



# 

**Citation:** Blas J, Abaurrea T, D'Amico M, Barcellona F, Revilla E, Román J, et al. (2016) Management-Related Traffic as a Stressor Eliciting Parental Care in a Roadside-Nesting Bird: The European Bee-Eater *Merops apiaster*. PLoS ONE 11 (10): e0164371. doi:10.1371/journal. pone.0164371

Editor: Csaba Moskát, Hungarian Academy of Sciences, HUNGARY

Received: February 26, 2016

Accepted: September 23, 2016

Published: October 5, 2016

**Copyright:** © 2016 Blas et al. This is an open access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

**Data Availability Statement:** All data will be fully available without restrictions in the CSIC public repository: http://hdl.handle.net/10261/135545.

**Funding:** J.B. and M.C. were supported by Ramón y Cajal contracts and M.D. by a JAE-PRE fellowship (Consejo Superior de Investigaciones Científicas CSIC - Ministerio de Economía y Competitividad MINECO). We acknowledge grants CGL2012-32544 (Ministerio de Economía y Competitividad MINECO - Feder funds) and 511/2012 (Organismo Autónomo Parques Nacionales OAPN - Ministerio RESEARCH ARTICLE

# Management-Related Traffic as a Stressor Eliciting Parental Care in a Roadside-Nesting Bird: The European Bee-Eater *Merops apiaster*

Julio Blas<sup>1</sup>, Teresa Abaurrea<sup>1¤a</sup>, Marcello D'Amico<sup>1¤b</sup>\*, Francesca Barcellona<sup>1</sup>, Eloy Revilla<sup>1</sup>, Jacinto Román<sup>1</sup>, Martina Carrete<sup>1,2</sup>

1 Department of Conservation Biology, Estación Biológica de Doñana (CSIC), Américo Vespucio, 41092, Seville, Spain, 2 Department of Physical, Chemical and Natural Systems, Pablo de Olavide University, Ctra. Utrera km 1, 41013, Seville, Spain

¤a Current address: School of Psychology & Neuroscience, University of St Andrews, St Mary's Quad, KY16 9JP, St Andrews, Scotland, United Kingdom

¤b Current address: REN Biodiversity Chair, CIBIO/InBIO (University of Porto) and CEABN/InBIO (University of Lisbon), Tapada da Ajuda, 1349–017, Lisbon, Portugal \* damico@ebd.csic.es

# Abstract

Traffic is often acknowledged as a threat to biodiversity, but its effects have been mostly studied on roads subjected to high traffic intensity. The impact of lower traffic intensity such as those affecting protected areas is generally neglected, but conservation-oriented activities entailing motorized traffic could paradoxically transform suitable habitats into ecological traps. Here we questioned whether roadside-nesting bee-eaters Merops apiaster perceived low traffic intensity as a stressor eliciting risk-avoidance behaviors (alarm calls and flock flushes) and reducing parental care. Comparisons were established within Doñana National Park (Spain), between birds exposed to either negligible traffic (ca. 0-10 vehicles per day) or low traffic intensity (ca. 10-90 vehicles per day) associated to management and research activities. The frequencies of alarm calls and flock flushes were greater in areas of higher traffic intensity, which resulted in direct mortality at moderate vehicle speeds (< 40 km/h). Parental feeding rates paralleled changes in traffic intensity, but contrary to our predictions. Indeed, feeding rates were highest in traffic-exposed nests, during working days and traffic rush-hours. Traffic-avoidance responses were systematic and likely involved costs (energy expenditure and mortality), but vehicle transit positively influenced the reproductive performance of bee-eaters through an increase of nestling feeding rates. Because the expected outcome of traffic on individual performance can be opposed when responses are monitored during mating (i.e. negative effect by increase of alarm calls and flock flushes) or nestling-feeding period (i.e. at least short-term positive effect by increase of nestling feeding rates), caution should be taken before inferring fitness consequences only from isolated behaviors or specific life history stages.



de Agricultura, Alimentación y Medio Ambiente MAGRAMA).

**Competing Interests:** The authors have declared that no competing interests exist.

#### Introduction

The development of motorized vehicles and the expansion of road networks have contributed to an increase in the anthropogenic impacts currently affecting most habitats worldwide [1, 2]. Roads and traffic often result in wildlife casualties [3, 4], facilitate the introduction of exotic species [5, 6] and reduce the availability of suitable habitats through barrier effects and fragmentation [7, 8] thereby reducing biodiversity.

Management of human disturbance requires a prior understanding of the mechanisms by which anthropogenic stressors promote changes in individual behavior, and how these may affect population distribution and abundance [8, 9]. Birds are often selected as study models to understand the impacts of traffic, whit some species displaying behavioral plasticity [10] and possibly benefitting from traffic [11], whereas other species suffer negative effects on activity patterns and use of space [12], territorial and sexual behavior [13], and also parental care [14]. Several bird species also suffer elevated stress levels due to traffic impact [15], potentially reducing individual fitness and long-term population viability [16].

Despite a growing interest, a vast majority of the studies assessing the effects of traffic stressors on wildlife have been performed on roads exposed to relatively high transit intensity, typically above 1000 vehicles per day. Although protected areas often restrict public access to roads to minimize anthropogenic impacts, management and research activities also involve the transit of vehicles. Because such traffic intensity is relatively low compared to the above referenced studies, their effects on wildlife behavior and individual performance are generally neglected. This provides grounds for a paradox that has been rarely tested: that low levels of conservation-related traffic can actually become a perturbation, potentially jeopardizing the preservation of biodiversity.

