

Intraspecific avian brood parasites avoid host nests

infested by ectoparasites

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1 Abstract

2 Intraspecific brood parasitism is widespread among birds and provides clues for elucidating 3 evolutionary origin of interspecific brood parasitism. Studies suggest that brood parasitism 4 does not occur at random, but parasitic females select nests with advantages such as higher 5 physical stability, reduced predation risk, or lower ectoparasite infestations. However, this 6 evidence is sparse and mainly correlative. By experimentally increasing abundance of Carnus 7 hemapterus (a common, generalist and widespread ectoparasitic nest-fly of a multitude of bird 8 species) in half of the nests, we show that parasitic Spotless Starlings (Sturnus unicolor) avoid 9 conspecific nests infested by ectoparasites. Since Carnus ectoparasites impinge costs on their 10 avian nestling hosts, this avoidance response would be adaptive for parasitic starlings. Further, 11 we suggest a mechanism by which parasite females may assess the level of ectoparasite 12 infestation to select host nests accordingly: by using parasite cues such as faeces and blood 13 remains. Additionally, these cues may be used by parasite females for synchronization with the 14 reproductive cycle of host females because ectoparasite cues also indicate that incubation has 15 already commenced. Whatever the functionality, the mechanism suggested here may be 16 employed by intra- and interspecific brood parasites, so it might represent a widespread 17 strategy in nature.

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19 Keywords: Conspecific brood parasitism, host selection mechanisms, risk of ectoparasitism,

20 host-parasite synchronization, eggshell spottiness, intraspecific nest parasitism

21 Introduction

Intraspecific brood parasitism is widespread among birds (Yom-Tov 2001). It has received
much less attention than interspecific parasitism (Lyon and Eadie 2008), although it may
provide clues for elucidating evolutionary origin of the later (Payne 1977; Davies 2000).
Identifying possible host cues used by brood parasites for host selection that maximize
reproductive success is central for understanding the evolution of intra- (Lyon and Eadie 2008)
and inter-specific brood parasitism (Parejo and Avilés 2007; Soler et al. 2014).

28 In the case of intraspecific brood parasitism, some stimulating evidence points out that 29 birds do not parasitize nests randomly but use cues associated with breeding success (Pöysä et 30 al. 2014). At least six of such cues have been suggested, though some may just be breeding 31 outcomes of potential host nest sites and the putative cues have yet to be identified. First, 32 parasitic females select host nests at the appropriate timing of host reproductive cycle (e.g., 33 during egg laying; Brown and Brown 1989; Schielzeth and Bolund 2010). Second, Cliff Swallows 34 (Petrochelidon pyrrhonota) prefer to parasitize old rather than new nests, which may be a 35 guarantee of its structural stability (Brown and Brown 1991). Third, probability of parasitism in 36 nests increases with the number of previous nesting attempts and occupation rate in Common 37 Goldeneyes (Bucephala clangula) (Paasivaara et al. 2010). Fourth, Common Goldeneyes select 38 host nests with reduced predation risk (Pöysä 2006; Pöysä et al. 2010). Fifth, Wood Ducks Aix 39 sponsa preferentially parasitize nests with smaller clutch sizes, which may increase hatching 40 success (Odell and Eadie 2010). Finally, intraspecific brood parasitism in Cliff Swallows was 41 mainly detected in nests that are most successful at producing fledglings (Brown and Brown 42 1991). Interestingly, this nest-selection bias of parasitic Cliff Swallows was associated with a 43 low probability of infestation by blood-sucking ectoparasites (fleas and bugs), a major source 44 of nestling mortality in this species (Brown and Brown 1991). Nevertheless, mechanisms for 45 assessment of ectoparasite loads of conspecific host nests were unknown (Brown and Brown 46 1991; Pöysä et al. 2014). In addition, most of this evidence is correlational and experimental

47 manipulation of host nest features is necessary to understand the detected non-random
48 selection of conspecific host nests (Pöysä et al. 2014).

