoculated with *S. aureus* 15981 (OD<sub>600nm</sub>=1). After 6  
529 hours of incubation, substrates were removed from the glass slide and quantification of adhered  
530 *S. aureus* cells was performed by CFU counting of the bacteria removed from the tested  
531 surfaces. Graphs show the relative adhesion of *S. aureus* on LA ( $\Lambda=2\ \mu\text{m}$ ), PL ( $\Lambda=5\ \mu\text{m}$ ) and  
532 non-patterned (CT) PS surfaces under flow culture conditions in the absence (C) or presence of  
533 human serum (D). Relative adhesion was calculated as bacterial counts CFU on patterned  
534 surfaces / CFU on non-patterned surfaces. Comparisons were performed by one-way analysis of  
535 variance combined with the Bonferroni multiple comparison test or Mann-Whitney test  
536 (GraphPad InStat, version 5)

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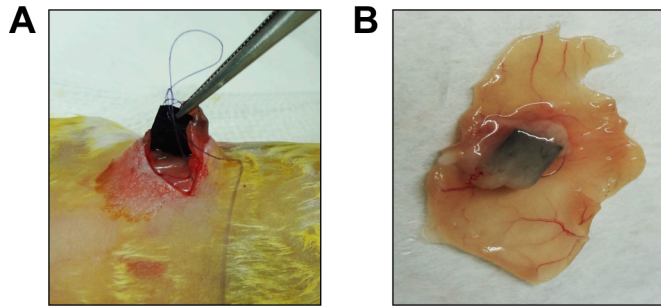
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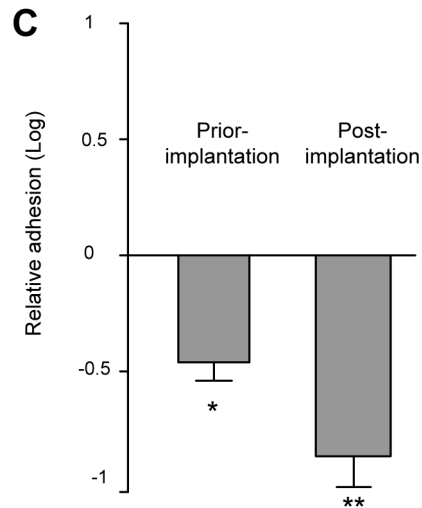
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551 **Figure 5:** Biofilm formation of *S. aureus* on lamella-like patterned surfaces using an *in vivo*

552 model. A) Implantation of substrates in the intraperitoneal cavity of CD1 mice. B) Biofilm-

553 infected surfaces after 5 days of infection. C) Contamination of PS polymers prior-

554 implantation: PS lamella-like ( $\Lambda=2\ \mu\text{m}$ ) and control surfaces were first coated with  $10^4$  cfu of *S.*

555 *aureus* 15981 and then fixed at the abdominal wall. Contamination of PS polymers post-

556 implantation: PS polymers were first fixed at the abdominal wall before infection. Two day

557 after implantation a  $10^8$  cfu of *S. aureus* 15981 were injected intraperitoneally at the site of the

558 implant. After 5 days, animals (n=6) of both types of infections were sacrificed and substrates

559 were extracted and placed in 1 ml of PBS. Samples were serially diluted and plated onto TSA

560 plates for enumeration of viable staphylococci.

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