With the aim of assessing whether relatively low traffic intensity (less than 100 vehicles per day) can be considered a conservation concern, we quantified the behavioral responses of roadside-nesting European bee-eaters Merops apiaster Linnaeus, 1758 to the traffic associated with management and research activities in Doñana National Park (southwestern Spain). The particularities of this bird population offer a powerful model to study the effects of traffic on wildlife behavior for at least two reasons. First, because the flat landscape lacks natural soil cliffs (typically selected by bee-eaters for nesting elsewhere [17, 18]), birds readily dig their nesting burrows in the slight slopes of the ditches of unpaved roads (thus literally breeding beside vehicle-transit areas). Second, because access to most areas within Doñana is restricted to authorized management staff and researchers, who use roads following specific spatio-temporal patterns which entail traffic-exposed areas (with more traffic intensity during rush-hours of workdays) and traffic-free areas (without traffic-intensity variation; [19]). For this reasons we can (i) perform an *a priori* selection of sampling locations differing in traffic intensity, and also (ii) perform an *a priori*, quasi-experimental sampling design aimed at comparing behaviors within and between days differing in traffic intensity, without performing ad-hoc manipulations (see e.g. [20, 21] for related sampling designs).

Our approach was organized in two main hypotheses. First (*i*), we suggest that traffic can be perceived by individuals as a threat comparable to a predator. This potential threat will elicit behaviors (such as alarm calls and flock flushes) aimed to avoid the potential risk (risk-disturbance hypothesis [16, 22]). Second (*ii*), we hypothesize that bee-eaters would adjust nestling feeding rates to traffic-intensity variation, with fewer visits to the nest according to greater traffic intensity (nestling-feeding hypothesis). This prediction is an offset of the risk-disturbance hypothesis based on ample evidence that wildlife exposed to stressful stimuli require shifting energy and time away from behaviors such as foraging [23, 24] and parental care [14, 25].

#### **Materials and Methods**

#### Study area and Study species

The study was carried out between May and July 2012 in Doñana National Park, a Biosphere Reserve and UNESCO World Heritage Site considered one of the most important wetlands worldwide [26]. The main habitats are marshlands, Mediterranean scrublands and coastal sand dunes [27]. The access to the road-network of the National Park is restricted to management staff and authorized researchers. Vehicle speed limit within the National Park is 40 km/h.

The European bee-eater is a medium-sized (50 g) bird that preys on flying insects (mainly Hymenopterans but also Coleopterans and other orders) caught on the wing [17, 28]. Bee-eaters are monogamous and colonial breeders, nesting inside burrows excavated in sloped cliffs [18], although in Doñana they use nearly flat sandy soils [29] and road ditches. This is a migratory species present in Doñana between March and August: building nests in April-May, laying one clutch (4–7 eggs) in May-June, and feeding the nestlings in June-July. The species shows little sexual dimorphism, and both sexes incubate and care for the nestlings [17]. In Doñana, bee-eaters nest in the Mediterranean scrublands, showing colonial aggregations along the ditches of some park roads. For this study we used 7 roadside-colonies composed of 10–20 nests each, all of them in Mediterranean scrublands. The first two colonies were located along unpaved roads with very low traffic intensity (< 2 vehicles per day according to [19]), and therefore they will be further referred to as traffic-free colonies. The five other colonies were located along the gravel road leading to the research station. Since the road crossing these colonies is exposed to the highest intensity of traffic among unpaved park roads (spring average = 80.9 vehicles per day [19]) these colonies will be further referred to as traffic-exposed.

#### Data collection

**Traffic-pattern survey.** In order to have a detailed confirmation of the spatio-temporal dynamics of the traffic affecting our study areas, we placed two automatic vehicle counters (TRAFx Vehicle Counter Generation III) beside the roads crossing our traffic-exposed and traffic-free colonies. Automatic counters recorded the number of vehicles passing per 1-hour intervals during the first two weeks of May.

(i) Risk-disturbance hypothesis. During the first two weeks of May, when bee-eaters were engaged in nest digging and socio-sexual activity, we also performed 1-hour-long behavioral-observation sessions from camouflage blinds in two traffic-exposed and two traffic-free colonies. Each colony was sampled no more than once a day, between 10:00 and 19:00, on 6–7 different days (total N = 26 observation sessions). We recorded the total number of birds (counted every other minute), and the occurrence of alarm calls, flock flushing events, passing vehicles, and passing predators (raptors and carnivores within 100 meters). A flock flushing event was considered only for the sudden take-off of all the birds present in the colony or at least 10 birds simultaneously, followed by rapid spiral upwards (described in [17] as panic-flight). Socio-sexual activities (*e.g.* nest digging, nest defense, aggressions, nuptial feeding, copulations) often involved individual birds, couples or small groups taking off and perching back near their burrows, however, these were not considered flock flushes. Walking transects were performed upon finalization of the observation sessions with the aim of recording road-kills along the road segments adjacent to the colonies.

(ii) Nestling-feeding hypothesis. During the first two weeks of July, when bee-eaters were feeding nestlings, we monitored parental feeding rates in traffic-exposed (N = 75) and traffic-free (N = 29) nests from the 7 focal colonies. Feeding events were recorded using a small video camera (GoPro HD Hero<sup>®</sup>) placed on the ground, 50–70 cm from the nest entrance. Although

bee-eaters readily resume their normal breeding activities within minutes (typically within 30– 60 minutes) following slight modifications of the nest vicinity with new objects (*e.g.* artificial perches, marking flags, traps; authors' personal observations), we placed dummy cameras 24 hours prior to data collection. The resulting 30-minutes-long video-clips were visualized to count the number of feeding events, which always involved one adult carrying a prey upon arrival and leaving the nest without it. All the recordings were performed in the afternoons, allowing us to establish comparisons between traffic rush-hours (14:00–15:00) and post-rushhours (15:00–20:00) as well as between days differing in traffic intensity (*i.e.* workdays *vs.* weekends).