49 We took advantage of a study closely monitoring egg laying and incubation in Spotless 50 Starlings (Sturnus unicolor) to detect events of intraspecific parasitism once incubation has 51 commenced. We aimed to test whether ectoparasite infestation of a nest predicts its 52 probability of being parasitized by conspecific females, for which purpose we experimentally 53 increased abundance of the ectoparasitic nest-fly Carnus hemapterus in half of the nests. The 54 abundance of this ectoparasite is revealed by conspicuous spottiness on eggs, which are the 55 product of parasite faeces and blood remains (López-Rull et al. 2007; Avilés et al. 2009; Tomás 56 et al. submitted). We expected that parasite females would avoid experimental nests with an 57 increased load of Carnus hemapterus flies. Additionally, ectoparasite cues may be used also by 58 parasite females for a better synchronization with the reproductive cycle of host females. 59 Parasite females would avoid nests with ectoparasite cues because it indicates that incubation 60 has already commenced.

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62 Methods

63 The Spotless Starling is a hole-nesting passerine that mostly breeds in colonies, where 64 intraspecific parasitism is a common phenomenon occurring in around 25% of nests (Calvo et 65 al. 2000). Overall, 17% of nests are parasitized during host's egg laying stage and 9% during 66 incubation, with the later representing 32 - 53% of parasitism depending on year (Calvo et al. 67 2000). Our study was carried out in 2011 in a starling colony breeding in nest-boxes in Guadix, Spain (37º18' N, 3º11' W). Typical clutch sizes are four to five eggs in the population, laid one 68 69 per day. The incubation lasts 12-13 days and usually starts before clutch completion, resulting 70 in asynchronous hatching (Soler et al. 2008). Soon after the onset of incubation, immaculate 71 blue eggs sometimes become brownish-spotted as a result of the viscous faeces (and blood 72 remains) that adults of the ectoparasite Carnus hemapterus (hereafter Carnus) deposit

73 attached to substrates, including birds' skin, feathers, and eggs (López-Rull et al. 2007; Avilés 74 et al. 2009; Tomás et al. submitted; Fig. 1). Carnus is a 2 mm blood-sucking fly found in nests of 75 an extremely wide diversity of birds. It has been found parasitizing 64 host species from 24 76 avian families, from raptors to passerines (Grimaldi 1997; Brake 2011; Calero-Torralbo 2011). It 77 has been recorded throughout most of North America and Europe, with more scarce records in 78 Asia and North Africa (Grimaldi 1997; Brake 2011). After emergence from overwintering pupae 79 inside nests, winged adults may disperse, and lose their wings once a suitable nest is found 80 (Mercier 1928; Grimaldi 1997; Calero-Torralbo 2011). Carnus feeds exclusively on birds while 81 at the nests, mainly on nestlings, but also on incubating birds (López-Rull et al. 2007; Avilés et 82 al. 2009; Tomás et al. submitted). Carnus flies are hardly visible in nests as they dwell within 83 the nest matrix. Infestation at the incubation stage can therefore be cued almost exclusively 84 from egg spottiness and is positively correlated with infestation at the nestling stage (López-85 Rull et al. 2007).

86 Nest-boxes were inspected every 4 days to detect initiation of egg laying, and eggs were 87 individually marked. Five days after laying of the first egg, we measured length and breadth of 88 all eggs with a digital calliper (± 0.01 mm) and estimated eggshell spottiness (see below). 89 Eggshell surface area was estimated according to Narushin (2005). Then, nests were 90 alternately assigned to experimental or control treatments (33 nests each). In experimental 91 nests, 10 unwinged Carnus flies collected from nearby nests were added (which is within the 92 natural infestation level at the beginning of incubation; López-Rull et al. 2007; Avilés et al. 93 2009), while no flies were added in control nests. Ectoparasite cues were already visible on 94 eggs within 24h after experimental infestation (authors pers. obs.).