## Data analysis

We used an information-theoretic approach to assess the support provided by our data to several *a priori* defined competing hypotheses (Table 1). Model selection was performed using Akaike Information Criterion corrected for small sample sizes, AICc [30]. Within a given set of models we first calculated  $\Delta$ AICc<sub>*i*</sub> as the difference between the AICc of model *i* and that of the best model (*i.e.* the model with the lowest AICc). As a rule of thumb, a  $\Delta$ AICc<sub>*i*</sub> < 2 suggests substantial evidence for the model; values between 3 and 7 indicate that the model has considerably less support, whereas a  $\Delta$ AICci > 10 indicates that the model is very unlikely [30]. We also quantified the plausibility of each model as being the best approximation using Akaike weights, *w* [30]. When there was more than one best model (*sensu*  $\Delta$ AICc<sub>*i*</sub> < 2) we used model

Table 1. Candidate models aimed at explaining: risk-avoidance behaviors (frequency of *alarm calls* per hour = A; frequency of *flock flushes* per hour = B) and factors affecting parental *feeding rate* (C and D).

Models	Fixed terms	k	AICc	ΔAICc	w	ER
Alarm calls (even	ts per hour; N = 26)					
A1	dh	4	114.8	2.0	0.16	2.7
A2	dh, vehicles	5	113.0	0.2	0.38	1.1
A3	dh, predators	5	117.6	4.8	0.04	11.0
A4	dh, vehicles, predators	6	112.8	0.0	0.42	1.0
Flock flushes (ev	ents per hour; N = 26)					
B1	dh	4	109.7	4.2	0.10	8.2
B2	dh, vehicles	5	109.8	4.3	0.09	8.6
B3	dh, predators	5	112.8	7.3	0.02	38.5
В4	dh, vehicles, predators	6	105.5	0.0	0.79	1.0
Feeding rate (eve	ents per 30min; N = 104)					
C1	dh	5	682.7	5.3	0.066	14.2
C2	dh, area	6	677.4	0.0	0.934	1.0
Feeding rate (eve	ents per 30min; N = 75)					
D1	dh	5	522.5	3.2	0.066	4.9
D2	dh, week days	6	520.8	1.4	0.158	2.0
D3	dh, rush	6	520.9	1.5	0.151	2.1
D4	dh, week days, rush	7	519.4	0.0	0.323	1.0
D5	dh, week days* rush	8	519.5	0.1	0.302	1.1

The last four columns show the parameters allowing selection of the best models within any given set. Smaller AICc values suggest a better fit of the model to data while penalizing for complexity (k, number of estimated parameters). The best supported models ( $\Delta$ AICC < 2) are highlighted in grey. AICc weights (*w*) indicate the conditional probability of being the best supported model. Evidence Ratio (ER) is the ratio of *w*, comparing the best supported model with every competing one. Legend: *dh* = date and hour; *area* (2-level factor: traffic-exposed *vs*. traffic-free); *week days* (2-level factor: workdays *vs*. weekends); *rush* (2-level factor: rush-hours *vs*. post-rush-hours).

doi:10.1371/journal.pone.0164371.t001

PLOS ONE

averaging (MuMIn package of R [31]), except when interactions were contained in any of the selected best models, as this would result in biased parameter estimates for variables included in the interaction term. Once the model-averaged estimates and standard errors (SE) were calculated, we used confidence intervals to assess the magnitude of the effect. We considered that a given effect received no, weak or strong support when the 95% confidence interval (CI) strongly overlapped zero, barely overlapped zero, or did not overlap zero, respectively. All statistical analyses were conducted in R 3.1.2 [32].

**Traffic patterns.** We confirmed the spatio-temporal patterns of traffic using data from automatic vehicle counters. First, we used all vehicle counts recorded between 07:00h and 22:00h (daylight hours, comprising 93.5% of all the registered traffic) to assess whether *traffic* intensity when bee-eaters are active (*i.e.* frequency of vehicles per hour, zero inflated model, logarithmic link function, negative binomial error distribution) differs between traffic-exposed and traffic-free *areas* and along the *week days*. The latter explanatory variable was included as a fixed factor with two levels (workday *vs.* weekend). We considered the independent, additive and interactive effects of these variables.

Then, using information collected by automatic vehicle counters between 14:00 and 20:00 (*i.e.* the same time frame when feeding rates were subsequently measured) we tested if traffic also differed across time within days. The dependent variable was again the *traffic* intensity (*i.e.* frequency of vehicles per hour, logarithmic link function, Poisson error distribution) while the explanatory variables were *area*, *week days* and *rush-hours*, a fixed factor with two levels: rush-hours (14:00–15:00) and post-rush-hours (15:00–20:00). We also considered the 2-way interactions between rush-hours and the other terms to assess the prediction that rush-time effects are more marked in traffic-exposed areas compared to traffic-free areas, and during workdays compared to weekends. Zero inflated and GLM models were fitted using pscl and Stats packages in R, respectively.

(i) Risk-disturbance hypothesis. We previously assessed the prediction that the study areas *a priori* defined as either traffic-exposed or traffic-free actually differed in their exposure to traffic but not in the amount of natural predators. We fitted models where the number of *vehicles* or the number of *predators* recorded per hour during direct observation sessions were considered as dependent variables (logarithmic link function and negative binomial error distribution) and the *area* where each colony was located was included as a fixed factor with two levels (*i.e.* traffic-exposed colonies *vs.* traffic-free colonies). *Colony identity* was incorporated as a random term. Models were fitted using the glmmADMB package of R [33].

Then, we assessed whether the frequency of risk-avoidance behaviors depends on the amount of traffic and/or predators by fitting as dependent variables the number of *alarm calls* and the number of *flock flushes* (logarithmic link function and Poisson error distribution) recorded per hour. Competing models included number of *predators* and number of *vehicles* recorded per hour as the main explanatory variables and *date* and *hour* as potentially confounding variables. To control for the non-independence between observations, we included *colony identity* as a random term.

(ii) Nestling-feeding hypothesis. The hypothesis that *feeding rate* (feeds per 30 minutes; logarithmic link function, truncated negative binomial error distribution) differs between traffic-exposed and traffic-free areas was assessed by including *area* as an explanatory variable (set C, Table 1). Sampling effort in traffic-exposed areas was larger than in traffic-free areas (N = 75 and N = 29, respectively) because we aimed at assessing week day and rush-time effects on feeding rates in areas where such temporal differences in traffic were predictably most marked. To assess whether the results from the latter models were affected by this unbalanced sampling design, we randomly selected a subsample of 29 observations from traffic-exposed areas.

Randomizations were repeated 1000 times, allowing calculation of an average value for model parameters as well as their 95% CIs.

Finally, we assessed the hypothesis that temporal changes in feeding rates depend on the temporal patterns of traffic (set D, Table 1). *Feeding rate* was again the dependent variable (log-arithmic link function, truncated negative binomial error distribution), and the explanatory variables were *week days* and *rush-hours*, considering their additive and interactive effects. *Colony identity* was included as a random term, and *date* and *hour* as potentially confounding variables. Models were fitted using the glmmADMB package in R.

#### Ethic statement

Espacio Natural de Doñana (Consejería de Medio Ambiente y Ordenación del Territorio; Junta de Andalucía) authorized the fieldwork of the present study (projects CGL2012-32544 MINECO-FEDER Funds and 511/2012 OAPN-MAGRAMA).

### Results

#### Traffic patterns

Data collected from automatic vehicle counters confirmed that traffic-exposed areas suffered thirty times more traffic intensity than traffic-free areas (Fig 1A). On a daily basis, 54.1 vehicles were recorded in traffic-exposed areas (SE = 7.37; range = 9–91), whereas only 2.1 vehicles in traffic-free areas (SE = 0.6; range = 0–8). In the traffic-exposed areas, traffic intensity during workdays was more than twice the amount recorded during weekends (Fig 1B); and traffic intensity was also almost three times higher at rush-hours compared to post-rush-hours during workdays, but not during weekends (Fig 1C). In traffic-free areas, traffic intensity during both workdays and weekends was extremely low (below 0.4 vehicles per hour; Fig 1D and 1E).

#### (i) Risk-disturbance hypothesis

The prediction that the study *areas* selected as either traffic-exposed or traffic-free differed in the frequency of *vehicles* but not in the frequency of *predators* was supported by two models with AIC weights of 0.98 and 0.79 respectively, indicating strong to moderate support for being the best models of their sets.

Bee-eaters responded to predators (black kites *Milvus migrans* in all the observations; N = 14 events during 26 hours, all sites combined) with alarm calls in 88% of the occasions, flock flushes in 88% of the occasions or both risk-avoidance behaviors simultaneously in 81% of the occasions. Vehicle passage (N = 42 events during 26 hours of direct observation, all sites combined) elicited the vocalization of alarm calls in 62% of the occasions, flock flushes in 100% of the occasions or both risk-avoidance behaviors simultaneously in 62% of the occasions. Although no road fatalities were recorded in the traffic-free colonies, four birds were found road-killed in the traffic-exposed colonies.

The frequency of *alarm calls* was best explained by two plausible models, containing the frequency of *vehicles* or alternatively the frequency of *vehicles* plus the frequency of *predators* (Table 1A). A consensus model containing the effect size of traffic and predators averaged across these two best models indicated a traffic effect with relatively high support (Tables 1A and 2A). The frequency of *flock flushes* was best explained by a single model containing the frequencies of *vehicles* and *predators* as explanatory terms (Table 1B), suggesting a positive effect of both variables (Table 2B) with relatively high support (*i.e.* near 0.80 weight; Table 1B).

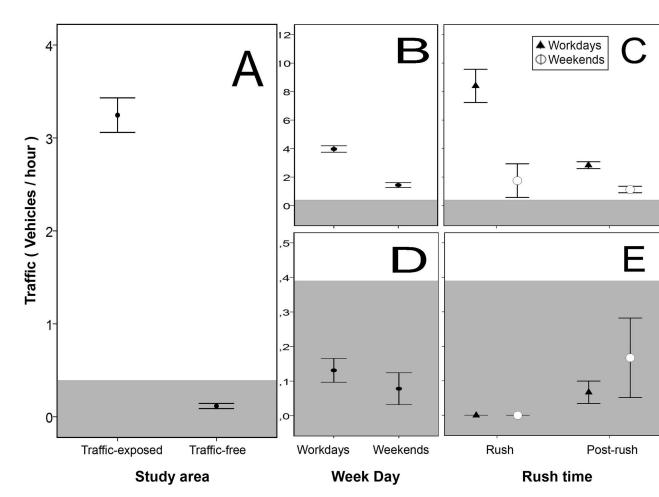


Fig 1. Spatio-temporal variability in daytime traffic intensity (vehicles per hour between 07:00 and 22:00h). (A) Average values in traffic-exposed and traffic-free areas. Traffic intensity across week days and according to rush time are presented separately for traffic-exposed (B-C) and traffic-free (D-E) areas. For ease of interpretation, the grey background indicates traffic intensity below 0.4 vehicles per hour. Bars represent means ±SE.

doi:10.1371/journal.pone.0164371.g001

PLOS ONE

#### (ii) Nestling-feeding hypothesis

*Feeding rates* were higher in traffic-exposed compared to traffic-free areas (Fig 2A), and model C2 received strong support for being the best of its set (w > 0.9; Table 1). The randomization procedure performed on 1000 model sets with balanced sample sizes supported this result, with an average AICc value of 357.7 (SE = 0.70) for models containing *area* compared to 360.6 (SE = 0.72) for models excluding *area* (average  $\Delta$ AICc = 3.1 ± 0.2 SE). Within traffic-exposed areas, the recorded *feeding rates* were higher during workdays compared to weekends (Fig 2B) and higher at rush-hours compared to post-rush-hours, but only during workdays (the opposite pattern occurred during weekends; Fig 2C). Regarding model selection, there were four alternative best models according to AICc, which suggested an effect of *week days* and *rush-hours* on feeding rates (Tables 1D and 2D). Although the 95% CIs for the estimates of these terms slightly overlapped zero (except for *rush-hours*, which showed no overlap) they were consistently negative, supporting higher *feeding rates* during workdays and rush-hours.