95 Nests were visited 4 and 7 days after manipulation to estimate eggshell spottiness and
96 to ascertain whether parasitic eggs were present. Estimations of eggshell spottiness were
97 performed three times during the incubation period: (1) when incubation had already
98 commenced (day 5 after laying of the first egg, immediately before treatment assignment), (2)

99 at middle (day 9), and (3) at late (day 12) incubation period. Egg spots, as indication of 100 ectoparasite abundance, were counted in every egg of each nest at the three visits. In some 101 nests where egg spots were so abundant that counting them became unreliable, we counted 102 spots within a 1cm² on a random position along the shortest axis of the egg (López-Rull et al. 103 2007), which was extrapolated to eggshell surface. Both estimates were correlated on a 104 subsample of eggs ($r^2 = 0.25$, P < 0.0001, n = 53). On each visit, a randomly selected egg was 105 cleaned of spots with a sterile swab to sample bacterial loads for other purposes (Tomás et al. 106 submitted). These eggs cleaned in previous visits were not computed when calculating within-107 nest mean eggshell spottiness per egg for analyses.

108 Although intraspecific parasitism may occur earlier, we specifically focused on events 109 occurring after the experimental treatment. Since eggs were individually marked, parasitic 110 eggs were recognized when new eggs appeared in nests after clutch completion (no eggs laid 111 in two days and incubation started; Yom-Tov 1980; McRae 1997). Events of intraspecific 112 parasitism were always visually confirmed by differential colour and morphology between 113 parasitic and host eggs (Yom-Tov 1980; Evans 1988; McRae 1997). Laying dates of the parasitic 114 eggs used in this study were spread over a period of 17 days and distance between host nests 115 ranged from 50 to 200m. Parasitism in colonial birds usually occurs among close neighbours 116 (Møller 1987; Brown and Brown 1989), so we are confident that parasitic eggs were laid by 117 different females.

To explore the effectiveness of the experiment in increasing ectoparasite abundance (and ectoparasite cues), a repeated-measures ANOVA (rmANOVA) was carried out with values of eggshell spottiness (log10-transformed) at early, middle and late incubation as dependent repeated-measures variable, with treatment as factor. The probability of nests being parasitized was compared between treatments with a *G*-test with Williams' correction, indicated for contingency tables with empty cells (Sokal and Rohlf 1995). A value of 0.1 was

added to all cells to eliminate zeros (e.g., Fallon and Ricklefs 2008). Analyses were performed
with Statistica 8.0 (StatSoft 2007).

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127 Results

128 Nests under different treatments did not differ in laying date ($F_{1,64}$ = 0.40, P = 0.53), clutch size $(F_{1,64} = 0.10, P = 0.76)$, or eggshell spottiness before the experiment $(F_{1,64} = 0.10, P = 0.76)$. Later 129 130 on, as expected, eggshell spottiness was higher in Carnus-infested than in control nests 131 (rmANOVA: $F_{1,63}$ = 279.32, P < 0.0001). Eggshell spottiness increased during incubation ($F_{2,126}$ = 132 268.03, P < 0.0001), with this increase being pronounced in *Carnus*-infested (post-hoc LSD 133 tests: all P < 0.0001) but not in control nests (all P > 0.05) (Time*Treatment interaction: $F_{2,126}$ = 134 196.77, P < 0.0001) (Fig. 2). Ectoparasitism, and therefore egg spottiness, greatly varied among 135 study areas and years (unpublished data), and the non-significant detected increase in eggshell 136 spottiness of control nests indicates relatively low incidence of ectoparasitism during the study 137 year.

During incubation, none of the 33 experimental *Carnus*-infested nests were parasitized by starlings, while 4 out of 33 control nests (12.1%) received a parasite egg. Thus, probability that nests were parasitized was lower in experimental *Carnus*-infested nests (*G* adjusted = 4.59, df = 1, P = 0.0322).