Dependent variable	Explanatory Variables	Best supported models (in ascending AICc values)				Model averaged Estimate	NCM	RI
(Models)		Estimate (±SE)	Estimate (±SE)	Estimate (±SE)	Estimate (±SE)	(±SE)		
Alarm calls	Intercept	-	-	-	-	1.42 (0.72)**	-	-
(A4, A2)	Date	-	-	-	-	-0.04 (0.02)	3	1
	Hour	-	-	-	-	-0.02 (0.04)	3	1
	Predators	-	-	-	-	0.20 (0.23)	1	0.43
	Vehicles	-	-	-	-	0.19 (0.07)**	2	0.84
Flock flushes	Intercept	1.60 (0.66)**	-	-	-	-	-	-
(B4)	Date	-0.05 (0.02)	-	-	-	-	-	-
	Hour	-0.06 (0.04)	-	-	-	-	-	-
	Predators	0.62 (0.18)**	-	-	-	-	-	-
	Vehicles	0.27 (0.05)**	-	-	-	-	-	-
Feeding rate	Intercept	3.49 (1.19)**	-	-	-	-	-	-
(C2)	Date	-0.03 (0.02)	-	-	-	-	-	-
	Hour	-0.02 (0.09)	-	-	-	-	-	-
	Area	-0.66 (0.24) **	-	-	-	-	-	-
Feeding rate	Intercept	-1.20 (2.32)	-0.91 (2.31)	2.55 (1.54)	-1.85 (2.39)	-	-	-
(D4, D5, D2, D3)	Date	-0.02 (0.03)	-0.03 (0.03)	-0.03 (0.03)	-0.01 (0.03)	-	4	1
	Hour	0.33 (0.18)*	0.32 (0.18)*	0.01 (0.01)	0.36 (0.19)*	-	4	1
	Week days	-0.41 (0.22)*	-1.53 (0.81)*	-0.43 (0.22)*	-	-	3	0.84
	Rush	-0.65 (0.33) **	-0.76 (0.34)*	-	-0.69 (0.35)*	-	3	0.83
	Week days* Rush	-	0.69 (0.47)	-	-	-	1	0.32

Table 2. Parameter estimates (±SE) for the terms contained in the best supported models explaining: risk-avoidance behaviors (A and B) and factors affecting parental feeding (C and D).

When evidences supported more than one candidate model (*i.e.*  $\Delta$ AICc < 2), model-averaged estimates (±SE) are presented with their associated relative importance (RI) and number of containing models (NCM). When one model included an interaction term, all the competing best models are shown ordered in ascending AICc value. For zero inflated models, estimates for the zero and count models (ZM and CM respectively) are presented. Model identities follow the same notation as in Table 1 (see legend therein for a description of variables).

\*\*95% CI does not overlap zero;

\*95% CI slightly overlaps zero.

doi:10.1371/journal.pone.0164371.t002

#### Discussion

In the present study, we confirmed the risk-disturbance hypothesis for a roadside-nesting bird: the European bee-eater. The surveyed individuals systematically perceived relatively low traffic intensity as a threat comparable to a predator, eliciting risk-avoidance behaviors such as alarm calls and flock flushes. On the other hand, our nestling-feeding hypothesis was rejected, because parental feeding rates paralleled changes in traffic intensity, but contrary to our predictions. Indeed, parental feeding rates were highest in traffic-exposed nests, during working days and traffic rush-hours. Several possible mechanisms could explain these surprising findings: prey facilitation by traffic, unmatched cues, energy demand increase, and interference-displacement behaviors.

#### (i) Risk-disturbance hypothesis: Traffic as a threat

The positive association between traffic intensity and both alarm calls and flock flushing frequencies suggest that motorized traffic is perceived by European bee-eaters as a threat. Alarm

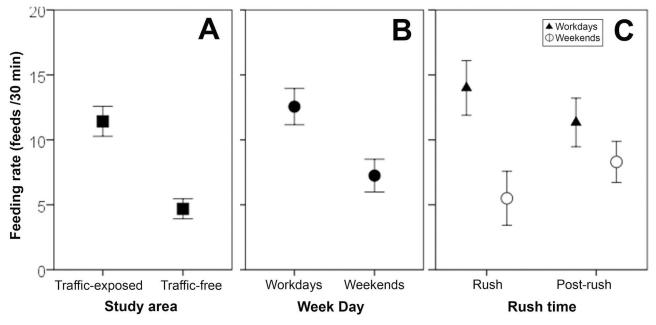


Fig 2. Spatio-temporal variability in feeding rates (feeds/30min). (A) Data from traffic-exposed and traffic-free colonies. Feeding rates across week days (B) and according to rush time (C) correspond to traffic-exposed colonies. Bars represent means ±SE.

doi:10.1371/journal.pone.0164371.g002

calls are typically used when detecting predators and in response to conspecific distress calls [34]. Alarm calls often lead to flight responses and the retreat of nestlings inside burrows [34], involving energetic costs to signalers and receptors [35]. Moreover, flock flushes consistently occurred in response to approaching vehicles, suggesting absence of habituation to a threat that sometimes resulted in fatal outcomes and likely imposed less immediate costs such as larger energy expenditure.

## (ii) Nestling-feeding hypothesis: Effects on parental care

The results regarding alarm calls and flock flushes provide empirical support for the risk-disturbance hypothesis, just as previously recorded in other bird species but rarely concerning a traffic-related disturbance [16, 22]. However, traffic did not exert a negative effect on parental feeding rates. In fact our results suggested the opposite association, with bee-eaters providing more food to nestlings in traffic-exposed colonies, and showing greater feeding rates during the days of the week experiencing more traffic and during traffic rush-hours. Differences in traffic intensity among study areas were revealed by automatic vehicle counters as well as by our direct observations sessions. Furthermore, our direct observations suggested a similar predator pressure in traffic-exposed and traffic-free colonies, and no other disturbance factors were detected in any of the study areas. Although we cannot rule out the possibility that uncontrolled factors differing among study areas could affect feeding rates, the latter also paralleled temporal changes in traffic intensity within study areas, providing additional support for a positive effect of traffic.

Previous studies have reported greater foraging efficiency in birds along roads or roadsides (*e.g.* [11]), but to our knowledge no study has shown a positive effect of traffic intensity *per se.* At least four alternative, non-mutually exclusive mechanisms may explain this association. First (1), road transit could elevate the availability or detectability of food resources, improving the foraging efficiency of adults (facilitation hypothesis [11, 36]). A traffic-mediated increase in

the abundance or detectability of flying insects was not visually evident to us, and it was not obvious that birds flushed by vehicles went foraging along the road (potentially in the wake of vehicles). However, other bee-eater species have been reported to feed on insects flushed by wild and domesticated mammals, and to forage in association with large birds, humans and motorized vehicles [37, 38, 39]. A second (2) possibility is that bee-eaters are attracted to traffic because this stimulus is an effective hunting cue in locations other than our study site (unmatched-cue hypothesis). The lack of asphalt pavements in the study roads generates conspicuous clouds of dust behind passing vehicles, and birds could have learned to use this cue for detecting foraging patches in their African winter areas (*i.e.* herds of African ungulates or running cars where flushed insects may abound; see references above). A third (3) potential explanation is that greater frequency of risk-avoidance behaviors results in higher energy demands in traffic-exposed nestlings (e.g. through repeated retreat of nestlings inside burrows or elevated corticosterone levels) triggering a higher feeding frequency by adults (energydemand hypothesis). Finally (4), it is also possible that passing vehicles interrupt the normal progression of adults' daily activities and disturbed birds redirect their behavior towards nestlings' feeding (interference-displacement hypothesis). For example, adults hunting for selfmaintenance could deliver prey to nestlings because conspecific alarm calls (elicited by car passage) triggered their return to the colony.

# Predicting consequences on health and fitness

Despite our results suggesting that bee-eaters adjust their behavior to the amount of traffic, the net consequences on individual survival, health and performance remain unclear. On the one hand, repeated exposure to traffic can result in road fatalities, and could also bring fitness costs to surviving individuals. Extrapolating data from the vehicle counts recorded during daylight hours, traffic-exposed bee-eaters likely experienced 356 flock flushes and 214 alarm call episodes during one single week (compared to 11 flock flushes and 7 alarm calls in traffic-free colonies). In addition to the direct energy demands associated to the alarm responses themselves [35], disturbance stimuli can indirectly affect individual health and fitness through tradeoffs between perceived risk and energy intake or lost opportunity costs [40, 41] or through increased corticosterone levels [15]. On the other hand, a positive effect on parental feeding could bring fitness benefits. Feeding rates were more than two times higher in traffic-exposed nests compared to controls, which might result in overall higher offspring quality (e.g. improved body condition [42]) and quantity [43]. The consequences of traffic on adults' health and condition may be different depending on the preponderant mechanism mediating the increase in feeding rates. If the facilitation hypothesis underlies our results, adult bee-eaters would optimize hunting efficiency without necessarily increasing hunting effort [36]. However, if any of the other proposed hypotheses (i.e. unmatched cue, energy demands, and interference-displacement) underlie our results, the greater feeding effort when prey is neither more abundant nor more detectable could lead to a loss in parental mass, increasing the chances of starvation or the susceptibility to parasites and disease [44]. The expected reproductive benefits would then occur at the expense of compromising adult health and condition in birds already suffering the costs of traffic. Disentangling which of the three hypotheses above explain a traffic-related enhancement of feeding rates will have important consequences for management decisions, as it will influence whether or not the studied roadside environments can be considered ecological traps [45]. Whether the final outcome of road traffic is a positive, negative or neutral effect on bee-eaters' net fitness is therefore difficult to predict, and should be the focus of future ad-hoc research.

# Management implications

Most previous research suggests that a given amount of road traffic can determine a barrier (or a filter) to wildlife movement, and therefore that habitat fragmentation may occur above specific traffic-intensity thresholds ([7], but see [8]). Although we do not know the traffic thresholds affecting bee-eater tolerance, nesting colonies in Doñana National Park do not occur along any public regional road (with average traffic above 1000 vehicles per day [19], all of them crossing potentially suitable habitats for breeding bee-eaters). Such traffic thresholds are well above those recorded in our study area, which included the most frequently used routes by managers and researchers but remained below 100 vehicles per day (range ca. 10-90). Since bee-eater colonies are present in our study area (and they persist over the years), we can suppose that the current traffic thresholds produced by managers and researchers in Doñana National Park are not overstepping the species' tolerance levels. Nevertheless, bee-eaters modified their behavior in response to such low traffic thresholds, showing lack of habituation to approaching vehicles (as suggested by the 100% rate of flush responses) and experiencing roadkill mortality. Three to seven bee-eaters' road-kills are yearly recorded along the surveyed traffic-exposed colonies (authors' personal observation), but the actual impact of road-related mortality should be higher due to the rich scavenger community [27] likely removing most road-killed individuals [46, 47]. Mortality risk seems more evident during the mating and nest building period when flock size is typically larger, as birds are distracted by the intense sociosexual activities of the colonies and flushing distances decrease [17]. In these circumstances the current speed limit of 40 km/h within park boundaries seems inadequate to avoid collisions. Managers should therefore consider reducing speed limits below 40 km/h, at least beside colony locations and during a few weeks per year. Finally, our results illustrate how the same avian population can show contrasting behavioral responses to the same type of disturbance occurring at different times of its life cycle. Because the expected outcome of traffic on individual performance can be opposed if the responses are only monitored during either mating or nestling-feeding period, we recommend caution before inferring net fitness consequences of traffic from isolated behavioral responses or specific life history stages. Similarly, other avian populations or species inhabiting, for example, different habitats might show contrasting behavioral responses to the same traffic thresholds; and therefore we recommend the actualization of specific studies before suggesting the implementation of mitigation measures.