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143 **Discussion**

A quarter of a century ago, Brown and Brown (1991) first suggested that conspecific parasite
birds may actively select host nests with lower ectoparasite loads and higher overall success.
Their study was however correlative and also the mechanism(s) employed by birds to assess
parasitic loads, if any, remained unknown. We present one of the first experimental evidence
for non-random selection of conspecific host nests by brood parasitic females and the first one
regarding risk of ectoparasitism. By manipulating abundance of a common, generalist and

150 widespread ectoparasite of a multitude of bird species, we have shown that parasitic birds 151 avoid conspecific nests experimentally infested. Because Carnus ectoparasites impinge costs 152 on their avian hosts (Avilés et al. 2009), this avoidance response would be adaptive for 153 parasitic starlings. Furthermore, we suggest one mechanism by which parasite females may 154 assess the level of ectoparasite infestation to perform an active selection of host nests: by 155 using parasite cues such as faeces and blood remains. Ectoparasite cues may also be used by 156 parasite females for a better synchronization with the reproductive cycle of host females. The 157 most evident cue of *Carnus* parasitism available to an external observer is egg spottiness (see 158 Fig. 1 and Online Resource 1), as Carnus parasites remain hidden within the nest materials. In 159 fact, researchers have long been intrigued by egg spottiness in many bird species, ignoring 160 which parasite, if any, may be the causative agent (Jackson 1970, Feare and Constantine 1980; 161 Hornsby et al. 2013). Utilization of these cues may be widespread in brood parasitism systems 162 during the incubation stage, as other nest-dwelling ectoparasites also develop within the nest 163 matrix in close contact with eggs, thereby producing similar cues (e.g., fleas: McNeil and Clark 164 1987; bugs: Krinsky 2002; or mites: G. Tomás, pers. obs.). An experimental manipulation of egg 165 spottiness in the absence of parasites would be necessary for demonstration that brood 166 parasites cue mostly, if not solely, on egg spottiness rather than something else by the 167 ectoparasite.

We consider three scenarios in which this non-random choice of host nests would be adaptive for conspecific and interspecific brood parasites. First, by selecting nests with lower ectoparasite infestation, parasitic birds would increase the survival prospects of their offspring (Brown and Brown 1991), as nest ectoparasites are deleterious for nestling birds (Møller et al. 2009). Furthermore, nests with high level of ectoparasitism may indicate females and/or nest sites of overall inferior quality, which influences quality of parental care received by developing offspring (Avilés et al. 2009).

175 Second, by selecting nests with no or few spots in eggs, females may better synchronize 176 parasitism with host egg-laying or with beginning of incubation, because egg spottiness is low 177 at the beginning of incubation and increases as incubation progresses (this study; López-Rull et 178 al. 2007). Success of parasitic eggs is higher when laid during the egg laying period of the host 179 or at early incubation, but it declines gradually with advancing incubation because of increased 180 mismatch with host hatching time (Calvo et al. 2000). It is likely that parasitic females do make 181 use of egg spottiness not only for avoiding nests infested by ectoparasites, but also for 182 avoiding nests where incubation is much advanced. It should be noted that dependence on 183 egg spottiness to infer reproductive timing of hosts would not be effective in years or 184 populations with low level of ectoparasite infestation.

Third, parasitic females may preferentially lay eggs in nests with no or fewer egg 185 186 spottiness to difficult foreign egg recognition by host birds, because newly laid parasitic eggs 187 would appear conspicuous in nests with more egg spottiness. However, several studies with 188 related starling species have shown that starlings do not eject parasitic eggs once they have 189 begun egg laying (Stouffer et al. 1987; Pinxten et al. 1991; Yamaguchi 1997). In accordance, we 190 found that starlings never evicted eggs cleaned of spots (see Materials and methods), despite 191 having an appearance of newly laid eggs. In addition, we know from another experiment that 192 Spotless Starlings do not eject red-painted model eggs when placed in nests during incubation 193 (Soler et al. unpublished data). Therefore, this third possibility is not likely to account for our 194 results.