# Acknowledgments

Fernando Ibañez and the staff of Doñana Biological Reserve helped with their invaluable logistic support. Giulia Bastianelli provided helpful comments. Miguel Delibes, Clara Grilo, Juan E. Malo, Csaba Moskát and an anonymous referee reviewed an earlier version of the manuscript. Michael Emmerson kindly improved the English.

# **Author Contributions**

Conceptualization: JB MD ER JR MC. Data curation: JB TA FB MC. Formal analysis: JB MC. Funding acquisition: JB. Investigation: JB TA FB. Methodology: JB MD ER JR MC. Project administration: JB.

Resources: JB ER.

Supervision: JB MD ER JR MC.

Visualization: JB MD MC.

Writing – original draft: JB TA MD.

Writing - review & editing: JB TA MD ER JR MC.

#### References

- 1. Forman RTT, Sperling D, Bissonette J, Clevenger AP, Cutshall CD, Dale VH, et al. Road ecology: science and solutions. Washington DC: Island Press; 2003.
- Trombulak SC, Frissell CA. Review of ecological effects of roads on terrestrial and aquatic communities. Conserv. Biol. 2000; 14(1):18–30. doi: 10.1046/j.1523-1739.2000.99084.x
- D'Amico M, Román J, de los Reyes L, Revilla E. Vertebrate road-kill patterns in Mediterranean habitats: who, when and where. Biol. Conserv. 2015; 191(0):234–42. doi: 10.1016/j.biocon.2015.06.010
- González-Gallina A, Benítez-Badillo G, Rojas-Soto OR, Hidalgo-Mihart MG. The small, the forgotten and the dead: highway impact on vertebrates and its implications for mitigation strategies. Biodivers. Conserv. 2013; 22(2):325–42.
- D'Amico M, Rouco C, Russell JC, Román J, Revilla E. Invaders on the road: synanthropic bird foraging along highways. Oecologia Australis. 2013; 17(1):86–95. doi: 10.4257/oeco.2013.1701.08
- Mortensen DA, Rauschert ESJ, Nord AN, Jones BP. Forest roads facilitate the spread of invasive plants. Invas. Plant Sci. Manage. 2009; 2(3):191–9. doi: 10.1614/IPSM-08-125.1
- 7. Bennett VJ, Sparks DW, Zollner PA. Modeling the indirect effects of road networks on the foraging activities of bats. Landsc. Ecol. 2013; 28(5):979–91. doi: 10.1007/s10980-013-9874-0
- D'Amico M, Périquet S, Román J, Revilla E. Road avoidance responses determine the impact of heterogeneous road networks at a regional scale. J. Appl. Ecol. 2016; 53(1):181–90. doi: 10.1111/1365-2664.12572
- Blumstein DT, Fernández-Juricic E. The emergence of conservation behavior. Conserv. Biol. 2004; 18 (5):1175–7. doi: 10.1111/j.1523-1739.2004.00587.x
- Rees EC, Bruce JH, White GT. Factors affecting the behavioural responses of whooper swans (*Cyg-nus c. cygnus*) to various human activities. Biol. Conserv. 2005; 121(3):369–82. doi: <u>10.1016/j.biocon.</u> 2004.05.009
- Morgan GM, Boughton RK, Rensel MA, Schoech SJ. Road effects on food availability and energetic intake in Florida scrub-jays (*Aphelocoma coerulescens*). Auk. 2010; 127(3):581–9. doi: <u>10.1525/auk.</u> 2010.09033
- Fajardo I, Pividal V, Trigo M, Jiménez M. Habitat selection, activity peaks and strategies to avoid road mortality by the little owl *Athene noctua*: a new methodology on owls research. Alauda. 1998; 66 (1):49–60.
- Hanna D, Blouin-Demers G, Wilson DR, Mennill DJ. Anthropogenic noise affects song structure in redwinged blackbirds (*Agelaius phoeniceus*). J. Exp. Biol. 2011; 214(21):3549–56. doi: 10.1242/jeb. 060194 PMID: 21993783
- McGowan CP, Simons TR. Effects of human recreation on the incubation behavior of American oystercatchers. Wilson J. Ornithol. 2006; 118(4):485–93. doi: 10.1676/05-084.1
- Strasser EH, Heath JA. Reproductive failure of a human-tolerant species, the American kestrel, is associated with stress and human disturbance. J. Appl. Ecol. 2013; 50(4):912–9. doi: 10.1111/1365-2664.12103
- Frid A, Dill L. Human-caused disturbance stimuli as a form of predation risk. Conserv. Ecol. 2002; 6 (1):11.
- Cramp S. Handbook of the birds of Europe, the Middle East and North Africa: Terns to Woodpeckers ( Volume IV). Oxford: Oxford University Press; 1985.
- Casas-Crivillé A, Valera F. The European bee-eater (*Merops apiaster*) as an ecosystem engineer in arid environments. J. Arid. Environ. 2005; 60(2):227–38.
- 19. Román J, Barón A, Revilla E. Evaluación de los efectos del tránsito a motor sobre especies y comunidades de interés en el Espacio Natural de Doñana [Evaluation of the effects of motorized traffic on

species and communities of interest within Doñana Natural Area]. Final report. Sevilla: Estación Biológica de Doñana CSIC. 2010. Spanish.

- 20. Bautista LM, García JT, Calmaestra RG, Palacín C, Martín CA, Morales MB, et al. Effect of weekend road traffic on the use of space by raptors. Conserv. Biol. 2004; 18(3):726–32. doi: 10.1111/j.1523-1739.2004.00499.x
- Cardoni DA, Favero M, Isacch JP. Recreational activities affecting the habitat use by birds in Pampa's wetlands, Argentina: implications for waterbird conservation. Biol. Conserv. 2008; 141(3):797–806.
- Fernández-Juricic E, Sallent A, Sanz R, Rodríguez-Prieto I. Testing the risk-disturbance hypothesis in a fragmented landscape: nonlinear responses of house sparrows to humans. Condor. 2003; 105 (2):316–26.
- Gill JA, Sutherland WJ, Watkinson AR. A method to quantify the effects of human disturbance on animal populations. J. Appl. Ecol. 1996; 33(4):786–92. doi: 10.2307/2404948
- 24. Williams R, Lusseau D, Hammond PS. Estimating relative energetic costs of human disturbance to killer whales (*Orcinus orca*). Biol. Conserv. 2006; 133(3):301–11. doi: 10.1016/j.biocon.2006.06.010
- Baudains TP, Lloyd P. Habituation and habitat changes can moderate the impacts of human disturbance on shorebird breeding performance. Anim. Conserv. 2007; 10(3):400–7. doi: 10.1111/j.1469-1795.2007.00126.x
- García-Novo F, Marín C. Doñana: water and biosphere. Seville: UNESCO-sponsored programmes and publications. Ministerio de Medio Ambiente y Confederación Hidrográfica del Guadalquivir; 2006.
- 27. Valverde JA. An ecological sketch of the Coto Doñana. Br. Birds. 1958; 51(1):1-23.
- Valera F. Abejaruco europeo—Merops apiaster Linnaeus, 1758. In: Salvador A, Bautista LM, editors. Enciclopedia Virtual de los Vertebrados Españoles—Aves [Internet]. Sociedad de Amigos del MNCN y Museo Nacional de Ciencias Naturales CSIC; 2009. Available: www.vertebradosibericos.org/aves/ merapi.html. Spanish.
- Álvarez F, Hiraldo F. Estructura de las galerías de nidificación del abejaruco (*Merops apiaster*) en Doñana [Tunnel-nest structure of bee-eater (*Merops apiaster*) in Doñana]. Doñana Acta Vertebrata. 1974; 1(1):61–7. Spanish.
- **30.** Burnham KP, Anderson DR. Model selection and multimodel inference. A practical information-theoretic approach. New York: Springer-Verlag; 2002. doi: 10.1007/978-1-4757-2917-7\_3
- Barton K. MuMIn: multimodel inference. R package [Internet]; 2012. Available: <u>http://cran.r-project.org/web/packages/MuMIn/index.html</u>.
- 32. R Core Team. R: a language and environment for statistical computing. Vienna: R Foundation for Statistical Computing; 2013.
- Bolker B, Skaug H, Magnusson A, Nielsen A. Getting started with the glmmADMB package [Internet]; 2012. Available: http://glmmadmb.r-forge.r-project.org/glmmADMB.pdf.
- 34. Jilka A., Ursprung J. Zur stimme des bienenfressers (*Merops apiaster*) und ihrer rolle im sozialen verkehr der artgenossen [On the alarm calls of bee-eaters (*Merops apiaster*) and their role in social relationships with conspecifics]. Egretta. 1980; 23: 8–19. German.
- Bergstrom CT, Lachmann M. Alarm calls as costly signals of antipredator vigilance: the watchful babbler game. Anim. Behav. 2001; 61(3):535–43. doi: 10.1006/anbe.2000.1636
- Yamac E, Kirazli C. Road effect on the breeding success and nest characteristics of the Eurasian magpie (*Pica pica*). Ekoloji. 2012; 21(83):1–10. doi: 10.5053/ekoloji.2012.831
- Boswall J. The association of the northern carmine bee-eater Merops n. nubicus with mammals, birds and motor vehicles in Ethiopia. Bull. Br. Ornithol. Club. 1970; 90(4):92–6.
- Dean WRJ, MacDonald IAW. A review of African birds feeding in association with mammals. Ostrich. 1981; 52(3):135–55. doi: 10.1080/00306525.1981.9633599
- Grimwood I. The northern carmine bee-eater, *Merops nubicus* Gmelin using animal perches. Bull. Br. Ornithol. Club. 1964; 84:105–6.
- Gutzwiller KJ, Wiedenmann RT, Clements KL, Anderson SH. Effects of human intrusion on song occurrence and singing consistency in subalpine birds. Auk. 1994; 111(1):28–37. doi: 10.2307/ 4088502
- **41.** Kalas JA, Fiske P, Saether SA. The effect of mating probability on risk taking: an experimental study in lekking great snipe. Am. Nat. 1995; 146(1):59–71. doi: 10.1086/285787
- Ardia DR. Site- and sex-level differences in adult feeding behaviour and its consequences to offspring quality in tree swallows (*Tachycineta bicolor*) following brood-size manipulation. Canadian Journal of Zoology. 2007; 85(8):847–54. doi: 10.1139/Z07-070
- 43. Clutton-Brock TH. The evolution of parental care. Princeton: Princeton University Press; 1991.

- **44.** Bryant DM. Energy expenditure and body mass changes as measures of reproductive costs in birds. Funct. Ecol. 1988; 2(1):23–34. doi: 10.2307/2389456
- 45. Kuitunen MT, Viljanen J, Rossi E, Stenroos A. Impact of busy roads on breeding success in pied flycatchers *Ficedula hypoleuca*. Environ. Manage. 2003; 31(1):79–85. doi: 10.1007/s00267-002-2694-7 PMID: 12447577
- 46. Santos SM, Carvalho F, Mira A. How long do the dead survive on the road? Carcass persistence probability and implications for road-kill monitoring surveys. PLOS ONE. 2011; 6(9):e25383. doi: 10.1371/journal.pone.0025383 PMID: 21980437
- Teixeira FZ, Coelho IP, Esperandio IB, da Rosa Oliveira N, Porto Peter F, Dornelles SS, et al. Are road-kill hotspots coincident among different vertebrate groups? Oecologia Australis. 2013; 17(1):36– 47. doi: 10.4257/oeco.2013.1701.04