We can consider several shortcomings in the interpretation of our results. It could be argued that we only detect parasitic eggs in control nests because any parasite egg laid in an experimental nest is quickly recognized and evicted by host females. However, as stated above, starlings do not evict parasitic eggs during egg laying and incubation. On the other hand, it could be questioned whether the mechanism employed by parasitic females to assess ectoparasite load is egg spottiness or any other cue, such as direct observation of

201 ectoparasites or differential behaviour of females from parasitized nests. We are confident 202 that egg spottiness is the most patent and plausible cue because, as stated above, Carnus flies 203 are hardly observed in nests and the only apparent cue is egg spottiness (see Fig. 1 and Online 204 Resource). In addition, because Carnus flies do not crawl onto birds when out of the nest 205 (Grimaldi 1997), it is unlikely that female birds from parasitized nests behave differently. 206 Additionally, it could be argued that manipulation of ectoparasites may have affected overall 207 health state of incubating females and consequently its nest defence capabilities against 208 conspecific parasites. Nevertheless, if females from experimental nests were less efficient 209 defending their nests against brood parasites, we should have found that Carnus-infested 210 nests were more parasitized than control nests, just the opposite outcome of what we found. 211 It should be noted that rate of intraspecific parasitism in our starling population is likely 212 larger than reported here, as we did not record parasitic eggs laid before or during the laying 213 period of the host because it was out of scope of the present study. Our specific purpose was 214 to record intraspecific parasitism in relation to experimental ectoparasite infestation and, in 215 order to resemble natural ectoparasitism timing, this manipulation was carried out at the 216 beginning of incubation and not before. Therefore, we exclusively focused on intraspecific 217 parasitism occurring during incubation period. Parasitism during incubation stage of the host is 218 a common phenomenon for this (see Materials and methods) and many other species (Pöysä 219 et al. 2014). It should be noted that the mechanism for host selection that we suggest here will 220 work for parasite females parasitizing nests during host incubation stage, but there might be 221 other cues that parasitic birds use for nest selection during host egg laying stage, when 222 ectoparasite cues are not present. Nevertheless, egg laying and incubation stages overlap for 223 many avian species, which usually start incubation before clutch completion. This provides a 224 time-window when the suggested mechanism for host selection may be effective. Although 225 incurring costs, parasitism during incubation may be advantageous in giving the parasite more 226 time for assessment and appropriate choice of better hosts (Brown and Brown 1991).

Appropriate timing of parasitism to match host reproductive cycle may therefore be to some
extent traded-off against waiting to gather more cues to select better host nests.

In our study, none of the parasitic eggs produced fledglings. However, it is likely that
success of parasitic eggs laid during incubation shows strong geographical and seasonal
variability. In another Spotless Starling population, 9% of the eggs laid during incubation
produced fledglings (Calvo et al. 2000). Similarly, in the closely related European Starling, 22%
of parasitic eggs laid after host's laying stage succeed to hatch and, of those, 40% produced
fledglings (Evans 1988).

To conclude, we have experimentally shown that conspecific brood parasites avoid host nests infested by ectoparasites. We further suggest that parasite females may use ectoparasite cues such as faeces and blood remains to assess level of ectoparasitism and/or to time egg laying with the laying period of the host. Both instances would be adaptive for parasitic females by increasing survival prospects for their offspring. This suggested mechanism may be commonly employed not only by conspecific, but also by interspecific brood parasites, so it might represent a widespread strategy in nature and merits further research.

242

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- animals were followed.
- 257

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Figure captions

- **Fig. 1:** Representative starling clutches uninfested (left) and infested (right) by *Carnus hemapterus* flies. Note that none *Carnus* fly is seen on the pictures, giving support to our suggested mechanism that spottiness is a likely cue used by parasitic females to infer ectoparasite infestation level.
- **Fig. 2:** Effect of experimental addition of *Carnus hemapterus* flies on spottiness (mean number of spots per egg) of starling eggshells along the incubation period. Mean \pm SE values at early (before treatment), middle, and late incubation, for *Carnus*-infested (n = 33; full dots) and control nests (n = 33; open dots) are shown.





Fig. 2